



DIY POTPOURRI

SUPPLIES

- Flowers from an old bouquet
- 3-5 drops of essential oils
- Fixative
- Scissors
- Baking sheet
- Parchment paper
- 1 bowl and/or sachet
- Optional: Herbs or spices





DIRECTIONS

- 01** Preheat your oven to 200°F.
- 02** Cut the flowers from the stems. You can use individual petals or the entire bloom, or a mixture of both.
- 03** Place the petals or whole buds on the parchment-lined baking sheet in a single layer. You can also add any herbs or spices if you'd like.
- 04** Add 3-5 drops of your favorite essential oil to the flowers on the baking sheet and place the baking sheet in the oven.
- 05** Let the potpourri bake for about 2 hours, checking on it periodically. The flowers should be brittle and hard, but not burnt.
- 06** Once the potpourri is completely dry, remove the baking sheet from the oven and let it cool to room temperature.
- 07** Add in 2 tbsp. of a fixative (such as orris root) for every 4 cups of potpourri, and add some more drops of your essential oil. Mix the potpourri and place it in a bowl or sachet.

