





Curated Adventures





TORCHLIGHT HIKE & WINE TASTING – STROLL AND SIP



The mighty, snow-covered forests of Arosa are a mystical sight to behold all year round. On this evening torchlight hike, we light up the darkness and head through the snow to The Valsana Hotel to enjoy a local wine tasting session.



Duration: Three and a half hours
Complimentary on every other Sunday
Bookable as a private activity for CHF 250 (1-6 persons)



BUILDING A SNOWMAN – WINTER AS IT USED TO BE



What else is there to do when snow hits the ground but to get outside and build a snowman! These friendly souls are nature's very own stress ball. Let your creativity run wild as you create your temporary work of art.



Duration: One and a half hours
Complimentary on Mondays
Bookable as a private activity for CHF 150 (1-6 persons)



SUNRISE WALK & SLEDGING - WELCOME TO A NEW DAY



On this Curated Adventure, we greet the sun with a sunrise walk and reflect on the miracle of another new day. After making our way into the still-dark mountains, we take sledges to arrive at the Bergkirchli and enjoy unbeatable views of the sunrise with delicious cups of tea. What better way to start a day in the Grisons!



Duration: One and a half hours
Complimentary on 19 January, 16 February and 15 March 2024
Bookable as a private activity for CHF 200 (1-6 persons)



SWISS SNOWBALL CHESS – MIND GAMES



Also known as ‘Kubb’, Viking chess is a popular multi-player game that is all about skill and marksmanship. Swiss snowball chess is our very own winter version. Who can throw their snowball closest to the target and take the victory?



Duration: Two hours
Complimentary on every other Friday
Bookable as a private activity for CHF 150 (1-6 persons)



WINTER WALK WITH CAMPFIRE - LISTEN TO THE SILENCE



Each step brings something new as we soak in the idyll on a peaceful winter walk. Our footprints trace our path through the snow all the way to the Tschuggen platform, our destination. Once there, we enjoy a companionable campfire with punch and tasty treats.



Duration: Two hours
Complimentary on every other Sunday
Bookable as a private activity for CHF 200 (1-8 persons)



Empowering Expeditions





OUTDOOR FONDUE & SNOWSHOE HIKE – CHEESY WINTER DAYS



Sweet dreams are made of cheese – and nowhere is this truer than in Switzerland. What would a Grisons winter be without fondue? This year, we move our classic cheesy event outdoors into nature. As we embark on a snowshoe hike through the snow-covered forests and slopes of the Prätschli, we'll search for a suitable place to enjoy fondue al fresco.

Duration: Two and a half hours
Complimentary on Saturdays



Bookable as a private activity for CHF 250 (1-6 persons)



ICE BATHING IN UNTERSEE - AN ICE-COLD BURST OF ADRENALINE

Ice bathing not only offers an unforgettable burst of adrenaline, but real health-promoting effects. Our experts are on hand to guide you through a beginner's ice bathing session at the 'Eisbadi Arosa' at Untersee – a one-of-a-kind experience with lasting benefits for the immune system.



Duration: One hour
Complimentary on Thursdays
Bookable as a private activity for CHF 200 (1-7 persons)



SLEDGE RACING - MEMORIES OF TOMORROW



This Empowering Expedition honours the traditional Swiss winter sport of sledging. We take the Tschuggen Express high up into the mountains for a speedy descent, then the race is on! May the best and fastest win!



Duration: Two hours
Complimentary on every other Friday
Bookable as a private activity for CHF 200 (1-6 persons)



Full Moon Activity





FULL MOON YOGA & MEDITATION - USING THE MYSTICAL LIGHT



Full moons have always held a special fascination for people. It is said to influence health, sleep and even plant growth. But it is certainly an exciting event that occurs month after month. It is particularly beautiful here in Arosa: in winter, when the air is crystal clear, it appears even closer.

Duration: One and a half hours
Complimentary on 27 December 2023, 25 January 2024,
24 February 2024, 25 March, 2024
Bookable as a private activity for CHF 250 (1-8 persons)





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