

It all started with a trip to Barbados.

We fell upon a beach bar with high barrel tables, the perfect place to spend an afternoon and evening over cutters and cocktails with good company.

It captured everything we wanted in our restaurants. Relaxed dining, full of flavour and fun – we found our spiritual home, we found Turtle Bay.



SMALL PLATES & SHARERS

Known as 'cutters' in the Caribbean. Perfect as a selection with cocktails, or alongside mains, family style.

Fish Tacos NEW! 7.8

Crispy, golden-fried hake on bara roti, topped with a zesty slaw, & a drizzle of tangy pepper salsa

Garlic Flatbread (6 NEW) 5.4

Light and fluffy, topped with vegan garlic butter

Ackee Saltfish Rolls 6.9

Inspired by the national dish of Jamaica. Tender ackee and flaky saltfish, wrapped in roti, mild pepper salsa

Sweetcorn Fritters @ 6.7

Sweetcorn, onion & chilli fritters, mango mole

Crispy Chilli Squid 7.8

With mango mole, & mild jerk mayo

Jerk Pit Wings NEW 6.9

Marinated for 24 hours & flame-grilled

Rum BBQ Wings NEW! 6.9

Breaded wings, rum BBQ sauce, jerk mayo & a dash of hot sauce

Garlic Pit Prawns 7.8

Inspired by Jamaican pepper prawns - whole shell-on king prawns, chilli & garlic butter, with grilled roti

Trini Doubles @ 6.7

Trinidad & Tobago street food - soft bara roti topped with curried chickpeas & cucumber chutney

Mac & Cheese Bites V 6.7

Fried macaroni cheese, chilli mango mole & jerk mayo

BEACH BOARDS

PERFECT TO SHARE

A selection of our favourite small plates, ideal for 2-4 people.

Mixed Sharing Platter 18

Jerk Pit Wings, Crispy Chilli Squid, Trini Doubles, & Cheesy Jerk Fries

Vegetarian Sharing Platter **V** 17

Mac & Cheese Bites, Sweetcorn Fritters, Trini Doubles, & Spiced Fries

Late Night Beats & Eats

Any 2 small plates or sides + 4 cocktails

Enjoy a selection of tasty cutters & tropical cocktails to cool reggae beats. From 9pm 'til late

£28

JERK PIT

With its vibrant flavours and aromas, served from roadside huts to high end restaurants, jerk is the ultimate Caribbean BBQ.

New to jerk? Our seasoning's three core ingredients are allspice, thyme and scotch bonnet. It's sweet, smoky, fiery and fruity.

Our succulent jerk dishes are seasoned and marinated for 24 hours, then fire grilled and basted until bursting with flavour.

JERK PLATTER 31

PERFECT TO SHARE

A combination of our favourite jerk dishes, ideal for two to share. Half Jerk Chicken, half rack of BBQ ribs, jerk sausage, coconut rice & peas, spiced fries, & slaw

Jerk Chicken

Half 15.2 | Breast 14 | Plant-based "Chicken" 🐠 14

Experience the flavour of the Caribbean. Smoky, succulent, chargrilled chicken, topped with our rich jerk gravy & either coconut rice & peas or spiced fries

Mo'Bay Chicken

Half 15.2 | Breast 14 | Plant-based "Chicken" V 14

Classic jerk chicken, topped with our signature creamy and mildly spiced Mo'Bay Sauce. With sweet plantain and coconut rice & peas or spiced fries

Jerk Salmon 14.8

Crisped skin salmon fillet, jerk gravy, slaw and either coconut rice & peas or spiced fries

Jerk Beef Rib NEW! 17.5

Tender, fall-off-the-bone beef rib, slow-cooked and glazed with our flavourful jerk gravy. Served with sweet potato mash and seasonal roasted greens

Rum BBQ Ribs NEW! 17.5

Whole rack of baby back pork ribs in a sweet and sticky rum BBQ sauce. With pineapple chow and either coconut rice & peas or spiced fries

Jerk Pork Belly 16.5

Succulent chargrilled pork belly, jerk gravy, sweet potato mash & roasted greens

Jerk Lamb 19

Marinated and grilled rump steak, jerk gravy, sweet potato mash & roasted greens

CURRIES & STEWS

Slowly simmered, rich in flavour, & uniquely Caribbean.

Beef Cheek Stew NEW 15.5

Our take on a classic oxtail stew, slow cooked and served with creamy mashed potatoes or coconut rice and peas the ultimate comfort dish

Brown Chicken NEW 14.2

Marinated chicken thighs, slowly braised with onion, a blend of spices and tomatoes for a deep and rich flavour. With sweet plantain and coconut rice & peas

Curry Goat 14.5

An iconic Caribbean classic. Tender goat in an aromatic spiced curry sauce. Served with coconut rice and peas

Make it a Hash - with spiced fries and fried eggs +1

Trini Curry Chicken 14.2

Sweet mango, coconut, and chilli sauce, coconut rice & peas

Curry Chickpea & Callaloo (1) 13.5

Mild and creamy coconut sauce, coconut rice & peas

ADD FESTIVALS (Dumplings) 3.4

Golden & crispy on the outside, fluffy on the inside, perfect for dipping & mopping up!

SIDES

Complete your meal with these Caribbean extras

Jerk Corn on the Cob 🕼 3.8

Sweet Plantain 🐠 3.8

Creamy Mash v NEW! 3.9

Spiced Fries ® 3.9

Sweet Potato Fries 🐠 4.2

Cheesy Jerk Fries V 4.9

Roasted Greens 🕦 3.4

Festivals (Dumplings) 🐠 3.4

Mac & Cheese V 4.4

Jerk Halloumi V 4.8

SOUL FOOD

Made with the same love that cooks in the Caribbean put into everyday meals.

Trini Cod NEW! 17

Delicately steamed cod fillet served with creamy mashed potatoes, roasted greens, and a light and mildly spiced garlic butter sauce

Seafood Soul Bowl 15.5

King prawns, squid, & salmon in a mild and creamy coconut sauce. With coconut rice & peas and roasted greens

Kingston Fried Chicken 14

With slaw & either spiced fries or mac & cheese

Mac & Cheese V 13

Add Jerk Chicken +1 | Jerk Bacon +1

Indulgently cheesy, pure good mood food

SUNSHINE SALADS

Buddha Bowl ® NEW! 11

Add Chicken +2.5 | Plant-based "Chicken" (1/10) +2.5 | Halloumi (1/10) +2.5

A vibrant combination of fresh, wholesome ingredients. Plantain, corn on the cob, roasted greens, avo, tomatoes, seasonal leaves, mixed beans, creamy dressing, & coconut rice & peas

PUDDINGS

Ginger Pudding ® NEW 6

A warm, spiced pudding infused with ginger. With fresh pineapple compote & coconut ice cream

Cheesecake V NEW! 5.7

Buttery toffee cheesecake, topped with a vibrant mango coulis

Salted Caramel Chocolate Brownie 🖲 6

The ultimate indulgent treat, served with coconut ice cream

Ice Cream 1.5 a scoop Ask for our flavours

BRUNCH & BURGERS

Perfect to be enjoyed as brunch, lunch or at any time of day. Sides from 3.4

Honey Bunny Yardbird

Chicken | Plant-based "Chicken" (19 9

Hand-rolled bara roti stack topped with a choice of:

- Fried chicken, maple syrup, & a crispy fried egg
- Plant-based fried "chicken", smashed avo, & maple syrup

Roti Wrap

Chicken | Sweetcorn Fritter 🔞 9

With smashed avo, pickled veg, crunchy lettuce, & jerk mayo. Served with slaw

Hot Chick Burger 9

Fried chicken, jerk mayo & a kick of hot sauce

Shack Stack Burger 9

Beef patty & jerk bacon, melted cheese, jerk mayo & jerk tomato sauce

Vegan Motherclucker Burger 9 Plant-based fried "chicken", smashed avo, jerk mayo & jerk

tomato sauce



Any brunch or burger & bottomless cocktails, draft Red Stripe, prosecco, mocktails, softs & hot drinks

Or choose any main from the menu +5

Sun - Fri until 5pm | Sat until 3pm | 2 hour sitting
Whole table must participate | Sundowners not included



Menu descriptions do not mention every ingredient. We are unable to guarantee anything is 100% free of allergens or gluten.



2'4'1 Cocktails Happy Hour!

Every day until 6:30pm & 9pm - close

The same drink, served at the same time Sundowners and mocktails not included

One Love 🐠

Dark rum, passionfruit, coconut, & pineapple

Raspberry Reggae 🐠

Dark rum, fresh lime, blackberry liqueur, raspberry, & guava * Try with Vodka or Gin

Classic Mojito 🐠

Appleton Signature, falernum, fresh mint, fresh lime, demerara sugar syrup, & club soda

🕎 Reggae Rum Punch 🐠

Wray & Nephew, white rum, fresh lime, orange, strawberry, pineapple, & sorrel

💹 Jamrock Punch 🐠

Gin, passionfruit, strawberry, apple, grapefruit, & fresh lime

Island Ice Tea 🐠

Duppy White, gin, vodka, tequila, triple sec, lemon, & diet cola

Strawberry Daiquiri ®

Cockspur, white rum, strawberry, demerara sugar syrup, & fresh lime

Koko Kolada 🐠

Koko Kanu, white rum, coconut milk, & pineapple

Coconut Espresso Martini 🐠

Dark rum, coffee liqueur, coconut, & cold brew

Island Ice Blast 🐠

Duppy White, gin, vodka, tequila, triple sec, blue curacao, dragon fruit, lemon, & lemonade

Passion Martini

White rum, passionfruit, vanilla, & orange -

served with a shot of fizz * Try with Vo

Caribbean Candy Sour 🐠

Kingston 62 Gold, amaretto, falernum, apple, grapefruit, green melon liqueur, & fresh lime

Mai Tai Punch 🐠

Kingston 62 Gold, amaretto, falernum, triple sec, fresh lime, & pineapple

Rum Runner (1)

Kingston 62 Gold, dark rum, amaretto, raspberry, blackberry, fresh lime, & strawberry

Mango Paloma 🐠 NEW!

Tequila, Triple Sec, mango, & grapefruit

Appleton Signature, dark rum, guava, mango, & sorrel

Guava Breeze 🕪 NEW!

Lychee Daiquiri 😗 NEW!

Twin Fin Lychee & Coconut, Triple Sec, sorrel, & fresh lime

Montego Bae VB NEW!

Wray & Nephew, falernum, apple, pineapple,

🅎 Passion Rum Punch 🐠

Dark rum, passionfruit, lemon, orange, & pineapple

Tropic Like It's Hot 🐠

White rum, blue curacao, falernum, mango,

Rum Sour VB NEW!

our favourite tropical flavours

Not included in Happy Hour or Bottomless Brunch

French Martini V NEW!

pineapple, shaken to perfection

with the vibrant raspberry flavour of

Chambord and natural sweetness of

Smooth Koko Kanu coconut rum combines

A classic sour, with hints of cinnamon and vanilla from Rumbullion!, richness of Appleton Signature and the zesty orange of Triple Sec, giving a balanced, rounded finish

SUNDOWNERS 10.6

Inspired by beachside sunset sessions.

Premium rums, spirits and liqueurs with

Stir It Up 🐠

An elegant Old Fashioned. Wild Turkey bourbon and Cockspur Pineapple rum, slowly stirred with demerara syrup, aromatic and orange bitters from Angostura

Rude Boy Revival 🐠

Your favourite is back! An iconic overproof mix of Wray & Nephew and Woods Old Navy rum, balanced with fresh lime, falernum and demerara syrup

Beach Zombie 🐠

Liquid sunshine that packs a punch. Wray & Nephew, Woods Old Navy and Gosling Black Seal, falernum, cinnamon, tropical pineapple, and sorrel, finished with Angostura bitters

BEACH SHOOTERS

Tipsy Turtle 🕦

Duppy Spiced, green melon liqueur, & apple

Mango Passion 🔞

Westerhall No.2, passionfruit liqueur, mango, elderflower, & lime

Delicious miniature tropical cocktails that are sure to get the celebration going.

2 for 7.6 The same shooter, served at the same time

Dancing Juice 🐠

Wray & Nephew, sorrel, & lime

Caribbean Sunrise ®

Langs Mango & Ginger, triple sec, pineapple, & lime

Mini Margarita 🐠

Tequila, triple sec, blue curacao, & lime

Tequila Rose V

Tequila & strawberry cream

CARIBBEAN RUMS

Single 5.05 Double 7.55 | All vegan 🕼 Served with juice or soft | Tonic +1

Big & Bold

El Dorado 12 Guyana NEW!

Aged for 12 years. Lush tropical fruit and spice with hints of honey and dark sugar. Best over ice

Wray & Nephew 63% Jamaica

Part of Jamaica's culture & tradition. Strong, but with wonderfully sweet notes of molasses & banana

Equiano Dark Barbados, Mauritius

Naturally sweet, warm toffee and butterscotch, with chewy raisins & brown sugar flavours

Goslings Black Bermuda

Perfect for dark & deep flavour lovers, try with ginger beer for the iconic dark and stormy

Wood's Old Navy Strength 57% Guyana

A rich, highly flavoured rum to reflect the navy style. Muscovado sugar, burnt caramel & pepper notes

Duppy Share Aged Jamaica, Barbados

A blend of rums, aged for 5 years. Flavours of butter, pineapple, banana, & mango

FEATURED

Rum is liquid sunshine. We have a huge selection of iconic and up and coming flavours from across the Caribbean, perfect for sipping & cocktails.

Can't decide? Here's our current favourite:

Twin Fin Coconut & Lychee

Inspired by the ocean - beginning life on the warm sands of the Caribbean, before being blended on the rugged coast of Cornwall. Sweet & smooth, this rum balances fresh lychee with light coconut for a unique exotic taste

White & Light

Angostura 7 Trinidad & Tobago NEW

A blend of seven rums aged in ex-bourbon barrels. Smooth, with caramel, molasses, & chocolate

Westerhall Rum No.2 Grenada

A smooth & mellow rum from the spice isle, double distilled and aged, giving a light & fruity finish

Duppy Share White Jamaica

Produced with musical pioneer Kano. A bright white rum with notes of fresh thyme & mango

Appleton Signature Jamaica

A classic, with hints of orange and allspice, proudly crafted in the heart of Jamaica

Cockspur Barbados

Bringing the party since 1884, light and tasty with chocolate, gingerbread, & orange notes

Kingston 62 Gold Jamaica

Aged up to 7 years. Honey aroma, with citrus, spice & molasses

Spiced

Rumbullion! Barbados NEW!

A blend of the very finest high proof Caribbean rums, with spices, vanilla, & orange peel

Las Olas Jamaica, Barbados

A smooth finish with notes of vanilla, gold cherry, & roasted coffee beans

Foursquare Spiced Barbados

Deliciousness from the world-famous distillery the rum equivalent of a cinnamon swirl

RedLeg Jamaica

Aged in oak whilst infused with Jamaican vanilla & ginger - a warm, sweet and smooth tasting rum

Duppy Share Spiced Jamaica, Barbados

A blend of rums infused with pineapple, kola nut and natural spices

Soggy Dollar British Virgin Islands

Swim to the Soggy Dollar bar for naturally spiced brilliance. Nutmeg & warm spice

Flavoured

Twin Fin Coconut & Lychee Jamaica NEW! Bright and bold with aromatic notes of fresh

lychee and vibrant coconut. Perfect with lemonade Project 173 Black Cherry England

Warming spices & vanilla makes this taste just like a Cherry Bakewell

Koko Kanu Coconut Jamaica

Lovely and smooth blend of rums steeped with

Langs Mango & Ginger Jamaica

A spicy-sweet sunburst of ripe, velvety mango, with ginger heat

Cockspur Pineapple Barbados

Aged premium blend infused with juicy pineapple and citrus for a tropical finish with hints of coconut

Discarded Banana Scotland

Aged rum with rich banoffee pie & sticky toffee pudding flavours

MOCKTAILS & SOFTS We also have a full range of tropical juices, sodas and hot drinks. Ask for the selection.

Passion Paradise @ 5 Passionfruit, lemon, guava & demerera sugar syrup

Virgin Kolada 🐠 5

Coconut milk, coconut syrup, vanilla, & pineapple Green Mango 🐠 5 Mango, blue curacao syrup, lime, & ginger beer

🔯 Blue Raspberry 🐠 5

Guava Punch 🐠 5

Raspberry, blue curacao syrup, & fresh lime

Guava, watermelon, apple, & lime Virgin Raspberry Reggae 🐠 5

Raspberry, strawberry, guava, & lime

Ginger Beer 🐠 3.9 Our own recipe, full of fire and flavour

Elderflower Cooler 13.9

Zesty and refreshing, with lime and mint

Grapefruit Crush 19 3.9 Subtle grapefruit and a splash of sunshine

RUM SHARE

Double up +5

The best way to explore our rum menu! Any 2 rums of your choice served over ice with a bottle of your favourite juice, soft or tonic, ready to pour your way.

Served with juice or soft | Tonic +1

All our rums are vegan 🐠

BEERS & CIDER

Red Stripe (1) Pint 5.75 Half 2.95

Carib Lager V6 NEW 330ml 4.85 Pils Golden Lager @ 440ml 4.95

Pale Ale (19 440ml 4.95

Inch's Cider (1) Pint* 5.75 Half* 2.95 440ml 4.95

Brixton Brewery Pale Ale 10 Pint 6.35 Half 3.2

Heineken 0.0 (B 330ml 3 * Please check for availability

SPIRIT & MIXER

Single 5.05 Double 7.55 Served with juice or soda Swap for Tonic +1

Skyy Vodka 🐠

Bombay Sapphire Gin 🐠

Jack Daniel's V

House Spirits Single 4.95 Double 7.45

WINE 125ml available

175ml **6.8** 250ml **8.45** Bottle **24.45**

Short Mile Bay Sauvignon Blanc Australia

Wicked Lady Pinot Grigio Italy 175ml 6.4 250ml 8.15 Bottle 23.45

Ja Vivienda Verdejo Spain 250ml **8.05** Bottle **22.95**

😝 La Vivienda Tempranillo Rosé spain

Berri Estates Merlot Australia 175ml **6.8** 250ml **8.45** Bottle **24.45**



Il Baco da Seta Prosecco Italy 🕼

250ml **8.05** Bottle **22.95**

La Vivienda Tempranillo spain 175ml **6.1** 250ml **8.05** Bottle **22.95**

125ml 5.6 Bottle 24.95