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Map of Gunma





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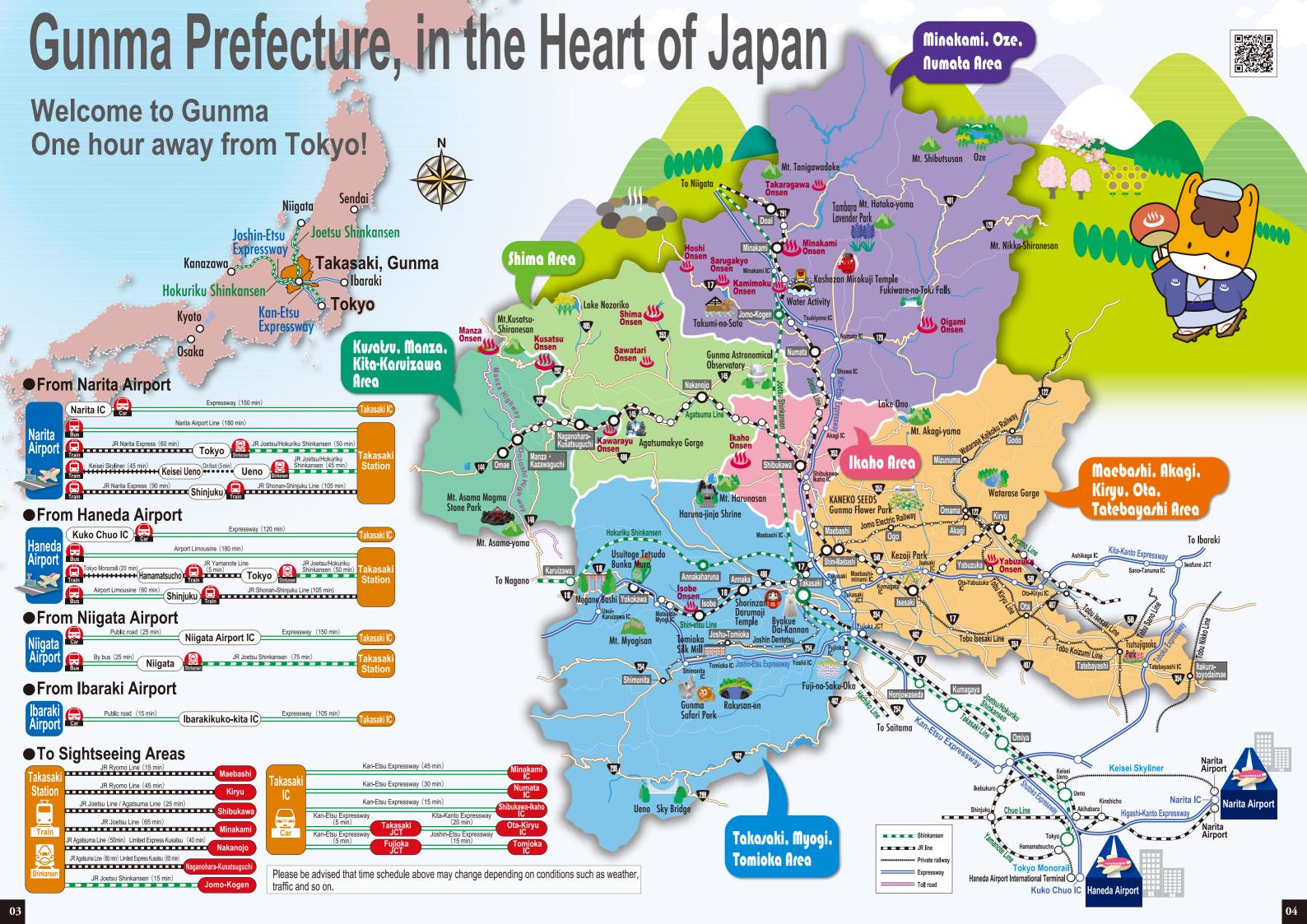
Recommended Routes in Gunma 29

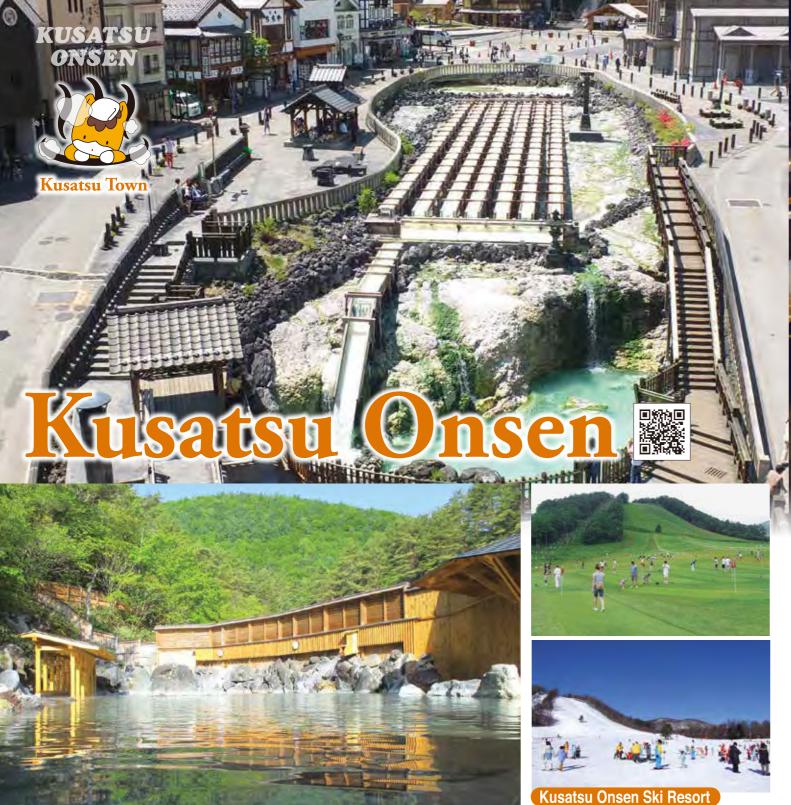
 $^{\star}$  Photographs, illustrations and maps found in this guidebook are only intended for tourist information. The real items may appear different. It is

advised to check in advance i.e. closing days and opening hours.
\* Flowering times and ground snow accumulation may change depending

on the weather conditions.

\* The information provided is current as of September 2019.







Kusatsu Onsen Ski Resort is very popular for leisure that only takes 5 minutes by car from Onsen area. Enjoy grass skiing, miniature golf and any other activities in summer, and powdery snow in winter.



Kusatsu Onsen has four public ashiyu (foot bath); located Experience the traditional bathing method of "Awaseyu", at Yubatake, Jizo-no-Yu and the Bus Terminal.



Sai-no-Kawara Open-Air Bath

The largest open-air bath in Kusatsu. Enjoy the sense of vast open space and soak in while watching a seasonal

starting from lukewarm bath and gradually going up to hot.



Located in the western part of Kusatsu Onsen, hot spring is gushing everywhere and becomes Yukawa river. Illumination creates fantastic atmosphere with steam for visitors to enjoy strolling in the night.





Many shops and restaurants stand at Sai-no-Kawara Street. Ricks during summer (late July to Late August).

Takasaki IC

Shinjuku Station

Takasaki Station







90 min on public road

Ikaho IC

240 min on Express Bus Joshu Yumeguri-Go

Naganoharakusatsuguchi

Access •

The symbol of Kusatsu Onsen where steams and sulfur smell come from, Almost 4,000 liters of hot water gushes out the field and flows down through the

**Products with Kusatsu Onsen extract** 

Soap, lotion and moisturizer containing onsen ingredients are very popular. Enjoy Kusatsu Onsen



Onsen Manju (Steamed bun)

This manju is filled with sweet azuki bean paste and one of the popular Kusatsu souvenirs.



Kusatsumi Udon

The noodles are made of wheat flour and kumazasa (bamboo grass) harvested in Kusatsu. They are rich in vitamins and calcium.



Located at Sai-no-Kawara Street. Have fun with glass craft experience and buy some beautiful souvenirs.



This legendary hot spring features building from the Edo (1603-1867) and Meiji (1868-1912) periods that have been rebuilt and is home to two bath houses: Ki no Yu and Ishi no Yu.



housing some 250 species of 1,000 tropical animals and plants such as capybara.





Onsen in the midst of mountains. The most amous Maka-no-Yu bath has magazine reporters ueuing to cover its attraction.



his wooden bath house has over 100-year istory. Its hot spring water flows out from the

### Sarugakyo Onsen



### Kamimoku Onsen



ocated along Tone River with a long history as



Fly up the big sky of Minakami. One-day experience course and tandem flying course with a veteran flyer are

### ( Mt. Tanigawadake

It is one of the "100 Mountains of Japan". The Tanigawadake Ropeway commands a magnificent view of Teniindaira.





One of the three major rock faces of Japan. There are some routes to see the valley which are suitable for trekking.





Enjoy various kinds of winter activities with powdery snow.



### Minakami Fruit Land Mogitore

Enjoy fruit picking depending on the season such as strawberries in the winter, blueberries and peaches in the summer, and apples in the autumn. Cakes made from seasonal fruit are also popular.







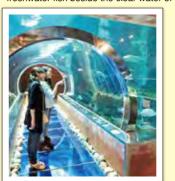
Takumi no Sato is home to many establishments that make traditional handicrafts including woodwork, bamboo work, and Japanese paper. Come and try your hand at making something you'll enjoy while being taught by a craftsperson. Takumi no Sato is even featured in the Michelin Guidebook.

Ichinokura Vallev



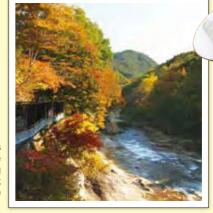
#### **Roadside Station Mizukikokan**

Refresh your feet in foot bath while enjoying aquarium of freshwater fish beside the clear water of Tone River.



#### Suwakyo Gorge

Huge rocks, waterfalls and a swing bridge are popular. Outstanding maple trees at Maple Park magnify the beauty of the





Minakami Town has 5 dams, and is known as the water reservoir of Kanto Region. This full-sized Dam-looking curry is served at inns and restaurants in the town.

Access





Ikaho Onsen Open-Air Bath A public bath in Ikaho Onsen. Azalea flowers in

IKAHO

the bath pools are pretty in spring.

kaho Hawaiian Festival







A modern art museum that exhibits superb pieces of pop-art from Japan and overseas, as well as antique Japanese art works.

Toys, dolls, and classic cars are exhibited. Anyone at any age can enjoy the attraction of this museum.





Ikaho Green Bokujo

Have fun with animals. It is worth watching trained sheepdogs control sheep.



Yukata Free fashionable yukatas are available at some



Shateki toy-gun shooting

tourists to rest.

Load a toy gun with cork-bullets and



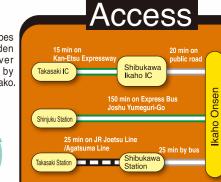
Yunohana Manju

The brown bun was made to resemble the color of brown Ikaho's hot spring

#### **Ikaho Onsen**

This onsen resort is famous for two types of hot waters: "Kogane-no-Yu (Golden water)" and "Shirogane-no-Yu (Silver water)". The resort is surrounded by many attractions such as Lake Harunako





URL https://www.ikaho-kankou.com/en/



Chatsubomi Moss Park

Extensive growth of rare chatsubomi moss that only grows near acidic water can be found at this park. The bright green color looks even brigher in spring and autumn.



Highland dam-lake surrounded by 2,000 m mountains.



Maya-no-Taki Falls (Koizumi-no-Taki Falls)

Autumn is the best season to visit.





Lake Shimako

Enjoy lake canoeing and standup paddleboarding at a location surrounded by the beauty of nature. We recommend coming of diseases and has been worshiped for a long time. surrounded by the beauty of nature. We recommend coming to see the beautiful blue waters of the lake in spring.





# Shima Onsen

Nakanojo Town

#### **Ochiai Street**

There are restaurants, souvenir shops, smartball play center.





### Japanese/ Western "Sweets" trail in Shima Onsen

Shima Onsen offers Japanese and western confectionaries stores. They are very popular among female visitors.





Paper lantern walk

Take a walk around onsen in yukata with a paper lantern. Enjoy the night onsen



Apple shop's Body Soap

A local product made from moisturizing Shima Onsen spring water and juice of local apples.



**Moisturizing Mist** Moisturizing spray made from Shima Onsen spring

### Shima Onsen Soap It contains skin beautifying

ingredients of Shima Onsen spring water and other moisturizing compounds such as collagen.



Nakanojo Biennale This art festival is held every two years and many participants come

### Shima Onsen

Shima Onsen is surrounded by the beauty of nature like mountains and Shima River. You will marvel at traditional accommodations with historical values and nostalgic town





A traditional Japanese





Ancient Kozuke

Shikishima Park Kadokura

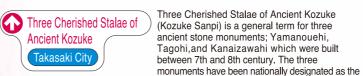
Shikishima Park has 7,000 roses blooming from

mid-May through mid-June. Night time light-up is a

Techno Rose Garden (Maebashi City







Special Historic Sites.



Kezoji Park Someiyoshino cherry

blossoms and azaleas are beautiful in April and May. The 65m-high ferris wheel offers spectacular









Shiroijuku Shibukawa Cit Shiroijuku retains Edo Period (1603–1867) atmosphere.

Shiroijuku Cherry Festival is held in late April.

**A** KANEKO SEEDS

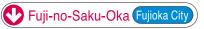


200,000 tulip flowers fully blooms across the park. Cherry blossom, daffodils, and roses are all impressive.



Nakanotake Shrine

At the shrine stands the largest Daikoku statue in Japan (20m tall, weighs 8.5 t).



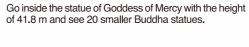
Enjoy 250 m-long wisteria trellis and exhibition garden with 45 varieties of wisterias.



Gunma Safari Park Tomioka City



Some 1,000 animals with 100 different species roam



Byakue Dai-Kannon (Takasaki Cit



mioka City, Annaka city and Simonita Tov

The 1,104 m-high Mt. Myogisan is one of the Three Famous Mountains in Gunma. This rocky lumps create a perfect view when cherry blossoms or autumn leaves appear.









The procession of people in samurai costume is attracting





Oigami Onsen Numata City

This onsen resort is close to Fukiware-no-Taki Falls and Katashina Gorge. Its spring is known as the Spring of Beauty and Healing.



Takasaki Pasta Takasaki City

Takasaki is known as The Town of Pasta, Many restaurants offer a wide range of menu at reasonable prices.



Rakusan-en (Kanra Town

It is the only garden with water-feature design in Gunma that a feudal lord in Edo Period (1603-1867) established.



Oigami Onsen "Daija" Festival Numata City

At the festival roams the world's longest mikoshi (108 m) of serpent God around Oigami Onsen.



Its 2.9 hectare site becomes a carpet of shibazakura or moss phlox flowers.





Koinobori Festival (Tatebayashi City

Enjoy an outstanding view of thousands of carp streamers



A Hachiojiyama Park Ota City

300 cherry trees and moss phlox flowers bloom in every spring. 32,000 shrubs of azaleas bloom subsequently.



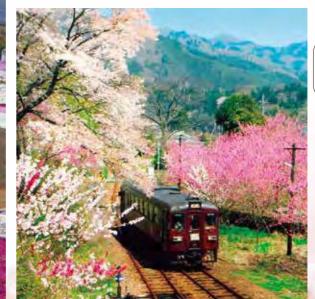
Agebune is a boat used to escape in flood in old days, now used for sightseeing in Yata River.











Trolley trains on Watarase Keikoku Railway Takatsudokyo Gorge Midori City

No-window train travels above the beautiful green gorge of Watarase River, 300 hanamomo peach trees bloom in early April.

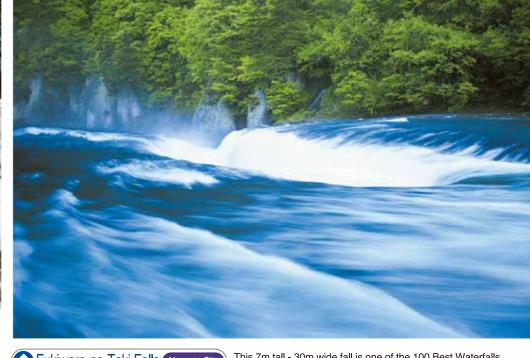








River sport that has it all-you can swim, float and jump from rocks. It is time for adventure!



Fukiware-no-Taki Falls Numata City

This 7m tall - 30m wide fall is one of the 100 Best Waterfalls









This mountain is one of the One Hundred Mountains of

Japan. Enjoy boating at Lake Ono.



The Akabori Japanese Iris Festival with 24,000 irises



This vast ski slope turns into a field of 50,000 lavenders creating a purple carpet.









Mt. Kashozan is called the Tengu's holy mountain. The temple features a collection of tengu enshrinements including the largest tengu mask in Japan.



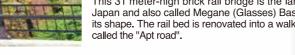






Megane Bashi Bridge and Apt road Annaka City

This 31 meter-high brick rail bridge is the largest in Japan and also called Megane (Glasses) Bashi from its shape. The rail bed is renovated into a walking trail









cavern are lit up creating a mystical atmosphere.
And the 90 m high suspension bridge affords a magnificent view.



Men shout love at women on their mind on Aisai-no-Oka or "the Hill of Devoted Husband" in the middle of a vast cabbage field.

Cabbage field Tsumagoi Village

Tsumagoi produce one of the largest amounts of cabbage in Japan.

2 Joshu Ota Yakisoba Some 40 yakisoba noodle restaurants have their own unique sauce, but all use thicker noodle and lots of cabbage 🔁 Ojima Neputa Festival 🄇 7 m tall neputas (paper lanterns) with the festive



Ohinata-no-Hitoboshi

Tamamura Fireworks

This festival is held on August 14th and 15th in Nanmoku Village to commemorate ancestors. Bundles of hay are set on fire, tied to ropes, and swung around on a bridge.

🔁 Maebashi, TONTON-no-Mach

Maebashi is famous for pork as it is one of the largest pork producers in Japan and called TONTON-no-Machi(TON as pig in Japanese). The close distance between viewing spots and the firing site offers a great view of the fireworks. Kiryu Yagibushi Festival

Yagibushi is a traditional Gunma folksong. This festival features a Gion Festival, children's floats,

Maebashi Tanabata Festival Maebashi Ci

One of the largest Tanabata festivals in northern Kanto region. Enjoy glamorous Tanabata decorations, regional product fairs, and other enthralling events and displays.

Tatebayashi Tezutsu Fireworks Tatebayashi C

The impressive fireworks are shot from hand-held huge cylinders and can be seen in only Tatebayashi across Kanto

apanese drum performance create a spectacle in



| Isobeyana | Annaka City

Enjoy fresh trout dishes while enjoying the river scenery.







Haruna area is famous for fruits such as blueberries dunma peaches and Japanese pears.

Things to do

ummer





Manza Onsen (Tsumagoi Village

This milky white hot spring is particularly popular among women for its skin toning qualities.



🕜 Mt. Asama Magma Stone Park

The lava from Mt. Asama-yama created a one-of-kind landscape. The scenery that shows the fierceness of the eruption to this date is now turned to a spectacular



Apple Picking (Throughout the Prefecture)

Enjoy picking a wide variety of apples like Gunma Meigetsu and Akagi across Gunma.

### Kawaba Denen Plaza

Kawaba Village

Taste the local delicacies at restaurants and have fun

with food workshops on its vast premises at the foot of Mt. Hotaka-yama.



### TOGOKU BUNKA

(The Culture in the Eastern Provinces of Ancient Japan Throughout the Prefecture

TOGOKU BUNKA refers to a thriving civilization that developed from the Kofun Period to Heian Period in the region that is now called Kanto.



### Ginhikari (Throughout the Prefecture)

Okkirikomi (Throughout the Prefecture

Try Gunma's selectively bred rainbow trout. Recommended to eat as SASHIMI.









Agatsumakyo Gorge

eauty. There are a lot of amazing natural landscape uch as oddly-shaped rocks, waterfalls, etc... he valley is beautifully decorated with autumn leave rees that stands at riverside around late October









Tsukiyono Vidro Park Minakami Town

Factory Tours are offered as well as classes of glassblowing and music box making.

Grape Picking (Throughout the Prefecture)

Various types of grapes are grown, including Delaware and Kyoho.



Mt. Harunasan Takasaki City

One of the Three Famous Mountains of Gunma, Enjoy beautiful autumnal leaves in mid-October through early November.



Shinto Winery Shinto Village

See the whole process of Shinto Village's special grown grapes turn into exquisite wine, and taste wines at the adjacent shop.



Haruna-jinja Shrine Takasaki City

The pavilion of this 1,400 years old shrine is listed as the national cultural assets.



Sakurayama Garden Fujioka City

About 7,000 winter cherry trees are in bloom during November to December.



Japanese Pears of Meiwa Meiwa Town

Meiwa-machi is known as fruits producer. Japane pears are the most notable. There are a lot of pear far in the town, where juicy pears are lightly scented. A you can find many roadside produce stands by farme



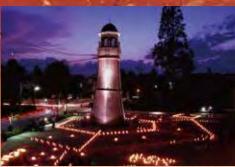
Akabori Kogiku-no-Sato (Isesa

Nearly 20,000 kogiku, or small chrysanthemums are planted all over these smooth hills and beautifully



Isesaki Tokae (Isesaki City

The area around Isesaki Meijikan and Kyujihoshoro, an old-fashioned signal tower, will be lit with 3,000 candles, creating a



Kiryu Tenmangu Shrine and

Kiryu Fashion Week Kiryu City

Kiryu Tenmangu is selected as an important traditional

Himokawa Udon (Kiryu City

Himokawa is a kind of udon noodle popular in Kiryu. It holds a characteristic of thin and wide udon noodle. Its width is 1.5 centimeters - over 10 centimeters, depending on each restaurant.



🔾 🗘 lwajuku Museum 🛭

Ancient stone artifacts and specimens unearthed from the ruins are exhibited in the museum. You can taste prehistoric food there.



🚹 Annual Kanto Chrysanthemum 🤈 Display Midori City

This is a largest festival of chrysanthemum flowers in northern Kanto.











Gunma Astronomical Observatory

he observatory has one of the world's larges lescopes, with a diameter of 150cm.



Yakushi Onsen Higashiagatsuma Town

Located in the remotest part of the Asama-Kakushi Onsen Area, the mountain ryokan offers the atmosphere of a secret onsen.



Roadside Station Nakayamabonchi Takayama Village

It has a day trip onsen facility where visitors can enjoy two types of hot springs.



The building was originally built in Scotland. Then it was removed and rebuilt before renamed as Lockheart Castle in Gunma.



n this unique festival, young men souse each other v



Sukiyaki (Throughout the Prefecture)

Joshu Wagyu beef,Shimonita leeks and konnyaku are Gunma specialties. Enjoy all of these in a delicious



Local sake (Throughout the Prefecture)

Maikaze is local sake made from Gunma's pure natural water, rice and yeast developed in Gunma.





Maebashi Hatsuichi Festival

Stalls are lined up on the street and crowded with people who came to buy lucky charms until late at night. During the festival burning, old Daruma dolls and the parade of portable shrines are also held.



### Daruma Doll Painting Takasaki City

Shorinzan Darumaji Temple Takasaki Cit

A bustling winter festival, Shorinzan Nanakusa Taisai

Daruma-ichi (Daruma Fair), is held every year in



Daruma dolls being made at workshops or try painting the beard and brows onto those faces.



Isobe Onsen Annaka City



The onsen mark 😃 originated here and is now commonly used in Japan.



Isobe Senbei Annaka C

carbonated water of Isobe



### Strawberry Picking



Tsuchi-to-Hi-no-Sato Park Fujioka City

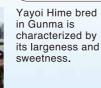
This park is surrounded by mountains and Ayu River. Try a variety of crafts.

Robai-no-Sato Annaka Cit

1,200 wintersweet trees are in bloom with

🚺 Illuminations at Lake Harunako (

The lake is beautifully illuminated. The ropeway runs at night offering a romantic night view.



entire park.







Kiryu the City of Textiles Kiryu City

Textile factories with saw-toothed roofs still remain in Kiryu. Three markets where visitors can get antique kimonos are held every month.



Kiryu Textile Kiryu City

The old saying "Nishijin in the West, and Kiryu in the East" proves the high quality of textile technology in



Yakimanju (Throughout the Prefecture)

Yakimanju is Gunma's specialty snack made by putting sweet and savory miso sauce on wheat balls and grilling them.



Joshu Yakimanju Festival

This Yakimanju is 300 times bigger than normal size and served to visitors.





Illuminations in Gunma Flower Park

Over 1,000,000 lights of illumination decorates the



Enjoy the special lighting within the park while riding the Ferris wheel. lsesaki Illuminations

January.

Gunma

Winter

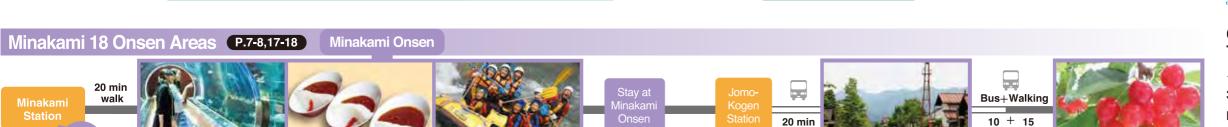
Things to do

# Recommended Routes

## in Gunma















15 min





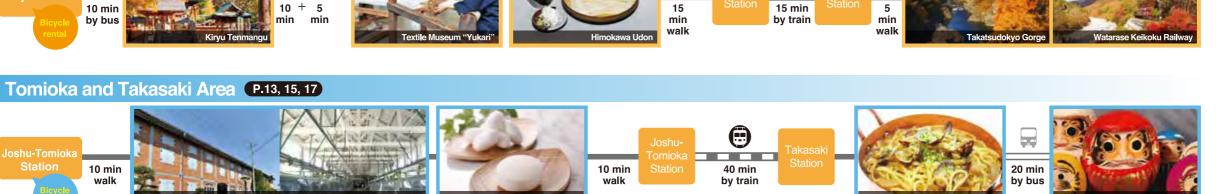
30 min by bus











### Contact

### **Gunma Prefectural Government Tourism and Local Products Division**

1-1-1 Ote-machi, Maebashi-shi, Gunma 371-8570

https://visitgunma.jp/en/

https://www.facebook.com/visitgunma.En https://instagram.com/visitgunma





**Facebook** 

visitgunma.jp

**Gunma Association of Tourism, Local Products & International Exchange** 

Gunma Kaikan 3rd Floor 2-1-1 Ote-machi, Maebashi-shi, Gunma 371-0026

### **Takasaki Tourist Information Center** (JR Takasaki Station)

222 Yashima-cho. Takasaki-shi, Gunma 370-0849









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**iPhone** 

# JR TOKYO Wide Pass

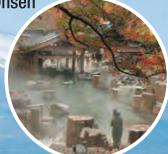
**Consecutive 3-Day Pass** 

JR東京廣域周遊券 JR东京广域周游券 JR Sa 와이드 叫스





Kusatsu Onsen



Takaragawa Onsen



Akagi Nanmen Senbonzakura (Akagi Cherry Blossoms)



Tomioka Silk Mill



Shima Onsen



Ikaho Onsen





https://www.jreast.co.jp/e/tokyowidepass/

JR TOKYO Wide Pass



