

# Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.



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## Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

### Toasties

- Brie & Caramelised Onion Y
- Brie, Avocado & Tomato Y
- Classic Cheese Y
- Ham, Cheese & Mustard

### Hot Croissants

- Cheddar and Tomatoes Y
- Ham and Greve
- Bacon, Cheese and Tomatoes

### Brioche Toast

- Bacon, Egg & Cheese
- Grilled Teriyaki Chicken



### Hot Wraps

- All Day Breakfast
- Italian Style Chicken & Basil
- Chipotle Chicken
- Spicy Mediterranean Y

### Ciabatta

- ★ All Day Breakfast Ciabatta
- ★ Chipotle Mozzarella Ciabatta Y



## Granaries!

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

- Chicken Avocado
- Classic Super Club
- Cracking Egg Salad Y
- Ham & Cheese
- Mature Cheddar Y
- Slim Cracking Egg Salad Y
- Slim Ham & Cheese
- Slim Mature Cheddar Y
- Smoked Trout & Soft Cheese
- ★ Super Greens & Red Y
- ★ Chicken Salad



### Wraps

- Avocado & Pine Nut Y
- Herb Chicken

### Baguettes

- Chicken Caesar
- Ham & Greve
- Posh Cheddar & Pickle Y
- Prosciutto & Rocket



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## Salads & Fruits!

### Salads

Chef's Chicken Salad

### Salad Pots

Egg & Spinach Y

Smoked Trout & Spinach Protein Pot

Chicken Edamame Protein Pot



### Fruits

Apple Y

Banana Y

Dragon Fruit Salad Y

Melon Trio Y

Melon & Blueberry Y

Mango & Lime Y

## Pastries!

Almond Croissant Y

Chocolate Croissant Y

Cinnamon Filled Swirl Y

Pain au Raisins Y

Plain Croissant Y

Very Berry Croissant Y

Mozzarella & Tomato Croissant Y

Mediterranean Veggie Basket Y

Blueberry Muffin Y

Chocolate Chunk Cookie Y

Chocolate Muffin Y



## Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks.  
Ideal for sharing or enjoying on your own.

### Yoghurt Bowls

Banana & Honey Muesli Y

Bircher Muesli Y

Coconut Chia Seed Bowl Y

Cranberry Yoghurt Bowl Y

Five Berry Bowl Y

Mango Coconut Chia Seed Bowl Y

Mango Yoghurt Bowl Y



### Pret's Snacks

Pret A Mango Y

Choc Bar Y

Popcorn Bar Y

Love Bar Y

Chocolate Brownie Bar Y

Dark Chocolate Almond Y

Crips - Mature Cheddar Y

Crips - Cracked Black Pepper Y

Crips - Lightly Salted Y

Crips - Sea Salt & Cider Vinegar Y



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# Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

## Barista Prepared Drinks

### Organic Coffee

Americano Black 

Filter Black 

Espresso 

Latte

Caramel Latte

Hazelnut Latte

Cappuccino

Mocha

Organic Chocolate

Macchiato

Flat White

Milk

Babuccino

Extra Shot 

Decaf 



### Organic Hot

Chocolate

Chai Latte

Matcha Latte

### Iced Drinks

Iced Latte

Iced Caramel Latte

Iced Hazelnut Latte

Iced Black Americano 

Iced Mocha

Iced Chocolate

Iced Matcha Latte

Iced Chai Latte

Iced Lemon Tea 

★ Iced Mango Matcha Latte

### Milks

Whole Milk

Semi - Skimmed Milk

Rice Coconut Milk 

Oat Milk 

Soya Milk 

Almond Milk 

### Hot Tea

English Breakfast 

Earl Grey 

Tropical Green 

Peppermint 

Lemon Tea 



### Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies. Please take care.



## Chilled Drinks

Coconut Water 

Fresh Lemon & Mint Juice 

Orange Juice 

Radiance 

Ultra Boost 

Perrier Sparkling Water - 500ml 

Vittel Water - 500ml 

Coke Bottle - 500ml 

Coke Zero - 500ml 

## Beers

Tiger Beer 

Heineken Beer 

Chang Beer 

★New  Vegetarian  Vegan

Available sizes for drinks - please refer to menu board in shop

### Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact.

Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies.

Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information

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