





Harvey House Fancy Napkins

Supplies:

- Square cloth napkins
- Ribbon
- Googly eyes
- Scissors
- Hot glue gun & glue
- Optional: iron
- Optional: table setting



Steps for the Fish:

	Step 1: Lay down the cloth napkin on your workspace so it looks like a diamond.
	Step 2: Fold the top corner down to meet the bottom corner. It should look like an upside-down triangle.
	Step 3: Fold the point at the bottom up so that it touches the straightedge at the top.
	Step 4: Fold the left corner down so that it lines up with the left side of the central triangle.





Step 5: Repeat Step 4 on the other side.



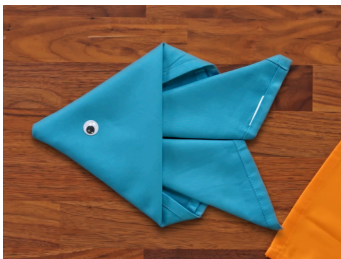
Step 6: Take the left side and fold it towards the middle, creating a straight line from the top point of the central triangle.



Step 7: Repeat Step 6 on the other side.





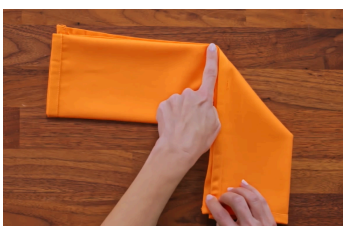


Step 8: Carefully flip the folded napkin over and rotate it so that the triangle points to the side (right or left is fine).



Step 9: Add a googly eye, and voilà! Hello, little fish!

Steps for the Rabbit:

	<p>Step 1: Glue two googly eyes in the center of a piece of ribbon. Set aside.</p>
	<p>Step 2: Lay another cloth napkin down on your workspace so it looks like a square.</p>
	<p>Step 3: Fold the napkin in half by folding the bottom edge to meet the top edge.</p>
	<p>Step 4: Fold the napkin in half again by folding the bottom edge to the top.</p>
	<p>Step 5: Find the middle of the napkin and fold the right side down.</p>



Step 6: Repeat Step 5 with the left side.



Step 7: Rotate the napkin so that the point faces downwards.



Step 8: Fold the top left corner down to meet the center crease.



Step 9: Repeat Step 8 with the right side.



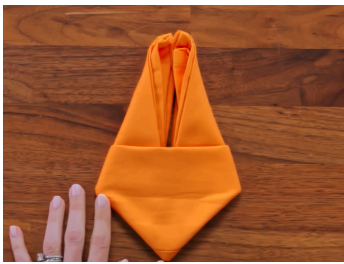
Step 10: Fold the right corner down to meet the center crease (similar to what you would do if you were folding a paper airplane).



Step 11: (*Optional*) Use an iron to sharply define the fold.



Step 12: Repeat Steps 10 and 11 on the other side.



Step 13: Flip the napkin over.



Step 14: Fold the bottom point upwards to touch the horizontal fold.



Step 15: Fold both sides of the napkin in towards each other.



Step 16: Grab the ribbon with the googly eyes and tie it around the rabbit's ears.



Step 17: Trim off any extra ribbon. Hello, cute little bunny!

Was Fred Harvey a cowboy?

Fred Harvey was not a cowboy. He was a clever businessman who helped tame America's "Wild West" frontier by building hotels and restaurants along the Santa Fe Railroad during the late 1800s and early 1900s. His Harvey Houses were some of the first chain restaurants in America—with planned menus, home-cooked food, and friendly service for travelers. And, thanks to the Harvey Girls' hard work and hospitality, the rough frontier became a place of comfort. Fred and his big ideas changed the way Americans ate and traveled across the country forever!

Fun Facts:

- In the 1850s, teenager Fred Harvey left the UK for the United States, where he encountered the uncomfortable conditions of frontier train travel, including poor food and restrictive policies towards women. Seeing an opportunity, Harvey proposed creating hotels and restaurants along railroad routes to improve the travel experience. Despite initial disinterest, he eventually convinced the Santa Fe Railroad, pioneering what is now known as "hospitality."
- In 1876, Fred Harvey opened his first restaurant in Topeka, Kansas, and a hotel in Florence, Kansas. His amenities facilitated safer travel for women, who were often not allowed to travel before.
- Throughout the 1880s and 90s, Harvey Houses were established approximately every 100 miles along the railroad, spanning from Kansas to California. This venture was not only successful for Harvey but also enabled young women to work away from home respectably for the first time in American history.
- The "Harvey Girls" were another one of Fred's great ideas. They are considered one of America's first organized all-women workforces in the West. Their jobs were to be polite, graceful, well-trained waitresses. They wore crisp white aprons with black dresses and served meals to travelers.

Extension Activities

- Make Your Own "Harvey House": Each student will create a version of a "Harvey House" restaurant using construction paper and other craft materials. They can draw and cut out shapes for tables, chairs, and other restaurant features. Encourage them to design a menu with simple food items like sandwiches, pies, and lemonade.
- Role Play: Allow students to role-play as Harvey Girls and customers. They can practice greeting each other, taking food orders, and serving food. This can be a simple interaction to help them understand the roles within a restaurant.
- Map Activity: Using a large map of the United States, show students where the real Harvey Houses were located. They can place their crafted Harvey House on the state they choose on the map, linking it to the actual locations of the historical restaurants.