

Our Menu

Pret operates a bit like a restaurant. We build kitchens in (or very near) every shop and our ingredients get delivered early each morning.

You won't find 'sell-by' dates on our fresh sandwiches, salads or baguettes.





Breakfast!★

They say that breakfast is the most important meal of the day so we have a delicious and varied menu for you to choose from.

- Pret's Veggie Brioche ✓
- Chicken Sausage & Egg Brioche
- Egg & Salmon Baguette
- Pret's Soya Porridge ✓
- Egg & Roasted Tomatoes Baguette ✓



Granaries!★

Just like our granary products are handmade throughout the day. Made today, gone today. We bake our baguettes throughout the day, the fresher the better.

Sandwiches

- Chicken Avocado
- Chicken Roasted Peppers
- Tuna Mayo
- Crayfish & Rocket
- Cheddar & Pickle ✓
- Cracking Egg ✓
- Beef & Horseradish (Chef Special)
- Super Rainbow ✓
- Smoked Salmon
- Veggie New Yorker

Baguettes

- Chicken Caesar
- Tuna Cucumber
- Posh Cheddar ✓
- Toasted Baguette – Portobello Mushroom
- Toasted Baguette – Spicy Chicken
- Chicken Salad
- Salmon & Soft Cheese
- Soup White Baguette ✓
- Italian Beef



Wraps

- Avocado Salad ✓
- Chicken Tikka

Flat Breads

- Chicken Avocado
- Tuna

Open Sandwich

- Smashed Avocado ✓
- Salmon Soft Cheese



Salads & Fruits!★

Salads

- Chef Chicken
- Salmon & Avocado
- Crayfish & Avocado
- Roasted Egg Plant Quinoa ✓
- Japanese Potato & Tuna
- Crayfish & Quinoa Salad Pot
- Japanese Potato Salad Pot
- Edamame Beans ✓
- Egg Avocado Pot ✓
- Chicken Smashed Avocado
- Avocado & Mozzarella

Fruits ✓

- Whole Fruit – Banana
- Pomegranate Pot
- Mango and Lime
- Superfruit Salad
- Orange and Grapefruit

Pret's Hot!

In their quest to keep shelves full of oven-fresh, homely food, our Hot Chefs bake in small batches. Little and often. Straight from the oven. Hot off the shelves.

Hot Wraps

Falafel Halloumi 
Chicken Chipotle
Swedish Meatballs








Toasties


Tuna
Chicken & Avocado
Classic Cheese 




Soups

(On rotation)
Malaysian Chicken
Carrot & Coriander 
Japanese Sweetcorn 
Curried Lentil & Sweet Potato 
Quinoa 
Thai Coconut Chicken Curry
Tomato 
Chowder
Chicken Multigrain

Hot Boxes

Macaroni Bolognese
Macaroni Kale 
Chicken Biryani Style Cauliflower Rice
Italian Style Mushroom Cauliflower Rice

Hot Croissants

Chicken & Scrambled Eggs
Portobello Mushroom & Scrambled Eggs 
Cheddar & Tomatoes 
Salmon & Egg



Pastries!

Chocolate Chunk Cookie 
Oat & Raisin Cookie 
Dark Chocolate & Almond Cookie 
Berry Muffin 
Very Berry Croissant 
French Butter Croissant 
Almond Croissant 
Chocolate Croissant 
Pain Au Raisin 
Sausage & Onion Roll
Mozzarella & Tomato Croissant 
Zaatar Croissant 










Snacks & Treats!

Our menu of perfect in-between, just-before, just-after snacks. Ideal for sharing or enjoying on your own.

Yoghurt Bowls

Five Berry Yoghurt
Berry Parfait
Banana & Honey
Bircher Muesli
Blue Goodness
Pink Goodness
Yellow Goodness

Pret's Snacks

Pret A Mango 
Choc Bar 
Popcorn Bar 
Love Bar 
Chocolate Brownie Bar 
Protein Balls - Espresso Mocha 
Protein Balls - Coconut 
Burts Crisps  (Mature Cheddar and Spring Onion, Sea Salt, Sweet Chilli)



Desserts

Honey Cake
Vegan Lotus Cake 



★ PRET A MANGER ★

Drinks!

Our coffee is 100% organic and always arabica. Our teas, milks and milk alternatives are all organic too.

Barista Prepared Drinks

Organic Coffee

Americano Black ✓
Filter Black ✓
Rose Cappuccino
Pret's Matcha Latte
Pret's Chai Latte
Spanish Latte
Oat Caramel Latte
Latte
Cappuccino
Mocha
Organic Chocolate
Macchiato
Flat White
Milk (Rice Coconut Milk, Oat Milk, Soya Milk, Almond Milk)
Extra Shot ✓



Hot Tea

Breakfast ✓
Earl Grey ✓
Green ✓
Peppermint ✓



Iced Drinks

Iced Latte
Iced Black Americano ✓
Iced Black Filter ✓
Iced Mocha
Iced Chocolate
Iced Chai Latte
Iced Matcha Latte
Iced Spanish Latte



Frappe

Classic Frappe
Salted Caramel Frappe
Chocolate Frappe

Smoothies

Berries and Cherries ✓
Sweet Greens ✓
Tropical Peach ✓



Allergies?

There is a high risk of cross-contamination when our baristas prepare drinks. We can't guarantee our drinks are suitable for those with allergies. Please take care.

Chilled Drinks

Essentially - Orange Juice ✓
Essentially - Pomegranate Juice ✓
Essentially - Pineapple Powwow ✓
Essentially - Root Reboot ✓
Essentially - Essential Green ✓
Essentially - Sunny Dayz ✓
Essentially - Hit Me ✓
Essentially - Wake Me ✓
Pink Lemonade ✓
Blue Lemonade ✓
Black Lemonade ✓
San Pellegrino Sparkling Water ✓
Acqua Morelli Still 500ml ✓
Acqua Morelli Still 1ltr ✓
Arwa 500ml ✓
Coke ✓
Coke Zero ✓
Sprite ✓
Nai (Hibiscus, Ginger, Jasmine) ✓
Coconut Water ✓

Pret's Delivery!

Our platters are designed for sharing and are ideal for meetings or large gatherings at home or even on a junk!

Platters

Baguette Platter

Best of Pret Platter

Tuna Salad Platter

Chef Salad Platter

Large Cookie Platter 

Small Cookie Platter 

Sweet Pastry Selection Box 

Bar Platter 

Brownie Bag 

Love Bar Bag 

Choc Chunk Cookie Bag 

Crisps Selection 

Drinks

Coffee Box 

Tea Box 



 Vegetarian  Vegan

Allergies?

We're proud to freshly prepare our food in our shop kitchens every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contact. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Our Allergen Guide contains a list of all the products we sell in our shops. You will also find the declarable allergens listed on the product shelf tickets in our shops. If you need to know more, please get in touch with our Customer Service team who will be happy to help.

Please refer to our "Allergen Guide" for allergen information & "Nutritional Guide" for nutritional information.

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