

1 Bisse du Trient.

Route
Col de la Forclaz – Chalet du Glacier – Col de la Forclaz

Difficulty	Ascent	Restaurants and public transports
↔ 6.6 km 🕒 1:45 h 🌀 round trip	↗ 115 m	🍷🍴 Col de la Forclaz 🍷🍴 Chalet du Glacier
⚡	↘ 115 m	

2 Bisse du Levron.

Route
La Chaux – Les Ruinettes – Les Planards – Chute de Bisse – Le Château – Périn – Verbier

Difficulty	Ascent	Restaurants and public transports
↔ 14.6 km 🕒 4 h	↗ 60 m	🍷🍴 La Chaux 🍷🍴 Les Ruinettes 🍷🍴 Verbier
⚡	↘ 830 m	

3 Bisse de Saxon.

Route
Siviez (Nendaz) – Le Bourli – Tsallo Plan – Dra da Dzeu – Prarion – La Dzora – Le Roséy – Les Pontets – Talilly – Les Chablays – Crête du Seu – L'Écoteau – La Troumaz

Difficulty	Ascent	Restaurants and public transports
↔ 24 km 🕒 6:15 h	↗ 260 m	🍷🍴 Siviez (Nendaz) 🍷🍴 Prarion 🍷🍴 La Troumaz
⚡	↘ 480 m	

4 Bisse Vieux and Bisse du Milieu.

Route
Haute-Nendaz (Cable car) – Lavantier – Planchouet – Le Bleu – Haute-Nendaz (centre)

Difficulty	Ascent	Restaurants and public transports
↔ 11.9 km 🕒 3 h	↗ 270 m	🍷🍴 Haute-Nendaz (Cable car) 🍷🍴 Lavantier 🍷🍴 Planchouet 🍷🍴 Le Bleu
⚡	↘ 320 m	

5 Grand Bisse de Vex.

Route
Mayens-de-Sion – Veysonnaz – Planchouet – Lavantier

Difficulty	Ascent	Restaurants and public transports
↔ 12.1 km 🕒 3:15 h	↗ 260 m	🍷🍴 Mayens-de-Sion 🍷🍴 Veysonnaz 🍷🍴 Planchouet 🍷🍴 Lavantier
⚡	↘ 35 m	

The Bisses of the Valais.

The canton of Valais has a number of walks that are truly special treats among the vast variety of hiking routes on offer. These follow the course of the bisses, water channels dating back many centuries which are also known by their German name, 'Suonen', in the Upper Valais. The bisses draw their water from the glaciers and carry it into the rain-starved valleys. In their heyday towards the end of the 19th century, the 1,800 km-long network of these structures supplied the Valais with precious water so that agriculture could flourish. Nowadays this historic heritage is maintained by many communes, restored where necessary and refilled with water. On this map, we have assembled a selection of walks along the bisses, from fairly short routes to extended full-day tours. In addition, most of them are not very steep and are therefore not particularly difficult. This is thanks to their builders, who were careful to ensure that each bisse sloped as little as possible between its water catchment area and the place where it would be used. Some do however require a minimum of effort and you may find yourself perspiring as you follow the paths leading to them! Nonetheless it is definitely worth it as they lead to the heart of some of the most beautiful places in the Valais.



6 Bisse de Lentine and Bisse de Mont d'Orge.

Route
Drène – La Muraz – Lac du Mont d'Orge – Pont-de-la-Morge

Difficulty	Ascent	Restaurants and public transports
↔ 8.3 km 🕒 2 h	↗ 35 m	🍷🍴 Drène 🍷🍴 La Muraz 🍷🍴 Pont-de-la-Morge
⚡	↘ 400 m	

7 Bisse de Salins.

Route
Beuson (Nendaz) – La Vernaz – Crête à l'Œil – La Crête – Bramois

Difficulty	Ascent	Restaurants and public transports
↔ 12.6 km 🕒 3:30 h	↗ 195 m	🍷🍴 Beuson (Nendaz) 🍷🍴 La Vernaz 🍷🍴 Crête à l'Œil 🍷🍴 La Crête 🍷🍴 Bramois
⚡	↘ 600 m	

8 Grand Bisse d'Ayent.

Route
Tseuzier (Dau) – Le Samarin – Torrent-Croix Chêneaux – Le Partset – Forini – Perou – Étang-Long (Mayens d'Arbaz)

Difficulty	Ascent	Restaurants and public transports
↔ 11.7 km 🕒 3:15 h ⚡ vertigo	↗ 150 m	🍷🍴 Tseuzier (Dau) 🍷🍴 Le Samarin 🍷🍴 Étang-Long (Mayens d'Arbaz)
⚡	↘ 610 m	

9 Bisse de Clavau.

Route
Icogne – Les Combes – Tsamon – Sion

Difficulty	Ascent	Restaurants and public transports
↔ 14 km 🕒 3:30 h	↗ 120 m	🍷🍴 Icogne 🍷🍴 Sion
⚡	↘ 665 m	

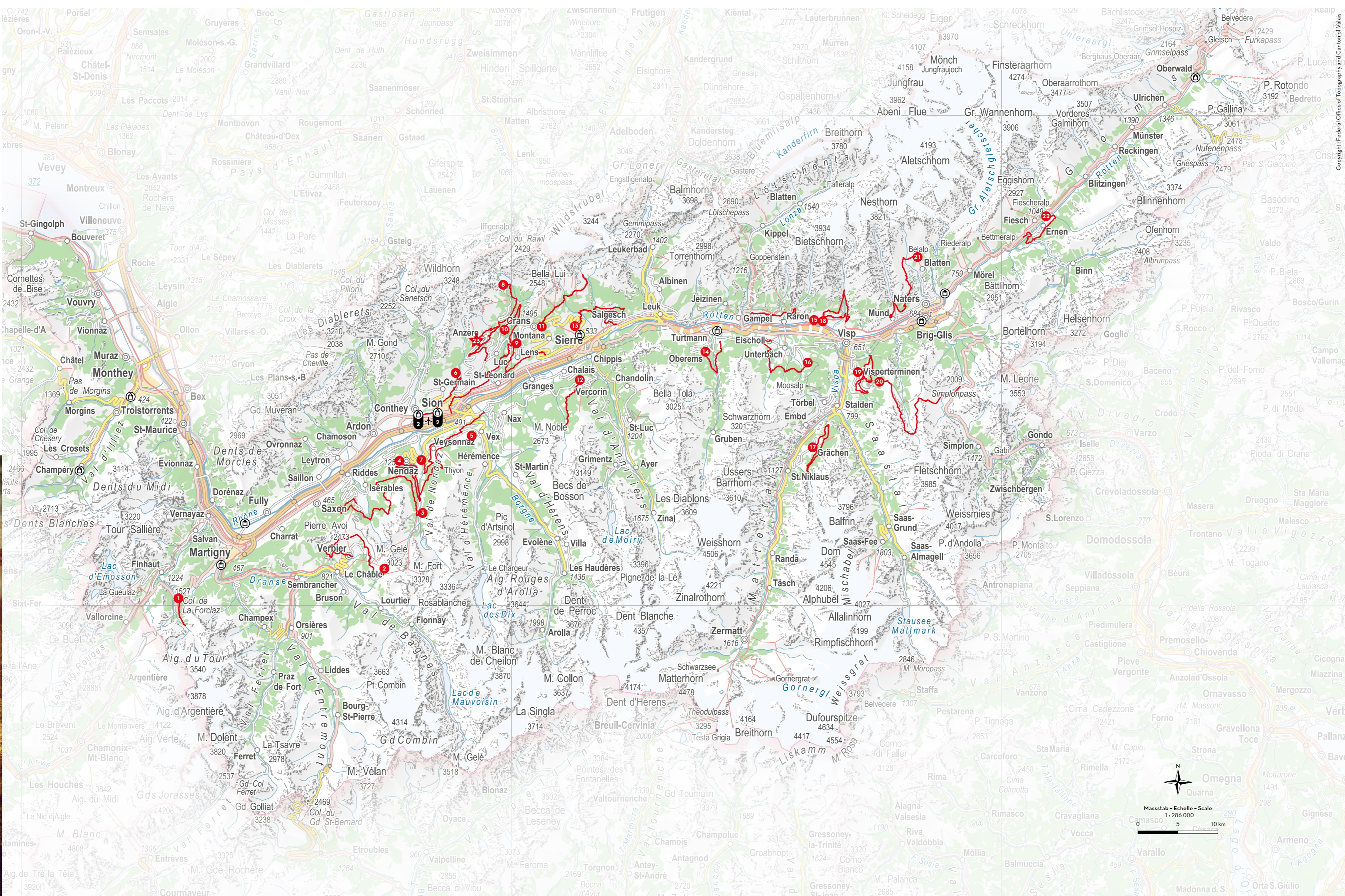
10 Grand Bisse de Lens.

Route
Torrent-Croix – Icogne – Chermignon d'en Bas

Difficulty	Ascent	Restaurants and public transports
↔ 16.4 km 🕒 4:15 h ⚡ vertigo	↗ 130 m	🍷🍴 Torrent-Croix 🍷🍴 Icogne 🍷🍴 Chermignon d'en Bas
⚡	↘ 380 m	

Key.

- 1-22 Bisse trail
- 23 The Valais Bisses Museum
- Recommended Season: non-conceivable, conceivable, optimal
- 🍷🍴 Catering facilities
- 🚠 Cable Car
- 🚊 Train
- 🚌 Bus
- 🛒 Shop for local products
- 🛣️ Motorway
- 🛤️ Railway / Funicular / Cable car / Chairlift (operating in summer)
- ✈️ Sion Airport



11 Bisse du Tsittoret.

Route
Montana – Vermala – Les Marolires – Courtvey – Cave de Colombré – Cave du Scex – Tièche – Cave du Scex – Cave de Colombré – Courtvey – Les Marolires – Vermala – Montana

Difficulty	Ascent	Restaurants and public transports
↔ 17.5 km 🕒 5:15 h 🌀 round trip	↗ 650 m	🍷🍴 Montana 🍷🍴 Vermala 🍷🍴 Les Marolires 🍷🍴 Cave de Colombré 🍷🍴 Cave du Scex
⚡	↘ 650 m	

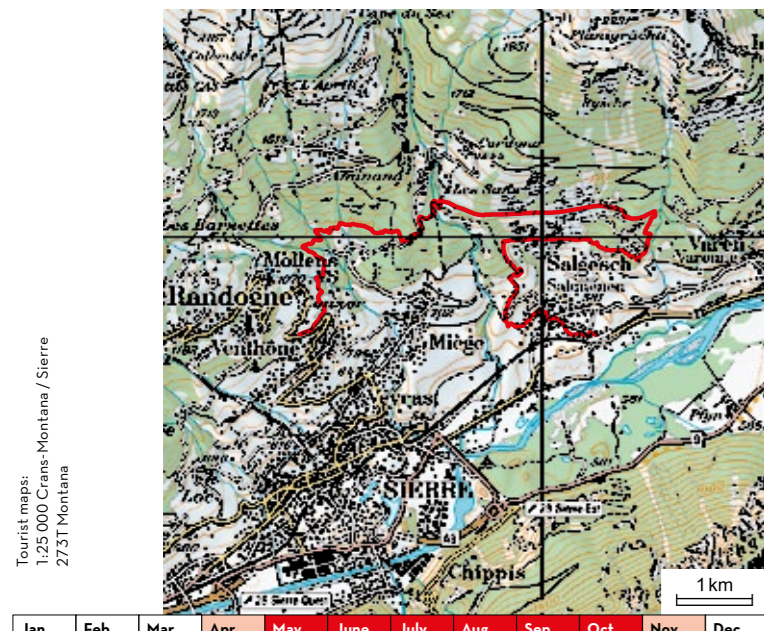
12 Bisse de Savannes Bellecrête and Bisse de Vercorin.

Route
Vercorin – Refuge du Bisse – La Lé – Refuge du Bisse – Vercorin

Difficulty	Ascent	Restaurants and public transports
↔ 11.7 km 🕒 3:30 h 🌀 round trip	↗ 430 m	🍷🍴 Vercorin 🍷🍴 La Lé
⚡	↘ 430 m	



13 Bisse du Benou – Varnersuon – Mengis.



Route
Venthône – La Propria – Salgesch

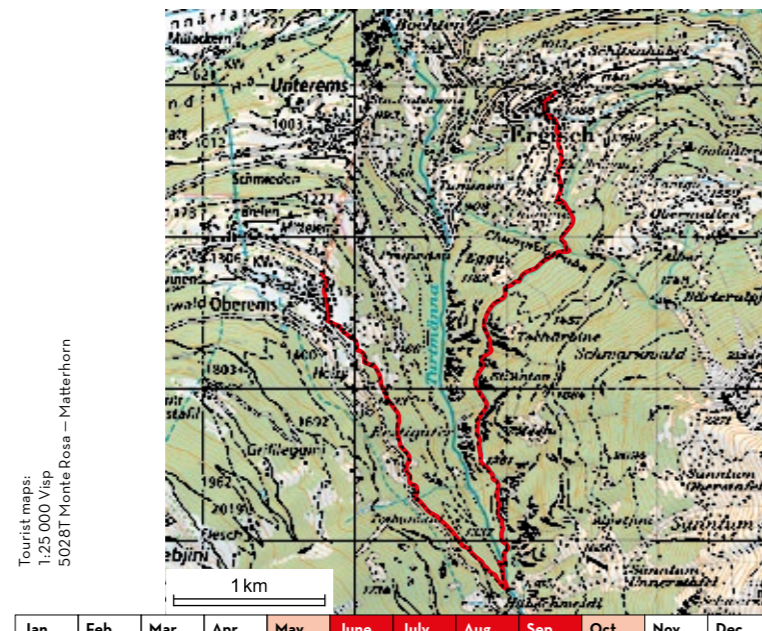
Difficulty
↔ 13.6 km
⌚ 3.45 h

Ascent
↗ 250 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Venthône (Révans)
Salgesch

Descent
↘ 580 m

14 Ergischsuon.



Route
Oberems – Ergisch

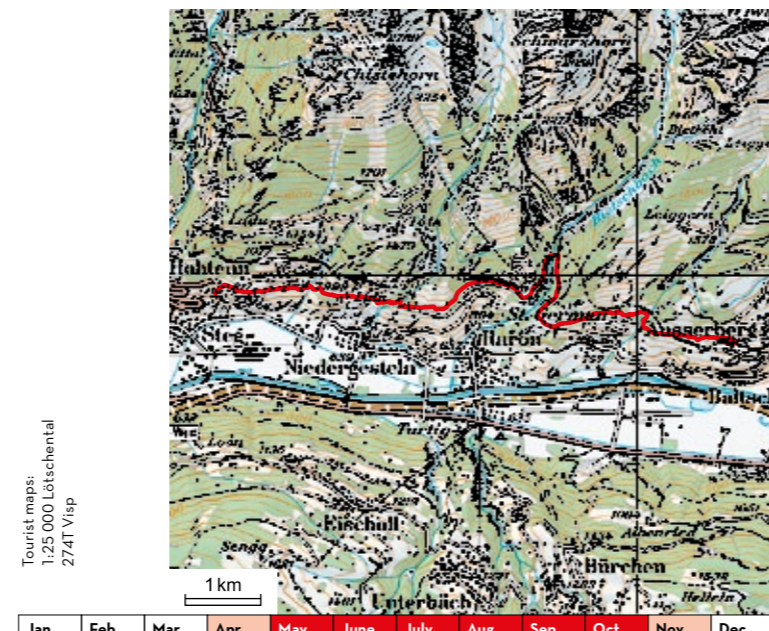
Difficulty
↔ 6.8 km
⌚ 2:15 h
∇ vertigo

Ascent
↗ 215 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Oberems
Ergisch

Descent
↘ 455 m

15 Manera – Stägäru – Lügjeru.



Route
Ausserberg (Station) – Riedgarto – Rarnerchumma – Joli-Hängebrücke – Hottenn

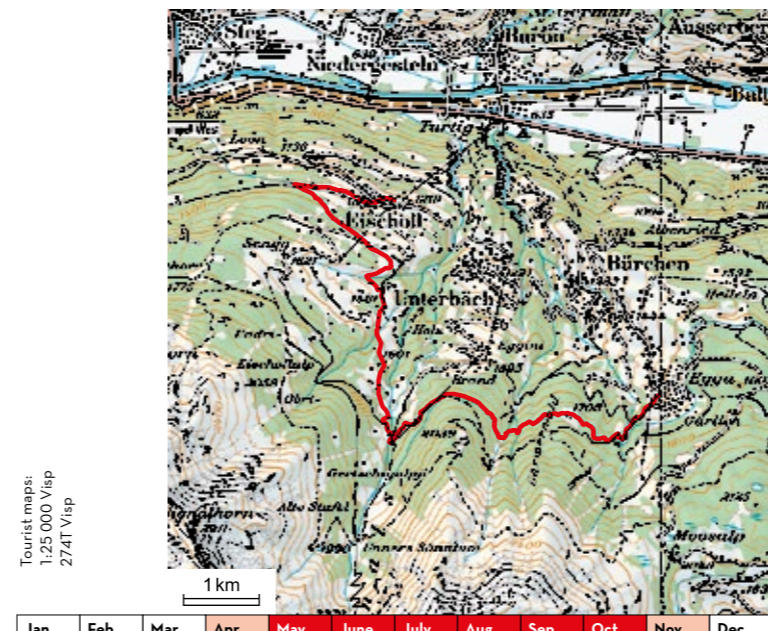
Difficulty
↔ 10 km
⌚ 3 h
∇ vertigo

Ascent
↗ 300 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Ausserberg
Rarnerchumma
Hottenn

Descent
↘ 415 m

16 Alte Suon – Alte Eischler Suon – Habersuon.



Route
Bürchen – Breite Stäg – Breitmatu – Habere – Eischoll

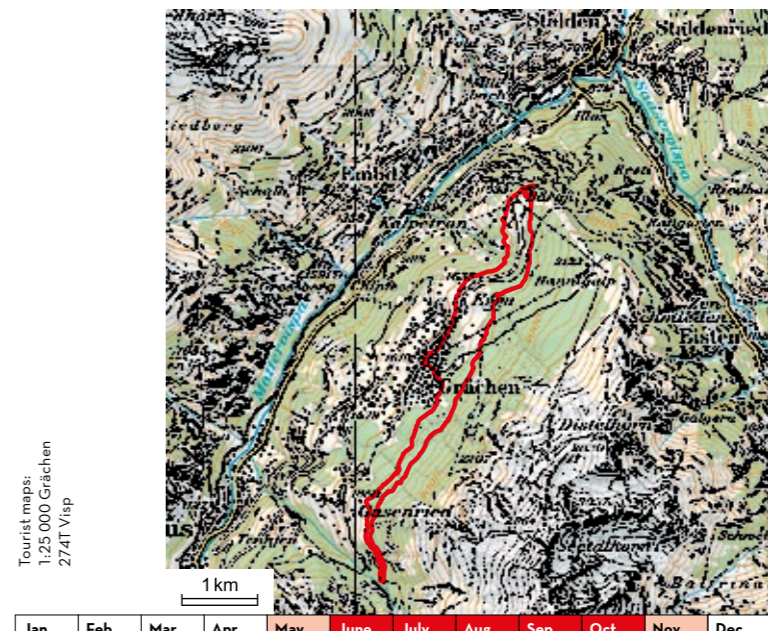
Difficulty
↔ 11.2 km
⌚ 3:15 h

Ascent
↗ 270 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Bürchen
Rarnerchumma
Eischoll

Descent
↘ 635 m

17 Chilcheri – Eggeri.



Route
Grächen – Riedbach – Äbnet – Hochtshugge – Grächen

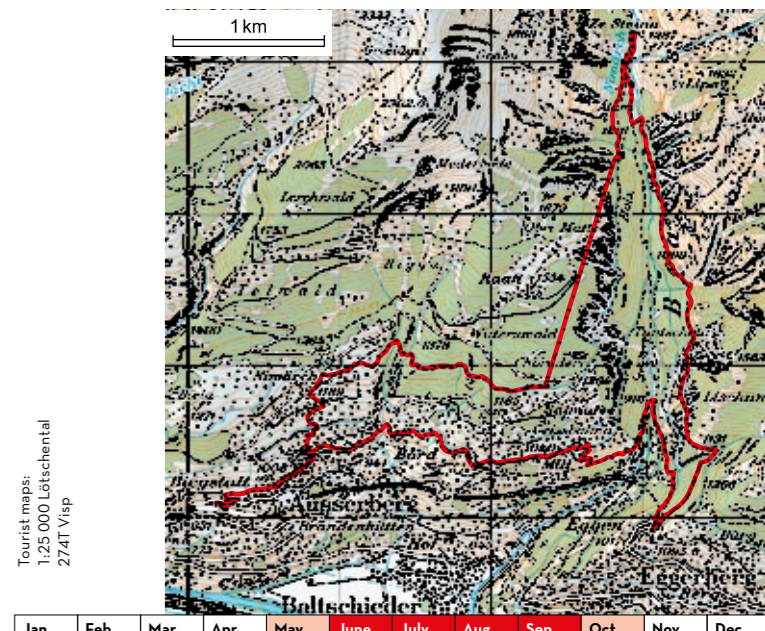
Difficulty
↔ 13.9 km
⌚ 4 h

Ascent
↗ 490 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Grächen
Hochtshugge

Descent
↘ 490 m

18 Niwärch – Gorperi – Undra.



Route
Ausserberg (Station) – Niwärch – Ze Steinu – Eggen – Ausserberg (Station)

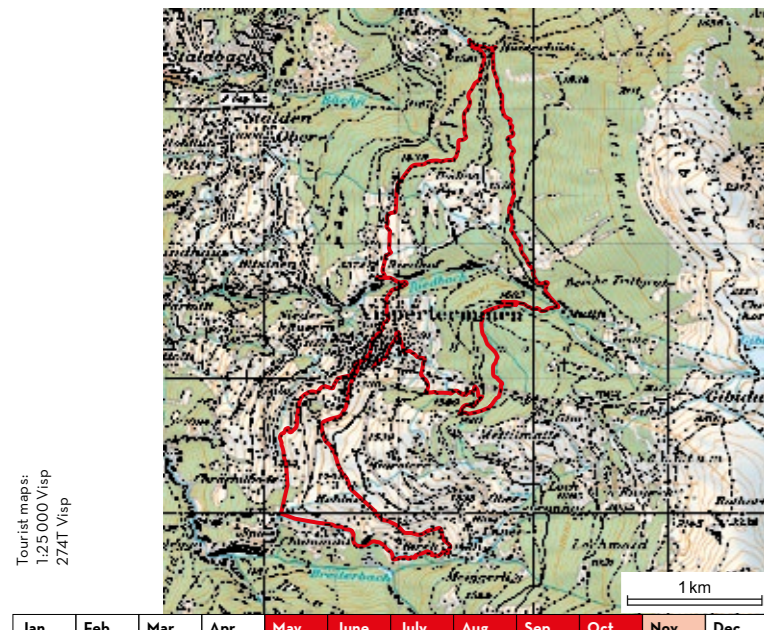
Difficulty
↔ 15.6 km
⌚ 4:45 h
∇ vertigo

Ascent
↗ 580 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Ausserberg
Eggen

Descent
↘ 580 m

19 Bodmeri – Beitra.



Route
Visperterminen – Mulji – Hüeterhäsi – Visperterminen – Chummini – Birch – Visperterminen

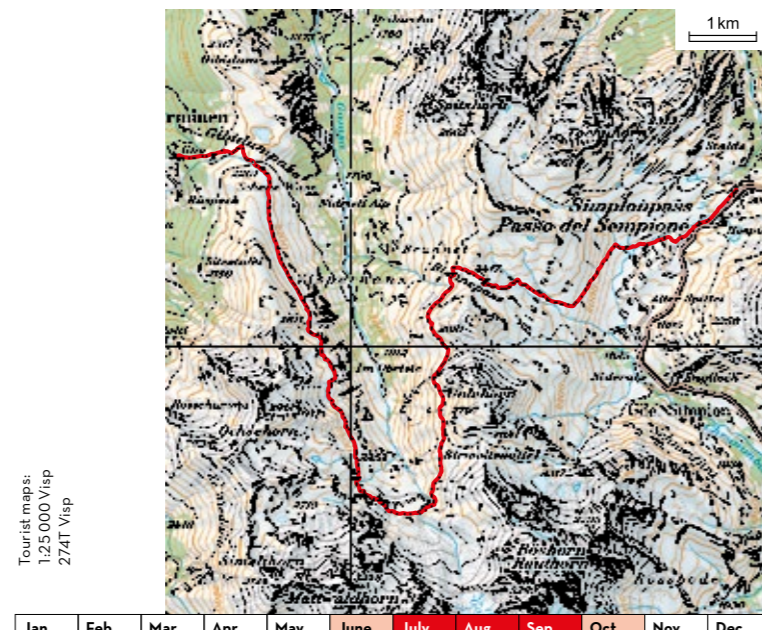
Difficulty
↔ 14.9 km
⌚ 4:45 h

Ascent
↗ 620 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Visperterminen

Descent
↘ 635 m

20 Heido.



Route
Giw – Gibidumpass – Obers Fulmoos – Bistinepass – Simplonpass

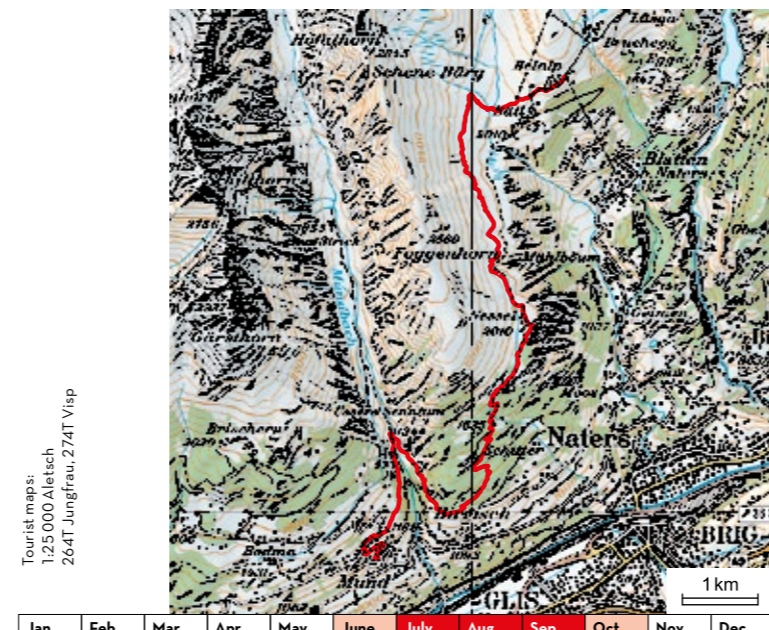
Difficulty
↔ 18.4 km
⌚ 5:45 h
∇ vertigo

Ascent
↗ 825 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Giw
Simplonpass

Descent
↘ 785 m

21 Nessjeri – Obersta – Stigwasser.



Route
Belalp – Nessel – Gredetschtal – Mund

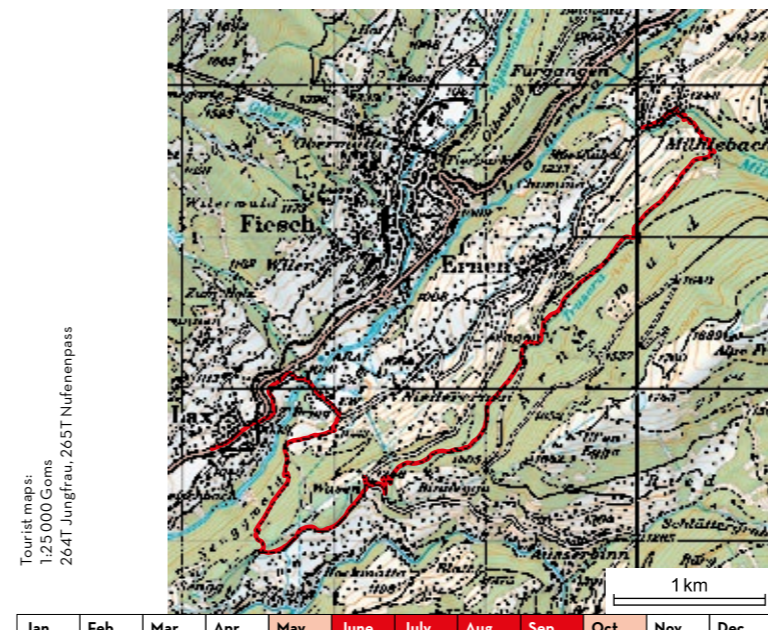
Difficulty
↔ 13.6 km
⌚ 4 h
∇ vertigo

Ascent
↗ 220 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Belalp
Mund

Descent
↘ 1130 m

22 Trusera.



Route
Mühlebach – Wasen – Lax

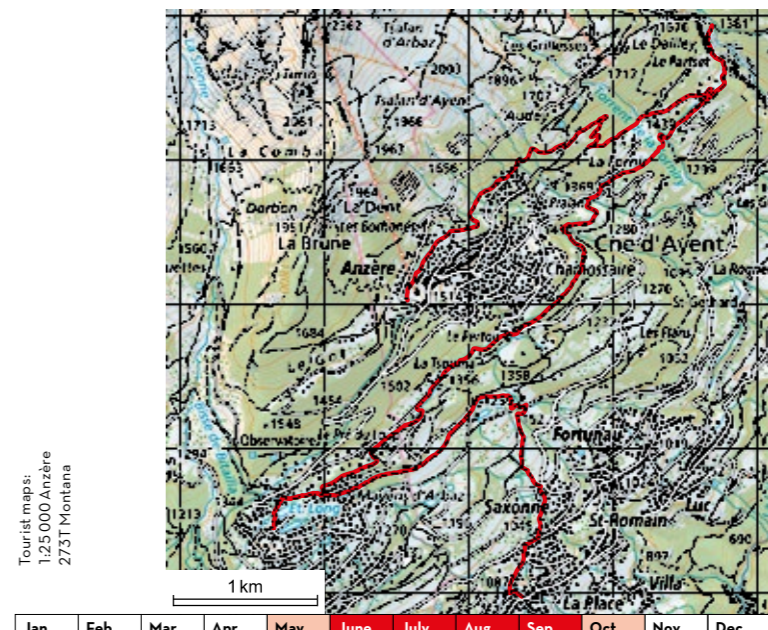
Difficulty
↔ 8.2 km
⌚ 3 h
∇ vertigo

Ascent
↗ 395 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Mühlebach
Lax

Descent
↘ 545 m

★ The Valais Bisses Museum.



Route
Anzère (Cable car) – Torrent de Fornir – Le Partset – Torrent-Croix (Chêneaux) – Le Partset – Forin – Pertou – Étang-Long (Meyens d'Arbaz) – Lombardon – Saxonne – Botyre (Ayent)

Difficulty
↔ 13.9 km
⌚ 3:30 h

Ascent
↗ 105 m

Restaurants and public transports
☺ ☺ ☺ ☺ ☺
Anzère (Cable car)
Étang-Long (Meyens d'Arbaz)
Botyre (Ayent)

Descent
↘ 675 m

The Valais Bisses Museum.

Give a new dimension to your walks along the bisses by getting to know them. At the Valais Bisses museum, you will learn about the history, construction and socio-cultural meaning of these old aqueducts or head for the museum garden to try your hand at operating a bisse made of "bazots and treschbord" – a wooden channel and a special type of wall. Why not combine your visit to the museum with a stroll on a magnificent marked footpath alongside three bisses where you'll discover the wooden channels of Torrent-Croix and the Bitaila distributors.

musee-des-bisses.ch

