



Hinge Health

## Conquer back or joint pain without drugs or surgery

You and your eligible family members get **free** access to Hinge Health's programs for **back**, **knee**, **hip**, **shoulder**, **or neck pain**, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 80,000** members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Employees, dependents 18+, pre-65 retirees, and COBRA members on a CVS medical/Rx plan through the Hitachi Benefit Pool are eligible.



To learn more call (855) 902-2777, or apply at: HINGEHEALTH.COM/HITACHI