# PET-SAFE WAYS TO Ring in The New Year

## ALCOHOL

If you ring in the new year with a toast, be sure to keep adult beverages safely out of paws' reach.

Alcohol ingestion in pets can lead to depression, unsteady walking, vomiting, and in severe cases, a serious drop in blood pressure and body temperature.

### FIREWORKS

Fireworks and other noisemakers that help to ring in the new year can frighten sensitive pets.

Provide pets with a comfortable and safe place in the house away from the celebration. Play soothing music, or other continuous white noise, to help drown out loud noises.

#### MEAL TIME

Safeguard food and snacks if your pets have a habit of helping themselves.

On the flip side, you may feel bad leaving your pet out of your glorious feasting, but even small amounts of some human foods can be toxic.



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#### FOODS TO AVOID

**High Fat –** these can cause pancreatitis (inflammation of the pancreas):

- Turkey
- Buttery Dishes
- Fried Dishes
- Stuffing
- Gravy
- Casseroles
- Desserts

**Toxic –** these foods require an immediate visit to the veterinarian:

- Bread Dough
- Onions
- Raisins & grapes
- Avocado
- Macadamia Nuts
- Xylitol (sugar substitute)
- Certain spices/oils (sage)
- Chocolate
- Garlic/Chives
- Alcohol & Caffeine

## FUN OPTIONS

Consider these pet-friendly activities so the whole family can participate:

- Take dogs for an early walk to release extra energy and minimize rambunctious behavior
- Bake pet-friendly cookies
- Fill a new toy (Kong) with snacks
- Play hide and seek
- Teach a silly pet trick
- Snuggle on the couch and watch a movie