



PRE-CONFERENCE INSTITUTES

EVENT SCHEDULE - VESTIN PARK

19th September, 2025
FRIDAY

09:00-09:30	●	REGISTRATION
09:30-11:00	●	INSTITUTES COMMENCE
11:00-11:15	●	BREAK
11:15-13:00	●	INSTITUTES CONTINUE
13:00-14:00	●	LUNCH BREAK
14:00-15:30	●	INSTITUTES CONTINUE
15:30-15:45	●	BREAK
15:45- 17:00	●	INSTITUTES CONTINUE
18:00- 21:00	●	CONFERENCE INAUGURATION

HALL

INSTITUTE

Pavillion	The Mythic Journey: Myths and Psychotherapy as Paths to Self Aruna Gopakumar & Samhita Arni
Blue Moon	Physis at the Core: An Integrative Approach to Developmental Practice Suriyaprakash C
Merge	Transitions, Transformation and Everything in-between Rosemary Kurian & Radhika Iyer
Moonlight	PAL - Power, Authority and Leadership in Organizations Gunjan Zutshi & Deepak Dhananjaya

CONFERENCE DAY - 1

EVENT SCHEDULE - HOTEL SAVERA

08:00-09:00	●	REGISTRATION
09:00-10:30	●	SAATA SERVICE AWARD, KEYNOTE SPEECH
10:30-11:00	●	BREAK
11:00-13:00	●	WORKSHOP 1
13:00-13:45	●	LUNCH BREAK
13:45-15:15	●	WORKSHOP 2
15:15-15:35	●	BREAK
15:35-17:05	●	WORKSHOP 3

20th September, 2025
SATURDAY

WORKSHOP 1

HALL	WORKSHOP
Sandesh	Awakening & Harnessing the Body's Wisdom Susan George & Vidya Dinakaran
Pine	The Courage to Feel: Stepping Into the Depths of Emotions in You & in Your Clients Aruna Gopakumar
Hampi	Physis in the Playroom: Case Studies in Working with the Somatic Child Emily Keller
Harappa	Updating my Script on Exams, Credentials & Performance Ragini Rao & Sailaja Manacha
Fondue	Self-Coaching Statement & 21-Day Challenge: A Pathway to Script Change & New Possibilities Raewyn Knowles

WORKSHOP 2

HALL	WORKSHOP
Sandesh	My therapist is on a break: Exploring the impact of therapist planned breaks on client experiences, therapeutic relationship, and supportive measures Gunjan Zutshi & Aanchal Munoth
Pine	Deeper Body Work of Cells (Workshop 2&3) Arul Dev
Hampi	My Inside Image of the Client Maya Lutay
Harappa	Embracing Kaleidoscopic Life: The Impact of Change and Emotional Resilience Raguraman K & Dr. Renuka Devaraj
Fondue	The 'I' in 'We'- Restoring a healthy 'I' by conscious relationship management (Workshop 2&3) Parimal Pandit & Suchitra Inamdar

WORKSHOP 3

HALL	WORKSHOP
Sandesh	Working With Couples: The Magic of Standing in the Fire Yashodhara Lal
Pine	Deeper Body Work of Cells (Workshop 2 continued) Arul Dev
Hampi	The Art of Kolams: A Creative Pathway to Emotional and Mental Well-being C. Mangalam Senthil
Harappa	Humour and Transactional Analysis: Goldmine and Minefield John Evans
Fondue	The 'I' in 'We'- Restoring a healthy 'I' by conscious relationship management (Workshop 2 continued) Parimal Pandit & Suchitra Inamdar

CONFERENCE DAY - 2

EVENT SCHEDULE - HOTEL SAVERA

09:00-10:30	●	SAATA DIPLOMA CELEBRATIONS, PROFESSIONAL EXCELLENCE AWARD, KEYNOTE SPEECH
10:30-11:00	●	BREAK
11:00-13:00	●	WORKSHOP 1
13:00-13:45	●	LUNCH BREAK
13:45-15:15	●	WORKSHOP 2
15:15-15:35	●	BREAK
15:35-16:35	●	WORKSHOP 3
16:35-17:30	●	THANK YOU & GOODBYES

21st September, 2025
SUNDAY

WORKSHOP 1

HALL	WORKSHOP
Sandesh	Make learning your superpower Dr. Sunita Nathan & Rajeshwari Bharath
Pine	Ace the Space Haider Jasdhan & Deepa Kumar
Hampi	Prisms of emotions: exploring through art Sangeetha Dilipkumar
Harappa	Kaleidoscope of Identities Nikita Bandale & Dr Smita Fernandez
Fondue	Redefining Redecision Therapy: A Body-Based Approach to Sustainable Change Navinder Kaur & Jennifer Moses

WORKSHOP 2

HALL

WORKSHOP

Sandesh	Access your Inner Strengths Dr. Uma Narayanan
Pine	Relational Positions Sushma Ramachandran
Hampi	Demystifying Developmental TA Piyush Dixit & Eric Lee James
Harappa	"The Emotional Landscape: Navigating Preemptive Envy, Shame, and Vulnerability" Prathitha Gangadharan
Fondue	Scripted? Lights, Camera, Express! Sandhya Soundararajan & Srinidhi V

WORKSHOP 3

HALL

WORKSHOP

Sandesh	Perception is Deception Dr. Sumathi Narayanan
Pine	Star Model on Supervision Geethan A
Hampi	Vedantic Approach to an Alternate View on Ethics Suriyaprakash C
Harappa	Re-visiting Drama Triangle – from Adult Attachment perspective Abhijeet Punde
Fondue	Games Indians Play - Paper by Asha Raghavan The impact of the socio-economical conditions on the mental well-being of a new mother - Paper by N Hema Sreedharan