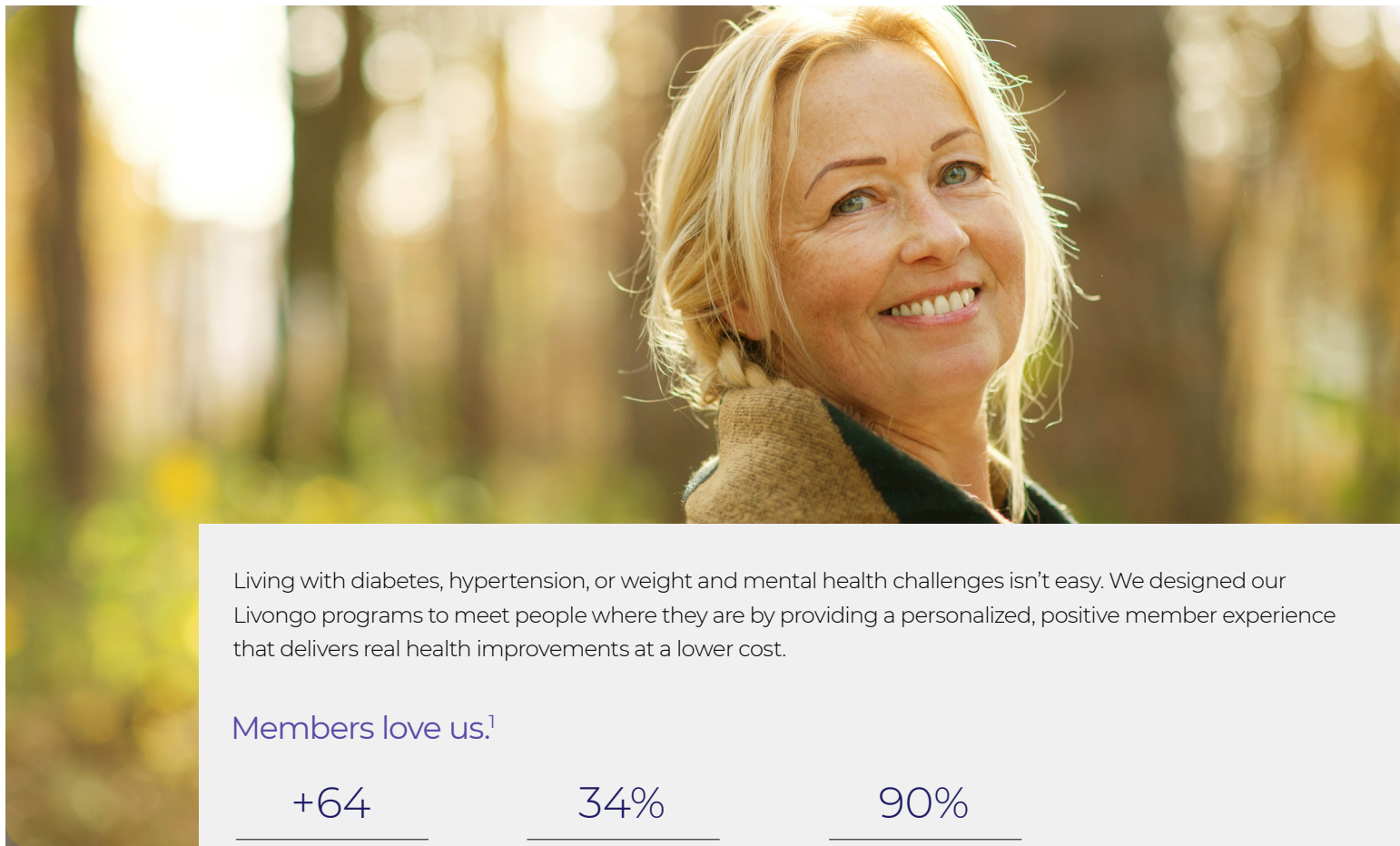




#### PRODUCT OVERVIEW

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Empowering people with chronic  
conditions to live better, healthier lives



Living with diabetes, hypertension, or weight and mental health challenges isn't easy. We designed our Livongo programs to meet people where they are by providing a personalized, positive member experience that delivers real health improvements at a lower cost.

### Members love us.<sup>1</sup>

+64

AVERAGE MEMBER  
NPS SCORE

34%

AVERAGE YEAR-1  
ENROLLMENT

90%

MEMBERS WISH TO  
CONTINUE AFTER YEAR-1

### Members are healthier.<sup>2</sup>

DIABETES

0.8pt

HBA1C  
REDUCTION

HYPERTENSION

10 mmHg

SYSTOLIC BLOOD  
PRESSURE REDUCTION

WEIGHT MANAGEMENT

5.5%

YEAR 1 AVERAGE  
WEIGHT LOSS

DEPRESSION

55%

MEMBERS WITH  
MEASURED CLINICAL  
IMPROVEMENT

### Clients are happier.<sup>3</sup>

\$131

PER MEMBER PER  
MONTH MEDICAL  
SAVINGS IN DIABETES

3.4x

AVERAGE YEAR-1 ROI

96%

AVERAGE CLIENT  
RETENTION RATE



## Livongo is different

### Effortless data collection

As members move throughout their daily lives, our connected devices and ecosystem partnerships aggregate real-world data securely and effortlessly.

### Personalized health signals

We interpret members' health metrics, social determinants, preferences, clinical needs and more to trigger timely, actionable feedback that drives behavior change.

### Human-centered approach

Together, our digital programs and expert coaches adapt to meet members where they are, when they need it—based on their conditions, motivations, and lifestyles.



Personalized health signals—including inputs from partner devices like Dexcom G6 and the Apple Watch—deliver timely, actionable information to each member.

“

I now know what I need to do to manage my diabetes better so I can be around my kids.

**Chris G.**  
member of the Livongo program

## We work with the industry's leaders to change healthcare

1,402

CLIENTS NATIONWIDE

Over 30%

OF THE FORTUNE 500  
USE LIVONGO

100%

SERVING FULLY INSURED, ASO,  
MEDICARE, RETIREE, AND  
MEDICAID ORGANIZATIONS

28

HEALTH PLANS  
+ PBM CLIENTS

### Robust clinical evidence and insight

14

PEER REVIEWED  
PUBLICATIONS

27

ABSTRACTS AND POSTER  
PUBLICATIONS

100

CLAIMS-BASED ROI ANALYSES  
WITH 95% SHOWING POSITIVE  
RESULTS AT YEAR 1

## The Livongo platform

Tools and support for a wide range of chronic conditions provide a unified member experience



### Livongo for Diabetes

Connected blood glucose meter, unlimited testing strips, personalized insights, 24/7 expert support and custom alerts



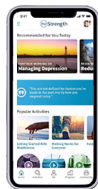
### Livongo for Hypertension

Connected blood pressure monitor, personalized insights, shareable reports and access to expert health coaches



### Livongo for Weight Management and Diabetes Prevention

Connected smart scale, automatic weight and steps tracking, food logging, CDC-approved lessons and access to expert health coaches



### Livongo for Mental Health

Evidence-based interactive programs, tracking tools, and access to dedicated coaches

The testimonials, statements, and opinions presented are applicable to the individuals depicted. Each member's exact results and experience will be unique and individual to each member. The testimonials are voluntarily provided and are not paid.

<sup>1</sup>Data from 2019 SI.

<sup>2</sup>Data from 2019 SI for diabetes, hypertension, and depression. Weight management from data on file (DS-3547).

<sup>3</sup>Data from 2019 SI for retention rate, which goes through EOY 2018. Average per member per month medical savings in diabetes and Average year 1 ROI from data on file (DS-3547).

**LEARN MORE:** [TeladocHealth.com](https://TeladocHealth.com) | [engage@teladochealth.com](mailto:engage@teladochealth.com)

**About Teladoc Health:** Teladoc Health is transforming the healthcare experience and empowering people everywhere to live healthier lives. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages more than a decade of expertise and data-driven insights to meet the growing virtual care needs of consumers and healthcare professionals.