# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





### **Breakfast!**

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

Egg & Bacon Brioche

Egg & Salmon Brioche

Egg & Tomato Brioche 👀

Pret's Veggie Brioche 😯

Chicken Sausage & Egg Brioche

Egg & Salmon Baguette

Pret's Soya Porridge 🔾

Egg & Roasted Tomatoes Baguette 👽





## Granaries!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

### **Sandwiches**

Chicken Avocado
Chicken Roasted Peppers
Tuna Mayo
Crayfish & Rocket

Cheddar & Pickle 🕥

Cracking Egg 😯

Beef & Horseradish (Chef Special)

Classic Super Club

**Smoked Salmon** 

Veggie New Yorker

### **Baguettes**

Chicken Caesar & Bacon Baguette

Tuna Cucumber

Posh Cheddar 😯

Toasted Baguette – Portobello Mushroom

Toasted Baguette - Spicy Chicken

Chicken Salad

Salmon & Soft Cheese

Soup Baguette 😯

Italian Beef



### **Rye Rolls**

Aubergine Parmigiana **©**Scandi Salmon

### Wraps

Avocado Salad Chicken Tikka

### **Flat Breads**

Chicken Avo & Chipotle Tuna

### **Open Sandwich**

Smashed Avocado Salmon Soft Cheese



# Salads & Fruits!

### **Salads**

Chef Chicken
Salmon & Avocado
Crayfish & Avocado
Edamame Beans
Egg Avocado Pot
Chicken Smashed Avocado
Avocado & Mozzarella
Chicken Tikka Salad Bowl

### **Fruits**

Whole Fruit - Banana
Pomegranate Pot
Mango and ime
Superfruit Salad
Pear & Grapes

### Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

### **Hot Wraps**

Falafel Halloumi **©**Chicken Chipotle
Swedish Meatballs



### **Toasties**

Tuna
Chicken & Avocado
Classic Cheese





### Soups

(On rotation)
Malaysian Chicken
Carrot & Coriander C
Curried Lentil & Sweet Potato C
Quinoa C
Thai Coconut Chicken Curry
Tomato C
Chicken Multigrain
Chicken Shitake Miso Mushroom C
Chicken Laksa
Veggie Tom Yum

### **Hot Rice Bowls**

Indian Paneer 
Butter Chicken
Chilli Con Carne
Thai Green Vegetable Curry

### **Hot Croissants**

Chicken & Scrambled Eggs Cheddar & Tomatoes Salmon & Egg 🔞

Portobello Mushroom & Scrambled Eggs 😵

### Pastries!

Chocolate Chunk Cookie O
Oat & Raisin Cookie O
Dark Chocolate & Almond Cookie O
Berry Muffin O
Very Berry Croissant O

French Butter Croissant 🛭

Almond Croissant 😯

Chocolate Croissant 😯

Pain Au Raisin 😯

Sausage & Onion Roll

Mozzarella & Tomato Croissant

Zaatar Croissant 😯

Tomato Twist 👽

**Cheese Twist** 

Garlic & Herb Swirl

Chicken & Mushroom Turnover

Bacon & Cheese Turnover

Vanila Donut 💟

Super Chocolate Donut 🔾

Cinnamon Donut 🔾





### Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

### **Yoghurt Bowls o**

Five Berry Yoghurt Berry Parfait Banana & Honey Bircher Muesli

Blue Goodness

Pink Goodness

**Yellow Goodness** 

### **Pret's Snacks**

Pret A Mango 🔾

Choc Bar 😯

Popcorn Bar 😯

Love Bar 😯

Chocolate Brownie Bar 😯

Pret Nuts, Fruits & Chocolate

Hazelnut Truffle

Cranberries in Coats

**Pret Dark Chocolate Almonds** 

Protein Balls - Espresso Mocha 👀

Protein Balls - Coconut 😵

Burts Crisps (Mature Cheddar and Spring Onion, Sea Salt, Sweet Chilli)

### **Desserts**

Honey Cake Vegan Lotus Cake



### Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

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### **Barista Prepared Drinks**

### **Organic Coffee**

Americano Black

Filter Black

Pret's Matcha Latte

Pret's Chai Latte

Spanish Latte

**Pumpkin Spice Latte** 

Latte

Cappuccino

Mocha

**Organic Chocolate** 

Macchiato

Flat White

Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)

Extra Shot 🔾

#### **Hot Tea**

Breakfast 😯

Earl Grey 😯

Green 💟

Peppermint ©



#### **Iced Drinks**

Iced Latte

Iced Black Americano

Iced Black Filter

Iced Mocha

**Iced Chocolate** 

Iced Chai Latte

Iced Matcha Latte

**Iced Spanish Latte** 

#### **Frappe**

Classic Frappe

Salted Caramel Frappe

**Chocolate Frappe** 

#### **Smoothies**

Berries and Cherries

Sweet Greens 🔾

Tropical Mango

### **Allergies?**

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies.Please take care



### **Chilled Drinks**

Essentially - Orange Juice 😯

Essentially - Pomegranate Juice 🔾

Essentially - Pineapple Powwow 🕥

Essentially - Root Reboot 🔾

Essentially - Essential Green 🔾

Essentially - Sunny Dayz 👀

Essentially - Hit Me 🔾

Essentially - Wake Me 🔾

Pink Lemonade 🔾

Blue Lemonade 💟

Black Lemonade 💟

San**⊙**ellegrino Sparkling Water **⊙** 

Acqua Morelli Still 500ml

Acqua Morelli Still 1ltr

Arwa 500ml

Coke

Coke Zero

Sprite

Nai (Hibiscus, Ginger, Jasmine) 🔾

Coconut Water 💟

# Pret's Delivery!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

Crisps Selection 😯

### **Platters**

Baguette Platter

Best of Pret Platter

Vegeterian Selection Platter

Chef Salad Platter

Bar Platter

Brownie Bag ©

Love Bar Bag ©

Choc Chunk Cookie Bag ©

Large Cookie Platter 
Small Cookie Platter

Sweet Pastry Selection Box 😯

All Time Classic Selection Platter

### **Drinks**

Coffee Box Tea Box





**Vegetarian** 



#### **Allergies?**

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops.

You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.