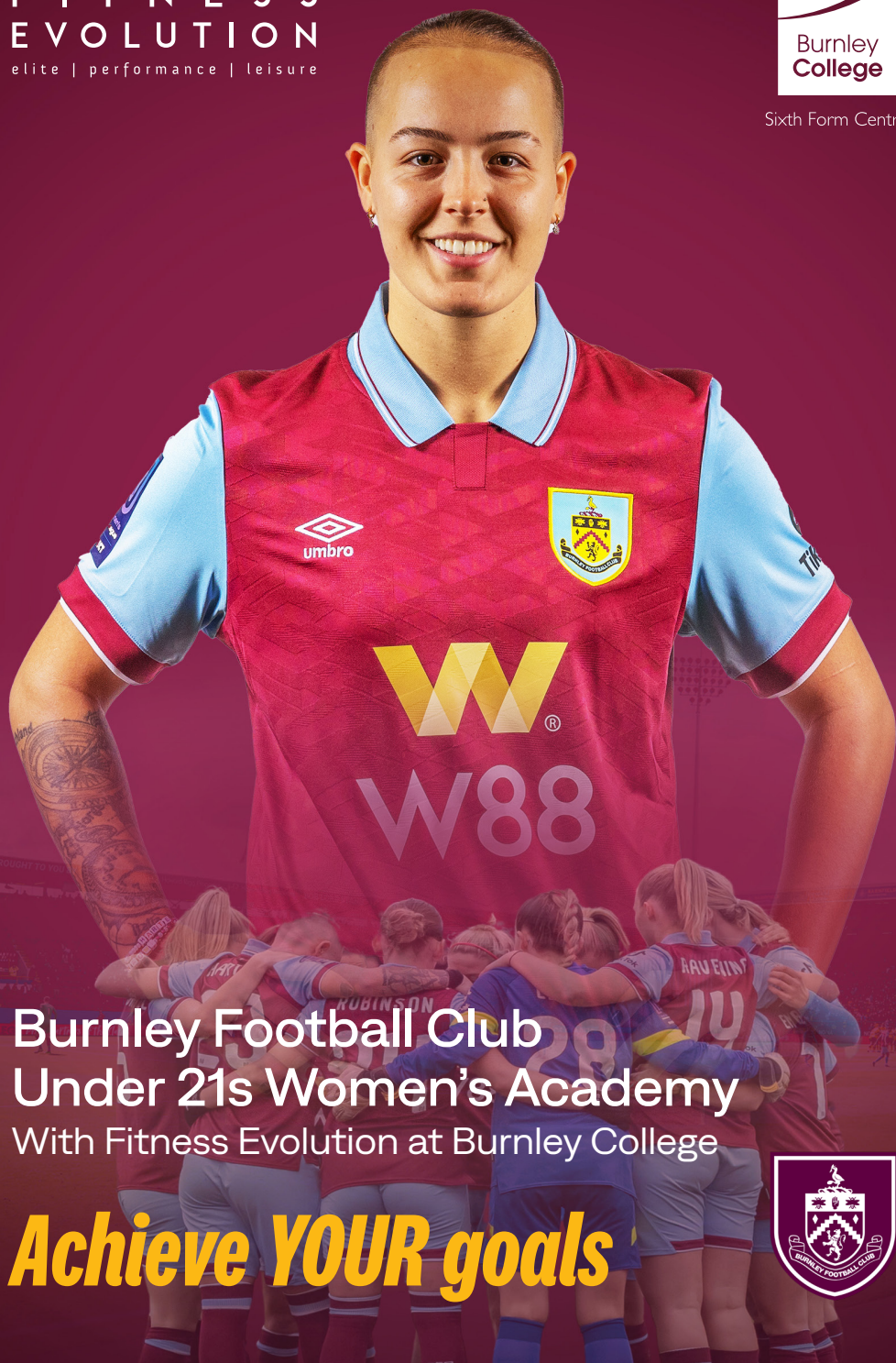


FITNESS
EVOLUTION
elite | performance | leisure



Sixth Form Centre



Burnley Football Club
Under 21s Women's Academy
With Fitness Evolution at Burnley College

Achieve YOUR goals



***The Best** place to achieve your goals as an Academy Football Player is at Burnley College and Burnley Football Club.*

Burnley FC Women Dual Career Pathway



- ✓ Nutrition
- ✓ Well-being
- ✓ Strength & Conditioning
- ✓ Coaching
- ✓ Education





Sixth Form Centre



BFCW U21s



Cutting edge,
Professional grade facilities

HIGH PERFORMANCE GYM

Achieve your goals

Our unique and unrivalled Women's U21s Football Pathway gives you the opportunity to work directly with the Burnley FC Women's first team and could even end up in the squad – an offer unmatched by any college in Lancashire.





Sixth Form Centre



Strength and Conditioning Gym

Industry leading equipment like Velocity Based Training , Optojump and Pasco Force Plates – with expert instruction from our professional coaches.



Cryotherapy Suite

The Cryo:one+ Chamber delivers whole-body cold therapy, excellent for recovery.



Environment Chamber

Replicate climates from around the world with detailed control over temperature, humidity and altitude-based oxygen levels. Perfect for improving performance.



Sauna and Spa

Enter a world of tranquillity, unwind, relax and recover. Training for mind, body and soul.



Dance Studio

A professional level space for rehearsal equipped with the latest equipment to ensure you can prepare to succeed.



Therapy Suites

From sports massages to the latest pampering treatments you can keep your body looking and feeling great.

Your pathway as a Dual-Career Player/Student



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You will:

- Train daily and compete weekly.
- Work with official women's first-team Burnley FC - UEFA standard coaches.
- Have the opportunity to play at Burnley FC's training ground.
- Work with the Nationally Award-Winning team at Fitness Evolution.
- A personalised nutritional plan designed by experts to fuel your ambitions.
- Have access to a cutting-edge Strength and Conditioning Gym and industry leading instructors.
- Be trained in health and wellbeing techniques to ensure you work to your maximum capacity, physically and mentally.
- Study for your A Levels, Vocational Course or university provision at the Number One College in England for Student Results.

And with the right abilities and attitude, you could be playing for Burnley FC's Women's First Team.





We are TASS (Talented Athlete Scholarship Scheme) accredited which means you will be given the tools and time to enhance your athletic skills and your academic skills hand in hand, ensuring you are an excellent student as well as sports person.

Forever Forward





Be focussed to succeed

Scan the QR codes to view academic courses available. Choose a full-time course to run alongside your U21s training.



Burnley College Sixth Form Sport & Fitness Courses (16-19)



BCUC Higher Education Courses (19+)

Top of the league



the **Number One** College in England*

- A Levels in more than 40 exciting subject areas from English to Electronics, Media Studies to Mathematics.
- Vocational Courses – In 17 varied industries from Engineering to Business, Esports to Travel and Tourism.
- T Levels – Pioneering new qualifications which balance classroom study with real-life practical work experience in subjects like Health and Science, Education and Engineering.
- If you are 19+, you will have the opportunity to study higher education at BCUC alongside your training with Burnley Football Club.

Record Breaking Results

30%

of students achieved at least one A* – A grade

60%

of students achieved at least one A* – B grade

85%

of students achieved at least one A* – C grade

100%

Advanced Vocational pass rate for the 18th consecutive year

Learn more:
www.burnley.ac.uk

*For all 16-18 qualification levels as shown in the latest government achievement rate tables.

Making history in the heart of Lancashire football

Burnley FC Women's team was founded in 1995 under the name 'Burnley FC Girls and Ladies'. The team initially played in local and regional competitions before joining the Northern Division of the Women's Premier League in 2006. Burnley FC Women have had several successful seasons, winning the Northern Division title in 2007 and reaching the fourth round of the FA Cup in 2010.

The team has strong ties with Burnley College, who provide players with opportunities to develop their skills and education. Burnley FC Women and Burnley College take a leading role in offering young female players access to quality education and football development.

Burnley FC Women's team, together with Burnley College play an important role in the town, promoting women's football and inspiring the next generation of female athletes. The team regularly engages with the community, with players volunteering at local schools and participating in community events. The team's significance in Burnley has been recognised by the council, who awarded the team the Freedom of the Borough in 2021.









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How to apply

We would love to talk to you today to find out how you can become a shining star in the BFC U21s Women's Academy.

Let's kick your career off...

***Scan the QR code to register
your interest for trials***



***Compete at the
highest levels in football***



Sixth Form Centre



Burnley FC & Burnley College ***A Winning team***

Two titans of East Lancashire, Burnley College and Burnley Football Club have a powerful partnership that dates back more than 13 years.

Burnley College became the official education provider for the BFC's Youth Academy. Since then, the partnership has expanded to include exciting new initiatives which enrich the lives of both Students and players.

The partnership between Burnley College and Burnley Football Club has been recognised for its pioneering approach to sport and fitness education by the English Football League Trust, the Lancashire Enterprise Partnership, and Ofsted.

Burnley Football Club and Burnley College Sixth Form Centre have combined their decades of experience in topflight football, strength and conditioning training and academic excellence to create the Professional Women's Academy.

The introduction of the BFC Professional Women's Academy will develop and enhance opportunities for young people to achieve their full sporting and academic potential.





All you need is the support!

As a member of the Burnley Football Club Women's Academy you will get:

- Train daily and compete weekly.
- Opportunities to work with the BFC first team.
- Invites to training days at BFC.
- Away days at Turf Moor.
- Q&As with leading Clarets figures.
- Official kits, both full kit and training kit.
- Membership of the Burnley College exclusive Elite Athlete Programme.
- Fitness and performance testing.
- Financial assistance with food and nutrition*.
- Sports psychology session to develop your winning mindset.
- Personal mentoring by professional athletes and trainers.
- Assistance with securing sponsorship.
- Free access to Fitness Evolution's cutting-edge facilities.
- Access to the specialist Strength and Conditioning gym.
- Cryotherapy recovery sessions.
- Access to the Fitness Evolution Spa facilities.

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And more

*Depending on personal circumstances



burnleycollege