



COVERAGE GUIDE

Change Log

| Date | Player/Plan | Drug/ Device | Change |
|---------------------------------|--------------------|-----------------------|---|
| Anti-Obesity Medications | | | |
| 10/01/24 | ExpressScripts PBM | Wegovy | Was "Preferred" now "Preferred with PA " |
| 10/01/24 | Michigan Medicaid | Zepbound | Was "Not Covered" now "Preferred with PA" |
| 10/01/24 | Michigan Medicaid | All Anti-Obesity Meds | <p>Prior authorization criteria updated as of 9/1/24 michmed.org/2VP94 with</p> <ol style="list-style-type: none"> 1. Age limits defined, with age group-specific BMI and health criteria, as well as age group-specific renewal criteria 2. Additional clause for all medications: "For patients with an eating disorder, prescriber attests that treatment has been optimized and confirms the safety and appropriateness of this anti-obesity treatments" |
| GLP-1 RA | | | |
| Effective 1/1/2025 | Express Scripts | GLP-1 RA | <p>Prior authorization criteria updated as of 9/18/24 michmed.org/3xAey:</p> <p>Adlyxin, Byetta, Mounjaro, Ozempic, Rybelsus: If criteria for previous use of an oral medication for diabetes (not including Rybelsus or single-entity metformin) in the past 130 days are not met at the point of service, OR if the patient is < 18 years of age, coverage will be determined by Prior Authorization criteria.</p> <p>Bydureon BCise, Trulicity, Victoza, liraglutide (authorized generic to Victoza): If criteria for previous use of an oral medication for diabetes (not including Rybelsus or single-entity metformin) in the past 130 days are not met at the point of service, OR if the patient is < 10 years of age, coverage will be determined by Prior Authorization criteria.</p> <p>Recommended Authorization Criteria Coverage is recommended in those who meet the following criteria:</p> <ul style="list-style-type: none"> • FDA-Approved Indication • Type 2 Diabetes Mellitus <p>Approve for 1 year if the patient meets ONE of the following (A or B): If the request is for Adlyxin, Byetta, Mounjaro, Ozempic, Rybelsus: Approve if the patient is ≥ 18 years of age; OR If the request is for Bydureon BCise, Trulicity, Victoza, liraglutide (authorized generic to Victoza): Approve if the patient is ≥ 10 years of age.</p> |



COVERAGE GUIDE

Change Log

| Date | Player/Plan | Drug/Device | Change |
|---------|--|--|---|
| | | | GLP-1 RA Medicare Advantage |
| 8/20/24 | United Commercial | Bydureon BCise Mounjaro Ozempic Rybelsus Trulicity Victoza | <p>Removed “Trial of metformin” as PA condition and added “or lab results for Dx less than 2 years.” Updated PA for preferred meds now reads:</p> <p>“PA - T2D Dx in RX OR or lab results for Dx less than 2 years.”</p> <p>Revised policy (effective 5/1/24) can be found https://michmed.org/vJmqe</p> |
| | | | CGM |
| 8/30/24 | Blue Care Network (BCN) Medicare Advantage | CGMs (Abbott Freestyle Libre, Dexcom) | <p><i>Beginning October 1, 2024</i></p> <p>For dates of service on or after Oct. 1, 2024, Medicare Plus BlueSM and BCN AdvantageSM members must obtain their continuous glucose monitor products through a participating network pharmacy.</p> <p>Blue Cross Blue Shield of Michigan and Blue Care Network will no longer cover CGM products dispensed by contracted and noncontracted durable medical equipment, or DME, suppliers for Medicare Advantage members.</p> <p>When this change goes into effect on Oct. 1:</p> <ul style="list-style-type: none"> • Medicare Plus Blue and BCN Advantage members who receive their CGM products through a DME supplier will require a new prescription to be filled at a pharmacy. • Participating pharmacies will be able to dispense CGM products through members’ Part B benefits at point of sale; FreeStyle Libre and Dexcom are the preferred brands. The CGM products will be billed under the members’ medical benefits, not their pharmacy benefits. • Note: Current coverage criteria will still apply. |



COVERAGE GUIDE GLP-1 RA / GIP for COMMERCIAL

| COMMERCIAL PLAN Formulary Link | MOUNJARO <i>Tirzepatide</i> Injectable - Weekly | TRULICITY <i>Dulaglutide</i> Injectable - Weekly | OZEMPIC <i>Semaglutide (SQ)</i> Injectable - Weekly | RYBELSUS <i>Semaglutide</i> Oral - Daily | VICTOZA <i>Liraglutide</i> Injectable - Daily | BYDUREON BCISE <i>Exenatide</i> Injectable - Weekly |
|---|---|---|--|---|---|--|
| AETNA michmed.org/97Ay9 | Preferred Bypass PA: ICD10 in RX | Preferred Bypass PA: ICD10 in RX | Preferred Bypass PA: ICD10 in RX | Preferred Bypass PA: ICD10 in RX | Preferred Bypass PA: ICD10 in RX | Not Covered |
| BCBSM/BCN michmed.org/nmxVD | Preferred Bypass PA: ICD10 in med claim for pt visit | Preferred Bypass PA: ICD10 in med claim for pt visit | Preferred Bypass PA: ICD10 in med claim for pt visit | Preferred Bypass PA: ICD10 in med claim for pt visit | Preferred Bypass PA: ICD10 in med claim for pt visit | Not Covered¹ |
| EXPRESS SCRIPTS michmed.org/Dyq2x | Preferred PA: T2D dx | Preferred PA: T2D dx | Preferred PA: T2D dx | Preferred PA: T2D dx | Not Covered | Preferred PA: T2D dx |
| HAP michmed.org/qdV9P | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Preferred Brand ST: 90-day trial/failure etformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Non Formulary |
| PRIORITY michmed.org/yq299 | Preferred Bypass PA: ICD10 on file | Preferred Bypass PA: ICD10 on file | Non Formulary Tier 9 | Non Formulary Tier 9 | Non Formulary Tier 9 | Non Formulary Tier 9 |
| PRIORITY OPTIMIZED michmed.org/BA4Kb | Preferred PA ² | Preferred PA ² | Not Covered Tier 9 | Not Covered Tier 9 | Not Covered Tier 9 | Not Covered Tier 9 |
| UNITED michmed.org/NJrY | Preferred PA ICD10 in RX or labs if DX < 2 years | Preferred PA ICD10 in RX or labs if DX < 2 years | Preferred PA ICD10 in RX or labs if DX < 2 years | Preferred PA ICD10 in RX or labs if DX < 2 years | Preferred PA ICD10 in RX or labs if DX < 2 years | Preferred PA ICD10 in RX or labs if DX < 2 years |

1. **Bydureon BCise:** Patient should contact their employer benefits office to determine if their employer elected the BCBSM 'Preferred Drug List' (PDL). If yes, this drug is covered.

2. **Priority Optimized PA for Mounjaro/Trulicity:** 1. Trial and failure, or intolerance to at least 2 generic oral anti-diabetic agents used in combination OR insulin after THREE continuous months of receiving maximal daily doses, in conjunction with diet and exercise³, and not achieving adequate glycemic control (must be within the last SIX months) AND A1c less than or equal to 9%, but not less than 7%.

3. Note for "diet and exercise": Documentation should include specific actions, e.g. Patient uses app to track calories and is no longer snacking at night. Patient is walking 30 minutes 3x week. Documentation should be consistent - no discrepancies in past 1-2 months of notes.

Submit ePA through plan and health system preferred portal e.g. Surescripts portal, CenterX ePA, or CoverMyMeds as applicable.

Find a glossary of ICD10 codes on Page 15.

COVERAGE GUIDE GLP-1 RA / GIP for MEDICARE ADVANTAGE

| MEDICARE PLAN Formulary Link | MOUNJARO <i>Tirzepatide</i> Injectable - Weekly | TRULICITY <i>Dulaglutide</i> Injectable - Weekly | OZEMPIC <i>Semaglutide (SQ)</i> Injectable - Weekly | RYBELSUS <i>Semaglutide</i> Oral - Daily | VICTOZA <i>Liraglutide</i> Injectable - Daily | BYDUREON BCISE <i>Exenatide</i> Injectable - Weekly |
|---|---|--|--|--|---|--|
| AETNA MA michmed.org/8NQrk | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Not Covered | Preferred Brand ICD10 in RX PA |
| BCBSM/ BCN MA michmed.org/DymRY See footnote on last page | Preferred Brand Hx of T2D med OR ICD10 in RX | Preferred Brand Hx of T2D med OR ICD10 in RX | Preferred Brand Hx of T2D med OR ICD10 in RX | Preferred Brand Hx of T2D med OR ICD10 in RX | Non Formulary Except for UAW Group | Preferred Brand Hx of T2D med OR ICD10 in RX |
| HAP MA michmed.org/8NQrk | Preferred Brand ST: Metformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Preferred Brand ST: 90-day trial/failure metformin within last 120 days | Not Covered | Non Formulary |
| HUMANA MA michmed.org/kQ894 | Preferred Brand | Preferred Brand | Preferred Brand | Preferred Brand | Preferred Brand | Non-Preferred Tier 4 |
| PRIORITY MA michmed.org/7NVGN | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Preferred Brand ICD10 in RX PA | Non-Preferred Trial of Trulicity PA | Preferred Brand ICD10 in RX PA |
| UNITED MA AARP Preferred michmed.org/YkDR3 | Preferred Brand PA | Preferred Brand PA | Preferred Brand PA | Preferred Brand PA | Not Covered | Preferred Brand PA |
| WELLCARE MA** michmed.org/gRWDV | Preferred Brand PA | Preferred Brand PA | Preferred Brand PA | Preferred Brand PA | Non-Preferred | Preferred Brand PA |

**Note on Wellcare MA: "Tier 6: Select Care Drugs" denotes certain brand-name medications that treat type 2 diabetes with relatively low copays



COVERAGE GUIDE

SGLT2i for COMMERCIAL

| COMMERCIAL PLAN Formulary Link | JARDIANCE <i>Empagliflozin</i> Oral - Daily | FARXIGA <i>Dapagliflozin</i> ¹ Oral - Daily | INVOKANA <i>Canagliflozin</i> Oral - Daily | STEGLATRO <i>Ertugliflozin</i> Oral - Daily | BRENZAVVY <i>Bexagliflozin</i> Oral - Daily |
|---|---|--|--|---|---|
| AETNA michmed.org/97Ay9 | Preferred Brand | Preferred Brand | Not Covered | Not Covered | Unknown |
| BCBSM michmed.org/nmxVD | Preferred Brand | Preferred Brand | Not Covered | Not Covered | Not Covered |
| EXPRESS SCRIPTS michmed.org/Dyq2x | Preferred | Preferred | Not Covered | Preferred | Unknown |
| HAP michmed.org/qdV9P | Preferred Brand | Preferred Brand | Non Formulary | Non Formulary | Unknown |
| PRIORITY michmed.org/yq299 | Preferred Brand | Preferred Brand | Non-Preferred ST* | Non-Preferred ST* | Not Covered |
| PRIORITY OPTIMIZED michmed.org/BA4Kb | Preferred Brand | Preferred Brand | Non-Preferred ST* | Non-Preferred ST* | Not Covered |
| UNITED michmed.org/7N JrY | Preferred Brand | Non Formulary ST/PA** | Non Formulary ST/PA** | Non Formulary ST/PA** | Non Formulary ST/PA** |

***Step therapy for Priority**
Must first try Jardiance, Farxiga, Xigduo, or Synjardy

¹Generic Farxiga (*dapagliflozin*) Not Covered

****Step therapy/PA for United**
History of suboptimal response (after three month trial), contraindication or intolerance to metformin AND Jardiance



COVERAGE GUIDE

SGLT2i for MEDICARE ADVANTAGE

| MEDICARE PLAN Formulary Link | JARDIANCE <i>Empagliflozin</i> Oral - Daily | FARXIGA <i>Dapagliflozin</i> ¹ Oral - Daily | INVOKANA <i>Canagliflozin</i> Oral - Daily | STEGLATRO <i>Ertugliflozin</i> Oral - Daily | BRENZAVVY <i>Bexagliflozin</i> Oral - Daily |
|--|---|--|--|---|---|
| AETNA MA michmed.org/8NQrk | Preferred Brand | Preferred Brand | Not Covered | Not Covered | Not Covered |
| BCBSM/BCN MA michmed.org/DymRY | Preferred Brand | Preferred Brand | Not Covered | Not Covered | Non Formulary |
| HAP MA michmed.org/8NQrk | Preferred Brand | Preferred Brand | Non Formulary | Non Formulary | Not Covered |
| HUMANA MA michmed.org/kQ894 | Preferred Brand | Non-Preferred Tier 4 | Preferred Brand | Not Covered | Not Covered |
| PRIORITY MA michmed.org/7N VGN | Preferred Brand | Preferred Brand | Non-Preferred ST* | Not Covered | Not Covered |
| UNITED AARP michmed.org/YkDR3 | Preferred Brand | Preferred Brand | Not Covered | Not Covered | Not Covered |
| WELLCARE MA** michmed.org/gRWDV | Select Care Tier 6 | Select Care Tier 6 | Non-Preferred Tier 4 | Not Covered | Not Covered |

***Step therapy for Priority**
Must first try Jardiance, Farxiga, Xigduo, or Synjardy

****Note on Wellcare MA:** "Tier 6: Select Care Drugs" denotes certain brand-name medications that treat type 2 diabetes with relatively low copays

¹Generic Farxiga (*dapagliflozin*) Not Covered



COVERAGE GUIDE

GLP-1 RA / GIP AND SGLT2i for MEDICAID

| MEDICAID PLAN Formulary Link | MOUNJARO <i>Tirzepatide</i> Injectable - Weekly | TRULICITY <i>Dulaglutide</i> Injectable - Weekly | OZEMPIC <i>Semaglutide (SQ)</i> Injectable - Weekly | RYBELSUS <i>Semaglutide</i> Oral - Daily | VICTOZA <i>Liraglutide</i> Injectable - Daily | BYDUREON BCISE <i>Exenatide</i> Injectable - Weekly | BYETTA <i>Exenatide</i> Injectable - 2x daily |
|---|---|--|---|--|---|--|---|
| MICHIGAN MEDICAID michmed.org/N2wn8 | Non-Preferred PA | Preferred Brand PA ICD10 in RX or T2D med | Non-Preferred PA | Non-Preferred PA | Preferred Brand PA ICD10 in RX or T2D med | Non-Preferred PA | Preferred Brand PA ICD10 in RX or T2D med |

Find a glossary of ICD10 codes on last page

| MEDICAID PLAN Formulary Link | JARDIANCE <i>Empagliflozin</i> Oral - Daily | FARXIGA <i>Dapagliflozin</i> Oral - Daily | INVOKANA <i>Canagliflozin</i> Oral - Daily | STEGLATRO <i>Ertugliflozin</i> Oral - Daily | BRENZAVVY <i>Bexagliflozin</i> Oral - Daily |
|---|---|---|--|---|---|
| MICHIGAN MEDICAID michmed.org/N2wn8 | Preferred Brand | Preferred Brand | Preferred Brand | Non-Preferred PA | Unknown |

For most up-to-date PA criteria, see Michigan Medicaid page michmed.org/2VP94 and click on "Drug PA criteria" link.

As of May 1, 2024, **Non-Preferred GLP-1 RAs** (Bydureon Bcise, Mounjaro, Ozempic, Rybelsus) must meet the following PA criteria. Duration of approval: Up to 1 year.

1. Diagnosis of type 2 diabetes
2. Discontinuation of other GLP-1 agonists
3. And one of the following:
 - a. Allergy to the preferred medications, OR
 - b. Contraindication or drug to drug interaction with the preferred medications; OR
 - c. History of unacceptable side effects; OR
 - d. Trial and failure with one preferred medication within same subgroup.

As of May 1, 2024, **Non-Preferred SGLT2i's** (dapagliflozin, Inpefa, Steglatro) must meet the following PA criteria. Duration of approval: Up to 1 year.

1. Allergy to the preferred medications, OR
2. Contraindication or drug to drug interaction with the preferred medications; OR
3. History of unacceptable side effects; OR
4. Trial and failure with one preferred medication within same subgroup.



COVERAGE GUIDE

ANTI-OBESITY MEDS for COMMERCIAL

| PLAN NAME Formulary Link | SAXENDA <i>Liraglutide</i> Injectable - Daily | WEGOVY <i>Semaglutide</i> Injectable - Weekly | ZEPBOUND <i>Tirzepatide</i> Injectable - Weekly | CONTRAVE <i>Naltrexone HCl</i> - <i>Bupropion</i> HC Oral - 2x Daily | LOMAIRA <i>Phentermine 8mg</i> Low Dose Oral - Daily w/Meals | PHENTERMINE <i>Generic - High Dose</i> Oral - Daily w/ Meals | QSYMIA <i>Phentermine -</i> <i>Topiramate</i> Oral - Daily |
|--|--|--|--|---|--|---|--|
| AETNA michmed.org/97Ay9 | Preferred Brand PA¹ | Preferred Brand PA¹ | Non Formulary | Non Formulary | Not Covered | Preferred Generic PA | Preferred Brand PA |
| BCBSM* michmed.org/nmxVD | Non-Preferred Brand PA² | Non-Preferred Brand PA² | Non-Preferred Brand PA² | Non-Preferred Brand PA² | Non-Preferred Brand | Preferred Generic | Non-Preferred Brand PA² |
| EXPRESS SCRIPTS michmed.org/Dyq2x | Not Covered | Preferred PA | Preferred | Non-Preferred PA | Not Covered | Not Covered | Not Covered |
| HAP michmed.org/qdV9P | Non Formulary | Non Formulary | Non Formulary | Non Formulary | Non Formulary | Non Preferred Generic Tier 1A | Non-Preferred Brand PA |
| PRIORITY michmed.org/yq299 | Not Covered | Not Covered | Not Covered | Non-Preferred ST: Try generic first | Non-Preferred ST: Try generic first | Preferred Generic | Non-Preferred ST: Try generic first |
| PRIORITY OPTIMIZED michmed.org/BA4Kb | Not Covered | Not Covered | Not Covered | Non-Preferred ST: Try generic first | Not Covered | Preferred Generic | Non-Preferred ST: Try generic first |
| UNITED michmed.org/NJrY | Not Covered ³ | Not Covered ³ | Not Covered ³ | Non-Preferred PA³ | Non-Preferred PA³ | Preferred Generic Tier 1 PA³ | Non-Preferred PA³ |

1. Aetna PA criteria for Wegovy: [michmed.org/QRQMm](#) Quantity Limit (as of 4-1-24): [michmed.org/93M3g](#)

2. BCBSM PA criteria for GLP-1 RAs for Weight Loss (see next page), non-GLP-1 RAs, and BCBSM document [michmed.org/zRQZ](#)

3. Prior authorization may be available for some employers. Patient should contact their HR Benefits Advisor to find out if their employer has an exception allowing these meds. PA criteria for AOM: [michmed.org/GqeVY](#)



COVERAGE GUIDE

ANTI-OBESITY MEDS for COMMERCIAL



Prior Authorization Details

PLAN: AETNA COMMERCIAL

MEDICATION: Wegovy

POLICY: #4774-A 08-2022: michmed.org/QRQMm

1. 18 years or older AND
 - a. The patient has completed at least 3 months of therapy with the requested drug at a stable maintenance dose, AND
 - b. The patient lost at least 5 percent of baseline body weight OR the patient has continued to maintain their initial 5% weight loss. Documentation is required for approval.

OR

- c. The requested drug will be used with a reduced calorie diet and increased physical activity for chronic weight management in an adult, AND
- d. The patient has participated in a comprehensive weight management program that encourages behavioral modification, reduced calorie diet and increased physical activity with continuing follow-up for at least 6 months prior to using drug therapy AND BMI of 30+ OR BMI of 27+ with at least one weight related comorbid condition (e.g. hypertension, type 2 diabetes, dyslipidemia).

PLAN: MICHIGAN BCBSM/BCN COMMERCIAL

IMPACTED PATIENTS: BCBSM/BCN Insured Large Group Commercial Members

MEDICATIONS: All GLP-1 RA's for weight loss - Saxenda, Wegovy, Zepbound

POLICY: michmed.org/zRQZB

See also: June 6, 2024 provider alert: michmed.org/Z7eqq
Effective August 1 - December 31, 2024

Current PAs for these three drugs will expire July 31, 2024. Providers must open new PA to continue coverage. Starting January 1, 2025, GLP-1 RA for weight loss will no longer be covered.

1. 18 years or older
2. Initial BMI at first time of prescribing of 35+
3. Must be prescribed by a health care provider who has an established relationship with the member and has seen the member in person. *Provider attestation.*
4. Prescriber must document the member's current baseline weight (within 30 days).
5. Prescriber must document the member's active participation in a lifestyle modification program (working with a coach, tracking food and exercising) for a minimum duration of six months before the PA request. The prescriber will no longer be able to attest to a member's participation. The prescriber must submit documentation, or the request will be denied. *Provider attestation.*
6. Patient must enroll and participate in the **Teladoc® Health program** for weight management. This is a program at no cost to eligible members that offers easy-to-use tools and support. The prescriber must submit documentation of the member's active participation, or the request will be denied.
7. Can't be used in combination with other weight loss products or other products that contain GLP-1 agonists
8. Aren't covered for members with type 2 diabetes

MEDICATION: Contrave, Qsymia

1. Age ≥ 18 years old
2. BMI ≥ 30, or ≥ 27 with one weight related comorbid condition
3. Current weight (within 30 days) must be submitted to the plan for review
4. Active participation for a minimum of 6 months in a covered BCBSM/BCN lifestyle modification program OR active participation for a minimum of 6 months in an alternative concurrent lifestyle modification program (e.g. recent food diaries, exercise logs, program receipts, app participation, etc.) if member does not have access to a covered BCBSM/BCN program
5. Not to be used in combination with other weight loss products

COVERAGE GUIDE

ANTI-OBESITY MEDS for Medicare Advantage

Medicare Advantage plans do not cover anti-obesity medications at this time.

ANTI-OBESITY MEDS for Medicaid

| PLAN NAME Formulary Link | SAXENDA <i>Liraglutide</i> Injectable - Daily | WEGOVY <i>Semaglutide</i> Injectable - Weekly | ZEPBOUND <i>Tirzepatide</i> Injectable - Weekly | CONTRAVE <i>Naltrexone HCl -</i> <i>Bupropion HC</i> Oral - 2x Daily | LOMAIRA <i>Phentermine 8</i> Low Dose Oral - Daily w/Meals | PHENTERMINE <i>Generic - High</i> Dose Oral - Daily w/ Meals | QSYMIA <i>Phentermine</i> <i>Topiramate</i> Oral - Daily |
|---|--|--|--|--|--|--|--|
| MICHIGAN MEDICAID michmed.org/ N2wn8 | Preferred PA | Preferred PA | Preferred PA | Not Covered | Preferred PA | Preferred PA | Not Covered |

Michigan Medicaid PDL Magellan RX Prior Auth Criteria for Anti-Obesity Medications:

For most up-to-date criteria, see Michigan Medicaid page michmed.org/2VP94 and click on "Drug PA criteria" link (Last checked September 1, 2024)

INITIAL RX (6 MONTHS)

Age and BMI:

1. *Wegovy, Saxenda*: Patient age ≥ 12 years **OR**
2. *Phentermine*: Patient age > 16 years **AND**
 - a. Patient age ≥ 12 years to < 18 years must have an initial BMI per CDC growth charts at the 95th percentile or greater for age and sex (obesity); **OR**
 - b. Patient age ≥ 12 years to < 18 years with BMI in the 85th – 94th percentile (overweight) per CDC growth charts and has at least one of the following weight-related coexisting conditions: diabetes, sleep apnea, hypertension, or dyslipidemia; **OR**
3. *Zepbound*: Patient age ≥ 18 years **AND**
 - a. Patient age ≥ 18 years must have an initial body mass index [BMI] \geq than 30 kg/m^2 ; **OR**
 - b. Patient age ≥ 18 years must have an initial body mass index [BMI] \geq than 27 kg/m^2 but $< 30 \text{ kg/m}^2$ and at least one of the following risk factors: hypertension, coronary artery disease, diabetes, dyslipidemia, or sleep apnea

Additionally:

1. For patients with an eating disorder, prescriber attests that treatment has been optimized and confirms the safety and appropriateness of this anti-obesity treatments; **AND**
2. Prescriber attests that metabolic or other reason(s) for obesity/symptoms have been ruled out or diagnosed and treated (e.g., thyroid dysfunction, diabetes, sleep apnea, etc.); **AND**
3. Prescriber attests to patient's absence of any contraindications to use of the requested product, including pregnancy, lactation, a personal or family history of medullary thyroid cancer or multiple endocrine neoplasia type II; **AND**
4. Prescriber attests medication therapy is part of a total treatment plan including diet and exercise/activity as appropriate for the patient's ability; **AND**
5. Prescriber attests that patient has been informed weight may return with cessation of medication unless healthy lifestyle diet a

MDHHS recommends that prescribers consider the benefits of a diabetes prevention program for their patients.

RENEWAL RX (6 MONTHS)

1. For adults age ≥ 18 years, prescriber provides clinical documentation showing that the patient has maintained a weight loss of $\geq 5\%$ from baseline weight at initiation of therapy.
2. For patient's age ≥ 12 years to < 18 years, prescriber provides clinical documentation showing that the patient has maintained or improved BMI percentile per CDC growth charts from baseline weight at initiation of therapy.



COVERAGE GUIDE

CGMs for Medicare/Advantage Plans



Check out Coverage Checker
 Now available online:
mct2d.org/coverage-checker

| PLAN | BENEFIT TYPE | TYPE 2 DIABETES DIAGNOSIS AND | | ADDITIONAL DOCUMENTATION | ORDERING |
|---|---|---|---|---|---|
| | | INSULIN | OR NON-INSULIN CRITERIA | | |
| MEDICARE Part B michmed.org/dJ8z3 | DME | Insulin treated | <p>“Problematic hypoglycemia” defined as <i>EITHER</i>: Level 2 at least TWO that persist <i>despite at least two</i> prior med adjustments and/or modifications to treatment plan (e.g. raising A1c targets) OR</p> <p>Level 3 history of ONE event</p> <p><i>Level 2</i> defined as glucose less than 54 mg/dL</p> <p><i>Level 3</i> defined as less than 54 mg/dL <i>with</i> altered mental and/or physical state requiring third party assistance to treat</p> | <ol style="list-style-type: none"> 1. Visit for T2D Mgmt: Within 6 months (virtual or in-person) 2. CGM training: Pt or caregiver has received appropriate training. 3. FDA indication for use: For diabetes treatment decisions | <p>DME Preferred Models Abbott Freestyle Libre 2 or 3*, Dexcom, and Medtronic</p> <p><i>*If pt does not have a Libre 2 reader and does not need a standalone reader</i></p> |
| Blue Care Network (BCN) MA | Beginning Oct 1, 2024 Pharm RX <i>Billed under Medical</i> | Same as Medicare Part B | Same as Medicare Part B | Starting 10/1/2024, submit PA through pharmacy. See BCBSM Disclaimer on last page of CGM guide. | |
| | | | | Same as Medicare Part B | <p>Pharmacy Preferred Model Abbott Freestyle Libre*, Dexcom</p> <p><i>*If pt does not have a Libre 2 reader and does not need a standalone reader</i></p> |
| HAP MA | Pharm RX | Insulin Verified with claims lookback within 180 days | 3+ non-insulin oral medications AND Uncontrolled A1c | If no insulin, submit PA via CoverMyMeds. | |
| | | | | | <p>Preferred Models Dexcom G6 or G7, Freestyle Libre 2 or 3 \$0 copay, see preferred vendor</p> <p>Preferred Vendor Pharmacy Advantage</p> |



COVERAGE GUIDE

CGMs for Medicaid Plans



Check out Coverage Checker
Now available online:
mct2d.org/coverage-checker

| PLAN policy url | BENEFIT TYPE | TYPE 2 DIABETES DIAGNOSIS AND | | ADDITIONAL DOCUMENTATION | ORDERING |
|--|--------------------------|-------------------------------|-----|---|---|
| | | INSULIN | OR | | |
| MICHIGAN MEDICAID michmed.org/Dyeme | DME | Insulin treated | AND | <p>T2D cared for by: PCP, NP, PA, or Endocrinology</p> <p>CGM Education: Patient (or caregiver) has been educated on the use of the CGM and is willing and able to a CGM</p> | <p>Submit PA via CoverMyMeds or MDHHS michmed.org/BnJxD.</p> <p>Documentation within last 90 days, MUST ALSO HAVE:</p> <ol style="list-style-type: none"> 1. Frequency of insulin administered per day or IF using insulin pump 2. Current treatment plan. <p>Refill Limitations Year 1 <i>1st order:</i> Written for 6 months. <i>2nd order:</i> Written for 6 months. Year 2 <i>Orders:</i> Written for 12 months.</p> <p>Preferred Models Abbott Freestyle Libre 2 or 3*, Dexcom G6 or G7</p> <p>Note This policy applies to Medicaid Fee-for-Service (FFS). MHPs and ICOs must provide the full range of covered services described in this policy at a minimum and may choose to provide services over and above those specified. For beneficiaries enrolled in a MHP or ICO, the provider must check with the beneficiary's MHP/ICO for prior authorization requirements</p> |
| Molina Medicaid michmed.org/gRWVY | Pharm RX (or DME) | | | | |
| Blue Cross Complete (Medicaid) michmed.org/PJGPA | Pharm RX (or DME) | Insulin treated | OR | <p>Treatment with non-insulin antihyperglycemic drug</p> <p><i>ONE of the following (1-8) MUST be documented if NOT on insulin</i></p> <ol style="list-style-type: none"> 1. Hypoglycemia (frequent, unaware, OR nocturnal) 2. Weight gain: >5 lb in last 12 months 3. A1C \geq 7% | <p>Submit PA via CoverMyMeds or michmed.org/nDqkD.</p> <ol style="list-style-type: none"> 4. Need for medication changes 5. Initiation of lower carb diet 6. Unable/reluctant to test finger BG 7. On two or more T2D meds 8. Care Team: Working with pt to improve diet/exercise <p>Preferred Models: Abbott Freestyle Libre 2 or 3, Dexcom G6 or G7</p> <p>Search pharmacy network bccmi.darwinrx.com/PharmacyLocator</p> <p>For reauthorization after 12-months: Treatment of T2D without insulin, must document positive clinical response (i.e. improved A1C, reduced hypoglycemia)</p> |



COVERAGE GUIDE

CGMs for Commercial Plans



Check out Coverage Checker
Now available online:
mct2d.org/coverage-checker

| PLAN policy url | BENEFIT TYPE & PA STATUS | TYPE 2 DIABETES DIAGNOSIS AND | | ADDITIONAL DOCUMENTATION | ORDERING |
|---|---|-------------------------------|-------------|---|--|
| | | INSULIN | OR | | |
| AETNA Formulary michmed.org/97Ay9 | Pharm RX | Not required | | Only "Clinician's recognition of BENEFIT to patient." No T2D Dx required. | Preferred Devices Dexcom G6/G7 |
| BCBSM Consult individual plans New MCT2D- specific CGM policy as of 6/1/24 michmed.org/ AnjzA | IF PRESCRIBER IS A CURRENT MCT2D AND PDCM PHYSICIAN MEMBER: (AS OF JUNE 1, 2024) | | | | |
| | Pharm RX DME | Not required | None | For DME/medical benefit: Submit PA via Northwood. See below BCBSM disclaimers. ^ Prescribing physician must attest to being a current physician member of MCT2D or PDCM For Pharm RX: No PA required for MCT2D physicians For DME: PA auto-approved for MCT2D physicians | Pharmacy Preferred Models Abbott Freestyle Libre 2, Libre 3, Dexcom G6, G7** For list of preferred DME vendors and covered CGMs, please contact Northwood, Inc. |

*Criteria for pregnant patients: "Pregnant individuals that are not on insulin therapy AND who experience postprandial hyperglycemia as defined by ACOG."

** At \$0 Copay Tier: Dexcom G6 receiver, Dexcom G6 transmitter, Dexcom G7 receiver

^BCBSM Disclaimers and Tips

- Authorization isn't a guarantee of payment. Health care practitioners need to verify eligibility and benefits for members
- Review member eligibility through the Eligibility & Benefits Inquiry application within the BCBSM provider portal: www.availity.com
 1. Access application on the Patient Registration menu at the top of your Availity home screen.
 2. Use this application to confirm whether the BCBSM/BCN commercial member has Diabetes Supplies covered under their medical (DME) benefit, and to verify whether the member has pharmacy benefit coverage.
- Information on DME coverage under the medical benefit for BCBSM/BCN commercial and Medicare beneficiaries: <https://ereferrals.bcbsm.com/bcn/bcn-dme-po.shtml>
- Procedure codes billed under the medical benefit that require PA approval (including CGM): <https://ereferrals.bcbsm.com/docs/common/common-procedure-codes-that-require-prior-auth.pdf>
- More info on preferred BCBSM DME vendor Northwood: <https://ereferrals.bcbsm.com/docs/common/common-northwood-dmepos-faq.pdf>
- **How to submit pharmacy benefit PA** for BCBSM/BCN commercial members: <https://ereferrals.bcbsm.com/bcbsm/bcbsm-drugs-pharm-benefit.shtml>
- Northwood, Inc. does not manage or distribute the Eversense CGM implantable sensor. Requests for authorization for Eversense are reviewed by BCBSM/BCN and should be submitted via e-referral after verification of member eligibility and benefits.



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CGMs for Commercial Plans



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| PLAN policy url | BENEFIT TYPE & PA STATUS | TYPE 2 DIABETES DIAGNOSIS AND | | ADDITIONAL DOCUMENTATION | ORDERING |
|---|-----------------------------------|-------------------------------|---|---|----------|
| | | INSULIN | OR NON-INSULIN CRITERIA | | |
| IF PRESCRIBER IS NOT A CURRENT MCT2D AND PDCM PHYSICIAN MEMBER: (AS OF JUNE 1, 2024) | | | | | |
| BCBSM <i>Consult individual plans</i> New CGM policy as of 3/1/24 michmed.org/w8nMW | Pharm RX DME | Insulin requiring | "Problematic hypoglycemia" defined as EITHER:* Level 2: At least TWO events <i>with</i> at least tow prior med adjustments and/or modifications to treatment plan (e.g. raising A1C targets) <i>Level 2 defined as glucose less than 54 mg/dL.</i> OR Level 3: At least ONE event <i>Level 3 defined as less than 54 mg/dL with altered mental state and/or physical state requiring third party assistance to treat</i> | For DME/medical benefit: Submit PA via Northwood. For pharmacy benefit: Submit PA via CoverMyMeds. See below BCBSM disclaimers.^ | |
| | | | | For Pharm RX: Complete ePA (CoverMyMeds) For DME: Complete prior authorization via DME supplier, processed by Northwood, Inc | |

*Criteria for pregnant patients: "Pregnant individuals that are not on insulin therapy AND who experience postprandial hyperglycemia as defined by ACOG."

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- **How to submit pharmacy benefit PA** for BCBSM/BCN commercial members: <https://ereferrals.bcbsm.com/bcbsm/bcbsm-drugs-pharm-benefit.shtml>
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|---|---|--|--|--|---|
| | | INSULIN | OR NON-INSULIN CRITERIA | | |
| HAP (COMMERCIAL) Formulary michmed.org/gdV9P | Pharm RX Tier 0 (Zero Cost) | Insulin Verified with claims lookback within 120 days | Tried and failed at least THREE (3) oral diabetes medications in the last 120 days | If no insulin, submit PA via CoverMyMeds. | |
| | | | | Preferred Models Dexcom G6 or G7, Freestyle Libre 2 or 3 \$0 copay, see preferred vendor Preferred Vendor Pharmacy Advantage | |
| PRIORITY (TRAD & OPTIMIZED) michmed.org/yq299 michmed.org/BA4Kb | Pharm RX | Insulin Verified with RX fill within last 6 months | | | Preferred Models Freestyle Libre 2 or 3,, Dexcom G6 or G7 |
| UNITED (COMMERCIAL) michmed.org/nmXYW | If MCT2D Pharm RX See note below | None T2D Dx is only requirement for patients with OptumRX. | If not MCT2D: <ul style="list-style-type: none"> • 4x daily testing • Frequent adjustments to treatment based on testing • Compliance to physician-directed comprehensive diabetes mgmt program • Assessed every 6 months | If not MCT2D, submit PA via Optum RX ePA michmed.org/eWmY5 | |
| | | 3x daily insulin | | <ul style="list-style-type: none"> • T2D Dx • Lab results and office notes from within the last three months • Treatment plan • Current signed physician order • Make and model of the device requested | |
| UNITED HEALTH CARE (UHC) PREFERRED DME SUPPLIERS | AdaptHealth LLC https://adapthealth.com/ 1-844-727-6667 | Advanced Diabetes Supply https://www.northcoastmed.com 1-866-422-4866 | Byram Healthcare https://www.byramhealthcare.com/ 1-877-902-9726 | Edgepark http://www.edgepark.com/ 1-800-321-0591 | |

Note: MCT2D members who are UHC in-network providers can bypass PA and DME. Contact UHC if having prescribing issues, use this form: michmed.org/zRwGW



COVERAGE GUIDE

DEFINITIONS AND DISCLAIMERS

PRESCRIBER TIP TO BYPASS PRIOR AUTHORIZATION

Include type 2 diabetes ICD10 code in both the 1.) medical claim for the patient's office visit as well as the 2.) prescription.

For the prescription, look for the "Note to pharmacy" field in Epic (or equivalent field in your EMR). Avoid placing in the "sig" field.

Why? Having T2D diagnosis code in both the prescription and visit claim, can reduce likelihood of PA for some plans. Many insurance plans check coverage requirements using an auto lookback in either medical claims or RX before authorizing coverage.

ICD10 Codes for Type 2 Diabetes

Common list, see full list at www.aapc.com/codes/icd-10-codes/E11

Without Complications: **E11.9**

Without complications + *with insulin*: **E11.9, Z79.4**

With hypoglycemia *without* coma: **E11.649**

With hypoglycemia with coma: **E11.641**

With hyperglycemia: **E11.65**

With diabetic chronic kidney disease: **E11.22**

With unspecified diabetic retinopathy: **E11.31**

With moderate non proliferative diabetic retinopathy: **E11.33**

With proliferative diabetic retinopathy: **E11.35**

With diabetic neuropathy, unspecified: **E11.40**

Prescription code add-on to above ICD10 codes

With insulin (Z79.4)

Deductible

Predetermined amount that must be paid annually before insurance pays for anything.

Copayment

Set amount paid for a prescription.

Co-insurance

Amount you pay after your deductible is met. Your insurance pays their portion. Co-insurance only applies to prescriptions and services covered under your health plan.

Medication tier

Levels of insurance medication coverage: You play a smaller amount for a lower tier and a higher amount for a higher tier.

Out-of-pocket max

Annual limit on what you pay before insurance covers 100% of covered services. Deductibles, copayment, and co-insurance all apply toward your out-of-pocket maximum.

Prior authorization

Request made by your health care provider to your insurance company for coverage of a medication.

Quantity limit

Limitation on the amount of medication (# of pills, pens, etc) covered for a period of time.

Step therapy

Medication you must have tried prior to approval of a non-preferred medication, typically prior to trying a more expensive medication.

Pharmacy Carve-Out

Some insurance plans allows for pharmacy carve-outs, where prescription drug coverage is provided by a pharmacy benefits manager (PBM) and may not reflect the same coverage as the medical policy's medication formulary.

Do I have a pharmacy carve-out?

Check your insurance ID card. For example, if you have Priority Health, look for "Optimized RX: Yes" on the back of the card

If you're a provider:
Within Michigan, call 800.942.4765 for Eligibility/Benefits/Prior Authorization.
Outside of Michigan, call 833.300.3628 for Eligibility/Benefits/Prior Authorization.

Submit medical claims to: Priority Health,
PO Box 232, Grand Rapids, MI 49501-0232.
EDI Payer: 38217

For electronic claims submission instructions, visit priorityhealth.com/claims.

NOTICE: Possession of this card or obtaining prior authorization does not guarantee coverage or payment for the service or procedure reviewed. Please call the number on this card to verify eligibility.

FF This plan is sponsored by Priority Health.
Benefits are not insured by Cigna or affiliates

Optimized Rx: Yes
Rx BIN: 003858
Rx PCN: A4
Rx Group #: PHCMRCL

Cigna Open Access Cigna
AWAY FROM HOME CARE



COVERAGE GUIDE

APPENDIX: FORMULARY, STEP THERAPY, PRIOR AUTHORIZATION, DME POLICY LINKS

| PAYOR | 2024 FORMULARY | ST/PA GUIDELINES | CGM POLICY | PROVIDER PHONE |
|-----------------------------|--|--|--|-------------------------------------|
| Medicare | See MA plans | See MA plans | michmed.org/dJ8z3 | 800-633-4227 |
| MA: Aetna | michmed.org/8NQrk | michmed.org/KqrMw | See Medicare/CMS policy listed above | 800-624-0756 |
| MA: BCBSM | michmed.org/DymRY | michmed.org/yqVYZ | See Medicare/CMS policy listed above | 800-344-8525 DME: 1-800-447-9599 |
| MA: HAP | michmed.org/WAZqQ | michmed.org/vJV3A | See Medicare/CMS policy listed above | 800-292-2550 |
| MA: Humana | michmed.org/kQ894 | michmed.org/kQkYr | See Medicare/CMS policy listed above | 800-523-0023 |
| MA: Priority | michmed.org/7NVGN | PA: michmed.org/MMxnk ST: michmed.org/QkZxq | See Medicare/CMS policy listed above | 800-942-4765 |
| MA: United | michmed.org/YkDR3 | n/a | See Medicare/CMS policy listed above | 800-711-4555 |
| MA: Wellcare | michmed.org/gRWDV | n/a | See Medicare/CMS policy listed above | 855-538-0454 |
| Aetna | michmed.org/97Ay9 | michmed.org/KqrMw michmed.org/7kXWr michmed.org/QRQMm | michmed.org/3xAqb | PA 800-414-2386 |
| BCBSM | michmed.org/nmxVD | michmed.org/zRQZB | michmed.org/w8nMW | 800-344-8525 DME: 1-800-447-9599 |
| Express Scripts | michmed.org/Dyq2x | michmed.org/3xAey | n/a | 888-327-9791 |
| HAP | michmed.org/qdV9P | Use Provider Portal hap.org/providers/provider-resources | n/a | 888-427-6464 |
| Priority Traditional | michmed.org/yq299 | michmed.org/jm85Q | michmed.org/dJzPq | 800-942-4765 |
| Priority Optimized | michmed.org/BA4Kb | michmed.org/jm85Q | michmed.org/dJzPq | 800-942-4765 |
| United | michmed.org/7NJrY | SGLT2i: michmed.org/Yk9Yb GLP-1 RA: michmed.org/vJmqe | michmed.org/nmxYW | 800-711-4555 |
| Medicaid | michmed.org/N2wn8 | michmed.org/2VP94 | michmed.org/Dyeme | 800-292-2550 |
| Blue Cross Complete | michmed.org/xNX5W | michmed.org/xNX5W | michmed.org/PJGPA | See region specific # |
| McLaren | michmed.org/QRr9A | n/a | n/a | 888-327-0671 |
| Molina | michmed.org/vJ4rz | n/a | michmed.org/gRWVY | 855-326-5059 |