# SPARTAN — 2025 CANADA NATIONAL SERIES

## BLUE MOUNTAIN 10/18/25 - 10/19/25

BLUE MOUNTAIN RESORT

### KEY

- Start
- Kids Start
- W1 Water/ Pack Refill
- Beast/Super/ Sprint Course
- 1KM Kilometer Marker
- Parking
- Finish
- Kids Finish
- 1 *Obstacle
- Kids Course
- Festival Area

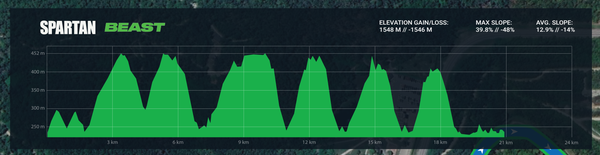
### OBSTACLE GUIDE

| | | |
|---|---|---|
| 1 | BENDER | ● ● |
| 2 | OLYMPUS | ● ● |
| 3 | TWISTER | ● ● |
| 4 | SCRIM NET LOW CRAWL | ● ● ● |
| 5 | OVER WALLS (4' WALLS) | ● ● ● |
| 6 | ATLAS CARRY | ● ● ● |
| 7 | VERTICAL CARGO | ● ● ● |
| 8 | MONKEY BARS | ● ● ● |
| 9 | SANDBAG CARRY | ● ● ● |
| 10 | FARMERS CARRY | ● |
| 11 | CLIFF CLIMB | ● ● ● |
| 12 | INVERTED WALL | ● ● ● |
| 13 | BARBED WIRE CRAWL | ● ● ● |
| 14 | HURDLES | ● ● ● |
| 15 | 8' WALL | ● |
| 16 | BRIDGE | ● |
| 17 | ARMER | ● |
| 18 | SANDBAG CARRY #2 | ● |
| 19 | BEATER | ● |
| 20 | TYROLEAN TRAVERSE | ● |
| 21 | 6' WALL | ● ● ● |
| 22 | HERCULES HOIST | ● ● ● |
| 23 | A-FRAME CARGO | ● ● ● |
| 24 | ROPE CLIMB | ● ● ● |
| 25 | STAIRWAY TO SPARTA | ● ● ● |
| 26 | 7' WALL | ● ● ● |
| 27 | BUCKET CARRY | ● ● ● |
| 28 | Z-WALL | ● ● ● |
| 29 | SLIP WALL | ● ● ● |
| 30 | MULTI-RIG | ● ● ● |
| 31 | SPEAR THROW | ● ● ● |
| 32 | ROAD X TIRE DRAG | ● ● ● |
| 33 | FIRE JUMP | ● ● ● |










Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.
*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The Rules of Competition can be found on the Spartan website.