

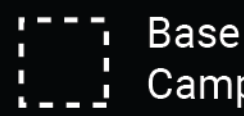


SPARTAN[®]

NORCAL

AUGUST 29-30, 2026 | MAHON RANCH

KEY

-  Sprint Course
-  Super Course
-  Festival Area
-  Base Camp
-  Parking Area
-  Kids 1 km
-  Kids 1.5 km
-  Kids 1.5 km
-  Kids Area
-  *Obstacle
-  Water
-  Reg/Info
-  Volunteers
-  Bag Check
-  Merch
-  Food
-  Beer
-  Medical
-  Changing
-  Toilets

OBSTACLE GUIDE

- 1 4' WALL / OVER WALLS

2 HURDLES

3 MONKEY BARS

4 6' WALL

5 ROPE CLIMB

6 A FRAME CARGO

7 BUCKET CARRY

8 PLATE DRAG

9 Z WALL
- 10 ATLAS CARRY

11 HERCULES HOIST

12 MULTI RIG

13 SANDBAG CARRY

14 BARBED WIRE CRAWL

15 OUT'S

16 VERTICAL CARGO

17 BEATER

18 STAIRWAY TO SPARTA
- 19 TWISTER

20 OLYMPUS

21 7' WALL

22 BENDER

23 SPEAR THROW

24 SLIP WALL

25 ARMER

26 INVERTED WALL

ELEVATION PROFILES

