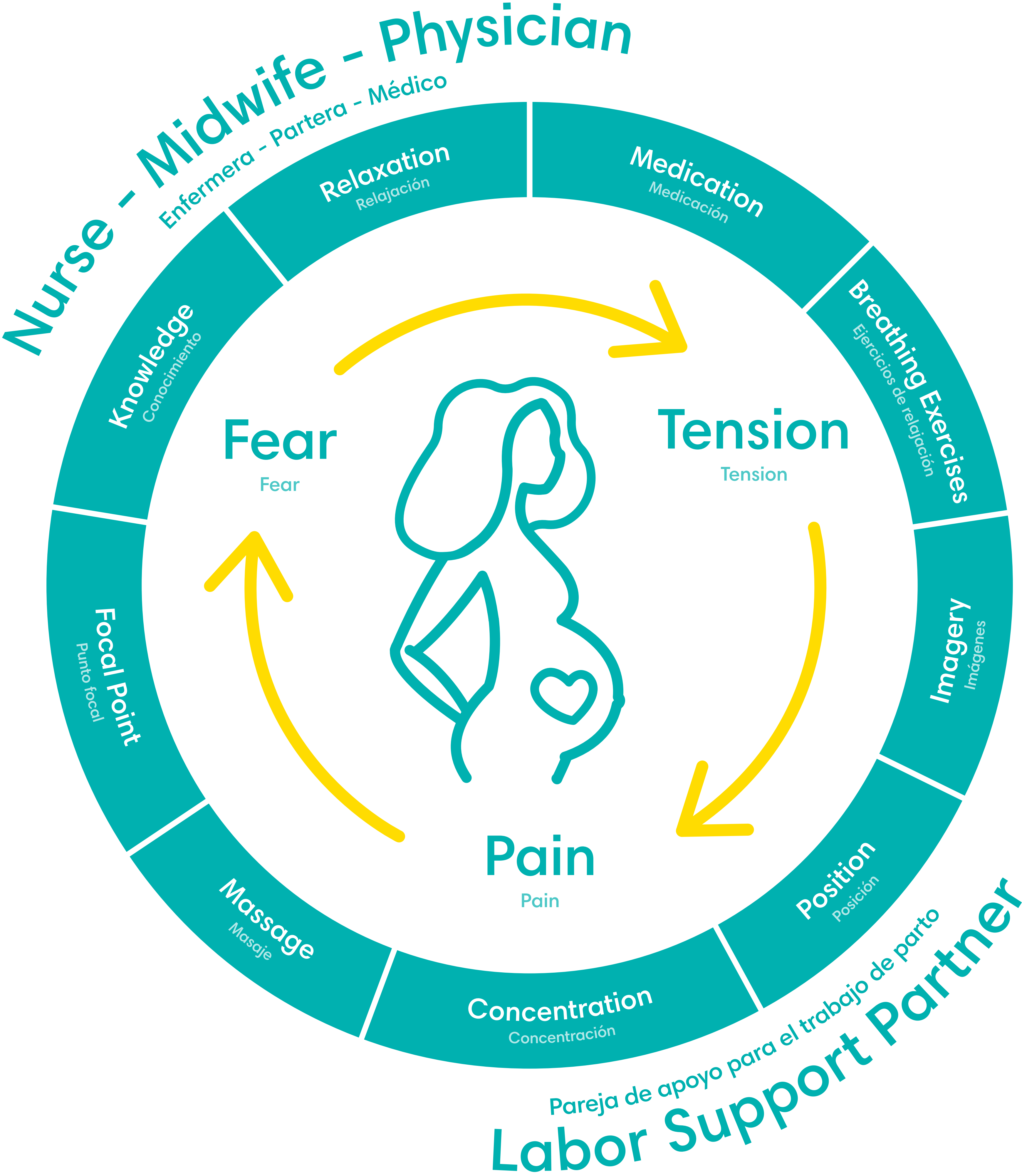


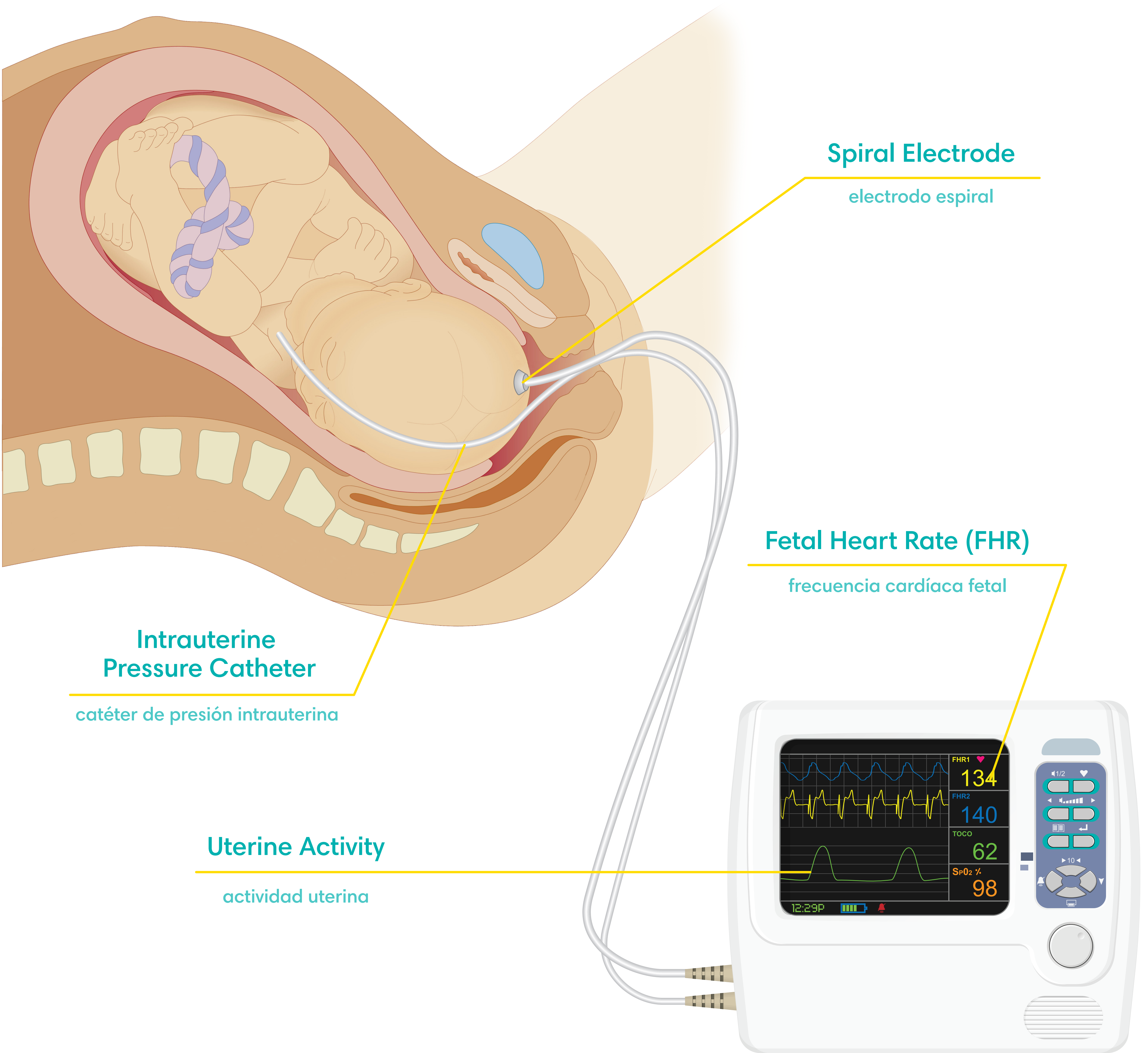
# Tools for Labor

Herramientas para el trabajo de parto



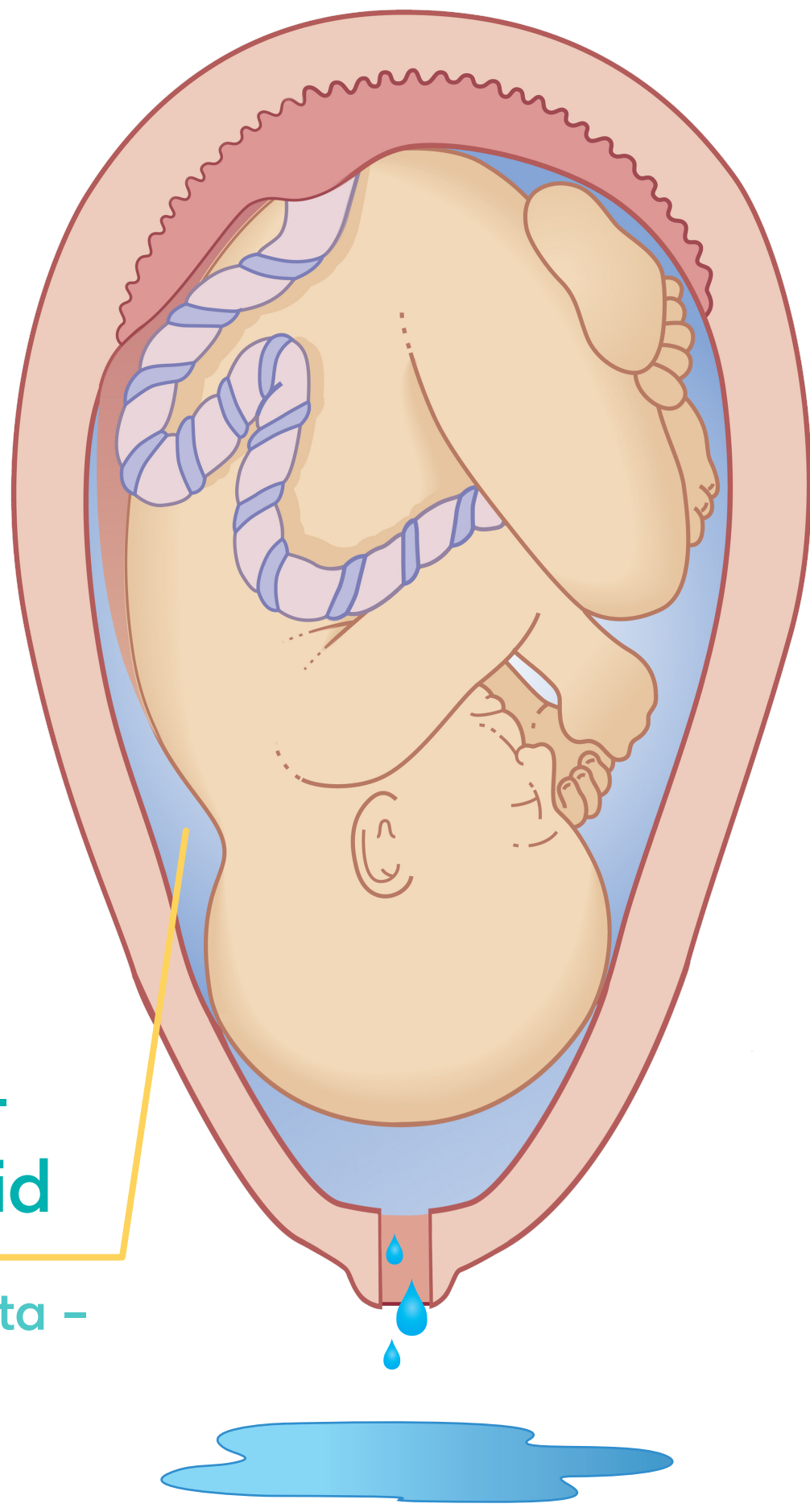
# Internal Monitoring

Monitoreo interno



# Amniotic Membrane Rupture

Ruptura de la membrana amniótica

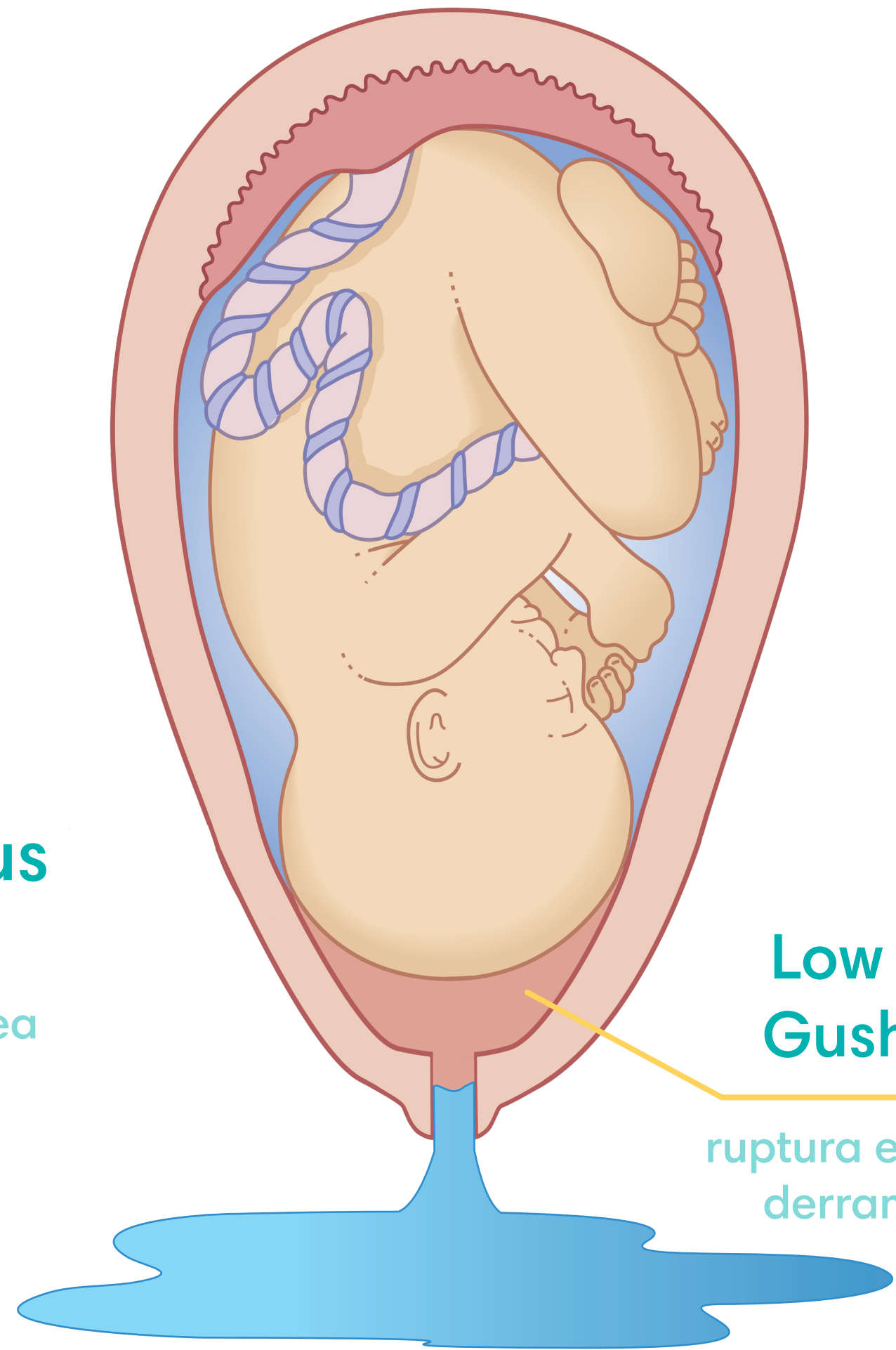


**High Leak –  
Trickle of Fluid**

ruptura en parte alta –  
goteo de fluido

**Spontaneous  
Rupture**

ruptura espontánea

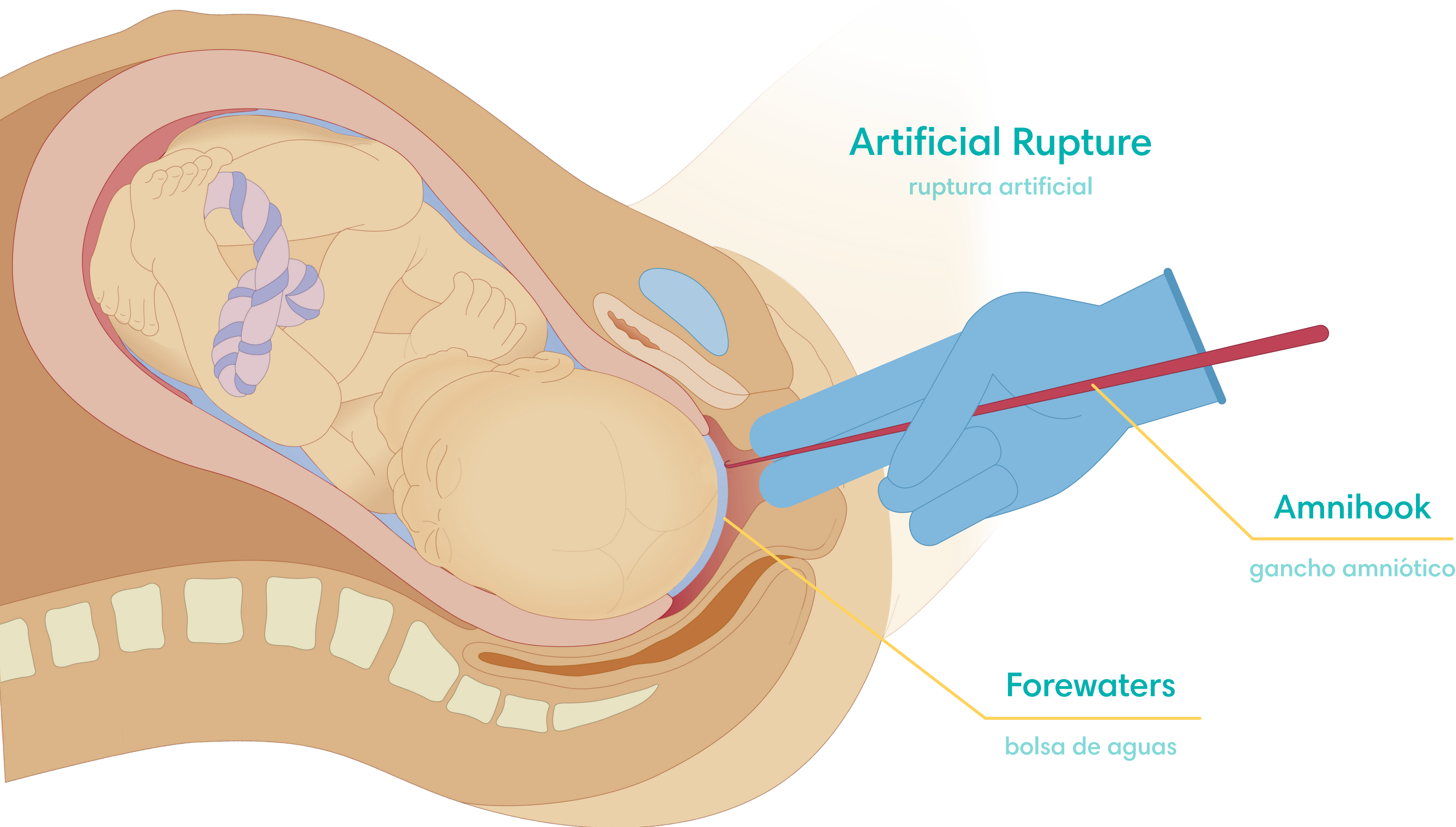


**Low Break –  
Gush of Fluid**

ruptura en parte baja –  
derrame de fluido

**Artificial Rupture**

ruptura artificial



**Amnihook**

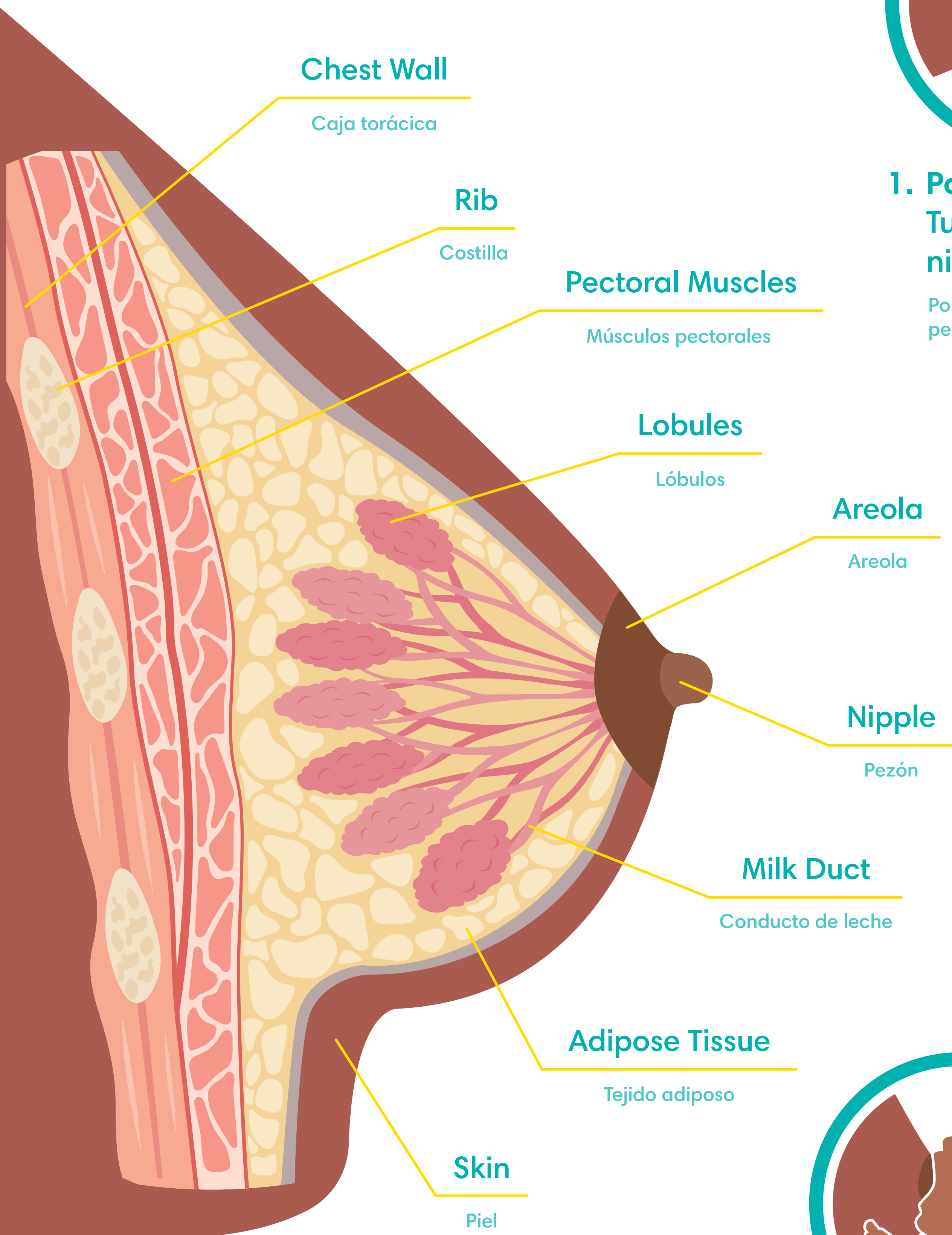
gancho amniótico

**Forewaters**

bolsa de aguas

# Breastfeeding

Lactancia



## 1. Positioning — Tummy to tummy, nipple to nose

Posición: barriga con barriga,  
pezón hacia la nariz



## 2. Rooting reflex — Mouth open wide

Reflejo de búsqueda:  
boca bien abierta



## 3. Latching on — Bring baby to breast chin first

Prenderse: acercar primero el  
mentón del bebé hacia el pecho

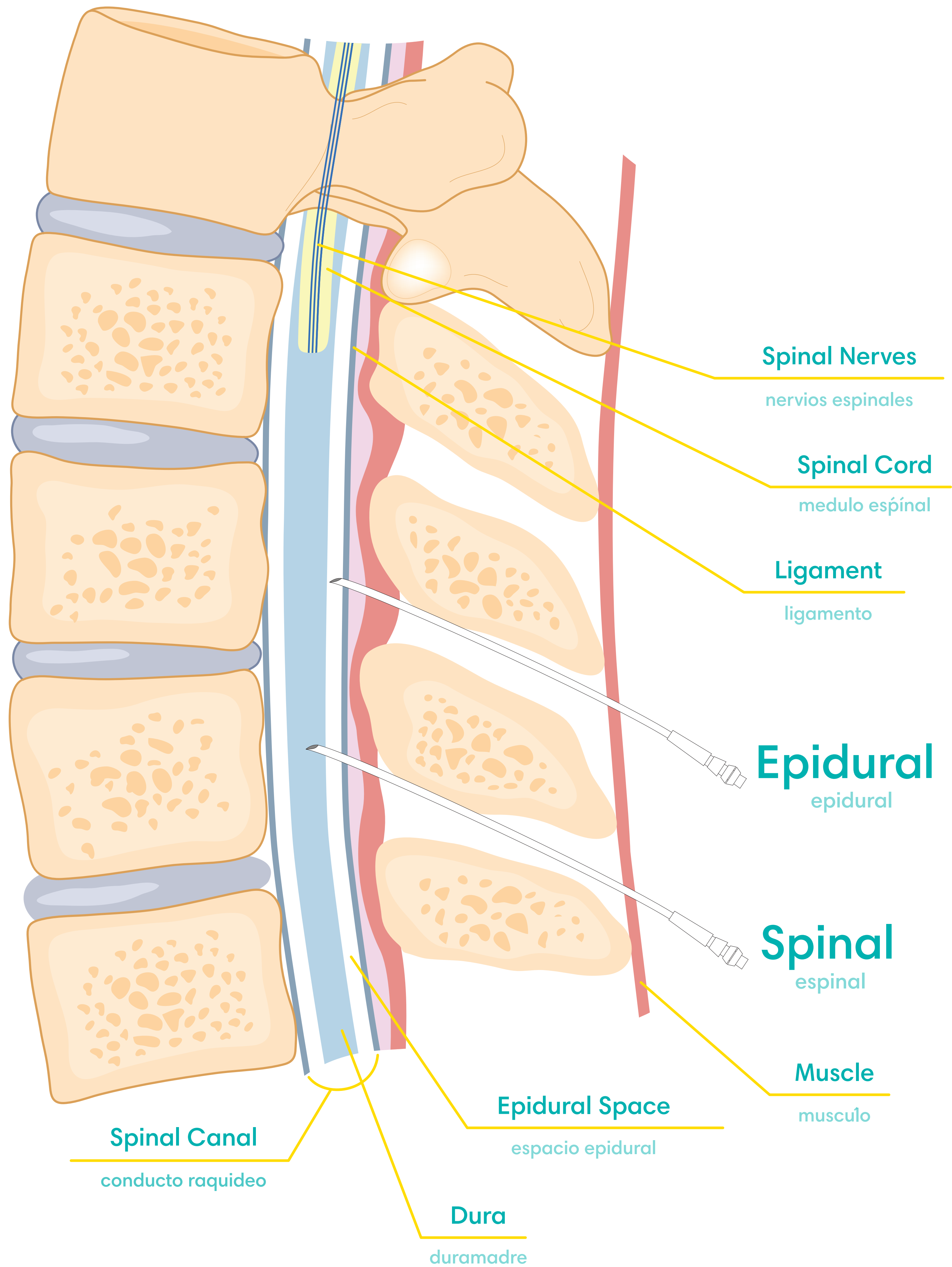


## 4. Latched on — Nipple and mouthful of breast in baby's mouth

Prendido: el pezón y el pecho están  
en la boca del bebé

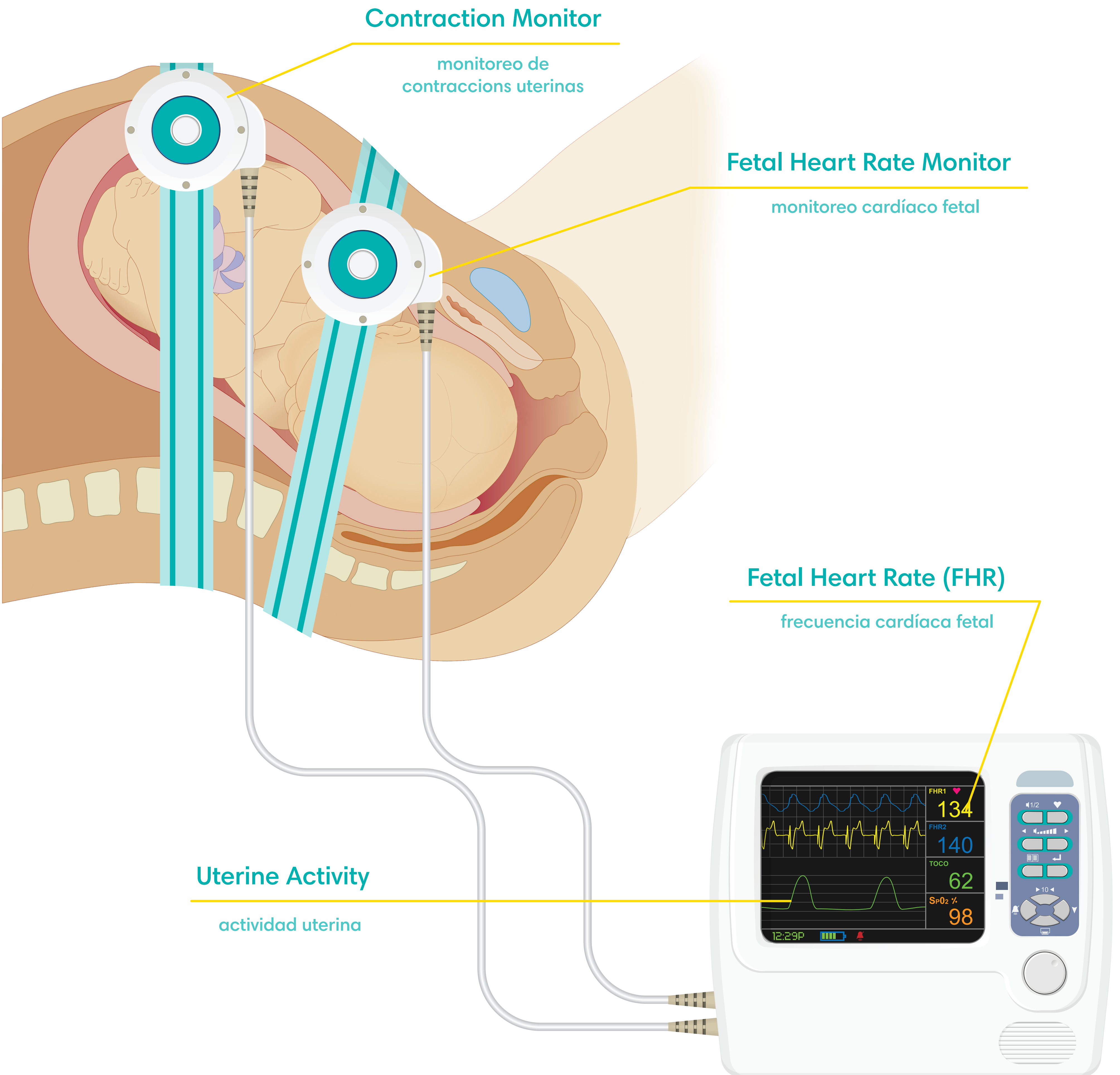
# Epidural & Spinal Anesthesia

Anestesia epidural y espinal




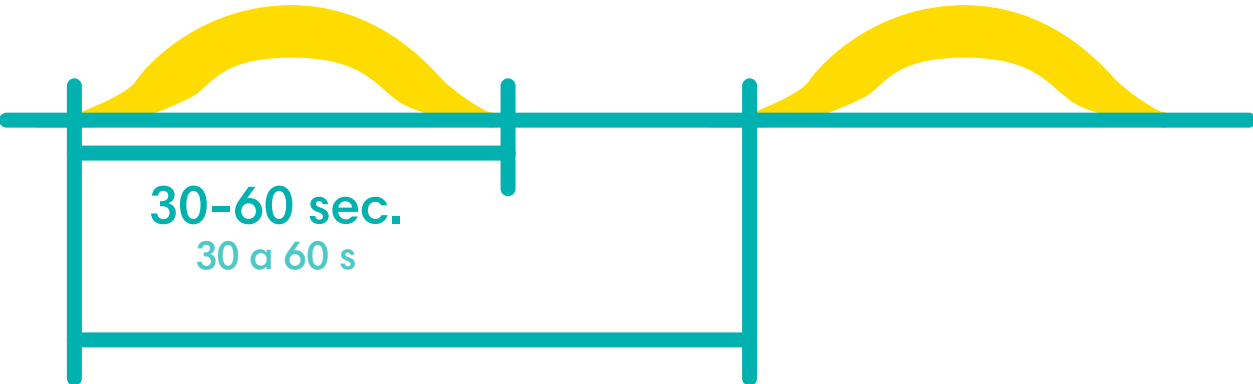
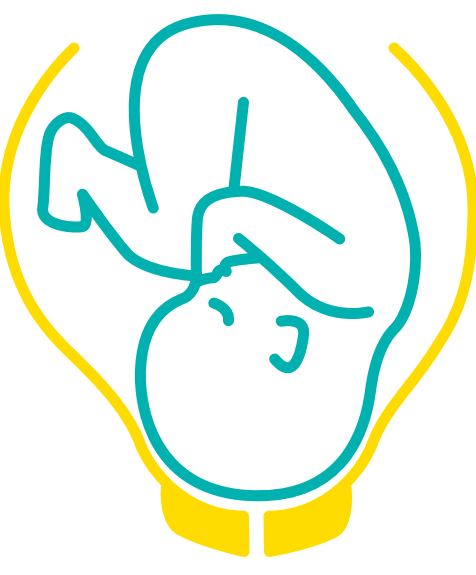

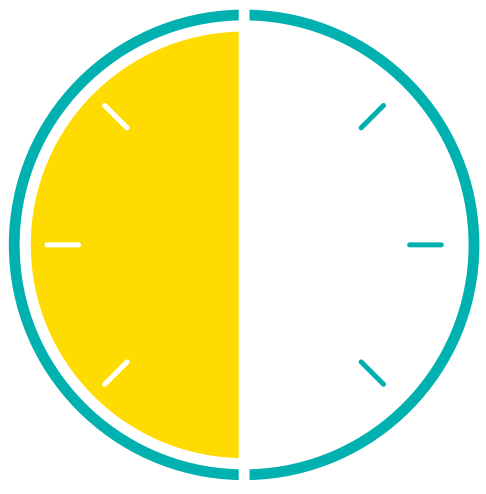
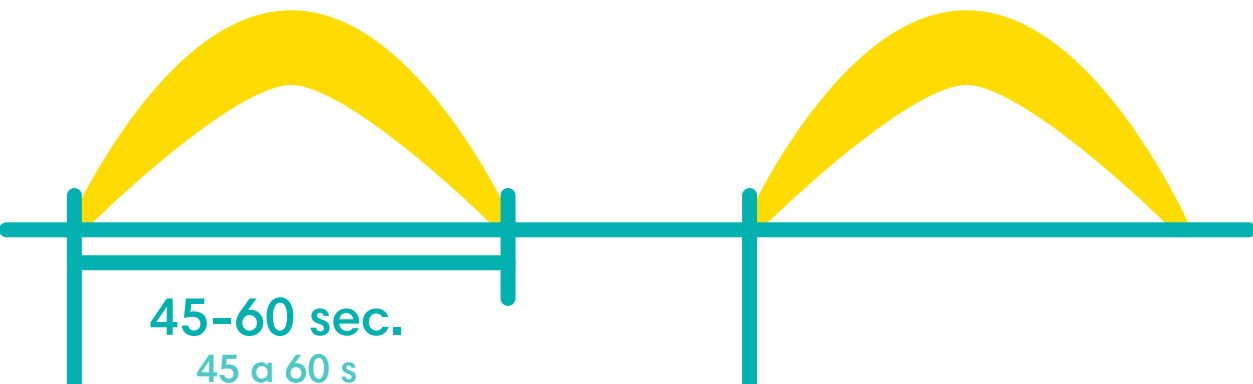
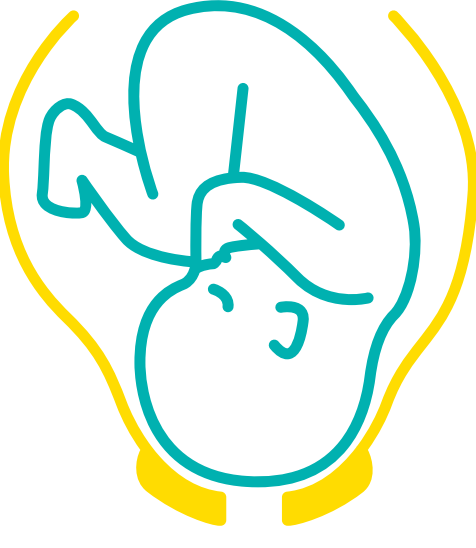

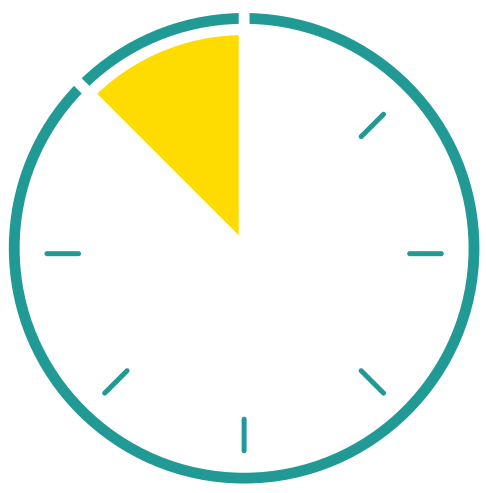
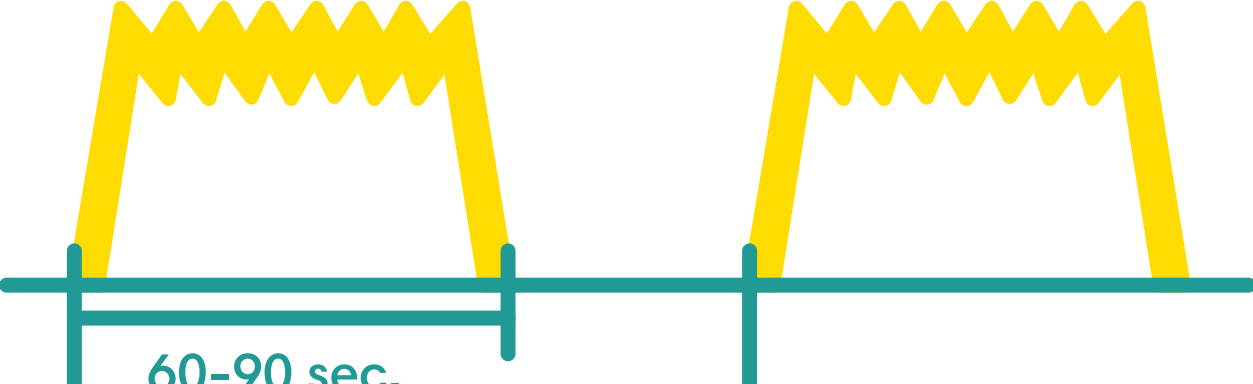
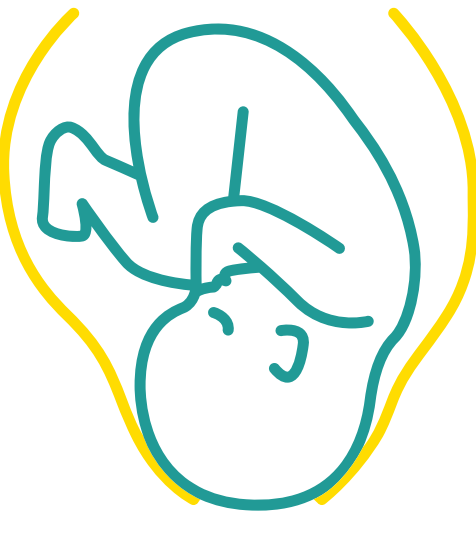


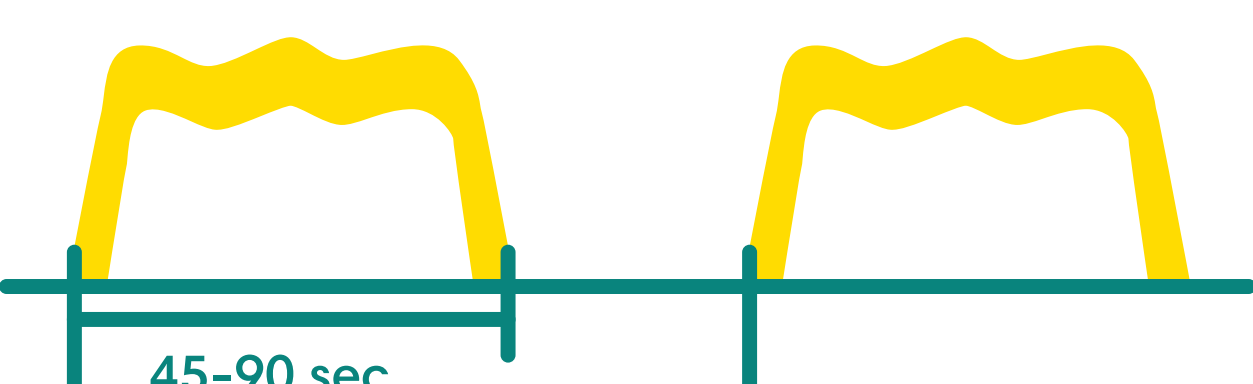
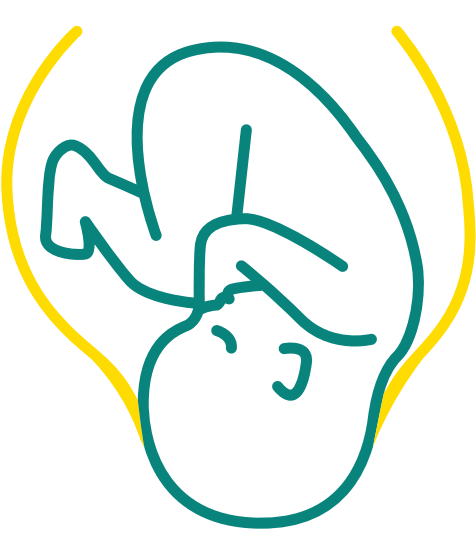


# External Monitoring

Monitoreo externo



# Stages of Labor

Etapas del trabajo de parto

<p><b>Latent (Early) Labor</b> Parto latente (temprano)</p>	 <p>May last 12 hours or more Puede durar 12 horas o más</p>	 <p>30-60 sec. 30 a 60 s</p> <p>5-20 min. 5 a 20 min</p>	 <p>0-6 cm 0 a 6 cm</p>	
<p><b>Stage One: Labor</b> Primera etapa: trabajo de parto</p> <p><b>Active Labor</b> Parto activo</p>	 <p>May last 6 hours or more Puede durar 6 horas o más</p>	 <p>45-60 sec. 45 a 60 s</p> <p>2-4 min. 2 a 4 min</p>	 <p>6-8 cm 6 a 8 cm</p>	
<p><b>Transition</b> Transición</p>	 <p>May last a few minutes to a few hours Puede durar desde unos minutos a unas horas</p>	 <p>60-90 sec. 60 a 90 s</p> <p>2-3 min. 2 a 3 min</p>	 <p>8-10 cm 8 a 10 cm</p>	
<p><b>Stage Two: Birth</b> Segunda etapa: parto</p>	 <p>May last several hours Puede durar varias horas</p>	 <p>45-90 sec. 60 a 90 s</p> <p>3-5 min. 2 a 3 min</p>	 <p>10 cm - birth 10 cm: parto</p>	
<p><b>Stage Three: Delivery of the Placenta</b> Tercera etapa: expulsión de la placenta</p>	 <p>5-20 minutes after birth 5 a 20 minutos después del parto</p>			