



TEAM GB



**TEAM GB
HANDBOOK**

— TOKYO 2020 OLYMPIC GAMES —
JULY 23 - AUGUST 08



TOKYO 2020





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MEDIA GUIDE FOREWORD



at an 'away' Games – and the media operations overlay in Tokyo. Please use all the links available in this guide to click through to our athlete profiles or to follow their progress on social media

You will find a variety of information to help you navigate the 17 days of competition at Tokyo 2020 as well as useful contacts for your time in Japan. The entire Team GB-appointed media team are here to help you, so please do be in contact during the Games if there is anything we can be of assistance with.

My very best wishes, and I hope you enjoy the Games

SCOTT FIELD, DIRECTOR OF COMMUNICATIONS, TEAM GB

Dear media colleague,

Firstly, can I thank you all for your support and, in particular, for the incredible effort of those who have made to make it out to Tokyo. I appreciate the journey has been complex and not without its difficulties, but everyone at the British Olympic Association values your ongoing support and commitment.

I am sure the athletes will repay that faith with some outstanding performances and compelling stories. I have often said that I believe the quality of sports coverage in Rio 2016 was as good as it has ever been, and I have no doubt that your output in Tokyo will match if not exceed that.

We have produced this handbook to help aid your background knowledge and understanding of both Team GB – and our largest ever athlete delegation

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WELCOME TO TOKYO

Welcome to the Tokyo 2020 Olympic Games for what, after a 12-month delay, may well be the most unique Games in history.

The first ever postponed Olympics and the longest wait for a summer Games since the Second World War, after 364 days of waiting Tokyo is finally set to host a celebration of sporting excellence.

Although the Games of the XXXII Olympiad will look different to any previous edition, Japan will still deliver an event that captures the attention of the world.

With an official Games Motto of “United by Emotion” – emphasising the power of sport to bring together people from diverse backgrounds – Tokyo 2020 promises to be the perfect antidote to the uncertainty of the past 16 months.

More than 11,000 athletes from 205 nations, including a Refugee Olympic Team for a second consecutive summer Games, will compete for 339 sets of medals across 33 sports, in what is the biggest Olympic Games to date.

Tokyo becomes the first Asian city to host for a second time, 57 years on from its debut in 1964, while Japan has now been the site of four Olympics in total – after the Sapporo 1972 and Nagano 1998 Winter Games.

Tokyo 2020 also comes in the middle of a run of three consecutive Olympics being held in East Asia, sandwiched between the winter pursuits of PyeongChang 2018 and Beijing 2022.



DID YOU KNOW?

This isn't the first time Tokyo has had to change its plans around an Olympic Games. The city was set to host the 1940 Summer Olympics but pulled out in 1938 and, with the outbreak of World War II the following year, the Games were ultimately cancelled.

In addition to the reassuringly familiar events, four new sports will be making their Olympic debut – as one of Tokyo 2020's stated goals to give the Games a more youthful appeal.

With that in mind, karate, skateboarding, sport climbing and surfing have all been added to the programme, guaranteeing further excitement and drama this summer.

Baseball/softball returns for the first time since Beijing 2008, while a number of new events within existing sports – such as 3x3 basketball, BMX Freestyle Park and mixed relay events – will also freshen things up.

DID YOU KNOW?

There are 339 sets of medals to be won across 33 sports at Tokyo 2020, with athletics leading the way for number of events. There are 48 athletics events on the schedule, while swimming has 37 (although aquatics as a whole has 49 events) and cycling offers 22 chances at gold.

A 17-day festival of sport will showcase Tokyo to billions of viewers around the world, with the venues comprising both existing arenas – such as the National Stadium for athletics, Ariake Coliseum for tennis and Nippon Budokan for judo and karate – and new, custom-built sites like the Tokyo Aquatics Centre.

From the Opening Ceremony on July 23 until the Closing Ceremony on August 8, the Olympic Games will become the centre of the sporting world and, with an unforgettable 17 days in the offing, Tokyo 2020 will be worth the wait.



TEAM GB AT TOKYO 2020

As one of just five countries to appear in every Olympic Games of the modern era, and the only country to win at least one gold medal in all summer editions, it wouldn't be an Olympic summer without Team GB.

After an historically successful Rio 2016 – with 67 medals being Team GB's highest tally since 1908 and making Great Britain and Northern Ireland the first nation to surpass its medal total at the Olympics immediately following one that it hosted – the class of 2021 are ready to make their mark.

There are 376 selected athletes, with 201 female and 175 male, which means for the first time in its summer Olympic history, Team GB will have more female than male athletes in Tokyo thanks to impressive qualification performances across sports and an

increased number of female events at the Games.

No British woman has ever won gold medals at three separate Olympics yet cyclist Laura Kenny, taekwondo player Jade Jones, rower Helen Glover and equestrian star Charlotte Dujardin all have the chance to achieve that feat after successes in London and Rio.

DID YOU KNOW?

Carl Hester is the member of Team GB's Tokyo 2020 squad with the most Olympic experience, as he prepares to compete at his sixth Games. The dressage star made his Olympic debut way back at Barcelona 1992 and is a two-time medallist, having won team gold at London 2012 and team silver at Rio 2016.

Glover will become the first British rower to compete at an Olympic Games after becoming a mum, while Kenny – a mother herself since Rio – is already Team GB's most successful female Olympic athlete of all-time with four gold medals.

Her husband, Jason Kenny, will also head to Tokyo looking to break a tie with Sir Chris Hoy for most Olympic gold medals won by a Brit, after accruing six over the previous three Games.

While some Olympic legends will be donning Team GB colours once again – in fact there are 122 returning Olympians in the squad, with 51 of them having previously won medals – a further 254 athletes will potentially be pulling on a vest for their first Games.

Equestrian star Carl Hester is the most experienced Team GB athlete in Tokyo, selected for his sixth Olympic Games and also the oldest member of the squad, having turned 54 in June.

Sky Brown was just one month old when Jason Kenny won his first Olympic title at Beijing 2008 but the skateboarding sensation will become Team GB's youngest-ever summer Olympian when she competes in the women's park event, having only turned 13 years old on July 7th.

Brown is part of a two-strong Team GB skateboarding squad, along with 15-year-old Bombette Martin, while Marcus Mepstead (fencing) and Shauna Coxsey (sport climbing) are the only British athletes competing at Tokyo 2020 in their chosen sports.

On the flip side, a squad of 77 will compete for Team GB in athletics, while hockey (32) and rowing (41 and four spares) are among the other sports providing large numbers of competitors.

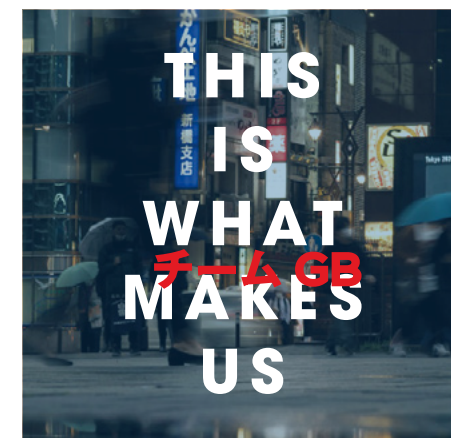
Coxsey, Brown and Martin are the only Team GB athletes in the four new sports added to the Tokyo 2020 programme, with no British athletes selected in either karate or surfing.

Tokyo 2020 will also be a family affair as the Team GB contingent includes eight sets of siblings: Jennifer and Jessica Gadirova (gymnastics), Charlotte and Mathilda Hodgkins-Byrne and Emily and Thomas Ford (both rowing), Joe and Max Litchfield (swimming), Luke and Pat McCormack (boxing), Tiffany Porter and Cindy Sember (athletics), Hannah and Jodie Williams (athletics), and Adam and Simon Yates (cycling).

DID YOU KNOW?

Tokyo 2020 will see Team GB will have more female than male athletes at a summer Games for the first time in history. However, at the 1932 Winter Olympics in Lake Placid, Team GB sent a squad of four female athletes – all figure skaters, including 11-year-old Cecilia Colledge – and no men.

The Gadirovas, McCormacks and Yates' are all twins, while there will be a ninth set of siblings on the plane to Japan, as two-time Olympian Harry Martin – brother of women's hockey player Hannah Martin – is a reserve for the men's hockey team.



HISTORIC TEAM GB MEDAL TABLE

Year	City	Chef De Mission				Medals			
		T	M	W	Gold	Silver	Bronze	Total	
1896	ATHENS	10	10	0	N/A	3	3	1	7
1900	PARIS	103	100	1	N/A	17	8	12	37
1904	ST. LOUIS	6	1	0	N/A	8	11	0	19
1908	LONDON	736	697	39	N/A	56	51	39	146
1912	STOCKHOLM	293	283	10	N/A	10	15	16	41
1920	ANTWERP	204	189	18	N/A	15	12	12	39
1924	PARIS	307	279	28	N/A	9	13	12	34
1928	AMSTERDAM	234	207	27	E.A. HUNTER	3	10	7	20
1932	LOS ANGELES	74	59	15	E.A. HUNTER	4	7	5	16
1936	BERLIN	225	188	37	E.A. HUNTER	4	7	3	14
1948	LONDON	375	324	51	E.A. HUNTER	3	14	6	23
1952	HELSINKI	293	238	45	E.A. HUNTER	1	2	8	11
1956	MELBOURNE*	200	174	26	K.S. DUNCAN	6	7	11	24
1960	ROME	252	209	43	K.S. DUNCAN	2	6	12	20
1964	TOKYO	199	166	45	K.S. DUNCAN	4	12	2	18
1968	MEXICO CITY	237	185	52	K.S. DUNCAN	5	5	3	13
1972	MUNICH	310	232	78	K.S. DUNCAN	4	5	9	18
1976	MONTREAL	234	184	50	C.G.V. DAVIDGE	3	5	5	13
1980	MOSCOW	222	147	75	R.W. PALMER	5	7	9	21
1984	LOS ANGELES	355	240	115	R.W. PALMER	5	11	21	37
1988	SEOUL	345	219	126	R.W. PALMER	5	10	9	24
1992	BARCELONA	371	229	142	R.W. PALMER	5	3	12	20
1996	ATLANTA	304	184	120	R.W. PALMER	1	8	6	15
2000	SYDNEY	320	188	132	S.P. CLEGG	11	10	7	28
2004	ATHENS	270	164	106	S.P. CLEGG	9	9	12	30
2008	BEIJING	311	168	143	S.P. CLEGG	19	13	19	51
2012	LONDON	541	279	262	A. HUNT	29	17	19	65
2016	RIO	366	202	164	J.M. ENGLAND	27	23	17	67

Medal Tally Position	Flagbearers	Sport
5TH	N/A	N/A
3RD	N/A	N/A
4TH	N/A	N/A
1ST	KYNASTON STUDD	N/A
3RD	CHARLES SMITH	WATER POLO
4TH	ERNEST THORNE	TUG OF WAR
4TH	ARTHUR HUNT	WATER POLO
11TH	MALCOLM NOKES	ATHLETICS
8TH	LORD BURGHLEY	ATHLETICS
10TH	JACK BERESFORD	ROWING
12TH	EMRYS LLOYD	FENCING
18TH	HAROLD WHITLOCK	ATHLETICS
8TH	GEORGE MACKENZIE **	WRESTLING
12TH	RICHARD MCTAGGART	BOXING
10TH	ANITA LONBROUGH & ALLAN JAY	SWIMMING & FENCING
10TH	LYNN DAVIES & DAVID HEMERY	ATHLETICS
12TH	DAVID BROOME & RICHARD MEADE	EQUESTRIAN
13TH	RODNEY PATISON	YACHTING
9TH	RICHARD PALMER ***	CHEF DE MISSION
11TH	LUCINDA GREEN & SEBASTIAN COE	EQUESTRIAN & ATHLETICS
12TH	IAN TAYLOR & MALCOLM COOPER	HOCKEY & SHOOTING
13TH	STEVEN REDGRAVE & LINFORD CHRISTIE	ROWING & ATHLETICS
36TH	STEVEN REDGRAVE & ROGER BLACK	ROWING & ATHLETICS
10TH	MATTHEW PINSENT & STEVEN REDGRAVE	ROWING
10TH	KATE HOWEY & KELLY HOLMES	JUDO & ATHLETICS
4TH	MARK FOSTER & CHRIS HOY	SWIMMING & CYCLING
3RD	CHRIS HOY & BEN ANSLIE	CYCLING & SAILING
2ND	ANDY MURRAY & KATE RICHARDSON-WALSH	TENNIS & HOCKEY

- T** = TOTAL GB COMPETITORS
- M** = GB COMPETITORS (MEN)
- W** = GB COMPETITORS (WOMEN)
- G** = GOLD MEDALS
- S** = SILVER MEDALS
- B** = BRONZE MEDALS
- T** = TOTAL MEDALS WON

* Includes the equestrian events which were held in Stockholm.

** George Mackenzie competed at five Olympics up to 1928 and carried the flag in 1956.

*** As Chef de Mission Richard Palmer was GB's flagbearer at Moscow 1980 but he carried the Olympic flag.

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Team GB Tokyo 2020



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アーティスティックスイミング



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Artistic Swimming

Introduction

An intoxicating blend of artistry and athleticism, artistic swimming is one of the most mesmerising sports at every Olympic Games.

Requiring a heady mix of grace, poise, self-expression, power and – perhaps most importantly – synchronicity, the sport formerly known as synchronised swimming always provides an incredible visual spectacle.

Emerging from ornamental swimming and theatrical water ballets in the late 19th and early 20th centuries, artistic swimming also draws on techniques from life-saving and swimming.

With athletes wearing beautifully-decorated swimsuits and waterproof make-up, and often using music and choreography unique to their heritage, artistic swimming embodies the Olympic spirit of a festival of global cultures coming together in a way that no other sport does.

Added to the Olympic roster for the first time at Los Angeles 1984, it has been present at every Games since, although Team GB are still hunting their first medal in the sport. It is one of just two women-only sports (along with rhythmic gymnastics) at Tokyo 2020, with a duet and a team event set to be contested.

As the name suggests, the duet consists of two artistic swimmers performing the routine, while the team event sees eight athletes perform together.



Each pair or team completes a technical routine that includes a set of five designated movements lasting a maximum of two minutes and 50 seconds, as well as a free routine lasting three to four minutes.

The routines are performed to music, while performances are scored – and teams ranked – on synchronisation, difficulty, technique and choreography.

Three panels of poolside judges score different aspects of the routine, with their tallies combined to form a final score for each set of competitors – the highest-scorers win.

Speaking of winning, Russia have dominated the sport since the start of the 21st century – taking all ten gold medals on offer since Sydney 2000 and nearly swept the board at the most recent World Championships in 2019.

After Katie Clark and Olivia Federici competed in the duet event at Rio 2016, Kate Shortman and Izzy Thorpe will follow in their footsteps by representing Team GB in Tokyo.

The pair met at a swimming pool in Bristol as fresh-faced ten-year-olds and, a decade on, will be making their Olympic debut together.

Best friends out of the pool, Shortman and Thorpe take that synchronicity into competition and the fact they've come through the ranks together will make their Games debut all the more special.

The duo booked their spot by finishing seventh in a qualifying event in Barcelona in June with their selection confirmed later that month.

ARCHERY

アーチェリー

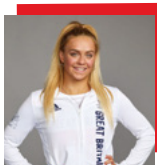
Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event
2 August	19.30-21.45	W Duet Free Routine Preliminary
3 August	19.30-21.30	M Duet Technical Routine
4 August	19.30-21.05	W ME Duet Free Routine Final
6 August	19.30-20.35	M Team Technical Routine
7 August	19.30-20.35	W ME Team Free Routine

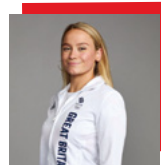
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Izzy Thorpe



DOB: 04/03/2001
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[Link for bio](#)

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Team Leader



Paola Basso
Coach



David Gerty
Managing Victory Officer



Stefania Speroni
Coach



Archery

Introduction

A contest of mind, body control and precision, archery has kept sports fans on the edge of their seats since making its maiden Olympic appearance in Paris in 1900. Early editions were dominated by the host nation, indeed, William Dod and Queenie Newall claimed archery gold for Team GB at London 1908 with Newall's triumph at the age of 53 seeing her still rank as the oldest woman to win an individual Olympic gold medal.

At the same Games, fellow Brits Reginald Brooks-King and Lottie Dod picked up a silver apiece, as Beatrice Hill-Lowe took home a bronze to secure five of GB's all-time total of nine Olympic medals. Following a break of 52 years after 1920, archery returned to the Olympic programme at Munich 1972 and has been present at the Games ever since.

Recurve is the only discipline featured, as Olympic archers shoot at a 122cm-diameter target from a distance of 70 metres. To achieve maximum marks they must hit the gold centre ring - the bulls-eye - measuring just 12cm.

Originally featuring just men's and women's individual events, respective team competitions were introduced at Seoul 1988, while Tokyo 2020 will see a mixed team event - featuring one man and one woman per team - for the first time.

Naomi Folkard will be bidding for medal success on her fifth Olympic appearance in Tokyo, 17 years on from her debut in Athens, and has claimed team bronze at each of the two World Championships since Rio 2016.



World and European medallist Patrick Huston will also be gunning for glory at his second Games, after the man from Belfast had his first Olympic taste at Rio 2016. Meanwhile, Sarah Bettles, Bryony Pitman, Tom Hall and James Woodgate will each make their Olympic debuts in Tokyo at the Yumenoshima Park Archery Field from 23-31 July.

Head coach Richard Preistman also has plenty of Olympic pedigree after winning bronze medals for Team GB in the archery team event at both Seoul 1988 and Barcelona 1992.

The ranking round will be held on the day of the Opening Ceremony, where each archer shoots 72 arrows with their total score determining their seeding (1-64) for the individual events, as well as seeding the men's and women's teams from 1 to 12 and deciding the 16 pairs that qualify for the mixed team event.

The individual events are then decided by head-to-head elimination knockout matches, as the first-ranked archer faces off against the 64th-ranked archer, the second-ranked against the 63rd-ranked, and so on - with the loser leaving the competition and the winner advancing to the next phase. Eventually two athletes will remain to contest the gold-medal match, while the two semi-final losers compete for bronze.

The men's and women's team events work in a similar head-to-head, knockout format with the top-four seeded teams receiving a bye straight to the quarter-finals, while the fifth to 12th-ranked teams compete for the remaining quarter-final spots.



Team GB at the Olympic Games



Seoul 1988 1

Barcelona 1992 2

Athens 2004 1

ALL-TIME TOTAL 2 2 5

- Gold
- Silver
- Bronze

Events Schedule

W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event
23 July	09:00-11.00	W Individual Ranking Round
	13.00-15.00	M Individual Ranking Round
24 July	9.30-12.05	W M ME Mixed Team 1/8 Eliminations
	14.15-17.25	W M ME Mixed Team Quarter-Finals, Semi-Finals, Bronze Medal Match, Gold Medal Match
25 July	9.30-11.05	W Team 1/8 Eliminations
	13.45-17.25	W ME Team Quarter-Finals, Semi-Finals, Bronze Medal Match, Gold Medal Match
26 July	9.30-11.05	M Team 1/8 Eliminations
	13.45-17.25	M ME Team Quarter-Finals, Semi-Finals, Bronze Medal Match, Gold Medal Match
27 July	9.30-13.25 16.00-19.55	W M Individual 1/32 & 1/16 Eliminations
		W M Individual 1/32 & 1/16 Eliminations
28 July	9.30-13.25 16.00-18.40	W M Individual 1/32 & 1/16 Eliminations
		W M Individual 1/32 & 1/16 Eliminations
29 July	9.30-13.25 16.00-18.40	W M Individual 1/32 & 1/16 Eliminations
		W M Individual 1/32 & 1/16 Eliminations
30 July	9.30-11.15 14.45-17.20	W Individual 1/8 Eliminations
		W ME Individual Quarter-Finals, Semi-Finals, Bronze Medal Match, Gold Medal Match
31 July	9.30-11.15 14.45-17.20	M Individual 1/8 Eliminations
		M ME Individual Quarter-Finals, Semi-Finals, Bronze Medal Match, Gold Medal Match

ATHLETICS

陸上競技

Athlete Bios

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Naomi Folkard



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Previous Games attended: Rio 2016, London 2012, Beijing 2008, Athens 2004
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[Link for bio](#)

Bryony Pittman



DOB: 13/03/1997
Hometown: West Sussex, Shoreham
Twitter: @BryonyPittman
Instagram: @bryonypittman
[Link for bio](#)

James Woodgate



DOB: 29/05/2002
Hometown: Surrey, Shepperton
Instagram: @james_woodgate_
[Link for bio](#)

Tom Hall



DOB: 17/09/1990
Hometown: Warwickshire, Kenilworth
Twitter: @TomHallArchery
Instagram: @tom_hall_archery
[Link for bio](#)

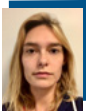
Patrick Huston



DOB: 05/01/1996
Hometown: Northern Ireland, Belfast
Previous Games attended: Rio 2016
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Instagram: @hustagrams
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Claire Bodel
Media Officer



Eleanor Jones
Physio



Richard Priestman
Head Coach



Alberto Zagami
Coach



Athletics

Introduction

Athletics is the epitome of the Olympic motto: faster, higher, stronger. From Greek hero Spyridon Louis's victory in the first-ever marathon back in 1896 to Usain Bolt's era-defining achievements, Olympic track and field is the purest form of athletic competition between individuals and nations.

Being contested over the final ten days of Tokyo 2020, athletics is always among the most highly-anticipated of Olympic sports and Team GB are never far from the action.

Mile running is the foundation of athletics in Britain - it emerged in England in the 18th century - and its natural theatre has produced legends like Sydney Wooderson, Sir Roger Bannister, Steve Ovett, Steve Cram and Sebastian Coe.

At Olympic and world level it is run as 1500m, known as the 'metric mile', and British hopes in the middle distances are soaring to a height they haven't since Ovett and Coe captivated the world at Moscow 1980. British record holder Laura Muir is chasing an elusive first global outdoor medal with a kick to rival anyone over 1500m while training partner Jemma Reekie, who lived with Muir during lockdown, has also broken out as a medal contender over 800m.

On the men's side, Josh Kerr ran the fastest 1500m time ever on American soil in June and Rio Olympian Elliot Giles, who nearly broke Coe's British record in an incredible indoor season, breaks the mould by travelling around Europe and training out of a campervan.



If Britain's middle-distance fortunes are being revived, then its stunning heptathlon heritage never went away.

Katarina Johnson-Thompson inherits the legacy of Denise Lewis, Kelly Sotherton and Jessica Ennis-Hill and delivered one of the defining performances of the Olympic cycle in any sport to win 2019 World Championship gold in Doha. Now-three-time Olympian will hope to stay on top in Tokyo.

Team GB last won a medal in women's sprints at Rome 1960, when Dorothy Hyman claimed 100m silver and 200m bronze. No British woman has ever won a sprint gold at the Games.

Dina Asher-Smith is shaping up to be the face of Team GB in Tokyo and the nation will put down its coffees and watch her finals on 31 July and 3 August with great expectations.

Bred as a bend runner at Blackheath and Bromley Athletics Club, where she still trains with coach John Blackie, Asher-Smith will face fierce competition in the 100m from Jamaica's Shelly-Ann Fraser-Pryce, who she beat for the first time at a Diamond League event in Gateshead in May.

It will be in the 200m, an event in which she is world champion, that hopes of gold burn brightest, while she will also anchor the 4x100m relay, who won Olympic bronze in Rio.



Team GB at the Olympic Games

	Beijing 2008	1 2 5
	London 2012	4 1 1
	Rio 2016	2 1 4
	ALL-TIME TOTAL	55 80 70

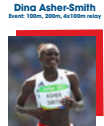
Gold
 Silver
 Bronze

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

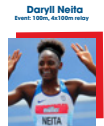
Date	Time	Event	Date	Time	Event	Date	Time	Event
30 July	09:00-12:30	Ⓜ 3000m Steeplechase Round 1, Ⓜ High Jump Qualifying, Ⓜ Discus Qualifying, Ⓜ 400m Hurdles Round 1 Ⓜ 800m Round 1, Ⓜ 100m Round 1, Ⓜ 10,000m Final, Ⓜ 5000m Round 1, Ⓜ Triple Jump Qualifying, Ⓜ Shot Put Qualifying, Ⓜ Mixed 4x400m Relay Round 1	02 Aug	09:00-11:55	Ⓜ Pole Vault Qualifying, Ⓜ 200m Semi-Finals, Ⓜ Discus Final, Ⓜ 400m Hurdles Semi-Finals, Ⓜ 5000m Final		16:30-18:05	Ⓜ Heptathlon: Long Jump & Javelin; Ⓜ High Jump Qualifying, Ⓜ 4x100m Relay Round 1, Ⓜ 20km Race Walk Final, Ⓜ Decathlon: Javelin & 1500m; Ⓜ 1500m Semi-Finals, Ⓜ 400m Final, Ⓜ Heptathlon: 800m; Pole Vault Final, Ⓜ 4x400m Round 1, Ⓜ Pole Vault Final
	19:00-21:00		03 Aug	09:00-12:35	Ⓜ Triple Jump Qualifying, Ⓜ 1500m Round 1, Ⓜ 200m Round 1, Ⓜ 400m Hurdles Final, Ⓜ Javelin Qualifying, Ⓜ 400m Round 1, Ⓜ Long Jump Final, Ⓜ 100m Hurdles Round 1, Ⓜ Shot Put Qualifying, Ⓜ Pole Vault Final, Ⓜ 5000m Round 1, Ⓜ 200m Semi-Finals, Ⓜ Hammer Final, Ⓜ 800m Final, Ⓜ 200m Final		19:00-21:45	
31 July	09:00-12:00	Ⓜ Pole Vault Qualifying, Ⓜ 800m Round 1, Ⓜ 100m Preliminary Round Ⓜ 400m Hurdles Round 1, Ⓜ Discus Qualifying, Ⓜ 100m Hurdles Qualifying, Ⓜ Long Jump Qualifying, Ⓜ 100m Round 1, Ⓜ Discus Final, Ⓜ 100m Semi-Finals & Final, Ⓜ 800m Semi-Finals, Ⓜ Mixed 4x400m Relay Final		19:00-21:55		06 Aug	05:30-10:00	Ⓜ 50km Race Walk Final, Ⓜ 20km Race Walk Final, Ⓜ 4x400m Relay Round 1, Ⓜ 5000m Final, Ⓜ 4x100m Relay Final, Ⓜ Javelin Final, Ⓜ 400m Final, Ⓜ 1500m Final, Ⓜ 4x100m Relay Final
	19:00-21:55		04 Aug	09:00-12:25	Ⓜ Decathlon: 100m, Long Jump & Shot Put; Ⓜ Javelin Qualifying, Ⓜ 110m Hurdles Semi-Finals, Ⓜ Heptathlon: 100m Hurdles & High Jump; Ⓜ 400m Hurdles Final, Ⓜ Decathlon: High Jump & 400m; Ⓜ Hammer Final, Ⓜ 800m Final, Ⓜ 200m Final, Ⓜ Heptathlon: Shot Put & 200m; Ⓜ 1500m Semi-Finals, Ⓜ 400m Semi-Finals, Ⓜ 3000m Steeplechase Final		16:30-18:25	
01 Aug	09:10-12:00	Ⓜ 400m Round 1, Ⓜ Hammer Qualifying, Ⓜ 3000m Steeplechase Round 1, Ⓜ Long Jump Qualifying, Ⓜ Shot Put Final, Ⓜ High Jump Final, Ⓜ 100m Semi-Finals & Final, Ⓜ 800m Semi-Finals, Ⓜ 400m Hurdles Semi-Finals, Ⓜ 100m Hurdles Semi-Finals, Ⓜ Triple Jump Final		18:30-22:00		07 Aug	07:00-10:15	Ⓜ Marathon Final, Ⓜ Javelin Final, Ⓜ 1500m Final, Ⓜ 4x400m Relay Final, Ⓜ High Jump Final, Ⓜ 10,000m Final, Ⓜ 4x400m Relay Final
	19:00-21:55		05 Aug	09:00-15:05			19:00-22:20	
02 Aug	09:00-11:55	Ⓜ Hammer Qualifying, Ⓜ Long Jump Final, Ⓜ 1500m Round 1, Ⓜ 200m Round 1, Ⓜ 100m Hurdles Final, Ⓜ 400m Semi-Finals, Ⓜ 3000m Steeplechase Final				08 Aug	07:00-09:45	Ⓜ Marathon Final
	19:00-22:00							

Athlete Bios: Women



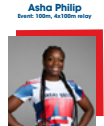
Dina Asher-Smith
Event: 100m, 200m, 4x100m relay

DOB: 04/12/1995
Home Towns: London; Orpington
Previous Games attended: Rio 2016
Twitter: @dinaasherSmith
Instagram: @dinaasherSmith
[Link for bio](#)



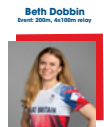
Daryll Neita
Event: 100m, 4x100m relay

DOB: 29/08/1996
Home Towns: London; Camberwell
Previous Games attended: Rio 2016
Twitter: @daryllneita
Instagram: @daryllneita
[Link for bio](#)



Asha Philip
Event: 100m, 4x100m relay

DOB: 26/10/1990
Home Towns: London; Leyton
Previous Games attended: Rio 2016
Twitter: @MissAshaPhilip
Instagram: @missashaphilip
[Link for bio](#)



Beth Dobbin
Event: 200m, 4x100m relay

DOB: 07/04/1994
Home Towns: South Yorkshire; Doncaster
Twitter: @BethDobbin
Instagram: @bethdobbin
[Link for bio](#)



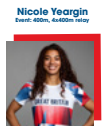
Ama Pipi
Event: 400m, 4x400m relay

DOB: 26/11/1995
Home Towns: London; Edmonton
Instagram: @amapipi
[Link for bio](#)



Jodie Williams
Event: 400m, 4x400m relay

DOB: 28/09/1993
Home Towns: Hertfordshire; Welwyn Garden City
Previous Games attended: Rio 2016
Twitter: @Jodiealcia27
Instagram: @jodiealcia
[Link for bio](#)



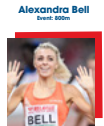
Nicole Yeargin
Event: 400m, 4x400m relay

DOB: 11/08/1997
Home Towns: USA; Los Angeles
Twitter: @yourfittic
Instagram: @yourfittic
[Link for bio](#)



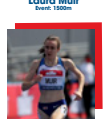
Keely Hodgkinson
Event: 800m

DOB: 03/03/2002
Home Towns: Greater Manchester; Wigan
Twitter: @keelyhodgkinson
Instagram: @keelyhodgkinson
[Link for bio](#)



Alexandra Bell
Event: 800m

DOB: 04/11/1992
Home Towns: West Yorkshire; Leeds
Twitter: @alexbell92
Instagram: @alexbell1992
[Link for bio](#)



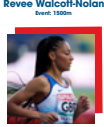
Laura Muir
Event: 1500m

DOB: 09/05/1993
Home Towns: Scotland; Milnathort
Previous Games attended: Rio 2016
Twitter: @LauraMuir1500
Instagram: @lauramuir1500
[Link for bio](#)



Gemma Reekie
Event: 800m

DOB: 04/03/1998
Home Towns: Scotland; North Ayrshire
Twitter: @GemmaReekie
Instagram: @gemmareekie
[Link for bio](#)



Reeve Walcott-Nolan
Event: 1500m

DOB: 04/03/1995
Home Towns: Bedfordshire; Luton
Twitter: @ReeveNolan
Instagram: @reeveenolan
[Link for bio](#)



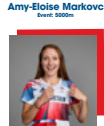
Katie Snowden
Event: 1500m

DOB: 09/03/1994
Home Towns: London; Heme Hill
Twitter: @katesnowden13
Instagram: @katie_snowden
[Link for bio](#)



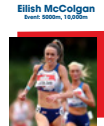
Jess Judd
Event: 5000m, 10,000m

DOB: 07/01/1995
Home Towns: Essex; Rochford
Twitter: @jessjudd43
Instagram: @jessjudd43
[Link for bio](#)



Amy-Eloise Markovc
Event: 5000m

DOB: 05/08/1995
Home Towns: Greater Manchester; Manchester; Stockport
Instagram: @amyeleotem
[Link for bio](#)



Eilish McColgan
Event: 5000m, 10,000m

DOB: 25/11/1990
Home Towns: Scotland; Dundee
Previous Games attended: Rio 2016, London 2012
Twitter: @EilishMcColgan
Instagram: @eilishmccolgan
[Link for bio](#)



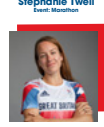
Stephanie Davis
Event: Marathon

DOB: 27/08/1990
Home Towns: Scotland; Glasgow
Twitter: @steviedavis26
Instagram: @steph_davis26
[Link for bio](#)



Jess Pilasecki
Event: Marathon

DOB: 18/04/1990
Home Towns: Greater Manchester; Stockport
Twitter: @JessCoulson90
Instagram: @jess_pilasecki_runcleace
[Link for bio](#)



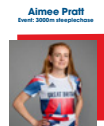
Stephanie Twell
Event: Marathon

DOB: 17/08/1969
Home Towns: Hampshire; Aldershot
Previous Games attended: Rio 2016, Beijing 2008
Twitter: @StepApril
Instagram: @stephtwell
[Link for bio](#)



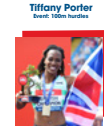
Elizabeth Bird
Event: 2000m, 4000m

DOB: 04/10/1994
Home Towns: Hertfordshire; St Albans
Twitter: @lizebird94
Instagram: @lizebird140
[Link for bio](#)



Aimee Pratt
Event: 2000m, 4000m

DOB: 03/10/1997
Home Towns: Greater Manchester; Stockport
Twitter: @aimeepratt
Instagram: @aimeepratt_uk
[Link for bio](#)



Tiffany Porter
Event: 100m hurdles

DOB: 13/11/1987
Home Towns: USA; Ypsilanti
Previous Games attended: Rio 2016, London 2012
Twitter: @tiffport
Instagram: @tiffport
[Link for bio](#)



Cindy Sember
Event: 100m hurdles

DOB: 05/08/1994
Home Towns: USA; Ypsilanti
Previous Games attended: Rio 2016
Twitter: @cindyoffill
Instagram: @cindyoffill
[Link for bio](#)



Meghan Beesley
Event: 400m hurdles

DOB: 15/11/1989
Home Towns: Warwickshire; Polesworth
Twitter: @meghanbeesley
Instagram: @meghanbeesley
[Link for bio](#)



Jessie Knight
Event: 400m hurdles, 4x400m relay

DOB: 15/04/1994
Home Towns: Surrey; Epsom
Twitter: @jessie_knight400
Instagram: @jessieknight400
[Link for bio](#)



Jessica Turner
Event: 400m hurdles, 4x400m relay

DOB: 08/08/1995
Home Towns: Derbyshire; Derby
Twitter: @jessturner400h
Instagram: @jessicaturner95
[Link for bio](#)



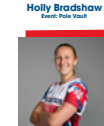
Emily Borwick
Event: High jump

DOB: 02/09/1997
Home Towns: Greater Manchester; Wigan
Twitter: @emilyborwick2
Instagram: @em.borwick
[Link for bio](#)



Morgan Lake
Event: High jump

DOB: 12/05/1997
Home Towns: Buckinghamshire; Milton Keynes
Previous Games attended: Rio 2016
Twitter: @Morgan_a_Lake
Instagram: @morganalexandraLake
[Link for bio](#)



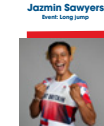
Holly Bradshaw
Event: Pole Vault

DOB: 02/11/1991
Home Towns: Lancashire; Preston
Previous Games attended: Rio 2016, London 2012
Twitter: @HollyBradshawPV
Instagram: @hollybradshawpv
[Link for bio](#)



Abigail Inozuru
Event: Long jump

DOB: 03/01/1990
Home Towns: Greater Manchester; Manchester
Twitter: @AbigailInozuru
Instagram: @abigailinozuru
[Link for bio](#)



Jazmin Sawyers
Event: Long jump

DOB: 21/05/1994
Home Towns: Staffordshire; Stoke
Previous Games attended: Rio 2016
Twitter: @JazminSawyers
Instagram: @jazminsawyers
[Link for bio](#)



Lorraine Ugen
Event: Long jump

DOB: 22/08/1991
Home Towns: London; Thamesmead
Previous Games attended: Rio 2016
Twitter: @lorraineugen
Instagram: @lorraineugen
[Link for bio](#)



Sophie McKinna
Event: Shot put

DOB: 31/08/1994
Home Towns: Norfolk; Gorleston
Twitter: @sophiemac10
Instagram: @sophiemac10
[Link for bio](#)



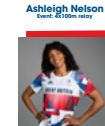
Katarina Johnson-Thompson
Event: Heptathlon

DOB: 09/01/1993
Home Towns: Merseyside; Liverpool
Previous Games attended: Rio 2016, London 2012
Twitter: @kathjohnsonthompson
Instagram: @kathjohnsonthompson
[Link for bio](#)



Imani-Lara Lansiquot
Event: 4x100m relay

DOB: 17/12/1997
Home Towns: London; Peckham
Twitter: @ImaniLara
Instagram: @imanolara
[Link for bio](#)



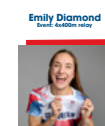
Ashleigh Nelson
Event: 4x100m relay

DOB: 20/02/1991
Home Towns: Staffordshire; Stoke
Previous Games attended: Rio 2016, Beijing 2008
Twitter: @ashleighnelson
Instagram: @ashleighnelson
[Link for bio](#)



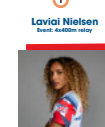
Zoey Clark
Event: 4x100m relay

DOB: 25/10/1994
Home Towns: Scotland; Aberdeen
Twitter: @ZoeyClark
Instagram: @zoey.clark
[Link for bio](#)



Emily Diamond
Event: 4x100m relay

DOB: 11/06/1991
Home Towns: Bristol; Bristol
Previous Games attended: Rio 2016, London 2012
Twitter: @EmilyDiamond11
Instagram: @emilydiamond11
[Link for bio](#)



Lavia Nielsen
Event: 4x100m relay







































DOB: 13/03/1996
Home Towns: London; Leytonstone
Twitter: @LaviaNielsen
Instagram: @lavian
[Link for bio](#)



Hannah Williams
Event: 4x100m relay

DOB: 23/04/1998
Home Towns: Hertfordshire; Welwyn Garden City
Twitter: @hannah_williams_uk
Instagram: @hannahcwilliams
[Link for bio](#)

Athlete Bios: Men

<p>CJ Ujah Event: 100m, 4x100m relay</p>  <p>DOB: 05/03/1994 Home Town: London: Enfield Previous Games attended: Rio 2016 Twitter: @Chindu_Ujah Instagrams: @c_j_ujah Link for bio</p>	<p>Daniel Rowden Event: 800m</p>  <p>DOB: 09/09/1997 Home Towns: Essex: Buckhurst Hill Instagrams: @danielrowden Link for bio</p>	<p>Ben Connor Event: Marathon</p>  <p>DOB: 17/10/1992 Home Towns: Derbyshire: Derby Twitter: @bdconnor Instagrams: @bdconnor Link for bio</p>	<p>David King Event: 110m hurdles</p>  <p>DOB: 13/04/1994 Home Towns: Devon: Plymouth Twitter: @DaveKing_UK Instagrams: @daking110h Link for bio</p>	<p>Taylor Campbell Event: Hammer</p>  <p>DOB: 30/04/1996 Home Towns: Berkshire: Slough Twitter: @Taylor_C1996 Instagrams: @taylorc96 Link for bio</p>	<p>Michael Ochoa Event: 4x400m relay</p>  <p>DOB: 04/02/1995 Home Towns: London: Barnet Twitter: @Michaelochoa Instagrams: @michaelochoa Link for bio</p>
<p>Zharnel Hughes Event: 100m, 4x100m relay</p>  <p>DOB: 13/07/1996 Home Towns: Anguilla: The Valley Twitter: @zharnel_hughes Instagrams: @zharnel_hughes Link for bio</p>	<p>Jake Heyward Event: 1500m</p>  <p>DOB: 24/04/1999 Home Towns: Wales: Cardiff Twitter: @jakeheyward7 Instagrams: @jakeheyward7 Link for bio</p>	<p>Callum Hawkins Event: Marathon</p>  <p>DOB: 22/04/1992 Home Towns: Scotland: Ederisle Previous Games attended: Rio 2016 Twitter: @callhawk Instagrams: @callumhawkins Link for bio</p>	<p>Andrew Pozzi Event: 110m hurdles</p>  <p>DOB: 15/05/1992 Home Towns: Warwickshire: Stratford-upon-Avon Previous Games attended: Rio 2016, London 2012 Twitter: @andrew_pozzi Instagrams: @apozzi93 Link for bio</p>	<p>Nick Miller Event: Hammer</p>  <p>DOB: 01/05/1993 Home Towns: Cumbria: Carlisle Previous Games attended: Rio 2016 Twitter: @NickMillerhammer Instagrams: @nick_miller_hammer Link for bio</p>	<p>Lee Thompson Event: 4x400m relay</p>  <p>DOB: 05/03/1997 Home Towns: South Yorkshire: Sheffield Twitter: @leethompas_uk Instagrams: @leethompas_uk Link for bio</p>
<p>Reece Prescod Event: 100m, 4x100m relay</p>  <p>DOB: 29/02/1996 Home Towns: London: Walthamstow Twitter: @rprecod1 Instagrams: @reeceprescod Link for bio</p>	<p>Joshua Kerr Event: 1500m</p>  <p>DOB: 08/10/1997 Home Towns: Scotland: Edinburgh Twitter: @joshk97 Instagrams: @joshk97 Link for bio</p>	<p>Chris Thompson Event: Marathon</p>  <p>DOB: 17/04/1981 Home Towns: Cumbria: Barrow-in-Furness Previous Games attended: London 2012 Twitter: @Thommo10k Instagrams: @thommo26.2 Link for bio</p>	<p>Tom Gale Event: High jump</p>  <p>DOB: 18/12/1998 Home Towns: Somerset: Bath Twitter: @TomGale_UK Instagrams: @tomjamesgale Link for bio</p>	<p>Jona Efoloko Event: 4x100m relay</p>  <p>DOB: 23/09/1999 Home Towns: Greater Manchester: Manchester Twitter: @_efoloko23 Instagrams: @jonaefoloko Link for bio</p>	<p>Reserve</p> <p>Joseph Brier Event: 4x400m relay</p>  <p>DOB: 05/03/1997 Home Towns: South Yorkshire: Sheffield Twitter: @leethompas_uk Instagrams: @leethompas_uk Link for bio</p>
<p>Adam Gemili Event: 200m, 4x100m relay</p>  <p>DOB: 04/10/1993 Home Towns: London: Southwark Previous Games attended: Rio 2016, London 2012 Twitter: @Adam_Gemili Instagrams: @adamgemili Link for bio</p>	<p>Jake Wightman Event: 1500m</p>  <p>DOB: 11/07/1994 Home Towns: Scotland: Linlithgow Twitter: @jakeswightman Instagrams: @jakeswightman Link for bio</p>	<p>Tom Bosworth Event: 200m race walk</p>  <p>DOB: 17/01/1990 Home Towns: Kent: Sevenoaks Previous Games attended: Rio 2016 Twitter: @TomBosworth_UK Instagrams: @tombosworth Link for bio</p>	<p>Harry Coppell Event: Pole vault</p>  <p>DOB: 11/07/1996 Home Towns: Merseyside: Billingsley Twitter: @Harry_Coppell Instagrams: @harry_coppell_pv Link for bio</p>	<p>Richard Kilty Event: 4x100m relay</p>  <p>DOB: 02/09/1989 Home Towns: Durham: Stockton-on-Tees Twitter: @Ricky1 Instagrams: @richardkilty1 Link for bio</p>	
<p>Nethaneel Mitchell-Blake Event: 200m, 4x100m relay</p>  <p>DOB: 02/04/1994 Home Towns: London: Newham Previous Games attended: Rio 2016 Twitter: @NethaneelMB Instagrams: @nethaneelmb Link for bio</p>	<p>Andrew Butchart Event: 5000m</p>  <p>DOB: 14/10/1991 Home Towns: Scotland: Dunblane Previous Games attended: Rio 2016 Twitter: @andybutchart91 Instagrams: @andybutchart Link for bio</p>	<p>Callum Wilkinson Event: 200m race walk</p>  <p>DOB: 14/03/1997 Home Towns: Suffolk: Moulton Twitter: @cwilko97 Instagrams: @cwilko97 Link for bio</p>	<p>Ben Williams Event: Triple jump</p>  <p>DOB: 25/01/1992 Home Towns: Staffordshire: Stoke Twitter: @BenJump23 Instagrams: @benjump18 Link for bio</p>	<p>Niclas Baker Event: 4x400m relay</p>  <p>DOB: 09/09/1994 Home Towns: London: Wandsworth Instagrams: @nrbaker_uk Link for bio</p>	
<p>Oliver Dustin Event: 800m</p>  <p>DOB: 29/11/2000 Home Towns: Cumbria: Workington Twitter: @Oliver_Dustin_UK Instagrams: @oliver_dustin_uk Link for bio</p>	<p>Marc Scott Event: 5000m, 10,000m</p>  <p>DOB: 21/12/1993 Home Towns: North Yorkshire: Northallerton Twitter: @MarcScottUK Instagrams: @marcscott21 Link for bio</p>	<p>Phil Norman Event: 200m sleepchase</p>  <p>DOB: 20/10/1989 Home Towns: Devon: Barnstaple Twitter: @PhilNormanUK Instagrams: @phil_norman_uk Link for bio</p>	<p>Scott Lincoln Event: Shot put</p>  <p>DOB: 07/05/1993 Home Towns: North Yorkshire: Northallerton Twitter: @shotputlinco Instagrams: @shotputlinco Link for bio</p>	<p>Cameron Chalmers Event: 4x400m relay</p>  <p>DOB: 04/02/1997 Home Towns: Channel Islands: Guernsey Twitter: @CamChalmers400 Instagrams: @camchalmers400 Link for bio</p>	
<p>Elliot Giles Event: 800m</p>  <p>DOB: 24/05/1994 Home Towns: West Midlands: Birmingham Previous Games attended: Rio 2016 Twitter: @ElliotLevGiles Instagrams: @elliotlev_giles Link for bio</p>	<p>Sam Alkin Event: 10,000m</p>  <p>DOB: 14/03/1993 Home Towns: Derbyshire: Derby Twitter: @samalkin_uk Instagrams: @samalkin_uk Link for bio</p>	<p>Zak Seddon Event: 200m sleepchase</p>  <p>DOB: 28/04/1994 Home Towns: Berkshire: Twyford Twitter: @Zakeroo12 Instagrams: @zakeroo12 Link for bio</p>	<p>Lawrence Okoye Event: Discus</p>  <p>DOB: 04/10/1991 Home Towns: London: Croydon Previous Games attended: London 2012 Twitter: @LawrenceOkoye Instagrams: @lawrenceokoye Link for bio</p>	<p>Matthew Hudson-Smith Event: 4x400m relay</p>  <p>DOB: 24/10/1994 Home Towns: West Midlands: Wolverhampton Previous Games attended: Rio 2016 Twitter: @matt_hudson_smith Instagrams: @matt_hudson_smith Link for bio</p>	

BADMINTON

バドミントン

Staff Bios

Sara Symington Team Leader	Gordon Bosworth Therapist	Andi Drake Coach	Christian Malcolm Head Coach	Jeff Porter Coach	Derry Suler Therapist	Matt Yates Coach
Santiago Antunez Coach	James Brown Doctor	Lorna Dwyer Team Manager	Catherine McCormick Therapist	Duncan Robertson Doctor	Carl Todd Therapist	Andrew Young Coach
Tim Benjamin Coach	Charlie Burn Team Manager	Tore Gustafsson Coach	Aston Moore Coach	Jennifer Savage Psychologist	Ross Tugwood Biomechanical	Tommy Yule Sports Team Leader
Jon Bigg Coach	Darren Campbell Coach	Robert Hawkins Coach	Jon Murray Therapist	Andy Shaw Physiologist	Bertrand Valcin Coach	Liz Birchall Media Officer
John Blackie Coach	Leon Creaney Doctor	Maddy Ibbett Team Manager	Shaun Pickering Coach	Scott Simpson Coach	Helen van Kempen Therapist	
Bengt-Erik Blomkvist Coach	Robert Denmark Coach	Chris Jones Coach	George Polglass Therapist	Poora Singh Therapist	Andy Walling Therapist	



Badminton

Introduction

A fast-moving, intense and exciting spectacle, badminton returns as a medal sport for its eighth Olympic Games in Tokyo. Having been a demonstration sport in both 1972 and 1988, badminton was finally granted full Olympic status at Barcelona 1992 and has become one of the most exhilarating events to watch at every Games since.

Tokyo 2020 will see five events contested – men’s and women’s singles, men’s and women’s doubles and mixed doubles – with every match being best-of-three games and the first player or pair to reach 21 points winning the game. If the score in any game reaches 20-20, the margin of victory must be two clear points until it reaches 29-29, when next point wins.

The singles events in Tokyo will see players divided into 12-16 groups of three or four players for a series of round-robin matches, with the top-ranked player in each group advancing to the round of 16, from where it’s a straight knockout competition. Meanwhile, in the doubles, players are divided into four round-robin groups of four and the two top-ranked pairs in each group then progress to the quarter-finals, with the event becoming a single-elimination knockout tournament from there.

While China have dominated the Olympic badminton medal podium since the sport’s introduction in 1992 – winning 18 of the 34 golds on offer – Team GB have held their own with three memorable medal performances.



At Sydney 2000, Simon Archer and Joanne Goode won Team GB’s first-ever badminton medal with mixed doubles bronze before Gail Emms and Nathan Robertson went one better in Athens four years later by taking silver.

And five years ago, Chris Langridge and Marcus Ellis ensured British representation on the men’s doubles medal podium for the first time by brilliantly beating Chinese pair Chai Biao and Hong Wei in the bronze medal match.

Ellis returns for his second Olympic Games in Tokyo this summer, teaming up with Lauren Smith – his partner on and off the court – in the mixed doubles. Ellis and Smith have cemented themselves in the world’s top ten over the past few years and their silver medal at this year’s European Championships in Ukraine shows a pair still on the up.

Smith also claimed European silver alongside Chloe Birch in the women’s doubles in Kiev and the pair will look for a similar display in Tokyo.

Meanwhile, Toby Pentty – who became British No.1 in 2019 and has been steadily climbing the world rankings ever since – will make his Olympic debut in the men’s singles.

And in the women’s event, Kirsty Gilmour is heading to her second Olympics five years on from her debut in Rio, although the Scot first had a taste of the Games as part of the Ambition Programme at London 2012.



Team GB at the Olympic Games



Sydney 2000 1

Athens 2004 1

Rio 2016 1

ALL-TIME TOTAL 1 2

- Gold
- Silver
- Bronze

Events Schedule

W = Women M = Men WM = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event	Date	Time	Event
24 July	09:00-14:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage	31 July	09:00-16:00	W Singles Quarter-Finals M Doubles Semi-Finals
	18:00-22:00	WM Mixed Doubles Group Stage W Singles & Doubles Group Stage M Singles & Doubles Group Stage WM Mixed Doubles Group Stage		18:00-23:00	ME Doubles Bronze Medal Match & Gold Medal Match W Singles Semi-Finals
25 July	10:00-15:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage WM Mixed Doubles Group Stage	01 Aug	13:00-16:00	W Singles Semi-Finals
	18:00-21:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage WM Mixed Doubles Group Stage		20:30-23:00	ME Singles Bronze Medal Match & Gold Medal Match
26 July	10:00-15:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage WM Mixed Doubles Group Stage	02 Aug	13:00-15:30	ME Doubles Bronze Medal Match & Gold Medal Match
	18:00-21:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage WM Mixed Doubles Group Stage		20:00-23:00	ME Singles Bronze Medal Match & Gold Medal Match
27 July	09:00-14:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage	28 July	09:00-14:30	W Singles Group Stage WM Mixed Doubles Quarter-Finals M Singles Group Stage
	18:00-21:30	W Singles & Doubles Group Stage M Singles & Doubles Group Stage		18:00-21:30	
29 July	09:00-15:30	M Doubles Quarter-Finals W Singles Round of 16 WM Mixed Doubles Semi-Finals M Singles Round of 16 W Doubles Quarter-Finals	30 July	09:00-12:30	W Singles Quarter-Finals ME Mixed Doubles Bronze Medal Match
	17:00-22:00			15:30-21:30	M Doubles Semi-Finals W Singles Quarter-Final ME Mixed Doubles Gold Medal Match

BOXING

ボクシング

Athlete Bios

Toby Penty
Event: Men's Singles



DOB: 12/08/1992
Hometown: Surrey, Walton-on-Thames
Twitter: @TobyPenty
Instagram: @TobyPenty1
[Link for bio](#)

Chloe Birch
Event: Women's Doubles



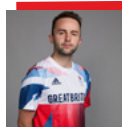
DOB: 14/09/1996
Hometown: South Yorkshire, Sheffield
Twitter: @ChloeBirch95
Instagram: @chloebirch95
[Link for bio](#)

Kirsty Gilmour
Event: Women's Singles



DOB: 21/09/1993
Hometown: Scotland, Bothwell
Previous @Games attended: Rio 2016
Twitter: @KirstyGilmour
Instagram: @kirstygilmour
[Link for bio](#)

Ben Lane
Event: Men's Doubles



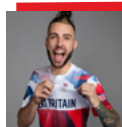
DOB: 13/07/1997
Hometown: Devon, Exmouth
Twitter: @BenLane012
Instagram: @benlane012
[Link for bio](#)

Marcus Ellis
Event: Mixed Doubles



DOB: 14/09/1989
Hometown: West Yorkshire, Huddersfield
Previous @Games attended: Rio 2016
Twitter: @ellis_marcus111
Instagram: @marcusellis89
[Link for bio](#)

Sean Vandy
Event: Men's Doubles



DOB: 18/05/1996
Hometown: Buckinghamshire, Milton Keynes
Twitter: @SeanVandy
Instagram: @seanvandy_
[Link for bio](#)

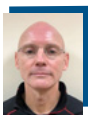
Lauren Smith
Event: Women's Doubles, Mixed Doubles



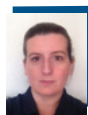
DOB: 26/09/1991
Hometown: Cumbria, Carlisle
Previous @Games attended: Rio 2016
Twitter: @LaurenE_Smith
Instagram: @LaurenE_Smith
[Link for bio](#)

Staff Bios

Jon Austin
Team Leader



Gemma Field
Media Officer



Peter Jeffrey
Head Coach



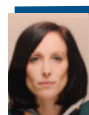
Julian Robertson
National Coach



Nathan Robertson
National Coach



Julia Sawkings
Physio



Boxing

Introduction

With origins that can be traced all the way back to the ancient Greeks and contested at every Olympic Games bar one since 1904, boxing will continue to deliver its unique mix of physicality and technical skill in Tokyo. Unlike its professional sibling, amateur boxing, employed at Olympic level, consists of three rounds of three minutes of short, sharp action for both men and women.

The rules on headguards and the scoring system have evolved over the years, with the current structure seeing women wearing head protection but men not, while five ringside judges will score each bout to decide a winner – if there's no victory by knockout.

Each judge scores the contest independently, their round-by-round tally is totted up and the boxer with the higher score on the majority of judges' scorecards is declared the winner.

Competitors fight in weight classes in a straight knockout elimination format until just two fighters remain to contest the gold medal bout.

In Tokyo, the men will fight across eight divisions (flyweight, featherweight, lightweight, welterweight, middleweight, light heavyweight, heavyweight and super heavyweight) while the women will fight across five (flyweight, featherweight, lightweight, welterweight and middleweight).

Team GB have enjoyed great success in boxing, winning a total of 56 Olympic medals, including 18 golds, to sit third in the overall medal table.



Future professional stars including Anthony Joshua and Audley Harrison have made their name at the Olympics but only two Brits have won multiple gold medals – middleweight Harry Mallin (1920 & 1924) and flyweight Nicola Adams, who became the first-ever Olympic champion in women's boxing at London 2012 and followed that up with Rio 2016 gold.

Taking place at the Ryogoku Sumo Hall, Team GB will send 11 boxers to Tokyo as they bid to better the three medals secured five years ago.

There is plenty of promise in a hungry squad which features middleweight world champion Lauren Price, a former international footballer for Wales, and 2018 Youth Olympic gold medallist Caroline Dubois (lightweight).

Completing the female line-up is featherweight Karriss Artingstall and flyweight star Charley Davison, who has made waves since returning to boxing less than two years ago after taking a seven-year break from the sport – during which time she had three children.

For the men, McCormack brothers Luke (lightweight) and Pat (welterweight) will be hoping for double family success in Japan.

World light heavyweight bronze medallist Ben Whittaker, heavyweight Cheavon Clarke and super heavyweight Commonwealth champion Frazer Clarke are all medal contenders too.

And completing the line-up is European Games bronze medallist Galal Yafai (flyweight) and World Championship bronze medallist Peter McGrail (featherweight).



Team GB at the Olympic Games

	Beijing 2008 1 2
	London 2012 3 1 1
	Rio 2016 1 1 1
	ALL-TIME TOTAL 18 13 25

Gold
 Silver
 Bronze

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event	Date	Time	Event
24 July	11.00-14.30	♂ Featherweight Round of 32 ♂ Welterweight Round of 32 ♂ Heavyweight Round of 32 ♀ Featherweight Round of 32 ♀ Welterweight Round of 32	30 July	11.00-14.10	♂ Welterweight Quarter-Finals ♂ Light Heavyweight Quarter-Finals ♂ Heavyweight Quarter-Finals ♀ Light Heavyweight Round of 16, Welterweight Quarter-Finals	04 Aug	14.00-16.10	♂ Lightweight Quarter-Finals ♂ Super Heavyweight Semi-Finals ♂ Light Heavyweight Final ♀ Flyweight Semi-Finals ♀ Welterweight Semi-Finals
	11.00-14.30	♂ Featherweight Round of 32 ♂ Welterweight Round of 32 ♂ Super Heavyweight (R/o) 32		17.00-20.10	♀ Light Heavyweight Quarter-Finals ♀ Light Heavyweight Quarter-Finals ♀ Lightweight Round of 16, Welterweight Quarter-Finals		05 Aug	14.00-16.10
25 July	11.00-14.45	♂ Lightweight Round of 32 ♂ Light Heavyweight Round of 32 ♀ Flyweight Round of 32, Middleweight Round of 32	31 July	11.00-13.55	♀ Flyweight Round of 16, Lightweight Round of 16, Middleweight Quarter-Finals, Featherweight Semi-Finals	06 Aug	14.00-15.40	♂ Lightweight Semi-Finals ♂ Heavyweight Final ♂ Middleweight Semi-Finals
	17.00-20.45	♀ Lightweight Round of 32, Light Heavyweight Round of 32 ♀ Flyweight Round of 32		17.00-19.55	♀ Flyweight Round of 16, Lightweight Round of 16, Middleweight Quarter-Finals, Featherweight Semi-Finals	07 Aug	14.00-15.55	♂ Flyweight Final, Middleweight Final, Flyweight Final, Welterweight Final
26 July	11.00-14.45	♀ Flyweight Round of 32, Middleweight Round of 32 ♀ Featherweight Round of 32	01 Aug	11.00-13.40	♂ Featherweight Quarter-Finals, Welterweight Semi-Finals, Middleweight Quarter-Finals, Light Heavyweight Semi-Finals, Super Heavyweight Quarter-Finals	08 Aug	14.00-15.55	♂ Lightweight Final, Super Heavyweight Final, ♂ Lightweight Final, ♂ Middleweight Final
	17.00-20.45	♀ Flyweight Round of 32, Middleweight Round of 32 ♀ Featherweight Round of 32		17.00-19.40	♀ Flyweight Quarter-Finals, Featherweight Quarter-Finals, Welterweight Semi-Finals, Middleweight Quarter-Finals, Light Heavyweight Semi-Finals, Super Heavyweight Quarter-Finals			
27 July	11.00-14.45	♂ Welterweight Round of 16, Heavyweight Round of 16 ♂ Lightweight Round of 32, Welterweight Round of 16	28 July	11.00-14.45	♂ Featherweight Round of 16, Light Heavyweight Round of 16, Featherweight Quarter-Finals, Middleweight Round of 16	29 July	11.00-14.10	♂ Middleweight Round of 16, Super Heavyweight (R/o) 16, Flyweight Round of 16
	17.00-20.45	♀ Welterweight Round of 16, Heavyweight Round of 16 ♀ Lightweight Round of 32, Welterweight Round of 16		17.00-20.45	♀ Featherweight Round of 16, Light Heavyweight Round of 16, Featherweight Quarter-Finals, Middleweight Round of 16		17.00-20.10	♂ Middleweight Round of 16, Super Heavyweight (R/o) 16, Featherweight Round of 32
29 July	11.00-14.10	♂ Middleweight Round of 16, Super Heavyweight (R/o) 16, Flyweight Round of 16	03 Aug	11.00-13.40	♀ Flyweight Quarter-Finals, Featherweight Semi-Finals, Lightweight Quarter-Finals, Heavyweight Semi-Finals, Lightweight Quarter-Finals, Featherweight Final	03 Aug	17.00-19.40	♀ Flyweight Quarter-Finals, Featherweight Semi-Finals, Lightweight Quarter-Finals, Heavyweight Semi-Finals, Welterweight Final
	17.00-20.10	♂ Middleweight Round of 16, Super Heavyweight (R/o) 16, Featherweight Round of 32						

CANOEING

Athlete Bios

Charley Davison
Event: Pyswight



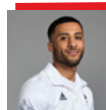
DOB: 24/11/1993
Hometowns: Suffolk: Lowestoft
Twitter: @charleydavson3
Instagram: @charley_slan_davison
[Link for bio](#)

Luke McCormack
Event: Lightweight



DOB: 08/06/1995
Hometowns: Tyne and Wear: Washington
Twitter: @luke_mc1
Instagram: @luke_mccormackno1
[Link for bio](#)

Galal Yafai
Event: Pyswight



DOB: 11/12/1992
Hometowns: West Midlands: Birmingham
Previous Games attended: Rio 2016
Twitter: @galal_yafai
Instagram: @galal_yafai
[Link for bio](#)

Karriss Arlingstall
Event: Featherweight



DOB: 23/11/1994
Hometowns: Cheshire: Macclesfield
Twitter: @karriss_imogen
Instagram: @karriss_arlingstall
[Link for bio](#)

Pat McCormack
Event: Waterweight



DOB: 08/06/1995
Hometowns: Tyne and Wear: Washington
Previous Games attended: Rio 2016
Twitter: @PatMcCormack1
Instagram: @patmccormack14
[Link for bio](#)

Peter McGrail
Event: Featherweight



DOB: 31/05/1996
Hometowns: Merseyside: Liverpool
Twitter: @peter_mcgrail
Instagram: @peter_mcgrail
[Link for bio](#)

Caroline Dubois
Event: Lightweight



DOB: 11/01/2001
Hometowns: London: Enfield
Instagram: @_carolinedubois1
[Link for bio](#)

Ben Whittaker
Event: Light-heavyweight



DOB: 06/06/1997
Hometowns: West Midlands: Darlaston
Twitter: @BenWhittaker
Instagram: @benwhittaker
[Link for bio](#)

Frazer Clarke
Event: Super-heavyweight



DOB: 07/08/1991
Hometowns: Staffordshire: Burton
Twitter: @BigFrazeBoxer
Instagram: @bigfrazeboxer
[Link for bio](#)

Lauren Price
Event: Middleweight



DOB: 25/06/1994
Hometowns: Wales: Ystrad Mynach
Twitter: @LLPrice94
Instagram: @lprice94
[Link for bio](#)

Cheavon Clarke
Event: Heavyweight



DOB: 14/12/1990
Hometowns: Kent: Gravesend
Twitter: @c4chev
Instagram: @c4chev
[Link for bio](#)



CANOE SLALOM

カヌースラローム



CANOE SPRINT

カヌースプリント

Staff Bios

Rob McCracken
Team Leader



Dave Alloway
Senior Podium Coach



Mark Ellison
Nutritionist



Andrew Hagg
Doctor



Rob McCracken
Performance Director



Ed Owen
Physiotherapist



Sophie Smith-Moore
Physiotherapist



Graham Alderson
Podium and Academy Coach



Chris Connolly
Performance Analyst



Gary Hale
Podium Coach



Kate Ludlam
Psychologist



Jamie Mitchell
Physiotherapist



Lee Pullen
Senior Podium Coach



Lee Murgatroyd
Media Officer



Canoeing

Introduction

A regular fixture at the Olympics since the Berlin 1936 Olympic Games, canoeing always delivers lung-busting, high-octane drama on the water - and Tokyo will be no different.

The Games this year will see the sport once again contested in two main disciplines, canoe slalom and canoe sprint, with 16 events scheduled to take place in Japan's capital.

Sea Forest Waterway will host the sprint events, which consist of head-to-head races conducted on flat water as opposed to the dramatic white-water time trials of the canoe slalom competition. In the sprint discipline, athletes are either seated in a kayak (K events) using a two-bladed paddle or kneeling in a canoe (C events) using a single-bladed paddle, with the simple outcome of the first boat to cross the line being the winner.

As a three-time medallist, Liam Heath is Team GB canoe sprint Olympic royalty - having won K1 200m gold and K2 200m silver alongside Jon Schofield at Rio 2016, the latter result improving on the bronze he and Schofield picked up in the same event at London four years earlier. Heath will again compete in the K1 200m at Tokyo and a medal of any colour would move the Surrey native out on his own as Britain's most-decorated Olympic paddler, surpassing the three-medal tallies of Tim Brabants and David Florence. Heath will be joined in Tokyo by fellow canoe sprinters Deborah Kerr and Emily Lewis, who will take on the K1 500m and K1 200m respectively in their first Olympic Games, while Katie Reid has been selected in the C1 to make a four-strong sprint squad.



The trio of Heath, Brabants and Florence are responsible for nine of Team GB's 17 total Olympic canoeing medals, while Joe Clarke made history in Rio by becoming the first Brit to win a solo slalom gold when he triumphed in the men's K1. Speaking of history, Mallory Franklin will be looking to create some as women's C1 slalom makes its debut, by becoming just the second British female to earn an Olympic canoeing medal, following Helen Reeves' K1 slalom bronze at Athens 2004. Franklin is already Great Britain's most successful female paddler of all-time with nine World Championship medals and six European golds, as her favoured discipline finally enters the Games.

Although flat-water canoe and kayak events first joined the Olympic schedule in 1936, slalom events weren't included in the programme until a one-off appearance at Munich 1972. Despite its early popularity, canoe slalom dropped off the schedule again but has been on the programme ever since returning at Barcelona 1992, with the adrenaline-fuelled time trials providing a great visual spectacle. For the 2020 Games, the slalom discipline will take place at the Kasai Canoe Slalom Centre as athletes - competing in either a kayak (K events) or canoe (C events) - complete timed runs down a 300m stretch of white-water rapids with up to 25 gates to negotiate.

Time penalties are doled out for either touching or missing a gate entirely, and the fastest time wins. Having been a member of the Team GB Ambition Programme at Rio 2016, Kimberley Woods will make her full Olympic debut in the women's K1 single, while Adam Burgess (C1) and Bradley Forbes-Cryans (K1) provide the British medal hopes in the men's canoe slalom events.



Team GB at the Olympic Games



Beijing 2008	1	1	1	 Gold Silver Bronze
London 2012	2	1	1	
Rio 2016	2	2		
ALL-TIME TOTAL	5	7	5	

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
CANOE SLALOM					
25 July	13:00-16:45	W K1 Heats M C1 Heats			
26 July	14:00-16:45	M ME C1 Semi-Finals & Final			
27 July	14:00-17:00	W ME C1 Semi-Finals & Final			
28 July	13:00-16:45	W C1 Heats M K1 Heats			
29 July	14:00-16:45	W ME C1 Semi-Finals & Final			
30 July	14:00-17:00	M ME K1 Semi-Finals & Final			
CANOE SPRINT					
02 Aug	9:30-13:00	M C2 1000m Heats & Quarter-Finals M K1 1000m Heats & Quarter-Finals W K1 200m Heats & Quarter-Finals W K2 500m Heats & Quarter-Finals			
03 Aug	9:30-13:15	M ME C2 1000m Semi-Finals & Finals M ME K1 1000m Semi-Finals & Final W ME K1 200m Semi-Finals & Final W ME K2 500m Semi-Finals & Final			
CANOE SPRINT					
04 Aug	9:30-12:40	M K1 200m Heats & Quarter-Finals M K2 1000m Heats & Quarter-Finals W C1 200m Heats & Quarter-Finals W K1 500m Heats & Quarter-Finals			
05 Aug	9:30-13:05	M ME K1 200m Semi-Finals & Final M ME K2 1000m Semi-Finals & Final W ME C1 200m Semi-Finals & Final W ME K1 500m Semi-Finals & Final			
06 Aug	9:30-11:40	M C1 1000m Heats & Quarter-Finals M K4 500m Heats W C2 500m Heats & Quarter-Finals W K4 500m Heats			
07 Aug	9:30-12:50	M ME C1 1000m Semi-Finals & Final M ME K4 500m Semi-Finals & Final W C2 500m Heats & Quarter-Finals W ME C2 500m Semi-Finals & Final W ME K4 500m Semi-Finals & Final			

CYCLING

自転車競技



Athlete Bios

Canoe Slalom:

Adam Burgess
Event: C1



DOB: 17/07/1992
Hometown: Staffordshire, Stone
Twitter: @slalom_burgess
Instagram: @slalom_burgess
[Link for bio](#)

Kimberley Woods
Event: K1



DOB: 08/09/1995
Hometown: Warwickshire, Rugby
Twitter: @kim_woods_95
Instagram: @kimberleywoods
[Link for bio](#)

Bradley Forbes-Cryans
Event: K1



DOB: 25/03/1995
Hometown: Scotland: Roath
Twitter: @BForbesCryans
Instagram: @bforbeecryans
[Link for bio](#)

Mallory Franklin
Event: C1



DOB: 19/06/1994
Hometown: Berkshire: Windsor
Twitter: @Mall_Franklin
Instagram: @malloryfranklin
[Link for bio](#)

Canoe Sprint:

Katie Reid
Event: C1



DOB: 25/02/1995
Hometown: Scotland: Dumfries
Twitter: @katiejreid
[Link for bio](#)

Liam Heath
Event: K1 200m



DOB: 17/08/1984
Hometown: Surrey: Guildford
Previous Games attended: Rio 2016, London 2012
Twitter: @Liam_Heath
Instagram: @Heath_Liam
[Link for bio](#)

Deborah Kerr
Event: K1 200m



DOB: 17/11/1997
Hometown: Scotland: Motherwell
Twitter: @kerrd09
Instagram: @deborahkerr
[Link for bio](#)

Emily Lewis
Event: K1 200m




DOB: 15/05/1993
Hometown: Worcestershire: Malvern
Instagram: @emilylewis_93
[Link for bio](#)


Staff Bios

Canoe:

Paul Ratcliffe
Team Leader



Shelley Wyatt
Medical Officer



Canoe Slalom:

Danielle Adams
Performance Psychologist



Richard Hounslow
Coach




Andrew Powell
Physio



Mark Ratcliffe
Head Coach



Kristen Wright
Performance Analyst



Canoe Sprint:

Eric Farrell
Coach



Patrick Harding
Physio



Kristina Medovcikova
Coach



Mike Mustoe
Performance Analyst



Scott Simon
Head Coach



Cycling

Introduction

Of all the success that Team GB have enjoyed in the last two decades, perhaps no sport has played a bigger role than cycling.

It is no coincidence that the list of Britain's most successful Olympians in medal terms is topped by a trio of cyclists, while the most successful British female Olympian has also earned her medals on two wheels.

Between them, Jason Kenny (six gold medals and one silver) and wife Laura Kenny (four gold medals) have an astonishing ten Olympic titles and will be looking to add to that tally in Tokyo.

Any sort of medal would be enough for Jason to break the tie that he currently has with former team sprint colleague Sir Chris Hoy, while the third member of the trio of all-time male greats is none other than Sir Bradley Wiggins, who claimed his fifth gold medal, and record eighth Olympic medal in Rio.

Meanwhile, Laura is the only British woman in history to win four Olympic golds and will also try to become Team GB's first female athlete to claim Olympic golds at three separate Games in Tokyo. Only in athletics have British competitors won more medals in Olympic history but, since 2008, Team GB have managed to claim 38 medals from 54 events in cycling.

The majority of that success has come on the track, both in the sprint and endurance events. However, cycling in 2020 will expand even further, with a fifth discipline added to the Olympic programme. BMX Freestyle Park enters the equation, with BMX Supercross having been added in 2008. Along with the two BMX events, mountain biking has been part of the Games since 1996, while track and road cycling date back to the very first Olympics, with the sport one of just five to have featured in every Games.



What is most remarkable about the rise of British cycling is the speed at which it has occurred. Chris Boardman's individual pursuit gold in 1992 was the first British cycling title since World War II, while eight years later it was Jason Queally who won the now discontinued kilo time trial on the track and was the catalyst for the domination that would follow.

Wiggins and Hoy shared a gold apiece in Athens and since then the medals have not stopped coming, most notably with three successive titles in both the men's team sprint and team pursuit, as well as the two golds in the women's team pursuit since that was introduced in London.

While neither Wiggins nor Hoy will compete in Tokyo, there are still a lot of familiar faces in the squad, not least the Kennys and three-time Olympic champion Ed Clancy, the most experienced member of the team pursuit.

The four-strong British team for the men's road race, which will take place to the west of Tokyo, finishing at the Fuji speedway circuit in Shizuoka, contains a trio of Grand Tour winners, including 2018 Tour de France winner and double Olympic champion Geraint Thomas.

On the women's side, Lizzie Deignan will be looking to upgrade the silver she won in London in 2012.

At the other end of the experience spectrum is Tom Pidcock, Team GB's best hope in the mountain biking, just 21 but already with the biggest-ever victory margin in a mountain bike World Cup event, winning by a minute in Nove Mesto in May.

Chef-turned-BMX Freestyle Park star Charlotte Worthington became the first British woman to win a world medal in the discipline with bronze in 2019 and will look to emulate that in the sport's Olympics debut.



Team GB at the Olympic Games



Beijing 2008	8	4	2
London 2012	8	2	2
Rio 2016	6	4	2
ALL-TIME TOTAL	32	30	25

- Gold
- Silver
- Bronze

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
ROAD					
24 July	11.00-18.15	M ME Road Race	03 Aug	15.30-18.10	M Team Sprint Qualifying.
25 July	13.00-17.35	W ME Road Race			ME First Round & Finals; Team Pursuit First Round
28 July	11.30-17.40	M ME Individual Time Trial W ME Individual Time Trial			W ME Team Pursuit First Round, Finals
MOUNTAIN BIKE					
26 July	15.00-17.00	M ME Cross-Country	04 Aug	15.30-18.10	M Sprint Qualifying, 1/32 Finals, 1/32 Repechages, 1/16 Finals, 1/16 Repechages;
26 July	15.00-17.00	W ME Cross-Country			M ME Team Pursuit Finals W Keirin First Round, Repechages
BMX RACING					
29 July	10.00-12.00	M Quarter-Finals W Quarter-Finals	05 Aug	15.30-18.10	M Omnium: Scratch Race, Tempo Race, Elimination Race & Points Race; Sprint 1/8 Finals, 1/8 Repechages, Quarter-Finals & Race for 5th-8th Places Keirin Quarter-Finals, Semi-Finals.
30 July	10.00-12.00	M ME Semi-Finals & Final W ME Semi-Finals & Final			W ME Final 7-12 & Final 1-6
BMX FREESTYLE					
31 July	10.10-12.20	M Park Seeding W Park Seeding	06 Aug	15.30-19.15	M ME Sprint Semi-Finals & Finals W ME Sprint Qualifying, 1/32 Finals, 1/32 Repechages, 1/16 Finals & 1/16 Repechages; Madison Final
01 Aug	10.10-12.50	M ME Park Final W ME Park Final			M ME Keirin First Round & Repechages; W ME Madison Final Sprint 1/8 Finals, 1/8 Repechages & Quarter-Finals
TRACK					
02 Aug	15.30-18.30	M Team Pursuit Qualifying W ME Team Sprint Qualifying, First Round & Finals; Team Pursuit Qualifying	07 Aug	15.30-18.25	M ME Keirin First Round & Repechages; W ME Madison Final Sprint 1/8 Finals, 1/8 Repechages & Quarter-Finals
02 Aug	15.30-18.30	M Team Pursuit Qualifying W ME Team Sprint Qualifying, First Round & Finals; Team Pursuit Qualifying			M Keirin Quarter-Finals, Semi-Finals, Final 7-12 & Final 1-6 W ME Omnium: Scratch Race, Tempo Race, Elimination Race & Points Race; Sprint Semi-Finals, Race for 5th-8th Places & Finals
02 Aug	15.30-18.30	M Team Pursuit Qualifying W ME Team Sprint Qualifying, First Round & Finals; Team Pursuit Qualifying	08 Aug	15.30-18.25	M Keirin Quarter-Finals, Semi-Finals, Final 7-12 & Final 1-6 W ME Omnium: Scratch Race, Tempo Race, Elimination Race & Points Race; Sprint Semi-Finals, Race for 5th-8th Places & Finals

Athlete Bios

BMX:

Kye Whyte
Event: BMX Supercross



DOB: 21/09/1999
Hometowns: London; Peckham
Twitter: @kye969
Instagram: @kyewhyte87
[Link for bio](#)

Beth Shriever
Event: BMX Supercross



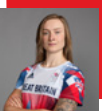
DOB: 19/04/1999
Hometowns: Essex; Finchfield
Twitter: @bethanyshriever
Instagram: @bethanyshriever
[Link for bio](#)

Declan Brooks
Event: BMX Freestyle Park



DOB: 10/07/1996
Hometowns: Hampshire; Portsmouth
Twitter: @declanbrooks_bmx
Instagram: @declanbrooks
[Link for bio](#)

Charlotte Worthington
Event: BMX Freestyle Park



DOB: 26/06/1996
Hometowns: Greater Manchester; Manchester
Twitter: @chazworther
Instagram: @chazworther
[Link for bio](#)

BMX Reserves

James Jones
Event: BMX Freestyle Park



DOB: 03/04/1994
Hometowns: Wales; Sandfields
Twitter: @JamesJones_bmx
Instagram: @jamesjonesbmx
[Link for bio](#)

Ross Cullen
Event: BMX Supercross



DOB: 28/03/2001
Hometowns: Lancashire; Chorley
Twitter: @rosscullen
Instagram: @rosscullen_
[Link for bio](#)

Mountain Bike:

Tom Pidcock
Event: Mountain Bike



DOB: 30/07/1999
Hometowns: West Yorkshire; Leeds
Twitter: @TomPid
Instagram: @tompidcock
[Link for bio](#)

Evie Richards
Event: Mountain Bike



DOB: 11/03/1997
Hometowns: Worcestershire; Malvern
Twitter: @evie_alicee
Instagram: @eviealicerichards
[Link for bio](#)

Road:

Tao Geoghegan Hart
Event: Road



DOB: 30/03/1995
Hometowns: London; Hackney
Twitter: @taogeoghegan
Instagram: @taogeogheganhart
[Link for bio](#)

Geraint Thomas
Event: Road



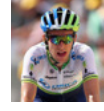
DOB: 25/05/1986
Hometowns: Wales; Cardiff
Previous Games attended: Beijing 2008, London 2012, Rio 2016
Twitter: @GeraintThomas86
Instagram: @geraintthomas86
[Link for bio](#)

Adam Yates
Event: Road



DOB: 07/08/1992
Hometowns: Greater Manchester; Bury
Previous Games attended: Rio 2016
Twitter: @AdamYates7
Instagram: @adamyates7
[Link for bio](#)

Simon Yates
Event: Road



DOB: 07/08/1992
Hometowns: Greater Manchester; Bury
Twitter: @simonyates
Instagram: @simonyates
[Link for bio](#)

Lizzie Deignan
Event: Road



DOB: 18/12/1988
Hometowns: West Yorkshire; Otley
Previous Games attended: London 2012, Rio 2016
Twitter: @lizzedeignan
Instagram: @l_deignan
[Link for bio](#)

Anna Shackley
Event: Road



DOB: 17/05/2001
Hometowns: Scotland; Milngavie
Twitter: @Annashackley12
Instagram: @annashackley
[Link for bio](#)

Road Cycling Reserves

James Knox
Event: Road



DOB: 04/11/1995
Hometowns: Cumbria; Levens
Twitter: @JamesKnox
Instagram: @james_knox4
[Link for bio](#)

Joss Lowden
Event: Road



DOB: 03/10/1987
Hometowns: East Sussex; Lewes
Twitter: @jossalowden
Instagram: @jossalowden
[Link for bio](#)

Track:

Ed Clancy
Event: Track Endurance



DOB: 12/03/1985
Hometowns: West Yorkshire; Huddersfield
Previous Games attended: Beijing 2008, London 2012, Rio 2016
Twitter: @Ed_Clancy
Instagram: @ed.clancy
[Link for bio](#)

Ethan Hayler
Event: Track Endurance



DOB: 18/09/1998
Hometowns: London; South London
Twitter: @ethan_hayler
Instagram: @ethanhayler
[Link for bio](#)

Ethan Vernon
Event: Track Endurance



DOB: 26/08/2000
Hometowns: Bedfordshire; Bedford
Twitter: @EthanVernon22
Instagram: @ethanvernon00
[Link for bio](#)

Matt Walls
Event: Track Endurance



DOB: 20/04/1998
Hometowns: Greater Manchester; Oldham
Twitter: @mattwalls_98
Instagram: @mattwalls_98
[Link for bio](#)

Ollie Wood
Event: Track Endurance



DOB: 26/11/1995
Hometowns: West Yorkshire; Wakefield
Twitter: @olliewood95
Instagram: @olliewood95
[Link for bio](#)

Katie Archibald
Event: Track Endurance



DOB: 12/03/1994
Hometowns: Scotland; Milngavie
Previous Games attended: Rio 2016
Twitter: @katiearchibald
Instagram: @katiearchibald
[Link for bio](#)

Elinor Barker
Event: Track Endurance



DOB: 07/09/1994
Hometowns: Wales; Cardiff
Previous Games attended: Rio 2016
Twitter: @elinorbarker
Instagram: @elinorbarker
[Link for bio](#)

Neah Evans
Event: Track Endurance



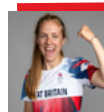
DOB: 01/08/1990
Hometowns: Scotland; Cumneshawton
Twitter: @neachevans
Instagram: @neachevans
[Link for bio](#)

Laura Kenny
Event: Track Endurance



DOB: 24/04/1992
Hometowns: Hertfordshire; Chestnut
Previous Games attended: London 2012, Rio 2016
Twitter: @LauraKenny31
Instagram: @laurakenny31
[Link for bio](#)

Josie Knight
Event: Track Endurance



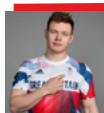
DOB: 29/03/1997
Hometowns: Ireland; Dingle
Twitter: @JosieKnight97
Instagram: @knight_josie
[Link for bio](#)

Katy Marchant
Event: Track Sprint



DOB: 30/01/1993
Hometowns: West Yorkshire; Leeds
Previous Games attended: Rio 2016
Twitter: @katymarchant
Instagram: @katymarchant
[Link for bio](#)

Jack Carlin
Event: Track Sprint



DOB: 23/04/1997
Hometowns: Scotland; Paisley
Twitter: @jack_carlin97
Instagram: @jackcarlin97
[Link for bio](#)

Jason Kenny
Event: Track Sprint



DOB: 23/03/1988
Hometowns: Greater Manchester; Bolton
Previous Games attended: Beijing 2008, London 2012, Rio 2016
Twitter: @JasonKenny107
[Link for bio](#)

Ryan Owens
Event: Track Sprint



DOB: 29/09/1995
Hometowns: Bedfordshire; Aspley Gulse
Twitter: @ryanowens0
Instagram: @ryan_owens1995
[Link for bio](#)

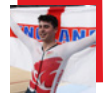
Track Reserves

Philip Hindes
Event: Track Sprint



DOB: 22/09/1992
Hometowns: Germany; Krefeld
Previous Games attended: London 2012, Rio 2016
Twitter: @Philip_hindes
Instagram: @phindes
[Link for bio](#)

Charlie Tanfield
Event: Track Endurance



DOB: 17/11/1996
Hometowns: North Yorkshire; Great Ayton
Twitter: @charlie_tanfield
Instagram: @charlie_tanfield
[Link for bio](#)

Staff Bios

Stephen Park Team Leader	Jamie Bestwick BMX IP Coach	Iain Dyer Men's Track Endurance Coach	Ben Jenkins Road Team Coder	Piotr Michaliszyn MTB Team Mechanic	Jonathan Quaglierini Road Team Coder	Simon Watts MTB Coach
Megan Alchison MTB Driver	Marcus Bloomfield BMX CX Coach	Ernie Feargrieve Track Team Mechanic	Nigel Jones Quater	Chris Newton Women's Road Coach	Keith Reynolds Team Leader Support	
Abby Burton Media Officer	Matt Brammeier Men's Road Coach	Gus Gillies Road Team Mechanic	Richard King BMX IP Manager	Jon Norfolk Performance Manager	Matt Simmonds MTB Technical Coach	
Sophie Ball Track Performance Analyst	Jeff Crombie Road Team Mechanic	Monica Greenwood Women's Endurance Track Coach	Benjamin Macdonald Track Team Physio	Alex O'Gorman Road Team Physio	Rebecca Toone MTB Physiologist	
Emma Barton Performance Support	Hannah Crowley Track Physio	Rich Hampson Sports Physio	Phil Macdonald Track Team Coder	Marco Pinelli Time Trial Coach	Marek Uhal BMX Team Mechanic	
Brock Berling Road Team Chef	Emann Deane Track Cook	Alex Jaffrey Track Team Mechanic	Lewis Marsden Track Performance Analyst	Scott Pollock Men's Sprint Coach	Jan van Eijden Women's Sprint Coach	

DIVING

飛込



Diving

Introduction

Platform diving made its Olympic debut in 1904, with 'fancy diving', or the style we know as springboard today, being added four years later. The 1908 London Olympics also marked the first time Great Britain took part, as the men's springboard event was introduced to replace a plunge for distance competition.

Women were able to compete from 1912 but it was not until 2000 when synchronised categories were first included. In both springboard and platform events, men complete six dives and women perform five dives, seeking to gain the highest total score from poolside judges, who are deducting points from a perfect score of ten and multiplying the total by the degree of difficulty tariff assigned to each selected dive.

Since Great Britain first took part, British divers have won 10 Olympic medals comprising one gold, three silvers and six bronzes to sit 13th on the all-time medal table. There will be eight medals up for grabs in Tokyo with individual and synchronised events for the men and women across the 3m springboard and 10m platform categories.

In all four synchronised events, the pairs will head straight into a final to battle for medals, while the individual events have both preliminaries and semi-finals to determine the divers that will advance to the final.

Team GB will be represented in all categories with 12 divers selected, including reigning Olympic champion Jack Laugher.



Laugher and Chris Mears became Team GB's first-ever Olympic diving gold medallists when they memorably claimed the men's 3m synchronised springboard title at Rio.

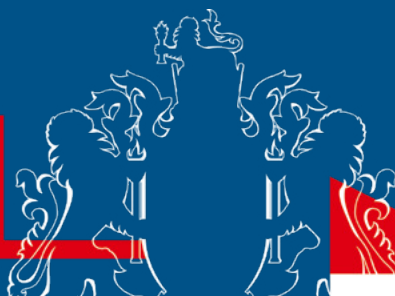
Also in 2016, Laugher picked up a silver in the 3m springboard, while Tom Daley and Dan Goodfellow combined for bronze in the 10m synchro. Laugher's double medal haul ensured his status as Team GB's most successful Olympic diver of all-time, while he and Mears were the only non-Chinese athletes to win a Rio diving gold.

The now-26-year-old has the chance to add to his tally as he will compete in the 3m springboard and the 3m synchro alongside Goodfellow. Laugher will be joined in the 3m individual event by 24-year-old James Heatly, while Daley will look to achieve that elusive Olympic gold medal when he competes in the men's 10m platform.

The two-time Olympic bronze medallist will also feature in the 10m synchro with Matty Lee, while another debutant, Noah Williams, also competes in the 10m individual event.

On the women's side, BBC Young Sports Personality of the Year 2020 Andrea Spendolini-Sirieix and Lois Toulson will go in the 10m platform, as Toulson also partners first-time Olympian Eden Cheng in the 10m synchro. In the 3m springboard events, Grace Reid will look to improve on the eighth place she achieved in the individual event in Rio.

Reid, who alongside Daley is coached by Jane Figueiredo, will also compete in the 3m synchro with Kai Torrance. Completing the Team GB line-up is 19-year-old Scarlett Mew Jensen who will compete in the 3m springboard and is one of eight debutants in the diving squad.



Team GB at the Olympic Games

Beijing 2008

London 2012 1

Rio 2016 1 1 1

ALL-TIME TOTAL 1 3 6

Gold

Silver

Bronze

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
25 July	15.00-16.00	W ME Synchronised 3m Springboard Final	03 Aug	10.00-11.30	M 3m Springboard Semi-Final
26 July	15.00-16.00	M ME Synchronised 10m Platform Final	15.00-16.30	M ME 3m Springboard Final	
27 July	15.00-16.00	W ME Synchronised 10m Platform Final	04 Aug	15.00-17.30	W 10m Platform Preliminary
28 July	15.00-16.00	M ME Synchronised 3m Springboard Final	05 Aug	10.00-11.25	W 10m Platform Semi-Final
30 July	15.00-17.30	W 3m Springboard Preliminary	15.00-16.25	W ME 10m Platform Final	
31 July	15.00-16.25	W 3m Springboard Semi-Final	06 Aug	15.00-17.30	M 10m Platform Preliminary
01 Aug	15.00-16.25	W ME 3m Springboard Final	07 Aug	10.00-11.40	M 10m Platform Semi-Final
02 Aug	15.00-17.30	M 3m Springboard Preliminary	15.00-16.25	M ME 10m Platform Final	

Athlete Bios

Edén Cheng
Event: 10m synchro

DOB: 02/12/2002
Hometown: London; Dulwich
Instagram: @eden.cheng
[Link for bio](#)

James Healy
Event: 3m springboard

DOB: 20/05/1997
Hometown: Hampshire; Winchester
Previous Games attended: Rio 2016, London 2012
Twitter: @JamesHealy
Instagram: @jameshealy
[Link for bio](#)

Scarlett Mew Jensen
Event: 3m springboard

DOB: 31/12/2001
Hometown: London
Twitter: @scarmewjensen
Instagram: @scarlettmjensen
[Link for bio](#)

Tom Daley
Event: 10m synchro, 10m

DOB: 21/05/1994
Hometown: Devon; Plymouth
Previous Games attended: Rio 2016, London 2012, Beijing 2008
Twitter: @TomDaley1994
Instagram: @tomdaley
[Link for bio](#)

Jack Laugher
Event: 3m synchro, 3m

DOB: 30/01/1995
Hometown: North Yorkshire; Harrogate
Previous Games attended: Rio 2016
Twitter: @JackLaugher
Instagram: @jacklaugher
[Link for bio](#)

Grace Reid
Event: 3m synchro, 3m springboard

DOB: 09/08/1996
Hometown: Scotland; Edinburgh
Previous Games attended: Rio 2016
Instagram: @graceereid
[Link for bio](#)

Daniel Goodfellow
Event: 3m synchro

DOB: 19/10/1996
Hometown: Cambridgeshire; Cambridge
Previous Games attended: Rio 2016
Twitter: @clanngoodfellow
Instagram: @danielgoodfellow
[Link for bio](#)

Matty Leo
Event: 10m platform

DOB: 05/03/1998
Hometown: West Yorkshire; Leeds
Twitter: @mattyddiver
Instagram: @mattyddiver
[Link for bio](#)

Andrea Spendolini-Siriex
Event: 10m platform

DOB: 11/09/2004
Hometown: London; Southwark
Instagram: @andreasiriex04
[Link for bio](#)

EQUESTRIAN

馬術

Katherine Torrance
Event: 3m synchro



DOB: 10/10/1998
Hometown: London; Craydon
Twitter: @Kat_Torrance
Instagram: @Kat_Torrance

Noah Williams
Event: 10m platform



DOB: 15/05/2000
Hometown: London; Hackney
Previous @ames attended: Rio 2016
Instagram: @noah_w9

Lois Toulson
Event: 10m platform, synchro



DOB: 26/09/1999
Hometown: West Yorkshire; Huddersfield
Previous @ames attended: Rio 2016
Twitter: @LoisToulson
Instagram: @lois_toulson

Staff Bios

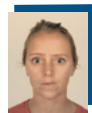
Alexey Evangulov
Team Leader



David Gerty
Managing Victory Officer



Jennifer Leeming
Coach



Adam Smallwood
Coach



Lin Chen
Coach



Marc Holdsworth
Coach



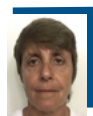
Ruth Norfolk
Senior Managing Victory Officer



Adam Sothran
Team Manager



Jane Figueiredo
Coach



David Jenkins
Coach



Alexandre Rochas
Coach



Gareth Ziyambi
Physio



Equestrian

Introduction

A staple in the Olympic programme for over a century, equestrian events uniquely involve animals while also offering men and women the chance to compete against each other on equal terms. Having made its Games debut in 1900 – when equestrian competition comprised a heady mix of jumping, high jump, long jump, hacks and hunter combined and mail coach – the current format was first put in place in Stockholm 12 years later and has remained ever since.

Olympic equestrian is split into three disciplines – dressage, eventing and jumping – all of which feature individual and team medal opportunities. Team GB has won 35 Olympic equestrian medals in total, including 11 golds, and sit fifth in the overall medal table.

In dressage, the horse's three basic paces of walk, trot and canter are utilised to produce movements including circles, serpentines, piaffe, passage and pirouettes, that are judged on harmony, precision and suppleness. The Freestyle competition for individual medals is set to music with athletes setting their own routine.

Team GB won its first medals in the discipline at London 2012, with Charlotte Dujardin and Laura Bechtolshheimer picking up gold and bronze in the individual event respectively, while the duo also earned team gold alongside Carl Hester. Dujardin backed up that success on Valegro in Rio four years later with another individual gold and team silver and will be bidding to add to her glittering medal tally with new equine partner Gio in Japan.



Eventing is a combination of dressage, jumping and cross-country tests which are carried out over four consecutive days. The aim for the rider is to achieve the lowest number of penalties in all three disciplines.

Team GB have won a total of 19 Olympic eventing medals, including silver in the team event at London 2012. In Tokyo, current eventing world number one Oliver Townend will be looking to earn GB's first eventing gold medal since Leslie Law topped the ranks in the individual event at Athens 2004.

Jumping, or showjumping, takes place in an arena and around a course of approximately 15 fences. Faults are awarded for knocked fences or finishing outside a time limit, with the winner the rider and horse with the fewest faults – and the quicker time being the next deciding factor if competitors are tied on the number of faults.

Nick Skelton famously won individual jumping gold at his seventh Games in Rio, at the age of 58. Five years on Ben Maher – who claimed team gold alongside Skelton, Scott Brash and Peter Charles at London 2012 – will once again be gunning for glory.

Most of the Tokyo 2020 equestrian action will be held at the Baji Koen Equestrian Park, the same site as the 1964 Games, with the three disciplines spread across the entirety of the Games calendar. Dressage competition gets underway a day after the Opening Ceremony, before eventing begins six days later and jumping rounds off the event, with the team final proceeding on the penultimate day of the Games.



Team GB at the Olympic Games



Beijing 2008			
London 2012			
Rio 2016			
ALL-TIME TOTAL			

Gold
 Silver
 Bronze

Events Schedule

= Women
 = Men
 = Women & Men (Mixed Event)
 = Medal Event

Date	Time	Event	Date	Time	Event
DRESSAGE					
24 July	17.00-22.15	Grand Prix Team & Individual Day 1			
25 July	17.00-22.15	Grand Prix Team & Individual Day 2			
27 July	17.00-22.40	Team Grand Prix Special			
28 July	17.00-22.40	Individual Grand Prix Freestyle			
JUMPING					
03 Aug	19.00-22.45	Individual Qualifier			
04 Aug	19.00-21.40	Individual Final			
06 Aug	19.00-22.05	Team Qualifier			
07 Aug	19.00-21.30	Team Final			
EVENTING					
30 July	8.30-11.00	Dressage Team & Individual Day 1 - Session 1			
	17.30-20.10	Dressage Team & Individual Day 1 - Session 2			
31 July	8.30-11.00	Dressage Team & Individual Day 2 - Session 3			
01 Aug	7.45-11.10	Cross Country Team & Individual			
02 Aug	17.00-22.25	Jumping Team Final & Individual Qualifier			
		Jumping Individual Final			

Athlete Bios

Dressage:

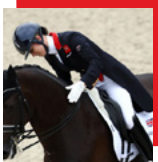
Charlotte Dujardin



DOB: 13/07/1985
Hometown: London: Enfield
Previous Games attended: Rio 2016, London 2012
Twitter: @CSJDujardin
Instagram: @charlotte_dujardinbce
[Link for bio](#)



Charlotte Fry



DOB: 11/02/1996
Hometown: North Yorkshire: Scarborough
Twitter: @loffiefry
Instagram: @loffie_fry
[Link for bio](#)

Carl Hester



DOB: 29/06/1967
Hometown: Channel Islands: Sark
Previous Games attended: Rio 2016, London 2012, Athens 2004, Sydney 2000, Barcelona 1992
Twitter: @HesterDressage
Instagram: @carlhesterbce
[Link for bio](#)



Eventing :

Laura Collett



DOB: 31/08/1989
Hometown: Gloucestershire: Salperton
Twitter: @CollettEventing
Instagram: @laura_collett
[Link for bio](#)

Tom McEwen



DOB: 10/05/1991
Hometown: Gloucestershire: Minchinhampton
Twitter: @TomMcEwen1
Instagram: @tommceweneventing
[Link for bio](#)

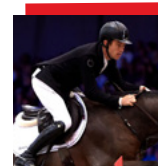
Oliver Townend



DOB: 15/11/1982
Hometown: West Yorkshire: Huddersfield
Twitter: @Oliver_Townend
Instagram: @olivertownendofficial
[Link for bio](#)

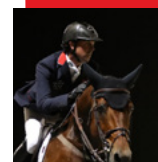
Jumping:

Scott Brash



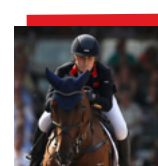
DOB: 23/11/1985
Hometown: Scotland: Peebles
Previous Games attended: London 2012
Twitter: @scott_brash
Instagram: @scott.brash
[Link for bio](#)

Ben Maher



DOB: 30/01/1983
Hometown: Essex: Elsenham
Previous Games attended: Rio 2016, London 2012, Beijing 2008
Twitter: @BenMaher1
Instagram: @benmaherofficial
[Link for bio](#)

Holly Smith



DOB: 14/03/1989
Hometown: Leicestershire: Wymeswold
Twitter: @HollyGillott_1
Instagram: @hollysmithhsj
[Link for bio](#)

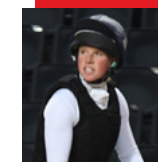
Reserves:

Gareth Hughes



DOB: 01/05/1971
Hometown: Warwickshire: Southam
Twitter: @HughesDressage
Instagram: @hughesdressage1
[Link for bio](#)

Ros Canter



DOB: 13/01/1986
Hometown: Lincolnshire: Hallington
Twitter: @cantereventing
Instagram: @ros_canter_eventing
[Link for bio](#)

Harry Charles



DOB: 15/07/1999
Hometown: Hampshire: Alton
Twitter: @HarryCharlesSJ
Instagram: @harrycharles_1
[Link for bio](#)



Staff Bios

<p>Dickie Waygood Team Leader</p>	<p>Andre Buthe Dressage Team Vet</p>	<p>Haniel Feltes Horse Support Personnel</p>	<p>Rebecca Hughes Horse Support Personnel</p>	<p>Amy Phillips Dressage</p>	<p>Sophie Thomas Operations Lead</p>	<p>Ian Woodhead Eventing Coach</p>
<p>Henriette Andersen Horse Support Personnel</p>	<p>Steven Caley Dressage</p>	<p>Judy Firmston Williams Horse Support Personnel</p>	<p>Tilly Hughes Dressage</p>	<p>Keith Scott Horse Support Personnel</p>	<p>Anne van Oost Horse Support Personnel</p>	<p>Winnie Murphy Media Officer</p>
<p>Chris Bartle Eventing Coach</p>	<p>Ian Cast Dressage Coach</p>	<p>Francesca Gorni Dressage</p>	<p>Di Lampard Jumping Chief of Staff</p>	<p>Lucy Scudamore Dressage</p>	<p>Gert Jan van Oost Horse Support Personnel</p>	
<p>Karen Bartlett Dressage</p>	<p>Robrecht Cnockaert Jumping Team Vet</p>	<p>Rachel Greetham Equine Physiotherapist</p>	<p>Thomas March Horse Support Personnel</p>	<p>Steph Sharples Dressage</p>	<p>Alex van Tuyll Operations Support</p>	
<p>Andrew Bowyer Eventing</p>	<p>Alan Davies Dressage</p>	<p>Caroline Griffith Dressage Chief of Team</p>	<p>Jess McKie Dressage</p>	<p>Karyn Shuler Horse Support Personnel</p>	<p>Sarah Verney Horse Support Personnel Liaison</p>	
<p>Liz Brown Eventing Team Vet</p>	<p>Greig Elliott Eventing</p>	<p>Renee Hart Horse Support Personnel</p>	<p>Jennie Owst Eventing</p>	<p>Vicky Spalding Equine Physiotherapist</p>	<p>Ashleigh Wallace Physio</p>	

FENCING

フェンシング



Fencing

Introduction

One of just five sports to have featured at every Olympic Games, fencing will again play an important role at Tokyo 2020. The sport is split into three disciplines, the foil, the épée and the sabre, with the three different swords all scored differently.

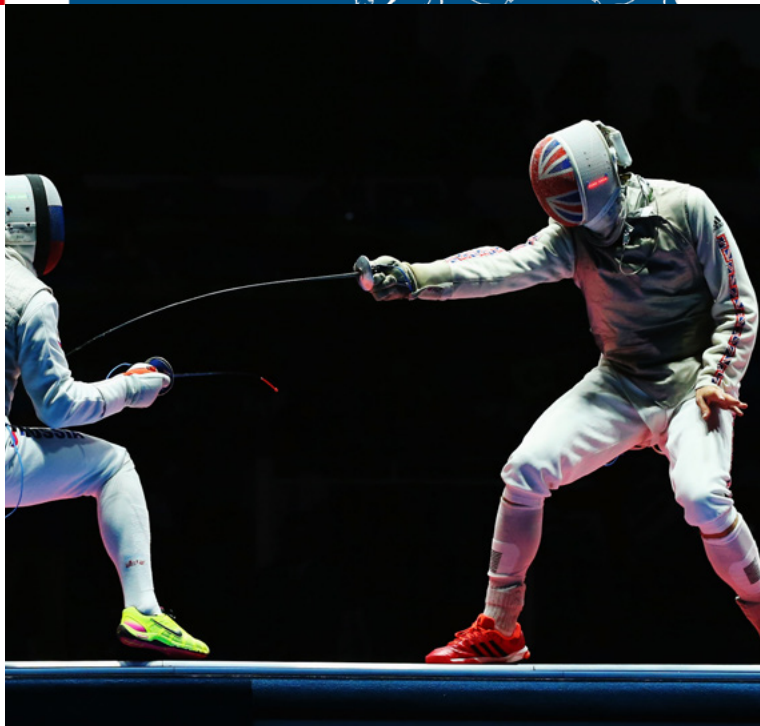
The foil is a light thrusting weapon, with fighters targeting the torso, while the épée is a heavier weapon where fighters can target the entire body and double touches are allowed.

Finally, the sabre is a light cutting and thrusting weapon, with the target area almost everything above the waist except the back of the head and the hands.

Italy and France have been the traditional superpowers of the sport, with 49 and 42 gold medals respectively. Curiously, while fencing has its roots in the Mediterranean, it was in London that it developed into a sport, under the trained eye of Domenico Angelo who established a fencing academy in the second half of the 18th century.

Despite that, Team GB have struggled for Olympic medals, with the most recent of the nine won in total coming back in 1964, also in Tokyo, when Henry Hoskyns won silver in the individual épée. Now, 57 years later, Marcus Mepstead will look to put an end to that wait for a medal as Team GB's sole fencing representative in Japan. The 31-year-old will head to his second Olympics, having been part of the foil team that finished sixth in Rio.

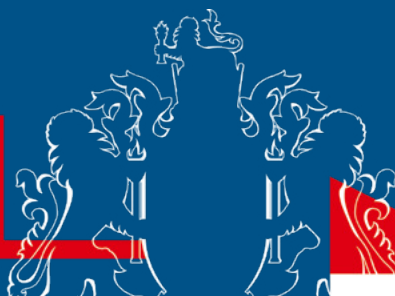
Since then, Mepstead has established himself as a genuine contender on the world stage, earning a silver medal at the World Championships in 2019 in which he beat three-time world champion and



world number one Alessio Foconi in the first round.

Mepstead's performances during the Olympic qualification period allowed him to finish as the number one athlete in the European Qualification Zone to book his spot. His journey has been a remarkable one, moving to New York to work with an Olympic medal-winning coach after British Fencing lost funding in 2017. His performances since then, notably the world silver medal, allowed British Fencing to secure National Lottery funding to build his support team in his bid to challenge for a medal in Tokyo.

Mepstead will compete in the individual foil, one of 12 gold medals available in Tokyo in the event which will be held at the Makuhari Messe in Chiba, the venue that will also host taekwondo and wrestling. If Mepstead were to win gold in Tokyo, he would become just the second Brit ever to achieve the feat, following in the footsteps of Gillian Donaldson, née Sheen, who won individual women's foil gold at Melbourne 1956.



Team GB at the Olympic Games



Melbourne 1956 1

Rome 1960 1

Tokyo 1964 1

ALL-TIME TOTAL 1 8

- Gold
- Silver
- Bronze

Events Schedule

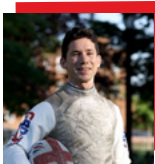
W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event
24 July	9.00-16.20	M Individual Sabre Round of 64, 32, 16 & Quarter-Finals W Individual Epee Round of 64, 32, 16 & Quarter-Finals
	18.00-20.25	M ME Individual Sabre Semi-Finals, Bronze & Gold Medal Bouts W ME Individual Epee Semi-Finals, Bronze & Gold Medal Bouts
25 July	9.00-16.20	M Individual Epee Round of 64, 32, 16 & Quarter-Finals W Individual Foil Round of 64, 32, 16 & Quarter-Finals
	18.00-20.25	M ME Individual Epee Semi-Finals, Bronze & Gold Medal Bouts W ME Individual Foil Semi-Finals, Bronze & Gold Medal Bouts
26 July	9.00-16.20	M Individual Foil Round of 64, 32, 16 & Quarter-Finals W Individual Sabre Round of 64, 32, 16 & Quarter-Finals
	18.00-20.25	M ME Individual Foil Semi-Finals, Bronze & Gold Medal Bouts W ME Individual Sabre Semi-Finals, Bronze & Gold Medal Bouts
27 July	10.00-15.20	W Team Epee Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	W ME Team Epee Bronze & Gold Medal Bouts
28 July	10.00-15.20	M Team Sabre Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	M ME Team Sabre Bronze & Gold Medal Bouts
29 July	10.00-15.20	W Team Foil Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	W ME Team Foil Bronze & Gold Medal Bouts
30 July	10.00-15.20	M Team Epee Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	M ME Team Epee Bronze & Gold Medal Bouts
31 July	10.00-15.20	W Team Sabre Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	W ME Team Sabre Bronze & Gold Medal Bouts
01 Aug	10.00-15.20	M Team Foil Round of 16, Quarter-Finals, Classification 5-8 & Semi-Finals
	18.30-20.40	M ME Team Foil Bronze & Gold Medal Bouts

Athlete Bios

Marcus Mepstead

Event: Foil



DOB: 11/05/1990
Hometown: London: Hampstead
Previous Games attended: Rio 2016
Twitter: @MarcusMepstead
Instagram: @marcusmepstead
[Link for bio](#)

Staff Bios

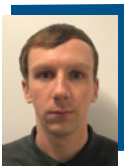
Johnny Davis

Team Leader



Tom Turner

Media Officer



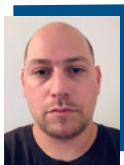
Maria Gorlup

Physio



Dan Kellner

Coach



FOOTBALL

サッカー



Football

Introduction

You're more likely to find a pundit than a player at White City these days but in 1908, the BBC's west London plot was the site of Team GB's first true Olympic footballing triumph.

While the Olympic football tournament was previously contested by clubs – and Great Britain's representative Upton Park FC had walked away with gold at Paris 1900 – London 1908 marked the debut of national teams.

A squad led by Tottenham Hotspur's Vivian Woodward went on to clinch Team GB's first gold medal at White City before repeating the same feat four years later in Stockholm.

The Olympic football podium has eluded Great British Olympic squads ever since partly because, as the professional game grew at home, it became more challenging for Team GB to field a competitive all-amateur side to meet the Games' requirements.

Professional male players were allowed to compete as of the 1984 LA Games, though by 1992 only under-23s were eligible before a three-player exception was introduced for Atlanta 1996, also the year of the first women's competition. After almost 40 years without Olympic football representation, Team GB fielded both a men's and a women's team at the home Games of London 2012 as both sides fell at last-eight stage.

Stuart Pearce's men, skippered by Ryan Giggs, finished top of group A to reach the quarter-finals only to fall to South Korea on penalties. Meanwhile, Steph Houghton was the group stage hero for the women, scoring in each match, but



it wasn't meant to be for Hope Powell's Olympic debutants, who fell 2-0 to Canada. With no teams sent to Rio in 2016, Hege Riise's women's side will enter Tokyo 2020 with plenty of unfinished business.

Houghton, the 33-year-old England and Manchester City captain, is one of just four returning players from 2012, alongside Jill Scott, Ellen White and Kim Little, while 20-year-old Manchester City forward Lauren Hemp will be the youngest member of the squad.

PFA Players' 2021 Player of the Year Fran Kirby is expected to do serious damage up front, while her teammate Sophie Ingle will become the first Welsh woman to play Olympic football. Three groups of four teams will contest the pool stage, with the top two sides in each earning a spot in the knockout quarter-finals. An additional two places will be awarded to the top-ranked third-placed teams.

Reigning champions Germany have not qualified to defend their gold but if Team GB want a shot, they'll have to emerge from Group E – with games against Chile (21 July), hosts Japan (24 July) and a revenge mission against 2012 conquerors Canada, led by former England assistant coach Bev Priestman, on July 27.



Team GB at the Olympic Games



Paris 1900	1
London 1908	1
Stockholm 1912	1
ALL-TIME TOTAL	3

- Gold
- Silver
- Bronze

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
STADIUM: SAPPORO DOME					
21 July	16.30-21.30	W Group E: Great Britain v Chile W Group E: Japan v Canada			
STADIUM: MIYAGI STADIUM					
21 July	17.00-22.00	W Group F: China v Brazil W Group F: Zambia v Netherlands			
STADIUM: TOKYO STADIUM					
21 July	17.00-22.00	W Group G: Sweden v United States W Group G: Australia v New Zealand			
STADIUM: SAPPORO DOME					
24 July	16.30-21.30	W Group E: Chile v Canada W Group E: Japan v Great Britain			
STADIUM: MIYAGI STADIUM					
24 July	17.00-22.00	W Group F: China v Zambia W Group F: Netherlands v Brazil			
STADIUM: SAITAMA STADIUM					
24 July	17.30-22.30	W Group G: Sweden v Australia W Group G: New Zealand v United States			
STADIUM: SAPPORO DOME					
27 July	17.00-22.00	W Group G: New Zealand v Sweden W Group E: Chile v Japan			
STADIUM: MIYAGI STADIUM					
27 July	17.00-22.00	W Group G: United States v Australia W Group E: Canada v Great Britain			
STADIUM: SAITAMA STADIUM					
27 July	17.00-22.00	W Group F: Brazil v Zambia			
STADIUM: INTERNATIONAL STADIUM YOKOHAMA					
27 July	20.30-22.30	W New Zealand v United States			
STADIUM: MIYAGI STADIUM					
30 July	17.00-22.00	W Quarter-Final			
STADIUM: IBARAKI KASHIMA STADIUM					
30 July	18.00-21.00	W Quarter-Final			
STADIUM: SAITAMA STADIUM					
30 July	19.00-22.00	W Quarter-Final			
STADIUM: INTERNATIONAL STADIUM YOKOHAMA					
30 July	20.00-23.00	W Quarter-Final			
STADIUM: IBARAKI KASHIMA STADIUM					
02 Aug	17.00-20.00	W Semi-Final			
STADIUM: INTERNATIONAL STADIUM YOKOHAMA					
02 Aug	20.00-23.00	W Semi-Final			
STADIUM: IBARAKI KASHIMA STADIUM					
05 Aug	17.00-20.00	W ME Bronze Medal Match			
STADIUM: OLYMPIC STADIUM					
06 Aug	11.00-14.00	W ME Gold Medal Match			

Athlete Bios

Carly Telford



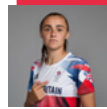
DOB: 07/07/1987
Hometown: Tyne and Wear: Jesmond
Twitter: @carlytelford1
Instagram: @carlytelford1
[Link for bio](#)

Millie Bright



DOB: 21/08/1993
Hometown: Derbyshire: Chesterfield
Twitter: @Midawg1bright
Instagram: @mbright04
[Link for bio](#)

Georgia Stanway



DOB: 03/01/1999
Hometown: Cumbria: Barrow-in-Furness
Twitter: @stanwaygeorgia
Instagram: @stanwaygeorgia
[Link for bio](#)

Ella Toone



DOB: 02/09/1999
Hometown: Greater Manchester: Tydesley
Twitter: @ellatone99
Instagram: @ellatone
[Link for bio](#)

Rachel Daly



DOB: 04/12/1991
Hometown: North Yorkshire: Harrogate
Twitter: @RachelDaly8
Instagram: @rachedaly8
[Link for bio](#)

Lauren Hemp



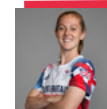
DOB: 07/08/2000
Hometown: Norfolk: North Walsham
Twitter: @lauren_hemp
Instagram: @lauren-hemp
[Link for bio](#)

Lucy Bronze



DOB: 28/10/1991
Hometown: Northumberland: Berwick-Upon-Tweed
Twitter: @LucyBronze
Instagram: @lucybronze
[Link for bio](#)

Keira Walsh



DOB: 09/04/1997
Hometown: Greater Manchester: Rochdale
Twitter: @keira_walsh
Instagram: @keirawalsh
[Link for bio](#)

Fran Kirby



DOB: 29/06/1993
Hometown: Berkshire: Reading
Twitter: @frankirby
Instagram: @frankirby
[Link for bio](#)

Kim Little



DOB: 29/04/1990
Hometown: Scotland: Mintlaw
Instagram: @kimlittle1990
[Link for bio](#)

Steph Houghton



DOB: 23/04/1988
Hometown: Durham: Durham
Previous Games attended: London 2012
Twitter: @stephhoughton2
Instagram: @stephhoughton2
[Link for bio](#)

Ellen White



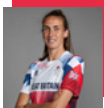
DOB: 09/05/1989
Hometown: Buckinghamshire: Aylesbury
Previous Games attended: London 2012
Twitter: @ellabel89
Instagram: @ellabel89
[Link for bio](#)

Ellie Roebuck



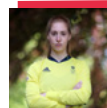
DOB: 23/09/1999
Hometown: South Yorkshire: Sheffield
Twitter: @elleroebuck_
Instagram: @elleroebuck_
[Link for bio](#)

Jill Scott



DOB: 02/02/1987
Hometown: Tyne and Wear: Sunderland
Previous Games attended: London 2012
Twitter: @JillScott88
Instagram: @jillscott88
[Link for bio](#)

Sandy Maciver



DOB: 18/04/1998
Hometown: Cheshire: Winsford
Twitter: @SandyMaciver_
Instagram: @sandy_maciver
[Link for bio](#)

Caroline Weir



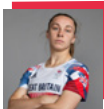
DOB: 20/06/1996
Hometown: Scotland: Dunfermline
Twitter: @scarollnewel
Instagram: @scarollnewel96
[Link for bio](#)

Demi Stokes



DOB: 12/12/1991
Hometown: Tyne and Wear: South Shields
Twitter: @demistokes
Instagram: @demistokes
[Link for bio](#)

Niamh Charles



DOB: 21/06/1999
Hometown: Merseyside: Wirral
Twitter: @niamhcharles7
Instagram: @niamhcharles17
[Link for bio](#)

Sophie Ingle



DOB: 02/09/1991
Hometown: Wales: Barry
Twitter: @sophieingle01
Instagram: @ingle08
[Link for bio](#)

Nikita Parris



DOB: 10/03/1994
Hometown: Merseyside: Todeith, Liverpool
Twitter: @nikkeetsi
Instagram: @nikitaparris17
[Link for bio](#)

Leah Williamson



DOB: 29/03/1997
Hometown: Buckinghamshire: Milton Keynes
Twitter: @leahwilliamson
Instagram: @leahwilliamson
[Link for bio](#)

Lotte Wubben-Moy



DOB: 11/01/1999
Hometown: London: Bow
Twitter: @lottewubbenmoy
Instagram: @lottewubbenmoy
[Link for bio](#)

GOLF

ゴルフ

Staff Bios

David Faulkner
Team Leader



Sue Harrison



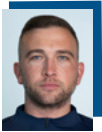
Hege Riise



Emily Whatling



Danny Alcock



Laura Hartless



Dawn Scott



Rhian Wilkinson



Ros Cooke



Richard Jones



Alicia Tang



Josh Dixon



Ritan Mehta



Wendy Taylor
Media Officer



Kate Green



Tom Murray



Geraint Twose



Golf

Introduction

High drama, tight margins and a balancing act between power and skill – it is something of a surprise that a sport that possesses all those facets had to wait 112 years to make a return to the Olympic Games. First included at Paris in 1900, golf also featured at the St Louis Games four years later, but it wasn't until Rio 2016 that it would next make an appearance.

Golf has its official origins in Britain, more specifically in the Scottish city of St Andrews, where the rules were codified all the way back in 1754 but centuries earlier the Dutch are believed to have played a similar sport called 'colf'.

And while it is a simple concept of hitting the ball in the hole, tricky courses and weather conditions can cause havoc to a golfer's game and ego alike. Prior to Rio, only five nations had ever competed in golf at the Olympics. In 1900, athletes from Great Britain, France, Greece and the USA competed in the men's and women's individual categories.

At the St Louis Games, it was an all-North American affair as the women's event was replaced with a men's team competition. The only Canadian in the competition, George Lyon, came out on top in the individual event, with the Western Golf Association taking gold for the States in the team event. In Rio, the women's event was again included as the team competition was dropped and this time there was a more even split of countries with selection primarily based on the top 15 of the world rankings for each gender.



As it will be in Tokyo, 60 men and 60 women took part in Rio, with the remaining 45 spots in each event taken up by the highest-ranked players from countries without two golfers already qualified and the rules followed the traditional 72-hole stroke play format.

Justin Rose – who had spent the first week of the Olympics as something of a superfan, attending a variety of events and cheering on his compatriots – became Team GB's first-ever golf Olympic champion securing gold on the final hole, eventually finishing two shots ahead of Sweden's Henrik Stenson.

Rose also recorded the first hole-in-one seen at a Games but he wasn't the maiden Olympic medallist in golf for Team GB as Walter Rutherford and David Robertson took silver and bronze respectively in 1900.

Hoping to continue Team GB's run of winning a medal in golf at every Games they have competed in will be four players making their Olympic debut. North Yorkshire's Jodi Ewart Shadoff – whose best performance at a major was second at the 2017 Women's British Open – heads into her first Games and will be joined in the women's event by Mel Reid, who won her maiden LPGA Tour event in October 2020. On the men's side, Tommy Fleetwood will be making his first Olympic appearance but has previously tasted success as part of Europe's 2018 Ryder Cup team and will be joined Paul Casey – the 44-year-old who has 21 professional wins in a career spanning more than 20 years.



Team GB at the Olympic Games



Paris 1900 1 1

Rio 2016 1

ALL-TIME TOTAL 1 1 1

- Gold
- Silver
- Bronze

Events Schedule

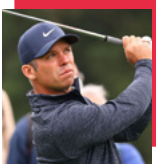
= Women = Men = Women & Men (Mixed Event) = Medal Event

Date	Time	Event
29 July	7.30-16.00	Round 1
30 July	7.30-16.00	Round 2
31 July	7.30-16.00	Round 3
01 Aug	7.30-16.30	Round 4
04 Aug	7.30-16.00	Round 1
05 Aug	7.30-16.00	Round 2
06 Aug	7.30-16.00	Round 3
07 Aug	7.30-16.00	Round 4



Athlete Bios

Paul Casey



DOB: 21 July 1977
Hometown: Surrey; Weybridge
Twitter: @Paul_Casey
Instagram: @paul_caseygolf
[Link for bio](#)

Tommy Fleetwood



DOB: 19 January 1991
Hometown: Merseyside; Southport
Twitter: @TommyFleetwood1
Instagram: @officialtommyfleetwood
[Link for bio](#)

Jodi Ewart Shadoff



DOB: 07/01/1988
Hometown: North Yorkshire; Middleham
Previous Games attended: Rio 2016
Twitter: @Jodi_Ewart
Instagram: @jodi_ewart
[Link for bio](#)

Mel Reid



DOB: 19 September 1987
Hometown: Derbyshire; Derby
Twitter: @melreidgolf
Instagram: @melreidgolf
[Link for bio](#)

Staff Bios

Nigel Edwards
Team Leader



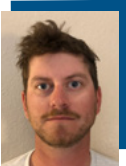
Clare Bodel
Media Officer



Juan Carlos
Caddy



Ryan Desveaux
Caddy



Ian Finnis
Caddy



John McLaren
Caddy



Nigel Tilley
Physio



Harry Tyrrell
Caddy



GYMNASTICS

体操競技



Gymnastics

Introduction

Split into three disciplines – artistic, rhythmic and trampoline – gymnastics is one of the most remarkable spectacles at every Olympic Games, as athletes perform acrobatic manoeuvres that seemingly defy both gravity and physics as a whole. It is one of the few sports to have featured at every edition of the Games since Athens 1896 with artistic gymnastics being an ever-present, rhythmic events added in 1984 and trampolining a Sydney 2000 addition.

Team GB won't be competing in rhythmic gymnastics – where athletes perform expressive and acrobatic moves with the aid of handheld apparatus such as a hoop, ball or ribbon – in Japan but have talented squads selected for the other two disciplines. Artistic gymnastics is what most people think of when the sport of gymnastics is mentioned, as athletes perform short routines on a variety of apparatus with judges evaluating the difficulty and accuracy of their display.

At Tokyo, male gymnasts will compete in six medal events (floor, pommel horse, rings, vault, parallel bars and horizontal bar) while women contest four (vault, uneven bars, beam and floor) with both also competing for individual all-around and team titles. Walter Tysall was Team GB's first-ever Olympic gymnastics medallist after taking all-around silver at London 1908 but it was exactly 100 years until another British gymnast won an individual medal.

That came from Louis Smith on the pommel horse at Beijing 2008 and kick-started a veritable deluge of medals. Smith won pommel silvers at both London 2012 and Rio 2016, Nile Wilson took horizontal bar bronze in Rio as Amy Tinkler did likewise on the floor,



while Beth Tweddle's uneven bars bronze on home floor in London, in her final competitive outing was one of the Games' most heart-warming moments.

But Team GB's most successful gymnast of all-time is Max Whitlock who has five Olympic medals to his name – including double gold on the floor and pommel from Rio, making him the only British Olympic champion gymnast in history. Whitlock will be in Tokyo for his third Games, looking to add to his medal tally, but the rest of the artistic gymnastics squad are all Olympic debutants.

World parallel bars champion Joe Fraser, British all-around champion James Hall and 2021 European medallist Giarnni Regini-Moran are the other male gymnasts, while exciting twin-sister duo Jennifer Gadirova and Jessica Gadirova, along with 2021 European uneven bars bronze medallist Amelie Morgan and 2019 European beam champion Alice Kinsella, make up the female quartet.

Whitlock isn't the only Olympic medallist in Team GB's wider gymnastics squad however, as Rio 2016 silver medallist Bryony Page is back for a second Games in the trampolining.

Page made history five years ago when she became the first British trampolinist to win an Olympic medal, as her brilliant routine in the final scored 56.040 to earn silver.

She'll be joined by debutant Laura Gallagher for a sport that sees athletes spring to heights of up to 8m as they perform a series of short routines containing a variety of twists, bounces and somersaults – with judges delivering marks for difficulty, execution, flight time and horizontal displacement.



Team GB at the Olympic Games



Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
ARTISTIC GYMNASTICS					
24 July	10.00-22.00	M Qualification	02 Aug	17.00-19.40	ME Rings Final
25 July	10.00-22.00	W Qualification			ME Vault Final
26 July	19.00-22.10	ME Team Final			ME Floor Final
27 July	19.45-22.10	ME Team Final	03 Aug	17.00-19.25	ME Parallel Bars Final
28 July	19.15-22.10	ME All-Around Final			ME Horizontal Bar Final
29 July	19.50-22.05	ME All-Around Final			ME Balance Beam Final
01 Aug	17.00-20.10	ME Floor Final			
		ME Pommel Horse Final	TRAMPOLINING		
		ME Vault Final	30 July	13.00-15.30	ME Women's Qualification & Final
		ME Uneven Bars Final	31 July	13.00-15.30	ME Men's Qualification & Final

Athlete Bios

Artistic Gymnastics:

Jennifer Gadirova



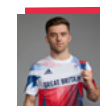
DOB: 03/10/2004
Hometowns: Buckinghamshire: Aylesbury from Dublin
Twitter: @jennifergadirova
Instagram: @jennifergadirova
[Link for bio](#)

Amelie Morgan



DOB: 31/05/2003
Hometowns: Berkshire: Slough
Instagram: @ameliemorgan
[Link for bio](#)

Gianni Regini-Moran



DOB: 02/08/1998
Hometowns: Kent: Gravesend
Twitter: @GianniM
Instagram: @gianni_reginimoran
[Link for bio](#)

Jessica Gadirova



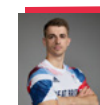
DOB: 03/10/2004
Hometowns: Buckinghamshire: Aylesbury from Dublin
Twitter: @jessicagadirova
Instagram: @jessica_gadirova
[Link for bio](#)

Joe Fraser



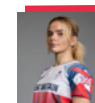
DOB: 4/12/1998
Hometowns: West Midlands: Birmingham
Twitter: @Joefrasergb
Instagram: @joefraser1
[Link for bio](#)

Max Whitlock



DOB: 13/01/1993
Hometowns: Hertfordshire: Hemel Hempstead
Previous Games attended: Rio 2016, London 2012
Twitter: @maxwhitlock1
Instagram: @maxwhitlock
[Link for bio](#)

Alice Kinsella



DOB: 13/03/2001
Hometowns: Warwickshire: Sutton Coldfield
Twitter: @AliceKinsella16
Instagram: @AliceKinsella17
[Link for bio](#)

James Hall



DOB: 06/10/1996
Hometowns: Kent: Maidstone
Twitter: @_jameshall
Instagram: @jameshall
[Link for bio](#)



HOCKEY

ホッケー



Trampolining :

Bryony Page



DOB: 10/12/1990
Hometown: Cheshire, Crewe
Previous Games attended: Rio 2016
Twitter: @BryonyPage1
Instagram: @bryony_page
[Link for bio](#)

Laura Gallagher



DOB: 25/03/1989
Hometown: Somerset, Weston-super-Mare
Twitter: @LGallagher19
Instagram: @lauragallagher26
[Link for bio](#)

Staff Bios

Artistic Gymnastics

James Thomas



Jonny Bucker



Barry Collie



Paul Hall



Scott Hann



David Kenwright



Michelle Flemings



Jason Laird



Tim Peake



Joshua Richardson



Chris Tomlinson



Claire Williams



Lee Woolls



Trampoline

Gary Smith



Tracy Whitaker-Smith



Hockey

Introduction

It's not often one country wins all three medals in a team sport event but when hockey made its debut at London 1908, Team GB did just that. Back then, Great Britain was divided into four teams from each of the home nations, with England defeating Ireland in the final 8-1, while the Scottish and Welsh teams each took home a bronze, with the medals subsequently being credited to Team GB.

While Team GB have long enjoyed success at hockey, the sport's origins date much further back than the first London Olympics. Hockey is in fact the oldest known ball and stick game, with records dating all the way back to 2000 BC. Nowadays, hockey is played by teams of 11 on artificial turf but, up until the Montreal Olympics in 1976, it was played on grass.

Hockey has featured at every Games since 1928 with the women's competition being added from 1980 onwards and Team GB have climbed the podium on plenty of occasions. Both the men's and women's team are the fourth-most successful countries in their event, with the men claiming three gold medals – the most recent coming in 1988 when the Sean Kerly-inspired squad triumphed in Seoul.

The men have also earned two silvers and four bronzes, three of which came in 1908, but are yet to win a medal this century having narrowly missed out in 2012, losing to Australia in the bronze medal match.



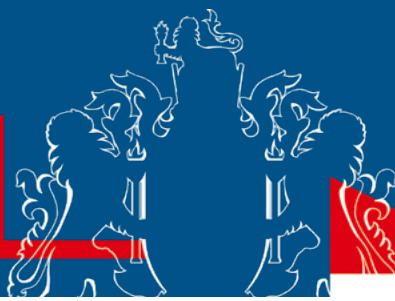
Meanwhile, Team GB's women's squad go to Tokyo as defending champions having defeated the Netherlands in a shootout in Rio to claim gold in one of the most iconic moments in British sporting history.

That gold is one of three medals won by Team GB's women, with two bronzes coming in 1992 and 2012. In Tokyo, they have the chance to do what no British squad have done before and win a hockey medal at a third consecutive Games. A number of the Rio gold medal heroes are part of the squad in Tokyo including Maddie Hinch – back in goal after taking a sabbatical from the sport – Susannah Townsend, Laura Unsworth, Giselle Ansley, Shona McCallin and Lily Owsley.

They will be captained by Hollie Pearne-Webb, scorer of the decisive penalty five years ago, but there are also plenty of debutants, including 34-year-old Leah Wilkinson who is the most capped Welsh sports person of all time.

The men will be captained by Adam Dixon, who was part of the team in Rio five years ago, while Sam Ward will also be at a second Games after fighting back from having his eye socket shattered and being left blind in one eye when a hockey ball hit him in the face.

Both the men's and women's competitions see team split into two pools of six, with the top four from each advancing to the quarter-finals, from where it's a straight knockout competition. Team GB's women will face Germany, India, Ireland, Netherlands and South Africa in the group stage, while the men have Belgium, Canada, Germany, Netherlands and South Africa in their pool.



Team GB at the Olympic Games



Barcelona 1992 1

London 2012 1

Rio 2016 1

ALL-TIME TOTAL 4 2 6

- Gold
- Silver
- Bronze

Events Schedule

W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

Date	Time/Venue	Event	Date	Time/Venue	Event	
24 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: Japan v Australia W Pool B: Netherlands v Belgium W Pool A: New Zealand v India W Pool A: Argentina v Spain W Pool B: Great Britain v South Africa W Pool A: Netherlands v India W Pool B: Canada v Germany W Pool A: Ireland v South Africa 	29 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: India v Argentina W Pool B: South Africa v Germany W Pool B: Belgium v Canada W Pool B: Netherlands vs Great Britain W Pool B: Spain vs China W Pool B: Japan vs Argentina W Pool A: Great Britain vs Netherlands W Pool B: New Zealand vs Australia 	
	10:00-13:45 South Pitch			10:00-13:45 South Pitch		
	18:30-22:15 North Pitch			18:30-22:15 North Pitch		
	19:00-22:45 South Pitch			19:00-22:45 South Pitch		
25 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: Great Britain v Germany W Pool B: Japan vs China W Pool B: Australia vs Spain W Pool B: New Zealand vs Argentina W Pool A: India vs Australia W Pool A: Spain vs New Zealand W Pool A: Japan vs Argentina W Pool B: South Africa vs Netherlands 	30 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: South Africa v Germany W Pool A: Ireland vs India W Pool A: Australia vs Spain W Pool B: Canada vs South Africa W Pool A: Japan vs India W Pool B: Germany vs Netherlands W Pool A: Argentina vs New Zealand W Pool B: Belgium vs Great Britain 	
	10:00-13:45 South Pitch			10:00-13:45 South Pitch		
	18:30-22:15 North Pitch			18:30-22:15 North Pitch		
	19:00-22:45 South Pitch			19:00-22:45 South Pitch		
26 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool B: Germany vs Belgium W Pool B: Great Britain vs Canada W Pool A: Netherlands vs Ireland W Pool B: Australia vs China W Pool A: South Africa vs Great Britain W Pool B: Japan vs New Zealand W Pool B: Argentina vs Spain W Pool A: Germany vs India 	31 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool B: China vs New Zealand W Pool B: Argentina vs Australia W Pool B: Japan vs Spain W Pool A: India vs South Africa W Pool A: Germany vs Netherlands W Pool A: Ireland vs Great Britain 	
	10:00-13:45 South Pitch			10:00-13:45 South Pitch		
	18:30-22:15 North Pitch			18:30-22:15 North Pitch		
	19:00-22:45 South Pitch			19:00-22:45 South Pitch		
27 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: Argentina vs Australia W Pool A: Japan vs New Zealand W Pool A: India vs Spain W Pool B: Germany vs Great Britain W Pool B: Belgium vs South Africa W Pool B: Netherlands vs Canada 	01 Aug	09:30-13:45 North Pitch	<ul style="list-style-type: none"> W Quarter-Finals (2 matches) W Quarter-Finals (2 matches) 	
	10:00-13:45 South Pitch			18:30-22:45 North Pitch	<ul style="list-style-type: none"> W Quarter-Finals (2 matches) W Quarter-Finals (2 matches) 	
	18:30-22:15 North Pitch			02 Aug	09:30-13:45 North Pitch	<ul style="list-style-type: none"> W Quarter-Finals (2 matches) W Quarter-Finals (2 matches)
28 July	09:30-13:15 North Pitch	<ul style="list-style-type: none"> W Pool A: Netherlands vs South Africa W Pool B: New Zealand vs Spain W Pool A: Great Britain vs India W Pool A: Germany vs Ireland W Pool A: Japan vs Australia W Pool A: Japan vs Spain W Pool B: Argentina vs China W Pool A: Australia vs New Zealand 	03 Aug	10:30-12:15 North Pitch	<ul style="list-style-type: none"> W Semi-Final 1 W Semi-Final 2 	
	10:00-13:45 South Pitch			04 Aug	10:30-12:15 North Pitch	<ul style="list-style-type: none"> W Semi-Final 1 W Semi-Final 2
	18:30-22:15 North Pitch			05 Aug	10:30-12:15 North Pitch	<ul style="list-style-type: none"> W Bronze Medal Match W Gold Medal Match
	19:00-22:45 South Pitch			06 Aug	10:30-12:15 North Pitch	<ul style="list-style-type: none"> W Bronze Medal Match W Gold Medal Match

Athlete Bios: Women

Giselle Ansley



DOB: 31/03/1992
Hometowns: Devon: Kingsbridge
Previous Games attended: Rio 2016
Twitter: @giselleansley
Instagram: @giselleansley
[Link for bio](#)

Shona McCallin



DOB: 18/05/1992
Hometowns: Nottinghamshire: Newark-on-Trent
Previous Games attended: Rio 2016
Twitter: @ShonaMcCallin
Instagram: @shonamccallin24
[Link for bio](#)

Anna Toman



DOB: 29/04/1993
Hometowns: Derbyshire: Duffield
Previous Games attended: Rio 2016
Twitter: @anna_toman
Instagram: @annatoman
[Link for bio](#)

Grace Baldson



DOB: 13/04/1993
Hometowns: Kent: Canterbury
Twitter: @Baldson_Grace
Instagram: @graceb13
[Link for bio](#)

Lily Owsley



DOB: 10/12/1994
Hometowns: Bristol: Bristol
Previous Games attended: Rio 2016
Twitter: @LilyOwsley
Instagram: @lilyowsley
[Link for bio](#)

Susannah Townsend



DOB: 28/07/1989
Hometowns: London: Blackheath
Previous Games attended: Rio 2016
Twitter: @stowensend7
Instagram: @stowensend7
[Link for bio](#)

Fiona Crackles



DOB: 11/02/2000
Hometowns: Cumbria: Kirby Lonsdale
Twitter: @fiona_crackles
Instagram: @fionacrackles
[Link for bio](#)

Hollie Pearne-Webb



DOB: 19/09/1990
Hometowns: Derbyshire: Belper
Previous Games attended: Rio 2016
Twitter: @HollieWebb1
Instagram: @hollewebb11
[Link for bio](#)

Laura Unsworth



DOB: 08/03/1988
Hometowns: West Midlands: Sutton Coldfield
Previous Games attended: London 2012, Rio 2016
Twitter: @LauraUnsworth4
Instagram: @lunswy4
[Link for bio](#)

Maddie Hinch



DOB: 09/10/1988
Hometowns: West Sussex: West Chillingham
Previous Games attended: Rio 2016
Twitter: @MaddieHinch
Instagram: @MaddieHinch
[Link for bio](#)

Izzy Peltier



DOB: 27/05/2000
Hometowns: Surrey: Cranleigh
Twitter: @IzzyPeltier
Instagram: @IzzyPeltier
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Leah Wilkinson



DOB: 03/12/1986
Hometowns: Staffordshire: Burton-on-Trent
Twitter: @LeahWilkinson17
Instagram: @leahwilkinson17
[Link for bio](#)

Reserves

Sarah Jones



DOB: 25/06/1990
Hometowns: Wales: Cardiff
Twitter: @sarahjones8888
Instagram: @sarahjones8
[Link for bio](#)

Ellie Rayer



DOB: 22/11/1996
Hometowns: Berkshire: Maidenhead
Twitter: @ellie_rayer
Instagram: @ellierayer
[Link for bio](#)

Amy Costello



DOB: 14/01/1998
Hometowns: Scotland: Edinburgh
Twitter: @amycostello6
Instagram: @amycostello14
[Link for bio](#)

Hannah Martin



DOB: 30/12/1994
Hometowns: Suffolk: Ipswich
Twitter: @hkmartin7
Instagram: @hkmartin7
[Link for bio](#)

Sarah Robertson



DOB: 27/09/1993
Hometowns: Scotland: Melrose
Twitter: @SarahRobertson_
Instagram: sarahrobertson_
[Link for bio](#)

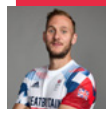
Sarah Evans



DOB: 12/04/1991
Hometowns: London: Wandsworth
Twitter: @sarah_evans_5
Instagram: @sarah_evans_5
[Link for bio](#)

Athlete Bios: Men

David Ames



DOB: 25/06/1989
Hometowns: Northern Ireland: Coolstown
Previous Games attended: Rio 2016
Twitter: @DavidAmes5
Instagram: @davidames5
[Link for bio](#)

Chris Griffiths



DOB: 03/09/1990
Hometowns: West Midlands: Birmingham
Twitter: @c_griffiths12
Instagram: @chris_griff
[Link for bio](#)

Tom Sorsby



DOB: 28/10/1996
Hometowns: South Yorkshire: Sheffield
Twitter: @tomorsby
Instagram: @tomorsby_
[Link for bio](#)

Liam Ansell



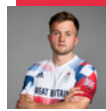
DOB: 12/11/1993
Hometowns: Buckinghamshire: High Wycombe
Twitter: @Liam_Ansell21
Instagram: @liam_ansell21
[Link for bio](#)

Ollie Payne



DOB: 06/04/1999
Hometowns: Devon: Totnes
Twitter: @OlliePayne0
Instagram: @olliep99
[Link for bio](#)

Zach Wallace



DOB: 25/09/1999
Hometowns: London: Kingston
Twitter: @zachw_9
Instagram: @zachwallace
[Link for bio](#)

Brendan Creed



DOB: 03/01/1993
Hometowns: Warwickshire: Solihull
Twitter: @CreedBrendan
Instagram: @brendancreed18
[Link for bio](#)

Phil Roper



DOB: 24/01/1992
Hometowns: Cheshire: Chester
Twitter: @proper15
Instagram: @proper15
[Link for bio](#)

Jack Waller



DOB: 28/01/1997
Hometowns: London: Wimbledon
Instagram: @jwal25
[Link for bio](#)

Adam Dixon



DOB: 11/09/1986
Hometowns: Nottinghamshire: Newark-on-Trent
Previous Games attended: Rio 2016
Twitter: @AdamDixon16
Instagram: @adamdxn
[Link for bio](#)

Liam Sanford



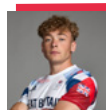
DOB: 14/03/1996
Hometowns: Buckinghamshire: High Wycombe
Twitter: @liam_sanford
Instagram: @liam_jordan143
[Link for bio](#)

Sam Ward



DOB: 24/12/1990
Hometowns: Leicestershire: Leicester
Previous Games attended: Rio 2016
Twitter: @Samuel_Ward13
Instagram: @Samuel_Ward13
[Link for bio](#)

Jacob Draper



DOB: 24/07/1998
Hometowns: Wales: Cwmbran
Twitter: @JacobDraper98
Instagram: @jacob_draper
[Link for bio](#)

Rupert Shipperley



DOB: 21/11/1992
Hometowns: Oxfordshire: Oxford
Twitter: @rupertscott123
Instagram: @rupertshipperley
[Link for bio](#)

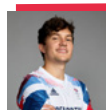
Reserves

Alan Forsyth



DOB: 05/04/1992
Hometowns: Scotland: Paisley
Twitter: @7forsyth
Instagram: @7forsyth
[Link for bio](#)

James Gall



DOB: 20/05/1996
Hometowns: Essex: Brentwood
Twitter: @jamesgall26
Instagram: @jamesgall26
[Link for bio](#)

Ian Sloan



DOB: 19/11/1993
Hometowns: Northern Ireland: Coolstown
Previous Games attended: Rio 2016
Twitter: @iansloan_11
Instagram: iansloan11
[Link for bio](#)

Harry Martin



DOB: 23/10/1992
Hometowns: Suffolk: Ipswich
Previous Games attended: London 2012, Rio 2016
Twitter: @harymartin_9
Instagram: @harymartin9
[Link for bio](#)

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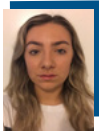


Staff Bios

Ed Barney
Team Leader



Carys Edwards
Media Officer



Zak Jones
Men's Assistant Coach



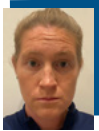
Tim Pitt
Men's Sport Psychologist



Emma Batchelor
Women's Physio



Katie Glynn
Women's Assistant Coach



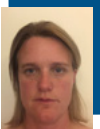
Danny Kerry
Men's Head Coach



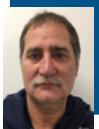
David Ralph
Women's Assistant Coach



Sam Beveridge
Women's Team Manager



Mark Hager
Men's Head Coach



Rebecca Levett
Women's Sport Psychologist



Ander Rodoreda
Men's Performance Analyst



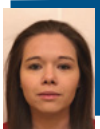
Kwan Browne
Men's Head Coach



Andy Halliday
Men's Team Manager



Amber Luzar
Women's Performance Analyst



Paul Stretch
Men's S&C Coach



Tom Drowley
Women's S&C Coach



Mark Hickman
Goalkeeper Coach



Moiz Moghal
Doctor



Sophie Weaver
Men's Physio



Judo

Introduction

Judo's literal translation may be 'gentle way' – a nod to one of the sport's concepts that gentleness controls hardness – but it is an intense combat sport that rewards power, skill and technique. Originally emerging from jiu jitsu in late 19th-century Japan, judo will return to its spiritual home for its 13th consecutive Games as an Olympic sport.

Having been incorporated into the Olympics for the first time at Tokyo 1964 – contested in the custom-built Nippon Budokan, to which it will return this summer – judo was absent in 1968 but has been an ever-present since Munich 1972.

Nearly 400 judoka will compete across 15 events at Tokyo 2020, with seven weight categories for men (ranging from -60kg to +100 kg), seven for women (from -48kg to +78kg) and a new mixed team event. Participants wear a uniform known as a gi and the objective in each one-on-one bout is to throw or takedown an opponent to the ground; subdue them with a pinning hold or force them to submit with a joint lock or a choke.

Judoka must bow to their opponent before and after the five-minute contests, while moves can be broken down into two main categories: throwing techniques and grappling techniques. Bouts end immediately if one judoka is awarded an ippon, which can be achieved by throwing an opponent to the mat with force so that they land on their back, executing a pin for 25 seconds or if a competitor taps out.

If a technique is successfully executed but without all the requirements for an ippon, a waza-ari (a half-point) is awarded, with two waza-aris equalling



one ippon. If neither judoka can secure an ippon, the referee will award the contest to the participant with the most points.

Women's judo entered the Olympics as a medal sport in 1992 where Team GB's Kate Howey announced herself to the world with a bronze medal as a 19-year-old in Barcelona.

She went on to win silver at Sydney 2000 and was Team GB's flagbearer in Athens four years later.

Although just eight countries have won more than Team GB's 19 Olympic judo medals, a first gold has proven elusive with eight silvers and 11 bronzes making up that tally.

Now the head coach, Howey will hope her charges can deliver a maiden gold this time around.

Despite Rio 2016 silver medallist Sally Conway deciding to retire in February following the Games' one-year delay, the squad has experience in the form of Ashley McKenzie, who heads to his third Olympics seeking a first podium finish in the -60kg category.

Chelsie Giles is another who could have success for Team GB on the mat after winning her first Grand Slam gold medal in Tel Aviv in February 2021 – defeating the reigning Olympic champion en route to the final.

Meanwhile 25-year-old Lucy Renshall also tasted Grand Slam glory in Antalya a couple of months later and will compete in the -63kg category.



Team GB at the Olympic Games



Sydney 2000 1

London 2012 1 1

Rio 2016 1

ALL-TIME TOTAL 8 11

- Gold
- Silver
- Bronze

Events Schedule

W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event
24 July	11.00-14.30	W 60kg Elimination Rounds & Quarter-Finals M 48kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 60kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 48kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
25 July	11.00-14.30	W 66kg Elimination Rounds & Quarter-Finals M 52kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 66kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 52kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
26 July	11.00-14.30	W 73kg Elimination Rounds & Quarter-Finals M 57kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 73kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 57kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
27 July	11.00-14.30	W 81kg Elimination Rounds & Quarter-Finals M 63kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 81kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 63kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
28 July	11.00-14.30	W 90kg Elimination Rounds & Quarter-Finals M 70kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 90kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 70kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
29 July	11.00-14.30	W 100kg Elimination Rounds & Quarter-Finals M 78kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W 100kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M 78kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
30 July	11.00-14.30	W +100kg Elimination Rounds & Quarter-Finals M +78kg Elimination Rounds & Quarter-Finals
	17.00-19.50	W +100kg Repechages, Semi-Finals, Bronze & Gold Medal Contests M +73kg Repechages, Semi-Finals, Bronze & Gold Medal Contests
31 July	11.00-14.30	W M Mixed Team Elimination Rounds, Quarter-Finals, Repechages & Semi-Finals
	17.00-19.50	W M +73kg Repechages, Semi-Finals, Bronze & Gold Medal Contests

Athlete Bios

Ashley McKenzie
Event: Men's -60kg



DOB: 17/07/1989
Hometown: London: Queen's Park
Previous Games attended: London 2012, Rio 2016
Twitter: @Ashleymckenzi2
Instagram: @ashleyjudo
[Link for bio](#)

Natalie Powell
Event: Women's -78kg



DOB: 16/10/1990
Hometown: Wales: Bullh Wells
Previous Games attended: Rio 2016
Twitter: @Nataliep_90
Instagram: @nataliep_90
[Link for bio](#)

Chelsie Giles
Event: Women's -52kg



DOB: 25/01/1997
Hometown: West Midlands: Coventry
Twitter: @chelsiegules
Instagram: @chelsiegules
[Link for bio](#)

Sarah Adlington
Event: Women's -78kg



DOB: 05/08/1986
Hometown: Scotland: Edingburgh
Twitter: @sbgyn78
Instagram: @sbgyn78
[Link for bio](#)

Lucy Renshall
Event: Women's -43kg



DOB: 11/12/1995
Hometown: West Midlands: Walsall
Twitter: @RenshallLucy
Instagram: @renshalllucy
[Link for bio](#)

Gemma Howell
Event: Women's -70kg



DOB: 13/06/1990
Hometown: Staffordshire: Stafford
Previous Games attended: London 2012
Twitter: @Gemh7
Instagram: @gemmahowell
[Link for bio](#)

Staff Bios

Nigel Donohue
Team Leader



Chris Barry
Performance Analyst



Katrina Bush
Media Officer



David Hart
Physio



Jamie Johnson
Coach



Jo Banks
Doctor



John Bramall
Logistics Manager



Andrew Cruickshank
Sports Psychologist



Kate Howey
Coach



Dennis Stewart
Coach



MODERN PENTATHLON

近代五種



Modern Pentathlon

Introduction

When it comes to uniqueness, no Olympic sport comes close to the modern pentathlon. Inspired by the traditional pentathlon held during the ancient Olympics, the multi-discipline sport has been a staple of the Games since its modern revamp was introduced in 1912.

Devised by none other than Pierre de Coubertin, the founder of the modern Olympics, modern pentathlon requires competitors to master fencing, freestyle swimming, show jumping, shooting and cross-country running in the ultimate test of physical fitness, coordination, self-discipline and flexibility.

For Tokyo 2020, the modern pentathlon will take place at Musashino Forest Sports Plaza and Ajinomoto Stadium, with 36 athletes competing in both the men's and women's events. Fencing will consist of two rounds beginning with the traditional round-robin which sees each competitor face everyone else once in a one-touch bout.

Competitors are then ranked based on how many victories they earn before the knockout bonus round, where athletes compete in reverse order, with a win earning you a point and the chance to face the next person up the rankings for further points. Swimming then sees athletes seeded into heats for the 200m freestyle race but the most unpredictable event is riding, as competitors are assigned an unfamiliar horse and must navigate 12 show-jumping obstacles in the time allowed, while avoiding penalty points.



The laser-run combined finale provides a fitting showdown for gold medal glory, with athletes running a total distance of 3,200m while taking four shooting stops along the way – staggered starts based on performance in the previous four events mean that the winner is the first person to cross the line. In the women's event, Rio 2016 Olympian Kate French and Joanna Muir will be flying the flag for Team GB and both are strong contenders to bring home a medal. World No.2 French has featured regularly on the podium in the World Cups this year, winning gold in Budapest, silver in Sofia and gold again at the final showpiece competition.

She is joined by Muir, who is sixth in the world standings after her own consistent World Cup season which included a superb silver medal in Budapest. The men's team is equally as strong as Jamie Cooke looks to back up his 2018 individual World Championship gold while Joe Choong will be eyeing the podium after finishing tenth on his Olympic debut at Rio 2016.

While Team GB are yet to win an individual men's Olympic medal, Steph Cook (gold), Kate Allenby (bronze), Georgie Harland (bronze), Heather Fell (silver) and Samantha Murray (silver) have all delivered memorable podium finishes since the women's individual event was introduced at Sydney 2000.



Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event
05 Aug	13.00-19.30	W Fencing Ranking Round M Fencing Ranking Round
06 Aug	14.30-20.15	W ME Swimming, Fencing Bonus Round, Riding Show Jumping & Laser Run
07 Aug	14.30-20.15	M ME Swimming, Fencing Bonus Round, Riding Show Jumping & Laser Run

Team GB at the Olympic Games



Athens 2004	1		
Beijing 2008	1		
London 2012	1		
ALL-TIME TOTAL	2	2	3

○ Gold
○ Silver
○ Bronze



Athlete Bios

Joe Choong



DOB: 23/06/1996
Hometown: London: Orpington
Previous Games attended: Rio 2016
Twitter: @JoeChoongy
Instagram: @joechoong123
[Link for bio](#)

Kate French



DOB: 11/02/1991
Hometown: Kent: Meopham
Previous Games attended: Rio 2016
Twitter: @KateFrench3
Instagram: @katefrench3
[Link for bio](#)

Jamie Cooke



DOB: 03/03/1991
Hometown: Gloucestershire: Cheltenham
Previous Games attended: Rio 2016
Twitter: @jamiecooke_5
Instagram: @jamiecooke5
[Link for bio](#)

Jo Muir



DOB: 30/04/1994
Hometown: Scotland: Haugh of Urr
Twitter: @jomuir94
Instagram: @jomuir_194
[Link for bio](#)

Staff Bios

Jan Bartu

Team Leader & Women's Head Coach



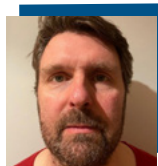
Michal Janca

National Coach



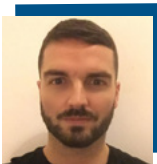
Chris Price

Team Manager



Craig Davies

Media Officer



Jabeena Masin

Riding Coach



Marco Quattrini

Men's Head Coach



ROWING

ボート



Rowing

Introduction

Rowing has been part of the summer Olympic Games since Athens 1896, where it was dramatically cancelled due to bad weather. In the 125 years since, it has become an Olympic staple and one of most popular sports of every Games.

Women's rowing was first introduced at Montreal 1976 and Tokyo 2020 will see gender equality in the sport for the first time – with the men's lightweight coxless four from the previous Games being dropped in favour of the women's coxless four to ensure seven events for each.

The Olympic classes have fluctuated over the years but, at Tokyo, men and women will compete in three sweep disciplines (where competitors each use a single oar) and four sculling disciplines (using two oars placed on opposite sides of the boat). The sweep events are the coxless pair, coxless four and coxed eights, with the sculling events comprising a single, double, lightweight double and a quad.

Races are contested over 2,000m with the first boat crossing the line declared the winner and each boat class will have heats and repechages, with some also having quarter-finals and semi-finals, before a final. Since its inception, rowing has been a happy hunting ground for Team GB, with 31 golds placing them third on the all-time medal table and only USA having more than their 68 total medals. Rowing has produced some of Team GB's most iconic Olympians, including Sir Steve Redgrave who won five gold medals, and one bronze, from five successive Olympic Games between 1984 and 2000.



It also produced Dame Katherine Grainger, whose five medals make her Team GB's most-decorated female Olympian of all-time and Sir Matthew Pinsent, who won four consecutive gold medals between 1992 and 2004.

Pete Reed and Andrew Triggs Hodge won three gold medals each – in 2008, 2012 and 2016 – while Jack Beresford became the first rower to win a medal at five straight Games by claiming three golds and two silvers between 1920 and 1936.

On the women's side, Helen Glover has become a rowing sensation by winning coxless pair gold at London 2012 and Rio 2016, going on a remarkable five-year unbeaten streak alongside Heather Stanning.

Glover will now become the first woman to row at an Olympics for Team GB after having children when she goes for an historic third gold, alongside Polly Swann, in Tokyo.

The rowing events this summer take place at the Sea Forest Waterway in Tokyo Bay with Glover and Swann part of a 45-strong Team GB rowing squad.

Rio 2016 gold medalist Moe Sbihi will be racing in the men's eight alongside seven Olympic debutants, as Vicky Thornley competes at her third Olympics by going in the single sculls.

Ollie Cook, Matt Rossiter, Rory Gibbs and Sholto Carnegie form the men's coxless four, while Graeme Thomas will finally live his Olympic dream in the men's double sculls after being forced to withdraw from Rio 2016 through illness just days before the first race.



Team GB at the Olympic Games



Beijing 2008	2	2	2
London 2012	4	2	3
Rio 2016	3	2	
ALL-TIME TOTAL	31	24	13














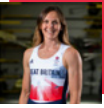



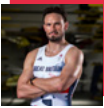



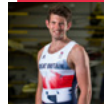
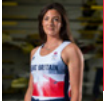





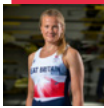





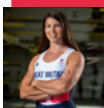

- Gold
- Silver
- Bronze

Events Schedule

W = Women
 M = Men
 WM = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event	Date	Time	Event
23 July	8.30-12.10	<ul style="list-style-type: none"> ⊖ Single Sculls Heats, ⊖ Double Sculls Heats, ⊖ Quadruple Sculls Heats ⊖ Single Sculls Heats, ⊖ Double Sculls Heats, ⊖ Quadruple Sculls Heats 	28 July	8.30-11.40	<ul style="list-style-type: none"> ⊖ Double Sculls Final B, ⊖ Four Final B, ⊖ Double Sculls Final A, ⊖ Four Final A, ⊖ Eight Repechage, ⊖ Single Sculls Semi-Finals A/B
24 July	8.30-12.30	<ul style="list-style-type: none"> ⊖ Single Sculls Repechage, ⊖ Double Sculls Repechage, ⊖ Pair Heats, ⊖ Lightweight Double Sculls Heats, ⊖ Four Heats ⊖ Single Sculls Repechage, ⊖ Double Sculls Repechage, ⊖ Pair Heats, ⊖ Lightweight Double Sculls Heats, ⊖ Four Heats 	29 July	8.30-11.50	<ul style="list-style-type: none"> ⊖ Single Sculls Final F, ⊖ Single Sculls Final E, ⊖ Pair Final A, ⊖ Lightweight Double Sculls Final A, ⊖ Pairs Final B, ⊖ Lightweight Double Sculls Final B, ⊖ Single Sculls Final D ⊖ Single Sculls Final F, ⊖ Single Sculls Final E, ⊖ Pair Final A, ⊖ Lightweight Double Sculls Final A, ⊖ Pairs Final B, ⊖ Lightweight Double Sculls Final B, ⊖ Single Sculls Final D
25 July	9.00-11.40	<ul style="list-style-type: none"> ⊖ Single Sculls Semi-Finals E/F, ⊖ Pair Repechage, ⊖ Lightweight Double Sculls Repechage, ⊖ Quadruple Sculls Repechage, ⊖ Eight Heats ⊖ Single Sculls Semi-Finals E/F, ⊖ Pair Repechage, ⊖ Lightweight ⊖ Double Sculls Repechage, ⊖ Quadruple Sculls Repechage, ⊖ Eight Heats 	30 July	8.45-10.55	<ul style="list-style-type: none"> ⊖ Single Sculls Final C, ⊖ Single Sculls Final B, ⊖ Single Sculls Final A, ⊖ Eight Final A ⊖ Single Sculls Final C, ⊖ Single Sculls Final B, ⊖ Single Sculls Final A, ⊖ Eight Final A
26 July	9.00-11.20	<ul style="list-style-type: none"> ⊖ Single Sculls Quarter-Finals, ⊖ Double Sculls Semi-Finals, ⊖ Four Repechage ⊖ Single Sculls Quarter-Finals, Double Sculls Semi-Finals, ⊖ Four Repechage 	27 July	8.30-12.00	<ul style="list-style-type: none"> ⊖ Single Sculls Semi-Finals C/D, ⊖ Lightweight Double Sculls Final C, ⊖ Quadruple Sculls Final B, ⊖ Quadruple Sculls Final A, ⊖ Pair Semi-Finals A/B, ⊖ Lightweight Double Sculls Semi-Finals A/B ⊖ Single Sculls Semi-Finals C/D, ⊖ Lightweight Double Sculls Final C, ⊖ Quadruple Sculls Final B, ⊖ Quadruple Sculls Final A, ⊖ Pair Semi-Finals A/B, ⊖ Lightweight Double Sculls Semi-Finals A/B

Athlete Bios

<p>Victoria Thornley Event: Single Sculls</p>  <p>DOB: 30/11/1987 Hometown: Wales: Wrexham Previous Games attended: Rio 2016, London 2012 Twitter: @VickyThornleyGB Instagram: @vickythornleygb Link for bio</p> <p>1</p>	<p>John Collins Event: Men's Double Sculls</p>  <p>DOB: 24/01/1989 Hometown: London: Twickenham Previous Games attended: Rio 2016 Twitter: @John_collins89 Instagram: @j_collins89 Link for bio</p>	<p>Matt Rossiter Event: Men's Four</p>  <p>DOB: 25/09/1989 Hometown: Berkshire: Newbury Twitter: @RossBo2 Instagram: @rossbo2 Link for bio</p>	<p>Lucy Glover Event: Women's Quadruple Sculls</p>  <p>DOB: 25/11/1998 Hometown: Cheshire: Warrington Twitter: @lucy_gloverx Instagram: @lucy_gloverx Link for bio</p>	<p>Sara Parfett Event: Women's Eight</p>  <p>DOB: 08/10/1991 Hometown: Kent: Rochester Twitter: @syparfett Instagram: @syp_91 Link for bio</p>	<p>Emily Ford Event: Women's Eight</p>  <p>DOB: 08/11/1994 Hometown: Cheshire: Holmes Chapel Twitter: @emford94 Instagram: @emford94 Link for bio</p>
<p>Helen Glover Event: Women's Pair</p>  <p>DOB: 17/06/1986 Hometown: Cornwall: Penzance Previous Games attended: Rio 2016, London 2012 Twitter: @HelenGloverGB Instagram: @helen Glovergb Link for bio</p> <p>2</p>	<p>Rowan McKellar Event: Women's Four</p>  <p>DOB: 24/05/1994 Hometown: Scotland: Glasgow Twitter: @mckellarowan Instagram: @mckellar24 Link for bio</p>	<p>Rory Gibbs Event: Men's Four</p>  <p>DOB: 03/04/1994 Hometown: Buckinghamshire: Marlow Twitter: @rory_gibbs1 Instagram: @rory_gibbs1 Link for bio</p>	<p>Harry Leak Event: Men's Quadruple Sculls</p>  <p>DOB: 16/10/1995 Hometown: Scotland: Edinburgh Twitter: @HarryLeak Instagram: @harryleak Link for bio</p>	<p>Rebecca Edwards Event: Women's Eight</p>  <p>DOB: 20/08/1993 Hometown: Northern Ireland: Aghnacloy Twitter: @edwardsr13 Instagram: @edwardsr13 Link for bio</p>	<p>Mattilda Horn Event: Women's Eight (Cox)</p>  <p>DOB: 16/08/1992 Hometown: Berkshire: Windsor Twitter: @MattildaHorn Link for bio</p>
<p>Polly Swann Event: Women's Pair</p>  <p>DOB: 05/06/1988 Hometown: Scotland: Edinburgh Previous Games attended: Rio 2016 Twitter: @PollySwann Instagram: @pollyswanngb Link for bio</p> <p>1</p>	<p>Harriet Taylor Event: Women's Four</p>  <p>DOB: 14/02/1994 Hometown: Berkshire: Sunningdale Twitter: @hattetaylor_ Instagram: @hattetaylor Link for bio</p>	<p>Sholto Carnegie Event: Men's Four</p>  <p>DOB: 28/02/1995 Hometown: Oxfordshire: Oxford Twitter: @Carnegie95 Instagram: @sholto_carnegie Link for bio</p>	<p>Angus Groom Event: Men's Quadruple Sculls</p>  <p>DOB: 16/06/1992 Hometown: Scotland: Glasgow Previous Games attended: Rio 2016 Twitter: @angusgroom Instagram: @angusgroom Link for bio</p>	<p>Chloe Brew Event: Women's Eight</p>  <p>DOB: 14/09/1995 Hometown: Devon: Plymouth Instagram: @chloebrew Link for bio</p>	<p>Joshua Bugajski Event: Men's Eight</p>  <p>DOB: 05/10/1990 Hometown: Greater Manchester: Stockport Twitter: @JoshBugajski Instagram: @joshbugajski Link for bio</p>
<p>Emily Craig Event: Lightweight Women's Double Sculls</p>  <p>DOB: 30/11/1992 Hometown: East Sussex: Mark Cross Link for bio</p>	<p>Karen Bennett Event: Women's Four</p>  <p>DOB: 05/02/1989 Hometown: Scotland: Edinburgh Previous Games attended: Rio 2016 Twitter: @karenbennett89 Instagram: @karenbennett89 Link for bio</p> <p>1</p>	<p>Mattilda Hodgkins-Byrne Event: Women's Quadruple Sculls</p>  <p>DOB: 01/10/1994 Hometown: Herefordshire: Hereford Twitter: @mattildahb Instagram: @mattildahodgkinsbyrne Link for bio</p>	<p>Thomas Barras Event: Men's Quadruple Sculls</p>  <p>DOB: 07/01/1994 Hometown: London: Staines Instagram: @tom_barras Link for bio</p>	<p>Katherine Douglas Event: Women's Eight</p>  <p>DOB: 03/08/1989 Hometown: Scotland: Edinburgh Twitter: @Katherine_Doug Instagram: @katherinedouglas Link for bio</p>	<p>Jacob Dawson Event: Men's Eight</p>  <p>DOB: 02/11/1993 Hometown: Devon: Plymouth Twitter: @jacobplymouth Instagram: @jacobdawson8630 Link for bio</p>
<p>Imogen Grant Event: Lightweight Women's Double Sculls</p>  <p>DOB: 26/02/1996 Hometown: Cambridgeshire: Cambridge Twitter: @imogendalysg Instagram: @imogendalysg Link for bio</p>	<p>Rebecca Shorten Event: Women's Four</p>  <p>DOB: 25/11/1993 Hometown: Northern Ireland: Belfast Previous Games attended: Rio 2016 Twitter: @RebeccaShorten Instagram: @rebeccashorten Link for bio</p>	<p>Hannah Scott Event: Women's Quadruple Sculls</p>  <p>DOB: 18/06/1999 Hometown: Northern Ireland: Coleraine Twitter: @hannahscott1999 Instagram: @hannahscott18 Link for bio</p>	<p>Jack Beaumont Event: Men's Quadruple Sculls</p>  <p>DOB: 21/11/1993 Hometown: Berkshire: Maidenhead Previous Games attended: Rio 2016 Twitter: @jackbeaumontf Instagram: @jackbeaumontf23 Link for bio</p>	<p>Caragh McMurtry Event: Women's Eight</p>  <p>DOB: 22/08/1991 Hometown: Hampshire: Southampton Twitter: @caragh_mcmurtry Instagram: @caraghmcmurtry Link for bio</p>	<p>Thomas George Event: Men's Eight</p>  <p>DOB: 22/09/1994 Hometown: Gloucestershire: Cheltenham Twitter: @TGeorge1994 Instagram: @torgeorge1994 Link for bio</p>
<p>Graeme Thomas Event: Men's Double Sculls</p>  <p>DOB: 8/11/1988 Hometown: Lancashire: Preston Twitter: @Graeme_Thomas Instagram: @graemethomasaigb Link for bio</p>	<p>Oliver Cook Event: Men's Four</p>  <p>DOB: 05/04/1990 Hometown: Berkshire: Windsor Twitter: @olccook Instagram: @olccook Link for bio</p>	<p>Charlotte Hodgkins-Byrne Event: Women's Quadruple Sculls</p>  <p>DOB: 08/10/1996 Hometown: Herefordshire: Hereford Instagram: @charlottehodgkinsbyrne Link for bio</p>	<p>Fiona Gammond Event: Women's Eight</p>  <p>DOB: 19/10/1992 Hometown: Oxfordshire: Blicester Twitter: @fionagammond Instagram: @fionagammond Link for bio</p>	<p>Rebecca Muzerie Event: Women's Eight</p>  <p>DOB: 03/12/1989 Hometown: Hampshire: Fareham Twitter: @beccyou312 Instagram: @beccygirling Link for bio</p>	<p>Mohamed Sbhi Event: Men's Eight</p>  <p>DOB: 27/03/1988 Hometown: London: Surbiton Previous Games attended: Rio 2016, London 2012 Twitter: @moesbhi Instagram: @moesbhi Link for bio</p> <p>1 1</p>

RUGBY SEVENS

ラグビー

Charles Elwes
Event: Men's Eight



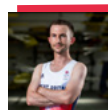
DOB: 15/07/1997
HomeTown: Hampshire; Andover
Instagram: @cjelwes
[Link for bio](#)

James Rudkin
Event: Men's Eight



DOB: 07/07/1994
HomeTown: Northamptonshire; Litchborough
Twitter: @TheRud_Dog
Instagram: @james_rudkin
[Link for bio](#)

Henry Fieldman
Event: Men's Eight (Cox)



DOB: 25/11/1988
HomeTown: London; Barnes
Twitter: @HenryFieldman
Instagram: @henryfieldman
[Link for bio](#)

Oliver Wynne-Griffith
Event: Men's Eight



DOB: 29/04/1994
HomeTown: Surrey; Guildford
Twitter: @ollewg1994
Instagram: @ollewg1994
[Link for bio](#)

Thomas Ford
Event: Men's Eight



DOB: 03/10/1992
HomeTown: Cheshire; Holmes Chapel
Instagram: @tom_g_ford
[Link for bio](#)

Spares

Madeleine Arlett



DOB: 07/04/1994
HomeTown: Scotland; Selkirk
Twitter: @MaddieArlett
Instagram: @maddie_arlett
[Link for bio](#)

Morgan Bolding



DOB: 13/05/1995
HomeTown: Cornwall; Wiltel
Instagram: @morganbolding
[Link for bio](#)

Saskia Budgett



DOB: 21/09/1996
HomeTown: London; Chiswick
Instagram: @saskiabudgett
[Link for bio](#)

Matthew Tarrant



DOB: 11/07/1990
HomeTown: Surrey; Shepperton
Previous games attended: Rio 2016
Twitter: @matthewtarrant
Instagram: @matthewtarrant
[Link for bio](#)

Staff Bios

Brendan Purcell
Team Leader



Liz Arnold
Physio



Shelley Wyatt
Media Officer



Hamish Burrell
Crew Coach



Lauren Fisher
Crew Coach



Stephen Gunn
Crew Coach



James Harris
Head Coach - Women's Sweep



Steven Leonard
Physio



Dan Moore
Crew Coach



Sarah Moseley
Physiologist



Karl Offord
Scullman



Ann Redgrave
Chief Medical Officer



Paul Reedy
Head Coach - Women's Sweep



Paul Stannard
Head Coach - Men's Scull



Heather Stephens
Physio



Steve Trapmore
Head Coach - Men's Sweep



Gareth Turner
Physiologist



Darren Whiter
Crew Coach



Robin Williams
Crew Coach



Rugby Sevens

Introduction

Rugby sevens will be making its second appearance at the Olympic Games in Tokyo after being one of the highlights of Rio 2016. It was in Brazil that the oval ball made its Olympic return, 92 years after it had last featured, but in a changed format. The 15-man game was played four times between 1900 and 1924, with the USA proving the most successful side, and the sport was dear to the heart of no lesser man Baron Pierre de Coubertin, the founder of the modern Olympics, who refereed the first-ever French championship rugby final.

So, it was fitting that it returned to the Olympic fold, in the sevens format in 2016. Contested on a full-size rugby pitch, there are only seven players on each team, with matches comprising of two, seven-minute halves, making for a fast-paced game with more tries and more space to run than a 15-a-side game.

Where it had previously only been played by men at Olympic level, rugby sevens was played by both men and women in Brazil, producing some spectacular matches.

On the men's side, Team GB played out a remarkable 0-0 draw in their quarter-final against Argentina, with Dan Bibby's extra-time score putting them through before Tom Mitchell's conversion proved the difference in a 7-5 win over South Africa in the semi-finals.



The gold medal dreams were ended by Fiji, who were simply magnificent under the tutelage of former England coach Ben Ryan, but it was still a memorable silver medal for Team GB.

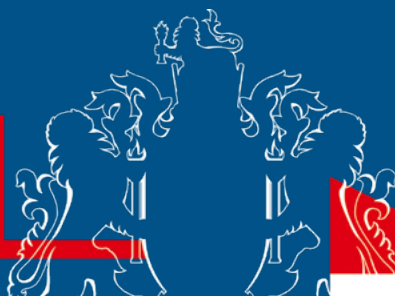
The women's team could not quite match them, falling to New Zealand at the semi-final stage before being beaten by Canada in the bronze-medal play-off as Australia claimed the first-ever women's rugby gold.

Team GB will return in Tokyo in both the men's and women's competition after booking their place at the European Qualification events in 2019.

At those events, it was England's performances that earned spots, the men getting the better of France in Colomiers, while the women beat Russia in Kazan. A number of players will be returning in both squads in Tokyo, including men's skipper Tom Mitchell, who has been a key figure in the England set-up for the best part of a decade, while Dan Norton is the all-time record try-scorer on the World Sevens series circuit.

On the women's side co-captain Abbie Brown and Natasha Hunt are two of the Rio 2016 stars heading for a second Games, as is Wales flyer Jasmine Joyce. The Games in Tokyo will be played over the course of six days, the men from July 26-28, followed by the women from July 29-31.

Matches will be at Tokyo Stadium, which played host to eight matches at the 2019 Rugby World Cup including the opening game of the tournament between Japan and Russia. There are 12 teams in both competitions, all of whom will compete in the pool stage before eight advance to the quarter-finals where it will be a straight knockout format.



Team GB at the Olympic Games



Rio 2016 **1**

ALL-TIME TOTAL **1**

- Gold
- Silver
- Bronze


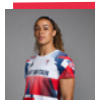











Events Schedule

W = Women M = Men WM = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event
26 July	09.00-12.00	Pool Round (6 matches)
	16.30-19.30	Pool Round (6 matches)
27 July	09.00-12.00	Pool Round (6 matches)
	16.30-19.30	Placing 9-12 (2 matches), Quarter-Finals (4 matches)
28 July	09.00-12.00	Placing 11-12, Placing 9-10, Placing 5-8 (2 matches), Semi-Finals (2 matches)
	16.30-19.00	Placing 7-8, Placing 5-6, Bronze Medal Match & Gold Medal Match
29 July	09.00-12.00	Pool Round (6 matches)
	16.30-19.00	Pool Round (6 matches)
30 July	09.00-12.00	Pool Round (6 matches)
	16.30-19.30	Placing 9-12 (2 matches), Quarter-Finals (4 matches)
31 July	09.00-12.00	Placing 11-12, Placing 9-10, Placing 5-8 (2 matches), Semi-Finals (2 matches)
	16.30-19.00	Placing 7-8, Placing 5-6, Bronze Medal Match & Gold Medal Match

Athlete Bios


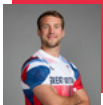
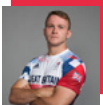
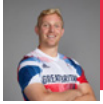
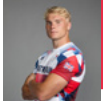
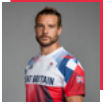
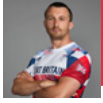
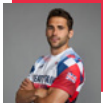

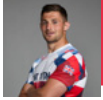


Women

<p>Holly Aitchison</p>  <p>DOB: 03/09/1997 Hometown: Merseyside: Southport Twitter: @hollyaitchison_ Instagram: @hollyaitchison_ Link for bio</p>	<p>Deborah Fleming</p>  <p>DOB: 10/06/1991 Hometown: be Cornwall: GUYAL Twitter: @DeborahF9 Instagram: @DeborahF91 Link for bio</p>	<p>Jasmine Joyce</p>  <p>DOB: 09/10/1995 Hometown: Wales: St David Previous Games attended: Rio 2016 Twitter: @Joyce_Jaz Instagram: @jaminejoycee Link for bio</p>	<p>Lisa Thomson</p>  <p>DOB: 07/09/1997 Hometown: Scotland: Hawick Twitter: @lisathomson10 Instagram: @lisathomson10 Link for bio</p>
<p>Abbie Brown</p>  <p>DOB: 10/04/1996 Hometown: Devon: Exeter Previous Games attended: Rio 2016 Twitter: @cabbiebrow10 Instagram: @cabbiebrow13 Link for bio</p>	<p>Natasha Hunt</p>  <p>DOB: 21/03/1999 Hometown: Gloucestershire: Gloucester Previous Games attended: Rio 2016 Twitter: @huntie_1 Instagram: @huntie_1 Link for bio</p>	<p>Alex Matthews</p>  <p>DOB: 03/08/1993 Hometown: Surrey: Camberley Twitter: @AlexMatthews03 Instagram: @a.matthews06 Link for bio</p>	<p>Reserves</p>
<p>Abi Burton</p>  <p>DOB: 09/03/2000 Hometown: West Yorkshire: Leeds Twitter: @AbiLucyBurton Instagram: @abi_burton Link for bio</p>	<p>Megan Jones</p>  <p>DOB: 23/10/1996 Hometown: Wales: Cardiff Twitter: @meganjoneil Instagram: @thanksmeg Link for bio</p>	<p>Helena Rowland</p>  <p>DOB: 10/09/1999 Hometown: Buckinghamshire: Aylesbury Twitter: @HelenaRowland99 Instagram: @helenarowland99 Link for bio</p>	
<p>Hannah Smith</p>  <p>DOB: 30/10/1992 Hometown: Scotland: Falkirk Instagram: @hgamithy Link for bio</p>	<p>Celia Quansah</p>  <p>DOB: 25/10/1996 Hometown: London: Twickenham Twitter: @CeliaAmy Instagram: @celiacamy Link for bio</p>	<p>Emma Uren</p>  <p>DOB: 01/10/1997 Hometown: London: Chiswick Twitter: @emurauren Instagram: @emurauren Link for bio</p>	

SAILING


セーリング

Men

<p>Dan Bibby</p>  <p>DOB: 06/02/1991 Hometown: Greater Manchester, Aspull Previous Games attended: Rio 2016 Instagram: @dibibby15 Link for bio</p>	<p>Harry Glover</p>  <p>DOB: 31/12/1996 Hometown: London: Canning Town Twitter: @HarryAGlover Instagram: @haryglover1 Link for bio</p>	<p>Max McFarland</p>  <p>DOB: 13/07/1993 Hometown: Ireland: Clontarf Instagram: @maxmcf Link for bio</p>
<p>Alec Coombes</p>  <p>DOB: 26/11/1996 Hometown: Scotland: Glasgow Instagram: @alec_coombes Link for bio</p>	<p>Ben Harris</p>  <p>DOB: 08/09/1999 Hometown: Buckinghamshire: High Wycombe Twitter: @benharris709 Instagram: @benharris.h Link for bio</p>	<p>Tom Mitchell</p>  <p>DOB: 22/07/1989 Hometown: West Sussex: Cuckfield Previous Games attended: Rio 2016 Twitter: @TBobbyMitchell Instagram: @tmitchell Link for bio</p>
<p>Alex Davis</p>  <p>DOB: 03/10/1992 Hometown: Bristol: Bristol Twitter: @ajdavis03 Instagram: @ajdavis Link for bio</p>	<p>Oliver Lindsay-Hague</p>  <p>DOB: 06/10/1990 Hometown: London: Wimbledon Previous Games attended: Rio 2016 Twitter: @O_LindsayHague Instagram: @olindsayhague Link for bio</p>	<p>Dan Norton</p>  <p>DOB: 02/03/1988 Hometown: Gloucestershire: Gloucester Previous Games attended: Rio 2016 Twitter: @Dan_Norton4 Instagram: @dan_norton4 Link for bio</p>
<p>Robbie Fergusson</p>  <p>DOB: 30/08/1993 Hometown: Scotland: Ayr Twitter: @robbiefergusson Instagram: @robbiefergusson Link for bio</p>	<p>Ross McCann</p>  <p>DOB: 30/10/1997 Hometown: Scotland: Edinburgh Instagram: @mccannruss Link for bio</p>	<p>Ethan Waddleton</p>  <p>DOB: 23/11/1996 Hometown: Suffolk: Ipswich Twitter: @ethan_waddleton Instagram: @ethan_waddleton Link for bio</p>














Reserves

Tom Bowen



DOB: 31/01/1993
Hometown: East Sussex: Brighton
Twitter: @TomBowen31
Instagram: @tombowen31

Staff Bios

<p>Charlie Hayler Team Leader & Assistant Coach</p> 	<p>Ben Duffield Performance Analyst</p> 	<p>Isobel Freeman Lead Physio - Women</p> 	<p>Charlotte Harwood Head Officer</p> 	<p>Ailly Little Lead Physio - Men</p> 	<p>James Rodwell Assistant Coach</p> 	<p>Jo Tyler Team Operations Manager</p> 
<p>Abosede Ajayi Doctor</p> 	<p>Scott Forrest Women's Head Coach</p> 	<p>Adam Fuge Analyst - Men</p> 	<p>Dan Howells Lead SAC - Men</p> 	<p>Ben Lonergan Lead SAC - Women</p> 	<p>Anthony Raques Men's Head Coach</p> 	

Sailing

Introduction

The sport formerly known as yachting (until it was renamed sailing at Sydney 2000) continues its streak of featuring at every Olympic Games since 1908. A classic battle of human versus nature – sailors compete not only against other racers but the waves and the wind, and it has always been an arena that Team GB have thrived in.

No nation has been more successful at the Olympic Games and a mammoth 28 Olympic golds is nine more than second-placed United States on the all-time medal table.

Nineteen silver and 11 bronze medals make for an impressive total haul of 58 from British sailors over the last 113 years. Incomparable four-time champion Sir Ben Ainslie remains the most decorated sailor in Olympic history, while a gold medal in Tokyo would make Hannah Mills the most successful female Olympic sailor of all-time.

Mills already owns a silver medal from London 2012 and a gold from Rio 2016 and she is aiming to defend her women's 470 crown alongside Eilidh McIntyre, whose dad Mike won gold for Team GB in the Star class at Seoul 1988. Mills' success alongside Saskia Clark was one of Team GB's two sailing golds in Rio, with Giles Scott ensuring the remarkable record of a Brit taking Finn gold at every 21st-century Olympic Games continued.

Scott is back to defend his Finn title in Tokyo, while London 2012 silver medallists Luke Patience and Stuart Bithell have also been selected – Patience competing in the 470 class alongside Chris Grube, while Bithell links up with another Rio Olympian, Dylan Fletcher, in the 49er. The team also features Saskia Tidey, who



represented Ireland at Rio 2016 but switched allegiances to Great Britain the following year, and now partners Charlotte Dobson in the 49er FX.

Tokyo 2020 has ten sailing classes in total – four for women, five for men and the mixed Nacra 17, where John Gimson and Anna Burnet will go for gold after becoming world champions in 2020.

In the RS:X class, a pair of windsurfers will be making their Olympic debuts for Team GB in the form of double youth world champion Emma Wilson and horticulture graduate Tom Squires.

Enoshima Yacht Harbour, in Fujisawa City is the venue for all competitions and after a week of racing – where the winner of each race scores one point, second place two and so on, with each boat able to drop their worst score – the top 10 move into the medal race, where double points are given.

The sailor or crew with the lowest aggregate score following the medal race will take Olympic gold and add their name to the pantheon of champions.



Team GB at the Olympic Games



Beijing 2008	4	1	1
London 2012	1	4	
Rio 2016	2	1	
ALL-TIME TOTAL	28	19	11

Gold
 Silver
 Bronze

Events Schedule

= Women
 = Men
 = Women & Men (Mixed Event)
 = Medal Event

Date	Time	Event	Date	Time	Event
25 July	12:00-18.00	-RS:X, Laser Radial -RS:X, Laser	01 Aug	12:00-18.00	-Laser Radial Medal Race, 470 -Laser Medal Race, Finn, 470, -Nacra 17
26 July	12:00-18.00	-RS:X, Laser Radial -RS:X, Laser	02 Aug	12:00-18.00	-49er FX Medal Race, 470 -49er Medal Race, 470
27 July	12:00-18.00	-Laser Radial, 49er FX -Laser, Finn, 49er	03 Aug	14:30-16:55	-Nacra 17 Medal Race -Finn Medal Race
28 July	12:00-18.00	-RS:X, 470, 49er FX -RS:X, Finn, 470, 49er -Nacra 17	04 Aug	14:30-16:55	-470 Medal Race -470 Medal Race
29 July	12:00-18.00	-RS:X, Laser Radial, 470 -RS:X, Laser, Finn, 470 -Nacra 17			
30 July	12:00-18.00	-Laser Radial, 470, 49er FX -Laser, 470, 49er			
31 July	12:00-18.00	-RS:X Medal Race, 49er FX -RS:X Medal Race, Finn, 49er -Nacra 17			

Athlete Bios

Chris Grube
Event: 470 men's



DOB: 22/01/1985
Hometown: Cheshire: Chester
Previous Games attended: Rio 2016
Twitter: @chrisgrubegbr
Instagram: @chrisgrube1
[Link for bio](#)

Dylan Fletcher
Event: 49er



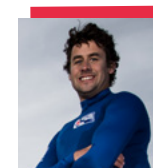
DOB: 03/04/1988
Hometown: Leicestershire: Market Harborough
Previous Games attended: Rio 2016
Twitter: @GBR49erTeam
Instagram: @dylan_fletcherScott
[Link for bio](#)

Giles Scott
Event: Finn



DOB: 23/06/1987
Hometown: Cambridgeshire: Huntingdon
Previous Games attended: Rio 2016
Olympic Medals: Gold (Rio)
Twitter: @GilesScott
Instagram: @gilesscott87
[Link for bio](#)

John Gimson
Event: Nacra 17



DOB: 11/03/1983
Hometown: Cheshire: Congleton
Twitter: @teamgbnacra
Instagram: @teamgbnacra
[Link for bio](#)

Luke Patience
Event: 470 men's



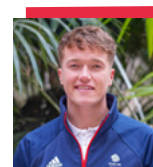
DOB: 04/08/1986
Hometown: Scotland: Rhu
Previous Games attended: Rio 2016, London 2012
Olympic Medals: Silver (London)
Twitter: @patience_luke
Instagram: @lukepatience
[Link for bio](#)

Stuart Bithell
Event: 49er



DOB: 28/08/1986
Hometown: Greater Manchester: Rochdale
Previous Games attended: London 2012
Olympic Medals: Silver (London)
Twitter: @stubbithell
Instagram: @stubbithell
[Link for bio](#)

Elliot Hanson
Event: Laser



DOB: 12/02/1994
Hometown: Cheshire: Macclesfield
Twitter: @Elliot_Hanson
Instagram: @ehansonsailing
[Link for bio](#)

Tom Squires
Event: RS:X men's



DOB: 03/08/1993
Hometown: Oxfordshire: Oxford
Twitter: @squireswindsurf
Instagram: @squireswindsurf
[Link for bio](#)

Eilidh McIntyre
Event: 470 women's



DOB: 04/06/1994
Hometown: Hampshire: Hayling Island
Twitter: @McIntyreEilidh
Instagram: @mcintyreelidh
[Link for bio](#)

Charlotte Dobson
Event: 49er FX



DOB: 05/06/1986
Hometown: Scotland: Rhu
Previous Games attended: Rio 2016
Twitter: @charlottegbr
Instagram: @charlottisobelDobson
[Link for bio](#)

Alison Young
Event: Laser Radial



DOB: 29/05/1987
Hometown: Worcestershire: Bewdley
Previous Games attended: Rio 2016, London 2012
[Link for bio](#)

Emma Wilson
Event: RS:X women's



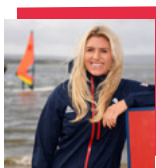
DOB: 07/04/1999
Hometown: Dorset: Christchurch
Twitter: @emma_wilson961
Instagram: @emmawilson_gbr7
[Link for bio](#)

Hannah Mills
Event: 470 women's



DOB: 29/02/1988
Hometown: Wales: Cardiff
Previous Games attended: Rio 2016, London 2012
Olympic Medals: Gold (Rio)
Silver (London)
Twitter: @hannahmills1988
Instagram: @hannahmills_gbr
[Link for bio](#)

Saskia Tidey
Event: 49er FX



DOB: 11/06/1993
Hometown: Ireland: Dublin
Previous Games attended: Rio 2016 (IRE)
Twitter: @saskiatidey
Instagram: @saskiatidey
[Link for bio](#)

Anna Burnet
Event: Nacra 17



DOB: 17/09/1992
Hometown: Scotland: Shandon
Twitter: @teamgbnacra
Instagram: @teamgbnacra
[Link for bio](#)

SHOOTING

射撃

Staff Bios

Mark Robinson
Team Leader



Brad Bradbury
Bib Engineer



Joe Gianfield
Coach



Stevie Morrison
Coach



Mark Rushall
Technical Staff



Will Carson
Media Officer



Simon Crampton
Psychologist



Chris Gowers
Coach



Iain Percy
Coach



Dom Tidey
Coach



Maxime Albrecht
Bib



Henrietta Duffon
Chef



Simon Hiscocks
Bib



Morgan Reeser
Coach



Louise Turner
Physio



Alex Anastasiou
Psychologist



Kate Eddy
SS&L Lead



Alexander Hopson
S&C Coach



Ben Rhodes
Coach



Ian Walker
Racing Director



Charlie Baillie Strong
Coach



Barrie Edgington
Coach



Matthew Howard
Coach



Kate Richardson
Physio



Alex Wardall
Team Logistics



Steve Baynes
Dietitian



Cheryl Evans
Scout/Chief



Adam May
Technical Staff



Simon Rowell
Meteorologist



Ian White
Psychologist



Shooting

Introduction

Excruciating tension, minute margins and unbreakable concentration – shooting is a unique Olympic challenge. Now a feat of firing technology and technique, shooting has come a long way since live pigeons were the target at the Paris 1900 Games, with the sport having featured in every Olympics apart from 1904 and 1928.

There will be 15 gold medals on offer in Tokyo in both bullseye shooting – on an indoor range, using rifles and pistols – and outdoor clay pigeon shooting using shotguns.

There are individual and team bullseye events using air pistols, rapid fire pistols and air rifles from a variety of distances and positions, with mixed 10m air rifle and air pistol team events making their Olympic debut.

After a ranking round to determine eight finalists – rifle and pistol finals are run in an elimination format, where the lowest-scoring shooter following each series of shots is knocked out before gold and silver medals are decided by a head-to-head shoot-off. Meanwhile, skeet and trap are the two classic shotgun disciplines. Skeet sees targets launched from one high and one low 'house', whereas in trap they are launched from a single house.

The top six shooters go through to a semi-final, where the first two then shoot off for gold, with third and fourth competing for bronze. Team GB's lone hope on the indoor range will come from Seonaid McIntosh – daughter of international shooting stars Shirley and Donald, and the younger sister of two-time Olympian Jennifer – who is primed for her Olympic debut in Tokyo.



Edinburgh-born McIntosh is the first British woman to be ranked world number one for the 50m rifle three positions event, won three World Cup medals in 2019, including gold at the final in China, and also became 50m rifle prone world champion in 2018.

Meanwhile, Matt Coward-Holley goes to Japan as reigning men's trap world champion. To put that into context, Rio 2016 bronze medallist Ed Ling was the only previous Briton to reach the trap podium at the World Championships. The 26-year-old broke his back playing rugby as a teenager and will hope for a fairy tale Olympic debut as one of the favourites for the podium, while he's also likely to compete in the mixed team trap.

Team GB currently rank sixth on the all-time shooting Olympic medal table with 13 golds, 15 silvers and 18 bronzes in the total haul of 46.

Malcolm Cooper, son of a naval officer from Surrey, is one of Team GB's Olympic shooting heroes after winning 50m rifle three positions gold at both LA 1984 and Seoul 1988.

Meanwhile, Peter Wilson's name is never far from anyone's lips when it comes to shooting after his incredible double trap victory as one of three Team GB golds on the sixth day of London 2012 and he remains the world record holder in the now discontinued Olympic event.



Team GB at the Olympic Games



Sydney 2000 **1** **1**

London 2012 **1**

Rio 2016 **2**

ALL-TIME TOTAL **13** **15** **18**

- Gold
- Silver
- Bronze

Events Schedule

W = Women **M** = Men **W M** = Women & Men (Mixed Event) **ME** = Medal Event

Date	Time	Event	Date	Time	Event
24 July	8:30-16:30	W ME 10m Air Rifle Qualification & Final M ME 10m Air Pistol Qualification & Final	31 July	12:00-18:00	W ME 50m Rifle 3 Positions Qualification & Final M W ME Trap Mixed Team Qualification & Final
25 July	9:00-16:30	W ME Skeet Qualification, 10m Air Pistol Qualification & Final M ME Skeet Qualification, 10m Air Rifle Qualification & Final	01 Aug	8:30-13.15	M 25m Rapid Fire Pistol Qualification - Stage 1
26 July	9:00-17.15	W ME Skeet Qualification & Finals M ME Skeet Qualification & Finals	02 Aug	8.30-18.00	M ME 25m Rapid Fire Pistol Qualification - Stage 2 & Final, 50m M ME Rifle 3 Positions Qualification & Final
27 July	9:00-16:30	M W ME 10m Air Rifle Mixed Team Qualification & Final M W ME 10m Air Pistol Mixed Team Qualification & Final			
28 July	9:00-16:00	W Trap Qualification M Trap Qualification			
29 July	9:00-16:55	M ME Trap Qualification & Final W ME 25m Pistol Precision Stage, Trap Qualification & Final			
30 July	9:00-15:00	W ME 25m Pistol Qualification & Final			

SKATEBOARDING

スケートボード

Athlete Bios

Matthew Coward-Holley
Event: Olympic Trap



DOB: 14/12/1994
Hometowns: Essex: Chelmsford
Twitter: @mcholey14
Instagram: @matcowardholley
[Link for bio](#)

Amber Hill
Event: Olympic Trap



DOB: 21/08/1997
Hometowns: Berkshire: Windsor
Previous Games attended: Rio 2016
Twitter: @AmberJHill
Instagram: @amberjhill
[Link for bio](#)

Kirsty Hegarty
Event: Olympic Trap



DOB: 12/09/1988
Hometowns: Northern Ireland: Craigavon
Twitter: @kirstybar88
Instagram: @kb.bar88
[Link for bio](#)

Seonaid McIntosh
Event: 50m Sp, 10m Rifle



DOB: 15/03/1996
Hometowns: Scotland: Edinburgh
Instagram: @minimac_400
[Link for bio](#)

Aaron Heading
Event: Olympic Trap



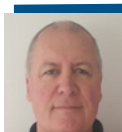
DOB: 21/05/1987
Hometowns: Norfolk: King's Lynn
Instagram: @gbraaronheading
[Link for bio](#)

Staff Bios

Steven Seligmann
Team Leader



Christopher Dean
Trap Coach



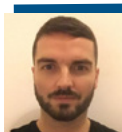
Donald McIntosh
Rifle Coach



Per Moen
Skeet Coach



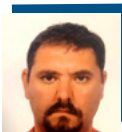
Craig Davies
Media Officer



Paul Hughes
Psychologist



Marco Micheli
Trap Coach



Skateboarding

Introduction

Canadian pop-punk songstress Avril Lavigne may forever lay claim to the most famous 'Sk8er Boi', but two British girls could wheel their way to gold and glory in Tokyo.

Skateboarding is one of four sports making an Olympic debut this summer, premiering in Japan alongside karate, sport climbing and surfing.

Its origins are murky, but by the mid-20th century companies like Hobie and Makaha were marketing wheeled wooden boards to off-duty California surfers. The sport's popularity waxed and waned over the ensuing decades, always teetering on the edge of counterculture and the mainstream. In 1995, the inaugural X Games introduced skateboarding to the ESPN-watching masses, launching the careers of bona-fide skateboarding megastars like Tony Hawk off the edge of the half-pipe and into the stratosphere.

Olympic skateboarding is divided into two disciplines: street and park. In the former, timed competitors will be judged as they demonstrate their best tricks on an urban-inspired course filled with rails, stairs, benches and curbs.

In park, athletes will showcase their talents in a steep, bowl-like structure resembling the empty pools of skateboarding's DIY past, where they'll also be scored on difficulty and originality. Britain's leading medal contender, Sky Brown, will have to wait two more Olympic cycles before she could legally celebrate a medal with a glass of bubbly.



The 2019 world bronze medallist, who only turned 13 on July 12, will become the country's all-time youngest summer Olympian when she makes her debut at Ariake Urban Sports Park on August 4th, unseating swimmer Margery Hinton who has held the honour for 93 years.

Wunderkind Brown was born in Miyazaki, Japan to a Japanese mother and a British father, and splits her time between California and her birth country.

Brown first caught the attention of former Skateboard GB chair Lucy Adams when she placed second at the Skate UK x NASS Women's Open Street Competition in 2017. Adams, who finished third, was 33 at the time; Brown was nine. Last summer, Brown was airlifted to hospital after a horrific crash left her with numerous injuries, including a fractured skull, a broken wrist and a black eye – an accident, said her father Stu, that left the family fearing for the worst.

The multi-talented athlete and star of social media, who won the American TV competition *Dancing with the Stars: Juniors* competition in 2018, was also recently named to Surfing England's Elite Programme in its under-16 girls' junior squad.

She'll be joined in the Olympic park event by fellow teen Bombette Martin, a US-born Brit who spent much of her childhood in Birmingham. In April, the 14-year-old daughter of British former boxer Jon boosted her Tokyo 2020 chances with a win at the British National Skateboard Championships.

SPORT CLIMBING

スポーツクライミング

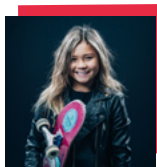
Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event
25 July	09.00-13.55	M ME Street Prelims Heats & Final
26 July	09.00-13.55	W ME Street Prelims Heats & Final
04 July	09.00-13.40	W ME Park Prelims Heats & Final
05 July	09.00-13.40	M ME Park Prelims Heats & Final

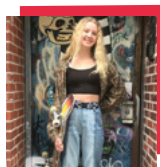
Athlete Bios

Sky Brown



DOB: 07/07/2008
Hometown: Japan; Miyazaki
Twitter: @skyandcocean
Instagram: @skymbrown
[Link for bio](#)

Bombette Martin



DOB: June 2006
Hometown: West Midlands; Birmingham
Instagram: @bombette_martin
[Link for bio](#)

Staff Bios

Darren Percy



Jon Martin



Stewart Brown



Tim Peake



Sport climbing

Introduction

Making its Olympic debut, sport climbing is set to be an instant fan favourite, with excitement guaranteed as climbers put their skills and strength to the test. Athletes will use a range of hand and foot holds to scale a vertical wall that varies in angles and height depending on the discipline.

The format of sport climbing at Tokyo 2020 combines speed climbing, bouldering and lead climbing at the 8,400-capacity Aomi Urban Sports Park. Speed climbing sees two competitors race against each other on a 15-metre wall set at a 95-degree angle, with the fastest to the top winning.

Bouldering takes place on a 4.5m wall where athletes will aim to climb as many fixed routes as they can within four minutes but without safety ropes and only a mat to cushion their fall. Meanwhile, lead climbing does allow competitors to use ropes as they aim to climb as high as possible on a 15m wall within a specified time.

A total of 20 men and 20 women will compete in the three disciplines with one set of medals awarded to each gender based on their combined scores. Shauna Coxsey will make history at Tokyo 2020 after being named as Team GB's first ever Olympic sport climber. Coxsey has twice been forced to cancel her wedding due to Covid-19 but the 28-year-old from Runcorn will hope the year's delay to the Games hasn't dented her chance of claiming an historic medal.



Inspired by French rock climber Catherine Destivelle, Coxsey started climbing at the age of four and is now Great Britain's most successful ever athlete in the sport on the international stage. Coxsey has two overall World Cup titles to her name after stunning performances in her favoured discipline of bouldering in 2016 and 2017.

She clinched two bronze medals in the bouldering and combined events at the 2019 Climbing World Championships, with the latter effort ensuring she secured a qualification spot for Tokyo 2020.

She is also a multiple-time British champion, with her first triumph coming in 2012, a regular World Cup medallist and was awarded an MBE in the 2016 Birthday Honours.

Based in Sheffield – the home of legendary Olympians like Dame Jessica Ennis-Hill and Lord Sebastian Coe – Coxsey is on a quest to scale new heights for Team GB in Tokyo.

SWIMMING

競泳

Events Schedule

W = Women
 M = Men
 W M = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event
03 Aug	17:00-22:40	M -Men's Combined Qualification
04 Aug	17:00-22:40	W -Women's Combined Qualification
05 Aug	17:30-22:20	M ME -Men's Combined Final
03 Aug	17:30-22:20	W ME Women's Combined Final

Athlete Bios

Shauna Coxsey



DOB: 27/01/1993
Hometown: Cheshire: Runcorn
Twitter: @ShaunaCoxsey
Instagram: @ShaunaCoxsey
[Link for bio](#)

Staff Bios

Lorraine Brown



Leah Crane
Coach



Paul Houghoughi



Gemma Field
Media Officer



Swimming

Introduction

One of the most popular sports on the Olympic schedule, swimming maintains its record of appearing at every Games since the very first in 1896. Tokyo 2020 will see 37 events, 18 each for men and women and one mixed, with the addition of the men's 800m freestyle, women's 1500m freestyle and 4x100m medley relay.

Thirty-five of those events will take place within the first ten days of the Games, while the open-water swimming competition starts three days later. Despite the early adoption of the sport, Olympic swimming didn't move indoors to a pool until the first London Olympics in 1908. Instead, it was held in open water for the first three Games, including twice in the Mediterranean Sea.

Open-water swimming then joined the Olympics in 2008 and Team GB has three medals to date, all coming in Beijing. In total, Team GB have 74 Olympic swimming medals, including 16 golds, and sit seventh in the overall medal table. Swimming has also produced some of the most iconic British Olympians, including 1960 200m breaststroke champion Anita Lonsbrough, who was the first British female flagbearer at Tokyo 1964.

British men dominated the 100m breaststroke during the 1980s as Duncan Goodhew in Moscow and Adrian Moorhouse in Seoul climbed the top step of the podium, while Rebecca Adlington's golden freestyle double at Beijing 2008, aged just 19, made her one of the country's most recognised sporting stars.

The current Team GB swimming superstar is Adam Peaty, the fastest breaststroker of all time. At just 26, Peaty is attempting to become the first Team GB swimmer in history to defend an Olympic title after he blitzed the field in the men's 100m breaststroke at Rio 2016.



Peaty broke his own world record in both the heats and the final, and the man from Uffoxeter recently became the owner of the 20 fastest 100m breaststroke times in history. Peaty was Team GB's only Rio 2016 swimming gold medallist, while he also won one of the five silver medals in the 4x100m medley relay. The six medals won in Rio was Team GB's best haul in more than half a century.

Duncan Scott swam the freestyle leg in that event and he travels to Tokyo with high medal hopes, while 200m backstroke ace Luke Greenbank and 50m freestyle sprinter Ben Proud have both been medallists on the world stage. On the women's side, Commonwealth Games champion Aimee Willmott is the most experienced member of the team and is set for her third Games, having postponed retirement by 12 months in order to race this summer.

Molly Renshaw set a world-leading 200m breaststroke time at this year's British Trials and she and two-time European freestyle relay champion Freya Anderson – just 20 – will be ones to watch. Joining them as medal contenders will be the likes of Abbie Wood, who had a breakout 2020, backstroker Kathleen Dawson and Wales' Alys Thomas, who will be making her Olympic debut at the age of 30.



Team GB at the Olympic Games

<p>TEAM GB</p>	<p>Beijing 2008</p> <p>2 2 2</p>
	<p>London 2012</p> <p>1 2</p>
	<p>Rio 2016</p> <p>1 5</p>
	<p>ALL-TIME TOTAL</p> <p>16 28 30</p>
	<p>Gold</p> <p>Silver</p> <p>Bronze</p>

Events Schedule

W = Women M = Men WM = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event	Date	Time	Event	Date	Time	Event
24 July	19:00-21:30	<ul style="list-style-type: none"> 400m IM Heats 400m Freestyle Heats 100m Breaststroke Heats 100m Butterfly Heats 400m IM Heats 4x100m Freestyle Relay Heats 	27 July	19:00-21:30	<ul style="list-style-type: none"> 100m Freestyle Heats 200m Breaststroke Heats 4x200m Freestyle Relay Heats 800m Freestyle Heats 200m Butterfly Heats 	30 July	19:00-21:30	<ul style="list-style-type: none"> 50m Freestyle Heats 1500m Freestyle Heats 4x100m Medley Relay Heats 50m Freestyle Heats 4x100m Medley Relay Heats
25 July	10:30-12:20	<ul style="list-style-type: none"> 400m IM Final 400m Freestyle Final 100m Breaststroke Semi-Finals 100m Butterfly Semi-Finals 200m IM Final 4x100m Freestyle Relay Final 	28 July	10:30-13:05	<ul style="list-style-type: none"> 100m Freestyle Semi-Finals 200m Butterfly Final 200m Breaststroke Semi-Finals 4x200m Freestyle Relay Final 200m Freestyle Final 200m Butterfly Semi-Finals 200m IM Final 1500m Freestyle Final 	31 July	10:30-12:20	<ul style="list-style-type: none"> 100m Butterfly Final 50m Freestyle Semi-Finals 200m Breaststroke Final 800m Freestyle Final 50m Freestyle Semi-Finals Mixed 4x100m Medley Relay Final
	19:00-21:30	<ul style="list-style-type: none"> 200m Freestyle Heats 100m Backstroke Heats 4x100m Freestyle Relay Heats 100m Backstroke Heats 100m Breaststroke Heats 400m Freestyle Heats 		19:00-21:30	<ul style="list-style-type: none"> 200m Backstroke Heats 200m IM Heats 100m Freestyle Heats 200m Breaststroke Heats 4x200m Freestyle Relay Heats 	1 Aug	10:30-12:20	<ul style="list-style-type: none"> 50m Freestyle Final 1500m Freestyle Final 4x100m Medley Relay Final 50m Freestyle Final 4x100m Medley Relay Final
26 July	10:30-12:40	<ul style="list-style-type: none"> 200m Freestyle Semi-Finals 100m Breaststroke Final 100m Breaststroke Semi-Finals 4x100m Freestyle Relay Final 100m Butterfly Final 100m Breaststroke Semi-Finals 400m Freestyle Final 100m Backstroke Semi-Finals 	29 July	10:30-13:10	<ul style="list-style-type: none"> 800m Freestyle Final 200m Breaststroke Final 200m Backstroke Semi-Finals 100m Freestyle Final 200m IM Semi-Finals 100m Freestyle Semi-Finals 200m Butterfly Final 200m Breaststroke Semi-Finals 4x200m Freestyle Relay Final 		19:00-21:30	<ul style="list-style-type: none"> 100m Butterfly Heats 800m Freestyle Heats 200m Backstroke Heats Mixed 4x100m Medley Relay Heats
	19:00-21:30	<ul style="list-style-type: none"> 200m Butterfly Heats Freestyle Heats 200m IM Heats 1500m Freestyle Heats 		19:00-21:30	<ul style="list-style-type: none"> 100m Butterfly Heats 800m Freestyle Heats 200m Backstroke Heats Mixed 4x100m Medley Relay Heats 			
27 July	10:30-12:25	<ul style="list-style-type: none"> 200m Freestyle Final 100m Backstroke Final 200m Butterfly Semi-Finals 200m Freestyle Semi-Finals 100m Backstroke Final 100m Breaststroke Final 200m IM Semi-Finals 	30 July	10:30-12:10	<ul style="list-style-type: none"> 100m Butterfly Semi-Finals 200m Backstroke Final 200m IM Final 200m Breaststroke Final 100m Freestyle Final 200m Backstroke Semi-Finals 			

Athlete Bios

Freya Anderson
Event: Backstroke



DOB: 04/03/2001
Hometowns: Merseyside; Upton
Twitter: @freyaanderson
Instagram: freyaanderson_
[Link for bio](#)

Luke Greenbank
Event: Backstroke



DOB: 17/09/1997
Hometowns: Cumbria; Cockermouth
Twitter: @lukegreenbank97
Instagram: @lukegreenbank
[Link for bio](#)

Daniel Jarvis
Event: Freestyle



DOB: 09/06/1996
Hometowns: Wales; Neath
Instagram: @danieljarvis1
[Link for bio](#)

Ross Murdoch
Event: Backstroke



DOB: 14/01/1994
Hometowns: Scotland; Balloch
Previous Games attended: Rio 2016
Twitter: @RoseMurdoch_
Instagram: @rosemurdoch_
[Link for bio](#)

Kieron Bird
Event: Freestyle



DOB: 02/09/1999
Hometowns: Oxfordshire; Bicester
Twitter: @Kieranbird
Instagram: @kieranbird
[Link for bio](#)

James Guy
Event: Freestyle, Butterfly



DOB: 26/11/1996
Hometowns: Greater Manchester; Bury
Previous Games attended: Rio 2016
Twitter: @jimbob95goon
Instagram: @james.guy
[Link for bio](#)

Harriet Jones
Event: Butterfly



DOB: 27/05/1997
Hometowns: Wales; Cardiff
Twitter: @harrietjones_
Instagram: @harrietjones
[Link for bio](#)

Adam Peaty
Event: Backstroke



DOB: 28/12/1994
Hometowns: Staffordshire; Ulluxeter
Previous Games attended: Rio 2016
Twitter: @adam_peaty
Instagram: @adam_peaty
[Link for bio](#)

Tom Dean
Event: Freestyle



DOB: 02/06/2000
Hometowns: Berkshire; Maidenhead
Twitter: @tomdean00
Instagram: @tomdean00
[Link for bio](#)

Anna Hopkin
Event: Backstroke



DOB: 26/04/1996
Hometowns: Lancashire; Chorley
Twitter: @Annahopkin
Instagram: @anna_hopkin
[Link for bio](#)

Joe Litchfield
Event: Medley



DOB: 08/07/1998
Hometowns: West Yorkshire; Pontefract
Twitter: @joelitchfield
Instagram: @joelitchfield_
[Link for bio](#)

Jacob Peters
Event: Butterfly



DOB: 20/08/2000
Hometowns: Dorset; Poole
Twitter: @JacobP2000
Instagram: @jacobpeters_
[Link for bio](#)

Kathleen Dawson
Event: Backstroke



DOB: 03/10/1997
Hometowns: Cheshire; Warrington
Twitter: @Dawson_Kathleen
Instagram: @dawson_kathleen
[Link for bio](#)

Calum Jarvis
Event: Backstroke



DOB: 12/05/1992
Hometowns: Wadebridge; Cornwall
Twitter: @CalumJarvis
Instagram: @calumjarvis
[Link for bio](#)

Max Litchfield
Event: Medley



DOB: 04/03/1996
Hometowns: Staffordshire; Ulluxeter
Previous Games attended: Rio 2016
Twitter: @maxlitch1996
Instagram: @litchfieldmax
[Link for bio](#)

Ben Proud
Event: Freestyle



DOB: 21/09/1994
Hometowns: Malaysia; Kuala Lumpur
Previous Games attended: Rio 2016
Twitter: @BenProud
Instagram: @benproudwim
[Link for bio](#)

Molly Renshaw
Event: Backstroke



DOB: 06/05/1996
Hometowns: Nottinghamshire; Mansfield
Previous Games attended: Rio 2016
Twitter: @MollyRenshaw
Instagram: @mollenshaw
[Link for bio](#)

Sarah Vasey
Event: Backstroke, Freestyle



DOB: 29/08/1996
Hometowns: Derbyshire; Derby
Twitter: @sarahvasey96
Instagram: @sarahvasey96
[Link for bio](#)

Brodie Williams
Event: Backstroke, Medley



DOB: 18/03/1999
Hometowns: Somerset; Street
Twitter: @Brodie_03
Instagram: @brodiwilliams99
[Link for bio](#)

Alicia Wilson
Event: Medley



DOB: 5/03/2000
Hometowns: Surrey; Tadworth
Warrington
Instagram: @AliciaWilson2000
[Link for bio](#)

Matt Richards
Event: Backstroke



DOB: 17/12/2002
Hometowns: Worcestershire; Droitwich
Twitter: @M4RRichards
Instagram: @m4rrichards
[Link for bio](#)

Jacob Whittle
Event: Freestyle



DOB: 25/09/2004
Hometowns: Derbyshire; Alfreton
Twitter: @Jacobwhittle11
Instagram: @jacobwhittle04
[Link for bio](#)

Aimee Willmott
Event: Medley



DOB: 26/02/1993
Hometowns: North Yorkshire; Micklethorpe
Previous Games attended: Rio 2016, London 2012
Twitter: @aimee_willmott
Instagram: @aimee_willmott
[Link for bio](#)

Abbie Wood
Event: Medley, Backstroke



DOB: 02/03/1999
Hometowns: Derbyshire; Buxton
Twitter: @AbbieLouiseW
Instagram: @AbbieWood1
[Link for bio](#)

Duncan Scott
Event: Backstroke, Freestyle



DOB: 06/05/1997
Hometowns: Scotland; Glasgow
Previous Games attended: Rio 2016
Twitter: @Dunkie_Scott
Instagram: @dunkie_scott
[Link for bio](#)

James Wilby
Event: Backstroke



DOB: 12/11/1993
Hometowns: Scotland; Glasgow
Twitter: @jameswilby
Instagram: @jameswilby
[Link for bio](#)

Alys Thomas
Event: Backstroke



DOB: 10/10/1990
Hometowns: Wales; Swansea
Twitter: @Alys_Thomas
Instagram: @Alys_Thomas
[Link for bio](#)

Cassie Wild
Event: Backstroke



DOB: 12/06/2000
Hometowns: Cheshire; Chester
Twitter: @cassiewild2
Instagram: @cassie.wild
[Link for bio](#)

Lucy Hope
Event: Backstroke



DOB: 30/01/1997
Hometowns: Scotland; Jedburgh
Twitter: @LucyHope_
Instagram: @lucyhope_
[Link for bio](#)

Laura Stephens
Event: Butterfly



DOB: 02/06/1999
Hometowns: Essex; Colchester
Twitter: @laurald99
Instagram: @laurald99
[Link for bio](#)

Alice Dearing
Event: Marathon Swimming



DOB: 23/04/1997
Hometowns: West Midlands; Birmingham
Twitter: @alicedearing
Instagram: @alicedearing
[Link for bio](#)

Hector Pardoe
Event: Marathon Swimming



DOB: 22/03/2001
Hometowns: Wales; Wrexham
Twitter: @hector_pardoe
Instagram: @hectorpardoe
[Link for bio](#)

TABLE TENNIS

卓球

Staff Bios

Chris Spice
Team Leader



Euan Dale



Tim Jones



Dawn Peart
Team Manager



Matt Ashman
Physio



Guy Evans
Doctor



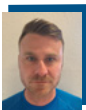
Olly Logan
Performance Scientist



Neil Shanks



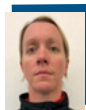
Tom Bates
Sports Psychologist



Jol Finck
Coach



Melanie Marshall
Coach



Steven Tigg
Coach



Lisa Bates
Coach



Bill Furniss
Head Coach



David McNulty
Coach



Adrian Campbell-Krause
Performance Scientist



Angela George
Physio



Ruth Norfolk
Senior Managing Victory Officer



Richard Chessor



David Hemmings
Coach



Rob Norman
S&C Coach

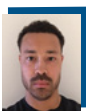


Table Tennis

Introduction

Precision, speed, power – those are just some of the skills that you need to be a world-class table tennis player. Since becoming an Olympic sport at Seoul 1988, China have dominated at the Games by winning 28 of the 32 gold medals available and their stars will once again be the ones to beat heading into Tokyo 2020.

Originally, table tennis was played in Victorian England as a recreational game, using cigar boxes for racquets and a spherical champagne cork as a ball – a far throw from the rubber-sided paddles and light plastic balls used in the modern, fast-paced, intense game.

Although it is classified as a racquet sport and follows similar rules to tennis, table tennis has a unique scoring system, with each match played the best out of seven games and players battling it out to reach 11 points, clear by a margin of two, to win each game.

Each player has two serves before their opponent takes over, unless the score is tied at 10-10 in which case serves are switched after each point.

The Olympic format works as a straight knockout, with the winning player or team progressing from each match until two remain and contest the gold medal match.

Tokyo 2020 will feature women's and men's singles, women's and men's team events and also a mixed doubles competition for the first time.



Team GB have three players heading to Tokyo for the individual events as they look to bring home a first-ever Olympic medal in the sport.

This will be Liam Pitchford's third Olympic Games, having previously competed at London 2012 and Rio 2016. In Rio, the Chesterfield native lost in the third round of the men's singles and was part of the men's team – alongside Paul Drinkhall and Sam Walker – that reached the quarter-finals before losing to dominant, eventual gold medallists China.

Pitchford gained a measure of revenge in 2018 when he beat world and Olympic champion Ma Long at the Bulgaria Open – perhaps the biggest win of his career to date – and has become a staple of the top 20 in the world rankings since, to qualify for Tokyo. Drinkhall will also be in Tokyo for his third Olympic Games after making the team for London and Rio. He impressed in Rio five years ago by becoming only the third Brit in history to reach the last 16 stage of the singles at an Olympics.

They will be joined by Olympic debutant Tin-Tin Ho, who will be competing in the women's singles. Pitchford and Ho have previously won two Commonwealth Games mixed doubles silver medals in 2014 and 2018, with Ho also gaining a bronze in the women's team event on the Gold Coast. Ho is the first British female table tennis player to qualify for an Olympics since Atlanta 1996, thanks to her ranking as world No. 93 – although Team GB did have a female contingent at London 2012 due to the status as hosts.

The 22-year-old is currently studying at the University of Nottingham as a medical student, and her Olympic qualification was a major milestone for women's table tennis in the UK.



Events Schedule

W = Women
 M = Men
 WM = Women & Men (Mixed Event)
 ME = Medal Event

Date	Time	Event
24 July	09:00-12:45	W Singles Preliminary Round W Singles Preliminary Round
	14:15-17:15	WM Mixed Doubles Round of 16 W Singles Round 1 W Singles Round 1
	19:30-22:30	W Singles Round 1 W Singles Round 1
25 July	10:00-12:00	WM Mixed Doubles Quarter-Finals W Singles Round 2
	14:00-17:45	W Singles Round 2 M Singles Round 2
	20:00-22:00	WM Mixed Doubles Semi-Finals
26 July	10:00-13:00	W Singles Round 2 W Singles Round 2
	14:30-17:30	W Singles Round 3 W Singles Round 3
	20:00-22:10	WM Mixed Doubles Bronze Medal Match & Gold Medal Match
27 July	10:00-13:00	W Singles Round 3 W Singles Round 3
	14:30-17:30	W Singles Round 3 & Round of 16 W Singles Round 3 & Round of 16
	19:30-22:30	W Singles Round of 16 W Singles Round of 16
28 July	10:00-13:00	W Singles Quarter-Finals W Singles Quarter-Finals
	15:00-18:00	W Singles Quarter-Finals W Singles Quarter-Finals
	20:00-22:00	W Singles Quarter-Finals W Singles Quarter-Finals
29 July	11:00-13:00	W Singles Semi-Finals W Singles Semi-Finals
	15:00-17:00	W Singles Semi-Finals WM Singles Bronze Medal Match & Gold Medal Match
	22:00-22:10	WM Singles Bronze Medal Match & Gold Medal Match
29 July	22:00-22:10	WM Singles Bronze Medal Match & Gold Medal Match
01 Aug	10:00-13:00	W Team Round of 16 W Team Round of 16
	14:30-17:30	W Team Round of 16 W Team Round of 16

Date	Time	Event
	19:30-22:30	W Team Round of 16 W Team Round of 16
02 Aug	10:00-13:00	W Team Round of 16 W Team Round of 16
	14:30-17:30	W Team Quarter-Finals W Team Quarter-Finals
	19:30-22:30	W Team Quarter-Finals W Team Quarter-Finals
03 Aug	10:00-13:00	W Team Round of 16 W Team Round of 16
	14:30-17:30	W Team Quarter-Finals W Team Quarter-Finals
	19:30-22:30	W Team Semi-Finals W Team Semi-Finals
04 Aug	10:00-13:00	W Team Semi-Finals W Team Semi-Finals
	14:30-17:30	W Team Semi-Finals W Team Semi-Finals
	19:30-22:30	W Team Semi-Finals W Team Semi-Finals
05 Aug	11:00-14:00	WM Team Bronze Medal Match WM Team Gold Medal Match
	19:30-22:40	WM Team Bronze Medal Match WM Team Gold Medal Match
06 Aug	11:00-14:00	WM Team Bronze Medal Match WM Team Gold Medal Match
	19:30-22:40	WM Team Bronze Medal Match WM Team Gold Medal Match

Athlete Bios

Paul Drinkhall



DOB: 16/01/1990
Hometown: North Yorkshire: Middlesbrough
Previous Games attended: Rio 2016, London 2012
Twitter: @pdrinkhall
Instagram: @paul_drinkhall
[Link for bio](#)

Liam Pitchford



DOB: 12/07/1993
Hometown: Derbyshire: Chesterfield
Previous Games attended: Rio 2016, London 2012
Twitter: @liampitchford
Instagram: @liam_pitchford93
[Link for bio](#)

Tin-Tin Ho



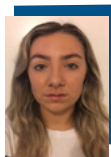
DOB: 03/09/1998
Hometown: London: Paddington
Twitter: @TinTinHo39
Instagram: @tinfhn.ho
[Link for bio](#)

Staff Bios

Simon Mills Team Leader



Carys Edwards Media Officer



Gavin Evans Coach



TAEKWONDO

テコンドー



Taekwondo

Introduction

“The art of kicking and punching” – taekwondo’s direct translation into English is a neat summary of one of the newer Olympic sports. Developed in South Korea, taekwondo made its first Olympic appearance as a demonstration sport at Seoul 1988 and the aim is simply to kick and punch your opponent, while avoiding being kicked and punched yourself.

Points are scored for each blow landed, with the more challenging techniques scoring more highly, and the athlete with the greater points total at the end of three, two-minute rounds is declared the winner. The competition is a straight knockout elimination format, although the athletes that lose to the two eventual finalists in each weight class get a second chance to compete for one of two bronze medals in the repechage.

Taekwondo became a full medal sport at Sydney 2000 and, this summer in Tokyo, athletes will be competing for medals across eight weight classes – four each for men and women. Those weight classes are flyweight (-58kg for men and -49kg for women), featherweight (-68kg and -57kg), middleweight (-80kg and -67kg) and heavyweight (+80kg and +67kg).

Tokyo will also mark the first time that the sport will be contested at the start of the Games, unlike the last five Olympics where it has been towards the end, in order to increase global viewership. Team GB are sending five fighters to Tokyo, with double Olympic featherweight champion Jade Jones leading the squad.



The Welsh golden girl from Bodelwyddan hopes to become both the first taekwondo player to claim three Olympic titles and the first British woman to win gold medals at three separate Games.

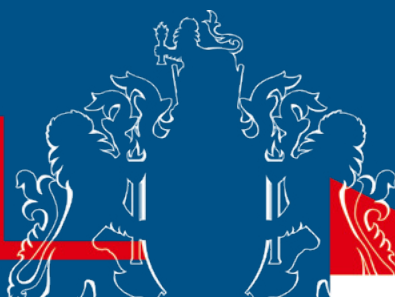
Jones has already made history as the first Briton to win gold in her sport back at London 2012 and is one of only six athletes, of any nationality, to have earned two Olympic taekwondo gold medals – after defending her title in Rio five years ago. Olympic debutant Lauren Williams remembers watching Jones fight in London from her family caravan while on holiday, which inspired her to switch from kickboxing to taekwondo.

The 22-year-old now has aspirations to follow in Jones’ footsteps in the middleweight category, while Bianca Walkden is another member of Team GB’s taekwondo squad that has proven her class on the world stage.

The 29-year-old took bronze in Rio and is a three-time world champion in the women’s heavyweight division.

Mahama Cho – who moved to London from the Ivory Coast when he was eight and gave up a career in football to focus on taekwondo – will also be returning in the men’s heavyweight division after finishing fifth on his Olympic debut in Brazil.

Finally, 2019 world champion Bradley Sinden will be making his Olympic debut in the featherweight category at the age of 22, after becoming Great Britain’s first-ever male taekwondo world champion when he claimed gold in Manchester two years ago.



Team GB at the Olympic Games



Beijing 2008	1		
London 2012	1	1	
Rio 2016	1	1	1
ALL-TIME TOTAL	2	1	3

Gold

Silver

Bronze

Events Schedule

= Women = Men = Women & Men (Mixed Event) = Medal Event

Date	Time	Event
24 July	10.00-17.00	58kg Round of 16, Quarter-Finals & Semi-Finals 49kg Round of 16, Quarter-Finals & Semi-Finals
	19.00-22.30	58kg Repechages, Bronze & Gold Medal Contests 49kg Repechages, Bronze & Gold Medal Contests
25 July	9.00-16.20	57kg Round of 16, Quarter-Finals & Semi-Finals Individual Epee Round of 64, 32, 16 & Quarter-Finals
	18.00-20.25	68kg Repechages, Bronze & Gold Medal Contests 57kg Repechages, Bronze & Gold Medal Contests
26 July	9.00-16.20	80kg Round of 16, Quarter-Finals & Semi-Finals 67kg Round of 16, Quarter-Finals & Semi-Finals
	18.00-20.25	80kg Repechages, Bronze & Gold Medal Contests 67kg Repechages, Bronze & Gold Medal Contests
27 July	9.00-16.20	80kg Round of 16, Quarter-Finals & Semi-Finals 67kg Round of 16, Quarter-Finals & Semi-Finals
	18.00-20.25	80kg Repechages, Bronze & Gold Medal Contests 67kg Repechages, Bronze & Gold Medal Contests

Athlete Bios

Mahama Cho
Event: Men's +80kg



DOB: 16/08/1989
Hometowns: London; Stockwell
Previous Games attended: Rio 2016
Twitter: @Chotmetkd
Instagrams: @chotmetkd
[Link for bio](#)

Lauren Williams
Event: Women's +70kg



DOB: 25/02/1999
Hometowns: Wales; Blackwood
Twitter: @LaurenW_TKD
Instagrams: @laurenwilliametkd
[Link for bio](#)

Jade Jones
Event: Women's +57kg



DOB: 21/03/1993
Hometowns: Wales; Bodelwyddan
Previous Games attended: Rio 2016, London 2012
Twitter: @jadejoneskd
Instagrams: @jadejoneskd
[Link for bio](#)

Brady Sinden
Event: Men's +80kg



DOB: 19 September 1998
Hometowns: South Yorkshire; Doncaster
Twitter: @kbrady
Instagrams: @bradylinden
[Link for bio](#)

Bianca Walkden
Event: Women's +67kg



DOB: 29/09/1991
Hometowns: Merseyside; Liverpool
Previous Games attended: Rio 2016
Twitter: @bianca_w_tkd
Instagrams: @biancawalkdenkd
[Link for bio](#)

Staff Bios

Gary Hall
Team Leader



Michael Harvey
Coach



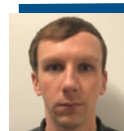
Adrian Lim
Doctor



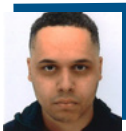
Phil Sharma-Woodland
Nutritionist



Tom Turner
Media Officer



Ben Harper
Physio



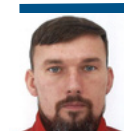
Stephen Jennings
Coach



Steve Peters
Psychologist



Martin Stamber
Coach



TENNIS

テニス



Tennis

Introduction

Tennis has been a smashing success at the summer Olympics since returning as a full medal event in 1988. The sport was part of the inaugural 1896 Olympics, as well as the following six Games, but was dropped in 1924 because of a dispute over how to define amateur players.

Tokyo 2020 will see 172 athletes compete across five different events: singles and doubles for men and women, as well as the mixed doubles – all utilising a straight knockout format. The event will be held at Ariake Tennis Park in the Japanese capital, which boasts a fully retractable roof, and matches will be played on the usual Olympic surface of a hard court.

The only exceptions to this were in 2012 when the event was played on the grass at Wimbledon and in 1992 when the clay in Barcelona was used. Paris 2024 will reprise the use of clay by staging the Olympic tennis at the home of the French Open, Roland Garros.

Team GB have won more tennis medals than any other country with 43 appearances on the Olympic podium and only trail USA with 17 golds to the Americans' 21.

Sir Andy Murray has won three of those medals (two singles golds and a mixed doubles silver) and was Team GB's flagbearer for the Opening Ceremony at Rio 2016, before going on to become the first male tennis player to successfully defend an Olympic title by beating Juan Martin del Potro in the final.



That came four years after the Scot beat legendary Swiss star Roger Federer in straight sets at London 2012 and also bagged a silver medal alongside Laura Robson in the mixed doubles on centre court.

As an Olympic champion, the three-time Grand Slam winner, now 34, automatically earned a place at Tokyo 2020 despite his injury battles in recent years. Murray will play in the singles and the men's doubles, alongside Joe Salisbury, who is one of the best doubles players on the planet and will hope to add an Olympic medal to the French Open mixed doubles title he won in June, having also claimed the 2020 Australian Open men's doubles crown.

Seven-time Grand Slam winner Jamie Murray is back for his fourth shot at the Olympic Games having also competed in the doubles at Rio 2016, London 2012 and Beijing 2008.

He will be partnering Neal Skupski in Tokyo, whose preparations for the Games could hardly have been much better after winning the Wimbledon mixed doubles title for his maiden Grand Slam. Liam Broady will also be competing in his first Games, while Heather Watson heads to her third Olympics.



Team GB at the Olympic Games



Atlanta 1996 1

London 2012 1 1

Rio 2016 1

ALL-TIME TOTAL 17 14 12

Gold
 Silver
 Bronze

Events Schedule

W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

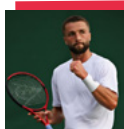
Date	Time	Event
24 July	11.00-20.00	W Singles First Round, M Doubles First Round, W Singles First Round, M Doubles First Round
25 July	11.00-20.00	W Singles First Round, M Doubles First Round, W Singles First Round, M Doubles First Round
26 July	11.00-20.00	W Singles Second Round, M Doubles Second Round, W Singles Second Round, M Doubles Second Round
27 July	11.00-20.00	W Singles Second Round, M Doubles Quarter-Finals, W Singles Third Round, M Doubles Second Round & Quarter-Finals
28 July	11.00-20.00	W Singles Third Round, M Doubles Semi-Finals, W Singles Quarter-Finals, M Doubles Quarter-Finals W M Mixed Doubles First Round
29 July	11.00-20.00	W Singles Quarter-Finals M Singles Semi-Finals, W Doubles Semi-Finals, W M Mixed Doubles Quarter-Finals
30 July	12.00-20.00	W Singles Semi-Finals, W M Doubles Bronze Medal & Gold Medal Matches W M Mixed Doubles Semi-Finals
31 July	12.00-20.00	W M Singles Bronze Medal Match W M Singles Bronze Medal & Gold Medal Matches, W M W M Mixed Doubles Bronze Medal Match
01 Aug	12.00-20.00	W M Singles Gold Medal Match W M Doubles Gold Medal Match W M W M Mixed Doubles Gold Medal Match

TRIATHLON

トライアスロン

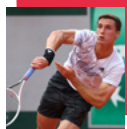
Athlete Bios

Liam Broady



DOB: 04/01/1994
Hometown: Greater Manchester, Stockport
Twitter: @LiamBroady
Instagram: @liambroady
[Link for bio](#)

Joe Salisbury



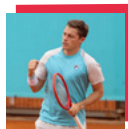
DOB: 20/04/1992
Hometown: London; Putney
Twitter: @joesalisbury92
Instagram: @joesalisbury92
[Link for bio](#)

Andy Murray



DOB: 15/05/1987
Hometown: Scotland; Dunblane
Previous Games attended: Rio 2016, London 2012, Beijing 2008
Twitter: @andy_murray
Instagram: @andymurray
[Link for bio](#)

Neal Skupski



DOB: 01/12/1989
Hometown: Merseyside; Liverpool
Twitter: @nealskupki
Instagram: @nealskupki
[Link for bio](#)

Jamie Murray



DOB: 15/02/1986
Hometown: Scotland; Dunblane
Previous Games attended: Rio 2016, London 2012, Beijing 2008
Twitter: @jamie_murray
Instagram: @jamie_murray
[Link for bio](#)

Heather Watson



DOB: 19/05/1992
Hometown: Guernsey; Saint Peter Port
Previous Games attended: Rio 2016, London 2012
Twitter: @HeatherWatson92
Instagram: @heatherwatson92
[Link for bio](#)

Staff Bios

Iain Bates
Team Leader



Louis Cayer
Double Coach



Dan Lewindon
Physio



Lee Murgatroyd
Media Officer



Shane Annun
Physio



Anne Keothavong
Women's Coach



Leon Smith
Men's Coach



Triathlon

Introduction

Triathlon only became an Olympic sport at the turn of the century, making its debut in 2000, but has already become a firm favourite in the schedule.

Perhaps that is a result of Team GB's success. After all, despite not winning a medal in each of triathlon's first three appearances at the Games, Great Britain have the most successful record of any nation in the sport.

The event has not changed in the two decades since its introduction, made up of a 1.5km swim, a 40km bike ride and finally a 10km run.

Only Switzerland can match Team GB's tally of two golds, one silver and two bronzes, and in fact the Brownlee family alone can claim to have a better record than every country other than the Swiss. Alistair Brownlee won gold at London 2012 and became the first triathlete in history to retain an Olympic title four years later in Rio.

He was joined by brother Jonny on the podium on both occasions, with the younger Brownlee taking bronze in London and upgrading to silver four years later in Rio.

That trajectory is certainly promising and, in Tokyo, Jonny will look to complete his Olympic medal set after being selected for a third Olympic Games.

Brownlee was selected towards the end of 2020 alongside fellow Rio medallist Vicky Holland, as well as reigning world champion Georgia Taylor-Brown and 2019 world silver medallist Jess Learmonth.



Despite a strong tradition in triathlon on the women's side, Holland's Rio bronze was Team GB's first women's Olympic triathlon medal.

In Tokyo, however, there will be three strong contenders to add to that tally – all of whom are proven winners on the international stage. And these Olympics will also offer an extra route to the podium for the triathletes, with the introduction of the mixed relay.

The event will see two men and two women compete on a course which consists of a 300m swim, an 8km cycle and finally a 2km run.

That is obviously a much shorter distance for each of the competitors than the individual races, meaning the best sprinters could be the key athletes in the mixed relay.

Triathlon in Tokyo will be held at the Odaiba Marine Park, which will also host the marathon swimming events.



Team GB at the Olympic Games



London 2012	1	1	
Rio 2016	1	1	1
ALL-TIME TOTAL	2	1	2

Gold

Silver

Bronze

Events Schedule

= Women = Men = Women & Men (Mixed Event) = Medal Event

Date	Time	Event
26 July	6:30-9:00	-Men's Triathlon
27 July	6:30-9:05	-Women's Triathlon
31 July	7:30-9:25	-Mixed Relay Triathlon

Athlete Bios

Jonny Brownlee



DOB: 30/04/1990
Hometowns: West Yorkshire: Leeds
Previous Games attended: Rio 2016, London 2012
Twitter: @jonny_brownlee
Instagram: @jonnybrownleeit
[Link for bio](#)

Jess Learmonth



DOB: 18/04/1988
Hometowns: West Yorkshire: Leeds
Twitter: @Jess_Learmonth
Instagram: @jesslearmonth
[Link for bio](#)

Alex Yee



DOB: 18/02/1996
Hometowns: London: Brockley
Twitter: @Alexayee
Instagram: @alexayee
[Link for bio](#)

Vicky Holland



DOB: 12/01/1986
Hometowns: Gloucestershire: Gloucester
Previous Games attended: Rio 2016, London 2012
Twitter: @VickHolland
Instagram: @vickholland
[Link for bio](#)

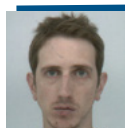
Georgia Taylor-Brown



DOB: 15/03/1994
Hometowns: Greater Manchester: Manchester
Twitter: @georgiatb
Instagram: @georgiatb
[Link for bio](#)

Staff Bios

Mike Cavendish
Team Leader



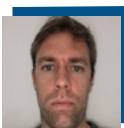
Glenn Coltman
Mechanic



Emma Deakin
Physio



Adam Elliott
Coach



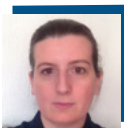
Ben Bright
Coach



Glenn Cook
Coach



Gemma Field
Media Officer



Laura Needham
Physiologist



WEIGHTLIFTING

ウエイトリフティング



Weightlifting

Introduction

To some, being part of the Olympic Games since 1896 already makes weightlifting ancient, yet the sport goes back much further than that. In ancient Egypt and Greece, weightlifting was used to measure strength and it wasn't until the 1800s when this display of raw power was seen as an international sport. Added as an event at the 1896 Games in Athens, weightlifting has been a mainstay at the Olympics since 1920, with 1900, 1908 and 1912 the only modern Games at which it hasn't featured.

Women have been permitted to compete since Sydney 2000 and Tokyo marks the first time that men and women have had an equal number of weight categories – seven.

Until 1920, all male athletes competed against each other regardless of their weight and it was in 1924 that the style of weightlifting we see today was introduced.

Originally, the two categories were the one handed-lift and the two handed-lift but now there is only one Olympic weightlifting event which is split into two rounds, 'snatch' and 'clean and jerk'. A 'snatch' lift is where the barbell is lifted from the ground to above the athlete's head in one movement. Meanwhile, 'clean and jerk' requires competitors to lift the barbell to rest on their chest (the clean), before raising it above their head to complete the jerk.

Each athlete gets three attempts at each lift before the highest scores from each round are added together to decide the final positions. Team GB's most successful performance came at



Athens 1896 as Launceston Elliot claimed Britain's first, and currently only, gold in weightlifting. That victory came on the second day of the Games and also means Elliot holds the distinction of being Team GB's first-ever Olympic champion.

That came in the one hand category while he also picked up a silver in the two hand lift. Interestingly, Elliot also represented his country in the 100m sprint, Greco-Roman wrestling and rope climbing at those Games, finishing third, fourth and fifth respectively.

Elliot's gold and silver are two of the seven medals won by British athletes in weightlifting but Team GB have form in Tokyo, as Louis Martin secured a silver in the middle-heavyweight category at the 1964 Games, having won bronze in Rome four years earlier.

Britain's most recent medallist was David Mercer who won bronze in the same weight division at Los Angeles 1984, while four female lifters will represent Team GB at Tokyo 2020 – seeking a first weightlifting medal this millennium. Emily Campbell will feature in the women's +87kg having brilliantly secured the European crown in Moscow earlier this year.

At the same European Championships, Sarah Davies earned Olympic qualification after picking up a silver medal in the -64kg category. Emily Muskett also claimed European gold in Moscow and has been selected to her first Games in the -76kg category. The quartet is rounded out by Zoe Smith, who will be attending her second Olympics after coming 12th at London 2012 and missing out on Rio 2016 due to injury, in the -59kg event.



Team GB at the Olympic Games



Rome 1960 1

Tokyo 1964 1

Los Angeles 1984 1

ALL-TIME TOTAL 1 3 3

- Gold
- Silver
- Bronze

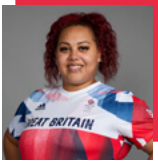
Events Schedule

W = Women M = Men W M = Women & Men (Mixed Event) ME = Medal Event

Date	Time	Event
24 July	09.50-12.00	W 49kg Group B.
	13.50-16.00	M 49kg Group A.
25 July	11.50-14.00	W 61kg Group B.
		M 67kg Group B.
	15.50-18.00	W 61kg Group A.
		M 67kg Group A.
26 July	13.50-16.00	W 55kg Group B.
	19.50-22.00	M 55kg Group A.
27 July	11.50-14.00	W 59kg Group B.
		M 64kg Group B.
	15.50-18.00	W 59kg Group A.
		M 64kg Group A.
28 July	11.50-14.00	W 73kg Group B.
	19.50-22.00	M 73kg Group A.
31 July	11.50-14.00	W 81kg Group B.
		M 96kg Group B.
	15.50-18.00	W 81kg Group A.
		M 96kg Group A.
01 Aug	13.50-16.00	W 76kg Group B.
	19.50-22.00	M 76kg Group A.
02 Aug	11.50-14.00	W 76kg Group B.
		M 76kg Group A.
	15.50-18.00	W +87kg Group A.
03 Aug	13.50-16.00	W 109kg Group B.
		M 109kg Group A.
04 Aug	13.50-16.00	W 109kg Group B.
		M 109kg Group A.

Athlete Bios

Emily Campbell
Event: Women's 87kg*



DOB: 06/05/1994
Hometown: Nottinghamshire: Nottingham
Twitter: @BrownskinJessie
Instagram: @emilyjade_gb
[Link for bio](#)

Emily Muskett
Event: Women's 76kg



DOB: 22/10/1989
Hometown: Kent: Farnborough
Twitter: @EmilyGodley
Instagram: @emilygbwl
[Link for bio](#)

Sarah Davies
Event: Women's 64kg



DOB: 19/08/1992
Hometown: Lancashire: Bilsborrow
Twitter: @sarahdaves1908
Instagram: @sarahd_lb
[Link for bio](#)

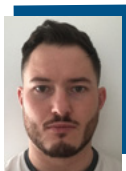
Zoe Smith
Event: Women's 59kg



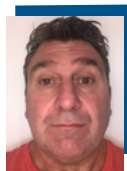
DOB: 26/04/1994
Hometown: London Greenwich
Previous Games attended: London 2012
Twitter: @ZoePabloSmith
Instagram: @ZoePabloSmith
[Link for bio](#)

Staff Bios

Stuart Martin
Team Leader



Dave Sawyer
Coach



Andrew Callard
Coach



Craig Davies
Media Officer



TEAM GB



WORLDWIDE PARTNERS



OFFICIAL PARTNERS



OFFICIAL PROVIDERS/SUPPLIERS



OFFICIAL CHARITY PARTNER



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