PROCESSING 2020 TOGETHER



Activity Ideas

- Write a letter to someone that you missed seeing this year.
- Did you hurt someone this year, or did you get hurt? Go to them and try to reconcile before more time passes.
- Make a list of things you're thankful for and ways that you experienced God's presence during 2020.
- Plan a family dinner to celebrate God's faithfulness this year.
- Write a thank-you letter to someone who encouraged or served you this year.
- Make a list of goals that focus on how you want to grow spiritually during 2021.
- Think of one or two relationships that you want to focus on prioritizing and nurturing during the new year, and make a plan for how you can get started.
- Think of a way to remember or mark something that was hard or something you lost in 2020. Be sure to connect the remembrance to a celebration of God's faithfulness.

Reflection Questions

How was life different for you in 2020?

What was hard, painful, or disappointing for you? Why did it hurt?

What did you lose? Why did it matter to you?

How did you respond to hard things this year? How do you want that to change next year?

What unanswered questions do you have?

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What worries or concerns do you have as we move into 2021?

How did you experience God's presence this year? How did you see Him at work?

What aspects of God's character speak into your 2020 experience? In what ways do you want to know Him more next year?

What was the best gift or surprise of 2020?

Who is someone who served or blessed you this year? How could you do that for someone else in 2021?

What's your favorite memory from 2020?

What lessons or rhythms do you want to bring with you into the new year?