

# THE WORLD'S MOST BEAUTIFUL VOYAGE



## Dear adventurer

The essence of Norway's appeal is remarkably simple: this is one of the most beautiful countries on Earth. Hurtigruten provides adventures that are unmistakably Norwegian, sailing under the midnight sun in summer and the northern lights during winter.

With daily departures, our ships journey calmly through majestic fjords and call on small, remote ports in places most vessels are unable to reach. And we've been sailing here for 126 years.

But beyond this, we want to highlight our genuine commitment to sustainability. We want to be part of a progressively greener future and are committed to doing something about it.

We have implemented sustainable practices throughout our operations and can honestly say that Hurtigruten sailings make a minimal impact on nature.

When you sail with us, you can choose from more than 90 excursions, taking part in hikes, boat trips, dogsled rides and many other "friluftsliv" activities, led by our on-board Expedition Teams. Outstanding regional specialities from fresh local produce come as standard on Hurtigruten.

Get closer to authentic coastal Norway, to its people, landscape, culture and wildlife.

Welcome on board!

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# NORWAY

Experience 2,500 nautical miles of varied landscapes, cross the Arctic Circle, and visit 34 charming Nordic ports along the way. Welcome to the world's most beautiful sea voyage!



## THE NORTHBOUND ITINERARY

DAY	Departure Bergen		
	01.11.2019 - 31.03.2020		
1	from	BERGEN	21:30
	to	FLORØ	03:40
2	from	MÅLØY	05:50
	from	TORVIK	08:40
	from	ÅLESUND	13:30
	from	GEIRANGER	-
	from	HJØRUNDFJORDEN	-
	from	ÅLESUND	-
	from	MOLDE	19:00
3	from	KRISTIANSUND	01:30
	from	TRONDHEIM	13:15
	from	RØRVIK	22:30
4	from	BRØNNØYSUND	01:55
	from	SANDNESSJØEN	04:45
	from	NESNA	06:05
	from	ØRNES	09:55
	from	BODØ	15:00
	from	STAMSUND	19:30
5	from	SVOLVÆR	22:00
	from	STOKMARKNES	01:15
	from	SORTLAND	03:00
	from	RISØYHAMN	04:30
	from	HARSTAD	07:45
6	from	FINNSNES	11:30
	from	TROMSØ	18:30
	from	SKJERVØY	22:45
	from	ØKSFJORD	02:15
	from	HAMMERFEST	06:00
7	from	HAVØYSUND	09:15
	from	HONNINGSVÅG	14:45
	from	KJØLLEFJORD	17:15
	from	MEHAMN	19:30
	from	BERLEVÅG	22:15
7	from	BÅTSFJORD	00:15
	from	VARDØ	03:30
	from	VADSØ	07:15
	to	KIRKENES	09:00

# The journey begins

—Hurtigruten's Classic Round Voyage lasts 12 days and starts at our southernmost port, Bergen. Before departing, why not arrange some extra time to explore one of Norway's most beautiful and distinctive cities.

We cruise north from Bergen along the Hjeltefjord, the same route the Vikings once sailed to the Shetland Islands and beyond. We are heading to the high north. After a tasty dinner, you can spend the rest of the evening relaxing, taking in the ever-changing landscapes on deck or in the panorama lounge.

## UNESCO and Bryggen

Bergen is a popular destination for modern-day travellers in Norway, yet retains much of its local character and history. One example is the historic UNESCO-listed Bryggen district with colourful wharfs dating back to the 14th century. Stroll through the narrow alleyways and soak up the medieval maritime atmosphere.



## Lively fish market

Bergen's famous fish market is a lively place, brimming with fresh seafood from Norwegian waters. The bustle of fishermen off-loading their catch, the fascinating variety of fish and crustaceans, the kaleidoscope of colours and the familiar salty fragrance of the sea combine to create a heady atmosphere.



## WHAT TO SEE

**BRYGGEN:** Experience medieval history among the old Hanseatic buildings.

**THE FLØIBANEN FUNICULAR:** Enjoy spectacular views of the city from atop Mount Fløyen.

**FANTOFT STAVE CHURCH:** Explore ancient architecture combining pagan and Christian beliefs.

**THE FISH MARKET:** Smell the sea breeze and fresh delicacies of the deep.

**TROLDHAUGEN:** Visit the home of composer Edvard Grieg.

**THE AQUARIUM:** Experience life under water.

**OLD BERGEN MUSEUM:** An open-air museum and reminder of what Bergen was like in the 1700s and 1800s.

Read more on  
[HURTIGRUTEN.CO.UK/  
EXCURSIONS](http://HURTIGRUTEN.CO.UK/EXCURSIONS)

# Silence of the fjords



—Wake up early to see Hornelen (860 metres above sea level) and the landscape of Nordfjord. As we sail past the West Cape, we cross the open sea for the first time during the voyage.

The ship navigates through skerries and islands before reaching the Art Nouveau town of Ålesund. In summer, we sail towards what is often considered to be Norway's jewel in the crown, Geirangerfjord, surrounded by majestic mountain peaks, steep cliffs and cascading waterfalls. In autumn, we explore the idyllic Hjørundfjord - only Hurtigruten sails into this gem of a fjord.



Kayaking in Ålesund **2K**

## WHAT TO SEE

Situated at the entrance to the Geirangerfjord, Ålesund could have been taken right out of a fairy tale. If you look up as you explore the town, you will be enchanted by the rounded towers, sinuous lines and foliate forms typical of Art Nouveau. A trip to Aksla Mountain in the middle of the town is a must. Walk the 418 steps to the top and you will be rewarded by unforgettable panoramic views. Also visit the Atlanterhavsparken, which is one of Northern Europe's largest saltwater aquariums and an architectural gem, built into the coastal landscape.



## EXCURSIONS

- 2B** Geiranger with Trollstigen Pass **SUMMER**
- 2C/E** Art Nouveau walk **WINTER | SPRING | AUTUMN**
- 2D** Atlanterhavsparken Aquarium and Mount Aksla **WINTER | SPRING**
- 2F** A Taste of Norway **AUTUMN**
- 2G** Mountain hike in the Hjørundfjord **AUTUMN**
- 2H** Hike with a visit to a shieling **AUTUMN**
- 2J** Hjørundfjord, Geiranger and Ålesund **AUTUMN**
- 2K** Kayaking in Ålesund **WINTER | SPRING**

Hikes & 'Friluftsliv' activities  
 (Ships with expedition team) **ALL YEAR**

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[HURTIGRUTEN.CO.UK/EXCURSIONS](https://www.hurtigruten.co.uk/excursions)



# Discover the old capital

— Trondheim, formerly called Nidaros, was founded in 997 A.D. and was Norway's capital from 1030 to 1217.

The city is home to Norway's national shrine, Nidaros Cathedral, which has been a popular pilgrimage destination for nearly 1,000 years. Today, it is a city of students, technology, culture, cycling and food. Trondheim's architecture and surroundings create a beautiful, almost mystical atmosphere for any outing, whether you prefer a guided tour of Nidaros Cathedral, kayaking on the River Nid and into the city's smaller channels, or a casual walk or bicycle ride among the beautifully restored wooden buildings in the Bakklandet district.



© SCENEN KLEMPERTY / PHOTO COMPETITION / HURTIGRUTEN



© HURTIGRUTEN

## The Northernmost tramride in the world 3I

Experience Trondheim in the vintage carriage of the northernmost tram in the world! Enjoy a spectacular view of the city's colourful houses, before we take you to new highs at the ski jumping hill of Granåsen. The excursion ends with a photo stop at the marvelous Nidaros Cathedral.



© HERAN BINGLE / HURTIGRUTEN

## WHAT TO SEE

Make sure you catch the sight of the Kjeungskjær lighthouse Hurtigruten passes on its way between the ports of Trondheim and Rørvik.



## EXCURSIONS

- 3A Nidaros Cathedral and Ringve Museum in Trondheim [SPRING] [SUMMER]
- 3B Trondheim with Nidaros Cathedral [AUTUMN] [WINTER]
- 3D Trondheim city walk [ALL YEAR]
- 3G Kayaking on the River Nid [ALL YEAR]
- 3H Cycling in Trondheim [SPRING] [SUMMER]
- 3I The northernmost tram ride in the world [AUTUMN] [WINTER] [SPRING]

Hikes & 'Friluftsliv' activities (Ships with expedition team) [ALL YEAR]

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# Crossing an invisible border



— Today we cross the Arctic Circle. This invisible border at 66 degrees 33 minutes north marks the southernmost point of the midnight sun, which shines 24 hours a day in summer.

The chances of catching the northern lights in winter are also higher above this line. This is where the Arctic begins. Norway's second largest glacier, Svartisen, is located near the old trading village and port of call Ørnes. Our journey continues along the beautiful Helgeland coastline, considered by many to be just as spectacular as Lofoten. In the afternoon, we sail from Bodø across Vestfjord, and the 1,000 metre-high mountain Lofotveggen appears on the horizon. Then we reach Lofoten. For part of the year, we also sail into the amazingly narrow Trollfjorden.



## Experience Bodø and Saltstraumen 4C

Join us for a coach tour of the second-largest city in Northern Norway, Bodø, and then see the world's largest tidal current, the legendary Saltstraumen with water speeds reaching 22 knots. Saltstraumen has fascinated people for generations. Author Jules Verne even wrote about it in his famous novel *20,000 Leagues Under the Sea*.

Up to 13 billion cubic feet of seawater forces its way through a 1.9-mile-long passage that is just 150 metres wide and 31 metres deep. Vortices known as maelstroms, up to 10 m in diameter and 5 m in depth, are formed when the current is at its strongest.

## WHAT TO SEE

The charms of the Lofoten Islands are revealed in their small, picturesque fishing villages with a bohemian atmosphere. Tucked in between majestic granite cliffs and white sandy beaches, Lofoten is an experience that is out of the ordinary.

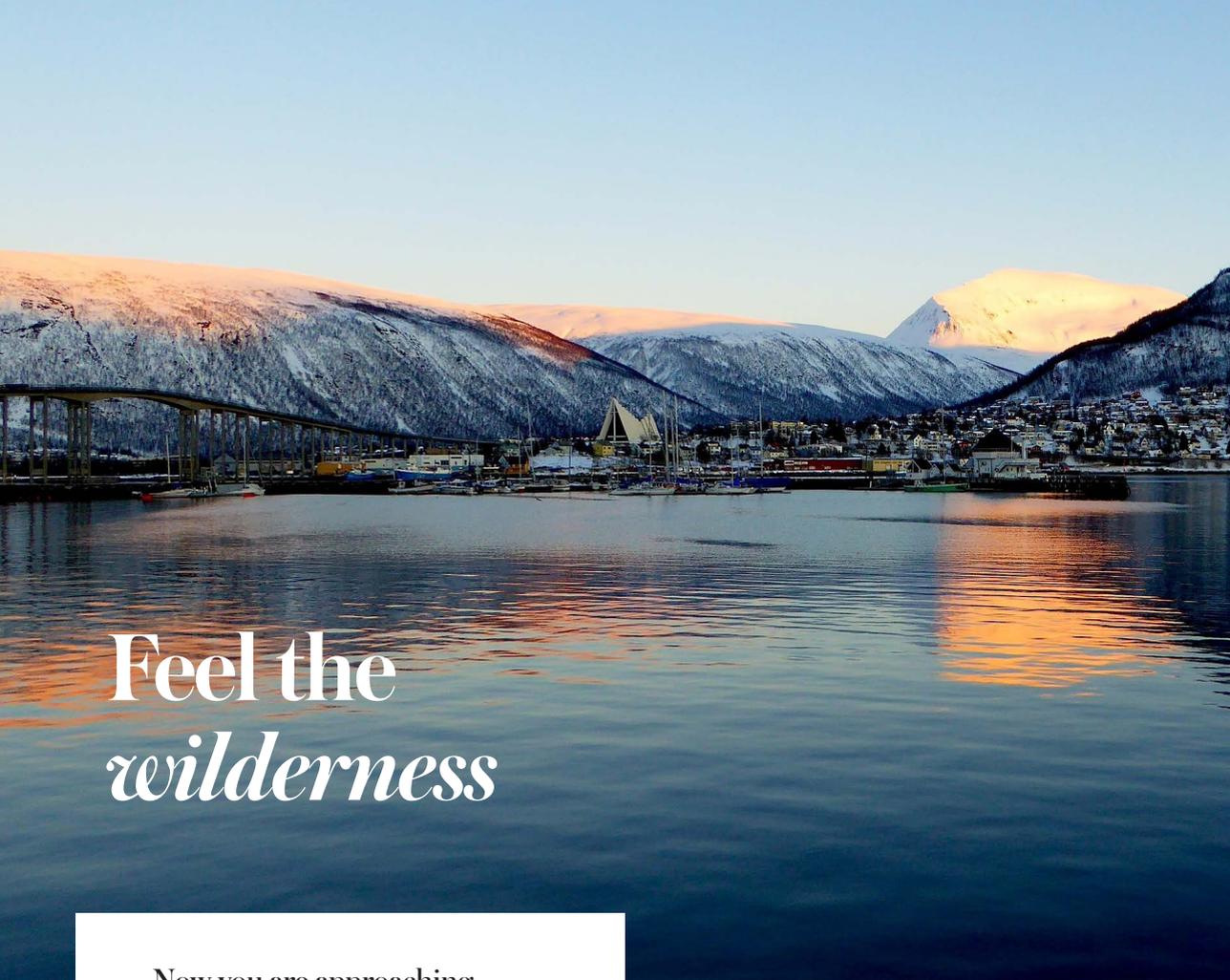
## EXCURSIONS

- 4A Svartisen Glacier SUMMER
- 4B Arctic Coastal Walk ALL YEAR
- 4C Experience Bodø and Saltstraumen ALL YEAR
- 4D RIB safari to Saltstraumen SPRING SUMMER AUTUMN
- 4E/F Meet the Vikings ALL YEAR
- 4G Highlights of Lofoten SPRING SUMMER
- 4H Lofotpils Brewery ALL YEAR
- 4I Farm visit in Lofoten SPRING SUMMER AUTUMN

Hikes & 'Friluftsliv' activities  
(ships with expedition team) ALL YEAR



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# Feel the wilderness

— Now you are approaching Tromsø, the capital of the Arctic. Get ready for a funfilled day packed with exciting activities, no matter what time of year you travel.

There is plenty to discover in this remarkably cosmopolitan city, often described as the Paris of the north — Tromsø's numerous attractions include wild-life and impressive vistas, daring architecture, and exciting activities. You can have fun dog sledding, hiking, or learning about Norway's fascinating polar history. Or join us for a kayaking excursion where you can admire this beautiful Arctic city from a water-borne point of view.



## WHAT TO SEE

The Ølhallen pub in Tromsø opened in 1928 in the cellar of Macks Bryggeri, the northernmost brewery in the world. Ølhallen is situated at the southern end of Storgata, Tromsø's main street, and is easy to find. You can go on a guided tour of the brewery or just enjoy a beer with the regulars. Expect lots of good conversation and laughter.

## Dog Sledding 5B

Bundle up, sit back and enjoy spectacular views of the surrounding polar sea and surrounding mountains, letting the team of huskies pull you over the frozen terrain.



## EXCURSIONS

5A The Arctic capital Tromsø  ALL YEAR

5B Dog sledding  WINTER  SPRING

5C Scenery and huskies  SUMMER  SPRING  AUTUMN

5D Polar history walk  WINTER

5G Kayaking  SPRING  SUMMER  AUTUMN

5M Cross-country skiing  WINTER

5N Snowshoeing in Tromsø  WINTER

Hikes & 'Friluftsliv' activities (ships with expedition team)  ALL YEAR

Read more on  
[HURTIGRUTEN.CO.UK/EXCURSIONS](http://HURTIGRUTEN.CO.UK/EXCURSIONS)

# Top of the World at the North Cape

— Enjoy the magnificent landscape as we continue our journey towards the North Cape.

In Honningsvåg, you can join us for a cultural walk through the town and let yourself be charmed by the colourful buildings. We then sail through the heart of the Sámi homeland to the port of Kjøllefjord. This area is famous for its rich birdlife. Enjoy the sub-Arctic landscape as we cross the 71st parallel north, and be sure to experience the imposing North Cape – the northernmost point on the continent.

## Snowmobile Trip in the Arctic **6D**

Join us on a once-in-a-lifetime snowmobile trip through one of Europe's most exciting and extreme natural Arctic regions with spellbinding scenery. Experience snowy valleys, invigorating winter air, and maybe even the mystical northern lights in the dark and starry polar night sky.



## Reindeer

Essential to Sámi culture and life, reindeer provide everything from clothes to food and are kept in herds that are moved long distances across vast areas of land to the rhythm of changing seasons. The highest concentration of reindeer held as livestock is found on the Finnmark plateau, where for centuries Sámi have been moving their herds back and forth from inland to the coast.

## WHAT TO SEE

In autumn and winter, this part of the journey provides the best opportunity for those who want to see the mystical northern lights.

Day **6** – Northbound  
**ØKSFJORD-BERLEVÅG**



## EXCURSIONS

- 6A** The North Cape **ALL YEAR**
- 6B** Birdwatching safari **SPRING** **SUMMER**
- 6C** Sámi culture **SPRING** **SUMMER**
- 6D** Snowmobile trip in the Arctic **WINTER** **SPRING**
- 6E** Sámi autumn **AUTUMN**
- 6H** Fishing village visit **ALL YEAR**
- 6I** Winter expedition in the Arctic wilderness **SPRING**
- 6J** RIB Expedition on 71 degrees North **SUMMER**

Hikes & 'Friluftsliv' activities  
(Ships with expedition team) **ALL YEAR**

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# Norway's Far East



— Kirkenes is known as the capital of the Barents Region and is the gateway to the east.

The town is also Hurtigruten's turning point of our 12-day voyage. You will notice that the landscape and sea along the coast of Finnmark become increasingly more dramatic the closer we get to Kirkenes, which is located just a few miles from the Russian border.

## Nature's greatest light show

On occasion, the night sky over northern Norway explodes into a light show of green, white, pink, blue and violet. The unearthly beauty of the aurora borealis (Northern Lights) mesmerises all who stay or travel in Polar Regions. The Northern Lights belt stretches along the northern coast from Lofoten to the North Cape. One of your best chances of experiencing the Northern Lights is on a Hurtigruten voyage in the winter season. Witnessing the celestial Northern Lights shimmering in the starstudded sky is a lifeaffirming experience that will remain with you forever.



## Arctic Ice Dome 7D

A hotel built out of snow and ice? It's true! Visit the famous Ice Dome, set in idyllic Arctic surroundings, where upon arrival we are served an ice-cold local shot in the ice bar. Join a guided tour around a hotel, and visit the dog yard to see some of the many huskies that live there.

## WHAT TO SEE

Kirkenes, not far from the Russian border, is Hurtigruten's turning point. Enjoy panoramic views from the lounge as we sail into the last port before turning around and starting our journey south.

Day 7 - North- /Southbound

## BÅTSFJORD-KIRKENES- BERLEVÅG



7A 7B 7C 7D  
7E 7F 7H

Read more on  
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EXCURSION](http://HURTIGRUTEN.CO.UK/EXCURSION)

## EXCURSIONS

- 7A The Russian border ALL YEAR
- 7B Riverboat to the Russian border SUMMER AUTUMN
- 7C Snowmobile safari WINTER SPRING
- 7D Kirkenes Ice Centre WINTER SPRING
- 7E ATV/Quad safari to the Russian border SPRING SUMMER AUTUMN
- 7F Husky tour WINTER SPRING
- 7H Arctic Ice Dome SPRING SUMMER AUTUMN

Hikes & 'Friluftsliv' activities  
(Ships with expedition team) ALL YEAR

# THE SOUTHBOUND VOYAGE



© OPDAN BERTELSEN / HURTIGRUTEN

## THE SOUTHBOUND ITINERARY

DAY	Departure Kirkenes	
	01.11.2019 - 31.03.2020	
7	from KIRKENES	12:30
	from VADSØ	-
	from VARDØ	16:45
	from BÅTSFJORD	20:15
	from BERLEVÅG	22:00
8	from MEHAMN	01:00
	from KJØLLEFJORD	03:00
	from HONNINGSVÅG	05:45
	from HAVØYSUND	08:00
	from HAMMERFEST	12:45
	from ØKSFJORD	15:45
9	from SKJERVØY	19:45
	from TROMSØ	01:30
	from FINNSNES	04:45
	from HARSTAD	08:30
	from RISØYHAMN	11:00
	from SORTLAND	13:00
	from STOKMARKNES	15:15
10	from SVOLVÆR	20:30
	from STAMSUND	22:30
	from BODØ	03:45
	from ØRNES	06:50
	from NESNA	10:35
11	from SANDNESSJØEN	12:15
	from BRØNNØYSUND	17:30
	from RØRVIK	21:30
	from TRONDHEIM	09:45
12	from KRISTIANSUND	17:00
	from MOLDE	21:30
	from ÅLESUND	01:00
12	from TORVIK	02:30
	from MÅLØY	05:35
	from FLORØ	08:15
	to BERGEN	14:30

# Surrounded by excitement

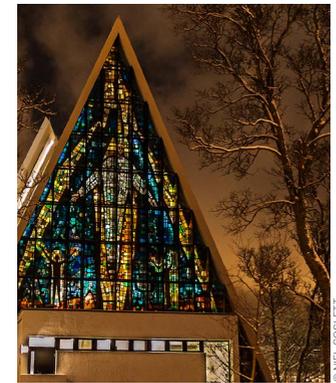
— We now bid the region of Finnmark farewell, as we sail southbound past Fruholmen and Europe's northernmost lighthouse.

On Hjelmsøy, you have a great view of Europe's largest colony of guillemots and razorbills. From Honningsvåg, you can choose to enjoy breakfast at the North Cape, and in Hammerfest, you can join a mountain trek or guided tour of the town. In spring, we also enjoy views of the beautiful Lyngen Alps, as we take a detour into the Lyngenfjord.



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© TRAM IVAR BERGSMO / HURTIGRUTEN



© NIEL GOSALETT



© HAMMERFEST TOURIST



## WHAT TO SEE

Founded in 1789, Hammerfest is also home to the UNESCO-listed Meridian Column, erected in 1854 to commemorate the first precise measurement of the globe.

## EXCURSIONS

- 8A Breakfast at The North Cape [SPRING] [SUMMER] [AUTUMN]
- 8B The northernmost town in the world [NEARLY ALL YEAR]
- 8C Midnight concert in the Arctic Cathedral [ALL YEAR]
- 8F Snowmobile trip in the polar night [WINTER] [SPRING]
- 8G Mountain hike in Hammerfest [SUMMER] [AUTUMN]
- 8H Into the Ice - stories of a polar hero [WINTER]
- 8I Arctic midnight Adventure [SUMMER]

Read more on [HURTIGRUTEN.CO.UK/EXCURSIONS](http://HURTIGRUTEN.CO.UK/EXCURSIONS)

# Don't blink, it's Lofoten

— Make sure you do not oversleep today. The journey past the beautiful Vesterålen islands towards the equally spectacular Lofoten is, for many, the highlight of the trip.

Between Sortland and Stokmarknes, you can see the famous mountain, Møysalen, which has inspired numerous artists over the years. As we sail south through Vesterålen, we seemingly head straight for the mountain wall, but there is an opening, Raftsundet, leading to the narrow and bewitching Trollfjord, which we sail into during certain parts of the year. We end the day with activities in Svolvær, the capital of Lofoten, such as a sea eagle safari, fishing and RIB boat rides, horseback riding, and more.



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© STIAN KJØL / HURTIGRUTEN



© WINFRIED ROBE - GUEST IMAGE / HURTIGRUTEN

## Still carrying freight and passengers

Risøyhamn is a small village on the island of Andøya. We stop here to drop off passengers – and to deliver food and post to the locals, numbering approximately 200 inhabitants. Delivering food, money and medicines has been an important task for Hurtigruten for 126 years, and an invaluable service to the communities living along Norway's coast.

## WHAT TO SEE

Sailing through Vesterålen to Lofoten should be at the top of the list of things to do for every traveller and explorer. The beauty here is unparalleled.

## Lofoten by horse 9D

Imagine horseback riding along a remote beach and terrain once inhabited by Vikings. We journey along a long white-sand beach of the Norwegian Sea; through rugged, rocky terrain; and among remnants from the Viking Age. During summer there is perpetual daylight, but during autumn and winter we ride in darkness, listening to the waves slap against the shoreline and gazing skyward to seek the mystical northern lights.

Day **9** – Southbound

## TROMSØ-STAMSUND



## EXCURSIONS

- 9A** A taste of Vesterålen ALL YEAR
- 9B** Lofoten Islands SPRING SUMMER
- 9C** Sea eagle safari AUTUMN SPRING SUMMER
- 9D** Lofoten by horse ALL YEAR
- 9E** RIB adventure in Lofoten SUMMER
- 9F** Discover a fishing village AUTUMN WINTER SPRING

Hikes & 'Friluftsliv' activities  
(Ships with expedition team) ALL YEAR

Read more on  
[HURTIGRUTEN.CO.UK/EXCURSIONS](https://www.hurtigruten.co.uk/excursions)

# A date with the Seven Sisters

—As you reluctantly tear yourself away from Lofoten, we sail onwards towards the Helgeland coast, with its equally magnificent sights.

In the morning, we cross the Arctic Circle and head for the Helgeland coast with its abundance of islands, islets, reefs and steep mountain walls. This is the home of the unique rock formation Hestmannen, the peculiar mountain Torghatten with its distinctive hole, and the spectacular Seven Sisters mountain range. We make a short stop in Nesna, an idyllic old trading post, before moving on to Sandnessjøen, Brønnøysund and Rørvik.



© ILONA WARNE/PHOTO COMPETITION/HURTIGRUTEN



© ERLIND HÄBERG/HURTIGRUTEN



© HURTIGRUTEN

## A strange mountain in the sea

Torghatten (258 metres above sea level) is famous for the distinctive hole right through the middle of the mountainside. The hole is 160 metres long, 35 metres high and 20 metres wide and was created during the ice age. The softer rock gradually eroded, while harder rock around the hole remained. The walk up to the hole takes about 20 minutes along a natural trail.



© FIK



## WHAT TO SEE

During this part of the journey you should watch for the unique rock formations Hestmannen, Torghatten and the Seven Sisters.

## EXCURSIONS

10B UNESCO Vega Archipelago SUMMER

10C Visit the salmon SPRING SUMMER AUTUMN

Hikes & 'Friluftsliv' activities  
(Ships with expedition team) ALL YEAR

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EXCURSIONS](http://HURTIGRUTEN.CO.UK/EXCURSIONS)

# In cod we trust

— Today gives you another opportunity to explore the city of Trondheim. Continuing south, the ship heads slowly out of the Trondheimsfjord, passing the islands of Munkholmen, Hitra and thousands of islets and skerries.

Next stop is Kristiansund. The city's location has provided the town with a wealth of opportunities in the fishing, ship building and oil industries. It is now regarded as Norway's 'cured cod capital' because of its long-time export of salted dry fish. As we cross the open sea to Molde, known as the 'city of roses', you can take in the view of the steep, grey, pointed peaks of the Romsdal Alps from deck.



## A walk through 1,000 years **11A**

Enjoy a guided tour through the historic capital of Norway. Visit spectacular Nidaros Cathedral. The building of Norway's national sanctuary began in 1070. Nidaros Cathedral displays beautiful stained glass from the 19th and the 20th centuries, and the statues and ornaments of the west front are a great attraction in itself. You will also see Trondheim's streets, boroughs and highlights, including a short stop at Utsikten (The View) to admire the city from a high elevation.

## WHAT TO SEE

The Nidaros Cathedral is Norway's only Gothic-style cathedral and is considered a national shrine.

## Bergtatt - Magnificent Marble Mine **11E**

Join us on a guided bus tour to Bergtatt, a working marble and limestone mine on the banks of a subterranean lake deep inside a mountain. We are taken on an unforgettable trip across an illuminated crystal clear lake inside the earth, towards a grand hall where dining tables are bathed in candlelight and we are served a savoury soup made from local ingredients. Along the way, we taste spring water sourced straight from the mountainside.



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## EXCURSIONS

- 11A** Trondheim with Nidaros Cathedral ALL YEAR
- 11C** The Atlantic Road SPRING SUMMER AUTUMN
- 11E** Bergtatt - magnificent marble mine AUTUMN WINTER SPRING

# The final chapter of the *fairy tale*

— The world's most beautiful voyage is drawing to a close and during the night the ship will call at Ålesund, Torvik and Måløy.

But before we dock in Bergen, there are still a few nautical miles of fascinating scenery left, like picturesque Nordfjord that lies below the enormous glacier, Jostedalbreen. Nordfjord stretches 90 kilometres inland from the open sea, all the way to the tiny villages of Loen and Olden. The rugged landscape at the mouth of the fjord is in stark contrast to the fertile landscape at the other end. Lush orchards and glacier arms reach out towards sparkling lakes and cascading waterfalls. Enjoy this beautiful sight and be sure to make the most of your last hours on board.



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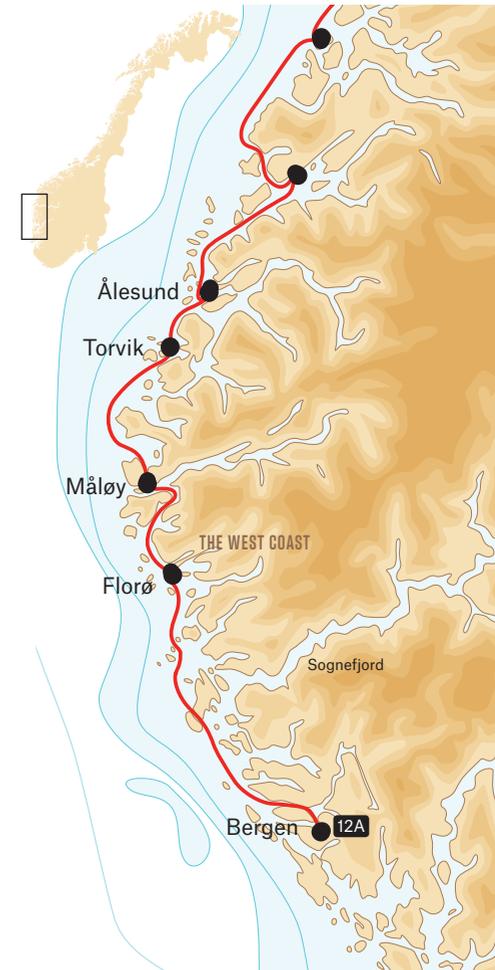
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## Keep exploring Norway

On all our coastal voyages, you can add a few extra nights, before or after your journey, and get more out of your holiday with our [land adventures](#). See breathtaking fjords, explore the steep mountain landscape in Lofoten, take an extraordinary train journey, experience the atmosphere in Norway's capital or discover the crown of Arctic Norway; Svalbard. We highly recommend staying for a couple of nights in one of the featured cities (Kirkenes, Tromsø, Lofoten, Bergen, Oslo or Longyearbyen) to experience more of the Norwegian cuisine, culture and scenery. All of our accommodation has been specially selected to offer the best and most central location.

## History and main sights of Bergen 12A

Enjoy a guided tour past the picturesque alleys and well-known locations such as Nordnes peninsula, Håkon's Hall and the Rosenkrantz Tower, Maria Church, Bergen harbour and the famous fish market. In addition to seeing all this, our well-informed guides will also take you on a short walk through the UNESCO-listed old buildings in the Bryggen district. During this trip, you will receive a good insight into the city's history and development, from its founding in 1070 right through to the present day.



Read more on [HURTIGRUTEN.CO.UK/EXCURSIONS](http://HURTIGRUTEN.CO.UK/EXCURSIONS)

## EXCURSIONS

12A Bergen city sightseeing ALL YEAR  
Only bookable on board

# Traveling with a vehicle

## ARRIVAL AT YOUR DEPARTURE PORT

Please be at the quayside at the latest 1,5 hours prior to the scheduled departure in Bergen. When you are travelling from Bergen to a port north of Bodø, please be at the terminal no later than 2 hours before departure. In Trondheim, Bodø, Tromsø and Kirkenes, please be at the pier latest 1 hour before departure. For all other ports, please be at the quayside 30 minutes prior to the scheduled departure. Please ensure to adhere to instructions and signage for cars at the ports.

## TIMES IN BERGEN FOR DRIVING THE CARS ON BOARD

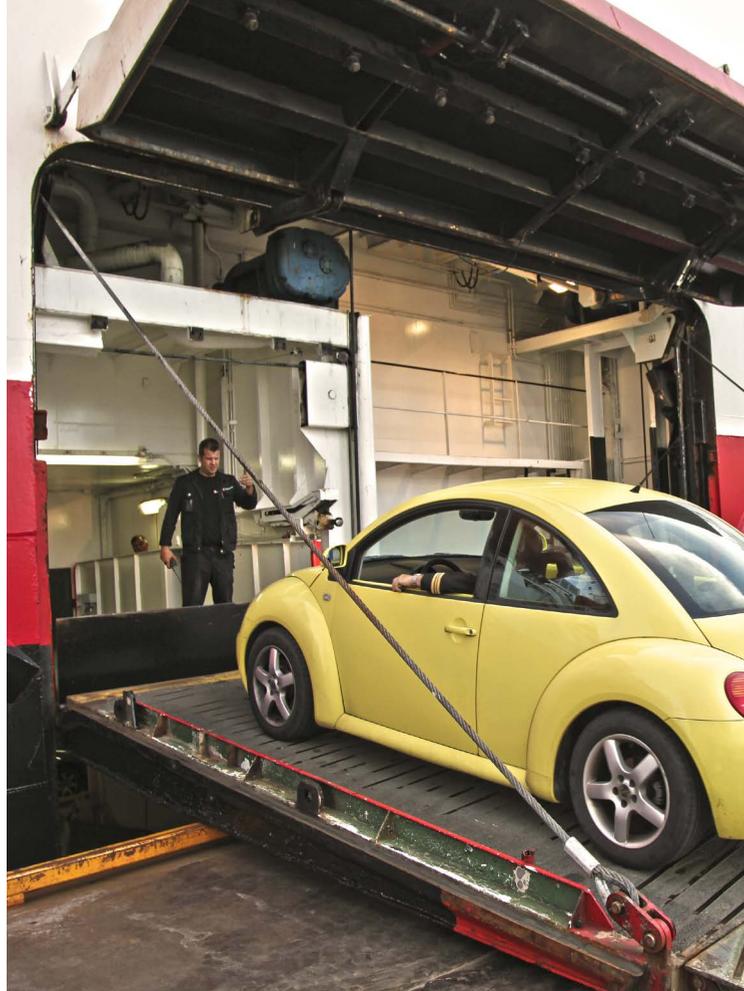
- In the summer season (01 June-31 Oct): 18:00 - 19:00
- In the winter season (01 Nov-31 May): 19:30 - 21:30

## BOARDING AND LEAVING

- 1) Please bring all your luggage to the reception area, and check in. Have your booking reference and ID ready. You will receive a boarding card for your car, which is also your cabin key card if you have booked a cabin.
- 2) Proceed into the car lane, and show your boarding card to the crew on the car deck.
- 3) Please follow the instructions of the crew when driving on board. Please note that only the driver is allowed in the car when driving on or off the ship, and the driver is responsible for driving on board/ashore.
- 4) Please park your car in low gear with the hand brake on.
- 5) Before driving off the ship, please deliver the boarding card to the crew on car deck. Please note that the luggage must be carried ashore over the gangway before driving off the ship.

**NB!** Check-in will take place inside the ship in the reception area in all ports except in Bergen, where check-in is in the terminal. You will need to carry your own luggage on and off the ship, except in Bergen. All vehicles entering our ships could be subject to safety inspection. There will be no access to the car deck during the voyage and it is not possible to go ashore by car when the ship calls at ports. Campers, caravans, car trailers and tractors are not allowed on board.

Please note that these ships will have 0 capacity of cars after certain dates: MS Finnmarken (after 03.01.2020), MS Kong Harald (after 15.03.2020), and MS Richard With (after 15.09.2020).



## HARBOUR ADDRESSES

- Bergen, Nøstegt, 30, Hurtigruteterminalen
- Berlevåg, Storgaten 39
- Bodø, Terminalveien
- Brønnøysund, Havnegt 42
- Båtsfjord, Holmen kai
- Finnsnes, Bernh.Lundsvei 11
- Florø, AS Fugleskjærskaien
- Hammerfest, Hamnegata 3
- Harstad, Torvet 7B
- Havøysund, Strandgt. 85 A
- Honningsvåg, Holmen 2A
- Kirkenes, Kaiv.4
- Kjøllefjord, Strandvegen 95
- Kristiansund, Holmakaia - Devoldholmen
- Mehamn, AS Værveien 15
- Molde, Hamnegata 8
- Måløy, Inter-Com Terminalen
- Nesna, Kaia, Moveien
- Risøyhamn, Risøyhamn
- Rørvik, D/S Kaien
- Sandnessjøen, Torolv Kveldulvsonsgt. 7
- Skjervøy, Havnegt 18
- Sortland, Havnegata 7
- Stamsund, J.M Johansens vei 11
- Stokmarknes, Nordnesveien 1
- Svolvær, O J Kaarbøsgata 12
- Tromsø, Prostneset
- Trondheim, Pir 1 nr. 7 (HR-kaien)
- Vadsø, Havneterminal
- Vardø, Kaikaga 26 A
- Øksfjord, Njordveien 20-27
- Ørnes, Havnevn.7
- Ålesund, Skansekaia

Maximum car dimensions	Max. length (m)	Max. height (m)	Max.width (m)	Max. weight (kg)
MS Finnmarken	6,5	2,50	2,4	5000
MS Kong Harald	6,4	2,25	2,4	5000
MS Midnatsol	6,5	2,30	2,5	5000
MS Nordkapp	6,5	2,20	2,45	5000
MS Nordlys	6,5	2,20	2,4	5000
MS Nordnorge	6,5	2,40	2,4	5000
MS Polarlys	6,5	2,25	2,45	5000
MS Richard With	6,4	2,40	2,4	5000
MS Trollfjord	6,5	2,30	2,45	5000
MS Vesterålen	5,4	1,85	2,3	2800

Please note that any supplementary load is included in these measurements. For example, a roof/ski box is included in the height of a car.

# Good to know before you go



## BEFORE YOU GO

Please check your itinerary and that you have all the appropriate vouchers required. If you think you are missing anything or have any queries, contact our reservations team or your travel agent immediately.

Preparation is part of the pleasure of your holiday; add to your enjoyment by finding out about your destination before you travel: the climate, local customs, public holidays, and the food and drink.

## INSURANCE

It is a condition of your contract with us that every member of the booking has travel insurance in force for the entire duration of the holiday, covering at least the cancellation of the booking and providing medical cover for illness or injury and repatriation while overseas. Please provide us with the name of your insurer, together with their 24-hour emergency number.

## LUGGAGE

Passengers may bring up to 50 kg of luggage. We recommend that you only bring luggage that you are able to carry yourself, as luggage service is only available in Bergen and Kirkenes. We ask our guests not to store any luggage in the ship's common area. You may store your luggage in the luggage room/locker at your own responsibility. Hurtigruten are not responsible for any loss of luggage. Any oversized/heavy luggage is counted as cargo, and must be paid for extra.

Please remember to keep any medication you rely on as well as your passport and glasses in your hand luggage at all times.

## PASSPORT/ID CARD

All guests checking in at the Hurtigruten Terminal or on board our ships have to present a valid Passport or government approved ID Card. Please keep your ID at hand when boarding. Boarding will be denied if a valid ID is not presented at check-in. This applies to all guests, including citizens of Scandinavian countries. Guests planning to extend their journey and visit Spitsbergen, Svalbard, are asked to take their passport with them.

## SHORE EXCURSIONS

Please bring your driving license if you have pre-booked or are planning to go on any of the snowmobile or ATV excursions.

Excursions and their contents are subject to maximum/minimum numbers, sailing times and weather and/or local conditions. If pre-booked excursions have to be cancelled, you will receive a refund in on board credit on your cruise card (please see information regarding cruise card on page 38).

## TIME NORWAY

CET (GMT + 1)  
CEST (GMT +2)

## TRANSFERS AND FLIGHTS

Hurtigruten operates transfer services in Bergen, Trondheim and Kirkenes.

If your flight is delayed or cancelled, contact numbers are shown in the Arrival-Departure Information to advise you of your revised arrival details.

# Pack like an explorer

There are several things to remember and bring along when you are coming on an expedition with us.

To make packing a bit easier, we have drawn up a pack list.

If you should forget something, don't worry! On board all of our ships you will find a shop with a wide range of clothes and practical items.



## APRIL - MAY

In the Far North, winter still rules. Sail with us and experience the return of light and vitality along Norway's coastline, and travel through three seasons – spring, summer and winter – in one journey.



### Cover all bases

As we are likely to encounter three seasons during one sailing in spring, it's important to pack well and layer up. We advise bringing a woollen jumper, warm socks, a thick scarf, winter boots, warm, waterproof trousers and jacket, a hat and gloves.

## MAY - AUGUST

Sail with Hurtigruten in summer and discover enchanting Trollfjord from May to August; Geirangerfjord from June to August; and Lyngenfjord in May. This is peak season for strawberries, when they are at their sweetest and most delicious.



### Summer attire

Summer weather along the coast can be changeable, so in addition to t-shirt, shorts and sandals, it's wise to pack a warm jumper, light jacket (water-resistant), thin hat and gloves, and hiking shoes.

## SEPTEMBER - OCTOBER

Experience coastal Norway at its most naturally colourful when mountainsides, hilltops and valleys explode into dazzling reds, yellows and oranges. Cloudberries are a regional autumn delicacy, and will feature in our seasonal on-board menus.



### Lots of layers

While the sun may be shining, you can also expect brisk, crisp and cooler weather during the autumn months. Make sure to pack thin layers and some warm clothes – a woolly jumper, wind and waterproof jacket and trousers, a hat, gloves and light hiking boots.

## NOVEMBER - MARCH

Sailing with Hurtigruten during November to March will provide the best and most reliable chances of experiencing the Northern Lights flickering across the Arctic sky in shades of ghostly green, red and purple.



### Wrap up warm

It can get very cold along the coast during winter, so we recommend you pack base and mid layers, as well as a thick winter jacket, hat, gloves, woolly jumper, scarf, winter boots, and pull-on spikes (for sale on board).

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# Life on board



© AGURTXANE CONCELLON

## ACTIVITIES ON BOARD

As a part of the travel experience, we offer some interesting on board activities, demonstrations and presentations during your voyage. The activities, which take place inside the vessels and outside on deck, are related to the seasons and areas we are sailing in. We invite you to join in all these activities, which we will announce in the day-to-day programmes or on board.

## ALCOHOL POLICY

Due to the strict laws surrounding alcohol in Norway, and for the safety of our guests, alcohol that has not been purchased on board may not be consumed in any public area of the ship or in your cabin. Guests may bring up to two unopened bottles (maximum 1.5 litres each) per person onboard, but these will be required to be checked in at the reception desk, and will be returned at the end of your voyage.

## ANNOUNCEMENTS

Announcements on board are made in several languages. These announcements may also be heard in your cabin by activating the telephone system, if available on the ship. No public announcements are made at night.

## CABINS

### CHECK-IN/CHECK OUT

The times for checking out of cabins are according to the ship's timetable and may vary from day to day. On arrival in Bergen, Kirkenes and Trondheim on the southbound, special rules apply:

- Cabins for departures from Bergen are available from 18:00 hrs.
- Check-out on arrival at Kirkenes is before 8:00 hrs.
- Check-out on arrival at Trondheim (southbound) is before 8:00hrs.
- Check-out on arrival at Bergen is before 10:00 hrs.

If you are travelling as a Platinum guest, different check-out timings may apply. Please contact the reception for more information.

## FACILITIES

The facilities of the cabins vary between the ships and the various cabin grades. Towels and shower gel/liquid soap are provided in all cabins. Most of the ships have hair dryers in all cabins. If not, you may borrow one from the reception. Tea/coffee making facilities are available in Arctic Superior cabins and Expedition Suites.

During the winter months some cabins have portholes which may be covered due to weather conditions.

For bookings with unspecified cabin grades/numbers, requests for adjacent cabins or accommodation in a specific area of the ship etc cannot be guaranteed.

There are safety deposit boxes in suites on MS Midnatsol and MS Trollfjord, and in all cabins onboard MS Finnmarken and MS Spitsbergen. Hurtigruten cannot accept liability for any loss. Valuables may be handed in at reception to be kept in the ship's safe.

## PLATINUM-FARE GUESTS

Priority embarking/disembarking is available for our Platinum guests. With Platinum fare you can choose our a la carte dining experience for every dinner and breakfast. Our drinks package is included with dinner. You can also have dinner with the captain once during your voyage and enjoy a visit to the captain's bridge. Two shore excursions are also included, and an outdoor activity clothing package. Airport transfers to/from the ship are included in Bergen, Trondheim and Kirkenes. You can enjoy a daily turn-down service and a welcome basket with champagne on embarkation day.

## SUITE SERVICE

Our suites are well equipped to enhance the guests on board experience. We welcome our suite guests with a welcome greeting, including a snack and a carabiner watch, waiting for you in your suite after check-in. For a fee you also have the option to use the mini bar. If there is available capacity, you may book and pay for an upgrade to a suite when on board.

## CRUISE CARD AND CURRENCY

The currency used on board is Norwegian Kroner. Exchange rates are similar to those in a hotel. Please check with the reception for methods of payment. Please note that a PIN code is required when paying with your personal credit card on board.

For your convenience, we offer a cruise card system on board all our ships. This system allows you to charge all on board purchases to your cruise card. Cruise-card accounts can be created at all points of payment on board the ship. We accept VISA, Master Card, Diners, American Express or cash (NOK, EUR, GBP, USD) as deposit. For more information, please contact the reception on board.

We suggest that you take a small amount of Norwegian Kroner (NOK) in cash. Major credit cards are widely accepted in Norway, except possibly at smaller businesses. You may be asked to provide identification when you pay by credit card or exchange money.

## ELECTRICITY

The electric current supplied in the power sockets on board our ships is on the 220-volt AC standard, and requires a 2-pin continental-type plug. If you need power adapters or converters you can buy one in the shop onboard the ship.

## EMBARKATION/DISEMBARKATION

Check-in will take place inside the ship in reception area in all ports except Bergen.

In Bergen, the Hurtigruten ships sail from: Hurtigruten Terminal, Nøstegaten 30, N-5010 Bergen. Luggage lockers are available in the terminal and are chargeable 30 NOK. Please make sure to bring 3 x 10 NOK if you are to use the lockers. The terminal is open for luggage check-in from 13:00 until 14:30, and passenger check-in begins from 15:00 and embarkation from 16:00.

Check in at the terminal is possible until 19:30 all year, after that the check in will take place on board. Cabins are available from 18:00 hrs.

TIME PERIOD	DEPARTURE	EMBARKATION
01. Jan - 31. Dec	21.30 hrs	From 16.00 hrs

Passengers are free to explore Bergen until embarkation time. A buffet dinner is served on the evening of departure from Bergen, usually between 18.00-21.00 hrs with open seating. Round Voyage guests will find their table assignment for the rest of the voyage in the envelope they receive at check-in.

When disembarking in Bergen, luggage will be delivered to the luggage belt in the terminal. On the last day of the round voyage you will be asked to vacate your cabin by 10:00 am. If you are travelling as a Platinum-fare guest, different check-out times may apply. Please contact the reception for more information. Information regarding luggage handling and disembarkation at other ports is available on board.

#### ENVIRONMENTAL COMMITMENT

As a traveller with Hurtigruten, your contribution to leaving a smaller footprint is welcome. We have garbage sorting aboard all ships, we encourage you to turn off lights when leaving the cabin and pull out the plug from electrical transformers not in use. When ashore, bring your litter back to the vessel or dispose this at designated places.

We are often near wildlife on our voyages. Please heed the advice from our tour leader/expedition leader and excursion guides and strive towards acting in a way that does not alter the wildlife's natural behaviour.

#### HAND HYGIENE

Hurtigruten wishes to ensure that your voyage will be as pleasant as possible and would like to

ask you, for the sake of your own health and that of other people, to be especially conscientious with hand hygiene during your voyage. Anti bacterial hand gel is available throughout the ship.

#### HURTIGRUTEN'S 1893 AMBASSADOR PROGRAMME

[Hurtigruten's 1893 Ambassador Programme](#) offers special privileges to returning customers who have sailed with us. For full details how to join, please visit our website.

#### INTERNET

We have wireless Internet available on board for an extra charge, if not included in your choice of fare. Please ask for more information at the reception on board and our personnel will help you find the best solution.

#### ITINERARY/WORKING SHIPS

Hurtigruten ships operate on a set timetable and schedule, as shown in our brochures and on our website. Our ships carry goods, vehicles and passengers between ports.

You may expect some noise and vibration in a few cabins, which may be more noticeable during the loading of goods. This varies depending on the location of your cabin and the type of ship.

With the exception of MS Lofoten our vessels are equipped with stabilisers. On the Norwegian coast the ships enter the open sea for a few hours on only a few occasions. The majority of the time the ships sail between mainland Norway and the coastal islands where the sea is generally calmer.

When visiting ports along the route, please make sure that you are back on board in time. The departure time is displayed at the gangway. Unfortunately, because of our schedule, our ships cannot wait for delayed passengers. If you miss your ship's departure, you will need to travel to the next harbour by yourself and at your own expense.

Hurtigruten reserves the right to make changes to the programme and shore excursions due to weather and/or other conditions.

#### JACUZZI

All ships, except MS Vesterålen and MS Lofoten, have Jacuzzis on board. There is a pool on MS Finnmarken. They may be closed at times during the winter season or due to the weather conditions. If you are travelling without a cabin, towels can be hired on board for a small fee. The shop on board has a limited selection of bathing suits.

#### LANGUAGE

Norwegian and English are the official languages on board. The personnel at the reception and some of the service crew often also speak German.

#### LAUNDRY

Laundry rooms with washing machines, dryers and irons are available on all ships. Tokens may be purchased from reception.

#### MEALS

A voyage along Norway's coastline is more than just a cruise through fantastic nature. It's also a culinary journey - one that's not only delicious but sustainable too. Hurtigruten puts great emphasis on procuring and preparing locally farmed food. We work with local suppliers along the entire coast to bring you the freshest, tastiest ingredients possible.

Behind each local product we serve, there's an interesting story about life along Norway's coastline. The local purveyors are not just passionate about delivering the freshest, most high quality produce possible, they also share their knowledge and insights to their daily lives at the places we visit. We call our galley 'Norway's coastal kitchen' because the food we serve comes from the freshest, most delicious produce found on the Norwegian coast.

The usual meal times are (Subject to change to adapt port of calls):

- Breakfast from 07:00 - 10:00 (open seating)
- Lunch from 12:00 - 14:30 (Open seating)
- Dinner times vary according to the itinerary.

It is usual for dinner to start at 18:00, and there will be a variety of seating options available (times advised on board).

For our full board passengers, the culinary journey begins with a buffet served upon departure day in Bergen and ends with a lunch served when sailing into Bergen on the last day. The food on board is mainly Norwegian according to the concept "Norway's Coastal Kitchen" which is based on local sourcing from a number of small producers from the region we are sailing in.

Breakfast consists of a wide selection of warm and cold food items with daily activities such as waffle frying, carving of smoked salmon and local cheese presentations as a constant variable feature. Lunch is served mainly in buffet form and offer fish, meat and vegetable courses based on local products, along with selected cold dishes, salads, desserts and fruits.

There are always vegan alternatives available upon request.

It is safe to drink tap water on board. For our **Platinum-fare** guests, a drink package is included, and drink packages can be purchased on board for our Basic- and Select guests. All ships are fully licensed; the price level is the same as on mainland Norway.

#### À LA CARTE RESTAURANT

All of our ships, except MS Lofoten, MS Vesterålen and MS Spitsbergen offer a separate **A la Carte restaurant**, where we invite our guests to enjoy a meal in a calmer environment and with personal service. Experience a selection of innovative courses based on local sourcing with premium quality.

You may upgrade from your existing meal plan or pay according to menu. Our Platinum guests are welcome to eat in the A la Carte restaurant



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without any extra charge every day of their voyage. Opening hours and the menu are presented on board the ships.

#### CAFÉ

Serving traditional fare ('husmannskost'), soup of the day, fresh salads, wraps and sandwiches. Enjoy bistro dishes such as Hurtigruten's signature burger and famous shrimp sandwich, sirloin steak, grilled salmon, locally-inspired pizza, desserts and sweet cakes. Juice, yoghurt with topping, soft drinks, local beverages and wine are also available for purchase.

#### MEDICAL

On the Norwegian Coastal Voyage, ships do not leave territorial waters and are rarely far from land. There is no doctor or pharmacy on board and medical assistance is available at ports or, in an emergency, by helicopter. Some of the crew on each ship are trained in first aid and there is a First Aid room on all ships. If you need assistance, please contact the reception. At the time of printing there are no compulsory vaccinations or health requirements for travelling to Norway. It is however the responsibility of all passengers to ensure they comply with any health requirements at the time of travel.

If you have any mobility or hearing/sight problems, please advise reception on arrival. This will ensure that you receive assistance in the event of an emergency.

If you are prone to seasickness, we suggest you carry effective medication. Some tablets are available on board for sale but they may not be appropriate for every passenger.

#### MOBILITY

We are happy to welcome passengers who are not fully mobile and all ships (except MS Lofoten) have at least one cabin equipped for travellers using a wheelchair. Passengers who use a wheelchair must bring their own, standard size, foldable chair. Guests who are able to navigate around the ship unaided in a wheelchair need not have a travel companion. Those who need assistance may need to be accompanied. Please discuss this with your booking agent. In the ports there is a ramp or gangway for embarkation/ disembarkation. Excursions have not been adapted specifically for passengers with walking difficulties.

#### NOTE!

Airlines usually do not allow wet battery wheelchairs on aircraft. Excursions are not suitable for passengers with electric wheelchairs although some are possible with a manual, foldable chair. Please contact the tour leader/expedition leader on board who will be able to advise which excursions are suitable. Drivers and guides are not permitted to lift wheelchairs or passengers at any time.

**For assistance at train stations please call Vy (Norwegian State railways) on: +47 815 00 888.**

**For assistance when using the Oslo airport train (Flytoget) please call +47 64 821772. Please call at least 24 hours before you travel.**

#### SAFETY

It is a safety requirement that all Hurtigruten passengers attend a compulsory safety briefing before the ship leaves port. There will be an opportunity to ask questions if you have any concerns.

Please familiarise yourself with the emergency procedures as shown in the cabins (there is a diagram on the cabin door and in public areas), and ask at reception if in doubt.

In many ports there may be a good deal of activity on the quay with cars joining/ leaving the ships and/or goods being loaded or unloaded. Please be alert to such traffic when embarking and disembarking.

Take care during winter months when it is icy underfoot, particularly on the outside decks and when disembarking the ship or alighting from coaches. Ice spikes and winter clothing can be purchased in the ship's store.

#### SHOPS

All our ships have a shop with a good selection of high-quality products. We provide clothing and equipment suitable for attending our excursions and hikes, as well as gifts and memories to bring home. Clothing is delivered by high end Norwegian brands. You will also find Hurtigruten labelled products and our own brand Arctic Pure. In addition, there is also a small selection of toiletries available for purchase.

On MS Lofoten, this service is handled by the cafeteria.

#### SMOKING

Smoking is only permitted in designated areas on the outside decks. It is not permitted when the ships are in port and fueling. The staff will advise when it's not allowed to smoke outside. To show respect for the environment, please use the provided ashtrays. Throwing cigarette ends overboard is strictly prohibited. Smoking in the cabin is prohibited and subject to a cleaning charge of NOK 1500 to return the cabin to a non-smoking standard.

#### TELEPHONE

Mobile phones may be used on board although reception may vary, check with your provider for costs when using your phone abroad.

#### TOUR LEADER/EXPEDITION LEADER

Nine out of our 11 ships (except MS Lofoten and MS Vesterålen) along the Norwegian coast have an Expedition Leader, an expedition team and special activities on board like lectures and presentations, on-deck guiding, gatherings and environmental actions. These ships function as a "base camp" and a starting point for all our onshore activities.

All tour leaders speak Norwegian, English and German. Expedition leaders speak Norwegian and English but not necessarily German. However, the Expedition Team will have German-speaking team members.

#### WAKE-UP CALLS

When arriving at night disembarking passengers will be woken half an hour to an hour before arrival. On early morning arrivals a wake-up call will be made to allow time for you to vacate the cabin for it to be prepared for the next occupants. You may use the ship's public facilities and the luggage room until you disembark.

# Join us on the journey to a greener future



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## Hurtigruten and sustainability

Being the world leader in exploration travel comes with responsibility. As such, sustainability is at the core of every part of our operation and experience. We are a global front runner in green shipping, setting new precedents on all fronts. Hurtigruten is advocating a ban on heavy fuel oil and stricter regulations on pristine destinations. We are involved in research, fighting pollution and funding local and global projects through the Hurtigruten Foundation. We aim to educate guests and create ambassadors for every destination on every voyage.



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## Trading locally

It is important for us to contribute to the local communities and leave a positive impression on the coastal towns we visit. By trading locally and sourcing services such as food and excursions from local suppliers, we contribute to the livelihood and welfare of these coastal communities. We value our cooperation with local communities, who in turn welcome our guests with the warmest hospitality, proud to show them the best of their country. In operating ethically, we not only contribute to collective prosperity, we help sustain and enrich the unique way of life that coastal Norway is known for – and that our guests come to see, taste and experience.

## ENVIRONMENTAL NETWORKS

Hurtigruten plays an active and leading role as a member of several networks, promoting safe and environmentally responsible travel.



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## Setting a greener standard

Our new ships, MS Roald Amundsen and MS Fridtjof Nansen, are the world's first battery hybrid-powered expedition ships, custom-built to explore some of the most spectacular areas of our planet. By 2021, nine of our ships will run on LNG (liquefied natural gas) and battery power – giving us one of the greenest fleets in the entire cruise industry. We are setting a new standard for the next generation of adventure travel – and you can be a part of it.

## MORE INFORMATION:





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## IMPORTANT PHONE NUMBERS

### ASHORE IN NORWAY

Police: 112  
 Ambulance: 113  
 Fire Service: 110

### WHILE TRAVELING TO AND FROM YOUR VOYAGE

Phone + 44 33 08 08 18 84

Call this number in the event of an emergency or for urgent assistance when travelling to and from your voyage

## CONTACT INFORMATION - SHIPS

SHIP	PHONE	E-MAIL
MS Midnatsol	+47 99 48 72 77	resepsjon.ms@hurtigruten.com
MS Trollfjord	+47 99 48 72 76	resepsjon.tf@hurtigruten.com
MS Finnmarken	+47 48 03 40 00	resepsjon.fm@hurtigruten.com
MS Nordnorge	+47 97 59 10 00	resepsjon.nn@hurtigruten.com
MS Polarlys	+47 99 48 72 75	resepsjon.pl@hurtigruten.com
MS Nordkapp	+47 97 58 10 00	resepsjon.nk@hurtigruten.com
MS Nordlys	+47 99 48 72 74	resepsjon.nl@hurtigruten.com
MS Richard With	+47 97 57 10 00	resepsjon.rw@hurtigruten.com
MS Kong Harald	+47 99 48 72 73	resepsjon.kh@hurtigruten.com
MS Vesterålen	+47 48 01 80 00	resepsjon.va@hurtigruten.com
MS Lofoten	+47 91 35 20 00	resepsjon.lo@hurtigruten.com
MS Spitsbergen	+47 97 49 10 00	reception@sb.hurtigruten.com

## MARITIME EXPRESSIONS

<b>STERN</b>	BACK OF THE SHIP
<b>BOW</b>	FRONT OF THE SHIP
<b>STARBOARD</b>	THE RIGHT SIDE OF THE SHIP
<b>PORT</b>	THE LEFT SIDE OF THE SHIP
<b>BRIDGE</b>	THE AREA FROM WHICH THE SHIP IS NAVIGATED
<b>REFUEL</b>	REPLENISH FUEL AT PORTS
<b>CRUISE CARD</b>	ON BOARD PAYMENT CARD
<b>GANGWAY</b>	WALKWAY BETWEEN LAND AND SEA
<b>TO HOIST</b>	TO RAISE FLAG OR BANNER
<b>BALLAST</b>	WATER SYSTEM USED TO MAINTAIN SHIP STABILITY
<b>CLEARING</b>	RULES WHEN ENTERING AND DEPARTING FROM THE SHIP
<b>KNOT</b>	SPEED OF THE SHIP, NAUTICAL MILE (1.852 KM) PER HOUR
<b>GALLEY</b>	SHIPS KITCHEN
<b>LEEWARD SIDE</b>	DOWNWIND
<b>WINDWARD SIDE</b>	UPWIND
<b>PIER</b>	DOCK FROM WHICH THE SHIP WILL LEAVE
<b>NAUTICAL MILE</b>	DISTANCE MEASURE: 1 NAUTICAL MILE = 1.852 KM
<b>STABILISERS</b>	SHIP EQUIPMENT TO COUNTERACT ROLL CAUSED BY WIND OR WAVES

Hurtigruten reserves the right to make changes. This information is correct at the time of printing but may change at any time.  
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