

# LONE STAR

*Texas Grill*





# Lone STARTERS

SHARE THE BIG BOLD TASTES OF TEXAS

WORK UP  
A TEXAS  
SIZED  
APPETITE!



## **GF DIRTY NACHOS**

Choice of taco beef (1790 Cals) or chicken (1520 Cals), with jack & cheddar cheese, tomatillo salsa, pico de gallo, jalapeños, green onions, sour cream, guac & salsa. ....\$19.99

## **CRISPY CALAMARI**

With fried red peppers & onions, cilantro crema & Texas red dipping sauce. (380 Cals).....\$12.49

## **SOUTHERN FRIED AVOCADO WEDGES**

Lightly fried, seasoned avocado, with Texas butter, arugula & citrus crema. (470 Cals).....\$11.49

## **SOUTHERN FRIED MUSHROOMS**

Served with tomatillo pepper ranch. (240 Cals).....\$11.29

## **GF SWEET POTATO FRIES**

With smoky BBQ ketchup & tomatillo pepper ranch. (780 Cals).....\$9.49

## **SOUTHERN FRIED CHICKEN WINGS**

Texas butter or original BBQ, with celery sticks & ranch.  
8 pc (890 - 910 Cals).....\$13.99  
16 pc (1640 - 1790 Cals).....\$24.99

## **COCONUT SHRIMP SKEWER**

Served on greens, cilantro & roasted peppers with raspberry vinaigrette. Side of Texas red dipping sauce. (370 Cals).....\$11.99

## **QUESADILLAS**

Fresh baked tortillas, cheese, pico de gallo, cilantro crema & arugula with choice of grilled vegetables (640 Cals), shrimp (600 Cals) or wood-fire grilled chicken (660 Cals).....\$13.99

Upgrade to steak. (680 Cals).....\$14.99

## **TEXAS HORSESHOE OF ONION RINGS**

With smoky BBQ ketchup & ranch. (650 Cals).....\$10.49

## *Dippin' Delicious*

### **GF QUESO**

Melted cheese, tomatoes jalapeños, served with warm tortilla chips. (720 Cals) .....\$7.99

### **GF DIRTY QUESO**

Melted cheese, tomatoes, jalapeños, avocado, pico de gallo, taco beef, served with warm tortilla chips (910 Cals) .....\$10.49

### **GF NOT-SO-DIRTY QUESO**

Our dirty queso, but without the beef! (790 Cals).....\$8.99

### **GF SMASHED GUAC & CHIPS**

Smashed avocado with pico de gallo & smoked salt, served with warm tortilla chips. (510 Cals).....\$8.99



**GF** Looking for gluten reduced options? See your server or one of our management team for recommendations. Please be advised, cross contamination may occur.



# Entrée Salads & Bowls

## GF CAESAR SALAD

Parmesan cheese, crumbled bacon, Texas croutons, Caesar dressing.  
Chicken (560 Cals).....\$16.69  
Shrimp (710 Cals) | Steak (590 Cals)\$19.19

## SOUTHWEST SALAD

Mixed greens, black bean & corn salsa, avocado, pico de gallo, toasted pepitas, green onion, green peppers, jack cheese, crispy tortilla straws & smoky lime vinaigrette.  
Chicken (610 Cals).....\$17.49  
Shrimp (760 Cals) | Steak (640 Cals) \$19.99

## GF SOUTHWEST CHICKEN BOWL

Wood-fire grilled chicken, lime cilantro rice, corn & black bean salsa, grilled peppers, onions, pico de gallo, avocado, poblano crema & crispy tortilla straws.  
(670 Cals).....\$18.49

## QUINOA BOWL

Red quinoa, citrus flavours, greens, crispy bean & halloumi bites, avocado, pico de gallo, chipotle lime vinaigrette, pepita seeds & poblano crema.  
Chicken (550 Cals)  
Shrimp (580 Cals).....\$18.49

## GF LONESTAR SALAD

Mixed greens, tomatoes, green peppers, sautéed red peppers & onions, glazed pecans, jack cheese & honey spiced citrus vinaigrette.  
Chicken (510 Cals).....\$16.99  
Shrimp (660 Cals) | Steak (540 Cals) \$19.49

# Burgers & SANDWICHES

SERVED ON A TOASTED GARLIC BUN, WITH CHOICE OF SIDE.

## KNIFE & FORK STEAK SANDWICH

7 oz ancho brushed striploin, garlic mushrooms, grilled tomatoes & onions in a bourbon butter demi. Served open faced topped with crispy onion slivers.  
(880 Cals).....\$19.99

## GF GRILLED CHICKEN SANDWICH

Avocado, arugula, pico de gallo & tomatillo pepper ranch.  
(650 Cals).....\$16.49

## TEXAS FRIED CHICKEN SANDWICH

Hand breaded chicken, tossed in Texas butter, topped with Texas slaw, jalapeño relish & cheddar cheese.  
(790 Cals).....\$16.99

## LONE STAR CHICKEN WRAP

Smoky garlic sauce, romaine, pico de gallo, jack cheese & bacon. Served with choice of side.  
(670 Cals).....\$14.49

## GF BBQ BACON BURGER

Jim Beam BBQ sauce, cheddar cheese, grilled thick cut pork belly & crispy bacon.  
(1280 Cals).....\$16.99

GF

## THE RANCH BURGER

Lettuce, tomato & onion.  
(890 Cals).....\$14.49

## GF STEAKHOUSE BURGER

Cracked pepper crusted beef burger, jack cheese, crispy onion rings & tomatillo pepper ranch.  
(1190 Cals).....\$16.49

For gluten free buns, add \$0.50.

Calorie counts are for main meals only.  
Sides and substitutions are subject to additional calories, listed below.



## CHOOSE YOUR SIDE

- ★ House salad (50 Cals) ★ Texas slaw (40 Cals)
- ★ Caesar salad (280 Cals) ★ Fries (370 Cals)
- ★ Baked potato (280 Cals) ★ Lime cilantro rice (180 Cals)

### OR SUBSTITUTE

- ★ Onion rings \$2.29 (310 Cals)
- ★ Classic poutine \$4.99 (610 Cals)
- ★ Sweet potato fries \$2.29 (300 Cals)

★ Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 - 12) need an average of 1,500 calories a day. However, individual needs vary.

\* Plus applicable taxes.



# STEAKS & *Ribs*



AAA HAND CUT  
7 OZ TOP SIRLOIN



must try



## AAA CANADIAN STEAKS

AGED A MINIMUM OF 30 DAYS, HAND CUT & GRILLED JUST THE WAY YOU LIKE IT. ALL OF OUR STEAKS ARE SEASONED WITH OUR SIGNATURE SMOKED-IN-HOUSE SPICE BLEND.

All dinners are served with two thick-cut crispy onion rings, seasonal vegetables, a loaded baked potato & wedge fries.

### GF TOP SIRLOIN

7 oz - (1150 Cals) .....\$21.99

11 oz - (1400 Cals) .....\$26.99

### GF 10 OZ NEW YORK STRIP

(1200 Cals) .....\$29.49

### GF 14 OZ BONELESS BEEF RIB STEAK

(1620 Cals) .....\$32.99

### STEAK SKEWERS

Ancho pepper & coffee marinated steak pieces, wood-fire grilled with lime cilantro rice, two thick-cut crispy onion rings, seasonal vegetables & chimichurri sauce.

(920 Cals) .....\$19.99

### COUNTRY FRIED STEAK

Two pieces of our country fried steak, smothered in white pepper gravy, with garlic mash & seasonal vegetables.

(1090 Cals) .....\$19.99

Calorie counts are for main meals only. Sides and substitutions are subject to additional calories.



Proudly

# WOOD-FIRE GRILLED TO PERFECTION

## ADD ONS

★ Caramelized sweet onion bourbon butter \$2 (150 Cals)

GF ★ Garlic shrimp skillet \$5 (180 Cals)

GF ★ Skillet of mushrooms \$5 (230 Cals)

★ Molé shrimp topper \$5 (190 Cals)

## Fall-off-the-bone Ribs

### BBQ PORK BACK RIBS

Our famous pork back ribs (700 Cals) basted in your choice of sauce & served with wedge fries (190 Cals) & Texas alaw (10 Cals)

\$24.99

### RIB COMBOS

PAIR OUR FAMOUS PORK BACK RIBS (350 CALS) WITH CHOICE OF:

Wood-fire grilled chicken breast (170 Cals)

Texas butter chicken wings (410 Cals)

\$23.99

### ..... SIGNATURE RIB SAUCES .....

★ BBQ (add 90 - 150 Cals) ★ Honey Garlic (add 90 - 150 Cals)

★ Smoky Chipotle Tequila (add 100 - 170 Cals)

★ Jim Beam BBQ (add 120 - 200 Cals)



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★ Plus applicable taxes.



# *Legendary* FAJITAS

*Wood-Fire Grilled  
Steak & Chicken Combo*

UNLIMITED TOPPINGS

*Freshly  
Baked  
Tortillas*





## STEP 1: PICK A PROTIEN

### **GF WOOD-FIRE GRILLED CHICKEN**

Boneless chicken breast, butter brushed & seasoned with a blend of Texas spices.  
(170 Cals/person)

### **BUFFALO CHICKEN**

Boneless chicken breast, hand cut & breaded in house. Fried & tossed in a Texas butter. Served with ranch.  
(180 Cals/person)

### **GF SAUTEÉD GARLIC SHRIMP**

Succulent shrimp seasoned & sautéed in garlic butter.  
(190 Cals/person)

### **GF WOOD-FIRE GRILLED STEAK**

Traditional skirt steak, basted & seasoned with a blend of Texas spices.  
(220 Cals/person)

### **GF VEGGIE**

Grilled portobello mushrooms & halloumi cheese, with avocado wedges, chimichurri sauce, black bean & corn salsa.  
(750 Cals/person)

### **GF COMBO**

Choose any two proteins.  
(180-210 Cals/person)

## STEP 2: PICK A SIZE

### **HOW MANY? (OR HOW HUNGRY!)**

UNA (1 person): \$20.29  
DOS (2 people): \$39.78 (\$19.89 per person)  
TEXAS (3 people): \$57.30 (\$19.10 per person)

## MAKE SOME UPGRADES

### **UPGRADE TO WOOD-FIRE GRILLED STEAK**

For steak, add \$4 per person. For combos including steak add \$2 per person.

### **IT'S A PARTY! TRY OUR FAJITA FIESTA!**

Wood-fire grilled chicken, steak, pork ribs & sautéed garlic shrimp. (380 Cals/person)  
FOR 2: \$47.98 (\$23.99 per person) | FOR 4: \$90.76 (\$22.69 per person)

## EVERY FAJITA COMES WITH UNLIMITED

- ★ Shredded lettuce (5 Cals) ★ Cheddar cheese (180 Cals)
- ★ Sour cream (50 Cals) ★ Pico de gallo (10 Cals)
- ★ Tortillas (150 Cals ea.) ★ Southwest rice (190 Cals)
- ★ On request: saddle beans (140 Cals)

## CHOOSE ONE SIDE

- ★ Smashed guac (40 Cals) ★ Roasted tomatillo salsa (70 Cals)
- ★ Jalapeño relish (35 Cals) ★ Pepita mole (90 Cals)
- ★ Chimichurri (170 Cals) ★ Texas red dipping sauce (80 Cals)

## MAKE IT A SKINNY FAJITA!

**SUBSTITUTE TORTILLAS  
WITH LETTUCE WRAPS**  
(5 Cals ea)

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-THE-

# BEST *this side of the border*



## TEX-MEX & SOUTHERN FAVOURITES

### KNIFE & FORK BURRITO

Taco beef, refried beans, lime cilantro rice, corn & black bean salsa, queso & tomatillo salsa in a flour tortilla. Topped with ranchero sauce, cheese, sour cream, pico de gallo, avocado & jalapeños.  
(1340 Cals).....\$18.49

### CHICKEN CHIMICHANGA

Ancho-brushed flour tortilla with chicken, southwest rice & jack cheese. Fried, then topped with ranchero sauce, cheese, pico de gallo, cilantro, jalapeños, sour cream & crispy tortilla straws.  
(780 Cals).....\$18.49

### CABO TACOS

Two of our fresh baked tortillas filled with chicken, bacon, avocado, tomatillo salsa, poblano pepper sauce, taco slaw, pico de gallo, jack cheese, ancho poblano crema, crispy tortilla straws & cilantro. Served with lime cilantro rice.  
(560 Cals).....\$15.99  
Add a taco (360 Cals).....\$5.00

### SOUTHERN FRIED CHICKEN FINGERS

Hand cut & breaded chicken breast. Served plain (690 Cals) or tossed in Texas butter (1070 Cals), with ranch & choice of side.....\$16.99

### GF WOOD-FIRE GRILLED SALMON

With red quinoa, citrus flavours, sautéed spinach & arugula, red peppers & chili lime tequila butter.  
(640 Cals).....\$23.99



*Wood-Fire  
Grilled Salmon*

### GF SMOTHERED BEEF TIPS

Sautéed with portobello & field mushrooms, tossed with red wine beef demi reduction over garlic mash. Topped with crispy onions.  
(880 Cals).....\$18.49

### GF CHOPPED STEAK SKILLET

Seasoned & pan seared steak, with garlic mash, mushrooms, grilled onion & tomato, beef demi sauce. Topped with crispy onion strings.  
(1330 Cals).....\$16.99

### CHICKEN ENCHILADAS

Three mole-brushed flour tortillas, chicken, ranchero sauce topped with jack & cheddar, pico de gallo & sour cream. With southwest rice & refried beans.  
(1180 Cals).....\$18.49

Make it steak (1240 Cals).....\$20.99



*Smothered Beef  
Tips*

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