***Tourism Australia acknowledges the Traditional Aboriginal and Torres Strait Islander Owners of the land, sea and waters of the Australian continent, and recognises their custodianship of culture and Country for over 65,000 years.***

**Canberra and Surrounds**

***Discover Aboriginal Experiences is a collective of inspiring and transformational experiences***

***guided by Aboriginal people who share their country and bring the landscape to***

***life through their stories. Further information and trade resources available at:***

[***http://www.discoveraboriginalexperiences.com/***](http://www.discoveraboriginalexperiences.com/)

***Cultural Attractions of Australia is an extensive collection of iconic Australian arts, cultural heritage and sporting organisations. These attractions offer premium, behind-the-scenes experiences providing visitors with a window into what it means to be Australian.***

[***www.culturalattractionsofaustralia.com***](http://www.culturalattractionsofaustralia.com)

***Great Golf Courses of Australia profiles and provides access to Australia’s leading golf courses, and is a comprehensive and centralised resource to access information on Australia’s top courses and iconic tourism experiences.***

[***www.greatgolfaustralia.com.au***](http://www.greatgolfaustralia.com.au)

*Tourism Australia disclaims any liability whatsoever for any injury, damage, death, loss, accidents, incidents, delay or expense to any person or property due to your booking of or participation in any service described in this itinerary including those caused in connection with an act of negligence of or default of any service provider, tour operator, company or person rendering any of the services, or for any errors or omissions in this itinerary. Please note that the persons, vehicles, establishments, places, attractions and other features depicted or described may not be part of your actual tour depending on availability and circumstances.*

*As a result of the global COVID-19 pandemic, some experiences may not be operating for certain periods or running to altered schedules. Information is correct at time publication, however, please use this itinerary as a guide and check each businesses’ website for the most up-to-date information.*

**DAY 1 Canberra**

*Not only is Canberra Australia's youngest capital city, it's also the most surprising. The federal capital houses many of the country's cultural institutions but also supports a thriving arts community and a lively food and bar scene. With its diverse mix of man-made and natural attractions, Canberra is a place of discovery, learning and fun.*

Make your way to [**Australian** **Parliament House**](http://www.aph.gov.au/Visit_Parliament)to get a rare behind-the-scenes look into Australian Parliament’s art, design and architecture on the [**More than Politics**](https://culturalattractionsofaustralia.com/experiences/more-than-politics/) tour.

Enjoy once-in-a-lifetime, below-decks and behind-the-scenes access to Australian Parliament House, along with a dining experience usually reserved for visiting dignitaries.

Don your hard hats for an exclusive visit to the Parliamentary Art and Furniture Collections and other off-limits spaces. In-house chefs will prepare a High Tea with seasonal offerings, and a gin tasting.

*Australian Parliament House is a member of* [***Cultural Attractions of Australia***](https://culturalattractionsofaustralia.com/attractions/australian-parliament-house/)*.*

This afternoon why not rent a bike or Segway and take a spin around **Lake Burley Griffin**. Enjoy a fun and unique way of discovering the lake’s foreshore, famous landmarks and nearby iconic buildings.

Tonight, grab some fish and chips at [**Snapper on the Lake**](https://www.cscc.com.au/snapper), part of the Canberra Southern Cross Yacht Club. Enjoy tranquil views of Lake Burley Griffin.

**Overnight: Ovolo Nishi**

**DAY 2**

Join your[**In, Above and Behind the Scenes**](https://www.nma.gov.au/whats-on/tours-and-experiences/in-above-behind)tour with the[**National Museum of Australia**](http://www.nma.gov.au/)**.**

There’s no better way to fully appreciate Canberra’s charm than from the air. Equal parts exhilarating and relaxing, a balloon ride is one of the best ways to experience the best scenery that Canberra has to offer from a privately flown hot air balloon accompanied by a museum expert who will provide an aerial tour of the Museum and the surrounding region. This tour will explore the unique building, its architecture, the hidden stories of the design and its place in the landscape. Concludes with a champagne overlooking the beautiful Lake Burley Griffin in the Museum’s Café.

***The National Museum of Australia*** *is a member* [*of* ***Cultural Attractions of Australia***](https://culturalattractionsofaustralia.com/attractions/mona-museum-of-old-and-new-art/).

After your balloon flight, why not spend some time perusing Canberra’s shopping scene, bursting with the best in boutique, local creations as well as homewares, big department stores, malls and fashion labels. Great shopping matched with plenty of cafes to rest weary feet can be found in the cool precincts of Braddon, the City and Manuka.

In the afternoon make your way to the [**Australian War Memorial**](http://www.awm.gov.au/) for [**The Soul of the Nation**](https://culturalattractionsofaustralia.com/experiences/the-soul-of-the-nation/) tour.

This carefully curated 2.5-hour tour tells the stories of service and sacrifice behind the over 102,000 names on the Australian Roll of Honour. Following the galleries tour, join one of the Memorial’s curators for a private exploration of the unique collection of memorabilia, rare and beautiful letters, photographs and diaries – many over a century old. Iconic and rarely displayed artworks by some of Australia’s most important artists of the last century are also available for viewing.

*The Australian War Memorial is a member of* [***Cultural Attractions of Australia***](https://culturalattractionsofaustralia.com/attractions/australian-war-memorial/)*.*

Tonight, have dinner at the [**NewActon dining precinct**](https://newacton.com.au/directory/eat-and-drink/restaurants/) and be sure to include a visit to [**Nishi Gallery**](http://www.nishigallery.com.au/).

**Overnight: Ovolo Nishi**

**DAY 3**

Spend the morning exploring the stunning major exhibitions and national collections at the [**National Gallery of Australia**](http://www.nga.gov.au/).

When visitors walk through the door of the National Gallery of Australia, they step into a world seen through the eyes of artists. It’s a world of creativity, identity and courage, the national gallery takes the world by a storm with big ideas, brave exhibitions and bold innovations. With an annual calendar of stunning major exhibitions, an unsurpassed national collection, a dynamic program of public programs and live art events, the National Gallery of Australia is home to the visual culture and spirit of Australia.

The Aboriginal and Torres Strait Islander art collection at the National Gallery of Australia comprises over 7500 works and is the largest in the world. These new gallery spaces allow much more of the collection to be seen with each one specifically designed for a different geographic region or aspect of Indigenous art and, where possible, paintings and sculptures are illuminated overhead by natural daylight, akin to the light in which the works were created.This dedicated display of Aboriginal and Torres Strait Islander art highlights the diversity, richness and excellence of the collection.

Grab lunch at the [**NGA Café**](https://nga.gov.au/visit/dining/) overlooking the Sculpture Garden or the [**Street Café**](https://nga.gov.au/visit/dining/).

This afternoon enjoy a round of golf at the [**Federal Golf Club**](http://www.federalgolfclub.com.au/)**.**

*The 18-hole championship course at Federal Golf Club offers you pristine Santa Ana couch fairways and quality bent grass greens which are protected by well-placed bunkers. The course is set in beautiful bushland surrounds with grand views of the Brindabella Ranges making it a very special and uniquely Australian place.*

***Ranked #88 in Australia***

*Federal Golf Club is a member of*[***Great Golf Courses of Australia***](https://greatgolfaustralia.com.au/course/federal-golf-club/)***.***

At the conclusion of your golf afternoon, return to your hotel to refresh before making your wayto the [**Kingston Foreshore**](https://visitcanberra.com.au/our-neighbourhoods/inner-south/kingston-and-foreshore) and arts precinct for dinner.

**Overnight: Ovolo Nishi**

**DAY 4**

Depart Canberra and drive approximately 3.5 hours to Narooma on the New South Wales South Coast.

Make a stop at **Batemans Bay** and pick up a dozen or two fresh oysters from the [**Wray Street Oyster Shed**](https://oystershed.com.au/) or stop for lunch at [**Mossy on Pacific**](https://www.themossy.com.au/on-pacific)**.**

Arrive Narooma and check into your accommodation.

*This beautiful town in the Eurobodalla region of the NSW South Coast is renowned for the blue of the beaches, the calm blue of nearby lakes, the deep blue of the sea surrounding Montague Island and the turquoise water of pristine Wagonga Inlet.*

Tonight, join your[**Ngaran Ngaran Culture Awareness Yuin Retreat**](https://ngaranaboriginalculture.rezdy.com/409040/yuin-retreat)experience.

[**Yuin Retreat**](https://ngaranaboriginalculture.rezdy.com/409040/yuin-retreat) is a two-night or 40-hour experience that starts on the evening of Day 1 and concludes mid-morning on Day 3 and includes two nights’ accommodation, meals as indicated and a team of guides from NNCA offering insights, knowledge and Dreamtime stories for the duration of the experience.

The Traditional Custodians of Yuin Country Ngaran Ngaran Culture Awareness, an Aboriginal owned and operated initiative, invite you to come, walk and listen to a sacred dreaming of Djirringanj country heartland of the Yuin people. This experience will enlighten you to a traditional way of knowing and you will experience first-hand ceremony and Dreaming stories that have been passed down to connect to Country.

Today you will enjoy a **Traditional Welcome**.This immersive experience begins with a welcome to Yuin Country. This will include language, song and smoking ceremony followed by dinner, a tour briefing and traditional yarning circle.

**Overnight: Various accommodation options included in tour**

**DAY 5**

The day begins with a **Sunrise Ceremony** –greeting one of the Yuin people’s elements in a traditional ceremony with spectacular ocean scenery. This is followed by a local 'Indigenous Twist' breakfast bundle.

There are two **On Country** **experiences** to choose from:

Option one (1): **Gulaga National Park guided walk day tour**

Starting at the historic Tilba Tilba you will begin your journey onto the sacred Gulaga Mountain. This involves a two-hour ascent of walking and taking in all the surrounds of Gulaga National Park complemented by the tour guides knowledge and protocol sharing. This truly gives you the opportunity to look, listen and see what Gulaga has to offer and its importance to the Yuin people, from cultural knowledge handed down from generation to generation. This is suitable for the more eager bushwalker, spiritual seeker or moderately fit visitor. A packed lunch with Indigenous twist will be provided.

Option two (2): **Djirringanj Dreaming Experience drive and walk day tour**

This On Country journey involves heading out seeing significant areas for the Yuin people following the Djirringanj Dreaming trail. Travelling via vehicle to several sites with some short moderate walks (1-2 km) to immerse and learn about traditional knowledge. This is a more relaxed and bespoke day out learning on Country. A packed lunch with Indigenous twist will be provided.

Arrival back to accommodation is between 5-6pm where a local cheese and fruit platter awaits you. Enjoy a First Peoples wellness session, then an Indigenous Twist Food Journey dining experience.

To conclude the day, take part in a Traditional Reflection Yarning Circle around the fire with an Indigenous tea.

**Overnight: Various accommodation options included in tour**

**DAY 6**

A morning cultural wellness session including Indigenous modality and healing connection workshop is followed by a farewell brunch.

*Ngaran Ngaran Culture Awareness is a member of* [***Discover Aboriginal Experiences***](http://www.discoveraboriginalexperiences.com/)*.*

Return to Canberra airport for your departure flight.