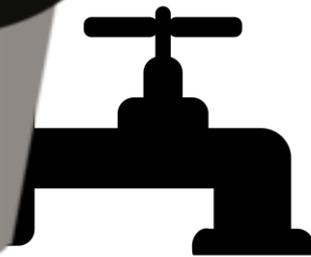
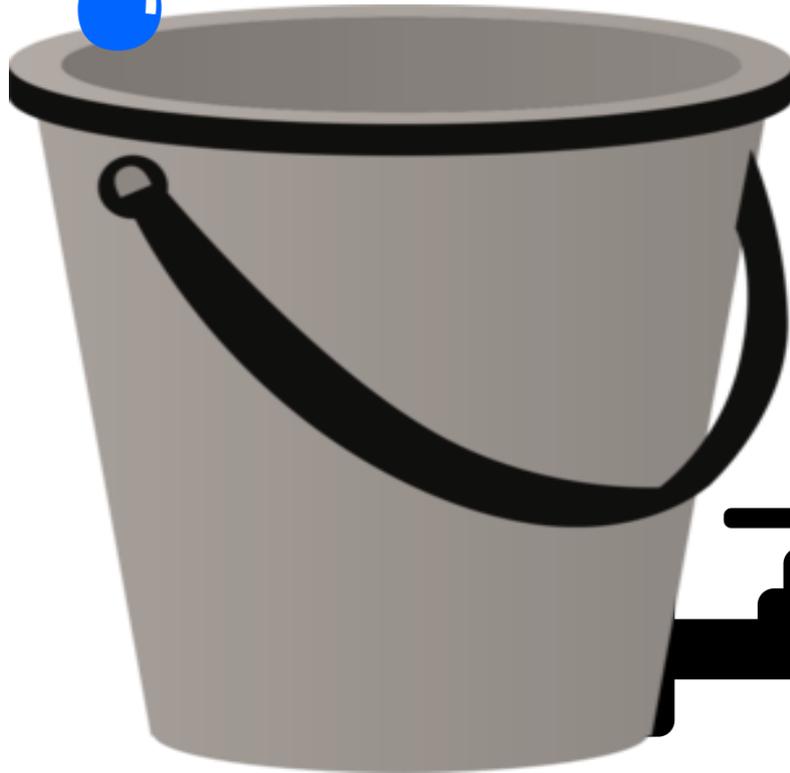
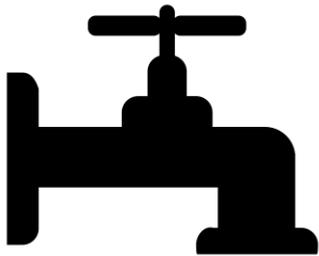


My Stressful Feelings Bucket

The things that make me feel stressed are...



Some ways to help my stresses go away are...

