Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Form No.: IQAC/FM/Teacher/Criterion-VI/100

IQAC

ACTIVITY REPORT

Academic Year: 2023-24

Name of Committee/ Department: Internal Complaint Committee

Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar

IQAC Activity No: 02

Criterion No. 5.1.4 b

Name of The Activity: Self Defence Training Programme

Date:18/07/2023

Venue: Vivekanand College Ground

Number of Teacher Participants: 06

Number of Student Participants: 88

Nature of activity (Outdoor/Indoor): Outdoor

Brief Information About the Activity

Topic/Subject of the Activity	Rajmata Jijabai Self Defence Training Programme
Objectives	The main objective of this workshop was to create awareness regarding safe and healthy environment for each individual i.e.; woman and student at workplace.

Outcomes	The main outcomes of this workshop was to
	trained the girls for their self-defence in
	case of any emergency.

Details of the activity:

Internal Complaint Committee (ICC) was organized a Rajmata Jijabai Self Defence Training Programme of Maharashtra on 18/07/23. The felicitation program was graced by Mrs Sadhana Suradkar NGO, Ex Mayor corporator, Mr. Gokul Kutarwade, Cyber Crime Branch, Chhatrapati Sambhajinagar, Women Helping Cell members Miss. Vaishnavi Lande and Vice Principal Mrs Murumbikar, and all members of ICC.

The main objective of this workshop was to create awareness regarding safe and healthy environment for each individual i.e.; woman and student at workplace. The chief guest of Honor was Mrs Sadhana Suradkar has given the information about rules and laws regarding the safety of girls and women and Damini Pathak developed by police Department of Chhatrapati Sambhajinagar. She also explained work of Damini Pathak Aurangabad for the safety of girls. She further explained the whole process and how the changes taken place from adolescence to young adulthood and about persoanality development.

Mr. Kutarwade enlightened the students about the Cyber Crimes which are the main source for fraudsters for getting revenue. What are the different ways that the Cyber Crimes happening in Now a day and How they steal our information and do some harm? The counter measures that one need to take for protecting from the Cyber Crimes. He also explained protection measures that one need to take for protecting their banking and social accounts from hackers.

The main aim of this workshop was to trained the girls for their self-defence in case of any emergency. Miss. Vaishnavi Lande gave training of Judo Karate and Marshal Art skills and safety techniques to the girl students of the college.

The full-fledged programme under the trainers of team trained the girl students of the college successfully. The ICC is constantly endeavouring in its commitment to create awareness and sensitization against sexual harassment and discrimination in the campus.

The ICC members thanked whole team of self-defence training programme, Vice Principal Murumbikar, all teachers and students of the college for holding the event successfully.

Proofs & Documents Attached (Tick Mark The Proofs Attached):

Type of Proof/Document attached	Yes/ No/
---------------------------------	-------------

	Not Applicable
Notices	
Letters	
List of Students' Participation	yes
Photographs	yes
Certificates	
Feedback Forms	·
Feedback Analysis Report	-
News Clip With Details	
Any other (Please specify)	

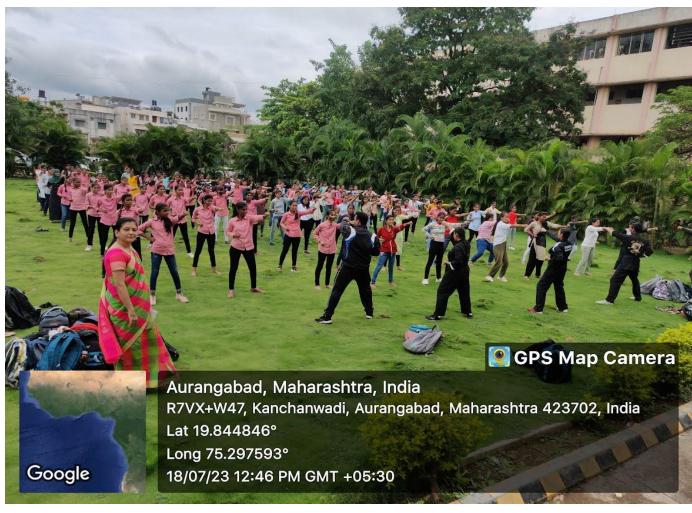
Name of Teacher: Dr Rupali Hiwarkar	Sign of Teacher
Name of Convener: Dr Rupali Hiwarkar	Fetanlear
IQAC Coordinator (Seal & Signature):	Internal Quality Assurance Cell Vivekanand Arts, Sardar Dalipsingh Commerce & Science College.















Self Défence Programme

Vivekanand Shikshan Sansthas

Vivekanand Arts Sardar Dalipsingh Commerce & Science College Aurangabad

Internal Complaint Committee

Dinga Bhausaheb Gang

Attendance Report

Activity No.-I (Classwise Awareness Programme)

Class: College Girl Students

Date: 18 07 23

5 Chrole hour

Name of Teacher: Dr Kupali Hiwarline

Signature:

No. of Students Participated: 88 myone

Sr.No.	Name of Student	Signature
1	Dipali Dadasaheb Bankar	Salar
2-	Sonali H. Jamahade	Smale
3	Sujata Shivaji Nage	Sulata
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5.	Subani Sandie Crawale	sutori
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8.	Nita Padkash Pabalkas	Needa
9	Payal Vandan Dongome	(Bonjare.
10)	Radha Balu Balankar	Rodenkan '
11)	Anjali limbaji Dokh	Asiali_
(12)	Komal Shriram Dangre	xomel
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16	Siddhi Pralhad Choudhari	- TOTAL
17.	Pawate Pzatiksha Nounath	Rouse

Pr Fapali Hiwanker Convener

Self Defence Programme

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Sr.No.	Name of Student	Signature.
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	Sonskauti Dnyoneshwar Devkar	Andouti
36]	Anjali Balasaheb Kamble	3
	Garshi Rajesh pawar.	Faire
38)	Gayatri Shivaji Jadhav	Gayatsi
	Srushti Deepak Bhujange	Grushti.
40)	Durga Bhausaheb Garraj	Drivada
41)	Kulyani Bhussuheb Pothude	Buthade.
42)	Pallari Diyahashwar Dakhorkar	pallalle
43)	Payal Santosh Donde	Payel
44) -	Tanisha mahesh garde	Janisha,
	Sarika datta dakhure	Carley

Conveney Attanhen Dr Tupali Hiwavlean

Vivekanand Arts Sardar Dalipsingh Commerce & Science College Aurangabad

Internal Complaint Committee

Report Attendance Report

Activity No.-I (Classwise Awareness Programme)

Date: 18 07 23

Class: Collige Girl Studiuts
Name of Teacher: Dr Tupali Hiwanhan

No. of Students Participated: 88

Sr.No.	Name of Student	Signature
1	Bhagat Vaishnavi Sanjay	Valshnall
2	Jagruti Jagannath Mule	Togent
3	Chaudhari shruti Rweshsina	Shoud
4	Rathod Pallaul Nirmal	Paltais
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7)	Vaishnyai cahduh! somawanshi	vaishnyai
8)	Sakshi vinod Jadhar	Detsto
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10]	Anjali Rajesh Tarrate	Anjali
11)	Sukita Baban Sarkunde	dukitet
12)	Priyanka Lalsu Oksa	Synustil
13)	Psatikaha vishwanath Padahan	Peculisha
14)	Preutiksha sanjay Prikrao	Buliksher
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Self Defence Programme

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Convener Attention Dr Fupali Hiwashar

Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Form No.: IQAC/FM/Teacher/Criterion-VI/100

IQAC

ACTIVITY REPORT

Academic Year: 2023-24

Name of Committee/ Department: Internal Complaint Committee

Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar

IQAC Activity No: 04

Criterion No. 5.1.4 b

Name of The Activity: "Raat Ragini Women's Night Walk"

Date:22/12/2023

Venue: Vivekanand Function Hall

Number of Teacher Participants:27

Number of Student Participants:8

Nature of activity (Outdoor/Indoor): Indoor

Brief Information About the Activity

Topic/Subject of the Activity	"Raat Ragini Women's Night Walk"
Objectives	The main aim of the revolutionary night walk is to enhance women's safety in our city, it is essential to focus on effective policy implementation. Strengthening existing laws and ensuring accountability at all levels can create a safer environment for women's.
Outcomes	The outcome of the Raat Ragini women's Night Walk program for women has been quite impactful. Participants reported a greater sense of safety and confidence while navigating their neighbourhoods at night. The initiative not only fostered community bonds but also raised awareness about the importance of public safety measures

Details of the activity:

To celebrate "Raat Ragini Women's Night Walk" ceremony, Internal Complaint committee of the college actively participated in the night walk for women's safety on Friday night organized by Divya Marathi. Thousands of women of the city participated in this ceremony and created a new history. All Senior and Junior woman teachers of our college enthusiastically participated in this ceremony. Raat Ragini women's Night Walk took place on the night of 22nd December with the theme of 'Safe Women, Safe City' attended by thousands. To celebrate the biggest revolutionary night of the year, women and young women from different areas of the city gathered at Kranti Chowk at 8 pm to celebrate. A large presence of women was seen on this occasion. The enthusiasm, joy and freedom of the women present here was worth seeing.

Municipal Commissioner and Administrator of Chhatrapati Sambhajinagar G. Shrikant, Lohmarg Superintendent of Police Mokshada Patil, Deputy Commissioner of Police Nitin Bagate, Gynecologist Dr. Anjali Karad, Rumi Imtiaz Jalil and others were present. The Long March of Raat Ragini organized for women's safety started with the lighting of torches by dignitaries. This night walk took place from Kranti Chowk to Aurangpura.

In the program Municipal Commissioner G. Srikanth said, turn up the volume. Make a noise. Called 112. Superintendent of Police Mokshada Patil said that we grew up hearing that we should come home by seven o'clock. However, we took this program so that we can walk fearlessly whether it is day or night.

Gynaecologist Dr. Anjali Karad said that Pain is the power of women women were not afraid of anything. They were not afraid of the night. Pain is the power of women. Just keep your courage, strength, unity. Anjali Karad appealed that do not be afraid. Deputy Commissioner of Police Nitin Bagate said that our women officers are committed to us round the clock. He said that woman itself is a symbol of power. In the survey conducted before the night walk, women raised many questions regarding city security. At this time, many demands were made to install street lights in many parts of the city, to have a Damini squad, to increase the police force in the city. Municipal Commissioner G. Srikanth promised to install street lights in the city on this occasion. Also Deputy Commissioner of Police Nitin Bagate also assured the women that the police administration stands firmly behind them.

This night walk started from Kranti Chowk and concluded with excitement near the Phule statue in Aurangpura. On this occasion, from little girls to senior women, everyone presented various talents and raised the slogan of women's empowerment.

Proofs & Documents Attached (Tick Mark the Proofs Attached):

Type of Proof/Document attached	Yes/ No/ Not Applicable	
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Notices	Yes
Letters	Yes
List of Students' Participation	Yes
Photographs	Yes
Certificates	-
Feedback Forms	-
Feedback Analysis Report	-
News Clip With Details	Yes
Any other (Please specify)	-

Name of Teacher: Dr Rupali Hiwarkar	Sign of Teacher
Name of Convener: Dr Rupali Hiwarkar	Atember
IQAC Coordinator (Seal & Signature):	Co-ordinator, Internal Quality Assurance Coll Vivekanand Arts, Sardar Dalir — th Commerce & Science College,

दिव्यं मराठी



रात्री फिरू विनधास्त





प्रति, मा. डॉ. डी. आर. शेंगुळे, विवेकानंद महाविद्यालय, समर्थनगर, छत्रपती संभाजीनगर

विषय : 'रातरागिणी' या 'नाईट वॉकमध्ये महाविद्यालयीन विद्यार्थिनींच्या सहभागासाठी विनंती.

महिला आणि मुर्लीची सुरक्षा हा शहराच्या दृष्टीनं प्राधान्याचा विषय व्हावा या उद्देशानं 'दिव्य मराठी'तर्फे २२ डिसेंबर २०१९ रोजी 'रातरागिणी' या महिलांच्या 'नाईट वॉक'चं आयोजन करण्यात आलं होतं. वर्षातील सर्वात मोठी रात्र असलेल्या या मध्यरात्री अंधरावर मात करत शहरातील सुमारे १७ हजार महिला, युवती, मुर्लीनी क्रांती चौक ते औरंगपुरा येथे नाईट वॉक केला होता. त्याच धर्तीवर यंदाही २२ डिसेंबर रोजी रात्री ८ ते ११ पर्यंत ' रातरागिणी नाईट वॉक'चं आयोजन केलं आहे. क्रांती चौकातील झांशी राणी पुतळ्याला अभिवादन करून हा 'नाईट वॉक' पैठण गेट, टिळक पथमार्गे औरंगपुऱ्यातील महात्मा ज्योतिबा फुले अन् सावित्रीबाई फुले यांच्या पुतळ्यापर्यंत जाईल. तेथे 'नाईट वॉक' विसर्जित होईल. या 'नाईट वॉक' मध्ये आपणही सहभागी व्हावं आणि महाविद्यालय आणि वसतीगृहातील विद्यार्थिनींना यात सहभागी होण्याच्या सूचना कराव्यात ही विनंती.

आपला स्नेहशील









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दिव्य सिटी 20-12-2023

वेळीच बाहेर पडल्याने त्याला इजा झाली नाही.

संपर्क साधावा.

माप्रकं: 956 1748778 किया बारवोड स्टेन करा



छत्रपती संभाजीनगर महानगरपालिका आणि शहर पोलिस आयुक्तालय यांच्या संयुक्त विद्यमाने





















RIFIELD

वुमन्स नाइट वॉक

दिनांक २२ डिसेंबर, शुक्रवार २०२३. स्थळ - क्रांती चौक ते महात्मा फुले पुतळा, औरंगपुरा, छत्रपती संभाजीनगर वेळ : संध्याकाळी ७.०० वाजता.



• प्रमुख उपस्थिती •

श्री. मनोज लोहिया पोलिस आयुक्त, छत्रपती संभाजीनगर

श्री. जी. श्रीकांत प्रशासक तथा मनपा आयुक्त, छत्रपती संमाजीनगर



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Glimpeses of the Programme

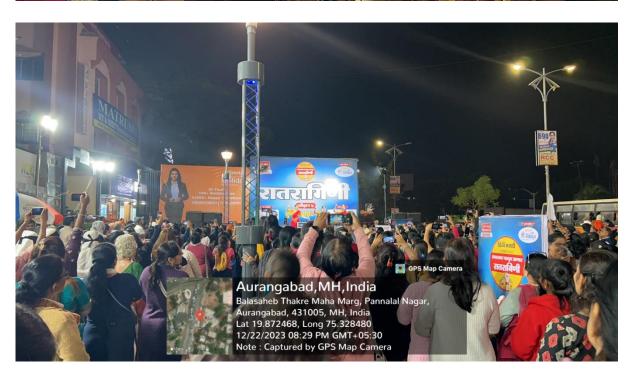


















Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar Internal Complaint Committee

Attendance

Raat Ragini Women's Night Walk

Date:22/12/2023 Time: 07.30 pm to 12.00 midnight Venue: Kranti Chowk

Sr	Roll	Name of the	Sign	Sr	Roll	Name of the	Sign
No	No	Participant	Oigii	No	No	participant	Sign
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Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar Internal Complaint Committee Attendance

Raat Ragini Women's Night Walk

Date:22/12/2023 Time: 07.30 pm to 12.00 midnight Venue: Kranti Chowk

Sr	Roll	Name of the	Sign	Sr	Roll	Name of the	Sign
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Hitaulian Dr Fupali Hinculeus

Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Form No.: IQAC/FM/Teacher/Criterion-VI/100

IQAC

ACTIVITY REPORT

Academic Year: 2023-24

Name of Committee/ Department: Internal Complaint Committee

Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar

IQAC Activity No:06

Criterion No. 5.1.4 b

Name of The Activity: 21st Century Indian Woman

Date:09/03/2024

Venue: Vivekanand College Ground

Number of Teacher Participants:20

Number of Student Participants: 114

Nature of activity (Outdoor/Indoor): Indoor

Brief Information About the Activity

Topic/Subject of the Activity	21st Century Indian Woman			
Objectives	In the twenty-first century, the complex relationship between women's health and rights has been influenced by a range of interconnected challenges, including gender inequity, reproductive health disparities, maternal mortality and morbidity, and women's inability to access life-saving, high-quality healthcare services. We need feminism not to overpower men but to provide women with equality and the same respect in the society as a man gets.			

Outcomes

The greatest need of the hour is to change attitude towards women. It is pertinent to mention here that as their thought and value system lead towards the development of a good family, a good society and ultimately a good nation. Society must take initiative to create an atmosphere in which there is no gender discrimination and women have full opportunities of self-decision making and participating in social, political and economic life of the country with a sense of equality.

Details of the activity:

The Internal Complaint Committee of the College organized an extremely relevant guest lecture on the topic, "21st Century Women", on the occasion of International Women's Day, on 8th March 2024. The aim and purpose of the lecture was to create awareness as well as to sensitize the students of all genders of the institution about the concept of gender justice. Dr. Yogita Hoke Patil was the guest speaker who held the audience spell bound by her elaborative and informative presentation and lecture on Gender justice. Highlighting the importance of position of women in today's world she started her lecture with a question to the students as, who is a woman? She started her lecture on a very sensitive note that woman is a human being. She further said that today the empowerment of women has become one of the most important concerns of 21st century. Empowerment of women is essentially the process of upliftment of social, economic, and political status of women, traditionally the underprivileged ones, in the society. Women empowerment refers to increasing the political, social, educational, gender or economic strength of individuals and communities of women. She emphatically addressed the issues surrounding gender justice by citing different examples.

The outcome of the lecture is that awareness has been created and knowledge dispensed amongst the students and teaching and non-teaching staff of the college about the importance of gender justice and women empowerment and steps to be taken to practice gender justice in the society.

Dr Yogita Hoke Patil shared innumerable examples of how country can change if both the gender are assured equal treatment. She deliberated on Rural Women empowerment by highlighting the change brought about in many countries. The key to women empowerment is economic independence and unconditional family support.

Earlier Vice Principal of the college, Dr. Aruna Patil welcomed the guest and gave introductory remarks by informing that why 8th March is been celebrated as International Women's Day. Students from all faculties attended the lecture.

Proofs & Documents Attached (Tick Mark the Proofs Attached):

Type of Proof/Document attached	Yes/ No/	
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	Not Applicable
Notices	Yes
Letters	Yes
List of Students' Participation	yes
Photographs	yes
Certificates	-
Feedback Forms	-
Feedback Analysis Report	
News Clip With Details	
Any other (Please specify)	-

Name of Teacher: Dr Rupali Hiwarkar	Sign of Teacher
	- Intention
Name of Convener: Dr Rupali Hiwarkar	taulear
IQAC Coordinator (Seal & Signature):	Soil
	Co-ordinator Internal Quality Assurance Cell Vivekanand Arts, Sardar Dalipsingh Commerce & Science College

विवेकानंद शिक्षण सस्थेचे विवेकानंद कला, सरदार दिलपिसंग वाणिज्य व विज्ञान महाविद्यालय, छत्रपती संभाजीनगर

दिनाक: ०७.०३.२०२४

सूचना

महाविद्यालयातील सर्व शिक्षक, शिक्षकेत्तर कर्मचारी व विद्यार्थ्यांना सुचित करण्यात येते की,

महाविद्यालयातील अंतर्गत तक्रार समिती आणि भाषा मंच या समितीच्या माध्यमातून जागतिक महिला दिनाच्या अनुषंगाने दिनांक ९ मार्च २०२४ रोजी डॉ.योगिता होके पाटील (मेंबर ऑफ मॅनेजमेंट कौन्सिल, डॉ.बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, छत्रपती संभाजीनगर) यांचे "एकविसावे शतक आणि भारतीय स्त्री" या विषयावर व्याख्यान आयोजित करण्यात आले आहे.

तरी या व्याख्यानास सर्वांनी उपस्थित राहावे.

स्थळ: विवेकानंद सभागृह वेळ: सकाळी १०.३० वा.

-प्राचार्य











Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Internal Complaint Committeein Collaboration with Language Forum

Attendance

International Women's DayCelebration

"एकविसाव्या शतकातील भारतीय स्त्री"

"21st Century Indian Woman"

Date: 09/03/2024 Time: 10:30

Venue: Vivekanand Function Hall

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Fupali Hiwarhar Convener

Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Internal Complaint Committeein Collaboration with Language Forum

Attendance

International Women's DayCelebration

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Date: 09/03/2024 Time: 10:30

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Tupali Hiwankar Conveney

Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Internal Complaint Committeein Collaboration with Language Forum

Attendance

International Women's DayCelebration

"एकविसाव्या शतकातील भारतीय स्त्री"

"21st Century Indian Woman"

Date: 09/03/2024 Time: 10:30

Venue: Vivekanand Function Hall

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Tupali Hiwankay

Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar

Form No.: IQAC/FM/Teacher/Criterion-VI/100

IQAC

ACTIVITY REPORT

Academic Year: 2023-24

Name !

Name of Committee/ Department: Internal Complaint Committee

Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar

IQAC Activity No: 05

Criterion No. 5.1.4 b

Name of The Activity: Menstrual Hygiene Management

Date:12/02/2024

Venue: Hall no. 37 A Building

Number of Teacher Participants: 04

Number of Student Participants:108

Nature of activity (Outdoor/Indoor): Indoor

Brief Information About the Activity

Topic/Subject Activity	of	the	Menstrual Hygiene Management
Objectives			The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the students and the faculty members about menstrual hygiene.

Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity. At World Vision we believe all women and girls have the right to menstruate with confidence, with dignity and with support. Our programmes address all aspects of menstrual health and hygiene including policy and advocacy, timely and accurate knowledge about menstruation, social norms around menstruation, access to safe and affordable menstrual hygiene materials, and access to sanitation and washing facilities. When girls and women have access to safe and **Outcomes** affordable sanitary materials to manage their menstruation, they decrease their risk of infections. This can have cascading effects on overall sexual and reproductive health, maternal outcomes, and fertility. Menstrual health and hygiene interventions can help overcome these obstacles. Not only do they fulfil the unmet demand for menstrual hygiene products; they also protect dignity, build confidence, and strengthen sexual and reproductive health, particularly among adolescents.

Details of the activity:

An awareness program on Menstrual Hygiene Management was conducted on 12/02/24 by Internal Complaint Committee of the college. The Presiding Officer of the Internal complaint committee Dr Rupali Hiwarkar felicitated the speaker Rekha Dabhade by giving bouquet as a token of love and appreciation.

The Chief Speaker of the program was Rekha Dabhade, who needs no elaborate introduction as she is a well renowned District Co-Ordinator, Aditya Birla Education Trust, Mumbai. She gave detailed information about the functioning of menstrual cycle and health and hygiene of the girl students. She further explained that Menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions resulting in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which sometimes result into adverse health outcomes.

Menstruation or menses is the natural bodily process of releasing blood and associated matter from the uterus through the vagina as part of the menstrual cycle. Menarche is the onset of menstruation, the time when a girl has her first menstrual period.

Menstruation is a major part of life for millions of young girls and women worldwide. On average, a woman will menstruate for 3,000 days during her lifetime. However, the needs and challenges faced by many young women and girls as they struggle to manage their menstrual hygiene are largely ignored, especially in developing countries. This situation persists despite new developments in the hygiene and sanitation sector in recent years.

The Speaker shared their vast experience, knowledge and their thoughts about menstrual hygiene and its taboos. The session lasted for 1 hour and proved to be very engaging and captivating for all the participants.

Around 108 students of all the UG & PG students participated in the program along with staffs and representative members of Internal Complaint Committee. She appreciated our college for the installation of 4 sanitary machines in female washrooms, accessible for all female students, faculty, and staff. The event was a grand success, and everyone appreciated the opportunity and were aware about menstrual hygiene.

The session focused on rituals followed during menstruation in different religions, the availability of different sanitary products such as pads, cloths, tampons or cups, how to maintain menstrual hygiene including usage and disposal of sanitary products, and emphasized the simple ways to maintain environmental hygiene in the college, hostel and hospital. A planned and structured health education program should be addressed to adolescent girls both at college and community settings for improving menstruation-related knowledge and practices. She further concluded by saying that Good menstrual hygiene is essential for the health and dignity of girls and women. Discussions on menstrual hygiene are important for adolescent girls to clarify existing myths and misconceptions around menstrual on. Improving menstrual hygiene is important from the point of view of personal comfort and increased mobility. It also reduces the likelihood of infections resulting from poor hygiene practices during menstruation. Providing girls with knowledge and skills on maintaining menstrual hygiene improves college a attendance among girls, who otherwise may not end college during those days or even drop out of college altogether. At he last the program concluded with the vote of thanks by Smt. Sharmishtha Thakur.

Proofs & Documents Attached (Tick Mark the Proofs Attached):

Type of Proof/Document attached	Yes/ No/ Not Applicable
Notices	Yes

Letters	Yes
List of Students' Participation	Yes
Photographs	Yes
Certificates	Yes
Feedback Forms	
Feedback Analysis Report	-
News Clip With Details	
Any other (Please specify)	

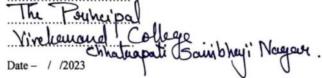
Name of Teacher: Dr Rupali Hiwarkar	Sign of Teacher
Name of Convener: Dr Rupali Hiwarkar	tilauliar
IQAC Coordinator (Seal & Signature):	Co-ordinator

Internal Quality Assurance Co Vivekanand Arts, Sardar Dalips Commerce & Science Collection

UJAAS

ADITYA BIRLA EDUCATION TRUST

To.



Subject: Menstrual Hygiene Management Training for NSS Volunteers and college girls Dear Ma'am,

Ujaas, an initiative by Aditya Birla Education Trust aims to create a positive and sustainable impact in the menstrual health landscape in India by reducing period poverty and by empowering adolescent girls and women to adopt effective menstrual health and hygiene management practices. Under this initiative we have various projects for different stakeholders such as adolescent boys, girls, teachers, NSS volunteers etc.

Under the said program in the academic year 2023-24, we would like to conduct a training program and awareness activities on menstrual management with NSS volunteers. The objective of this project is to build the capacities of the NSS volunteers to convey the content about Menstrual health and hygiene management to women and girls. This will also help volunteer to get trained in this topic.

We would like to undertake the following activities along with the NSS department.

- 1. Training and capacity building program of 6hrs for NSS volunteers.
- 2. Conducting sessions on menstrual Health and Hygiene Management with college students. The said session is of 3 hours and it is expected to take 2 sessions of 1.5 hours each.
- 3. Volunteers are expected to present street plays on menstrual health and hygiene management in the adopted villages/communities. Request you to please provide permission to initiate this project in your esteem institute and support this cause.

Your Sincerely

Snehal Pawar

Assistant Project Manager

to School

Ujaas Aditya Birla Education Trust, Birla Centurion, Unit no 501/504, Pandurang Budhkar Marg, Century Mills Compound,Worli, Mumbai 400030

C: +91 7900011464

E: abet.ujaassocial@abet.co.in

W: www.ujaas.in













Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Aurangabad

Attendance

Topic: Menstrual Hygiene Management

Speaker: Rekha Dabhade, District Co-Ordinator, Aditya Birla Education Trust, Mumbai.

Date: 12/02/24, Venue: Hall No 34, A Building

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Page 01/2

Dr Rupali Hiwarkere Conveney

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13	159	Robini Rathod	Rathool				
14	157	Diksha Narke	Narke				
15	187	Ankita Giupta	Qupta?				
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Dr Tupali Hiwankan Convener

UJAAS

ADITYA BIRLA EDUCATION TRUST

To,



Subject: Menstrual Hygiene Management Training for NSS Volunteers and college girls Dear Ma'am,

Ujaas, an initiative by Aditya Birla Education Trust aims to create a positive and sustainable impact in the menstrual health landscape in India by reducing period poverty and by empowering adolescent girls and women to adopt effective menstrual health and hygiene management practices. Under this initiative we have various projects for different stakeholders such as adolescent boys, girls, teachers, NSS volunteers etc.

Under the said program in the academic year 2023-24, we would like to conduct a training program and awareness activities on menstrual management with NSS volunteers. The objective of this project is to build the capacities of the NSS volunteers to convey the content about Menstrual health and hygiene management to women and girls. This will also help volunteer to get trained in this topic.

We would like to undertake the following activities along with the NSS department.

- 1. Training and capacity building program of 6hrs for NSS volunteers.
- 2. Conducting sessions on menstrual Health and Hygiene Management with college students. The said session is of 3 hours and it is expected to take 2 sessions of 1.5 hours each.
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