

Adult Dosing Chart

Dosage for adults from your healthcare professional

DO NOT use if you ever had an allergic reaction to this product or any of its ingredients or to an antihistamine containing hydroxyzine.

ASK A DOCTOR before use if you have liver or kidney disease. Your doctor should determine if you need a different dose.

ASK A DOCTOR or pharmacist before use if you are taking tranquilizers or sedatives.

☐ ZYRTEC® 10 mg Tablets, ZYRTEC® Liquid Gels and ZYRTEC® Chewables

AGE	6+ yrs	Under 6 yrs	65+ yrs
DOSE	1 tablet/capsule (10 mg) daily	Ask a doctor	Ask a doctor

MAX: 1 tablet/capsule/24 hours

Ingredient: Cetirizine HCl 10 mg (Antihistamine)



☐ ZYRTEC® 5 mg Tablets New

AGE	6+ yrs	Under 6 yrs	65+ yrs
DOSE	1 tablet (5 mg) or 2 tablets (10 mg) once daily	Ask a doctor	1 tablet (5 mg) once daily

MAX: Ages 6+, 1 or 2 tablets/24 hours; ages 65+, 1 tablet/24 hours

Ingredient: Cetirizine HCl 5 mg (Antihistamine)



☐ ZYRTEC-D® Tablets

AGE	12+ yrs	Under 12 yrs	65+ yrs
DOSE	1 tablet every 12 hours	Ask a doctor	Ask a doctor

MAX: 1 or 2 tablets /24 hours

Ingredient: Cetirizine HCl 10 mg (Antihistamine), Pseudoephedrine HCl 120 mg (Nasal Decongestant)



☐ ZYRTEC® Hives New

AGE	6+ yrs	Under 6 yrs	65+ yrs
DOSE	1 tablet (10 mg) daily	Ask a doctor	Ask a doctor

MAX: 1 tablet/24 hours

Ingredient: Cetirizine HCl 10 mg (Antihistamine)



Today's date: _____

This dosing recommendation from your healthcare professional will expire in 14 DAYS.

*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.

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