



Hinge Health

Conquer back or joint pain without drugs or surgery

You and your eligible family members get free access to Hinge Health's programs for back, knee, hip, shoulder, or neck pain, which include:



- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 80,000 members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Employees, dependents 18+, pre-65 retirees, and COBRA members on a CVS medical/Rx plan through the Hitachi Benefit Pool are eligible.

> To learn more call (855) 902-2777, or apply at: **HINGEHEALTH.COM/HITACHI**