

**Hello**  
**My name is**



**Born on**

A solid white horizontal bar, intended for a child to write their birth date.

**Time**

A solid white horizontal bar, intended for a child to write their birth time.

**Weight**

A solid white horizontal bar, intended for a child to write their birth weight.

I am

1

week old

I am

2

weeks old

I am

3

weeks old

I am

1

month old

I am

2

months old

I am

3

months old

I am

4

months old

I am

5

months old

I am

6

months old

I am

7

months old

I am

8

months old

I am

9

months old

I am

10

months old

I am

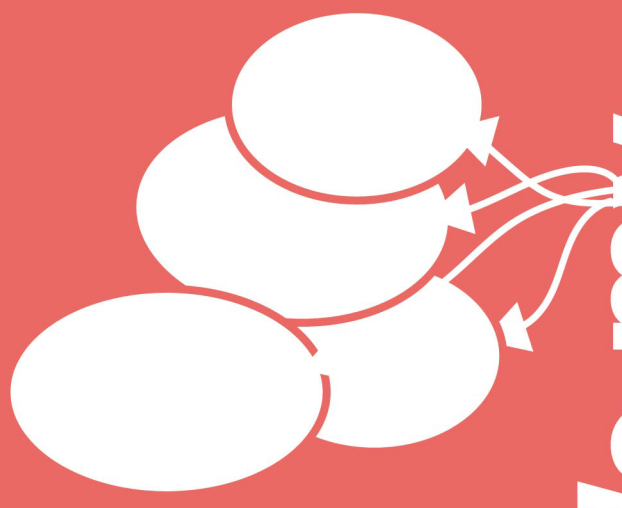
11

months old

I am

1

year old



It's my  
birthday!

# My first Christmas

Today I  
smiled  
for the  
first time

**Laughed  
for the  
first time**

**Today I  
rolled  
for the  
first time**



**First sleep  
in my cot**

**Today I  
crawled  
for the  
first time**

**Today I  
took my  
first step**

**First  
haircut**

# First Father's Day

# First Mother's Day

**Today I  
got my  
first tooth**



**Tried my  
first solid  
food**

**Thank you  
for my...**





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