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The characters











Giovanni



The actors

Maria Tania Geydet Agim Demian Schmid Giovanni Larry Giovo Cecilia Liset Marti Anabela Valéria Bochaton Nurse Nicolas Charpentier

Behind the scenes

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Maria, Cecilia and Anabela are on a girl's night.



While they're talking and laughing...

1000

Agim notices Maria

right away...

Agim and his friend Giovanni check the girls out from the other side of the room.

Those 3 girls over there are really hot...

Maria... that guy is looking at you!

Go for it man, ask her to dance... Agim! It looks like love at first sight!

OK, but come with me.

Hi girls. Can we join you?

Mmh... quite cute, hey?



And you know how to dance salsa!



Tango is Argentinian, not Chilean!

Whatever. With you, I can dance anything...

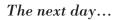
After dancing together all night...

I'd really like to see you again...

Are you leaving already?

What's your number?

5



Hi, it's Agim. I've been thinking about you... Maybe we could go out for a walk?

With pleasure!

Hello?

A little later, Maria and Agim meet by the lake...



After a romantic afternoon, Maria invites Agim for dinner back at her place...

l hope you like my cooking.

0000

It smells great!



lt's crazy, I feel like l've known you all my life...



But I'm not ill! It's not the same with a condom anyway... If you want to have sex with me, use a condom!

Here mi amor! With that, we won't take any risks.

Wait... I have some in the bathroom.

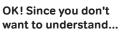
Damn! With that thing, I can't do it. I don't feel anything!

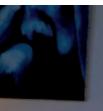




Come on, let's take it off...

No! Not without a condom.





1.2.2

I'm leaving!



A few days later, Giovanni meets Agim at the Café...



Agim tell Giovanni about his bad experience...



wrong with you?

What a face! What's

Of course she will!! That girl's crazy about you!

You could go and get tested for HIV. That way, you can prove to her you're not ill and bye-bye condoms!

I really messed it

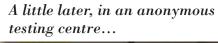
up with Maria...

See, I've ruined it. She won't want to see me again...

And she's right to be careful you know...

> Great idea! Do you know where I can get tested?

Of course! You're right, I should've thought of it.





Hello, I'm Luc Bonvin, one of the nurses. Please follow me...

Hello



Agim explains that he wants to get tested to prove to Maria he's not infected with HIV...



So the best thing is for you and your girlfriend to use a Here are condoms.

condom for three months and then both come to be tested.

No way! I don't want to use those things again!

Ahem... when I put one on, it doesn't work. I can't... it doesn't stay up...

Em Borries at an barge

What don't you like about condoms?

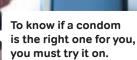
It often happens if you're not used to putting them on.

It's very important to use the right size.

Did you know that condoms come in different shapes and sizes?

> Wait a minute... You mean try it on by myself?

Well... no, I never thought about the size...



Yes. You should practise!

That way, you'll be able to put it on fast and everything will be fine.

> By the time you understand which way it has to be unrolled...

They don't all feel the same.

And if it stills doesn't work?

and the second

Don't be so tough on yourself...

There's even a condom for women.

... if you can get an erection without a condom, it should work with one on too.

Don't worry. It can happen to anybody.

11

I really must practise...

Condoms also protect against sexually transmitted infections and unwanted pregnancy.

With this on, you can have sex without any worries.

Good-bye. See you soon. If I can put it on fast, it should work and I'll impress Maria...

11

To be tested, come back with your girlfriend in three months.

Yes, I'll try to talk to Maria about it.

During that time, at Cecilia's...

He couldn't keep it up once he'd put the condom on. Nowadays, it shouldn't be a problem for men!





What do you mean, help them? It's up to them to deal with it, don't you think? Well... You could help him. You could offer to put the condom on yourself in a sexy way!



Yes... but I don't even know how to put it on.

Don't worry, we'll show you! I have condoms.

A banana will do the trick!

First of all, check the expiry date printed on the packet...

Open the condom wrapper carefully using the notch. Be careful not to damage the condom with your nails.



Squeeze the reservoir tip with your fingertips and place the condom on top of his penis.





... or too narrow... It musn't be too big or too small, otherwise it could tear.

If it doesn't unroll properly, it may be upside down...

See, it's not difficult.

And don't forget, when he comes, he has to hold the base of the condom and withdraw before he goes soft.

That's the basic technique.

Then, you can use your imagination ! You can even find flavoured condoms !

Otherwise, the condom could stay

in you and you won't be protected.

Smell this one, it's strawberry flavoured.





~ THE END ~

- INFO PAOL Condoms : Everything you need to know



What is a condom?

- A condom (also called rubber, jimmy, johnny) is a thin rubber sheath (generally latex) to be rolled over an erect penis before sexual intercourse.
- Some brands also offer latex-free condoms for people allergic to latex
- Condoms are very effective as long as they are used properly.

Which condom to choose?

Sizes

- Condoms come in different sizes.
- Choosing the right size is important; a condom that is too narrow can tear or break. A condom that is too big can slip off or tear.

How do I know my size?

The best thing is to try it on.

A right-sized condom rolls down easily, covers the whole length of the penis, is not too tight and does not slip off.

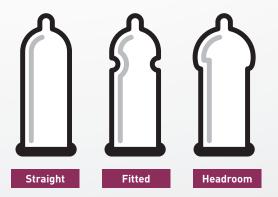
Quality

• A good quality condom must absolutely carry the CE or OK quality seal.

CE 💽

Shapes

• Condoms come in different shapes in order to fit on all penises. The best thing once again is to try them on to find the one best suited for you.



How to use it ?



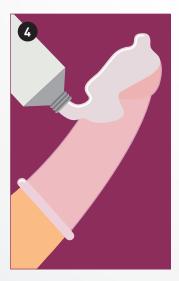
Carefully open the wrapper using the notch at the top edge and remove the condom. Do not open the wrapper with your teeth and beware of sharp objects that could damage the condom.



Hold the tip of the condom between your thumb and your index finger and roll it down the erect penis.



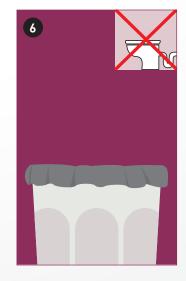
Unroll the condom entirely down to the base of the penis.



If needed, add lubricant on the outside of the condom.



After ejaculation, hold the base of the condom firmly whilst withdrawing.



Throw used condoms in the bin and not down the toilet.



What's a lubricant?

- Lubricant (lube) is a gel used during sexual intercourse to ease penetration. In case of anal penetration, it is important to use a lot of lubricant. It can be applied on the condom already placed on the penis or directly on the sexual organs of the partner.
- Only water or silicone based lubricants must be used with condoms. Lubricants can be bought at the same places as condoms.

Do not use greasy products such as creams, vaseline, oil, butter, etc. They may damage the latex and reduce the condom's effectiveness.



What to do if there is an accident with the condom?

In case of an "accident", i.e. if the condom tears or slips off, you are no longer protected and are at risk of :

- an unwanted pregnancy.
- getting infected with HIV/AIDS
- If your partner is infected with HIV or in case of doubt : go as soon as possible, but in any case within a maximum of 72 hours, to a hospital, to a doctor's or to an information centre to know what to do.
- and other sexual transmitted infections.

To learn more about AIDS, sexually transmitted infections or how to avoid unwanted pregnancy, read the other photo stories mentioned on the last page and check the address list on page 24.



To feel comfortable placing a Femidon, it is recommended to try 2 or 3 times alone.

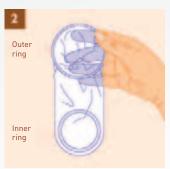
What is the female condom?

- It is called Femidom and is an alternative to the male condom.
- It is inserted into the vagina.
- It can be put in place several hours before sexual intercourse.
- The Femidom is also a means of birth control.
- It is made of polyurethane so people with an allergy to latex can use it .
- The penis does not have to be fully erect.
- It is wider than a male condom so can adapt to all penis sizes.
- It can also be used for anal penetration. In that case, remove the inner ring and put the Femidom onto the penis before penetration.

How to use it ?



Open the package carefully by tearing at the notch on the top right corner. Do not use scissors or a knife to open.



The outer ring should cover the area around the entrance of the vagina. The inner ring helps to introduce the Femidom and holds it in place during intercourse.



While holding the sheath at the closed end, grasp the flexible inner ring and squeeze it with the thumb and second or middle finger so it becomes long and narrow.



Choose a comfortable position : squat, lie, sit or stand with a foot on a chair.



Gently insert the inner ring into the vagina and let it go up and move into place.



Place the index finger on the inside of the condom, and push the inner ring as far as it will go. Make sure the Femidom is not twisted. The outer ring should remain on the outside of the vagina.



The Femidom is now in place and ready for use.



When you are ready, gently guide your partner's penis into the Femidom. Be sure the penis is not entering between the condom and the vagina wall.



To remove the Femidom, twist the outer ring and pull out carefully.



Place the condom back in its package or in a tissue and throw it in the bin. Do not throw it down the toilet.

Where to find condoms?

Condoms can be bought in supermarkets, pharmacies and hardware shops.

They may also be available for free or for a small price in some places (check addresses on page 24).

How to keep them?

Keep condoms away from light, heat and sharp objects.



Here is a collection of condoms available in shops



length 185 / width 52 mm **Very thin,** colour pink, lubricated



length 190 / width 54 mm Large size, colour pink, lubricated



length 190 / width 53 mm **Headroom,** lubricated



length 190 / width 52 mm **Easy to use,** lubricated



length 178 / width 56 mm Specially lubricated to **delay** ejaculation



length 180 / width 56 mm **Latex free**



length 178 / width 56 mm **Flavoured,** coloured, lubricated



length 200 / width 54 mm **Extra large**



length 190 / width 52 mm Female condom, in polyurethane



Useful Addresses

In Geneva

Where can I have an HIV/AIDSscreening test done?

Geneva University Hospitals (HUG)

Programme santé migrants

Advice and rapid HIV tests for migrants (in a financially constrained situation or without medical insurance), confidential or anonymous discussions, with an interpreter if necessary, by appointment. Rue de Lyon 89, 1203 Genève Phone : 022 382 33 33

Anonymous tracking of the HIV

Rue Gabrielle-Perret-Gentil 4, 1211 Genève 14 By appointment : www.testvih.ch or 022 372 96 17

Dialogai-Checkpoint

Advice and HIV rapid tests for men who have sex with men. Screening of Sexually Transmitted Infections (STIs). Mondays and Wednesdays from 4pm to 8pm, and Fridays from 12am to 4pm (without appointment) Rue du Grand-Pré 9, 1202 Genève Phone : 022 906 40 40 www.dialogai.org

Where can I get information, advice and help?

Groupe sida Genève (GsG)

Information, support, advice, legal assistance. Most of the services and assistance the Geneva AIDS Group offers are confidential and free. Rue du Grand-Pré 9, 1202 Genève Phone : 022 700 15 00 AIDS Info Line : 0840 715 715 Everyday, incl. week-ends and bank holidays : from 9am to 12am, and from 2pm to 5pm. www.groupesida.ch

Geneva University Hospitals (HUG) Unity of sexual health and family planning

Advice on all issues related to sexual health, contraception, Emergency Pill, abortion, STIs/AIDS, violence etc. Free and confidential meetings. Boulevard de la Cluse 47, 1205 Genève Phone : 022 372 55 00 http://planning-familial.hug-ge.ch

Première ligne

Geneva Association for the reduction of drug-related risks

<u>BIPS</u> (Information and Health Preservation Bus) Welcome centre for information, support, sterile injection equipment and distribution of condoms Rue Vallin (near the St-Gervais temple) Open every evening from 8.15pm to 11.15pm www.premiereligne.ch

ASPASIE

Solidarity and support association for people working in the sex industry. Rue de Monthoux 36, 1201 Genève Phone : 022 732 68 28 www.aspasie.ch

National organisations and services

SWISS AIDS FEDERATION

National centre of excellence on HIV/Aids and STIs in Switzerland Konradstrasse 20 8005 Zürich Phone : 044 447 11 11 aids@aids.ch www.aids.ch : addresses for the cantonal Aids services and other organizations in your area.

Legal aid

Swiss Aids Federation Monday: 09:00-12:00. Tuesday and Thursday: 09:00-12:00 and 14:00-17:00 Phone: 044 447 11 11 recht@aids.ch

Specific prevention programmes for migrants from sub-Saharan Africa :

The Afrimedia programme is offered in Geneva, Fribourg, Neuchâtel, St.Gallen, Vaud and Zürich areas. Others programmes are "Multicolore" in Berne und "GUM" in both Basels.

Sexual Health Switzerland

Family planning, pregnancy, contraception and sexuality Marktgasse 36 3011 Bern Phone : 031 311 44 08 www.sexuelle-gesundheit.ch

Other Web Links

Swiss Federal Office of Public Health http://www.bag.admin.ch/hiv_aids/index.html?lang=en

Information website on **HIV test and STIs :** www.check-your-lovelife.ch

Website for all questions about **HIV risks and tests :** www.infotestvih.ch

Website of the Counselling Centers for **sexual and reproductive health** in Switzerland : www.isis-info.ch

Website for meeting people, getting information and support **for people with HIV/AIDS or viral hepatitis:** www.seronet.info

Website of a British association offering information on HIV/AIDS in French, English, Spanish, Portuguese and Russian: www.aidsmap.com



With the support of









- QUIZ -

Test your knowledge

True or false ?

6

Only latex condoms are available.

True or false?



Vaseline can be used to lubricate condoms.

True or false?

3

Condoms offer protection against

unwanted pregnancy.

True or false?



When someone is not used to putting a condom on, (s)he should practise.

True or false?



Condoms can only be bought in pharmacies.

True or false?



A condom that's too big can slip off or tear.

True or false?



The female condom can be put in place several hours before sexual intercourse.

True or false?

4

Putting two condoms one on top of the other offers double protection.

True or false?



HIV can be transmitted if a condom tears.

True or false?

Answers



* To order :

Groupe sida Genève Rue du Grand-Pré 9 1202 Genève Tél. 022 700 15 00

Aide Suisse contre le Sida

Konradstrasse 20 Case postale 1118 8005 Zürich www.aids.ch/shop With the support of

