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| TIME In: 9:45 am Out: 10:00 am | ROOM 201 |
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NEVA COUNTY MEDICAL SERVICES

DATE:
10-3-20XX
NAME:
Summers, Deborah M.
SEX: BIRTHDATE:
F 8-8-20XX-21
ADDRESS:
1200 Maple Ave
STATE: ZIP:
MJ 98465
PHONE:
756-3436
BROUGHT BY:
Self
WEIGHT
110
LAST TETANUS:
20XX-3
ALLERGY TO MED.:
None
CURRENT MEDICATIONS:

VITAL SIGNS

| | | | | |
|-------|-------|----|----|-----|
| TIME: | TEMP: | P: | R: | BP: |
|-------|-------|----|----|-----|

PROBLEMS:

#1 Anxiety

S: Pt. has been in internal conflict since the shooting death of her husband one month ago. Pt. complains that she has "fallen to pieces" and feels "numb" ever since the shooting. She has been drinking moderately since the occurrence and before but does not smoke. Past med. and surg. histories are negative. Currently, Pt. says she is taking Valium to reduce her anxiety. Valium prescribed by Dr. Risseen of Jamner Co. Health Clinic. Rev. of system negative for body hurts, headaches.

O: Agitated shy female in apparent mild distress and hysterical physical trauma. Pupils are equal and react to light. Her heart is normal without murmurs. Lungs are clear. Abdomen is soft without enlarged organs or tenderness. Pelvic and rectal tympanic membranes are slightly reddened.

A: 21-year-old female with recent severe trauma in life wishes medication to inhibit anxiety. Pt. is a mild hysteric who has a history of hysteric displays. Valium would effectively mitigate Pt.'s physical/emotional trauma. Agitated condition is a reflection of Ms. Summers' "personality type."

P:

1. No refill of Valium prescription.
2. Encouraged to quit drinking and watch diet.
3. FU in 2 weeks suggested.

ORDERS:

DISCHARGE INSTRUCTIONS:

CBC

CHEMISTRY

BLOOD GASES

URINALYSIS

| | |
|------------|------------|
| <u>N/A</u> | <u>N/A</u> |
| X-RAY | EKG |

| | ADMIT | HOME | OW | OTHER | ON DISCH. |
|--------------------------------|-------|------|----|------------------|---------------|
| DISPOSITION | | XX | | | Mild Distress |
| PRIMARY PHYS. Sherman Group | | | AT | | CLINIC |
| | | | | Neva Co. Medical | |
| SPECIALIST | | | AT | | CLINIC |
| N/A | | N/A | | | |