



Annual report 2023-2024
Enfield Island Youth Community Trust
(EIYCT)

Presented locally as 'enact community'



Introduction from our Chairman

Another annual report for enact and I am pleased to report that it has been a very good year. All the activities that the team organizes and make happen continues to amaze me and make me very proud of what they do. This is the enact annual report for the financial year ending in March 2024. The formal name of enact is "the Enfield Island Youth & Community Trust (EIYCT)" which was set up over twenty years ago by myself and key partners. We are immensely proud that, since then, we have supported hundreds of children, young people, and families from Enfield Lock and further afield.

The universal nature of our provision remains a core feature as it enables us to work with the broadest cohort of the community. It gives space for positive relationships to form between the team, the youngsters and the community. Targeted work can be identified and addressed in an environment where all youngsters and families are together irrespective of their individual circumstances. This model can be more difficult to fund but as a Board, we are determined that the whole community should have an opportunity to engage in positive activities.

Manju Inagal (enact Team Leader) continues to impress us all - her talent, enthusiasm and capability are inspiring. Nathan, our trainee youth worker, works alongside Manju to run our youth provision. Natasha Greenway, leading on Children and Families, continues to impress us with the wide range of activities that she provides, always in a fun environment where youngsters can develop personally and be part of a wider cohort of friends. Our sessional workers are an integral part of the team and are crucial to our ability to operate although it is often a challenge to acquire high quality support staff. Also, we have volunteers without whom we would not be able to operate, their help and commitment is much appreciated. We always need more volunteers which can be difficult with the busy lives our families lead.

I reported last year that funding for 2023/24 was looking positive following our success with a 3 year National Lottery award and a 3 year EBT/Metaswitch award. Many thanks to both organisations. This financial security enabled the Trustees to look to the future and, at an "away day" in January 2024, a road map of the way forward was produced including adding to the youth worker team, recruiting additional Trustees with relevant experience and skills, making the full Trustee meetings bi-monthly, having small sub committees handling the necessary specific responsibilities of Trustees including HR, Operations, Safeguarding, Finance and Funding.

We were very fortunate in appointing Rebecca Sycamore to the board last year and her commitment and expertise has been key to the development of our future plans. This year we have been able to successfully recruit 3 more Trustees. Gary Armstrong is a Senior Lecturer in Criminology at City University and has experience in running youth clubs. Hani Armstrong, a highly successful business entrepreneur, is committed to helping young people and families. Very recently we have been able to appoint Harry Rashid, a local businessman who is very impressed with enact and is keen to bring his experience to help wherever he can.

After 10 years as a Trustee, Doreen Willis has informed us she wishes to stand down at the end of 2024. Doreen has been an important Trustee who, as well as many other things, organized our very successful awards evenings, our Christmas lunches and was always present at events supporting our young people. The good news is she is very happy to attend enact events and hopes to continue to get invitations.

I would like to thank the new Trustees for their commitment to the future of enact. A very special thank you to Graham Jimpson who continues to give great support and handles the Safeguarding brief. Sam Ellis, from the Oasis Community Partnership, attends our meetings and makes an invaluable contribution and I am pleased that our partnership with OASIS continues to flourish and get stronger. We continue to get vital funding from our other sponsors including The Jack Petchey Foundation, LBE, Canal and River Trust and many others.

Michelle Kyprianou, who administers our accounts and writes the minutes of Trust meetings, and Josie Atkinson, who manages our database as well as her other work, are both a key part of enact and do a splendid job for us. Patrick Gray from the RSA Trust office continues to help and support the youth team and is instrumental in working with enact to bring to life the history of the local area. My final words are to not only thank once more the team, advisors to the board and Trustees for their hard work, but also to thank the RSA Trust, who have supported us since 2003 and in that time have given well over £1million to support the work of enact



Gary Walker, EIYCT Chairman

A handwritten signature in black ink, appearing to read 'Gary Walker'.

June 2024

Our Board of Trustees as at June 2024 is as follows:

Gary Walker: Chairman – since 2003

Doreen Willis: Trustee – since 2014

Graham Jimpson: Trustee – since 2017

Rebecca Sycamore - since 2023

Gary Armstrong – since January 2024

Hani Armstrong – since January 2024

Harry Rashid – since June 2024

Plus, board members

Sam Ellis: Advisor representing Oasis Hub Hadley and Oasis Hub Enfield Lock

Rafique Ullah: Advisor representing London Borough Enfield Youth Service

Michelle Kyprianou: EIYCT Finance Administrator – since 2003

Trustees can be reached c/o Unit 12, Island Centre Way, RSA Island Centre, Enfield, EN3 6GS.

enact is the community brand name of 'Enfield Island Youth & Community Trust' EIYCT. EIYCT is a Registered Charity, Number 1109131.

EIYCT is a Company Limited by Guarantee, number 04754171



Charitable Objects: EIYCT is a charitable trust with the object of providing facilities for recreation or informal learning in the interests of individual development, social welfare and community cohesion.

We seek to '**encourage**', improving aspiration, self-esteem and confidence in individual potential. Participants '**engage**' in discovering and exploring new opportunities to decrease inequality and increase future life opportunity. We seek to increase a sense of community, to '**enjoy**' being included and treated equally. We '**enhance**' by improving active participation and volunteering, thereby strengthening support networks and improving interdependent community relationships. We therefore seek to '**become the very best versions of ourselves**'.





The community of Enfield Island Village and Enfield Lock is made up of a wonderfully diverse group of individuals with different ethnicities, cultures, faiths and experiences. We recognise the importance and the value of diversity and people coming together so we can share and learn about each other and build friendships and networks, thus breaking down barriers and building a shared vision and a strong community. At enact we have provided age-appropriate groups, tailoring inclusive and non-judgmental sessions and activities which is led by the community. The aim has been to create a sense of belonging and collectively grow.

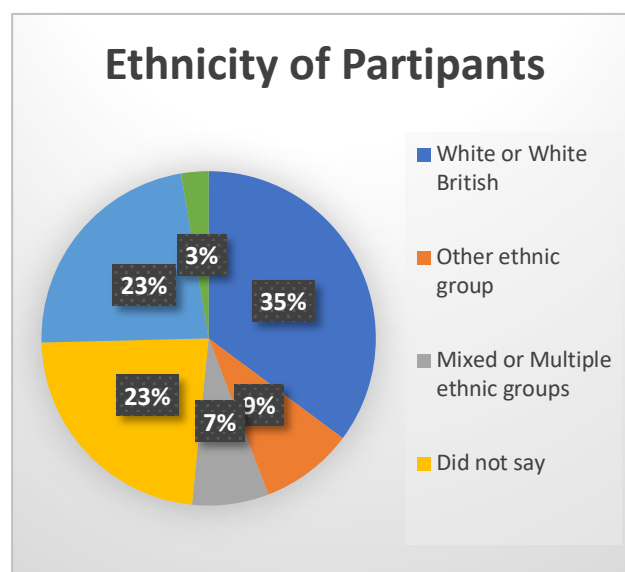
The Enfield Island Village and Enfield Lock community thrives on its rich diversity, embracing individuals from varied ethnicities, cultures, faiths, and backgrounds. We also understand that it is crucial to facilitate community cohesion. We appreciate the significance of this diversity, as it fosters opportunities for mutual learning, understanding, and the forging of meaningful connections. By uniting in a spirit of inclusivity through enact provisions we aim to cultivate friendships and networks that bring about a shared vision for a vibrant and cohesive community. Our commitment to providing a safe, welcoming, and non-judgmental environment focusing on personal and social development.

2022-2023 Demographics

From the 2021 Census we are made aware of the reality that is faced by those who live in Enfield. We know that out of the 21 wards of the borough that there are statistics that show that those who live in Enfield are worse compared to all London Boroughs. These include living standards, work, shared opportunity and housing.

- 31% child poverty rate
- 1.49 Income Deprivation (worse compared to all London Boroughs)
- 15.9% out of work benefits (worse compared to all London Boroughs)
- 20.6% Low Pay resident (worse compared to all London Boroughs)
- 67.5% GCSE attainment (worse compared to all London Boroughs)
- 3.53 Evictions – repossessions per 1000 households (worse compared to all London Boroughs)
- 24.86 Temporary Accommodation (worse compared to all London Boroughs)

Data of Ethnicity of Participants April 2023- March 2024





Engaging deeply with the local community, we have continued to listen to their concerns, conducting consultations and gathering insights to better understand the challenges they face. Many families in this area struggle to afford extracurricular activities, and the ongoing cost-of-living crisis has added pressures around safety, mental health, and general well-being. In response, we have expanded our initiatives to promote community cohesion, creating inclusive projects for all age groups, both on-site and off-site, to foster stronger connections.

This year, we introduced food and nutrition programs to help alleviate some of the cost-of-living burdens, offering cooking workshops, outdoor activities, and social action projects. We have also supported our volunteers, empowering them to take active roles in more projects, and we have continued to develop our Young Leader program, providing more opportunities for young people to lead and grow. As practitioners, we remain committed to nurturing confidence, facilitating growth, and supporting the aspirations of our community members.

What projects have we been able to deliver:

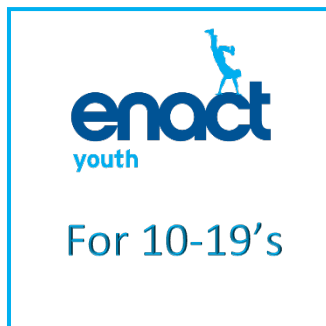
- **Youth Projects** – These open-access provisions include life skills, sports, and mental health and well-being programs for both Juniors (10-14 years) and Seniors (14-19 years).
- **Children and Families** – Activities such as Kids Club (for ages 4-11), allotment projects, story rhyme time, and Family play and learning sessions.
- **Community Coffee Mornings** – Regular gatherings to encourage social interaction and community building.
- **Transition Programs** – Helping children in Kids Club transition smoothly to Junior Youth.
- **Young Leader Training and Development** – Fostering leadership skills through volunteering in sessions and celebrations.
- **Half-Term Projects** – Family events and community gatherings during school breaks to strengthen community bonds.
- **Volunteer Development and Training** – Ongoing support for volunteers to take on more active roles within the community.

It is with heartfelt gratitude that we thank those who have supported Enact. We extend our appreciation to our funders and partners, including The National Lottery (supporting us for three years through the "We Belong" fund from October 2023 to October 2025), Jack Petchey, Edmonton Eagles, 4-22 Foundation, the RSA Trust, Enfield Voluntary Action, Enfield Council, NHS, Lee Valley, and River Canal Trust, who have enabled us to reach even more of our community.

- **Canal & River Trust** – This partnership provided environmental activities that taught young people about conservation and resilience. From bee conservation to river clean-ups, canal boat rides, and litter picking, these activities have helped young people understand environmental responsibility in practical ways.
- **Acciona and Prince of Wales Primary School** – These collaborations supported our allotment project, which continues to be a vital shared resource for families. Corporate volunteers and school gardeners worked together to maintain this space, building bridges between different community groups.

Feedback from a parent who volunteers at Kids Club and whose child recently transitioned from Junior Youth to Senior Youth:

“My child came home sore from all the exercise at youth today but was so proud to be at the top of the leader board! It started a conversation about exercise and resilience, and I love that my previously inactive child is now engaging in so much fitness—it’s fantastic for her! Even though we recently moved, she fought to keep going to youth, so now I pick her up twice a week. It’s a small compromise for something she loves so much!”



enact Youth - For youth aged 10-19 years.

Project Summary April 2023- March 2024

Enact Youth: Empowering and Uniting Our Community Through Youth-Led Initiatives

With generous funding from The National Lottery, The RSA Trust, and Metaswitch, Enact Youth has expanded its programs to foster community cohesion and deepen connections with parents and the local community.

These resources have allowed us to develop meaningful initiatives that address the needs of young people and their families, creating an environment where youth can grow, lead, and connect. Our team of trained professionals, including JNC-qualified youth workers and Level 2 youth workers, along with dedicated DBS-checked adult volunteers, ensures that every young person is supported in a safe and nurturing environment. The skills and expertise of our staff play a critical role in creating spaces where young people can explore, learn, and thrive without fear of judgment. Our commitment to identifying and addressing community needs is ongoing. Through team debriefs, consultations with young people, and regular evaluation of our projects, we ensure that our work remains relevant and impactful. This year, our focus has been on developing leadership, promoting life skills, and fostering a sense of ownership and responsibility among young people. Here are some of our key highlights:

Life Skills Tuesday:

Every Tuesday, our Life Skills sessions promote personal, social, and emotional development, focusing on practical skills and teamwork. These sessions include cooking, team-building activities, sports, and boxing, offering young people a well-rounded experience that builds resilience, cooperation, and confidence. Through these activities, participants gain valuable life skills that will support their transition into adulthood. With thanks to Edmonton eagles for being part of this every Tuesday supporting the young people with their fitness.



Leadership and Responsibility Through Rota System:

A significant addition to our program has been the introduction of a rota system for cooking and cleaning during sessions, particularly in youth sessions. This system encourages a sense of responsibility and ownership, giving young people the opportunity to contribute to their community in meaningful ways. One youth member expressed, “The rota makes me feel like I’m part of the team, and I love learning to cook for everyone.” This hands-on experience has fostered pride, teamwork, and a strong sense of belonging among our young people.

Young Leaders Program:

In 2023-2024, 10 Junior and Senior Young Leaders successfully completed a structured leadership training program, which focused on building communication skills, confidence, and professional

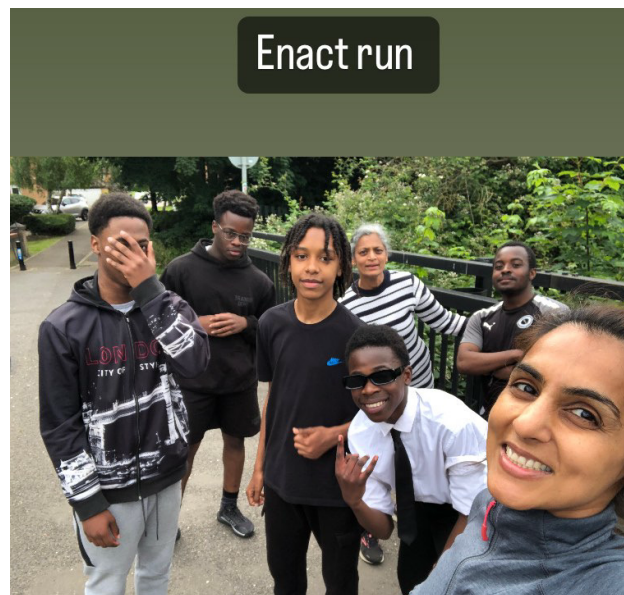
experience. These young leaders have been invaluable as role models, mentoring their younger peers and supporting community projects. One participant shared, “I used to be really shy, but now I feel confident to speak up and help run the Kids Club activities.” The leadership skills gained have empowered these young leaders to take an active role in our community, fostering a cycle of mentorship and support. Looking ahead to 2024-2025, we plan to expand the program to include 16 young leaders (8 Junior and 8 Senior), further enhancing our peer mentoring system and cultivating a culture of active citizenship.

Transition to Adult Volunteering:

This year, we were proud to transition two Senior Young Leaders, including one with Special Educational Needs (SEN), into our adult volunteer program. These young adults now help support various projects, including the Coffee Morning, Kids Club, and the Allotment Project. This transition not only supports their development into adulthood but also integrates them into our adult volunteer community, where they participate in celebrations, training, and team planning sessions. This initiative has provided them with a meaningful pathway to remain engaged in the community and gain skills for the future.

Run Club:

An integral part of promoting both mental and physical well-being, our Run Club has been a resounding success. Since October 2023, young people and adult volunteers have collectively completed over 40 kilometres, building camaraderie, healthy habits, and a supportive community. “Running together before Youth Club has made us feel like a real team. It’s challenging, but we’re doing it together,” shared one participant. Points from the Run Club contribute to our Tuesday leaderboard,



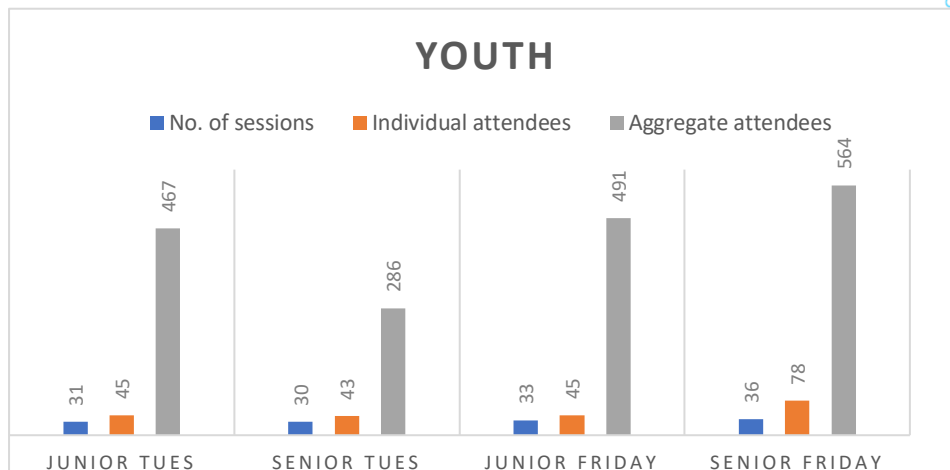
where we celebrate a different young person every half-year, recognizing their achievements and commitment. Thanks to the support from Metaswitch, we have been able to reward young people with items that aid their personal growth, such as a laptop for one young person and a smart suit for another entering sixth form. This initiative has positively impacted behaviour at our sessions and continues to be a valued part of our program.

Strengthening Partnerships and Community Engagement:

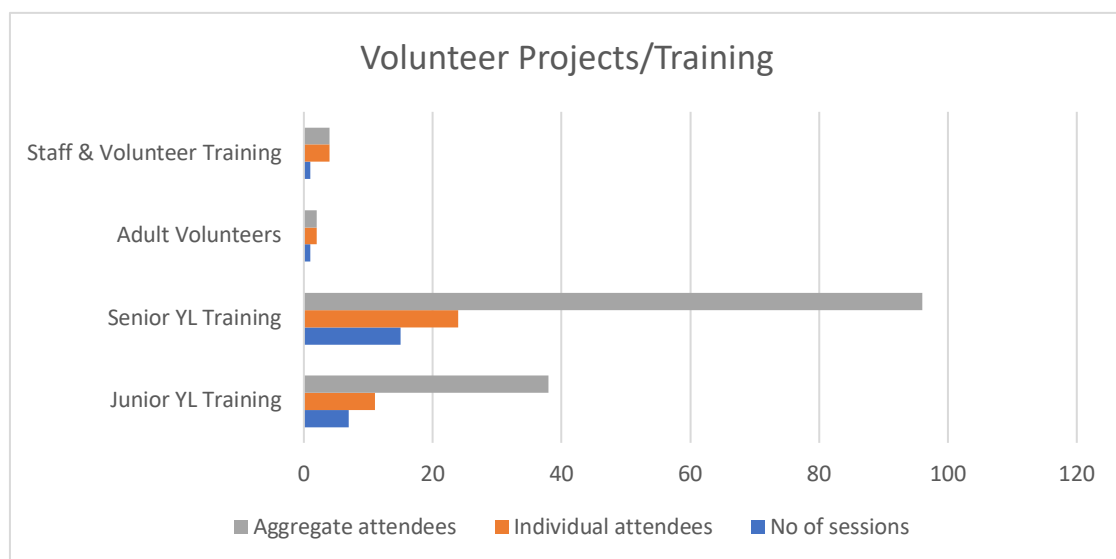
Our partnerships with organisations like NHS North London Mental Health Trust have enriched our youth mental health initiatives. By working closely with healthcare providers, we have been able to offer targeted support and resources to young people facing mental health challenges.

Through these highlights and initiatives, Enact Youth has seen remarkable growth and positive outcomes, making a lasting impact on the young people we serve. As we move forward, we remain committed to providing safe, inclusive spaces where youth can thrive, build meaningful relationships, and contribute to a vibrant community on Enfield Island Village.

Aggregate attendance by project:



How our community gave back through their commitment through Volunteering Projects and Training



Number of Volunteers	31
Number of new volunteers	10
Number of sessions with Volunteers attending	147
Aggregate attendance at sessions	371
Aggregate contact hours at sessions	686
Average hours of volunteer delivery per session	4.67
Average number of volunteers attending per session	2.52

WITH THANKS TO ALL OUR PARTNERS & FUNDERS



enact enact enact enact enact

FEBRUARY HALF TERM

WITH THANKS TO NATIONAL LOTTERY SUPPORTING OUR YOUNG LEADERS, YOUTH, CITIZENSHIP AND VOLUNTEERS

TUES 12TH KIDS CLUB GYMNASTICS @ EMPIRE

WED 13TH-FRI 15TH RESIDENTIAL @ STUBBERS

enact kids club

Closed Group- only for those who attend kids club 20 spaces- closed group

Serenity Club 2.30-3.30pm
Happiness Club 3.45-4.45pm

Contact Natasha for more info 07973724860

enact youth

Juniors & Seniors Young leaders focus 25 spaces- closed group

Celebration of young leaders and the youths fundraising efforts!

Contact Nathan for more info: 077033317370

CAREER WORKSHOPS

Enact has partnered with Browne to offer a series of workshops to help young people with important key skills, especially with regards to their future careers.

THURSDAYS 6.00 - 7.00PM ON THE DATES BELOW (SENIOR GROUP ONLY)

CV WRITING/ HOW TO APPLY FOR JOBS

IN PART FEB 15TH/ ZOOM 18C

Starting with CV writing before delving into how to search for and apply for jobs. This workshop has passed, but some of the things covered will be gone through on FEB 15TH and there will be an opportunity to schedule a room to learn if more people want.

DIFFERENT TYPES OF APPRENTICESHIPS AND HOW TO APPLY - FEB 15TH

Guidance on applying for apprenticeships - March 21st

Opportunities in Enact as an apprentice and elsewhere

DIFFERENT TYPES OF APPRENTICESHIPS AND HOW TO APPLY - TIC

For more info contact Nathan Anderson
Nathan@enactcommunity.org
07703337970

enact youth

BROWNE

ENACT SPONSORED WALK

STUBBERS

Dear Enact Community and beyond

We have been fortunate enough to have the opportunity to take a group of 25 Young People to Stubbers Adventure Centre for a residential on the 14th - 16th of Feb. We are asking that our young people help raise money toward their costs in order to secure a place and so we have planned for them to go on a sponsored walk to raise their fare.

This is a massive opportunity for our young people and an experience that can be hard to come by, so please consider sponsoring them if they reach out to you. We would be contributing to the development of important life skills for them such as leadership, confidence and teamwork.

If you have any questions and would like to speak to someone, or especially if you want to confirm that a young person is actually raising toward this cause, you are welcome to reach out to the contact below.

We thank you in advance for your support.

FEB 6TH 2024
10.00AM - 12.00PM

FEB 9TH 2024
10.00AM - 12.00PM

enact

Nathan Anderson
Youth Worker
07703337970
Nathan@enactcommunity.org

Children and Families Provisions



2024 has brought some developments to the 0-5 years provision by introducing a monthly Story and Rhyme Time session in partnership with Enfield Libraries. This takes place in our local library on Enfield Island Village. This library is underused by local families and so enact has been welcomed in using this space to support the development of literacy among local families. Delivering these sessions in partnership with the library is bringing awareness and encouraging children and families to benefit from this local

resource. Tots stay and play group has provided a space for parents to connect and share their experiences of parenting with one another. It has acted as a place where friendships have been formed between parents and has been key in supporting family networks to grow and reduce feelings of isolation and loneliness. This year's consultations with parents have helped to identify needs and parents have told us wellbeing, parent support, friendships and connections is important to them. Through our community cohesion projects we have begun to address some of the needs identified.



Kids Club Happiness and Serenity meet biweekly on Thursdays after school. Kids Club is a fun and nurturing club that welcomes local children to join in activities which support self-confidence, and friendships. We also deliver informal activities that support children in life skills and resilience, as well as sports and creative activities. We have six club values which teach the children the importance of Honesty, Respect, Positive to learning, Positive to Others, Self-confidence, Celebrates Success.

Kids club has been a great place for children to explore feelings and emotions, children have been supported in how to better manage and express feelings, especially the difficult ones. A kids club is a place where children are supported to understand and respect one another's differences and celebrate the cultural diversity of their local community. A kids club is a place where children are supported through transition, offering an interactive and fun programme for those who are transitioning from primary school to secondary school and kids club to youth club.

- Children have grown in confidence and self-esteem through activities that encourage teamwork, creativity, and emotional intelligence. One notable initiative was the introduction of emoji-based emotional learning, where children used emojis to discuss their feelings and how to handle difficult emotions. *"Using the emoji cards helped me tell everyone how I was feeling when I didn't know how to say it with words,"* shared a child from Kids Club.
- Kids Club also focused on physical health, with activities such as gymnastics and circus skills workshops provided by Empire Gymnastics. The children were able to gain new skills while learning the importance of physical activity.

As well as an opportunity to support children aged 4-11yrs kids club acts as a volunteer space for youth volunteers, AKA Young Leaders. Our young leaders are positive role models to the children and they themselves get to grow in self-confidence and develop new skills including leadership, through helping at the sessions with games and activities and planning.

Year 6 pupils successfully navigated the transition to secondary school through targeted activities that built their confidence, improved their communication skills, and taught them how to access support resources. As part of their final transition, the Year 6 pupils attended a Junior Youth Group session and attended an off-site visit, allowing them to gain a better understanding of what to expect in the next phase of their educational journey. *"I was nervous about going to secondary school, but after these sessions, I feel like I know what to expect and where to go if I need help,"* said one Year 6 participant.



Our community events have supported the 0-19s and families in coming together. These events have been key in facilitating all enact participants to experience community on a wider scale, outside of the attendance to their regular provisions. Through these events we have seen a greater coming together within the community and positive interaction between different generations. These events are important in bringing people with different backgrounds and experiences together. enact community events act as a

catalyst in strengthening the community through the sharing of common goals and a sense of belonging.

Community coffee mornings: These sessions have become an integral part of the we belong project, offering a space for both connection and reflection. The mornings have been strengthened by the active involvement of adult volunteers, many of whom have contributed not only their time but also their skills, such as preparing food, leading discussions, and even facilitating activities like nail painting and henna.

This has helped to nurture a deeper community bond. In April "We held our first community coffee morning... parents came along with their toddlers, and they enjoyed connecting with other adults whilst their children were looked after by Enact staff members." The feedback from the participants has been overwhelmingly positive, with one parent saying, "I left with a renewed burst of energy and feeling relaxed!" We wanted to move away from offering support looking at childcare and move towards providing a platform for shared learning and peer support for families, where parents and adult volunteers alike can exchange ideas, discuss parenting challenges, and receive information on mental health and well-being. This initiative has not only fostered a sense of belonging but also empowered adult volunteers to take ownership of the sessions, with many starting to lead parts of the morning, such as greeting participants, facilitating discussions, planning and debriefing sessions and signpost where appropriate. Looking forward, the ongoing development of these mornings continues to be shaped by feedback from the community, ensuring that they remain responsive to the needs of the families and individuals involved.



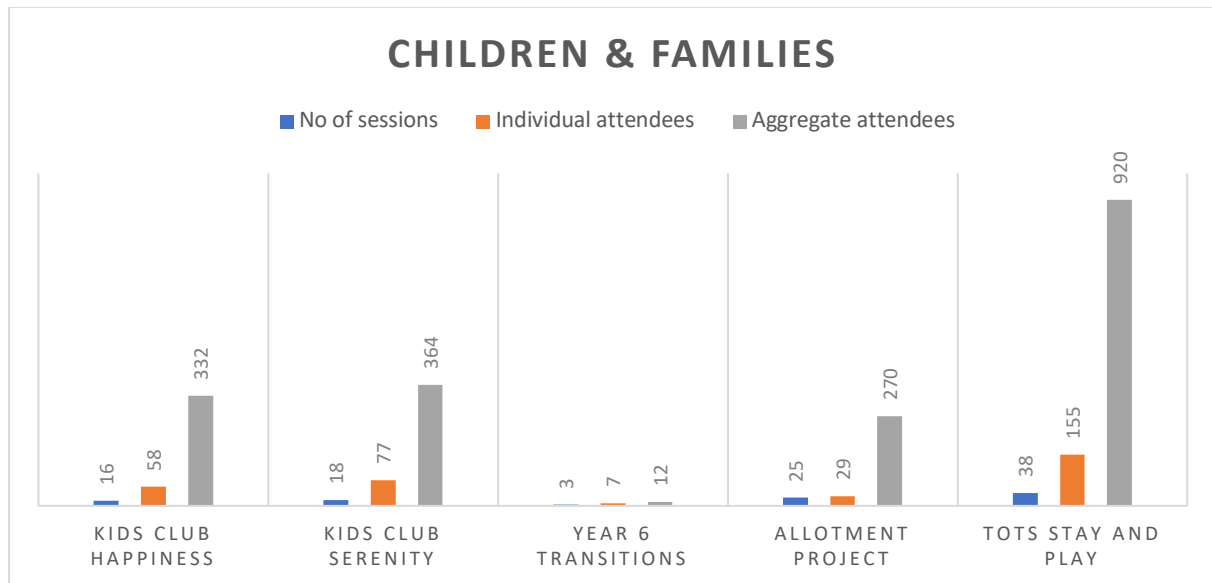
Volunteering at enact is an integral part of our delivery of projects. enact has a mixture of volunteers that support all the projects this includes youth volunteers, adult volunteers and parent volunteers. enact volunteers have generously invested their time, energy and enthusiasm and have added value to the work the staff team do. volunteers receive training and supervision as part of their development and are celebrated for the effort and time they give.

They are recognised and awarded by Enfield Council when they reach 100 hours of volunteering. Enact volunteers were also celebrated and awarded in a joint community awards ceremony with Oasis Hadley.

Volunteers Story Time: Volunteers were trained to lead these sessions in partnership with Enfield Libraries, which provided an opportunity for parents and young children to connect through reading and

storytelling. This was a highly successful initiative, with parents taking turns reading books and leading songs, fostering early literacy and social connections. *“These sessions really encourage us to read more with our kids at home,”* shared one parent. This is led by the volunteer coordinator.

Aggregate attendance by project:



Long Term Funding Partners

We extend our heartfelt thanks to all our partners, funders, and supporters who enable us to deliver impactful projects and activities within the community. We are especially grateful to our long-term and project grant funders, whose commitment and vision empower us to foster positive change and build a stronger community.

Our long-term core funder the RSA Trust is the charitable arm of the RSA Island Centre. All profit from the business park is transferred to the RSA Trust for distribution to good causes across Enfield and the wider area.

They fund projects ranging from enact's community work, to supporting a local hospice, to supporting local people to start their own business and a local boxing charity who provide activities at enact youth provisions.



Enfield Voluntary Action is known as EVA. They help people & groups access knowledge, skills & resources to make a difference in our Borough. We have membership with EVA, tap into training, tap into new funding opportunities and also get to speak with other agencies and charities in the borough of Enfield.

We received a grant programmes in February 2020 relating Tackling Poverty & Inequality in Enfield. This grant has helped us provide families and youth with laptops and training to help bridge the digital divide which we know many families and youth are facing.



Metaswitch is the world's leading cloud native communications software company. Metaswitch provides enact with a crucial 'discretionary fund' to offer support to local people in times of crisis. This during covid 19 has proved to be a huge help to the community providing items such as printers & laptops supporting home-schooling and wellbeing items to look after the communities mental health.



Established in 1999, the Jack Petchey Foundation makes grants to programmes and projects that benefit young people aged 11-25.

Enact has run their flagship Achievement Award Scheme for several years. This scheme recognises outstanding young people throughout London and Essex.



The National Lottery has given The Enfield Island Youth & Community Trust £409,145 over three years to help our community. The project is called 'We Belong'



The project will run for 3 years until Oct 2025 and we aim to make a difference in: Kids Club, Young leaders, Transitions, community Cohesion, community allotment.