About
1 hour
from Tokyo

GUNMA

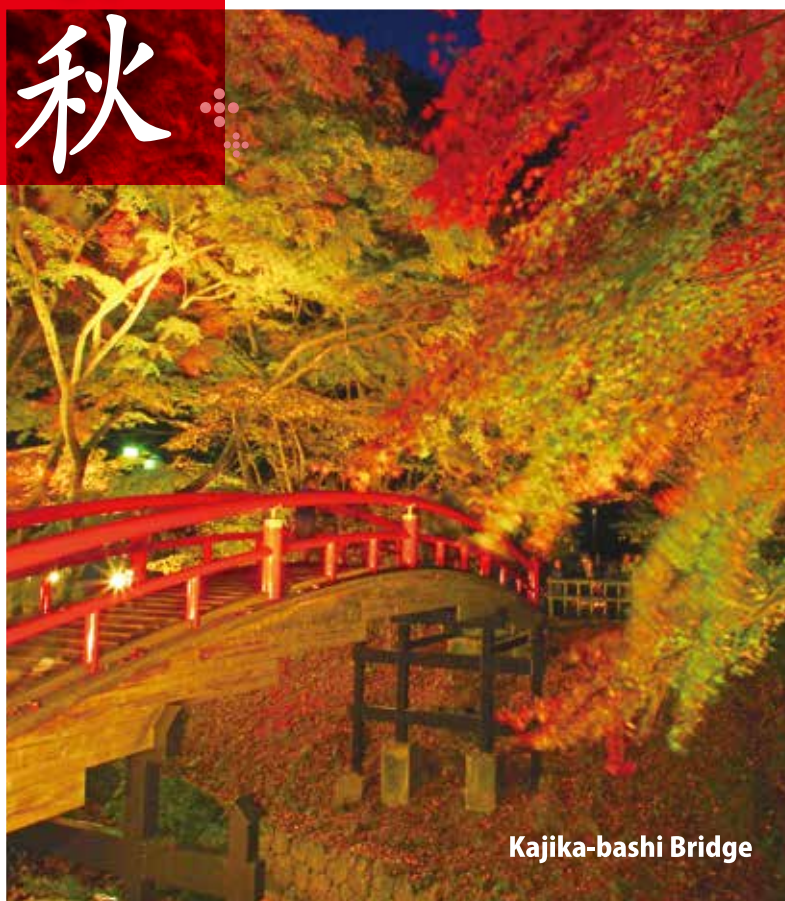
Tourist Guidebook

Tambara Lavender Park

Akagi Nanmen
Senbonzakura

夏 春
冬 秋

Gunma's Powder Snow


Kajika-bashi Bridge

Culture & Experience

Great Nature

Welcome to Gunma

Winter Activities

Onsen Paradise

Food

Gunma-chan

Gunma Prefecture's mascot

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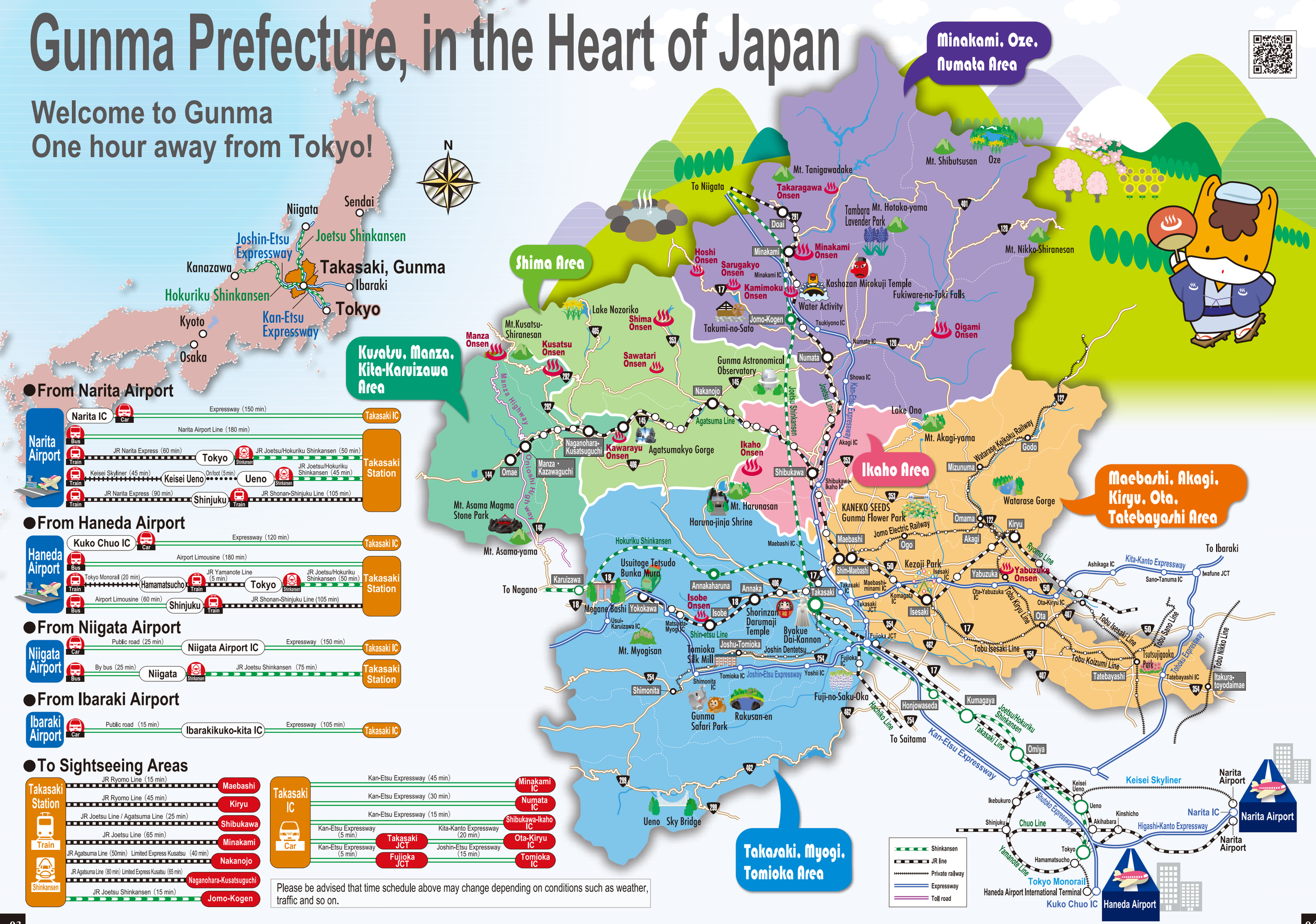
* Photographs, illustrations and maps found in this guidebook are only intended for tourist information. The real items may appear different. It is advised to check in advance i.e. closing days and opening hours.
* Flowering times and ground snow accumulation may change depending on the weather conditions.
* The information provided is current as of September 2019.

Gunma Prefecture, in the Heart of Japan

Welcome to Gunma
One hour away from Tokyo!



●From Narita Airport

Narita Airport

- Car: Narita IC → Takasaki IC — Expressway (150 min)
- Bus: Narita Airport Line (180 min) → Takasaki Station
- Train: JR Narita Express (60 min) → Tokyo → JR Joetsu/Hokuriku Shinkansen (50 min) → Takasaki Station
- Train: Keisei Skyliner (45 min) → Keisei Ueno → On foot (5 min) → Ueno → JR Joetsu/Hokuriku Shinkansen (45 min) → Takasaki Station
- Train: JR Narita Express (90 min) → Shinjuku → JR Shonan-Shinjuku Line (105 min) → Takasaki Station

●From Haneda Airport

Haneda Airport

- Car: Kuko Chuo IC → Takasaki IC — Expressway (120 min)
- Bus: Airport Limousine (180 min) → Takasaki Station
- Train: Tokyo Monorail (20 min) → Hamamatsucho → JR Yamanote Line (5 min) → Tokyo → JR Joetsu/Hokuriku Shinkansen (50 min) → Takasaki Station
- Bus: Airport Limousine (60 min) → Shinjuku → JR Shonan-Shinjuku Line (105 min) → Takasaki Station

●From Niigata Airport

Niigata Airport

- Car: Public road (25 min) → Niigata Airport IC → Expressway (150 min) → Takasaki IC
- Bus: By bus (25 min) → Niigata → JR Joetsu Shinkansen (75 min) → Takasaki Station

●From Ibaraki Airport

Ibaraki Airport

- Car: Public road (15 min) → Ibarakikuko-kita IC → Expressway (105 min) → Takasaki IC

●To Sightseeing Areas

Takasaki Station (Train / Shinkansen)

- JR Ryomo Line (15 min) → Maebashi
- JR Ryomo Line (45 min) → Kiryu
- JR Joetsu Line / Agatsuma Line (25 min) → Shibukawa
- JR Joetsu Line (65 min) → Minakami
- JR Agatsuma Line (50min) Limited Express Kusatsu (40 min) → Nakanojo
- JR Agatsuma Line (80 min) Limited Express Kusatsu (65 min) → Naganohara-Kusatsuguchi
- JR Joetsu Shinkansen (15 min) → Jomo-Kogen

Takasaki IC (Car)

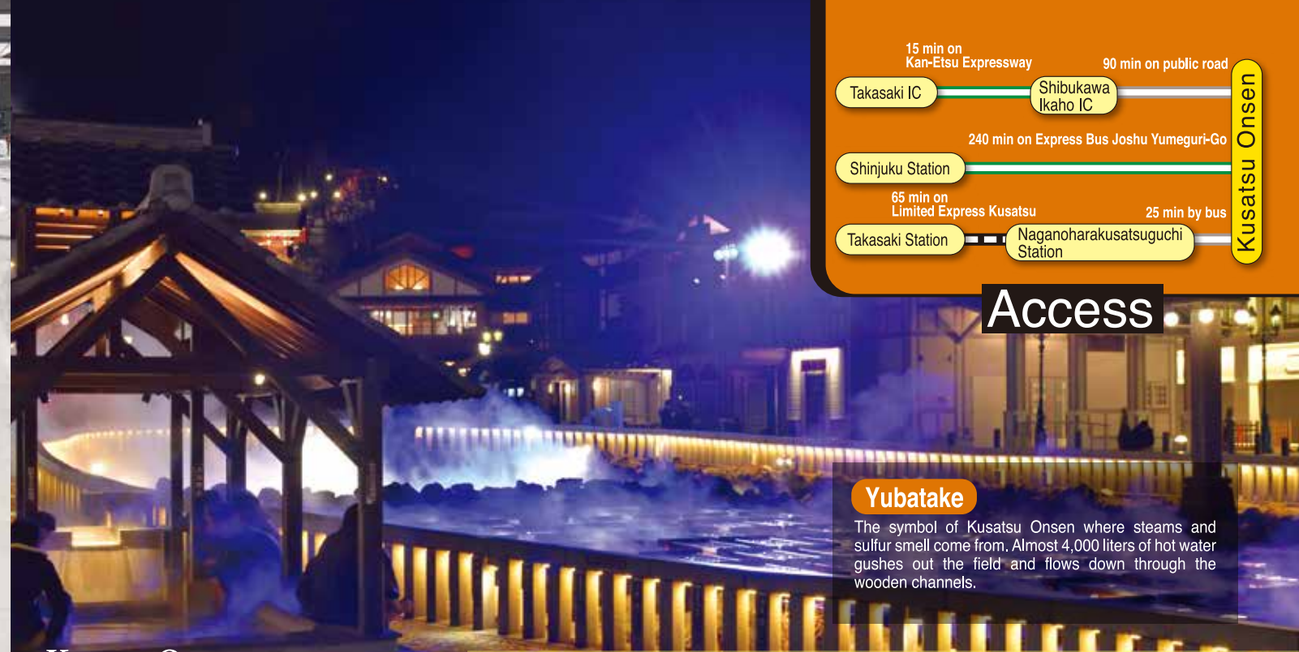
- Kan-Etsu Expressway (45 min) → Minakami IC
- Kan-Etsu Expressway (30 min) → Numata IC
- Kan-Etsu Expressway (15 min) → Shibukawa-Ikaho IC
- Kan-Etsu Expressway (5 min) → Takasaki JCT → Kita-Kanto Expressway (20 min) → Ota-Kiryu IC
- Kan-Etsu Expressway (5 min) → Fujioka JCT → Joshin-Etsu Expressway (15 min) → Tomioka IC

Please be advised that time schedule above may change depending on conditions such as weather, traffic and so on.

KUSATSU ONSEN

Kusatsu Town

Kusatsu Onsen



Access

Takasaki IC — 15 min on Kan-Etsu Expressway — Shibukawa Ikaho IC — 90 min on public road — Kusatsu Onsen

Shinjuku Station — 240 min on Express Bus Joshu Yumeguri-Go — Kusatsu Onsen

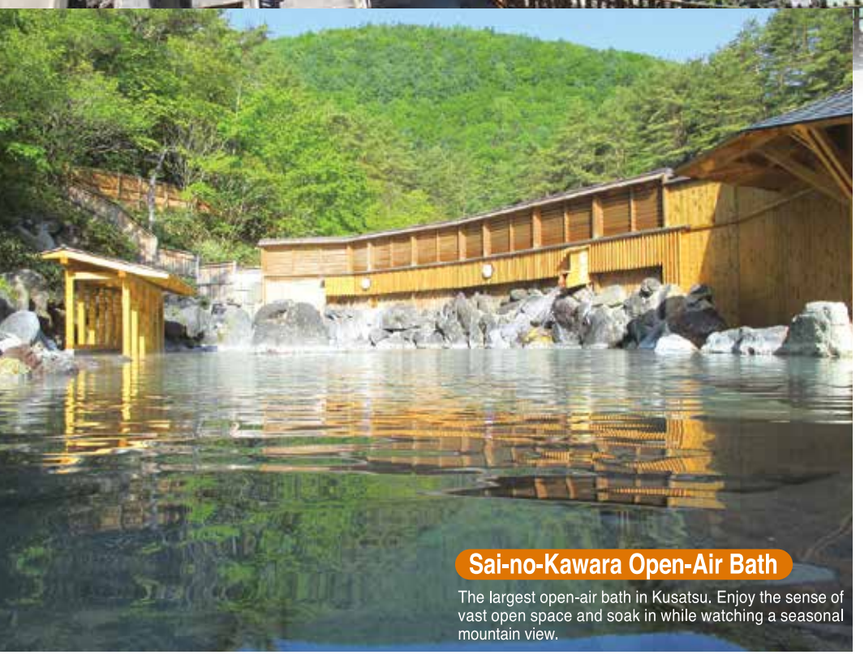
Takasaki Station — 65 min on Limited Express Kusatsu — Naganoharakusatsuguchi Station — 25 min by bus — Kusatsu Onsen

Yubatake

The symbol of Kusatsu Onsen where steams and sulfur smell come from. Almost 4,000 liters of hot water gushes out the field and flows down through the wooden channels.

Kusatsu Onsen

A famous tourist destination, being one of the Three Best Hot Springs in Japan, Kusatsu Onsen boasts the most plentiful hot spring water in Japan (approx. 32,300 liters in every minute).

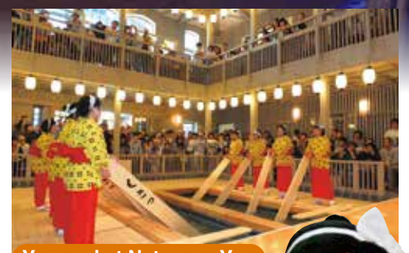


Sai-no-Kawara Open-Air Bath

The largest open-air bath in Kusatsu. Enjoy the sense of vast open space and soak in while watching a seasonal mountain view.

Kusatsu Onsen Ski Resort

Kusatsu Onsen Ski Resort is very popular for leisure that only takes 5 minutes by car from Onsen area.
Enjoy grass skiing, miniature golf and any other activities in summer, and powdery snow in winter.



Yumomi at Netsu-no-Yu

Yumomi is a traditional method of lowering the temperature of the hot spring by stirring it with long wooden boards.

Many shops and restaurants stand at Sai-no-Kawara Street. Rickshaw service is available during summer (late July to Late August).

Products with Kusatsu Onsen extract

Soap, lotion and moisturizer containing onsen ingredients are very popular. Enjoy Kusatsu Onsen at home.

Onsen Manju (Steamed bun)

This manju is filled with sweet azuki bean paste and one of the popular Kusatsu souvenirs.

Kusatsumi Udon

The noodles are made of wheat flour and kumazasa (bamboo grass) harvested in Kusatsu. They are rich in vitamins and calcium.

Ashiyu (foot bath)

Kusatsu Onsen has four public ashiyu (foot bath); located at Yubatake, Jizo-no-Yu and the Bus Terminal.

Otaki-no-Yu

Experience the traditional bathing method of "Awaseyu", starting from lukewarm bath and gradually going up to hot.

Sai-no-Kawara Park

Located in the western part of Kusatsu Onsen, hot spring is gushing everywhere and becomes Yukawa river. Illumination creates fantastic atmosphere with steam for visitors to enjoy strolling in the night.

Kusatsu Garasu-Gura Glass Studio

Located at Sai-no-Kawara Street. Have fun with glass craft experience and buy some beautiful souvenirs.

Goza-no-Yu

This legendary hot spring features building from the Edo (1603-1867) and Meiji (1868-1912) periods that have been rebuilt and is home to two bath houses: Ki no Yu and Ishi no Yu.

Kusatsu Tropical Wonderland

Domes are heated with thermal spring heat, housing some 250 species of 1,000 tropical animals and plants such as capybara.

MINAKAMI 18 ONSEN AREAS

Minakami Town

Minakami 18 Onsen Areas

Minakami 18 Onsen Areas

Located in the midst of the great natural landscape with 18 Onsen resorts. Each resort has unique characteristics.

Minakamikyo Gorge

This gorge was carved by Tone River. Occasionally part of the gorge is lit up, creating a fairy tale like scene.

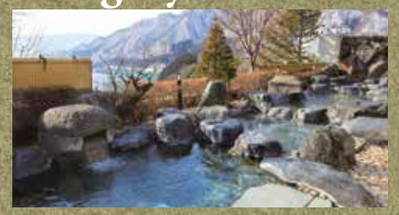
Takaragawa Onsen

Onsen in the midst of mountains. The most famous Maka-no-Yu bath has magazine reporters queuing to cover its attraction.

Hoshi Onsen

This wooden bath house has over 100-year history. Its hot spring water flows out from the beneath.

Sarugakyo Onsen

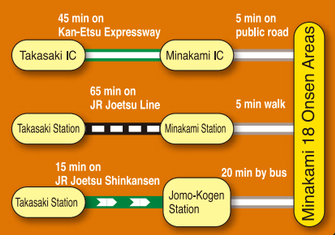


This onsen resort commands beautiful vistas of the grand Tanigawa Range and Lake Akayako.

Kamimoku Onsen

Located along Tone River with a long history as a medical hot spring.

Access



Paragliding

Fly up the big sky of Minakami. One-day experience course and tandem flying course with a veteran flyer are available.

Mt. Tanigawadake

It is one of the "100 Mountains of Japan". The Tanigawadake Ropeway commands a magnificent view of Tenjindaira.

Ichinokura Valley

One of the three major rock faces of Japan. There are some routes to see the valley which are suitable for trekking.

Winter Activities

Enjoy various kinds of winter activities with powdery snow.

Minakami Fruit Land Mogitore

Enjoy fruit picking depending on the season such as strawberries in the winter, blueberries and peaches in the summer, and apples in the autumn. Cakes made from seasonal fruit are also popular.

Mogitore

Takumi-no-Sato

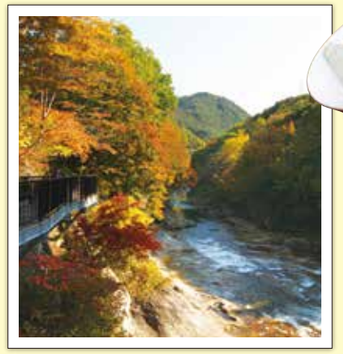
Takumi no Sato is home to many establishments that make traditional handicrafts including woodwork, bamboo work, and Japanese paper. Come and try your hand at making something you'll enjoy while being taught by a craftsperson. Takumi no Sato is even featured in the Michelin Guidebook.

Roadside Station Mizukikokan

Refresh your feet in foot bath while enjoying aquarium of freshwater fish beside the clear water of Tone River.

Suwakyo Gorge

Huge rocks, waterfalls and a swing bridge are popular. Outstanding maple trees at Maple Park magnify the beauty of the gorge.



Dam curry rice

Minakami Town has 5 dams, and is known as the water reservoir of Kanto Region. This full-sized Dam-looking curry is served at inns and restaurants in the town.

Stone Steps Hina Festival

Traditional event in early March to grant young girls healthy growth. Cute little children wearing Hina doll costumes are lined up on the Stone Steps.

Ikaho Hawaiian Festival

Hawaii and Shibukawa are sister cities. Every summer the Onsen Town becomes the hula dance capital.

Mizusawa Kannon

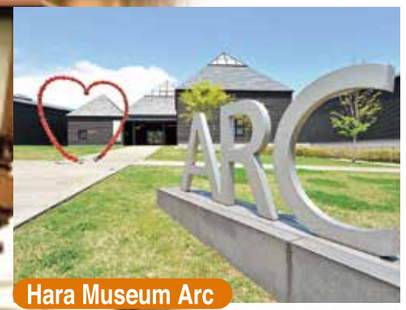
The main hall erected in 1787 is an Important Cultural Property. The sitting figure of Amida Nyorai in the Shakado is a Kannon famous for granting blessings.

Mizusawa Udon

This udon is one of the three major udon noodles in Japan with over 400-year history.

Ikaho Onsen Open-Air Bath

A public bath in Ikaho Onsen. Azalea flowers in the bath pools are pretty in spring.



Hara Museum Arc

A modern art museum that exhibits superb pieces of pop-art from Japan and overseas, as well as antique Japanese art works.

Ikaho Toy, Doll and Car Museum

Toys, dolls, and classic cars are exhibited. Anyone at any age can enjoy the attraction of this museum.

Ikaho Green Bokujo

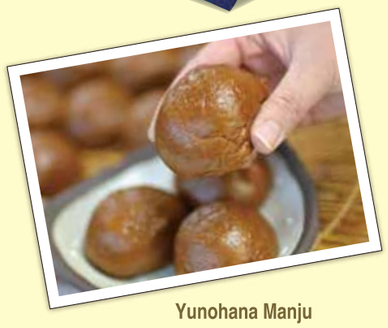
Have fun with animals. It is worth watching trained sheepdogs control sheep.

Yukata

Free fashionable yukatas are available at some accommodations.

Shateki toy-gun shooting

Load a toy gun with cork-bullets and aim at your favorite prize.



Yunohana Manju

The brown bun was made to resemble the color of brown Ikaho's hot spring water.

Ikaho Stone Steps

The 365 stone steps are the symbol of Ikaho Onsen. There is a foot bath half way up for tourists to rest.

IKAHO ONSEN

Shibukawa City

Ikaho On sen

Ikaho Onsen

This onsen resort is famous for two types of hot waters: "Kogane-no-Yu (Golden water)" and "Shirogane-no-Yu (Silver water)". The resort is surrounded by many attractions such as Lake Harunako.

Access

Ikaho Onsen

- Takasaki IC — 15 min on Kan-Etsu Expressway — Shibukawa Ikaho IC — 20 min on public road
- Shinjuku Station — 150 min on Express Bus Joshu Yumeguri-Go
- Takasaki Station — 25 min on JR Joetsu Line /Agatsuma Line — Shibukawa Station — 25 min by bus

Chatsubomi Moss Park

Extensive growth of rare chatsubomi moss that only grows near acidic water can be found at this park. The bright green color looks even brigher in spring and autumn.

Lake Nozoriko

Highland dam-lake surrounded by 2,000 m mountains.

Nakanojo Biennale

This art festival is held every two years and many participants come from worldwide.

Public baths, spring water drinking and foot bath

Maya-no-Taki Falls **Koizumi-no-Taki Falls**

Autumn is the best season to visit.

Lake Shimako

Enjoy lake canoeing and standup paddleboarding at a location surrounded by the beauty of nature. We recommend coming to see the beautiful blue waters of the lake in spring.

Hinatami Yakushido

Yakushi Buddha said to have salvaged people from pains of diseases and has been worshiped for a long time.

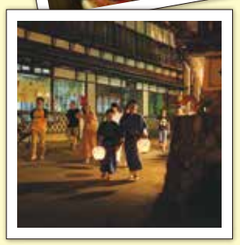
SHIMA ONSEN

Nakanojo Town

Shima Onsen

Ochiai Street

There are restaurants, souvenir shops, smartball play center.



Paper lantern walk

Take a walk around onsen in yukata with a paper lantern. Enjoy the night onsen atmosphere.

Japanese/ Western "Sweets" trail in Shima Onsen

Shima Onsen offers Japanese and western confectionaries stores. They are very popular among female visitors.

Onsen goods

Apple shop's Body Soap

A local product made from moisturizing Shima Onsen spring water and juice of local apples.

Shima Onsen Moisturizing Mist

Moisturizing spray made from Shima Onsen spring water.

Shima Onsen Soap

It contains skin beautifying ingredients of Shima Onsen spring water and other moisturizing compounds such as collagen.

Shima Onsen

Shima Onsen is surrounded by the beauty of nature like mountains and Shima River. You will marvel at traditional accommodations with historical values and nostalgic town atmosphere.

Access

Shima Seiryu-no-Yu

A traditional Japanese architecture with open-air and indoor baths.

Tomioka Silk Mill
Light-up of cherry blossoms Tomioka City

The first government-operated machine-reeling plant in Japan was founded in 1872 and is designated as a World Heritage Site in 2014. The site increases its beauty when lit up at night.

Silk products Tomioka City

Silk made from Tomioka cocoons are used in textile products. Soaps and cosmetic products have also been developed from silk.

春

Spring

Akagi Nanmen Senbonzakura Maebashi City

1.3 km-stretch of Someiyoshino cherry blossoms. Especially impressive at night when lit up.

Gunma Things to do Spring

Three Cherished Stalae of Ancient Kozuke Takasaki City

Three Cherished Stalae of Ancient Kozuke (Kozuke Sanpi) is a general term for three ancient stone monuments; Yamanouehi, Tagohi,and Kanaizawahi which were built between 7th and 8th century. The three monuments have been nationally designated as the Special Historic Sites.

Kezoji Park Isesaki City

Someiyoshino cherry blossoms and azaleas are beautiful in April and May. The 65m-high ferris wheel offers spectacular view.

Shiroijuku Shibukawa City

Shiroijuku retains Edo Period (1603–1867) atmosphere. Shiroijuku Cherry Festival is held in late April.

Shikishima Park Kadokura Techno Rose Garden Maebashi City

Shikishima Park has 7,000 roses blooming from mid-May through mid-June. Night time light-up is a must-see.

KANEKO SEEDS Gunma Flower Park Maebashi City

200,000 tulip flowers fully blooms across the park. Cherry blossom, daffodils, and roses are all impressive.

Fuji-no-Saku-Oka Fujioka City

Enjoy 250 m-long wisteria trellis and exhibition garden with 45 varieties of wisterias.

Nakanotake Shrine Shimonita Town

At the shrine stands the largest Daikoku statue in Japan (20m tall, weighs 8.5 t).

Gunma Safari Park Tomioka City

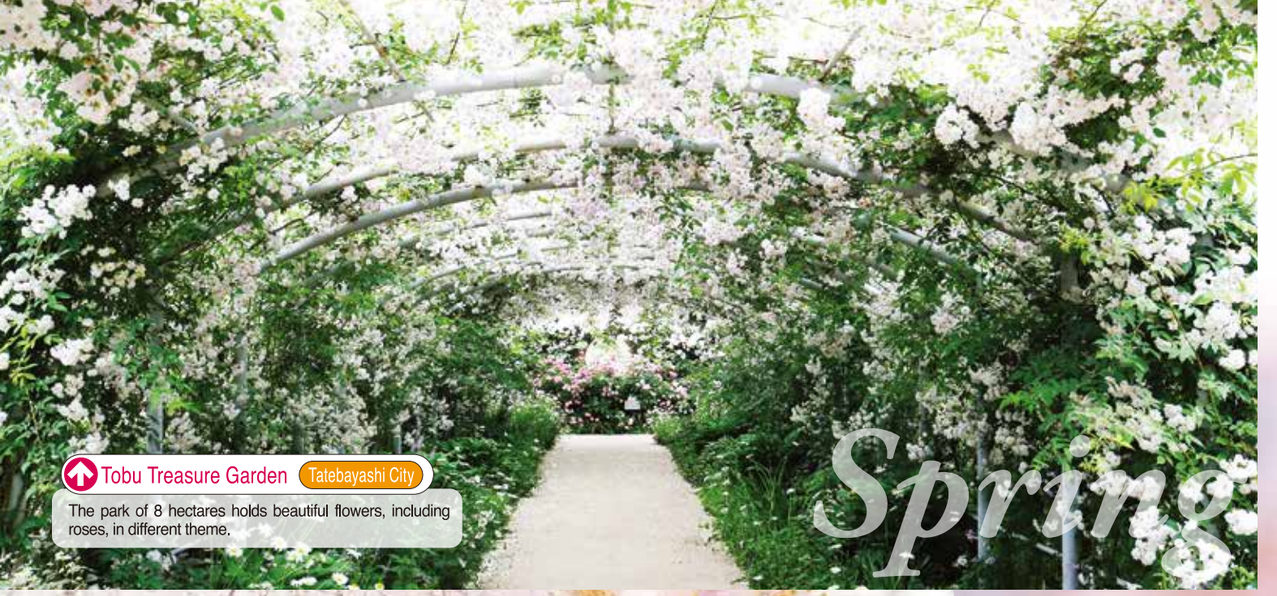
Some 1,000 animals with 100 different species roam in the park.

Byakue Dai-Kannon Takasaki City

Go inside the statue of Goddess of Mercy with the height of 41.8 m and see 20 smaller Buddha statues.

Mt. Myogisan Tomioka City, Annaka city and Simonita Town

The 1,104 m-high Mt. Myogisan is one of the Three Famous Mountains in Gunma. This rocky lumps create a perfect view when cherry blossoms or autumn leaves appear.



Spring

Tobu Treasure Garden Tatebayashi City

The park of 8 hectares holds beautiful flowers, including roses, in different theme.

Samurai Procession at Castle Town Obata Cherry Festival Kanra Town

The procession of people in samurai costume is attracting large crowds.

Gunma Things to do Spring

Oigami Onsen Numata City

This onsen resort is close to Fukiware-no-Taki Falls and Katashina Gorge. Its spring is known as the Spring of Beauty and Healing.

Takasaki Pasta Takasaki City

Takasaki is known as The Town of Pasta. Many restaurants offer a wide range of menu at reasonable prices.

Rakusan-en Kanra Town

It is the only garden with water-feature design in Gunma that a feudal lord in Edo Period (1603-1867) established.

Oigami Onsen "Daija" Festival Numata City

At the festival roams the world's longest mikoshi (108 m) of serpent God around Oigami Onsen.

Misato Moss Phlox Park Takasaki City

Its 2.9 hectare site becomes a carpet of shibazakura or moss phlox flowers.

Koinobori Festival Tatebayashi City

Enjoy an outstanding view of thousands of carp streamers (Koinobori).

Hachiojiyama Park Ota City

300 cherry trees and moss phlox flowers bloom in every spring. 32,000 shrubs of azaleas bloom subsequently.

Agebune boat at Yata River Itakura Town

Agebune is a boat used to escape in flood in old days, now used for sightseeing in Yata River.

Tsutsujigaoka Park Tatebayashi City

There are over 800 years old torch azalea tree, rare old Edo Kirishima variety azalea and many other types of azaleas.

Bunbuku Chagama Kamatama Udon Tatebayashi City

This udon noodles is served in a raccoon shaped bowl.

Trolley trains on Watarase Keikoku Railway Takatsudokyo Gorge Midori City

No-window train travels above the beautiful green gorge of Watarase River. 300 hanamomo peach trees bloom in early April.

Summer

Rafting — Minakami Town

River water levels vary seasonally which caters to the enjoyment of both beginners and experienced rafters.

Canyoning — Minakami Town

River sport that has it all-you can swim, float and jump from rocks. It is time for adventure!

Fukiware-no-Taki Falls — Numata City

This 7m tall - 30m wide fall is one of the 100 Best Waterfalls in Japan.

Day lilies in Oze — Katashina Village

Oze features the largest marshland in Honshu.

Bungee jumping — Minakami Town

Dive towards the Tone River and enjoy the natural beauty and thrill!

Corn Road — Katashina Village

Many shops with the rich roasted corn aroma stand along the road.

Akabori Japanese Iris Garden — Isesaki City

The Akabori Japanese Iris Festival with 24,000 irises is held in mid-June.

Akagi-jinja Shrine — Maebashi City

This shrine is located along the shore of Lake Ono and enshrines the guardian god of Mt. Akagi-yama.

Mt. Akagi-yama — Maebashi City

This mountain is one of the One Hundred Mountains of Japan. Enjoy boating at Lake Ono.

Tambara Lavender Park — Numata City

This vast ski slope turns into a field of 50,000 lavenders creating a purple carpet.

Numata Festival — Numata City

The tengu Mikoshi float carried only by women is one of the most popular highlights of the festival.

Kashozan Mirokuji Temple — Numata City

Mt. Kashozan is called the Tengu's holy mountain. The temple features a collection of tengu enshrinements including the largest tengu mask in Japan.

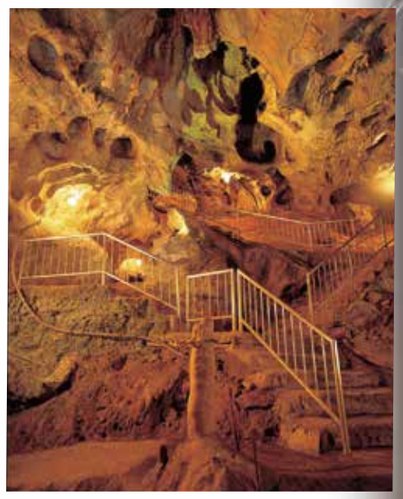
Gunma Things to do Summer

Megane Bashi Bridge and Apt road
Annaka City

This 31 meter-high brick rail bridge is the largest in Japan and also called Megane (Glasses) Bashi from its shape. The rail bed is renovated into a walking trail called the "Apt road".

Isobeyana
Annaka City

Enjoy fresh trout dishes while enjoying the river scenery.



Usuitoge Tetsudo Bunka Mura
Annaka City

This is a railroad theme park that tells the history of the local railroad and locomotives.

Sky Bridge / Fujido Cavern
Ueno Village

Numerous large stone pillars in the limestone cavern are lit up creating a mystical atmosphere. And the 90 m high suspension bridge affords a magnificent view.

Aisai-no-Oka
Tsumagoi Village

Men shout love at women on their mind on Aisai-no-Oka or "the Hill of Devoted Husband" in the middle of a vast cabbage field.

Cabbage field
Tsumagoi Village

Tsumagoi produce one of the largest amounts of cabbage in Japan.

Haruna Fruits Road
Takasaki City

Haruna area is famous for fruits such as blueberries, peaches and Japanese pears.

Gunma Things to do Summer

Ohinata-no-Hitoboshi
Nanmoku Village

This festival is held on August 14th and 15th in Nanmoku Village to commemorate ancestors. Bundles of hay are set on fire, tied to ropes, and swung around on a bridge.

Tamamura Fireworks
Tamamura Town

The close distance between viewing spots and the firing site offers a great view of the fireworks.

Maebashi, TONTON-no-Machi
Maebashi City

Maebashi is famous for pork as it is one of the largest pork producers in Japan and called TONTON-no-Machi(TON as pig in Japanese).

Kiryu Yagibushi Festival
Kiryu City

Yagibushi is a traditional Gunma folksong. This festival features a Gion Festival, children's floats, and musical competitions.

Tatebayashi Tezutsu Fireworks
Tatebayashi City

The impressive fireworks are shot from hand-held huge cylinders and can be seen in only Tatebayashi across Kanto area.

Maebashi Tanabata Festival
Maebashi City

One of the largest Tanabata festivals in northern Kanto region. Enjoy glamorous Tanabata decorations, regional product fairs, and other enthralling events and displays.

Joshu Ota Yakisoba
Ota City

Some 40 yakisoba noodle restaurants have their own unique sauce, but all use thicker noodles and lots of cabbage.

Ojima Neputa Festival
Ota City

7 m tall neputas (paper lanterns) with the festive Japanese drum performance create a spectacle in a summer night.

Summer

Autumn

秋

Illumination at Kajika-bashi Bridge
Shibukawa City

Enjoy one of the best red leaves spot in Ikaho Onsen especially in late October. The leaves are lit up at night, offering beautiful scenery.

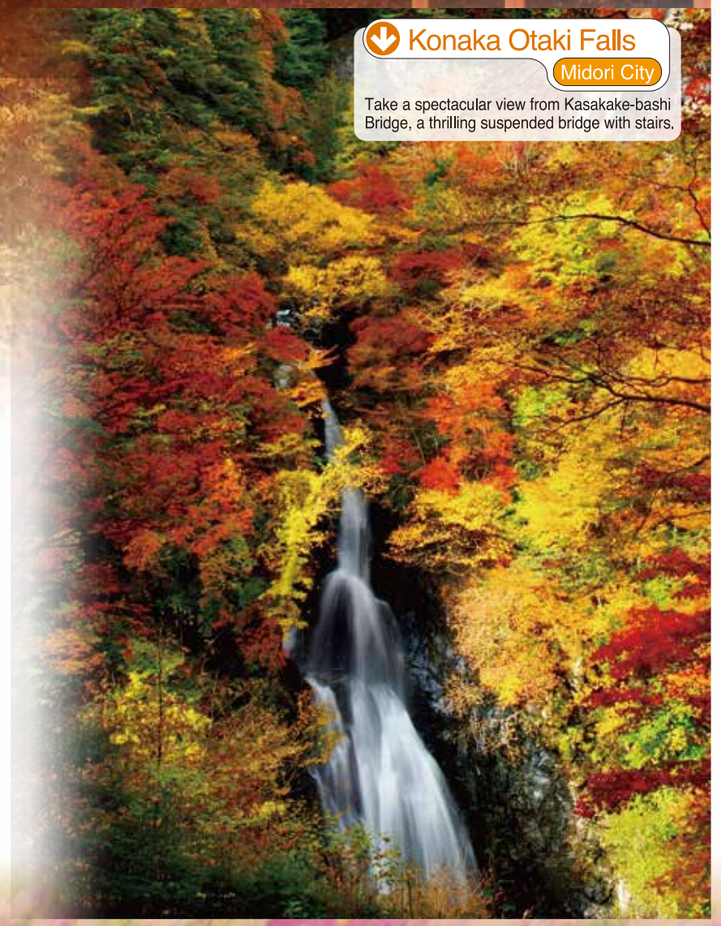
Kichijoji Temple
Kawaba Village

Kichijoji Temple is a Zen temple which was built in 1339. It is renowned for its seasonal flowers. You can leisurely stroll in the garden which is beautifully colored with autumn leaves.

Gunma Things to do Autumn

Konaka Otaki Falls
Midori City

Take a spectacular view from Kasakake-bashi Bridge, a thrilling suspended bridge with stairs.



Manza Onsen
Tsumagoi Village

This milky white hot spring is particularly popular among women for its skin toning qualities.

Mt. Asama Magma Stone Park
Tsumagoi Village

The lava from Mt. Asama-yama created a one-of-kind landscape. The scenery that shows the fierceness of the eruption to this date is now turned to a spectacular lava art.

Apple Picking
Throughout the Prefecture

Enjoy picking a wide variety of apples like Gunma Meigetsu and Akagi across Gunma.

Kawaba Denen Plaza
Kawaba Village

Taste the local delicacies at restaurants and have fun with food workshops on its vast premises at the foot of Mt. Hotaka-yama.

Agatsumakyo Gorge
Naganohara Town / Higashiagatsuma Town

Agatsumakyo Gorge is located around Agatsuma River, and it is known as the National Site of Scenic Beauty. There are a lot of amazing natural landscapes, such as oddly-shaped rocks, waterfalls, etc...
The valley is beautifully decorated with autumn leaves on trees that stands at riverside around late October.

Usaburo Kokeshi
Shinto Village

Take these cute modern kokeshi dolls as souvenir. A workshop to make your own kokeshi doll is available.

Okkirikomi
Throughout the Prefecture

Okkirikomi is a pot dish in which wide, flat noodles are cooked with seasonal vegetables and mushrooms.

TOGOKU BUNKA
(The Culture in the Eastern Provinces of Ancient Japan)
Throughout the Prefecture

TOGOKU BUNKA refers to a thriving civilization that developed from the Kofun Period to Heian Period in the region that is now called Kanto.

Ginhikari
Throughout the Prefecture

Try Gunma's selectively bred rainbow trout. Recommended to eat as SASHIMI.

Tsukiyono Vidro Park Minakami Town

Factory Tours are offered as well as classes of glassblowing and music box making.

Grape Picking Throughout the Prefecture

Various types of grapes are grown, including Delaware and Kyoho.

Mt.Harunasan Takasaki City

One of the Three Famous Mountains of Gunma. Enjoy beautiful autumnal leaves in mid-October through early November.

Autumn

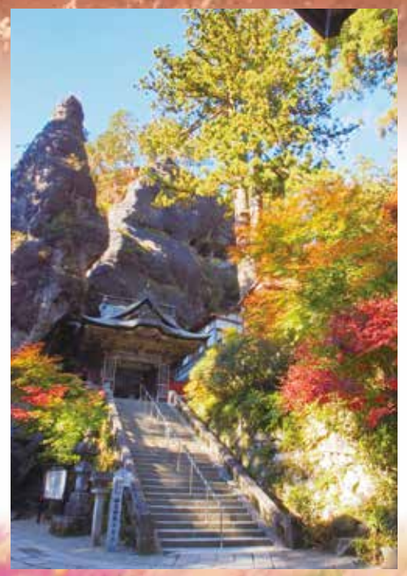
Gunma Things to do Autumn

Shinto Winery Shinto Village

See the whole process of Shinto Villages specially grown grapes turn into exquisite wine, and taste the wines at the adjacent shop.

Haruna-jinja Shrine Takasaki City

The pavilion of this 1,400 years old shrine is listed as the national cultural assets.



Sakurayama Garden Fujioka City

About 7,000 winter cherry trees are in bloom during November to December.

Japanese Pears of Meiwa Meiwa Town

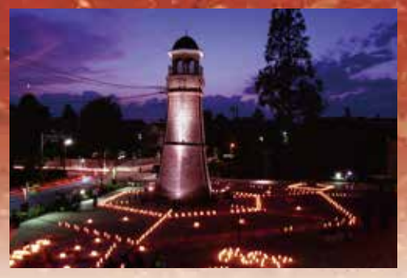
Meiwa-machi is known as fruits producer. Japanese pears are the most notable.There are a lot of pear farms in the town, where juicy pears are lightly scented. Also, you can find many roadside produce stands by farmers.

Akabori Kogiku-no-Sato Isesaki City

Nearly 20,000 kogiku, or small chrysanthemums are planted all over these smooth hills and beautifully bloom in mid-October.

Isesaki Tokae Isesaki City

The area around Isesaki Meijikan and Kyujihoshoro, an old-fashioned signal tower, will be lit with 3,000 candles, creating a magical atmosphere.



Kiryu Tenmangu Shrine and Kiryu Fashion Week Kiryu City

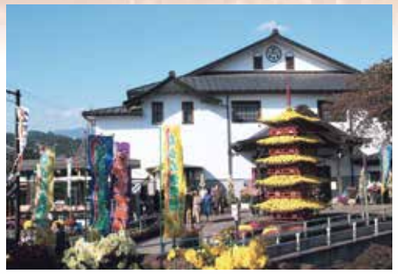
Kiryu Tenmangu is selected as an important traditional construction. Events embracing Kiryu tradition as a textile city are held across the city.

Himokawa Udon Kiryu City

Himokawa is a kind of udon noodle popular in Kiryu. It holds a characteristic of thin and wide udon noodle. Its width is 1.5 centimeters - over 10 centimeters, depending on each restaurant.

Iwajuku Museum Midori City

Ancient stone artifacts and specimens unearthed from the ruins are exhibited in the museum. You can taste prehistoric food there.



Annual Kanto Chrysanthemum Display Midori City

This is a largest festival of chrysanthemum flowers in northern Kanto.

Winter

Winter Activities
Throughout the Prefecture

Gunma is surrounded by mountains, blessed with rich snowfall. It enables tourists to enjoy various kinds of winter activities.

Gunma Astronomical Observatory
Takayama Village

The observatory has one of the world's largest telescopes, with a diameter of 150cm.

Yakushi Onsen
Higashiagatsuma Town

Located in the remotest part of the Asama-Kakushi Onsen Area, the mountain ryokan offers the atmosphere of a secret onsen.

Roadside Station Nakayamabonchi
Takayama Village

It has a day trip onsen facility where visitors can enjoy two types of hot springs.

Lockheart Castle
Takayama Village

The building was originally built in Scotland. Then it was removed and rebuilt before renamed as Lockheart Castle in Gunma.

Yukake Festival at Kawarayu Onsen
Naganohara Town

In this unique festival, young men souse each other with hot water in the freezing coldness.

Sukiyaki
Throughout the Prefecture

Joshu Wagyu beef,Shimonita leeks and konnyaku are Gunma specialties. Enjoy all of these in a delicious sukiyaki pot!

Local sake
Throughout the Prefecture

Maikaze is local sake made from Gunma's pure natural water, rice and yeast developed in Gunma.

Snowshoeing

Snow Tubing

Snow Rafting

Maebashi Hatsuichi Festival
Maebashi City

Stalls are lined up on the street and crowded with people who came to buy lucky charms until late at night. During the festival burning, old Daruma dolls and the parade of portable shrines are also held.

Gunma Things to do Winter

Daruma Doll Painting Takasaki City

Take a look at Daruma dolls being made at workshops or try painting the beard and brows onto those faces.

Shorinzan Darumaji Temple Takasaki City

A bustling winter festival, Shorinzan Nanakusa Taisai Daruma-ichi (Daruma Fair), is held every year in January.

Isobe Onsen Annaka City

The onsen mark ♨ originated here and is now commonly used in Japan.

Isobe Senbei Annaka City

These sweets contain carbonated water of Isobe Onsen.

Illuminations at Lake Harunako Takasaki City

The lake is beautifully illuminated. The ropeway runs at night offering a romantic night view.

Robai-no-Sato Annaka City

1,200 wintersweet trees are in bloom with goldern-clolor flower spreading its sweet scent in entire park.

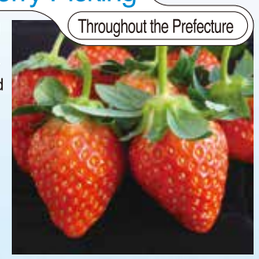
Tsuchi-to-Hi-no-Sato Park Fujioka City

This park is surrounded by mountains and Ayu River. Try a variety of crafts.

Strawberry Picking

Throughout the Prefecture

Yayoi Hime bred in Gunma is characterized by its largeness and sweetness.



Gunma Things to do Winter

Kiryu the City of Textiles Kiryu City

Textile factories with saw-toothed roofs still remain in Kiryu. Three markets where visitors can get antique kimonos are held every month.

Kiryu Textile Kiryu City

The old saying "Nishijin in the West, and Kiryu in the East" proves the high quality of textile technology in Kiryu.

Yakimanju Throughout the Prefecture

Yakimanju is Gunma's specialty snack made by putting sweet and savory miso sauce on wheat balls and grilling them.

Joshu Yakimanju Festival Isesaki City

This Yakimanju is 300 times bigger than normal size and served to visitors.

Ota Illumination Ota City

Enjoy otherworldly scenery as you walk around a specially lit slope set aside within the park.

Isesaki Illuminations Isesaki City

Enjoy the special lighting within the park while riding the Ferris wheel.

Illuminations in Gunma Flower Park Maebashi City

Over 1,000,000 lights of illumination decorates the park fantastically.

Recommended Routes in Gunma

Major Onsen

Gunma culture

Kusatsu Onsen Area P.5-6

Kusatsu Onsen

Kusatsu Onsen Bus Terminal — 5 min walk

Yubatake

Kusatsumi Udon

Yumomi

15 min walk

Sai-no-Kawara Open-Air Bath

Stay at Kusatsu Onsen

Minakami 18 Onsen Areas P.7-8,17-18

Minakami Onsen

Minakami Station (Bicycle rental) — 20 min walk

Mizukikokan

Dam Curry Rice

Outdoor Activities

Stay at Minakami Onsen

Jomo-Kogen Station — 20 min by bus

Takumi-no-Sato

Bus+Walking: 10 min + 15 min

Minakami Fruit Land Mogitore

Ikaho Onsen Area P.9-10

Ikaho Onsen

Shibukawa Station — 15 min by bus

Ikaho Green Bokujo

15 min by bus

Stone Steps

Toy-Gun Shooting

Stay at Ikaho Onsen — 10 min by bus

Mizusawa udon

5 min by bus

Ikaho Toy, Doll and Car Museum

Shima Onsen Area P.11-12

Shima Onsen

Nakanojo Station — 15 min by bus

Lake Shimako

30 min by bus

Ochiai Street

Seiryu-no-Yu

Stay at Shima Onsen — Hiking — 20 min walk

Hinatami Yakushido

Hiking — 20 min walk

Koizumi-no-Taki Falls

Kiryu and Midori Area P.16, 24, 28

Kiryu Station (Bicycle rental) — 10 min by bus

Kiryu Tenmangu

Bus+Walking: 10 min + 5 min

Textile Museum "Yukari"

Himokawa Udon

15 min walk

Kiryu Station — 15 min by train — Omama Station

5 min walk

Takatsudokyo Gorge

Watarase Keikoku Railway

Tomioka and Takasaki Area P.13, 15, 17

Joshu-Tomioka Station (Bicycle rental) — 10 min walk

Tomioka Silk Mill

Silk products

10 min walk

Joshu-Tomioka Station — 40 min by train — Takasaki Station

Takasaki Pasta

20 min by bus

Daruma Painting

Contact

Gunma Prefectural Government Tourism and Local Products Division

1-1-1 Ote-machi, Maebashi-shi, Gunma
371-8570

https://visitgunma.jp/en/
https://www.facebook.com/visitgunma.En
https://instagram.com/visitgunma

visitgunma.jp — Facebook

Gunma Association of Tourism, Local Products & International Exchange

Gunma Kaikan 3rd Floor
2-1-1 Ote-machi, Maebashi-shi, Gunma
371-0026

Takasaki Tourist Information Center (JR Takasaki Station)

222 Yashima-cho,
Takasaki-shi, Gunma
370-0849

Tourist Information

Safety Tips
Disaster information app (free)

Android — iPhone

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Kusatsu Onsen

Takaragawa Onsen

Akagi Nanmen Senbonzakura
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Ikaho Onsen

Tomioka Silk Mill

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The information provided is current as of September 2019.