

# LONE STAR

*Texas Grill*



# Lone STARTERS



## BITES FOR THE WHOLE CREW (OR JUST YOU!)

WORK UP  
A TEXAS  
SIZED  
APPETITE!



**GF DIRTY NACHOS**  
Taco beef, jack & cheddar, tomatillo salsa, pico, jalapeños, green onion, with sour cream, guac & salsa.  
(1790 Cals)  
Sub for Chicken (1520 Cals).....\$19.49

**CRISPY CALAMARI**  
With fried red peppers & onions, cilantro crema & Texas red dipping sauce. (380 Cals).....\$11.49

**SOUTHERN FRIED AVOCADO WEDGES**  
Lightly fried, seasoned avocado, with Texas butter, arugula & citrus crema. (470 Cals).....\$11.29

**SOUTHERN FRIED MUSHROOMS**  
Served with tomatillo ranch. (240 Cals).....\$11.29

**GF SWEET POTATO FRIES**  
With tomatillo pepper ranch & smoky BBQ ketchup. (780 Cals).....\$9.49

**SOUTHERN FRIED CHICKEN WINGS**  
Texas butter or original BBQ, with celery sticks & ranch.  
8 pc.....\$13.99  
(890 - 910 Cals)  
16 pc.....\$24.99  
(1640 - 1790 Cals)

**COCONUT SHRIMP SKEWER**  
Served on greens, cilantro & roasted peppers with raspberry vinaigrette. Side of Texas red dipping sauce. (370 Cals).....\$11.99

**QUESADILLAS**  
Fresh flour tortillas, cheese, pico, cilantro crema & arugula.  
Grilled Vegetable (640 Cals).....\$11.49  
Mesquite-Grilled Chicken (660 Cals).....\$11.99

## Dippin' Delicious

**GF QUESO**  
Melted cheese, tomatoes, jalapeños, with chips & salsa.  
(720 Cals) .....\$7.99

**GF DIRTY QUESO**  
Melted cheese, tomatoes, jalapeños, avocado, pico, taco beef, with chips & salsa.  
(910 Cals) .....\$10.49

**GF NOT-SO-DIRTY QUESO**  
Our dirty queso, but without the beef!  
(790 Cals).....\$8.99

**TRIO OF DIPS**  
Queso, white bean dip & smashed avocado, served with tortilla chips & ciabatta crisps.  
(840 Cals).....\$14.99



**GF** Looking for gluten reduced options? See your server or one of our management team for recommendations. Please be advised, cross contamination may occur.

# Dinner Salads & Bowls

## GF CAESAR SALAD

Parmesan cheese, crumbled bacon, Texas croutons, Caesar dressing.  
 Chicken (560 Cals).....\$16.69  
 Shrimp (710 Cals) | Steak (590 Cals)\$18.69

## GF SOUTHWEST SALAD

Mixed greens, black bean & corn salsa, avocado, pico, toasted pepitas, green onion, green peppers, jack cheese, crispy tortilla straws & smoky lime vinaigrette.  
 Chicken (610 Cals) .....\$17.49  
 Shrimp (760 Cals) | Steak (640 Cals)..\$19.49

## SOUTHWEST CHICKEN BOWL

Southwest chicken, lime cilantro rice, corn & black bean salsa, grilled peppers & onions, pico, avocado, poblano crema & crispy tortilla straws. (670 Cals) .....\$17.99

## QUINOA BOWL

Red quinoa, citrus flavours, greens, crispy bean & halloumi bites, avocado, pico, chipotle lime vinaigrette, pepita seeds & poblano crema.  
 Chicken (550 Cals) | Shrimp (580 Cals) \$18.49

# Burgers & SANDWICHES

## HANDHELDS

**BURGERS & SANDWICHES ARE SERVED ON A TOASTED GARLIC BUN. ALL ITEMS COME WITH CHOICE OF SIDE.**

For gluten free buns, add \$0.50.

### KNIFE & FORK STEAK SANDWICH

7 oz ancho brushed striploin, garlic mushrooms, grilled tomatoes & onions in a bourbon butter demi. Served open faced topped with crispy onion slivers. (880 Cals).....\$19.99

### GF BBQ BACON BURGER

Jim Beam BBQ sauce, cheddar cheese, grilled thick cut pork belly & crispy bacon. (1280 Cals).....\$16.99

### GF STEAKHOUSE BURGER

Cracked pepper crusted beef burger, jack cheese, crispy onion rings & tomatillo pepper ranch. (1190 Cals).....\$16.49

### GF GRILLED CHICKEN SANDWICH

Avocado, arugula, pico & tomatillo pepper ranch. (650 Cals).....\$16.49

### TEXAS FRIED CHICKEN SANDWICH

Texas butter, house slaw, jalapeño relish & cheddar. (790 Cals).....\$16.99

### GF THE RANCH BURGER

Lettuce, tomato & onion. (890 Cals).....\$14.49

Calorie counts are for main meals only. Sides and substitutions are subject to additional calories, listed below.



## CHOOSE YOUR SIDE

- ★ House salad (50 Cals) ★ Texas slaw (40 Cals)
- ★ Caesar salad (280 Cals) ★ Fries (370 Cals)
- ★ Baked potato (280 Cals) ★ Lime cilantro rice (180 Cals)

### OR SUBSTITUTE

- ★ Onion rings \$2.29 (310 Cals)
- ★ Classic poutine \$4.99 (610 Cals)
- ★ Sweet potato fries \$2.29 (300 Cals)

★ Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 - 12) need an average of 1,500 calories a day. However, individual needs vary.

\* Plus applicable taxes.

# STEAKS & *Ribs*

*AAA Hand-Cut  
Top Sirloin*



## MESQUITE-GRILLED TO PERFECTION

ALL OF OUR STEAKS ARE COOKED OVER  
A WOOD FIRE GRILL, USING REAL  
MESQUITE WOOD, & SEASONED WITH  
A SMOKED-IN-HOUSE SPICE BLEND!

must try



**GF AAA HAND-CUT TOP SIRLOIN**

Served with two thick-cut crispy onion rings, seasonal vegetables, a loaded baked potato & wedge fries.

7 oz - (1150 Cals) .....\$21.99  
11 oz - (1400 Cals).....\$26.99

**GF 10 OZ AAA HAND-CUT NEW YORK STRIP**

Served with two thick-cut crispy onion rings, seasonal vegetables, a loaded baked potato & wedge fries.

(1200 Cals).....\$28.99

**GF 14 OZ AAA BONELESS BEEF RIB STEAK**

Served with two thick-cut crispy onion rings, seasonal vegetables, a loaded baked potato & wedge fries.

(1620 Cals).....\$33.99

**GF 6 OZ TENDERLOIN STEAK**

Served with two thick-cut crispy onion rings, seasonal vegetables, a loaded baked potato, wedge fries & bourbon butter demi. (1100 Cals).....\$32.99

**STEAK SKEWERS**

Ancho pepper & coffee marinated steak pieces, mesquite-grilled with lime cilantro rice, two thick-cut crispy onion rings, seasonal vegetables & chimichurri sauce.

(920 Cals).....\$19.99

**COUNTRY FRIED STEAK**

Two pieces of our country fried steak, smothered in white pepper gravy, with garlic mash & seasonal vegetables.

(1090 Cals).....\$19.99

Calorie counts are for main meals only. Sides and substitutions are subject to additional calories.



Go ahead

**GRAB**

**THE BULL**

**BY THE**

**HORNS**

**ADD ONS**

- ★ Garlic shrimp skillet \$5 (180 Cals)
- GF** ★ Carmelized sweet onion bourbon butter \$2 (150 Cals)
- GF** ★ Skillet of mushrooms \$5 (230 Cals)
- ★ Molé shrimp topper \$5 (190 Cals)

*Fall-off-the-bone Ribs*

**BBQ PORK BACK RIBS**

Our famous pork back ribs (700 Cals) served with choice of sauce, wedge fries (190 Cals) & coleslaw (10 Cals).

\$23.99

**RIB COMBOS**

**PAIR OUR FAMOUS PORK BACK RIBS (350 CALS) WITH CHOICE OF:**

- Boneless chicken breast (170 Cals)
- Texas butter chicken wings (410 Cals)

\$22.99

**SAUCES**

- ★ BBQ Sauce (add 90 - 150 Cals)
- ★ Honey Garlic (add 90 - 150 Cals)
- ★ Smoky Chipotle Tequila (add 100 - 170 Cals)
- ★ Jim Beam BBQ (add 120 - 200 Cals)



*BBQ Pork Back Ribs*

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# *Legendary* FAJITAS

*Mesquite-Grilled  
Steak & Chicken Combo*

UNLIMITED TOPPINGS

*Freshly  
Baked  
Tortillas*



## CHOOSE YOUR STYLE

### **GF** MESQUITE-GRILLED CHICKEN

Boneless chicken breast, butter brushed & seasoned with a Texas inspired spice blend. (170 Cals/person)

### **BUFFALO CHICKEN**

Boneless chicken breast, hand cut, fried & tossed in Texas butter. Served with ranch. (180 Cals/person)

### **GF** SAUTÉED GARLIC SHRIMP

Succulent shrimp seasoned & sautéed in garlic butter. (190 Cals/person)

### **GF** MESQUITE-GRILLED STEAK

Traditional mesquite-grilled skirt steak, basted & seasoned with a Texas inspired spice blend. (220 Cals/person)

### **GF** VEGGIE

Grilled portobello mushrooms & halloumi cheese, with avocado wedges, black bean & corn salsa & chimichurri sauce. (750 Cals/person)

### **GF** COMBO

Choose any two proteins. (180-210 Cals/person)

## TO SHARE? OR NOT TO SHARE?

**MESQUITE-GRILLED CHICKEN, BUFFALO CHICKEN, SAUTÉED GARLIC SHRIMP, VEGGIE, COMBO**  
UNO (1 person): \$20.29 | DOS (2 people): \$39.78 (\$19.89 ea) | TEXAS (3 people): \$57.30 (\$19.10 ea)

### **MESQUITE-GRILLED STEAK**

For steak, add \$3 per person. For combos including steak add \$1.50 per person.

### **HAVE A WHOLE CREW? TRY OUR FAJITA FIESTA!**

Mesquite-grilled chicken & steak, sautéed garlic shrimp and our famous pork ribs.

Available for 2 or 4 people (380 Cals/person)

FOR 2: \$47.98 (\$23.99 ea) | FOR 4: \$90.76 (\$22.69 ea)

## EVERY FAJITA COMES WITH UNLIMITED

- ★ Shredded lettuce (5 Cals) ★ Cheddar cheese (180 Cals)
- ★ Sour cream (50 Cals) ★ Pico de gallo (10 Cals)
- ★ Tortillas (150 Cals ea.) ★ Southwest rice (190 Cals)
- ★ On request: saddle beans (140 Cals)

## CHOOSE ONE SIDE

- ★ Guacamole (40 Cals) ★ Roasted tomatillo salsa (70 Cals)
- ★ Jalapeño relish (35 Cals) ★ Pepita mole (90 Cals)
- ★ Chimichurri (170 Cals) ★ Texas red dipping sauce (80 Cals)

## MAKE IT A SKINNY FAJITA!

**SUBSTITUTE TORTILLAS WITH LETTUCE WRAPS**  
(5 Cals ea)

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-THE-

# BEST *this side of the border*



## TEX MEX & CLASSICS

### KNIFE & FORK BURRITO

Taco beef, refried beans, lime cilantro rice, queso, tomatillo salsa, corn & black bean salsa in a flour tortilla. Topped with ranchero sauce, cheese, sour cream, pico, avocado & jalapeños. (1340 Cals).....\$18.49

### CHICKEN CHIMICHANGA

Ancho-brushed flour tortilla with chicken, southwest rice & jack cheese. Fried, then topped with ranchero sauce, cheese, pico, cilantro, jalapeños, sour cream & crispy tortilla straws. (780 Cals).....\$18.49

### CABO TACOS

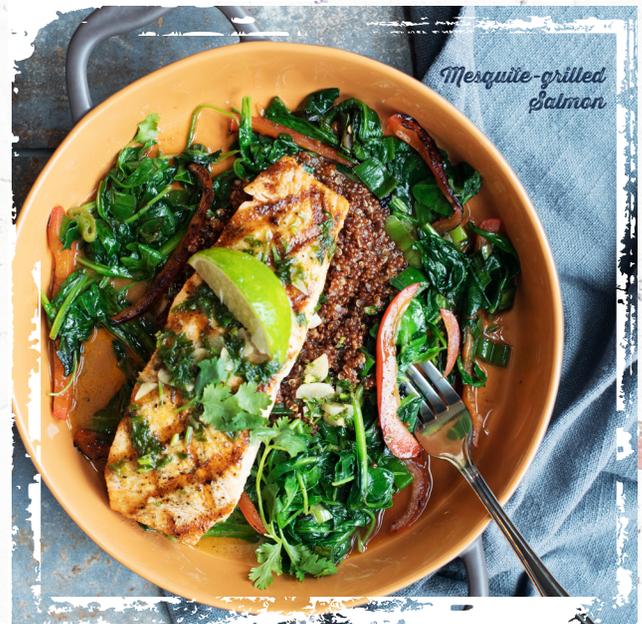
Two BIG tacos. Chicken, bacon, avocado, tomatillo salsa, poblano pepper sauce, taco slaw, pico, jack cheese, ancho poblano crema, crispy tortilla straws & cilantro. Served with lime cilantro rice. (560 Cals).....\$15.99  
Add a taco (360 Cals).....\$5.00

### SOUTHERN FRIED CHICKEN FINGERS

Plain (690 Cals) or tossed in Texas butter (1070), served with ranch & choice of side. ....\$16.99

### GF MESQUITE-GRILLED SALMON

With red quinoa, citrus flavours, sautéed spinach & arugula, red peppers & chili lime tequila butter. (640 Cals).....\$23.99



## Country Classics

EARLY BIRD FAV'S ALL ONLY \$14.99

### GF SMOTHERED BEEF TIPS

Sautéed with portobello & field mushrooms, tossed with red wine beef demi reduction over garlic mash. Topped with crispy onions. (880 Cals)

### GF CHOPPED STEAK SKILLET

Seasoned & pan seared steak, with garlic mash, mushrooms, grilled onion & tomato, beef demi sauce. Topped with crispy onion strings. (1330 Cals)

### COUNTRY FRIED STEAK

One piece of our country fried steak, smothered in white pepper gravy, with garlic mash & seasonal vegetables. (820 Cals)

### CHICKEN ENCHILADAS

Two mole-brushed flour tortillas, chicken, ranchero sauce topped with jack & cheddar, pico & sour cream. Served with southwest rice & refried beans. (910 Cals)

### FISH N CHIPS

Corona beer battered haddock, house tartar sauce, fries, lemon. (670 Cals)

### LONE STAR CHICKEN WRAP

Smoky garlic sauce, romaine, pico, jack cheese & bacon. Served with choice of side. (670 Cals)

AVAILABLE DAILY FROM 11AM-4PM

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