## DIY FLORAL BATH SALTS



## **SUPPLIES**

to

## DIRECTIONS

- Flowers from an old bouquet
- 1 cup Epsom salt
- 1 cup Dead Sea salt
- ½ cup baking soda
- Essential oils
- 1 small bowl or jar

- **01** Combine 1 cup Epsom salt, 1 cup Dead Sea salt and ½ cup baking soda in a bowl or jar. Mix well.
- **02** Add flower petals or buds to the salt mixture and combine.
- **03** Add your favorite essential oils to the mixture and combine.