# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.









## Breakfast!

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Egg & Bacon Brioche
Chicken Sausage & Egg Brioche
Pret's Soya Porridge 

Egg & Avocado Breakfast Bun
Smoked Salmon & Soft Cheese Breakfast Bun

#### **Hot Croissants**

Cheddar & Tomato Hot Croissant 

Zaatar & Halloumi Hot Croissant



## Granaries!

Just like our granary products are handmade throughoutthe day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

#### **Sandwiches**

Chicken Avocado
Coronation Chicken
Tuna Mayo
Crayfish & Rocket
Cheddar & Pickle Cracking Egg
Classic Super Club
Smoked Salmon
BLT - Meat Special
Veggie New Yorker - Veggie Special

### Wraps

Avocado Salad Chicken Pesto Rocket
Chicken Bacon Caesar
Hummus & Chipotle Chicken

### **Baguettes**

Tuna Cucumber

Posh Cheddar Chicken Salad

Egg & Salmon

Egg & Roasted Tomatoes Coup Baguette

Chicken Caesar & Bacon

#### **Flatbreads**

Chipotle Chicken & Avo Mediterranean Halloumi & Zaatar Mexican Avocado

## Salads & Fruits!

#### Salads

Chef Chicken
Crayfish & Avocado
Egg Avocado Pot 
Chicken Smashed Avocado
Chicken & Quinoa (high in protein)
Hummus & Chickpea (source of protein)

- ★ Kimchi Chicken
- ★ Kimchi & Egg Pot
- ★ Bulgur Cauliflower Feta Pot

#### Fruits o

Whole Fruit - Banana Mango and Lime Superfruit Salad

## Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

### **Hot Wraps**

Falafel Halloumi 😯 Chicken Chipotle Swedish Meatballs Chicken & Mushroom



#### **Toasted Tortillas**

Chipotle Chicken Avocado, Cheddar, & Chipotle 😯





Tomato 🕥

Chicken Laksa

Baked Potato & Bacon

- \* Asian Vegetable
- Cauliflower, Cheddar, & Potato Soup

### Soups

(On rotation) Malaysian Chicken

Carrot & Coriander 🕥

★ Chickpeas & Barley Mixed Veg

#### **Toasties**

Mozarella & Pesto 😘

Classic Cheese 🕜

- ★ Bacon & Kimchi
- ★ Tuna & Kimchi



## Pastries!

Chocolate Chunk Cookie 👀 Oat & Raisin Cookie 🕜

Dark Chocolate & Almond Cookie 🔾

Berry Muffin 😯

French Butter Croissant 😯

Almond Croissant 🔞

Chocolate Croissant 🔞

Pain Au Raisin 🔞

Mozzarella & Tomato Croissant 😯

Zaatar Croissant 🔞

Cinnamon Donut

Mini Choc Chunk Cookies

★ Pastel De Nata



## Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

### **Yoghurt Bowls o**

Five Berry Yoghurt **Berry Parfait** Banana & Honey

- ★ Mango Overnight Oats
- ★ Matcha & Kiwi Overnight Oats

#### **Pret's Snacks**

Choc Bar 😯

Love Bar 🕜

Chocolate Brownie Bar 😯

Mini Choc Chunk Cookies

Pret Crisps 😯

Sea Salt & Black Pepper Sea Salt & Cider Vinegar Cheese & Chives



#### **Desserts**

Lemon Cheesecake Chocolate Mousse

## Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

### **Barista Prepared Drinks**

#### Organic Coffee 💟

Americano Black Americano White

Filter Black

Filter White

Pret's Matcha Latte

Spanish Latte

Latte

Espresso

Cappuccino

Mocha

Organic Chocolate

Macchiato

Flat White

Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)

★ Pumpkin Spice Latte Extra Shot

#### Hot Tea

Breakfast 😯

Earl Grey 😯

Green 🔮

Peppermint 💟

Hot Tea - Ginger & Lemon 💟

Hot Tea - Chamomille 🔾

Hot Tea - Jasmine 🔮



#### **Iced Drinks**

Iced Latte

Iced Black Americano

Iced Black Filter 💟

Iced Mocha

Iced Chocolate

Iced Matcha Latte

Iced Spanish Latte

★ Iced Pumpkin Spice Latte

#### Iced Tea

Peach & Hibiscus Rasberry & Mint

#### Frappe

Classic

Salted Caramel

Matcha

#### **Smoothies**

Berries and Cherries 🔾

Tropical Mango 💿

Blue Spirulina & Berries

Dragon Fruit



#### **Chilled Drinks**

Pret - Orange Juice 😯

Pret - Pomegranate Juice 💟

Pret - Pineapple Powwow 👀

Pret - Root Reboot 🔮

Pret - Essential Green 🔮

Pret - Sunny Dayz 😯

Pret - Ginger Shot 💟

Pret - Turmeric Shot 🔾

Pink Lemonade 💟

Blue Lemonade 💟

Black Lemonade 💟

San Pellegrino Sparkling Water 💿

Coke

Coke Zero

Sprite

Coconut Water

Arwa 500ml

Agua Panna 500ml

Aqua Panna 1L

#### **Syrups**

Vanilla

Caramel

Hazelnut

Salted Caramel

## **Pret Catering**

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

#### **Breakfast Platters**

Breakfast Brioche **Breakfast Baquette Selection** Yoghurt Selection 😯 Breakfast Bun Platter

★ Mini Yoghurt Selection

#### **Salad Platters**

Chef's Italian Chicken Avocado & Mozzarella 🔞

Chicken & Quinoa (high in protein)

Hummus & Chickpea (source of protein) 😯

Salmon & Avocado

Mozzarella & Quinoa 🔞

Kimchi Chicken Salad

#### \* Kids Sandwich Platters

Cheese Triangles 😯 **Chicken Triangles** Egg Triangles 😯 Mix Triangles

#### **Sandwich Platters**

Chicken Supreme Veggie Lover Mixed 🕥 Vegeterian Selection 😯 **Baguette Selection** Meat Baguette Best of Pret All Time Classic Wrap Selection Chicken Wrap Selection Veggie Wrap Selection 😯

### \*Pastry Platters •

Mini Lattice Selection Mini Cherry Lattice Mini Apple Lattice Mini Strawberry Lattice Mini Mango Lattice Mini Plain Croissant Selection Mini Chocolate Croissant Selection Sweet Pastry Selection Box Berry Muffin Box

#### Snacks & Sweets

Pret Bar Platter **Brownie Bag** Love Bar Bag **Crisps Selection** Choc Chunk Cookie Bag

#### Cookie Platters o

Large Cookie Platter Small Cookie Platter

#### Drinks o

Coffee Box Tea Box

#### \* Pret Hampers

Picnic Basket (good for 2) Gifting Basket (good for sharing)











#### Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.