

**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajinagar**

Form No.: IQAC/FM/Teacher/Criterion-VI/100

**IQAC**

**ACTIVITY REPORT**

**Academic Year: 2023-24**

**Name of Committee/ Department: Internal Complaint Committee**

**Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar**

**IQAC Activity No: 02**

**Criterion No. 5.1.4 b**

**Name of The Activity: Self Defence Training Programme**

**Date:18/07/2023**

**Venue: Vivekanand College Ground**

**Number of Teacher Participants: 06**

**Number of Student Participants: 88**

**Nature of activity (Outdoor/Indoor): Outdoor**

**Brief Information About the Activity**

<b>Topic/Subject of the Activity</b>	<b>Rajmata Jijabai Self Defence Training Programme</b>
<b>Objectives</b>	The main objective of this workshop was to create awareness regarding safe and healthy environment for each individual i.e.; woman and student at workplace.

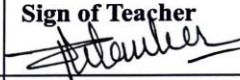


<b>Outcomes</b>	The main outcomes of this workshop was to trained the girls for their self-defence in case of any emergency.
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<p><b>Details of the activity:</b></p> <p>Internal Complaint Committee (ICC) was organized a Rajmata Jijabai Self Defence Training Programme of Maharashtra on 18/07/23. The felicitation program was graced by Mrs Sadhana Suradkar NGO, Ex Mayor corporator, Mr. Gokul Kutarwade, Cyber Crime Branch, Chhatrapati Sambhajinagar, Women Helping Cell members Miss. Vaishnavi Lande and Vice Principal Mrs Murumbikar, and all members of ICC.</p> <p>The main objective of this workshop was to create awareness regarding safe and healthy environment for each individual i.e.; woman and student at workplace. The chief guest of Honor was Mrs Sadhana Suradkar has given the information about rules and laws regarding the safety of girls and women and Damini Pathak developed by police Department of Chhatrapati Sambhajinagar. She also explained work of Damini Pathak Aurangabad for the safety of girls. She further explained the whole process and how the changes taken place from adolescence to young adulthood and about persoanality development.</p> <p>Mr. Kutarwade enlightened the students about the Cyber Crimes which are the main source for fraudsters for getting revenue. What are the different ways that the Cyber Crimes happening in Now a day and How they steal our information and do some harm? The counter measures that one need to take for protecting from the Cyber Crimes. He also explained protection measures that one need to take for protecting their banking and social accounts from hackers.</p> <p>The main aim of this workshop was to trained the girls for their self-defence in case of any emergency. Miss. Vaishnavi Lande gave training of Judo Karate and Marshal Art skills and safety techniques to the girl students of the college.</p> <p>The full-fledged programme under the trainers of team trained the girl students of the college successfully. The ICC is constantly endeavouring in its commitment to create awareness and sensitization against sexual harassment and discrimination in the campus.</p> <p>The ICC members thanked whole team of self-defence training programme, Vice Principal Murumbikar, all teachers and students of the college for holding the event successfully.</p>
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**Proofs & Documents Attached (Tick Mark The Proofs Attached):**

<b>Type of Proof/Document attached</b>	<b>Yes/ No/</b>
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	<b>Not Applicable</b>
Notices	--
Letters	--
List of Students' Participation	yes
Photographs	yes
Certificates	--
Feedback Forms	--
Feedback Analysis Report	--
News Clip With Details	--
Any other (Please specify )	--

<b>Name of Teacher: Dr Rupali Hiwarkar</b>	<b>Sign of Teacher</b> 
<b>Name of Convener: Dr Rupali Hiwarkar</b>	
<b>IQAC Coordinator (Seal &amp; Signature):</b>	 Co-ordinator, Internal Quality Assurance Cell Vivekanand Arts, Sardar Dalipsingh Commerce & Science College.







GPS Map Camera

Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
Lat 19.844846°  
Long 75.297593°  
18/07/23 01:32 PM GMT +05:30

Google



GPS Map Camera

Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
Lat 19.844846°  
Long 75.297593°  
18/07/23 11:31 AM GMT +05:30

Google





Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
Lat 19.844846°  
Long 75.297593°  
18/07/23 11:31 AM GMT +05:30



Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
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Long 75.297593°  
18/07/23 12:46 PM GMT +05:30





 GPS Map Camera

Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
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Long 75.297593°  
18/07/23 12:44 PM GMT +05:30

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Aurangabad, Maharashtra, India  
R7VX+W47, Kanchanwadi, Aurangabad, Maharashtra 423702, India  
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Long 75.297593°  
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Google



# Self Defence Programme

Vivekanand Shikshan Sansthas

Vivekanand Arts Sardar Dalipsingh Commerce & Science College Aurangabad

## Internal Complaint Committee

2023-2024

Attendance Report

Activity No.-I (Classwise Awareness Programme)

Class: College Girl Students

Date: 18/07/23

Name of Teacher: Dr. Rupali Hiwaulkar

Signature: Hiwaulkar

No. of Students Participated: 88

Sr.No.	Name of Student	Signature
1	Dipali Dadasaheb Bankar	<u>Dipali</u>
2	Sonali H. Jambhade	<u>Sonali</u>
3	Sujata Shivaji Nage	<u>Sujata</u>
4	Diksha Bhaskar Nikalje	<u>Diksha</u>
5	Subhani Sandip Gawale	<u>Subhani</u>
6	Jyoti Sanjay Sahas	<u>Jyoti</u>
7	Vaishnavi Sudarshan Kale	<u>Vaishnavi</u>
8	Nita Prakash Pabalkar	<u>Neta</u>
9	Payal Vandan Dongre	<u>Payal</u>
10	Radha Balu Balankar	<u>Radha</u>
11	Anjali Limbaji Doh	<u>Anjali</u>
12	Komal Shriram Dongre	<u>Komal</u>
13	Sheetal Haripal Avad	<u>Sheetal</u>
14	Meenal Gabru Jadhav	<u>Meenal</u>
15	Rutuja Dayanand Borle	<u>Rutuja</u>
16	Siddhi Pralhad Chaudhari	<u>Siddhi</u>
17	Pooja Pratiksha Nounath	<u>Pooja</u>

Hiwaulkar  
Dr. Rupali Hiwaulkar  
Convener



# Self Defence Programme

Sr.No.	Name of Student	Signature
18.	Vaishnavi Prakash Avhad	<u>Vaishnavi</u>
19	Saloni Sheshrao Charan	<u>Saloni</u>
20	Tarsha Sanjay Bhanuse	<u>Tarsha</u>
21)	Kalyani Vinayak Borde	<u>Kalyani</u>
22)	Sonal Rohidas Gaikwad	<u>Sonal</u>
23)	Anushka Jaysingh sagar	<u>Anushka</u>
24)	Rajguru Sarita Katan	<u>Rajguru</u>
25)	Vidhi Ganesh Ingle	<u>Vidhi</u>
26)	Nikam Divya Rajendee	<u>Nikam</u>
27)	Bhale Gauri vijay	<u>Bhale</u>
28)	Jadhav Vistakha shalin	<u>Jadhav</u>
29)	Ishwasi Laxmikant Mangdase	<u>Ishwasi</u>
30)	Ashwini Vinod kirtikar	<u>Ashwini</u>
31)	Pooja Mathu tharwat	<u>Pooja</u>
32)	Pratiksha Sanjay Vaidya	<u>Pratiksha</u>
33)	Pahini Babasaheb Borde	<u>Pahini</u>
34)	Sakshi Pramod Ghodiche	<u>Sakshi</u>
35)	Sanskanti Dnyaneshwar Devkar	<u>Sanskanti</u>
36)	Anjali Balasaheb Kamble	<u>Anjali</u>
37)	Sakshi Rajesh pawar	<u>Sakshi</u>
38)	Gayatri Shivaji Jadhav	<u>Gayatri</u>
39)	Srushti Deepak Bhurange	<u>Srushti</u>
40)	Durga Bhausahab Ganraj	<u>Durga</u>
41)	Kalyani Bhausahab Pathade	<u>Kalyani</u>
42)	Pallavi Dnyaneshwar Dakhorkar	<u>Pallavi</u>
43)	Payal Santosh Dande	<u>Payal</u>
44)	Tanisha mahesh garde	<u>Tanisha</u>
45)	Sarika datta dashure	<u>Sarika</u>

Convenor  
Dr. Rupali Hivarkar  
Dr. Rupali Hivarkar



# Self Defence Programme

Vivekanand Shikshan Sansthas

Vivekanand Arts Sardar Dalipsingh Commerce & Science College Aurangabad

Internal Complaint Committee

2023-2024

Attendance Report

Activity No.-I (Classwise Awareness Programme)

Class: College Girl Students

Date: 18/07/23

Name of Teacher: Dr. Rupali Hirwarhar

Signature: Rupali Hirwarhar

No. of Students Participated: 88

Sr.No.	Name of Student	Signature
1	Bhagat Vaishnavi Sanjay	<u>Vaishnavi</u>
2	Jagauti Jagannath mule	<u>Jagauti</u>
3	Chaudhari shruti Rajeshsing	<u>Shruti</u>
4	Rathod Pallavi Nirmal	<u>Pallavi</u>
5	Shailsh Sayma Kaleem	<u>Shailsh</u>
6	Aakanksha Rajesh Shejul	<u>Aakanksha</u>
7	Vaishnavi abdul samwanshi	<u>Vaishnavi</u>
8	Sakshi vinod Jaalhar	<u>Sakshi</u>
9	Diksha Bharat Narwade	<u>Diksha</u>
10	Anjali Rajesh Tarate	<u>Anjali</u>
11	Sukata Baban Sirkunde	<u>Sukata</u>
12	Priyanka Lalsu Okga	<u>Priyanka</u>
13	Pratiksha vishwanath Padghar	<u>Pratiksha</u>
14	Pratiksha sanjay Paikrao	<u>Pratiksha</u>
15	Varsha Santosh Madulkar	<u>Varsha</u>
16	Sukholhan Kalyani Subhash	<u>Kalyani</u>
17	Payal Ramani Gadhe	<u>Payal</u>



## Self Defence Programme

Sr.No.	Name of Student	Signature
18)	Ravina Anil Nikam	Ravina
19)	Purnima Machhindra Patbare	Purnima
20)	Kamdi Raju More	Kamdi
21)	Roshani Dnyaneshwar Wagh	Roshani
22)	Apurva Santosh Surve	APURVA
23)	Narwade Pratiksha Sanjay	<del>Pratiksha</del>
24)	Tadri Ayesha Bipin	Ayesha
25)	Ugandhan Manohar Boose	<del>Ugandhan</del>
26)	Taniksha Ashok Agrawal	<del>Taniksha</del>
27)	Shweta Anil Padeshi	Shweta
28)	Neha Chhagan Sillode	Neha S.
29)	Bhakti Shivaji Solve	Bhakti S.
30)	Tamanna Ghansham Hatagle	Tamanna
31)	Shravya Kalyanrao Jau	<del>Shravya</del>
32)	Jarvi Ashok Khare	<del>Jarvi</del>
33)	Rupali Suresh Phate	Phate
34)	Vaishnavi Jandeep Jadhav	<del>Vaishnavi</del>
35)	Pratiksha Anil Jadhav	Pratiksha
36)	Harshali Shankar Khoche	<del>Harshali</del>
37)	Ankita Vilas Sawale	<del>Ankita</del>
38)	Ankita Siddharth Kamble	<del>Ankita</del>
39)	Draushti Dilip Bendale	Bendale
40)	SANIYA MATIN Deshmukh	<del>Saniya</del>
41)	SADIYA KAYYUM SAYYAD	<del>Sadiya</del>
42)	Thokal Shruvanti Datta	<del>Thokal</del>
43)	Meghawale Saloni Rishor	<del>Meghawale</del>

Convener  
~~Himavalkar~~  
 Dr Rupali Himavalkar



**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati  
Sambhajinagar**

Form No.: IQAC/FM/Teacher/Criterion-VI/100

**IQAC**

**ACTIVITY REPORT**

**Academic Year: 2023-24**

**Name of Committee/ Department: Internal Complaint Committee**

**Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar**

**IQAC Activity No: 04**

**Criterion No. 5.1.4 b**

**Name of The Activity: "Raat Ragini Women's Night Walk"**

**Date:22/12/2023**

**Venue: Vivekanand Function Hall**

**Number of Teacher Participants:27**

**Number of Student Participants:8**

**Nature of activity (Outdoor/Indoor): Indoor**

**Brief Information About the Activity**

<b>Topic/Subject of the Activity</b>	<b>"Raat Ragini Women's Night Walk"</b>
<b>Objectives</b>	The main aim of the revolutionary night walk is to enhance women's safety in our city, it is essential to focus on effective policy implementation. Strengthening existing laws and ensuring accountability at all levels can create a safer environment for women's.
<b>Outcomes</b>	The outcome of the Raat Ragini women's Night Walk program for women has been quite impactful. Participants reported a greater sense of safety and confidence while navigating their neighbourhoods at night. The initiative not only fostered community bonds but also raised awareness about the importance of public safety measures

**Details of the activity:**

To celebrate "Raat Ragini Women's Night Walk" ceremony, Internal Complaint committee of the college actively participated in the night walk for women's safety on Friday night organized by Divya Marathi. Thousands of women of the city participated in this ceremony and created a new history. All Senior and Junior woman teachers of our college enthusiastically participated in this ceremony. Raat Ragini women's Night Walk took place on the night of 22nd December with the theme of 'Safe Women, Safe City' attended by thousands. To celebrate the biggest revolutionary night of the year, women and young women from different areas of the city gathered at Kranti Chowk at 8 pm to celebrate. A large presence of women was seen on this occasion. The enthusiasm, joy and freedom of the women present here was worth seeing.

Municipal Commissioner and Administrator of Chhatrapati Sambhajnagar G. Shrikant, Lohmarg Superintendent of Police Mokshada Patil, Deputy Commissioner of Police Nitin Bagate, Gynecologist Dr. Anjali Karad, Rumi Imtiaz Jalil and others were present. The Long March of Raat Ragini organized for women's safety started with the lighting of torches by dignitaries. This night walk took place from Kranti Chowk to Aurangpura.

In the program Municipal Commissioner G. Srikanth said, turn up the volume. Make a noise. Called 112. Superintendent of Police Mokshada Patil said that we grew up hearing that we should come home by seven o'clock. However, we took this program so that we can walk fearlessly whether it is day or night.

Gynaecologist Dr. Anjali Karad said that Pain is the power of women women were not afraid of anything. They were not afraid of the night. Pain is the power of women. Just keep your courage, strength, unity. Anjali Karad appealed that do not be afraid. Deputy Commissioner of Police Nitin Bagate said that our women officers are committed to us round the clock. He said that woman itself is a symbol of power.

In the survey conducted before the night walk, women raised many questions regarding city security. At this time, many demands were made to install street lights in many parts of the city, to have a Damini squad, to increase the police force in the city. Municipal Commissioner G. Srikanth promised to install street lights in the city on this occasion. Also Deputy Commissioner of Police Nitin Bagate also assured the women that the police administration stands firmly behind them.

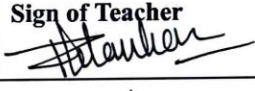
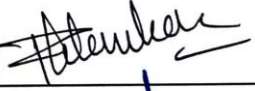

This night walk started from Kranti Chowk and concluded with excitement near the Phule statue in Aurangpura. On this occasion, from little girls to senior women, everyone presented various talents and raised the slogan of women's empowerment.

**Proofs & Documents Attached (Tick Mark the Proofs Attached):**

Type of Proof/Document attached	Yes/ No/ Not Applicable
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Notices	Yes
Letters	Yes
List of Students' Participation	Yes
Photographs	Yes
Certificates	--
Feedback Forms	--
Feedback Analysis Report	--
News Clip With Details	Yes
Any other (Please specify)	--

<b>Name of Teacher: Dr Rupali Hiwarkar</b>	<b>Sign of Teacher</b> 
<b>Name of Convener: Dr Rupali Hiwarkar</b>	
<b>IQAC Coordinator (Seal &amp; Signature):</b>	 Co-ordinator Internal Quality Assurance Cell Vivekanand Arts, Sardar Dalip Singh Commerce & Science College



# दिव्य मराठी



रात्री फिरू  
बिनधास्त



जवळ रांग,  
बिलायाररा  
दिव्य मराठी

प्रति,  
मा. डॉ. डी. आर. शेंगुळे,  
विवेकानंद महाविद्यालय,  
समर्थनगर, छत्रपती संभाजीनगर

विषय : 'रातरागिणी' या 'नाईट वॉक'मध्ये महाविद्यालयीन विद्यार्थिनींच्या सहभागासाठी विनंती.

महोदय,  
महिला आणि मुलींची सुरक्षा हा शहराच्या दृष्टीने प्राधान्याचा विषय व्हावा या उद्देशाने 'दिव्य मराठी'तर्फे २२ डिसेंबर २०१९ रोजी 'रातरागिणी' या महिलांच्या 'नाईट वॉक'चं आयोजन करण्यात आलं होतं. वर्षातील सर्वात मोठी रात्र असलेल्या या मध्यरात्री अंधारावर मात करत शहरातील सुमारे १७ हजार महिला, युवती, मुलींनी क्रांती चौक ते औरंगपुरा येथे नाईट वॉक केला होता. त्याच धर्तीवर यंदाही २२ डिसेंबर रोजी रात्री ८ ते ११ पर्यंत 'रातरागिणी नाईट वॉक'चं आयोजन केलं आहे. क्रांती चौकातील शांशी राणी पुतळ्याला अभिवादन करून हा 'नाईट वॉक' पैठण गेट, टिळक पथमार्गे औरंगपुर्यातील महात्मा ज्योतिबा फुले अन् सावित्रीबाई फुले यांच्या पुतळ्यापर्यंत जाईल. तेथे 'नाईट वॉक' विसर्जित होईल. या 'नाईट वॉक' मध्ये आपणही सहभागी व्हावं आणि महाविद्यालय आणि वसतीगृहातील विद्यार्थिनींना यात सहभागी होण्याच्या सूचना कराव्यात ही विनंती.

आपला स्नेहशील

*Primo S. Jambhale*

राज्य संपादक, दिव्य मराठी

Prof. T. R. Pakh  
SLG  
5/12/23  
NSS PO/SPOS  
T. R. Pakh  
6/12/23





दिव्य सिटी 20-12-2023

वेळीच बाहेर पडल्याने त्याला इजा झाली नाही.

संपर्क साधावा.

संपर्क : 9561748778

सिटी बरोबर रोजी का



छत्रपती संभाजीनगर महानगरपालिका आणि शहर पोलिस आयुक्तालय यांच्या संयुक्त विद्यमाने



दैनिक  
दिव्य मराठी

मुख्य प्रायोजक



सह आयोजक



दिव्य मराठी  
२२ डिसेंबर २०२३  
अंधारावर चालून जाणार  
रातरागिणी

सह प्रायोजक



रातरागिणी  
सीझन ४  
बुमन्स नाइट वॉक

दिनांक २२ डिसेंबर, शुक्रवार २०२३.

स्थळ - क्रांती चौक ते महात्मा फुले पुतळा, औरंगपुरा, छत्रपती संभाजीनगर  
वेळ : संध्याकाळी ७.०० वाजता.



श्री. मनोज लोहिया  
पोलिस आयुक्त,  
छत्रपती संभाजीनगर

प्रमुख उपस्थिती

श्री. जी. श्रीकांत  
प्रशासक तथा मनपा आयुक्त,  
छत्रपती संभाजीनगर



व आजी-माजी लोकप्रतिनिधी, मंत्रिगण आणि मान्यवर



स्मिता हॉलिडेजतर्फे १० महिलांसाठी 'गोवा टूर' लकी ड्रॉ



नाव : ..... गो. नं. : .....  
पत्ता : .....

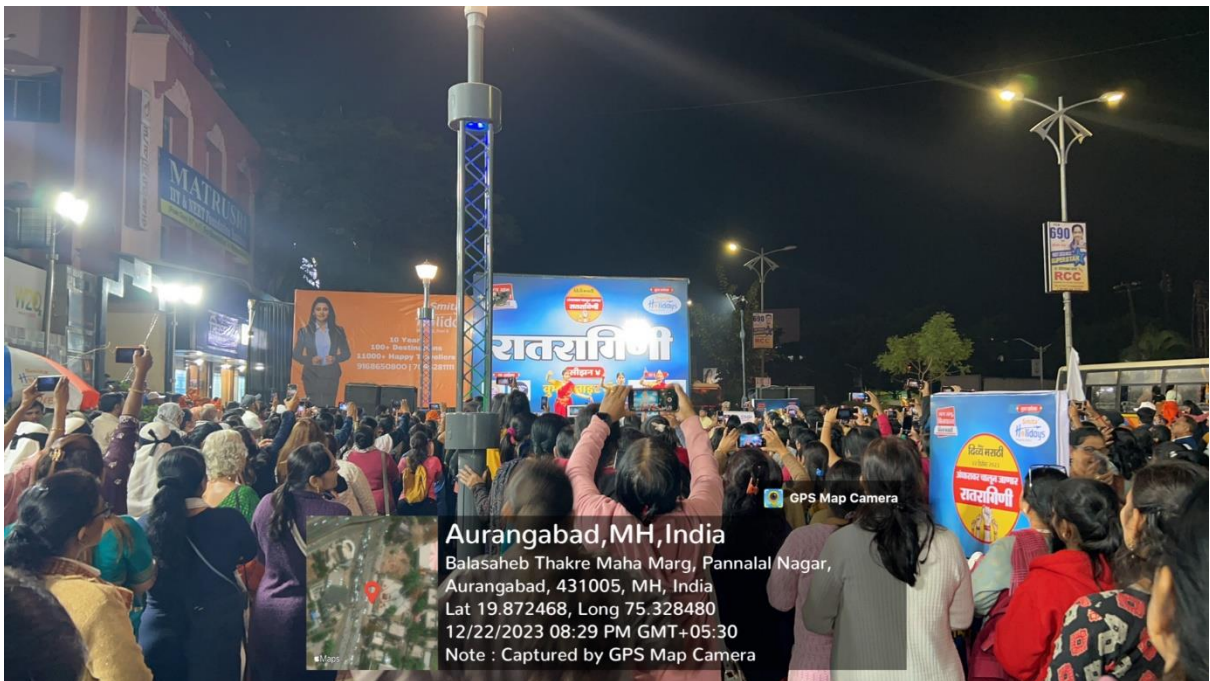
टीप : हे कुपण २२ डिसेंबर रोजी क्रांती चौक येथे कार्यक्रमस्थळाी लकी ड्रॉ बॉक्समध्ये जमा करावेत. लकी विजेत्यांची नावे रवप दिवशी कार्यक्रमात घोषित करण्यात येतील.



# Glimpses of the Programme













Vivekanand Shikshan Sanstha's  
**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College,**  
**Chhatrapati Sambhajanagar**  
**Internal Complaint Committee**  
**Attendance**

**Raat Ragini Women's Night Walk**

Date: 22/12/2023 Time: 07.30 pm to 12.00 midnight Venue: Kranti Chowk

Sr No	Roll No	Name of the Participant	Sign	Sr No	Roll No	Name of the participant	Sign
1.		Smt Patil G.V.	[Signature]				
2		Gore M.D.	[Signature]				
3		Lanka mandan	[Signature]				
4		Smt. Thakur S.R.	[Signature]				
5.		Smt Shejul S.K.	[Signature]				
6.		Smt. Charan T.S.	[Signature]				
7		Smt Rhade A.B.	[Signature]				
8		Smt. Rihole H.K.	[Signature]				
9		Dr. Sukre V.S.	[Signature]				
10		Mrs. Salunke A.J.	[Signature]				
11.		Dr. Anil S. Gaur	[Signature]				
12 -		Dr. Sagar E. Shirsote	[Signature]				
13		Smt Rathod V.D.	[Signature]				
14		Bhosale V.D.	[Signature]				
15		V.D. Padule	[Signature]				
16.		Smt. Kadam A. B.	[Signature]				
17		Jadhav S.K.	[Signature]				
18		Sonawane R.J.	[Signature]				
19		Chaudhary R.N.	[Signature]				
20		Shinde G.M.	[Signature]				
21		Dr. M.R. Bagel	[Signature]				
22		Smt. V.S. Chaudhary	[Signature]				
23		Dr. Singde S.T.	[Signature]				
24		Dr. Bhosale S.V.	[Signature]				
25		Dr. Gudup S.D.	[Signature]				
26		Smt. Dalvi S.H.	[Signature]				
27		Smt. Thorat A.R.	[Signature]				

Convener  
 Dr. Rupali Himwarkar









Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati  
Sambhajnagar

Form No.: IQAC/FM/Teacher/Criterion-VI/100

**IQAC**

**ACTIVITY REPORT**

**Academic Year: 2023-24**

**Name of Committee/ Department: Internal Complaint Committee**

**Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar**

**IQAC Activity No:06**

**Criterion No. 5.1.4 b**

**Name of The Activity: 21<sup>st</sup> Century Indian Woman**

**Date:09/03/2024**

**Venue: Vivekanand College Ground**

**Number of Teacher Participants:20**

**Number of Student Participants: 114**

**Nature of activity (Outdoor/Indoor): Indoor**

**Brief Information About the Activity**

<b>Topic/Subject of the Activity</b>	<b>21<sup>st</sup> Century Indian Woman</b>
<b>Objectives</b>	In the twenty-first century, the complex relationship between women's health and rights has been influenced by a range of interconnected challenges, including gender inequity, reproductive health disparities, maternal mortality and morbidity, and women's inability to access life-saving, high-quality healthcare services. We need feminism not to overpower men but to provide women with equality and the same respect in the society as a man gets.



<b>Outcomes</b>	The greatest need of the hour is to change attitude towards women. It is pertinent to mention here that as their thought and value system lead towards the development of a good family, a good society and ultimately a good nation. Society must take initiative to create an atmosphere in which there is no gender discrimination and women have full opportunities of self-decision making and participating in social, political and economic life of the country with a sense of equality.
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**Details of the activity:**

The Internal Complaint Committee of the College organized an extremely relevant guest lecture on the topic, "21<sup>st</sup> Century Women", on the occasion of International Women's Day, on 8th March 2024. The aim and purpose of the lecture was to create awareness as well as to sensitize the students of all genders of the institution about the concept of gender justice. Dr. Yogita Hoke Patil was the guest speaker who held the audience spell bound by her elaborative and informative presentation and lecture on Gender justice. Highlighting the importance of position of women in today's world she started her lecture with a question to the students as, who is a woman? She started her lecture on a very sensitive note that woman is a human being. She further said that today the empowerment of women has become one of the most important concerns of 21st century. Empowerment of women is essentially the process of upliftment of social, economic, and political status of women, traditionally the underprivileged ones, in the society. Women empowerment refers to increasing the political, social, educational, gender or economic strength of individuals and communities of women. She emphatically addressed the issues surrounding gender justice by citing different examples.

The outcome of the lecture is that awareness has been created and knowledge dispensed amongst the students and teaching and non-teaching staff of the college about the importance of gender justice and women empowerment and steps to be taken to practice gender justice in the society.

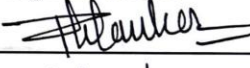
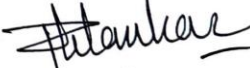

Dr Yogita Hoke Patil shared innumerable examples of how country can change if both the gender are assured equal treatment. She deliberated on Rural Women empowerment by highlighting the change brought about in many countries. The key to women empowerment is economic independence and unconditional family support.

Earlier Vice Principal of the college, Dr. Aruna Patil welcomed the guest and gave introductory remarks by informing that why 8th March is been celebrated as International Women's Day. Students from all faculties attended the lecture.

**Proofs & Documents Attached (Tick Mark the Proofs Attached):**

Type of Proof/Document attached	Yes/ No/
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	<b>Not Applicable</b>
Notices	Yes
Letters	Yes
List of Students' Participation	yes
Photographs	yes
Certificates	--
Feedback Forms	--
Feedback Analysis Report	--
News Clip With Details	--
Any other (Please specify )	--

<b>Name of Teacher: Dr Rupali Hiwarkar</b>	<b>Sign of Teacher</b> 
<b>Name of Convener: Dr Rupali Hiwarkar</b>	
<b>IQAC Coordinator (Seal &amp; Signature):</b>	 Co-ordinator, Internal Quality Assurance Cell Vivekanand Arts, Sardar Dalipsingh Commerce & Science College



विवेकानंद शिक्षण संस्थेचे  
विवेकानंद कला, सरदार दलपसिंग वाणिज्य व विज्ञान महाविद्यालय, छत्रपती संभाजीनगर

दिनांक : ०७.०३.२०२४

## सूचना

महाविद्यालयातील सर्व शिक्षक, शिक्षकेतर कर्मचारी व विद्यार्थ्यांना सुचित करण्यात येते की,

महाविद्यालयातील अंतर्गत तक्रार समिती आणि भाषा मंच या समितीच्या माध्यमातून जागतिक महिला दिनाच्या अनुषंगाने दिनांक ९ मार्च २०२४ रोजी डॉ.योगिता होके पाटील (मॅबर ऑफ मॅनेजमेंट कौन्सिल, डॉ.बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, छत्रपती संभाजीनगर) यांचे “एकविसावे शतक आणि भारतीय स्त्री” या विषयावर व्याख्यान आयोजित करण्यात आले आहे.

तरी या व्याख्यानास सर्वांनी उपस्थित राहावे.

स्थळ : विवेकानंद सभागृह

वेळ : सकाळी १०.३० वा.

  
— प्राचार्य



GPS Map Camera



**Aurangabad, MH, India**

Chintamani Colony, Aurangabad, 431001, MH, India

Lat 19.875174, Long 75.322025

03/09/2024 11:14 AM GMT+05:30

Note : Captured by GPS Map Camera





Aurangabad, MH, India  
Chintamani Colony, Aurangabad, 431001, MH, India  
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Note : Captured by GPS Map Camera



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Note : Captured by GPS Map Camera





Aurangabad, MH, India

Chintamani Colony, Aurangabad, 431001, MH, India

Lat 19.875319, Long 75.321979

03/09/2024 11:31 AM GMT+05:30

Note : Captured by GPS Map Camera

GPS Map Camera



Aurangabad, MH, India

Chintamani Colony, Aurangabad, 431001, MH, India

Lat 19.875257, Long 75.321966

03/09/2024 11:17 AM GMT+05:30

Note : Captured by GPS Map Camera

GPS Map Camera





Boys

Vivekanand Shikshan Sanstha's  
**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College,**  
**Chhatrapati Sambhajanagar**  
 Internal Complaint Committee in Collaboration with Language Forum  
**Attendance**

**International Women's Day Celebration**

"एकविंशत्या शतकातील भारतीय स्त्री"

"21<sup>st</sup> Century Indian Woman"

Date: 09/03/2024 Time: 10:30

Venue: Vivekanand Function Hall

Sr No	Roll No	Name of the Student	Sign	Sr No	Roll No	Name of the Student	Sign
	203	Sanaponkad			247	Ramesh Dhule	
	73	Rohit Mistry			326	Aditya Bujang	
	167	Renu Dilip			65	Prakash Lahari	
	72	Aditya A. Mhaske			139	Pratik P. Dhote	
	01	Sanket Abhang			275	Karan Sherlekar	
	122	PUSHKARASADHE			358	Ashay Dounda	
	268	MUAZ SAYYED			82	Harman Pandit	
	305	Pratik Alhat			52	Ashwini V. Kishor	
		Shubham Jadhav			15	Statikichauale	
	124	Tushar Bharar			243	Pawan Pratiksha	
	223	Shubham R Adhar			48	Gayatri Jadhav	
	147	Chetan Kumbhar			90	Nash Patil	
	133	Govind Mayur			169	Vishal Yadav	
	250	Aditya Rajapoti			54	Govind Shelke	
	40	Aniket Gote			168	Shruya Khandekar	
	258	Vijayaram Sabale			21	Yashraj Yashwami	
	193	Vijay N. Shinde				Jayesh Marathe	
	150	Nikhil R. Kulkarni			84	Suraj Rout	
	192	Vaibhav Shambekar					
	55	Sameer Sayad					
		Rohit Sathe					
	06	Prashant Boruge					
	114	Mahesh Maghote					
	357	Aniket Godekar					
	70	OM G. Mali					
	300	Bhavit Wagle					

Rupali Hirwar  
 Convener



G10/5

Vivekanand Shikshan Sanstha's  
**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College,**  
**Chhatrapati Sambhajinagar**  
 Internal Complaint Committee in Collaboration with Language Forum  
**Attendance**

**International Women's Day Celebration**

"एकविसाव्या शतकातील भारतीय स्त्री"

"21<sup>st</sup> Century Indian Woman"

Date: 09/03/2024 Time: 10:30

Venue: Vivekanand Function Hall

Sr No	Roll No	Name of the Student	Sign	Sr No	Roll No	Name of the Student	Sign
BSc 57	179	Gauri V. Patil	Gauri		158	Ankita Kondemool	Ankita
	13	Saloni S. Chavan	Saloni		147	stuti Giree	Stuti
	43	Shivani Ingle	Shivani		25	shradha Kapse	Shradha
	172	Janvi P. Mhaske	Janvi		63	Prachi V. Kohirsugre	Prachi
	89	Snehal V. Somvanshi	Snehal		182	Pallavi P. Phate	Pallavi
	73	Disha Gadve	Disha		36	Sakshi Ghodichore	Sakshi
	74	Kiran Jadhav	Kiran		151	Rutuja N. Kanse	Rutuja
	162	Rutuja Tandale	Rutuja		82	Vaibhav V. Wadkar	Vaibhav
	174	Neha K. Lone	Neha		167	Renu Dilip More	Renu
	21	Bhakti Matkar	Bhakti		173	Anjali B. Kambk	Anjali
	276	shinde Durgga	Shinde		176	Renuka G. Panjankar	Renuka
	290	Sherrayn Pour	Sherrayn		88	S. S. Bhanuse	S. S. Bhanuse
	26	Shradha Gaudhe	Shradha		129	Tejaswini S. Chaudh	Tejaswini
	02	Anjali Aradhya	Anjali		198	Harshali D. Tel	Harshali
	87	Kalyani Pathade	Kalyani			Dipali Bankar	Dipali
	260	Anushka Sagar	Anushka		248	Rutuja Purohit	Rutuja
	86	Paarvi Patare	Paarvi		138	Vaishnavi Jadhav	Vaishnavi
	155	Rutika G. Rathod	Rutika		122	Vaibhavi Ajeale	Vaibhavi
	273	Payal V. Shingul	Payal		362	Rutuja C. Hajare	Rutuja
	308	Rutuja A. Badhane	Rutuja			Priiti B. Raut	Priiti
	190	Ishwari Mangalze	Ishwari		58	Vaishnavi Somate	Vaishnavi
	192	Sakshi Narse	Sakshi		330	Vaishnavi Parbhad	Vaishnavi
	296	Pratiksha Vaidya	Pratiksha		308	Rutuja Badhane	Rutuja
	39	Vaishnavi Gorge	Vaishnavi		36	Nikita Khiste	Nikita
S.Y →	98	Mariya Shaikh	Mariya		10	Renuka Chate	Renuka
S.Y →	90	Suhani Thakar	Suhani	S.Y	16	shrutij Drghole	shrutij
					34.92	Komal Borde	Komal

*Rupali Hiwarulkar*  
 Rupali Hiwarulkar  
 Convener

**Vivekanand Arts, Sardar Dalipsingh Commerce & Science College, Chhatrapati Sambhajnagar**

Form No.: IQAC/FM/Teacher/Criterion-VI/100

**IQAC**

**ACTIVITY REPORT**

**Academic Year: 2023-24**

**Name of Committee/ Department: Internal Complaint Committee**

**Name of Teacher/ Committee Convener: Dr Rupali Hiwarkar**

**IQAC Activity No: 05**

**Criterion No. 5.1.4 b**

**Name of The Activity: Menstrual Hygiene Management**

**Date:12/02/2024**

**Venue: Hall no. 37 A Building**

**Number of Teacher Participants: 04**

**Number of Student Participants:108**

**Nature of activity (Outdoor/Indoor): Indoor**

**Brief Information About the Activity**

<b>Topic/Subject of the Activity</b>	<b>Menstrual Hygiene Management</b>
<b>Objectives</b>	The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the students and the faculty members about menstrual hygiene.



	<p>Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity. At World Vision we believe all women and girls have the right to menstruate with confidence, with dignity and with support.</p> <p>Our programmes address all aspects of menstrual health and hygiene including policy and advocacy, timely and accurate knowledge about menstruation, social norms around menstruation, access to safe and affordable menstrual hygiene materials, and access to sanitation and washing facilities.</p>
<p><b>Outcomes</b></p>	<p>When girls and women have access to safe and affordable sanitary materials to manage their menstruation, they decrease their risk of infections. This can have cascading effects on overall sexual and reproductive health, maternal outcomes, and fertility.</p> <p>Menstrual health and hygiene interventions can help overcome these obstacles. Not only do they fulfil the unmet demand for menstrual hygiene products; they also protect dignity, build confidence, and strengthen sexual and reproductive health, particularly among adolescents.</p>

**Details of the activity:**

An awareness program on Menstrual Hygiene Management was conducted on 12/02/24 by Internal Complaint Committee of the college. The Presiding Officer of the Internal complaint committee Dr Rupali Hiwarkar felicitated the speaker Rekha Dabhade by giving bouquet as a token of love and appreciation.

The Chief Speaker of the program was Rekha Dabhade, who needs no elaborate introduction as she is a well renowned District Co-Ordinator, Aditya Birla Education Trust, Mumbai. She gave detailed information about the functioning of menstrual cycle and health and hygiene of the girl students. She further explained that Menstruation and menstrual practices are still clouded by taboos and socio-cultural restrictions resulting in adolescent girls remaining ignorant of the scientific facts and hygienic health practices, which sometimes result into adverse health outcomes.

Menstruation or menses is the natural bodily process of releasing blood and associated matter from the uterus through the vagina as part of the menstrual cycle. Menarche is the onset of menstruation, the time when a girl has her first menstrual period.

Menstruation is a major part of life for millions of young girls and women worldwide. On average, a woman will menstruate for 3,000 days during her lifetime. However, the needs and challenges faced by many young women and girls as they struggle to manage their menstrual hygiene are largely ignored, especially in developing countries. This situation persists despite new developments in the hygiene and sanitation sector in recent years.

The Speaker shared their vast experience, knowledge and their thoughts about menstrual hygiene and its taboos. The session lasted for 1 hour and proved to be very engaging and captivating for all the participants.

Around 108 students of all the UG & PG students participated in the program along with staffs and representative members of Internal Complaint Committee. She appreciated our college for the installation of 4 sanitary machines in female washrooms, accessible for all female students, faculty, and staff. The event was a grand success, and everyone appreciated the opportunity and were aware about menstrual hygiene.

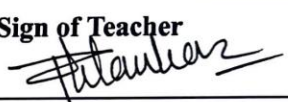
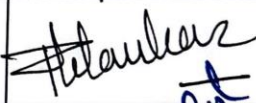

The session focused on rituals followed during menstruation in different religions, the availability of different sanitary products such as pads, cloths, tampons or cups, how to maintain menstrual hygiene including usage and disposal of sanitary products, and emphasized the simple ways to maintain environmental hygiene in the college, hostel and hospital. A planned and structured health education program should be addressed to adolescent girls both at college and community settings for improving menstruation-related knowledge and practices. She further concluded by saying that Good menstrual hygiene is essential for the health and dignity of girls and women. Discussions on menstrual hygiene are important for adolescent girls to clarify existing myths and misconceptions around menstrual on. Improving menstrual hygiene is important from the point of view of personal comfort and increased mobility. It also reduces the likelihood of infections resulting from poor hygiene practices during menstruation. Providing girls with knowledge and skills on maintaining menstrual hygiene improves college a attendance among girls, who otherwise may not end college during those days or even drop out of college altogether. At he last the program concluded with the vote of thanks by Smt. Sharmishtha Thakur.

**Proofs & Documents Attached (Tick Mark the Proofs Attached):**

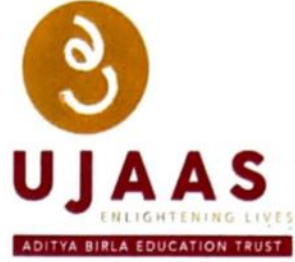
Type of Proof/Document attached	Yes/ No/ Not Applicable
Notices	Yes



Letters	Yes
List of Students' Participation	Yes
Photographs	Yes
Certificates	Yes
Feedback Forms	--
Feedback Analysis Report	--
News Clip With Details	--
Any other (Please specify )	--

<b>Name of Teacher: Dr Rupali Hiwarkar</b>	<b>Sign of Teacher</b> 
<b>Name of Convener: Dr Rupali Hiwarkar</b>	
<b>IQAC Coordinator (Seal &amp; Signature):</b>	 <b>Co-ordinator</b>

Internal Quality Assurance Cell  
Vivekanand Arts, Sardar Dalip  
Commerce & Science College



To,

The Principal  
Virekhand College  
Chhatrapati Sambhaji Nagar.

Date - / / 2023

Subject: Menstrual Hygiene Management Training for NSS Volunteers and college girls

Dear Ma'am,

Ujaas, an initiative by Aditya Birla Education Trust aims to create a positive and sustainable impact in the menstrual health landscape in India by reducing period poverty and by empowering adolescent girls and women to adopt effective menstrual health and hygiene management practices. Under this initiative we have various projects for different stakeholders such as adolescent boys, girls, teachers, NSS volunteers etc.

Under the said program in the academic year 2023-24, we would like to conduct a training program and awareness activities on menstrual management with NSS volunteers. The objective of this project is to build the capacities of the NSS volunteers to convey the content about Menstrual health and hygiene management to women and girls. This will also help volunteer to get trained in this topic.

We would like to undertake the following activities along with the NSS department.

1. Training and capacity building program of 6hrs for NSS volunteers.
2. Conducting sessions on menstrual Health and Hygiene Management with college students. The said session is of 3 hours and it is expected to take 2 sessions of 1.5 hours each.
3. Volunteers are expected to present street plays on menstrual health and hygiene management in the adopted villages/communities. Request you to please provide permission to initiate this project in your esteem institute and support this cause.

Your Sincerely

Snehal Pawar

Assistant Project Manager

Ujaas  
Aditya Birla Education Trust,  
Birla Centurion, Unit no 501/504,  
Pandurang Budhkar Marg, Century Mills  
Compound, Worli, Mumbai 400030

C: +91 7900011464  
E: abet.ujaasocial@abet.co.in  
W: www.ujaas.in





Aurangabad, MH, India  
Chintamani Colony, Aurangabad, 431001, MH, India  
Lat 19.875013, Long 75.321622  
02/12/2024 11:54 AM GMT+05:30  
Note : Captured by GPS Map Camera



Aurangabad, MH, India  
Chintamani Colony, Aurangabad, 431001, MH, India  
Lat 19.875058, Long 75.321862  
02/12/2024 11:14 AM GMT+05:30  
Note : Captured by GPS Map Camera









Aurangabad, MH, India

Reya Marg, Chintamani Colony, Aurangabad, 431001, MH, India

Lat 19.875377, Long 75.321141

02/12/2024 11:23 AM GMT+05:30

Note : Captured by GPS Map Camera



Aurangabad, MH, India

Chintamani Colony, Aurangabad, 431001, MH, India

Lat 19.875064, Long 75.321597

02/12/2024 11:29 AM GMT+05:30

Note : Captured by GPS Map Camera



**Vivekanand Shikshan Sanstha,  
Vivekanand Arts, Sardar Dalipsingh Commerce  
& Science College, Aurangabad**

**Attendance**

**Topic: Menstrual Hygiene Management**

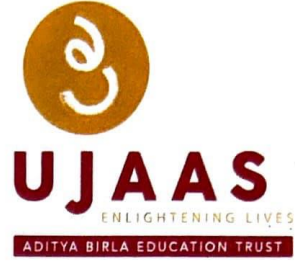
Speaker: **Rekha Dabhade**, District Co-Ordinator, Aditya Birla Education Trust, Mumbai.

Date: 12/02/24, Venue: Hall No 34, A Building

Sr. No	Roll No	Name of Student	Signature	Sr. No	Roll No	Name of Student	Signature
1	219	Peennd Ingle	<i>[Signature]</i>	15.		Siddhi P. Chaudhari	<i>[Signature]</i>
2	191	Sujata Nage	<i>[Signature]</i>	58.		Ashwini V. K. Aker	<i>[Signature]</i>
3	90	Suhani Thakur	<i>[Signature]</i>	243		Poojate Pratiksha	<i>[Signature]</i>
4	296	Pratiksha Vaidya	<i>[Signature]</i>	48		Gayatri G. Jadhav	<i>[Signature]</i>
5	276	Durga Shinde	<i>[Signature]</i>	250		Anushka Sagari	<i>[Signature]</i>
6	46	Renuka Patil	<i>[Signature]</i>	136		Prachi Jadhav	<i>[Signature]</i>
7	186	Hiranjyoti Gaikwad	<i>[Signature]</i>	252		Madhusuma Rasal	<i>[Signature]</i>
8	113	Sakshi Sabhadinde	<i>[Signature]</i>	137		Pratiksha Jadhav	<i>[Signature]</i>
9	01	Rutuja Anjanviker	<i>[Signature]</i>	62		Aishwarya Kotar	<i>[Signature]</i>
10	27	Bhakti Masalkar	<i>[Signature]</i>	146		Hanshali Khorhe	<i>[Signature]</i>
11	25	Pallavi Mhaske	<i>[Signature]</i>	18		Sakshi Garud	<i>[Signature]</i>
12	273	Pooja V. Shetye	<i>[Signature]</i>	83		Saloni Telse	<i>[Signature]</i>
13	39	Vaishnavi Gange	<i>[Signature]</i>	16		Shruti Dighole	<i>[Signature]</i>
14	125	Sonali J. Bhise	<i>[Signature]</i>	13		Sonal Dange	<i>[Signature]</i>
15	260	Anushka Sagari	<i>[Signature]</i>	92		Komal Borde	<i>[Signature]</i>
16	86	Paarvi Patave	<i>[Signature]</i>	9		Priyanka Chaudhari	<i>[Signature]</i>
17	85	Shweta Pardeshi	<i>[Signature]</i>	89		Snehal Somvanshi	<i>[Signature]</i>
18	365	Gauri Kundalwal	<i>[Signature]</i>	72		Pooja Daware	<i>[Signature]</i>
19	02	Anjali Aradhya	<i>[Signature]</i>	112		Shamini Arunam	<i>[Signature]</i>
20	129	Tejaswini S. Chandan	<i>[Signature]</i>	36		Nikita Kishore	<i>[Signature]</i>
21	198	Hanshali D. Telj	<i>[Signature]</i>	46		Renuka Patil	<i>[Signature]</i>
22	182	Pallavi P. Phate	<i>[Signature]</i>	10		Renuka Chuthe	<i>[Signature]</i>
23	25	Shraddha Kapase	<i>[Signature]</i>	24		Kupali Jadhav	<i>[Signature]</i>
24	167	Renu Dilip More	<i>[Signature]</i>	34		Varsha Khawale	<i>[Signature]</i>
25	176	Renu G. Panjankar	<i>[Signature]</i>	23		Megha Jadhav	<i>[Signature]</i>
26	13	Saloni Charan	<i>[Signature]</i>	74		Kiran Jadhav	<i>[Signature]</i>
27	16	Komal S. Dange	<i>[Signature]</i>	88		Pooja Sheikhande	<i>[Signature]</i>
28	23	Anjali L. Dokh	<i>[Signature]</i>	90		Shruti Dehade	<i>[Signature]</i>
29	36	Sakshi Ghadichore	<i>[Signature]</i>	135		Sonali Kuthumbee	<i>[Signature]</i>
30	132	Sanskriti Devkar	<i>[Signature]</i>	142		Priyanka Prujapat	<i>[Signature]</i>
31	173	Anjali B. Kambh	<i>[Signature]</i>	150		Gayatri D. D. D.	<i>[Signature]</i>
32	156	Tejal S. Raut	<i>[Signature]</i>	174		Lipika Phinraj	<i>[Signature]</i>
33	155	Rutika G. Rathod	<i>[Signature]</i>	47		Sunmi Kharate	<i>[Signature]</i>
34	68	Kavita S. Mahajan	<i>[Signature]</i>	53		Pratibha Rahini S.	<i>[Signature]</i>



Sr. No	Roll No	Name of Student	Signature	Sr. No.	Roll No	Name of Student	Signature
01	03	Vaishnavi Bramhachari	<u>Vaishnavi</u>				
02	11	Nishu Gandha Rajguro	<u>Nishu</u>				
03	08	Payal Khamgoankar	<u>Payal</u>				
04	31	Savitra Hatagale	<u>Savitra</u>				
05	44	Niranjana Kamble	<u>Niranjan</u>				
06	18	Prerna Gaur	<u>Prerna</u>				
07	2	Sakshi Borde	<u>Sakshi</u>				
08	41	Achha Sonny Turkey	<u>Achha</u>				
09	42	Rutika Udawant	<u>Rutika</u>				
10	211	Satli Bhargav	<u>Satli</u>				
11	66	Anapama veer	<u>Ana</u>				
12	22	Shruti Hiwarkar	<u>Shruti</u>				
13	159	Robini Rathod	<u>Rathod</u>				
14	157	Diksha Narke	<u>Narke</u>				
15	187	Ankita Gupta	<u>Gupta</u>				
16	195	Srushthi Tambde	<u>Srushthi</u>				
17	72	Satvishkila Ganpale	<u>Satvishkila</u>				
18	67	Sakshi .S. TUPE	<u>Sakshi</u>				
19	176	Renuka G. Panjankar	<u>Renuka</u>				
20	66	Divya .S. TUPE	<u>Divya</u>				
21	89	Sakshi R. Sarade	<u>Sakshi</u>				
22	98	Anju Jarwal	<u>Anju</u>				
23	181	Gitawari v. Bhale	<u>Gitawari</u>				
24	196	Divya Nikam	<u>Divya</u>				
25	205	Jadhav vishakha	<u>Jadhav</u>				
26	190	Ishwari Mangdare	<u>Ishwari</u>				
27	221	Rajguru Savita	<u>Savita</u>				
28	183	Sampada Bhutnar	<u>Sampada</u>				
29	203	Sumit Gayakwar	<u>Sumit</u>				
30	218	chaitanya Gavhane	<u>Chaitanya</u>				
31	189	Whishaki Mali	<u>Whishaki</u>				
32	185	Kiran Gharpale	<u>Kiran</u>				
33	31	Ajay Kamble	<u>Ajay</u>				
34	17	Vikas Farkade	<u>Vikas</u>				
35	50	Anand Sadashive	<u>Anand</u>				
36	188	Pranika Jagtap	<u>Pranika</u>				
37	27	Sonal Gaikwad	<u>Sonal</u>				
38	113	Mayuri Kadre	<u>Mayuri</u>				
39	125	Sahali Bhise	<u>Sahali</u>				
40	19	Rutuja .B. Dhage	<u>Rutuja</u>				



To,

The Principal  
Virekumand College  
Chhatrapati Sambhaji Nagar.

Date - / / 2023

Subject: Menstrual Hygiene Management Training for NSS Volunteers and college girls

Dear Ma'am,

Ujaas, an initiative by Aditya Birla Education Trust aims to create a positive and sustainable impact in the menstrual health landscape in India by reducing period poverty and by empowering adolescent girls and women to adopt effective menstrual health and hygiene management practices. Under this initiative we have various projects for different stakeholders such as adolescent boys, girls, teachers, NSS volunteers etc.

Under the said program in the academic year 2023-24, we would like to conduct a training program and awareness activities on menstrual management with NSS volunteers. The objective of this project is to build the capacities of the NSS volunteers to convey the content about Menstrual health and hygiene management to women and girls. This will also help volunteer to get trained in this topic.

We would like to undertake the following activities along with the NSS department.

1. Training and capacity building program of 6hrs for NSS volunteers.
2. Conducting sessions on menstrual Health and Hygiene Management with college students. The said session is of 3 hours and it is expected to take 2 sessions of 1.5 hours each.
3. Volunteers are expected to present street plays on menstrual health and hygiene management in the adopted villages/communities. Request you to please provide permission to initiate this project in your esteem institute and support this cause.

Your Sincerely

Snehal Pawar

Assistant Project Manager

Ujaas  
Aditya Birla Education Trust,  
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Pandurang Budhkar Marg, Century Mills  
Compound, Worli, Mumbai 400030

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