Food Flows
Community kitchens and gardens in Gugulethu, Cape Town

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Supported by
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in Gugulethu, Cape Town

TEP 4

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Gugulethu Kitchen survey
The survey conducted in January 2022 investigated 21 kitchens, which serve approximately 16,000 meals per week, with 113 volunteers. 90% of the meals are served at lunchtime. The main client base are men and children.

Garden survey
A garden survey was conducted in Gugulethu and Mfuleni in January 2022. 13 gardens with 54 gardeners are operating on parcels of land between 230 and 1300m2. 54% received support using the garden and 70% use borehole water for irrigation.

Vegetable production
- Seasonal veg local market: 30%
- Fruits: 23%
- Seasonal organic veg reseller: 10%
- Herbs: 19%
- Medicinal plants: 9%

Land ownership
- Creche (private): 8%
- School (Province): 38%
- City of Cape Town: 54%

Part of land cultivated
- Less than a quarter: 23%
- One quarter: 23%
- Half the land: 15%
- Three quarters: 8%
- More than three quarters: 31%

Monthly income from vegetable sales
- R0 - 500: 67%
- R500 - 1000: 22%
- R1000 - R1500: 11%