

HIGHER EDUCATION PROSPECTUS  
RANGERS CAMPUS



**STUDY AT RANGERS SOCCER ACADEMY**  
**IN THE HEART OF INDUSTRY.**

**UCS**  
ucsport.org

# WHO WE ARE

Rangers Soccer Academy, working with UCS, enables students and student athletes to access University age provision within the inspirational environment of Ibrox Stadium via UCS Lecturers whilst utilising the club's other practical facilities to supplement the academic delivery.

Rangers also provides additional industry work experience for students across areas such as coaching, scouting, match analysis and life as an athlete.

UCS employed lecturers will deliver the academic content of the programme.



# UCS

UCS is the Higher Education arm of VLUK, a Nationwide government funded and regulated training provider. We educate approximately 1500 learners in each Academic Year, with a proven track record of outstanding learner outcomes in the sports and performing arts industries.

Our core philosophy revolves around bringing theoretical knowledge to life through industry-specific practical learning. We believe in developing core academic skills for all learners to engage in further and higher education, with appropriate exit routes to positive destinations being a key focus.

Our target is for all learners to be confident young people who are engaged in lifelong learning, developing softer skills, and becoming competitive in the workplace and employable in their chosen industry.

## RANGERS FOOTBALL CLUB

Rangers is a professional football club based in Glasgow, with teams competing in the men's and women's Scottish top divisions. Rangers is built on tradition, history and success, and in 2022, will be the first major European club to reach the 150th anniversary milestone.

The ambition of Rangers is to achieve domestic and international success on and off the pitch, through aspirational innovation, determination, and unity to be at the forefront of our industry.

Rangers is proud to be a modern, diverse football club where people from all backgrounds, cultures and communities can unite to celebrate and support a common cause.

Rangers Soccer Academy, provides a range of bespoke educational and sport development programmes in the UK and internationally.



# WHERE TO FIND US

FOR MORE INFORMATION EMAIL: [SOCCERACADEMY@RANGERS.CO.UK](mailto:SOCCERACADEMY@RANGERS.CO.UK)



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## HOME OF RANGERS FOOTBALL CLUB

The programme is based between Rangers home ground, Ibrox Stadium located in the Govan district of Glasgow and the Club's state-of-the art training centre in Milngavie. Both easily accessible by bus routes and train or subway.

### Addresses:

Ibrox Stadium, 150 Edmiston Drive, Glasgow, G51 2XD  
Rangers Training Centre, Auchenhowie Road, Glasgow,  
G62 6EH







# CAREER OPPORTUNITIES



Along with working towards a Bachelor of Science (BSc) Undergraduate Degree we offer a wide range of work placement opportunities for our learners. An essential aspect of working in professional sport is gaining a variety of work experience, as this will enhance the possibilities of working in your designated career. We offer these work experiences in a variety of areas, such as:

- Sports Coaching
- Sports Analysis
- Talent Identification
- Strength and Conditioning
- Teaching
- Player Pathway Programme

A key aspect of The Rangers Soccer Academy is that alongside the BSc degree each learner is provided with a variety of opportunities to gain work experience in a multitude of roles.



# BSC SPORTS COACHING



## YEAR 1

Higher National  
Certificate in Sport and  
Exercise Science  
(Coaching Science)

## YEAR 2

Higher National Diploma in  
Sport and Exercise Science  
(Coaching Science)

## YEAR 3

Bachelor of Science (BSc)  
in Sports Coaching



RELENTLESS  
**EXCELLENCE**  
ASPIRATIONAL  
DIVERSE  
YOURS

EST.  
**1872**





# THE COURSE:

The Higher National Certificate in Sport and Exercise Science (Coaching Science) provides opportunities for learners to develop their knowledge in high-performance sport. The modules allow for learners to fully understand how athletes can reach optimal performance. The HNC is made up of a series of modules:

Unit 1 – Sports Nutrition

Unit 2 – Fundamentals of Sport and Exercise Psychology

Unit 3 – Anatomy & Physiology

Unit 4 – Professional Skills (Pearson Set)

Unit 5 – Coaching Practice and Skills Development

Unit 6 – Training, Fitness, Testing

Unit 7 – Physical Activity, Lifestyle & Health

Unit 11 – Injury Prevention



## HIGHER NATIONAL CERTIFICATE SPORTS COACHING SCIENCE

The Higher National Certificate in Sport and Exercise Science (Coaching Science) provides students with the opportunity to develop an understanding of the roles of sports development and coaching, as well as practice managerial skills and knowledge that can be applied within a variety of sports industries.

Course Type:  
Full time

Course Duration  
One Year (Year 1 of 3)

Entry Requirements:  
96 UCAS points

Plus English and Maths at or equivalent to the following levels: Scottish Intermediate 2 certificates grade A to C  
Scottish Standard Grades (credit Level) grade 1 to 2  
Scottish National 5 certificates grade A to C

The UCS programme is built as a  
3 year pathway:

Year 1- HNC  
Year 2 - HND  
Year 3 - BSc



# HND MODULES:

Unit 14 – Research Project

Unit 15 – Advanced Coaching

Unit 16 – Performance Analysis

Unit 17 – Talent ID and Development

Unit 24 – Personal and Pro Development

Unit 25 – Work Experience

Unit 28 – Leadership and Management

On completion of the HND, you can opt for further study, in particular the BSc in Sports Coaching.



## HIGHER NATIONAL DIPLOMA SPORTS COACHING SCIENCE

The Higher National Diploma in Sport and Exercise Science (Coaching Science) offers opportunities for our students to continue to explore how athletes can be assisted to develop their levels of performance, whilst continuing their own personal development by carrying independent research projects.

In addition to studying these modules our learners are expected to carry out work experience in their desired profession. This will provide essential experience for our learners that will enhance their knowledge whilst creating a network of contacts within the sport.



# MODULES:

The BSc is built around 5 modules in 2 semesters.

## Semester 1

1. Research methodologies in sport.
2. Performance Coaching
3. Nutrition, Lifestyle and Health for Athletes

## Semester 2

3. Planning and Performance Management
4. Dissertation



# BSC SPORTS COACHING

The BSc in Sports Coaching develops the knowledge obtained from the HNC and HND qualifications into a full Bachelor of Science degree.

In the third and final year, our learners are delving further into their desired careers and carrying out research within their industry. As a result of carrying out research, our learners are allowed to pursue interests, and to learn something new, and to hone their problem-solving skills.



# GUEST SPEAKERS

A fundamental approach to our education is to widen the knowledge of our learners through guest speakers. Guest speakers are capable of bringing out previous experience behind some of the concepts that are being taught within lectures.

Our guest speakers frequently provide insights into the world of work, whether that be coaches, sports analysts or strength and conditioning coaches. In doing so, they contribute to the knowledge obtained in the lectures, which provides good practice for careers in the learners desired profession. Thus, our learners are provided with multiple opportunities to learn from guest speakers in regard to the key skills that are valued in the workplace.

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WE WILL HOLD A NUMBER OF DEVELOPMENT DAYS FOR THE STUDENTS AND INVITE KEY MEMBERS OF STAFF FROM COACHING, SPORTS SCIENCE, SCOUTING, MATCH ANALYSIS AND MEDICAL AND THEY WILL JOIN OUR MONTHLY WEBINARS WITH KEY STAFF MEMBERS ACROSS THE CLUB AND GAIN ACCESS TO OUR CUTTING-EDGE RANGERS ONLINE ACADEMY WHICH WILL FURTHER AID IN THEIR DEVELOPMENT.

AS WE CONTINUE TO EXPAND OUR PROGRAMMES DOMESTICALLY & INTERNATIONALLY WE WANT TO BE AT THE FOREFRONT IN SUPPORTING STUDENTS WHO HAVE A DESIRE TO SUCCEED IN THE SPORTING WORLD AND GIVE THEM THE TOOLS NECESSARY TO WORK AT ALL DIFFERENT LEVELS AND INCREASE THEIR KNOWLEDGE & UNDERSTANDING AND ULTIMATELY SET THEM ON THE RIGHT CAREER PATHWAY.

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Gary Gibson, Head of Soccer Academies & International Relations at Rangers Football Club







# HOW TO APPLY

**UCS**  
ucsport.org



Applications are carried out directly via UCAS using the codes below. Please speak to Rangers Soccer Academy staff before processing your application.

**COURSE CODE:** C600

**INSTITUTION CODE:** O25

**CAMPUS NAME:** Rangers Football Club

**CAMPUS CODE:** X

Email: [socceracademy@rangers.co.uk](mailto:socceracademy@rangers.co.uk)

Website: [www.ucsport.org](http://www.ucsport.org)