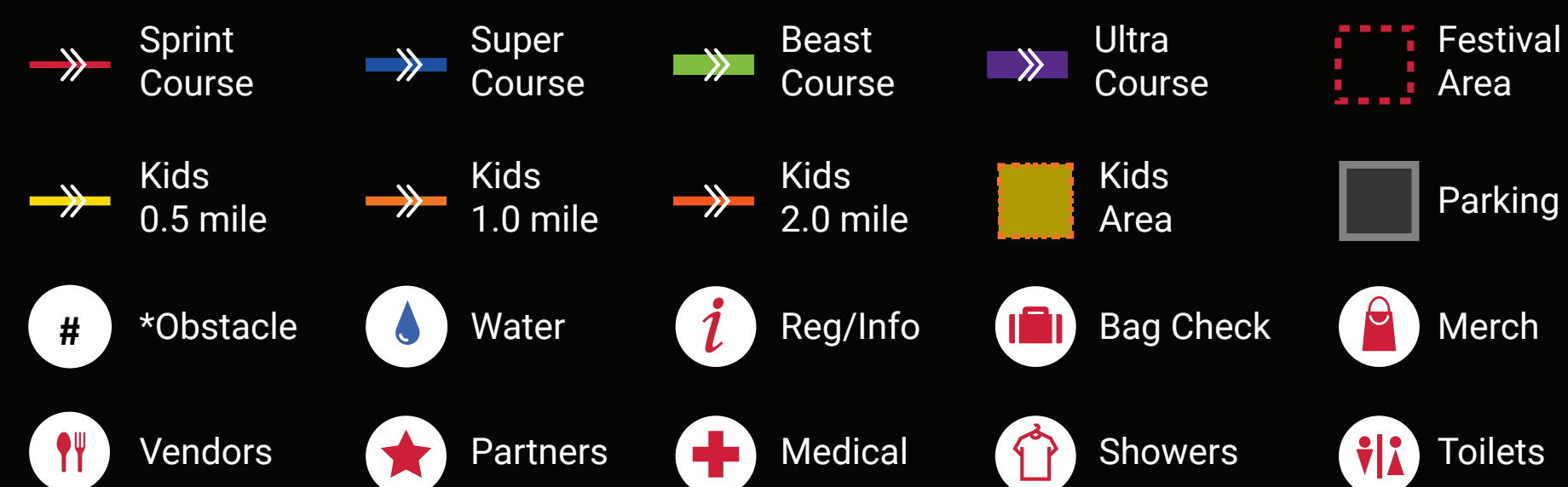




HAWAII TRIFECTA

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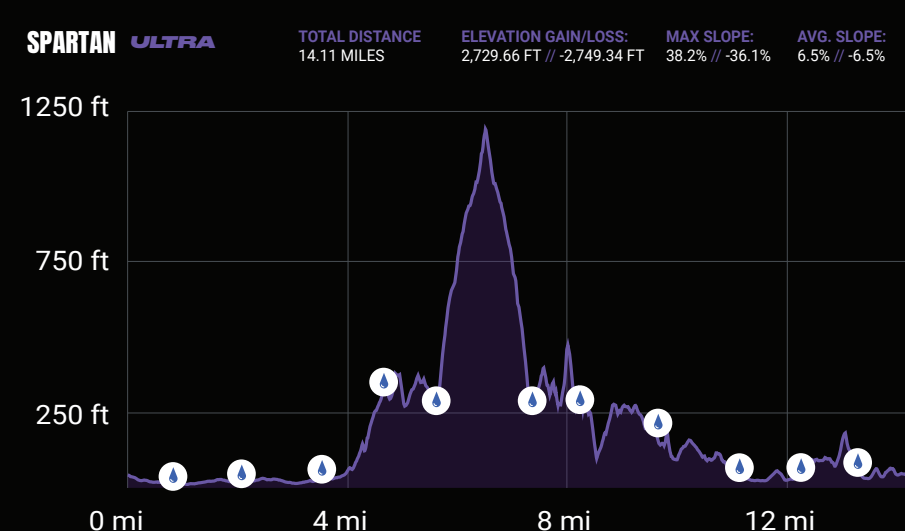
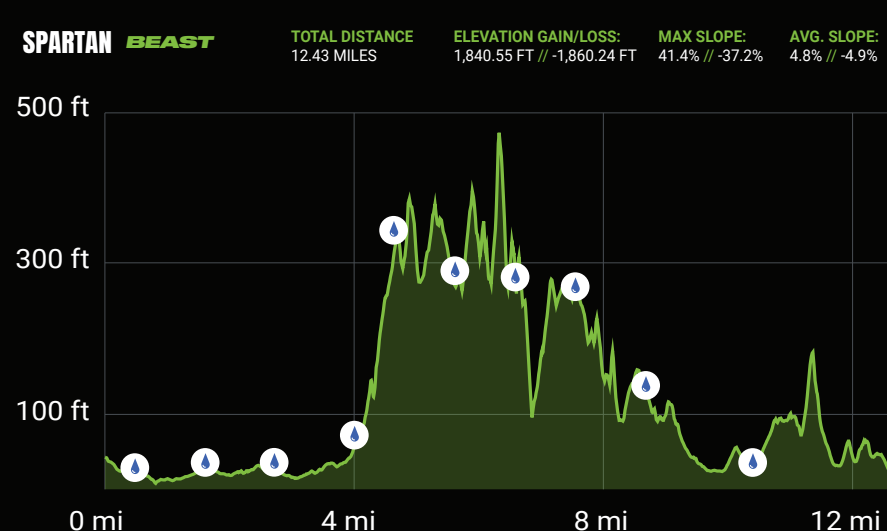
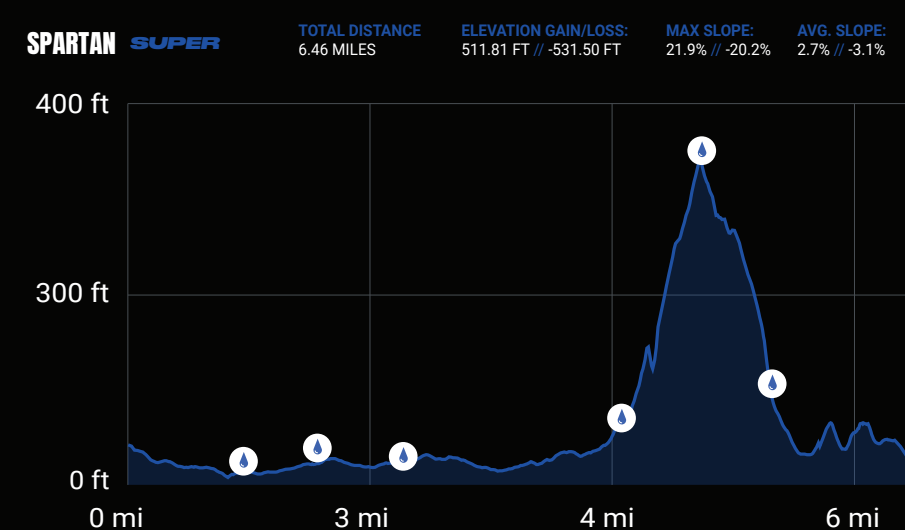
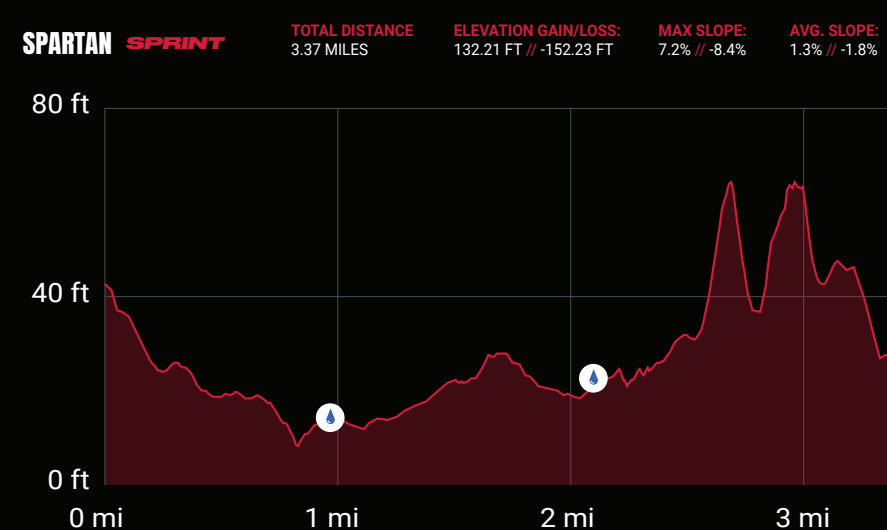
KEY



OBSTACLE GUIDE

1 HURDLES	13 STAIRWAY TO SPARTA	24 ATLAS CARRY
2 HURDLES #2	14 TWISTER	25 INVERTED WALL
3 OVER WALLS (4' WALLS)	15 COCONUT SACK CARRY	26 SANDBAG CARRY #2
4 MONKEY BARS	16 BARBED WIRE CRAWL	27 ROLLING MUD
5 VERTICAL CARGO	17 SANDBAG CARRY	28 DUNK WALL
6 ROPE CLIMB	18 8' WALL	29 SLIP WALL
7 BUCKET CARRY	19 TYROLEAN TRAVERSE	30 BARBED WIRE CRAWL #2
8 SPEAR THROW	20 OVER UNDERS	31 HERCULES HOIST
9 A-FRAME CARGO	21 IRISH TABLES	32 BRIDGE
10 MULTI-RIG	22 6' WALL	33 FIRE JUMP
11 7' WALL	23 OLYMPUS	
12 BENDER		

ELEVATION PROFILES



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