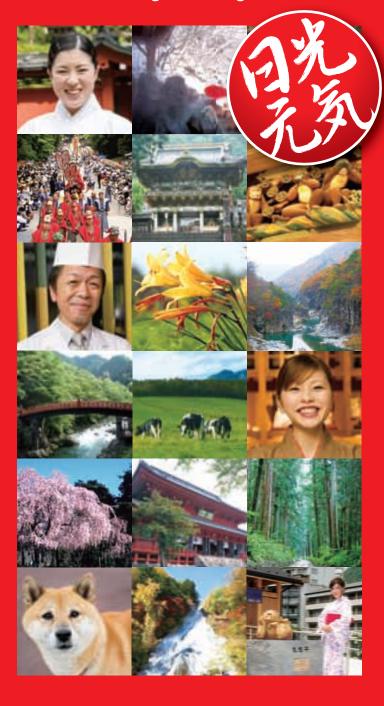
English edition

(英語)

# POINER RESORT. MIKKO

Nikkō Sightseeing Guide



Recharge At Nikkō!!

## POWER RESORT. NIKKO

Natural Magnificence, History, Heritage, Cuisine, Activities, People...

Exciting, Revitalizing Nikkō Awaits Your Visit. Nikkō: A Trip You'll Remember.







#### World Heritage Resort Area

## Nikkō

#### Feel the Shogun Spirit.

UNESCO has recognized Nikkō's shrines and temples as a World Heritage center. The most notable of these are Nikko's Toshogū Shrine, Nikkozan Rinnoii temple, and Futarasan shrine. Visitors can sense the profound historical importance of these sites. Here you can experience the spirit of the unique and long-lasting political system known as the Edo Shogunate, and you can sense the presence of Tokugawa leyasu, who established this system and became its first shogun







#### Rivers, Hot Springs, and Theme Parks

## Kinugawa and Kawaji

#### Home to divinities of water and clear streams

The Kinugawa Onsen, along the Kinugawa River canyon, are also nearby a number of exciting theme parks, including Tōbu World Square and Edo Wonderland (Nikkō Edo Mura). Visitors to Kawaji Onsen can also enjoy the natural splendid of the Ryūōkyo Gorge, and the comfort of natural







#### Mountain Resort Area

## Yunishikawa, Kawamata, Okukinu

#### Land of mountain spirits

These mountain villages are steeped in folklore reaching back 800 years, to before the Edo period, when the Taira clan settled here after they were defeated in battle by the Minamoto clan. The area is blessed with crystal-clear streams and great natural beauty. Go slowly and you will encounter numerous hot springs, including the Yunishikawa Onsen, the Kawamata Onsen, and the Okukinu Onsen.





#### **Nature Resort Area**

## Okunikkō

#### Home of lake, waterfall, and wetland deities

Summer resort area, popular from old times to the present. At an elevation 1,000 m (3,280 ft), the area remains cool during the summer months. The area is filled with captivating nature, which you can see at Lake Chūzenji and the Kegon Falls as well as wetland areas including Lake Yunoko, Yukawa River, Senjögahara, Odashirogahara and other locations. The entire wetland area has been registered as a protected site under Ramsar





#### 🚺 Suginamiki Road Resort Area

## **Imaichi**

#### Giant old trees & the spirit of renewal

During Edo times Imaichi flourished as a post station situated on Nikkō Highway, at the point where the road forked into the Nikkō Reiheishi and Aizunishi Highways. Today's streets retain traces of their ancient appearance. Guinness World Records recognizes the beautiful Suginamiki Road as the world's longest tree-lined roadway.









#### Ravine Resort Area

## **Ashio**

#### Where mountain gods shake the earth.

Ashio is situated southwest of Nikkō City. surrounded by mountains and valleys. From 1610. when copper was discovered here, until 1973, when the mountain was closed, Ashio flourished as the country's top mining town. During the Edo Period, the mine supplied copper for coinage and for use in the construction of Nikkō's Tōshōg $\bar{\textbf{u}}$ shrine and the roof tiles of Edo Castle. With the coming of the Meiji Era, mining techniques were modernized and the copper output went up.



## Nikkō

Feel the Shogun Spirit.





## World Cultural Treasure Nikkō Shrines are host to many seasonal celebrations



#### **World Cultural Treasure**



#### ▲ Nikkō Tōshōgū Shrine Yōmeimon Gate

One of numerous shrines that enshrine Tokugawa leyasu, first Shogun of the Edo Shogunate. The structure is representative of Tōshōgū style, with a dazzling multicolored gate decorated with 508 sculptures. The gate reflects Shogun's wish for Japanese peace. (Now undergoing renovation work projected to continue through March 2019.)



#### ♠ Shinkyo Bridge ▼ Futarasan Shrine

The Futarasan Shrine is dedicated to the three sacred mountains of the area: Futara (also called Nantai), Nyohō, and Tarō. The stunning vermillion-lacquered Shinkyo Bridge (Sacred Bridge) is part of the shrine, and retains its long association with mysterious legends.



#### Sanbutsudo Hall, at the Nikközan Rinnöji

This is the main building of the Rinnöji temple complex. Built during the Heian Period, this is the largest wood building in eastern Japan. (Now undergoing renovation work projected to continue through March 2019.)



#### Nikközan Rinnöji Temple Taiyūin

Mausoleum of Tokugawa lemitsu, the third Shogun of the Tokugawa Shogunate. There are many fascinating things to see here, including the magnificent Nitenmon Gate, and then Kökamon Gate, so reminiscent of Ryūgū Castle.



The nighttime illumination on the Nikkō shrines and temples—showing off these World Culture Treasures even in the dark—creates a mysterious ambiance. Try walking the approach to one of these shrines in the quiet of the evening, and you will feel a great difference from daytime visits. (Through early November)





#### Parade of 1000 Samurai Warriors

The two-day event at Nikkō Tōshōgū Shrine is held twice a year, once in the spring and again in the fall. A procession of over 1,200, dressed in 53 variations of armor and costume, carries portable shrines (mikoshi) to their destination at Otabisho. (Spring dates: May 17 and 18 Autumn dates: Oct 16 and 17)



#### Yayoi Festival

An annual event centered at Futarasan Shrine that has been going on for over 1200 years, this profoundly traditional festival proclaims the coming of Spring. The main event is a procession of 13 flower-adorned floats, eight from the east community and five from the west. (April 16 and 17)



#### Gōhan Shiki

Nikkōsan, where Buddhism and Shinto live side-by side, is a famous sacred training place for the mountain worship for the mountain priests. The Gōhan Shiki (Rice Meal Ceremony) is part of a unique Nikkō's ancient mountain Buddhism. Its origin dates back to the Nara Period, when the priest Shōdō built a temple in Mt. Nikkō. (April 2)





#### Let's Eat!



#### Nikkō Yuba

Soy milk is extracted from soybeans and boiled, producing a thin skin at the top of the liquid. The skin is lifted off, and dried...and that's yuba. There are numerous ways to eat it: for example, by including it in sashimi, sushi rolls, or soba.



#### **Quick Travel Information**

Nikkō City is located in the northwest part of Tochigi Prefecture. With an expanse of 1,449.87 square kilometers, it accounts for some 1/4 of the prefecture's area. Its range extends over the Nikkō volcanic group, the upstream area of the Kinugawa River, and the basin of the Daiyagawa River. Many of the mountain areas surrounding Nikkō National Park are designated "developing mountain villages" with responsibility for cultivating watersheds and preserving the natural environment; some of the area is also designated for special upstream



development. The region has varied topology; urban areas are on flatland with an altitude of about 200 meters (656 ft), while other areas are mountainous, with peaks reaching above 2,000 meters (6,562 ft). The area has an inland climate, with four distinct seasons favoring different types of recreation and different tourist attractions—a variety that draws many Japanese and foreign tourists year-round. Average yearly temperature is about 12°C in city areas, and about 7°C in the mountains. Summers are relatively cool; while winter temperatures often drop below freezing. The large temperature variations support a truly beautiful natural environment that changes with the seasons.

## Okunikkō

Home of lake, waterfall, and wetland





## Large lakes, wetlands, beautiful waterfalls, fishing, winter skiing...!





Situated at the southern end of Lake Yunoko, this waterfall is 70 m (230 ft) high and 25 m (82 ft) wide. Visitors can walk down to the base and enjoy some great views from the nearby observation deck



#### Kegon Falls

The most famous of the many falls in the area; rated one of the three best in the country. The river drops 97 meters (318 ft) straight down from a cliff, churning up a ceaseless roar at the base. This is a great spot for nature viewing.



running into March, the festival includes many activities that highlight the mysterious properties of snow and light. There are many events to keep you busy, including: "1,000 snow lanterns," ice sculpture exhibitions, photo contests, and star gazing tours.



#### ▲ Lake Chūzenji

This beautiful lake, located close to Kegon Falls in Okunikkō, has a 25-km (15½ mile) perimeter and a maximum depth of about . 163 meters (135 ft). The lake is also known as Sachi-no-umi ("sea of fortune").



#### ▲ Lake Yunoko

Formed from the eruptions of Mitsudake volcanoes, the lake has a 3 km (1/9 mile) perimeter. You can walk all the way around in about one hour.



#### Wetlands Recognized Under the Ramsar Convention



#### Senjögahara Marshland

Located near the center of Okunikkō, with a wood trail to facilitate access. A great place to hike while viewing the alpine plants, the wild birds, and many other lovely sights.



#### Odashirogahara Marshland

A small marshland with a perimeter of 2 km (11/4 mile), located west of the Yukawa River, and surrounded by the Mizunara forest. Only about 1/4 size of the nearby Senjōgahara marshland.



#### Nikkō Yumoto Ski Resort

A fine place to ski, usually covered with very skiable powdery snow. The onsen are an added attraction. An enjoyable resort area for the whole family, from beginners on up.

#### Snowshoeing

Okunikkō gets closed in by deep snows during the winter months, with some of the area turning into inviting snowfields. A quiet nature-filled place, ideal for snowshoe trekking.



#### Trout Fishing in Lake Yunoko and the Yukawa River Hiking

In 1902, Scottish merchant and long-term Japan resident Thomas Glover introduced the practice of stocking the lake and river with brook trout. To this day, therefore, the area remains something of a holy ground for fly fishing



You can find many great nature-filled hiking routes throughout the area. Good hiking areas include (but are certainly not limited to) Lake Yunoko, Senjōgahara, and the Ryūzu Falls.



#### Let's Eat!



#### Inland sockeye salmon

If you're going to eat in Okunikkō, why not try the Inland sockeye salmon, the "king" of freshwater fishstraight from Lake Chūzenii.

#### **Quick Travel Information**

#### Michelin Travel Guide Japan rates Nikkō!

The French-based Michelin Green Guide has awarded multi-star ratings

★★★··· Tōshōgū Shrine

\*\* Rinnōji (Temple), lemitsu Mausoleum, Kanmangafuchi (Gorge)

★ · · · · · Futarasan Shrine, Lake Chūzenji, Nikkō Tamozawa Imperial Villa

Kinugawa and Kawaji

Home to divinities of water and clear streams





## Enjoy theme parks, river areas, and hot springs.





#### ▲ Ryūōkyo Gorge

Ryūōkyo Gorge runs about 3 km (1.9 miles) between two intermountain hot springs: Kawaji Onsen and Kinugawa Onsen. This beautiful scene was formed about 22 million years ago as the flow of the Kinugawa River wore away volcanic rock that had been thrown up by undersea eruptions.



Completed in July 2009, this beautiful footbridge passes 40 m (131 ft) above the Kinugawa River. Walkers on the bridge enjoy a wonderful view of the river's rapids and the surrounding green mountains.







#### Kinugawa Onsen

Sometimes referred to as "Tokyo's living room," this onsen area draws more than 2 million tourists each year. This was once part of Nikkō's temple area, receiving day trips from Japanese lords (daimyo) and priests.



#### Kawaji Onsen

Famous onsen situated near the merging of the Kinugawa and Ojikagawa Rivers, whose waters are said to heal wounds and burns, respectively. The town area hosts the Onade rock—a sexually suggestive stone said to promote fertility and easy childbirth.



## Moonlight Flower Garden

A welcoming event held on autumn evenings, with the onsen area adorned with lights and flowers. (September)



#### **Theme Parks**

Activities



EDO WONDERLAND (Nikkō Edo Mura)

Distinctive recreation of life in an Edo town. After entering through a checkpoint gate, you can walk through town streets, an inn area, a business area, samurai residences, and more. Along the way you will meet Edo townspeople, feudal lords, princesses, and ninja.



Tōbu World Square

A miniature park with more than one hundred 1:25 scale models of the world's well-known buildings and historic relics. Populated with about 140,000 "miniature people."



Activitie



#### Kinugawa River Boat Rides

The boatman skillfully steers the riverboat through the gorge, as you look out at bizarre rock formations. Or try rafting down the river for even more thrills.



Kinugawa River Canoeing

Safe and enjoyable for everyone, from little to kids to senior citizens.



Kinugawa River Rafting

You row together with your guide through beautiful natural surroundings!



#### Let's Eat!

ocal Dishe



#### All-you-can-eat strawberries

Winter tochiotome strawberries are available from late December. These very high-class strawberries from Tochigi Prefecture are widely celebrated.



Seasonal temperatures throughout Nikkō



Seasonal temper				
	Jan. to Mar.	Apr. to June	July to Sept.	Oct. to Dec.
Nikkō	0.3-4.5	8.0-19.7	23.8-25.5	3.9-13.5
Okunikkō	-3.60.1	3.2-14.7	16.1-20.3	-0.3-10.0
Kinugawa and Kawaji	-1.7-2.8	6.7-18.3	21.5-23.7	2.5-12.9
Yunishikawa, Kawamata, Okukinu	-3.5-0.7	4.5-16.5	17.4-22.0	0.1-11.3
Imaichi	1.4-4.5	8.4-20.2	21.0-25.5	4.6-15.0
Ashio	0.1-3.8	7.1-18.7	17.3-24.0	2.4-12.2

Okukinu

Land of mountain spirits

### Deep in the mountains!







#### Kawamata Onsen

Situated upstream of the Lake Kawamata, the onsen is set amidst mountains, with its waters flowing through vertical rock faces and around large rocks. Enjoy a secluded soak while looking out at the stunning natural scene around you.





#### Amphibious Bus (Yunishikawa)

Take this unusual bus for a ride on the river, and visit the (otherwise inaccessible) machinery and facilities inside the dam.





#### Heike Village

This exhibit illustrates the lifestyle of the Taira clan after their defeat by the Minamotos. It includes statuary of priest Kiyomori and the famous clan member Atsumori, images of youth going out to battle Ichinotani, and more



#### Kamakura Festival at the Yunishikawa Onsen

Hundreds of snow houses (kamakura) are built and illuminated during this distinctive winter festival, which runs for almost three months, from January to March. Other events include sleigh riding and barbecues.





▲Kinu–numa

A high moor (marsh), at an altitude of about 2,040 meters (6,692 ft), with its own very distinctive vegetation.



#### ▲ Setoaikyō Ravine

A beautiful ravine about 2-km (11/4) wide. One of Tochigi's "100 best scenes" Enjoy terrific views from the observation deck or the delightful suspension bridge.



#### ▲Gevsers

A major attraction at the Kawamata Onsen, the geyser erupts from the floor of the value once every 40 to 50 minutes. View the scene from the observation deck or from a bridge above the eruption.



#### Yasuragi-no-Mori Nature Park

Located in a deep green virgin forest, the park includes a campground and a "four-seasons" nature center. A great place to rest and reestablish vour bond with Nature





#### Let's Eat!



#### Taira-family Food

Enjoy local river fish, local game (deer, bear, and Asian salamander), carefully cooked over a sunken hearth.

#### **Quick Travel Information**

Foreign Eychongo Dates



Foreign Exchange Rates (2019/2/15)					
Country & Currency		Sell rate → Yen Buy rate → Yen		e → Yen	
		CASH	T/C	CASH	
US Dollar (USD U	USE)	113.24	109.20	107.44	
Euro Members, Euro	(EUR €) EUF	128.68	123.01	120.68	
British Pound Sterling	(GBP £) GBF	153.30	137.04	129.30	
Korean Won (KRW	/) KRV	11.32		8.32	
Hong Kong dollar (HK	D HK\$) HK	16.50		11.64	
Singapore Dollar (	SGD) SGI	87.17		75.51	
China Yuan (CNY	¥) CNY	1			
Taiwan New Dollar	(TWD) TWI				

### Suginamiki Road Resort Area

## **Imaichi**



Giant old trees & the spirit of renewal

Walk along the world's longest tree-lined road, for a trip through old Japan.





#### Suginamiki Road (cedar-lined avenue)

Giant Japanese cedars line both sides of the road over its entire 37 km (23 mile) length. Recognized by Guinness World Records as the longest tree-lined road in the world, Suginamiki Road is considered a special historical landmark and a special natural monumen



#### 📤 Ōsasa Farm

Located inside Nikkō National Park at an altitude of 1,030-1,320 meters (3,379-4,330 ft), the farm offers a great view of the Kantō Plain. Animals and people living here enjoy quiet, tranquil surroundings amidst great natural beauty.

A favorite location on the Kirifuri Plateau, the site offers grand views of Kuriyama Dam, Mt. Tsukuba, and much more besides. To get here you go over the beautiful 290 m (951 ft) Roppōzawa Bridge.

Soba cooks from all over Japan set up stalls here to offer their own special





### soba preparations Let's Eat!

Asakusa (visit downtown and see Tokyo Sky Tree)

Visit Nikkō (stay over)

Sano (Premium Outlets)

Haneda Airport [Narita Airport]





Imaichi offers great-tasting water and delicious soba. The taste of Imaichi hand-made soba is unique to this area.

### Quick Travel Information Please keep in mind that fees are subject to change

Haneda Airport [or Narita Airport] to Asakusa by limousine bus

■ Itinerary Example (1) ●Travel time: About 39 min [1 to 2 hours] ●Fare: 717 yen [2,800 yen adult; 1,400 yen child] Haneda Airport [Narita Airport]

Asakusa to Tōbu Nikkō ●Travel time: About 1 hour 50 min ●Fare: 2,388 to 2,698 yen adult; 1,200 to 1,350 yen child

Tōbu Nikkō – Tochigi – Sano – Sano Premium Outlets ●Travel time: About 80 min ●Fare: 1,182 yen

Sano Shintoshi Bus Terminal (Kantō-Jidōsha Kōsoku Bus) – Haneda Airport [or Narita Airport]

● Travel time: About 2 hours [About 2 hours 10 min] ● Fare: 2,550 yen adult; 1,280 yen child [4,300 yen adult; 2,150 yen child]

#### **Ravine Resort Area**

## **Ashio**



Where mountain gods shake the earth.

Learn about the long history of the Ashio Copper Mine, and experience the splendor of the valley.





#### Matsuki Valley

Sometimes referred to as "the Grand Canyon of Japan." The barren cliffs towering over the ravine give the feeling that you are lost in a wasted parallel



Founded in 1884. Adopting technology from Finland, the Ashio Copper Smelter first established the method to stop sulfite gas emission in Japan, and then developed the clean copper refining technology.







Ashio Copper Mine

Ashio was once the "mining capital of Japan." Today, the restored site is the country's largest mine exhibit.



#### Furukawa Kakemizu Club

Western-style reception hall built in 1899 by the Furukawa Company, manager of the Ashio mine, for the purpose of receiving high-level government officials, socially important individuals, and other influential personages



#### Watarase Keikoku Railway

Local trains run from Ōmama to Ashio, and back. A trolley, suggestive of an earlier era, also runs through the center of the lovely ravine from Aplil to November.

## Quick Travel Information Please keep in mind that fees are subject to change

Haneda Airport [or Narita Airport] to Ginza by limousine bus

■ Itinerary Example ②

Haneda Airport [Narita Airport] Ginza (Go brand shopping)

Visit Nikkō (stay over)

Travel time: About 35 min to 1 hour [About 1 hour 15 min to 2 hours 10 min]

Fare: 930 yen adult; 470 yen child [3,100 yen adult; 1,550 yen child]

OTravel time: About 2 hours 7 min OFare: 2,893 yen adult

Tōbu Nikkō – Tochigi – Sano – Sano Premium Outlets ●Travel time: About 80 min ●Fare: 1,182 yen

Sano Shintoshi Bus Terminal (Kantō-Jidōsha Kōsoku

Sano (Premium Outlets) Haneda Airport [Narita Airport]

Bus) – Haneda Airport [or Narita Airport]

Travel time: About 2 hours [About 2 hours 10 min]

Fare: 2,550 yen adult; 1,280 yen child [4,300 yen adult; 2,150 yen child]

## Nikkō attractions recommended by Foreigners living in Nikkō

Nikkō offers beautiful natural scenery and wonderful World Heritage sites, and many interesting and appealing places to see and visit. We asked foreigners living in Nikkō to tell us about their favorite sightseeing spots.

#### Hiking around Senjōgahara, Contributor: Wynette Terpstra (USA Ryūōkyo Gorge, and Nikkō Tōshōgū

Nice spots in Nikkō include Senjōgahara, the Ryūōkyo Gorge, and many of the waterfalls. And of course Nikkō Tōshōgū is quite famous, and then there are also many beautiful nature scenes and great hiking routes. If you're here for just a day you can probably jump around and glimpse many of the major sites. But I'd recommend at least two or three days, to give yourself enough time to visit and experience some really nice places.









### If you're coming to Nikkō, you should certain try out the onsen.

Nikkō is blessed with natural beauty, great water and air, and its great hot springs. Kinugawa Onsen, for example, offers more than excellent bath water; you also get the great views of mountain streams, and plenty of entertainment facilities. Kawaji Onsen has kept its status as a favored health spot since times of old. And then there's the Yunishikawa Onsen, which continues to engender strong feelings as the place where the Taira family took refuge. If you're planning a future visit, keep in mind that you'll eniov your stay even more if you study up a little on the area, and learn some Japanese, before you come.





#### Nikkō National Park, Contributor: Zi Ling Nagashima (Taiwar

### and all of the natural beauty found all around Nikkō!

I've been here in Nikkō for fifteen years, and it really is a treasure-house of natural beauty. Nikkō National Park is such a vast nature area, with Mt. Nantai and so many other beautiful mountains, and the plateaus that extend to the base of the mountains, and the wonderful lakeslike Lake Chūzenji-and the ravines. Everyone should come to see it.









#### The Changing Seasons at Lake Chūzenji Contributor: Hong Ja Kim (South Korea)

My favorite place here is Lake Chūzenji. It extends almost to the summits of the surrounding mountains. And since Japan has four distinct seasons, the appearance of the mountains and trees changes greatly, and very beautifully, as the year progresses. In addition to the natural scenery, I also like the availability of theme parks—including Edo Wonderland (Nikkō Edo Mura) and the Tōbu World Square in Kinugawa area. They're great places to go with your family.







## Nikkō's Flowers, Birds, and Fish Nature in Nikkō

Nikkō is set amidst stunning natural scenery. Its changing seasons, together with its varied topologies and environments, support many different types of vegetation, birds, and fish. If you come for a visit, take time to go out and commune with the multitude of life forms and natural wonders all around you.

## Nikkō Flower Guide

Visitors here in spring or early summer can observe many different plants in full bloom, including: Rhododendrons, mountain cherries, yamatsutsuji (azalea-like mountain plant), dogtooth violets Rhododendron wadanum Makino, and Nikkō kisuge. At the same time, many flowers are also blooming on the Kirifuri Plateau.

- · Rhododendron quinquefolium: Bright pink flower that announces the coming of spring. These flowers appear over a large area, with those in mountainous districts faring best
- · Nikkō kisuge: A one-day flower that blooms in the morning and withers away at night. Found on the Kirifuri Plateau, in clusters that look like beautiful golden carpets.









Nikkō kisuae

Rhododendron quinquefolium

## Nikkō Bird-Watching Guide

Nikkō is noted for its distinctive wild birds. Summer birds arrive just as winter birds, such as the Bohemian waxwing and the Japanese waxwing, return north. Birds that inhabit the Kisugedaira Plateau include the common stonechat, the olive-backed pipit, and the Japanese white-eye, High-flying birds include the swift and the Asian house martin. The woods are home to a multitude of birds, the most numerous of which include the titmouse, the woodpecker, the Japanese bush warbler, the common cuckoo, and the blue-and-white flycatcher. Visit the mountain streams and you will see kingfishers and winter wrens. At Senjōgahara you may see the black-faced bunting, the narcissus flycatcher, and Latham's snipe. Many kingfishers make their home along the streams; they are known as the "treasure of the mountain stream" in appreciation of their bright-colored beauty.







Japanese bush warble

Blue-and-white fly catcher

Kingfisher

## Come See Our Neighborhood Fish

Nikkō's beautifully clear streams are favored by char, inland salmon, and sculpin. Our lakes-including Lakes Chūzenji, Kawamata, and Yunoko-are home to many different varieties: inland sockeye salmon, rainbow trout, trout, pond smelts, and many more.

- · Inland sockeye salmon: A bright silvery-white fish. Lakes Chūzenji and Kawamata, among others, are stocked
- · Char: The fish most associated with the Nikkō's clear waters and beautiful natural surroundings. Char live only within clear



Inland sockeye salmor

Where to go to learn more about nature in Nikkō...

#### Nikkō Natural Science Museum

2480-1 Chūgūshi Nikkō-shi, Tochigi TEL.0288-55-0880

#### Nikkō Yumoto Visitors Center

Yumoto, Nikkō-shi, Tochigi TEL.0288-62-2321

#### Nikkō Laboratories. Fisheries Research Agency

2482-3 Chūgūshi Nikkō-shi, Tochigi TEL.0288-55-0055

If you need guidance while traveling in Japan...

## Nikkō Tourism Help Guide

Feel free to contact us if you have travel-related problems or questions. We are ready with information about sightseeing routes, hot springs, eateries, and out-of-the-way places. We are here to serve.

## We've just arrived in Japan. How can we buy railway tickets for a long-distance ride?



A

You may need to board a special express if you intend to travel a long distance by rail. You can purchase express tickets at the ticket office in most train stations. (JR ticket offices have a recognizable green motif, and are called midori no madoguchi—"green windows.") If you are traveling from Asakusa to Nikkō, you can purchase express tickets from ticket machines at Tōbu Asakusa Station, from Tōbu Travel Co., or from a travel agent.



### What should I do if I get sick in Japan?



If you are here on a tour, speak with your tour guide or contact the tour company in accordance with their contact policy. If you are someone tasked with helping a foreigner—for example, if you are a health-care professional, an employer of foreigners, or a staff member at local government support agency—feel free to call the Association of Medical Doctors for advice. Also don't hesitate to call if you're traveling on your own through Japan.

#### **AMDA International Medical Information Center**

 $http://amda\text{-}imic.com/modules/activity/index.php?content\_id=13$ 

#### Tokyo Center TEL.03-5285-8088

Day	Hours	Available Languages	
Every day	9:00-17:00	English, Thai, Chinese, Korean, Spanish	
Mon, Wed, Fri	9:00-17:00	Portuguese	
Wednesday	13:00-17:00	Filipino	
Thursday	13:00-17:00	Vietnamese	



## Is there someplace I can get English guidance when I come to Nikkō?



You can get English information inside Tōbu Nikkō station, and also at the Visit Japan in the Nikkō Kyōdo Center. Volunteer English translators are always on hand to assist foreign guests. Please feel free to visit the following Tourism Associations to be available in foreign language pamphlets.

Free "Strolling NIKKO" sightseeing and navigation app runs on smartphones and tablets. Use QR code to obtain free download!





android

ios

#### **Contact**

#### **Nikkō Tourism Association**

717-1 Imaichi, Nikkō City, Tochigi 321-1261

TEL: 0288-22-1525 FAX: 0288-25-3347

http://www.nikko-kankou.org/

