



Pulling out of the pandemic together

Do your own bit to help: The more people that are vaccinated in Switzerland, the more quickly the pandemic will be over. The vaccine protects you yourself against a severe case of COVID-19. It also reduces the risk that you'll spread the virus and pass it on to other people.

foph-coronavirus.ch/vaccination
COVID-19 vaccination infoline **0800 88 66 44**



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Why is vaccination necessary?

The coronavirus is very contagious. Some of the people who catch it become seriously ill. More than 90% of those in intensive care have not been vaccinated. Infection can also have long-term consequences: the symptoms of long COVID include difficulties breathing, exhaustion and a reduced capacity to cope. This can affect young people and adults.

What are the benefits of vaccination?

All the vaccines authorised in Switzerland are highly effective and protect you from a severe case of COVID-19. The vaccination also reduces the risk of passing on the virus. This way you can protect both yourself and people at high risk in your family, household, circle of friends and work-place. The more people that are vaccinated, the less the virus can circulate through the population, and the fewer people will get sick or die from the coronavirus.

The benefits of the vaccination at a glance:

- It minimises the risk of infection with the coronavirus.
- It prevents severe cases of COVID-19 and long COVID.
- It reduces the risk of passing on the virus.
- It thus reduces the strain on the healthcare system.
- It helps give you more freedom in your everyday life.

How does the vaccination work?

The COVID-19 vaccination enables your body to build specific immune defences against the virus. When the body is exposed to the virus it can then tackle it and prevent you from getting ill. In other words, the vaccination strengthens and trains your immune system to target and deal with the coronavirus.

What vaccines are available?

Two mRNA vaccines and one viral vector vaccine are currently available in Switzerland. You can find out how they work here:



Video on mRNA vaccines:
vimeo.com/492783396



Video on viral vector vaccine:
vimeo.com/509686017

Is the vaccination safe?

In Switzerland, every vaccine has to be authorised. This means it must meet stringent safety, efficacy and quality requirements. Swissmedic, the Swiss agency for the authorisation and supervision of therapeutic products, has closely examined and approved the vaccinations for COVID-19. They are safe and they work.

Who is vaccination recommended for?

- Anyone aged 12 and over
- Women who are pregnant (to protect the mother and unborn child) or breastfeeding
- People who have recovered from COVID (since infection acts like a dose of vaccine, only one dose of vaccine is necessary)

Only the mRNA vaccines are recommended for adolescents aged 12 to 17 years, pregnant and breastfeeding women and people with weakened immune systems.

Where can I get vaccinated?

The vaccination can be administered at vaccination centres, hospitals, pharmacies, family doctors and mobile facilities. Ask about appointments for vaccination in your canton of residence now:
foph-coronavirus.ch/cantons



Where will I find more information?

On **foph-coronavirus.ch/vaccination** you'll find all the information, addresses and downloads you need.

This includes:

- Informational and explanatory videos around vaccination
- Facts on the vaccination
- Information around the COVID certificate
- Information material to download
- Information around travel

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Information on vaccination in other languages:
foph-coronavirus.ch/languages