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TEAM GB



London 2012

MEDIA GUIDE

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LONDON 2012 OLYMPIC GAMES TEAM GB MEDIA GUIDE

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TEAM GB



BRITISH OLYMPIC ASSOCIATION

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OUR
GREATEST
TEAM

Chairman's Foreword



Lord Colin Moynihan, a former Sports Minister, has been Chairman of the British Olympic Association since 2005. He won a rowing silver medal at the 1980 Olympics in Moscow.

On behalf of the British Olympic Association it is my pleasure to extend our very best wishes to you in your coverage of the London 2012 Olympic Games.

Within this comprehensive Team GB Media Guide you will find detailed biographical information on the 542 athletes who will represent Great Britain and Northern Ireland with great pride and determination on home soil.

This guide will also provide you with in-depth information on the Olympic sports and disciplines included in the London 2012 Programme. I am delighted that Team GB athletes will compete in all 26 sports in this summer.

In addition you will be presented with a review of the 1908 and 1948 Olympic Games previously hosted in London. It is a source of great pride to the British Olympic Association that London is the first City to be awarded the Games on three occasions.

● It is a source of great pride to the British Olympic Association that London is the first City to be awarded the Games on three occasions. ●●

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Chef de Mission Foreword

I hope you will find this guide to be a useful resource. Should you require any further assistance please do not hesitate to contact a member of our Team GB Communications Staff, who are always available to help.

I am sure you will agree that the Olympic Delivery Authority, the London Organising Committee of the Olympic and Paralympic Games (LOCOG), the Mayor's Office and other key stakeholders have done a commendable job in delivering outstanding venues and laying the foundations for what promises to be memorable Olympic and Paralympic Games.

We thank you for your continued interest in Team GB and wish you the very best for a successful and enjoyable Games.

Lord Colin Moynihan
British Olympic Association Chairman

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London 2012 is a fantastic, once-in-a-lifetime opportunity for everyone involved with Team GB. As the home team we are fully prepared, determined and ready to deliver the performances that will unite, excite and inspire the nation.

Team GB at the London 2012 Olympic Games will be Our Greatest Team. There is no other sporting competition in recent history in which Great Britain and Northern Ireland has fielded such a large, diverse, talented and ambitious team to represent our great nation with pride and excellence. With the whole of the UK behind them, Our Greatest Team will be 542 athletes, 60 million strong.

At the last Olympic Games in Beijing in 2008, Team GB produced an incredible, record-breaking performance - finishing fourth in the medals table with 47 medals, including 19 golds. Research shows that London 2012 will be the most competitive Olympic Games in history, with more nations capable of placing athletes on the podium than ever before.

Our ambition for Team GB at London 2012 is to win more medals across more sports than we have done in over a century. Given the outstanding performances in Beijing it certainly will not be easy, but it is our belief that by working closely and effectively with the National Governing Bodies of all 26 Olympic sports, and making certain our athletes have all the support they need, the medal tally will take care of itself.

Our commitment to the 262 women and

Comms Foreword

There is no other sporting competition in recent history which Great Britain and Northern Ireland has fielded such a large, diverse, talented and ambitious team to represent our great nation with pride and excellence.

280 men who have earned selection to Team GB is simple; to be the best prepared, best equipped and best supported British Olympic delegation in history.

Home Olympic Games status brings increased spotlight, support and scrutiny on Team GB, and throws up unique opportunities and challenges for our athletes. The importance of home support and the impact this will have on our athlete's performances cannot be highlighted enough, and we will do everything possible to make the most of this not-so-secret weapon.

Alongside our traditionally strong, medal winning sports, it has been encouraging to see many of the sports that were awarded Host Nation Qualification Places for London 2012 make great strides over the past four years towards their ambition of competing

credibly against the top nations in the world this summer. It is our aim to ensure these sports continue to progress, and deliver the type of exciting performances that will inspire the next generation of athletes to take up these sports and, in time, qualify by right for future Olympic Games.

I would like to take this opportunity to thank you, members of the media, for your continued interest, coverage and support for Olympic sport across the UK. Your reporting will inform, enlighten and unite the nation, while also inspiring future generations to get involved as participants, coaches or volunteers and contribute to leaving a lasting sporting legacy from London 2012.

For the 542 athletes who have achieved the honour of representing Team GB at London 2012, many years of dedication, sacrifice and relentless preparation will culminate in the biggest, most significant moment of their sporting careers over 17 days of competition. I believe they will go down in history as Our Greatest Team.

Yours in sport,

Andy Hunt, Team GB Chef de Mission

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Darryl Seibel, Team GB Director of Communications



Miriam Wilkens, Team GB Head of Media Operations and Services

On behalf of the Team GB Communications Staff, it is our pleasure to welcome you to the London 2012 Olympic Games.

Our goal is to assist you in your coverage of the athletes, coaches, delegation leaders and other personnel who, collectively, comprise the largest delegation to represent Team GB at the Olympic Games for over a century.

To do so, we have brought together a team of highly experienced sport press officers, news bureau writers and communications professionals who, collectively, have worked more than 35 previous Olympic Games.

Every member of this team understands and appreciates the importance of the work you do, the demands and pressures under which you work at the Olympic Games - and we are here to help.

No doubt, these Games will offer a wonderful new chapter in the remarkable history of British Olympic sport. We thank you for your continued interest in Team GB and look forward to sharing this special journey with you.

With best wishes for a successful Games,

Darryl and Miriam.

The BOA

The British Olympic Association (BOA) is the National Olympic Committee (NOC) for Great Britain and Northern Ireland. It was formed in 1905 in the House of Commons, and at that time consisted of seven National Governing Body members from the following sports: fencing, life-saving, cycling, skating, rowing, athletics, rugby, football and archery. The BOA now includes as its members the thirty-three National Governing Bodies of each Olympic sport, both summer and winter.

Great Britain is one of only five countries which has been represented at the summer Olympic Games since 1896. Great Britain, France and Switzerland are the only countries to have been present at all Olympic Winter Games. Great Britain has also played host to two Olympic Games in London: in 1908 and 1948. In 2005, London was selected as the host city for the 2012 Olympic Games.

The BOA is one of 204 NOCs currently recognised by the International Olympic Committee. The IOC's role is to lead the promotion of Olympism in accordance with the Olympic Charter.

The Charter details the philosophy, aims and traditions of the Olympic Movement. The IOC co-opts and elects its members from among such persons as it considers qualified. Members of the IOC are its representatives in their respective countries and not delegates of their countries within the IOC.

A member of each of the Olympic sports makes up the National Olympic Committee, the BOA's decision and policy-ratifying body. The NOC elects four officers: a President, Chairman and two

Vice-Chairmen, each for a four year term. Six sports representatives are also elected to the Board.

Roles of the BOA

The British Olympic Association's (BOA) mission is to transform British lives through the power of the Olympic values and the success of Team GB.

The BOA's principal role is to prepare and lead our nation's finest athletes at the summer, winter and youth Olympic Games. Working with the National Governing Bodies, the BOA selects Team GB from the best sportsmen and women who will go on to compete in the 26 summer and 7 winter Olympic sports at the greatest sporting competition in the world.

The BOA is independent and privately funded. We receive no funding from the lottery or government and have no political interests. The success of our mission is entirely dependent upon the income we receive from our fundraising and events. The BOA is the strong, independent voice for British Olympic Sport and is responsible for promoting the Olympic Movement throughout the UK.



BOA programmes supporting Our Greatest Team at London 2012:

• Preparation Camps

Every member of Team GB will pass through the Team GB Preparation Camp at Loughborough University. They will receive an 'Olympic Experience' induction and collect their Team GB clothing supplied by adidas and Next.

• Performance Services

Our performance services team will support each Team GB athlete in achieving their personal best by optimising preparation and recovery. The performance services will include access to equipment such as spin bikes, cardiovascular, contrast baths, stretching and preparation areas.

• Medical and Sport Science support

Sport science support is increasingly crucial to success at the highest level of international sport. The BOA provides high-tech analysis and sport science expertise, and Team GB athletes will receive world class medical support during London 2012.

• Operations and Logistics

The BOA takes pride in their flawless delivery of logistical and operational support in the Games environment. We take care of every detail which could make the difference for the athletes and work hard to create a 'home from home' for them in the Olympic Village.

• Team GB House

This will be the operational nerve centre of Team GB at Games time. Located adjacent to the Olympic Park at Westfield Stratford City, the BOA will occupy a 2000m² area to provide first class operational support

that will enhance Team GB's performance. It will also incorporate areas to engage with key stakeholders including Olympic partners, media and supporters of Team GB.

• First Games Home Games

For 70% of Team GB athletes, London 2012 will be their first Olympic Games. For 100% it will be their first experience of competing at a home Games. First Games Home Games is a programme designed to help prepare British athletes for the unique challenges they will face in 2012. It includes video messages and presentations from past Olympians offering their advice.

• Nearest and Dearest

Nearest and Dearest is a programme supported by P&G to prepare friends and family of Team GB athletes to support their loved ones effectively. The BOA have hosted roadshows across the UK and provide a website full of helpful materials.

• Ambition 2014 and 2016

As well as aiming for the greatest British Olympic performance in over 100 years at London 2012, the BOA is also developing the future of Team GB by inviting around 200 outstanding young athletes and coaches to experience the Games and the Olympic environment. Such an experience will help to realise their potential in Sochi 2014, Rio 2016 and beyond.

IN OUR CAPITAL CITY AT OUR OLYMPIC GAMES WE WILL MAKE OUR MARK

Our elite athletes are training hard in the hope of being selected for Team GB and ParalympicsGB. For many this will be a defining moment in a career characterised by the relentless pursuit of sporting success. Home Games mean home advantage and it's been shown time and again that national support can make all the difference between competing and winning. Our Greatest Team may be made up of 900 athletes but it's 60 million strong

This is a once in a lifetime opportunity to participate in the greatest show on earth. We want everybody to join Our Greatest Team and create the best support for a British team EVER. Join this mass wave of nationwide support for our athletes by signing up online at www.OurGreatestTeam.com

Our Greatest Team - 900 athletes 60 million strong

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JOIN OUR GREATEST TEAM.com



900 ATHLETES 60 MILLION STRONG

Delegation Leadership

ANDY HUNT

Games role: Team GB Chef de Mission
Title: BOA Chief Executive
Born: Watford
Home town: Cheltenham
Date of birth: 05.01.1964



Andy Hunt was appointed Chief Executive of the British Olympic Association in November 2008. He brings over 25 years of business experience to the BOA with a track record of leadership across small and large businesses.

In October 2009 he oversaw the relocation of the BOA from its Wandsworth base to central London where it currently shares its offices with the British Paralympic Association.

Hunt will assume the role of Team GB Chef De Mission for the second time at the London 2012 Olympic Games, having led the Team GB delegation at the 2010 Olympic Winter Games in Vancouver, where Amy Williams won gold in the women's skeleton.

At London 2012 he will oversee a team of 542 athletes, 519 support staff and 300 volunteers in a 1,360 strong Team GB delegation. He will have overall responsibility for the delegation and will be the lead spokesperson for Team GB.

A keen amateur sailor and passionate sports fan, Hunt is also a director of the London Organising Committee of the Olympic and Paralympic Games and Team 2012.

[t @AndyHunt_TeamGB](#)

MARK ENGLAND

Games role: Team GB Deputy Chef de Mission – Operations & Villages
Title: BOA Director of Games Services
Born: Ystalyfera
Home town: Guildford
Date of birth: 29.04.1959



London 2012 will be Mark England's sixth Games as Deputy Chef de Mission, having previously carried out the role at Salt Lake City, Athens, Turin, Beijing and Vancouver.

England's current role at the BOA is Director of Games Services and he has a sports performance consultancy background.

During the Games, England will be the Deputy Chef de Mission for Operations and Villages across all locations where Team GB will operate. He has oversight of all Team GB operations including transport, logistics, security and the arrivals and departures of Team GB members.

TANYA HARRIS

Games role: Team GB Deputy Chef de Mission – Sport
Title: BOA Head of Summer Sport Engagement
Born: Oswestry
Home town: London
Date of birth: 11.08.1978



Sports responsible for: Aquatics – swimming, diving, water polo and synchronised swimming, athletics – track and field, cycling – track and BMX, hockey, basketball, handball, equestrian, modern pentathlon, shooting

Tanya Harris started working at the BOA in December 2010, prior to which she was the Chief Operating Officer at the British Paralympic Association (BPA).

During her time at the BPA, Harris attended Beijing 2008 and Vancouver 2010 as administrative staff to Chef de Mission.

Harris obtained a degree in Sports Science from Exeter University and has worked at World Sport Group, Paragon Event Management and Fast Track Events.

During this time she was the Event Manager across a number of sports and events including the World Snooker Championships, Ladies European Golf Tour, UK School Games and was Event Director of the Paralympic World Cup.

JAN PATERSON

Games role: Team GB Deputy Chef de Mission – Sport
Title: BOA Director of Olympic Relations
Born: Lethbridge, Canada
Home town: Oakhill
Sports responsible for: Badminton, canoeing, rowing, sailing, tennis



Jan Paterson is the current director of Olympic Relations for the British Olympic Association as well as the Chief Executive Officer of the British Olympic Foundation.

She joined the BOA in 1989 and has attended Summer, Winter and Youth Olympic Games since 1992 in a variety of roles and was Team GB Chef de Mission for the inaugural Youth Olympic Games in Singapore in 2010.

SIR CLIVE WOODWARD

Games role: Team GB Deputy Chef de Mission – Sport
Title: BOA Director of Sport
Born: Ely
Home town: Berkshire
Date of birth: 06.01.1956



Sports responsible for: Aquatics – open water, archery, athletics – marathon, boxing, cycling – mountain bike and road, fencing, football, gymnastics, judo, table tennis, taekwondo, triathlon, volleyball, weightlifting, wrestling

Sir Clive Woodward joined the British Olympic Association in 2006 and is the Director of Sport.

At London 2012 he will serve as Team GB Deputy Chef De Mission for the third time, having undertaken the same role at the Beijing 2008 Olympic Games and the Vancouver 2010 Olympic Winter Games.

Prior to arriving at the BOA, Woodward played rugby for Leicester Tigers and England and was appointed Head Coach of the national team in 1997.

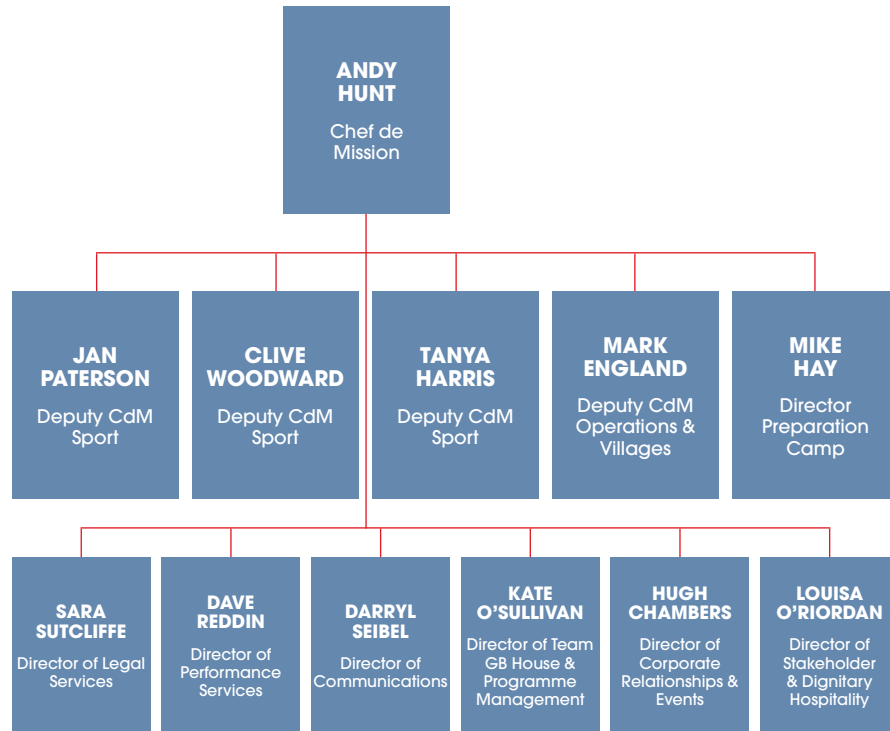
Under Woodward, England lifted the Rugby World Cup for the first time in their history in 2003 and his was knighted in the 2004 New Year's Honours List.

In 2005 Woodward worked in football for a year before joining the BOA.

[t @CliveWoodward](#)



Leadership Team



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BUY AN OFFICIAL SCARF TODAY AND HELP TEAM GB WIN GOLD

THE ONLY FAN-WEAR ITEM WHERE ALL PROFITS FROM THE SALE
GO TO SUPPORTING TEAM GB ATHLETES



List of Members

BOA BOARD

HRH THE PRINCESS ROYAL

– President & IOC Member

LORD COLIN MOYNIHAN

– Chairman

ALBERT WOODS OBE

– Vice Chairman

DAVID HEMERY CBE

– Vice Chairman

NGB REPRESENTATIVES

DAVID SPARKES OBE

– Chief Executive of British Swimming

NIELS DE VOS

– Chief Executive of UK Athletics

DI ELLIS CBE

– Chairman of British Rowing Association

RICHARD LEMAN

– President of the Great Britain Hockey Board

SARAH TRESEDER

– Chief Executive of the Royal Yachting Association

HEW CHALMERS

– Director of British Curling Ltd

ATHLETE REPRESENTATIVE

SARAH WINCKLESS

– Chair of BOA Athletes' Commission

IOC MEMBERS

SIR PHILIP CRAVEN MBE

– President of International Paralympic Committee

SIR CRAIG REEDIE CBE

– Member of IOC Executive Board

ADAM PENGILLY

– IOC Athletes' Commission

NON-EXECUTIVE DIRECTORS

DENISE JAGGER

– Partner at Eversheds International Law Firm

ANDY ANSON

– Chief Executive of Kitbag

DAVID ROSS

– Chairman of Cosalt plc

OBSERVERS

JOHN JAMES OBE

– Chairman of British Olympic Foundation

DICK PALMER CBE

– Executive Vice President

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NOC MEMBERS

Archery GB

UK Athletics

British Swimming

Badminton GB Ltd

British Basketball Federation

British Amateur Boxing Association

British Canoe Union

British Cycling

British Equestrian Federation

British Fencing Association

The Football Association

British Golf Association Ltd
(Observer until post London 2012)

British Gymnastics

British Handball Association

Great Britain Hockey Ltd

British Judo Association

Pentathlon GB

British Rowing

British Table Tennis Federation

British Taekwondo Control Board

British Shooting

The Lawn Tennis Association

British Triathlon Federation

British Volleyball Federation

British Weight Lifters' Association

British Wrestling Association Ltd

Royal Yachting Association

British Biathlon Union

British Bobsleigh Association

British Curling

Great Britain Luge Association

Ice Hockey UK

National Ice Skating Association (UK) Ltd

Snowsport GB

HRH THE PRINCESS ROYAL

– IOC Member & President

LORD COLIN MOYNIHAN

– Chairman

DAVID HEMERY CBE

– Vice Chairman

ALBERT WOODS OBE

– Vice Chairman

SIR PHILIP CRAVEN MBE

– IOC Member

SIR CRAIG REEDIE CBE

– IOC Member

ADAM PENGILLY

– IOC Athletes' Commission

DAME MARY GLEN-HAIG DBE

– Honorary IOC Member

SARAH WINCKLESS

– BOA Athletes' Commission Chair

HENRY NWUME

– BOA Athletes' Commission Member

List of Members

continued

ATHLETES' COMMISSION

ADAM PENGILLY

(IOC Athletes' Commission)

Sport: Skeleton

Games attended: Two (Vancouver 2010, Turin 2006)

BEN HAWES

Sport: Hockey

Games attended: Two (Beijing 2008, Athens 2004)

EMILY FREEMAN

Sport: Athletics

Games attended: One (Beijing 2008)

GOLDIE SAYERS

Sport: Athletics

Games attended: Two (Beijing 2008, Athens 2004)

HENRY NWUME

Sport: Bobsleigh

Games attended: One (Vancouver 2010)

JACKIE LOCKHART

Sport: Curling

Games attended: Three (Vancouver 2010, Turin 2006, Nagano 1998)

JOHN KERR

Sport: Figure Skating

Games attended: Two (Vancouver 2010, Turin 2006)

KAREN PICKERING

Sport: Swimming

Games attended: Four (Athens 2004, Sydney 2000, Atlanta 1996, Barcelona 1992)

KATE ALLENBY

Sport: Modern Pentathlon

Games attended: Two (Athens 2004, Sydney 2000)

KATHERINE GRAINGER

Sport: Rowing

Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)

LEON TAYLOR

Sport: Diving

Games attended: Three (Athens 2004, Sydney 2000, Atlanta 1996)

SARAH GOSLING

Sport: Sailing

Games attended: Two (Beijing 2008, Athens 2004)

JAIME HALSEY

Sport: Gymnastics

Games attended: One (Sydney 2000)

JONATHAN EDWARDS

(LOCOG Athletes' Committee)

Sport: Athletics

Games attended: Four (Sydney 2000, Atlanta 1996, Barcelona 1992, Seoul 1988)



Team GB Ambassadors

A group of 27 of Britain's most inspirational and accomplished Olympians from previous Games are serving as Team GB 2012 Ambassadors, having been selected by the British Olympic Association.

Between them, the Team GB 2012 Ambassadors can draw upon experience of winning 51 Olympic medals, 27 of which are gold.

The Ambassadors have been an integral part of Team GB prior to London 2012 and will continue to be so during the Games themselves.

They will help British athletes and the wider Team GB to achieve their Olympic ambitions, and in doing so, serve as a source of inspiration and motivation for the 60 million Team GB fans across the UK.

The Ambassadors, who have committed their time voluntarily, are supporting Team GB in a variety of ways including helping with a programme to support the friends and family of athletes in the lead-up to and during the Games.

As well as that they have been motivational speaking and answering questions from groups of athletes and sports and been involved at the London 2012 test events.

They also visited the Team GB Preparation Camp in Loughborough and helped to create that 'special moment' when athletes receive their kit while and their presence has been noticed at Team GB fundraising events.

KRISS AKABUSI - ATHLETICS



S 4x400m Relay
Los Angeles 1984

B 400m Hurdles
Barcelona 1992

B 4x400m Relay
Barcelona 1992

STEVE BACKLEY - ATHLETICS



B Javelin
Barcelona 1992

S Javelin
Atlanta 1996

S Javelin
Sydney 2000

ROGER BLACK - ATHLETICS



B 4x400m Relay
Barcelona 1992

S 400m
Atlanta 1996

S 4x400m Relay
Atlanta 1996

DARREN CAMPBELL - ATHLETICS



S 200m
Sydney 2000

G 4x100m Relay
Athens 2004

ROBIN COUSINS - FIGURE SKATING



G Figure Skating
Lake Placid 1980

JAMES CRACKNELL - ROWING



- G** Coxless Four
Sydney 2000
- G** Coxless Four
Athens 2004

LYNN DAVIES - ATHLETICS



- G** Long Jump
Tokyo 1964

SHARRON DAVIES - SWIMMING



- S** 400m Individual
Medley
Moscow 1980

SHARRON DAVIES

**ONE TO WATCH:
REBECCA ADLINGTON**

Rebecca holds all the titles, which is no mean feat, including the world record for the 800m freestyle. It's a very tall order to defend two gold medals but she is in great form and skilled at getting it right when it matters.

CHRISTOPHER DEAN - FIGURE SKATING



- G** Ice Dancing
Sarajevo 1984
- B** Ice Dancing
Lillehammer 1994

JAMES DEGALE - BOXING



- G** Middleweight
Beijing 2008

JONATHAN EDWARDS - ATHLETICS



- S** Triple Jump
Atlanta 1996
- G** Triple Jump
Sydney 2000

DUNCAN GOODHEW - SWIMMING



- G** 100m
Breaststroke
Moscow 1980
- B** 4x100m Medley
Relay
Moscow 1980

SALLY GUNNELL - ATHLETICS



- G** 400m Hurdles
Barcelona 1992
- B** 4x400m Relay
Barcelona 1992

DAVID HEMERY - ATHLETICS



- G** 400m Hurdles
Mexico City 1968
- B** 400m Hurdles
Munich 1972
- S** 4x400m Relay
Munich 1972

TIM HENMAN - TENNIS



- S** Men's Doubles
Atlanta 1996

DAME KELLY HOLMES - ATHLETICS



- B** 800m
Sydney 2000
- G** 800m
Athens 2004
- G** 1500m
Athens 2004

COLIN JACKSON - ATHLETICS



- S** 110m Hurdles
Seoul 1988

AMIR KHAN - BOXING



- S** Lightweight
Athens 2004

DAME KELLY HOLMES

**ONE TO WATCH:
HANNAH ENGLAND**

I have been mentoring Hannah through my 'On Camp with Kelly' initiative since 2004. It has been exciting to watch her develop as an athlete and she excelled last year to win the silver medal in the 1500m at the IAAF World Championships. I can't wait to watch her compete at London 2012.

DENISE LEWIS - ATHLETICS



- B** Heptathlon
Atlanta 1996
- G** Heptathlon
Sydney 2000

RHONA MARTIN - CURLING



- G** Women's Team
Salt Lake City
2002

ADRIAN MOORHOUSE - SWIMMING



- G** 100m
Breaststroke
Seoul 1988

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DAME MARY PETERS - ATHLETICS



G Pentathlon
Munich 1972

SIR STEVE REDGRAVE - ROWING



G Coxed Four
Los Angeles 1984

B Coxed Pair
Seoul 1988

G Coxless Pair
Seoul 1988

G Coxless Pair
Barcelona 1992

G Coxless Pair
Atlanta 1996

G Coxless Four
Sydney 2000

SHIRLEY ROBERTSON - SAILING



G Europe class
Sydney 2000

G Yngling class
Athens 2004

TESSA SANDERSON - ATHLETICS



G Javelin
Los Angeles 1984

AMY WILLIAMS

**ONE TO WATCH:
JACK GREEN**

Jack is a 400m hurdler and the reigning European under-23 champion who trains in Bath. I've heard many good things about Jack who has come on a long way over the last 18 months and has the potential to make headlines this year in what is a strong event for Team GB.

JAYNE TORVILL - FIGURE SKATING



G Ice Dancing
Sarajevo 1984

B Ice Dancing
Lillehammer 1994

AMY WILLIAMS - SKELETON



G Skeleton
Vancouver 2010

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LONDON 2012

STRATFORD
EXCEL
LORD'S
GREENWICH PARK

FULL COMPETITION SCHEDULE

= Medal events

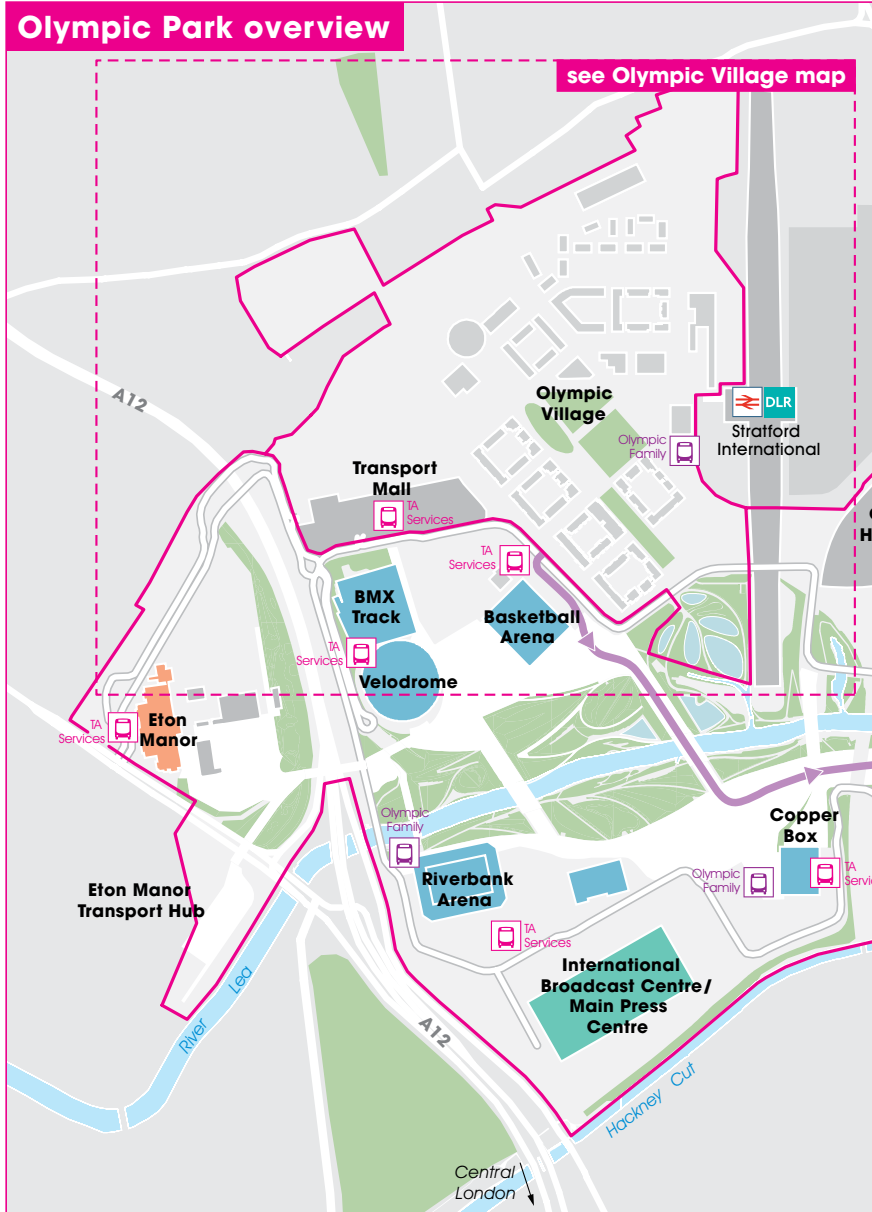
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Opening Ceremony																			
Aquatics – Swimming																			
Aquatics – Diving																			
Aquatics – Synchro swimming																			
Aquatics – Water polo																			
Archery																			
Athletics																			
Badminton																			
Basketball																			
Beach volleyball																			
Boxing																			
Canoe – Slalom																			
Canoe – Sprint																			
Cycling – Track																			
Cycling – Road																			
Cycling – Mountain bike																			
Cycling – BMX																			
Equestrian																			
Fencing																			
Football																			
Gymnastics – Artistic																			
Gymnastics – Rhythmic																			
Gymnastics – Trampoline																			
Handball																			
Hockey																			
Judo																			
Modern Pentathlon																			
Rowing																			
Sailing																			
Shooting																			
Table Tennis																			
Taekwondo																			
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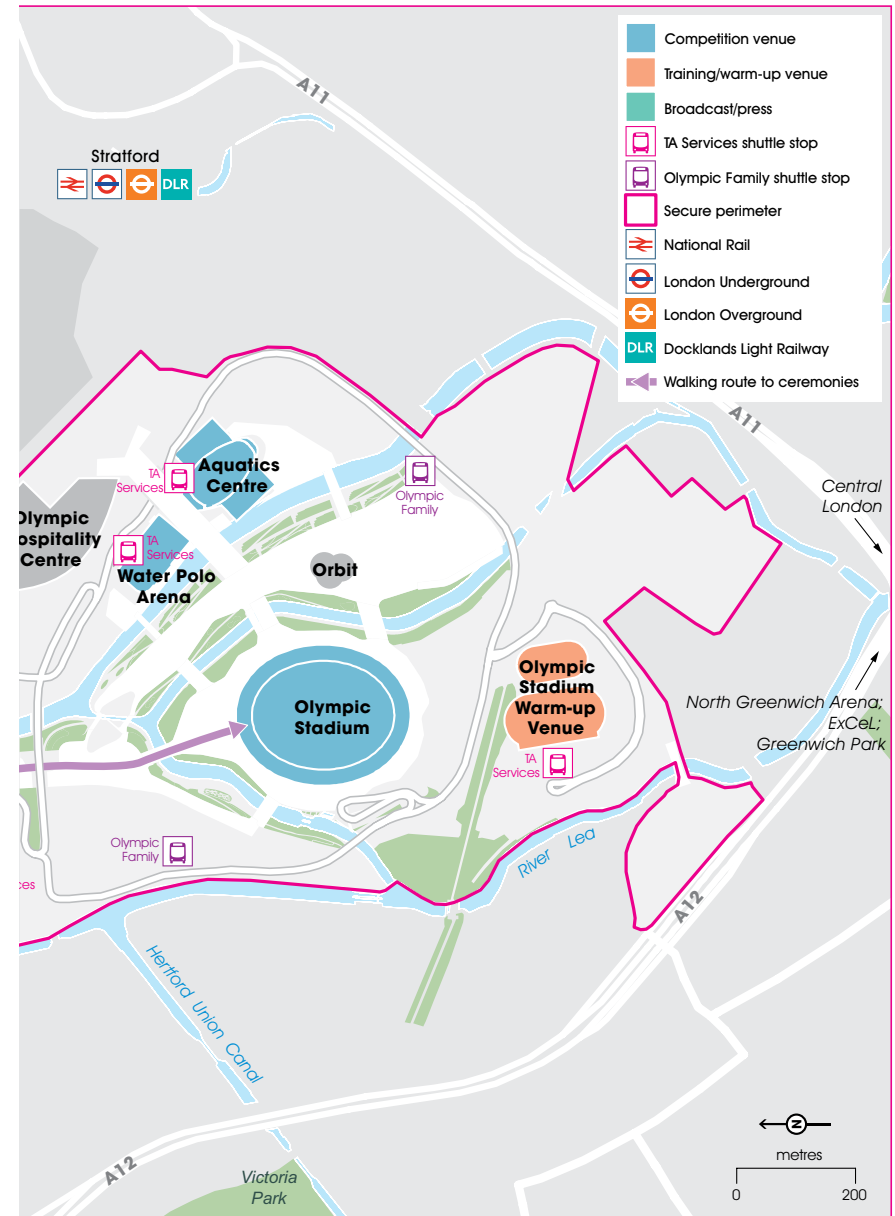
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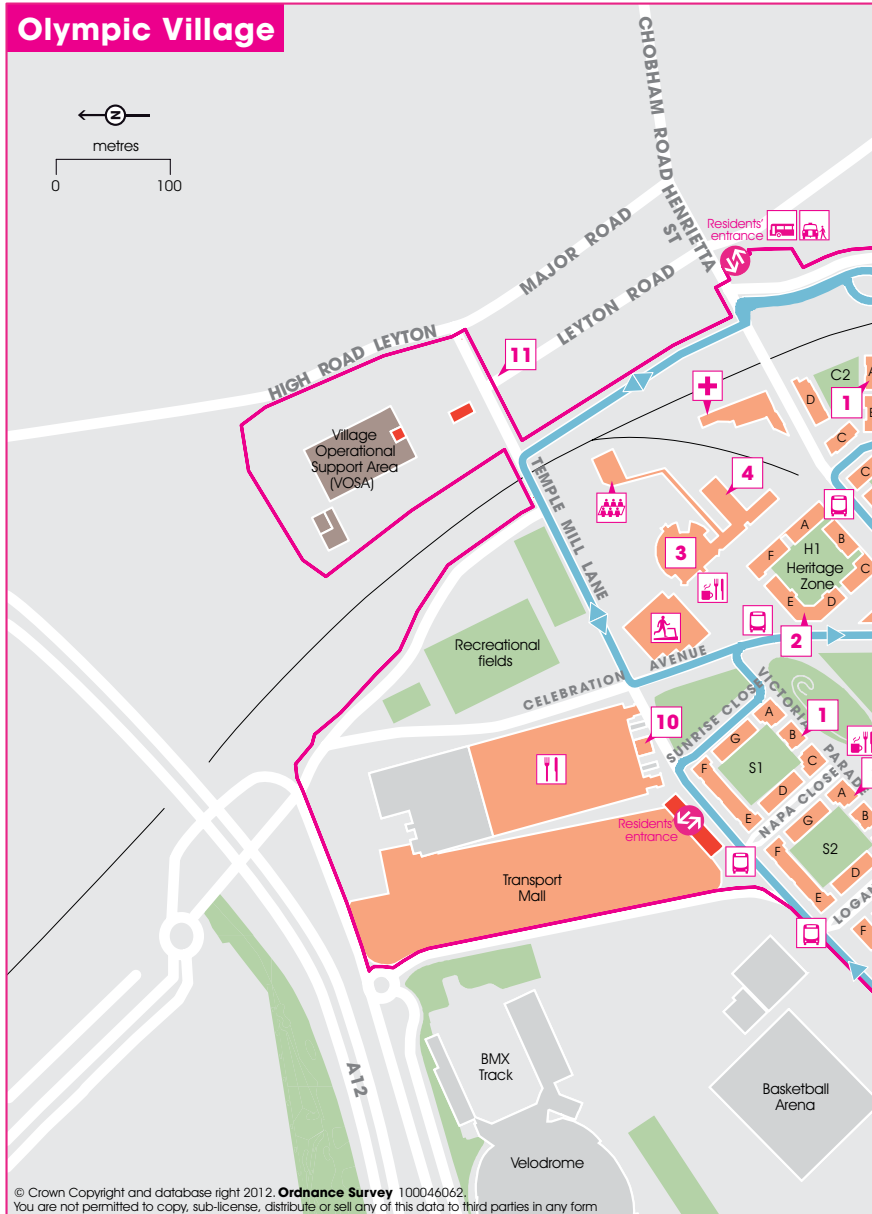
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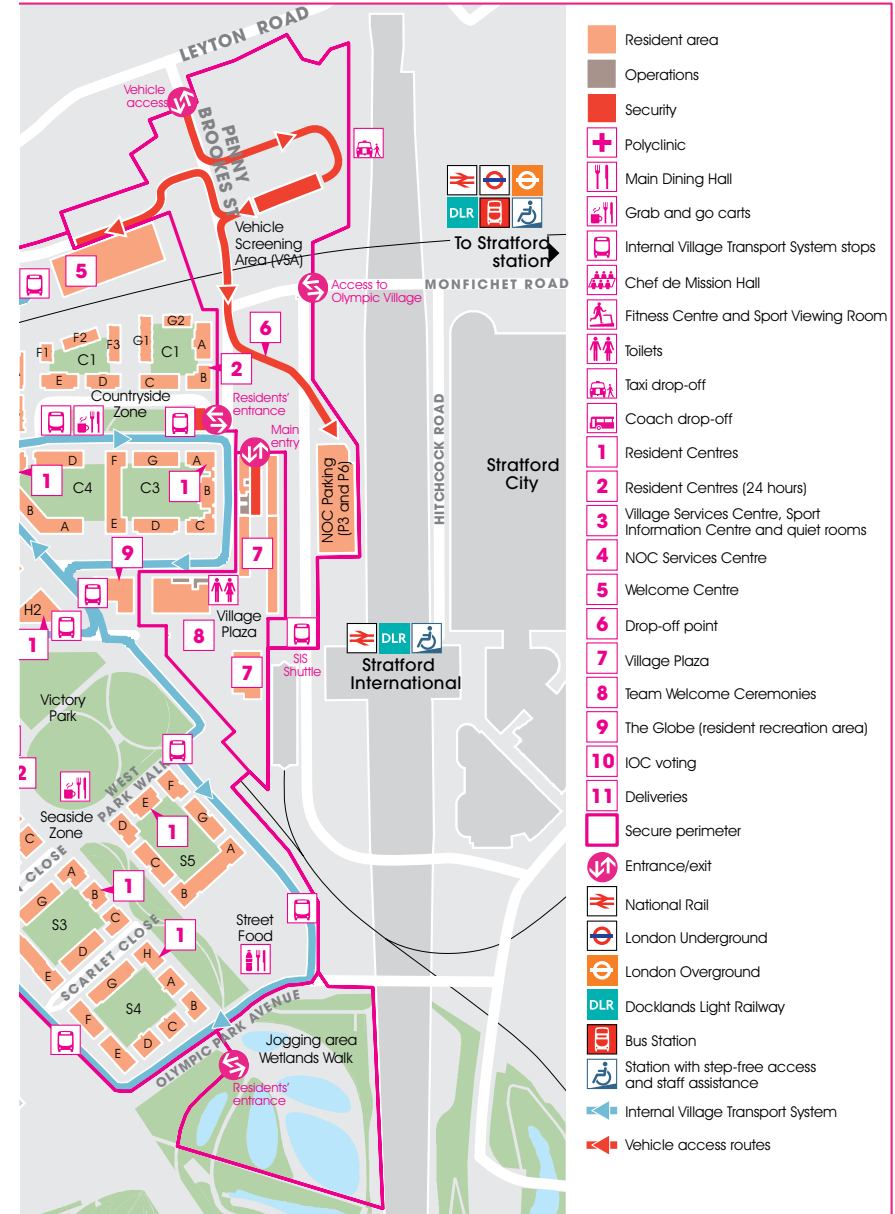


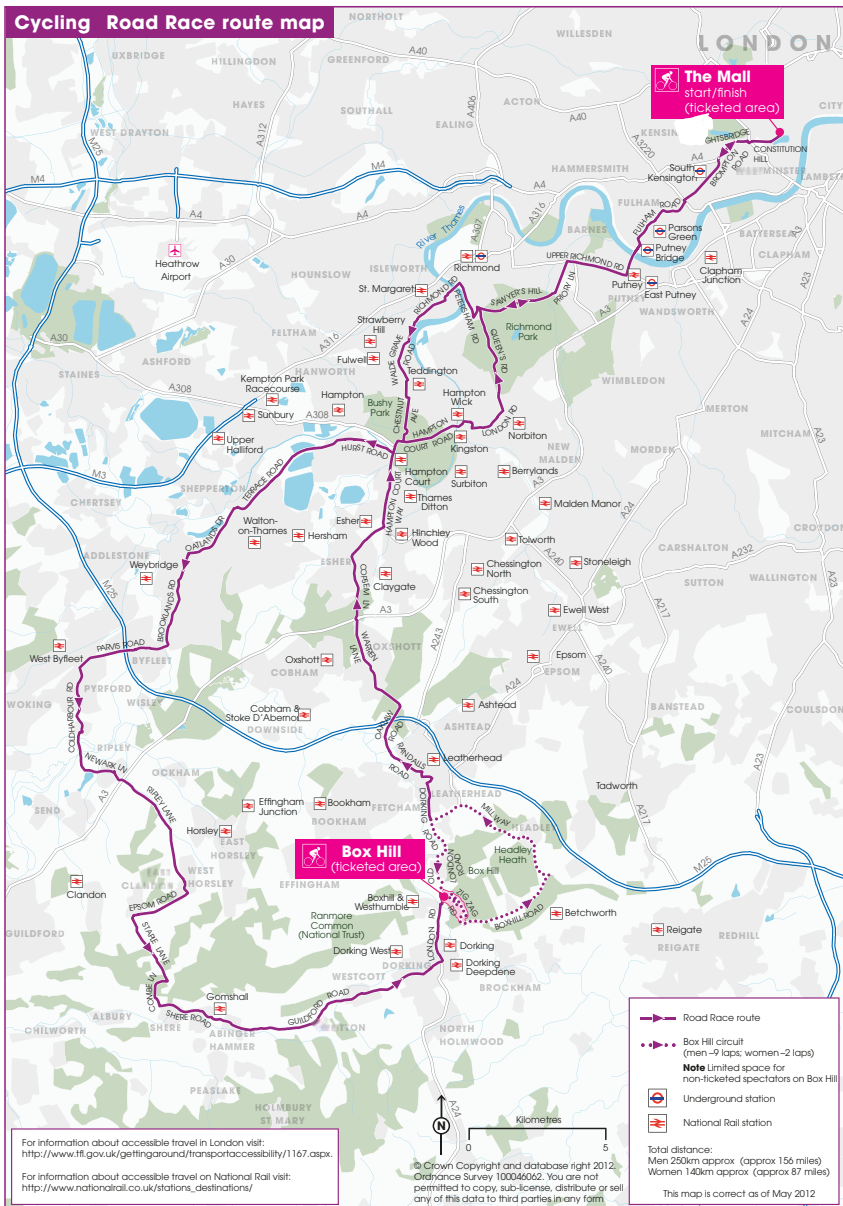
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TEAM GB

Communication Contacts

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Media Dates of Interest

16th July

17:00-18:00 MPC & TGBH concurrently
Football men and women mixed pre-competition press conference

19th July

09:00-11:00 Lee Valley Canoe Slalom Venue

Filming & photography opportunity, interviews from 10:15

15:00-16:00 MPC & 16:30-17:30 TGBH
Beach Volleyball pre-comp press conference

20th July

11:30-12:30
Tennis pre-comp press conference

21st July

10:00 MPC & 11:30 TGBH
Team GB Leadership press conference
14:00 venue TBC
Shooting pre-comp press conference

23rd July

10:30-11:00 MPC & TGBH concurrently
Basketball women pre-comp press conference
11:30-12:30 MPC & TGBH concurrently
Indoor Volleyball men pre-comp press conference
13:00-14:00 MPC & 15:00-16:00 TGBH
Handball pre-comp press conference
17:00-18:00 MPC & TGBH concurrently
Archery pre-comp press conference
18:00-19:00 MPC & TGBH concurrently
Indoor Volleyball women pre-comp press conference

Time & Date TBC
Team GB Flagbearer announcement

24th July

12:30-13:00 TGBH
Rowing pre-comp press conference (David Tanner and Greg Searle)
14:30-15:30 MPC & TGBH concurrently
Gymnastics – Artistic pre-comp press conference
18:00
Olympic Village welcome ceremony

25th July

09:00-10:00 MPC & TGBH concurrently (TBC)
Badminton pre-comp press conference
10:30-11:00 MPC & TGBH concurrently
Basketball men pre-comp press conference
10:30 Wimbledon venue media centre
Tennis pre-comp press conference
11:00 MPC & 12:45-13:15 TGBH
Aquatics – Swimming pre-comp press conference
11:00 TGBH & 12:00 MPC
Boxing pre-comp press conference
13:00-13:30 MPC & 14:00-14:30 TGBH
Hockey women pre-comp press conference

26th July

14:30-15:30 MPC & TGBH concurrently
Fencing pre-comp press conference
15:30-16:30 MPC & TGBH
Judo pre-comp press conference
Time TBC Greenwich
Equestrian – Eventing pre-comp press conference
16:00-16:30 MPC & 17:00-17:30 TGBH
Hockey men pre-comp press conference
Time TBC Eton Dorney
Rowing pre-comp press conference

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26th or 28th July

Time TBC MPC & TGBH
Weightlifting pre-comp press conference

27th July

13:00-14:00 MPC & TGBH concurrently (TBC)
Aquatics – Diving pre-comp press conference
14:00-15:00 TGBH & 16:00-17:00 MPC (TBC)
Canoe sprint pre-comp press conference
15:00 MPC & TGBH concurrently
Table Tennis pre-comp press conference
Time & London venue TBC Sailing pre-comp press conference

28th July

11:30-12:00 MPC & 12:45-13:15 TGBH
Aquatics – Water Polo pre-comp press conference

30th July

14:00 MPC & TGBH concurrently
Cycling – Track pre-comp press conference
Time TBC Greenwich Equestrian – Dressage pre-comp press conference

1st August

Time TBC Athletics pre-comp press conference
Time TBC MPC & TGBH Gymnastics – Trampoline pre-comp press conference

2nd August

11:00 Hyde Park, The Lookout
Triathlon women pre-comp press conference
17:30 MPC & TGBH concurrently (TBC)
Aquatics – Synchro pre-comp press conference
Time TBC Greenwich
Equestrian – Jumping pre-comp press conference

3rd August

Time TBC MPC & TGBH
Team GB Mid-Games press conference

5th August

13:00 Hyde Park, The Lookout
Triathlon men pre-comp press conference
14:00-14:30 MPC & TGBH concurrently
BMX pre-comp press conference

5th or 6th August

Time TBC MPC & TGBH
Wrestling pre-comp press conference

6th August

Time TBC MPC & TGBH Gymnastics – Rhythmic pre-comp press conference

7th August

08:00 MPC & 12:30 TGBH
Taekwondo pre-comp press conference

8th August

Time & venue TBC Modern Pentathlon pre-comp press conference (Team Leader and Performance Director only)

12th August

Time TBC MPC & TGBH
Team GB Leadership press conference

Daily Team GB/BOA Leadership Briefings will also be held throughout the Games at the MPC.

N.B. All dates and times are tentative and may be subject to change. Media advisories will be sent ahead of specific opportunities.

Cycling – BMX, Mountain and Road pre-comp press conference details TBC

MPC = Main Press Centre
TGBH = Team GB House

TEAM GB HISTORY

1908

Great Britain staged the 1908 Olympics at less than two years' notice after original hosts Rome withdrew in 1906 following the eruption of Mount Vesuvius.

British Olympic Association chairman Lord Desborough led the organising committee, which was aided by organisers of the Franco-British Exhibition. The Franco-British Exhibition built the 68,000-seater main stadium in Shepherd's Bush – demolished in 1985 and replaced by BBC White City – at no cost to the organising committee.

The stadium hosted athletics, cycling and swimming events while other events were accommodated across Britain, including sailing on the Solent and on the River Clyde in Glasgow.

The Games were the longest in history, beginning on April 27 and spanning 187 days with the Olympic programme including rugby union, polo, motor boating and tug of war.

Figure skating was held for the first time at an Olympic Games – Florence 'Madge' Syers winning gold in the women's competition and also bronze in the pairs with husband Edgar.

The Games finally came to an end with the hockey final on October 31 when England won the



FACT FILE

Host Nation: Great Britain
Opening Date: 27 April 1908
Closing Date: 31 October 1908
Competing Nations: 22
Competing Athletes: 2,024
(1,980 Men, 44 Women)
Team GB Athletes: 736
Sports: 22
Events: 110

last of 56 gold medals – on this occasion Britain were represented by a team from each of the four home nations in hockey. Statistically these were Britain's most successful Games although they benefited from rules which allowed them to field a team with more than a third of the overall number of competitors – 736 athletes contributing to 146 medals.

It was the first, and remains the only time, that Britain have finished top of the medal table at an Olympic Games. Swimmer Henry Taylor picked up an impressive three gold medals – a feat not equaled by a Brit until Sir Chris Hoy's performances in Beijing 100 years later – and George Larnar triumphed in two walking events.

Elsewhere, the home nation dominated sailing and rowing while British boxers took every gold medal available. The football team won the first of successive gold medals and Great Britain won every gold medal in tennis – the events

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1908 MEDAL TABLE

	GOLD	SILVER	BRONZE	TOTAL
1. Team GB	56	51	39	146
2. USA	23	12	12	47
3. Sweden	8	6	11	25
4. France	5	5	9	19
5. Germany	3	5	5	13
6. Hungary	3	4	2	9
7. Canada	3	3	10	16
8. Norway	2	3	3	8
9. Italy	2	2	0	4
10. Belgium	1	5	2	8

held both indoors and out. These Games saw the only walkover in Olympic history when British runner Lieutenant Wyndham Halswelle won 400m gold by default. The three other participants – all American – failed to take to the start line following a dispute after the race was ordered to be re-run.

American standing jumper Ray Ewry added a further two gold medals to his six from previous Games, and his compatriot Melvin Sheppard claimed a middle-distance double. John Taylor, a 400m sprinter, became the first black athlete to win an Olympic gold medal as part of the

American 1600m relay team, and Russia won its first title in the newly-introduced men's figure skating – Nikolai Kolomenkin winning gold. Yet the moment of the Games was undoubtedly the marathon, in which race leader Dorando Pietri of Italy collapsed five times in the final stadium lap.

He crossed the finish line first but was disqualified because officials carried him over after which he was met with a wave of public sympathy and awarded a special Silver Cup by Queen Alexandra. American Johnny Hayes was eventually awarded gold.

1948

After a 12-year absence caused by World War II, the Olympics were held in London for the second time in 1948. London had been awarded the 1944 Games but had to wait with hostilities not ending until 1945. Within days of the end of the war, the IOC Executive Board gathered in London and asked members to choose the 1948 hosts by postal ballot with a strong recommendation to choose the city.

These were a sombre Games, not only because of the aftermath of the war, but also because it was the first Games since the death of the founder of the modern Olympics, Pierre de Coubertin, in 1937. As in 1908, it was the chairman of the BOA, Lord Burghley, at the time also president of the IAAF and an influential member of the IOC, who led the organising committee.

Wembley chairman Sir Arthur Elvin offered the stadium as a centrepiece while the Empire Pool – now known as Wembley Arena – staged the swimming, diving and boxing events and will be the 2012 venue for badminton and rhythmic gymnastics. Male competitors were accommodated at Royal Air Force Camps in nearby Uxbridge and Richmond while the rowers and canoeists were billeted in High Wycombe, nearer to the course at Henley. The female competitors were put up in hotels.

The Games were widely credited with providing the global community with a much-needed lift and a record 59 nations participated. As hosts, Great Britain entered 375 athletes and claimed 23 medals, three of which were gold, to



finish 12th overall. The successes came in rowing, where Jack Wilson and Ran Laurie won the men's coxless pairs and Dickie Burnell and Bertie Bushnell triumphed in the men's double sculls, and in sailing, in which David Bond and Stewart Morris won the Swallow class.

Other stars of the Games included the Netherlands' Fanny Blankers-Koen, who won four gold medals on the track – the 100m, 200m, 80m hurdles and 4x100m relay – and remains the only female to win four athletics gold medals at an Olympics. Czechoslovakia's Emil Zatopek won the 10,000m gold medal and was second in the 5000m, and would return to the Games in 1952 to establish himself as one of the top distance runners in Olympic history. Two athletes who became Olympic champions at Berlin 1936 managed to defend their titles 12 years later – Hungarian fencer Ilona Eleky in women's individual foil and canoeist Jan Brzak-Felix of Czechoslovakia in the C2 1000m. At

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1948 MEDAL TABLE

	GOLD	SILVER	BRONZE	TOTAL
1. USA	38	27	19	84
2. Sweden	16	11	17	44
3. France	10	6	13	29
4. Hungary	10	5	12	27
5. Italy	8	11	8	27
6. Finland	8	7	5	20
7. Turkey	6	4	2	12
8. Czechoslovakia	6	2	3	11
9. Switzerland	5	10	5	20
10. Denmark	5	7	8	20
12. Team GB	3	14	6	23

the other end of the scale, American Bob Mathias won the decathlon, allegedly only four months after taking it up. When asked how he would celebrate, the 17-year-old replied, 'I'll start shaving, I guess'.

FACT FILE

Host Nation: Great Britain
Opening Date: July 29, 1948
Closing Date: August 14, 1948
Competing Nations: 59
Competing Athletes: 4,104 (3,714 Men, 390 Women)
Team GB Athletes: 375
Sports: 17
Events: 136



Beijing 2008

Great Britain won 47 medals – 19 gold, 13 silver and 15 bronze – across 11 sports at the Beijing 2008 Olympics for a best medal haul in 100 years.

Chris Hoy became the first British athlete to win three Olympic gold medals in the same Games since 1908 after topping the podium in the individual and team sprints and keirin.

And to continue the centurion theme, with two gold medals in the pool, Rebecca Adlington became Britain's most successful Olympic swimmer of the last 100 years.

Louis Smith won Britain's first individual gymnastics medal since 1908 and the first British medal ever in the pommel horse after taking bronze.

Tim Brabants won Team GB's first ever canoeing gold medal while Sarah Stevenson won the nation's first-ever taekwondo medal with +67kg bronze.

Rebecca Romero became the first British women to win medals in two different summer sports, following up her silver in rowing from Athens 2004 with cycling gold in Beijing.

Team GB's boxers achieved their best medal haul since 1956 – however the nation had no representation in either baseball, basketball, football, handball, softball, table tennis, volleyball or wrestling.

GOLD MEDALS - 19 +

Rebecca Adlington	Aquatics – Swimming 400m freestyle & 800m freestyle
Christine Ohuruogu	Athletics, 400m
James DeGale	Boxing, middleweight
Tim Brabants	Canoeing, K-1 1000m
Nicole Cooke	Cycling, road race
Ed Clancy	Cycling, team pursuit
Paul Manning	Cycling, team pursuit
Geraint Thomas	Cycling, team pursuit
Bradley Wiggins	Cycling, team pursuit & individual pursuit
Sir Chris Hoy	Cycling, individual sprint, keirin & team sprint
Jason Kenny	Cycling, team sprint
Jamie Staff	Cycling, team sprint
Victoria Pendleton	Cycling, individual sprint
Rebecca Romero	Cycling, individual pursuit
Mark Hunter	Rowing, lightweight double sculls
Zac Purchase	Rowing, lightweight double sculls
Tom James	Rowing, coxless four
Peter Reed	Rowing, coxless four
Andy Triggs-Hodge	Rowing, coxless four
Steve Williams	Rowing, coxless four
Ben Ainslie	Sailing, Finn
Paul Goodison	Sailing, Laser
Iain Percy	Sailing, Star
Andrew Simpson	Sailing, Star
Sarah Ayton	Sailing, Yngling
Sarah Webb	Sailing, Yngling
Pippa Wilson	Sailing, Yngling

SILVER MEDALS - 13 +

David Davies	Aquatics – Swimming 10km open water
Keri-Anne Payne	Aquatics – Swimming 10km open water
Phillips Idowu	Athletics, triple jump
Germaine Mason	Athletics, high jump
David Florence	Canoeing, slalom C-1
Ross Edgar	Cycling, keirin
Jason Kenny	Cycling, individual sprint
Emma Pooley	Cycling, road time trial
Wendy Houvenaghel	Cycling, individual pursuit
Heather Fell	Modern Pentathlon
Acer Nethercott	Rowing, eight (cox)
Richard Egington	Rowing, eight
Alastair Heathcote	Rowing, eight
Matthew Langridge	Rowing, eight
Tom Lucy	Rowing, eight
Alex Partridge	Rowing, eight
Colin Smith	Rowing, eight
Tom Stallard	Rowing, eight
Josh West	Rowing, eight
Debbie Flood	Rowing, quad scull
Katherine Grainger	Rowing, quad scull
Frances Houghton	Rowing, quad scull
Annie Vernon	Rowing, quad scull
Jonathan Glanfield	Sailing, 470
Nick Rogers	Sailing, 470

BRONZE MEDALS - 15+

Tasha Danvers	Athletics, 400m hurdles
Tony Jeffries	Boxing, light heavyweight
David Price	Boxing, super heavyweight
Tim Brabants	Canoeing, K-1 500m
Steven Burke	Cycling, individual pursuit
Chris Newton	Cycling, points race
Tina Cook	Equestrian – Eventing individual & team
Daisy Dick	Equestrian – team eventing
William Fox-Pitt	Equestrian – team eventing
Sharon Hunt	Equestrian – team eventing
Mary King	Equestrian – team eventing
Louis Smith	Gymnastics – Artistic pommel horse
Anna Bebington	Rowing, double scull
Elise Laverick	Rowing, double scull
Stephen Rowbotham	Rowing, double scull
Matthew Wells	Rowing, double scull
Bryony Shaw	Sailing, RS:X windsurfing
Jo Jackson	Aquatics – Swimming 400m freestyle
Cassie Patten	Aquatics – Swimming 10km open water
Sarah Stevenson	Taekwondo, heavyweight



2008 MEDAL TABLE

	GOLD	SILVER	BRONZE	TOTAL
1. China	51	21	28	100
2. USA	36	38	36	110
3. Russia	23	21	28	72
4. Team GB	19	13	15	47
5. Germany	16	10	15	41
6. Australia	14	15	17	46
7. South Korea	13	10	8	31
8. Japan	9	6	10	25
9. Italy	8	9	10	27
10. France	7	16	18	41

2008 TEAM GB MEDALS BY SPORT

	GOLD	SILVER	BRONZE	TOTAL
Archery	0	0	0	0
Aquatics	2	2	2	6
Athletics	1	2	1	4
Badminton	0	0	0	0
Boxing	1	0	2	3

2008 TEAM GB MEDALS BY SPORT continued

	GOLD	SILVER	BRONZE	TOTAL
Canoeing	1	1	1	3
Cycling	8	4	2	14
Equestrian	0	0	2	2
Fencing	0	0	0	0
Gymnastics	0	0	1	1
Hockey	0	0	0	0
Judo	0	0	0	0
Modern Pentathlon	0	1	0	1
Rowing	2	2	2	6
Sailing	4	1	1	6
Shooting	0	0	0	0
Table Tennis	0	0	0	0
Taekwondo	0	0	1	1
Tennis	0	0	0	0
Triathlon	0	0	0	0
Weightlifting	0	0	0	0
Total	19	13	15	47

Team GB did not enter athletes in:
Baseball, Basketball, Handball, Football, Softball, Volleyball and Wrestling

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HISTORICAL MEDAL TABLE AND FLAGBEARERS

Year	City	T	M	W	Chef de Mission	G	S	B	T	Medal Table Position	Flagbearer	Sport
1896	Athens	10	10	0		3	3	1	7	5th		
1900	Paris	103	100	1		17	8	12	37	3rd		
1904	St. Louis	6	1	0		1	1	0	2	7th		
1906*	Athens	52	52	0		8	11	0	19	4th		
1908	London	736	697	39	Evan A. Hunter	56	51	39	146	1st	Kynaston Studd	Water polo
1912	Stockholm	293	283	10	Evan A. Hunter	10	15	16	41	3rd	Charles Smith	Tug of war
1920	Antwerp	204	189	18	Evan A. Hunter	15	12	12	39	4th	Ernest Thorne	Water polo
1924	Paris	307	279	28	Evan A. Hunter	9	13	12	34	4th	Arthur Hunt	Athletics
1928	Amsterdam	234	207	27	Evan A. Hunter	3	10	7	20	11th	Malcolm Nokes	Athletics
1932	Los Angeles	74	59	15	Evan A. Hunter	4	7	5	16	8th	Lord Burghley	Athletics
1936	Berlin	225	188	37	Evan A. Hunter	4	7	3	14	10th	Jack Beresford	Rowing
1948	London	375	324	51	Evan A. Hunter	3	14	6	23	12th	Emmys Lloyd	Fencing
1952	Helsinki	293	238	45	Evan A. Hunter	1	2	8	11	18th	Harold Whitlock	Athletics
1956	Melbourne**	200	174	26	K.S. Duncan	6	7	11	24	8th	George MacKenzie***	Wrestling
1960	Rome	252	209	43	K.S. Duncan	2	6	12	20	12th	Richard McTaggart	Boxing
1964	Tokyo	199	166	45	K.S. Duncan	4	12	2	18	10th	Anita Lonsbrough Allan Jay	Swimming Fencing
1968	Mexico City	237	185	52	K.S. Duncan	5	5	3	13	10th	Lynn Davies David Hemery	Athletics Athletics



Year	City	T	M	W	Chef de Mission	G	S	B	T	Position	Flagbearer	Sport
1972	Munich	310	232	78	K.S. Duncan	4	5	9	18	12th	David Broome Richard Meade	Equestrian Equestrian
1976	Montreal	234	184	50	C.G.V. Davidge	3	5	5	13	13th	Rodney Pattison	Yachting
1980	Moscow	222	147	75	R.W. Palmer	5	7	9	21	9th	Richard Palmer****	Chef de Mission
1984	Los Angeles	355	240	115	R.W. Palmer	5	11	21	37	11th	Lucinda Green Sebastian Coe	Equestrian Athletics
1988	Seoul	382	229	123	R.W. Palmer	5	10	9	24	12th	Ian Taylor Malcolm Cooper	Hockey Shooting
1992	Barcelona	389	245	144	R.W. Palmer	5	3	12	20	13th	Steve Redgrave Linford Christie	Rowing Athletics
1996	Atlanta	304	184	120	R.W. Palmer	1	8	6	15	36th	Steve Redgrave Roger Black	Rowing Athletics
2000	Sydney	320	188	132	S. P. Clegg	11	10	7	28	10th	Matthew Pinsent Steven Redgrave	Rowing Rowing
2004	Athens	270	164	106	S.P.Clegg	9	9	12	30	10th	Kate Howey Kelly Holmes	Judo Athletics
2008	Beijing	311	168	143	S.P. Clegg	19	13	15	47	4th	Mark Foster Chris Hoy	Swimming Cycling

*The 1906 Games, known as the Intercalated Games, are not considered official by the IOC.
** Includes the equestrian events which were held in Stockholm.
*** George MacKenzie competed at five Olympics up to 1928 and carried the flag in 1956.
**** Richard Palmer was GB's flag bearer at Moscow 1980 but he carried the Olympic flag.

T = Total GB Competitors
M = GB Competitors – Men
W = GB Competitors – Women
G = Gold medals
S = Silver medals
B = Bronze medals
T = Total medals won

Facts & Stats



Rebecca Tunney, the youngest and shortest athlete competing for Team GB

Youngest athlete:

Rebecca Tunney
Gymnastics – Artistic, 15 years 277 days*

Oldest athlete:

Richard Davison
Equestrian – Dressage, 56 years 318 days*

Tallest athlete:

Dan Clark
Basketball, 2.12m (6ft 11ins)

Shortest athlete:

Rebecca Tunney
Gymnastics – Artistic, 1.47m (4ft 9ins)

Most decorated athlete:

Sir Chris Hoy
Cycling – Track, 3x gold Beijing 2008, 1x gold Athens 2004, 1x silver Sydney 2000

Athletes with the most Olympic Games experience (London 2012 will be their SIXTH):

Alison Williamson
Archery: Barcelona 1992, Atlanta 1996, Sydney 2000, Athens 2004, Beijing 2008

Mary King
Equestrian – Eventing: Barcelona 1992, Atlanta 1996, Sydney 2000, Athens 2004, Beijing 2008

Nick Skelton
Equestrian – Jumping: Seoul 1988, Barcelona 1992, Atlanta 1996, Sydney 2000, Athens 2004

First Team GB medal opportunity:

Jennifer McIntosh
Women's 10m Air Rifle, July 28

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Team GB has five sets of siblings competing:

Alistair & Jonathan Brownlee
Triathlon

Peter & Richard Chambers
Rowing

Jenna & Asha Randall
Synchronised Swimming

Lucy & Kate Macgregor
Sailing

Andy & Jamie Murray
Tennis

Other useful info

The Team GB delegation is the largest for over a century, the biggest since London hosted the Games for the first time in 1908, when 676 athletes represented the host nation.

At London 2012, Team GB will include more female athletes than ever before with 262 women – 48 per cent – and 280 men – 52 per cent – selected to compete for Team GB this summer.

The number of women is significantly more than the previous record of 143 who represented Team GB at the last Olympic Games in Beijing in 2008.

*Age on first day they will compete in London

Team GB London 2012 birthday celebrations:

July 27th
Pete Reed – Rowing, 31
Natasha Perdue – Weightlifting, 37

July 28th
Ben Hawes – Hockey, 32

July 30th
Richard Kruse – Fencing, 29

August 1st
Karen Carney – Football, 25
Rebecca Turner – Swimming, 20

August 3rd
Alan Wills – Archery, 31

August 4th
James Disney-May – Swimming, 20
Luke Patience – Sailing, 26

August 5th
Ryan Bertrand – Football, 23
Kelsi Fairbrother – Handball, 23
Michael Jamieson – Swimming, 24
Angie Winstanley-Smith – Water Polo, 27

August 8th
David Florence – Canoe – Slalom, 30
Hannah Miley – Swimming, 23

August 10th
Grace Carter – Volleyball, 23

August 11th
Rebecca Kershaw – Water Polo, 22

August 12th
Tom Cleverley – Football, 23
Lisa Gibson – Water Polo, 23
Dan McMillan – Handball, 30

Facts & Stats

M = Men W = Women T = Total

SPORT	ATHLETES OFFICIALS					SPORT	ATHLETES OFFICIALS				
	M	W	M	W	T		M	W	M	W	T
Aquatics	41	50	31	14	136	Fencing	4	6	4	1	15
<i>Diving</i>	5	7	5	2	-	Football	18	18	13	5	54
<i>Swimming</i>	23	21	21	3	-	Gymnastics	5	13	7	5	30
<i>Synchro</i>	0	9	0	5	-	<i>Artistic</i>	5	5	-	-	-
<i>Water Polo</i>	13	13	5	4	-	<i>Rhythmic</i>	0	7	-	-	-
Archery	3	3	2	1	9	<i>Trampoline</i>	0	1	-	-	-
Athletics	45	33	30	5	113	Handball	14	14	4	6	38
Badminton	2	2	4	0	8	Hockey	16	16	9	5	46
Basketball	12	12	9	3	36	Judo	7	7	12	2	28
Boxing	7	3	8	0	18	Modern Pentathlon	2	2	5	0	9
Canoeing	9	6	11	2	28	Rowing	28	19	20	4	71
<i>Canoe Slalom</i>	4	1	-	-	-	Sailing	9	7	16	4	36
<i>Canoe Sprint</i>	5	5	-	-	-	Shooting	7	4	6	0	17
Cycling	15	12	26	4	57	Table Tennis	3	3	2	1	9
<i>BMX</i>	1	1	-	-	-	Taekwondo	2	2	6	1	11
<i>Mountain Bike</i>	1	1	-	-	-	Tennis	4	4	7	0	15
<i>Road</i>	5	4	-	-	-	Triathlon	3	3	5	1	12
<i>Track</i>	8	6	-	-	-	Volleyball	14	14	10	3	41
Equestrian	7	6	10	8	31	<i>Beach</i>	2	2	2	0	-
<i>Dressage</i>	2	2	-	-	-	<i>Indoor</i>	12	12	8	3	-
<i>Eventing</i>	1	4	-	-	-	Weightlifting	3	2	3	1	9
<i>Jumping</i>	4	0	-	-	-	Wrestling	0	1	2	0	3
Total	280	262	262	76	880						

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Archery		111	297		Judo
Athletics		119	309		Modern Pentathlon
Badminton		153	317		Rowing
Basketball		163	337		Sailing
Boxing		175	349		Shooting
Canoeing		187	361		Table Tennis
Cycling		199	371		Taekwondo
Equestrian		219	379		Tennis
Fencing		231	387		Triathlon
Football		241	395		Volleyball
Gymnastics		257	411		Weightlifting
Handball		271	423		Wrestling

BIOGRAPHIES KEY

100mh – 100m hurdles
400mh – 400m hurdles
AOp – Australian Open
back – backstroke
BCh – British Championships
BOA – British Olympic Association
breast – breaststroke
CCh – Commonwealth Championships
CG – Commonwealth Games
CT – Champions Trophy
CYG – Commonwealth Youth Games
dec – decathlon
DT – discus throw
ECaCh – European Cadet Championships
ECh – European Championships
EInCh – European Indoor Championships
EJCh – European Junior Championships
ESCh – European Short Course Championships
EU23Ch – European Under-23 Championships
EXCCh – European Cross Country Championships
EYOF – European Youth Olympic Festival f – final
fly – butterfly
FOp – French Open
free – freestyle
Ft – feet
GPF – Grand Prix Freestyle
GPS – Grand Prix Special
hep – heptathlon
HJ – high jump
HT – hammer throw
IM – individual medley
ind. – individual
Ins – inches
jav – javelin
Kg – kilograms
Lbs – pounds
LJ – long jump
LM – London Marathon
LM2x – men's lightweight double scull
LM4- – men's lightweight four
LW2x – women's lightweight double scull
LW4x – women's lightweight women's quad
M1x – men's single scull
M2- – men's pair
M2x – men's double scull
M4- – men's four
M4x – men's quad
M8+ – men's eight

mara – marathon
MD – men's doubles
Med. – medley
MS – men's singles
NH – no height
NM – no mark
OG – Olympic Games
pent – pentathlon
PV – pole vault
q – qualifying
qf – quarter-final
Rep – repechage
Rnd – round
rr – road race
R-up – runner-up
sc – steeplechase
sf – semi-final
SP – shot put
st – stone
synchro – synchronised
TJ – triple jump
tt – time trial
UKCh – UK Championships
UKInCh – UK Indoor Championships
USOp – US Open
w – walk
W1x – women's single scull
W2- – women's pair
W2x – women's double scull
W4x – women's quad
W8+ – women's eight
WBMXCh – World BMX Championships
WC – World Cup
WCaCh – World Cadet Championships
WCh – World Championships
WChS – World Championship Series
WD – women's doubles
WEG – World Equestrian Games
WFCh – World Field Archery Championships
WHMCh – World Half Marathon Championships
Wim – Wimbledon
WinCh – World Indoor Championships
WJCh – World Junior Championships
WRRCh – World Road Race Championships
WS – women's singles
WTCh – World Track Championships
WU23Ch – World Under-23 Championships
WUG – World University Games
WYCh – World Youth Championships
XD – mixed doubles
YOG – Youth Olympic Games

Aquatics



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Tom Daley performing a dive

Diving

Introduction

Diving made its Olympic debut in 1904 when the two events contested, by men only, were the 10m platform and the plunge for distance, in which American William Dickey remains the Olympic champion with a distance of 62 feet and six inches.

Four years later, when London first staged the Games, the plunge had been replaced by the 3m springboard event, which according to official Olympic records was also named 'fancy diving'.

Styles of diving include front, back, reverse, inward, twist and armstand, with points awarded according to technique and grace and the more difficult the dive, the higher the points it can score if executed well.

China is the sport's undisputed powerhouse and their squad will arrive in London among the most strongly-fancied gold medal contenders.

In the last three major global championships – the 2008 Olympics and 2009 and 2011 FINA World Championships – they have won all but three gold medals in Olympic events.

Australia's Matthew Mitcham and Great Britain's Tom Daley won 10m platform gold in Beijing and the 2009 FINA World Championships in Rome respectively, while Mexico's Paola Espinosa took the women's 10m platform title in the Italian capital.

However, at last year's World Championships in Shanghai China won gold medals in all eight Olympic disciplines,

as well as two silvers. Qualification for Olympic events started in Shanghai and concluded at the FINA Diving World Cup, which was held at the Olympic Aquatics Centre in February.

Team GB 2012

Peter Waterfield will make his fourth Olympic appearance as part of a 12-strong team at London 2012 – as Great Britain field a full complement of entrants and two more than Beijing.

Waterfield's 10m synchro silver with Leon Taylor at Athens 2004 was Britain's first Olympic diving medal for 44 years and Waterfield will be aiming for a return to the podium in the 10m synchro with Tom Daley, while he'll also dive in the 10m individual.

Daley too will dive in the 10m individual and will compete in London as the reigning European champion and World Series title-holder in the 10m synchro with Waterfield.

While Daley was the youngest male on the British diving team at Beijing 2008, and the entire GB squad, at 15 Alicia Blagg will take on the former role in London as she competes in the 3m synchro with Rebecca Gallantree.

Jack Laugher, a double world junior and European junior champion, is the youngest male at 17 and will compete in the 3m individual.

Gallantree will also compete in the 3m individual after Britain were awarded a further host nation place shortly after the team was announced.

Hannah Starling was the first athlete picked

● We have had some excellent results this year with one of our most successful showings at a FINA World Series and European Championships with medals coming in more than one event showing the depth we have within our squad. ●

Team GB Diving Team Leader Alexei Evangulov

DID YOU KNOW?

At Seoul 1988, American Greg Louganis recovered from hitting his head on the springboard while executing a dive in the 3m individual preliminary round to win gold in the final

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FACT FILE

VENUE:
Aquatics Centre

GOLD MEDALS AVAILABLE: 8

DATES:
Sunday July 29 – Saturday August 11

NUMBER OF TEAM GB ATHLETES:
Men: 5 Women: 7

WEBSITES:
BOA: www.teamgb.com/summer-sports/diving
London 2012: www.london2012.com/diving
NGB: www.swimming.org/britishswimming/diving



Hannah Starling competes during the women's 3m springboard

WORDS TO LEARN +

RIP ENTRY:

The entry into the water during a dive, with little or no splash

TWIST:

A twist during a dive occurs when the diver rotates around an axis that runs from their head to their toes

TUCK:

The tuck position resembles a ball with the knees bent and the legs pulled as close to the body as possible

PIKE:

A diving position for which the diver bends the body at the hips but keeps their legs straight

ARMSTAND:

A platform dive that begins from the hands

DID YOU KNOW?

Britain's Leon Taylor invented the back 2.5 somersaults, 2.5 twists, a dive now used by many of the world's best

for the 3m individual while the men's 3m synchro pair will be Nick Robinson-Baker and Chris Mears. Six of the 12 selected athletes competed at Beijing 2008, including Robinson-Baker who won his third successive British title with Mears in June.

Mears will join Laugher in the 3m individual while European champions Tonia Couch and Sarah Barrow will contest the women's 10m synchro.

Couch, making her second Olympic appearance, and Barrow became the first British females for 74 years to win European gold in May.

British champion Stacie Powell and Monique Gladding – the oldest female on the British team at 31 – complete the 12 athletes, both diving in the 10m individual event.

Gladding will compete just 18 months after a horror accident which saw her hit her head on the 10m diving platform in a competition in Russia. She was knocked unconscious and had to be dragged from the bottom of the pool by husband and coach Steve and teammate Robinson-Baker.

Competition format

There are eight gold medals up for grabs and athletes compete individually and in pairs, known as synchronised diving or synchro.

The men's and women's 3m springboard and 10m platform are divided into three phases. In the preliminary round the men have six dives, the women have five, and the top 18 progress to the semi-final.

The best 12 divers in the semi-final then progress to the final, where they dive in

reverse order of their semi-final finishing position to decide the medals. A panel of seven judges assess each dive, giving a score out of ten.

The men's and women's synchronised 3m springboard and 10m platform are decided by straight finals with eight teams competing – again six dives for men and five for women. A panel of 11 judges assess each dive, giving a score out of ten.

In advance of competition divers submit the dives they will perform. The more difficult a dive, the higher the potential score. Judges marks are then multiplied by the dive's difficulty tariff, of which there are five levels.

In the synchronised diving events, pairs of athletes dive in tandem and are assessed for their execution and synchronisation by separate groups of judges.

Diving regulations state that the competition diving pool must be 25m long and five metres deep while springboards must be at least 4.8m long and 50cm wide

● I remember Beijing so well and that was an amazing experience but I think London will top that for me. It was so loud every time the Chinese divers came out and I know it will be just as loud for us in London. ●

Tonia Couch

and platforms should be at least six metres long and three metres wide.

Rules set by international governing body FINA mean athletes must be 14 by the end of an Olympic year to be eligible for selection. It was a rule that allowed then 14-year old Daley to make his Olympic debut in Beijing.

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TEAM GB DIVING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	0	0	0
Athens 2004	0	1	0	0
Beijing 2008	0	0	0	0
Total at Olympics	0	2	4	6

World Championships 2011 – best performance, Sarah Barrow and Tonia Couch, 4th, 10m synchro

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
3m springboard	M He Chong (CHN) W Guo Jingjing (CHN)	He Chong (CHN) Wu Minxia (CHN)
10m platform	M Matthew Mitcham (AUS) W Chen Ruolin (CHN)	Qiu Bo (CHN) Chen Ruolin (CHN)
3m synchronised springboard	M Wang Feng/Qin Kai (CHN) W Guo Jingjing/Wu Minxia (CHN)	Qin Kai/Luo Yutong (CHN) Wu Minxia/He Zi (CHN)
10m synchronised platform	M Lin Yue/Huo Liang (CHN) W Wang Xin/Chen Ruolin (CHN)	Qiu Bo/Huo Liang (CHN) Wang Hao/Chen Ruolin (CHN)

EVENTS SCHEDULE

M = Men's events W = Women's events M = Medal event

DATE	EVENT
29 July 15:00-16:00	W M Synchronised 3m springboard: final, victory ceremony
30 July 15:00-16:15	M M Synchronised 10m platform: final, victory ceremony
31 July 15:00-16:05	W M Synchronised 10m platform: final, victory ceremony
1 Aug 15:00-16:05	M M Synchronised 3m springboard: final, victory ceremony
3 Aug 14:30-17:00	W 3m springboard: preliminaries
4 Aug 14:30-15:50	W 3m springboard: semi-final
5 Aug 19:00-20:15	W M 3m springboard: final, victory ceremony
6 Aug 19:00-22:00	M 3m springboard: preliminaries
7 Aug 10:00-11:40	M 3m springboard: semi-final
7 Aug 19:00-20:30	M M 3m springboard: final, victory ceremony
8 Aug 19:00-21:55	W 10m platform: preliminaries
9 Aug 10:00-11:35	W 10m platform: semi-final
9 Aug 19:00-20:25	W M 10m platform: final, victory ceremony
10 Aug 19:00-22:30	M 10m platform: preliminaries
11 Aug 10:00-11:55	M 10m platform: semi-final
11 Aug 20:30-22:10	M M 10m platform: final, victory ceremony

Team GB will compete in every event

SARAH BARROW

Event: 10m Synchronised
Born: 22.10.1988, Plymouth
Lives: Leeds
Height: 1.63m (5ft 4ins)
Weight: 52kg (8st 3lbs)
Club: City of Leeds
Coach: Adrian Hinchliffe
Games attended: None
Major achievements: WCh: 4th (10m synchro) 2011. ECh: gold (10m synchro) 2012.



Sarah Barrow started competing internationally in 2003 – then as a junior – and has enjoyed a fine 2012 so far.

She won bronze at the final World Series leg in Mexico, European gold and the British title with a new British record – all in the 10m synchro with Tonia Couch.

Barrow also finished fourth at last year's World Championships and at the 2010 Commonwealth Games.

@SarahBarrow

ALICIA BLAGG

Event: 3m Synchronised
Born: 21.10.1996, Wakefield
Lives: Leeds
Height: 1.67m (5ft 6ins)
Weight: 60kg (9st 6lbs)
Club: City of Leeds
Coach: Edwin Jongejans
Games attended: None
Major achievements: WCh: 30th (1m ind.), 15th (3m synchro) 2011.



In 2010 Alicia Blagg became England's youngest ever double national champion, taking the 1m springboard and 3m synchro titles.

Blagg will partner Rebecca Gallantree in the 3m synchro in London – the pair came fourth at the 2010 Commonwealth Games, fifth at this year's Europeans and are the reigning British champions.

@AliciaBlagg

TONIA COUCH

Event: 10m Synchronised
Born: 20.05.1989, Plymouth
Lives: Plymouth
Height: 1.58m (5ft 2ins)
Weight: 58kg (9st 2lbs)
Club: Plymouth
Coach: Andy Banks
Games attended: One (Beijing 2008)



Major achievements: OG: 8th (10m ind.), 8th (10m synchro) 2008. WCh: 9th (10m ind.), 4th (10m synchro) 2011; 8th (10m ind.) 2009; 25th (10m ind.), 9th (10m synchro) 2007; 25th (10m ind.), 10th (10m synchro) 2005. ECh: gold (10m synchro) 2012.

Tonia Couch's eighth-place finishes at Beijing 2008 were the best by a female British diver for 20 years. She won 10m individual silver at the British Championships in June and Britain's first-ever female 10m synchro World Series medal, bronze with Sarah Barrow in April.

@toniacouch

TOM DALEY

Event: 10m Individual, 10m Synchronised
Born: 21.05.1994, Plymouth
Lives: Plymouth
Height: 1.77m (5ft 10ins)
Weight: 74kg (11st 9lbs)
Club: Plymouth
Coach: Andy Banks, Li Peng
Games attended: One (Beijing 2008)



Major achievements: OG: 7th (10m ind.), 8th (10m synchro) 2008. WCh: 5th (10m ind.), 6th (10m synchro) 2011; gold (10m ind.), 6th (10m synchro) 2009. CG: gold (10m ind.), gold (10m synchro) 2010. ECh: gold (10m ind.) 2012; gold (10m platform) 2008.

Tom Daley began diving aged seven and in 2004 he became the youngest ever under-18 champion at the national championships.

Daley competed internationally for the first time at the Australian Youth Olympic Festival three years later where he won a 10m synchro silver medal with Callum Johnstone.

Making Daley's performance all the more impressive was that he had to be given special dispensation to compete as he was below the minimum age requirement.

He became Britain's youngest ever European gold medalist in 2008 when he claimed the 10m individual title before making his Olympic debut in Beijing where he became Great Britain's youngest Olympian for 48 years.

Daley earned the title of Britain's youngest ever world champion in any sport when he took 10m individual gold in Rome in 2009.

An injury to his triceps affected his 2010 season but he won double gold at the Commonwealth Games that year and in May he won his second European title.

In 2010 Daley became the first person to win the BBC Young Sports Personality of the Year award on three different occasions.

He also won the British 10m individual and 10m synchro titles this year.

@TomDaley1994

REBECCA GALLANTREE

Event: 3m Synchronised, 3m Individual
Born: 19.08.1984, Chelmsford
Lives: Leeds
Height: 1.66m (5ft 5ins)
Weight: 60kg (9st 6lbs)
Club: City of Leeds
Coach: Edwin Jongejans
Games attended: One (Beijing 2008)



Major achievements: OG: 25th (3m ind.), 15th (3m synchro) 2011; 7th (1m ind.), 15th (3m ind.) 2009.

Rebecca Gallantree will compete in the 3m synchro with Alicia Blagg after defending their British title this year and finishing fifth at the Europeans.

Gallantree will also compete in the 3m individual after winning the British crown for the fourth year running before finishing seventh at the 2012 European Championships.

@RGallantree

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MONIQUE GLADDING

Event: 10m Individual
Born: 17.06.1981, Durban, South Africa
Lives: Sheffield
Height: 1.62m (5ft 4ins)
Weight: 57kg (9st)
Club: City of Sheffield
Coach: Steve Gladding
Games attended: None



Major achievements: **WCh:** 6th (10m synchro) 2009. **ECh:** bronze (10m synchro) 2010.
Monique Gladding represented South Africa at gymnastics but after knee surgery she switched to diving. She suffered a life-threatening accident in Russia in 2011 when she was knocked unconscious after hitting her head, which needed eight stitches, on the 10m platform. She recovered to finish fifth in the 10m individual at the 2012 Europeans and win British Championship bronze.

@moniquegladding

JACK LAUGHER

Event: 3m Individual
Born: 30.01.1995, Harrogate
Lives: Ripon
Height: 1.66m (5ft 5ins)
Weight: 65kg (10st 3lbs)
Club: City of Leeds
Coach: Adrian Hinchliffe
Games attended: None



Major achievements: **WCh:** 33rd (1m ind.), 3m (ind.) 8th 2011. **WJCh:** gold (1m ind.), gold (3m ind.) 2010. **EJCh:** gold (1m ind.), gold (3m ind.) 2010.
Jack Laughler became Britain's first ever world junior champion after scooping double gold in Arizona in 2010. Also in 2010 he won double European junior gold and his performances in America made him the first British diver to hold both titles.

He finished sixth in the 3m individual at the Europeans this year and also won the British title.

@JackLaughler

CHRIS MEARS

Event: 3m Individual, 3m Synchronised
Born: 07.02.1993, Reading
Lives: Reading
Height: 1.72m (5ft 8ins)
Weight: 70kg (11st)
Club: Southampton
Coach: Lindsey Fraser
Games attended: None



Major achievements: **WCh:** 14th (1m ind.), 30th (3m ind.), 7th (3m synchro) 2011. **EJCh:** silver (1m ind.), bronze (3m ind.), bronze (10m ind.) 2008.

Chris Mears will compete in the 3m synchro with Nick Robinson-Baker, the pair winning their first international medal together in April, silver at the Mexico World Series. They finished fifth at the Europeans this year while Mears was eighth in the 3m individual. He suffered a ruptured spleen at the Australian Youth Olympic Festival in 2009.

@ChrisMears93

STACIE POWELL

Event: 10m Individual
Born: 18.12.1985, Bristol
Lives: Biggin Hill
Height: 1.67m (5ft 8ins)
Weight: 61kg (9st 9lbs)
Club: Southampton
Coach: Lindsey Fraser, Xinde Zhang
Games attended: One (Beijing 2008)



Major achievements: **OG:** 8th (10m synchro), 10th (10m ind.) 2008. **WCh:** 9th (10m synchro) 2007.

One of six on the London 2012 team to have competed at Beijing 2008, Stacie Powell won the British 10m individual title in June.

She finished eighth at the Europeans and is studying for a PhD in astrophysics from the University of Cambridge.

@powellstacie

NICK ROBINSON-BAKER

Event: 3m Synchronised
Born: 24.06.1987, Farnborough
Lives: Sheffield
Height: 1.80m (5ft 11ins)
Weight: 80kg (12st 8lbs)
Club: City of Sheffield
Coach: Steve Gladding
Games attended: One (Beijing 2008)



Major achievements: **OG:** 7th (3m synchro) 2008. **WCh:** 7th (3m synchro) 2011; 7th (3m synchro) 2009.

Nick Robinson-Baker partnered Ben Swain at Beijing 2008, finishing seventh, but he will dive with Chris Mears in London. He won World Series gold with Swain in 2009 and claimed his first World Series medal, silver, with Mears in April this year. Robinson-Baker has the Olympic rings tattooed on his chest.

@NickRB

HANNAH STARLING

Event: 3m Individual
Born: 12.06.1995, Leeds
Lives: Leeds
Height: 1.58m (5ft 2ins)
Weight: 59kg (9st 4lbs)
Club: City of Leeds
Coach: Edwin Jongejans
Games attended: None



Major achievements: **WCh:** 25th (1m ind.) 2011.
Hannah Starling was the sole selection for the 3m individual until Britain were awarded a further host nation place – given to Rebecca Gallantree in the event.

Starling took bronze at the British Championships this year and finished ninth at the Europeans.

She can play the violin to grade eight level and the piano to grade five.

@HannahStarling

PETER WATERFIELD

Event: 10m Individual, 10m Synchronised
Born: 12.03.1981, London
Lives: Southampton
Height: 1.65m (5ft 5ins)
Weight: 64kg (10st 1lb)
Club: Southampton
Coach: Lindsey Fraser
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** 13th (10m ind.) 2008; silver (10m synchro) 2004; 4th (10m synchro) 2000. **WCh:** 11th (10m ind.), 6th (10m synchro) 2011; 4th (1m ind.) 2009; 10th (10m ind.) 2007; 13th (3m synchro), bronze (10m synchro) 2005; 11th (1m ind.) 2001; 6th (1m ind.), 10th (3m synchro), 6th (10m ind.) 2000; 6th (10m ind.), bronze (10m synchro) 1999; 4th (10 synchro) 1997. **CG:** silver (10m ind.) 2006; gold (10m ind.) 2002.

Peter Waterfield is the oldest and most experienced member of the British team for London 2012 – and won Olympic 10m synchro silver with Leon Taylor at Athens 2004.

Waterfield's success with Taylor was Britain's first medal since Rome 1960 and the sixth in the history of the Games.

At London 2012 he will compete in the 10m synchro for the first time at an Olympics since 2004, partnering Tom Daley. The pair are the current World Series champions.

Waterfield also won World Cup bronze in the 10m individual in February and will add that event to his Olympic schedule in London.

He has been unfortunate with injuries this year – minor shoulder and neck problems – with the latter keeping him out of this year's European Championships.

Waterfield did return to win 10m synchro gold with Daley at the British Championships but had to settle for silver in the 10m individual, finishing behind his Olympic synchro partner.

@PeterWaterfield

ANDREW BANKS

Title: Head Coach, Plymouth Diving
Games role: Coach to Tom Daley and Tonia Couch
Born: 06.10.1983, London
Lives: Plymouth



ALEXEI EVANGULOV

Title: National Performance Director
Games role: Team Leader
Born: 30.03.1954, Tbilisi, Georgia
Lives: Sheffield



Alexei Evangulov was appointed national performance director in December 2008 and took up the role from March 2009.

He is a former international diver and was head coach of the Russian team for 16 years, leading them to three silver and two bronze medals at Beijing 2008.

LINDSEY FRASER

Title: Director of Coaching, Southampton Diving Academy
Games role: Coach of Peter Waterfield, Chris Mears and Stacie Powell
Born: 24.01.1958, Woolwich
Lives: Southampton



STEVE GLADDING

Title: Coach
Games role: Coach of Monique Gladding and Nick Robinson-Baker
Born: 18.01.1973, Portsmouth
Lives: Sheffield



ADRIAN HINCHLIFFE

Title: Coach
Games role: Coach of Sarah Barrow, Jack Laughler and Rebecca Gallantree
Born: 14.05.1971, Ely
Lives: Leeds



EDWIN JONGEJANS

Title: Coach
Games role: Coach of Hannah Starling and Alicia Blagg
Born: 18.12.1966, Amstelveen, Netherlands
Lives: Leeds



CHRISTINA LANDER

Title: Team Manager
Games role: Team Manager
Born: 17.07.1962, Bedford
Lives: Letchworth



Swimming

Introduction

In total 950 athletes will compete in 34 separate swimming events at the London 2012 Olympics. The Aquatics Centre will host all events in the pool while the Serpentine in Hyde Park will act as the venue for the men's and women's 10km open water races.

Team GB won six medals at the Beijing Olympics in 2008, bettering the two won at Athens 2004 with David Davies finishing on the podium at both Games. Rebecca Adlington won two gold medals in Beijing to become Britain's first Olympic swimming champion since 1988 and the first to win two gold medals at the same Games in 100 years.

With six medals, Great Britain finished third in the overall swimming medal table as the sport's two dominant forces, America

● This GB swimming team is a real mix of tried and tested experienced former Olympians together with an exciting crop of talented youngsters who will sample their first Olympics in London. ●

Team GB Swimming Team Leader Michael Scott

and Australia, were first and second respectively. American Michael Phelps broke Mark Spitz's record of seven gold medals at a single Olympics by winning eight in Beijing. His Olympic medal total of 16 – 14 gold and two bronze – is second

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Joanne Jackson, right, congratulates Rebecca Adlington on winning the 400m freestyle at Beijing 2008

only to gymnast Larisa Latynina, who won 18 competing for the Soviet Union.

Team GB 2012

Rebecca Adlington will lead the British team having set, what were at the time, world leading times on the way to gold in the 400m and 800m freestyle at the trials at the Olympic Park in March. Adlington will also take to the pool as the reigning 800m world champion, having won the title in Shanghai last year.

Adrian Moorhouse, who won 100m breaststroke gold at the 1988 Games in Seoul, was the last Brit to win an Olympic title before Adlington picked up the first of her two in the 400m in Beijing.

Meanwhile, Anita Lonsbrough was the last British female to win an Olympic title, capturing 200m breaststroke gold at the 1960 Games in Rome. Adlington will be one of two reigning British world champions in Olympic events in London with Keri-Anne Payne bidding to upgrade her 10km open water silver from 2008 to gold in Hyde Park.

Payne has won world gold twice in the years between Beijing and London – her second gold in Shanghai last year ensuring she was the first British athlete to qualify for the Games.

Liam Tancock will also swim as a reigning world champion however his title is in the non-Olympic 50m backstroke while Gemma Spofforth is a former global gold medallist, and current world record holder, in the 100m backstroke. David Davies will be one of seven British



● The Olympics in London will be the biggest thing I will experience. To be going is the best feeling in the world. Of course there were nerves.

So many months preparing, four years, you can't imagine how good it feels. ●

Rebecca Adlington

DID YOU KNOW?
.....
The front crawl technique used in freestyle swimming was developed by a British swimming instructor named J Arthur Trudgen who based it on a Native American style of swimming that he had discovered during a trip to South America in the 1870s



Liam Tancock celebrates winning 50m backstroke gold at the 2011 World Championships in Shanghai

FACT FILE



VENUES:

Aquatics Centre (pool events)
The Serpentine, Hyde Park
(10km open water)

GOLD MEDALS AVAILABLE: 34

DATES:

Saturday July 28 – Saturday
August 4 (pool events)
Thursday August 9 – Friday
August 10 (10km open
water)

NUMBER OF TEAM GB ATHLETES:

Men: 23
Women: 21

WEBSITES:

BOA: www.teamgb.com/summer-
sports/swimming
London 2012: www.london2012.com/
swimming
NGB: www.swimming.org/
britishswimming/

swimmers to compete at a third Olympic Games, having won 1500m freestyle bronze at Athens 2004 and 10km open water silver at Beijing 2008. Initially, 38 British swimmers were selected after the first trials in March but that became 37 when Daniel Sliwinski withdrew with injury. Seven more were selected after the second trials in June, including David Carry, who joins fiancée Payne at the Games.

Competition format

Of the 34 swimming events, 32 will take place in the pool and two – the men's and women's 10km open water races – in Hyde Park. In the pool, there are five individual disciplines – freestyle, backstroke, breaststroke, butterfly and individual medley – with distances in the pool ranging from 50m to 1500m and two competitors allowed per nation per event.

Open water swimming will return for its second successive Games while in the pool, heats, semi-finals and finals are conducted in every individual event apart from the 400m, 800m and 1500m freestyle and the 400m medley, which don't require a semi-final.

DID YOU KNOW?

Underwater swimming featured at the Paris 1900 Games. Competitors earned points for the length of time and distance they went underwater

In these events the eight fastest from the heats qualify for the final. In the other pool events, the 16 fastest swimmers from the heats progress through to the semi-finals, where the next eight quickest reach the medal showdown.

Only men compete in the 1500m freestyle while the 800m equivalent is solely for women and there are six relay events – the 4x100m and 4x200m freestyle, as well as the 4x100m medley, for both genders.

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WORDS TO LEARN



LONG COURSE:

A 50m pool, which is used in Olympic competition, as opposed to a short course pool which measures 25m

MEDLEY:

A combination event in which a swimmer or team swims separate legs of backstroke, breaststroke, butterfly and freestyle

NEGATIVE SPLIT:

When an athlete swims the second half of a race faster than the first

TAPERING:

Reduction of workload during a period immediately prior to a major competition

TUMBLE TURN:

An underwater roll at the end of a length, which allows swimmers to push off from the end of the pool with their feet

TEAM GB SWIMMING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	0	0	0
Athens 2004	0	0	2	2
Beijing 2008	2	2	2	6
Total at Olympics	15	22	28	65
World Championships 2011*	2	3	0	5

*Olympic events only

TEAM GB HERO: DAVID WILKIE



David Wilkie won silver in the 200m breaststroke at Munich 1972 before upgrading to gold in Montreal four years later. He became the first British male since Henry Taylor in 1908 to claim Olympic gold but wasn't done there. He added 100m breaststroke silver to his medal tally in 1976. Wilkie was the first elite swimmer to wear a cap in a major competition at the 1970 Commonwealth Games in Edinburgh where he won bronze. He is also said to be the first swimmer to wear a head-cap and goggles together in competition.



RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
50m freestyle	M Cesar Cielo (BRA) W Britta Steffen (GER)	Cesar Cielo (BRA) Therese Alshammar (SWE)
100m freestyle	M Alain Bernard (FRA) W Britta Steffen (GER)	James Magnussen (AUS) Aleksandra Gerasimenya (BLR) / Jeanette Ottesen (DEN)
200m freestyle	M Michael Phelps (USA) W Federica Pellegrini (ITA)	Ryan Lochte (USA) Federica Pellegrini (ITA)
400m freestyle	M Park Tae-Hwan (KOR) W Rebecca Adlington (GBR)	Park Tae-Hwan (KOR) Federica Pellegrini (ITA)
800m freestyle	W Rebecca Adlington (GBR)	Rebecca Adlington (GBR)
1500m freestyle	M Oussama Mellouli (TUN)	Sun Yang (CHN)
100m backstroke	M Aaron Peirsol (USA) W Natalie Coughlin (USA)	Jeremy Stravius (FRA) / Camille Lacourt (FRA) Zhao Jing (CHN)
200m backstroke	M Ryan Lochte (USA) W Kirsty Coventry (ZIM)	Ryan Lochte (USA) Missy Franklin (USA)
100m breaststroke	M Kosuke Kitajima (JPN) W Leisel Jones (AUS)	Alexander Dale Oen (NOR) Rebecca Soni (USA)
200m breaststroke	M Kosuke Kitajima (JPN) W Rebecca Soni (USA)	Daniel Gyurta (HUN) Rebecca Soni (USA)
100m butterfly	M Michael Phelps (USA) W Lisbeth Trickett (AUS)	Michael Phelps (USA) Dana Vollmer (USA)
200m butterfly	M Michael Phelps (USA) W Liu Zige (CHN)	Michael Phelps (USA) Jiao Liuyang (CHN)
200m individual medley	M Michael Phelps (USA) W Stephanie Rice (AUS)	Ryan Lochte (USA) Ye Shiwen (CHN)
400m individual medley	M Michael Phelps (USA) W Stephanie Rice (AUS)	Ryan Lochte (USA) Elizabeth Beisel (USA)
4x100m freestyle relay	M USA W The Netherlands	Australia The Netherlands

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RECENT MAJOR CHAMPIONSHIP WINNERS continued

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
4x200m freestyle relay	M USA W Australia	USA USA
4x100m medley relay	M USA W Australia	USA USA
10km open water	M Maarten van der Weijden (NED) W Larisa Ilchenko (RUS)	Spyridon Gianniotis (GRE) Keri-Anne Payne (GBR)

RECORD TIMES

M = Men W = Women

	TIME	HOLDER	PLACE/DATE
50m freestyle	OR M 21.30	Cesar Cielo (BRA)	Beijing 2008
	WR M 20.91	Cesar Cielo (BRA)	Brazilian Championships 2009
	OR W 24.06	Britta Steffen (GER)	Beijing 2008
	WR W 23.73	Britta Steffen (GER)	World Championships 2009
100m freestyle	OR M 47.05	Eamon Sullivan (AUS)	Beijing 2008
	WR M 46.91	Cesar Cielo (BRA)	World Championships 2009
	OR W 53.12	Britta Steffen (GER)	Beijing 2008
	WR W 52.07	Britta Steffen (GER)	World Championships 2009
200m freestyle	OR M 1:42.96	Michael Phelps (USA)	Beijing 2008
	WR M 1:42.00	Paul Biedermann (GER)	World Championships 2009
	OR W 1:54.82	Federica Pellegrini (ITA)	Beijing 2008
	WR W 1:52.98	Federica Pellegrini (ITA)	World Championships 2009
400m freestyle	OR M 3:40.59	Ian Thorpe (AUS)	Sydney 2000
	WR M 3:40.07	Paul Biedermann (GER)	World Championships 2009
	OR W 4:02.19	Federica Pellegrini (ITA)	Beijing 2008
	WR W 3:59.15	Federica Pellegrini (ITA)	World Championships 2009
800m freestyle	OR W 8:14.10	Rebecca Adlington (GBR)	Beijing 2008
	WR W 8:14.10	Rebecca Adlington (GBR)	Olympic Games 2008
1500m freestyle	OR M 14:38.92	Grant Hackett (AUS)	Beijing 2008
	WR M 14:34.14	Sun Yang (CHN)	World Championships 2011

RECORD TIMES continued

M = Men W = Women

	TIME	HOLDER	PLACE/DATE
100m backstroke	OR 52.54	Aaron Peirsol (USA)	Beijing 2008
	WR 51.94	Aaron Peirsol (USA)	World Championships 2009
	OR 58.77	Kirsty Coventry (ZIM)	Beijing 2008
	WR 58.12	Gemma Spofforth (GBR)	World Championships 2009
200m backstroke	OR 1:53.94	Ryan Lochte (USA)	Beijing 2008
	WR 1:51.92	Aaron Peirsol (USA)	World Championships 2009
	OR 2:05.24	Kirsty Coventry (ZIM)	Beijing 2008
	WR 2:04.81	Kirsty Coventry (ZIM)	World Championships 2009
100m breaststroke	OR 58.91	Kosuke Kitajima (JPN)	Beijing 2008
	WR 58.58	Brenton Rickard (AUS)	World Championships 2009
	OR 1:05.17	Leisel Jones (AUS)	Beijing 2008
	WR 1:04.45	Jessica Hardy (USA)	US Open 2009
200m breaststroke	OR 2:07.64	Kosuke Kitajima (JPN)	Beijing 2008
	WR 2:07.31	Christian Sprenger (AUS)	World Championships 2009
	OR 2:20.22	Rebecca Soni (USA)	Beijing 2008
	WR 2:20.12	Annamay Pierse (CAN)	World Championships 2009
100m butterfly	OR 50.58	Michael Phelps (USA)	Beijing 2008
	WR 49.82	Michael Phelps (USA)	World Championships 2009
	OR 56.61	Inge de Bruijn (NED)	Sydney 2000
	WR 56.06	Sarah Sjostrom (SWE)	World Championships 2009
200m butterfly	OR 1:52.03	Michael Phelps (USA)	Beijing 2008
	WR 1:51.51	Michael Phelps (USA)	World Championships 2009
	OR 2:04.18	Liu Zige (CHN)	Beijing 2008
	WR 2:01.81	Liu Zige (CHN)	Chinese National Games 2009
200m individual medley	OR 1:54.23	Michael Phelps (USA)	Beijing 2008
	WR 1:54.00	Michael Phelps (USA)	World Championships 2011
	OR 2:08.45	Stephanie Rice (AUS)	Beijing 2008
	WR 2:06.15	Ariana Kukors (USA)	World Championships 2009
400m individual medley	OR 4:03.84	Michael Phelps (USA)	Beijing 2008
	WR 4:03.84	Michael Phelps (USA)	Olympic Games 2008
	OR 4:29.45	Stephanie Rice (AUS)	Beijing 2008
	WR 4:29.45	Stephanie Rice (AUS)	Olympic Games 2008

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RECORD TIMES continued

	TIME	HOLDER	PLACE/DATE
4x100m freestyle relay	OR 3:08.24	USA	Beijing 2008
	WR 3:08.24	USA	Olympic Games 2008
	OR 3:33.76	The Netherlands	Beijing 2008
	WR 3:31.72	The Netherlands	World Championships 2009
4x200m freestyle relay	OR 6:58.56	USA	Beijing 2008
	WR 6:58.55	USA	World Championships 2009
	OR 7:44.31	Australia	Beijing 2008
	WR 7:42.08	China	World Championships 2009
4x100m medley relay	OR 3:29.34	USA	Beijing 2008
	WR 3:27.28	USA	World Championships 2009
	OR 3:52.69	Australia	Beijing 2008
	WR 3:52.19	China	World Championships 2009

EVENTS SCHEDULE

M = Men's events W = Women's events 🏅 = Medal race

DATE	EVENT	
28 July	10:00-13:00	100m breaststroke: heats
		400m freestyle: heats
		400m individual medley: heats
		100m butterfly: heats
		400m individual medley: heats
		4 x 100m freestyle relay: heats
	19:30-21:15	100m breaststroke: semi-finals
		🏅 400m freestyle: final, victory ceremony
		🏅 400m individual medley: final, victory ceremony
		100m butterfly: semi-finals
	🏅 400m individual medley: final, victory ceremony	
	🏅 4 x 100m freestyle relay: final, victory ceremony	
29 July	10:00-12:50	100m backstroke: heats
		200m freestyle: heats
		4 x 100m freestyle relay: heats
		100m backstroke: heats

EVENTS SCHEDULE continued

DATE	EVENT
19:30-21:25	100m breaststroke: heats
	400m freestyle: heats
	100m backstroke: semi-finals
	200m freestyle: semi-finals
	🏆 100m breaststroke : final, victory ceremony
	🏆 4 x 100m freestyle relay : final, victory ceremony
	100m backstroke: semi-finals
	100m breaststroke: semi-finals
	🏆 100m butterfly : final, victory ceremony
	🏆 400m freestyle : final, victory ceremony
30 July	10:00-11:40
	19:30-21:15
19:30-21:15	200m butterfly: heats
	200m freestyle: heats
	200m individual medley: heats
	200m butterfly: semi-finals
	🏆 100m backstroke : final, victory ceremony
	🏆 200m freestyle : final, victory ceremony
	200m freestyle: semi-finals
	200m individual medley: semi-finals
	🏆 100m backstroke : final, victory ceremony
	🏆 100m breaststroke : final, victory ceremony
31 July	10:00-12:15
	19:30-21:20
19:30-21:20	100m freestyle: heats
	200m breaststroke: heats
	4 x 200m freestyle relay: heats
	200m butterfly: heats
	100m freestyle: semi-finals
	200m breaststroke: semi-finals
	🏆 200m butterfly : final, victory ceremony
	🏆 4 x 200m freestyle relay : final, victory ceremony
	200m butterfly: semi-finals
	🏆 200m freestyle : final, victory ceremony
🏆 200m individual medley : final, victory ceremony	

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EVENTS SCHEDULE continued

DATE	EVENT
1 Aug	10:00-13:05
	19:30-21:35
	200m backstroke: heats
	200m individual medley: heats
	100m freestyle: heats
	200m breaststroke: heats
	4 x 200m freestyle relay: heats
	200m backstroke: semi-finals
	200m individual medley: semi-finals
	🏆 100m freestyle : final, victory ceremony
2 Aug	10:00-12:10
	19:30-21:05
	50m freestyle: heats
	100m butterfly: heats
	200m backstroke: heats
	800m freestyle: heats
	50m freestyle: semi-finals
	100m butterfly: semi-finals
	🏆 200m backstroke : final, victory ceremony
	🏆 200m individual medley : final, victory ceremony
3 Aug	10:00-12:50
	19:30-20:50
	200m backstroke: semi-finals
	🏆 100m freestyle : final, victory ceremony
	🏆 200m breaststroke : final, victory ceremony
	1500m freestyle: heats
	4 x 100m medley relay: heats
	50m freestyle: heats
	4 x 100m medley relay: heats
	🏆 50m freestyle : final, victory ceremony
🏆 100m butterfly : final, victory ceremony	
50m freestyle: semi-finals	
🏆 200m backstroke : final, victory ceremony	
🏆 800m freestyle : final, victory ceremony	

EVENTS SCHEDULE continued

DATE	EVENT	
4 Aug	19:30-21:00	1500m freestyle: final, victory ceremony
		4 x 100m medley relay: final, victory ceremony
		50m freestyle: final, victory ceremony
		4 x 100m medley relay: final, victory ceremony
9 Aug	12:00-15:00	10km open water: victory ceremony
10 Aug	12:00-15:00	10km open water: victory ceremony

Great Britain will compete in every men's and every women's event

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REBECCA ADLINGTON

Event: 400m freestyle, 800m freestyle, 4x200m freestyle relay
Born: 17.02.1989, Mansfield
Lives: Nottingham
Height: 1.79m (5ft 10ins)
Weight: 70kg (11st)
Club: Nova Centurion
Coach: Bill Furniss
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (400m free), gold (800m free) 2008. **WCh:** 24th (200m free), silver (400m free), gold (800m free) 2011; bronze (400m free), 4th (800m free), bronze (4x200m free) 2009. **CG:** bronze (200m free), gold (400m free), gold (800m free), bronze (4x200m free) 2010. **ECh:** gold (400m free), bronze (4x200m free) 2010; silver (800m free) 2006.

Rebecca Adlington became a household name after winning double gold at the Beijing Olympics in 2008 but made her senior British debut at the 2006 European Championships in Hungary, winning 800m freestyle silver.

Adlington treated herself to a pair of Christian Louboutin shoes after her Olympic success in China and wants a Chanel bag if success is forthcoming in London.

She qualified for the 400m and 800m freestyle events for London 2012, setting then world-leading times in both at the trials at the Aquatics Centre in March.

Adlington still holds the 800m freestyle world record, clocking 8:14.10 minutes on the way to Olympic gold in 2008, but will face stiff competition from Denmark's Lotte Friis in that particular event in London.

Italian Federica Pellegrini and France's Camille Muffat will be among her main rivals in the 400m and if her superstition is anything to go by she will be wearing a new race costume at the Games.

@BeckAdlington

SOPHIE ALLEN

Event: 200m individual medley
Born: 21.03.1992, Lincoln
Lives: Cheadle
Height: 1.70m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Club: Stockport ITC
Coach: Lars Humer, Sean Kelly
Games attended: None



Major achievements: **ECh:** silver (200m IM) 2012. **EJCh:** silver (200m IM) 2008.

Sophie Allen learnt to swim as a way of keeping active as a child and lists cake decorating as her favourite hobby. Torn cartilage in her left hip, which required arthroscopy, seriously affected Allen's 2010 season. She won 200m individual medley silver at the European Junior Championships in 2008 and qualified for London 2012 by finishing second in the same event at the Olympic trials in March. Allen won European 200m medley silver in May.

@SophieAllen12

ROBERT BALE

Event: 4x200m freestyle relay
Born: 19.07.1990, Manchester
Lives: Stirling
Height: 1.74m (5ft 9ins)
Weight: 69kg (10st 12lbs)
Club: Stirling ITC
Coach: Rob Greenwood
Games attended: None



Major achievements: **WCh:** 7th (4x200m free) 2009. **WYCh:** silver (200m free), gold (4x200m free), gold (4x100m med.) 2008. **EJCh:** gold (200m free), gold (4x200m free) 2008.

Robert Bale's aunt swam to international level while his dad was a Scottish university champion and his granddad used to coach. A keen surfer, Bale started taking swimming seriously aged ten and says watching Steve Parry win Olympic 200m butterfly bronze at Athens 2004 is one of his favourite memories in the sport.

@rob_bale

CRAIG BENSON

Event: 100m breaststroke
Born: 30.04.1994, Livingston
Lives: Livingston
Height: 1.83m (6ft)
Weight: 76kg (12st)
Club: Warrender Baths
Coach: Laurel Bailey
Games attended: None



Major achievements: **WJCh:** silver (50m breast), gold (100m breast) 2011. **EJCh:** silver (100m breast) 2011. **CG:** gold (50m breast), gold (100m breast), gold (200m breast), silver (4x100m med.) 2011.

Craig Benson upset British regulars Michael Jamieson and Kris Gilchrist to win 100m breaststroke silver at the Olympic trials in March. He enjoyed a successful 2011 and lists winning 100m breaststroke gold at the World Junior Championships that year as his most memorable achievement to date.

@CraigBenson94

ADAM BROWN

Event: 50m freestyle, 100m freestyle, 4x100m freestyle relay
Born: 16.01.1989, Cambridge
Lives: Gamlingay
Height: 1.96m (6ft 5ins)
Weight: 95kg (14st 13lbs)
Club: Hatfield
Coach: Nick Juba
Games attended: One (Beijing 2008)



Major achievements: **OG:** 8th (4x100m free) 2008. **WCh:** 13th (50m free), 21st (100m free), 8th (4x100m free), 6th (4x100m med.) 2011; 40th (50m free), 7th (4x100m free) 2009. **CG:** silver (4x100m free), bronze (4x100m med.) 2010.

Brown returned to the UK late in 2011 after more than two years spent at Auburn University in America. He ranks his best achievement as reaching the 50m freestyle semi-final at the Shanghai World Championships in 2011.

@AdamBrownSwim

SIMON BURNETT

Event: 4x100m freestyle relay
Born: 14.04.1983, Oxford
Lives: Tucson, USA
Height: 1.89m (6ft 2ins)
Weight: 83kg (13st 1lb)
Club: Arizona, USA
Coach: Rick Demont
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 8th (4x100m free), 6th (4x100m med.) 2008; 7th (200m free), 4th (4x200m free) 2004. **WCh:** 23rd (50m free), 25th (100m free), 8th (4x100m free) 2011. **CG:** silver (100m free), silver (4x100m free), bronze (4x100m med.) 2010; gold (100m free), silver (200m free), gold (4x200m free) 2006; bronze (4x200m free). **ECh:** silver (4x200m free), bronze (4x100m med.) 2006.

Simon Burnett has long been based in Arizona in America – tying the knot with fellow swimmer Whitney Myers late in 2011. An all-round sportsman Burnett has interests in American football, beach volleyball and yoga.

@TheSimonBurnett

DAVID CARRY

Event: 400m freestyle, 4x200m freestyle relay
Born: 08.10.1981, Aberdeen
Lives: Cheadle Hulme
Height: 1.84m (6ft)
Weight: 75kg (11st 11lbs)
Club: Stockport ITC
Coach: Sean Kelly, Lars Humer
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 15th (400m free), 6th (4x200m free) 2008; 4th (4x200m free) 2004. **WCh:** 15th (400m free), 6th (4x200m free) 2011; 7th (4x200m free) 2009. **CG:** bronze (400m free), silver (4x200m free) 2010; gold (400m IM), silver (4x200m free) 2006. **ECh:** silver (4x200m free) 2006.

David Carry booked himself a swim in the 400m freestyle at the second Olympic trials in June – recording a new personal best of 3:46.86minutes. Carry is the oldest member of the British team.

@davidcarry

ROSS DAVENPORT

Event: 4x200m freestyle relay
Born: 23.05.1984, Derby
Lives: Loughborough
Height: 1.87m (6ft 2ins)
Weight: 76kg (12st)
Club: Loughborough ITC
Coach: Ben Titley
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 10th (200m free), 8th (4x100m free), 6th (4x200m free) 2008; 4th (4x200m free) 2004. **WCh:** 10th (200m free), 6th (4x200m free) 2011; 11th (200m free), 7th (4x100m free) 2009. **CG:** silver (4x200m free) 2010; gold (200m free), gold (4x200m free), silver (4x100m med.) 2006. **ECh:** silver (4x200m free).

Ross Davenport followed his older brother, Ashley, into swimming but would have equally liked to have pursued a career as a footballer. He made his senior international debut at the 2003 World Championships in Barcelona.

@SwimmerRoss

DAVID DAVIES

Event: 1500m freestyle
Born: 03.03.1985, Cardiff
Lives: Cardiff
Height: 1.90m (6ft 3ins)
Weight: 84kg (13st 3lbs)
Club: City of Cardiff
Coach: David Haller
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 6th (1500m free), silver (10km open water) 2008; bronze (1500m free) 2004. **WCh:** 8th (400m free), 4th (800m free), 6th (1500m free) 2009; bronze (1500m free) 2007; bronze (1500m free) 2005. **CG:** bronze (400m free), gold (1500m free) 2006. **ECh:** silver (1500m free) 2008. **BCh:** silver (1500m free) 2012.

David Davies is the only British swimmer to have medalled at both the Athens Olympics in 2004 and the Beijing Games in 2008, winning 1500m freestyle bronze in Greece and 10km open water silver in China.

Davies collapsed exhausted after his 10km open water efforts in Beijing, which in turn was the last time he has competed in the event at a major global competition.

He relocated back to Cardiff from Loughborough, where he had been since 2007, in 2010 – linking up with coach David Haller, who had been teaching him since he was a boy, once again.

Davies pulled out of the World Championships in 2011 through fatigue but booked his Olympic place after taking silver in the 1500m freestyle at the trials back in March.

He won't get the chance to upgrade the 10km open water silver he won in Beijing in London after losing out to Daniel Fogg at the Olympic qualifier in June.

Davies is an avid Cardiff City FC fan.



GEORGIA DAVIES

Event: 100m backstroke
Born: 11.10.1990, London
Lives: Swansea
Height: 1.75m (5ft 9ins)
Weight: 60kg (9st 6lbs)
Club: Swansea Performance ITC
Coach: Bud McAllister
Games attended: None



Major achievements: **WCh:** 10th (50m back), 6th (4x100m med.) 2011. **CG:** bronze (50m back) 2010. **ESCh:** silver (50m back) 2011.

Georgia Davies upset British regular, and European 100m backstroke silver medallist, Lizzie Simmonds to book an Olympic swim in March.

She made her world debut in the shorter non-Olympic 50m backstroke in 2011. Davies overcame a broken wrist in 2010, maintaining her fitness by cycling on a static bike.

@Ge0rgiaDavies90

JAMES DISNEY-MAY

Event: 4x100m freestyle relay
Born: 04.08.1992, Chertsey
Lives: Auburn, USA
Height: 1.92m (6ft 4ins)
Weight: 78kg (12st 4lbs)
Club: Auburn Tigers, USA
Coach: Brett Hawke
Games attended: None



Major achievements: **EJCh:** silver (4x100m free) 2010.

Much like fellow sprint freestyle swimmer Simon Burnett, James Disney-May bases himself in America – training and studying at Auburn University and his 100m silver at the Olympic trials in March guaranteed him a relay spot.

He was part of the 4x100m freestyle relay team for the World Championships in 2011 and, despite not swimming in Shanghai, says that is his most memorable achievement.

@JamesDisneyMay

ELEANOR FAULKNER

Event: 800m freestyle, 4x200m freestyle relay
Born: 05.01.1993, Sheffield
Lives: Sheffield
Height: 1.65m (5ft 5ins)
Weight: 55kg (8st 9lbs)
Club: City of Sheffield
Coach: Russ Barber
Games attended: None



Major achievements: **YOG:** bronze (400m free) 2010. **EJCh:** gold (4x200m free) 2009.

Eleanor Faulkner underlined her potential at the inaugural Youth Olympic Games in Singapore in 2010 – winning 400m freestyle bronze.

Faulkner was one of just two British swimmers at the Youth Olympics and will compete over double the distance at London 2012 – booking her place with silver behind Rebecca Adlington at the trials in March.



DANIEL FOGG

Event: 1500m freestyle, 10km open water
Born: 24.08.1987, London
Lives: Loughborough
Height: 1.79m (5ft 11ins)
Weight: 74kg (11st 9lbs)
Club: Loughborough ITC
Coach: Kevin Renshaw
Games attended: None



Major achievements: **WCh:** 14th (1500m free), 15th (10km open water) 2011; 18th (5km open water) 2010; 17th (10km open water) 2009; 20th (5km open water) 2008. **CG:** bronze (1500m free) 2010.

Daniel Fogg started out at Borough of Waltham Forest SC and will swim the 1500m freestyle in London after winning gold at the trials in a new English record of 14:55.30minutes. He became only the third Brit to duck under 15 minutes and edged out David Davies to a 10km open water place following June's Olympic qualifier.

@daniel_fogg

ELLEN GANDY

Event: 100m butterfly, 200m butterfly
Born: 15.08.1991, Bromley
Lives: Balwyn North, Australia
Height: 1.69m (5ft 7ins)
Weight: 62kg (9st 11lbs)
Club: Nunawading, Australia
Coach: Rohan Taylor
Games attended: One (Beijing 2008)



Major achievements: **OG:** 15th (200m fly) 2008. **WCh:** 20th (50m fly), 5th (100m fly), silver (200m fly), 6th (4x100m med.) 2011. **CG:** silver (100 fly), bronze (200m fly), silver (4x100m med.) 2010. **ECh:** bronze (200m fly) 2010.

Ellen Gandy was the youngest member of the British swimming team at Beijing 2008 and broke the British 100m butterfly record in winning gold at the Olympic trials in March. Gandy has been based in Australia since 2007.

@EllyGandy

CRAIG GIBBONS

Event: 4x100m freestyle relay
Born: 29.11.1985, High Wycombe
Lives: Aylesbury
Height: 1.78m (5ft 10ins)
Weight: 84kg (13st 3lbs)
Club: Maxwell
Coach: Kevin Brooks
Games attended: None



Major achievements: **EJCh:** bronze (4x100m free), bronze (4x100m med.) 2003.

Should Craig Gibbons swim as part of Britain's 4x100m freestyle relay team at London 2012 it will be his first major global international event since the World Short Course Championships in Manchester in the last Olympic year in 2008. Bronze in the 100m freestyle at the Olympic trials in March earned Gibbons a place on the team for London 2012.

@craiggibbons85

JAMES GODDARD

Event: 200m individual medley
Born: 30.03.1983, Seychelles
Lives: Stockport
Height: 1.83m (6ft)
Weight: 82kg (12st 13lbs)
Club: Stockport ITC
Coach: Sean Kelly, Lars Humer
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 6th (200m IM) 2008; 4th (200m back) 2004. **WCh:** 4th (200m IM) 2011; 6th (200m IM) 2009. **CG:** gold (200m back), gold (200m IM) 2010; gold (200m back), bronze (200m IM) 2002. **ECh:** silver (200m IM) 2012.

James Goddard will compete in just the one event in London after a shoulder injury – and a schedule clash – forced him to opt out of the 200m backstroke. He is an avid Manchester City FC fan and his daughter Evie was born just before the Beijing Olympics in May 2008.

@JamesGoddard83

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FRAN HALSALL

Event: 50m freestyle, 100m freestyle, 100m butterfly, 4x100m freestyle relay
Born: 12.04.1990, Southport
Lives: Loughborough
Height: 1.72m (5ft 8ins)
Weight: 59kg (9st 4lbs)
Club: Loughborough ITC
Coach: Ben Tittley
Games attended: One (Beijing 2008)



Major achievements: **OG:** 10th (50m free), 8th (100m free), 21st (100m fly), 7th (4x100m free), 4th (4x100m med.), 9th (4x200m free) 2008. **WCh:** 4th (50m free), 4th (100m free), 9th (4x100m free), 6th (4x100m med.) 2011; 5th (50m free), silver (100m free), 7th (4x100m free), 4th (4x100m med.) 2009. **CG:** silver (50m free), bronze (100m free), gold (50m fly), silver (4x100m free), silver (4x100m med.) 2010; silver (4x100m free), silver (4x100m med.) 2008. **ECh:** bronze (50m free), gold (100m free), silver (100m fly), silver (4x100m free), gold (4x100m med.) 2010; gold (4x100m med.) 2008; gold (4x100m med.) 2006.

Fran Halsall will officially be Britain's busiest swimmer in London having taken gold in both the 50m and 100m freestyle and silver in the 100m butterfly at the Olympic trials in March.

As well as swimming those three events, Halsall will also form part of Britain's 4x100m freestyle team and will be expected to form part of the 4x100m medley relay quartet.

In total Halsall will therefore compete in five events in London however on her Olympic debut in Beijing in 2008 she actually swam six – the 4x200m freestyle missing from her repertoire this time.

Halsall used to live with fellow swimmer Lizzie Simmonds but now lives with boyfriend and GB hockey player Alastair Wilson after they met at the Beijing Games.

After winning world 100m freestyle silver in Rome in 2009, Halsall treated herself to a new dog, a Lhasa Apso, and is one of the most charismatic members of Britain's Olympic team.

Halsall overcame surgery to fix an ongoing ankle problem in 2011 and was scouted by her new coach, Ben Tittley, as a 12-year-old while swimming for City of Liverpool.

@franhalsall

KATE HAYWOOD

Event: 100m breaststroke
Born: 01.04.1987, Grimsby
Lives: Melbourne, Australia
Height: 1.78m (5ft 10ins)
Weight: 68kg (10st 10lbs)
Club: Nunawading, Australia
Coach: Rohan Taylor
Games attended: One (Beijing 2008)



Major achievements: **OG:** 11th (100m breast), 4th (4x100m med.) 2008. **WCh:** 9th (50m breast) 2011; 7th (50m breast), 7th (100m breast) 2007; **CG:** bronze (50m breast), bronze (100m breast), silver (4x100m med.) 2010; silver (4x100m med.) 2006; bronze (4x100m med.) 2002. **ECh:** silver (50m breast), gold (4x100m med.) 2010; gold (4x100m med.) 2008; silver (50m breast) 2006.

Kate Haywood almost gave up on appearing at a second Olympics after missing the whole of the 2009 season with a hip injury. But, having fully recovered, she qualified in March while she moved to train in Melbourne late in 2010.

@katehaywood

JOANNE JACKSON

Event: 400m freestyle, 4x200m freestyle
Born: 12.09.1986, Northallerton
Lives: Loughborough
Height: 1.85m (6ft 1in)
Weight: 76kg (12st)
Club: Loughborough ITC
Coach: Ben Tittley
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 14th (200m free), bronze (400m free), 9th (4x200m free) 2008; 21st (400m free) 2004. **WCh:** 23rd (200m free), 6th (4x200m free) 2011; 4th (200m free), silver (400m free), silver (800m free), bronze (4x200m free) 2009. **CG:** bronze (4x200m free) 2010; silver (400m free), silver (4x200m free) 2006. **ECh:** silver (4x100m free), bronze (4x200m free) 2010; silver (4x200m free) 2008; silver (400m free) 2006.

Jo Jackson was the only other swimmer aside from Rebecca Adlington to win a medal in the pool at the Beijing Olympics in 2008 – collecting 400m freestyle bronze behind her British teammate.

She struggled with asthma-related injuries following the winter of 2009, fearing she wouldn't reach the London Games, but silver in the 400m at the trials in March secured her place.

Jackson is the younger sister of Nicola Jackson – who won world 4x200m freestyle relay gold in 2001 and who swam at the Sydney Olympics the year before.

@JoanneJackson86

ANTONY JAMES

Event: 100m butterfly
Born: 05.11.1989, Plymouth
Lives: Plymouth
Height: 1.80m (5ft 11ins)
Weight: 75kg (11st 11lbs)
Club: Plymouth Leander
Coach: Jon Rudd
Games attended: None



Major achievements: **WCh:** 15th (50m fly), 19th (100m fly) 2011. **CG:** silver (100m fly), bronze (4x100m med.).

Antony James won silver in the 100m butterfly at the British Championships in March but had to wait until the second trials in June to secure his place on Team GB.

James won the 100m butterfly in Sheffield and made his senior British debut at the 2009 European Short Course Championships.

@AntonyJamesFly

MICHAEL JAMIESON

Event: 100m breaststroke, 200m breaststroke
Born: 05.08.1988, Glasgow
Lives: Bath
Height: 1.86m (6ft 1in)
Weight: 81kg (12st 11lbs)
Club: Bath ITC
Coach: David McNulty
Games attended: None



Major achievements: **WCh:** 16th (100m breast), 5th (200m breast) 2011. **CG:** silver (200m breast) 2010.

Michael Jamieson's mother was a swimmer while his father played football for Alloa, Stenhousemuir and Hearts. He suffered a ruptured ATFL ligament in 2011 but recovered to finish fifth in the 200m breaststroke at the worlds that year. Jamieson booked an Olympic swim in the 200m with silver at the trials in March and was chosen as Daniel Sliwinski's replacement in the 100m.

@mj88live

IEUAN LLOYD

Event: 200m freestyle, 4x200m freestyle relay
Born: 09.07.1993, Cardiff
Lives: Penarth
Height: 1.93m (6ft 4ins)
Weight: 80kg (13st 1lb)
Club: City of Cardiff
Coach: David Haller
Games attended: None



Major achievements: **EJCh:** gold (200m IM), gold (4x200m free) 2011; silver (200m IM), silver (4x200m free) 2010. **CYG:** silver (100m free), gold (200m free), bronze (400m free), gold (200m IM), gold (4x200m free) 2011.

Ieuan Lloyd boasts an impressive junior record and assured himself of a relay place at London 2012 after claiming silver in the 200m freestyle at the trials in March. He made sure of an individual place in the 200m as well after winning the second trials in June.



JESSICA LLOYD

Event: 4x100m freestyle relay
Born: 14.03.1995, Oldham
Lives: Oldham
Height: 1.78m (5ft 10ins)
Weight: 80kg (12st 8lbs)
Club: City of Manchester
Coach: Mark Rose
Games attended: None



Major achievements: **WJCh:** bronze (4x100m free) 2011. **EJCh:** bronze (100m free), silver (4x100m free), gold (4x100m med.) 2011; silver (4x100m free) 2010.

Jessica Lloyd was the youngest member of the first batch of British swimmers selected for the Olympics following the trials in March – booking herself a 4x100m freestyle relay spot. It came after Lloyd finished fourth in the 100m freestyle and should she swim in London, it will be her major senior international debut.

@jessicalloyd308

MARCO LOUGHRAN

Event: 200m backstroke
Born: 24.03.1989, Wimbledon
Lives: Surbiton
Height: 1.86m (6ft 1in)
Weight: 75kg (11st 11lbs)
Club: Guildford City
Coach: Josh Williamson
Games attended: None



Major achievements: **WCh:** 29th (50m back), 24th (100m back), 22nd (200m back) 2009. **EJCh:** silver (50m back), gold (100m back), silver (200m back), silver (4x100m med. relay) 2007; bronze (4x100m med. relay) 2006.

As a junior Marco Loughran trained at British Swimming's Offshore Centre in Queensland while he also studied and swam at the University of Florida. He returned to the UK in January this year to prepare for London 2012 – booking his place in the 200m backstroke with silver at the second Olympic trials in June.

@MarcoL89

JEMMA LOWE

Event: 200m butterfly
Born: 31.03.1990, Hartlepool
Lives: Swansea
Height: 1.71m (5ft 7ins)
Weight: 58kg (9st 2lbs)
Club: Swansea ITC
Coach: Bud McAllister
Games attended: One (Beijing 2008)



Major achievements: **OG:** 6th (100m fly), 9th (200m fly), 4th (4x100m med.) 2008. **WCh:** 8th (100m fly), 7th (200m fly) 2011; 26th (50m fly), 17th (100m fly) 2009. **CG:** bronze (100m fly) 2010. **ECh:** gold (4x100m med.) 2008.

Jemma Lowe booked an Olympic swim in the 200m butterfly with silver behind Ellen Gandy, her room-mate at the 2011 World Championships, at the trials in March. She attended the University of Florida between 2008 and 2010 and her sister Naomi appeared on X Factor in 2011.



CAITLIN McCLATCHEY

Event: 200m freestyle, 4x100m freestyle relay, 4x200m freestyle relay
Born: 28.11.1985, Portsmouth
Lives: Loughborough
Height: 1.70m (5ft 7ins)
Weight: 57kg (9st)
Club: Loughborough University
Coach: Ian Armiger
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 6th (200m free), 7th (4x100m free) 2008; 5th (4x200m free) 2004. **WCh:** 9th (4x100m free), 6th (4x200m free) 2011; 9th (200m free), 7th (4x100m free), bronze (4x200m free) 2009; **CG:** gold (200m free), gold (400m free) 2006. **ECh:** silver (4x200m free) 2008; bronze (400m free) 2006.

Caitlin McClatchey's uncle Alan won 4x200m freestyle relay bronze at Montreal 1976 and credits him, plus her parents John and Louise who swam at the Commonwealth Games, for inspiring her to take up the sport.

@CaitMcClatchey

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HANNAH MILEY

Event: 200m individual medley, 400m individual medley
Born: 08.08.1989, Swindon
Lives: Inverurie
Height: 1.66m (5ft 4ins)
Weight: 54kg (8st 6lbs)
Club: Garioch
Coach: Patrick Miley
Games attended: One (Beijing 2008)



Major achievements: **OG:** 11th (200m IM), 6th (400m IM), 9th (4x200m free) 2008. **WCh:** 7th (200m IM), silver (400m IM), 6th (4x200m free) 2011; 6th (200m IM), 4th (400m IM) 2009. **CG:** gold (400m IM) 2010. **ECh:** bronze (200m IM), gold (400m IM), bronze (4x200m free) 2010.

Hannah Miley is coached by her father Patrick, a former soldier who works as a helicopter pilot for a North Sea oil company. She is a firm believer that without her father as her coach she would not be where she is now while Miley has a formidable record at the British Championships.

Miley took her seventh successive 400m individual medley title at the trials back in March while she recorded her sixth in the 200m medley en route to booking Olympic swims in both.

The Scot claimed her first major international long course title at the European Championships in 2010 in the 400m medley, following that up with Commonwealth gold the same year.

Miley won world 400m medley silver in 2011 while she considers the American swimmer Misty Hyman, who took a shock gold in the 200m butterfly at the Sydney 2000 Olympics, as her hero.

@HannahMiley89

SIOBHAN-MARIE O'CONNOR

Event: 100m breaststroke
Born: 29.11.1995, Bath
Lives: Bath
Height: 1.70m (5ft 7ins)
Weight: 60kg (9st 6lbs)
Club: Bath ITC
Coach: David McNulty, Graeme Antwhistle
Games attended: None



Major achievements: **WCh:** 13th (200m IM) 2011. **EJCh:** gold (200m IM), gold (400m IM), silver (4x100m free relay), gold (4x100m med. relay) 2011.

Siobhan-Marie O'Connor became the youngest British swimmer to qualify for London 2012 after winning gold in the 100m breaststroke at the second trials in June – missing her school prom to compete in Sheffield.

She missed out on selection for the 200m medley, the event she made her World Championship debut in last year, to Hannah Miley and Sophie Allen at the first trials in March.

@SiobhanMOConnor

ROBERTO PAVONI

Event: 200m butterfly, 400m individual medley
Born: 22.03.1991, Harold Wood
Lives: Loughborough
Height: 1.76m (5ft 9ins)
Weight: 72kg (11st 5lbs)
Club: Loughborough ITC
Coach: Kevin Renshaw
Games attended: None



Major achievements: **WCh:** 8th (400m IM) 2011. **EJCh:** gold (400m IM) 2009; silver (200m fly), bronze (200m IM), gold (400m IM) 2008.

Roberto Pavoni learnt to swim at Brentwood Swimming Club and spent two-and-a-half years training under coach Chris Nesbit at British Swimming's Offshore Centre on Australia's Gold Coast.

He booked a place at London 2012 with 200m butterfly silver and 400m medley gold at the trials in March. His father is from Rome.

@Roberto_Pavoni

KERI-ANNE PAYNE

Event: 10km open water
Born: 09.12.1987, Johannesburg, South Africa
Lives: Manchester
Height: 1.75m (5ft 9ins)
Weight: 66kg (11st 6lbs)
Club: Stockport ITC
Coach: Sean Kelly, Lars Humer
Games attended: One (Beijing 2008)



Major achievements: **OG:** 15th (400m IM), silver (10km open water) 2008. **WCh:** 12th (1500m free), gold (10km open water) 2011; 8th (10km open water) 2010; 13th (400m IM), gold (10km open water) 2009. **CG:** bronze (400m IM) 2010.

Keri-Anne Payne was the first Brit to qualify for the London 2012 Olympics after winning 10km open water marathon gold at the World Championships in Shanghai in July 2011.

However her official selection didn't come until just after the Olympic trials in March, where she failed to add any swims in the pool to her already secured open water place.

Born in Johannesburg to British parents, Payne was eight when she impressed then performance director Bill Sweetenham at a training camp in South Africa.

Aged 13, Payne moved to Britain with her family to live in Heywood and she soon joined Stockport Metro and met her long-standing coach Sean Kelly.

It was Kelly who put the thought of open water swimming in her head as a solution to regain funding following a failure to win a medal at the 2006 Commonwealth Games in Melbourne.

Payne won silver as open water swimming was added to the Olympic programme for the Beijing Games in 2008, sharing the limelight with teammate Cassie Patten who took bronze but has since retired. She plans to marry fellow swimmer David Carry after the Olympics.

@KeriannePayne

STEPH PROUD

Event: 200m backstroke
Born: 29.08.1988, Durham
Lives: Gainesville, USA
Height: 1.69m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Club: Gator, USA
Coach: Martyn Wilby
Games attended: None



Major achievements: **WCh:** 13th (200m back) 2011. **WUG:** gold (200m back) 2009.

Steph Proud enjoyed great success as a junior and won nine medals in total, including three golds, across the 2003 and 2004 editions of the European Junior Championships. She made her World Championship debut in 2011, finishing 13th in the 200m backstroke – the event that she will swim in London after qualifying at the second trials in June. Proud trains with British teammate Gemma Spofforth at the University of Florida.

@StephProud88

ROBBIE RENWICK

Event: 200m freestyle, 400m freestyle, 4x200m freestyle relay
Born: 21.07.1988, Abu Dhabi, UAE
Lives: Glasgow
Height: 1.85m (6ft 1in)
Weight: 80kg (12st 8lbs)
Club: City of Glasgow
Coach: Graham Wardell
Games attended: One (Beijing 2008)



Major achievements: **OG:** 8th (200m free), 6th (4x200m free) 2008. **WCh:** 12th (200m free), 18th (400m free), 6th (4x200m free) 2011; 14th (400m free), 7th (4x200m free) 2009. **CG:** gold (200m free), silver (4x200m free) 2010; silver (4x200m free) 2006.

Robbie Renwick won 200m and 400m freestyle gold at March's British Championships to book his Olympic place. It was the first time in his career that he had won two events. Renwick is influenced by former coach Eileen Adams, who died in 2010.

@RobbieRenwick

MICHAEL ROCK

Event: 100m butterfly
Born: 13.03.1987, Liverpool
Lives: Stockport
Height: 1.80m (5ft 11ins)
Weight: 78kg (12st 4lbs)
Club: Stockport ITC
Coach: Sean Kelly, Lars Humer
Games attended: One (Beijing 2008)



Major achievements: **OG:** 27th (100m fly), 12th (200m fly), 6th (4x100m med.) 2008. **WCh:** 25th (100m fly), 16th (200m fly) 2011; 13th (100m fly), 7th (200m fly) 2009. **CG:** silver (200m fly) 2010.

Michael Rock once beat Michael Phelps at a duel in the pool meet in 2009 and is a graduate from the University of Manchester with a degree in law. Rock, an avid Liverpool FC fan, is inspired by the leadership and drive of Steven Gerrard. He can play the piano to a grade seven standard.

@RockySwimmer

JOE ROEBUCK

Event: 200m butterfly, 200m individual medley, 400m individual medley
Born: 05.06.1985, Rotherham
Lives: Loughborough
Height: 1.88m (6ft 2ins)
Weight: 80kg (12st 8lbs)
Club: Loughborough University
Coach: Ian Armiger
Games attended: None



Major achievements: **WCh:** 24th (200m fly), 19th (200m IM), 10th (400m IM) 2011; 25th (200m fly), 14th (200m IM) 2009. **CG:** silver (200m IM), silver (400m IM) 2010. **ECh:** bronze (200m IM) 2010.

Having missed out on Beijing 2008, Joe Roebuck won 200m butterfly and 200m medley gold as well as 400m medley silver at the Olympic trials to earn London 2012 selection in all three events. He is the only British male to have booked himself three individual swims.

@JoeRoebuck

ELIZABETH SIMMONDS

Event: 200m backstroke
Born: 22.01.1991, Beverley
Lives: Loughborough
Height: 1.71m (5ft 7ins)
Weight: 60kg (9st 6lbs)
Club: Loughborough ITC
Coach: Ben Titley
Games attended: One (Beijing 2008)



Major achievements: **OG:** 10th (100m back), 6th (200m back) 2008. **WCh:** 7th (100m back), 7th (200m back) 2011; 7th (100m back), 5th (200m back) 2009. **CG:** silver (200m back) 2010. **ECh:** silver (100m back), gold (200m back) 2010; gold (4x100m med.) 2008.

Lizzie Simmonds will swim just the 200m backstroke at the Olympics – the first time she has not combined it with the shorter 100m event at a major international meet since 2007. Gold in the 200m at the Olympic trials, was the fifth time she had won the British title.

@QueenMond

AMY SMITH

Event: 50m freestyle, 100m freestyle, 4x100m freestyle relay
Born: 24.07.1987, Kidderminster
Lives: Loughborough
Height: 1.72m (5ft 8ins)
Weight: 59kg (9st 4lbs)
Club: Loughborough University
Coach: Ian Armiger
Games attended: None



Major achievements: **WCh:** 16th (100m free), 9th (4x100m free) 2011; 7th (4x100m free) 2009. **CG:** silver (4x100m free) 2010; silver (4x100m free) 2006. **ECh:** silver (4x100m free), gold (4x100m med.) 2010.

Having made her senior international debut at the Melbourne Commonwealth Games in 2006, and won 4x100m freestyle relay silver, Amy Smith will make her Olympic debut in London. She booked her place with silver in the 50m and 100m freestyle at the trials.

@SwimAmySmith

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GEMMA SPOFFORTH

Event: 100m backstroke
Born: 17.11.1987, Shoreham
Lives: Gainesville, America
Height: 1.83m (6ft)
Weight: 85kg (13st 5lbs)
Club: Gator, USA
Coach: Martyn Wilby
Games attended: One (Beijing 2008)



Major achievements: **OG:** 4th (100m back), 9th (200m back), 4th (4x100m med.) 2008. **WCh:** 13th (50m back), 23rd (100m back) 2011; gold (100m back), 4th (200m back), 4th (4x100m med.) 2009. **CG:** silver (50m back), silver (100m back), silver (4x100m med.) 2010. **ECh:** gold (100m back), silver (200m back), gold (4x100m med.) 2010.

Gemma Spofforth took up swimming at a local pool in Bognor Regis and might have not been in London at all had she decided against accepting a scholarship at the University of Florida, aged 18.

In 2008, she finished fourth by 0.04seconds in the 100m backstroke final on her Olympic debut in Beijing. In 2009 Spofforth won world gold in a world record time of 58.12seconds.

In 2011 she contemplated quitting after failing to make a final at the worlds that year.

And had Spofforth not won the 100m backstroke at the Olympics trials to book herself a swim at London 2012 she would have retired there and then. Spofforth is trained in crisis intervention and suicidology and gave up chocolate in the build-up to the Olympics.

@GemmaSpofforth

STACEY TADD

Event: 200m breaststroke
Born: 21.02.1989, Bath
Lives: Radstock
Height: 1.81m (5ft 11ins)
Weight: 74kg (11st 9lbs)
Club: University of Bath
Coach: Mark Skimming
Games attended: None



Major achievements: **WCh:** 18th (100m breast), 14th (200m breast), 6th (4x100m med.) 2011; 39th (200m breast) 2009.

Stacey Tadd's first senior international long course event was the 2009 Rome World Championships. She has had two operations on her left knee, in 2004 and 2008, and broke the English 200m breaststroke record en route to qualifying at March's trials. She missed out in the 100m.



LIAM TANCOCK

Event: 100m backstroke
Born: 07.05.1985, Exeter
Lives: Loughborough
Height: 1.83m (6ft)
Weight: 85kg (13st 5lbs)
Club: Loughborough ITC
Coach: Ben Titley
Games attended: One (Beijing 2008)



Major achievements: **OG:** 6th (100m back), 8th (200m IM), 6th (4x100m med.) 2008. **WCh:** gold (50m back), 6th (100m back), 8th (4x100m free), 6th (4x100m med.) 2011; gold (50m back), 4th (100m back), 7th (4x100m free) 2009; bronze (50m back), bronze (100m back) 2007; bronze (50m back), **CG:** gold (50m back), gold (100m back), bronze (4x100m med.) 2010; silver (50m back), gold (100m back) 2006. **ECh:** silver (50m back), bronze (100m back) 2010; bronze (4x100m med.) 2006.

Liam Tancock had a choice to make between the ages of 14 and 15 – swimming or rugby. Tancock chose swimming and has won a medal at every major senior international event apart from the Olympics.

He made another choice in 2003, opting to further his swimming career at Loughborough University rather than the University of Bath. Tancock has won the British 100m backstroke title for the past four years.

He is also a two-time world champion in the 50m backstroke, an event not on the Olympic programme, and holds the world record over the distance, 24.04seconds.

Tancock's cousin is Dean Moxey, who plays football for Crystal Palace.

@LiamTancock

GRANT TURNER

Event: 4x100m freestyle relay
Born: 11.03.1989, Swindon
Lives: Loughborough
Height: 1.93m (6ft 4ins)
Weight: 86kg (13st 8lbs)
Club: Loughborough ITC
Coach: Ben Titley
Games attended: None



Major achievements: **WCh:** 8th (4x100m free) 2011. **CG:** silver (4x100m free) 2010. **EJCh:** silver (4x100m free) 2007.

An unused member of the British 4x100m freestyle relay team at the Rome World Championships in 2009, Grant Turner made his global debut in Shanghai in 2011. He formed part of the sprint relay squad in China and will perform the same role at London 2012 after securing his place with 100m freestyle silver at the second Olympic trials in June. Turner learnt to swim while on a family holiday in Florida.

@MrGrantTurner

REBECCA TURNER

Event: 200m freestyle, 4x100m freestyle relay, 4x200m freestyle relay
Born: 01.08.1992, Rotherham
Lives: Rotherham
Height: 1.68m (5ft 6ins)
Weight: 68kg (10st 10lbs)
Club: City of Sheffield
Coach: Russ Barber
Games attended: None



Major achievements: **WCh:** 9th (4x100m free), 6th (4x200m free) 2011. **WYCh:** Silver (4x200m free) 2008. **EJCh:** gold (4x200m free) 2008; silver (4x100m free), gold (4x200m free) 2007.

When Rebecca Turner takes to the pool in London she will be competing individually at a major senior international event for the first time. She swam a 200m freestyle personal best of 1:57.65minutes to take gold at the Olympic trials. It was her first ever British title and she was quick to pay credit to her coach Russ Barber.

@beckidafish

CHRIS WALKER-HEBBORN

Event: 100m backstroke, 200m backstroke
Born: 01.07.1990, Enfield
Lives: Bath
Height: 1.84m (6ft)
Weight: 80kg (12st 8lbs)
Club: Bath ITC
Coach: David McNulty
Games attended: None



Major achievements: **WCh:** 17th (200m back) 2011; 9th (200m back) 2009. **WYCh:** bronze (100m back), gold (4x200m free), gold (4x100m med.) 2008. **EJCh:** gold (100m back), gold (200m back), gold (4x200m free), gold (4x100m med.) 2008.

Chris Walker-Hebborn spent two years at British Swimming's Offshore Centre in Queensland and a brief spell at Florida State University in 2009. He returned to the UK that year and won his first British title in the 200m backstroke. He qualified for London at the second trials.

@WalkerHebborn

ANDREW WILLIS

Event: 200m breaststroke
Born: 03.12.1990, Frimley
Lives: Yateley
Height: 1.88m (6ft 2ins)
Weight: 85kg (13st 5lbs)
Club: Bath ITC
Coach: David McNulty
Games attended: None



Major achievements: **WCh:** 8th (200m breast) 2011.

Andrew Willis served notice of his talents in 2011 by winning British 200m breaststroke silver and finishing eighth at the World Championships. He upgraded silver to gold in March to book a place at London 2012 but couldn't qualify in the 100m. Willis' father Nigel is the head coach at Bracknell & Wokingham Swimming Club and his sister Kathryn reached the semi-finals of the 200m backstroke at the Olympic trials.

@AndrewSWillis

AIMEE WILLMOTT

Event: 400m individual medley
Born: 26.02.1993, Middlesbrough
Lives: Middlesbrough
Height: 1.72m (5ft 8ins)
Weight: 56kg (8st 11lbs)
Club: Middlesbrough
Coach: Lisa Bates
Games attended: None



Major achievements: **EJCh:** silver (200m IM), silver (400m IM) 2009.

Aimee Willmott won double gold as well as silver and bronze at the European Youth Olympic Festival in 2007. Two years later she won double silver at the European juniors while her major senior British debut came at the 2008 European Short Course Championships. Willmott swam an English 400m individual medley record of 4:37.48minutes to earn London 2012 selection at the Olympic trials in March.

@aimee_willmott

IAN ARMIGER

Title: Director of Swimming, Loughborough University
Games role: Coach (Pool)
Born: 22.02.1952, Fakenham
Lives: Coalville



RUSS BARBER

Title: Head Coach, City of Sheffield
Games role: Coach (Pool)
Born: 20.05.1972, Hull
Lives: Sheffield



CARL BUTLER

Title: Lead Physiotherapist
Games role: Physiotherapist (Pool)
Born: 25.07.1978, Cambridge
Lives: Derby



JODI COSSOR

Title: Lead Biomechanist
Games role: Performance Scientist (Pool)
Born: 17.01.1975, Adelaide, Australia
Lives: Loughborough



BERNIE DIETZIG

Title: Performance Scientist
Games role: Performance Scientist (Open Water)
Born: 01.02.1973, Bräunlingen, Germany
Lives: Swansea



BILL FURNISS

Title: Head Coach, Nova Centurion
Games role: Coach (Pool)
Born: 23.03.1954, Sheffield
Lives: Nottingham



IAN GORDON

Title: Chief Medical Officer
Games role: Doctor (Pool & Open Water)
Born: 02.11.1953, Shoreham
Lives: Poole



BEN HOLLISS

Title: British Swimming Performance Scientist
Games role: Performance Scientist (Pool)
Born: 22.05.1985, London
Lives: Manchester



LARS HUMER

Title: Coach, Stockport ITC
Games role: Coach (Pool & Open Water)
Born: 02.05.1962, Dunedin, New Zealand
Lives: Stockport



ANDREW LOGAN

Title: British Swimming Sports Science Sports Medicine Manager
Games role: Sports Science Manager (Pool)
Born: 08.09.1961, Byron Bay, Australia
Lives: Quorn



DAVID McNULTY

Title: Head Coach, Bath ITC
Games role: Coach (Pool)
Born: 05.07.1969, County Durham
Lives: Trowbridge



SIMON MIDDLEMAS

Title: British Swimming Performance Psychologist
Games role: Performance Psychologist (Pool & Water)
Born: 07.12.1977, Blackpool
Lives: Manchester



PATRICK MILEY

Title: Head Coach, Garioch
Games role: Coach (Pool)
Born: 09.06.1961, Birmingham
Lives: Inverurie



DAWN PEART

Title: World Class Senior Team Manager
Games role: Team Manager (Pool)
Born: 23.11.1960, Gateshead
Lives: Washington



MARK PERRY

Title: GB Development and Open Water Coach
Games role: Team Leader (Open Water)
Born: 15.06.1967, Peterborough
Lives: Guilsborough



DENNIS PURSLEY

Title: GB Head Coach
Games role: Head Coach (Pool)
Born: 19.06.1950, Dayton, USA
Lives: Loughborough



Dennis Pursley has been coaching for nearly four decades, holding senior posts in Australia and Canada as well as being the head of USA Swimming for 14 years.

It was announced before Beijing 2008 that Pursley would become head coach of British Swimming – a position he assumed on October 1 that year.

He works closely with performance director Michael Scott but will return to the USA after London 2012 to become head coach at the University of Alabama, where he studied.

KEVIN RENSHAW

Title: Senior Coach, Loughborough ITC
Games role: Coach (Pool & Open Water)
Born: 11.05.1965, Durham
Lives: Mountsorrel



DAVID RICHARDS

Title: Head of Communications
Games role: Media (Pool & Open Water)
Born: 19.02.1973, Nuneaton
Lives: Burbage



MICHAEL SCOTT

Title: National Performance Director
Games role: Team Leader (Pool & Open Water)
Born: 09.02.1956, Melbourne, Australia
Lives: Loughborough



Michael Scott joined British Swimming on a six-month contract as high performance consultant in October 2007 after the resignation of national performance director Bill Sweetenham. He was named as Sweetenham's successor in January 2008 and will lead the British team for the second successive Olympics in London and stay on through to Rio 2016.

A former director of the Australian Institute of Sport and the chief executive of the 2007 Melbourne World Championships, Scott has introduced Intensive Training Centres in five 50m pools in Britain.

RHYS SHORNEY

Title: Physiotherapist
Games role: Physiotherapist (Pool)
Born: 28.03.1977, Caerphilly
Lives: Caerphilly



JONTY SKINNER

Title: World Class Technical Advisor
Games role: Technical Advisor (Pool)
Born: 15.02.1954, Cape Town, South Africa
Lives: Monument, USA



BEN TITLEY

Title: Head Coach, Loughborough ITC
Games role: Coach (Pool)
Born: 13.01.1977, Cambridge
Lives: Loughborough



DARREN WIGG

Title: Physiotherapist
Games role: Physiotherapist (Open Water)
Born: 05.07.1980, Newcastle
Lives: Newcastle



NATHALIE WOOLSEY

Title: Soft Tissue Therapist
Games role: Soft Tissue Therapist (Pool)
Born: 11.10.1978, Nottingham
Lives: Nottingham



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● The Olympics is going to be a great opportunity for us to show the British public how great our sport is and hopefully get more young children joining in and experiencing the diversity of synchronised swimming. ●●

Jenna Randall

Synchronised swimming

Introduction

Synchronised swimming is one of just two disciplines at the Olympics where only women taken part – rhythmic gymnastics the one other to apply such rules.

Held in the same venue as swimming and diving, the Olympic Aquatics Centre, the minimum area used for synchronised swimming is 30 metres long by 25 metres wide.

It made its debut at Los Angeles 1984, featuring at every Games since, and for the fourth Olympics running the duet and team events will be contested in London.

DID YOU KNOW?

Hollywood star Esther Williams performed water ballet, or aqua-musicals as they were known, in several American movies in the 1940s and 1950s. She hoped to compete in the 1940 Olympics, which were cancelled because of World War II

Eight countries, of which Britain are one courtesy of being the host nation, enter both the duet and team events while a further 16 compete in just the former. Two athletes from each country compete in the duet and eight compete in the team.

Russia are synchronised swimming's powerhouse having won both the duet and team at the past three Olympic Games.

Team GB 2012

Britain will field a full synchronised swimming team for the first time ever at an Olympics in London this summer – with nine athletes chosen.

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The British synchronised swimming team for London 2012

Jenna Randall and Olivia Federici will lead the team into the Olympic Aquatics Centre having competed in the duet at the Beijing Olympics in 2008.

They became the first British synchronised swimmers to compete at an Olympics since Natasha Haynes, Kerry Shacklock and Laila Vakil at Barcelona 1992.

Randall and Federici competed in the duet in China and head into London as Commonwealth silver medallists in the event.

Their performances at World Championship level have got progressively better with a tenth from their technical duet routine and an eighth from their free duet at the 2011 event in Shanghai.

The team have also shown marked

WORDS TO LEARN +

BACK LAYOUT:

A position in which the swimmer holds herself flat and face up on the water's surface while sculling

DECKWORK:

The initial movements performed by swimmers after the music starts but before they enter the water

EGGBEATER:

A powerful way of treading water that allows the swimmer to perform arm movements while staying afloat

SCULL:

Underwater hand movements designed to move and support the body in the pool



● The nine athletes have worked really hard towards qualifying for the home Olympics and I know that this is an opportunity they will value and learn from. ●●

Team GB Synchronised Swimming Team Leader Biz Price

improvements and placed tenth in the technical, ninth in the free and seventh in the combination at the World Championships last year.

Randall is joined on the British team by younger sister Asha – the pair the second set of siblings to be officially announced onto Team GB, after sailors Kate and Lucy Macgregor, with five in total.

Under performance director Biz Price, appointed to the position in 2007, synchronised swimming has come a long way with a High Performance Centre in Aldershot set up the same year.

Competition format

With the aid of underwater speakers athletes perform short routines to music with panels of judges marking them on a variety of components including



Duet partners Olivia Federici and Jenna Randall

choreography, difficulty and execution. In both the duet and team events technical and free routines are performed – however because the number of countries competing in both vary the format changes slightly.

In the duet, the technical and free routines form part of the preliminary phase after which the top 12 pairs with the best combined scores progress to the final and perform another free routine.

Final placings are then decided by adding the score for the technical routine in the preliminary phase with that of the free routine in the final.

In the team event each nation performs a technical and a free routine with the total of the two scores deciding the overall rankings.

Judges can hand out point deductions for a variety of infringements including taking too long on the deck before entering the pool, deliberately using the bottom of the pool and missing out any of the compulsory elements of the technical routine.

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FACT FILE

VENUE:
Aquatics Centre

GOLD MEDALS AVAILABLE: 2

DATES:
Sunday August 5 – Friday August 10

NUMBER OF TEAM GB ATHLETES:

Women: 9

WEBSITES:

BOA: www.teamgb.com/summer-sports/synchronised-swimming
London 2012: www.london2012.com/synchronized-swimming
NGB: www.swimming.org/britishswimming/syncho

DID YOU KNOW?

Synchronised swimming was originally known as 'water ballet' and began as a sport for men, who aren't allowed to compete at the Olympic Games, in the 1800s

TEAM GB SYNCHRONISED SWIMMING AT THE OLYMPIC GAMES

Great Britain are yet to win an Olympic synchronised swimming medal

World Championships 2011 – best performance, Olivia Federici and Jenna Randall, 8th, duet

RECENT MAJOR CHAMPIONSHIP WINNERS

W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Duet	W Anastasia Davydova/ Anastasia Ermakova (RUS)	Natalia Ishchenko/ Svetlana Romashina (RUS)*
Team	W Russia	Russia**

*Incorporating the technical and free routines

**Incorporating the technical, free and combination routines

EVENTS SCHEDULE

W = Women's events = Medal event

DATE	EVENT
5 Aug	15:00-16:40 W Duets: technical routine
6 Aug	15:00-17:10 W Duets: free routine
7 Aug	15:00-16:30 W Duets: final, victory ceremony
9 Aug	15:00-15:45 W Teams: technical routine
10 Aug	15:00-16:30 W Teams: free routine victory ceremony

Great Britain will compete in every event

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YVETTE BAKER

Event: Team
Born: 25.11.1991, Sutton Coldfield
Lives: Aldershot
Height: 1.70m (5ft 7ins)
Weight: 55kg (8st 9lbs)
Club: City of Birmingham
Coach: Biz Price, Lolli Montico, Myriam Glez
Games attended: None



Major achievements: **WCh:** 10th (team technical), 7th (team combination) 2011.

Yvette Baker was selected to join the British team in 2009, made her World Championship debut in 2011 and was inspired to take up the sport after watching the Sydney Olympics in 2000.

Baker has to high-five people before competing as well as going through her routine in her head. She has overcome a stress fracture in her lower back to be in London.

@yvettebaker91

KATIE CLARK

Event: Team
Born: 23.03.1994, Reading
Lives: Reading
Height: 1.68m (5ft 6ins)
Weight: 52kg (8st 3lbs)
Club: Reading Royals
Coach: Biz Price, Tatiana Tsym, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (team technical), 9th (team free), 7th (team combination) 2011.

At 18 Katie Clark is the youngest member of the British team chosen to compete in London. She has been on the team since she was 15 and with three Katies selected for the Games she often goes by 'C' or 'Kat'.

Clark's sporting hero is French synchronised swimmer Virginie Dedieu, who has attended three Olympic Games and won duet bronze in Sydney 2000.

@KatieC_23

KATIE DAWKINS

Event: Team
Born: 20.08.1988, Bristol
Lives: Aldershot
Height: 1.75m (5ft 9ins)
Weight: 67kg (10st 8lbs)
Club: Bristol Central
Coach: Biz Price, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (technical), 9th (team free), 7th (team combination) 2011; 15th (team technical), 10th (team free), 7th (team combination) 2009.

Katie Dawkins has formed a part of the British team since 2007. Her dad, Duncan, was a weightlifter and won silver at the 1986 Commonwealth Games and triple gold four years later.

A keen gymnast before switching to the water, Dawkins has also overcome a lower back injury.

@synchrod

OLIVIA FEDERICI

Event: Duet, Team
Born: 13.02.1990, Plymouth
Lives: Farnborough
Height: 1.68m (5ft 6ins)
Weight: 54kg (8st 7lbs)
Club: Rushmoor
Coach: Biz Price, Lolli Montico
Games attended: One (Beijing 2008)



Major achievements: **OG:** 14th (duet) 2008. **WCh:** 10th (duet technical), 8th (duet free), 10th (team technical), 7th (team combination) 2011; 11th (duet technical), 10th (duet free), 15th (team technical), 10th (team free), 7th (team combination) 2009; 20th (duet technical), 20th (duet free) 2007. **CG:** silver (duet) 2010.

Known as Olivia Allison before her marriage to Roberto Federici in the summer of 2011, she is the British team's longest-serving member along with Jenna Randall.

She was paired with Randall for the Melbourne Commonwealth Games in 2006 before winning silver in the duet with her four years later in Delhi.

Federici made her World Championship debut in the same city as her Commonwealth Games bow in 2007 – the same year the British High Performance Centre opened in Aldershot.

Federici and Randall became the first British synchronised swimmers to compete at an Olympics for 16 years in Beijing in 2008, placing 14th in the duet.

She learnt to swim when she was three and followed her elder sister Alex in taking up synchro as a youngster – Portsmouth Victoria where she first began.

A fan of multiple MotoGP world champion Valentino Rossi, Federici's Olympic hero is Jesse Owens, who won 100m, 200m, 4x100m relay and long jump gold at the Berlin Olympics in 1936.

@Olivia_Federici

JENNIFER KNOBBS

Event: Team
Born: 19.05.1989, Toronto, Canada
Lives: Aldershot
Height: 1.60m (5ft 3ins)
Weight: 49kg (7st 10lbs)
Club: Rushmoor
Coach: Biz Price, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (team technical), 9th (team free), 7th (team combination) 2011.

Jennifer Knobbs was born in Toronto – her father moving to Canada at the age of 17 with the National Ballet of Canada.

Knobbs began the sport aged seven, joining the Olympium Synchronised Swimming Club, and studied for a year at the University of Toronto before centralising with the Canadian team.

She left the set up in 2009, a year after winning the solo and duet events at the Canadian Nationals, and now represents Britain.

@jknobbs

VICKI LUCASS

Event: Team
Born: 11.09.1990, Frimley
Lives: Yateley
Height: 1.70m (5ft 7ins)
Weight: 63kg (10st)
Club: Rushmoor
Coach: Biz Price, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (team technical), 9th (team free), 7th (team combination) 2011; 7th (team combination) 2009.

After much success at British Championship and National Age Group level, Vicki Lucass made her senior British debut at the FINA World Trophy in 2008.

She has since gone to compete at two World Championships in Rome and Shanghai and made the transition to synchro from swimming aged six.

Lucass states her hero as Jess Ennis and recovered from surgery on a childhood elbow fracture in September last year to make the Olympics.

@vickilucass

ASHA RANDALL

Event: Team
Born: 06.04.1990, Ascot
Lives: Camberley
Height: 1.78m (5ft 10ins)
Weight: 52kg (8st 3lbs)
Club: Rushmoor
Coach: Biz Price, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (team technical), 9th (team free), 7th (team combination) 2011; 15th (team technical), 10th (team free), 7th (team combination) 2009.

Asha Randall is nearly 18 months younger than her sister Jenna who together became the second sister act to earn London 2012 selection for Britain.

Randall made her senior British debut two years after her elder sibling, who she credits as an inspiration, at the FINA World Trophy in 2008.

She followed Jenna into the sport, joining Rushmoor aged seven, and acted as reserve to her sister and Olivia Federici at the Beijing Olympics.

@asharandall

JENNA RANDALL

Event: Duet, Team
Born: 20.09.1988, Ascot
Lives: Camberley
Height: 1.73m (5ft 8ins)
Weight: 55kg (8st 9lbs)
Club: Rushmoor
Coach: Biz Price, Lolli Montico
Games attended: One (Beijing 2008)



Major achievements: **OG:** 14th (duet) 2008. **WCh:** 8th (solo technical), 8th (solo free), 10th (duet technical), 8th (duet free), 9th (team free), 7th (team combination) 2011; 8th (solo technical), 9th (solo free), 11th (duet technical), 10th (duet free), 15th (team technical), 10th (team free), 7th (team combination) 2009; 17th (solo technical), 16th (solo free), 20th (duet technical), 20th (duet free) 2007. **CG:** silver (solo), silver (duet) 2010; silver (solo) 2006.

Jenna Randall is the most successful member of the British synchronised swimming team chosen to compete at the Olympic Games in London.

A three-time Commonwealth silver medallist, Randall comes from a family of synchronised swimmers with elder sister Tia having also competed for Britain.

Her younger sibling Asha joins her on the team for London with the two forming part of the British team for the past four years.

In 2007 Randall, along with Olivia Federici, became the first British synchronised swimmers to compete at a World Championships for nine years.

Randall suffered with a stress fracture in her lower back in 2010, sidelining her for four months in which time she missed that year's European Championships.

And just this year she suffered a sprained wrist, forcing her out of the duet at the London 2012 test event. She shares her sister Asha's motto of 'nothing is impossible, 100 per-cent committed'.

@jennartweets

KATIE SKELTON

Event: Team
Born: 05.10.1987, Reading
Home town: Reading
Height: 1.60m (5ft 3ins)
Weight: 52 (8st 3lbs)
Club: Reading Royals
Coach: Biz Price, Lolli Montico
Games attended: None



Major achievements: **WCh:** 10th (team technical), 9th (team free), 7th (team combination) 2011; 15th (team technical), 10th (team free), 7th (team combination) 2009.

At 24, Katie Skelton is the oldest member of the British team selected for the Olympics – over six years the senior of the youngest Katie Clark.

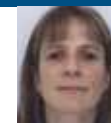
But like Clark, Skelton is a product of Reading Royals and made her senior British debut at the FINA World Trophy in 2008.

Her sporting hero is two-time Olympic silver medal-winning synchronised swimmer and multiple world medallist Gemma Mengual of Spain.

@SynchroKS

ROSALIND BRAWN

Title: Physiotherapist
Games role: Team Physiotherapist
Born: 26.01.1972, Chertsey
Lives: Southampton



ADELE CARLSEN

Title: High Performance Manager
Games role: Team Manager
Born: 12.11.1975, Aldershot
Lives: Ash



TAMARA MCGREGOR

Title: Coach
Games role: Coach
Born: 26.10.1975, Sanford, USA
Lives: Walnut Creek, USA



LOREDANA MONTICO

Title: National Coach
Games role: Coach
Born: 30.09.1965, Rome, Italy
Lives: Cove



ELIZABETH PRICE

Title: National Performance Director
Games role: Team Leader
Born: 16.08.1961, Vancouver, Canada
Lives: Farnham



Elizabeth 'Biz' Price was a successful competitor for Canada and national coach of her native country from 1986 to 2003.

She went on to work as a consultant for various countries, including China, Spain and New Zealand and was appointed British Swimming's national performance director for synchronised swimming in 2007.



Water Polo

Introduction

Water polo has been on the Olympic programme since 1900 and is the longest running team sport on the schedule, while a women's competition was introduced for the first time at Sydney 2000.

Great Britain won four of the first five gold medals on offer – only American teams competed at St Louis 1904 – but have not participated since Melbourne 1956, in which time Hungary have underlined their dominance.

Hungary have claimed nine Olympic gold medals and will bid for a fourth successive men's title at London 2012, having won their first at Los Angeles 1932.

Arguably, their most famous victory came

● The squad has worked hard over the last eight years and it has been a real team effort to get this far. It is exciting and an honour for us to finally be joining Our Greatest Team. Bring it on. ●

Team GB Women's Water Polo Captain Fran Leighton

in 1956, when they defeated the Soviet Union in the semi-finals in Melbourne against the backdrop of the Hungarian Uprising.

As the athletes left for the Games the Hungarian Revolution broke out but was

swiftly crushed by the Soviet army. When both teams clashed in the semis, violence was prevalent from the onset and, with Hungary 4-0 up with just a few minutes remaining, Ervin Zador emerged with blood pouring from an eye after being punched by a Soviet opponent.

Pro-Hungary fans surged on to the pool deck in protest, causing the game to be stopped with a minute left on the clock. Hungary were later declared the winners of what is known as the 'Blood in the Water' match.

While the Hungarian men's team have been the dominant force at the Olympics, the women's side are still waiting for their first medal with Australia, Italy and the Netherlands claiming gold in 2000, 2004 and 2008 respectively.

Each nation is allowed to enter one squad of 13 athletes per gender with 12 teams participating in the men's competition and eight in the women's competition. Great Britain will field a men's and women's team in London, courtesy of being the host nation.

Team GB 2012

Great Britain will enter a men's water polo team for the first time since 1956 and a women's team for the first time in Olympic history at London 2012.

With limited funding available to water polo being focused on the women's team in 2008, the majority of the men's team have been based in European leagues with much success.

Led by captain Craig Figes, Great Britain's

DID YOU KNOW?
.....
Around 800 balls will be used during the course of the London 2012 competition

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Great Britain's women's water polo team

WORDS TO LEARN +

DRY PASS:
A pass designed to be caught before the ball hits the water

SWIM-OFF:
A race for the ball in the centre of the pool to start each period

EXCLUSION AREA:
The designated area outside the field of play where excluded players must wait before they are allowed to resume playing

FREE THROW:
The standard method of restarting play after the ball crosses the sideline or a foul is committed that does not merit a penalty throw

FACT FILE +

VENUE:
Water Polo Arena

GOLD MEDALS AVAILABLE:
2

DATES:
Sunday July 29 – Sunday August 12

NUMBER OF TEAM GB ATHLETES:
Men: 13 Women: 13

WEBSITES:
BOA: www.teamgb.com/summer-sports/water-polo
London 2012: www.london2012.com/water-polo
NGB: www.swimming.org/britishswimming/water-polo



● I'm so pleased to be able to have the opportunity to play in a home Olympic Games. It's mixed emotions for our teammates who haven't made it through as they have all helped us to improve and I hope we do them proud in London. ●

Team GB Men's Water Polo Captain Craig Figs

men finished fourth at the European B Championships in 2009 while more recently they have suffered a narrow 11-9 defeat to Russia in the World League.

The men's team have been drawn against reigning Olympic champions Hungary, the USA and Serbia – the silver and bronze medallists at Beijing 2008 – as well as Montenegro and Romania in the group stage.

The women, captained by Fran Leighton, are considered a better medal prospect, having been the only team to defeat reigning world champions Greece in 2011.

Great Britain qualified for the 2012 European Championships for the first time in 15 years and finished seventh following victory over Germany – their best result since 1987.

The women's team is centralised in Manchester but in the 2010/11 season, they took part in the Hungarian National League to aid their development. They face Italy, Russia and bronze medallists from Beijing 2008 Australia in the London 2012 group stages.

Competition format

Men's water polo is played in a pool 30 metres long and 20 metres wide and women's water polo is played in a pool 25 metres long and 20m wide both with a preferred minimum depth of two metres. Goals, floating and held in place by buoys, are situated at either end of the pitch. The posts are three metres apart and the bar 90 centimetres above the surface of the water.

Despite squad size being 13, no more than seven players, including the goalkeeper, are allowed in the water at any one time. Substitutions are unlimited and players wear numbered bathing caps with

special ear protectors. The London 2012 competition begins with a round-robin group stage. In the men's competition there are two groups of six teams while in the women's there are two groups of four.

In the group stages each team receives two points for a win, one for a draw and zero for a loss; the winners of the two groups in each gender competition automatically progress to the semi-finals.

The second and third placed teams in both pools in each gender competition meet in the quarter-finals with the winners progressing to the semi-finals and losers facing each other in a fifth and sixth-place play-off.

The winners of the semi-finals then meet in the gold medal match while the losers contest the bronze medal match.

In the men's competition those teams that finish fourth, fifth and sixth in their groups face a series of classification matches to determine places seven to 12.

In the women's competition the two teams that finish bottom of their pool face off in a seventh and eighth-place play-off.

If scores are level at the end of any of the classification matches, two three-minute overtime periods are played after which if the scores are still tied a penalty shootout takes place.

Matches consist of four periods of eight minutes and each quarter starts with a swim-off – a race to the ball at the centre of the pool.

Much like basketball, a shot clock is in

operation where each team has 30 seconds to take a shot at goal before the opposing team takes possession. There are two referees in water polo, who stand on each side of the pool and two goal judges who sit at either end; they are assisted by two timekeepers and two secretaries.

Players are not allowed to touch the sides or bottom of the pool during play. An offside rule applies when an offensive player crosses the two-metre line in front of the goal before the ball does.

There are three types of foul – ordinary, exclusion and penalty. Ordinary fouls include holding onto the goal posts, holding the entire ball underwater, pushing an opponent and time wasting and are punished by awarding the opposing team a free throw.

Ordinary fouls such as hitting the ball with a clenched fist and touching the ball with both hands do not apply to the goalkeeper.

Exclusion fouls include splashing water in an opponent's face as well as holding, kicking or striking an opponent and are punished with a free throw. The offending player is also excluded for 20 seconds, until a goal is scored or until his/her team gain possession. A player who commits three of these fouls is dismissed for the remainder of the match.

Penalty fouls include committing an act of brutality within five metres of the goal and toppling the goal to prevent a score. In the event of a penalty foul, a penalty throw is taken from behind the five-metre line.

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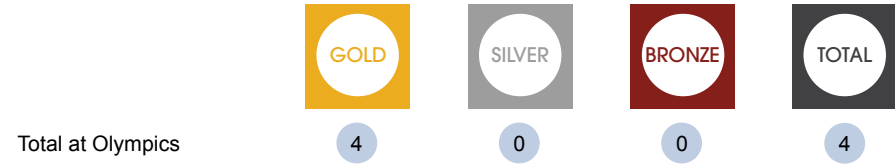
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DID YOU KNOW?
A men's ball is between 68-71 centimetres in circumference and women's between 65-67 centimetres

TEAM GB WATER POLO AT THE OLYMPIC GAMES

Great Britain's last Olympic water polo medal was won by the men's team at Antwerp 1920



RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Water polo	M Hungary W The Netherlands	Italy Greece

EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
29 July	10:00-12:40 M Group A Greece v Croatia, Kazakhstan v Spain
	14:10-16:50 M Group A Italy v Australia, Group B Hungary v Serbia
	18:20-21:00 M Group B Romania v Great Britain , Montenegro v USA
30 July	14:10-16:50 W Group B Spain v China, Italy v Australia
	18:20-21:00 W Group B Great Britain v Russia, Group A Hungary v USA
31 July	10:00-12:40 M Group B Hungary v Montenegro, Group A Croatia v Spain
	14:10-16:50 M Group A Australia v Kazakhstan, Greece v Italy
	18:20-21:00 M Group B Serbia v Great Britain , USA v Romania
1 Aug	14:10-16:50 W Group A Hungary v China, Group B Italy v Russia
	18:20-21:00 W Group A Spain v USA, Group B Great Britain v Australia
2 Aug	10:00-12:40 M Group A Spain v Australia, Kazakhstan v Greece
	14:10-16:50 M Group B Montenegro v Serbia, Romania v Hungary
	18:20-21:00 M Group B Great Britain v USA, Group A Italy v Croatia

EVENTS SCHEDULE continued

DATE	EVENT
3 Aug	14:10-16:50 W Group A Spain v Hungary, Group B Russia v Australia
	18:20-21:00 W Group B Great Britain v Italy, Group A China v USA
4 Aug	10:00-12:40 M Group B Montenegro v Romania, Group A Croatia v Australia
	14:10-16:50 M Group A Greece v Spain, Italy v Kazakhstan
	18:20-21:00 M Group B Hungary v Great Britain , Serbia v USA
5 Aug	14:50-17:30 W Quarter-finals (2 matches)
	19:00-21:40 W Quarter-finals (2 matches)
6 Aug	10:00-12:40 M Group A Kazakhstan v Croatia, Greece v Australia
	14:10-16:50 M Group B Romania v Serbia, Hungary v USA
	18:20-21:00 M Group B Great Britain v Montenegro, Group A Spain v Italy
7 Aug	14:10-16:50 W Semi-final, classification match (5th-8th places)
	18:20-21:00 W Semi-final, classification match (5th-8th places)
8 Aug	14:30-17:10 M Quarter-finals (2 matches)
	18:40-21:20 M Quarter-finals (2 matches)
9 Aug	14:30-17:10 W Classification matches (5th-6th, 7th-8th places)
	18:40-21:50 W Bronze medal match, 🏆 gold medal match , victory ceremony
10 Aug	14:20-17:00 M Semi-final, classification match (5th-8th places)
	18:30-21:10 M Semi-final, classification match (5th-8th places)
12 Aug	10:20-13:00 M Classification matches (5th-6th, 7th-8th places)
	14:30-17:40 M Bronze medal match, 🏆 gold medal match , victory ceremony

Team GB will compete in the men's and women's team events



MEN

CRAIG FIGES

Position: Driver
Born: 14.08.1978, Bristol
Lives: Manchester
Height: 1.83m (6ft)
Weight: 90kg (14st 2lbs)
Club: Pescara, Italy



Aquatic sports run in the family for Great Britain captain Craig Figes, whose grandmother was a swimming world record holder and whose mother swam at the 1966 Commonwealth Games.

Figes, a former geography teacher at Manchester Grammar School, won Commonwealth Championship bronze with England in 2002 and last season he joined Italian outfit Pescara.

He was selected as captain at the 2007 LEN European B Nations Trophy and he has skipped the team ever since after guiding Great Britain to a sixth-place finish.

@CraigFigesGBWP

MATTHEW HOLLAND

Position: Goalkeeper
Born: 22.06.1989, Carshalton
Lives: Carshalton
Height: 1.94m (6ft 4ins)
Weight: 96kg (15st 2lbs)
Club: Aix en Provence, France



Formerly of the Sutton & Cheam club, goalkeeper Matthew Holland secured a dream move to PSV Eindhoven in 2010 before heading to the French Elite League in 2011.

Voted top goalkeeper of the tournament at the Mithat Hantel Memorial in Istanbul in 2009, Holland is a big Crystal Palace supporter and lists Eagles manager Dougie Freedman as his sporting hero.

@mattholland1989

CIARAN JAMES

Position: Driver
Born: 05.07.1991, Bristol
Lives: Lancaster
Height: 1.93m (6ft 4ins)
Weight: 93kg (14st 9lbs)
Club: Cannstatt, Germany



Ciaran James is the youngest member of the men's team for London 2012 and he made his first senior appearance for Great Britain in 2009 in Slovenia.

Formerly the captain of the junior side, James was named most valuable player at an international tournament in Portugal in 2009 while he also scored against world champions Italy last December.

@Ciaranj19

SEAN KING

Position: Driver
Born: 03.05.1989, Farnborough
Lives: West Wickham
Height: 1.93m (6ft 4ins)
Weight: 87kg (13st 10lbs)
Club: SV Weiden, Germany



Sean King made his senior international debut for Great Britain at the Comen Cup in Malta in 2008 and he plays his domestic water polo in Germany, having joined SV Weiden.

King is an ardent Chelsea FC supporter and plans to go into teaching after competing at the London 2012 Olympics. His sporting idol is Hungarian water polo player Denis Vargas.

@SDKing4

JOSEPH O'REGAN

Position: Centre back
Born: 22.06.1991, Oldham
Lives: Oldham
Height: 2.03m (6ft 8ins)
Weight: 105kg (16st 8lbs)
Club: PVSK, Hungary



Joe O'Regan is one of the tallest members of the Great Britain squad at 6ft 8ins and made his debut for Great Britain in 2010.

Nicknamed 'Big Joe' or 'Tree', O'Regan looked up to David Beckham in his younger years.

@JORegan91

ROBERT PARKER

Position: Centre back
Born: 04.12.1987, Cheltenham
Lives: Cheltenham
Height: 2.00m (6ft 7ins)
Weight: 100kg (15st 11lbs)
Club: CN Terrassa, Spain



Robert Parker began playing water polo aged 12 in his home town of Cheltenham before moving to Sedgfield, where he won the Northern League double, and subsequently relocated to Spain.

Parker made his Great Britain debut in 2006 in New Zealand and he lists Usain Bolt's performances at Beijing 2008 as his favourite Olympic moment.



ALEXANDER PARSONAGE

Position: Driver
Born: 30.04.1985, Dudley
Lives: Dudley
Height: 1.80m (5ft 11ins)
Weight: 87kg (13st 10lbs)
Club: UZSC Utrecht, Netherlands



Alex Parsonage has represented Great Britain since under-16 level and competed at the under-16 and under-18 European Championships as well as the World Junior Championships.

He competed at the Commonwealth Championships in 2006 and played professionally for two years with French side Strasbourg before returning to the UK while he has since been playing in the Netherlands. At 5ft 11ins, Parsonage is the smallest member of the men's team.



GLEN ROBINSON

Position: Driver
Born: 26.01.1989, Kendal
Lives: Manchester
Height: 1.87m (6ft 2ins)
Weight: 83kg (13st 1lb)
Club: SV Wurzburg 05, Germany



A stalwart of the British team, Glen Robinson made numerous appearances as a junior and he scored an equaliser with three seconds to go against Spain to take Britain into the European Junior Championships in 2008.

A keen Liverpool FC fan, in 2010 Robinson relocated to Romania to play for Rapid Bucharest and spent last season in Germany with SV Wurzburg 05.

@glenrob89

SEAN RYDER

Position: Driver
Born: 18.06.1987, Nottingham
Lives: Hucknall
Height: 1.88m (6ft 2ins)
Weight: 98kg (15st 6lbs)
Club: Rapid Bucharest, Romania



Sean Ryder has been part of the Great Britain set-up since making his debut in 2005 against the Czech Republic.

Ryder began playing water polo when he was 14 for Hucknall, having initially begun swimming for Falcon ASC.



ADAM SCHOLEFIELD

Position: Centre forward
Born: 24.05.1985, Leeds
Lives: Leeds
Height: 1.89m (6ft 2ins)
Weight: 99kg (15st 8lbs)
Club: PVSK, Hungary



The vice-captain of the Great Britain team, centre forward Adam Scholefield has spent the last two seasons playing professionally in Hungary.

Formerly of Rotherham Metro, Scholefield began playing water polo on his tenth birthday. He is studying for a PhD in image processing, having graduated from Imperial College London with a first in electrical engineering.

@AdamScholefield

EDWARD SCOTT

Position: Goalkeeper
Born: 28.05.1988, Leeds
Lives: Bolton
Height: 1.97m (6ft 6ins)
Weight: 85kg (13st 5lbs)
Club: CE Mediterrani, Spain



Ed Scott first represented Great Britain aged 15 as part of the under-18 squad. He was the youngest member of the England team at the 2006 Commonwealth Championships in Perth.

He first played water polo at Bolton School and will return to the University of Leeds after London 2012 to complete his medicine degree.

@EdScott88

JAKE VINCENT

Position: Centre back
Born: 24.06.1989, Solihull
Lives: Solihull
Height: 2.03m (6ft 8ins)
Weight: 93kg (14st 9lbs)
Club: SV Bayer Uerdingen 08, Germany



Jake Vincent made his senior international debut at the Presidents Cup in 2008 and played for Rapid Bucharest before moving to SV Bayer Uerdingen 08 in Germany.

He is the joint-tallest player on the men's team, standing at 6ft 8ins.



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JACK WALLER

Position: Centre forward
Born: 06.10.1989, Welwyn Garden City
Lives: Battle
Height: 1.87m (6ft 2ins)
Weight: 95kg (14st 13lbs)
Club: CN Sant Andreu, Spain



Centre forward Jack Waller made his Great Britain debut in 2007 and is a bricklayer and tiler and also a supporter of Tottenham Hotspur FC.

He joined German side SV Wieden in 2010 and this season he has been playing for CN Sant Andreu in Barcelona. Waller broke his leg in three places in 2011.

@JDWaller6

WOMEN

FRANCESCA CLAYTON

Position: Driver
Born: 07.01.1990, Nottingham
Lives: Manchester
Height: 1.70m (5ft 7ins)
Weight: 69kg (10st 12lbs)
Club: City of Liverpool



Fran Clayton was a gymnast in her youth but with her mother captaining Great Britain at the 1986 World Championships, she was always destined for the pool.

Clayton first represented Great Britain aged 17 and is a volunteer walker at Manchester Dogs Home.



LISA GIBSON

Position: Centre forward
Born: 12.08.1989, Chichester
Lives: Manchester
Height: 1.77m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: City of Manchester



Lisa Gibson joined the Great Britain squad in 2007 and since then she has been to the European Youth Championships, European Junior Championships and the European Under-20 Championships.

Her greatest achievement to date however, came at the World University Games in China last year, where Great Britain finished seventh.

Gibson has had four hernia operations and has a degree in biomedical sciences from the University of Manchester.



CIARA GIBSON-BYRNE

Position: Driver
Born: 03.12.1992, Barcelona, Spain
Lives: Manchester
Height: 1.67m (5ft 8ins)
Weight: 59kg (9st 4lbs)
Club: City of Manchester



Ciara Gibson-Byrne is the youngest member of the women's squad for London 2012 and youngest British water polo player at the Games.

Gibson-Byrne began her career in Spain and was voted the best under-16 player in the country before relocating to Manchester. She likes to play the piano to relax.

@ciaragb92

REBECCA KERSHAW

Position: Driver
Born: 11.08.1990, Lancaster
Lives: Morecambe
Height: 1.75m (5ft 9ins)
Weight: 58kg (9st 2lbs)
Club: City of Manchester, Lancaster City



Beckie Kershaw has been part of the Great Britain squad since 2007 and she lists beating world champions Greece in the 2011 World League as her greatest achievement to date.

Kershaw has graduated from Manchester Metropolitan University with a degree in psychology and education, while out of the pool she is a keen netball player.



FRANCES LEIGHTON

Position: Centre forward
Born: 30.03.1982, Rotherham
Lives: Rotherham
Height: 1.82m (6ft)
Weight: 72kg (11st 5lbs)
Club: City of Sheffield, Rotherham Metro



Great Britain captain Fran Leighton won Commonwealth Championship bronze with England in 2002 and has been part of the GB set-up since 1998.

She works for Manchester City Council as a swimming teacher while her father, Norman, is a coach and her brother is also a talented water polo player.

Leighton is the oldest member of the British women's team for London 2012.

@franleighton6

FIONA McCANN

Position: Centre back
Born: 13.05.1987, Chester
Lives: Chester
Height: 1.72m (5ft 8ins)
Weight: 70kg (11st)
Club: City of Liverpool, City of Chester



Nicknamed 'Butcher', Fiona McCann has been a mainstay of the Great Britain team since making her senior international debut in 2006.

She has a BSc in sports science and an MSc in marketing communications and loves to cook.

@FeeMc1987

ROSEMARY MORRIS

Position: Goalkeeper
Born: 31.01.1986, Birmingham
Lives: Birmingham
Height: 1.80m (5ft 11ins)
Weight: 69kg (10st 12lbs)
Club: City of Liverpool



Goalkeeper Rosemary Morris is among the longest serving members of the British women's team, having made her debut in 2004.

Morris was named goalkeeper of the tournament at the European B Championships in 2007 as Great Britain claimed silver. She stopped working at Manchester Grammar School to concentrate on London 2012.

@rosiemorris86

HAZEL MUSGROVE

Position: Centre back
Born: 06.02.1989, Watford
Lives: Warrington
Height: 1.70m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Club: City of Liverpool



Versatile Hazel Musgrove is equally adept on the right wing and at centre back, having started her water polo career as a junior because her dad coached the local team in Warrington.

She is a psychology graduate from the University of Manchester.

@hazel_musgrove

ROBYN NICHOLLS

Position: Goalkeeper
Born: 08.05.1990, Bolton
Lives: Manchester
Height: 1.78m (5ft 10ins)
Weight: 65kg (10st 3lbs)
Club: City of Manchester



Goalkeeper Robyn Nicholls is among the younger members of the GB squad but she has been part of it for the past five years.

Nicholls studied economics at Manchester Metropolitan University and first started playing water polo at her local club Tyldesley.

@robyn_nicholls

FRANCESCA PAINTER-SNELL

Position: Centre back
Born: 28.03.1987, Auckland, New Zealand
Lives: Manchester
Height: 1.75m (5ft 9ins)
Weight: 63kg (9st 13lbs)
Club: West London Penguin



Frankie Painter-Snell scored four goals against Germany to help Great Britain to seventh at the European Championships in January.

A relative newcomer to the squad, having joined in 2009, Painter-Snell's grandfather is a World War II veteran while she works part-time at the University of Manchester.

@FrancescaSnell

ALEXANDRA RUTLIDGE

Position: Centre back
Born: 12.11.1988, Lancaster
Lives: Carnforth
Height: 1.70m (5ft 7ins)
Weight: 62kg (9st 11lbs)
Club: City of Manchester



Alexandra Rutledge is another who can play at centre back or right wing and she was part of the Great Britain side that won European B Championship gold in 2009.

Rutledge took up water polo because her dad used to play while she has a degree in criminology and social policy from the University of Manchester.

@alexrutledge88



CHLOE WILCOX

Position: Driver
Born: 20.12.1986, Carlisle
Lives: Penrith
Height: 1.72m (5ft 8ins)
Weight: 62kg (9st 11lbs)
Club: City of Manchester, Carlisle



Chloe Wilcox made her Great Britain debut in 2004 and scored her first goal at a Four Nations tournament in Lille where she was also named player of the tournament by her teammates.

A part-time PE teacher at Manchester High School for Girls, Wilcox is a keen Carlisle United FC supporter.

@chloewilcox86

ANGELA WINSTANLEY-SMITH

Position: Centre forward
Born: 05.08.1985, South Shields
Lives: Newton Aycliffe
Height: 1.79m (5ft 11ins)
Weight: 66kg (10st 6lbs)
Club: City of Manchester



From 2005 to 2010, Winstanley-Smith spent five years playing in the French National League before returning to the UK to play for City of Manchester.

Winstanley-Smith captained Great Britain at the World University Games in China last year and has been playing for Great Britain since 2003.



KAY ATKIN

Title: Men's Physiotherapist
Games role: Men's Physiotherapist
Born: 07.09.1985, Lincoln
Lives: Barnsley



DAVID BOYCOTT-BROWN

Title: Senior Women's Team Assistant Coach
Games role: Women's Assistant Coach
Born: 02.10.1983, Basingstoke
Lives: Manchester



KATHRYN EDWARDS

Title: Women's Physiotherapist
Games role: Women's Physiotherapist
Born: 30.05.1984, Cardiff
Lives: Manchester



SZILVESZTER FEKETE

Title: Senior Women's Team Head Coach
Games role: Women's Head Coach
Born: 14.06.1955, Budapest, Hungary
Lives: Manchester



Szilveszter Fekete was a goalkeeper during his playing days, breaking into the national team aged 19 and staying there for seven years. However he missed Moscow 1980 with a knee injury. He began coaching in Italy and after 11 years then enjoyed stints in Hungary and Egypt. Fekete began working with the British women's team in February 2007.

JANE FYLAN

Title: Men's Team Manager
Games role: Men's Team Manager
Born: 14.12.1979, Trafford
Lives: Manchester



ANDREW HARRISON

Title: Women's Team Manager
Games role: Women's Team Manager
Born: 24.01.1974, Whiston
Lives: St Helens



CRISTIAN IORDACHE

Title: Senior Men's Team Head Coach
Games role: Men's Head Coach
Born: 17.04.1969, Bucharest, Romania
Lives: Manchester



Cristian Iordache became coach of the Romanian under-20 team in 1998 and in 2002 left to work in Egypt.

He moved to the UK in 2008, first becoming assistant coach to the men's team before taking over as head coach in April 2009.

ZOLTAN KASAS

Title: Men's Consultant Coach
Games role: Men's Consultant Coach
Born: 15.09.1946, Alpár, Hungary
Lives: Budapest, Hungary



JOANNA WRAY

Title: World Class Programmes Manager
Games role: Team Leader
Born: 25.03.1983, Bacolod City, Philippines
Lives: Altrincham



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Archery



Archery

Introduction

The London 2012 archery competition will be held at the world-famous Lord's Cricket Ground and is sure to provide one of the iconic images of the Games.

Archery made its first appearance at Paris 1900 but in 1920 it was dropped due to a lack of uniformity in the rules and equipment before finally returning to become a regular feature from Munich 1972 onwards.

Recurve is the only archery discipline featured at the London 2012 Olympics with 128 competitors, 64 men and 64 women, battling for medals in four events.

Podium positions are on offer in the men's and women's individual competitions and the men's and women's team events with each country limited to selecting three athletes per gender. All three compete together as a team as well as individually.

Team GB 2012

Great Britain will fill the quota of three men's and three women's places in London and bid to take the nation's all-time Olympic medal haul into double figures.

Four Brits, Simon Terry and Larry Godfrey along with Naomi Folkard and Amy Oliver, booked their places after finishing as the top two men and women from the three selection shoots that took place at Lilleshall over the course of March and April.

Alan Wills and Athens 2004 bronze medallist Alison Williamson both placed

● No stone has been left unturned in the pursuit of ensuring our archers are fully prepared, and at the top of their game, for the London 2012 Olympics. ●

**Team GB Archery Team Leader
Director Sara Symington**

third and were confirmed on Team GB in May. The six selected athletes have a total of 12 Olympic appearances and three medals between them.

Williamson alone has made five appearances with London set to be her sixth straight Games as she joins fellow Brits Tessa Sanderson, javelin, Bill Hoskyns, fencing, and Mike Dixon, biathlon, on such a number. Equestrian athletes Mary King, eventing, and Nick Skelton, jumping, will also make their sixth Olympic appearances for Britain in London.

Amy Oliver is the only British archer making her Olympic debut – her selection over Burgess the only change from the women's team that finished fourth in Beijing in 2008, while the men's trio is unchanged. As a trio Williamson, Folkard – set to compete at her third Games – and Oliver do have pedigree having won silver while representing England at the 2010 Commonwealth Games.

DID YOU KNOW?
At the Athens 2004 Olympics archery was held in the Panathinaiko Stadium, where the first modern Olympic Games took place in 1896. The venue was built on the ruins of the ancient stadium

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Naomi Folkard, right, Alison Williamson, left, and Amy Oliver, centre, celebrate winning their quarter-final match in the women's team event during the London Archery Classic at Lord's

Terry, a double bronze medallist from Barcelona 1992, and Godfrey will also be taking to the Olympic range for the third time while Wills is set for a second appearance.

Competition format

In archery athletes aim to shoot arrows as close to the centre of a target, 70m away, as possible.

The target in Olympic archery is 122cm in diameter and has ten concentric scoring zones. The gold ring in the centre is worth ten points but measures just 12.2cm while the white outer ring is worth one point. Arrows that fail to hit a scoring zone result in a score of zero.

At the start of the competition all athletes conduct a ranking round – shooting 72

FACT FILE

VENUE:

Lord's Cricket Ground

GOLD MEDALS AVAILABLE: 4

DATES:

Friday July 27 – Friday August 3

NUMBER OF TEAM GB ATHLETES:

Men: 3 Women: 3

WEBSITES:

BOA: www.teamgb.com/summer-sports/archery

London 2012: www.london2012.com/archery

NGB: www.archerygb.org



● I'm so thrilled and proud to have made it to my sixth Olympics. This is the ultimate event that every athlete aspires to, and to be there six times is just amazing. ●

Alison Williamson

DID YOU KNOW?

In the 14th century, English law made it compulsory for every man aged between seven and 60 to practice archery, so important was it considered to the defence of the nation

arrows in 12 phases of six with a time limit of four minutes to complete each phase. The total score of all 72 arrows is used to determine the rankings of each athlete and select those who will be seeded for the individual and team events, which consist of head-to-head knock-outs.

Individual matches comprise of 12 arrows per athlete, the athlete with the highest score declared the winner, with all 64 selected men and women competing.

Any nation that qualifies three male or female archers into the individual event qualifies for the corresponding team event. The team event follows the same format as the individual but with the 24 arrows per nation in the knock-out stages, broken down into eight per archer.

WORDS TO LEARN +

BOSS:

The target, usually a square black block made of compacted foam, to which the target face is attached

NOCK:

A notch at the end of an arrow that attaches to the bow string

FISH-TAILING:

Visible swerve in the flight of an arrow

SKIRT:

The non-scoring area of the target

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TEAM GB ARCHERY AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	0	0	0
Athens 2004	0	0	1	1
Beijing 2008	0	0	0	0
Total at Olympics	2	2	5	9

World Championships 2011* – best performance, Larry Godfrey, Simon Terry & Alan Wills, 6th, team event

*Olympic events only

OLYMPIC RECORD SCORES

	TIME	HOLDER	PLACE/DATE
72 Arrow Ranking Round	M 684	Michele Frangilli (ITA)	Atlanta 1996
	W 673	Lina Herasymenko (UKR) Park Sung-Hyun (KOR)	Atlanta 1996 Beijing 2008
18 Arrow Match	M 173	Park Kyung-Mo (KOR)	Athens 2004
	W 173	Yun Mi-Jin (KOR)	Sydney 2000
12 Arrow Match	M 117	Lee Chang-Hwan (KOR)	Beijing 2008
	W 115	Sung-Hyun Park (KOR)	Beijing 2008
36 Arrow Elimination	M 339	Chen Szu-Yuan (TPE)	Athens 2004
	W 341	Yun Mi-Jin (KOR)	Athens 2004
36 Arrow Finals	M 340	Tim Cuddihy, (AUS)	Athens 2004
	W N/A		
216 Arrow Ranking Round	M 2031	Korea	Atlanta 1996
	W 2004	Korea	Beijing 2008
27 Arrow Match	M 258	Korea	Sydney 2000
	W 252	Korea	Sydney 2000
54 Arrow Match	M 502	USA	Atlanta 1996
	W 502	Korea	Sydney 2000

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Individual	<p>M Viktor Ruban (UKR)</p> <p>W Zhang Juanjuan (CHN)</p>	<p>Kim Woo-Jin (KOR)</p> <p>Denisse van Lamoen (CHI)</p>
Team	<p>M South Korea</p> <p>W South Korea</p>	<p>South Korea</p> <p>Italy</p>

EVENTS SCHEDULE

M = Men's events W = Women's events 🏅 = Medal event

DATE	EVENT
27 July	09:00-11:00 M Individual ranking round
	13:00-15:00 W Individual ranking round
28 July	09:00-10:40 M Team 1/8 eliminations
	15:00-18:45 M Team quarter-finals, semi-finals, bronze medal match, 🏅 gold medal match, victory ceremony
29 July	09:00-10:40 W Team 1/8 eliminations
	15:00-18:45 W Team quarter-finals, semi-finals, bronze medal match, 🏅 gold medal match, victory ceremony
30 July	09:00-12:55 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
	15:00-17:40 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
31 July	09:00-12:55 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
	15:00-17:40 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
1 Aug	09:00-12:55 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
	15:00-18:55 M Individual 1/32 & 1/16 eliminations
	W Individual 1/32 & 1/16 eliminations
2 Aug	09:00-10:45 W Individual 1/8 eliminations
	14:00-16:05 W Individual quarter-finals, semi-finals, bronze medal match, 🏅 gold medal match, victory ceremony
3 Aug	09:00-10:45 M Individual 1/8 eliminations
	14:00-16:05 M Individual quarter-finals, semi-finals, bronze medal match, 🏅 gold medal match, victory ceremony

Great Britain will compete in the men's and women's individual and team events

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NAOMI FOLKARD

Event: Individual, Team
Born: 18.09.1983, Leamington Spa
Lives: Kidderminster
Height: 1.69m (5ft 7ins)
Weight: 67kg (10st 8lbs)
Club: Royal Leamington Spa
Coach: Barry & June Farndon
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: OG: 15th (ind.), 4th (team) 2008; 11th (ind.), 12th (team) 2004. WFCh: silver (ind.) 2010; bronze (ind.) 2006. CG: silver (team) 2010. ECh: silver (ind.) 2012; silver (ind.) 2008; gold (team) 2006.

Naomi Folkard made her Olympic debut at Athens 2004 and ranks walking into the Panathinaiko Stadium as her most memorable moment in the sport. A University of Birmingham music graduate, Folkard listens to Debussy and Mozart in her spare time.



LARRY GODFREY

Event: Individual, Team
Born: 09.06.1976, Bristol
Lives: Bristol
Height: 1.78m (5ft 10ins)
Weight: 84kg (13st 3lbs)
Club: Cleve
Coach: Lloyd Brown, John Godfrey
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: OG: 37th (ind.), 12th (team) 2008; 4th (ind.) 2004. WCh: bronze (mixed team) 2011; silver (team) 2007.

Larry Godfrey was the only British male to earn selection for Athens 2004, but will be joined by two teammates for the second time in a row for London 2012.

An aerospace repair design engineer, Godfrey claimed mixed team bronze with Amy Oliver at last year's World Championships and will compete in his first-ever World Cup Grand Final in September.



AMY OLIVER

Event: Individual, Team
Born: 10.07.1987, Mexborough
Lives: Mexborough
Height: 1.73m (5ft 8ins)
Weight: 62kg (9st 11lbs)
Club: Dearne Valley
Coach: Lloyd Brown
Games attended: None



Major achievements: WCh: bronze (mixed team) 2011. CG: silver (team) 2010. ECh: gold (ind.), silver (team) 2007.

Amy Oliver, Britain's only debutant Olympic archer at London 2012, won European gold in 2007, becoming the first British woman to do so in 20 years.

Oliver also has a 2010 Commonwealth Games team silver to her name and she claimed World Championships mixed team bronze in 2011 alongside Larry Godfrey.

@2012amy

SIMON TERRY

Event: Individual, Team
Born: 27.03.1974, Stirling
Lives: Leicestershire
Height: 1.80m (5ft 11ins)
Weight: 100kg (15st 10lbs)
Club: Chorley
Coach: Ian Simpson
Games attended: Two (Beijing 2008, Barcelona 1992)



Major achievements: OG: 49th (ind.), 12th (team) 2008; bronze (ind.), bronze (team) 1992. WCh: silver (team) 2007

Simon Terry's two bronze medals at Barcelona 1992 ensured he was the first-ever British archer to win two medals at a Games.

He took a break after Barcelona, spending his time driving a lorry and racing motorbikes before returning to competitive action in 2005.



ALISON WILLIAMSON

Event: Individual, Team
Born: 03.11.1971, Melton Mowbray
Lives: Stafford
Height: 1.75m (5ft 9ins)
Weight: 75kg (11st 11lbs)
Club: Long Mynd
Coach: Lloyd Brown, Harry Heeley



Games attended: Five (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996, Barcelona 1992)

Major achievements: OG: 17th (ind.), 4th (team) 2008; bronze (ind.), 12th (team) 2004; 9th (ind.) 2000; 8th (ind.), 10th (ind.) 1996; 13th (team) 1992. WCh: bronze (team) 2007. CG: silver (ind.), silver (team) 2010. ECh: gold (team) 2006; silver (ind.) 2004.

The oldest and most experienced member of the British archery team for London, Alison Williamson will make a sixth straight Olympic appearance, becoming the fourth Brit to do so. While British teammate Simon Terry took an extended break after his Olympic debut in Barcelona 1992, for Williamson it was the beginning with appearances at every Games since.

Her best performance to date remains her individual bronze medal at Athens 2004 where she became the first British female to win an Olympic archery medal for 96 years. Williamson was introduced to the sport at a young age by her parents but it wasn't until she was 14 that she took to it with any conviction.

Williamson's parents are both keen archers. Father Tom is a coach and a former president of GB Archery while mother Sue is also a coach.

She was awarded a scholarship to study at Arizona State University and trained to become a primary school teacher prior to the Athens Games in 2004.

Williamson lists Sir Chris Hoy as her sporting hero and won team silver at the Commonwealth Games in 2010 alongside Naomi Folkard and Amy Oliver, her London 2012 teammates. She was given a MBE in June as part of the Queen's Birthday Honours List.

@archeryalison

ALAN WILLS

Event: Individual, Team
Born: 03.08.1981, Peterlee
Lives: Frizington
Height: 1.79m (5ft 10ins)
Weight: 84kg (13st 3lbs)
Club: Sellafield, Beacon
Coach: Alf Davies, Lloyd Brown
Games attended: One (Beijing 2008)



Major achievements: OG: 16th (ind.), 12th (team) 2008. WCh: silver (team) 2007. WFCCh: gold (ind.) 2010; bronze (ind.) 2002.

Alan Wills will become the fifth male British archer to appear at two or more Games in London. Nicknamed 'Dangerous', he won gold at the 2010 World Field Archery Championships.

He takes inspiration from movie character Forrest Gump and he took up archery because he liked shooting things but wasn't allowed a gun.



LLOYD BROWN

Title: Head Coach
Games role: Head Coach
Born: 01.03.1961, San Diego, USA
Lives: Tibberton



OLIVER LOGAN

Title: EIS Biomechanist for Archery GB
Games role: Biomechanic
Born: 13.12.1982, Donegal, Ireland
Lives: Telford



SARA SYMINGTON

Title: Performance Director
Games role: Team Leader
Born: 25.09.1969, Maracaibo, Venezuela
Lives: Nottingham



A former member of the national triathlon team and then a professional cyclist, Sara Symington represented Great Britain at both the Sydney 2000 Olympics and Athens 2004 Games.

Symington, who was born in Venezuela, specialised in road cycling and finished tenth at Sydney 2000.

In 2009 she was appointed as Archery GB performance director in the hope of delivering a first Olympic medal since Athens 2004 at the London 2012 Games.



Athletics



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Athletics

Introduction

Athletics has always been an integral part of the Olympic programme, dating back to the inaugural ancient Games in 776 BC, and it played a key role in the revival of the modern Games in Athens in 1896 when it was one of nine sports.

At London 2012, the track and field events will take place in the 80,000-seater Olympic Stadium in the heart of the Olympic Park, while the marathons and race walks will start and finish on The Mall, near Buckingham Palace.

There will be 47 athletics events – 24 track, 16 field, two combined and five road – contested with a maximum of three participants in each event from each nation permitted, with a top limit of 2,000 competitors.

I am very proud to have nominated such a strong team of athletes to Team GB. Our collective philosophy since Beijing has been one of raising the bar as we work towards London 2012.

**Team GB Athletics Team Leader
Charles van Commenee**

Jamaican sprinter Usain Bolt was the stand-out performer at Beijing 2008, winning 100m, 200m and 4x100m gold with a world record in each while previous Games have given rise to numerous international stars.

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Phillips Idowu competes in the triple jump at the 2008 Beijing Olympics

American sprinter Jesse Owens won four gold medals at Berlin 1936 – a feat matched by compatriot Carl Lewis in 1984 – while Cathy Freeman won 400m gold on home soil at Sydney 2000.

Other athletes to light up the Games include Americans Bob Beamon and Florence Griffith Joyner, Fanny Blankers-Koen of the Netherlands and Abebe Bikila of Ethiopia to name but a few.

Great Britain claimed two medals at Athens 1896 – Grantley Goulding won 110m hurdles silver with Charles Gmelin winning 400m bronze – and in total they have won 188 medals – 49 of which have been gold.

At Beijing 2008, Great Britain won four medals with Christine Ohuruogu winning the only track and field gold in the 400m, adding to her 2007 World Championship title.

Elsewhere, Germaine Mason won high jump silver while Phillips Idowu won triple jump silver and there was a bronze medal for 400m hurdler Tasha Danvers.

Team GB 2012

Team GB will bring the biggest track and field team to an Olympics in 20 years at London 2012 and will arrive in the capital with high hopes of medal success.

Head coach and Team GB athletics team leader Charles van Commenee, who will prepare his team in the Portuguese Algarve, is targeting a return of eight medals including one gold from 78 athletes, which would double the tally achieved four years ago in Beijing.

If successful it would be the best British



It is an incredible feeling to have been selected to be part of Team GB at a home Olympic Games and I'm honoured to be part of it. Every ounce of hard work has been leading towards this point and now I can't wait to get to the start line in the Olympic Stadium.

Mo Farah

DID YOU KNOW?

At the London 1948 Games, the USA's Guinn Smith became the last pole vaulter to win a gold medal using a bamboo pole



Christine Ohuruogu celebrates winning 400m gold at Beijing 2008

FACT FILE



VENUE:

Olympic Stadium – aside from the marathons and race walks which start and end on The Mall

GOLD MEDALS AVAILABLE: 47

DATES:

Friday August 3 – Sunday August 12

NUMBER OF TEAM GB ATHLETES:

Men: 45
Women: 33

WEBSITES:

BOA: www.teamgb.com/summer-sports/athletics
London 2012: www.london2012.com/athletics
NGB: www.uka.org.uk

athletics performance at a Games since 1988 in Seoul, when the squad featured the likes of Daley Thompson, Linford Christie, Colin Jackson and Steve Cram.

British athletes have certainly progressed during the Olympic cycle, winning six medals, including two golds, to finish eighth on the medal table at the 2009 IAAF World Athletics Championships in Berlin.

At the 2011 IAAF World Athletics Championships in Daegu they won seven, including two golds, to move to sixth on the medal table.

In the last three years triple jumper Phillips Idowu and heptathlete Jess Ennis have won world titles, although both narrowly failed to defend their crowns last year, settling for silver.

Dai Greene, in the 400m hurdles, and Mo Farah, in the 5000m, arrive in London as reigning world champions, Farah also winning 10,000m silver last year.

Christine Ohuruogu, the defending Olympic champion in the 400m, is a proven championship performer who consistently peaks when it matters and she's enjoyed a solid and encouraging 2012 season to date. Britain's athletes started Olympic year in style with a record tally of nine medals at the IAAF World Indoor Championships in Istanbul, which ranked them second behind USA.

World marathon record holder Paula Radcliffe becomes only the third British track and field athlete to be selected for five Olympics, joining a club that includes 1984 Los Angeles javelin gold medallist Tessa Sanderson, who competed at six in total, and race walker Chris Maddocks.

Idowu will be attending his fourth Olympic



Dai Greene poses with his gold at the 2011 IAAF World Athletics Championships

Games along with European silver medallist Christian Malcolm. In addition to Idowu, Team GB athletes will also be strong in a number of other field event disciplines.

Robbie Grabarz has made a breakthrough in international high jumping this year, winning his first Diamond League meeting in Rome and claiming gold at the European Championships in Helsinki.

Long jumpers Greg Rutherford and Shara Proctor should also arrive in top form. Rutherford equalled the British record of 8.35m earlier this year, matching the best jumps in the world in 2012, while Proctor broke Bev Kinch's 29-year-old national record at the Olympic trials.

Holly Bleasdale will look to establish

herself among the world's elite pole vaulters, following her huge 4.87m leap during an indoor competition in France earlier this year.

And Goldie Sayers, a ten-time national champion, will be aiming to make the javelin podium, following a fourth in Beijing and at the recent Europeans.

Recent world junior champion Adam Gemili is the youngest member of the team and will be 18 years and 305 days old on the day of the first round of the men's 100m on August 4.

Triple jumper Yamilé Aldama, who won the world indoor title earlier this year, takes the honour of being the team's oldest athlete at 39. She will be just 11 days shy of her 40th birthday when her competition starts on August 3.

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DID YOU KNOW?

There will be 510 adjustable hurdles used for the athletics competition at London 2012



Team GB track and field athletes

WORDS TO LEARN +

CAGE:

The area from which competitors throw a discus or hammer

COUNTBACK:

The process used to determine the winner of a high jump or pole vault competition in which two or more athletes are tied for the best jump. The athlete with the fewer attempts finishes highest

WIND ASSISTANCE:

The legal tailwind assistance for the 100m, 200m, long jump, triple jump, and sprint hurdles is two metres per second. This works out to approximately 4.5mph

FOSBURY FLOP:

A method of high jumping, named after American Dick Fosbury, where the jumper clears the bar by arching their back over it

Competition format

The athletics schedule of 47 events consists of 24 for men, 23 for women and they are divided into four categories – track, field, road and combined events.

The men's track events are 100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, 110m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay and 4x400m relay. The field events are high jump, pole vault, long jump, triple jump, shot put, discus, hammer and javelin.

The decathlon, with ten events, is the men's combined event and the marathon as well as the 20km walk and the 50km walk are the road events.

The women's track events are 100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, 100m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay and 4x400m relay. The field events are high jump, pole vault, long jump, triple jump, shot put, discus, hammer and javelin.

The combined event is the heptathlon with seven disciplines while the road events are the 20km race walk and the marathon.

The majority of races on the track start with heats, with the fastest athletes progressing to semi-finals and then the final with competitors in the 100m, 200m and 400m using starting blocks as well as those in the men's 110m hurdles, women's 100m hurdles and men's and women's 400m hurdles.

In the 800m competitors run in their designated lanes until the first bend where they break for the inside lane. London 2012 will be the first Olympics where any competitor to false start will be immediately disqualified, with no second chance.

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Field events start with a qualification stage, with the best athletes qualifying for the final.

Athletes in the combined events compete to earn points; the amount of points depends on their performance in each of their events. On the road, marathon runners will complete a standard distance of 26 miles and 385 yards while two main rules apply in the race walking disciplines.

The first dictates that the athlete's back toe cannot leave the ground until the heel of the front foot has touched. Violation of this rule is known as loss of contact.

The second rule requires that the supporting leg must straighten from the point of contact with the ground and remain straightened until the body passes directly over it. Three violations of these rules result in disqualification. In the combined events, the men contest the 100m, long jump, shot put, high jump and 400m on day one before competing in the 110m hurdles, discus, pole vault, javelin and 1500m on day two.

The women tackle the 100m hurdles, high jump and shot put on day one with the 200m, long jump, javelin and 800m scheduled for day two.



Jessica Ennis at Team GB kit unveiling

TEAM GB HERO: DAME KELLY HOLMES +

Dame Kelly Holmes won gold over 800m and 1500m at Athens 2004, four years after winning her first medal, a bronze, over the shorter distance in Sydney.

A double Commonwealth champion, Holmes also won two world silver medals and a bronze in the middle distances, having been inspired to take up athletics by Lord Sebastian Coe.

In 2005 Holmes was appointed a Dame by the Queen and upon her retirement that year, she played a key role in securing the 2012 Olympics as part of London's delegation in Singapore.



RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
100m	M Usain Bolt (JAM)	Yohan Blake (JAM)
	W Shelly-Ann Fraser (JAM)	Carmelita Jeter (USA)
200m	M Usain Bolt (JAM)	Usain Bolt (JAM)
	W Veronica Campbell-Brown (JAM)	Veronica Campbell-Brown (JAM)
400m	M LaShawn Merritt (USA)	Kirani James (GRN)
	W Christine Ohuruogu (GBR)	Amantle Montsho (BOT)
800m	M Wilfred Bungei (KEN)	David Rudisha (KEN)
	W Pamela Jelimo (KEN)	Mariya Savinova (RUS)
1500m	M Asbel Kiprop (KEN)	Asbel Kiprop (KEN)
	W Nancy Langat (KEN)	Jennifer Simpson (USA)
5000m	M Kenenisa Bekele (ETH)	Mo Farah (GBR)
	W Tirunesh Dibaba (ETH)	Vivian Cheruiyot (KEN)
10,000m	M Kenenisa Bekele (ETH)	Ibrahim Jeilan (ETH)
	W Tirunesh Dibaba (ETH)	Vivian Cheruiyot (KEN)
100m hurdles	W Dawn Harper (USA)	Sally Pearson (AUS)
110m hurdles	M Dayron Robles (CUB)	Jason Richardson (USA)
400m hurdles	M Angelo Taylor (USA)	Dai Greene (GBR)
	W Melaine Walker (JAM)	Lashinda Demus (USA)
3000m steeplechase	M Brimin Kipruto (KEN)	Ezekiel Kemboi (KEN)
	W Gulnara Samitova-Galkina (RUS)	Yuliya Zaripova (RUS)
4x100m relay	M Jamaica	Jamaica
	W Russia	USA
4x400m relay	M USA	USA
	W USA	USA
Marathon	M Sammy Wanjiru (KEN)	Abel Kirui (KEN)
	W Constantina Dita (ROU)	Edna Kiplagat (KEN)

RECENT MAJOR CHAMPIONSHIP WINNERS continued

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
20km race walk	M Valeriy Borchin (RUS)	Valeriy Borchin (RUS)
	W Olga Kaniskina (RUS)	Olga Kaniskina (RUS)
50km race walk	M Alex Schwazer (ITA)	Sergey Bakulin (RUS)
High jump	M Andrey Silnov (RUS)	Jesse Williams (USA)
	W Tia Hellebaut (BEL)	Anna Chicherova (RUS)
Pole vault	M Steve Hooker (AUS)	Paweł Wojciechowski (POL)
	W Yelena Isinbaeva (RUS)	Fabiana Murer (BRA)
Long jump	M Irving Saladino (CUB)	Dwight Phillips (USA)
	W Maurren Maggi (BRA)	Brittney Reese (USA)
Triple jump	M Nelson Evora (POR)	Christian Taylor (USA)
	W Francoise Mbango (CMR)	Olha Saladukha (UKR)
Shot put	M Tomasz Majewski (POL)	David Storl (GER)
	W Valerie Adams (NZL)	Valerie Adams (NZL)
Discus throw	M Gerd Kanter (EST)	Robert Harting (GER)
	W Stephanie Brown Trafton (USA)	Li Yanfeng (CHN)
Hammer throw	M Primož Kozmus (SLO)	Koji Murofushi (JPN)
	W Oksana Menkova (BLR)	Tatyana Lysenko (RUS)
Javelin throw	M Andreas Thorkildsen (NOR)	Matthias de Zordo (GER)
	W Barbora Spotakova (CZE)	Mariya Abakumova (RUS)
Decathlon	M Bryan Clay (USA)	Trey Hardee (USA)
Heptathlon	W Nataliya Dobrynska (UKR)	Tatyana Chernova (RUS)

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RECORD TIMES

M = Men W = Women

	TIME	HOLDER	PLACE/DATE
100m	OR M 9.69	Usain Bolt (JAM)	Beijing 2008
	WR M 9.58	Usain Bolt (JAM)	World Championships, 2009
	OR W 10.62	Florence Griffith Joyner (USA)	Seoul 1988
	WR W 10.49	Florence Griffith Joyner (USA)	US Olympic Trials, 1988
200m	OR M 19.30	Usain Bolt (JAM)	Beijing 2008
	WR M 19.19	Usain Bolt (JAM)	World Championships, 2009
	OR W 21.34	Florence Griffith Joyner (USA)	Seoul 1988
	WR W 21.34	Florence Griffith Joyner (USA)	Olympic Games, 1988
400m	OR M 43.49	Michael Johnson (USA)	Atlanta 1996
	WR M 43.18	Michael Johnson (USA)	World Championships, 1999
	OR W 48.25	Marie-José Pérec (FRA)	Atlanta 1996
	WR W 47.60	Marita Koch (GDR)	Canberra World Cup, 1985
800m	OR M 1:42.58	Vebjorn Rodal (NOR)	Atlanta 1996
	WR M 1:41.01	David Rudisha (KEN)	Rieti Meeting, 2010
	OR W 1:53.43	Nadezhda Olizarenko (URS)	Moscow 1980
	WR W 1:53.28	Jarmila Kratochvilova (CZE)	Munich, 1983
1500m	OR M 3:32.07	Noah Ngeny (KEN)	Sydney 2000
	WR M 3:26.00	Hicham El Guerrouj (MAR)	Golden Gala, 1998
	OR W 3:53.96	Paula Ivan (ROU)	Seoul 1988
	WR W 3:50.46	Qu Yunxia (CHN)	Chinese National Games, 1993
5000m	OR M 12:57.82	Kenenisa Bekele (ETH)	Beijing 2008
	WR M 12:37.35	Kenenisa Bekele (ETH)	Fanny Blankers-Koen Games, 2004
	OR W 14 :40.79	Gabriela Szabo (ROU)	Sydney 2000
	WR W 14:11.15	Tirunesh Dibaba	Bislett Games, 2008

RECORD TIMES continued

	TIME	HOLDER	PLACE/DATE
10,000m	OR M 27:01.17	Kenenisa Bekele (ETH)	Beijing 2008
	WR M 26:17.53	Kenenisa Bekele (ETH)	Memorial Van Damme, 2005
	OR W 29:54.66	Tirunesh Dibaba (ETH)	Beijing 2008
	WR W 29:31.78	Wang Junxia (CHN)	Chinese National Games, 1993
100m hurdles	OR W 12.37	Joanna Hayes (USA)	Athens 2004
	WR W 12.21	Yordanka Donkova (BUL)	Stara Zagora, 1988
110m hurdles	OR M 12.91	Liu Xiang (CHN)	Athens 2004
	WR M 12.87	Dayron Robles (CUB)	Golden Spike Ostrava, 2008
400m hurdles	OR M 46.78	Kevin Young (USA)	Barcelona 1992
	WR M 46.78	Kevin Young (USA)	Olympic Games, 1992
	OR W 52.64	Melaine Walker (JAM)	Beijing 2008
	WR W 52.34	Yuliya Pechonkina (RUS)	Tula, Russia, 2003
3000m steeplechase	OR M 8:05.51	Julius Kariuki (KEN)	Seoul 1988
	WR M 7:53.63	Saif Saaeed Shaheen (QAT)	Memorial Van Damme, 2004
	OR W 8:58.81	Gulnara Samitova-Galkina (RUS)	Beijing 2008
	WR W 8:58.81	Gulnara Samitova-Galkina (RUS)	Olympic Games, 2008
4x100m relay	OR M 37.10	Jamaica	Beijing 2008
	WR M 37.04	Jamaica	World Championships, 2011
	OR W 41.60	East Germany	Moscow 1980
	WR W 41.37	East Germany	Canberra World Cup, 1985
4x400m relay	OR M 2:55.39	USA	Beijing 2008
	WR M 2:54.29	USA	World Championships, 1993
	OR W 3:15.17	Soviet Union	Seoul 1988
	WR W 3:15.17	Soviet Union	Olympic Games, 1988
Marathon	OR M 2:06.32	Sammy Wanjiru (KEN)	Beijing 2008
	WR M 2:03.38	Patrick Musyoki (KEN)	Berlin Marathon, 2011
	OR W 2:23.14	Naoko Takahashi (JPN)	Sydney 2000

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	TIME	HOLDER	PLACE/DATE
	WR 2:15.25	Paula Radcliffe (GBR)	London Marathon, 2003
20km race walk	OR 1:18.59	Robert Korzeniowski (POL)	Sydney 2000
	WR 1:17.16	Vladimir Kanaykin (RUS)	Saransk, Russia, 2007
	OR 1:26.31	Olga Kaniskina (RUS)	Beijing 2008
	WR 1:25.08	Vera Sokolova (RUS)	Russian Winter Walking Championships, 2011
50km race walk	OR 3:37.09	Alex Schwazer (ITA)	Beijing 2008
	WR 3:34.14	Denis Nizhegorodov (RUS)	World Race Walking Cup, 2008
High jump	OR 2.39m	Charles Austin (USA)	Atlanta 1996
	WR 2.45m	Javier Sotomayor (CUB)	Salamanca Invitational, 1993
	OR 2.06m	Yelena Slesarenko (RUS)	Athens 2004
	WR 2.09m	Stefka Kostadinova (BUL)	World Championships, 1987
Pole vault	OR 5.96m	Steve Hooker (AUS)	Beijing 2008
	WR 6.14m	Sergey Bubka (UKR)	Sestriere, 1994
	OR 5.05m	Yelena Isinbaeva (RUS)	Beijing 2008
	WR 5.06m	Yelena Isinbaeva (RUS)	Weltklasse Zurich, 2009
Long jump	OR 8.90m	Bob Beamon (USA)	Mexico City 1968
	WR 8.95m	Mike Powell (USA)	World Championships, 1991
	OR 7.40m	Jackie Joyner-Kersey (USA)	Seoul 1988
	WR 7.52m	Galina Chistyakova (URS)	Brothers Znamensky Memorial, 1988
Triple jump	OR 18.09m	Kenny Harrison (USA)	Atlanta 1996
	WR 18.29m	Jonathan Edwards (GBR)	World Championships, 1995
	OR 15.39m	Francoise Mbango (CMR)	Beijing 2008
Shot put	WR 15.50m	Inessa Kravets (UKR)	World Championships, 1995
	OR 22.47m	Ulf Timmermann (GDR)	Seoul 1988
	WR 23.12m	Randy Barnes (USA)	Jack in the Box Invitational, 1990
	OR 22.41m	Ilona Slupianek (GDR)	Moscow 1980

RECORD TIMES continued

	TIME	HOLDER	PLACE/DATE
	WR 22.63m	Natalya Lisovskaya (URS)	Moscow, 1987
Discus throw	OR 69.89m	Virgilijus Alekna (LTU)	Athens 2004
	WR 74.08m	Jurgen Schult (GDR)	Neubrandenburg, 1986
	OR 72.30m	Martina Hellmann (GDR)	Seoul 1988
	WR 76.80m	Gabriele Reinsch (GDR)	Neubrandenburg, 1988
Hammer throw	OR 84.80m	Sergey Litvinov (URS)	Seoul 1988
	WR 86.74m	Yuriy Sedykh (URS)	European Championships, 1986
	OR 76.34m	Oksana Menkova (BLR)	Beijing 2008
	WR 79.42m	Betty Heidler (GER)	Hallesche Werfertage, 2011
Javelin throw	OR 90.57m	Andreas Thorkildsen (NOR)	Beijing 2008
	WR 98.48m	Jan Železný (CZE)	Jena, Germany, 1996
	OR 71.53m	Osleidys Menéndez (CUB)	Athens 2004
	WR 72.28m	Barbora Spotakova (CZE)	World Athletics Final, 2008
Decathlon	OR 8893pts	Roman Sebrle (CZE)	Athens 2004
	WR 9039pts	Ashton Eaton (USA)	US Olympic Trials, 2012
Heptathlon	OR 7291pts	Jackie Joyner-Kersey (USA)	Seoul 1988
	WR 7291pts	Jackie Joyner-Kersey (USA)	Olympic Games, 1988

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TEAM GB ATHLETICS AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	2	2	2	6
Athens 2004	3	0	1	4
Beijing 2008	1	2	1	4
Total at Olympics	49	78	61	188
World Championships 2011	2	4	1	7

EVENTS SCHEDULE

M = Men's events W = Women's events 🏅 = Medal event

DATE	EVENT	
3 Aug	10:00-13:45	<ul style="list-style-type: none"> M 400m hurdles: round 1, 3000m steeplechase: round 1 M Hammer: qualifying, shot put: qualifying W 100m: preliminary round, 400m: round 1 W Triple jump: qualifying W Heptathlon: 100m hurdles, high jump
	19:00-21:55	<ul style="list-style-type: none"> M 1500m: round 1, long jump: qualifying, 🏅 shot put: final W 100m: round 1, 🏅 10,000m: final, discus: qualifying W Heptathlon: shot put, 200m
4 Aug	10:00-13:45	<ul style="list-style-type: none"> M 100m: preliminary round, 400m: round 1 W 3000m steeplechase: round 1, pole vault: qualifying W Heptathlon: long jump, javelin
	18:50-22:05	<ul style="list-style-type: none"> M 400m hurdles: semi-finals, 🏅 10,000m: final M 🏅 Long jump: final, shot put: victory ceremony M 🏅 20km race walk: victory ceremony W 🏅 100m: semi-finals, final, 400m: semi-finals W 10,000m: victory ceremony, 🏅 discus: final, victory, ceremony W 🏅 Heptathlon: 800m, victory ceremony
5 Aug	11:00-14:00	<ul style="list-style-type: none"> W 🏅 Marathon
	18:50-21:55	<ul style="list-style-type: none"> M 🏅 100m: semi-finals, final, 400m: semi-finals M 1500m: semi-finals, 🏅 3000m steeplechase: final M 10,000m: victory ceremony, High Jump: qualifying M Long jump: victory ceremony, 🏅 hammer: final M 🏅 400m hurdles: final, victory ceremony W 100m: victory ceremony, 🏅 400m: final, victory ceremony W 400m hurdles: round 1 W 🏅 Triple jump: final, victory ceremony W Marathon: victory ceremony
6 Aug	10:00-12:20	<ul style="list-style-type: none"> M 800m: round 1, discus: qualifying W 100m hurdles: round 1, 1500m: round 1 W Shot put: qualifying
	18:50-21:40	<ul style="list-style-type: none"> M 100m: victory ceremony, 🏅 400m, final M 3000m steeplechase: victory ceremony M Hammer: victory ceremony W 200m: round 1, 400m hurdles: semi-finals W 🏅 3000m steeplechase: final, 🏅 pole vault: final W 🏅 Shot put: final, victory ceremony

EVENTS SCHEDULE continued

DATE	EVENT	
7 Aug	10:00-12:35	<ul style="list-style-type: none"> M 110m hurdles: round 1, 200m: round 1, M Triple jump: qualifying W 5000m: round 1, javelin: qualifying
	18:50 -21:20	<ul style="list-style-type: none"> M 400m: victory ceremony, 800m: semi-finals M 🏅 1500m: final, 🏅 High jump: final, 🏅 Discus, final W 🏅 100m hurdles: semi-finals, final, 200m: semi-finals W 3000m steeplechase: victory ceremony W Long jump: qualifying, pole vault: victory ceremony
8 Aug	10:00-13:40	<ul style="list-style-type: none"> M 5000m: round 1, pole vault: qualifying M Decathlon: 100m, long jump, shot put W 800m: round 1, hammer: qualifying
	18:00-21:55	<ul style="list-style-type: none"> M 🏅 110m hurdles: semi-finals, final, 200m: semi-finals M 1500m: victory ceremony, high jump: victory ceremony M Discus: victory ceremony, javelin: qualifying M Decathlon: high jump, 400m W 100m Hurdles: victory ceremony, 🏅 200m: final W 🏅 400m hurdles: final, victory ceremony W 1500m: semi-finals, 🏅 Long jump: final
9 Aug	09:00-16:00	<ul style="list-style-type: none"> M 4 x 400m relay: round 1 M Decathlon: 110m hurdles, discus, pole vault W High jump: qualifying
	18:30-22:10	<ul style="list-style-type: none"> M 110m hurdles: victory ceremony M 🏅 200m: final, victory ceremony M 🏅 800m: final, victory ceremony M 🏅 Triple jump: final, victory ceremony M 🏅 Decathlon: javelin, 1500m W 200m: victory ceremony, 800m: semi-finals W 4 x 100m relay: round 1 W Long jump: victory ceremony, 🏅 Javelin: final
10 Aug	19:00-21:40	<ul style="list-style-type: none"> M 4 x 100m relay: round 1, 🏅 4 x 400m relay: final M 🏅 Pole vault: final, decathlon: victory ceremony W 🏅 1500m: final, 🏅 5000m: final, victory ceremony W 🏅 4 x 100m relay: final, victory ceremony W 4 x 400m relay: round 1 W 🏅 Hammer: final, victory ceremony W Javelin: victory ceremony



EVENTS SCHEDULE continued

DATE	EVENT	
11 Aug	09:00-13:20 50km race walk	
	17:00-18:45 20km race walk	
	18:45-21:30	5000m: final, victory ceremony
		4 x 100m relay: final, victory ceremony
	4 x 400m relay: victory ceremony	
	Pole vault: victory ceremony	
	Javelin: final, victory ceremony	
	50km race walk: victory ceremony	
	800m: final, victory ceremony	
	4 x 400m relay: final, victory ceremony	
High jump: final, victory ceremony		
Hammer: victory ceremony		
20km race walk: victory ceremony		
12 Aug	11:00-13:40 Marathon	

Great Britain will compete in all events except the men's 20km race walk and the women's discus, shot put, high jump and 4x100m relay

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MARGARET ADEOYE

Event: 200m
Born: 22.04.1985, London
Lives: London
Height: 1.76m (5ft 9ins)
Weight: 62kg (9st 11lbs)
Club: Enfield & Haringey
Coach: Linford Christie
Games attended: None
Personal best: 23.09 (2012)



Major achievements: UKCh: gold (200m) 2012. UKInCh: gold (200m) 2012.
Margaret Adeoye is one of former Olympic champion Linford Christie's stable of athletes.
Adeoye won the 200m national title indoors in February and at the Olympic trials in Birmingham.
She will make her major championship debut at London 2012.

@MargaretAdeoye

YAMILE ALDAMA

Event: Triple jump
Born: 14.08.1972, Havana, Cuba
Lives: Wembley
Height: 1.72m (5ft 8ins)
Weight: 62kg (9st 11lbs)
Club: Shaftesbury Barnet
Coach: Frank Attoh
Games attended: Four (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996)
Personal best: 15.29 (2003)



Major achievements: OG: NM q (TJ) 2008; 5th (TJ) 2004; 4th (TJ) 2000; DNS (TJ) 1996. WCh: 5th (TJ) 2011; 13th q (TJ) 2009; 4th (TJ) 2005; silver (TJ) 1999; 13th q (TJ) 1997. WinCh: gold (TJ) 2012; bronze (TJ) 2006; silver (TJ) 2004.
Yamilé Aldama will compete at her fourth Games having represented Cuba at Sydney 2000 and Sudan at Athens 2004 and Beijing 2008. Aldama, a mother of two, won world indoor gold in March.



DANIEL AWDE

Event: Decathlon
Born: 22.06.1988, Hammersmith
Lives: Woodford Green
Height: 1.82m (6ft)
Weight: 82kg (12st 13lbs)
Club: Woodford Green with Essex Ladies
Coach: Greg Richards
Games attended: One (Beijing 2008)
Personal best: 8102 (2012)
Major achievements: OG: 21st (dec) 2008



Daniel Awde made his Olympic debut at Beijing 2008 after his training partner Dean Macey failed to achieve the qualifying standard.

In Beijing he placed 21st while injury forced him to miss the 2010 Commonwealth Games in Delhi.

@GBDawde

ANDREW BADDELEY

Event: 1500m
Born: 20.06.1982, Upton
Lives: Barnes
Height: 1.88m (6ft 2ins)
Weight: 69kg (10st 12lbs)
Club: Harrow
Coach: Andrew Hobbell
Games attended: One (Beijing 2008)
Personal best: 3:34.36 (2008)



Major achievements: OG: 8th (1500m) 2008. WCh: 11th sf (1500m) 2009; 9th (1500m) 2007.

Andrew Baddeley is a four-time national champion who will compete in his second Olympics at London 2012. Baddeley runs with an electrocardiogram in his chest due to an irregular heartbeat. He has a first-class honours degree in aerospace engineering from the University of Cambridge.

@runbadders

HOLLY BLEASDALE

Event: Pole Vault
Born: 02.11.1991, Preston
Lives: Chorley
Height: 1.75m (5ft 9ins)
Weight: 70kg (11st)
Club: Blackburn
Coach: Julien Raffalli-Ebezant
Games attended: None
Personal best: 4.87i (2012)



Major achievements: WCh: NH q (PV) 2011. WinCh: bronze (PV) 2012. EU23Ch: gold (PV) 2011. WJCh: bronze (PV) 2010.

Holly Bleasdale won bronze at the World Indoor Championships in March, having achieved the third-highest indoor leap of all time – 4.87m in January.

Having claimed European Under-23 Championship gold earlier in the summer Bleasdale unfortunately failed to register a height at the World Championships in Daegu last year.

@HollyBleasdale

JULIA BLEASDALE

Event: 5000m, 10,000m
Born: 09.09.1981, Hillingdon
Lives: Surrey
Height: 1.67m (5ft 6ins)
Weight: 45kg (7st 1lb)
Club: Hillingdon, Thames Hare & Hounds
Coach: Nic Bideau
Games attended: None
Personal best: 15:12.77 (2012), 31:29.57 (2012)



Major achievements: UKCh: bronze (5000m) 2012; gold (5000m) 2011.

Julia Bleasdale took a break from running on the track between 2006 and 2010 to concentrate on cross country. She finished fourth on her major championship debut over 5000m at the European Championships in Helsinki in June.



RICHARD BUCK

Event: 4x400m relay
Born: 14.11.1986, York
Lives: Loughborough
Height: 1.88m (6ft 2ins)
Weight: 80kg (175 lbs)
Club: City of York
Coach: Kevin Tyler
Games attended: One (Beijing 2008)



Personal best: 45.61 (2012)

Major achievements: **WCh:** 6th (4x400m) 2007. **ECh:** 5th (400m) 2012; silver (4x400m) 2012. **WinCh:** bronze (4x400m) 2010. **EinCh:** bronze (400m) 2011; silver (4x400m) 2011; silver (4x400m) 2009.

Richard Buck has consistently run well indoors but has enjoyed better outdoor form in 2012, running a new personal best in Geneva in June.

He came fifth at the recent European Championships and won his first major outdoor medal in the 4x400m relay.

@rickbee400

ABDUL BUHARI

Event: Discus
Born: 26.06.1982, Kano, Nigeria
Lives: London
Height: 1.92m (6ft 4ins)
Weight: 125kg (275 lbs)
Club: Newham & Essex Beagles
Coach: Mark Wiseman
Games attended: None
Personal best: 65.44 (2011)



Major achievements: **WCh:** 13th q (DT) 2011. **UKCh:** bronze (DT) 2012; gold (DT) 2011; bronze (DT) 2009; silver (DT) 2008.

In 2011, Abdul Buhari improved his personal best by six metres to reach his first major championships in Daegu.

Buhari's first Olympic memory is watching Linford Christie at Barcelona 1992 and he has acting ambitions when his athletic career is over. He finished second behind Lawrence Okoye when both competed in the UKA event at the BUCS Championships.

@discusabs

DWAIN CHAMBERS

Event: 100m, 4x100m relay
Born: 05.04.1978, Islington
Lives: Enfield
Height: 1.82m (6ft)
Weight: 92kg (203 lbs)
Club: Belgrave Harriers
Coach: N/A
Games attended: One (Sydney 2000)



Personal best: 9.97 (1999)

Major achievements: **OG:** 4th (100m) 2000. **WCh:** DQ sf (100m) 2011; 6th (100m) 2009; 4th (100m) 5th cf (200m) 2001; bronze (100m), silver (4x100m) 1999. **WinCh:** bronze (60m) 2012; silver (60m) 2010; gold (60m) 2008. **ECh:** gold (4x100m) 2006; silver (100m) 1998. **EinCh:** silver (60m) 2011; gold (60m) 2009. **CG:** gold (4x100m) 1998.

Dwain Chambers is the second fastest British sprinter of all time behind 1992 Olympic champion Linford Christie. He won bronze at his first major championship in 1999 and just missed out on the 100m medals at Sydney 2000.



ELIDH CHILD

Event: 400m hurdles
Born: 20.02.1987, Perth
Lives: Bath
Height: 1.71m (5ft 7ins)
Weight: 59kg (130 lbs)
Club: Pitreavie
Coach: Malcolm Arnold
Games attended: None
Personal best: 54.96 (2012)



Major achievements: **WCh:** 6th sf (400mh) 2011; 6th sf (400mh) 2009. **CG:** silver (400mh) 2010. **EU23Ch:** silver (400mh) 2009.

Elidh Child began her sporting career as a swimmer before choosing athletics – where she first caught the eye with European under-23 silver in 2009.

One of four Scots in the athletics team, Child lists Sir Chris Hoy as her sporting hero and is in the same training group as world 400m hurdles champion Dai Greene.

@ElidhChild

LAWRENCE CLARKE

Event: 110m hurdles
Born: 12.03.1990, Westminster
Lives: Bath
Height: 1.87m (6ft 2ins)
Weight: 78kg (172 lbs)
Club: WSEH
Coach: Malcolm Arnold
Games attended: None
Personal best: 13.33 (2012)



Major achievements: **WCh:** 5th ht (110mh) 2011. **CG:** bronze (110mh) 2010. **EU23Ch:** bronze (110mh) 2011. **EJCh:** gold (110m) 2009. **UKCh:** silver (110m) 2012; gold (110m) 2011.

Lawrence Clarke made his major senior debut at the 2010 Commonwealth Games, winning bronze. Through his father Sir Tobias, via his great-grandmother, Elfrida Roosevelt, he is first cousin, four times removed from Theodore Roosevelt, 26th President of the USA. He is heir apparent to the baronetcy held by his father.

@lawrence_clarke

SHANA COX

Event: 400m, 4x400m relay
Born: 22.01.1985, Brooklyn, USA
Lives: London
Height: 1.72m (5ft 8ins)
Weight: 65kg (143 lbs)
Club: Woodford Green with Essex Ladies
Coach: Lloyd Cowan
Games attended: None
Personal best: 50.84 (2008)



Major achievements: **WinCh:** gold (4x400m) 2012. **UKCh:** silver (400m) 2012; silver (400m) 2011.

Shana Cox has been a regular on the podium at the national championships since being eligible to compete for Britain in 2011.

Cox, who represented the USA as a junior, won 4x400m gold at the World Indoor Championships in Istanbul in March.

@ShanaAmanda

JAMES DASAOLU

Event: 100m, 4x100m relay
Born: 05.09.1987, Croydon
Lives: Loughborough
Height: 1.86m (6ft 1in)
Weight: 87kg (191 lbs)
Club: Croydon
Coach: Kevin Tyler
Games attended: None
Personal best: 10.09 (2009)



Major achievements: **UKCh:** bronze (100m) 2012; silver (100m) 2010.

After several seasons disrupted by injury, James Dasaolu has enjoyed a better Olympic year. In 2009 he lowered his personal best to 10.09 but injury prevented him taking part in the World Championship trials. The following year commenced with a wind-assisted 10.06 and a European Championship debut in the 100m in Barcelona.

@JamesDasaolu

KATE DENNISON

Event: Pole vault
Born: 07.05.1984, Durban, South Africa
Lives: Loughborough
Height: 1.71m (5ft 7ins)
Weight: 60kg (132 lbs)
Club: Sale Harriers Manchester
Coach: Scott Simpson
Games attended: One (Beijing 2008)



Personal best: 4.61 (2011)

Major achievements: **OG:** 7th q (PV) 2008. **WCh:** 8th q (PV) 2011; 6th (PV) 2009; 13th q (PV) 2007. **CG:** bronze (PV) 2010.

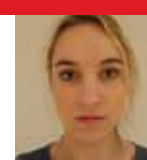
Kate Dennison enjoyed a remarkable 2009, improving the British record nine times before finishing sixth at the World Championships.

She qualified for London 2012 with silver at the Olympic trials and won a Commonwealth bronze in 2010.

@KateDennison

EMILY DIAMOND

Event: 4x400m relay
Born: 11.06.1991, Bristol
Lives: Bristol
Height: 1.73m (5ft 8ins)
Weight: 58kg (128 lbs)
Club: Bristol & West
Coach: Jared Deacon
Games attended: None
Personal best: 52.69 (2012)



Major achievements: **WUG:** bronze (4x400m) 2011.

Emily Diamond was a shock inclusion in the Olympic 4x400m relay after her surprise fourth-place finish at the trials in Birmingham.

Diamond had never run competitively over 400m until this Olympic year and had just 11 races over the distance to her name prior to her breakthrough at the trials.

@EmilyDiamond11

LISA DOBRISKEY

Event: 1500m
Born: 23.12.1983, Ashford
Lives: Loughborough
Height: 1.71m (5ft 7ins)
Weight: 56kg (123 lbs)
Club: Ashford
Coach: Ricky Soos
Games attended: One (Beijing 2008)



Personal best: 3:59.50 (2009)

Major achievements: **OG:** 4th (1500m) 2008. **WCh:** 11th ht (1500m) 2011; silver (1500m) 2009; 10th sf (1500m) 2007. **CG:** gold (1500m) 2006.

Lisa Dobriskey recovered from potentially fatal blood clots on her lungs to qualify for the London 2012 Games. Dobriskey bids to improve on her fourth-place finish at Beijing 2008, after winning world silver in 2009, while she owns 50 per cent of a chocolate shop in Loughborough.



JAMES ELLINGTON

Event: 200m, 4x100m relay
Born: 06.09.1985, Lewisham
Lives: Croydon
Height: 1.79m (5ft 11ins)
Weight: 81kg (178 lbs)
Club: Newham & Essex Beagles
Coach: John Powell
Games attended: None
Personal best: 20.52 (2011)



Major achievements: **WCh:** 4th ht (200m) 2011. **UKCh:** gold (200m) 2012; silver (200m) 2011.

James Ellington booked his place in the Olympic team with a victory at the trials and ran a season's best 20.55 seconds in Geneva in June. He made his senior major championship debut at last year's World Championships in Daegu but didn't progress through his heat. He made headlines when he auctioned himself on eBay to raise money for his Olympic training programme.

@Jellington100m

HANNAH ENGLAND

Event: 1500m
Born: 06.03.1987, Oxford
Lives: Birmingham
Height: 1.77m (5ft 10ins)
Weight: 54kg (119 lbs)
Club: Oxford City
Coach: Bud Baldraro
Games attended: None
Personal best: 4:01.89 (2011)



Major achievements: **WCh:** silver (1500m) 2011.

Hannah England is a product of Dame Kelly Holmes' mentoring scheme and she produced a finish the two-time Olympic champion would have been proud of in winning World Championship silver in 2011.

England is engaged to fellow athlete Luke Gunn and lists her best friend in athletics as 3000m steeplechaser Barbara Parker.

@hannengland



JESSICA ENNIS

Event: Heptathlon, 100m hurdles
Born: 28.01.1986, Sheffield
Lives: Sheffield
Height: 1.65m (5ft 5ins)
Weight: 57kg (9st)
Club: City of Sheffield
Coach: Toni Minichiello
Games attended: None
Personal best: 6906 (2012), 12.79 (2011)



Major achievements: **WCh:** silver (hep) 2011; gold (hep) 2009; 4th (hep) 2007. **ECh:** gold (hep) 2010. **CG:** bronze (hep) 2006. **WinCh:** silver (pent) 2012; gold (pent) 2010.

Jessica Ennis is one of Britain's brightest track and field hopes for gold at London 2012, having won world and European titles in recent years.

Ennis missed Beijing 2008 with a broken foot but a year later she won world gold in Berlin and in 2010, she added world indoor and European gold to her CV.

In 2011 however, she relinquished her world outdoor gold to Russia's Tatyana Chernova while at the World Indoor Championships in March, she came second to defending Olympic champion Nataliya Dobrynska.

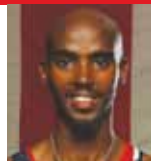
This year however, Ennis broke Denise Lewis' 12-year-old British heptathlon record after recording a total of 6906 in Austria in May. Ennis is also down to compete in the 100m hurdles at London 2012, having won the Olympic trials, but has said she will make a decision on competing after the conclusion of the heptathlon.

She got engaged to long-term boyfriend Andy Hill on Christmas Eve in 2010 and plans to marry in 2013.

@J_Ennis

MO FARAH

Event: 5000m, 10,000m
Born: 23.03.1983, Mogadishu, Somalia
Lives: Portland, USA
Height: 1.75m (5ft 9ins)
Weight: 58kg (9st 2lbs)
Club: Newham & Essex Beagles
Coach: Alberto Salazar
Games attended: One (Beijing 2008)



Personal best: 12:53.11 (2011), 26:46.57 (2011)
Major achievements: **OG:** 6th ht (5000m) 2008. **WCh:** gold (5000m) 2011; silver (10,000m) 2011; 7th (5000m) 2009; 6th (5000m) 2007. **ECh:** gold (5000m) 2012; gold (5000m), gold (10,000m) 2010; silver (5000m) 2006. **EinCh:** gold (3000m) 2011; gold (3000m) 2009. **EXCCCh:** silver (2009); silver (2008); gold 2006.

Mo Farah is a three-time European champion, successfully defending his 5000m title in Helsinki this year, and reigning 5000m world champion – he just missed out on a long distance double at last year's worlds, also claiming silver in the 10,000m.

Farah has transformed his career since moving to the USA, where he is coached by Alberto Salazar and trains with best friend Galen Rupp.

Last year he set a new British record in both long distance events and he also won his half marathon debut in New York.

Farah is famous for his love of Arsenal FC and his wife, Tania, is expecting twins shortly after the Games.

He was born in Somalia and grew up in Djibouti before his family moved to London when he was eight years old. Superstitious, he always shaves his head before major races and wears the same lucky charm bracelet.

@Mo_Farah

ADAM GEMILI

Event: 100m, 4x100m relay
Born: 06.10.1993, London
Lives: Dartford
Height: 1.65m (5ft 5ins)
Weight: 58kg (9st 2lbs)
Club: Blackheath & Bromley
Coach: Michael Afliaka
Games attended: None
Personal best: 10.05 (2012)



Major achievements: **WJCh:** gold (100m) 2012. **EJCh:** silver (100m), silver (4x100m) 2011. **UKCh:** silver (100m) 2012.

Adam Gemili was a promising footballer, a youth player at Chelsea, and last year he played for non-league Thurrock.

His breakthrough came when he ran a personal best in Germany to achieve the Olympic A standard, which he followed with silver at the Olympic trials. Gemili won world junior 100m gold weeks before the Games in a new personal best of 10.05, putting him equal sixth on the all-time world list for his under-20 age group.

@Adam_Gemili

ROBBIE GRABARZ

Event: High jump
Born: 03.10.1987, Enfield
Lives: Birmingham
Height: 1.91m (6ft 3ins)
Weight: 80kg (12st 8lbs)
Club: Newham & Essex Beagles
Coach: Fayyaz Ahmed
Games attended: None
Personal best: 2.36 (2012)



Major achievements: **ECh:** gold (HJ) 2012. **UKCh:** gold (HJ) 2012; bronze (HJ) 2010.

This year, Robbie Grabarz jumped 2.34m indoors and won his first-ever IAAF Diamond League meeting in Rome in May. Grabarz also improved his personal best to 2.36m outdoors.

He won his first national title in June and became the first British high jumper to win the European title since 1950 in Helsinki. He admits to being a classic car fanatic.

@RobbieGrabarz

JACK GREEN

Event: 400m hurdles, 4x400m relay
Born: 06.10.1991, Maidstone
Lives: Bath
Height: 1.94m (6ft 4ins)
Weight: 80kg (12st 8lbs)
Club: Kent
Coach: Malcolm Arnold
Games attended: None
Personal best: 48.60 (2012)



Major achievements: **WCh:** 5th sf (400mh) 2011. **EU23Ch:** gold (400mh) 2011. **WJCh:** 5th (400mh) 2010. **UKCh:** silver (400mh) 2012.

Jack Green enjoyed a stellar 2011, lowering his personal best to 48.98 seconds and claiming gold at the European Under-23 Championships.

He went on the reach the semi-finals of the World Championships, while this year he came second at the Olympic trials behind training partner Dai Greene.

@jackgreen

DAI GREENE

Event: 400m hurdles, 4x400m relay
Born: 11.04.1986, Llanelly
Lives: Trowbridge
Height: 1.85m (6ft)
Weight: 78kg (12st 4lbs)
Club: Swansea
Coach: Malcolm Arnold
Games attended: None
Personal best: 47.84 (2012)



Major achievements: **WCh:** gold (400mh) 2011; 7th (400mh) 2009. **ECh:** gold (400mh) 2010. **CG:** gold (400mh) 2010.

A keen footballer as a teenager, who played youth football for Swansea City and scored a penalty against a Real Madrid youth side, Dai Greene switched to athletics after winning the first of many Welsh age-group titles over 75m hurdles.

Until this year's European Championships in Helsinki, where he did not compete, Greene held the world, European and Commonwealth 400m hurdles titles at the same time.

Should he add an Olympic title to his collection at London 2012, Greene would become just the fifth British athlete alongside Linford Christie, Daley Thompson, Jonathan Edwards and Sally Gunnell to win all of athletics' major outdoor gold medals.

His sporting hero is fellow Team GB member, footballer Ryan Giggs, and he claims British one lap hurdle legends David Hemery and Kriss Akabusi would be his perfect dinner guests.

Greene has suffered from epilepsy since the age of 17 while he trains with fellow 400m hurdler Jack Green. He ran a new personal best at the Paris Diamond League meeting this year and will act as captain of the British athletics team.

@DaiGreene

CLAIRE HALLISSEY

Event: Marathon
Born: 17.03.1983, Watford
Lives: Arlington, USA
Height: 1.64m (5ft 5ins)
Weight: 48kg (7st 8lbs)
Club: Bristol & West
Coach: George Buckheit
Games attended: None
Personal best: 2:27:44 (2012)



Major achievements: **LM:** 11th 2012. **WHMCh:** 18th 2010; 25th 2009.

Claire Hallissey began her career as a long-distance track runner but in 2009 she won the trials for the World Half Marathon Championships and subsequently came 25th. A natural sciences graduate from the University of Cambridge, Hallissey hit the standard for London 2012 in Chicago last year and she set a personal best in finishing 11th in this year's London Marathon.

@HallisseyC

LOUISE HAZEL

Event: Heptathlon
Born: 06.10.1985, Southwark
Lives: Birmingham
Height: 1.67m (5ft 6ins)
Weight: 58kg (9st 2lbs)
Club: Birchfield Harriers
Coach: Aston Moore
Games attended: None
Personal best: 6166 (2011)



Major achievements: **WCh:** 15th (hep) 2011; 14th (hep) 2009. **CG:** gold (hep) 2010.

Louise Hazel is one of three British heptathletes in the London 2012 squad and her finest hour to date was winning Commonwealth Games gold in 2010.

Hazel finished 15th at last year's World Championships in Daegu while her 6166-point tally from the Erdgas Mehrkampf-Meeting in Germany last year helped secure her Olympic spot.

@LouiseHazel

SOPHIE HITCHON

Event: Hammer throw
Born: 11.07.1991, Burnley
Lives: Loughborough
Height: 1.70m (5ft 7ins)
Weight: 74kg (11st 9lbs)
Club: Blackburn
Coach: Derek Evelyn
Games attended: None
Personal best: 71.61 (2012)



Major achievements: **WCh:** 13th q (HT) 2011. **EU23Ch:** bronze (HT) 2011. **WJCh:** gold (HT) 2010. **EJCh:** bronze (HT) 2009.

Sophie Hitchon used to enjoy ballet dancing before taking up the hammer seriously in 2007.

Hitchon became the first track and field athlete to qualify for London 2012 with victory at the Olympic trials.

The British record holder, Hitchon failed to make the final at the World Championships last summer.

@SophieHitchon

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Event: Triple jump
Born: 30.12.1978, London
Lives: Birmingham
Height: 1.95m (6ft 5ins)
Weight: 87kg (13st 10lbs)
Club: Belgrave Harriers
Coach: Aston Moore
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)
Personal best: 17.81 (2010)



Major achievements: **OG:** silver (TJ) 2008; **NM f (TJ)** 2004; 6th (TJ) 2000.
WCh: silver (TJ) 2011; gold (TJ) 2009; 6th (TJ) 2007; 9th (TJ) 2001.
ECh: gold (TJ) 2010. **CG:** gold (TJ) 2006; silver (TJ) 2002. **WinCh:** gold (TJ) 2008.

Phillips Idow has spent more than a decade at the top of British triple jumping, establishing himself as second on the all-time list behind 2000 Olympic champion Jonathan Edwards, who took gold to his silver at the 2002 Commonwealth Games in Manchester.

Born in the Olympic borough of Hackney, Idow is known for his various colourful hairstyles and trademark facial piercings.

London 2012 will be his fourth Olympics. He placed sixth on debut at Sydney 2000, reached the final at Athens 2004 but failed to register a single jump before winning silver at Beijing 2008.

At the 2009 World Championships in Berlin, Idow won his first-ever major outdoor title and a year later he won European gold in Barcelona, but in 2011 he relinquished his world title, settling for silver behind Christian Taylor of the USA.

A father of two, Idow has a daughter named D'Karma and a son named Prince and he received an MBE in 2011 for his services to athletics.

@PhillipsIdow

JOHANNA JACKSON

Event: 20km walk
Born: 17.01.1985, Middlesbrough
Lives: Leeds
Height: 1.70m (5ft 7ins)
Weight: 55kg (8st 9lbs)
Club: Middlesbrough & Cleveland
Coach: Andi Drake
Games attended: One (Beijing 2008)
Personal best: 1:30:41 (2010)



Major achievements: **OG:** 22nd (20km w) 2008. **WCh:** 23rd (20km w) 2011; DQ (20km w) 2009; 25th (20km w) 2007. **CG:** gold (20km w) 2010.

Johanna Jackson will again be Britain's sole female race walking representative at a major championships when she appears at her second Games.

Jackson, despite battling an injury, finished 23rd at the World Championships in Daegu last summer.

@JoJackson2012

KATARINA JOHNSON-THOMPSON

Event: Heptathlon
Born: 09.01.1993, Liverpool
Lives: Liverpool
Height: 1.83m (6ft)
Weight: 68kg (10st 10lbs)
Club: Liverpool Harriers
Coach: Mike Holmes
Games attended: None
Personal best: 6248 (2012)



Major achievements: **WYCh:** gold (hep) 2009.

After an injury-disrupted 2011, Katarina Johnson-Thompson achieved the Olympic A-standard at the TNT-Fortuna Meeting in Kladno in June.

In doing so Johnson-Thompson extended the British junior record she had taken from Jessica Ennis with a 6007-point heptathlon in early May.

@JohnsonThompson

DOMINIC KING

Event: 50km walk
Born: 30.05.1983, Colchester
Lives: Colchester
Height: 1.79m (5ft 10ins)
Weight: 60kg (9st 6lbs)
Club: Colchester Harriers
Coach: Andi Drake
Games attended: None
Personal best: 4:06:34 (2012)



Major achievements: **CG:** 6th (20km w) 2006.

Dominic King, who came sixth at the 2006 Commonwealth Games, took nearly eight minutes off his personal best to achieve the Olympic B qualifying standard earlier this year.

King is the first British competitor in the event since Chris Maddocks at Sydney 2000 but his twin brother Daniel actually has a faster personal best.



LUKE LENNON-FORD

Event: 4x400m relay
Born: 05.05.1989, Sutton Coldfield
Lives: London
Height: 1.83m (6ft)
Weight: 75kg (11st 11lbs)
Club: Birchfield Harriers
Coach: Linford Christie
Games attended: None
Personal best: 45.23 (2012)



Major achievements: **EU23Ch:** bronze (400m); gold (4x400m) 2011.

Luke Lennon-Ford achieved the Olympic A standard when he took three tenths off his personal best in Geneva in June but will run in just the relay at London 2012. His sporting hero is coach Linford Christie and his first Olympic memory is his gold medal run in Barcelona 20 years ago.

@Lukey400m

NIGEL LEVINE

Event: 400m, 4x400m relay
Born: 30.04.1989, Bedford
Lives: Bedford
Height: 1.78m (5ft 10ins)
Weight: 68kg (10st 10lbs)
Club: WSEH
Coach: Linford Christie
Games attended: None
Personal best: 45.11 (2012)



Major achievements: **WCh:** 7th (4x400m) 2011. **WinCh:** silver (4x400m) 2012; bronze (4x400m) 2010. **EinCh:** silver (4x400m) 2011; silver (4x400m) 2009. **EU23Ch:** gold (400m) 2011; gold (4x400m) 2011; silver (400m) 2009.

Nigel Levine is a qualified car technician and occasionally takes part in motor sports.

A two-time European under-23 champion, Levine's heroes are Ato Boldon and Linford Christie, who is also his coach.

@NigelLevine

STEVE LEWIS

Event: Pole vault
Born: 20.05.1986, Stoke-on-Trent
Lives: London
Height: 1.91m (6ft 3ins)
Weight: 84kg (13st 3lbs)
Club: Newham & Essex Beagles
Coach: Dan Pfaff
Games attended: One (Beijing 2008)
Personal best: 5.771 (2012)



Major achievements: **OG:** NH q (PV) 2008. **WCh:** 9th= (PV) 2011; 7th (PV) 2009; NH (PV) 2007. **CG:** silver (PV) 2010; bronze (PV) 2006.

Steve Lewis admits he likes to talk to his poles and made his breakthrough with a bronze at the World Youth Championships in 2003.

He has medalled at the last two Commonwealth Games, silver in Delhi and bronze in Melbourne, but failed to record a height on his Olympic debut in Beijing.

@AirLewis

MARK LEWIS-FRANCIS

Event: 4x100m relay
Born: 04.09.1982, Birmingham
Lives: Slough
Height: 1.80m (5ft 11ins)
Weight: 95kg (14st 13lbs)
Club: Birchfield Harriers
Coach: Linford Christie
Games attended: One (Athens 2004)
Personal best: 10.04 (2002)



Major achievements: **OG:** gold (4x100m) 5th sf (100m) 2004. **WCh:** 5th sf (100m) 2007; bronze (4x100m) 2007; 5th sf (100m) 2005; 7th sf (100m) 2003; 5th sf (100m) 2001. **ECh:** silver (100m) 2010; gold (4x100m) 2006. **CG:** silver (100m), gold (4x100m) 2010. **WinCh:** bronze (60m) 2001. **EinCh:** bronze (60m) 2002.

Mark Lewis-Francis anchored Great Britain's sprint relay quartet to a famous Olympic gold in Athens, holding off the challenge of Maurice Greene on the line.

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He has been hit with injuries since then however, missing Beijing 2008 with an Achilles injury, and while it appeared his career would never reach those heights again, he won silver at the European Championships in 2010 and followed that up with silver at the Commonwealth Games in Delhi the same year.

He also anchored England's 4x100m relay quartet to victory in Delhi but in 2011, injuries struck again and he did not compete at the World Championships in Daegu, travelling only as part of the sprint relay team.

This year, his injury problems have resurfaced and he could only finish sixth at the Olympic trials in Birmingham before he failed to make the final of the European Championships in Helsinki.

His sporting hero is coach Linford Christie and his first Olympic memory was watching his gold medal run in Barcelona.

@mlewisfrancis

MERVYN LUCKWELL

Event: Javelin
Born: 29.11.1984, Milton Keynes
Lives: Loughborough
Height: 1.91m (6ft 3ins)
Weight: 104kg (16st 5lbs)
Club: Marshall Milton Keynes
Coach: Esa Utraiainen
Games attended: None
Personal best: 83.52 (2011)



Major achievements: **WCh:** 45th q (jav) 2009. **UKCh:** silver (jav) 2011; bronze (jav) 2010; gold (jav) 2009.

Mervyn Luckwell moved to sixth on the all-time UK rankings with his 83.52m personal best in Wrexham last year, which helped make amends for his failure to qualify for the World Championship team in Daegu. He achieved the Olympic qualifying standard with only the seventh 80m-plus throw of his career at the Loughborough International this year.

@ml95m

CHRISTIAN MALCOLM

Event: 200m, 4x100m relay
Born: 03.06.1979, Cardiff
Lives: Newport
Height: 1.78m (5ft 10ins)
Weight: 71kg (11st 3lbs)
Club: Cardiff
Coach: Dan Pfaff
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)
Personal best: 20.08 (2001)



Major achievements: **OG:** 5th (200m) 2008; 7th sf (200m) 2004; 5th (200m) 2000. **WCh:** 5th sf (200m) 2011; bronze (4x100m) 2007; 7th sf (200m), bronze (4x100m) 2005. **ECh:** silver (200m) 2010. **CG:** bronze (200m) 2010; silver (200m) 1998.

Christian Malcolm made his Olympic debut in 2000 and might have been part of the victorious sprint relay team in Athens had he not been recovering from kidney failure. He celebrates his races with a packet of jelly tots.

@ChristianM200

ELISH McCOLGAN

Event: 3000m steeplechase
Born: 25.11.1990, Dundee
Lives: Carmouise
Height: 1.74m (5ft 9ins)
Weight: 53kg (8st 5lbs)
Club: Dundee Hawkhill
Coach: Liz McColgan
Games attended: None
Personal best: 9:38.45 (2012)



Major achievements: UKCh: gold (3000m sc) 2012; silver (5000m) 2011.

Eilish McColgan is coached by, and is the daughter of, former 10,000m world champion Liz.

Despite having a throat infection in the build-up, McColgan secured her spot at London 2012 with victory in the 3000m steeplechase at the Olympic trials in Birmingham.

@EilishMcColgan

LEE McCONNELL

Event: 400m, 4x400m relay
Born: 09.10.1978, Glasgow
Lives: Glasgow
Height: 1.77m (5ft 10ins)
Weight: 64kg (10st 1lb)
Club: Shaftesbury Barnet
Coach: Rodger Harkins
Games attended: Two (Beijing 2008, Athens 2004)
Personal best: 50.82 (2002)



Major achievements: OG: 6th sf (400m) 2008; 8th sf (400m), 4th (4x400m) 2004. WCh: 7th sf (400m), 4th (4x400m) 2011; 4th (4x400m) 2009; 5th sf (400m), bronze (4x400m) 2007. ECh: bronze (4x400m) 2010; bronze (400m) 2002. CG: bronze (400m) 2006; silver (400m) 2002.

Lee McConnell has been representing Britain since 2001 and has a host of international relay medals. McConnell has also had a foray into 400m hurdles, winning bronze at the 2006 Commonwealth Games.

@LeeMcConnell400

NICK McCORMICK

Event: 5000m
Born: 11.09.1981, Newcastle
Lives: Loughborough
Height: 1.88m (6ft 2ins)
Weight: 70kg (11st)
Club: Morpeth
Coach: Lindsay Dunn
Games attended: None
Personal best: 13:18.81 (2012)



Major achievements: UKCh: silver (5000m) 2012.

Nick McCormick's decision to step up in distance this season has paid dividends as he prepares to compete in his first major outdoor championship since 2006.

The Morpeth Harrier took nearly ten seconds off his personal best when he ran the Olympic A standard in Spain in June and then finished second at the trials to confirm his place in the team.

@n1ck_mccorm1ck

LEE MERRIEN

Event: Marathon
Born: 26.04.1979, Guernsey
Lives: Castel
Height: 1.82m (6ft)
Weight: 61kg (9st 9lbs)
Club: Newham & Essex Beagles
Coach: John Nuttall
Personal best: 2:13:41 (2012)



Major achievements: WCh: 22nd (mara) 2011. LM: 17th 2012; 14th 2011; 12th 2010.

Lee Merrien recorded a personal best time to finish top Brit at the 2012 London Marathon but was initially overlooked for selection onto the Olympic team.

Merrien's plight was the subject of an online campaign, with 3,000 signing a Facebook page urging selectors to reconsider, which they later did.

@leemerrien

BRETT MORSE

Event: Discus
Born: 11.02.1989, Cardiff
Lives: Penarth
Height: 1.90m (6ft 3ins)
Weight: 110kg (17st 5lbs)
Club: Birchfield Harriers
Coach: Vesteinn Hafsteinsson
Games attended: None
Personal best: 66.06 (2011)



Major achievements: WCh: 12th (DT) 2011.

Brett Morse has already won at the Olympic Stadium, taking victory at the BUCS Championships at the venue in May.

Morse's aims for the Games are a top-eight finish, improving his performance at last year's worlds in Daegu.

His sporting hero is Eric Cantona and he'd like to invite fiery footballer Joey Barton around for dinner.

@Brett_Morse

ROSS MURRAY

Event: 1500m
Born: 08.10.1990, Wallsend
Lives: Twickenham
Height: 1.83m (6ft)
Weight: 69kg (10st 12lbs)
Club: Gateshead
Coach: Craig Winrow
Games attended: None
Personal best: 3:34.76 (2012)



Major achievements: UKCh: silver (1500m) 2012. EXCC: silver (junior team) 2007.

Twelve months ago Ross Murray had given up on his athletics dream. He was considering becoming a holiday rep and preferred the life of a student to hard training.

However, a change of heart and a stunning personal best in Hengelo in May put him on the fringes of Olympic selection, and second place behind Andrew Baddeley at the team trials in Birmingham confirmed it.

@RosscoJammin

CARL MYERSCOUGH

Event: Shot put
Born: 21.10.1979, Hambleton
Lives: California, USA
Height: 2.09m (6ft 10ins)
Weight: 149kg (23st 7lbs)
Club: Blackpool, Wyre & Fylde
Coach: Self-coached
Games attended: None
Personal best: 21.92 (2003)



Major achievements: WCh: 17th q (DT) 2011; 11th (SP) 2009; 12th (SP) 2005. CG: bronze (DT) 2010.

Carl Myerscough achieved the Olympic B standard, to book his place, just hours before the selection window closed at a meeting in Estonia.

He is a multiple national champion who in recent years has combined the shot with discus, yet will only compete in the former at London 2012.



CHRISTINE OHURUOGU

Event: 400m, 4x400m relay
Born: 17.05.1984, London
Lives: London
Height: 1.75m (5ft 8ins)
Weight: 68kg (10st 10lbs)
Club: Newham & Essex Beagles
Coach: Lloyd Cowan
Games attended: Two (Beijing 2008, Athens 2004)
Personal best: 49.61 (2007)



Major achievements: OG: gold (400m), 5th (4x400m), 2008; 4th sf (400m), 4th (4x400m) 2004. WCh: DQ h (400m), 4th (4x400m), 2011; 5th (400m) 2009; gold (400m), bronze (4x400m) 2007; 4th sf (400m), bronze (4x400m), 2005. WInCh: gold (4x400m) 2012. CG: gold (400m) 2006.

Christine Ohuruogu is Britain's only reigning track and field Olympic champion, having won gold with one of her trademark late charges at Beijing 2008.

That victory completed a golden two years for Ohuruogu having won the World Championship title in 2007 in Osaka however a number of injuries have hampered her since Beijing.

Injury ensured 2010 was a year to forget while her 2011 World Championships ended with disqualification after a false start in the heats of the 400m.

An impressive leg as Britain took 4x400m gold at the World Indoor Championships in Istanbul in March however suggested she might be hitting form in time for a home Games.

And at the Olympic trials in June, Ohuruogu eased to victory in 51.89seconds to make sure of her spot at London 2012.

@chrissohuruogu

MARILYN OKORO

Event: 4x400m relay
Born: 23.09.1984, London
Lives: London
Height: 1.67m (5ft 6ins)
Weight: 60kg (9st 6lbs)
Club: Shaftesbury Barnet
Coach: Ayo Falola
Games attended: One (Beijing 2008)
Personal best: 400m 52.02 (2006)



Major achievements: OG: 6th sf (800m), 5th (4x400m) 2008. WCh: 7th sf (800m) 2011; 8th (800m) 2009; 4th sf (800m), bronze (4x400m) 2007. ECh: bronze (4x400m) 2010.

Marilyn Okoro is part of the 4x400m relay squad having missed out on selection for the 800m. Away from the track Okoro is a keen gospel and jazz singer and she can also speak Spanish.

@mokoro4

LAWRENCE OKOYE

Event: Discus
Born: 06.10.1991, Croydon
Lives: Croydon
Height: 1.97m (6ft 6ins)
Weight: 129kg (20st)
Club: Croydon
Coach: John Hillier
Games attended: None
Personal best: 68.24 (2012)



Major achievements: UKCh: gold (DT) 2012. EU23Ch: gold (DT) 2011.

Lawrence Okoye only began full-time athletics training in 2010 after a promising career in rugby, where he played as a wing for the academy sides at London Irish and Wasps.

He claims to eat six small meals a day and he will start his law degree at Oxford University in September having turned down a scholarship to the University of Nebraska.

@LawrenceOkoye1

ANYIKA ONUORA

Event: 100m, 200m
Born: 28.10.1984, Liverpool
Lives: London
Height: 1.78m (5ft 10ins)
Weight: 72kg (11st 5lbs)
Club: Liverpool Harriers
Coach: Christine Bowmaker
Games attended: One (Beijing 2008)
Personal best: 11.18 (2011), 22.93 (2011/12)



Major achievements: WCh: 5th h (100m), 7th sf (200m), 5th h (4x100m) 2011; 4th (4x100m) 2007. ECh: silver (4x100m) 2006. CG: silver (4x100m) 2006.

An unused member of Britain's 4x100m relay team at Beijing 2008, Anyika Onuora spent the whole of 2010 on the sidelines through injury. Her brother is former Huddersfield and Gillingham footballer Ify Onuora.

@annyonuora

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ANDREW OSAGIE

Event: 800m
Born: 19.02.1988, Harlow
Lives: Twickenham
Height: 1.89m (6ft 2ins)
Weight: 72kg (11st 5lbs)
Club: Harlow
Coach: Craig Winrow
Games attended: None
Personal best: 1:44.61 (2012)



Major achievements: **WCh:** 4th sf (800m) 2011. **WinCh:** bronze (800m) 2012.

Andrew Osagie failed to progress to the final of the 2011 World Championships but 2012 has been a breakthrough year.

A world indoor bronze medal in Istanbul was the trigger, while he set a personal best at the IAAF Diamond League meeting in New York. Osagie is also a black belt in karate and can solve the Rubik's Cube in under four minutes.

@andrewosagie

ABI OYEPITAN

Event: 100m, 200m
Born: 30.12.1979, London
Lives: London
Height: 1.65m (5ft 5ins)
Weight: 57kg (9st)
Club: Shaftesbury Barnet
Coach: Tony Lester
Games attended: One (Athens 2004)
Personal best: 11.17 (2004), 22.50 (2004)



Major achievements: **OG:** 7th (200m), 5th sf (100m) 2004. **WCh:** 6th of (200m) 2003; 7th of (100m), 6th (4x100m) 2001. **CG:** silver (200m), gold (4x100m) 2010.

Abi Oyepitan's appearance at London 2012 comes eight years after her breakthrough at Athens in 2004. Between the high point of reaching the 200m final and two Commonwealth Games medals in 2010, Oyepitan has been hit by injury.

@AbiOyepitan

SCOTT OVERALL

Event: Marathon
Born: 09.02.1983, Hammersmith
Lives: Twickenham
Height: 1.81m (5ft 11ins)
Weight: 62kg (9st 11lbs)
Club: Blackheath & Bromley
Coach: Robert Chapman
Personal best: 2:10:55 (2011)



Major achievements: **UKCh:** gold (5000m) 2009; silver (5000m) 2008.

Scott Overall produced a brilliant run to finish fifth on his marathon debut in Berlin last year, clocking the Olympic A standard in the process and moving to 24th on the all-time British rankings.

He was a pacemaker for this year's London Marathon and won a half marathon in Silverstone in March and achieved an eighth place in New York a week later.

@scottoverall

BARBARA PARKER

Event: 5000m, 3000m steeplechase
Born: 08.11.1982, King's Lynn
Lives: California, USA
Height: 1.71m (5ft 7ins)
Weight: 52kg (8st 3lbs)
Club: City of Norwich
Coach: Sean Burris
Games attended: One (Beijing 2008)



Personal best: 15:14.26 (2012), 9:24.24 (2012)

Major achievements: **OG:** 12th h (3000m sc) 2008. **WCh:** 14th (3000m sc) 2011.

Former high jumper Barbara Parker is based in America and coached by husband Sean Burris.

Having made her first major championship final in Daegu last year Parker has carried her good form into 2012 with a British record in June.

@BarbaraParker3

JO PAVEY

Event: 5000m, 10,000m
Born: 20.09.1973, Exeter
Lives: Exeter
Height: 1.62m (5ft 4ins)
Weight: 49kg (7st 10lbs)
Club: Exeter
Coach: Gavin Pavey
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)
Personal best: 14:39.96 (2006), 31:12.30 (2008)



Major achievements: **OG:** 12th (10,000m) 2008; 5th (5000m), 13th ht (1500m) 2004; 12th (5000m) 2000. **WCh:** 4th (10,000m), 9th (5000m) 2007. **ECh:** silver (10,000m) 2012. **CG:** silver (5000m) 2006.

Jo Pavey will contest her fourth Olympics at London 2012, having recently won European 10,000m silver. After she was edged out of the marathon by Claire Hallissey earlier this year she switched her focus back to the track.

@jopavey

TIFFANY PORTER

Event: 100m hurdles
Born: 13.11.1987, Ypsilanti, USA
Lives: London
Height: 1.75m (5ft 9ins)
Weight: 68kg (10st 10lbs)
Club: Woodford Green Essex with Ladies
Coach: James Henry
Games attended: None
Personal best: 12.56 (2011)



Major achievements: **WCh:** 4th (100mh) 2011. **WinCh:** silver (60mh) 2012. **EInCh:** silver (60mh) 2011. **NatCh:** silver (100mh) 2012; gold (100mh) 2011.

Tiffany Porter secured her 2012 spot with silver at the Olympic trials behind Jessica Ennis. Having chosen to compete for Britain over America in 2011 Porter has won silver medals at the European and World Indoor Championships.

@tiffofilii

ANDREW POZZI

Event: 110m hurdles
Born: 15.05.1992, Leamington Spa
Lives: Bristol
Height: 1.90m (6ft 3ins)
Weight: 78kg (12st 4lbs)
Club: Stratford-upon-Avon
Coach: Malcolm Arnold
Games attended: None
Personal best: 13.35 (2012)



Major achievements: **EJCh:** silver (110mh) 2011. **UKCh:** gold (110mh) 2012.

Andrew Pozzi enjoyed an impressive indoor season, just missing out on a medal at the World Championships but he continued his form outdoors, running a personal best at the Olympic Stadium during the BUCS Championships. Pozzi beat training partner Lawrence Clarke to win his first national title in June.

@andrew_pozzi

SHARA PROCTOR

Event: Long jump
Born: 16.09.1988, Anguilla
Lives: Daytona Beach, USA
Height: 1.65m (5ft 5ins)
Weight: 60kg (9st 6lbs)
Club: Birchfield Harriers
Coach: Rana Reider
Games attended: None
Personal best: 6.95 (2012)



Major achievements: **WCh:** 11th q (LJ) 2011; 6th (LJ) 2009; 29th q (LJ) 2007. **WinCh:** bronze (LJ) 2012. **UKCh:** gold (LJ) 2012, gold (LJ) 2011.

Shara Proctor transferred allegiance to GB in 2010 due to her home country Anguilla not being recognised by the International Olympic Committee.

After setting a new British record at the Olympic trials, Proctor will be among the medal contenders in London.

@SharaProctor

PAULA RADCLIFFE

Event: Marathon
Born: 17.12.1973, Northwich
Lives: Monte Carlo, Monaco
Height: 1.73m (5ft 8ins)
Weight: 54kg (8st 7lbs)
Club: Bedford & County
Coach: Gary Lough
Games attended: Four (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996)
Personal best: 2:15:25 (2003)



Major achievements: **OG:** 23rd (mara) 2008; DNF (mara), DNF (10,000m) 2004; 4th (10,000m) 2000; 5th (5000m) 1996. **WCh:** gold (mara), 9th (10,000m) 2005; 4th (10,000m) 2001; silver (10,000m) 1999; 4th (5000m) 1997; 5th (5000m) 1995; 7th (3000m) 1993. **ECh:** gold (10,000m) 2002. **CG:** gold (5000m) 2002.

Paula Radcliffe will be competing in her fifth Olympics at London 2012 after an unbroken run of four consecutive Games that stretches back to Atlanta in 1996.

Radcliffe has endured a chequered relationship with the Games however and despite winning World Championship, European Championship and Commonwealth Games golds she has never stood on the Olympic podium.

Nowhere was the disappointment felt more acutely than the 2004 Olympics in Athens with Radcliffe having set a new world record – which still stands – a year previously. Injury however saw her unable to finish the race while she was also affected by a leg problem at Beijing 2008 – ending back in 23rd.

Radcliffe secured passage to her fifth Games by proving her fitness at the Berlin Marathon in September 2011 – clocking 2:23.46.

She will match the achievements of race walker Chris Maddocks in competing for the British track and field team at five Olympics at London 2012 however Tessa Sanderson leads with six outings. Her pre-race superstitions include an ice bath and wearing lucky pins while her favourite food is sushi.

@paulajradcliffe

MICHAEL RIMMER

Event: 800m
Born: 03.02.1986, Southport
Lives: Manchester
Height: 1.85m (6ft 1in)
Weight: 67kg (10st 8lbs)
Club: Liverpool Pembroke Sefton Harriers
Coach: Norman Poole
Games attended: One (Beijing 2008)
Personal best: 1:43.89 (2010)



Major achievements: **OG:** 6th sf (800m) 2008. **WCh:** 5th ht (800m) 2011; 7th sf (800m) 2009; 6th sf (800m) 2007. **ECh:** silver (800m) 2010.

Michael Rimmer recalls watching the TV as he waited for the result of London's bid for the 2012 Olympics.

He always wears a lucky white t-shirt under his vest and his all-time Olympic hero is Michael Johnson.

MARTYN ROONEY

Event: 400m, 4x400m relay
Born: 03.04.1987, Croydon
Lives: Loughborough
Height: 1.98m (6ft 6ins)
Weight: 81kg (12st 11lbs)
Club: Croydon
Coach: Nick Dakin
Games attended: One (Beijing 2008)
Personal best: 44.60 (2008)



Major achievements: **OG:** 6th (400m) 2008; 4th (4x400m) 2008. **WCh:** 7th sf (400m), 7th (4x400m) 2011; 7th sf (400m), silver (4x400m) 2009; 4th ht (400m), 6th (4x400m) 2007; 4th (4x400m) 2005. **ECh:** silver (4x400m), bronze (400m) 2010.

Martyn Rooney is a multiple national champion and he was selling sweets at a school sports day when he learned London had won the 2012 Olympics.

Rooney ranks eighth on the all-time British 400m list.

@MartynRooney

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GREG RUTHERFORD

Event: Long jump
Born: 17.11.1986, Milton Keynes
Lives: Milton Keynes
Height: 1.88m (6ft 2ins)
Weight: 84kg (13st 3lbs)
Club: Marshall Milton Keynes
Coach: Dan Pfaff
Games attended: One (Beijing 2008)
Personal best: 8.35 (2012)



Major achievements: **OG:** 10th (LJ) 2008. **WCh:** 7th q (LJ) 2011; 5th (LJ) 2009; 21st q (LJ) 2007. **ECh:** silver (LJ) 2006. **EJCh:** gold (LJ) 2005.

Greg Rutherford had trials with Aston Villa FC before focusing on athletics, winning his first national title in 2005. His fifth-place finish in 2009 is his best performance at a World Championships while he was the third best qualifier for the final at the 2008 Olympics.

@GregJRutherford

NICOLA SANDERS

Event: 4x400m relay
Born: 23.06.1982, High Wycombe
Lives: Bourne End
Height: 1.71m (5ft 7ins)
Weight: 58kg (9st 3lbs)
Club: WSEH
Coach: Tony Lester
Games attended: One (Beijing 2008)
Personal best: 49.65 (2007)



Major achievements: **OG:** 4th sf (400m), 5th (4x400m) 2008. **WCh:** 6th sf (400m), 4th (4x400m) 2011; 4th sf (400m), 4th (4x400m) 2009; silver (400m), bronze (4x400m) 2007; bronze (4x400m) 2005. **ECh:** bronze (4x400m) 2010. **WinCh:** gold (4x400m) 2012.

Nicola Sanders was a promising 400m hurdler until injuries forced her to switch to the flat 400m. She won silver at the World Championships in 2007 but has since overcome a number of fitness setbacks.

@nic400

GOLDIE SAYERS

Event: Javelin
Born: 16.07.1982, Newmarket
Lives: London
Height: 1.71m (5ft 7ins)
Weight: 70kg (11st)
Club: Belgrave Harriers
Coach: Dan Pfaff
Games attended: Two (Beijing 2008, Athens 2004)
Personal best: 66.17 (2012)



Major achievements: **OG:** 4th (jav) 2008; 9th q (jav) 2004. **WCh:** 10th (jav) 2011; 8th q (jav) 2009; 18th q (jav) 2007; 12th (jav) 2005.

Goldie Sayers came agonisingly close to a medal at Beijing 2008, finishing fourth, while she missed out on qualification for the final at Athens 2004.

Sayers also finished fourth in her Olympic warm up – the European Championships in Helsinki in June.

@goldiesayers

PERRI SHAKES-DRAYTON

Event: 400m hurdles
Born: 21.12.1988, London
Lives: London
Height: 1.72 (5ft 8ins)
Weight: 66kg (10st 6lbs)
Club: Victoria Park Harriers & Tower Hamlets
Coach: Chris Zah
Games attended: None
Personal best: 53.77 (2012)



Major achievements: **WCh:** 3rd sf (400mh), 4th (4x400m) 2011; 7th sf (400mh) 2009. **ECh:** bronze (400mh), bronze (4x400m) 2010. **WinCh:** gold (4x400m) 2012.

Despite winning the trials Perri Shakes-Drayton missed out on selection for the Beijing Games when Tasha Danvers was given the nod.

Shakes-Drayton made her breakthrough with double bronze at the European Championships in 2010.

@Shakesdrayton

LYNSEY SHARP

Event: 800m
Born: 11.07.1990, Edinburgh
Lives: Edinburgh
Height: 1.75m (5ft 9ins)
Weight: 60kg (9st 6lbs)
Club: Edinburgh
Coach: David Sunderland
Games attended: None
Personal best: 2:00.52 (2012)



Major achievements: **ECh:** silver (800m) 2012. **EU23Ch:** bronze (800m) 2011. **UKCh:** gold (800m) 2012.

Lynsey Sharp emerged from relative obscurity to secure London 2012 selection by winning the Olympic trials in Birmingham and claiming a European Championship silver medal in Helsinki.

Sharp's father Cameron was also an athlete – winning 200m European Championship silver and competed at the Moscow 1980 Olympics.

@LynseySharp

ALEX SMITH

Event: Hammer throw
Born: 06.03.1988, Hull
Lives: Hull
Height: 1.83m (6ft)
Weight: 115kg (18st 2lbs)
Club: Sale Harriers Manchester
Coach: Shane Peacock
Games attended: None
Personal best: 75.63 (2012)



Major achievements: **CG:** silver (HT) 2010. **UKCh:** gold (HT) 2012; gold (HT) 2011; gold (HT) 2010; gold (HT) 2009.

Alex Smith edged a close selection with Mark Dry to earn Olympic selection for the hammer on Team GB.

A four-time national champion, his father Dave was Commonwealth champion in the hammer in 1986.



STUART STOKES

Event: 3000m steeplechase
Born: 05.12.1976, Bolton
Lives: Bolton
Height: 1.81m (5ft 11ins)
Weight: 65kg (10st 3lbs)
Club: Sale Harriers Manchester
Coach: David Stokes
Games attended: None
Personal best: 8:23.66 (2008)



Major achievements: **CG:** 5th (3000m sc) 2010; 5th (3000m sc) 2006; 4th (3000m sc) 2002.

Stuart Stokes secured his first-ever Olympic appearance by virtue of running two B standards

Stokes has vast experience in the steeplechase, having competed at three Commonwealth Games and also dabbled in triathlon earlier in his career. Stokes will be the oldest member of the men's track and field team.



DANNY TALBOT

Event: 4x100m relay
Born: 01.05.1991, Salisbury
Lives: Trowbridge
Height: 1.84m (6ft)
Weight: 69kg (10st 12lbs)
Club: Birchfield Harriers
Coach: Daniel Cossins
Games attended: None
Personal best: 10.21 (2011)



Major achievements: **ECh:** 200m (bronze) 2012. **EU23Ch:** silver (4x100m) 2011.

Danny Talbot won 200m bronze at this year's European Championships in Helsinki but forms part of the British sprint relay squad for London 2012.

Highly superstitious, he used to always wear the same socks, and a Help for Heroes wristband. He is very proud of his convincing Barack Obama impression.

@DannyRakeTalbot

CHRIS THOMPSON

Event: 10,000m
Born: 17.04.1981, Barrow-in-Furness
Lives: Oregon, USA
Height: 1.78m (5ft 10ins)
Weight: 67kg (10st 8lbs)
Club: Aldershot, Farnham & District
Coach: John Nuttall
Games attended: None
Personal best: 27:27.36 (2011)



Major achievements: **ECh:** silver (10,000m) 2010.

Chris Thompson's finest hour to date came at the 2010 European Championships when he claimed silver behind Mo Farah in the 10,000m.

After struggling with niggling injuries in 2011 Thompson was unable to contest the World Championships in Daegu. He is a big Oasis fan and his favourite food is pizza.



ROB TOBIN

Event: 4x400m relay
Born: 20.12.1983, Lincoln
Lives: Basingstoke
Height: 1.87m (6ft 2ins)
Weight: 79kg (12st 6lbs)
Club: Basingstoke & Mid Hants
Coach: Dan Pfaff
Games attended: One (Beijing 2008)
Personal best: 45.01 (2005)



Major achievements: **OG:** 4th (4x400m) 2008. **WCh:** silver (4x400m) 2009; 6th (4x400m) 2007; 4th (4x400m) 2005. **ECh:** silver (4x400m) 2010; silver (4x400m) 2006. **CG:** bronze (4x400m) 2010; 4th (4x400m) 2006. **EU23Ch:** gold (400m) 2005.

Rob Tobin was a promising young footballer who was on the books of three top teams. A relay medalist at world, European and Commonwealth level, Tobin just missed out on 4x400m relay bronze at the Beijing Olympics.

@Rob_Tobin

CHRIS TOMLINSON

Event: Long jump
Born: 15.09.1981, Middlesbrough
Lives: London
Height: 1.97m (6ft 6ins)
Weight: 84kg (13st 3lbs)
Club: Newham & Essex Beagles
Coach: Frank Atton
Games attended: Two (Beijing 2008, Athens 2004)
Personal best: 8.35 (2011)



Major achievements: **OG:** 27th q (LJ) 2008; 4th (LJ) 2004. **WCh:** 11th (LJ) 2011; 8th (LJ) 2009; 16th q (LJ) 2007; 4th q (LJ) 2005; 4th (LJ) 2003. **ECh:** bronze (LJ) 2010. **WinCh:** silver (LJ) 2008.

Chris Tomlinson broke Lynn Davies' 34-year-old national record in 2002 and London will be his third Games.

In 2008, he wed his West End actress girlfriend Lucia Rovaardi, who gave birth to their son Raphael in March.

@LongJumpChris

ANDY TURNER

Event: 110m hurdles
Born: 19.09.1980, Nottingham
Lives: Sutton
Height: 1.83m (6ft)
Weight: 78kg (12st 4lbs)
Club: Sale Harriers Manchester
Coach: Lloyd Cowan
Games attended: Two (Beijing 2008, Athens 2004)
Personal best: 13.22 (2011)



Major achievements: **OG:** 5th q (110mh) 2008; 7th ht (110mh) 2004. **WCh:** bronze (110mh) 2011; 5th ht (110mh) 2009; 3rd sf (110mh) 2007. **ECh:** gold (110mh) 2010; bronze (110mh) 2006. **CG:** gold (110mh) 2010; bronze (110mh) 2006.

Andy Turner has won world, European and Commonwealth medals in the past two years.

Gordon Ramsay once cooked him dinner in his own house, although his favourite food is pizza.

@andyturner110h

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GARETH WARBURTON

Event: 800m
Born: 23.04.1983, Beverley
Lives: Cardiff
Height: 1.86m (6ft 1in)
Weight: 72kg (11st 3lbs)
Club: Cardiff
Coach: Darrell Maynard
Games attended: None
Personal best: 1:44.98 (2012)



Major achievements: UKCh: 4th (800m) 2012; bronze (800m) 2011.

Gareth Warburton was the last track and field athlete selected onto Team GB after winning an appeal against his original non-selection.

The Welshman has been in impressive form in 2012, running the Olympic A standard at a Diamond League meeting in Oslo in June.

@garethwarburton

DAVE WEBB

Event: Marathon
Born: 17.03.1982, Leeds
Lives: Birmingham
Height: 1.78m (5ft 10ins)
Weight: 62kg (9st 11lbs)
Club: Leeds City
Coach: Bud Baldaro, Sian Webb
Games attended: None
Personal best: 2:15:42 (2010)



Major achievements: WCh: 15th (mara) 2011. LM: 19th 2011.

A chartered accountant at a finance firm in Leeds, Dave Webb finished 15th at last year's World Championships in Daegu.

Webb gets up at 6am each day to fit in a seven-mile training run before heading off to work. After nine hours in the office he then winds down in the evenings with another run.



LAURA WEIGHTMAN

Event: 1500m
Born: 01.07.1991, Alnwick
Lives: Leeds
Height: 1.72m (5ft 8ins)
Weight: 56kg (8st 12lbs)
Club: Morpeth
Coach: Steve Cram
Games attended: None
Personal best: 4:04.88 (2012)



Major achievements: UKCh: gold (1500m) 2012.

Laura Weightman is coached by Olympic silver medallist Steve Cram and secured her London 2012 spot with a resounding victory at the trials in Birmingham.

Like Hannah England, Weightman has also received help from Dame Kelly Holmes' mentoring scheme and her good form in 2012 came off the back of a tough 2011 which saw her struggle with asthma and a knee injury.

@LauraWeightman

CONRAD WILLIAMS

Event: 400m, 4x400m relay
Born: 20.03.1982, Kingston, Jamaica
Lives: Hither Green
Height: 1.85m (6ft 1in)
Weight: 75kg (11st 11lbs)
Club: Kent
Coach: Linford Christie
Games attended: None
Personal best: 45.08 (2012)



Major achievements: WCh: silver (4x400m) 2009. ECh: silver (4x400m) 2012; silver (4x400m) 2010. CG: bronze (4x400m) 2010. WinCh: bronze (4x400m) 2010.

Conrad Williams only started sprinting aged 20 and within eight months he was running for Great Britain.

He is now established on the international team, enjoying success with the 4x400m quartet at the World and European Championships.

@cwilliams400

RHYS WILLIAMS

Event: 400m hurdles
Born: 27.02.1984, Cardiff
Lives: London
Height: 1.85m (6ft 1in)
Weight: 73kg (11st 7lbs)
Club: Cardiff
Coach: Dan Pfaff
Games attended: None
Personal best: 48.96 (2010)



Major achievements: WCh: 5th ht (400mh) 2009. ECh: gold (400mh) 2012; silver (400mh) 2010; bronze (400mh) 2006. CG: bronze (400mh) 2010.

Rhys Williams completed a full set of European medals with 400m hurdles gold in Helsinki just a few weeks before the Games.

He missed the 2008 Olympics after suffering a stress fracture in his right foot while he is the son of Wales rugby union legend JJ Williams.

@rhysw400

SIMEON WILLIAMSON

Event: 4x100m relay
Born: 16.01.1986, London
Lives: Enfield
Height: 1.86m (6ft 1in)
Weight: 95kg (14st 13lbs)
Club: Highgate
Coach: Stephen Francis, Lloyd Cowan
Games attended: One (Beijing 2008)
Personal best: 10.03 (2008)



Major achievements: OG: 4th of (100m) 2008. WCh: 5th of (100m) 2009. WUG: gold (100m) 2007 EU23Ch: gold (100m) 2007.

Simeon Williamson moved to fourth on the all-time British 100m rankings with his personal best before Beijing 2008 but failed to progress through the 100m quarter-finals. He missed all the 2010 season through injury and raced only lightly last year.

@simba100m

MARA YAMAUCHI

Event: Marathon
Born: 13.08.1973, Oxford
Lives: Teddington
Height: 1.62m (5ft 3ins)
Weight: 51kg (8st)
Club: Harrow
Coach: Shige Yamauchi
Games attended: One (Beijing 2008)
Personal best: 2:23:13 (2009)



Major achievements: OG: 6th (mara) 2008. WCh: 9th (mara) 2007; 18th (mara) 2005. CG: bronze (10,000m) 2006.

Mara Yamauchi's finest hour in the marathon came at the Beijing Games in 2008 when she finished sixth.

She was one of the first athletes selected for the Games, alongside Paula Radcliffe and Scott Overall, back in December 2011.

@marayamauchi

MICHAEL AFILAKA

Title: UKA Performance Coach
Games role: Team Coach
Born: 16.11.1971, London
Lives: London



FUZZ AHMED

Title: UKA National Event Coach
Games role: Team Coach
Born: 10.04.1966, Southampton
Lives: Birmingham



MALCOLM ARNOLD

Title: UKA National Event Coach
Games role: Team Coach
Born: 04.04.1940, Northwich
Lives: Melksham



FRANK ATTOH

Title: Jumps Coach
Games role: Team Coach
Born: 21.08.1956, Accra, Ghana
Lives: Harrow



BUD BALDARO

Title: Coach
Games role: Team Coach
Born: 05.09.1947, Birmingham
Lives: Smethwick



NEIL BLACK

Title: Head of Sports Science & Medicine
Games role: Therapist
Born: 23.05.1959, Ashington
Lives: Shifnal



GORDON BOSWORTH

Title: UKA Chief Physiotherapist
Games role: Therapist
Born: 24.03.1959, Leicester
Lives: Loughborough



ANDY BURKE

Title: UKA Performance Therapist
Games role: Therapist
Born: 19.09.1967, Bridgend
Lives: London



ROB CHAKRAVERTY

Title: UKA Team Doctor
Games role: Doctor
Born: 26.09.1962, Scunthorpe
Lives: Shrewsbury



PAULA CLAYTON

Title: UKA Senior Performance Soft Tissue Therapist
Games role: Therapist
Born: 17.12.1966, Hanover, Germany
Lives: Clebury Mortimer



JENNY CLOSE

Title: Performance Programme Senior Coordinator
Games role: Team Manager
Born: 11.04.1979, Leamington Spa
Lives: Warwick



LLOYD COWAN

Title: UKA Performance Coach
Games role: Team Coach
Born: 08.07.1962, Hackney
Lives: London



NICK DAKIN

Title: Coach
Games role: Personal Coach
Born: 13.11.1963, Streatham
Lives: Loughborough



PAUL DIJKSTRA

Title: UKA Chief Medical Officer
Games role: Doctor
Born: 03.12.1967, Middelburg, South Africa
Lives: Sevenoaks



ANDI DRAKE

Title: Coach
Games role: Personal Coach
Born: 06.02.1965, Coventry
Lives: Leeds



DEREK EVELY

Title: Coach
Games role: Team Coach
Born: 02.06.1965, Burnaby, Canada
Lives: Loughborough



BARRY FUDGE

Title: EIS Senior Physiologist
Games role: Team Coach
Born: 20.01.1981, Inverness
Lives: Loughborough



STEVE FUDGE

Title: UKA Sprint & Hurdles Coach
Games role: Personal Coach
Born: 20.01.1981, Inverness
Lives: Loughborough



CLAIRE FURLONG

Title: UKA Head of Communications
Games role: Media Manager
Born: 22.11.1973, London
Lives: Wallingford



GEORGE GANDY

Title: National Event Coach
Games role: Team Coach
Born: 10.05.1940, Newcastle
Lives: Loughborough



JOHN HILLIER

Title: Coach
Games role: Team Coach
Born: 29.12.1944, London
Lives: London



TONY LESTER

Title: UKA Senior Performance Coach
Games role: Team Coach
Born: 24.03.1959, Portlaid
Lives: Windlesham



GARY LOUGH

Title: Coach
Games role: Personal Coach
Born: 06.07.1970, Larne
Lives: Monte Carlo



STU McMILLAN

Title: UKA Lead Strength & Conditioning Coach
Games role: Personal Coach
Born: 13.11.1969, Bradford
Lives: London



TONI MINICHIELLO

Title: National Event Coach
Games role: Team Coach
Born: 24.11.1966, Sheffield
Lives: Sheffield



ASTON MOORE

Title: National Event Coach
Games role: Team Coach
Born: 08.02.1956, Kingston, Jamaica
Lives: Birmingham



JAMES MOORE

Title: UKA National Clinical Lead
Physiotherapist
Games role: Therapist
Born: 24.05.1974, Epsom
Lives: Leatherhead



SIMON NATHAN

Title: UKA Head of Performance
Operations
Games role: Team Manager
Born: 28.11.1966, Berkeley
Lives: Redditch



JOHN NUTTALL

Title: UKA Endurance Coach
Games role: Team Coach
Born: 11.01.1967, Preston
Lives: Loughborough



DAN PFAFF

Title: UKA Centre Director
Games role: Team Coach
Born: 10.01.1954, Ohio, USA
Lives: Potters Bar



NORMAN POOLE

Title: Coach
Games role: Personal Coach
Born: 22.07.1948, Manchester
Lives: Altrincham



JOHN POWELL

Title: Coach
Games role: Personal Coach
Born: 06.12.1958, London
Lives: Orpington



JULIEN RAFFALLI

Title: Coach
Games role: Team Coach
Born: 20.05.1980, Burgundy, France
Lives: Manchester



GERRY RAMOGIDA

Title: UKA Performance Therapist
Games role: Therapist
Born: 29.11.1971, Vancouver, Canada
Lives: Haringey



GREG RICHARDS

Title: Coach
Games role: Team Coach
Born: 25.04.1956, Birmingham
Lives: London



RICKY SOOS

Title: Coach
Games role: Team Coach
Born: 28.06.1983, Sutton-in-Ashfield
Lives: Loughborough



DERRY SUTER

Title: UKA Soft Tissue Therapist
Games role: Therapist
Born: 02.06.1966, Sutton-in-Ashfield
Lives: Mansfield



RONE THOMPSON

Title: Consultant Therapist
Games role: Therapist
Born: 30.06.1977, Windhoek, Namibia
Lives: Loughborough



ESA UTRIAINEN

Title: National Event Coach
Games role: Personal Coach
Born: 20.11.1953, Virtsalmi, Finland
Lives: Loughborough



CHARLES VAN COMMENE

Title: UK Head Coach
Games role: Team Leader
Born: 22.06.1958, Amsterdam, Netherlands
Lives: London



Charles van Commenee took over as national head coach in 2008 on the back of guiding his native Netherlands to their second-best ever Olympic medal haul in Beijing.

Van Commenee has long been associated with British athletics having previously coached Denise Lewis and Kelly Sotherton to heptathlon gold and bronze respectively.

The 58-year-old was also a keen athlete in his youth before a hamstring injury forced him to give up the sport and focus on coaching.

CRAIG WINROW

Title: Coach
Games role: Personal Coach
Born: 22.12.1971, Ormskirk
Lives: Sunbury



ALISON WYETH

Title: UKA London 2012 Project Manager and Sports Engagement Manager
Games role: Team Manager
Born: 26.05.1964, Southampton
Lives: Loughborough



SHIGE YAMAUCHI

Title: Coach
Games role: Personal Coach
Born: 26.06.1971, Tokyo, Japan
Lives: Teddington



CHRIS ZAH

Title: Coach
Games role: Personal Coach
Born: 25.07.1965, Ghana
Lives: Bow



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Badminton



Badminton

Introduction

British military officers stationed in India are credited with inventing badminton after adding a net to the traditional English game, battledore and shuttlecock. After they brought it back to the UK, badminton was subsequently played at the Duke of Beaufort's Gloucestershire residence, Badminton House, in 1873 while official rules were drawn up in 1877.

Asian nations have dominated since the sport's Olympic inclusion, with China, South Korea and Indonesia winning 23 of the 24 gold medals – Denmark claiming the other – since Barcelona 1992, where badminton featured for the first time.

After staging the 2011 World Championships, Wembley Arena will host 172 shuttlers – 86 men and 86 women – who will contest five events.

● This is a young team with huge potential and after a full year of very tough Olympic qualification everybody deserves to be a part of Team GB. ●

**GB Badminton Head Coach
Kenneth Jonassen**

After limited success at Barcelona 1992 and Atlanta 1996, Jo Goode and Simon Archer became the first British badminton players to win an Olympic medal with mixed doubles bronze at Sydney 2000.

At Athens 2004, Gail Emms and Nathan Robertson were the first Brits to reach a final, winning mixed doubles silver after defeat to China's Zhang Jun and Gao Ling.

Of the six Brits who competed at Beijing

2008, Emms and Robertson progressed the furthest but were defeated in the quarter-finals by South Korea's Lee Yong-Dae and Lee Hyo-Jung in the first Olympics to feature the 'rally point' scoring system.

Great Britain's overall Olympic medal tally remains at two but Gillian Gilks and Derek Talbot won mixed doubles gold at Munich 1972 when badminton was a demonstration sport, as it was in Seoul 1988.

Team GB 2012

Great Britain will be represented by Rajiv Ouseph in the men's singles, Susan Egelstaff in the women's singles and Chris Adcock and Imogen Bankier in the mixed doubles at London 2012.

Two members of the squad, Egelstaff and Bankier, are Scottish while all four will be making their Olympic debuts at London 2012. All reached London 2012 by achieving their relevant qualification criteria in the May 3 world rankings, when the year-long qualification period closed.

In the three doubles competitions, each nation is permitted one of the 16 places, or two if both pairs were in the world's top eight on May 3. Only Adcock and Bankier, tenth in the world, were able to qualify for Team GB in mixed doubles.

Knowing that neither they, nor Athens 2004 silver medallist Nathan Robertson and his partner Jenny Wallwork would reach the top eight, the two pairs vied for the one British spot. Adcock and Bankier seized momentum with their world silver medal last year and

WORDS TO LEARN +

LIFT:

A shot played from beneath the height of the net, normally played high to the back of the court

SMASH:

A hard, overhead shot, hit directly down into the opposition's court

FORECOURT:

The front area of each half of the court, between the net and the service line

CLEAR:

A shot hit deep into the opponent's court

edged in front last October.

At the Malaysia Open in January, Bankier and Adcock lost to their British rivals but beat them at the Swiss Open in March and crucially at April's European Championships en route to bronze in Sweden.

With 172 athletes competing in the London 2012 badminton event, the number of singles players is decided by subtracting the number of doubles players from 172 and distributed between the men's and women's competitions.

With Ouseph ranking 19th in the world on May 3 he comfortably secured his place while Egelstaff, who injured her knee last September and spent three months on the sidelines, edged out Liz Cann to

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Rajiv Ouseph, Susan Egelstaff, Imogen Bankier and Chris Adcock of Great Britain

DID YOU KNOW?
.....
China's Fu Haifeng and Cai Yun won their fourth world men's doubles title at Wembley last year yet when it comes to the Olympics, their best is a silver, won at Beijing 2008



● When I received my selection letter to say that I would become an Olympian at the London 2012 Games, I was over the moon! I had achieved one of my lifelong goals. ●

Chris Adcock

DID YOU KNOW?

Each shuttlecock at London 2012 will weigh between 4.74g and 5.5g and contain 16 feathers, each plucked from the left wing of a goose

qualify – ranking 36th on May 3 to Cann's 48th.

Ouseph won his fifth consecutive English National crown this year and won the prestigious US Open in 2010. He also won Commonwealth Games silver in 2010, losing in the final to then world No.1 Lee Chong Wei of Malaysia.

Egelstaff claimed Commonwealth Games bronze at Melbourne 2006, while she and Bankier are Scotland's first badminton Olympians since Anne Gibson at Atlanta 1996. Adcock and Andrew Ellis finished the qualification period in 23rd place but once national and continental allocations were taken into account, they were listed as first reserves in the men's doubles competition.

Competition format

Olympic badminton consists of five events – men's singles, men's doubles, women's

FACT FILE



VENUE:

Wembley Arena

GOLD MEDALS AVAILABLE: 5

DATES:

Saturday July 28 – Sunday August 5

NUMBER OF TEAM GB ATHLETES:

Men: 2 Women: 2

WEBSITES:

BOA: www.teamgb.com/summer-sports/badminton

London 2012: www.london2012.com/badminton

NGB: www.badmintonengland.co.uk, www.badmintonscotland.org.uk



singles, women's doubles and mixed doubles. After a successful trial at the 2010 Youth Olympics in Singapore, for the first time there will be a combination of group and knockout stages at London 2012.

In the singles, the top 16 from the group stage will qualify for the knockout rounds while in doubles the top eight will advance. The last two participants in the knockout phase compete for gold and silver while the losing semi-finalists play for bronze.

Matches are played over the best of three games, and each game is won by the first player or doubles pairing to reach 21 points by a margin of two clear points. However, if the score reaches 29-29, the winner of the next point wins the game.

London 2012 will be the second Olympic Games to feature the 'rally point' scoring system which allows players to win points on their opponents' serve.

The badminton court is 6.1m wide and 13.4m long with different markings for singles and doubles matches. Doubles matches use the full width of the court but have a smaller service area while singles courts are the same length but 5.18m wide.



Imogen Bankier reaches for a shot

TEAM GB HERO: GAIL EMMS AND NATHAN ROBERTSON



The stars of British badminton, Gail Emms and Nathan Robertson's on-court chemistry had the nation on the edge of their seats at Athens 2004 after becoming the first Brits to reach an Olympic final. Emms and Robertson beat Denmark's Rikke Olsen and Jonas Rasmussen in the semi-final but were initially overawed in the final against China's Zhang Jun and Gao Ling, losing the first game 15-1. The Brits recovered to take the next 15-12 but lost the decider by the same score. They did however go on to win gold at the 2006 World Championships and at the 2006 Commonwealth Games. Their Olympic swansong at Beijing 2008 ended with quarter-final defeat to eventual winners Lee Hyo-Jung and Lee Yong-Dae of South Korea.



TEAM GB BADMINTON AT THE OLYMPIC GAMES

Sydney 2000	0	0	1	1
Athens 2004	0	1	0	1
Beijing 2008	0	0	0	0
Total at Olympics	0	1	1	2
World Championships 2011	0	1	0	1

RECENT MAJOR CHAMPIONSHIP WINNERS

= Men = Women

	OLYMPIC GAMES 2008		WORLD CHAMPIONSHIPS 2011	
Singles		Lin Dan (CHN)	Lin Dan (CHN)	
		Zhang Ning (CHN)	Wang Yihan (CHN)	
Doubles		Markis Kido/ Hendra Setiawan (INA)	Cai Yun/Fu Haifeng (CHN)	
		Du Jing/Yu Yang (CHN)	Wang Xiaoli/Yu Yang (CHN)	
		Lee Hyo-Jung/ Lee Yong-Dae (KOR)	Zhao Yunlei/Zhang Nan (CHN)	

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EVENTS SCHEDULE

= Men's events = Women's events = Mixed events = Medal match

DATE	TIME	EVENT
28 July	08:30-11:00	Singles, Doubles: preliminaries
		Singles, Doubles: preliminaries
	12:30-17:00	Mixed doubles: preliminaries
		Singles, Doubles: preliminaries
	18:30-23:00	Singles, Doubles: preliminaries
		Mixed doubles: preliminaries
29 July	08:30-11:00	Singles, Doubles: preliminaries
		Singles, Doubles: preliminaries
	12:30-17:00	Mixed doubles: preliminaries
		Singles, Doubles: preliminaries
	18:30-23:00	Singles, Doubles: preliminaries
		Mixed doubles: preliminaries
30 July	08:30-11:00	Singles, Doubles: preliminaries
		Singles, Doubles: preliminaries
	12:30-17:00	Mixed doubles: preliminaries
		Singles, Doubles: preliminaries
	18:30-23:00	Singles, Doubles: preliminaries
		Mixed doubles: preliminaries
31 July	08:30-11:00	Singles, Doubles: preliminaries
		Singles, Doubles: preliminaries
		Mixed doubles: preliminaries

EVENTS SCHEDULE continued

DATE	EVENT	
12:30-17:00	Singles, Doubles: preliminaries	
	Singles, Doubles: preliminaries	
	Mixed doubles: preliminaries	
	18:30-23:00	Singles, Doubles: preliminaries
		Singles, Doubles: preliminaries
		Mixed doubles: preliminaries
1 Aug	09:00-11:00	Singles: round of 16
		Singles: round of 16
	12:30-15:30	Mixed doubles: quarter-finals
		Singles: round of 16
		Singles: round of 16
	17:00-21:00	Mixed doubles: quarter-finals
		Singles: round of 16
		Singles: round of 16
		Doubles: quarter-finals
2 Aug	09:00-11:00 Doubles: quarter-finals	
	12:30-15:30 Singles: quarter-finals	
	Mixed doubles: semi-finals	
	17:00-20:00	Singles: quarter-finals
Doubles: semi-finals		
3 Aug	09:00-12:00 Singles: semi-finals	
	Mixed doubles: bronze medal match	
	13:30-17:00	Singles: semi-finals
Mixed doubles: gold medal match, victory ceremony		
4 Aug	09:00-12:00 Doubles: semi-finals	
	Doubles: bronze medal match	
	13:30-17:00	Singles: bronze medal match, gold medal match, victory ceremony
Doubles: gold medal match, victory ceremony		

EVENTS SCHEDULE continued

DATE	EVENT	
5 Aug	09:00-11:00	Singles: bronze medal match
		Doubles: bronze medal match
	13:00-16:00	Singles: gold medal match, victory ceremony
		Doubles: gold medal match, victory ceremony

Great Britain will compete in the men's singles, women's singles and mixed doubles

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CHRIS ADCOCK

Event: Mixed Doubles
Born: 27.04.1989, Leicester
Lives: Milton Keynes
Height: 1.83m (6ft)
Weight: 80kg (13st)
Club: Byron
Coach: Peter Jeffrey
Games attended: None



Major achievements: **WCh:** silver (XD), Rnd 2 (MD) 2011; Rnd 1 (XD) 2010. **CG:** bronze (team) 2010. **ECh:** bronze (XD), bronze (MD) 2012.

Chris Adcock teamed up with Imogen Bankier to win mixed doubles silver at the 2011 World Championships.

A Chelsea FC fan, Adcock played football for Leicester City and Nottingham Forest as a junior while he won his first English National titles this year in the men's and mixed doubles.

@ChrisAdcock1

IMOGEN BANKIER

Event: Mixed Doubles
Born: 18.11.1987, Glasgow
Lives: Milton Keynes
Height: 1.67m (5ft 6ins)
Weight: 65kg (10st 3lbs)
Club: Aulnay, France
Coach: Peter Jeffrey
Games attended: None



Major achievements: **WCh:** silver (XD) 2011; Rnd 2 (WD) 2010; Rnd 2 (WD) 2007; Rnd 1 (WD) 2006; Rnd 1 (WD) 2005. **ECh:** bronze (XD) 2012.

Scotland's Imogen Bankier teamed up with Chris Adcock in September 2010 and won world mixed doubles silver in 2011.

They defeated four seeded pairs en route to the final where they lost to Zhao Yunlei and Zhang Nan. She has won the Scottish National mixed doubles title six years in a row and has won four women's doubles titles.

@imogenbankier

SUSAN EGELSTAFF

Event: Women's singles
Born: 12.10.1982, Glasgow
Lives: Glasgow
Height: 1.68m (5ft 6ins)
Weight: 62kg (9st 11lbs)
Club: N/A
Coach: Yvette Yun Luo
Games attended: None



Major achievements: **WCh:** Rnd 1 (WS) 2011; Rnd 1 (WS) 2010; Rnd 2 (WS) 2009; Rnd 1 (WS) 2007; Rnd 3 (WS) 2006; Rnd 1 (WS) 2005; Rnd 2 (WS) 2003. **CG:** bronze (WS) 2006; bronze (team) 2002.

Susan Egelstaff has won the Scottish National women's singles title six times but she sat out this year's championships.

Née Hughes, she has a psychology and sports studies degree from the University of Stirling.



RAJIV OUSEPH

Event: Men's singles
Born: 30.08.1986, Hounslow
Lives: Feltham
Height: 1.89m (6ft 2ins)
Weight: 82kg (12st 13lbs)
Club: BC Beuel, Germany
Coach: Kenneth Jonassen
Games attended: None



Major achievements: **WCh:** round one (MS) 2011; round three (MS) 2010; round one (MS) 2009. **CG:** silver (MS), bronze (team) 2010. **ECh:** bronze (MS) 2010.

In 2010 Rajiv Ouseph won European bronze, becoming the first English singles player to reach the podium in 16 years. That year he also won the US Open and Commonwealth Games silver to reach 11th in the world. This year he won his fifth consecutive national title, having matched ten-time champion Darren Hall's record of four in a row in 2011.

@rajivouseph

ANDY ALLFORD

Title: Senior Strength & Conditioning Coach
Games role: Team Leader
Born: 13.03.1974, Luton
Lives: Milton Keynes



MATT ASHMAN

Title: Physiotherapist
Games role: Physiotherapist
Born: 28.10.1978, London
Lives: Milton Keynes



PETER JEFFREY

Title: National Coach, GB Development Coach
Games role: Coach
Born: 28.07.1975, Ilford
Lives: Milton Keynes



KENNETH JONASSEN

Title: Head Coach
Games role: Head Coach
Born: 03.07.1974, Herning, Denmark
Lives: Milton Keynes



Kenneth Jonassen represented Denmark at the 2004 Olympics, and was crowned European champion in 2008 in his home town of Herning. Jonassen was appointed GB head coach in 2010 and is primarily responsible for the singles players at London 2012.

He also oversees the GB World Class Performance Programme and he formerly held the world record for the fastest smash recorded in a singles match.

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Basketball



Basketball

Introduction

After it was paraded as a demonstration sport at St Louis 1904, basketball joined the Olympic schedule at Berlin 1936 and has been a regular fixture ever since with women's basketball beginning in 1976.

The London 2012 event will be split between the Basketball Arena in the Olympic Park, which will host the initial group phases and the women's quarter-finals, while the men's quarter-finals and all semi-finals and finals will take place at North Greenwich Arena.

The USA have been the dominant force in Olympic basketball and their men's teams have won 13 of 16 tournaments they have

● This has been an incredible journey since 2006 and we are very pleased to announce our strongest ever teams for the London 2012 Olympics. ●

Team GB Basketball Team Leader
Chris Spice

participated in, including seven successive titles from 1936 to 1968. America's women's teams have won six titles out of eight participations, including four in a row from 1996 to 2008. The American men's winning streak came to an end at Munich 1972 when the Soviet Union claimed gold

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The Team GB men's basketball team

but the USA won again in 1976 and 1984, either side of Yugoslavia's victory in 1980.

The Soviet Union themselves won again in 1988 but Barcelona 1992 saw the inclusion of NBA players and the advent of the USA's 'Dream Team' which won gold by an average winning margin of 44 points.

Again the USA won in 1996 and 2000 but they suffered only their third defeat in Olympic history at Athens 2004 to eventual winners Argentina before regaining gold at Beijing 2008.

In the women's competition, the Soviet Union won the first two titles in 1976 and 1980, while the Unified Team were victorious in 1992 – the USA have won the other six gold medals.

Team GB 2012

Team GB will appear in their first Olympic men's basketball tournament since 1948, while the women's squad make their Games debut.

Since London was awarded the right to stage the Olympics, the progress on the court has been strong.

The British men's team qualified for the EuroBasket finals for the first time ever in 2009 and last year recorded their first victories at the prestigious event, beating Poland and Portugal in Lithuania.

At last year's Olympic test event they also beat world number ten side China and were narrowly defeated by Serbia, ranked

DID YOU KNOW?
.....
At Berlin 1936, the first official Olympic basketball tournament was held outdoors on courts made of sand that turned to mud in the rain. All others have been held indoors

WORDS TO LEARN +

SHOT CLOCK:

A timer measuring the length of time since the last shot. If the ball doesn't touch the rim or pass through the net within 24 seconds, possession passes to the opposition

ASSIST:

A pass that leads directly to a basket scored by a team-mate

TIME-OUT:

If a coach wants to speak to the team, he makes a T-sign with his hands, and play is stopped for one minute

DUNK:

A one or two-handed slam directly into the net

FACT FILE +

VENUES:

Basketball Arena and North Greenwich Arena

GOLD MEDALS AVAILABLE: 2

DATES:

Saturday July 28 – Sunday August 12

NUMBER OF TEAM GB ATHLETES:

Men: 12
Women: 12

WEBSITES:

BOA: www.teamgb.com/summer-sports/basketball
London 2012: www.london2012.com/basketball
NGB: www.gbbasketball.com



● We have all worked very hard for this opportunity and to have the final 12 named is exciting. I can't wait to step on the court with my team-mates at the Games. We plan to make Great Britain proud. ●

Luol Deng

fourth in the world, and ninth-ranked Australia.

Chris Finch, who previously coached the Rio Grande Valley Vipers in the NBA's development league and is currently assistant coach at the Houston Rockets, has presided over the development of the men's team. His knowledge of British basketball is aided by his playing and coaching years at Sheffield Sharks.

His team includes Chicago Bulls forward Luol Deng, who became the first Brit selected to take part in the NBA All-Star match in 2012. Pops Mensah-Bonsu and Robert Archibald are other players to have experience of the NBA, while four of the team play in the highly competitive Spanish ACB League.

Women's head coach Tom Maher leads a basketball team into his fifth Games, having guided his native Australia to bronze and silver in 1996 and 2000 respectively, New Zealand to eighth in 2004 and China to fourth in Beijing. It will be the third time he has coached a home team at the Games.

The British women made history by qualifying for the 2011 EuroBasket tournament for the first time where they reached the second round and they have recently beaten highly-ranked opposition including South Korea, Argentina, Canada and the Czech Republic. Jo Leedham has been one of Team GB's most attacking threats in recent matches and is well-known to Maher, who is also her club coach with Australian side Bulleen Boomers.

Competition format

There will be 288 athletes in the basketball competitions – 144 in the men's and 144



The Team GB women's basketball team

in the women's – with 12 teams of 12 – and only one entrant for each gender per qualified nation.

The basketball competitions begin with a preliminary stage. The 12 teams are divided into two groups of six and each team plays every other in their group. Teams receive two points for a win, and

one for a loss. The top four teams from each group during the preliminaries qualify for the quarter-finals, with the winners of the semi-finals going head-to-head in the gold medal game.

In the event of a tie at the end of any game, teams play extra periods of five minutes until there is a winner.

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TEAM GB BASKETBALL AT THE OLYMPIC GAMES

Great Britain are yet to win an Olympic basketball medal

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2010
Basketball	M USA W USA	USA USA

EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
28 July	09:00-13:00 W Pool A China v Czech Republic, Pool B Canada v Russia
	14:30-18:30 W Pool A Turkey v Angola, USA v Croatia
	20:00-00:00 W Pool B Brazil v France, Australia v Great Britain
29 July	09:00-13:00 M Pool A Nigeria v Tunisia, Pool B Brazil v Australia
	14:30-18:30 M Pool A USA v France, Pool B Spain v China
	20:00-00:00 M Pool B Russia v Great Britain , Pool A Argentina v Lithuania
30 July	09:00-13:00 W Pool A Croatia v China, Czech Republic v Turkey
	14:30-18:30 W Pool B France v Australia, Russia v Brazil
	20:00-00:00 W Pool B Great Britain v Canada, Pool A Angola v USA
31 July	09:00-13:00 M Pool B China v Russia, Australia v Spain
	14:30-18:30 M Pool A Lithuania v Nigeria, Pool B Great Britain v Brazil
	20:00-00:00 M Pool A France v Argentina, Tunisia v USA
1 Aug	09:00-13:00 W Pool B Canada v France, Pool A China v Angola
	14:30-18:30 W Pool B Australia v Brazil, Great Britain v Russia
	20:00-00:00 W Pool A Croatia v Czech Republic, USA v Turkey
2 Aug	09:00-13:00 M Pool A France v Lithuania, Pool B Australia v China
	14:30-18:30 M Pool A Argentina v Tunisia, Pool B Brazil v Russia
	20:00-00:00 M Pool B Spain v Great Britain , Pool A USA v Nigeria
3 Aug	09:00-13:00 W Pool A Angola v Croatia, Pool B Russia v Australia
	14:30-18:30 W Pool B Brazil v Canada, Pool A Turkey v China
	20:00-00:00 W Pool B France v Great Britain , Pool A Czech Republic v USA
4 Aug	09:00-13:00 M Pool A Tunisia v France, Pool B Russia v Spain
	14:30-18:30 M Pool A Lithuania v USA, Pool B China v Brazil
	20:00-00:00 M Pool B Great Britain v Australia, Pool A Nigeria v Argentina
5 Aug	09:00-13:00 W Pool B France v Russia, Pool A Angola v Czech Republic
	14:30-18:30 W Pool B Canada v Australia, Pool A China v USA
	20:00-00:00 W Pool A Croatia v Turkey, Pool B Great Britain v Brazil
6 Aug	09:00-13:00 M Pool B Australia v Russia, Pool A Tunisia v Lithuania
	14:30-18:30 M Pool A France v Nigeria, Pool B Great Britain v China
	20:00-00:00 M Pool B Spain v Brazil, Pool A Argentina v USA
7 Aug	14:00-18:00 W Quarter-finals (2 games)

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EVENTS SCHEDULE continued

DATE	EVENT
	20:00-00:00 W Quarter-finals (2 games)
8 Aug	14:00-18:00 M Quarter-finals (2 games)
	20:00-00:00 M Quarter-finals (2 games)
9 Aug	17:00-19:00 W Semi-final
	21:00-23:00 W Semi-final
10 Aug	17:00-19:00 M Semi-final
	21:00-23:00 M Semi-final
11 Aug	17:00-19:00 W 🏆 Bronze medal game
	21:00-23:30 W 🏆 Gold medal game , victory ceremony
12 Aug	11:00-13:00 M 🏆 Bronze medal game
	15:00-17:30 M 🏆 Gold medal game , victory ceremony

Great Britain will compete in the men's and the women's events

MEN

KIERON ACHARA

Position: Forward
Born: 03.07.1983, Stirling
Lives: Manresa, Spain
Height: 2.08m (6ft 10ins)
Weight: 110kg (17st 5lbs)
Club: Manresa, Spain



Kieron Achara made his senior international debut for Scotland aged just 16 and has quickly established himself in the British set-up.

After a college career with Duquesne University he moved into the professional ranks and currently plays in the Spanish ACB. At EuroBasket 2009 Achara made a great contribution in the match against eventual champions Spain in a game that went down to the wire.

@KieronAchara

ROBERT ARCHIBALD

Position: Centre
Born: 29.03.1980, Paisley
Lives: Zaragoza, Spain
Height: 2.08m (6ft 10ins)
Weight: 115kg (18st 2lbs)
Club: Zaragoza, Spain



Robert Archibald became the first Scottish player in the NBA, enjoying spells with the Toronto Raptors, Orlando Magic, Phoenix Suns and Memphis Grizzlies.

He moved to the US to play high school basketball and a successful career at the University of Illinois followed.

He made his Great Britain debut in 2007 and has been in the Spanish league since 2008, currently with Zaragoza.

@RobertArchibald

ERIC BOATENG

Event: Centre
Born: 20.11.1985, London
Lives: Peristeri, Greece
Height: 2.08m (6ft 10ins)
Weight: 113kg (17st 11lbs)
Club: Peristeri, Greece



Eric Boateng has been a regular in the British side since his debut against Finland in 2006.

He was spotted as a 14-year-old by basketball TV presenter Freddie Morrison, who convinced him to take up the sport.

Arsenal fan Boateng played for Team USA head coach Mike Krzyzewski for one year at Duke University.

@EricBoateng

DAN CLARK

Position: Forward
Born: 16.09.1988, Greenwich
Lives: Madrid, Spain
Height: 2.11m (6ft 11ins)
Weight: 110kg (17st 5lbs)
Club: Estudiantes, Spain



One of the rising stars of British basketball, Dan Clark was born in Greenwich, London.

Now a regular in the starting line up, he has been with leading Spanish side Estudiantes in Madrid since accepting an invitation to join their academy as a 14-year-old.

His father is a former GB women's coach, his mother also played international basketball and his sister, Ella, is on a basketball scholarship with Long Beach State University.

@Dan00Clark

LUOL DENG

Position: Forward
Born: 16.04.1985, Wau, Sudan
Lives: Chicago, USA
Height: 2.06m (6ft 9ins)
Weight: 104kg (16st 5lbs)
Club: Chicago Bulls, USA



Luol Deng arrived in London as a child from south Sudan and his family settled in Brixton.

Aged 14 he moved to the USA, enrolling at Blair Academy in New Jersey. Following a successful high school career he joined Duke and after one year entered the NBA draft, where he was a seventh round pick by Phoenix and immediately traded to Chicago.

He made the All-Star rookie team in his first season and became the first British All-Star player in 2012. Deng is one of US President Barack Obama's favourite players.

@LuolDeng9

JOEL FREELAND

Position: Forward
Born: 07.02.1987, Aldershot
Lives: Benalmadena, Spain
Height: 2.08 (6ft 10ins)
Weight: 111kg (17st 7lbs)
Club: Unicaja Malaga, Spain



Joel Freeland is regarded as one of Britain's best young players and has quickly established his reputation in the Spanish ACB with Malaga.

He was stacking shelves in a supermarket to support his basketball development before being talent spotted to move to Spain.

The biggest influences on his career are father Rob and Jimmy Guymon, his former coach at Solent Stars.



KYLE JOHNSON

Position: Guard
Born: 31.12.1988, Toronto, Canada
Lives: Nicosia, Cyprus
Height: 1.93m (6ft 4ins)
Weight: 93kg (14st 9lbs)
Club: APOEL, Cyprus



Kyle Johnson is a graduate of the GB Futures squad and made his senior debut at last year's EuroBasket finals in Lithuania, where he averaged seven points a game.

He cites his greatest moment in basketball as winning the Conference Championship in his final year in college with Long Island and making it to the prestigious NCAA tournament.

He made his professional debut with Ilisiakos in Greece in 2011 before transferring to APOEL Nicosia.

@SmoothKJ88

ANDREW LAWRENCE

Position: Guard
Born: 04.06.1990, Woking
Lives: Charleston, USA
Height: 1.88m (6ft 2ins)
Weight: 87kg (13st 10lbs)
Club: College of Charleston, USA



An outstanding spell with the GB Futures team earned Andrew Lawrence his senior call-up and he seized his chance, appearing at the 2011 EuroBasket finals and the Olympic test event.

He is still playing college basketball with the College of Charleston in South Carolina, where he is now a regular starter.

A talented footballer, who did not start playing basketball until the age of 15, he spent three years in the academy set-up at Chelsea.

@Andrewcfc04

MIKE LENZLY

Position: Guard
Born: 01.05.1981, Oxford
Lives: Nymburk, Czech Republic
Height: 1.89m (6ft 2ins)
Weight: 85kg (13st 5lbs)
Club: Nymburk, Czech Republic



Mike Lenzly helped Great Britain secure their place in the top-flight of European basketball in 2007 and has been in the team ever since.

Since leaving his US college he has played club basketball in Germany, Latvia, Spain, Cyprus, Italy and, currently, the Czech Republic.

He was born in Oxford before moving to the United States as a young child and he grew up in Jonesboro, Georgia.



POPS MENSAB-BONSU

Position: Forward
Born: 07.09.1983, Tottenham
Lives: Besiktas, Turkey
Height: 2.06m (6ft 9ins)
Weight: 106kg (16st 10lbs)
Club: Istanbul, Turkey



One of the talismen of the British side since 2008, Pops Mensah-Bonsu is currently with powerful Turkish side Besiktas and he was this year's MVP of the league's All-Star Game.

He played in the NBA with the Dallas Mavericks, San Antonio Spurs, Toronto Raptors, Houston Rockets and New Orleans Hornets. Mensah-Bonsu missed last year's EuroBasket campaign through injury.

A talented high and long jumper in his youth, his first sporting love remains Tottenham Hotspur.

@PopsMBonsu

NATE REINKING

Position: Guard
Born: 12.12.1973, Upper Sandusky, USA
Lives: Redditch
Height: 1.89m (6ft 2ins)
Weight: 88kg (13st 12lbs)
Club: Sheffield Sharks



Oldest team member Nate Reinking was the most-capped international entering 2012 and has been with Great Britain since the start of their programme in 2006.

Reinking has played under GB coach Chris Finch with three clubs, two in Belgium and the Sheffield Sharks.

He plans to retire after the Olympic Games to pursue a coaching career.

@NATEREINKING12

ANDREW SULLIVAN

Position: Forward
Born: 12.02.1980, Euston
Lives: Blyth
Height: 2.02m (6ft 8ins)
Weight: 98kg (15st 6lbs)
Club: Leicester Riders



Andrew Sullivan has been part of the British Basketball programme since its inception in 2006, the same year he won Commonwealth Games bronze with England in Melbourne in a side that included British basketball legend John Amaechi.

While he has played abroad, in Spain, Belgium, Russia, Holland and Cyprus, Sullivan has also played for four sides in the British Basketball League.

He is married to wife Gemma and the couple have two daughters, Cody and Hope.

@drewsullivan8



WOMEN

DOMINIQUE ALLEN

Position: Centre
Born: 10.09.1989, Wordsley
Lives: Oklahoma, USA
Height: 1.88m (6ft 2ins)
Weight: 85kg (13st 5lbs)
Club: Oral Roberts University, USA



Dominique Allen will make her senior debut at London 2012, having represented Great Britain at the 2008 and 2009 European Under-20 Championships and last year's World Student Games.

She currently plays college basketball in Oklahoma with fellow GB international Georgia Jones.

Her father Clive played 15 seasons in the British Basketball League, primarily with Birmingham Bullets.

@dom_allen12

ROSE ANDERSON

Position: Guard
Born: 23.03.1988, Edinburgh
Lives: Cardiff
Height: 1.78m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: UWIC Archers



Rose Anderson has represented Scotland at every age group level and captained Great Britain's under-20 team. She graduated to the senior squad in 2010 and was a vital part of the 2011 EuroBasket squad.

She spent two years playing college basketball in Oklahoma before returning to the UK, helping UWIC Archers win the league title and EBL National Cup.

@Rose_Anderson15

KIM BUTLER

Position: Forward
Born: 07.09.1982, Tacoma, USA
Lives: Cēsis, Latvia
Height: 1.86m (6ft 1in)
Weight: 80kg (12st 9lbs)
Club: SK Cēsis, Latvia



A member of the British senior squad for five years, Kim Butler helped the team achieve promotion to the top flight of European basketball.

Splitting her American university career between Santa Clara and Oregon State, Butler has played club basketball in Italy, Spain, Latvia, Greece, Slovakia and Israel.



STEF COLLINS

Position: Guard
Born: 30.12.1982, Upper Heyford
Lives: Cardiff
Height: 1.68m (5ft 6ins)
Weight: 63kg (10st)
Club: UWIC Archers



Stef Collins was spotted playing basketball for Haringey Angels and moved to the USA to attend high school, after which she won a four-year scholarship to the University of Florida.

She played in the 2009 World Student Games and every match of GB's 2011 EuroBasket campaign in Lithuania. She also attended the Beijing Olympics as part of the BOA's Olympic Ambition Programme.



TEMI FAGBENLE

Position: Forward
Born: 08.09.1992, Batimore, USA
Lives: Cambridge, USA
Height: 1.93m (6ft 4ins)
Weight: 79kg (12st 6lbs)
Club: Harvard University, USA



Temi Fagbenle started playing basketball with Haringey Angels in London before she moved to the USA, spending three years at the same high school as Luol Deng, Blair Academy in New Jersey.

She is also a talented track and field athlete, winning state champion titles in high jump, javelin, discus and shot.



CHANTELLE HANDY

Position: Forward
Born: 16.06.1987, Consett
Lives: Vyronas, Greece
Height: 1.91m (6ft 3ins)
Weight: 74kg (11st 9lbs)
Club: Athinaikos, Greece



Chantelle Handy made her senior debut five years ago after representing England at junior and under-18 level.

A two-time veteran of the World Student Games, Handy was a regular starter at last year's EuroBasket finals in Lithuania.

Her Olympic idol is 2000 heptathlon gold medalist Denise Lewis.

@chan2211

JO LEEDHAM

Position: Guard
Born: 05.10.1987, Ellesmere Port
Lives: Bulleen, Australia
Height: 1.80m (5ft 11ins)
Weight: 76kg (12st)
Club: Bulleen Boomers, Australia



Jo Leedham quickly established herself as one of the major players in the Great Britain set-up after making her senior debut in 2006.

She averaged 18 points per game in Great Britain's EuroBasket qualifying campaign and continued those impressive performances in the finals.

She is leading all-time scorer in NCAA Division II with 3050 points and was drafted by WNBA side Connecticut Suns. She now plays club basketball under Team GB coach Tom Maher in Australia.

@joey_leedham13

JULIE PAGE

Position: Forward
Born: 24.04.1983, Stockport
Lives: Toruń, Poland
Height: 1.88m (6ft 2ins)
Weight: 90kg (14st 2lbs)
Club: Energa Toruń, Poland



Julie Page is consistently one of Great Britain's biggest scoring and rebounding threats, underlined by her performances in qualifying for the 2011 EuroBasket finals.

She was named British Basketball player of the year in 2011 and the BOA's Athlete of the Year for the sport.

Page had to fight back to fitness from a serious road accident during 2008 while playing in Italy. She sustained numerous injuries but returned better than ever.

@juliepage10

NATALIE STAFFORD

Position: Guard
Born: 08.12.1976, Gladstone, Australia
Lives: Sydney, Australia
Height: 1.76m (5ft 9ins)
Weight: 66kg (10st 5lbs)
Club: Sydney Flames, Australia



Natalie Stafford is the oldest member of the British women's basketball team but didn't make her debut until 2010, after some outstanding performances for club side Barking Abbey.

She holds the GB record for most points in a quarter, 15, set against Portugal in 2010.

After attending college in the USA she has spent time with three club sides in Australia. She is also a former Australian WNBL All-Star.



AZANIA STEWART

Position: Centre
Born: 13.03.1989, London
Lives: Florida, USA
Height: 1.95m (6ft 5ins)
Weight: 89kg (14st)
Club: University of Florida, USA



Azania Stewart grew up in north London before moving to the USA to further her basketball career.

After playing High School basketball in Virginia she won a scholarship to the University of Florida, where she has produced three years of strong performances.

Stewart also attended the 2008 Beijing Olympics as part of the BOA's Olympic Ambition Programme.



RACHAEL VANDERWAL

Position: Guard
Born: 27.06.1983, Burlington, Canada
Lives: Limerick, Ireland
Height: 1.75 (5ft 9ins)
Weight: 66kg (10st 5lbs)
Club: University of Limerick, Ireland



After spending four years playing college basketball in the USA, Rachael Vanderwal returned to her native Ireland.

She was named SuperLeague player of the year in 2011 and helped her side to back-to-back titles and the National Cup.

She was a competitive figure skater until the age of 12 when she switched to basketball.



JENAYA WADE-FRAY

Position: Guard
Born: 05.09.1988, Bermuda
Lives: Cardiff
Height: 1.75m (5ft 9ins)
Weight: 65kg (10st 3lbs)
Club: UWIC Archers



Injury forced Jenaya Wade-Fray out of the 2011 international season but after extensive rehabilitation she is back playing her best basketball.

She spent four years at University of Tennessee at Chattanooga before moving to the UK and playing club basketball in Cardiff.



MICHELLE ANGUS

Title: Physiotherapist
Games role: Women's Physiotherapist
Born: 30.08.1978, Rochdale
Lives: Rochdale



VANESSA ELLIS

Title: Women's Assistant Coach
Games role: Women's Assistant Coach
Born: 11.06.1964, Sheffield
Lives: Sheffield



CHRIS FINCH

Title: Men's Head Coach
Games role: Men's Head Coach
Born: 06.11.1969, Cambridge, USA
Lives: Treasure Island, USA



Chris Finch spent four years playing professionally for the Sheffield Sharks before going onto coach them as well as on the continent in Germany and Belgium.

He has been men's head coach since the British programme was set up in 2006 and is the current assistant coach at the Houston Rockets in the NBA.

MARK GILLET

Title: Head of Science and Medicine
Games role: Men's and Women's Team Doctor
Born: 18.03.1969, Poole
Lives: Tamworth



TOM MAHER

Title: Women's Head Coach
Games role: Women's Head Coach
Born: 04.09.1952, Melbourne, Australia
Lives: Bulleen, Australia



Tom Maher coached Australia's women's team to Olympic bronze at Atlanta 1996 and silver at Sydney 2000. He has also been in charge of New Zealand at the Games and at Beijing 2008 led China to fourth. He currently coaches the Bulleen Boomers in Australia's WNBL and was appointed head coach of the British team in May 2009. London 2012 will be his fifth Olympics as a coach.

FRASER MCKINNEY

Title: Physiotherapist
Games role: Men's Physiotherapist
Born: 27.06.1976, Leeds
Lives: Leeds



NICK NURSE

Title: Men's Assistant Coach
Games role: Men's Assistant Coach
Born: 24.07.1967, Iowa, USA
Lives: Mission, USA



CHRIS SPICE

Title: Performance Director
Games role: Team Leader
Born: 25.12.1959, Brisbane, Australia
Lives: London



Chris Spice is a former international hockey player with Australia and he coached the Hockeyroos to Olympic gold at Atlanta 1996.

In 1997 Spice became performance director at England Hockey, leading Great Britain at the Sydney 2000 Olympics before undertaking the performance director role at for the RFU and he was holding the post when England won the Rugby World Cup in 2003.

Spice accepted the role of performance director at British Basketball in 2007.

LUCY POWER

Title: Women's Team Manager
Games role: Women's Team Manager
Born: 16.03.1977, Pontypridd
Lives: Cardiff



KEN SHIELDS

Title: Women's Lead Assistant Coach
Games role: Women's Lead Assistant Coach
Born: 07.12.1945, Beaverlodge, Canada
Lives: Victoria, Canada



PHIL WAGHORN

Title: Men's Assistant Team Manager
Games role: Men's Assistant Team Manager
Born: 19.07.1966, Erith
Lives: Nottingham



RON WUOTILA

Title: High Performance Manager
Games role: Men's Team Manager
Born: 08.06.1967, Calgary, Canada
Lives: Alberta, Canada



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Boxing



Boxing



The Team GB boxing squad at their training base in Sheffield

Introduction

While men's boxing will be making its 24th Olympic appearance at London 2012 at ExCeL, women's boxing will be making its first after an IOC ruling in 2009.

In total, 250 men will compete across ten weight categories, scaled down from 11 at Beijing 2008, with featherweight removed from the schedule and the weight limit for light fly, fly and bantam raised slightly to compensate. A total of 36 women will compete in three weight categories.

Men's boxing has been part of every summer Olympics since its introduction in 1904, except for Stockholm 1912 as Swedish law banned the sport at the time.

Great Britain have a proud Olympic boxing tradition since 1904, claiming 14 gold medals, 11 silvers and 23 bronzes – including a clean sweep of all but one of the weight categories at London 1908.

Amir Khan was the only British boxer at Athens 2004 but he won lightweight silver,

losing to Cuba's defending champion Mario Kindelan in the final.

Audley Harrison became the first British gold medallist for 32 years at Sydney 2000, following middleweight Chris Finnegan in 1968, while James DeGale also won middleweight gold at Beijing 2008.

Thanks to DeGale's gold and bronze medals for Tony Jeffries and David Price, Beijing was Great Britain's most successful boxing haul for 52 years.

Team GB 2012

As world silver medallists, Andrew Selby, Luke Campbell and Anthony Joshua will lead Great Britain's hopes as Rob McCracken takes a ten-strong team to ExCeL – all of whom will be making their Olympic debuts.

Flyweight Selby, bantamweight Campbell and super heavyweight Joshua all won silver at the 2011 World Championships in Baku while light welterweight Tom Stalker won bronze as the Commonwealth Games gold medallist became the first British boxer to qualify for London 2012.

Campbell's qualification was assured in Baku after making sure of a last-eight place while Joshua, courtesy of reaching the final, and welterweight Fred Evans also booked their spots in Azerbaijan.

Selby had to defeat Beijing Olympian Khalid Yafai in a best-of-three match to make sure of his spot last November, prevailing 2-0.

In 2008 Campbell became the first Englishman in 47 years to win the

● The ten boxers are all a credit to the squad and if they box to their full potential then every one of them has the talent and ability to do well and secure a medal. ●

Team GB Boxing Team Leader Rob McCracken

European Amateur Championships, while at the 2011 World Championships he won silver after losing to Lazaro Alvarez of Cuba who will head to London as favourite for gold.

Scotland's Commonwealth Games silver medallist Josh Taylor became the sixth Brit to qualify for London 2012 by reaching the semi-finals of the lightweight competition at the European Olympic qualifying tournament in Trabzon, Turkey in April.

And Anthony Ogogo became Great Britain's seventh and final male qualifier when he reached the middleweight final in Trabzon, eventually winning silver. It marked the end of an arduous road to recovery for Ogogo, who badly injured his shoulder in 2007, and again at the 2011 World Championships, before returning to qualify.

Lightweight Natasha Jonas became the first British female boxer in Olympic history to qualify for the Games by reaching the semi-finals of the World Championships in

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DID YOU KNOW?
Iranian boxer Ali Kazemi arrived for his light heavyweight bout at the Barcelona 1992 Olympics without his gloves and was promptly disqualified

WORDS TO LEARN +

SOUTHPAW:

A left-handed boxer who leads with the right hand

STANDING EIGHT COUNT:

A precaution, taken by the referee, to allow a boxer to recover after heavy blows

RING APRON:

The canvas area outside the ropes where judges and the cornermen sit

THROW IN THE TOWEL:

The traditional way to concede defeat; a cornerman will throw a towel into the ring when he feels his boxer cannot continue

FACT FILE +

VENUE:

ExCeL

GOLD MEDALS AVAILABLE: 13

DATES:

Saturday July 28 – Sunday August 12

NUMBER OF TEAM GB

ATHLETES:

Men: 7 Women: 3

WEBSITES:

BOA: www.teamgb.com/summer-sports/boxing

London 2012: www.london2012.com/boxing

NGB: www.gbboxing.org.uk



Savannah Marshall, red, boxes Nadezda Torlopova of Russia

China in May. She eventually won bronze. Jonas was quickly followed by flyweight Nicola Adams, who beat India's five-time world champion Mery Kom to reach the semis, before winning silver.

Savannah Marshall made sure Great Britain will have the maximum quota of three female boxers in London by reaching the middleweight final at the World Championships, going on to win gold.

Competition format

Male boxers compete over three three-minute rounds across ten weight categories from light flyweight to super heavyweight, while female boxers will contest four two-minute rounds across three weight divisions – flyweight, lightweight, middleweight.

One boxer per nation is permitted to compete in each event while boxers must be aged between 17 and 34 and are weighed every day.

A boxer is awarded victory for knocking out their opponent or scoring the most points. Points are awarded for every punch landed with the

knuckle of the glove on their opponent's head or upper body.

A knock-out occurs when a boxer is unable to get up after ten seconds, having been knocked to the ground. Points are awarded if three of the five judges on the panel press their electronic buttons at the same time.

The referee can warn a boxer for holding, punching in the lower region or kidneys and punching without the protection of a glove and the referee can disqualify a boxer who has received three warnings.

If a boxer is knocked to the ground and gets up he or she will receive a 'mandatory eight (second) count' during which the referee decides if the fighter is fit to continue.

If the referee decides it is too dangerous for a boxer to continue, the bout will be awarded to the opponent. The referee will then classify the fight RSC – referee stopped contest, or RSCH – referee stopped contest due to head blows.

In the event of a tie, the lowest and highest scores awarded by the five judges for each boxer are removed. The boxer with the highest total score from the remaining three judges is determined the winner. If it is still a tie, all five judges vote and the boxer with the majority vote wins.

Each boxer is given a corner, labelled red or blue. This is also the colour of the clothing they wear to fight. All fighters must also wear gloves, protective headgear and mouthguards.

The women's and the men's categories – excluding heavyweight and super heavyweight – contest preliminary rounds before all 13 weights enter rounds of 16, progressing to a final. Both losing semi-finalists receive bronze medals.



I can remember being in the gym back in 2008 when the lads that were going to Beijing got all of their kit and, while I was pleased for them, I was also very envious. It made me determined to qualify for 2012.

Tom Stalker

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DID YOU KNOW?

An Olympic boxing glove weighs 284 grams (ten ounces). During the Games 432 pairs of gloves will be used

TEAM GB BOXING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	1	0	0	1
Athens 2004	0	1	0	1
Beijing 2008	1	0	2	3
Total at Olympics	14	11	23	48
World Championships 2011/12*	1	4	2	7

*Olympic events only. Men's World Championships held in 2011, women's in 2012

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Light flyweight (48kg)	M Zou Shiming (CHN)	N/A
Light flyweight (49kg)	M N/A	Zou Shiming (CHN)
Flyweight (51kg)	M Somjit Jongjohor (THA)	N/A
Flyweight (52kg)	M N/A	Misha Aloyan (RUS)
Bantamweight (54kg)	M Enkhbatyn Badar-Uugan (MGL)	N/A
Bantamweight (56kg)	M N/A	Lázaro Álvarez (CUB)
Featherweight (57kg)	M Vasyl Lomachenko (UKR)	N/A
Lightweight (60kg)	M Aleksei Tishchenko (RUS)	Vasyl Lomachenko (UKR)
Light welterweight (64kg)	M Manuel Félix Díaz (DOM)	Everton Lopes (BRA)
Welterweight (69kg)	M Bakhyt Sarsekbayev (KAZ)	Taras Shelestyuk (UKR)
Middleweight (75kg)	M James DeGale (GBR)	Evhen Khytrov (UKR)
Light heavyweight (81kg)	M Zhang Xiaoping (CHN)	Julio César la Cruz (CUB)
Heavyweight (91kg)	M Rakhim Chakhkiev (RUS)	Oleksandr Usyk (UKR)
Super heavyweight (+91kg)	M Roberto Cammarelle (ITA)	Magomedrasul Majidov (AZE)

RECENT MAJOR CHAMPIONSHIP WINNERS

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2012
Light flyweight (51kg)	W N/A	Ren Cancan (CHN)
Lightweight (60kg)	W N/A	Katie Taylor (IRL)
Middleweight (75kg)	W N/A	Savannah Marshall (GBR)

TEAM GB HERO: CHRIS FINNEGAN MBE

An unemployed labourer from Iver, Finnegan won middleweight gold at Mexico City 1968 despite almost missing the Games due to owing £70 in National Insurance Stamps.

Finnegan saw off future WBC light heavyweight champion Mate Parlov, the USA's Al Jones and Aleksei Kiselyov of the Soviet Union en route to gold and was awarded an MBE by the Queen in 1969.

He fought Bob Foster for the world light heavyweight title in 1972, having turned professional but lost in the 14th round in a contest named Fight of the Year by Ring Magazine.

Finnegan died of pneumonia at the age of 64 in March 2009.



EVENTS SCHEDULE

M = Men's events W = Women's events 🥇 = Medal fight

DATE	EVENT
28 July	13:30-16:30 M Bantamweight (56kg): round of 32
	M Middleweight (75kg): round of 32
	20:30-23:30 M Bantamweight (56kg): round of 32
	M Middleweight (75kg): round of 32
29 July	13:30-16:30 M Lightweight (60kg): round of 32
	M Welterweight (69kg): round of 32
	20:30-23:30 M Lightweight (60kg): round of 32
	M Welterweight (69kg): round of 32
30 July	13:30-16:00 M Flyweight (52kg): round of 32
	M Light heavyweight (81kg): round of 32
	20:30-23:00 M Flyweight (52kg): round of 32
	M Light heavyweight (81kg): round of 32
31 July	13:30-16:15 M Light flyweight (49kg): round of 32

EVENTS SCHEDULE continued

DATE	EVENT		
	20:30-23:15	<ul style="list-style-type: none"> M Light welterweight (64kg): round of 32 M Light flyweight (49kg): round of 32 M Light welterweight (64kg): round of 32 	
	1 Aug	13:30-16:30	<ul style="list-style-type: none"> M Bantamweight (56kg): round of 16 M Heavyweight (91kg): round of 16 M Super heavyweight (+91kg): round of 16
		20:30-23:30	<ul style="list-style-type: none"> M Bantamweight (56kg): round of 16 M Heavyweight (91kg): round of 16 M Super heavyweight (+91kg): round of 16
2 Aug	13:30-15:30	<ul style="list-style-type: none"> M Lightweight (60kg): round of 16 M Middleweight (75kg): round of 16 	
	20:30-22:30	<ul style="list-style-type: none"> M Lightweight (60kg): round of 16 M Middleweight (75kg): round of 16 	
3 Aug	13:30-15:30	<ul style="list-style-type: none"> M Flyweight (52kg): round of 16 M Welterweight (69kg): round of 16 	
	20:30-22:30	<ul style="list-style-type: none"> M Flyweight (52kg): round of 16 M Welterweight (69kg): round of 16 	
4 Aug	13:30-16:30	<ul style="list-style-type: none"> M Light flyweight (49kg): round of 16 M Light welterweight (64kg): round of 16 M Light heavyweight (81kg): round of 16 	
	20:30-23:30	<ul style="list-style-type: none"> M Light flyweight (49kg): round of 16 M Light welterweight (64kg): round of 16 M Light heavyweight (81kg): round of 16 	
5 Aug	13:30-16:30	<ul style="list-style-type: none"> W Flyweight (51kg): round of 16 W Lightweight (60kg): round of 16 W Middleweight (75kg): round of 16 	
	20:30-22:30	<ul style="list-style-type: none"> M Bantamweight (56kg): quarter-finals M Heavyweight (91kg): quarter-finals 	
6 Aug	13:30-16:30	<ul style="list-style-type: none"> W Flyweight (51kg): quarter-finals W Lightweight (60kg): quarter-finals W Middleweight (75kg): quarter-finals 	
	20:30-23:30	<ul style="list-style-type: none"> M Lightweight (60kg): quarter-finals M Middleweight (75kg): quarter-finals M Super heavyweight (+91kg): quarter-finals 	



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EVENTS SCHEDULE continued

DATE	EVENT	
7 Aug	20:30-22:30	<ul style="list-style-type: none"> M Flyweight (52kg): quarter-finals M Welterweight (69kg): quarter-finals
	8 Aug	13:30-15:00
20:30-23:30		<ul style="list-style-type: none"> M Light flyweight (49kg): quarter-finals M Light welterweight (64kg): quarter-finals M Light heavyweight (81kg): quarter-finals
9 Aug	16:30-18:00	<ul style="list-style-type: none"> W 🏆 Flyweight (51kg): final, victory ceremony W 🏆 Lightweight (60kg): final, victory ceremony W 🏆 Middleweight (75kg): final, victory ceremony
10 Aug	13:30-16:00	<ul style="list-style-type: none"> M Light flyweight (49kg): semi-finals M Bantamweight (56kg): semi-finals M Light welterweight (64kg): semi-finals M Middleweight (75kg): semi-finals M Heavyweight (91kg): semi-finals
	20:30-23:00	<ul style="list-style-type: none"> M Flyweight (52kg): semi-finals M Lightweight (60kg): semi-finals M Welterweight (69kg): semi-finals M Light heavyweight (81kg): semi-finals M Super heavyweight (+91kg): semi-finals
11 Aug	20:30-23:00	<ul style="list-style-type: none"> M 🏆 Light flyweight (49kg): final, victory ceremony M 🏆 Bantamweight (56kg): final, victory ceremony M 🏆 Light welterweight (64kg): final, victory ceremony M 🏆 Middleweight (75kg): final, victory ceremony M 🏆 Heavyweight (91kg): final, victory ceremony
12 Aug	13:30-16:00	<ul style="list-style-type: none"> M 🏆 Flyweight (52kg): final, victory ceremony M 🏆 Lightweight (60kg): final, victory ceremony M 🏆 Welterweight (69kg): final, victory ceremony M 🏆 Light heavyweight (81kg): final, victory ceremony M 🏆 Super heavyweight (+91kg): final, victory ceremony



Great Britain will compete in the men's flyweight (52kg), bantamweight (56kg), lightweight (60kg), light welterweight (64kg), welterweight (69kg), middleweight (75kg) and super heavyweight (+91kg) categories and all women's events.

NICOLA ADAMS

Event: Flyweight (51kg)
Born: 26.10.1982, Leeds
Lives: Leeds
Height: 1.64m (5ft 5ins)
Weight: 51kg (8st)
Club: Haringey
Coach: Alwyn Beltcher, Brian John
Games attended: None



Major achievements: **WCh:** silver (flyweight) 2012; silver (flyweight) 2010; silver (bantamweight) 2008. **ECh:** gold (flyweight) 2011; silver (bantamweight) 2007.

Nicola Adams became the first British woman to win a major boxing title with European Championship victory in 2011 while she has won three consecutive silver medals at the World Championships.

She lists Muhammad Ali as one of her all-time heroes.

@NicolaAdams2012

LUKE CAMPBELL

Event: Bantamweight (56kg)
Born: 27.09.1987, Hull
Lives: Hull
Height: 1.75m (5ft 9ins)
Weight: 56kg (8st 11lbs)
Club: St Paul's
Coach: Mick Bromby
Games attended: None



Major achievements: **WCh:** silver (bantamweight) 2011; last 32 (bantamweight) 2009. **ECh:** gold (bantamweight) 2008.

Luke Campbell became the first Englishman to win European gold for 47 years in 2008 but missed the Beijing Games that year as Joe Murray had already qualified.

He spent most of 2009 sidelined following surgery on a tendon in his hand but went 23 bouts unbeaten upon his return. He qualified for London by reaching the last eight of the World Championships, eventually winning silver.

@Luke11campbell

FRED EVANS

Event: Welterweight (69kg)
Born: 04.02.1991, Cardiff
Lives: Cardiff
Height: 1.80m (5ft 11ins)
Weight: 69kg (10st 12lbs)
Club: St Joseph's
Coach: Tony Borg
Games attended: None



Major achievements: **WCh:** of (welterweight) 2011. **ECh:** gold (welterweight) 2011.

Fred Evans made history in 2011, along with Andrew Selby, as they became the first Welsh boxers for 86 years to win European gold. He qualified for London by reaching the last eight of the 2011 World Championships.

Evans won gold at the European Cadet Championships in 2007 and subsequently attended Beijing 2008, aged 17, as part of the BOA's Olympic Ambition Programme.



NATASHA JONAS

Event: Lightweight (60kg)
Born: 18.06.1984, Liverpool
Lives: Liverpool
Height: 1.72m (5ft 8ins)
Weight: 60kg (9st 6lbs)
Club: Rotunda
Coach: Mick McAllister
Games attended: None



Major achievements: **WCh:** bronze (lightweight) 2012. **ECh:** bronze (light welterweight) 2011.

Natasha Jonas had the honour of becoming the first British female boxer in history to qualify for the Olympics after she reached the semi-finals of May's World Championships. Liverpool FC supporter Jonas had to see off tough competition from fellow Brits Amanda Coulson and Chantelle Cameron to qualify for the Games.

@TashaJonas

ANTHONY JOSHUA

Event: Super heavyweight (+91kg)
Born: 15.10.1989, Watford
Lives: London
Height: 1.98m (6ft 6ins)
Weight: 106kg (16st 10lbs)
Club: Finchley
Coach: Sean Murphy
Games attended: None



Major achievements: **WCh:** silver (super heavyweight) 2011.

Anthony Joshua's breakthrough came at the 2011 World Championships where he won silver. He defeated Olympic champion Roberto Cammarelle in the quarter-finals to qualify for London 2012.

Focusing on football and athletics, he could run 100m in 11 seconds aged 15, and he didn't start boxing until cousin Gbenga Ileyemi, the 2011 ABA heavyweight champion, took him to the gym.

@anthonyfjoshua

SAVANNAH MARSHALL

Event: Middleweight (75kg)
Born: 19.05.1991, Hartlepool
Lives: Hartlepool
Height: 1.81m (5ft 11ins)
Weight: 75kg (11st 11lbs)
Club: Hartlepool Headland
Coach: Tim Coulter
Games attended: None



Major achievements: **WCh:** gold (middleweight) 2012; silver (welterweight) 2010. **ECh:** bronze (middleweight) 2011.

Savannah Marshall became the first ever British female world champion with victory in China in May and did so on her 21st birthday.

Dubbed the 'Silent Assassin', she won world silver as a teenager in 2010 and now competes in the middleweight division after winning 30 of her 33 bouts at welterweight.

@Smarshall1991

ANTHONY OGOGO

Event: Middleweight (75kg)
Born: 24.11.1988, Great Yarmouth
Lives: Lowestoft
Height: 1.81m (5ft 11ins)
Weight: 75kg (11st 11lbs)
Club: Triple A
Coach: John Cremlin
Games attended: None



Major achievements: **WCh:** last 16 (middleweight) 2011. **CG:** silver (middleweight) 2010.

Anthony Ogogo clinched his London 2012 spot by reaching the final of the European Olympic qualifying tournament in Trabzon in April, having just returned from shoulder surgery following the 2011 World Championships.

A former Norwich City FC trainee, Ogogo was sidelined for nearly a year before returning to win Commonwealth Games silver in 2010.

A part-time model, Ogogo took part in Big Brother: Celebrity Hijack in 2008, finishing fourth and was named ABAE Senior Boxer of the Year in 2011.

@AnthonyOgogo

ANDREW SELBY

Event: Flyweight (52kg)
Born: 25.12.1988, Cardiff
Lives: Barry
Height: 1.69m (5ft 7ins)
Weight: 52kg (8st 3lbs)
Club: Splott
Coach: Pat Mahoney
Games attended: None



Major achievements: **WCh:** silver (flyweight) 2011; last 32 (bantamweight) 2009; preliminaries (flyweight) 2007. **ECh:** gold (flyweight) 2011; bronze (bantamweight) 2010; bronze (bantamweight) 2008.

Dropping down from bantamweight to flyweight in 2010 after changes to the Olympic weight categories, Andrew Selby made history in 2011 when he and Fred Evans became the first Welsh boxers for 86 years to win European Championship gold. Selby defeated Russia's Georgy Balakshin 13-10 in the final.

In October 2011, 'The Welsh Wizard' Selby lost in the World Championship final, 13-12 to Misha Aloyan of Russia but with Beijing Olympian Khalid Yafai also reaching the London 2012 qualifying standard, a box-off was required.

In November 2011 the pair met at York Hall in Bethnal Green with Selby winning the first match of a best-of-three contest 26-10 before Yafai failed to make the weight for the second bout, automatically handing the Welshman his 2012 place.

When fighting at bantamweight, Manchester United FC fan Selby won European bronze in 2008 in Liverpool and again in Moscow in 2010.



TOM STALKER

Event: Light welterweight (64kg)
Born: 30.06.1984, Liverpool
Lives: Liverpool
Height: 1.81m (5ft 11ins)
Weight: 64kg (10st 11lb)
Club: Salisbury
Coach: Jimmy Carroll, David Burke
Games attended: None



Major achievements: **WCh:** bronze (light welterweight) 2011; last 16 (lightweight) 2009. **ECh:** silver (light welterweight) 2011; silver (lightweight) 2010. **CG:** gold (lightweight) 2010.

Tom Stalker, who will captain the Team GB boxing squad, was the first British boxer to qualify for London 2012, reaching the 2011 World Championships quarter-finals in Baku, before winning bronze.

In October last year Stalker reached No.1 in the AIBA world rankings at light welterweight, having stepped up from lightweight in 2011 when he won his second European Championship silver medal.

In 2010, Stalker won his first European silver in Moscow and then captained England at the Commonwealth Games in Delhi and won lightweight gold, defeating Scotland's Josh Taylor 11-3 in the final. As a result of his form in 2010, he was named boxer of the year by the Boxing Writers' Club of Great Britain.

Stalker started boxing aged 18 and he had his first bout a year later. He subsequently worked his way up through the British ranks but Stalker missed out on the Beijing Olympics with Frankie Gavin selected at lightweight.

@ThomasStalker1

JOSH TAYLOR

Event: Lightweight (60kg)
Born: 02.01.1991, Edinburgh
Lives: Prestonpans
Height: 1.80m (5ft 11ins)
Weight: 60kg (9st 6lbs)
Club: Lochend
Coach: Alan Lynch
Games attended: None



Major achievements: **CG:** silver (lightweight) 2010.

Josh Taylor was the first of the second batch of Brits to qualify for London 2012 after reaching the semi-finals of the European Olympic qualifying tournament in Trabzon, Turkey in April.

Taylor reached the last four while Wales' Joe Cordina and England's Sam Maxwell were eliminated earlier, ensuring his 2012 place.

The only Scot in the squad and the first since Stephen Wilson competed at Barcelona 1992, Taylor won silver at the 2010 Commonwealth Games in Delhi



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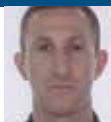
DAVID ALLOWAY

Title: Podium Coach
Games role: Coach
Born: 14.07.1957, London
Lives: Wokingham



MARK ELLISON

Title: Performance Nutritionist
Games role: Nutritionist
Born: 28.11.1979, Manchester
Lives: Manchester



IAN GATT

Title: Lead Physiotherapist
Games role: Physiotherapist
Born: 14.09.1978, Malta
Lives: Sheffield



MATTHEW HOLT

Title: Programme Director
Games role: Team Manager
Born: 11.10.1974, Crosby
Lives: Sheffield



MICHAEL LOOSEMORE

Title: Team Doctor
Games role: Team Doctor
Born: 30.09.1961, Blackhill
Lives: Wendover



ROB McCracken

Title: Performance Director
Games role: Team Leader
Born: 31.05.1968, Birmingham
Lives: Brentwood

Robert McCracken represented Great Britain as an amateur and in 1990 he won a World Cup silver medal.



As a professional he won 33 of 35 bouts and in 2000 he fought for the WBC title when he was stopped in the 11th round. Upon retiring, McCracken started coaching and he has trained current IBF champion Carl Froch and Howard Eastman.

McCracken started with the GB boxing team as a coaching consultant in February 2009 and became performance director in November that year.

LEE PULLEN

Title: Podium Coach
Games role: Coach
Born: 14.01.1959, London
Lives: Folkestone



PAUL WALMSLEY

Title: Podium Coach
Games role: Coach
Born: 11.09.1958, Liverpool
Lives: Liverpool



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Canoeing



Canoeing

Introduction

Canoeing is split into two disciplines – canoe slalom and canoe sprint – with the former set to be held at the purpose-built Lee Valley White Water Centre and the latter at Eton Dorney. Modelled on slalom skiing, canoe slalom made its Olympic debut at Munich 1972 but wasn't to feature again until Barcelona 1992, where it has remained since.

Canoe sprint first featured as a demonstration sport in Paris in 1924 before earning full status 12 years later and has been part of the schedule ever since. A canoe slalom competition is based on time trials on white water while sprint races are head-to-head on still water and range in distance from 200m to 1000m.

Each discipline has events for both canoes (C) whereby athletes kneel and use single-bladed paddles and kayaks (K) in which

● Having five athletes selected covering all of the four classes is a great achievement and a significant improvement on Beijing. However we know that this is only the first part of the process. ●

GB Canoe Slalom Head Coach Jurg Gotz

competitors sit and use paddles with blades at both ends. However, the boats used do differ between the two disciplines with the canoe sprint craft long and streamlined and the canoe slalom small, light and agile.

The Olympic canoe slalom programme remains unchanged from Beijing 2008; however the canoe sprint has seen three

of the four men's 500m events replaced by a shorter 200m distance. The men's C2 500m has been replaced by the women's K1 200m meaning for the first time women will compete in two individual events.

Team GB 2012

In total Great Britain will be represented by 15 athletes – five in the slalom discipline and ten in the sprint events. David Florence, who won Olympic C1 silver at Beijing 2008, heads up the canoe slalom quintet and will add the C2, with Richard Hounslow, to his repertoire in London. Because both Florence and Hounslow qualified individually courtesy of wins in the C1 and K1 respectively at the trials, international rules allow Britain to field a second C2 team, which will consist of Etienne Stott and Tim Baillie.

Lizzie Neave will compete in the sole women's event, the K1, as Britain look to add to their haul of five medals won since canoe slalom was consistently introduced to the Olympic programme at Barcelona 1992. Britain failed to win a single medal in Olympic boats at the 2011 World Championships while at the canoe sprint equivalent two were collected in the Olympic classes.

Olympic champion Tim Brabants heads up the British canoe sprint team after winning a tight selection battle with Paul Wycherley in the men's K1 1000m. A three-time Olympian with two bronze medals also to his name, Brabants won the nation's first-ever canoeing Olympic gold medal at Beijing 2008. Jessica Walker is the only other athlete retained from Beijing

FACT FILE

VENUES:

Canoe slalom: Lee Valley White Water Centre
Canoe Sprint: Eton Dorney

GOLD MEDALS AVAILABLE:

Canoe slalom: 4
Canoe sprint: 12

DATES:

Canoe slalom: Sunday July 29 – Thursday August 2
Canoe sprint: Monday August 6 – Saturday August 11

NUMBER OF TEAM GB ATHLETES:

Men: 9 Women: 6

WEBSITES:

BOA: www.teamgb.com/summer-sports/canoe-slalom, www.teamgb.com/summer-sports/canoe-sprint
London 2012: www.london2012.com/canoe-slalom, www.london2012.com/canoe-sprint
NGB: www.gbcanoeing.org.uk/gbc

2008 and will become Britain's first-ever representative in the women's K1 200m. She will also join Angela Hannah, Louisa Sawers and Rachel Cawthorn in the women's K4 500m, the latter also contesting the women's K1 500m.

Cawthorn has international pedigree, winning European gold in the K1 1000m and bronze in the K1 500m in 2010, and repeating the trick in the latter event at the World Championships the same year. Ed McKeever will race the men's K1 200m and has a host of international medals in

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DID YOU KNOW?
In canoe slalom athletes negotiate a 250m white water course, flowing at a rate of 13 cubic metres per second, and dropping 5.5m from start to finish



Richard Hounslow, David Florence, Lizzie Neave, Tim Baillie and Etienne Stott of Team GB Canoe Slalom

the event. He is the world champion from 2010 while his silver medal at last year's worlds was one of the two won by Britain in the Olympic classes. McKeever also won European bronze last year, repeating the trick in Croatia this June, while he won three gold medals from his two World Cup appearances this year.

Jon Schofield and Liam Heath – the other medallists at last year's World Championships where they took K2 200m silver – are also in form with two World

Cup silver medals from this year as well as a third successive European title, won in June. Richard Jefferies will be the only non-kayaker while Abigail Edmonds was the last athlete selected after Britain were awarded an additional women's host nation place. Edmonds will compete in the women's K2 500m with Sawers and her selection taking the canoe sprint team to ten – Britain's largest at an Olympics since Barcelona 1992.

Competition format

In both disciplines athletes take part in heats, semi-finals and finals with slalom consisting of timed runs down a white-water course with up to 25 gates. Gates, two hanging polls from a string across the course, are coloured as either green, which must be negotiated downstream, or red, which must be negotiated upstream. A two-second time penalty is given for touching a gate. Missing a gate, displacing it by more than 45 degrees, going through it upside down or in the wrong order accrues a 50-second penalty.

The time taken to run the course in seconds is added to any penalties to give the overall score. In the heats each canoeist completes two runs with the best time out of the two counting. The top boats advance to the semi-finals and then the final, with both comprising of one run. The start order of the semi-final will be the reverse order of the results of the heats. The start order of the final will be the reverse order of the results of the semi-final run.

In canoe sprint the format of the competition depends on how many boats are competing in each event with entrants

across all 12 Olympic events being at a minimum of ten but never exceeding 14.

In events with ten boats, the men's K2 1000m, K2 200m and K4 1000m and women's K2 500m and K4 500m, the competition starts with two heats with the winners progressing straight to the final. The remaining eight boats compete in one semi-final with the best six progressing to the final.

Events with 11 to 14 boats also start with two heats but differ from then on in. In the only event in which there are 12 entrants at London 2012, the men's C2 1000m, the heat winners progress to the final. The remaining boats take part in semi-finals with the top three from each reaching the final.

In events with 13 to 14 boats no one progresses straight to the final. The men's K1 1000m, K1 200m, C1 1000m and C1 200m and women's K1 500m and K1 200m will adopt this approach with the first five from the heats progressing to two semi-finals. Once in the semi-finals, the top four boats in each one will advance to the final.



It will be amazing to be part of a home Games and a great opportunity to showcase all the talented athletes in the sport of canoeing to the public.

Abigail Edmonds

WORDS TO LEARN +

SLALOM

EDDY:
An area of flat or stiller water created behind an obstacle or rock

DROP:

A fall of water creating fast current and tough eddies

SPRAYDECK:

A cover worn around the paddler's waist and stretched over the cockpit entrance to keep water out of the boat

UPSTREAM GATE:

A slalom gate with red poles that has to be negotiated against the water's flow

SPRINT

START GATE:

The 'boot' in which the bow of the boat sits before the start of a race

STROKE RATE:

The number of paddle strokes per minute

DID YOU KNOW?

The lake at Eton Dorney is 2200m long, with nine lanes. Only eight will be used during the Olympics unless there is a tie in a qualifying race, which results in a ninth boat progressing to the next round



TEAM GB CANOEING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	1	1	2
Athens 2004	0	1	2	3
Beijing 2008	1	1	1	3
Total at Olympics	1	4	4	9
World Championships 2011*	0	2	0	2

*Olympic events only

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Slalom: C1	M Michal Martikan (SVK)	Denis Gargaud Chanut (FRA)
Slalom: C2	M Pavol Hochschorner/ Peter Hochschorner (SVK)	Pavol Hochschorner/ Peter Hochschorner (SVK)
Slalom: K1	M Alexander Grimm (GER) W Elena Kaliska (SVK)	Peter Kauzer (SLO) Corinna Kuhnle (AUT)
Sprint: C1 200m	M N/A	Valentin Demyanenko (AZE)
Sprint: C1 500m	M Maxim Opalev (RUS)	Vladimir Fedosenko (RUS)
Sprint: C2 500m	M Meng Guanliang/ Yang Wenjun (CHN)	Alexandru Dumitrescu/ Victor Mihalachi (ROM)
Sprint: C1 1000m	M Attila Vajda (HUN)	Attila Vajda (HUN)
Sprint: C2 1000m	M Andrei Bahdanovich/ Aliaksandr Bahdanovich (BLR)	Stefan Holtz/ Tomasz Wylenzek (GER)
Sprint: K1 200m	M N/A W N/A	Piotr Siemionowski (POL) Lisa Carrington (NZL)
Sprint: K1 500m	M Ken Wallace (AUS) W Inna Osypenko -Radomska (UKR)	Marek Twardowski (POL) Nicole Reinhardt (GER)
Sprint: K1 1000m	M Tim Brabants (GBR)	Adam van Koeverden (CAN)
Sprint: K2 200m	M N/A	Arnaud Hybois/ Sebastien Jouve (FRA)
Sprint: K2 500m	M Saúl Craviotto/ Carlos Pérez (ESP) W Katalin Kovacs/ Natasa Janics (HUN)	Dávid Tóth/Tamás Kulifai (HUN) Yvonne Schuring/ Viktoria Schwarz (AUT)
Sprint: K2 1000m	M Martin Hollstein/ Andreas Ihle (GER)	Peter Gelle/Erik Vicek (SVK)
Sprint: K4 500m	W Germany	Hungary
Sprint: K4 1000m	M Belarus	Germany



SLALOM EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
29 July	13:30-17:40 M Canoe single (C1): heats, Kayak (K1): heats
30 July	13:30-17:30 M Canoe double (C2): heats W Kayak (K1): heats
31 July	13:30-15:55 M Canoe single (C1): semi-final, 🏆 final, victory ceremony
1 Aug	13:30-16:10 M Kayak (K1): semi-final, 🏆 final, victory ceremony
2 Aug	13:30-17:00 M Canoe double (C2): semi-final, 🏆 final, victory ceremony W Kayak (K1): semi-final, 🏆 final, victory ceremony

Great Britain will compete in every event

SPRINT EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal game

DATE	EVENT
6 Aug	09:30-12:05 M Canoe single (C1) 1000m: heats, semi-finals M Kayak single (K1) 1000m: heats, semi-finals M Kayak double (K2) 1000m: heats, semi-final W Kayak four (K4) 500m: heats, semi-final
7 Aug	09:30-11:55 M Canoe double (C2) 1000m: heats, semi-final M Kayak four (K4) 1000m: heats, semi-final W Kayak single (K1) 500m: heats, semi-finals W Kayak double (K2) 500m: heats, semi-final
8 Aug	09:30-11:15 M 🏆 Canoe single (C1) 1000m: final, victory ceremony M 🏆 Kayak single (K1) 1000m: final, victory ceremony M 🏆 Kayak double (K2) 1000m: final, victory ceremony W 🏆 Kayak four (K4) 500m: final, victory ceremony
9 Aug	09:30-11:15 M 🏆 Canoe double (C2) 1000m: final, victory ceremony M 🏆 Kayak four (K4) 1000m: final, victory ceremony W 🏆 Kayak single (K1) 500m: final, victory ceremony W 🏆 Kayak double (K2) 500m: final, victory ceremony



SPRINT EVENTS SCHEDULE continued

DATE	EVENT		
10 Aug	09:30-12:00	Canoe single (C1) 200m: heats, semi-finals Kayak single (K1) 200m: heats, semi-finals Kayak double (K2) 200m: heats, semi-final Kayak single (K1) 200m: heats, semi-finals	
	11 Aug	09:30-11:20	🏆 Canoe single (C1) 200m: final, victory ceremony 🏆 Kayak single (K1) 200m: final, victory ceremony 🏆 Kayak double (K2) 200m: final, victory ceremony 🏆 Kayak single (K1) 200m: final, victory ceremony

Team GB will compete in the men's C1 200m, C1 1000m, K1 1000m, K2 200m, K1 200m and women's K1 500, K2 500m, K4 500m and K1 200m

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CANOE SLALOM

TIM BAILLIE

Event: C2
Born: 11.05.1979, Aberdeen
Lives: Nottingham
Height: 1.76m (5ft 9ins)
Weight: 78kg (12st 4lbs)
Club: Aberdeen
Coach: Nick Smith
Games attended: None



Major achievements: **WCh:** 6th (C2), bronze (C2 team) 2011; 17th (C2) 5th (C2 team) 2010; 4th (C2), bronze (C2 team) 2009. **ECh:** gold (C2 team) 2012; bronze (C2 team) 2010; bronze (C2), silver (C2 team) 2009.

Tim Baillie's parents were both keen canoeists, competing in the slalom discipline, so it was no surprise that he followed in their footsteps, achieving world and European success.

Baillie will finally make his Olympic debut in London with Etienne Stott in the canoe double having failed to earn selection for Beijing 2008.

@timbaillie

DAVID FLORENCE

Event: C1, C2
Born: 08.08.1982, Aberdeen
Lives: Loughton
Height: 1.88m (6ft 2ins)
Weight: 77kg (12st 2lbs)
Club: Forth
Coach: Mark Delaney
Games attended: One (Beijing 2008)



Major achievements: **OG:** silver (C1) 2008. **WCh:** 14th (C1), 4th (C2), 9th (C1 team), bronze (C2 team) 2011; 12th (C1), bronze (C2), 6th (C1 team), 5th (C2 team) 2010; 5th (C1), 10th (C2), 12th (C1 team), bronze (C2 team) 2009; 5th (C1), 7th (C1 team) 2007; 8th (C1), bronze (C1 team) 2006; 15th (C1), 7th (C1 team) 2005. **ECh:** gold (C2 team) 2012; bronze (C2), bronze (C2 team) 2010; silver (C2 team) 2009.

David Florence is the only one of the five British athletes selected to compete in canoe slalom in London to have experienced an Olympics before – winning silver in the C1 at Beijing 2008. However he will also experience a first having qualified in the canoe double with Richard Hounslow, three years after first choosing to combine the event with his individual aspirations.

Born in Aberdeen, Florence lived on Wester Coates Avenue in Edinburgh between the ages of seven and 18, then a mere street away from a young Chris Hoy, whose residence was on Wester Coates Terrace. Seeing Hoy win triple gold at Beijing 2008 inspired Florence to add another event to his repertoire in the form of the canoe double where he won world and European medals in his first year doing it.

Florence studied mathematical physics at the University of Nottingham and applied to be an astronaut before Beijing 2008 after seeing a recruitment advert for the European Space Agency. He won the overall World Cup title in the C1 in 2009 and in the 2012 World Cup series he has won two golds and a silver and is currently ranked world No.1 in the C1. His dad George was a former Scottish canoeing champion and his brother Fraser also competed internationally.

@David_Florence

RICHARD HOUNSLOW

Event: K1, C2
Born: 19.12.1981, Harrow
Lives: Loughton
Height: 1.83m (6ft)
Weight: 76kg (12st)
Club: None
Coach: Mark Delaney
Games attended: None



Major achievements: **WCh:** 4th (C2), 27th (K1), bronze (C2 team), 6th (K1 team) 2011; bronze (C2), 24th (K1), 5th (C2 team), 12th (K1 team) 2010; 10th (C2), 47th (K1), bronze (C2 team), silver (K1 team) 2009. **ECh:** gold (C2 team) 2012; bronze (C2), bronze (C2 team) 2010; silver (C2 team), gold (K1 team) 2009; bronze (K1 team) 2007.

Richard Hounslow won the K1 at the selection trials and the C2 with David Florence and will compete in both at London 2012. A Tottenham Hotspur FC fan, Hounslow graduated from Nottingham Trent University with a degree in sports science and management.

@RichardHounslow

LIZZIE NEAVE

Event: K1
Born: 12.06.1987, Newcastle-under-Lyme
Lives: Woodford Green
Height: 1.71m (5ft 8ins)
Weight: 63kg (9st 13lbs)
Club: Stafford and Stone
Coach: Paul Ratcliffe
Games attended: None



Major achievements: **WCh:** 16th (K1) 15th (K1 team) 2011; 23rd (K1) 12th (K1 team) 2010; bronze (K1), gold (K1 team) 2009. **ECh:** bronze (K1) 2011; gold (K1 team) 2009; bronze (K1 team) 2007.

Lizzie Neave earned her place in the K1 event after winning all three selection races in April. She beat off competition from Fiona Pennie, who competed in the K1 at Beijing 2008, and Louise Donington. She won K1 bronze in the 2012 World Cup series and has a degree in psychology from Loughborough University. Her father, Andy, is a coach at Stafford and Stone Canoe Club.

@Lizzieneave

ETIENNE STOTT

Event: C2
Born: 30.06.1979, Manchester
Lives: Nottingham
Height: 1.82m (6ft)
Weight: 83kg (13st 1lb)
Club: Viking
Coach: Nick Smith
Games attended: None



Major achievements: **WCh:** 6th (C2), bronze (C2 team) 2011; 17th (C2), 5th (C2 team) 2010; 4th (C2), bronze (C2 team) 2009. **ECh:** gold (C2 team) 2012; bronze (C2 team) 2010; bronze (C2), silver (C2 team) 2009.

Etienne Stott, alongside Tim Baillie, finished second to David Florence and Richard Hounslow at the trials. He learnt to paddle on the River Great Ouse while in the Scouts and has a degree in mechanical engineering from the University of Nottingham and is studying for a Masters. In 2011 he spent six months recovering from surgery after dislocating his shoulder.

CANOE SPRINT

TIM BRABANTS

Event: K1 1000m
Born: 23.01.1977, Chertsey
Lives: Teddington
Height: 1.88m (6ft 2ins)
Weight: 85kg (13st 5lbs)
Club: Nottingham
Coach: Eric Farrell
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** gold (K1 1000m), bronze (K1 500m) 2008; 5th (K1 1000m) 2004; bronze (K1 1000m) 2000.
WCh: silver (K1 1000m), 4th (K1 500m), 5th (K1 500m) 2010; gold (K1 1000m), silver (K1 500m) 2007; silver (K1 1000m) 2006; 5th (K1 1000m) 2003. **ECh:** gold (K1 1000m) 2008; gold (K1 500m) 2007; gold (K1 1000m) 2006; silver (K1 1000m) 2004.

At the Beijing Games in 2008, Tim Brabants won Britain's first-ever Olympic canoeing gold medal – in either slalom and sprint – claiming the K1 1000m title.

Brabants is also Britain's most successful Olympic canoeist ever having won K1 1000m bronze at the Sydney Games in 2000 and the same colour in the K1 500m in China.

He was awarded an MBE for his sporting achievements in 2009 and faced a fierce battle with Paul Wycherley for selection for London 2012.

Wycherley earned selection for the World Championships in 2011 after winning a best-of-three race off but lost to Brabants in a similar series for London 2012.

Brabants is the most experienced and oldest member of the British canoe sprint team for London 2012 and one of only two to have previous Olympic experience.

He graduated as a doctor from the University of Nottingham in 2002 and took a break from canoeing to concentrate on Emergency Medicine after both Athens 2004 and Beijing 2008.

@TimBrabants

RACHEL CAWTHORN

Event: K1 500m, K4 500m
Born: 3.11.1988, Guildford
Lives: Maidenhead
Height: 1.76m (5ft 9ins)
Weight: 67kg (10st 8lbs)
Club: Wey
Coach: Brendan Purcell
Games attended: None



Major achievements: **WCh:** 4th (K4 500m) 2011; bronze (K1 500m), 4th (K1 1000m), 5th (K4 500m), 6th (K1 200m relay) 2010; 4th (K1 1000m), 4th (K4 200m), 5th (K4 500m) 2009. **ECh:** gold (K1 1000m), bronze (K1 500m) 2010; bronze (K1 500m), bronze (K4 200m).

Rachel Cawthorn became the first-ever British woman to medal at both the European and World Championships in 2010. She suffered a winter of repeated illness in 2011 but competed at the World Championships that year and help qualify the K4 500m boat for London 2012.

Cawthorn was introduced to the sport through a talent identification scheme in 2004 and is also a keen knitter.

@RachelCawthorn

ABIGAIL EDMONDS

Event: K2 500m
Born: 26.09.1990, Watford
Lives: Guildford
Height: 1.7Xm (5ft 6ins)
Weight: 69kg (10st 12lbs)
Club: Wey
Coach: Miklos Simon
Games attended: None



Major achievements: **WCh:** 4th (K4 500m) 2011; 5th (K4 500m), 6th (K1 200m relay) 2010.

Abigail Edmonds was the last member of the canoe team to be selected after Britain were awarded an additional women's host nation place. She will contest the K2 500m and provide back-up for the K4 400m in the event of illness or injury. Edmonds will study maths at Oxford's St Peter's College after London 2012 and her great grandmother was once lady-in-waiting to Queen Victoria.



ANGELA HANNAH

Event: K4 500m
Born: 24.03.1986, Harare, Zimbabwe
Lives: Taplow
Height: 1.74m (5ft 9ins)
Weight: 70kg (11st)
Club: Nottingham
Coach: Trevor Hunter
Games attended: None



Major achievements: **WCh:** 7th (K1 1000m) 2011; 7th (K2 1000m), 16th (K2 500m) 2010.

Angela Hannah grew up in Zimbabwe and played hockey for her country of birth. She has a degree in human biology from Loughborough University, where she started kayaking.

Hannah has a Greek mother and Scottish father and two older sisters. She married her Scottish husband Callum in September 2011.

@angelgracej

LIAM HEATH

Event: K2 200m
Born: 17.08.1984, Guildford
Lives: Maidenhead
Height: 1.80m (5ft 11ins)
Weight: 75kg (11st 11lbs)
Club: Wey
Coach: Alex Nikonorov
Games attended: None



Major achievements: **WCh:** silver (K2 200m) 2011; bronze (K2 200m), silver (K1 200m relay) 2010. **ECh:** gold (K2 200m) 2012; gold (K2 200m) 2011; gold (K2 200m) 2010.

Liam Heath turned professional in 2010 and won European K2 200m gold with Jon Schofield while also taking bronze in the same event at the World Championships that year. He also won two World Cup golds in 2010 and this year won silver medals in Poznan and in Duisburg as well as a third straight European title. He can name and make over 150 different cocktails.

@Liam_heath

RICHARD JEFFERIES

Event: C1 200m, C1 1000m
Born: 05.02.1987, Carshalton
Lives: Nottingham
Height: 1.91m (6ft 3ins)
Weight: 95kg (14st 13lbs)
Club: Nottingham
Coach: Steve Train
Games attended: None



Major achievements: **WCh:** 18th (C1 200m) 2011.

Richard Jefferies is the only member of the British canoe sprint team selected to race in the canoe at London 2012 – the other nine are set to take to the kayak.

He was fast-tracked into the sport through UK Sport's Sporting Giants programme. Formerly a rugby player, Jefferies – from Bembridge on the Isle of Wight – opted for canoeing over a place at Loughborough University studying sport science.

@C1_Rich

EDWARD McKEEVER

Event: K1 200m
Born: 27.08.1983, Bath
Lives: Wooburn Green
Height: 1.73m (5ft 8ins)
Weight: 79kg (12st 6lbs)
Club: Bradford-on-Avon
Coach: Alex Nikonorov
Games attended: None



Major achievements: **WCh:** silver (K1 200m) 2011; gold (K1 200m), silver (K1 200m Relay) 2010; 10th (K1 500m) 2009. **ECh:** bronze (K1 200m) 2012; bronze (K1 200m) 2011; gold (K1 200m) 2010.

Ed McKeever graduated from Kingston University with a degree in accountancy and finance and is studying to qualify as an ACCA accountant. McKeever won K1 200m gold at the opening World Cup leg of 2012 in Poznan and second in Duisburg and is due to get married to his long-term girlfriend Anya after London 2012 in September.

@edmckeever

LOUISA SAWERS

Event: K2 500m, K4 500m
Born: 26.08.1988, Chertsey
Lives: Marlow
Height: 1.73m (5ft 8ins)
Weight: 70kg (11st)
Club: Elmburidge
Coach: Miklos Simon
Games attended: None



Major achievements: **WCh:** 4th (K4 500m) 2011; 5th (K4 500m), 6th (K1 200m relay) 2010. **ECh:** bronze (K4 200m) 2009.

Louisa Sawers followed her brother John in trying her hand at canoeing and will form part of the women's K4 500m at London 2012. Sawers won gold in the junior K1 and junior K2, with teammate Jessica Walker, at the Marathon World Championships in 2006. She won European bronze in the K4 200m, again with Walker as well as Cawthorn and Hayleigh Mason, in 2009.

@LouisaSawers

JONATHAN SCHOFIELD

Event: K2 200m
Born: 10.05.1985, Petersfield
Lives: Maidenhead
Height: 1.82m (6ft)
Weight: 82kg (13st)
Club: Soar Valley
Coach: Alex Nikonorov
Games attended: None



Major achievements: **WCh:** silver (K2 200m) 2011; bronze (K2 200m), silver (K1 200m relay). **ECh:** gold (K2 200m) 2012; gold (K2 200m) 2011; gold (K2 200m) 2010.

Jon Schofield, from Clitheroe, was a successful wildwater canoeist before making the switch to sprint kayaking in 2007. He won the world junior wildwater title in 2002 and the senior European title in 2007 and has had much success sprint kayaking in the K2 200m with Liam Heath. Schofield attended Loughborough University, graduating in June 2010 with a degree in human biology.

@Jonscho

JESSICA WALKER

Event: K1 200m, K4 500m
Born: 24.06.1990, Brighton
Lives: High Wycombe
Height: 1.77m (5ft 10ins)
Weight: 72kg (11st 5lbs)
Club: Royal
Coach: Brendan Purcell
Games attended: One (Beijing 2008)



Major achievements: **OG:** 17th (K2 500m) 2008. **WCh:** 4th (K4 500m), 7th (K1 200m) 2011; 16th (K1 200m) 2010.

Jessica Walker made her Olympic debut at Beijing 2008 aged 18 and along with Tim Brabants she is the only member of the British canoe sprint team to have Olympic experience.

She is a former two-time European junior champion and is once again the youngest member of the canoe sprint team for London 2012, where she will become Britain's first-ever representative in the women's K1 200m event.

@JessicaWalker10

JOHN ANDERSON

Title: Performance Director
Games role: Team Leader (Slalom & Sprint)
Born: 18.03.1957, Ayr
Lives: Newark



John Anderson manages and directs the implementation of all aspects of the GB Canoeing Olympic Programmes.

He is responsible for the identification and development of talent and for all members of coaching and administrative staff within the GB Canoeing directorate.



MARK DELANEY

Title: Canoe Slalom Technical Coach – C1 Men
Games role: Coach (C1, MK1, C2)
Born: 13.07.1964, Cambridge
Lives: Nottingham



ERIC FARRELL

Title: Canoe Sprint Olympic Programme Senior Men's Kayak Technical Coach – 1000m
Games role: Coach (MK1 1000m)
Born: 09.07.1956, Liverpool
Lives: Shepperton



JURG GOTZ

Title: Canoe Slalom Olympic Podium Programme – Head Coach
Games role: Head Coach (Slalom)
Born: 22.09.1959, Bern, Switzerland
Lives: Cotgrave



OLEKSANDR NIKONOROV

Title: Canoe Sprint Olympic Programme Senior Men's Kayak Squad Technical Coach – 200m
Games role: Coach (MK1 200m)
Born: 06.01.1952, Voronezh, Russia
Lives: Maidenhead



JULIE PEARCE

Title: Director of Sports Medicine for GB Canoeing at EIS
Games role: Physiotherapist
Born: 30.07.1962, Nottingham
Lives: Hoddesdon



BRENDAN PURCELL

Title: Canoe Sprint National Performance Coach
Games role: Head Coach (WK1 200m/500m)
Born: 29.04.1970, Sydney, Australia
Lives: Raddcliffe



PAUL RATCLIFFE

Title: Canoe Slalom Technical Coach – K1 Women
Games role: Coach (WK1)
Born: 12.11.1973, Salford
Lives: Epping



KATHERINE READY

Title: Physiotherapist
Games role: Physiotherapist
Born: 02.02.1981, Carmarthen
Lives: Twickenham



MIKLOS SIMON

Title: Canoe Sprint Technical Coach – Women's Squad
Games role: Coach (WK4 500m)
Born: 10.03.1957, Budapest, Hungary
Lives: Walton-on-Thames



NICHOLAS SMITH

Title: Canoe Slalom Technical Coach – C2 Men
Games role: Coach (C2)
Born: 15.11.1969, Stratford-upon-Avon
Lives: Much Hadham



STEVE TRAIN

Title: Canoe Sprint Olympic Programme Senior Men's Canoe Squad Technical Coach
Games role: Coach (C1 200m/C1 1000m)
Born: 23.02.1962, Sunderland
Lives: Nottingham



JULIA WELLS

Title: Performance Analyst
Games role: Performance Analyst
Born: 14.07.1977, Bridgend
Lives: Hoddesdon



ALAN WILLIAMS

Title: Canoe Sprint National Planning & Logistics Performance Manager
Games role: Team Manager
Born: 21.04.1954, Manchester
Lives: Esher



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Cycling

● We have selected what I believe to be an excellent team going into an Olympic Games and we have a good mix of experienced Olympians alongside young riders who are making their Olympic debut. The GB Cycling Team has had a strong season across all the disciplines and we are ready to step up again at the Olympics. ●

Team GB Cycling Team Leader Dave Brailsford CBE

Cycling

Introduction

Cycling is among the few sports to have featured at every modern Olympic Games and at London 2012 there will be four disciplines – BMX, mountain biking, road and track.

The ten track events, five for men and five for women, will be held in the London Velodrome and the men's and women's BMX competitions will be held at the neighbouring BMX Track. The mountain bike races will take place at Hadeleigh Farm in Essex.

The road races begin on The Mall and head to Surrey for several circuits – nine for the men, two for the women – of a 15.5km loop around Box Hill. The time trials start and finish at Hampton Court Palace.

Men's track cycling has been part of the Olympic programme since 1896 but did not

feature at Stockholm 1912 while women took to the track for the first time at Seoul 1988.

There was one men's road race at Athens 1896 but the event did not feature again until 1912, while women made their road debut at Los Angeles 1984.

For men and women, mountain biking appeared first at Atlanta 1996 while BMX made its Olympic debut at Beijing 2008.

France have won the most Olympic medals while Great Britain are the third most successful nation behind Italy. At Barcelona 1992, Chris Boardman won Great Britain's first Olympic cycling gold medal for 72 years while Jason Queally was next to top the podium at Sydney 2000.

At Athens 2004, Sir Chris Hoy and Bradley Wiggins won their first Olympic gold medals and at Beijing 2008, Great Britain collected 14 medals, including eight golds.

Hoy won three of those golds to become Great Britain's most successful Olympian at a single Games for 100 years, matching swimmer Henry Taylor's 1908 feat.

Team GB 2012

Great Britain won 13 medals at the UCI Track Cycling World Championships in April, including six golds, of which five were in Olympic disciplines.

The winners were Sir Chris Hoy in the men's keirin, the men's team pursuit quartet, Victoria Pendleton in the women's individual sprint and Laura Trott, who won omnium gold and also made up the trio who claimed women's team pursuit gold.

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WORDS TO LEARN +

DERNY:

The pacing motorcycle used in keirin races

PELTON:

The main group of riders; also called the pack, bunch or field. Riders will try to break away from the peloton

HOLESLOT:

Referring to being in the lead in BMX races from the start gate because of a fast start

SNAKEBITE:

The most common type of flat tyre in mountain biking, caused by hitting an obstacle so hard that the inner tube is pinched against the rim

Both the British men's team pursuit quartet and women's team pursuit trio arrive in London as the world champions and world record holders.

At the London World Cup test event in February, Hoy won gold in the sprint and the keirin but France's Grégory Baugé is also expected to challenge.

Also at the test event, Pendleton and Jess Varnish set a new world record to win the team sprint but they saw that mark bettered by Germany's Kristina Vogel and Miriam Welte at the World Championships.

In the BMX events, both Shanaze Reade and Liam Phillips return for a second Olympic appearance, having both made their debuts at Beijing 2008.

DID YOU KNOW?
The first Olympic Games road race in 1896 was from Athens to Marathon, and back again. Only six riders took part



Sir Chris Hoy of Great Britain in action during the men's keirin in Beijing



Liam Phillips of Great Britain in action in the BMX event

FACT FILE



VENUES:

BMX: BMX Track – Velopark
Mountain Bike: Hadleigh Farm
Road: The Mall, Hampton Court
Track: Velodrome – Velopark

GOLD MEDALS AVAILABLE: 18

DATES:

BMX: Wednesday August 8 – Friday August 10
Mountain Bike: Saturday August 11 – Sunday August 12
Road: Saturday July 28, Sunday July 29, Wednesday August 1
Track: Thursday August 2 – Tuesday August 7

NUMBER OF TEAM GB ATHLETES:

Men: 15 Women: 12

WEBSITES:

BOA: www.teamgb.com/summer-sports/cycling
London 2012: www.london2012.com/cycling
NGB: www.britishcycling.org.uk/

Reade, a four-time world champion, and Phillips both crashed at the 2012 World Championships in Birmingham in May, Phillips breaking his collarbone.

In the mountain bike, Liam Killeen makes a second Olympic appearance, having recovered from an early crash to finish seventh in Beijing, while world under-23 silver medallist Annie Last makes her Olympic debut.

And in the road events, world road race champion Mark Cavendish will be assisted by four of the riders who helped him to victory in Copenhagen last September – Bradley Wiggins, David Millar, Ian Stannard and Chris Froome. Three-time Olympic track champion Wiggins, who won time trial silver in Copenhagen, and Froome will also contest the time trial.

The women will be led by Commonwealth Games silver medallist Lizzie Armitstead and Olympic champion Nicole Cooke in the road race, alongside Emma Pooley and youngster Lucy Martin. Both Pooley, who won silver at Beijing 2008, and Armitstead will also take part in the time trial.

Beijing Olympian Ross Edgar and Becky James have been named as reserves for the track while Kyle Evans and Abby Taylor are BMX reserves.

Competition format

There are 18 events on the Olympic cycling schedule, spread across the BMX, mountain bike, road and track, and in total over 500 athletes will participate.

In the BMX events, there is a men's, competition for 32 riders and a women's competition for 16 riders, where competitors start on an 8m-high ramp and cover a course that features, bumps, jumps and tightly banked corners. The



Liam Killeen of Great Britain competes in a men's cross country mountain bike race

men's event is limited to three riders per nation, the women's two.

Both the men's and the women's competitions start with a seeding phase where each competitor rides the course – 470m for the men and 430m for the women – once to determine the seedings.

The women progress straight to semi-finals and the men's event continues with quarter-finals, which are held over five runs, with points for places on each run.

After three runs the best two male riders from each quarter-final progress to the semi-finals. The remaining riders compete in the final two runs and the best two from each also progress to the semi-finals. From here, the semi-finals in both the men's and women's events follow a three-run format. The top four riders from each semi-final advance to the final, where the medals are decided over one run.

The mountain biking competition consists of a men's and women's cross-country race, with 50 men and 30 women taking part and nations limited to a maximum of three men and two women.

The London 2012 course is 4.7km long, has an elevation change of 172m with each lap and features rocky paths, tricky climbs and technical descents. Each race begins with a starting loop of 441m.

All riders start together – seeded into a starting grid according to world rankings – and must complete a set number of laps of the course. The first to cross the finish line is the winner.

On the road, there will be 212 competitors – 145 men and 67 women – and each nation is limited to five men and four women, including a maximum of two per gender for the time trials. The men's road race is 250km and the women's 140km, while the men's time



trial course is 44km, and 29km for women.

For the road race all competitors start together; the first rider to cross the finish line wins gold. For the shorter time trial, the riders start at 90-second intervals and the winner is the rider with the fastest time.

The road race starts on The Mall before the riders head south-west, crossing the River Thames at Putney Bridge and continuing out through Richmond Park, Bushy Park and past Hampton Court Palace. The Surrey section of the course incorporates several circuits of a loop around Box Hill before heading north through Leatherhead, Esher, Kingston-upon-Thames, Richmond Park and back to The Mall for the finish.

The time trial starts and finishes at Hampton Court Palace in south-west London, and incorporates sections of Richmond, Kingston and Surrey. Both events are held over a single lap, with slight variations in the men's and women's courses reflecting the different distances.

The ten track events, spread equally for men and women, differ from those contested in Beijing where there were seven male events and three female.



Both the men's and women's individual pursuits and points races and men's madison have been removed, while a women's team sprint, women's team pursuit, women's keirin and an omnium for both genders have been added. That leaves the men's and women's individual sprints and men's team pursuit, team sprint and keirin remaining from the Beijing 2008 programme.

In total, there will be 104 men and 84 women taking part with each country limited to nine men and seven women, equating to one athlete or team in each

event. The one athlete or team per nation per event ruling was introduced following Beijing 2008.

The track at the London 2012 Velodrome is a 250m oval, banked from 12 degrees at its shallowest point to 42 degrees at its steepest.

The individual sprint starts with a 200m time trial to determine the seedings for the first round. From then on riders are paired up to compete against each other in a knockout competition, going to quarter-



● I am very proud and excited to be officially selected as a member of the Team GB track cycling team. London 2012 will be my third Olympic Games and to have the opportunity to compete at a home Olympics is amazing. ●

Victoria Pendleton MBE

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finals, semi-finals and a final, which are all best of three races.

The keirin features up to seven riders sprinting for victory, after following a pacing motorcycle – known as a derny – at the beginning of the race. It starts with heats and repechages after which the best 12 riders progress to round two. The top six then reach the final with the bottom six racing for places seven to 12.

The team sprint starts with a qualifying round, with the best eight teams going forward to the first round whereby those ranked fourth fastest race off against the fifth fastest, those third against sixth, those second against seventh and those quickest against those slowest.

The four winning teams in the first round contest the medals, with the two teams with the fastest times competing for gold, and the other two teams going head-to-head for bronze.

The team pursuit – 4km or 16 laps for men and 3km or 12 laps for women – starts with a qualifying round. Teams are seeded in the first round according to their qualifying times – the fastest team competes against

the fourth fastest, second competes against third, fifth against eighth and sixth against seventh.

The winners of the two heats between the top four teams advance to the finals; the remaining six teams are ranked according to their times from the first round, with the best two teams competing for bronze.

The omnium consists of six events: the flying lap against the clock; a points race – 30km for men and 20km for women – where riders score points for sprints which occur every ten laps or for lapping the field; an elimination race which is a bunch race with an intermediate sprint every two laps where the last rider each time is eliminated; an individual pursuit – 4km for men, 3km for women – against the clock; a scratch race – 16km for men, 10km for women – another bunch race where the first across the line wins and a time trial – 1km for men, 500m for women – against the clock.

In each event the winner gets one point, the second placed rider gets two points, the third three points, and so on. At the end of all six events the rider with the lowest total score is the winner.



TEAM GB HERO: CHRIS BOARDMAN



Chris Boardman won individual pursuit gold at the Barcelona 1992 Olympics, Great Britain's first cycling medal since Montreal 1976 and first gold since Thomas Lance and Harry Ryan won the tandem event at Antwerp 1920.

Boardman opted against defending his crown at Atlanta 1996 but he did win time trial bronze on the road while he also wore the Tour de France's yellow jersey on three different occasions.

Nicknamed the Professor, for his meticulous attention to detail when preparing for races, Boardman also won the individual pursuit world title on the track twice and was crowned world time trial champion on the road in 1994. He was awarded an MBE in 1992.



TEAM GB CYCLING AT THE OLYMPIC GAMES

Sydney 2000	1	1	2	4
Athens 2004	2	1	1	4
Beijing 2008	8	4	2	14
Total at Olympics	16	24	21	61
World Championships 2012*	5	1	2	8

*Olympic events only – incorporates track and BMX; mountain bike and road World Championships yet to be held in 2012

RECORD TIMES

	TIME	HOLDER	PLACE/DATE
Track: Individual sprint	OR 9.815	Sir Chris Hoy (GBR)	Beijing 2008
	WR 9.572	Kévin Sireau (FRA)	Moscow GP, 2009
	OR 10.963	Victoria Pendleton (GBR)	Beijing 2008
	WR 10.782	Anna Meares (AUS)	World Championships 2012
Track: Team sprint	OR 42.950	Great Britain	Beijing 2008
	WR 42.914	Germany	Colombia World Cup, 2011
	WR 32.549	Kristina Vogel/ (GER) Miriam Welte	World Championships 2012
Track: Individual pursuit	OR 4.15.031	Bradley Wiggins (GBR)	Beijing 2008
	WR 4.10.534	Jack Bobridge (AUS)	Australian Championships 2011
	OR 3:24.537	Sarah Ulmer (NZL)	Athens 2004
	WR 3:22.269	Sarah Hammer (USA)	Pan American Championships 2010
Track: Team pursuit	OR 3:53.314	Great Britain	Beijing 2008
	WR 3:53.295	Great Britain	World Championships 2012
	WR 3:15.720	Great Britain	World Championships 2012

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RECENT MAJOR CHAMPIONSHIP WINNERS

= Men = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011/12*
BMX	Māris Štrombergs (LAT)	Sam Willoughby (AUS)
	Anne-Caroline Chausson (FRA)	Magalie Pottier (FRA)
Mountain Bike: Cross-country	Julien Absalon (FRA)	Jaroslav Kulhavy (CZE)
	Sabine Spitz (GER)	Catharine Pendrel (CAN)
Road: Road race	Samuel Sánchez (ESP)	Mark Cavendish (GBR)
	Nicole Cooke (GBR)	Giorgia Bronzini (ITA)
Road: Time trial	Fabian Cancellara (SUI)	Tony Martin (GER)
	Kristin Armstrong (USA)	Judith Arndt (GER)
Track: Individual sprint	Sir Chris Hoy (GBR)	Grégory Baugé (FRA)
	Victoria Pendleton (GBR)	Victoria Pendleton (GBR)
Track: Team sprint	Great Britain	Australia
	N/A	Kristina Vogel/Miriam Welte (GER)
Track: Individual pursuit	Bradley Wiggins (GBR)	Michael Hepburn (AUS)
	Rebecca Romero (GBR)	Alison Shanks (NZL)
Track: Keirin	Sir Chris Hoy (GBR)	Sir Chris Hoy (GBR)
	N/A	Anna Meares (AUS)
Track: Team pursuit	Great Britain	Great Britain
	N/A	Great Britain
Track: Points race	Joan Llaneras (ESP)	Cameron Meyer (AUS)
	Marianne Vos (NED)	Anastasia Chulkova (RUS)
Track: Madison	Juan Esteban Curuchet	Kenny De Ketele/
	/Walter Fernando Perez (ARG)	Gijs Van Hoecke (BEL)
Track: Omnium	N/A	Glenn O'Shea (AUS)
	N/A	Laura Trott (GBR)

*2011 World Championships for mountain bike and road, 2012 World Championships for BMX and track

BMX EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
8 Aug	15:00-16:30 M Seeding phase runs
	W Seeding phase runs
9 Aug	15:00-17:00 M Quarter-finals
10 Aug	15:00-17:20 M Semi-finals, 🏆 final, victory ceremony
	W Semi-finals, 🏆 final, victory ceremony

MOUNTAIN BIKE EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
11 Aug	12:30-14:30 W 🏆 Cross-country: race, victory ceremony
12 Aug	13:30-15:30 M 🏆 Cross-country: race, victory ceremony

ROAD EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
28 July	10:00-16:15 M 🏆 Road race: victory ceremony
29 July	12:00-16:15 W 🏆 Road race: victory ceremony
1 Aug	10:00-11:30 W 🏆 Individual time trial: victory ceremony
	13:00-16:15 M 🏆 Individual time trial: victory ceremony



TRACK EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
2 Aug	16:00-18:30 M Team pursuit: qualifying
	M 🏆 Team sprint: qualifying, semi-finals, finals, victory ceremony
3 Aug	16:00-18:55 W 🏆 Team sprint: qualifying, semi-finals, finals, victory ceremony
	M Team pursuit: round 1, 🏆 finals, victory ceremony
4 Aug	16:00-18:40 W Keirin: round 1 & repechages, round 2, 🏆 finals, victory ceremony
	10:00-11:30 M Omnium: flying lap
	16:00-18:40 M Sprint: qualifying, 1/16 finals
5 Aug	10:00-11:25 M Omnium: 30km points race, elimination race
	16:00-19:05 M Sprint: 1/16 finals repechages, 1/8 finals & repechages, race for 9th-12th places
	W Team pursuit: round 1, 🏆 finals, victory ceremony
6 Aug	10:00-11:25 M Omnium: 4km individual pursuit
	16:00-19:05 W Sprint: qualifying
	M 🏆 Omnium: 15km scratch race, 1km time trial, victory ceremony
7 Aug	M Sprint: quarter-finals, race for 5th-8th places
	16:00-18:55 W Sprint: 1/16 finals & repechages, 1/8 finals & repechages, race for 9th-12th places
	M 🏆 Sprint: semi-finals, finals, victory ceremony
8 Aug	16:00-18:55 W Omnium: flying lap, 20km points race, elimination race
	10:00-11:30 M Keirin: round 1 & repechages
	16:00-18:30 W Omnium: 3km individual pursuit
9 Aug	M Keirin: round 2, 🏆 finals, victory ceremony
	16:00-18:30 W 🏆 Omnium: 10km scratch race, 500m time trial, victory ceremony
	W Sprint: semi-finals, 🏆 finals, victory ceremony



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Great Britain will compete in all events

BMX

LIAM PHILLIPS

Event: BMX
Born: 11.03.1989, Taunton
Lives: West Didsbury
Height: 1.78m (5ft 10ins)
Weight: 83kg (13st 1lb)
Team: Burnham BMX Club
Coach: Grant White
Games attended: One (Beijing 2008)



Major achievements: **OG:** of 2008. **WBMXCh:** silver (tt) 2012.

Liam Phillips broke his collar bone at the World Championships in Birmingham in May but has recovered to take his place at London 2012.

Phillips, who in 2011 spent six months with the track sprint team with a view to being man one, reached the quarter-final of the Beijing 2008 Olympics, aged 19.

@liamphillips65

SHANAZE READE

Event: BMX
Born: 23.09.1988, Crewe
Lives: Stockport
Height: 1.70m (5ft 7ins)
Weight: 79kg (12st 6ins)
Team: Cheshire Ghost Riders
Coach: Grant White
Games attended: One (Beijing 2008)



Major achievements: **OG:** f DNF 2008. **WBMXCh:** silver (tt) 2012; gold (tt) 2011; gold (elite) 2010; gold (elite) 2007. **WCh:** silver (team sprint) 2009; gold (team sprint) 2008; gold (team sprint) 2007.

Shanaze Reade crashed out of the 2008 Olympic final but is among the favourites to grab gold in London.

Last year Reade won the Olympic test event but a fall in the elite race denied her a chance at a fifth world gold in the last six years in Birmingham in May.

@shanzareade

MOUNTAIN BIKE

LIAM KILLEEN

Event: Cross country mountain bike
Born: 12.04.1982, London
Lives: Malvern
Height: 1.73m (5ft 8ins)
Weight: 66kg (10st 6lbs)
Team: Team Giant
Coach: Phil Dixon
Games attended: One (Beijing 2008)



Major achievements: **OG:** 7th 2008; 5th 2004. **WCh:** 4th 2008. **CG:** bronze 2002. **WU23Ch:** silver 2004.

Liam 'Killah' Killeen hit a course marker after only 150m at Beijing 2008 before regrouping to finish seventh.

A Commonwealth bronze medallist, Killeen considers being stuck in traffic as bad as finishing fourth.



ANNIE LAST

Event: Cross country mountain bike
Born: 07.09.1990, Bakewell
Lives: Manchester
Height: 1.67m (5ft 6ins)
Weight: 60kg (9st 6lbs)
Team: Milka Brentjens MTB Racing Team
Coach: Phil Dixon
Games attended: None



Major achievements: **WCh:** 11th 2010. **WU23Ch:** silver 2011; silver 2010; fifth 2009. **EU23Ch:** silver 2011.

Annie Last deferred her medicine degree to join British Cycling's Olympic Academy Programme in 2009.

By finishing eighth at a World Cup event in La Bresse, France, Last became the first British woman to qualify for the Olympic mountain bike competition since 2000.

@AnnieLast1

ROAD

LIZZIE ARMITSTEAD

Event: Road race, time trial
Born: 18.12.1988, Leeds
Lives: Otley
Height: 1.68m (5ft 6ins)
Weight: 57kg (9st)
Team: AA Drink-leontien.nl
Coach: Chris Newton
Games attended: None



Major achievements: **WRRCh:** 7th (rr) 2011; 9th (rr) 2010; 27th (rr) 2009. **WCh:** silver (team pursuit), silver (omnium) 2010; gold (team pursuit), silver (scratch), bronze (points) 2009. **CG:** silver (rr) 2010.

Lizzie Armitstead's breakthrough on the road came in the 2008-9 season with a stage win in the Tour de l'Ardeche and she wore the white jersey in the Giro d'Italia. This year she has won both the Omloop van het Hageland and the Gent-Wevelgem races.

@L_ArmiTstead

MARK CAVENDISH

Event: Road race
Born: 21.05.1985, Douglas, IOM
Lives: Quarrata, Italy
Height: 1.75m (5ft 9ins)
Weight: 69kg (10st 2lbs)
Team: Sky Pro Cycling
Coach: Rod Ellingworth
Games attended: One (Beijing 2008)



Major achievements: **OG:** 8th (madison) 2008. **WRRCh:** gold (rr) 2011. **WTCh:** gold (madison) 2008; gold (madison) 2005. **CG:** gold (scratch) 2006.

Sprinter Mark Cavendish shot to fame with four wins in the Tour de France in 2008, while he began this year's race with 20 stage wins to his name.

In 2011 he became the first Brit to ever win the green jersey in the Tour de France while he is also one of only two Brits – as well as Robert Millar – to win stages on all three Grand Tours.

Also in 2011 Cavendish, known as the Manx Missile, became the first Brit since Tom Simpson in 1965 to win the World Road Race Championships title, taking victory in Copenhagen, and soon after he confirmed he would be joining Team Sky.

Away from the Grand Tours, Cavendish won the 2009 Milan-San Remo, one of the five monuments of cycling, and he was also named BBC Sports Personality of the Year in 2011.

Partner Peta Todd gave birth to their first child Delilah Grace in April. He was awarded an MBE last year.

@Mark Cavendish

NICOLE COOKE

Event: Road race
Born: 13.04.1983, Swansea
Lives: Wick
Height: 1.67m (5ft 6ins)
Weight: 58kg (9st 2lbs)
Team: Team Faren Honda
Coach: Chris Newton
Games attended: Two (Athens 2004, Beijing 2008)



Major achievements: **OG:** gold (rr), 15th (tt) 2008; 5th (rr), 19th (tt) 2004. **WRRCh:** 4th (rr) 2011, 4th (rr) 2010, DNF (rr) 2009; gold (rr) 2008; bronze (rr) 2006; silver (rr) 2005; 24th (rr) 2004; bronze (rr) 2003. **CG:** bronze (rr) 2006; gold (rr) 2002.

Nicole Cooke won Great Britain's first gold medal in Beijing, adding the Olympic road race title to her world crown that she had claimed that year.

On top of that she has also won two bronze medals and a silver at world level while she claimed Commonwealth Games gold in 2002.

In 2003 she became the youngest cyclist to become the UCI Women's World Cup champion, and the first Brit, after an impressive race victory in La Flèche Wallonne.

In 2004 she won her first Grand Tour – the Giro d'Italia – becoming the first Brit to do so while in 2005 she won her second La Flèche Wallonne.

In 2006, Cooke reached the top of the world rankings with a third La Flèche Wallonne victory as well as a first win in La Grande Boucle – the women's Tour de France – and she successfully defended it a year later.

At the end of the 2007 season she suffered a knee injury which almost caused her to quit cycling but she recovered to win the world and Olympic title in 2008.

Cooke was awarded an MBE in 2009 and she won her tenth national title the same year.

@NicoleCooke2012



CHRIS FROOME

Event: Road race, time trial
Born: 20.05.1985, Nairobi, Kenya
Lives: Monte Carlo
Height: 1.81m (5ft 11ins)
Weight: 71kg (11st 3lbs)
Team: Sky Pro Cycling
Coach: Rod Ellingworth
Games attended: None



Major achievements: **CG:** 5th (tt) 2010.

Chris Froome was born in Kenya but in 2008 he chose to ride under a British licence.

In 2010 Froome joined Team Sky and his best career performance came at the 2011 Vuelta a Espana where he came second – levelling the best Grand Tour finish by a Brit after Robert Millar's second place in 1987.

He was part of the GB team that led Mark Cavendish to world road race victory in 2011.

@chrisfroome

LUCY MARTIN

Event: Road race
Born: 05.05.1990, Whiston
Lives: Widnes
Height: 1.69m (5ft 7ins)
Weight: 57kg (9st)
Team: AA Drink-leontien.nl
Coach: Chris Newton
Games attended: None



Major achievements: **WRRCh:** 47th (rr) 2011. **CG:** 14th (rr), 12th (points), 11th (scratch) 2010.

Lucy Martin is the youngest of the women's road quartet and like Lizzie Armitstead and Emma Pooley, she rides for AA Drink-leontien.nl.

Spotted at the age of 15, she joined British Cycling's Academy programme soon after. In 2010 she wore the young rider's jersey in the Trophee d'Or despite riding with a cracked vertebrae when hit by a car in training.

@LUCYMARTIN05

DAVID MILLAR

Event: Road race
Born: 04.01.1977, Mtarfa, Malta
Lives: Girona, Italy
Height: 1.92m (6ft 4ins)
Weight: 76kg (12st)
Team: Garmin Sharp Barracuda
Coach: Rod Ellingworth
Games attended: None



Major achievements: **OG:** 16th (tt) 2000. **WCh:** 114th (rr), 7th (tt) 2011; silver (tt) 2010; silver (tt) 2001. **CG:** gold (tt); bronze (rr) 2010.

David Millar is the only British rider to have worn all four jerseys during the Tour de France and all three of the leader's jerseys in the Grand Tours.

Millar has won two world time trial silver medals and time trial gold and road race bronze at the 2010 Commonwealth Games. He was captain of the team that helped Mark Cavendish win world road race gold in 2011.

@millarmind

EMMA POOLEY

Event: Road race, time trial
Born: 03.10.1982, London
Lives: Ruschlikon, Switzerland
Height: 1.57m (5ft 2ins)
Weight: 48kg (7st 8lbs)
Team: AA Drink-leontien.nl
Coach: Chris Newton
Games attended: One (Beijing 2008)



Major achievements: **OG:** silver (tt), 23rd (r) 2008. **WRRCh:** bronze (tt), 69th (r) 2011; gold (tt), 20th (r) 2010, 11th (tt), 14th (r) 2009; 8th (tt), 35th (r); 8th (tt); 9th (r).

Emma Pooley helped Nicole Cooke to road race gold at Beijing 2008 before following up with time trial silver.

In 2010 Pooley was crowned world time trial champion and in 2011 she won the Tour de l'Ardeche, finished second in the Giro d'Italia and won world time trial bronze.



IAN STANNARD

Event: Road Race
Born: 25.05.1987, Chelmsford
Lives: Milton Keynes
Height: 1.90m (6ft 3ins)
Weight: 80kg (12st 8lbs)
Team: Sky Pro Cycling
Coach: Rod Ellingworth
Games attended: None
Major achievements: **NatCh:** gold (r) 2012.



The recently crowned British road race champion, Ian Stannard played a key role in helping Mark Cavendish to Great Britain's first world road title for 46 years last September. He is enjoying an excellent season and demonstrated his domestic qualities in working for Cavendish in this year's Giro d'Italia, while in 2010 he came third in the Kuurne - Bruxelles - Kuurne.

@istannard

BRADLEY WIGGINS

Event: Road race, time trial
Born: 28.04.1980, Ghent, Belgium
Lives: Chorley
Height: 1.90m (6ft 3ins)
Weight: 77kg (12st 2lbs)
Team: Sky Pro Cycling
Coach: Rod Ellingworth
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** gold (ind. pursuit), gold (team pursuit) eighth (madison) 2008; gold (ind. pursuit), silver (team pursuit), bronze (madison) 2004; bronze (team pursuit) 2000. **WRRCh:** silver (t) 2011. **WTCh:** gold (ind. pursuit), gold (team pursuit), gold (madison) 2008; gold (ind. pursuit), gold (team pursuit) 2007; gold (ind. pursuit), silver (team pursuit) 2003; bronze (team pursuit) 2002; silver (team pursuit) 2001; silver (team pursuit) 2000.

Bradley Wiggins established himself as one of the world's finest track endurance riders by collecting six Olympic medals across three Games, including individual pursuit gold at Athens 2004 and individual pursuit gold and team

pursuit gold at Beijing 2008. He also has six world track titles to his name but after Beijing, and after the removal of the individual pursuit from the Olympic schedule, he switched his attentions to the road and in 2009 he finished fourth in the Tour de France - matching Robert Millar's best ever finish in the race by a Brit.

In 2009 he was awarded a CBE and in 2010 he joined Team Sky and while the Tour de France didn't go to plan that year, he looked in excellent shape in 2011 before he broke his collarbone early on in the race. He recovered to finish third in the Vuelta a Espana later that year.

At last year's World Championships in Copenhagen, Wiggins played an instrumental role in helping Mark Cavendish to road race gold, while he also won time trial silver and he will contest both events in London.

In 2012 he has won both the Paris-Nice and the Tour de Romandie and he successfully defended his Critérium du Dauphiné title, becoming the only cyclist in history to win all three races in the same season. He began the Tour de France among the favourites for victory.

@bradwiggins

TRACK

STEVEN BURKE

Event: Endurance
Born: 04.03.1988, Burnley
Lives: Colne
Height: 1.83m (6ft)
Weight: 74kg (11st 9lbs)
Team: Team IG - Sigma Sport
Coach: Dan Hunt
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (ind. pursuit) 2008. **WCh:** gold (team pursuit), 2012; bronze (team pursuit) 2011; silver (team pursuit) 2010. **ECh:** gold (team pursuit) 2011; gold (team pursuit) 2010.

Steven Burke won Olympic individual pursuit bronze at Beijing 2008, losing to idol Bradley Wiggins in the semi-final. He is now part of the team pursuit quartet.

@stevenburke88

ED CLANCY

Event: Endurance
Born: 12.03.1985, Barnsley
Lives: Newton-le-Willows
Height: 1.86m (6ft 1in)
Weight: 77kg (12st 2lbs)
Team: Rapha Condor Sharp
Coach: Dan Hunt
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (team pursuit) 2008. **WCh:** gold (team pursuit), 4th (omnium) 2012; bronze (team pursuit) 2011; gold (omnium), silver (team pursuit) 2010; gold (team pursuit) 2008; gold (team pursuit) 2007; gold (team pursuit) 2005. **ECh:** gold (omnium), gold (team pursuit) 2011; gold (team pursuit) 2010.

Ed Clancy won team pursuit gold at Beijing 2008 and was also part of the four that won 2012 World Championship gold, setting a new world record in the process.

He is one of three surviving members from the 2008 endurance squad along with Geraint Thomas and Steven Burke.

A motorsport enthusiast, Clancy was awarded an MBE after his Beijing exploits and he won omnium gold at the 2010 World Championships despite never participating in the event previously.

In total, Clancy has five world titles to his name while on the road he rides for Rapha Condor Sharp and in 2009 he won the Eddy Soens Memorial Road Race.

@Ed_Clancy

PHILIP HINDES

Event: Sprint
Born: 22.09.1992, Krefeld, Germany
Lives: Manchester
Height: 1.78m (5ft 10ins)
Weight: 83kg (13st 11bs)
Coach: Iain Dyer, Jan van Eijden
Games attended: None



Major achievements: **WCh:** 15th (team sprint), 1/16 finals (ind.sprint) 2012. **EU23Ch:** silver (team sprint) 2011. **WJCh:** bronze (team sprint) 2010*. **representing Germany*

Philip Hinder made his debut for Great Britain at the 2012 World Cup in Beijing and subsequently took part in the team sprint at the World Championships in Melbourne.

Born in Krefeld, Hinder formerly competed for Germany and won team sprint bronze at the 2010 World Junior Championships, but he was able to switch allegiances in 2010, courtesy of his British father Ian, who settled in Germany, having been stationed there with the British Army.

@Philip_hinder

WENDY HOUVENAGHEL

Event: Endurance
Born: 27.11.1974, Magherafelt, Northern Ireland
Lives: Bodmin
Height: 1.76m (5ft 9ins)
Weight: 60kg (9st 6lbs)
Team: Bike Chain Ricci
Coach: Paul Manning
Games attended: One (Beijing 2008)



Major achievements: **OG:** silver (ind. pursuit) 2008. **WCh:** silver (ind. pursuit) 2012; gold (team pursuit) 2011; silver (team pursuit), silver (ind. pursuit) 2010; gold (team pursuit), silver (ind. pursuit) 2009; gold (ind. pursuit) 2008. **ECh:** gold (team pursuit) 2010. **CG:** silver (ind. pursuit) 2010.

A relatively late starter, becoming a full-time cyclist aged 31, Wendy Houvenaghel is a dentist by profession.

She won individual pursuit silver at Beijing 2008 as Rebecca Romero won gold, but after that event was removed from the Olympic schedule and the team pursuit added, she joins the squad which won gold at the 2012 World Championships, setting a world record in the process.

@WHouvenaghel

CHRIS HOY

Event: Sprint
Born: 23.03.1976, Edinburgh
Lives: Manchester
Height: 1.85m (6ft 1in)
Weight: 92kg (14st 6lbs)
Team: Sky Track Cycling
Coach: Iain Dyer, Jan van Eijden
Games attended: Three (Sydney 2000, Athens 2004, Beijing 2008)



Major achievements: **OG:** gold (ind. sprint), gold (team sprint), gold (keirin) 2008; gold (kilo) 2004; silver (team sprint) 2000. **WCh:** gold (keirin), bronze (ind. sprint), 15th (team sprint) 2012; gold (keirin) 2010; gold (kilo) 2006; gold (team sprint) 2005; gold (kilo) 2004; gold (kilo), gold (team sprint) 2002. **CG:** gold (team sprint) 2006; gold (kilo) 2002.

Sir Chris Hoy, multiple world and Olympic champion track cyclist, was born and raised in Edinburgh and has represented Great Britain and Scotland throughout his career, winning four Olympic, 11 world and two Commonwealth titles to date.

Hoy won his first Olympic gold medal at Athens 2004, and four years later in Beijing he became Scotland's most successful Olympian and the first Brit since 1908 to win three gold medals at a single Games.

Hoy's achievements make him the most successful Olympic male cyclist of all time.

Following his hat-trick of gold medals in Beijing, Hoy was voted 2008 BBC Sports Personality of the Year and he received a Knighthood in the 2009 New Year Honours List.

Hoy admits to taking up cycling after watching E.T. as a child.

@chrishoy

PETER KENNAUGH

Event: Endurance
Born: 15.06.1989, Douglas, Isle of Man
Lives: Onchan, Isle of Man
Height: 1.74m (5ft 9ins)
Weight: 64kg (10st 11lb)
Team: Sky Pro Cycling
Coach: Dan Hunt
Games attended: None



Major achievements: **WCh:** gold (team pursuit) 2012; bronze (team pursuit) 2011. **ECh:** gold (team pursuit) 2011. **EU23Ch:** gold (team pursuit) 2008; gold (team pursuit) 2007.

Another GB cyclist from the Isle of Man and a close friend of Mark Cavendish, Peter Kennaugh began his competitive career aged six in BMX.

Kennaugh was part of the GB team pursuit quartet that won 2012 World Championships gold in Melbourne, setting a new world record in the process.

Equally adept on the road, Kennaugh made his Grand Tour debut in the 2010 Vuelta a Espana before Team Sky pulled out due to the death of masseur Txema Gonzalez, while he finished 86th in the 2011 Giro d'Italia.

@Petekennaugh



JASON KENNY

Event: Sprint
Born: 23.03.1988, Bolton
Lives: Bolton
Height: 1.77m (5ft 10ins)
Weight: 80kg (12st 8lbs)
Team: Sky Track Cycling
Coach: Iain Dyer, Jan van Eijden
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (team pursuit), silver (ind. sprint) 2008. **WCh:** silver (ind. sprint), bronze (keirin), 15th (team sprint) 2012; gold (ind. sprint), silver (team sprint) 2011; bronze (team sprint) 2010; silver (team sprint) 2009. **ECh:** gold (keirin), bronze (ind. sprint), bronze (team sprint) 2010.

The pretender to Chris Hoy's throne, Jason Kenny, MBE, won individual sprint silver at the 2012 World Championships, having been awarded the gold from the year before when France's Grégory Baugé was stripped of the title after infringing anti-doping rules.

After winning numerous world and European junior titles, Kenny found himself on the plane to the Beijing Olympics as a fresh-faced 20-year-old.

Man two Kenny, along with Hoy and Jamie Staff, won team sprint gold in his first Olympics in Beijing and reached the individual final, only to lose out to Hoy.

At the 2012 World Championships Kenny also won bronze in the keirin behind gold medalist Hoy.



DANIELLE KING

Event: Endurance
Born: 21.11.1990, Southampton
Lives: Southampton
Height: 1.75m (5ft 9ins)
Weight: 62kg (9st 11lbs)
Team: Horizon Fitness RT
Coach: Paul Manning
Games attended: None



Major achievements: **WCh:** gold (team pursuit), 4th (scratch) 2012; gold (team pursuit), bronze (scratch) 2011. **ECh:** gold (team pursuit) 2011.

An impressive swimmer and runner in her youth, Dani King spent her first full season in 2010 focusing on the road, holding her own in prestigious events such as the Tour of Flanders.

Since taking to the track, King has won two world team pursuit medals and was part of the trio that set the world record on two occasions in Melbourne this year.



@DaniKing1

VICTORIA PENDLETON

Event: Sprint
Born: 24.09.1980, Hitchin
Lives: Wilmslow
Height: 1.65m (5ft 5ins)
Weight: 60kg (9st 6lbs)
Team: Sky Track Cycling
Coach: Iain Dyer, Jan van Eijden
Games attended: Two (Athens 2004, Beijing 2008)



Major achievements: **OG:** gold (ind. sprint) 2008. **WCh:** gold (sprint), 4th (team sprint), 12th (keirin) 2012; gold (ind. sprint) 2010; gold (ind. sprint) 2009; gold (sprint), gold (team sprint) 2008; gold (ind. sprint), gold (keirin), gold (team sprint) 2007; gold (ind. sprint) 2005. **ECh:** gold (team sprint), gold (keirin) 2010. **CG:** gold (ind. sprint) 2006.

After a disappointing Athens 2004 Olympic debut, Victoria Pendleton won individual sprint gold at the 2008 Beijing Olympics and she currently has nine world titles to her name.

At London 2012, she is expected to go for gold on three fronts with the addition of the women's keirin and women's team sprint.

In 2009 she placed 84th in FHM magazine's 100 sexiest women while she has a tattoo on her right wrist that reads "Today is the greatest day I've ever known" – a lyric by the Smashing Pumpkins.

Rewarded with an MBE in 2009, Pendleton wants to own an allotment after the London 2012 Olympics.

She also plans to marry Scott Gardner, a former sports scientist with the British Cycling coaching team, after London 2012.



@v_pendleton

JOANNA ROWSELL

Event: Endurance
Born: 05.12.1988, Carshalton
Lives: Middleton
Height: 1.80m (5ft 11ins)
Weight: 64kg (10st 1lb)
Team: Horizon Fitness RT
Coach: Paul Manning
Games attended: None



Major achievements: **WCh:** gold (team pursuit) 2012; silver (team pursuit) 2010; gold (team pursuit) 2009; gold (team pursuit) 2008. **ECh:** gold (team pursuit) 2011. **EU23Ch:** gold (team pursuit), bronze (individual pursuit) 2008.

Joanna Rowsell emerged onto the track cycling scene in 2008 when she was part of the trio that won world team pursuit gold at the World Championships in Manchester.

Behind Wendy Houvenaghel and Rebecca Romero in the individual pursuit pecking order, Rowsell will now get her chance with the team pursuit coming onto the Olympic schedule.

Rowsell is part of the team pursuit trio that won 2012 world gold, setting a world record in the process. She suffers from alopecia.



@JoannaRowsell

ANDREW TENNANT

Event: Endurance
Born: 09.03.1987, Wolverhampton
Lives: Wilmslow
Height: 1.92m (6ft 4ins)
Weight: 79kg (12st 6lbs)
Team: Rapha Condor Sharp
Coach: Dan Hunt
Games attended: None



Major achievements: **WCh:** gold (team pursuit) 2012; bronze (team pursuit) 2011; silver (team pursuit) 2010. **ECh:** gold (team pursuit) 2011; gold (team pursuit) 2010. **EU23Ch:** gold (team pursuit) 2006.

Andy Tennant began cycling aged 14 and four years later he was part of British Cycling's Olympic Academy Programme. He became a world junior champion aged 18.

Tennant will be part of the team pursuit squad, looking to defend their Olympic crown, having reclaimed their world title and world record this year in Melbourne.



@tennanto

GERAINT THOMAS

Event: Endurance
Born: 25.05.1986, Cardiff
Lives: Altrincham
Height: 1.83m (6ft)
Weight: 71kg (11st 3lbs)
Team: Sky Pro Cycling
Coach: Dan Hunt
Games attended: One (Beijing)



Major achievements: **OG:** gold (team pursuit) 2008. **WCh:** gold (team pursuit), silver (madison) 2012; gold (team pursuit) 2008; team pursuit (gold) 2007. **CG:** bronze (points) 2006.

Along with Ed Clancy and Steven Burke, Welshman Geraint Thomas, MBE, is a surviving member of the 2008 endurance squad, having won team pursuit gold in Beijing.

'G' won three world titles in the build-up to Beijing 2008, but following an appearance at the Manchester World Cup in 2009, he focused his attentions more on the road.

Previously, he had successfully completed his first Tour de France in 2007 and after signing for Team Sky, he made a significant impression on the 2010 Tour.

Thomas racked up several top-ten stage finishes and wore the prestigious young rider's jersey from stages three to seven.

At the 2011 Tour de France, Thomas finished sixth in the first stage to earn the white jersey, which he held until stage seven. He also won the combativity award on stage 12 for a memorable breakaway as the race entered the Pyrenees, ending up 31st overall.

He also helped Mark Cavendish win the world road race title in 2011 before revealing he would be focusing on the track in 2012.

At the World Championships, he was part of the British team pursuit quartet that won gold – their first since 2008 – and set a new world record in the process.



@GeraintThomas86

LAURA TROTT

Event: Track, endurance
Born: 24.04.1992, Harlow
Lives: Cheshunt
Height: 1.63m (5ft 4ins)
Weight: 52kg (8st 3lbs)
Team: Team Ibis Cycles
Coach: Paul Manning
Games attended: None



Major achievements: **WCh:** gold (omnium), gold (team pursuit) 2012; gold (team pursuit) 2011. **ECh:** gold (omnium), gold (team pursuit); gold (team pursuit) 2011.

Laura Trott has been a revelation since breaking into the British endurance squad and already has three world titles to her name, aged 20.

Trott was part of the British trio to set the world team pursuit world record at the 2012 World Championships in Melbourne and she also won the rainbow jersey for the omnium.



@LauraTrott31

JESSICA VARNISH

Event: Track, sprint
Born: 19.11.1990, Birmingham
Lives: Bromsgrove
Height: 1.67m (5ft 7ins)
Weight: 69kg (10st 12lbs)
Team: Halesowen
Coach: Iain Dyer, Jan van Eijden
Games attended: None



Major achievements: **WCh:** bronze (500m tt), 4th (team pursuit), 1/16 finals (ind. sprint) 2012; silver (team sprint) 2011. **ECh:** gold (team sprint) 2011; silver (team sprint) 2010.

Jess Varnish will compete in the team sprint alongside defending individual champion Victoria Pendleton after the duo broke the world record at the London World Cup, which doubled as the test event in February.

She is the daughter of one-time professional cyclist Jim Varnish.



@jessvarnish

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MARTYN ASHFIELD

Title: Mechanic
Games role: BMX Mechanic
Born: 24.11.1951, Pontypool
Lives: Pontywaun



DAVE BRAILS福德

Title: British Cycling Performance Director
Games role: Team Leader
Born: 29.02.1964, Derby
Lives: Ilkeston



Dave Brailsford is the performance director of British Cycling as well as the general manager of Team Sky. A Welsh speaker, having grown up in Deiniolen, Brailsford competed as a cyclist in France for four years and then returned to the UK at 23 to study sports science and psychology.

Brailsford first joined British Cycling as an advisor but progressed to performance director and oversaw the team that won eight gold medals at Beijing 2008.

He was subsequently appointed a CBE in 2009.

PHILIP BURT

Title: British Cycling Lead Physiotherapist
Games role: Team Physiotherapist
Born: 26.08.1973, Truro
Lives: Altrincham



ABBY BURTON

Title: Press Officer
Games role: Team Press Officer
Born: 22.03.1982, Chester
Lives: Chorlton



DIEGO COSTA

Title: Mechanic
Games role: Road Mechanic
Born: 13.09.1981, Codogno, Italy
Lives: Sarmato, Italy



DOUG DAILEY

Title: Sports Engagement Manager
Games role: Sports Engagement Manager
Born: 24.06.1994, Liverpool
Lives: Ruthin



LUC DE WILDE

Title: Carer
Games role: Carer
Born: 18.06.1963, Sleidinge, Belgium
Lives: Sleidinge



PHILIP DIXON

Title: Head MTB Coach
Games role: MTB Coach
Born: 16.02.1980, Mansfield
Lives: Sutton-in-Ashfield



IAIN DYER

Title: Olympic Programme Track Sprint Coach
Games role: Sprint Coach
Born: 01.12.1971, Taplow
Lives: Northwich



ROD ELLINGWORTH

Title: Olympic Podium Coach
Games role: Men's Road Coach
Born: 21.08.1972, Burnley
Lives: Whaley Bridge



ERNEST FEARGRIEVE

Title: Head Mechanic
Games role: Track Mechanic
Born: 18.05.1965, Braintree
Lives: Oldham



WILLIAM FORBES

Title: Performance Analyst
Games role: Performance Analyst
Born: 06.07.1983, Bandar Seri Begawan, Brunei Darussalam
Lives: Manchester



ADRIANA FOUCHE

Title: Carer
Games role: Carer
Born: 07.03.1982, Bloemfontein
Lives: Wimbledon



RICHARD FREEMAN

Title: Consultant in Sport and Exercise Medicine
Games role: Team Doctor
Born: 19.07.1960, Manchester
Lives: Burnley



JOHN HEWITT

Title: Mechanic
Games role: MTB Mechanic
Born: 12.02.1988, Wakefield
Lives: Wakefield



DAN HUNT

Title: Olympic Podium Coach
Games role: Men's Track Endurance Coach
Born: 20.02.1977, Swindon
Lives: Calne



MARK INGHAM

Title: Mechanic
Games role: Track Mechanic
Born: 14.05.1974, Bolton
Lives: Chorley



JONATHAN LEEDER

Title: Physiologist
Games role: Sports Science Support
Born: 05.07.1984, Braintree
Lives: Wilmslow



KLAUS LIEBOLD

Title: Carer
Games role: Carer
Born: 15.08.1957, Germany
Lives: Germany



PAUL MANNING

Title: Olympic Podium Coach
Games role: Women's Track Endurance Coach
Born: 06.11.1974, Sutton Coldfield
Lives: Stockport



CHRIS NEWTON

Title: Women's Road Team Coach
Games role: Women's Road Coach
Born: 29.09.1973, Middlesbrough
Lives: Oldham



STEVEN PETERS

Title: Psychiatrist
Games role: Team Psychiatrist
Born: 05.07.1953, Middlesbrough
Lives: Chapel-en-le-Frith



KEITH REYNOLDS

Title: British Cycling Logistics Manager
Games role: Team Leader Support
Born: 25.12.1953, Solihull
Lives: Solihull



ANGELA RICKARD

Title: Carer
Games role: Carer
Born: 07.06.1981, New Zealand
Lives: South Wales



DAVID ROZMAN

Title: Carer
Games role: Carer
Born: 28.02.1983, Kranj, Slovenia
Lives: Kranj



SHANE SUTTON

Title: Performance Manager
Games role: Head Coach
Born: 22.03.1958, Bad Neuenahr-Ahrweiler, Germany
Lives: Cardiff



JAN VAN EIJDEN

Title: Olympic Podium Coach
Games role: Sprint Coach
Born: 10.08.1976, Bad Neuenahr-Ahrweiler, Germany
Lives: Wilmslow



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CHRISTOPHER WHITE

Title: Lead Performance Analyst
Games role: Lead Performance Analyst
Born: 04.04.1981, Sutton
Lives: Cheadle



GRANT WHITE

Title: Olympic Podium Coach
Games role: BMX Coach
Born: 18.08.1972, Goulburn, Australia
Lives: Salford



ALAN WILLIAMS

Title: Mechanic
Games role: Road Mechanic
Born: 19.10.1982, Stockport
Lives: Manchester



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Equestrian



Equestrian

Introduction

Equestrian is broken down into dressage, eventing and jumping at the Olympics and is the only sport on the programme where men and women compete together in every single event on equal terms.

The sport made its debut at Paris 1900 when jumping (individual) was introduced but it wasn't until Stockholm 1912 that the three disciplines we see today properly took their place on the Olympic schedule.

Individual and team events in eventing and jumping as well as individual dressage will have been contested at the Olympics for 100 years as of London 2012.

Team dressage wasn't introduced until 1928 but has featured at all bar Rome 1960 since. The equestrian component of modern pentathlon is the only other

● 2012 will be the most competitive Games in history; it is going to be exciting, it is going to be very close, it is going to be nerve-wracking, it is going to be memorable. ●●

Team GB Equestrian Team Leader Will Connell

Olympic sport involving animals. For the 1956 Games, the equestrian events were held in Stockholm rather than host city Melbourne, due to Australia's strict quarantine requirements while in 2008 the events took place in Hong Kong rather than Beijing due to the high levels of equine disease in the Chinese capital.

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British dressage competitor Laura Bechtolsheimer on her horse Mistral Hojris

Competitors must be 18-years-old to enter jumping and eventing or 16-years-old to contest the dressage events. The horses themselves must also be of a certain age, at least eight to compete in dressage or nine to compete in jumping. All horses must have an official passport approved by the International Equestrian Federation. Horses must be the same nationality as the riders.

Until the Helsinki Games in 1952 only male cavalry officers were permitted to compete, these restrictions were lifted thereafter with both male civilians and women allowed to participate.

Dressage entails demonstrating a horse's responsiveness to rider commands through a series of prearranged movements while jumping consists of tackling a course of obstacles.

Eventing consists of three parts: dressage, cross-country – whereby competitors try to master a course consisting of up to 45 jumps – and jumping.

While Germany are the most successful equestrian nation, Britain have won medals at 13 of their last 16 Games.

Of the six golds won by Britain, five have come from eventing and the other from jumping but of the all-time medal haul of 27, dressage hasn't contributed once.

Team GB 2012

Britain will have a 13-strong equestrian team at London 2012 with five eventing, four dressage and four jumping athletes selected.

Mary King leads the eventing team and will make her sixth straight Olympic appearance while there is further Games

WORDS TO LEARN +

DRESSAGE

AID:

A prompt that a rider gives to a horse to change gait or turn. This can be done using the hands, legs or through a shift in body weight

HALF-PASS:

When a horse moves forwards and sideways at the same time, bent in the direction of movement

PIAFFE:

A trotting movement, performed almost on the spot

EVENTING

RUN-OUT:

When a horse runs around a fence instead of jumping over it

OPTIMUM TIME:

The target time in cross-country; each second above carries a penalty of 0.4 faults

JUMPING

REFUSAL:

When a horse stops at a jump, incurring faults

TRIPLE COMBINATION:

Three fences in close proximity, with just a few steps between them

experience in William Fox-Pitt and Kristina Cook. All three attended Beijing 2008 where Britain won team bronze with Cook winning individual bronze as well while Fox-Pitt will compete at his fourth Olympics and has a team silver from Athens 2004.

DID YOU KNOW?
.....
The cross-country course in eventing is between 5,700m and 6,840m long



● Big Star is a placid, easy-going horse and doesn't seem to mind the big occasions so I wouldn't think Greenwich will faze him too much. ●

Nick Skelton

King has the same Olympic medal haul while Zara Phillips, the Queen's granddaughter, will finally become an Olympian after missing both Athens 2004 and Beijing 2008 following injury to her horse Toytown.

Piggy French suffered a similar fate at the start of July with Nicola Wilson called up as her replacement. Britain enter as the reigning world champions in the team event.

Dressage was the second of the three equestrian disciplines to announce their team and also contains a wealth of Olympic

experience with Carl Hester and Richard Davison both set for their fourth Games. Laura Bechtolsheimer will compete at her second Games with Charlotte Dujardin the only one of the four to be making her Olympic debut.

Unlike the eventers, Britain have never won an Olympic dressage medal but are showing good form leading into London 2012 winning team silver at the World Equestrian Games in 2010 and European gold last year.

Hester won two individual silver medals at the 2011 Europeans while Bechtolsheimer, who took bronze, also won double individual silver at the World Equestrian Games in 2010.

The jumping team was the last of the three to be announced with Nick Skelton, like King, set for his sixth Olympic appearance after outings at Seoul, Barcelona, Atlanta, Athens and Beijing.

Like Scott Brash, Peter Charles will make his Olympic debut for Britain at London 2012 but he does have previous Games experience with Ireland.

He attended Barcelona 1992 and Atlanta 1996 with Ireland, becoming eligible through his Irish mother, while Ben Maher joins Skelton in being retained from Beijing 2008.

Britain once again have reason to believe their jumpers can medal in London winning team bronze at last year's European Championships while Skelton individually collected the same colour. Tina Fletcher and Hello Sailor act as the travelling reserve.

DID YOU KNOW?
.....
In total 200 equestrian athletes will compete for six gold medals

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Zara Phillips, Nicola Wilson, William Fox-Pitt, Mary King and Kristina Cook

Competition format

In dressage the horse and rider's series of movements, known as tests, are performed in front of a judging panel awarding scores for the individual elements and overall routine.

Taking place in a 60m by 20m sand-based area there are three rounds – Grand Prix, Grand Prix Special and Grand Prix Freestyle.

In the first two, movements are set in compulsory order, while in the third, the rider chooses an individual programme set to music.

The team, made up of three competitors, and individual events are run concurrently with a rider's score in a test relevant for both events.

The Grand Prix and Grand Prix Special events take place first with team medals decided by the total of the scores in both, averaged out between the three riders, while individual podium places are decided after the Grand Prix Freestyle.

After the Grand Prix phase the best seven teams, including any tied for seventh, and best 11 individuals, including any tied for 11th, not part of a team, progress to the Grand Prix Special. While team medals are decided when the Grand Prix Special finishes, the best 18 individuals, including any tied for 18th, based solely on the Grand Prix Special advance to the Grand Prix Freestyle.

Only the top three athletes from any nation may contest the individual final. Performances in the Grand Prix Freestyle determine the gold, silver and bronze individual medals. The average score of the final two rounds decides the final placings.

The eventing competition takes place over four days with scores cumulative across all three phases and the best total determining the winner.

It starts with the dressage element, which covers the first two days, whereby the total score is converted into penalty points and carried onto the cross-country.

The cross-country course will span Greenwich Park and contain up to 45 jumps. Any jumping errors and time infringements are added to the penalty points carried over from the dressage. Eventing concludes with the jumping phase. Penalty points are awarded for jumping errors (primarily lowering rails) and exceeding the allowed time, these are added to the points carried forward from the previous two phases with the lowest score determining the winner from the overall score.

There are two jumping tests, one to decide

FACT FILE



VENUE:

Greenwich Park

GOLD MEDALS AVAILABLE: 6

DATES:

Dressage: Thursday August 2 – Thursday August 9

Eventing: Saturday July 28 – Tuesday July 31

Jumping: Saturday August 4 – Wednesday August 8

NUMBER OF TEAM GB ATHLETES:

Men: 7 Women: 6

WEBSITES:

BOA: www.teamgb.com/summer-sports/equestrian-dressage,
www.teamgb.com/summer-sports/equestrian-eventing,
www.teamgb.com/summer-sports/equestrian-jumping

London 2012: www.london2012.com/equestrian

NGB: www.equestrianteamgb.co.uk

team medallists and the other to decide the individuals. Teams can be made up of five combinations with the best three scores counting towards the medal total.

After the first jumping test, which decided the team medallists, the top 25 and any tied on 25th advance to the second round of jumping to decide individual placings. Penalties incurred here are cumulative and added to those incurred in dressage, cross country and team jumping rounds. Only the top three athletes from any nation may go forward to the individual round.

All riders compete in round one with the best 60 individuals, including any tied for 60th, advancing along with all team riders ranked lower than 60.

Round two also acts as the first of the team competition and sees the best 45 individuals, including any tied for 45th, determined by the combined scores of both outings so far, progress.

The best eight teams and any tied for eighth from this round only also reach round three, where the final placings are decided by the sum of the scores from rounds two and three.

The final individual competition is conducted over two rounds – A and B; in round A the combined best 35 and any tied for 35th, limited to a maximum of three per country, progressing to the penultimate round.

In round four, the best 20, including any tied for 20th, from round A compete for the individual title. Scores from round B are then added to those in round A to decide the medallists. If two or more riders happen to be tied within the top three a jump-off takes place to break the tie.



TEAM GB EQUESTRIAN AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	1	0	1
Athens 2004	1	1	1	3
Beijing 2008	0	0	2	2
Total at Olympics	6	9	12	27
World Equestrian Games 2010*	1	4	0	5

*Olympic events only but including Laura Bechtolzheimer's GPS and GPF silver medals

RECENT MAJOR CHAMPIONSHIP WINNERS

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2010
Individual dressage	Anky van Grunsven (NED)	Edward Gal (NED)*
Team dressage	Germany	Netherlands
Individual jumping	Eric Lamaze (CAN)	Philippe Le Jeune (BEL)
Team jumping	USA	Germany
Individual eventing	Hinrich Romeike (GER)	Michael Jung (GER)
Team eventing	Germany	Great Britain

*Edward Gal won the Individual Grand Prix Special and Freestyle events

TEAM GB HERO: RICHARD MEADE



A veteran of four Olympic Games, Richard Meade was the first Briton to ever win an individual equestrian gold medal – claiming the eventing title at Munich 1972.

Four years earlier at Mexico 1968, Meade was part of the British eventing team that won gold while he also helped them retain the title in Germany to complete a memorable Games.

No other British equestrian competitor is more successful at an Olympics than Meade, who also attended the 1964 and 1976 Games. He once dated Princess Anne.



DRESSAGE EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
2 Aug 11:00-15:30	M / W Team Dressage: day 1
3 Aug 11:00-15:30	M / W Team Dressage: day 2
7 Aug 10:00-16:55	M / W 🏆 Team Dressage: finals, victory ceremony
9 Aug 12:30-16:30	M / W 🏆 Individual Dressage: grand prix freestyle, victory ceremony

EVENTING EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
28 July 10:00-16:45	M / W Individual & Team Eventing: dressage, day 1
29 July 10:00-16:45	M / W Individual & Team Eventing: dressage, day 2
30 July 12:30-17:40	M / W Individual & Team Eventing: cross-country
31 July 10:30-16:15	M / W 🏆 Individual Eventing: jumping, victory ceremony M / W 🏆 Team Eventing: jumping, victory ceremony

JUMPING EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
4 Aug 10:30-14:05	M / W Individual Jumping: 1st qualifier M / W Team Jumping: qualifier for round 1
5 Aug 11:00-14:15	M / W Team Jumping: round 1
6 Aug 14:00-17:15	M / W 🏆 Team Jumping: round 2, victory ceremony
8 Aug 12:00-16:35	M / W 🏆 Individual Jumping: final rounds, victory ceremony

Team GB will compete in every event

DRESSAGE

LAURA BECHTOLSHEIMER

Event: Individual & team riding
Mistral Hojris
Born: 31.01.1985, Mainz, Germany
Lives: Ampney St Peter
Height: 1.69m (5ft 7ins)
Weight: 56kg (8st 11lbs)
Coach: Wilfried Bechtolsheimer, Klaus Balkenhol
Games attended: One (Beijing 2008)



Major achievements: **OG:** 17th (ind.), 5th (team) 2008. **WEG:** silver (GPS), silver (GPF), silver (team) 2010. **ECh:** bronze (GPS), gold (team) 2011; bronze (GPS), silver (team) 2009.

Laura Bechtolsheimer started riding when she was three, concentrating on eventing before switching to dressage in her teens.

She is the youngest-ever British National champion, having won the title aged 20, and is the only member of the London 2012 team to have competed at Beijing 2008.

Bechtolsheimer will ride the same horse, Mistral Hojris, and in 2010 she became Great Britain's first-ever individual World Championship silver medallist.



RICHARD DAVISON

Event: Individual riding Hiscox
Artemis
Born: 20.09.1955, Nottingham
Lives: Combridge
Height: 1.77m (5ft 10ins)
Weight: 76kg (12st)
Coach: N/A
Games attended: Three (Athens 2004, Sydney 2000, Atlanta 1996)



Major achievements: **OG:** 22nd (ind.), 7th (team) 2004; 35th (ind.), 8th (team) 2000; 21st (ind.), 8th (team) 1996. **ECh:** bronze (team) 2003; silver (team) 1993.

Along with Carl Hester, Richard Davison will be making his fourth Olympic appearance in London but will ride in the individual event only.

He started weekly riding lessons when he was five and went on to join the family PR and marketing business after finishing school.

Davison has been British number one in the international dressage rankings six times and took the non-competing role of team captain for the dressage squad at Beijing 2008.



CHARLOTTE DUJARDIN

Event: Individual & team riding
Valegro
Born: 13.07.1985, Enfield
Lives: Newent
Height: 1.70m (5ft 7ins)
Weight: 61kg (9st 9lbs)
Coach: Carl Hester
Games attended: None



Major achievements: **ECh:** gold (team) 2011.

Charlotte Dujardin is the youngest member of the British dressage team for London 2012 and was a member of the quartet that won European Championship gold in 2011. Her interest in dressage took her to Carl Hester, who she will join on the British team for 2012, in 2007 and after lessons he offered her a full-time position working for him. As a trainer herself she has worked with multiple world and Olympic champion eventer Mark Todd. Dujardin and Valegro set a new Grand Prix Special world record of 88.022 per cent in April and recently broke the British record for the Grand Prix Freestyle in July with 90.65 per-cent.



CARL HESTER

Event: Individual & team riding
Uthopia
Born: 29.06.1967, Barnet
Lives: Newent
Height: 1.83m (6ft)
Weight: 81kg (12st 11lbs)
Coach: Anne van Olst, Erik Theilgaard
Games attended: Three (Athens 2004, Sydney 2000, Barcelona 1992)



Major achievements: **OG:** 13th (ind.), 7th (team) 2004; 31st (ind.), 8th (team) 2000; 16th (ind.), 7th (team) 1992. **WEG:** silver (team) 2010. **ECh:** silver (individual GPS), silver (individual GPF), gold (team) 2011; silver (team) 2009.

Raised on the Channel Island of Sark, Carl Hester first competed after taking up a job at the Fortune Centre in Hampshire before he joined Dr Wilfried Bechtolsheimer's yard as a rider.

Hester now runs his own yard and was named as the BOA Olympic Athlete of the Year for equestrian in 2011 but missed out on Beijing 2008 after injuries to two of his horses.

@HesterDressage

EVENTING

KRISTINA COOK

Event: Individual & team riding
Miners Frolic
Born: 31.08.1970, Findon
Lives: Findon
Height: 1.75m (5ft 9ins)
Weight: 71kg (11st 3lb)
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (ind.), bronze (team) 2008. **WEG:** gold (team) 2010; gold (team) 1984. **ECh:** gold (ind.), gold (team) 2009; gold (team) 1999; bronze (ind.) 1997; gold (team) 1995; silver (ind.) 1993.

Tina Cook will be making her second Olympic appearance at London 2012 after securing two bronzes in Beijing four years ago aboard Miners Frolic.

Her father, Josh Gifford, was a four-time champion jockey and her mother, Althea Roger-Smith, a winner of the Queen Elizabeth II Cup. Cook will be riding 14-year-old Miners Frolic once again in London.



WILLIAM FOX-PITT

Event: Individual & team riding
Lionheart
Born: 02.01.1969, London
Lives: Sturminster Newton
Height: 1.98m (6ft 6ins)
Weight: 76kg (12st)
Coach: Yogi Breisner, Tracey Robinson, Lizzie Murray
Games attended: Three (Beijing 2008, Athens 2004, Atlanta 1996)



Major achievements: **OG:** 12th (ind.), bronze (team) 2008; DNF (ind.), silver (team) 2004; 5th (team) 1996. **WEG:** silver (ind.), gold (team) 2010; silver (team) 2006; bronze (team) 2002. **ECh:** bronze (team) 2011; gold (team) 2009; silver (ind.), gold (team) 2005; gold (team) 2003; gold (team) 2001; silver (ind.), gold (team) 1997; gold (team) 1995.

William Fox-Pitt was the first British rider to become world number one in eventing in 2002 and he is a board director for the Event Riders Association.

Fox-Pitt is married to Channel 4 racing presenter Alice Plunkett and together they have two young children, Oliver and Thomas.

He has also written two books; *Schooling For Success* and the autobiography *What Will Be* and will be gunning for his third Olympic medal at his fourth Games in London.

@foxpittventing

MARY KING

Event: Individual & team riding
Imperial Cavalier
Born: 08.06.1961, Newark
Lives: Sidmouth
Height: 1.70m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Games attended: Five (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996, Barcelona 1992)



Major achievements: **OG:** 11th (ind.), bronze (team) 2008; 20th (ind.), silver (team) 2004; 7th (ind.) 2000; 12th (ind.) 1996; 9th (ind.), 6th (team) 1992. **WEG:** gold (team) 2010; silver (team) 2006; gold (team) 1994. **ECh:** bronze (team) 2011; silver (ind.), gold (team) 2007; gold (team) 1997; bronze (ind.), gold (team) 1995; gold (team) 1991.

Mary King, née Tucker, joins British archer Alison Williamson and jumping rider Nick Skelton in making her sixth Olympic appearance in London – the trio joining just three others on such a number. She is the oldest and most experienced member of the British eventing team for London 2012.

Her career hasn't come without injury, breaking her wrist and ankle in 1998 and neck in a schooling accident in 2001. King required surgery following the latter but recovered and won her first Olympic medal at Athens 2004, silver as part of the British team.

At London 2012, King will ride her fifth different horse at an Olympics, saddling up Imperial Cavalier. She is married to cattle dealer David King and has two children Emily and Freddie. Her daughter Emily was on the British team for the European Junior Eventing Championships in 2011 and finished seventh.



ZARA PHILLIPS

Event: Individual & team riding
High Kingdom
Born: 15.05.1981, London
Lives: Stroud
Height: 1.68m (5ft 6ins)
Weight: 64kg (10st 1lb)
Games attended: None



Major achievements: **WCh:** gold (ind.), silver (team) 2006. **ECh:** gold (team) 2007; gold (ind.), gold (team) 2005.

The Queen's granddaughter and 14th in line to the throne, Zara Phillips follows in the footsteps of both parents, Captain Mark Phillips and HRH Princess Anne, in competing at the Olympics.

Captain Phillips won team gold at Munich 1972 and team silver at Seoul 1988. She had been selected for Beijing 2008 but her horse, Toytown, suffered an injury in training, just as it had ruled her out of selection in 2004.



NICOLA WILSON

Event: Individual & team riding
Opposition Buzz
Born: 01.10.1976, Darlington
Lives: Northallerton
Height: 1.77m (5ft 10ins)
Weight: 64kg (10st 1lbs)
Games attended: None



Major achievements: **WEG:** gold (team) 2010. **ECh:** bronze (team) 2011; gold (team) 2009.

Nicola Wilson was called into the British team as a replacement for Piggy French, who was forced to withdraw at the start of July. Wilson has been pathfinder for the team at the last two major championships; she was part of the team that won gold at the 2010 World Equestrian Games, alongside fellow Olympians Tina Cook, William Fox-Pitt and Mary King while she won European team gold in 2009 and team bronze in 2011.



JUMPING

SCOTT BRASH

Event: Individual & Team riding
Hello Sanctos
Born: 23.11.1985, Edinburgh
Lives: Peebles
Height: 1.71m (5ft 7ins)
Weight: 64kg (10st 1lb)
Games attended: None



Major achievements: **WEG:** 37th (ind.), 9th (team) 2010.

Scott Brash is the only member of the jumping team to be making their Olympic debut in London but he was part of the British team for the World Equestrian Games in 2010 where he rode Intertoy Z. He will ride Hello Sanctos at London 2012 and claimed his biggest Grand Prix victory in Florida with him at the start of 2012. At 26 Brash is the youngest member of the British jumping team.



PETER CHARLES

Event: Individual & team riding
Murka's Vindicat W
Born: 18.01.1960, Liverpool
Lives: Alton
Height: 1.75m (5ft 9ins)
Weight: 78kg (12st 4ins)
Games attended: Two (Atlanta 1996, Barcelona 1992)



Major achievements: **OG:** 11th (ind.), 8th (team) 1996; 40th (ind.), 14th (team) 1992. **ECh:** gold (team) 2001; gold (ind.) 1995.

Peter Charles competed at both Barcelona 1992 and Atlanta 1996 for Ireland, qualifying through his Irish mother, and his individual European gold in 1995 was the nation's first ever. Charles originally represented Britain and switched back in 2007. He had a serious fall in 2006, rupturing his spinal sheath, shattering three ribs and suffering a broken vertebrae.



BEN MAHER

Event: Individual & team riding
Triple X III
Born: 30.01.1983, Enfield
Lives: Bishop's Stortford
Height: 1.87m (6ft 2ins)
Weight: 68kg (10st 10ins)
Games attended: One (Beijing 2008)



Major achievements: **OG:** 19th (ind.), 5th (team) 2008. **ECh:** bronze (team) 2011.

A two-time winner at the Pony European Championships and one-time winner at the Young Rider European Championships, Ben Maher will make his second Olympic appearance in London.

Maher has competed at senior European Championships twice since Beijing 2008, where he rode Rolette, while at London 2012 he will ride Triple X III.

He began training with former British rider Liz Edgar upon leaving school before spending two years riding for Beat Mändli in Switzerland.

@BenMaher1

NICK SKELTON

Event: Individual & team riding
Big Star
Born: 30.12.1957, Bedworth
Lives: Alcester
Height: 1.75m (5ft 9ins)
Weight: 76kg (12st)
Games attended: Five (Beijing 2008, Athens 2004, Atlanta 1996, Barcelona 1992, Seoul 1988)



Major achievements: **OG:** 29th (ind.), 5th (team) 2008; 10th (ind.) 2004; 23rd (ind.), 11th (team) 1996; 70th (ind.), 7th (team) 1992; 7th (ind.), 6th (team) 1988. **WEG:** bronze (team) 1998; bronze (team) 1990; bronze (ind.). **ECh:** bronze (ind.), bronze (team) 2011; silver (team) 1995; silver (team) 1993; silver (team) 1991; gold (team) 1989; bronze (ind.), gold (team) 1987; gold (team) 1985.

Nick Skelton joins fellow equestrian rider Mary King and archer Alison Williamson in making his sixth Olympic appearance for Britain at London 2012.

However unlike King and Williamson, who have competed at every single Games since Barcelona 1992, Skelton missed Sydney 2000 and made his debut at Seoul 1988; also competing at the Alternate Olympic Games in 1980, where he won team silver. He suffered a serious neck injury in September 2000 that forced him to retire on the advice of leading neuro-surgeons.

However Skelton was to make a full recovery and returned to the sport in 2002; he was awarded an OBE for his services to equestrian sport in the Queen's Birthday Honours list this year.

A multiple world and European medalist Skelton won the World Cup final with Dollar Girl in 1995 and holds the British record for jumping the highest fence – 7ft 7ins at Olympia in 1978.



HENRIETTE ANDERSEN

Title: Dressage Team Coach
Games role: Dressage Team Coach
Born: 19.09.1963, Copenhagen, Denmark
Lives: Chipping Norton



SARAH ARMSTRONG

Title: World Class Project Manager
Games role: Administrative Personnel
Born: 18.06.1963, Hitchin
Lives: Pertenhall



YOGI BREISNER

Title: World Class Performance Manager
Games role: Eventing Team Manager (Head Coach)
Born: 01.07.1954, Johannes, Sweden
Lives: Thame



ELIZABETH BROWN

Title: Eventing Team Vet
Games role: Eventing Team Vet
Born: 03.06.1971, Sheffield
Lives: Hungerford



ROBRECHT CNOCKAERT

Title: Performance Showjumping Team Vet
Games role: Jumping Team Vet
Born: 01.04.1973, Aalst, Belgium
Lives: Retford



WILLIAM CONNELL

Title: Equestrian Performance Director
Games role: Team Leader
Born: 11.05.1965, London
Lives: Market Harborough

Will Connell served in the Royal Artillery for 17 years between 1985 and 2002 and was Commanding Officer of The King's Troop RHA.

In October 2003 he was appointed British Equestrian Federation Performance Director in charge of the world-class plans for eventing, dressage, jumping and para-equestrian dressage.

Connell was Chef d'Equipe of the British Young Rider Eventing team from 1997 to 2001 and was the team leader at Athens 2004 and Beijing 2008.



ROB HOEKSTRA

Title: World Class Showjumping Performance Manager
Games role: Jumping Team Manager (Head Coach)
Born: 28.05.1958, Noordwijk, Netherlands
Lives: Retford



JENNIFER LAMON

Title: Team Equine Physiotherapist, Showjumping
Games role: Jumping Team Physiotherapist (Equine)
Born: 26.11.1972, Oakville, Canada
Lives: Retford



JOHN McEWEN

Title: Director of Equine Sports Science & Performance, Development, Team Dressage Vet
Games role: Dressage Team Vet
Lives: Chepstow



PETER MURPHY

Title: Performance & Development, Showjumping (Eventing), Coach
Games role: Eventing Team Coach
Born: 18.06.1969, Preston
Lives: Preston



BRENDAN MURRAY

Title: Performance Eventing, Team Farrier
Games role: Eventing Team Farrier (Head Coach)
Born: 20.05.1958, Luton
Lives: Wisbech



HAYDN PRICE

Title: Lead Farrier for World Class & Performance Dressage & Show Jumping Team
Games role: Dressage/Jumping Team Farrier
Born: 16.06.1960, Cwmbran
Lives: Usk



TRACIE ROBINSON

Title: Performance Dressage (Eventing), Coach
Games role: Eventing Team Coach
Born: 27.07.1961, Birmingham
Lives: Lutterworth



CLAIRE SHAND

Title: Head of Communications & Marketing
Games role: Press
Born: 26.05.1979, Northumberland
Lives: Coventry



VICTORIA SPALDING

Title: Performance & Development Equine Physiotherapist
Games role: Physiotherapist (Equine)
Born: 26.07.1971, Bradford
Lives: Leeds



ANDREW THOMAS

Title: Human Sport Science & Medicine Lead Practitioner
Games role: Physiotherapist (Human)
Born: 31.01.1966, Nottingham
Lives: Twyford



SOPHIE THOMAS

Title: World Class Performance Assistant & Anti-Doping Liaison Officer
Games role: Administrative Personnel
Born: 07.04.1979, Canterbury
Lives: Warwick



RICHARD WAYGOOD

Title: Chef d'Equipe, Dressage Farrier
Games role: Dressage Team Manager (Head Coach)
Born: 06.09.1962, Clevedon
Lives: Wanborough



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Fencing

Fencing

Introduction

Fencing is one of just five sports to have featured at every Olympics since the formation of the modern Games with athletics, cycling, swimming and gymnastics being the other four.

Fencing is broken down into three forms named after the blade weapon used in each – foil, épée and sabre – the latter appearing at every Games since Athens 1896.

Women didn't compete until Paris 1924 and only then were they allowed to compete in the individual foil event. At London 2012 there are ten medal events, incorporating individual and team competitions.

The foil measures 110cm while the épée is the same length but heavier and derives from the court sword. The sabre is the shortest at 105cm and originates from the cavalry sword. All events take place on a 14-metre long piste.

There are two changes to the Olympic programme from Beijing 2008, with the men's team foil replacing the team épée and the women's team épée replacing the team sabre.

DID YOU KNOW?

At Antwerp 1920, Italy's Nedo Nadi became the only fencer ever to win a gold medal with every weapon at a single Olympics

Nations are allowed to select eight men and eight women in total, with a maximum of three per gender in the foil events and likewise in the men's sabre and women's épée events, as team competitions are also contested in these. That leaves two men eligible for the individual épée and two women for the individual sabre with 212

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Husayn Rosowsky, right, of Great Britain in action against Brice Guyart of France

athletes in total set to compete in London. That includes the eight host nation places handed to Britain – who haven't won an Olympic medal since Bill Hoskyns' individual épée silver in 1964 – as host nation.

Gillian Sheen remains Britain's only ever Olympic gold medallist, winning the individual foil title in 1956, while Judy Guinness' honesty in 1932 cost her becoming the first. She twice acknowledged a hit made by her opponent not seen by the judges and lost.

Italy have won the most gold medals since Athens 1896 with 45 but France hold the record for most medals won with 115.

Team GB 2012

Team GB will have a team of ten fencers in London – two of which qualified in their own right and eight through host nation places. The ten selected athletes branch across all three fencing disciplines with six chosen in the foil, three in the sabre and one in the épée.

Foil fencer Richard Kruse, who along with Natalia Sheppard qualified for the Games outright, will make his third Olympic appearance. He is the only surviving member of the British team that competed at Beijing 2008.

Kruse qualified through his world ranking after winning a satellite event in Denmark in March while James Davis and Husayn Rosowsky are the other two male athletes selected in the foil.

Davis is the only British fencer to ever win a medal at the European Cadet Championships – bronze in 2008 – and Rosowsky is the current British champion. They, along with Kruse, will compete in the individual event as well as coming together



● This will be my third Olympics and it's so special that it's in London. Qualification was only job one. My focus is now fully on achieving my life's dream, Olympic gold. ●

Richard Kruse

as a team. Sheppard heads up the three women selected for the foil and, like Kruse, she booked her Olympic place by right after winning the final European qualifying event in Bratislava in April.

Anna Bentley and Sophie Troiano join her in competing individually and in the foil team event after their places on Team GB were confirmed during the second wave of selections.

Aside from Kruse, Louise Bond-Williams is the only other member of the team to have Olympic experience having competed at Athens 2004, and she will compete in the

I have every confidence that each member of the team will deliver a very competitive and credible performance at London 2012.

Team GB Fencing Team
Leader Alex Newton

sabre once again. Sophie Williams joins her as the second female sabre competitor while James Honeybone is the only male selected for that discipline. Corinna Lawrence is the sole athlete selected for the épée.

DID YOU KNOW?

At London 2012, 35 pistes will be used during competition

Martina Emanuel, who competed at Beijing 2008, is a reserve for the women's foil team and Laurence Halsted is the men's foil team reserve.

Competition format

In the foil and épée, points are scored by hitting an opponent with the tip of the weapon while in the sabre, the cutting weapon, hits can be scored with both the point and side of the blade. The foil and sabre have rules of right of way and timing such that only one fencer can score at a time but in the épée that is not the case.

Individual contests in épée and foil are decided over three three-minute periods or until one fencer has scored 15 points. Sabre is so fast that there is a one-minute break when one fencer reaches eight hits. Team contests consist of nine three-minute bouts with 45 hits needed to win.

A referee oversees each bout, aided by a video referee, and in the latter stages by two further assistants who look for infringements. Hits are recorded electronically using wireless technology.

In the foil the valid target areas for hitting are the trunk of the body. In the sabre it is everything above the waist, barring hands, and in the épée it is the entire body.

Infringements include using the unarmed

hand to cover the target, barging into your opponent, or foot faults whereby a fencer steps off the side or the end of the piste. Minor offences are penalised with a yellow card. Receiving two yellow cards in the same fight results in a penalty hit awarded against a fencer in the form of a red card. A black card results in exclusion.

All ten events are based on a head-to-head knockout format with a round of 64 for the individual men's foil and sabre and individual women's foil and épée. When there are less than 64 athletes participating in these events, byes are handed out. The individual men's épée and individual women's sabre begin with a round of 32 with a maximum of two athletes receiving byes.

Team events involve eight nations except those in which hosts Britain enter – the men's and women's foil – where there are nine. In the event of a tie in any of the events, athletes fence for a further minute.

The first to score is then declared the winner but if no-one does the athlete randomly assigned priority before the extra-time takes the tie.

All draws are based on the existing International Fencing Federation (FIE) rankings.



James Honeybone, left, of Britain competes against Alexey Yakimenko

FACT FILE

VENUE:
ExCeL

GOLD MEDALS AVAILABLE: 10

DATES:
Saturday July 28 – Sunday August 5

NUMBER OF TEAM GB ATHLETES:
Men: 4 Women: 6

WEBSITES:
BOA: www.teamgb.com/summer-sports/fencing
London 2012: www.london2012.com/fencing
NGB: www.britishfencing.com

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TEAM GB HERO: GILLIAN SHEEN

A dental surgeon from University College Hospital, London, Gillian Sheen won Britain's first-ever Olympic fencing gold medal at Melbourne 1956.

Sheen, who made her Olympic debut in Helsinki 1952 and also attended Rome 1960, defeated Olga Orban-Szabo of Romania in the individual foil final.

She continued to fence until 1963 before settling in America with her husband in dentistry.



TEAM GB FENCING AT THE OLYMPIC GAMES

Great Britain's last Olympic fencing medal was Bill Hoskyns' épée bronze at Tokyo 1964



Total at Olympics

World Championships 2011 – best performance, men's team foil, 9th

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men **W** = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Individual Épée	M Matteo Tagliariol (ITA)	Paolo Pizzo (ITA)
	W Britta Heidemann (GER)	Li Na (CHN)
Team Épée	M France	France
	W N/A	Romania
Individual Foil	M Benjamin Kleibrink (GER)	Andrea Cassara (ITA)
	W Valentina Vezzali (ITA)	Valentina Vezzali (ITA)
Team Foil	M N/A	China
	W Russia	Russia
Individual Sabre	M Zhong Man (CHN)	Aldo Montano (ITA)
	W Mariel Zagunis (USA)	Sofiya Velikaya (RUS)
Team Sabre	M France	Russia
	W Ukraine	Russia

EVENTS SCHEDULE

M = Men's events **W** = Women's events = Medal event

DATE	EVENT
28 July	10:30-16:00 W Individual Foil: round of 64, round of 32, round of 16, quarter-finals
	18:00-20:30 W Individual Foil: semi-finals, bronze medal match, gold medal match, victory ceremony

EVENTS SCHEDULE continued

DATE	EVENT
29 July	10:30-14:30 M Individual Sabre: round of 64, round of 32, round of 16, quarter-finals
	18:00-19:50 M Individual Sabre: semi-finals, bronze medal match, gold medal match, victory ceremony
30 July	10:30-16:00 W Individual Épée: round of 64, round of 32, round of 16, quarter-finals
	18:00-20:30 W Individual Épée: semi-finals, bronze medal match, gold medal match, victory ceremony
31 July	10:30-16:00 M Individual Foil: round of 64, round of 32, round of 16, quarter-finals
	18:00-20:30 M Individual Foil: semi-finals, bronze medal match, gold medal match, victory ceremony
1 Aug	09:00-16:00 M Individual Épée: round of 32, round of 16, quarter-finals
	17:30-21:20 W Individual Sabre: round of 32, round of 16, quarter-finals M Individual Épée: semi-finals, bronze medal match, gold medal match, victory ceremony W Individual Sabre: semi-finals, bronze medal match, gold medal match, victory ceremony
2 Aug	09:00-16:30 W Team Foil: round of 16, quarter-finals, classifications (5th-8th places), semi-finals
	18:00-20:50 W Team Foil: bronze medal match, gold medal match, victory ceremony
3 Aug	10:30-15:30 M Team Sabre: round of 16, quarter-finals, classifications (5th-8th places), semi-finals
	18:00-19:50 M Team Sabre: bronze medal match, gold medal match, victory ceremony
4 Aug	09:00-16:30 W Team Épée: round of 16, quarter-finals, classifications (5th-8th places), semi-finals
	18:00-20:50 W Team Épée: bronze medal match, gold medal match, victory ceremony
5 Aug	09:00-16:30 M Team Foil: round of 16, quarter-finals, classifications (5th-8th places), semi-finals
	18:00-20:50 M Team Foil: bronze medal match, gold medal match, victory ceremony

Team GB will compete in the men's individual and team foil and individual sabre and women's individual and team foil, individual sabre and individual epee




ANNA BENTLEY

Event: Foil - Individual, Team
Born: 28.01.1981, Aberdeen
Lives: London
Height: 1.80m (5ft 11ins)
Weight: 70kg (11st)
Club: Salle Boston
Coach: Tomek Walicki
Games attended: None

Major achievements: WCh: 69th 2011; 69th 2010; 48th 2009; 66th 2007.

Anna Bentley was one of two British females confirmed for London 2012 after the second wave of fencing selections in June.

One of two Scots on the ten-strong team, the other Richard Kruse, Bentley learnt to fence at Norwich High School for Girls and supports Aberdeen FC. She finished 13th at the European Championships in Sheffield in 2011.

 @AnnaBentleyGBR



LOUISE BOND-WILLIAMS

Event: Sabre - Individual
Born: 14.05.1982, Cheltenham
Lives: Truro
Height: 1.69m (5ft 7ins)
Weight: 59kg (9st 4lbs)
Club: Truro
Coach: Jon Salfield, Peter Frolich
Games attended: One (Athens 2004)

Major achievements: OG: 16th 2004. WCh: 44th 2011; 48th 2010; 66th 2009; 55th 2007; 50th 2006; 52nd 2005; 13th 2003; 8th 2002; 31st 2001; 32nd 2000; 11th 1999.

Louise Bond-Williams began fencing at Chipping Campden School. She suffered multiple injuries, including five broken ribs and a dislocated collar bone, the latter requiring two operations, following a car crash in 2008. She received a scholarship to Ohio State University, studying material science, and can play the didgeridoo.

 @Louise_bw



JAMES DAVIS

Event: Foil - Individual, Team
Born: 03.07.1991, Edgware
Lives: Barnet
Height: 1.93m (6ft 4ins)
Weight: 100kg (15st 11lbs)
Club: Salle Paul
Coach: Ziemek Wojciechowski, Maciej Wojtkowiak
Games attended: None

Major achievements: ECaCh: bronze 2008.

James Davis is the youngest member of the British team and will have just turned 21 by the time the Games begin. Davis, who fights left-handed, began fencing aged just four and is studying for a degree in psychology at Middlesex University.

An avid Manchester United FC fan, Davis is the only Briton ever to win a medal at the European Cadet Championships, claiming bronze in 2008.



JAMES HONEYBONE

Event: Sabre - Individual
Born: 11.01.1991, Truro
Lives: Truro
Height: 1.92m (6ft 4ins)
Weight: 81kg (12st 11lbs)
Club: Truro
Coach: Jon Salfield, Peter Frolich
Games attended: None

Major achievements: WCh: 63rd 2011.

James Honeybone is Britain's sole male sabre fencer at London 2012 and made his senior international debut in 2008. He goes through a meticulous routine the night before a competition, laying out all the clothes he is going to wear the next day in the order he is going to put them on. Honeybone, along with fellow Brit Alex O'Connell, fenced in front of the Queen during this year's Chelsea Flower Show.

 @JHoneybone



RICHARD KRUSE

Event: Foil - Individual, Team
Born: 30.07.1983, London
Lives: London
Height: 1.90m (6ft 3ins)
Weight: 85kg (13st 5lbs)
Club: Lansdowne
Coach: Ziemek Wojciechowski
Games attended: Two (Beijing 2008, Athens 2004)

Major achievements: OG: 14th 2008; 8th 2004. WCh: 35th 2011; 10th 2009; 15th 2007; 32nd 2006; 26th 2005; 8th 2003; 65th 2002; 54th 2001. ECh: bronze 2010; silver 2009; silver 2006.

Richard Kruse was the first British fencer to qualify outright for London 2012 after winning a satellite event in Copenhagen in March – Natalia Sheppard became the second after the final European qualifying event in Bratislava a month later.

Kruse's win in Copenhagen placed him above Rostislav Hertsyk in the battle for the last automatic qualifying spot, having beaten the Ukrainian en route to victory, and guaranteed him a third successive Olympic appearance.

In April he beat reigning world champion Andrea Cassara on his way to winning bronze at the Wakayama Grand Prix.

Kruse finished eighth on his Olympic debut at Athens 2004, the best performance by a British fencer for 40 years, and underlined his senior potential by winning European junior silver in 2001 and then gold a year later.

He took up the sport in 1994 when Ziemek Wojciechowski invited him to have a go. The former Poland international is still his coach to this very day. Kruse is a qualified civil engineer and can play the bagpipes.



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CORINNA LAWRENCE

Event: Epee - Individual
Born: 25.06.1990, Plymouth
Lives: Plymouth
Height: 1.68m (5ft 6ins)
Weight: 63kg (10st)
Club: London Thames
Coach: Vladimir Meshkov
Games attended: None

Major achievements: WCh: 15th 2011; 68th 2010; 49th 2009.

Corinna Lawrence enjoyed a fine year in 2009 winning Commonwealth junior gold, Australian Youth Olympic Festival silver and European junior bronze – the latter the best ever result by a British woman at that event. She won Commonwealth junior gold for the first time in 2006. She suffered with De Quervain's tendonitis from July 2010 to July 2011 and is the only Brit selected for the epee for London 2012.



HUSAYN ROSOWSKY

Event: Foil - Individual, Team
Born: 10.04.1991, Sheffield
Lives: Lower Edminton
Height: 1.83m (6ft)
Weight: 76kg (12st)
Club: Sussex House
Coach: Mark Nelson Griffiths
Games attended: None

Major achievements: WCACCh: bronze 2008.

The only male fencer chosen during the second wave of Olympic selections, Husayn Rosowsky joins Richard Kruse and James Davis in competing in the foil in London.

He won bronze at the World Cadet Championships in Italy in 2008 and in December 2011 took the men's foil title at the British Championships. He started fencing aged seven at Sheffield Buccaneers Fencing Club.

 @husaynros




NATALIA SHEPPARD

Event: Foil - Individual, Team
Born: 27.05.1984, Gdansk, Poland
Lives: Bath
Height: 1.65m (5ft 5ins)
Weight: 52kg (8st 3lbs)
Club: N/A
Coach: Maciej Wojtkowiak
Games attended: None

Major achievements: WCh: 43rd 2011; 43rd 2010.

Natalia Sheppard was the second Brit – the first being Richard Kruse – to secure automatic selection for London 2012 after winning the final European qualifying event in Slovakia in April.

Having started fencing aged nine, she took a nine-year break from the sport between the age of 17 and 26. Sheppard has a mathematics and computing degree from the University of Bath.

 @nattsheppard




SOPHIE TROIANO

Event: Foil - Individual, Team
Born: 18.03.1987, London
Lives: New Malden
Height: 1.74m (5ft 9ins)
Weight: 64kg (10st 1lb)
Club: Lansdowne
Coach: Ziemek Wojciechowski, Maciej Wojtkowiak
Games attended: None

Major achievements: WCh: 64th 2011.

Sophie Troiano joined Anna Bentley in being chosen during the second wave of selections, and both join Natalia Sheppard as the British fencers in the foil at London 2012.

She followed her father into the sport and suffered a stress fracture of her right shin in 2008 – keeping her sidelined for four months.

 @sophietroiano



SOPHIE WILLIAMS

Event: Sabre - Individual
Born: 21.03.1991, Rinteln, Germany
Lives: Newquay
Height: 1.62m (5ft 4ins)
Weight: 60kg (9st 6lbs)
Club: Truro
Coach: Jon Salfield, Peter Frolich
Games attended: None

Major achievements: WCh: 59th 2011.

Sophie Williams joins Louise Bond-Williams as those female Brits chosen for the sabre for London 2012 and at 21 she is the youngest female member of Team GB's fencing squad.

Williams was chosen to be part of the British Olympic Ambition 2012 programme in 2008 and visited Team GB's Olympic holding camp in Macau before attending the Beijing Games.

She has a diploma in food and wine from Leiths Cooking School.

 @sophie_a_w



VLADIMIR MESHKOV

Title: National Epee Coach
Games role: Coach
Born: 06.08.1976, Bishkek, Kyrgyzstan
Lives: Hanworth



ALEX NEWTON

Title: Performance Manager
Games role: Team Leader
Born: 29.11.1968, Preston
Lives: London



Alex Newton is the performance manager at British Fencing and has been in the role since May when she became the first person to assume the position on a full-time basis.

Previously, Newton has worked as a performance manager at UK Sport, a regional manager at the English Institute of Sport and as head of world class programmes at Sport England.

JONATHAN SALFIELD

Title: National Sabre Coach
Games role: Coach
Born: 26.05.1973, Lichfield
Lives: Truro



ZIEMEK WOJCIECHOWSKI

Title: National Foil Coach
Games role: Coach
Born: 03.10.1948, Gdansk, Poland
Lives: London



MACIEJ WOJTKOWIAK

Title: National Foil Coach
Games role: Coach
Born: 01.07.1979, Poznan, Poland
Lives: St Albans



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Football



● With just 18 places it is very different from other international tournaments, the options are limited, but it is the Olympic Games and every player in this squad should be very proud they have a chance to compete for a gold medal on home soil. ●

Team GB Men's Football Team Manager Stuart Pearce

Football

Introduction

Football was included on the Olympic programme at Paris 1900 as a demonstration event and has featured at every Games since, with the exception of Los Angeles 1932. Those Games came just two years after the inaugural football World Cup and organisers in Los Angeles were keen to promote American football in the USA.

Football swiftly returned at Berlin 1936 however and the rise in professionalism in the sport around the world, and the fact professionals still could not compete at the Games, benefited Soviet Bloc countries who were state sponsored while retaining their amateur status.

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Team GB Men's Football Team Manager Stuart Pearce at Wembley Stadium

Between 1948 and 1980, 23 of the 27 Olympic medals were won by Eastern European countries.

For Los Angeles 1984, the IOC permitted the participation of professional players for the first time with a compromise struck that allowed teams from Africa, Asia, Oceania, and CONCACAF to field their strongest professional sides, while restricting UEFA and CONMEBOL teams to players who had not featured at a World Cup.

At Barcelona 1992, a ruling, which still stands today, was introduced that states all men's teams must field players under 23 years of age, with the exception of three who can be over 23.

Upton Park FC won one match played at Paris 1900, although the IOC did not give out any medals at the time, they retrospectively awarded one many years later. Great Britain's men won gold at London 1908 and Stockholm 1912 and will take part for the first time in 52 years at London 2012, while the women's team will make their debut Olympic appearance.

Guided by Manchester City's Carlos Tevez and Barcelona's Lionel Messi, Argentina have won the last two men's tournaments while the USA have won three of the women's competitions – in Atlanta, Athens and Beijing – since the first in 1996.

Team GB 2012

In October 2011, the FA unveiled England under-21 coach Stuart Pearce as the men's team coach and current England women's head coach Hope Powell as the women's team coach.

FACT FILE



DID YOU KNOW?

Hungary have won three of the men's gold medals – in 1952, 1964 and 1968 – more than any other team while the USA have won three of the four women's golds

VENUES:

City of Coventry Stadium, Hampden Park, Millennium Stadium, Old Trafford, St James' Park, Wembley Stadium

GOLD MEDALS AVAILABLE: 2

DATES:

Wednesday July 25 – Saturday August 11

NUMBER OF TEAM GB ATHLETES:

Men: 18 Women: 18

WEBSITES:

BOA: www.teamgb.com/summer-sports/football
London 2012: www.london2012.com/football
NGB: www.thefa.com

● This is a great chance for these players to be involved in something huge and it gives us a great platform to further raise the profile of the women's game. ●

Team GB Women's Football Head Coach Hope Powell



Ryan Bertrand addresses the media

WORDS TO LEARN +

FOUL:
Any illegal interference with a player on the opposing team

EXTRA TIME:
If a knock-out match is tied at the end of 90 minutes, 30 minutes of extra time ensues to determine the winner

PENALTY SHOOTOUT:
If the scores are tied at the end of extra time, a penalty shootout ensues in which each team has five penalty kicks. If the teams are tied after five penalties, the shootout moves into a sudden-death format

ADVANTAGE:
Played by the referee after a foul if he/she feels that the team that has been fouled would benefit from a continuation in play

Norman Creek was the manager the last time Great Britain competed at the Olympics at Rome 1960 – they tried but failed to qualify for the next three games – where they went out in the first round, losing to Brazil, drawing with Italy and beating the Republic of China, now known as Chinese Taipei.

Paddy Hasty, who played for Tooting & Mitcham United, Leyton Orient and Aldershot, is the last person to score for Great Britain at the Olympics prior to London 2012, netting the third in a 3-2 win over the Republic of China. The men's side for London 2012 features 13 English players and five Welsh – including captain Ryan Giggs, the most successful domestic player in English football history. He is one of the three over-age players – along with Micah Richards and Craig Bellamy – and one of two Manchester United players along with Tom Cleverley.

Chelsea defender Ryan Bertrand, who started the Champions League final in May, is included while goalkeeper Jack Butland is the only player selected who was part of the England squad at Euro 2012 in Poland and Ukraine. Swansea and Tottenham Hotspur are both represented by three players each while there are three players whose clubs are in the Championship – Butland (Birmingham City), Marvin Sordell (Bolton Wanderers) and Jason Steele (Middlesbrough).

The women's squad – the first of its kind to represent Great Britain at the Olympics – includes 33-year-old forward Kelly Smith, who has overcome her injury troubles to earn selection. Smith recently signed for

DID YOU KNOW?
The only gold-medal match to be decided on penalties was at Sydney 2000, when Cameroon's men beat Spain 5-3 after the score was tied at 2-2

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Team GB Women's Football Head Coach Hope Powell and Arsenal's Alex Scott

her third spell with Arsenal Ladies, and is the all-time leading goalscorer for England with 45 goals from 111 caps.

Many of the women's squad have enjoyed recent domestic and international success. Ellen White, Rachel Yankey, Stephanie Houghton and Kim Little were all part of the Arsenal Ladies squad that won the inaugural 2011 FA Women's Super League. Rachel Williams, Karen Carney and Eniola Aluko all featured for Birmingham City Ladies as they won the FA Women's Cup for the first time in May this year.

Powell, who oversaw her 150th match as England's national coach against Slovenia in June, has named Casey Stoney as captain and four reserves; England internationals Jessica Clarke and Dunia Susi as well as Northern Ireland international Emma Higgins and Scotland international Jane Ross. The men's team have been drawn in Group A alongside Senegal, United Arab Emirates and Uruguay while the women's side is in Group E with New Zealand, Cameroon and Brazil.

Competition format
The men's competition consists of 288

players – 16 teams of 18 – with each team restricted to three players born before January 1, 1989. The 16 teams are split into four equal groups with three points awarded for a win, one for a draw and none for a defeat.

The women's competition consists of 12 teams of 18 players with no age restrictions applying. The 12 teams are split into three groups with the top two advancing from each, along with the two best third-placed teams. In the men's competition, the top two teams from the four groups progress to the quarter-finals.

Each team plays each other once in their group and if two teams are level at the end of this stage, goal difference, then number of goals scored is used to determine who advances. The quarter-final stage of the competition follows a knock-out format, meaning if the scores are level after 90 minutes, extra-time and penalties ensue. The winners of the semi-finals advance to the gold-medal match while the losers contest the bronze -medal match.

Both gold-medal matches will be played at Wembley Stadium, as will one of the semi-finals in both the women's and men's competitions.

TEAM GB HERO: ARTHUR BERRY

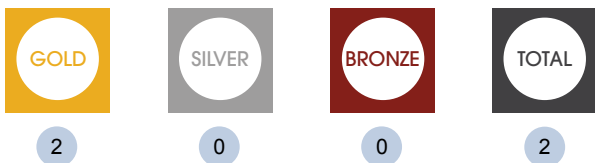


Arthur Berry was noted as the most brilliant amateur footballer in his day, helping Great Britain to Olympic gold at 1908 and 1912. In 1908 he scored in the 12-1 quarter-final win over Sweden while four years later he found the net in a 4-2 victory over Denmark in the gold medal match. Born in Liverpool 1888, Berry studied at Oxford University and won two Blues in 1907 and 1908 while he also enjoyed spells with Liverpool, Fulham, Everton, Wrexham, Northern Nomads and Oxford City. He also picked up 27 caps for England's amateur team before hanging up his boots to become a barrister. He later served as chairman and director at Liverpool before his death in 1953.



TEAM GB FOOTBALL AT THE OLYMPIC GAMES

Great Britain's last Olympic football medal was men's gold at Stockholm 1912



Total at Olympics

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CUP	U-20 WORLD CUP
M	Argentina	Spain (2010)	Brazil (2011)
W	USA	Japan (2011)	N/A



EVENTS SCHEDULE

M = Men's events W = Women's events = Medal event

DATE	EVENT
25 July	16:00-20:45 W Group E: Great Britain v New Zealand, Cameroon v Brazil, Cardiff
	17:00-21:45 W Group F: Japan v Canada, Sweden v South Africa, Coventry
	17:00-21:45 W Group G: USA v France, Colombia v North Korea, Glasgow
26 July	12:00-16:45 M Group D: Honduras v Morocco, Spain v Japan, Glasgow
	14:30-19:15 M Group B: Mexico v South Korea, Gabon v Switzerland, Newcastle
	17:00-22:00 M Group A: UAE v Uruguay, Great Britain , Manchester
	19:45-21:45 M Group C: Belarus v New Zealand, Coventry
	19:45-21:45 M Group C: Brazil v Egypt, Cardiff
28 July	12:00-16:45 W Group F: Japan v Sweden, Canada v South Africa, Coventry
	14:30-19:15 W Group E: New Zealand v Brazil, Great Britain v Cameroon, Cardiff
	17:00-21:45 W Group G: USA v Colombia, France v North Korea, Glasgow
29 July	12:00-17:00 M Group C: Egypt v New Zealand, Brazil v Belarus, Manchester
	14:30-19:15 M Group B: Mexico v Gabon, South Korea v Switzerland, Coventry
	17:00-21:45 M Group D: Japan v Morocco, Spain v Honduras, Newcastle
	17:00-21:45 M Group A: Senegal v Uruguay, Great Britain v UAE, Wembley
31 July	14:30-16:30 W Group F: Japan v South Africa, Cardiff
	14:30-19:15 W Group F: Canada v Sweden, Group G: France v Colombia, Newcastle
	17:15-19:15 W Group G: USA v North Korea, Manchester
	19:45-21:45 W Group E: New Zealand v Cameroon, Coventry
	19:45-21:45 W Group E: Great Britain v Brazil, Wembley
1 Aug	14:30-16:30 M Group C: Egypt v Belarus, Glasgow
	14:30-16:30 M Group C: Brazil v New Zealand, Newcastle
	17:00-21:45 M Group D: Japan v Honduras, Group A: Senegal v UAE, Coventry
	17:00-21:45 M Group B: Mexico v Switzerland, Group A: Great Britain v Uruguay, Cardiff
	17:00-19:00 M Group D: Spain v Morocco, Manchester
	17:00-19:00 M Group B: South Korea v Gabon, Wembley



EVENTS SCHEDULE continued

DATE	EVENT	
3 Aug	12:00-14:00	Quarter-final, Glasgow
	14:30-16:30	Quarter-final, Newcastle
	17:00-19:00	Quarter-final, Cardiff
	19:30-21:30	Quarter-final, Coventry
4 Aug	12:00-14:00	Quarter-final, Manchester
	14:30-16:30	Quarter-final, Wembley
	17:00-19:00	Quarter-final, Newcastle
	19:30-21:30	Quarter-final, Cardiff
6 Aug	17:00-19:00	Semi-final, Wembley
	19:45-21:45	Semi-final, Manchester
7 Aug	17:00-19:00	Semi-final, Wembley
	19:45-21:45	Semi-final, Manchester
9 Aug	13:00-15:00	Bronze medal match , Coventry
	19:45-22:15	Gold medal match , victory ceremony, Wembley
10 Aug	19:45-21:45	Bronze medal match , Cardiff
11 Aug	15:00-17:30	Gold medal match , victory ceremony, Wembley

Great Britain will compete in the men's and women's events

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MEN

JOE ALLEN

Position: Midfielder
Born: 14.03.1990, Carmarthen
Height: 1.68m (5ft 6ins)
Weight: 62kg (9st 11lbs)
Club: Swansea City

Midfielder Joe Allen excelled in Swansea's first season in the Premier League, scoring four goals in 36 appearances for the Swans last term.

A fluent Welsh speaker with eight Wales caps to his name, Allen made his professional debut on the final day of the 2006-7 season for Swansea in League One.



CRAIG BELLAMY

Position: Forward
Born: 13.07.1979, Cardiff
Height: 1.75m (5ft 9ins)
Weight: 67kg (10st 8lbs)
Club: Liverpool

One of the three over-age players, Craig Bellamy is the fifth highest scorer in Wales' history with 19 goals in his 69 appearances.

He is a former Wales captain and since making his professional debut for Norwich in 1997 he has played for a host of clubs in the Premier League including Coventry, Newcastle, Blackburn, Liverpool, West Ham and Manchester City. He has also won the Scottish Cup with Celtic and this year he lifted the League Cup with Liverpool.



RYAN BERTRAND

Position: Defender
Born: 05.08.1989, Southwark
Height: 1.79cm (5ft 10ins)
Weight: 63kg (9st 13lbs)
Club: Chelsea

Ryan Bertrand began his career at Gillingham before joining Chelsea in 2005 but spent loan spells at Bournemouth, Oldham, Norwich, Reading and Nottingham Forest before making his debut for the Blues in 2011.

Last season he made 15 appearances for Chelsea and he was a surprise inclusion in the Blues' starting XI for the Champions League final against Bayern Munich, featuring on the left wing in the Londoners' victory.

As a result, he became the first person in Champions League history to make their competition debut in the final.



@ryanbertrand3



JACK BUTLAND

Position: Goalkeeper
Born: 10.03.1993, Bristol
Height: 1.93m (6ft 4ins)
Weight: 95kg (14st 13lbs)
Club: Birmingham City

One of three players in the squad contracted to a Football League club, goalkeeper Jack Butland impressed on loan at League Two side Cheltenham last season.

He has made six appearances under Stuart Pearce for the England under-21s while he was also called into the full England squad for Euro 2012. He is the only member of the Olympic squad to be called up for Euro 2012.

@jackbutland_26



STEVEN CAULKER

Position: Defender
Born: 29.12.1991, Feltham
Height: 1.91m (6ft 3ins)
Weight: 74kg (11st 9lbs)
Club: Tottenham Hotspur

Another to impress at the heart of defence for Swansea last season, Steven Caulker is a product of the Tottenham Hotspur academy and was part of the England under-19 side that reached the semi-finals of the European Championships in 2010.

Still waiting to get his chance at White Hart Lane, Caulker had spells on loan at Yeovil and Bristol City before heading to the Liberty Stadium.

@stevencaulker91



TOM CLEVERLEY

Position: Midfielder
Born: 12.08.1989, Basingstoke
Height: 1.75m (5ft 9ins)
Weight: 66kg (10st 6lbs)
Club: Manchester United

Tom Cleverley is a highly-rated attacking midfielder who started the first four of Manchester United's Premier League games last season before suffering a foot injury.

Injuries persisted and he made just one more start – and four appearances from the bench – for the Red Devils while he was forced to pull out of the senior England squad for the friendly with the Netherlands, having been called up by Stuart Pearce in February.

Prior to making his breakthrough with Manchester United, Cleverley shone on loan at Watford and Wigan and has 16 England under-21 caps to his name.

@tomclevez23



JACK CORK

Position: Midfielder
Born: 25.06.1989, Carshalton
Height: 1.85m (6ft 1in)
Weight: 69kg (10st 12lbs)
Club: Southampton



The son of former Wimbledon player and Sheffield United assistant coach Alan Cork, Jack is a versatile player who can play in central midfield or at the heart of defence.

Cork was the only Southampton player to feature in all of their league matches last season as the Saints finished runners-up in the Championship to book a return to the Premier League.

He joined Chelsea aged nine and captained the club's youth and reserve teams but failed to establish himself at Stamford Bridge.

@jackcork1

CRAIG DAWSON

Position: Defender
Born: 06.05.1990, Rochdale
Height: 1.88m (6ft 2ins)
Weight: 87kg (13st 10lbs)
Club: West Bromwich Albion



Defender Craig Dawson made his Premier League breakthrough for West Brom this season, making his debut in September and going on to feature 12 times in total for the Baggies.

Previously with Rochdale, Dawson has made seven appearances for the England under-21s and has found the net four times – including two on his debut against Azerbaijan last September.



RYAN GIGGS

Position: Midfielder
Born: 29.11.1973, Cardiff
Height: 1.79m (5ft 10ins)
Weight: 72kg (11st 4lbs)
Club: Manchester United



Captain Ryan Giggs is the most decorated player in English football history and he also holds the record for the most Premier League appearances, currently 638. He is also the only player to have played and scored in every Premier League campaign – lifting the trophy on 12 different occasions.

Across his Manchester United career he has also won the FA Cup four times, the League Cup on four occasions and the Champions League twice.

He has made 64 appearances for Wales, scoring 12 goals, and is a former captain of the national team, prior to his international retirement in 2007.

London 2012 will be Giggs' first major tournament appearance however, while he is one of the three over-age players and one of five Welshmen in the squad.



AARON RAMSEY

Position: Midfielder
Born: 26.12.1990, Caerphilly
Height: 1.78m (5ft 10ins)
Weight: 76kg (12st)
Club: Arsenal



Aaron Ramsey joined Cardiff as a schoolboy and made 16 appearances for the first team, following his debut in April 2007 when he became the youngest player to ever feature for the Bluebirds.

In 2008 Ramsey became the second youngest player to appear in an FA Cup final, aged 17, and that summer he signed for Arsenal for £5m.

In March 2011, he became Wales' youngest-ever captain, aged 20 years and 90 days, while he already has 21 international senior caps and has scored five goals.

@aaronjramsey

MICAH RICHARDS

Position: Defender
Born: 24.06.1988, Birmingham
Height: 1.80m (5ft 11ins)
Weight: 83kg (13st)
Club: Manchester City



Micah Richards played an instrumental role in helping Manchester City to their first top-flight league title for 44 years last season.

A powerful right-back who can also fill in at centre-back, Richards made his full international debut in 2006 and, at the time, became the youngest defender ever to play for England.

One of the three over-age players in the squad, Richards has made 13 senior England appearances.



DANNY ROSE

Position: Midfielder
Born: 02.07.1990, Doncaster
Height: 1.73m (5ft 8ins)
Weight: 71kg (11st 3lbs)
Club: Tottenham Hotspur



Danny Rose announced himself to the Premier League in April 2010 when he scored on his league debut for Tottenham Hotspur after just ten minutes with a spectacular volley against rivals Arsenal.

Rose, who can play on the left wing or at full-back, joined Spurs for £1m from Leeds in 2007.

Having spent loan spells at Watford, Peterborough and Bristol City, he featured 20 times under Harry Redknapp last term and was sent off on the last day of the season against Aston Villa.

@Danny25Rose

SCOTT SINCLAIR

Position: Forward
Born: 25.03.1989, Bath
Height: 1.77m (5ft 10ins)
Weight: 69kg (10st 12lbs)
Club: Swansea City



One of three Swansea players in the squad, Scott Sinclair has found his feet at the Liberty Stadium after failing to make an impact at Chelsea, having been loaned out to six different clubs during his time at Stamford Bridge.

In the 2010-11 Championship play-off final, Sinclair scored a hat-trick to fire Swansea into the Premier League and last season he netted eight goals in 40 appearances.

His brother Martin has been selected to play for the Great Britain Cerebral Palsy team at the London 2012 Paralympics.

@Scotty_Sinclair

MARVIN SORDELL

Position: Forward
Born: 17.02.1991, Harrow
Height: 1.78m (5ft 10ins)
Weight: 81kg (12st 10lbs)
Club: Bolton Wanderers



Marvin Sordell joined Fulham on a scholarship but having failed to make the grade, he resurfaced at Watford, where he scored 21 goals in 73 appearances before joining Bolton in January.

He was unable to save the Trotters from relegation, making just three Premier League appearances, but he scored on his full England under-21 debut against Israel last September.

Sordell is one of three players in the squad whose clubs will play in the Championship in the upcoming season.

@MarvinSordell

JASON STEELE

Position: Goalkeeper
Born: 18.08.1990, Newton Aycliffe
Height: 1.92m (6ft 4ins)
Weight: 79kg (12st 6lbs)
Club: Middlesbrough



One of two goalkeepers and three Championship players in the squad, Jason Steele is a product of Middlesbrough's youth academy.

Steele has made 69 appearances for Boro since he was handed his debut by Gordon Strachan in 2010 but his development was hindered when he suffered an injury just before the start of last season.

@jsteele_30

DANIEL STURRIDGE

Position: Forward
Born: 01.09.1989, Birmingham
Height: 1.88m (6ft 2ins)
Weight: 76kg (12st)
Club: Chelsea



Daniel Sturridge began his senior career at Manchester City, becoming the first player to score in the FA Youth Cup, FA Cup and Premier League in the same season in 2008.

He scored four goals in his 15 appearances for England under-21s – having played internationally at every age-group level, and he made his senior England debut in November 2011 against Sweden.

Last season Sturridge scored 13 goals in 45 appearances for Chelsea and he was on stand-by for England's Euro 2012 squad.

@D_Sturridge

NEIL TAYLOR

Position: Defender
Born: 07.02.1989, St Asaph
Height: 1.75m (5ft 9ins)
Weight: 64kg (10st 1lb)
Club: Swansea City



Neil Taylor began his career at Manchester City but left, aged 17, before moving to Wrexham where he made 75 appearances before joining Swansea in 2010.

Taylor, whose mother is from Calcutta, made 38 appearances for Swansea last season in the Welsh side's first-ever Premier League campaign.

Taylor has also won nine caps for Wales and he can also fill in on the left-hand side of midfield, as well as full-back.



JAMES TOMKINS

Position: Defender
Born: 29.03.1989, Basildon
Height: 1.92m (6ft 4ins)
Weight: 74kg (11st 9lbs)
Club: West Ham United



James Tomkins can play in defence or in midfield and he has already made more than 100 appearances for West Ham, playing a key role in their Championship play-off win last season.

Tomkins has featured for England at every age-group level and has ten under-21 appearances to his name.

Born just outside East London in Basildon in Essex, Tomkins joined West Ham aged seven.



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WOMEN

ENIOLA ALUKO

Position: Forward
Born: 21.02.1987, Lagos, Nigeria
Height: 1.57m (5ft 1in)
Weight: 56kg (8st 12lbs)
Club: Birmingham City



Eniola Aluko has scored 11 international goals in 61 appearances for England, making her senior debut against Holland in 2004 when only 17.

She was named young player of the year at the FA Awards in 2003 and has gone on to fulfil that promise, playing in Euro 2005, when studying for her A Levels, and scoring three goals in Euro 2009.

@EniAlu

ANITA ASANTE

Position: Midfielder
Born: 27.05.1985, London
Height: 1.67m (5ft 5ins)
Weight: 65kg (10st 3lbs)
Club: Gothenburg, Sweden



Anita Asante was part of the Arsenal side that won the quadruple in 2007 – the UEFA Women's Cup, FA Women's Cup, National Premier League and FA National Premier League Cup.

She moved to the USA and played for four sides, principally Sky Blue in New Jersey, before moving back to Europe and signing a contract with Gothenburg to play in Sweden's Damallsvenskan.

Asante has won 55 caps for England, making her senior debut in 2004.

@NicenNeezt

KAREN BARDSLEY

Position: Goalkeeper
Born: 14.10.1984, Santa Monica, USA
Height: 1.81m (5ft 9ins)
Weight: 69kg (10st 12lbs)
Club: Linköping, Sweden



Although born and raised in California, Karen Bardsley played for England's under-19 and under-21 teams before making her first senior appearance in 2005.

Bardsley soon staked her claim for the No.1 jersey and started all four matches at the FIFA Women's World Cup in 2011.

She plays her club football in Sweden, where she moved after a spell in Women's Professional Soccer in the USA. Bardsley had played for New Jersey side Sky Blue.

@kibardsley

SOPHIE BRADLEY

Position: Defender
Born: 20.11.1989, Nottingham
Height: 1.69m (5ft 5ins)
Weight: 59kg (9st 4lbs)
Club: Lincoln Ladies



A former England under-19s captain, Sophie Bradley made her senior international debut in 2010 and has now made 15 appearances for England.

Now with Lincoln Ladies, Bradley captained her former club Leeds Carnegie to FA Women's Premier League Cup glory in February 2010.

She visited the Beijing Olympics in 2008 as part of the BOA's Olympic Ambition Programme

@sophiebradley2

RACHEL BROWN

Position: Goalkeeper
Born: 02.07.1980, Burnley
Height: 1.68m (5ft 5ins)
Weight: 66kg (10st 5lbs)
Club: Everton



Since making her international debut back in 1997, Rachel Brown has made 78 appearances for England.

She was selected to be part of the FIFA All-Star team that played an exhibition match against World Cup hosts China in 2007.

Brown played in the Euro 2009 final against Germany and featured seven times in England's 2011 World Cup qualifying campaign, keeping five clean sheets along the way.

@rach_brown1

KAREN CARNEY

Position: Forward
Born: 01.08.1987, Birmingham
Height: 1.63m (5ft 3ins)
Weight: 55kg (8st 9lbs)
Club: Birmingham City



Karen Carney was just 14 when she made her club debut for Birmingham City and 17-years-old when she played her first game for England.

She left the Midlands to play for Arsenal in their quadruple winning season of 2006-07 and played one season in the USA with Chicago Red Stars before returning to Birmingham.

A winger with pace and an eye for goal, she has scored 13 times in 75 international appearances.

@karenjcarney

IFEOMA DIEKE

Position: Defender
Born: 25.02.1981, Amherst, USA
Height: 1.65m (5ft 4ins)
Weight: 63kg (10st)
Club: Vittsjö GIK, Sweden



Ifeoma Dieke was born in Massachusetts to Nigerian parents and moved to Scotland when she was three-years-old.

She started playing football as an eight-year-old and made her Scottish debut in 2004.

Dieke enjoyed a successful college career with Florida International University and has played for clubs both sides of the Atlantic, moving to the Swedish Damallsvenskan after her US side, the Chicago Red Stars, folded.

STEPHANIE HOUGHTON

Position: Midfielder
Born: 23.04.1988, Durham
Height: 1.72m (5ft 6ins)
Weight: 62kg (9st 11lbs)
Club: Arsenal



Stephanie Houghton rose to prominence with her home town club of Sunderland before switching to Arsenal.

She made her full international debut just over five years ago and she has scored four goals in 27 appearances since.

Houghton is regarded as a talented and composed player, who offers coach Hope Powell plenty of options with her versatility.

@stephoughton2

KIM LITTLE

Position: Midfielder
Born: 29.06.1990, Aberdeen
Height: 1.62m (5ft 3ins)
Weight: 60kg (9st 5lbs)
Club: Arsenal



Kim Little has made more than 70 international appearances for Scotland and has enjoyed plenty of success at club level with Arsenal.

In her first season with the London club she scored 24 goals but improved on this the following year, netting 47 times and being named players' player of the year.

Her career highlight was a brilliant player-of-the-match performance in last year's FA Women's Cup final win over Bristol Academy, in which she scored the opening goal of the game.

@kimlittle16

CLAIRE RAFFERTY

Position: Defender
Born: 11.10.1998, Orpington
Height: 1.64m (5ft 3ins)
Weight: 58kg (9st 2lbs)
Club: Chelsea



Claire Rafferty is a newcomer to international football, having made her senior debut in 2010, after previous success at age-group level.

An energetic and tough-tackling left-back, she made her World Cup debut as an 81st-minute substitute against France in the quarter-final.

She broke into the Millwall Lionesses' first team at the age of just 14 before joining Chelsea in 2007.

@clairafferty1

ALEX SCOTT

Position: Defender
Born: 14.10.1984, London
Height: 1.63m (5ft 3ins)
Weight: 59kg (9st 4lbs)
Club: Arsenal



Alex Scott is regarded as one of Great Britain's most versatile players. Although right-back is her preferred position she has appeared across the defence, in midfield and even up front.

She has made 90 international appearances for England and scored 12 goals.

Scott started her club career at Arsenal and was part of their 2007 quadruple-winning team. She spent two years playing professionally in the USA with Boston Breakers.

@Alexscott2

JILL SCOTT

Position: Midfielder
Born: 02.02.1987, Sunderland
Height: 1.81m (5ft 11ins)
Weight: 64kg (10st 1lb)
Club: Everton



One of England's stand-out performers at the FIFA Women's World Cup in 2011, Jill Scott earned plenty of plaudits for her performances in midfield.

In Germany, Scott equalised for England against New Zealand and was named player of the match for her showing against Japan before firing home the opening goal of the quarter-final against France.

Nicknamed 'Crouchy', Scott made her England debut aged 19 while at club level, she won the 2008 FA Women's Premier League Cup and the 2010 Women's FA Cup with Everton.

@JillScott12

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KELLY SMITH

Position: Forward
Born: 29.10.1978, Watford
Height: 1.56m (5ft 1in)
Weight: 58kg (9st 2lbs)
Club: Arsenal



Kelly Smith is the second most experienced member of Hope Powell's Olympic team, with 111 England appearances.

Despite being hit by serious injury during her career, Smith is also England's record goalscorer with 45 goals. She was the first English player to move to America's professional league, having enjoyed a successful college career at Seton Hall University.

In Arsenal's quadruple winning season of 2006-07, Smith scored 30 goals in 34 games across the four competitions.

@kjs8eng

CASEY STONEY

Position: Defender
Born: 13.05.1982, Basildon
Height: 1.73m (5ft 6ins)
Weight: 64kg (10st 1lb)
Club: Lincoln Ladies



Casey Stoney became only the fifth English player to achieve 100 international caps earlier this year

A regular in Hope Powell's team for over a decade, she was named England captain after the retirement of long-time defensive partner Faye White and will captain Team GB at London 2012.

Stoney played in all four of England's games at last year's World Cup. She played for Arsenal, Charlton and Chelsea, the club she supports, before joining Lincoln Ladies last year.

@CaseyStoney

FARA WILLIAMS

Position: Midfielder
Born: 25.01.1984, Greenwich
Height: 1.64m (5ft 3ins)
Weight: 61kg (9st 8lbs)
Club: Everton



Fara Williams is recognised by her coach as one of the finest midfielders in the women's game.

She started playing football at the age of seven and made her first-team debut for Chelsea and England ten years later.

Over 100 caps and 36 goals later, she has captained her country and was the top scorer during the 2011 World Cup qualifying campaign.

@fara_williams47

RACHEL WILLIAMS

Position: Forward
Born: 10.01.1988, Leicester
Height: 1.69m (5ft 5ins)
Weight: 68kg (10st 10lb)
Club: Birmingham City



Rachel Williams joined Birmingham City from Doncaster Rovers Belles as a midfielder, but was pushed further forward by Blues boss David Parker.

She duly finished the top scorer in the inaugural FA Women's Super League season and scored her first international goal in the Euro 2013 qualifying campaign.



ELLEN WHITE

Position: Forward
Born: 09.05.1989, Aylesbury
Height: 1.70m (5ft 6ins)
Weight: 58kg (9st 2lb)
Club: Arsenal



Ellen White has quickly established herself as a major attacking threat, her goals earning her the England Player of the Year Award, as voted by fans, in 2011.

She scored on her international debut and has netted nine goals in 29 appearances for England. She signed for Arsenal Ladies from Leeds Carnegie, where she won the FA Women's Premier League Cup in February 2010.

@ellsbells89

RACHEL YANKEY

Position: Midfielder
Born: 01.11.1979, London
London: London
Height: 1.64m (5ft 4ins)
Weight: 56kg (8st 12lbs)
Club: Arsenal



Rachel Yankey became only the second English women's player in history to reach the 100-cap mark in 2010, joining Gillian Coultard in achieving the milestone.

The left winger, who was the first professional female football player in Britain, was missing from England's Euro 2009 squad but returned to form in World Cup qualifying, celebrating her century of caps with a goal and the captain's armband. In 119 appearances for England, a joint record with Coultard, she has scored 18 goals.



PIPPA BENNETT

Title: England Women's Doctor
Games role: Doctor
Born: 06.08.1967, London
Lives: Norfolk



CAROLINE CLAY

Title: England Teams Operations Manager
Games role: Operations Manager (Women's)
Born: 16.09.1978, Bristol
Lives: London



CAROL DAY

Title: England Team's Operations Manager
Games role: Men's Team Operations Manager
Born: 22.05.1974, Wellingborough
Lives: London



BRIAN EASTICK

Title: National Coach
Games role: Men's Assistant Coach
Born: 27.01.1952, London
Lives: Solihull



SCOTT FIELD

Title: Head of Media Relations
Games role: Press Officer for Team GB (women's and men's teams)
Born: 11.10.1977, Birmingham
Lives: Milton Keynes



RICHARD HIGGINS

Title: England Under-21s Doctor
Games role: Men's Doctor
Born: 01.02.1965, Manchester
Lives: Derbyshire



BRENT HILLS

Title: Assistant Women's Coach
Games role: Women's Assistant Coach
Born: 03.11.1953, Fulham
Lives: London



DAVID LEE

Title: Team Kit Co-ordinator
Games role: Women's Kit man
Born: 04.03.1978, Luton
Lives: Staffordshire



GARY LEWIN

Title: Head of Physiotherapy
Games role: Men's Physiotherapist
Born: 16.05.1964, London
Lives: Essex



TRACY LEWIS

Title: Chartered Physiotherapist
Games role: Women's Physiotherapist
Born: 21.12.1967, London
Lives: Essex



STUART PEARCE

Title: England Under-21s Head Coach
Games role: Men's Team Manager
Born: 24.04.1962, London
Lives: Wiltshire



Stuart Pearce played more than 400 games for Nottingham Forest and won 76 caps for England. He made his first foray into management at the City Ground in 1996 before joining the coaching staff of his final club, Manchester City, in 2001. He was appointed as Kevin Keegan's successor in 2005, taking the Blues' reins until 2007 – by which time he had been appointed England under-21 head coach. In February this year, he took charge of the senior national team in a friendly against the Netherlands. He received an MBE in 1999 for his services to sport and support of various charities.

HOPE POWELL

Title: National Coach, Women's Football
Games role: Women's Head Coach
Born: 08.12.1966, London
Lives: London



Hope Powell won 66 caps for England as an attacking midfielder, having made her debut aged 16, and took part in the 1995 FIFA Women's World Cup – England's first appearance at the tournament.

Appointed the first-ever full-time women's national coach in 1998, Powell has led England to three European Championships, making the final in 2009, as well as the 2007 and 2011 World Cups – where they reached the quarter-finals on both occasions.

Powell, appointed OBE in 2002, oversaw her 150th match as England's national coach against Slovenia in June.



KEITH REES

Title: England Women's Goalkeeping Coach
Games role: Women's Goalkeeping Coach
Born: 10.02.1958, Merseyside
Lives: Merseyside



MARK SIMKIN

Title: Equipment and Resources Manager
Games role: Men's Kit Man
Born: 09.05.1962, Stafford
Lives: Gnosall



MARTIN THOMAS

Title: England Under-21s Goalkeeping Coach
Games role: Men's Goalkeeping Coach
Born: 28.11.1959, Senghenydd
Lives: Waterloo



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Gymnastics



Gymnastics

Introduction

Gymnastics is split into three disciplines at the Olympics – artistic, rhythmic and trampoline – and is one of five sports to feature at every edition of the modern Games since Athens 1896.

Artistic gymnastics features a men's all-around competition, a women's all-around competition, two team events and ten different individual events – six male and four female – and at London 2012 they will be held at the North Greenwich Arena.

Rhythmic gymnastics is one of just two women-only disciplines at the Games – synchronised swimming the other – and is split up into individual all-around and group all-around events with Wembley Arena acting as the venue. The group all-around features balls, ribbons and hoops while the individual all-around also includes clubs.

Trampolining will also take place at North

● This Olympic cycle to date has been the most productive and successful ever for British Gymnastics at international level, and we go into the Games in great shape with more gymnasts capable of making their mark than ever before. ●

Team GB Gymnastics Team Leader
Tim Jones

Greenwich Arena and will make its fourth Olympic appearance after a successful debut at Sydney 2000 and features one men's individual competition and one women's.

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Great Britain's Louis Smith competes in the individual men's pommel horse in Beijing

Artistic gymnastics will see 196 athletes compete – 98 men and 98 women – with each nation limited to five participants per gender.

At the Paris 1900 Games, there was just one gymnastics gold medal available – the individual all-around – which at the time consisted of 16 exercises, including weightlifting, pole vault and rope climbing.

Women competed in artistic gymnastics for the first time at the Amsterdam 1928 Games but it was not until Helsinki 1952 that individual events were added to the programme.

At Montreal 1976, 14-year-old Nadia Comaneci of Romania became the first gymnast in Olympic history to achieve a perfect score of 10 for her gold medal-winning performance on the uneven bars.

Rhythmic gymnastics was introduced to the Olympic schedule at Los Angeles 1984 with an individual all-around competition; a group discipline was added at Atlanta 1996.

The Soviet Union remain top of the overall medal table in artistic gymnastics but Japan are rapidly closing the gap while China won all but one of the men's events at Beijing 2008 and nine golds in total.

Russia have won six of the 11 Olympic rhythmic gymnastics gold medals and they also top the overall trampolining medal table with two.

There will be 32 trampolining participants at London 2012, 16 men and 16 women while a total of 96 women will compete in

FACT FILE

VENUES:

North Greenwich Arena (artistic, trampoline)
Wembley Arena (rhythmic)

GOLD MEDALS AVAILABLE: 18

DATES:

Saturday July 28 – Sunday August 12

NUMBER OF TEAM GB ATHLETES:

Men: 5 Women: 13

WEBSITES:

BOA: www.teamgb.com/summer-sports/gymnastics-artistic, www.teamgb.com/summer-sports/gymnastics-rhythmic, www.teamgb.com/summer-sports/gymnastics-trampoline

London 2012: www.london2012.com/gymnastics-artistic, www.london2012.com/gymnastics-rhythmic, www.london2012.com/gymnastic-trampoline

NGB: www.british-gymnastics.org

the rhythmic format. Great Britain have won four medals in Olympic gymnastics, all of which have come in the artistic format, and include one silver and three bronze.

Walter Tysal was Britain's first Olympic medallist, taking all around silver at London 1908, and was Great Britain's only individual medallist for 100 years until Louis Smith won pommel horse bronze at Beijing 2008.

DID YOU KNOW?
The word gymnastics comes from the Greek adjective *gymnos*, meaning naked. Early gymnasts used to perform without wearing clothes



From Beijing to here has been a long journey. After 2008 I wasn't even sure I would carry on, but the huge support for London and the enthusiasm of the public has really motivated me and inspired me to carry on training hard.

Beth Tweddle

In between, Great Britain's men's team won team bronze at Stockholm 1912 while Britain's women's team secured bronze at Amsterdam 1928.

Team GB 2012

For the first time ever Team GB will compete across all three Olympic gymnastic disciplines – artistic, rhythmic and trampoline. The women's artistic team

will include three-time world champion Beth Tweddle, Britain's most successful gymnast ever, who competes at her third Games.

The 27-year old will add experience to a women's artistic team that includes 15-year old Rebecca Tunney, the youngest athlete on the whole British team for London 2012, and fellow teenager Jennifer Pinches, 18. Completing the squad is Imogen Cairns, a three-time Commonwealth Games gold medallist, and former British champion Hannah Whelan.

Four years ago in Beijing they failed to make the final in the team event but a fifth place at last year's World Championships in Tokyo gives plenty of cause for optimism. Louis Smith leads the men's artistic team, looking to build on his Beijing performance, when he became the first British male gymnast to win an Olympic medal in 100 years with pommel horse bronze.

Joining Smith is 21-year old national all-around champion Dan Purvis, a European and world medallist in the current Olympic cycle, and experienced international competitor Kristian Thomas. Sam Oldham won gold at the the first-ever Youth Olympic Games in Singapore in 2010 and completes the team with fellow 19-year old Max Whitlock.

Whitlock won team silver as well as pommel horse silver and horizontal bar bronze at the 2010 Commonwealth Games in Delhi.

Former world number one Kat Driscoll, who finished eighth at last year's World Championships, will compete in the women's trampoline, although there is no synchro event at the Games, in which she and close friend Amanda Parker are ranked number one in the world.

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Great Britain's Francesca Fox performs with the ribbon

Six-time national champion Frankie Jones will compete in the individual rhythmic events including with the hoop, in which she won Commonwealth Games silver in Delhi. Great Britain's first ever Olympic rhythmic group has an average age of just 19 and is captained by Rachel Smith.

Competition format

In artistic gymnastics, competitors vie for all-around team and all-around individual gold, as well as on each individual apparatus.

The men compete in the floor, pommel horse, rings, vault, parallel bars and horizontal bar apparatus while the women compete in the vault, uneven bars, balance beam and floor.

The men's and women's competitions have four phases: qualification, team final, individual all-around final and individual apparatus finals. All gymnasts compete in the qualifications. The best eight teams then go through to

the team final, where each apparatus is contested by three members of each five-strong team. Teams are ranked on their total score.

The best 24 individual gymnasts, with a maximum two per country, from the qualifying event perform exercises on each apparatus. The gymnast with the highest total score is the winner of the all-around final. The best eight gymnasts from the qualifying event on each apparatus, with a maximum two per country, go through to the individual apparatus finals.

Each apparatus is judged for difficulty, execution and artistry by a panel, with the highest scoring athlete the winner. The competition is presided over by a chair of the apparatus jury and eight judges. An athlete's final score is calculated by discarding the highest and lowest marks and an average is produced from the marks of the remaining six judges.

DID YOU KNOW?
Soviet gymnast Larisa Latynina has 18 Olympic medals, the most ever won by a single athlete in any sport

Rhythmic gymnastics is a combination of gymnastics and dance. Individual competitors perform short routines to music using hand apparatus – a hoop, a ball, clubs and a ribbon. Groups perform two routines, one with five balls and the other with three ribbons and two hoops. Scores are awarded in three categories: difficulty, artistry and execution. During the routines the apparatus must be in constant motion, with a variety of moves performed.

The individual all-around competition begins with a qualification round where each athlete performs with each apparatus, and the top ten athletes advance to the final for one more routine with each apparatus. The gymnast with the highest total score in the final wins the event. In the group competition qualification round, each group performs one routine with five balls and one routine using three ribbons and two hoops.

The scores for these routines are added together. The top eight groups then progress to the final, where they complete each routine again with the group with the best combined score from the final only winning gold.

The men's and women's trampolining competition begin with a qualification stage, during which athletes perform two routines. The first has specific requirements focusing on simplicity and execution with ten elements, two of which count for difficulty, while the second, again with ten elements, has no limitations.

The eight athletes with the best scores advance to the final for one more routine of ten different skills, which determines the results of the competition. Each routine is assigned an element of difficulty between one and ten depending on the number of elements involved with ten being the

WORDS TO LEARN +

ALL-AROUND:

Competitions that feature a variety of different elements – six for men and four for women – within artistic gymnastics

SALTO:

Referring to artistic gymnastics, a flip or somersault where the gymnast rotates around the axis of their hips

BALL:

Made of rubber or soft plastic, the balls used in rhythmic gymnastics must have a diameter of 18–20cm and must weigh at least 400g

RUDOLPH:

A front somersault with one-and-a-half twists in trampolining, sometimes known as a 'Rudy'

hardest. Five judges assess the execution of the manoeuvre and make deductions of up to 0.5 from a starting total of ten for every element and a possible deduction for lack of control at the end of the performance.

The athletes are eventually awarded one difficulty score and five scores for execution. A final mark for execution is calculated by deducting the highest and lowest scores and adding the remaining scores, the total of which is added to the difficulty factor to produce the final score.

Since 2010 the time of flight of each routine has also been recorded and this is added to the overall score benefitting athletes who can maintain greater height during their routines.



TEAM GB GYMNASTICS AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	0	0	0
Athens 2004	0	0	0	0
Beijing 2008	0	0	1	1
Total at Olympics	0	1	3	4
World Championships 2011*	0	0	1	1

*Olympic events only

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Artistic: Team	M China W China	China USA
Artistic: Individual all-around	M Yang Wei (CHN) W Nastia Liukin (USA)	Kōhei Uchimura (JPN) Jordyn Wieber (USA)
Artistic: Floor	M Zou Kai (CHN) W Sandra Izbaşa (ROU)	Kōhei Uchimura (JPN) Ksenia Afanasyeva (RUS)
Artistic: Pommel horse	M Xiao Qin (CHN)	Krisztián Berki (HUN)
Artistic: Uneven bars	W He Kexin (CHN)	Viktoria Komova (RUS)
Artistic: Rings	M Chen Yibing (CHN)	Chen Yibing (CHN)
Artistic: Vault	M Leszek Blanik (POL) W Hong Un Jong (PRK)	Yang Hak Seon (KOR) McKayla Maroney (USA)
Artistic: Parallel bars	M Li Xiaopeng (CHN)	Danell Leyva (USA)
Artistic: Balance beam	W Shawn Johnson (USA)	Sui Lu (CHN)
Artistic: Horizontal bar	M Zou Kai (CHN)	Zou Kai (CHN)

RECENT MAJOR CHAMPIONSHIP WINNERS *continued*

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Rhythmic: Group all-around	Russia	Italy
Rhythmic: Individual all-around	Yevgeniya Kanayeva (RUS)	Yevgeniya Kanayeva (RUS)
Trampolining	Lu Chunlong (CHN)	Lu Chunlong (CHN)
	He Wenna (CHN)	He Wenna (CHN)

ARTISTIC EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT	
28 July	11:00-13:10	Qualification
	15:30-17:40	Qualification
	20:00-22:10	Qualification
29 July	09:30-12:45	Qualification
	14:45-18:00	Qualification
	20:00-21:30	Qualification
30 July	16:30-19:30	Team: final, victory ceremony
31 July	16:30-18:40	Team: final, victory ceremony
1 Aug	16:30-19:35	Individual all-around: final, victory ceremony
2 Aug	16:30-18:30	Individual all-around: final, victory ceremony
5 Aug	14:00-16:15	Floor exercise: final, victory ceremony
		Pommel horse: final, victory ceremony
		Vault: final, victory ceremony
6 Aug	14:00-16:20	Rings: final, victory ceremony
		Vault: final, victory ceremony
		Uneven bars: final, victory ceremony
7 Aug	14:00-17:05	Horizontal bar: final, victory ceremony
		Parallel bars: final, victory ceremony
		Balance beam: final, victory ceremony
		Floor exercise: final, victory ceremony

RYTHMIC EVENTS SCHEDULE

= Women's events = Medal event

DATE	EVENT	
9 Aug	12:00-16:10	Individual all-around: qualification, rotations 1 & 2
		Group all-around: qualification, rotation 1
10 Aug	12:00-16:10	Individual all-around: qualification, rotations 3 & 4
		Group all-around: qualification, rotation 2
11 Aug	13:30-16:05	Individual all-around: final, victory ceremony
12 Aug	13:30-15:10	Group all-around: final, victory ceremony

TRAMPOLINE EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT	
3 Aug	14:00-16:15	Trampoline: qualification, final, victory ceremony
4 Aug	14:00-16:15	Trampoline: qualification, final, victory ceremony

Great Britain will compete in every event apart from the men's trampoline competition

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ARTISTIC

IMOGEN CAIRNS

Event: Team
Born: 26.01.1989, Bristol
Lives: Bristol
Height: 1.56m (5ft 1in)
Weight: 59kg (9st 4lbs)
Club: The Academy
Coach: Liz Kincaid
Games attended: One (Beijing 2008)



Major achievements: **OG:** 9th (team) 2008. **WCh:** 5th (team) 2011; 8th (vault) 2010; 8th (vault) 2005. **CG:** gold (vault), gold (floor), silver (team) 2010; vault (gold), silver (team) 2006.

Imogen Cairns has overcome numerous injury problems to secure her place at London 2012. She couldn't walk for several months after breaking both legs shortly after her Olympic debut in Beijing but at the 2010 Commonwealth Games she won two golds and a team silver.



SAM OLDHAM

Event: Team
Born: 17.02.1993, Nottingham
Lives: Nottingham
Height: 1.68m (5ft 6ins)
Weight: 62kg (9st 11lbs)
Club: N/A
Coach: Sergei Sizhanov
Games attended: None



Major achievements: **ECh:** 4th (bar) 2011. **YOG:** gold (bar), pommel (silver) 2010. **EJCh:** gold (all-around), gold (bar), gold (team) 2010. **EYOF:** gold (team), gold (parallel bars), gold (pommel) 2009.

Sam Oldham has already won gold at the Youth Olympics in Singapore and while he struggled with injuries earlier this season, he finished second at the national championships to remind selectors of his abilities.

He played football for both Notts County and Nottingham Forest junior sides.



@Oldham93

JENNIFER PINCHES

Event: Team
Born: 25.05.1994, Tunbridge Wells
Lives: High Peak
Height: 1.60m (5ft 3ins)
Weight: 55kg (8st 9lbs)
Club: City of Liverpool
Coach: Amanda Reddin
Games attended: None



Major achievements: **WCh:** 5th (team) 2011.

Jennifer Pinches couldn't have a better inspiration for success, training alongside three-time world champion Beth Tweddle and under her coach Amanda Reddin in Liverpool.

She has had success in every age group and has international experience, winning team bronze at the Australian Youth Olympic Festival in Sydney in 2009. She regards floor and bars as her strongest apparatus.



@jempin515

DANIEL PURVIS

Event: Team
Born: 13.11.1990, Liverpool
Lives: Southport
Height: 1.68m (5ft 6ins)
Weight: 62kg (9st 11lbs)
Club: Southport YMCA
Coach: Jeff Brookes, Andrei Popov
Games attended: None



Major achievements: **WCh:** 4th (all-around) 2011; bronze (floor), 5th (team) 2010. **ECh:** gold (team) 2012; bronze (floor), silver (team) 2010.

Daniel Purvis has won three consecutive national all-around titles and was ranked number one in the world across all apparatus in 2011.

His gymnastics idol is London 2012 rival Kohei Uchimura 'because he makes gymnastics look easy'. A Liverpool FC supporter, his sporting hero is Steven Gerrard.



@PurvisDanny

LOUIS SMITH

Event: Team
Born: 22.04.1989, Peterborough
Lives: Peterborough
Height: 1.79m (5ft 11ins)
Weight: 76kg (12st)
Club: Huntingdon
Coach: Paul Hall
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (pommel) 2008. **WCh:** bronze (pommel) 2011; bronze (pommel) 2007. **ECh:** gold (team), silver (pommel) 2012; silver (pommel), silver (team) 2010; silver (pommel) 2009. **CG:** gold (pommel), bronze (team) 2006.

In 2008, Louis Smith became the first British male gymnast to win an Olympic medal since Walter Tysall at London 1908. Smith wants to start his own fashion brand after London 2012 while he once auditioned for The X Factor.



@louissmith1989

KRISTIAN THOMAS

Event: Team
Born: 14.02.1989, Wolverhampton
Lives: Wolverhampton
Height: 1.80m (5ft 11ins)
Weight: 79kg (12st 6lbs)
Club: Earls
Coach: Michelle Bradley, Andrei Popov
Games attended: None



Major achievements: **WCh:** 7th (team) 2010; 6th (all-around) 2009. **ECh:** gold (team) 2012; silver (team) 2010.

All-rounder Kristian Thomas rose to prominence when he was crowned British champion in 2008 and in 2009 he was sixth in the all-around event at the World Championships in London.

He has achieved most of his aims within the sport, making a World Championship final, winning a European Championship medal and earning an Olympic place.



@Kristian_Thomas

REBECCA TUNNEY

Event: Team
Born: 26.10.1996, Tameside
Lives: Manchester
Height: 1.47m (4ft 9ins)
Weight: 35kg (5st 7lbs)
Club: City of Liverpool
Coach: Claire Duffy
Games attended: None



Major achievements: **BCh:** gold (all-around) 2012.

Rebecca Tunney is the youngest member of the whole British team for London 2012 and won't turn 16 until October. She won her first national all-around title to secure her Games selection and is known for her strong work on the bars, finishing sixth at last year's Olympic test event at the North Greenwich Arena. She trains 28 hours per week and started the sport as a five-year old.



@Rebecca_Tunney

BETH TWEDDLE

Event: Team
Born: 01.04.1985, Johannesburg, South Africa
Lives: Bunbury
Height: 1.60m (5ft 3ins)
Weight: 53kg (8st 5lbs)
Club: City of Liverpool
Coach: Amanda Reddin
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 4th (bars) 2008; 19th (all-around) 2004. **WCh:** 5th (team) 2011; gold (bars) 2010; floor (gold) 2009; gold (bars) 4th (floor) 2006; bronze (bars), 4th (all-around) 2005; bronze (bars) 2003. **ECh:** gold (bars) 2011; gold (floor), gold (bars) 2010; gold (floor), gold (bars) 2009; silver (floor) 2008; gold (bars) 2006. **CG:** gold (bars), silver (team), silver (all-around) 2002.

Beth Tweddle is Britain's most successful ever gymnast with three world gold medals in her collection, along with six European titles.

Tweddle made her Olympic debut as a 19-year-old in Athens but didn't make any finals and she finished fourth in the uneven bars at Beijing 2008.

She took up the sport as a seven-year-old at her local Crewe and Nantwich Gymnastics Club and after initially planning to retire to follow her dream of becoming a physiotherapist, she decided to carry on until London after missing out on a medal in Beijing by the narrowest of margins.

Her all-time favourite gymnast is Lilia Podkopaeva and she counts Dame Kelly Holmes and Paula Radcliffe as her favourite sporting personalities.

Tweddle was born in Johannesburg but moved to Great Britain when she was 18 months old and she graduated from Liverpool John Moores University with a degree in sports science in 2007.

She was awarded the MBE for services to gymnastics in 2010 and in 2006 she finished third in the BBC Sports Personality of the Year Award, becoming the first ever gymnast to reach the shortlist for the annual prize.



@bethtweddlenews

HANNAH WHELAN

Event: Team
Born: 01.07.1992, Singapore
Lives: Stockport
Height: 1.60m (5ft 3ins)
Weight: 53kg (8st 5lbs)
Club: City of Liverpool
Coach: Amanda Reddin
Games attended: One (Beijing 2008)



Major achievements: **OG:** 9th (team) 2008. **WCh:** 5th (team), 9th (all-around) 2011; 7th (team), 16th (all-around) 2010. **ECh:** bronze (beam), bronze (floor) 2012.

Hannah Whelan is a former national all-around champion and was the youngest member of the British team at the 2008 Beijing Games.

At the age of six, she persuaded her mum to take her to gymnastic classes and she was spotted as a talent and started training under Helen Hall at South Manchester Gymnastics Club.

She trains 30 hours a week and is studying for a degree in sports development. She now trains with three-time world champion Beth Tweddle and her coach Amanda Reddin in Liverpool.



@HannahWhelan

MAX WHITLOCK

Event: Team
Born: 13.01.1993, Hemel Hempstead
Lives: Hemel Hempstead
Height: 1.67m (5ft 6ins)
Weight: 57kg (9st)
Club: South Essex
Coach: Scott Hann
Games attended: None



Major achievements: **ECh:** gold (team) 2012. **CG:** silver (team), bronze (bar), silver (pommel) 2010.

Max Whitlock won three medals at the 2010 Commonwealth Games and made his major championship debut at the following year's World Championship, travelling as a reserve.

He impressed at this year's Olympic test event, winning team gold and pommel horse silver.

Introduced to gymnastics by a friend in his swimming club, he trains 36 hours a week, six days a week and counts Japan's Kohei Uchimura as his gymnastic inspiration.



@maxwhitlock1



RHYTHMIC

GEORGINA CASSAR

Event: Group
Born: 09.09.1993, Gibraltar
Lives: Bath
Height: 1.70m (5ft 7ins)
Weight: 58kg (9st 2lbs)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012.



Georgina Cassar represented Gibraltar at the 2010 Commonwealth Games in Delhi but relocated to Bath to join up with her team-mates in the British group.

@GeorginaCassar

JADE FAULKNER

Event: Group
Born: 21.12.1993, Coventry
Lives: Swindon
Height: 1.48m (4ft 10ins)
Weight: 50kg (7st 12lbs)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012.



Jade Faulkner has spent two years preparing for her Olympic moment and trains 40 hours a week in pursuit of her goal.

She has represented Great Britain at World and European Championships in events as far afield as Japan, Australia and Russia.

@jadefaulkner

FRANCESCA FOX

Event: Group
Born: 13.06.1992, Trowbridge
Lives: Trowbridge
Height: 1.67m (5ft 6ins)
Weight: 59kg (9st 4lbs)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012. CG: bronze (team) 2010.



A former senior national champion, Francesca Fox has competed in every major international event except the Olympics.

Nicknamed Foxy, she admires the strength of the Italian national team and trains for more than 40 hours a week. Her talent was spotted at her sister's trampolining party and she's been involved in rhythmic gymnastics for 11 years.

@francescafox13

LYNNE HUTCHISON

Event: Group
Born: 10.11.1994, Tokyo, Japan
Lives: Bath
Height: 1.67m (5ft 6ins)
Weight: 60kg (9st 6lbs)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012. CG: bronze (team) 2010.



A former British junior champion, Lynne Hutchison has competed in 12 countries around the world and won team bronze for England at the 2010 Commonwealth Games in India.

Spotted by national coach Sarah Moon at a school workshop, she counts Italian team captain Elisa Santoni as her gymnastics idol.

@lynnehutch94

FRANKIE JONES

Event: Individual
Born: 09.11.1990, Kettering
Lives: Wellingborough
Height: 1.72m (5ft 8ins)
Weight: 56kg (9st)
Club: City of Birmingham
Coach: Lisa Higgins
Games attended: None
Major achievements: CG: silver (hoop) 2010.



Frankie Jones is a three-time World Championship qualifier and came 25th at last year's Olympic test event.

Jones has won four consecutive national titles and moved to rhythmic gymnastics from the artistic disciplines as a nine-year old. Her favourite gymnast is Russian Yevgeniya Kanayeva.

@Jonsey90

LOUISA POULI

Event: Group
Born: 29.01.1993, Corfu, Greece
Lives: Bath
Height: 1.62m (5ft 4ins)
Weight: 57kg (9st)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012.



Born in Corfu and raised in Greece, Louisa Pouli started in the sport when she was just four years old.

Alina Kabaeva, the Sydney 2000 all-around champion, is her gymnastics idol and she trains more than 40 hours a week.

Pouli hopes to move into coaching and become a dancer after her gymnastics career is over.

@Louisa_Pouli

RACHEL SMITH

Event: Group
Born: 03.01.1993, Coventry
Lives: Bath
Height: 1.72m (5ft 8ins)
Weight: 63kg (10st)
Club: Bath
Coach: Sarah Moon
Games attended: None
Major achievements: ECh: 16th (team) 2012.



Team captain Rachel Smith is an experienced international competitor who has represented Great Britain individually and in team events at junior and senior level.

Smith started in gymnastics at primary school and was scouted by her local club.

She was accepted onto the GB national age group squad aged just eight.

@Gymnast_Rachel

TRAMPOLINE

KATHERINE DRISCOLL

Event: Individual
Born: 13.03.1986, Chatham
Lives: Houghton-le-Spring
Height: 1.68m (5ft 6ins)
Weight: 56kg (9st)
Club: Apollo
Coach: William Leach
Games attended: None
Major achievements: WCh: 8th (ind), silver (team), bronze (synchro) 2011; 18th (ind) 2009. ECh: gold (team) 2012.



Kat Driscoll held the world number one ranking in 2011 after winning three medals, including a gold, in World Cup events.

She qualified her place with a top-eight finish at the World Championships and finished fourth at this year's Olympic test event.

She is married to former British international Gary Short and worked full-time until 2010, when she quit to focus on trampolining.

Driscoll tops world synchro rankings, a non-Olympic event, with close friend Amanda Parker.

@driscoll86

LOUISE FAWCETT

Title: British Gymnastics Head of Sports Science and Medicine
Games role: Physiotherapist
Born: 22.08.1969, Stockton
Lives: Wolverhampton



PAUL HALL

Title: Men's Artistic Coach
Games role: Men's Artistic Coach
Born: 29.04.1964, Rochford
Lives: Huntingdon



LISA HIGGINS

Title: Rhythmic Individual Coach
Games role: Rhythmic Individual Coach
Born: 20.05.1970, Birmingham
Lives: Rowley Regis



TIM JONES

Title: British Gymnastics Olympic Performance Director
Games role: Team Leader
Born: 16.01.1967, Birmingham
Lives: Lutterworth



Born in Birmingham, Tim Jones was appointed British Gymnastics Olympic performance director in 2008 and took up the role soon after the Beijing Olympics.

Jones had previously been working for UK Athletics, where he was the manager of the Loughborough High Performance Centre and responsible for the performance programmes of around 40 athletes.

At British Gymnastics Jones oversees the men's artistic, women's artistic and trampoline world class programmes.

ALASTAIR LITTLE

Title: Physiotherapist
Games role: Physiotherapist
Born: 23.01.1981, Glasgow
Lives: Telford



SARAH MOON

Title: Rhythmic Group Coach
Games role: Rhythmic Group Coach
Born: 15.04.1980, Burnham-on-Sea
Lives: Bath



ANDRE POPOV

Title: British Gymnastics Head Coach
Games role: Men's Artistic Coach
Born: 26.10.1961, Vladimir, Russia
Lives: Nottingham



AMANDA REDDIN

Title: Women's Artistic Coach
Games role: Women's Artistic Coach
Born: 06.06.1965, Sheffield
Lives: Liverpool



ADRIAN STAN

Title: British Gymnastics Technical Director
Games role: Women's Artistic Coach
Born: 02.04.1954, Sibiu, Romania
Lives: Church Ashton



COLIN STILL

Title: Senior National Coach
Games role: Women's Artistic Coach
Born: 25.10.1953, Lambeth
Lives: Newport



EDDIE VAN HOOF

Title: British Gymnastics Men's Technical Director
Games role: Men's Artistic Coach
Born: 21.08.1956, Stainforth
Lives: Newport



TRACY WHITTAKER-SMITH

Title: Technical Lead Coach
Games role: Trampoline Coach
Born: 04.08.1964, Catterick
Lives: Northampton



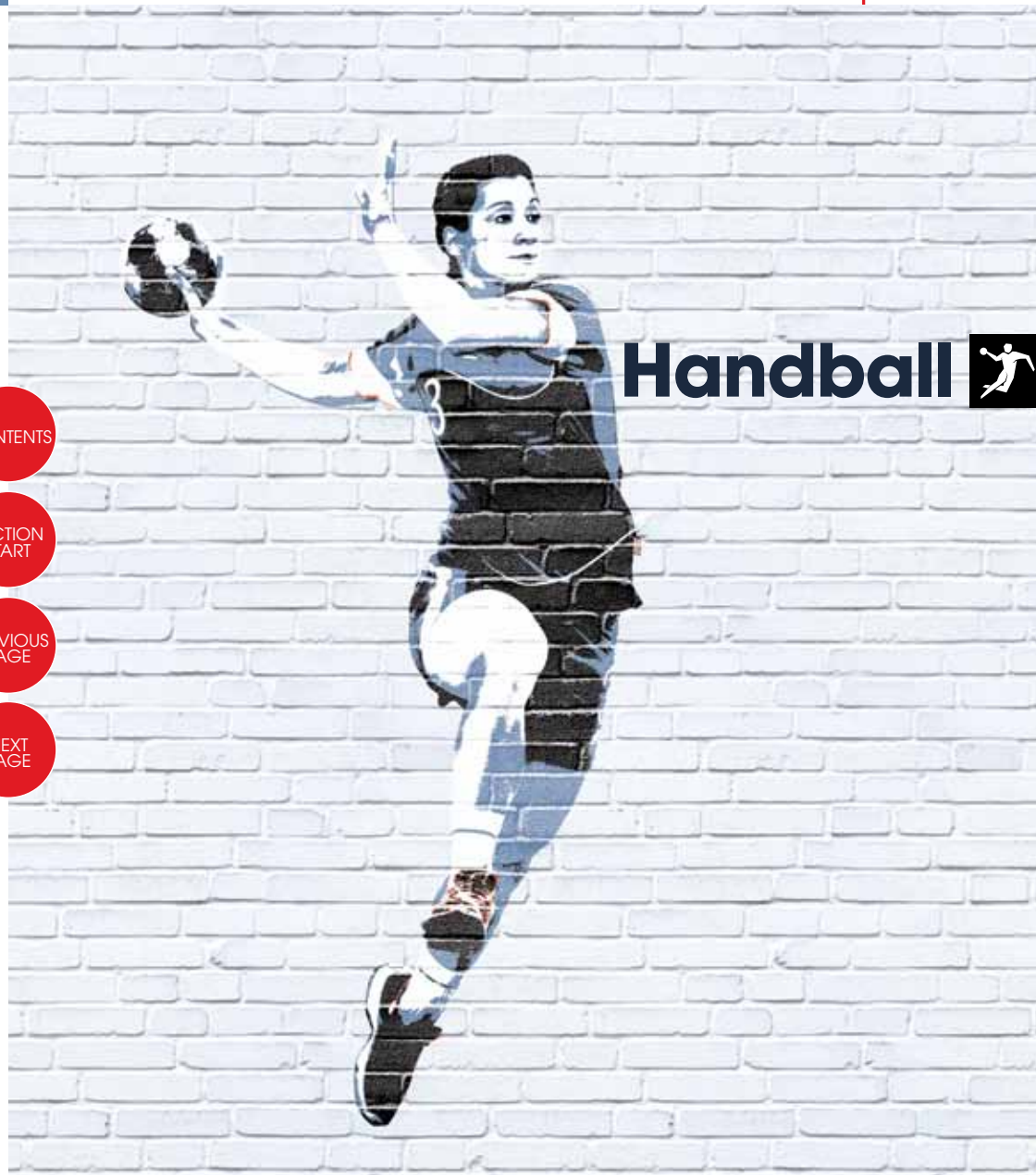
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Handball



Handball



Ewa Palies of Great Britain shoots at goal against Russia in a Euro 2012 qualifier

Introduction

Handball was first introduced at the 1936 Berlin Olympics when the hosts Germany went unbeaten throughout the tournament to win gold.

However, the sport didn't return to the Olympic programme until Munich hosted the Games in 1972, with women making their first appearance four years later in Montreal.

Eastern Europe remains home to the sport's male powerhouses – France became the first Western European country to win gold since 1936 when they beat Iceland in the final at Beijing 2008.

The sport is also strong in Scandinavia, where it has its roots, with Denmark's women winning three consecutive golds

between 1996 and 2004 and Norway's women arriving in London as the defending champions.

Fast and physical, handball ranks behind only football as the continent's most popular ball game when using the barometer of television rankings.

Handball at London 2012 will be staged in the 7,000 capacity Copper Box, but the knock-out stages of the men's competition and semi-final stages onwards in the women's event will transfer across the Olympic Park to the larger capacity Basketball Arena.

Handball is played on a 40m long and 20m wide court between two teams of seven players, including a goalkeeper.

DID YOU KNOW?
.....
Beach handball – played on outdoor sand courts – is a form of the game on the rise

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● Everybody in the squad has worked unbelievably hard to get us to this point and will continue to do so to ensure we give our best possible performance in London. ●●

Mark Hawkins

Goals are frequently scored and it's not uncommon for more than 50 to be recorded in a match. A match consists of two 30-minute halves and players can move the ball with any part of their body above the knee, while goalkeepers can use any part of their body to defend their net.

After receiving the ball, outfield players can take up to three steps without dribbling. If players dribble, they may take an additional three steps. Players that stop dribbling have three seconds to pass or shoot and may take three additional steps during this time.

No players other than the defending goalkeeper are allowed within six metres of the goal but players may jump into this area when attempting a shot although they must release the ball before landing.

Team GB 2012

Great Britain will enter handball teams at London 2012 for the first time in Olympic history after taking advantage of host nation allocations.

The British Handball Association launched its performance programme in 2006 but after a reduction in funding in 2008, Great Britain's base in Aarhus, Denmark was

abandoned. The majority of male and female players were soon positioned at clubs across Europe to gain experience.

The men's team, captained by goalkeeper Bobby White, have secured some notable achievements in the build-up to the Games, with a first-ever competitive win in June 2010 against Bulgaria. Great Britain secured the historic 33-32 win at Crystal Palace in a Euro 2012 qualifying match. Since then they have also claimed the scalp of Italy and only narrowly missed out on a victory over South Korea in London in April.

The men's first group fixture of London 2012 is against reigning Olympic champions France, before they face Sweden, Argentina, Tunisia and Beijing silver medallists Iceland.

The GB women's team, skippered by Lynn McCafferty, have also recorded a number of high-profile victories in the build up to the Games, including a win over African

FACT FILE

VENUES:

Copper Box, Basketball Arena

GOLD MEDALS AVAILABLE: 2

DATES

Saturday 28 July – Sunday August 12

NUMBER OF TEAM GB ATHLETES:

Men: 14 Women: 14

WEBSITES:

BOA: www.teamgb.com/summer-sports/handball

London 2012: www.london2012.com/handball

NGB: www.britishhandball.com

I am looking forward to showing the British public how fantastic handball is and how hard we have worked and how competitive we can be with the best handball teams in the world.

Team GB Handball Women's
Captain Lynn McCafferty

WORDS TO LEARN

JUMP SHOT:

A player executes this move by jumping up in the air while throwing the ball towards his or her opponent's goal

FAST BREAK:

An attack made when the opposition's defenders are out of position

THROW-OFF:

Handball's version of a kick-off, which starts play at the beginning of each half and after a goal is scored

TWO-MINUTE SUSPENSION:

A player who commits a foul or receives two warnings may be removed from the court for two minutes

DID YOU KNOW?

Olympic gold medallist Hakeem Olajuwon played handball before turning his attentions to basketball

champions Angola at last year's test event, although they were to finish sixth out of six.

The squad members, many of whom have made great personal sacrifices to relocate to a central training base at Crystal Palace, will face Montenegro, Russia, Croatia, Brazil and Angola in the group stage of the Olympic tournament.

Nicholas Satchwell is the men's reserve while Laura Innes is reserve for the women.

Competition format

There will be 12 men's and 12 women's teams at London 2012, with each squad 14-strong with seven in the starting line-up and seven on the bench during matches.

The winners – both men and women – of the most recent World Championships, European Championships, African Championships, Pan-American Games and a special Asian qualification tournament booked their places. Great Britain qualified automatically as hosts and six nations – both men and women – booked their slots during Olympic qualification tournaments, held in April and May.

Teams were divided into two pools of six during a draw at the Crystal Palace National Sports Centre in May, meaning every team will play five preliminary matches. The top four in each group will then advance to the knockout stages.

Preliminary matches can end up tied but knockout matches, if tied, are decided by two five-minute periods of extra-time. In the event scores remain level, a penalty shoot-out is held with five shots per team. If the score remains tied afterwards the match will go to sudden death penalties. Penalties are taken from seven metres in front of the goal.

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TEAM GB HANDBALL AT THE OLYMPIC GAMES

Great Britain are making their Olympic debut in both the men's and women's handball competitions

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Handball	M France W Norway	France Norway

EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
28 July	09:30-12:45 W Pool A Russia v Angola, Pool B Spain v South Korea
	14:30-17:45 W Pool A Croatia v Brazil, Pool B Denmark v Sweden
	19:30-22:45 W Pool A Montenegro v Great Britain , Pool B Norway v France
29 July	09:30-12:45 M Pool A Iceland v Argentina, Pool B Croatia v South Korea
	14:30-17:45 M Pool A Sweden v Tunisia, Pool B Spain v Serbia
	19:30-22:45 M Pool A France v Great Britain , Pool B Hungary v Denmark
30 July	09:30-12:45 W Pool A Angola v Croatia, Pool B South Korea v Denmark
	14:30-17:45 W Pool A Great Britain v Russia, Pool B France v Spain
	19:30-22:45 W Pool A Brazil v Montenegro, Pool B Sweden v Norway
31 July	09:30-12:45 M Pool A Tunisia v Iceland, Pool B South Korea v Hungary
	14:30-17:45 M Pool A Great Britain v Sweden, Pool B Serbia v Croatia
	19:30-22:45 M Pool B Denmark v Spain, Pool A Argentina v France
1 Aug	09:30-12:45 W Pool B Norway v South Korea, Pool A Montenegro v Angola
	14:30-17:45 W Pool B France v Sweden, Pool A Great Britain v Brazil
	19:30-22:45 W Pool B Spain v Denmark, Pool A Russia v Croatia
2 Aug	09:30-12:45 M Pool B Spain v South Korea, Pool A France v Tunisia
	14:30-17:45 M Pool B Croatia v Hungary, Pool A Great Britain v Argentina
	19:30-22:45 M Pool B Serbia v Denmark, Pool A Sweden v Iceland
3 Aug	09:30-12:45 W Pool A Angola v Great Britain , Pool B South Korea v France
	14:30-17:45 W Pool A Croatia v Montenegro, Russia v Brazil
	19:30-22:45 W Pool B Spain v Sweden, Denmark v Norway

EVENTS SCHEDULE continued

DATE	EVENT
4 Aug	09:30-12:45 Pool A Tunisia v Great Britain , Pool B South Korea v Serbia
	14:30-17:45 Pool A Sweden v Argentina, Pool B Croatia v Denmark
	19:30-22:45 Pool A Iceland v France, Pool B Hungary v Spain
5 Aug	09:30-12:45 Pool B Sweden v South Korea, Pool A Brazil v Angola
	14:30-17:45 Pool A Montenegro v Russia, Croatia v Great Britain
	19:30-22:45 Pool B Norway v Spain, Denmark v France
6 Aug	09:30-12:45 Pool B Hungary v Serbia, Pool A Argentina v Tunisia
	14:30-17:45 Pool B Denmark v South Korea, Pool A Iceland v Great Britain
	19:30-22:45 Pool B Spain v Croatia, Pool A France v Sweden
7 Aug	10:00-12:00 Quarter-final
	13:30-15:30 Quarter-final
	17:00-19:00 Quarter-final
	20:30-22:30 Quarter-final
8 Aug	11:00-13:00 Quarter-final
	14:30-16:30 Quarter-final
	18:00-20:00 Quarter-final
	21:30-23:30 Quarter-final
9 Aug	17:00-19:00 Semi-final
	20:30-22:30 Semi-final
10 Aug	17:00-19:00 Semi-final
	20:30-22:30 Semi-final
11 Aug	17:00-19:00 🏆 Bronze medal match
	20:30-23:00 🏆 Gold medal match, victory ceremony
12 Aug	11:00-13:00 🏆 Bronze medal match
	15:00-17:30 🏆 Gold medal match, victory ceremony

Great Britain will compete in the men's and women's events

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MEN

SEBASTIEN EDGAR

Position: Right wing
Born: 26.05.1991, Basildon
Lives: Saint-Péray, France
Height: 1.82m (6ft)
Weight: 76kg (12st)
Club: Nîmes, France



Sebastien Edgar was born in Basildon in Essex but grew up in France and has spent the majority of his career there.

Equally adept at right back as he is at right wing, Edgar made his Great Britain debut in 2008 and was a keen judo player in his youth before turning to handball.



ROBIN GARNHAM

Position: Line
Born: 01.05.1988, Karlstad, Sweden
Lives: Sunne, Sweden
Height: 1.94m (6ft 4ins)
Weight: 94kg (14st 11lbs)
Club: FRAM Larvik, Norway



Robin Garnham's father, Stuart, played football for Wolves but was transferred to play in Sweden for Karlstad BK in the 1970s.

Garnham subsequently grew up playing handball and was inspired to do so by watching the Swedish national team that won three consecutive Olympic silver medals between 1992 and 2000.

He made his Great Britain debut in 2008 in Oman while he is also a roofer by trade.



@GarnhamRobin

MARTIN HARE

Position: Left back
Born: 28.11.1989, Stavanger, Norway
Lives: Tananger, Norway
Height: 1.93m (6ft 4ins)
Weight: 93kg (14st 9lbs)
Club: Viking Stavanger HK, Norway



Martin Hare has been playing in the top flight of the Norwegian League with Viking Stavanger HK and made his Great Britain debut in 2010 in Luxembourg.

Hare found the net no less than six times against Austria at Crystal Palace in January while he is a Manchester United FC fan and his hero is Superman.



@Mar10n_

MARK HAWKINS

Position: Left wing
Born: 28.12.1985, Cuckfield
Lives: Reykjavik, Iceland
Height: 1.82m (6ft)
Weight: 71kg (11st 3lbs)
Club: Afturelding, Iceland



A former basketball player with the Brighton Bears, Mark Hawkins joined the Great Britain handball squad through UK Sport's Sporting Giants scheme and now plays in Iceland.

Hawkins relocated to Denmark in 2008 and progressed through the Danish leagues before heading to Iceland's top flight in 2011. He made his British debut against Greece in July 2009.



@GBHandball_MH20

STEVEN LARSSON

Position: Right back
Born: 01.05.1981, Scarborough
Lives: Oslo, Norway
Height: 1.93m (6ft 4ins)
Weight: 100kg (15st 11lbs)
Club: Drammen, Norway



The current vice-captain of the Great Britain men's team, Steven Larsson was born in Scarborough but moved to Linköping in Sweden as a youngster.

Larsson earned his first professional contract in Sweden in 2000, aged 19, and has since enjoyed spells in Norway, Denmark and Switzerland.

He has a Swedish passport while he was also eligible to play for Norway. Both countries wanted to recruit him but he opted to play for his father's country.



@StevenLarsson

CHRIS McDERMOTT

Position: Line
Born: 07.06.1989, Birkenhead
Lives: Wirral
Height: 2.05m (6ft 9ins)
Weight: 104kg (16st 5lbs)
Club: Afturelding, Iceland



Chris McDermott has appeared for Great Britain at every age-group level and has been part of the senior side since its formation in 2006.

McDermott has played in Denmark, Germany and Slovenia while he's currently based at Afturelding in Iceland, alongside British teammate Mark Hawkins.

He lists Great Britain's first ever competitive win over Bulgaria in 2010 as his most memorable achievement.



@ChristopherMcD_

DAN McMILLAN

Position: Play-maker
Born: 12.08.1982, Broxburn
Lives: Lynton
Height: 1.89m (6ft 2ins)
Weight: 93kg (14st 9lbs)
Club: Odder Håndbold, Denmark



Dan McMillan's sporting background lies in basketball, American football and surfing but he was discovered by UK Sport's Sporting Giants programme and found himself playing in Germany after just a year playing handball.

Recently, he has been playing in Denmark with Odder while in 2011 he spent 15 weeks on the sidelines with a grade three ACJ injury.

@WMO_GB18

CHRIS MOHR

Position: Play-maker
Born: 12.01.1990, Frankfurt, Germany
Lives: Aarhus, Denmark
Height: 1.87m (6ft 2ins)
Weight: 83kg (13st 1lb)
Club: Odder Håndbold, Denmark



Chris Mohr qualifies for Great Britain through his Scottish mother and after a brief spell in Denmark in 2008 he moved to Germany's Bundesliga where he scored 14 goals in ten games for TUSEM Essen.

Recently he has been playing at Odder in Denmark alongside British teammate Dan McMillan while he scored his first international goal against Greece in 2009.



JESPER PARKER

Position: Goalkeeper
Born: 18.04.1984, Gothenburg, Sweden
Lives: Gothenburg, Sweden
Height: 2.00m (6ft 7ins)
Weight: 100kg (15st 11lbs)
Club: IK Sävehof, Sweden



Jesper Parker was born and raised in Sweden but qualifies for Britain through his father. Having started handball aged nine, Parker played for Redbergslids IK until he was 21, winning the Swedish Under-19 Championships and Partille Cup.

He dropped down to the Swedish second division while studying for an MSc in business administration and a BSc in industrial engineering and management but last season he played for current Swedish champions IK Sävehof.



JOHN PEARCE

Position: Left wing
Born: 23.11.1987, Poole
Lives: Poole
Height: 1.90m (6ft 3ins)
Weight: 88kg (13st 13lbs)
Club: Braband, Denmark



John Pearce relocated to Aarhus in Denmark with the rest of the British squad in 2008 before moving to Skanderborgs in the nation's top division.

He has since enjoyed a spell in Norway but last season was playing in the Danish second division with Braband. Pearce made his British debut in 2008 and his nickname is Nails.

@JohNailsPearce

SEB PRIETO

Position: Right wing
Born: 04.02.1987, Monaco
Lives: Crowborough
Height: 1.87m (6ft 2ins)
Weight: 80kg (12st 8lbs)
Club: Viking Stavanger HK, Norway



Brought up in the south of France – Seb Prieto has a French father and an English mother – and played handball at school.

Prieto has played in Denmark, Germany and Norway, where he was based last season, but he suffered a groin injury in August 2011 and faced a race against time to be fit for London 2012.

@speb04

GAWAIN VINCENT

Position: Right wing
Born: 09.03.1990, Les Lilas, France
Lives: Nantes, France
Height: 1.86m (6ft 1in)
Weight: 83kg (13st 1lb)
Club: Nantes, France



Gawain Vincent was born in France to an English mother and began his career at Torcy Handball Club in Marne-la-Vallée where he played at various junior levels and for the seniors.

Vincent left Torcy in 2010 to join Nantes while he lists the first time he played in a Great Britain shirt in 2009 as his proudest achievement in the sport.



BOBBY WHITE

Position: Goalkeeper
Born: 05.04.1983, Northampton
Lives: Milton Keynes
Height: 1.92m (6ft 4ins)
Weight: 92kg (14st 7lbs)
Club: Valence, France



Bobby White is the captain of the Great Britain team, having been discovered by UK Sport's Sporting Giants programme in 2007, at which time he was a semi-professional football goalkeeper.

After making the grade he spent two seasons in Denmark and then moved to Kydon in Greece before spending last season at Valence in France.

He lists Great Britain's first competitive win over Bulgaria in 2010 as his most memorable achievement while he spent six months out with a hip injury in 2011.

@bobby_white_12

CIARAN WILLIAMS

Position: Play-maker
Born: 22.12.1987, Salford
Lives: Bury
Height: 1.83m (6ft)
Weight: 81kg (12st 11lbs)
Club: Salford



Ciaran Williams was introduced to handball aged ten by his parents, Colin Williams and Diane Baillie, who both played for Great Britain in the 1980s.

Williams has played in Denmark, Norway and Germany but he returned to the UK ahead of last season.

Williams captained Great Britain to their first competitive victory against Bulgaria but subsequently spent a year on the sidelines with a broken foot.

@CiaranWilliams

WOMEN

LYN BYL

Position: Line
Born: 01.12.1979, Wuppertal, Germany
Lives: London
Height: 1.72m (5ft 8ins)
Weight: 67kg (10st 8lbs)
Club: N/A



Born in Germany, Lyn Byl made her debut for Great Britain in 2008 and was part of the team that finished sixth at the Olympic test event in November 2011.

Byl, who has an English mother, played in the top league in Germany before moving to Britain's centralised programme at Crystal Palace.

She is the oldest member of the women's team and intends to focus on her job as a physiotherapist after London 2012.



KELSI FAIRBROTHER

Position: Right wing
Born: 05.08.1989, Hillingdon
Lives: Esbjerg, Denmark
Height: 1.60m (5ft 3ins)
Weight: 68kg (10st 10lbs)
Club: Esbjerg, Denmark



Kelsi Fairbrother is one of two Brits who opted to remain with their overseas club – Esbjerg in Denmark – rather than relocate to the centralised programme at Crystal Palace.

Fairbrother has been playing internationally for six years and has featured alongside her mother Rena, who she followed into the sport, for England.

@kelsifair

KATHRYN FUDGE

Position: Left back
Born: 10.11.1989, Bury
Lives: Beckenham
Height: 1.83m (6ft)
Weight: 70kg (11st)
Club: N/A



Kathryn Fudge made her Great Britain debut in 2008 – the same year she moved to Denmark before heading to Norway where she played for Asker for two-and-a-half years.

Fudge was introduced to handball through UK Sport's Sporting Giants campaign and lists former Prime Minister Winston Churchill as her hero.

@fudge89

MARIE GERBRON

Position: Right back
Born: 23.12.1986, Harfleur, France
Lives: Octeville-sur-Mer, France
Height: 1.66m (5ft 4ins)
Weight: 64kg (10st 1lb)
Club: Octeville-sur-Mer, France



Born and raised in France but with a British mother, Marie Gerbron made her Great Britain debut in 2010 but didn't relocate to the UK until January as she was finishing her PhD at the University of Le Havre.

Gerbron started playing handball at school and has featured in the second and first division of the French league, winning the French Cup in 2006.



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BRITT GOODWIN

Position: Left wing
Born: 24.04.1983, Gjøvik, Norway
Lives: Crystal Palace
Height: 1.63m (5ft 4ins)
Weight: 68kg (10st 10lbs)
Club: N/A



Britt Goodwin was born in Norway when her father Steve, a professional footballer who turned out for Norwich and Southend, was playing for Lillestrøm. Goodwin, who won the 2005 Norwegian version of Big Brother, scooping £100,000 in prize money, moved to the UK in 2011 to join the centralised programme.

@Britt9Goodwin

SARAH HARGREAVES

Position: Goalkeeper
Born: 17.05.1989, Holbæk, Denmark
Lives: Fårevejle, Denmark
Height: 1.85m (6ft 1in)
Weight: 84kg (13st 3lbs)
Club: Slagelse, Denmark



Of the 14 Brits selected on the women's team, only Sarah Hargreaves and Kelsi Fairbrother opted to remain with their clubs on the continent rather than move to Crystal Palace to join the centralised British programme.

Hargreaves, who plays for Slagelse in Denmark, was born and raised in Scandinavia but has a British father.



NINA HEGLUND

Position: Play-maker
Born: 24.07.1993, Oslo, Norway
Lives: London
Height: 1.70m (5ft 7ins)
Weight: 68kg (10st 10ins)
Club: Asker, Norway



Nina Heglund was born and raised in Oslo but she has a Scottish mother and has always had a British passport.

She plays for Norwegian team Asker, where British teammates Louise Jukes, Kathryn Fudge and Britt Goodwin enjoyed spells, and has been attending national training camps since she was 15.

Turning 19 just before the Games, Heglund is the youngest member of the British women's team for London 2012.

@NinaHeglund

LOUISE JUKES

Position: Line
Born: 14.04.1984, Ashford
Lives: Ipswich
Height: 1.69m (5ft 7ins)
Weight: 75kg (11st 11lbs)
Club: N/A



Louise Jukes was introduced to handball in 2007 after watching Sir Steve Redgrave promote UK Sport's Sporting Giants initiative. She learnt to play handball properly in Denmark before moving to play for Asker in Norway.

Previously Jukes played hockey for England under-18s while she is also a qualified physiotherapist.

@louisejukes

HOLLY LAM-MOORES

Position: Left wing
Born: 12.09.1990, Burnley
Lives: London
Height: 1.69m (5ft 7ins)
Weight: 59kg (9st 4lbs)
Club: N/A



Born to a Chinese mother, Holly Lam-Moore played netball, football and athletics before finding her calling in handball through a PE class when in year eight at school.

A Manchester City FC supporter, Lam-Moore was named as the BOA's Olympic Athlete of the Year for handball in 2010. Her hero is Dame Kelly Holmes.

@hollyhandball3

YVONNE LEUTHOLD

Position: Right back
Born: 30.01.1980, Berne, Switzerland
Lives: London
Height: 1.76m (5ft 9ins)
Weight: 74kg (11st 9lbs)
Club: N/A



Yvonne Leuthold was born in Switzerland and played in the country's top league for eight years before heading to Germany's Bundesliga in 2009.

It was in 2008 that Leuthold became a member of the British team and after two seasons in Germany she relocated to Crystal Palace. She qualifies for Great Britain through her father, who was born in Wales.



JANE MAYES

Position: Goalkeeper
Born: 10.01.1989, Esbjerg, Denmark
Lives: London
Height: 1.73m (5ft 8ins)
Weight: 87kg (13st 10lbs)
Club: N/A



Goalkeeper Jane Mayes won silver at the Danish Championships in her youth and she was playing in the Danish first division until last year when she relocated to Crystal Palace.

She has been playing handball for nearly two decades and believes in the motto 'no pain, no gain'.



LYNN McCAFFERTY

Position: Play-maker
Born: 16.04.1979, Coatbridge
Lives: Glasgow
Height: 1.68m (5ft 6ins)
Weight: 64kg (10st 1lb)
Club: Tryst 77



The captain of the British women's team, Lynn McCafferty has been playing handball since she was ten and her career has taken her to Denmark, Norway and Italy before she returned to the UK ahead of London 2012.

She captained the British under-16 team at the European Youth Olympic Festival in Bath in 1995 and will retire from international competition to become a coach after London 2012. McCafferty suffered a SLAP tear in the summer of 2011, sidelining her for four months.

@Lynn_GBHandball

EWA PALIES

Position: Left back
Born: 30.01.1989, Montpellier, France
Lives: Beckenham
Height: 1.73m (5ft 8ins)
Weight: 73kg (11st 7lbs)
Club: Plan de Cuques, France



Born and raised in Montpellier, Ewa Palies plays her club handball with Plan de Cuques in France but moved to London last July.

Her mother was born in England and Palies will complete her Masters in chemistry after London 2012. She made her debut for Britain in 2010.



ZOE VAN DER WEEL

Position: Right wing
Born: 14.11.1990, Edinburgh
Lives: London
Height: 1.61m (5ft 3ins)
Weight: 61kg (9st 9lbs)
Club: N/A



Zoe van der Weel was born in Edinburgh and lived in Scotland until she was five when she moved to Trondheim in Norway.

She plans to finish the second year of her sports biology degree at the Norwegian School of Sport Sciences after London 2012 and made her debut for Great Britain in January 2009.



WILLIAM BAILLIE

Title: Men's Assistant Coach
Games role: Men's Assistant Coach
Born: 01.05.1962, Glasgow
Lives: Bury



POLLY BAKER

Title: Doctor
Games role: Chief Medical Officer
Born: 29.04.1979, London
Lives: London



LAUREN BRADSHAW

Title: Physiotherapist
Games role: Women's Physiotherapist
Born: 25.02.1984, Nottingham
Lives: Nottingham



LORRAINE BROWN

Title: Performance Director
Games role: Team Leader
Born: 06.09.1966, Edinburgh
Lives: Wilmslow



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MELANIE CHOWNS

Title: Team Manager
Games role: Women's Assistant Coach, Team Manager
Born: 02.03.1959, Hayes
Lives: Marlow



DRAGAN DJUKIC

Title: Men's Head Coach
Games role: Men's Head Coach
Born: 09.08.1962, Arandjelovac, Serbia
Lives: Belgrade, Serbia



Dragan Djukic has acted as head coach of Jordan and Macedonia while he has also been part of the coaching staff at Switzerland.

He was appointed head coach of the British team in 2009, taking over from Carsten Albrektsen.

ROLF DOBLER

Title: Goalkeeper Coach
Games role: Men's Assistant Coach
Born: 06.01.1967, Basel, Switzerland
Lives: Basel



VIGDIS HOLMESET

Title: Women's Assistant Coach
Games role: Women's Assistant Coach
Born: 27.04.1971, Alesund, Norway
Lives: London



JESPER HOLMRIS

Title: Women's Head Coach
Games role: Women's Head Coach
Born: 21.12.1970, Aarhus, Denmark
Lives: Egaa, Denmark



Jesper Holmrís became head coach of the women's team in February 2008, giving him plenty of time to settle into the role ahead of London 2012.

He was working with the British Handball academy in Denmark at the time, and replaced Morten Arvidsson as the head coach of the team.

ALEXIA LESCURE

Title: Team Osteopath
Games role: Men's Physiotherapist
Born: 25.07.1984, Egletons, France
Lives: London



Hockey





● We have an amazing group of guys who have put themselves through so much pain in search of a dream we all share. We will be giving our all to achieve this dream while providing a lot of excitement at the same time. ●

Team GB Men's Hockey Captain
Barry Middleton

DID YOU KNOW?

The term hockey derives from the French word 'hocquet', which means shepherd's crook

Hockey

Introduction

One of six specific team sports at London 2012, hockey has been on the Olympic programme since the capital first held the Games in 1908, with the exceptions of Stockholm 1912 and Paris 1924.

Men have played at every one of those Games while women first featured at Moscow 1980 with London set to be their ninth straight appearance on the programme.

Artificial turf, as opposed to grass, was used for the first time at an Olympics at Montreal 1976 while the pitches at London 2012 are synthetic, water-based and blue with a pink trim.

The colour combination, a change from the traditional green, is an Olympic first while a yellow ball will be used to make the sport easier to watch both in person and on television.

Both the men's and women's competitions consist of 12 teams of 16 players – broken down into 11 players and five substitutes during matches – with nations limited to just one team entry per gender.

India are the most successful men's team at the Olympics with eight gold medals while of the eight women's tournaments so far, Australia have been crowned champions three times.

Team GB 2012

The British women's team was the first to be announced in May shortly after their victory at the Olympic test event at the Riverbank Arena with the men's team announced in June.

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Great Britain celebrate scoring against Argentina during their victory in the women's final of the Olympic test event



Kate Walsh will captain the women's team and joins Helen Richardson in making her third Olympic appearance after both appeared at Sydney 2000 and Beijing 2008.

Great Britain's women finished sixth four years ago but there has since been plenty of international success for the home nations.

England claimed bronze at the World Cup, Commonwealth Games and Champions Trophy in 2010 while at the Europeans in 2009 and 2011 they took the same colour.

Scotland meanwhile won Champions Challenge bronze and European Championship II gold in 2011 with Great Britain taking silver at this year's Champions Trophy.

The British women will face Japan, South Korea, Belgium, China and World Cup runners-up the Netherlands in the group stages. Meanwhile Barry Middleton will

FACT FILE



VENUE:
Riverbank Arena

GOLD MEDALS AVAILABLE: 2

DATES:
Sunday July 29 – Saturday August 11

NUMBER OF TEAM GB ATHLETES:
Men: 16
Women: 16

WEBSITES:
BOA: www.teamgb.com/summer-sports/hockey
London 2012: www.london2012.com/hockey
NGB: www.greatbritainhockey.co.uk



Great Britain's Georgie Twigg in action

WORDS TO LEARN +

GOLDEN GOAL:

If extra time is required during the knockout stages of the competition, the team that scores the first goal – the golden goal – wins the match

GREEN CARD:

An official warning that results in an automatic two-minute suspension. The umpire may also issue yellow cards which result in at least a five-minute suspension and red cards for complete removal from the game

PENALTY CORNER:

Awarded for a variety of different infringements, usually within the shooting circle. They are taken from the back line, 10m either side of the nearest goalpost. Only five defenders are allowed to defend them. Also known as short corners

SHOOTING CIRCLE:

An arc in front of each goal; goals can only be scored from within the shooting circle.

captain the men's team and make his third appearance at an Olympic Games alongside Ben Hawes and Rob Moore.

Great Britain's men finished fifth at Beijing 2008 with the team for London 2012 containing 12 members of the England team that won European gold for the first time ever in 2009.

England had to settle for European bronze in 2011, a year after winning Champions Trophy silver, with seven players set to make their Olympic debut in London.

The men's squad have been drawn against Australia and Spain – bronze and silver medallists respectively from Beijing 2008 – as well as Pakistan, Argentina and South Africa in the group stages.

Britain last won an Olympic hockey medal at Barcelona 1992, courtesy of the women's team, while the last gold was four years previous at Seoul 1988 thanks to the men.

Natalie Seymour and Abi Walker will act as reserves for the women's team and Richard Mantell and George Pinner for the men.

Competition format

Hockey matches consist of two 35-minute halves with teams made up of one goalkeeper, defenders, midfielders and attackers totalling 11 players – unlimited rolling substitutions are allowed at virtually any point.

To take a shot on goal players must be inside their opponents' shooting circle. The London Olympics will start with a

preliminary phase with the 12 teams, both men and women, divided into two pools of six. Each team plays every other team in their pool with three points on offer for a win and one for draw – the top two from each group qualify for the semi-finals.

The winners of the semi-finals contest the gold-medal match, the losers the bronze-medal game while the remaining teams play each other to determine final placings.

If the scores of the knockout matches are tied after 70 minutes, a maximum of two seven-and-a-half minute extra time periods take place with the first 'golden goal' scored settling the contest.

At London 2012 if the scores remain level after extra time the match goes to a shoot-out competition, which sees the attacker start on the 23m-line with the ball and have eight seconds to dribble towards the goal and score. If the scores are still tied after five efforts the shootout becomes sudden death.

Two umpires, one in each half, control the match and look for infringements. For certain fouls, usually in the shooting circle, a penalty corner is awarded, while a penalty stroke can also be awarded.

● We have chosen what we feel is the best combination of players for the challenges of the Olympic Games. Each and every one of the 28 athletes in the training group has committed so much and as a result we have the most powerful squad spirit I have ever known. ●

Team GB Women's Hockey Head Coach Danny Kerry



TEAM GB HERO: SEAN KERLY +

Sean Kerly netted eight goals as Britain's men won Olympic gold in 1988 – four years after scoring seven to help the team to bronze in Los Angeles. Kerly quit his job in marketing in the run up to the Seoul Games, scoring a hat-trick in the semi-final win over Australia. He also netted in the gold-medal match against Germany, in a match made famous by TV commentator Barry Davies' cry of 'where oh where were the Germans?' after Imran Sherwani scored in the 3-1 win. He was to become the most recognisable hockey player in Britain at the time, nominated for the BBC Sports Personality of the Year Award in 1988 and awarded an MBE in 1992. He will be a summariser for the BBC at London 2012 alongside Davies.



TEAM GB HOCKEY AT THE OLYMPIC GAMES

Great Britain's last Olympic hockey medal was women's bronze at Barcelona 1992

	GOLD	SILVER	BRONZE	TOTAL
Total at Olympics	3	2	5	10
World Cup 2010 (as England)	0	0	1	1

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CUP 2010
Hockey	M Germany W Netherlands	Australia Argentina

EVENTS SCHEDULE

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
29 July	08:30-12:15 W Pool B New Zealand v Australia, Pool A Netherlands v Belgium
	13:45-17:30 W Pool A China v S Korea, Pool B Argentina v South Africa
	19:00-22:45 W Pool A Great Britain v Japan, Pool B Germany v USA
30 July	08:30-12:15 M Pool B S Korea v New Zealand, Pool A Australia v South Africa
	13:45-17:30 M Pool A Spain v Pakistan, Pool B Netherlands v India
	19:00-22:45 M Pool A Great Britain v Argentina, Pool B Germany v Belgium
31 July	08:30-12:15 W Pool B South Africa v New Zealand, Pool A Netherlands v Japan
	13:45-17:30 W Pool A Belgium v China, Great Britain v S Korea
	19:00-22:45 W Pool B Argentina v USA, Germany v Australia
1 Aug	08:30-12:15 M Pool A Spain v Australia, Pool B Belgium v Netherlands
	13:45-17:30 M Pool B New Zealand v India, Pool A South Africa v Great Britain
	19:00-22:45 M Pool A Pakistan v Argentina, Pool B S Korea v Germany
2 Aug	08:30-12:15 W Pool A S Korea v Japan, Pool B Australia v USA
	13:45-17:30 W Pool A China v Netherlands, Pool B South Africa v Germany



EVENTS SCHEDULE continued

DATE	EVENT
	19:00-22:45 W Pool A Belgium v Great Britain , Pool B New Zealand v Argentina
3 Aug	08:30-12:15 M Pool A Australia v Argentina, Pool B Netherlands v New Zealand
	13:45-17:30 M Pool B Germany v India, Pool A Great Britain v Pakistan
	19:00-22:45 M Pool A South Africa v Spain, Belgium v S Korea
4 Aug	08:30-12:15 W Pool B Australia v South Africa, Pool A Netherlands v S Korea
	13:45-17:30 W Pool A Japan v Belgium, Pool A China v Great Britain
	19:00-22:45 W Pool B USA v New Zealand, Germany v Argentina
5 Aug	08:30-12:15 M Pool B New Zealand v Belgium, Pool A Pakistan v South Africa
	13:45-17:30 M Pool B India v S Korea, Netherlands v Germany
	19:00-22:45 M Pool A Great Britain v Australia, Argentina v Spain
6 Aug	08:30-12:15 W Pool B New Zealand v Germany, USA v South Africa
	13:45-17:30 W Pool A Japan v China, S Korea v Belgium
	19:00-22:45 W Pool A Great Britain v Netherlands, Pool B Argentina v Australia
7 Aug	08:30-12:15 M Pool A Australia v Pakistan, Pool B S Korea v Netherlands
	13:45-17:30 M Pool A Argentina v South Africa, Pool B India v Belgium
	19:00-22:45 M Pool A Spain v Great Britain , Pool B Germany v New Zealand
8 Aug	08:30-13:30 W Classifications (7th-8th & 9th-10th places)
	15:30-17:30 W Semi-final
	20:00-22:00 W Semi-final
9 Aug	08:30-13:30 M Classifications (7th-8th & 9th-10th places)
	15:30-17:30 M Semi-final
	20:00-22:00 M Semi-final
10 Aug	08:30-13:30 W Classifications (5th-6th & 11th-12th places)
	15:30-17:30 W 🏆 Bronze medal match
	20:00-22:30 W 🏆 Gold medal match , victory ceremony
11 Aug	08:30-13:30 M Classifications (5th-6th & 11th-12th places)
	15:30-17:30 M 🏆 Bronze medal match
	20:00-22:30 M 🏆 Gold medal match , victory ceremony

Great Britain will compete in the men's and women's team events

MEN

NICK CATLIN

Position: Midfielder/Forward
Born: 08.04.1989, Reading
Lives: Marlow
Height: 1.75m (5ft 9ins)
Weight: 74kg (11st 9lbs)
Club: Reading
Games attended: None
Major achievements: CT: silver 2010.
ECh: bronze 2011.



Nick Catlin forced his way into the international set-up after impressing at the 2010 Champions Trophy and the subsequent Commonwealth Games with England.

A history graduate from the University of Nottingham, Catlin played a key role in helping Reading to win the England Hockey League title this year.

@nickcatlin8

JONTY CLARKE

Position: Forward
Born: 28.01.1981, Rochford
Lives: Windsor
Height: 1.84m (6ft)
Weight: 79kg (12st 6ins)
Club: Reading
Games attended: One (Beijing 2008)



Major achievements: OG: 5th 2008.
CT: silver 2010. ECh: bronze 2011; gold 2009; bronze 2003.

Jonty Clarke is closing in on 200 international appearances having made his England debut in 2002 while he was also part of the British squad that finished fifth at Beijing 2008. Clarke has won numerous domestic honours with Reading as well as the European title with England in 2009. His father, Dick, is England's highest capped indoor player.

@JontyClarke

MATT DALY

Position: Forward
Born: 08.07.1983, Dammam, Saudi Arabia
Lives: Surbiton
Height: 1.88m (6ft 2ins)
Weight: 82kg (12st 13lbs)
Club: Surbiton
Games attended: One (Beijing 2008)



Major achievements: OG: 5th 2008. ECh: bronze 2011, gold 2009.

Matt Daly has a prolific goal-scoring record at international level but has been blighted by injuries in recent years – missing the World Cup, Champions Trophy and Commonwealth Games in 2010.

Another knee injury suffered in 2011 threatened his Olympic place but he showed his form at the Sultan Azlan Shah Cup in May with Great Britain.

@menshockey2012

JAMES FAIR

Position: Goalkeeper
Born: 08.01.1981, Chester
Lives: Nantwich
Height: 1.85m (6ft 1in)
Weight: 79kg (12st 6lbs)
Club: Cannock
Games attended: None
Major achievements: CT: silver 2010.
ECh: bronze 2011; gold 2009.



James Fair will get his first taste of Olympic action at London 2012, having been named as a reserve for Great Britain at Beijing 2008. Fair was named goalkeeper of the tournament as England won the European title in 2009 and in the World All Stars Team in 2010. He has also won European bronze in 2011 and Champions Trophy silver in 2010.

@jfair25

DAN FOX

Position: Defender
Born: 03.03.1983, Birmingham
Lives: Godalming
Height: 1.83m (6ft)
Weight: 79kg (12st 6lbs)
Club: Hampstead & Westminster
Games attended: None
Major achievements: CT: silver 2010.



Dan Fox missed out on the squad for the 2011 Champions Trophy but at the London 2012 test event, where Great Britain won bronze, he impressed enough to earn an Olympic place.

Fox captained the University of Oxford hockey team and he also earned a Blue in cricket. He lays claim to having a better first-class batting average than West Indies legend Brian Lara.

@Danfox450

BEN HAWES

Position: Defender/Midfielder
Born: 28.07.1980, Brighton
Lives: Kingston-upon-Thames
Height: 1.76m (5ft 9ins)
Weight: 76kg (12st)
Club: Wimbledon
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: OG: 5th 2008; 9th 2004. CT: silver 2010. ECh: gold 2009; bronze 2003.

Ben Hawes is one of just three members of the men's squad making his third Olympic appearance, having captained Great Britain to ninth place at Athens 2004.

Hawes made his international debut at the 2002 Commonwealth Games in Manchester while he has two World Cup and three European Championships campaigns under his belt.

@benhawes14

ASHLEY JACKSON

Position: Midfielder/Forward
Born: 27.08.1987, Chatham
Lives: West Malling
Height: 1.70m (5ft 7ins)
Weight: 71kg (11st 3lbs)
Club: East Grinstead
Games attended: One (Beijing 2008)



Major achievements: OG: 5th 2008. CT: silver 2010. ECh: bronze 2011, gold 2009.

British hockey's answer to David Beckham, Ashley Jackson had reached 106 goals by the time of his 150th international appearance. He became the first British player to be named World Young Player of the Year in 2009 and scored the golden goal to take England to the 2009 European Championship final. Jackson then scored twice in the final to help down Germany. He was an impressive ice hockey player and cricketer in his youth.

@ashleyjackson7

GLENN KIRKHAM

Position: Midfielder
Born: 08.10.1982, Grimsby
Lives: Chelmsford
Height: 1.80m (5ft 11ins)
Weight: 80kg (12st 8lbs)
Club: East Grinstead
Games attended: One (Beijing 2008)



Major achievements: OG: 5th 2008. CT: silver 2010. ECh: bronze 2011; gold 2009.

Glenn Kirkham is among the most experienced members of the Great Britain squad and is currently the vice-captain, having skippered England between 2006 and 2007.

A promising footballer in his youth, Kirkham played for Scunthorpe United at junior level while he graduated from Loughborough University with a degree in sports science.



IAIN LEWERS

Position: Defender
Born: 05.01.1984, Belfast
Lives: High Wycombe
Height: 1.83m (6ft)
Weight: 79kg (12st 6lbs)
Club: East Grinstead
Games attended: None
Major achievements: ECh: bronze 2011.



Belfast-born Iain Lewers made his England debut in 2011, having made more than 80 appearances for Ireland before sitting out of international hockey for three years in order to make himself available for selection for Great Britain.

Lewers was part of the England side that won European bronze last year.

@iainlewers

IAIN MACKAY

Position: Midfielder
Born: 24.04.1985, Braintree
Lives: Braintree
Height: 1.80m (5ft 11ins)
Weight: 75kg (11st 11lbs)
Club: Reading
Games attended: None
Major achievements: CT: silver 2010.
ECh: bronze 2011; gold 2009.



One of three Reading players in the squad, Iain Mackay has been an international regular since 2009.

A Loughborough University graduate, Mackay lists winning the European Championships with England in 2009 as his best achievement.

@IainMackay23

HARRY MARTIN

Position: Midfielder
Born: 23.10.1992, Ipswich
Lives: Ipswich
Height: 1.82m (6ft)
Weight: 77kg (12st 2lbs)
Club: Old Loughtonians
Games attended: None



The youngest member of the British hockey squad, Harry Martin made his international debut aged 17 and he was part of the squad that won bronze at the London 2012 test event.

Martin has been playing for Old Loughtonians but he is due to join Beeston after the Olympics and he intends to study at the University of Nottingham.

@HarryMartin_9

BARRY MIDDLETON

Position: Midfielder/Forward
Born: 12.01.1984, Doncaster
Lives: Marlow
Height: 1.78m (5ft 10ins)
Weight: 68kg (10st 10lbs)
Club: East Grinstead
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: OG: 5th 2008; 9th 2004. ECh: bronze 2011; gold 2009; bronze 2003.

Barry Middleton is the most capped player within the squad and is set to make his 100th appearance for Britain at London 2012. He began his international career in 2003 and has made two appearances at the Commonwealth Games, two at the World Cup, two at the Olympics prior to London and five at the European Championships. Middleton was named the Hockey Writers' Club UK Player of the Year in 2004, 2007 and 2010 while he was on the five-man shortlist for the 2010 International Hockey Federation's Player of the Year Award. He was the captain when England won European gold in 2009 but missed out on the 2010 Champions Trophy, where England won silver, with a toe injury.



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ROB MOORE

Position: Midfielder, forward
Born: 21.05.1981, Winchester
Lives: Surbiton
Height: 1.83m (6ft)
Weight: 81kg (11st 11lbs)
Club: Surbiton
Games attended: Two (Beijing 2008, Athens 2004)

Major achievements: OG: 5th 2008; 9th 2004. CT: silver 2010. ECh: bronze 2011; gold 2009.

Another stalwart of the Great Britain side, Rob Moore has also attended two Olympics prior to London and has competed at two World Cups, two Commonwealth Games and four European Championships.

Moore studied economics at the University of Nottingham and is a part-time model. He began modelling while living in Germany in 2007.

@rob13moore



RICHARD SMITH

Position: Defender
Born: 28.09.1987, Portsmouth
Lives: Waterloooville
Height: 1.89m (6ft 2ins)
Weight: 93kg (14st 9lbs)
Club: Loughborough Students
Games attended: None

Major achievements: CT: silver 2010. ECh: bronze 2011; gold 2009.

Richard Smith made his international debut in 2009 and his first Great Britain appearance in 2010, going on to become an important member of the defensive back line.

Smith graduated from Loughborough University with a maths and sport science degree and is studying for an MSc in business analysis and management.

@RS_smudge



JAMES TINDALL

Position: Forward
Born: 22.04.1983, Redhill
Lives: Virginia Water
Height: 1.75m (5ft 9ins)
Weight: 84kg (13st 3lbs)
Club: Surbiton
Games attended: One (Beijing 2008)

Major achievements: OG: 5th 2008. CT: silver 2010. ECh: bronze 2011; gold 2009.

James Tindall made his international debut in 2005 and was named as the Hockey Writers' UK Club Player of the Year in 2006.

A Chelsea FC season-ticket holder, Tindall lays claim to buying Usain Bolt some chicken nuggets at the Beijing Olympics and is a qualified electrician.

@jimmy20



ALASTAIR WILSON

Position: Defender
Born: 19.12.1983, Sheffield
Lives: Loughborough
Height: 1.87m (6ft 2ins)
Weight: 84kg (13st 3lbs)
Club: Beeston
Games attended: One (Beijing 2008)

Major achievements: OG: 5th 2008. CT: silver 2010. ECh: bronze 2011; gold 2009.

Alistair Wilson will make his second Olympic appearance at London 2012, having been part of the side that finished fifth at Beijing 2008.

Wilson graduated from Nottingham Trent University with a degree in business studies in 2007 while his father Richard is a hockey umpire and his girlfriend is British Olympic swimmer Fran Halsall.

@alwilson17



WOMEN

ASHLEIGH BALL

Position: Midfielder
Born: 25.03.1986, Brighton
Lives: Teddington
Height: 1.80m (5ft 11ins)
Weight: 70kg (11st)
Club: Slough
Games attended: None

Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009. CG: bronze 2010.

Ashleigh Ball made her senior international debut after the Beijing Olympics in 2008 – forming a crucial part of the team ever since.

Raised in Cheltenham, Ball started playing hockey when she was ten years old. She has a weakness for Viennese chocolate biscuits.

@ashleigh_ball22



LAURA BARTLETT

Position: Forward
Born: 22.06.1988, Glasgow
Lives: London
Height: 1.69m (5ft 7ins)
Weight: 62kg (9st 11lbs)
Club: Reading
Games attended: One (Beijing 2008)

Major achievements: OG: 6th 2008. CT: silver 2012.

Laura Bartlett was a reserve for Beijing 2008 but was called up mid-Games to replace the injured Jennie Bimson. She was named as BOA Athlete of the Year for hockey in 2011, a year in which she helped Scotland to Champions Challenge I bronze as well as gold at the EuroHockey Nations Championships II.

Bartlett suffered a cruciate knee ligament injury while playing for Britain against Germany in May 2010.

@laurabartlett19



CRISTA CULLEN

Position: Defender
Born: 20.08.1985, Boston
Lives: Roehampton
Height: 1.82m (6ft)
Weight: 75kg (11st 11lbs)
Club: Leicester
Games attended: One (Beijing 2008)

Major achievements: OG: 6th 2008. WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007; bronze 2005. CG: bronze 2010; bronze 2006.

Crista Cullen has amassed over 150 international caps and was Britain's top scorer at Beijing 2008. Born in Lincolnshire, Cullen grew up in Kenya before moving back to the UK and attending Oakham School. Her father was a golfer on the pro tour and her mother a professional squash player, both still live in Kenya. She injured her right ankle at the Olympic test event in May.

@cristacullen5



ALEX DANSON

Position: Forward
Born: 21.05.1985, Southampton
Lives: High Wycombe
Height: 1.71m (5ft 7ins)
Weight: 56kg (8st 11lbs)
Club: Reading
Games attended: One (Beijing 2008)

Major achievements: OG: 6th 2008. WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007; bronze 2005. CG: bronze 2010; bronze 2006.

Alex Danson, who was just 16 when she made her international debut in 2001, has won more than 150 international caps. She picked up an injury to her shoulder at the Olympic test event in May. Danson sang at Tim Henman's wedding and was named in the FIH World All Stars Team in 2011.

@AlexDanson15



HANNAH MACLEOD

Position: Forward
Born: 09.06.1984, Boston
Lives: Maidenhead
Height: 1.72m (5ft 8ins)
Weight: 67kg (10st 8lbs)
Club: Leicester
Games attended: None

Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007. CG: bronze 2010.

Hannah Macleod is one of seven women's players to be making their Olympic debuts in London – in her case nearly nine years after she made her international bow.

She studied sport and exercise science at Loughborough University before completing a PhD in environmental physiology, hydration and elite performance at Nottingham Trent University.

@hannahmacleod6



EMILY MAGUIRE

Position: Defender
Born: 17.12.1987, Glasgow
Lives: Maidenhead
Height: 1.69m (5ft 7ins)
Weight: 61kg (9st 8lbs)
Club: Reading
Games attended: None

Major achievements: CT: silver 2012.

The second Scottish player on the British team for London 2012 after Laura Bartlett but, unlike her compatriot, Emily Maguire will be making her Olympic debut.

Had she not pursued a career in hockey, Maguire would be a banker while she enjoys motorbike touring during the off-season.

@emilymaguire23



ANNE PANTER

Position: Defender
Born: 28.01.1984, Kettering
Lives: Maidenhead
Height: 1.70m (5ft 7ins)
Weight: 62kg (9st 11lbs)
Club: Leicester
Games attended: One (Beijing 2008)

Major achievements: OG: 6th 2008. CT: silver 2012. ECh: bronze 2011; bronze 2007.

Anne Panter was involved in a car accident in 2003, damaging her ankle and not playing for 18 months. Panter also spent two-and-a-half years out from 2009 with ruptured posterior-cruciate ligament damage to her knee. During her time spent recovering she took a marketing job with Cadbury. She walked away from another serious car crash in June and is a Northampton Saints RFC fan.

@anniepanter



HELEN RICHARDSON

Position: Midfielder
Born: 23.09.1981, Hitchin
Lives: Reading
Height: 1.65m (5ft 5ins)
Weight: 54kg (8st 7lbs)
Club: Reading
Games attended: Two (Beijing 2008, Sydney 2000)

Major achievements: OG: 6th 2008; 8th 2000. WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007; bronze 1999. CG: bronze 2010; silver 2002.

The second-most capped international player on the British team, Helen Richardson has two Olympic appearances and over 200 caps to her name. She made her senior international debut in 1999 and aged 18 at the start of Sydney 2000 she was the youngest member of the British team. She played junior cricket for England and was named in the FIH World All Stars Team in 2011.

@h_richardson8



CHLOE ROGERS

Position: Forward
Born: 30.03.1985, Harlow
Lives: Maidenhead
Height: 1.61m (5ft 3ins)
Weight: 57kg (9st)
Club: Leicester
Games attended: One (Beijing 2008)



Major achievements: OG: 6th 2008.
WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2010; bronze 2009; bronze 2007. CG: bronze 2010; bronze 2006.

Chloe Rogers scored the winning penalty flick as England beat New Zealand to bronze at the Melbourne Commonwealth Games in 2006.

However her talents are not limited to the hockey pitch and she is an accomplished golfer and was crowned Essex Ladies' champion in 2004.

@RogersChloe12

BETH STORRY

Position: Goalkeeper
Born: 24.04.1978, Reading
Lives: Reading
Height: 1.73m (5ft 8ins)
Weight: 74kg (11st 9lbs)
Club: Reading
Games attended: One (Beijing 2008)



Major achievements: OG: 6th 2008.
WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2010; bronze 2009; bronze 2007. CG: bronze 2010; bronze 2006.

Beth Storry is the goalkeeper of the British team and at 34 is the oldest member of the women's squad selected for London 2012.

A former gymnast, a wannabe photographer and a keen baker, she made her international debut in 2002 and has long been Britain and England's first-choice goalkeeper.

@bethstorry

SARAH THOMAS

Position: Forward
Born: 13.01.1981, Aberdare
Lives: Henley
Height: 1.63m (5ft 4ins)
Weight: 59kg (9st 4lbs)
Club: N/A
Games attended: One (Beijing 2008)



Major achievements: OG: 6th 2008. CT: silver 2012.

Sarah Thomas is the only Welsh member of the British team and moved to the Netherlands to play for Rotterdam Hockey Club after her Olympic debut in Beijing.

She studied exercise and sports science at the University of Exeter and returned to the UK, sacrificing club hockey altogether, to prepare for London 2012.

@sarah_thomas18

GEORGIE TWIGG

Position: Midfielder
Born: 21.11.1990, Lincoln
Lives: Lincoln
Height: 1.70m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Club: Clifton
Games attended: None



Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011. CG: bronze 2010.

At 21 Georgie Twigg is the youngest member of the British women's team chosen. She is also the least experienced but still has nearly 50 international caps to her name.

Twigg only made her international debut in 2010 but formed part of the England team that won bronze at the World Cup. She is studying law at Bristol University.

She presented the Queen with flowers at the opening of the University of Lincoln in 1996 and ran with the Olympic Torch in Bristol this year.

@georgietwigg

LAURA UNSWORTH

Position: Defender
Born: 08.03.1988, Sutton Coldfield
Lives: Sutton Coldfield
Height: 1.57m (5ft 2ins)
Weight: 54kg (8st 7lbs)
Club: Loughborough Students
Games attended: None



Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009. CG: bronze 2010.

At 5ft 2ins Laura Unsworth was the shortest player at the 2010 World Cup where she won bronze with England. She is one of the seven British players making their Olympic debut in London.

She has many superstitions including always warming up in her tracksuit, regardless of how hot it is, and always going to the toilet three times before a match.

@LauraUnsworth4

KATE WALSH

Position: Defender
Born: 09.05.1980, Manchester
Lives: Reading
Height: 1.71m (5ft 7ins)
Weight: 65kg (10st 3lbs)
Club: Reading
Games attended: Two (Beijing 2008, Sydney 2000)



Major achievements: OG: 6th 2008; 8th 2000. WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007; bronze 2005; bronze 1999. CG: bronze 2006; silver 2002.

Kate Walsh is the most experienced member of the British women's squad selected for London 2012 and will captain the team at the Games.

Along with Helen Richardson she is one of two members of the women's Olympic 16 to have competed at the Sydney Games in 2000 and then Beijing eight years later.

Walsh has almost 300 international appearances to her name and has been captain since 2003, leading England to a host of international medals including World Cup bronze in 2010.

During that World Cup, Walsh missed a penalty in the semi-final shoot-out with the Netherlands but recovered to help England beat Germany and finish third.

She gave up a career as a marketing executive for a sports clothing retailer to concentrate on hockey and was named as Great Britain Hockey's Athlete of the Year in 2007.

In 2009 she was shortlisted for the World Player of the Year Award.

@katewalsh11

SALLY WALTON

Position: Defender
Born: 10.06.1981, Southport
Lives: Solihull
Height: 1.80m (5ft 11ins)
Weight: 68kg (10st 10lbs)
Club: Bowdon Hightown
Games attended: None



Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009; bronze 2007; bronze 2005. CG: bronze 2010.

Sally Walton not only supports Chelsea FC but she also played football for Aston Villa Ladies while her granddad turned out for Wolves.

However it is hockey where Walton has forged a career, making her international debut in 2005 and going on to earn over 100 caps for Great Britain and England combined.

@sallywalton23

NICOLA WHITE

Position: Forward
Born: 20.01.1988, Oldham
Lives: Littleborough
Height: 1.70m (5ft 7ins)
Weight: 62kg (9st 11lbs)
Club: Slough
Games attended: None



Major achievements: WC: bronze 2010. CT: silver 2012; bronze 2010. ECh: bronze 2011; bronze 2009. CG: bronze 2010.

Nicola White is in her third year of playing international hockey, having made her debut during 2009 while she plays her club hockey for Slough.

White's sporting idol is double Olympic champion Dame Kelly Holmes and she ranks Britain's Champions Trophy silver, won in February of this year, as her most memorable achievement.

@NicolaWhite28

EMMA BATCHELOR

Title: Lead Physiotherapist British Women's Hockey
Games role: Women's Physiotherapist
Born: 07.05.1974, Worcester
Lives: Marlow



KAREN BROWN

Title: Women's Assistant Coach
Games role: Women's Assistant Coach
Born: 09.01.1963, Redhill
Lives: Maidenhead



DAVID BUNYAN

Title: Men's Assistant Coach
Games role: Men's Assistant Coach
Born: 03.01.1956, Luton
Lives: Whitstable



BOBBY CRUTCHLEY

Title: Men's Assistant Coach
Games role: Men's Assistant Coach
Born: 24.05.1970, Bebington
Lives: Bath



DAVID FAULKNER

Title: Performance Director at England Hockey
Games role: Team Leader
Born: 10.09.1962, Portsmouth
Lives: Fareham

David Faulkner was a member of Britain's 1988 Olympic gold-medal winning hockey team and finished his career with a total of 225 international caps.



He is a lifetime member of Havant Hockey Club and joined England Hockey as performance director in April 2005 following the acquisition of his own business in 2000.

ANDY HALLIDAY

Title: Team Manager England & Great Britain Men's Hockey
Games role: Men's Team Manager
Born: 22.02.1962, Harpenden
Lives: Great Missenden



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LAURA HANNA

Title: National Physiotherapy Manager for England Hockey
Games role: Men's Physiotherapist
Born: 09.10.1964, Orsett
Lives: London



JOHN HURST

Title: Consultant Goalkeeping Coach and Video at Great Britain Hockey and England Hockey
Games role: Men's Notational Analyst
Born: 28.12.1951, St Albans
Lives: St Albans



DANNY KERRY

Title: Women's Head Coach, Great Britain and England
Games role: Women's Head Coach
Born: 02.12.1970, King's Lynn
Lives: Reading



Danny Kerry's first move into national coaching came in 1997 when he was appointed assistant to the England under-18 boy's team, becoming head coach in 2001.

In 2001 he worked as an assistant to the England under-21 men's team and took over as coach of Canterbury Ladies that year.

Kerry was appointed head coach of the England women's senior team in 2004.

JASON LEE

Title: Men's Head Coach, Great Britain and England
Games role: Men's Head Coach
Born: 21.05.1970, Hayes
Lives: Marlow



Jason Lee represented Great Britain at Barcelona 1992 and Atlanta 1996 and coached the men's team at Athens 2004 and Beijing 2008.

Lee coached Loughborough Students before resigning in 2003, while he started out as an assistant to both the men's and women's England teams before becoming head coach of the former.

He retired from playing after the World Cup in 1998 and his wife Laura played over a hundred times for Ireland.

CRAIG PARNHAM

Title: Women's Assistant Coach
Games role: Women's Assistant Coach
Born: 13.07.1973, Bridgnorth
Lives: Warwick



HILARY ROSE

Title: Team Manager
Games role: Women's Team Manager
Born: 09.07.1971, Salford
Lives: Bournemouth



MARGARET SOUYAVE

Title: Performance Analysis at England Hockey
Games role: Women's Notational Analyst
Born: 26.04.1953, Barnsley
Lives: Ambergate



GRAEME WILKES

Title: Senior Sports Physician at EIS
Games role: Doctor
Born: 02.08.1961, Rothbury
Lives: Newcastle



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Judo



Judo

Introduction

Judo, translated from Japanese, means 'gentle way' and first appeared on the Olympic schedule at Tokyo 1964 and, while it was removed in Mexico City four years later, it returned in Munich 1972 to become a regular fixture ever since.

Women's judo made its first appearance at Barcelona 1992 after it was trialled as a demonstration sport in Seoul 1988.

Along with taekwondo, judo is one of two martial arts at the Olympics and is derived from jujitsu, the hand-to-hand combat technique used by ancient Samurai warriors. It was established as a modern sport in 1882 in Japan by Professor Jigoro Kano.

Japan have been the dominant force in Olympic judo, winning 35 gold medals – three times more than any other nation – 15 silvers and 15 bronzes since Tokyo 1964. At Beijing 2008 they won seven medals, of which four were gold, to top the medal table.

At the inaugural judo competition at Tokyo 1964 however, Anton Geesink of the Netherlands sprang one of the biggest surprises in Olympic history to defeat Akio Kaminaga and prevent a Japanese clean sweep.

Great Britain have won seven silver medals and nine bronzes since Tokyo 1964 but have never managed to win gold and have not won a medal since Kate Howey's silver at Sydney 2000.

Howey is Great Britain's most successful female Olympic judoka,

DID YOU KNOW?

Rules require judoka to bow when entering and leaving the mat, and at the start and end of a contest

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Great Britain's Sally Conway in action during the London 2012 test event at ExCel

competing at four successive Games, also winning bronze at Barcelona 1992 while she was selected as the flagbearer for the Athens 2004 opening ceremony.

Neil Adams won two Olympic silver medals, at Moscow 1980 and Los Angeles 1984, while David Starbrook also won two medals – silver at Munich 1972 and bronze at Montreal 1976.

Team GB 2012

Great Britain will fulfil the maximum allocation at London 2012 with 14 judo players – seven men and seven women – selected in June.

All 14 will be bidding to become the first British Olympic judo medallist since Kate Howey won -70kg silver at Sydney 2000.

Multiple world and European medallist Karina Bryant leads the seven women selected and will be making her fourth Olympic appearance.

She is one of five from the 14 selected to have previous Olympic experience and is one of four surviving members from the Beijing 2008 team, along with Euan Burton, Winston Gordon and Sarah Clark.

Burton, along with Craig Fallon, produced Britain's best finish in China, finishing seventh in the -81kg category, while Gordon and Clark will appear at their third successive Olympics.

Sophie Cox returns having taken an extended break from the sport after competing at Athens 2004, and at 21, Kelly Edwards is the youngest member of the team.

Sally Conway will compete in the -70kg category having won test event silver last year while the Royal Marines are

Being selected to Team GB for the London Olympic Games is a fantastic honour. As a judoka it is the chance to make British sporting history and become our first judo Olympic champion. To have that opportunity on home soil is even more exciting and I am aiming at achieving just that in London on July 31.

Euan Burton

represented by Christopher Sherrington. James Austin is one of five Edinburgh-based judo players selected while several, including Gemma Howell and Gemma Gibbons, train at the British Judo Performance Institute in Dartford.

Daniel Williams, who finished seventh on his European Championship debut in 2010, Colin Oates, who placed fifth at last year's World Championships, and Ashley McKenzie, who won his first World Cup title in 2011, complete the team.

Competition format

Fighters compete in events determined by their weight, and at London 2012 there will be seven weight classes for men and seven for women, with 386 judokas taking part.

● We start on July 28 and will approach it as our job, making sure we've done everything possible to perform to our best and then respect the other sports as part of the fantastic Team GB. ●

Team GB Judo Team Leader Daniel Lascau

WORDS TO LEARN +

HAJIME:
The referee's command to start a contest

JUDOGI:
A judo uniform

DOJO:
A practice hall

SOREMADE:
The referee's command to end a contest

The tournament will follow a knock-out format. The winners of each contest will qualify for the next round, with the two finalists going head-to-head in the gold medal contest.

The defeated quarter-finalists will compete in two 'repechage' contests, the winners of which will then go up against the two defeated semi-finalists to determine the winners of the two bronze medals in each event.

Fights take place on a mat eight square metres in size, known as a tatami. Contests last five minutes and, if a judoka manages to throw their opponent onto his or her back; trap an opponent in an armhold or stranglehold that forces them to submit, or immobilises/pins an opponent on the floor for 25 seconds, they score ippon and immediately win the bout.

Smaller scores are awarded for other kinds of throws and holds such as a waza-ari or a yuko.

A waza-ari is awarded when the referee and judges consider that one element of the ippon is missing from a throw, for instance, when an opponent does not fall on his or her back or the thrower has not demonstrated enough force.

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A waza-ari is also awarded when an opponent is held down for more than 20 seconds but less than 25.

A yuko is awarded when two elements of a throw are missing, for example, if the opponent falls on his or her side or if an opponent is able to escape from a hold between 15 and 20 seconds.

If the scores are tied after five minutes, the contest enters a golden score period, when the first score of any sort wins.

Athletes are also given penalties in the form of a hansoku-make or a shido. A hansoku-make is of equivalent value to an ippon and leads to immediate disqualification. Shidos are cumulative and four equal a hansoku-make.

At the start of each contest, the athletes stand four metres apart, facing each other on the tatami. The referee gets the contest underway by shouting hajime and stops it by shouting matte.

FACT FILE +

VENUE:
ExCeL

GOLD MEDALS AVAILABLE: 14

DATES:
Saturday July 28 – Friday August 3

DID YOU KNOW?

Blue judogis were introduced in 1988 to clearly distinguish contestants and have been mandatory at all national and international events including the Olympics since

NUMBER OF TEAM GB ATHLETES:
Men: 7 Women: 7

WEBSITES:
BOA: www.teamgb.com/
summer-sports/
judo
London 2012: www.london2012.com/judo
NGB: www.britishjudo.org.uk

TEAM GB JUDO AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	1	0	1
Athens 2004	0	0	0	0
Beijing 2008	0	0	0	0
Total at Olympics	0	7	9	16

World Championships 2011 – best performance, Colin Oates, fifth, men's -66kg

TEAM GB HERO: NEIL ADAMS +

Neil Adams remains Great Britain's most successful judoka in Olympic history, having won silver at Moscow 1980 in the lightweight category and silver at Los Angeles 1984 in the half-middleweight category.

He was also the first British male to ever win a world judo title, doing so in 1981, while he also won a world silver and two bronzes, and was a five-time European champion.

Adams is married to Canadian judoka Niki Jenkins and in 2009 he became the national coach for Belgium.

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Extra-lightweight (48kg)	W Alina Alexandra Dumitru (ROU)	Haruna Asami (JPN)
Extra-lightweight (60kg)	M Cho Minho (KOR)	Rishod Sobirov (UZB)
Half-lightweight (52kg)	W Xian Dongmei (CHN)	Misato Nakamura (JPN)
Half-lightweight (66kg)	M Masato Uchishiba (JPN)	Masashi Ebinuma (JPN)
Lightweight (57kg)	W Giulia Quintavalle (ITA)	Aiko Sato (JPN)
Lightweight (73kg)	M Elnur Mammadli (AZE)	Riki Nakaya (JPN)
Half-middleweight (63kg)	W Ayumi Tanimoto (JPN)	Gévrise Émane (FRA)
Half-middleweight (81kg)	M Ole Bischof (GER)	Kim Jae-Bum (KOR)
Middleweight (70kg)	W Masae Ueno (JPN)	Lucie Décosse (FRA)
Middleweight (90kg)	M Irakli Tsirekidze (GEO)	Ilias Iliadis (GRE)
Half-heavyweight (78kg)	W Yang Xiuli (CHN)	Audrey Tcheuméo (FRA)
Half-heavyweight (100kg)	M Naidangiin Tuvshinbayar (MGL)	Tagir Khaybulaev (RUS)
Heavyweight (+78kg)	W Tong Wen (CHN)	Tong Wen (CHN)
Heavyweight (+100kg)	M Satoshi Ishii (JPN)	Teddy Riner (FRA)



EVENTS SCHEDULE

M = Men's events W = Women's events 🥉 = Medal event

DATE	EVENT
28 July	09:30-12:30 M -60kg: elimination rounds, quarter-finals W -48kg: elimination rounds, quarter-finals
	14:00-16:50 M -60kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony W -48kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony
29 July	09:30-12:30 M -66kg: elimination rounds, quarter-finals W -52kg: elimination rounds, quarter-finals
	14:00-16:50 M -66kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony W -52kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony
30 July	09:30-12:30 M -73kg: elimination rounds, quarter-finals W -57kg: elimination rounds, quarter-finals
	14:00-16:50 M -73kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony W -57kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony
31 July	09:30-12:30 M -81kg: elimination rounds, quarter-finals W -63kg: elimination rounds, quarter-finals
	14:00-16:50 M -81kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony W -63kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony
1 Aug	09:30-12:30 M -90kg: elimination rounds, quarter-finals W -70kg: elimination rounds, quarter-finals
	14:00-16:50 M -90kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony W -70kg: repechages, semi-final contests, 🥉 bronze medal contests, 🥇 gold medal contest, victory ceremony
2 Aug	09:30-12:30 M -100kg: elimination rounds, quarter-finals W -78kg: elimination rounds, quarter-finals
	14:00-16:50 M -100kg: repechages, semi-final contests, 🥉 bronze medal

EVENTS SCHEDULE continued

DATE	EVENT
	contests, 🏆 gold medal contest, victory ceremony W -78kg: repechages, semi-final contests, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
3 Aug	09:30-12:30 M +100kg: elimination rounds, quarter-finals W +78kg: elimination rounds, quarter-finals
	14:00-16:50 M +100kg: repechages, semi-final contests, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony W +78kg: repechages, semi-final contests, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony

Team GB will compete in every men's and every women's weight category



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JAMES AUSTIN

Event: -100kg
Born: 05.04.1983, Lichfield
Lives: Edinburgh
Height: 1.88m (6ft 2ins)
Weight: 100kg (15st 11lbs)
Club: Hardy Spicer 83
Coach: Fitzroy Davies
Games attended: None
Major achievements: WCh: Rnd 1 (-100kg) 2011; Rnd 2 (-100kg) 2010.



James Austin's parents encouraged him to try judo in an attempt to harden him up and he will be eligible to represent Scotland at the Glasgow Commonwealth Games in 2014 on residency grounds.

He studied health psychology at Queen Margaret University in Edinburgh and worked with the Mental Health Advocacy Project.

@jameswillaustin

KARINA BRYANT

Event: +78kg
Born: 27.01.1979, Kingston upon Thames
Lives: Camberley
Height: 1.84m (6ft)
Weight: 103kg (16st 3lbs)
Club: Camberley
Coach: Luke Preston
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: OG: Rnd 2 (+78kg) 2008; qf (+78kg) 2004; Rnd 2 (+78kg) 2000. WCh: 7th (+78kg) 2011; Rnd 1 (+78kg) 2010; silver (+78kg) 2009; 5th (+78kg) 2007; silver (open), silver (+78kg) 2005; silver (open), bronze (+78kg) 2003; silver (open), 5th (+78kg) 2001; bronze (+78kg) 1999. ECh: bronze (+78kg) 2012; bronze (+78kg) 2010; gold (+78kg) 2005; silver (+78kg) 2004; gold (+78kg) 2003; bronze (+78kg) 2001; gold (+78kg) 2000, gold (+78kg) 1998.

Karina Bryant took up judo to meet new people and learn self-defence and, at the age of ten, she joined the Camberley club and earned her black belt within six years.

She won European junior silver in the +72kg category in 1995 before winning the world junior title a year later.

Another European junior silver also followed in 1996 before another world and another European junior gold in 1998.

Bryant transferred her junior form onto the senior stage and is a multiple world and European medalist and will make her fourth Olympic appearance at London 2012.

She may not be the oldest member of the British team but she is the most experienced and most successful. Her most memorable achievement is becoming a godparent.

@karinabryantgb

EUAN BURTON

Event: -81kg
Born: 31.03.1979, Ascot
Lives: Edinburgh
Height: 1.82m (6ft)
Weight: 81kg (12st 11lbs)
Club: Edinburgh
Coach: Billy Cusack
Games attended: One (Beijing 2008)



Major achievements: OG: 7th (-81kg) 2008. WCh: Rnd 2 (-81kg) 2011; bronze (-81kg) 2010; Rnd 1 (-81kg) 2009; bronze (-81kg) 2007. ECh: bronze (-81kg) 2010; bronze (-81kg) 2007; bronze (-81kg) 2005.

Euan Burton took up judo to help him overcome his shyness.

He is the most successful male member of the British team and states winning his first World Championship medal in Rio in 2007 as one of his memorable achievements.

@Euan_Burton

SARAH CLARK

Event: -57kg
Born: 03.01.1978, South Shields
Lives: Edinburgh
Height: 1.73m (5ft 8lbs)
Weight: 57kg (9st)
Club: Edinburgh
Coach: Billy Cusack
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: OG: Rnd 1 (-63kg) 2008; Rep Rnd 1 (-63kg) 2004. WCh: Rnd 2 (-63kg) 2011; Rnd 2 (-63kg) 2010; Rnd 2 (-57kg) 2009. ECh: silver (-57kg) 2009; gold (-63kg) 2006; bronze (-63kg) 2004. CG: silver (-63kg) 2002.

A proud winner of the European -63kg title in 2006, Sarah Clark is the oldest female on the British judo team.

Her preferred technique is left-handed uchimata while she suffered a broken arm in 2009, which required surgery. Clark earned her black belt when she was 15.

@sarahclark_judo

SALLY CONWAY

Event: -70kg
Born: 01.02.1987, Bristol
Lives: Edinburgh
Height: 1.70m (5ft 7ins)
Weight: 70kg (11st)
Club: Edinburgh
Coach: Billy Cusack
Games attended: None



Major achievements: WCh: Rnd 2 (-70kg) 2011; Rnd 3 (-70kg) 2010; 5th (-70kg) 2009. EU23Ch: bronze (-70kg) 2007. WJCh: silver (-78kg) 2006.

Sally Conway began judo aged nine in Thornbury and moved to Edinburgh in 2005.

She is in a relationship with British teammate Euan Burton while she won silver at the Olympic test event in December 2011 and finished seventh at this year's European Championships in April.

@sconway70

SOPHIE COX

Event: -52kg
Born: 23.12.1981, Rochdale
Lives: Gravesend
Height: 1.60m (5ft 3ins)
Weight: 52kg (8st 3lbs)
Club: Bacup
Coach: Brian Moore
Games attended: One (Athens 2004)



Major achievements: **OG:** Rep of (-57kg) 2004. **WCh:** Rnd 2 (-52kg) 2011; Rnd 2 (-52kg) 2010. **ECh:** bronze (-52kg) 2011; silver (-52kg) 2005; silver (-57kg) 2004; bronze (-57kg) 2003. **CG:** bronze (-57kg) 2002.

Sophie Cox will return to the Olympic Games eight years after making her debut at Athens 2004. She initially retired in 2005 after she won European silver.

After five years out, and a long spell teaching English in Thailand, Cox won the British title in January this year.

@sophiecox_judo

KELLY EDWARDS

Event: -48kg
Born: 09.01.1991, Shrewsbury
Lives: Gravesend
Height: 1.53m (5ft)
Weight: 48kg (7st 8lbs)
Club: Wrekin Star
Coach: Gareth Mapp
Games attended: None



Major achievements: **WCh:** Rnd 3 (-48kg) 2010. **EJCh:** bronze (-48kg) 2008. **EYOF:** bronze (-48kg) 2007.

Kelly Edwards claims her mum bribed her to try judo in return for tickets to the cinema.

She trains at the British Judo Performance Institute in Dartford and made her senior international debut for Great Britain at the European Championships in 2010.

Edwards is the youngest member of the British team for London 2012.



GEMMA GIBBONS

Event: -78kg
Born: 06.01.1987, Greenwich
Lives: Greenwich
Height: 1.73m (5ft 8ins)
Weight: 70kg (11st)
Club: Metro
Coach: Mick Murphy
Games attended: None



Major achievements: **WCh:** Rnd 1 (-78kg) 2010. **EU23Ch:** bronze (-70kg) 2009. **WUG:** bronze (-70kg) 2009.

Gemma Gibbons doesn't look at the draw for her -78kg weight at competitions until the morning she fights, usually after the weigh-in and breakfast.

Introduced to judo aged six, Gibbons is studying for a Masters in exercise science and health at the University of East London.

@gemma_gibbons

WINSTON GORDON

Event: -90kg
Born: 09.11.1976, Tooting
Lives: Tooting
Height: 1.87m (6ft 2ins)
Weight: 90kg (14st 2lbs)
Club: Ernest Bevin Phoenix, Budokwai
Coach: Eric Bonti, Mark Earle
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** Rnd 1 (-90kg) 2008; 5th (-90kg) 2004. **WCh:** Rnd 3 (-90kg) 2011; Rnd 2 (-90kg) 2010; Rnd 3 (-90kg) 2009. **ECh:** bronze (-90kg) 2006. **CG:** gold (-90kg) 2002.

Winston Gordon is the oldest member of the British team for London 2012 and began judo at Ernest Bevin College in Tooting as it was part of the curriculum.

Gordon pursued judo after a failed trial at Millwall FC and is a sensei coach at his Ernest Bevin Phoenix club.



GEMMA HOWELL

Event: -63kg
Born: 13.06.1990, Stafford
Lives: Gravesend
Height: 1.65m (5ft 5ins)
Weight: 59kg (9st 4lbs)
Club: Wolverhampton
Coach: Bill Kelly
Games attended: None



Major achievements: **WCh:** Rnd 4 (-57kg) 2011; 7th (-57kg) 2010. **EU23Ch:** bronze (-57kg) 2010; bronze (-57kg) 2008. **WJCh:** bronze (-57kg) 2008. **EJCh:** bronze (-57kg) 2008.

Gemma Howell has two sporting heroes – Kate Howey, who won Britain's last Olympic judo medal with silver at Sydney 2000, and Dame Kelly Holmes.

She has had multiple injuries throughout her career and has snapped the anterior cruciate ligament in both her knees.



ASHLEY MCKENZIE

Event: -60kg
Born: 17.07.1989, Queen's Park
Lives: Queen's Park
Height: 1.63m (5ft 4ins)
Weight: 60kg (9st 6lbs)
Club: Willesden
Coach: Christopher Bowles
Games attended: None



Major achievements: **WCh:** Rnd 3 (-60kg) 2011; Rnd 3 (-60kg) 2010; Rnd 1 (-60kg) 2009. **EU23Ch:** gold (-60kg) 2010; bronze (-60kg) 2009. **EJCh:** bronze (-60kg) 2007.

Ashley McKenzie's mum introduced her son to judo after he had an altercation with someone over Pokémon cards aged 11.

He won the first World Cup title of his career in Warsaw in February 2011 and added a second later that year in October in Liverpool.

@Ashleymckenzie12

COLIN OATES

Event: -66kg
Born: 07.06.1983, Harold Wood
Lives: Diss
Height: 1.81m (5ft 11ins)
Weight: 66kg (10st 6lbs)
Club: Kumo
Coach: Howard Oates
Games attended: None



Major achievements: **WCh:** 5th (-66kg) 2011; Rnd 2 (-66kg) 2010; Rnd 1 (-66kg) 2009. **ECh:** bronze (-66kg) 2011.

Colin Oates has been coached by his father, Howard, since he was 12 having followed his brother into the sport aged five.

Winning European bronze in 2011 is one of his most memorable achievements, while he doesn't have any sporting heroes as he believes in modelling himself based on his own actions.

@Kumo49

CHRISTOPHER SHERRINGTON

Event: +100kg
Born: 21.10.1983, Ormskirk
Lives: Broxburn
Height: 1.94m (6ft 4ins)
Weight: 135kg (21st 4lbs)
Club: Edinburgh
Coach: Billy Cusack
Games attended: None



Major achievements: **BrCh:** gold (+100kg) 2008; gold (+100kg) 2005.

Christopher Sherrington is a Royal Marine and started participating in judo because they encourage competitive sport for extra physical training and team building.

He claimed the best result of his career after winning gold at the Samoa World Cup in April and is the heaviest member of the British team for London 2012.



DANIEL WILLIAMS

Event: -73kg
Born: 20.04.1989, Shrewsbury
Lives: Camberley
Height: 1.77m (5ft 10ins)
Weight: 73kg (11st 7lbs)
Club: Camberley
Coach: Luke Preston
Games attended: None



Major achievements: **WCh:** Rnd 3 (-73kg) 2011; Rnd 1 (-73kg) 2010.

Daniel Williams made his debut at the European Championships in 2010, finishing seventh, and joins Camberley club-mate Karina Bryant on the British team for London 2012.

Williams began judo aged four, thanks to his mother, and is a Shrewsbury Town FC fan.



BEN ASHWORTH

Title: Lead Physiotherapist
Games role: Physiotherapist
Born: 08.04.1976, Lewisham
Lives: Epsom



JEAN-PAUL BELL

Title: Paralympic Performance Coach
Games role: Coach
Born: 25.11.1970, Croydon
Lives: Cambridge



NATHON BURNS

Title: Athlete
Games role: Technical Personnel
Born: 09.03.1989, Blackburn
Lives: Camberley



JOSHUA BUTLER

Title: Athlete
Games role: Technical Personnel
Born: 29.08.1991, Farnborough
Lives: Camberley



FRAZER CHAMBERLAIN

Title: Athlete
Games role: Technical Personnel
Born: 21.01.1991, Brighton
Lives: Camberley



WILLIAM CUSACK

Title: Coach
Games role: Coach
Born: 23.05.1966, Glasgow
Lives: Edinburgh



PATRICK DAWSON

Title: Athlete
Games role: Technical Personnel
Born: 22.09.1988, Edinburgh
Lives: Edinburgh



KATE HOWEY

Title: Lead Development Coach
Games role: Coach
Born: 31.05.1973, Andover
Lives: Faringdon



DANIEL LASCAU

Title: Performance Director
Games role: Team Leader
Born: 15.05.1969, Oradea, Romania
Lives: Swanley



Daniel Lascau was born in Romania but competed in judo for Germany, winning gold in the -78kg category at the World Championships in 1991.

He competed at Barcelona 1992 and later worked as vice president of the German Judo Federation and the European Judo Union.

Lascau was named as the British Judo Association's performance director in September 2011 and takes overall responsibility for the Olympic programme, strategic planning and the implementation and management of performance coaches.

JODIE MULLEN

Title: Athlete
Games role: Technical Personnel
Born: 05.11.1971, Edinburgh
Lives: Edinburgh



LUKE PRESTON

Title: Coach
Games role: Coach
Born: 26.05.1976, London
Lives: Twickenham



TSUYOSHI TSUNODA

Title: Technical Coach
Games role: Coach
Born: 14.02.1970, Yamanashi, Japan
Lives: Torres de Segre, Spain



AARON TURNER

Title: Athlete
Games role: Technical Personnel
Born: 13.01.1992, London
Lives: Slough



ALEX WALLACE

Title: Athlete
Games role: Technical Personnel
Born: 29.06.1992, Basingstoke
Lives: Edinburgh



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Modern Pentathlon



● The fact that we have four athletes who have demonstrated world-class performance over the last year by winning medals and achieving top-ten finishes at major international events means we're going to the Games with a very strong team, both in the men's and women's competition. ●

Team GB Modern Pentathlon Team Leader Dominic Mahony



Great Britain's Sam Weale celebrates after a fencing bout

Modern Pentathlon

Introduction

Modern pentathlon – which celebrates its centenary as part of the Olympic movement at London 2012 – features athletes competing in five sports during a day-long competition and was invented by Baron Pierre de Coubertin, the founder of the modern Games.

The name derives from the Greek 'penta' – meaning five – and 'athlon' – meaning contest – and the current format of the sport has its origins in a 19th-century legend.

The story goes that a young French cavalry officer was sent on horseback to deliver a message. To complete his mission, he

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had to ride, fence, shoot, swim and run. Originally the sport was staged over five days but as of Atlanta 1996, a one-day format was introduced, while running and shooting were combined into a single event after Beijing 2008.

Great Britain have a strong tradition in the sport, especially in recent years, and their athletes have consistently won medals at World Cup, European and World Championship level.

Jim Fox, Danny Nightingale and Adrian Parker won men's Olympic team gold in 1976 and Richard Phelps, Dominic Mahony and Graham Brookhouse won team bronze in 1988.

The men's team event was dropped after Barcelona 1992 but since the introduction of women's modern pentathlon in 2000, Team GB athletes have climbed the podium at every opportunity.

Steph Cook won the first ever women's title in Sydney while team-mate Kate Allenby claimed bronze.

Four years later in Athens, Georgina Harland also claimed bronze, while Heather Fell was a silver medallist in Beijing.

Russia and Hungary are the traditional powerhouses of the sport and their athletes will be among those to watch in London but Great Britain's Mhairi Spence won the women's World Championship title in Rome just a few months before the Games.

London 2012 events start in the Olympic Park – with fencing at the Copper Box and swimming at the Aquatics Centre – before



● I find it hard to find words to describe how excited I am to be part of the British team for the London 2012 Olympic Games.

I've dreamt of competing at an Olympics since I was eight years old and I feel like it's so much more special because the Olympic Games will be in London. ●

Mhairi Spence

DID YOU KNOW?
Athletes who took part in the pentathlon at the ancient Olympics would run a short distance, jump, throw a javelin, throw a discus and wrestle



athletes switch to Greenwich for the riding and combined run/shooting event.

Team GB 2012

Great Britain will have a full quota of modern pentathletes in London after Mhairi Spence, Samantha Murray, Nick Woodbridge and Sam Weale were officially announced as part of Team GB at the Old Royal Naval College in Greenwich in June.

On the women's side Spence and Murray will both be making their Olympic debuts in London. In total five British women achieved the London 2012 Olympic qualifying standard with Spence and Murray edging out Heather Fell, who won silver at Beijing 2008, Freya Prentice, who obtained a qualifying standard after finishing eighth at the European Championships in 2011, and Katy Burke.

Spence and Murray will be bidding to continue the fine record that British women have set since they first competed at Sydney 2000. Spence is the reigning world champion and Murray the bronze medalist from the same event in Rome in May.

Meanwhile, on the men's side Woodbridge and Weale's selection mean Great Britain are unchanged from the previous Olympics in Beijing in 2008 and, like the women, they

WORDS TO LEARN

EPÉE:

The type of sword used during modern pentathlon fencing events

COMBINED EVENT:

Also known as the run/shoot event

FREESTYLE:

Athletes can use whatever stroke they like in swimming events

also overcame stiff competition to qualify for the Games. Jamie Cooke, the world junior champion who achieved a qualifying standard after finishing fourth at last year's Europeans, was their closest challenger with Woodbridge and Weale looking to better their finishes of 25th and tenth respectively to secure Britain's first men's modern pentathlon medal since 1988.

Competition format

Modern pentathlon has been through many rule changes since making its Olympic debut 100 years ago in Stockholm, including several since Beijing 2008. London 2012 will be the first Games to feature the combined event and also laser pistols. Both innovations have helped to create an exciting and spectator-friendly finish to the day.

Each country is limited to two athletes per gender and the maximum field size for the men's and women's competition is 36 athletes.

The five events take place over one day with all athletes fencing each other in bouts that conclude after one minute. If neither fencer scores a hit within that time, both record a defeat. The weapon used is an épée.

An athlete scores 1000 points for winning 70 per cent of their bouts and each win above or below that mark scores +/- 24 points.

The next event is a 200m freestyle swim in which athletes are seeded in heats according to their personal best times. Points are awarded depending on the time achieved. A time of 2:30minutes scores 1000 points. Each 0.33 seconds above or below this time scores +/- four points. Unlike Olympic equestrian events, where riders bring their own horse to the Games,

modern pentathletes draw lots to decide which horse they will ride.

The athletes have just 20 minutes in the warm-up arena over five practice jumps to get to know their horse. They then must jump 12 show jumping obstacles with points awarded depending on time and faults.

Athletes start with 1,200 points. They lose 20 points for each jump they knock down, 40 points for a refusal or disobedience, and 60 points for a fall. They lose four points for each second they are over the allotted time.

After the conclusion of three events, athletes begin the running and shooting combined event in a staggered start. The leading competitor is first to start with a one-second head start for every four points they are ahead.

They will cover a 3000m cross country running course and stop three times to shoot at an electronic target five times with laser pistols as quickly as they can. The staggered start means that the first athlete to cross the finish line is the winner.

FACT FILE

VENUES:

Copper Box (Fencing), Aquatics Centre (Swimming), Greenwich Park (Riding, Combined event)

GOLD MEDALS AVAILABLE: 2

DATES:

Saturday 11 August – Sunday 12 August

NUMBER OF TEAM GB ATHLETES:

Men: 2 Women: 2

WEBSITES:

BOA: www.teamgb.com/summer-sports/modern-pentathlon

London 2012: www.london2012.com/modern-pentathlon

NGB: www.pentathlongb.org/

DID YOU KNOW?

George S Patton – best known as general of the US Third Army during World War II – competed in the modern pentathlon at Stockholm 1912

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TEAM GB HERO: STEPH COOK

Steph Cook won gold in the first ever women's modern pentathlon event at Sydney 2000, finishing just ahead of team-mate Kate Allenby who claimed bronze.

A former club level rower and athlete, Cook took up modern pentathlon while studying at the University of Cambridge and put her medical career on hold to focus on becoming an Olympian.

After winning gold in Sydney, she added the world title to her CV in 2001 and retired from the sport shortly afterwards, aged 29.



TEAM GB MODERN PENTATHLON AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	1	0	1	2
Athens 2004	0	0	1	1
Beijing 2008	0	1	0	1
Total at Olympics	2	1	3	6
World Championships 2012*	1	0	1	2

*Olympic events only

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2012
Modern Pentathlon	M Andrey Moiseev (RUS) W Lena Schöneborn (GER)	Aleksander Lesun (RUS) Mhairi Spence (GBR)

EVENTS SCHEDULE

M = Men's events W = Women's events 🏅 = Medal event

DATE	EVENT
11 Aug 09:00-19:25	M 🏅 Modern Pentathlon: fencing; swimming; riding, combined event, victory ceremony
12 Aug 08:00-18:40	W 🏅 Modern Pentathlon: fencing; swimming; riding, combined event, victory ceremony

Great Britain will compete in the men's and women's events

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SAMANTHA MURRAY

Born: 25.09.1989, Preston
Lives: Bath
Height: 1.74m (5ft 9ins)
Weight: 59kg (9st 4lbs)
Club: N/A
Coach: Istvan Nemeth
Games attended: None



Major achievements: WCh: bronze 2012; 22nd 2010.

Samantha Murray is the youngest member of the British modern pentathlon team and was inspired to take up the sport by Steph Cook, who won gold when women were allowed to compete in the sport at the Olympics for the first time in 2000.

Murray is studying for a French and politics degree at the University of Bath and as part of her course she lived in Paris for six months. She has enjoyed a fine 2012, winning her maiden World Cup medal, bronze in Rostov in April, and World Championship bronze in May.

@samanthamurray

MHAIRI SPENCE

Born: 31.08.1985, Inverness
Lives: Bath
Height: 1.71m (5ft 7ins)
Weight: 71kg (11st 3lbs)
Club: N/A
Coach: Istvan Nemeth
Games attended: None



Major achievements: WCh: gold 2012; 8th 2011; 14th 2009; 19th 2008; 19th 2007; 12th 2006; 30th 2005. ECh: bronze 2006. WJCh: silver 2006; bronze 2005. EJCh: silver 2006.

Mhairi Spence will finally make her Olympic debut in London having achieved the qualifying standard for Beijing 2008 only to miss out to Heather Fell and Katy Livingstone.

She did travel to China though as part of the British Olympic Association's Ambition Programme and effectively booked her place at London 2012 with World Championship gold in May.

Spence became only the third British woman to win World Championship gold, Steph Cook, who inspired her to take up the sport, in 2001, and Wendy Norman, in 1982, the other two.

She also won silver at the opening World Cup event of 2012 in America – adding to the two medals she won during the 2011 season to underline her status as British number one. She finished fifth at the World Cup Final in 2011, which acted as the Olympic test event.

Spence began swimming at just two years old and riding at three. When she was eight, she competed in her first tetrathlon, which involves swimming and riding as well as running and shooting.

Nicknamed 'Fencey Spencey', she has a coach education and sports development degree from the University of Bath and can play the violin while her mother, Evelyn, is a kilt maker.

@MhairiSpence

SAM WEALE

Born: 09.02.1982, Yeovil
Lives: Bath
Height: 1.87m (5ft 10ins)
Weight: 79kg (12st 6lbs)
Club: N/A
Coach: Philipp Waeffler
Games attended: One (Beijing 2008)



Major achievements: OG: 10th 2008.

WCh: 13th 2012; 12th 2011; 13th 2010; 29th 2009; 25th 2008; 17th 2007; 19th 2003; 18th 2002. ECh: silver 2010. EJCh: bronze 2002.

Since making his Olympic debut at Beijing 2008, Sam Weale has become the first British male to win an individual European Championship medal with silver in 2010. Weale's tenth place at Beijing 2008 marked the best finish by a British male at an Olympics for 16 years while he finished seventh at the 2012 World Cup Final.

He has also made an appearance on the big screen in the 2005 film Loneliness and the Modern Pentathlon. His twin brother Chris is a professional footballer, playing in goal for Shrewsbury, and formerly of Leicester City and Yeovil.

@samweale

NICK WOODBRIDGE

Born: 01.07.1986, Telford
Lives: Telford
Height: 1.88m (6ft 2ins)
Weight: 78kg (12st 4lbs)
Club: N/A
Coach: Philipp Waeffler
Games attended: One (Beijing 2008)



Major achievements: OG: 25th 2008.

WCh: 10th 2012; 18th 2011; 22nd 2010; 13th 2009; 26th 2008; 25th 2007; 18th 2006. WYCh: gold 2004.

A gold medalist from the World Youth Championships in 2004, Nick Woodbridge became the first British male to finish on the podium at a World Cup Final when he won bronze in London in 2011 while at the 2012 World Cup Final he placed fifth.

Woodbridge reached a career-high world ranking of fifth in June this year and studied economics at Cardiff Metropolitan University upon returning from his maiden Olympics in 2008.

@NickWoodbridge

JAN BARTU

Title: Performance Director
Games role: Head Coach
Born: 16.01.1955, Prague, Czech Republic
Lives: Bath



Jan Bartu was among the sport's first overseas coaches appointed in Britain after the introduction of National Lottery funding in 1997 and he played a key role in Steph Cook's gold at Sydney 2000. As an athlete, Bartu won team silver and individual bronze at the Montreal 1976 Olympics for Czechoslovakia.

FRIDRICH FOLDES

Title: National Fencing Coach
Games role: Fencing Coach
Born: 29.07.1953, Bratislava, Slovakia
Lives: Bath



DOMINIC MAHONY

Title: Team Manager
Games role: Team Leader
Born: 26.04.1964, Plymouth
Lives: Watlington



ISTVAN NEMETH

Title: Women's Head Coach
Games role: Women's Coach
Born: 11.12.1958, Budapest, Hungary
Lives: Bath



PHILIPP WAEFFLER

Title: Men's Head Coach
Games role: Men's Coach
Born: 14.08.1971, Schaffhausen, Switzerland
Lives: Bath



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Rowing





● We go to the start in London ready to defend our status as the leading rowing nation from Beijing but we are under no illusion as to how tough winning medals, especially gold medals, will be at this Games. ●

Team GB Rowing Team Leader David Tanner

Rowing

Introduction

The rowing competition will take place at Eton Dorney where 14 medal events will be contested by 550 athletes – 353 men and 197 women – while each nation is restricted to a maximum of 28 male athletes and 20 female athletes.

Rowing has been an Olympic sport since 1900, although it was due to take place at Athens 1896 only for bad weather to render the course, which was on the sea, unsuitable for competition.

Women's rowing was introduced at Montreal 1976. At Barcelona 1992, the Olympic course was standardised at 2000m – prior to that women raced over 1000m.

Of the 14 events, eight are contested by men and six by women, and two types of rowing – sweeping, which uses one oar per rower, and sculling, which uses two – will feature.

Great Britain have won 54 Olympic medals in rowing, 24 of which have been gold, and are the third most successful country at the Games. It is also the only sport in which Great Britain have won an Olympic gold medal at every Games since 1984.

Sir Steve Redgrave won five consecutive gold medals between Los Angeles 1984 and Sydney 2000 to become Great Britain's most successful Olympian of all time. Sir Matthew Pinsent, who won gold medals with Redgrave in 1992, 1996 and 2000, also won gold at Athens 2004.

DID YOU KNOW?
.....
Rowing is the only Olympic sport in which competitors cross the finishing line backwards

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Katherine Grainger MBE has won Olympic silver at each of the last three Games

At Beijing 2008, Great Britain won six medals – two golds, two silvers and two bronzes.

The men's four of Andrew Triggs Hodge, Pete Reed, Tom James and Steve Williams won gold while Zac Purchase and Mark Hunter were also victorious in the lightweight double scull.

Silver medals were claimed in the women's quadruple scull, which saw Katherine Grainger finish second for a third straight Games, and the men's eight. Both the men's and women's double scull boats took bronze.

Team GB 2012

Great Britain arrive at the London 2012 Olympics having topped the medal table at the 2011 World Championships with 12 medals, ten of which came in Olympic

WORDS TO LEARN +

CATCH A CRAB:
To make a faulty or mistimed stroke

BOW-SIDE:
The starboard side of the boat. The right-hand side of a cox facing forwards, and the left-hand side of a rower facing backwards

COXSWAIN:
Or cox, sits at the stern and is responsible for steering the boat and directing the crew

REPECHAGE:
A race that takes place after the heats, which offers a second chance to reach the finals for boats that didn't initially qualify

● I'm thrilled to be part of the biggest team ever at our London Olympics. I have been training for this all my life one way or another. I am a proud lieutenant from the Royal Navy, a proud Olympian and a proud Briton. I am racing to win. ●●

Pete Reed

FACT FILE +

VENUE:
Eton Dorney

GOLD MEDALS AVAILABLE: 14

DATES:
Saturday July 28 – Saturday August 4

NUMBER OF TEAM GB ATHLETES:
Men: 28 Women: 19

WEBSITES:
BOA: www.teamgb.com/summer-sports/rowing
London 2012: www.london2012.com/rowing
NGB: www.gbrowingteam.org.uk
Twitter: @GBRowingTeam

DID YOU KNOW?

The youngest Olympic champion is thought to be an anonymous French boy, who coxed for a Dutch pair at Paris 1900. The boy, aged no more than 12, took part in the victory ceremony but then disappeared

events. Katherine Grainger and Anna Watkins will contest the women's double scull and are unbeaten since teaming up together in 2010, while Helen Glover and Heather Stanning, world silver medallists in the women's pair, won all three World Cup regattas this year.

Grainger, with three consecutive Olympic silver medals to her name, is Great Britain's most successful ever female rower and she will be well fancied to finally land gold alongside Watkins, who won bronze with Elise Laverick at Beijing 2008.

Debbie Flood, who has also won two consecutive Olympic silver medals alongside Grainger, returns for a third attempt in the women's quadruple scull, while Alan Campbell, a world silver and two-time bronze medallist, takes part in the men's single scull for the third consecutive Games.

Great Britain won men's four gold at the World Championships in Bled in 2011 and since then Andrew Triggs Hodge and Pete Reed have returned to the boat in which they won Olympic gold in 2008, joining fellow Beijing champion Tom James and Alex Gregory. Matthew Langridge and Ric Egington have moved from the four to the eight. The London 2012 quartet won silver at the Munich World Cup in June.

Great Britain's other gold medallists from Beijing 2008, Zac Purchase and Mark Hunter, also won world gold in 2011 but they finished sixth in Munich while the women's eight won world bronze in Bled and the men's eight, featuring Barcelona 1992 gold medallist Greg Searle, took silver last September.

Marcus Bateman and Cameron Nichol have been named as the openweight spares and Adam Freeman-Pask as the lightweight. Emily Taylor and Jo Cook are the women's spares. Paul Stannard will act as coach to the spares.

Competition format

All races are conducted in six lanes, separated by buoys, over a straight 2000m course.

The men's events are: the single scull, double scull, lightweight double scull, quadruple scull, pair, four, lightweight four and eight. For the women the events are: the single scull, double scull, lightweight double scull, quadruple scull, pair and eight. Both the men's and women's eights also feature a cox.

The format of the competition depends on how many boats are competing. All events include a repechage – a series of further races to qualify boats for semi-finals or finals, and to rank all boats in order of performance.

Events with 12 or fewer boats start with two heats. The best boat from heat one and the best boat from heat two qualify for final A, which determines places one to six, including the medals.

Unsuccessful boats from the heats compete in the repechage round, which offers a second chance to qualify for final A. Unsuccessful boats from the repechage go forward to final B, which determines places seven to 12.

Events with 13 to 18 boats begin with three heats, from which the best boats qualify directly for semi-finals A and B. All other boats progress to the repechage round, which offers a second chance to qualify for the semi-finals.



Great Britain's gold medal-winning men's four at Beijing 2008

The best three boats in semi-finals A and B qualify for final A, which determines places one to six, including the medals. Unsuccessful boats from semi-finals A and B go forward to final B, which determines places seven to 12. Unsuccessful boats from the repechage go forward to final C, which determines places 13 to 18.

Events with 19 to 24 boats follow the same format however unsuccessful boats from the repechage go to semi-finals C and D; from here, they go either to final C, places 13 to 18, or final D, places 19 to 24. If there are more than 24 boats in an event, the four best boats from each heat go through to the quarter-finals, with the other boats competing in a repechage to fill the remaining quarter-final places.

The best three boats from each quarter-final progress to the semis, with the top three from each advancing to final A. The other boats compete in finals B, C, D and E, which rank boats from seven downwards. Events with 25 or more boats follow the same format with a final F, if necessary.

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TEAM GB HERO: SIR STEVE REDGRAVE +

Great Britain's most successful Olympian of all time, Sir Steve Redgrave won five consecutive gold medals between Los Angeles 1984 and Sydney 2000. At Los Angeles 1984 he won gold in the coxed four and at Seoul 1988 he won gold in the pair and bronze in the coxed pair. Four years later at Barcelona 1992, and at Atlanta 1996, he won gold in the pair, both times alongside Sir Matthew Pinsent while at Sydney 2000 he, Pinsent, James Cracknell and Tim Foster won gold in the four. He also has nine World Championship gold medals to his name and has twice carried the British flag at the Olympic Games opening ceremony.



RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Single scull	M Olaf Tufte (NOR) W Rumyana Neykova (BUL)	Mahe Drysdale (NZL) Mirka Knappkova (CZE)
Double scull	M David Crawshay/ Scott Brennan (AUS) W Georgina Evers-Swindell/ Caroline Evers-Swindell (NZL)	Nathan Cohen/ Joseph Sullivan (NZL) Anna Watkins/ Katherine Grainger (GBR)
Lightweight double scull	M Zac Purchase/ Mark Hunter (GBR) W Kirsten van der Kolk/ Marit van Eupen (NED)	Zac Purchase/ Mark Hunter (GBR) Christina Giazitzidou/ Alexandra Tsiavou (GRE)
Quadruple scull	M Poland W China	Australia Germany
Pair	M Drew Ginn/ Duncan Free (AUS) W Georgeta Andrunache/ Viorica Susanu (ROU)	Eric Murray/ Hamish Bond (NZL) Juliette Haigh/ Rebecca Scown (NZL)
Four	M Great Britain	Great Britain
Lightweight four	M Denmark	Australia
Eight	M Canada W USA	Germany USA



TEAM GB ROWING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	2	1	0	3
Athens 2004	1	2	1	4
Beijing 2008	2	2	2	6
Total at Olympics	24	20	10	54
World Championships 2011*	3	3	4	10

*Olympic events only

BEST TIMES

	TIME	HOLDER	PLACE/DATE
Single scull	OR M 6:44.85	Xeno Müller (SUI)	Atlanta 1996
	WBT M 6:33.35	Mahé Drysdale (NZL)	Poznan 2009
	OR W 7:18.12	Katrin Rutschow-Stomporowski (GER)	Athens 2004
	WBT W 7:07.41	Rumyana Neykova (BUL)	Seville 2002
Double scull	OR M 6:11.49	Rossano Galtarossa/ Alessio Sartori (ITA)	Athens 2004
	WBT M 6:03.25	Jean-Baptiste Macquet/ Adrien Hardy (FRA)	Poznan 2006
	OR W 6:49.00	Kerstin Köppen/Kathrin Boron (GER)	Barcelona 1992
	WBT W 6:38.78	Georgina Evers-Swindell/ Caroline Evers-Swindell (NZL)	Seville 2002
Quadruple scull	OR M 5:36.20	Australia	Beijing 2008
	WBT M 5:33.15	Russia	Lucerne 2012
	OR W 6:11.83	China	Beijing 2008
	WBT W 6:09.38	Germany	Lucerne 2012
Pair	OR M 6:20.09	Sir Steven Redgrave/ Sir Matthew Pinsent (GBR)	Atlanta 1996
	WBT M 6:14.27	James Cracknell/ Sir Matthew Pinsent (GBR)	Seville 2002
	OR W 7:01.39	Megan Still/Kate Slatter (AUS)	Atlanta 1996

BEST TIMES continued

	TIME	HOLDER	PLACE/DATE
	WBT 6:53.80	Georgeta Andrunache/ Viorica Susanu (ROM)	Seville 2002
Four	OR 5:48.52	Germany	Athens 2004
	WBT 5:37.86	Great Britain	Lucerne 2012
Eight	OR 5:19.85	USA	Athens 2004
	WBT 5:19.35	Canada	Lucerne 2012
	OR 5:56.55	USA	Athens 2004
	WBT 5:54.17	USA	Lucerne 2012
Lightweight double scull	OR 6:10.99	Zac Purchase/Mark Hunter (GBR)	Beijing 2008
	WBT 6:10.02	Mads Rasmussen/ Rasmus Quist (DEN)	Amsterdam 2007
	OR 6:49.90	Sally Newmarch/Amber Halliday (AUS)	Athens 2004
	WBT 6:49.43	Louise Ayling/Julia Edward (NZL)	Lucerne 2012
Lightweight four	OR 5:47.76	Denmark	Beijing 2008
	WBT 5:45.60	Denmark	Lucerne 1999

EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT
28 July 09:30-14:10	Pair, lightweight four, eight, single scull, double scull, quadruple scull: heats Pair, single scull, quadruple scull: heats
29 July 09:30-11:50	Lightweight four: repechage Single scull: repechages Double scull: repechage Lightweight double scull: heats Eight: heats Single scull: repechage Lightweight double scull: heats
30 July 09:30-11:10	Pair: repechage Four: heats Eight: repechage Quadruple scull: repechage Pair: repechage Double scull: heats

EVENTS SCHEDULE continued

DATE	EVENT
31 July 09:30-12:40	Quadruple scull: repechage Four: repechage Lightweight four: semi-finals Single scull: quarter-finals Double scull: semi-finals Lightweight double scull: repechages Eight: repechage Single scull: quarter-finals Double scull: repechage Lightweight double scull: repechages
1 Aug 09:30-13:10	Pair: semi-finals Eight : classification, final, victory ceremony Single scull: classifications, semi-finals Lightweight double scull: classifications Quadruple scull: semi-finals Pair : classification, final, victory ceremony Quadruple scull : classification, final, victory ceremony
2 Aug 09:30-13:10	Four: semi-finals Lightweight four : classification, final, victory ceremony Double scull : classification, final, victory ceremony Lightweight double scull: semi-finals Eight : final, victory ceremony Single scull: classifications, semi-finals Lightweight double scull: semi-finals
3 Aug 09:30-13:10	Pair : classification, final, victory ceremony Single scull : classifications, final, victory ceremony Quadruple scull : classification, final, victory ceremony Double scull : classification, final, victory ceremony
4 Aug 09:30-13:10	Four : classification, final, victory ceremony Lightweight double scull : classifications, final, victory ceremony Single scull : classifications, final, victory ceremony Lightweight double scull : classifications, final, victory ceremony

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Team GB will compete in every event except for the women's single scull

CHRIS BARTLEY

Event: Lightweight four (LM4-)
Born: 02.02.1984, Wrexham
Lives: Henley-on-Thames
Height: 1.78m (5ft 10ins)
Weight: 73kg (11st 7lbs)
Club: Leander
Coach: Rob Morgan
Games attended: None



Major achievements: **WCh:** bronze (LM4-) 2011; gold (LM4-) 2010; 13th (LM4-) 2009; 12th (LM2-) 2008; bronze (LM4x) 2007; 6th (LM2-) 2006.

Chris Bartley has been training with the senior British lightweight squad since 2006 and moved into the lightweight four in 2009 and won his first senior world title in 2010.

He was part of the British quartet that won gold at the World Cup in Munich in June while he spends his spare time working as a freelance photographer.



ALAN CAMPBELL

Event: Single scull (M1x)
Born: 09.05.1983, Coleraine
Lives: Richmond-upon-Thames
Height: 1.91m (6ft 3ins)
Weight: 95kg (15st)
Club: Tideway Scullers' School
Coach: Bill Barry
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** 5th (M1x) 2008; 12th (M4x) 2004. **WCh:** bronze (M1x) 2011; bronze (M1x) 2010; silver (M1x) 2009; 4th (M1x) 2007; 6th (M1x) 2006; 7th (M4x) 2005.

Alan Campbell has been Britain's undisputed number one single sculler since 2005, winning eight senior trials and claiming three World Championship medals.

He is married to wife Juliet and was inspired to take up rowing after watching Sir Steve Redgrave and Sir Matthew Pinsent win pairs gold at Atlanta 1996.



PETER CHAMBERS

Event: Lightweight four (LM4-)
Born: 14.03.1990, Ballymoney
Lives: Henley-on-Thames
Height: 1.87m (6ft 2ins)
Weight: 73kg (11st 7lbs)
Club: Oxford Brookes University
Coach: Rob Morgan
Games attended: None



Major achievements: **WCh:** gold (LM2-) 2011; 6th (LM1x) 2010. **WU23Ch:** gold (LM2-) 2011; silver (LM1x) 2010; bronze (LM4x) 2009.

Peter Chambers formed a successful partnership with Kieren Emery during his breakthrough 2011 season, winning the world under-23 lightweight pair title and then maintaining the winning streak to win gold at the senior World Championships in Bled.

A sports science student at Oxford Brookes University, he is the younger brother of Richard, also on the team.



RICHARD CHAMBERS

Event: Lightweight four (LM4-)
Born: 10.06.1985, Belfast
Lives: Maidenhead
Height: 1.83m (6ft)
Weight: 72kg (11st 5lbs)
Club: Leander
Coach: Rob Morgan
Games attended: One (Beijing 2008)



Major achievements: **OG:** 5th (LM4-) 2008. **WCh:** bronze (LM4-) 2011; gold (LM4-) 2010; gold (LM4-) 2007; 6th (LM2-) 2006.

Richard Chambers is a two-time world champion in the men's lightweight four and older brother of crew-mate Peter. They are the first brothers to row on the British Olympic team since Greg and Jonny Searle, who won gold at Barcelona 1992 and bronze at Atlanta 1996.

Chambers is a devout Christian and attends St Mary's Church in Maidenhead where he's involved in youth work.



KATHERINE COPELAND

Event: Lightweight double scull (LW2x)
Born: 01.12.1990, Ashington
Lives: Stokesley
Height: 1.71m (5ft 7ins)
Weight: 57kg (9st)
Club: Tees
Coach: James Harris
Games attended: None



Major achievements: **WCh:** 5th (LW1x) 2011. **WU23Ch:** gold (LW1x).

Katherine Copeland only teamed up with lightweight double scull partner Sophie Hosking at the start of this season, winning silver at the first World Cup of the season in Belgrade.

A 2011 world under-23 champion in the lightweight single scull, Copeland works with the Three Wings Trust, running an after-school art group for autistic children.



CHARLES COUSINS

Event: Quadruple scull (M4x)
Born: 13.12.1988, Cambridge
Lives: Cambridge
Height: 1.98m (6ft 6ins)
Weight: 100kg (15st 10lbs)
Club: Reading University
Coach: Mark Banks
Games attended: None



Major achievements: **WCh:** 5th (M4x) 2010. **WU23Ch:** gold (M2x) 2008; bronze (M2x) 2007.

A world under-23 gold medalist in 2008, Charles Cousins has made a smooth transition to the senior squad.

Alongside Sam Townsend, Bill Lucas and Stephen Rowbotham he finished fifth in the men's quad final at the 2010 World Championships – the first GB men's crew to reach a global final in the discipline since 1982. He relaxes by playing with a Rubik's Cube.



JESSICA EDDIE

Event: Eight (W8+)
Born: 07.10.1984, Durham
Lives: Isleworth
Height: 1.78m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: University of London
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** 5th (W8+) 2008. **WCh:** bronze (W8+) 2011; 4th (W8+) 2010; 5th (W8+) 2009; bronze (W8+) 2007; 11th (W2-) 2006; 5th (W8+) 2005; 6th (W4-) 2004. **WU23Ch:** bronze (W2-) 2005; bronze (W2-) 2003.

Jessica Eddie was part of the eight that finished fifth at Beijing 2008 and was also part of the crew that won 2011 world bronze.

Eddie, whose twin sister Alexandra also rowed, completed a degree in biology at Royal Holloway in 2006.



RICHARD EGINGTON

Event: Eight (M8+)
Born: 26.02.1979, Warrington
Lives: Henley-on-Thames
Height: 2.00m (6ft 7ins)
Weight: 105kg (16st 7lbs)
Club: Leander
Coach: John West, Christian Felkel
Games attended: One (Beijing 2008)



Major achievements: **OG:** silver (M8+) 2008. **WCh:** gold (M4-) 2011; 4th (M4-) 2010; gold (M4-) 2009; bronze (M8-) 2007; 5th (M8-) 2006; 4th (M8-) 2005; silver (M4+) 2003.

Ric Egington has won two gold medals with the men's four since Beijing but returns to the eight for London 2012, the same boat in which he claimed silver in 2008. He counts boxer Ricky Hatton as his sporting hero and he always wears his lucky earring when competing.



DEBBIE FLOOD

Event: Quadruple scull (W4x)
Born: 27.02.1980, Harrogate
Lives: Henley-on-Thames
Height: 1.77m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: Leander
Coach: Ade Roberts
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** silver (W4x) 2008; silver (W4x) 2004. **WCh:** 7th (W4x) 2011; gold (W4x) 2010; gold (W4x) 2007; gold (W4x) 2006; 5th (W2x) 2005; 4th (W2x) 2003; 4th (W2x) 2002; 7th (W2x), 6th (W8+) 2001.

Debbie Flood was a Great Britain junior judo international before taking up rowing, in which she has two Olympic silver medals. A committed Christian, Flood learnt Chinese prior to Beijing 2008, after which she put her rowing career on hold to train to become a prison officer.



JAMES FOAD

Event: Eight (M8+)
Born: 20.03.1987, Southampton
Lives: Hampton, Middlesex
Height: 1.85m (6ft)
Weight: 90kg (14st 2lbs)
Club: Molesey
Coach: John West, Christian Felkel
Games attended: None



Major achievements: **WCh:** silver (M8+) 2011; silver (M8+) 2010.

James Foad was taken to the 1996 Games in Atlanta as a nine-year-old to watch Sir Steve Redgrave win his fourth Olympic gold with Sir Matthew Pinsent.

He has been part of the British eight since 2010 and has won two silver medals at World Championship level.

Foad has one superstition; if he performs well in heats, he will always wear exactly the same kit for the next race.



HELEN GLOVER

Event: Pair (W2-)
Born: 17.06.1986, Truro
Lives: Reading
Height: 1.78m (5ft 10ins)
Weight: 70kg (11st)
Club: Minerva Bath
Coach: Robin Williams
Games attended: None



Major achievements: **WCh:** silver (W2-) 2011; silver (W2-) 2010.

Helen Glover has two world silver medals to her name but along with pair partner Heather Stanning, she won gold at all three of World Cup events of the season, the most recent in Munich in June.

As a junior Glover ran cross-country internationally and was part of the England satellite squad for hockey while she has also worked as a PE teacher in Bath.



KATHERINE GRAINGER

Event: Double scull (W2x)
Born: 12.11.1975, Glasgow
Lives: Maidenhead
Height: 1.83m (6ft)
Weight: 80kg (12st 8lbs)
Club: St Andrew
Coach: Paul Thompson
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** silver (W4x) 2008; silver (W2-) 2004; silver (W4x) 2000. **WCh:** gold (W2x) 2011; gold (W2x) 2010; silver (W1x) 2009; gold (W4x) 2007; gold (W4x) 2006; gold (W4x) 2005; gold (W2-) 2003; 5th (W4x) 2002; 5th (W2-), 6th (W8+) 2001; 7th (W4x) 1999; bronze (W8+) 1997.

Katherine Grainger joined Anna Watkins in the double in 2010 and they remain unbeaten together, winning the last two world titles and all three World Cups this season. At the GB trials this year, Grainger regained her women's single scull title.

With silver medals from Sydney 2000, Athens 2004 and

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Beijing 2008, she is Great Britain's most successful Olympic female rower and was awarded an MBE in 2006 for her services to the sport.

By the time she left secondary school she was a black belt in karate and took up rowing at the University of Edinburgh in 1993. Her international career took off in 1997 when she won gold at the World Under-23 Championships.

She has a degree and Masters in law and is currently studying for a PhD in homicide.



ALEX GREGORY

Event: Four (M4-)
Born: 11.03.1984, Cheltenham
Lives: Henley-on-Thames
Height: 1.98m (6ft 5ins)
Weight: 98kg (15st 6lbs)
Club: Leander
Coach: Jurgen Grobler
Games attended: None

Major achievements: **WCh:** gold (M4-) 2011; 4th (M4-) 2010; gold (M4-) 2009; 15th (M4x) 2007.

Two-time world champion Alex Gregory makes his Olympic debut after narrowly missing out on a place in the men's quad for Beijing 2008.

He lists talking to animals, wood carving and camping as his hobbies and legendary climber Joe Simpson and late wildlife expert Steve Irwin as his idols. Gregory shares the same birthday as men's four teammate Tom James.



KATIE GREVES

Event: Eight (W8+)
Born: 02.09.1982, Camden
Lives: Wallingford
Height: 1.79m (5ft 10ins)
Weight: 69kg (10st 12lbs)
Club: Leander
Coach: Nick Strange
Games attended: One (Beijing 2008)

Major achievements: **OG:** 5th (W8+) 2008. **WCh:** bronze (W8+) 2011; 9th (W1x) 2010; 5th (W4x) 2009; bronze (W8+) 2007; 8th (W8+) 2006; 5th (W8+) 2005. **WU23Ch:** bronze (W2-) 2003.

Katie Greves is a two-time World Championship bronze medallist in the women's eight and is part of the current octet that won bronze at two of the World Cups this season.

A former vice-captain of the University of London Boat Club, Greves has a degree in English literature.



PHELAN HILL

Event: Cox – Eight (M8+)
Born: 21.07.1979, Bedford
Lives: Putney
Height: 1.71m (5ft 7ins)
Weight: 55kg (8st 9lbs)
Club: Leander
Coach: Christian Felkel, John West
Games attended: None

Major achievements: **WCh:** silver (M8+) 2011; silver (M8+) 2010; 5th (M8+) 2009; 4th (M4+) 2007.

Phelan Hill describes himself as loud, relaxed and confident – three important attributes for a cox.

He has steered Britain's men's eight for the last three years, securing silver medals at the 2010 and 2011 World Championships and underlining the boat's London 2012 ambitions.



SOPHIE HOSKING

Event: Lightweight double scull (LW2x)
Born: 25.01.1986, Edinburgh
Lives: Wimbledon
Height: 1.65m (5ft 5ins)
Weight: 57kg (9st)
Club: London
Coach: Paul Reedy
Games attended: None

Major achievements: **WCh:** bronze (LW2x) 2011; 5th (LW2x) 2010; bronze (LW2x) 2009; 4th (LW4x) 2008; silver (LW4x) 2007; bronze (LW4x) 2006.

Sophie Hosking teamed up with Katherine Copeland in 2012, having previously partnered Hester Goodsell. A double world bronze medallist with Goodsell, Hosking is a chemistry and physics graduate from Durham University and the daughter of 1980 rowing world champion David Hosking.



FRANCES HOUGHTON

Event: Quadruple scull (W4x)
Born: 19.09.1980, Oxford
Lives: Oxford
Height: 1.93m (6ft 4ins)
Weight: 81kg (12st 11lbs)
Club: Leander
Coach: Ade Roberts
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)

Major achievements: **OG:** silver (W4x) 2008; silver (W4x) 2004. **WCh:** 10th (W1x) 2011; gold (W4x) 2010; gold (W4x) 2007; gold (W4x) 2006; gold (W4x) 2005; 4th (W4x) 2003; 4th (W2x) 2002; 7th (W2x), 6th (W8+) 2001.

A two-time Olympic silver medallist, Frances Houghton took an extended break from rowing after Beijing 2008 before returning to the sport in 2010. A Spanish graduate and a passionate cook, Houghton is one of the longest serving members of the British rowing team.



MARK HUNTER

Event: Lightweight double scull (LM2x)
Born: 01.07.1978, London
Lives: High Wycombe
Height: 1.81m (5ft 11ins)
Weight: 74kg (11st 9lbs)
Club: Leander
Coach: Darren Whiter
Games attended: Two (Beijing 2008, Athens 2004)

Major achievements: **OG:** gold (LM2x) 2008; 13th (LM4x) 2004. **WCh:** gold (LM2x) 2011; gold (LM2x) 2010; bronze (LM2x) 2007; 8th (LM2x) 2006; 7th (LM2x) 2005; 11th (LM4-) 2003; 12th (LM4-) 2002; 5th (LM8+) 2001.

Mark Hunter, MBE, made British Olympic history at Beijing 2008, partnering Zac Purchase to Team GB's first-ever rowing lightweight gold medal.

He took a break from competition after the Games, moving to California to work as a rowing coach at UCLA. Hunter returned in 2010 to win the first of two consecutive world titles, again with Purchase.

Nicknamed 'Pretty Boy', he is a licensed Waterman and Lighterman on the River Thames and is now a Freeman of the Thames.

He describes himself as an eternal fan of Take That, American Football team the San Francisco 49ers, chocolate and cheese. Hunter was named the British Olympic Association's Rowing Athlete of the Year in 2011.



TOM JAMES

Event: Four (M4-)
Born: 11.03.1984, Cardiff
Lives: Henley-on-Thames
Height: 1.90m (6ft 3ins)
Weight: 85kg (13st 5lbs)
Club: Molesey
Coach: Jurgen Grobler
Games attended: Two (Beijing 2008, Athens 2004)

Major achievements: **OG:** gold (M4-) 2008; 9th (M8+) 2004. **WCh:** gold (M4-) 2011; bronze (M8+) 2007; 6th (M2-) 2006; bronze (M8+) 2003.

Tom James MBE took a year out from rowing after winning men's four gold at Beijing 2008, undertaking a variety of charity and coaching activities and running the London Marathon.

He returned to the squad in 2010 but sustained an injury which sidelined him until last year, where he was part of the World Championship winning men's four in Bled.

He raced four times in the University Boat Race – in 2003, 2005, 2006 and 2007 but it wasn't until his final year, when he was president of the Cambridge University crew, that he tasted victory.

He is a patron of two charities – WVP Kenya, which brings education and support to children, and the Movement Centre, which helps disabled children with movement difficulties. He shares the same birthday as men's four teammate Alex Gregory and made his Olympic debut at Athens 2004.



MATTHEW LANGRIDGE

Event: Eight (M8+)
Born: 20.05.1983, Crewe
Lives: Henley-on-Thames
Height: 1.95m (6ft 5ins)
Weight: 97kg (15st 4lbs)
Club: Leander
Coach: John West, Christian Felkel
Games attended: Two (Beijing 2008, Athens 2004)

Major achievements: **OG:** silver (M8+) 2008; 7th (M2x) 2004. **WCh:** gold (M4-) 2011; 4th (M4-) 2010; gold (M4-) 2009; bronze (M2-) 2007; 5th (M8+) 2006; 7th (M4x) 2005; 9th (M4x) 2003.

Matthew Langridge was unbeaten in the men's four in 2011, which culminated in a second world title in Bled.

At Beijing 2008 he was part of the silver-medal winning eight while in 2001 he became the first GB rower to win a world junior title in the single with victory in Duisburg.



CONSTANTINE LOULOUDIS

Event: Eight (M8+)
Born: 15.09.1991, London
Lives: London
Height: 1.90m (6ft 3ins)
Weight: 94kg (14st 11lbs)
Club: Leander
Coach: John West, Christian Felkel
Games attended: None

Major achievements: **WU23Ch:** gold (M2-) 2011; silver (M4-) 2010. **WJCh:** gold (JM4-) 2009.

Constantine Louloudis was a late addition to the men's eight after he was given extra time to ensure he had fully recovered from a back injury.

Louloudis won gold in the pair with George Nash at the World Under-23 Championships last year while he was the youngest member of the victorious Oxford crew in the 2011 Boat Race, aged 19.



BILL LUCAS

Event: Double scull (M2x)
Born: 13.09.1987, Exeter
Lives: Roehampton
Height: 1.99m (6ft 6ins)
Weight: 100kg (15st 11lbs)
Club: London
Coach: Mark Earnshaw
Games attended: None

Major achievements: **WCh:** 7th (M4x) 2011; 5th (M4x) 2010. **WU23Ch:** gold (M2x) 2008; bronze (M2x) 2007.

Bill Lucas formed a double scull partnership with Sam Townsend in 2012 and made an encouraging start, winning silver at the opening World Cup regatta in Belgrade. Lucas narrowly missed out on Olympic selection in 2008 for the men's quad but linked up with Charles Cousins to win the world under-23 title that year. He climbed Mount Kilimanjaro in 2004.



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LINDSEY MAGUIRE

Event: Eight (W8+)
Born: 15.01.1982, Edinburgh
Lives: Wallingford
Height: 1.87m (6ft 2ins)
Weight: 76kg (12st)
Club: Wallingford
Coach: Nick Strange
Games attended: None



Major achievements: **WCh:** bronze (W8+) 2011; 4th (W8+) 2010; 5th (W8+) 2009. **ECh:** silver (W8+) 2008; bronze (W8+) 2007.

Lindsey Maguire is part of the women's eight that won world bronze in 2011. She currently lives in Oxford and works part-time for a local market research company.

Maguire helped the octet to bronze in the opening World Cup of the season in Belgrade while after graduating from university she taught English in France for a year and played for a local basketball team.



GEORGE NASH

Event: Pair (M2-)
Born: 02.10.1989, Guildford
Lives: Guildford
Height: 1.94m (6ft 4ins)
Weight: 97kg (15st 3lbs)
Club: Molesey
Coach: Christian Felkel, John West
Games attended: None



Major achievements: **WU23Ch:** gold (M2-) 2011; silver (M4-) 2010. **WJCh:** gold (M4-) 2007.

George Nash follows in the footsteps of his aunt, who rowed for Great Britain in the 1970s.

A world under-23 and junior champion, he has graduated seamlessly to the senior set-up, forging a partnership with Will Satch that delivered a silver medal in the men's pair at the Belgrade World Cup in 2012.



CAROLINE O'CONNOR

Event: Cox – Eight (W8+)
Born: 25.04.1983, London
Lives: Henley-on-Thames
Height: 1.57m (5ft 2ins)
Weight: 48kg (7st 8ins)
Club: Oxford Brookes University
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** 5th (W8+) 2008. **WCh:** bronze (W8+) 2011; 4th (W8+) 2010; 5th (W8+) 2009; bronze (W8+) 2007; 8th (W8+) 2006; 5th (W8+) 2005.

Caroline O'Connor has been the first-choice cox for the women's eight ever since her debut in 2005, guiding the crew at each subsequent World Championships.

A graduate in human biology, O'Connor has balanced her career as a science teacher in Oxford with her rowing throughout the four-year cycle.



NATASHA PAGE

Event: Eight (W8+)
Born: 30.04.1985, Gloucester
Lives: Reading
Height: 1.78m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: Gloucester
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** 5th (W8+) 2008. **WCh:** bronze (W8+) 2011; 4th (W8+) 2010; 5th (W8+) 2009; 12th (W2-) 2007; 8th (W8+) 2006; 5th (W8+) 2005. **WU23Ch:** gold (W4-) 2004.

A Beijing Olympian, Natasha Page was part of the eight that won bronze at the 2011 World Championships and Munich World Cup this year.

A graduate from the University of Reading, she lists Paula Radcliffe as her sporting hero.



ALEX PARTRIDGE

Event: Eight (M8+)
Born: 25.01.1981, San Francisco, USA
Lives: Henley-on-Thames
Height: 1.93m (6ft 4ins)
Weight: 93kg (14st 9lbs)
Club: Leander
Coach: Christian Felkel, John West
Games attended: One



Major achievements: **OG:** silver (M8+) 2008. **WCh:** silver (M8+); 4th (M4-) 2010; gold (M4-) 2009; 4th (M4-) 2007; gold (M4-) 2006; gold (M4-) 2005; bronze (M8+) 2003; 6th (M8+) 2002; bronze (M4+) 2001.

Alex Partridge was due to make his Olympic debut at Athens 2004 until he had to withdraw due to illness, watching on as a boat with his name on it, the men's four, powered to gold.

He bounced back with men's four gold at the 2005, 2006 and 2009 World Championships however, and he was part of the eight that won Olympic silver in Beijing.

In January 2010, Partridge was named as the British Olympic Association's Rowing Athlete of the Year for his exploits in 2009.

Nicknamed 'Parters', he always says the Lord's Prayer before every race.



ZAC PURCHASE

Event: Lightweight double scull (LM2x)
Born: 02.05.1986, Cheltenham
Lives: Wallingford
Height: 1.86m (6ft 1in)
Weight: 72kg (11st 5lbs)
Club: Marlow
Coach: Darren Whiter
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (LM2x) 2008. **WCh:** gold (LM2x) 2011; gold (LM2x) 2010; bronze (LM2x) 2007; gold (LM1x) 2006; silver (LM1x) 2005. **WU23Ch:** gold (LM1x) 2005.

Zac Purchase, MBE, is only 26 but he already has Olympic gold and three world titles on his CV.

His partnership with Mark Hunter in the men's lightweight double scull has been formidable since they came together five years ago.

In 2008 they went unbeaten, winning gold at the Beijing Olympics, claiming Team GB's first-ever rowing lightweight gold medal.

He has never failed to medal at a World Championships and on his way to winning global gold in the lightweight single scull in 2006 he set a new world's best time.



TOM RANSLEY

Event: Eight (M8+)
Born: 06.09.1985, Ashford
Lives: Cambridge
Height: 1.96m (6ft 5ins)
Weight: 100kg (15st 10lbs)
Club: York City
Coach: Christian Felkel, John West
Games attended: None



Major achievements: **WCh:** silver (M8+) 2011; silver (M8+) 2010; 9th (M8+) 2009.

A basketball player to county level, Tom Ransley partnered Greg Searle to sixth place in the GB Rowing trials and has since secured a place in the men's eight.

Two world silver medals are the highlight of his international career but he has also won both the Stewards' Challenge Cup and Britannia Challenge Cup at the famous Henley Royal Regatta.



PETE REED

Event: Four (M4-)
Born: 27.07.1981, Seattle, USA
Lives: Chiswick
Height: 1.98m (6ft 6ins)
Weight: 102kg (16st)
Club: Leander
Coach: Jurgen Grobler
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (M4-) 2008. **WCh:** silver (M2-) 2011; silver (M2-) 2010; silver (M2-) 2009; 4th (M4-) 2007; gold (M4-) 2006; gold (M4-) 2005.

Back in the four for 2012, a boat in which he is a two-time world champion, Pete Reed, MBE, is a serving lieutenant in the Royal Navy and is known by his colleagues in the British team as 'Commander'.

After winning Olympic men's four gold at Beijing 2008, Reed moved into the pair with Andrew Triggs Hodge winning three consecutive world silvers behind New Zealanders Hamish Bond and Eric Murray.

Reed is an eight-time winner of the GB senior trials and credits coach Jurgen Grobler as the biggest influence on his career.

After impressing at school level in rugby and basketball, he took up American football, playing for the Gloucester Gladiators and Bristol Rams. He was selected for the British Bulldogs side that faced the USA in 1997.



LOUISA REEVE

Event: Eight (W8+)
Born: 16.05.1984, London
Lives: Henley-on-Thames
Height: 1.83m (6ft)
Weight: 73kg (11st 7lbs)
Club: Leander
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** 6th (W2-), 5th (W8+) 2008. **WCh:** bronze (W8+) 2011; 4th (W8+) 2010; 6th (W2-) 2009; bronze (W8+) 2007. **WU23Ch:** silver (W4x) 2007.

Louisa Reeve competed twice at Beijing 2008 – coming sixth in the women's pair with Olivia Whitlam, then stepping into the eight to replace an ill crew member at the last minute.

Now part of the eight, Reeve helped the crew to bronze at the 2011 World Championships.



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BETH RODFORD

Event: Quadruple scull (W4x)
Born: 28.12.1982, Burton
Lives: Reading
Height: 1.78m (5ft 10ins)
Weight: 77kg (12st 2lbs)
Club: Gloucester
Coach: Ade Roberts
Games attended: One (Beijing 2008)



Major achievements: **OG:** 5th (W8+) 2008. **WCh:** 7th (W4x) 2011; gold (W4x) 2010; 5th (W4x) 2009; 12th (W2-) 2007; 8th (W8+) 2006; 5th (W8+) 2005. **WU23Ch:** gold (W4-) 2004.

Beth Rodford was part of the women's eight that finished fifth at Beijing 2008 but subsequently moved into the quad scull, replacing Katherine Grainger, and won world gold in 2010.

Rodford also holds the British Indoor Rowing record over 2000m at J13, 14, 15 and 16.



STEPHEN ROWBOTHAM

Event: Quadruple scull (M4x)
Born: 11.11.1981, Swindon
Lives: Islsworth
Height: 1.93m (6ft 4ins)
Weight: 93kg (14st 9lbs)
Club: Leander
Coach: Mark Banks
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (M2x) 2008. **WCh:** 7th (M4x) 2011; 5th (M4x) 2010; 4th (M2x) 2007; bronze (M2x) 2006; 7th (M4x) 2005.

Nicknamed 'Uncle Row Row' by teammates and never in action without his lucky socks, Stephen Rowbotham narrowly missed selection for Athens 2004. But, alongside Matt Wells, he won double scull bronze at Beijing 2008, missing silver by four hundredths of a second.



WILL SATCH

Event: Pair (M2-)
Born: 09.06.1989, Oxford
Lives: Maidenhead
Height: 1.94m (6ft 4ins)
Weight: 94kg (14st 11lbs)
Club: Leander
Coach: Christian Felkel, John West
Games attended: None



Major achievements: **WU23Ch:** bronze (M8+) 2011; bronze (M8+) 2010.

A newcomer to the senior team, he has formed a solid partnership with George Nash, who has also graduated from the under-23 squad.

He lists Team GB teammate Greg Searle as his sporting hero and photography and playing the guitar as his other interests.



MOHAMED SBIHI

Event: Eight (M8+)
Born: 27.03.1988, Kingston-upon-Thames
Lives: Surbiton
Height: 2.03m (6ft 8ins)
Weight: 103kg (16st 3lbs)
Club: Molesey
Coach: Christian Felkel, John West
Games attended: None



Major achievements: **WCh:** silver (M8+) 2011; silver (M8+) 2010.

Mohamed Sbihi is an established member of the British men's eight and won silver at the 2010 and 2011 World Championships. He is a practising Muslim.

Muhammed Ali is his sporting idol and his first Olympic memory is watching Michael Johnson at the 1996 Games in Atlanta. Sbihi follows Arsenal FC in his spare time.



GREG SEARLE

Event: Eight (M8+)
Born: 20.03.1972, Ashford
Lives: Marlow
Height: 1.96m (6ft 5ins)
Weight: 95kg (15st)
Club: Molesey
Coach: Christian Felkel, John West
Games attended: Three (Sydney 2000, Atlanta 1996 Barcelona 1992)



Major achievements: **OG:** 4th (M2-) 2000; bronze (M4-) 1996; gold (M2+) 1992. **WCh:** silver (M8+) 2011; silver (M8+) 2010; 14th (M1x) 1999; 5th (M1x) 1998; bronze (M1x) 1997; silver (M4-) 1995; bronze (M4-) 1994; gold (M2+) 1993; bronze (M8+) 1991; 4th (M8+) 1990.

There are members of Britain's rowing team that were not born when Greg Searle MBE made his debut on the British rowing team, finishing fourth at the World Junior Championships in 1988.

Searle won world junior gold in 1989 and 1990 and it is 20 years since he won coxed pair Olympic gold with brother Jonny and cox Garry Herbert at Barcelona 1992, rowing down Italy's Abbagnale brothers, two-time Olympic champions, in a thrilling finish.

Searle went on to win bronze four years later in the four at Atlanta 1996 but quit the sport in 2001 with five World Championship medals also on his CV.

He continued in top level sport as a grinder on Britain's America's Cup sailing team before the lure of a home Olympics tempted him back into rowing in 2009.

A father of two – Josie and Adam – Searle has worn the same socks in every major race since 1992.



TOM SOLESBURY

Event: Quadruple scull (M4x)
Born: 23.09.1980, Farnborough
Lives: Henley-on-Thames
Height: 1.99m (6ft 6ins)
Weight: 97kg (15st 4lbs)
Club: Leander
Coach: Mark Banks
Games attended: One (Beijing 2008)



Major achievements: **OG:** 13th (M2-) 2008. **WCh:** 7th (M4x) 2011; 5th (M8+) 2009; bronze (M8+) 2007; 5th (M8+) 2006.

After training as a solicitor, Tom Solesbury made his debut in the Great Britain senior squad as a 25-year-old and won bronze in the men's eight at the World Championships a year later.

He established himself as part of the crew but switched to the pair for his Olympic debut at Beijing 2008, finishing 13th with Robin Bourne-Taylor.



HEATHER STANNING

Event: Pair (W2-)
Born: 26.01.1985, Yeovil
Lives: Reading
Height: 1.81m (5ft 11ins)
Weight: 74kg (11st 9lbs)
Club: Army
Coach: Robin Williams
Games attended: None



Major achievements: **WCh:** silver (W2-) 2011; silver (W2-) 2010. **WU23Ch:** gold (W2-) 2007.

Heather Stanning joined Helen Glover in the women's pair in 2010 and they won silver at their first World Championships and again in 2011 – both times behind New Zealand – but won all three World Cups this year.

Stanning was commissioned from Royal Military Academy Sandhurst in August 2008 into the Royal Artillery and she will return after the Games.



VICTORIA THORNLEY

Event: Eight (W8+)
Born: 30.11.1987, St Asaph
Lives: Henley-on-Thames
Height: 1.93m (6ft 4ins)
Weight: 76kg (12st)
Club: Leander
Coach: Nick Strange
Games attended: None



Major achievements: **WCh:** bronze (W8+) 2011; 4th (W8+) 2010. **WU23Ch:** gold (W8+) 2009.

Former model Victoria Thornley has been part of the women's eight since 2010 but during this year's World Cups in Belgrade and Lucerne she was part of the quad scull, winning bronze at the former. She returned to the eight for the Munich World Cup, winning bronze again, and will stay there for London 2012. Thornley is a qualified fitness instructor and personal trainer.



SAM TOWNSEND

Event: Double scull (M2x)
Born: 26.11.1985, Reading
Lives: Reading
Height: 1.98m (6ft 6ins)
Weight: 102kg (16st 1lb)
Club: Reading University
Coach: Mark Earnshaw
Games attended: None



Major achievements: **WCh:** 7th (M4x) 2011; 5th (M4x) 2010; 15th (M4x) 2007.

Sam Townsend makes his Olympic debut in 2012 having made an encouraging start to his double scull partnership with Bill Lucas at the World Cup in Belgrade, where they placed third.

He counts winning last year's Queen Mother Challenge Cup at the Henley Royal Regatta, when friends and family watched his crew beat the Croatian world champions, as his career highlight.



ANDREW TRIGGS HODGE

Event: Four (M4-)
Born: 03.03.1979, Aylesbury
Lives: Oxford
Height: 1.92m (6ft 4ins)
Weight: 100kg (15st 10lbs)
Club: Molesey
Coach: Jurgen Grobler
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** gold (M4-) 2008; 9th (M8+) 2004. **WCh:** silver (M2-) 2011; silver (M2-) 2010; silver (M2-) 2009; 4th (M4-) 2007; gold (M4-) 2006; gold (M4-) 2005; bronze (M8+) 2003; 6th (M8+) 2002.

Andrew Triggs Hodge is among the most senior members of the GB Rowing squad, having won men's four gold at Beijing 2008, alongside Pete Reed, Tom James and Steve Williams.

Triggs Hodge, a former Oxford Blue who won a memorable Boat Race in 2005, made his Olympic debut in Athens as part of the men's eight and has won six world medals, including two golds.

He was awarded an MBE in the 2009 New Year Honours List and he counts five-time Olympic champion rower Sir Steve Redgrave as his sporting hero.

After the Beijing Olympics, Triggs Hodge and Reed moved to the pair and won three consecutive world silver medals behind New Zealanders Hamish Bond and Eric Murray before returning to the four ahead of London 2012.

His motto for training is: 'Excellence is a lifestyle. There is always someone else training harder, so train more!'



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ANNABEL VERNON

Event: Eight (W8+)
Born: 01.09.1982, Truro
Lives: Henley-on-Thames
Height: 1.78m (5ft 10ins)
Weight: 75kg (11st 11lbs)
Club: Leander
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** silver (W4x) 2008. **WCh:** 7th (W4x) 2011; gold (W4x) 2010; silver (W2x) 2009; gold (W4x) 2007; 4th (W2x) 2006; 9th (W1x) 2005. **WU23Ch:** bronze (W2-) 2004.

Annabel Vernon is an Olympic silver medallist from Beijing 2008 and has only recently made the transition from the quad scull to the eight, finishing fifth at the Lucerne World Cup and winning bronze at the Munich leg.

Vernon started to row in Cornwall, aged 17, and upon joining Cambridge University she joined the Blue Boat.

In her first appearance for Great Britain she won bronze at the 2004 World Under-23 Championships.



ANNA WATKINS

Event: Double scull (W2x)
Born: 13.02.1983, Leek
Lives: Wokingham
Height: 1.83m (6ft)
Weight: 78kg (12st 4lbs)
Club: Leander
Coach: Paul Thompson
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (W2x) 2008. **WCh:** gold (W2x) 2011; gold (W2x) 2010; silver (W2x) 2009; bronze (W2x) 2007; 4th (W2x) 2006; 5th (W8+) 2005.

Anna Watkins has specialised in the double scull since 2006 and at Beijing 2008 she won bronze with Elise Laverick.

Since teaming up in 2010, Watkins, née Bebington, and three-time Olympic silver medallist Katherine Grainger have won two world gold medals and remain unbeaten together.

Watkins learnt to row as part of the GB Rowing Team's Start Programme while at Cambridge University.

A talented mathematician, Watkins has previously learnt to fly a plane as well as being an assistant Brownie pack leader.



MATTHEW WELLS

Event: Quadruple scull (W4x)
Born: 19.04.1979, Bradford
Lives: Putney
Height: 1.88m (6ft 2ins)
Weight: 90kg (14st 2lbs)
Club: Leander
Coach: Mark Banks
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** bronze (M2x) 2008; 7th (M2x) 2004; 9th (M1x) 2000. **WCh:** 6th (M2x) 2011; silver (M2x) 2010; 4th (M2x) 2007; bronze (M2x) 2006; 7th (M4x) 2005; 5th (M2x) 2003; 6th (M2x) 2002; 13th (M1x) 2001.

One of the most experienced rowers in the team, London will be Matthew Wells' fourth Games. He has moved out of the double scull – where he partnered Stephen Rowbotham to bronze at Beijing 2008 – and into the quad. Wells won world junior gold in the double in 1997.



OLIVIA WHITLAM

Event: Eight (W8+)
Born: 16.09.1985, Chester
Lives: Hayes
Height: 1.85m (6ft 1in)
Weight: 73kg (11st 7lbs)
Club: Agecroft
Coach: Nick Strange
Games attended: One (Beijing 2008)



Major achievements: **OG:** 6th (W2-) 2008. **WCh:** 4th (W8+) 2010; 6th (W2-) 2009. **WChU23:** gold (W2-) 2007.

Olivia Whitlam competed in the women's pair at Beijing 2008 alongside Louisa Reeve, finishing sixth, but she has since moved to the women's eight.

A keen horse rider, Whitlam graduated from the University of Nottingham with a degree in Environmental Science while she was part of the eight that won bronze at the opening World Cup of the season in Belgrade.



ROB WILLIAMS

Event: Lightweight four (LM4-)
Born: 21.01.1985, Taplow
Lives: London
Height: 1.85m (6ft 1in)
Weight: 75kg (11st 11lbs)
Club: London
Coach: Rob Morgan
Games attended: None



Major achievements: **WCh:** bronze (LM4-) 2011; gold (LM4-) 2010; 6th (LM2x) 2009; bronze (LM4x) 2007.

Rob Williams is a three-time World Championship medallist who was born just a few miles from Eton Dorney, venue for the London 2012 Olympic rowing competitions.

He once made the headlines for crashing a rowing boat into, and then being run over by, a passenger ferry on the Thames in London. He is currently studying his PhD in X-ray crystallography.



MELANIE WILSON

Event: Quadruple scull (W4x)
Born: 25.06.1984, Southampton
Lives: London
Height: 1.82m (6ft)
Weight: 75kg (11st 11lbs)
Club: Imperial
Coach: Ade Roberts
Games attended: None



Major achievements: **WCh:** 7th (W4x) 2011; 5th (W8+) 2009.

This season Melanie Wilson has won women's quadruple scull World Cup bronze in Belgrade and Munich.

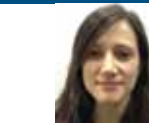
In 2011, she filled in for Anna Watkins to partner Katherine Grainger in the double scull, winning gold in Munich.

Currently training to be a doctor at Imperial College, Wilson is also a keen water polo player.



LIZ ARNOLD

Games role: Physiotherapist
Born: 19.04.1981, Newport
Lives: London



MARK BANKS

Games role: Coach, Men's Quadruple Scull
Born: 30.10.1958, Littleborough
Lives: Reading



BILL BARRY

Games role: Coach, Men's Single Scull
Born: 16.10.1940, Newquay
Lives: Cheltenham



SALLY BROWN

Games role: Physiotherapist
Born: 21.11.1977, Cambridge
Lives: London



MARK EARNSHAW

Games role: Coach, Men's Double Scull
Born: 22.03.1975, London
Lives: Reading



MARK EDGAR

Games role: Physiotherapist, Head of Rowing Medical Service
Born: 21.09.1958, Auckland, New Zealand
Lives: London



CHRISTIAN FELKEL

Games role: Coach, Men's Pair and Eight
Born: 15.10.1964, Frankfurt, Germany
Lives: Sonning Common, Oxfordshire



JURGEN GROBLER

Games role: Chief Coach, Men and Coach, Men's Four
Born: 31.10.1946, Burg, Germany
Lives: Henley-on-Thames



MAURICE HAYES

Games role: Equipment Manager
Born: 02.03.1959, Sedgley
Lives: Reading



MARK HOMER

Games role: Sports Scientist
Born: 21.01.1977, Birmingham
Lives: Woodcote



ROB MORGAN

Games role: Coach, Lightweight Men's Four
Born: 19.08.1963, Reading
Lives: Henley-on-Thames



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ANN REDGRAVE

Games role: Doctor
Born: 08.02.1960, Crawley
Lives: Marlow Bottom



PAUL REEDY

Games role: Coach, Lightweight Women's Double Scull
Born: 21.01.1961, Robinvale, Australia
Lives: Putney



ADE ROBERTS

Games role: Coach, Women's Quadruple Scull
Born: 23.05.1968, Stoke-on-Trent
Lives: Draycott



CAROLINE SEARLE

Games role: Press Officer
Born: 16.07.1958, Torpoint
Lives: Bath



NICK STRANGE

Games role: Coach, Women's Eight
Born: 15.08.1966, Canterbury
Lives: Henley-on-Thames



DAVID TANNER

Games role: Team Leader & Performance Director
Born: 29.12.1947, London
Lives: Twickenham



David Tanner has been British Rowing's international manager and performance director since 1996. He coached the 'Ealing Four' to World Championship bronze in 1978 and 1979 as well as Olympic bronze at Moscow 1980.

In 1991 Tanner, a former school headmaster, was appointed GB senior rowing team manager before becoming performance director. He is a Fellow of the Royal Society of Arts and in 2009 he was made a CBE.

London 2012 will be Tanner's eighth Olympic Games.

JOHN TETLEY

Games role: Boatman
Born: 24.03.1967, Aylesbury
Lives: Tring



PAUL THOMPSON

Games role: Chief Coach, Women & Lightweights and Coach, Women's Double Scull
Born: 15.03.1964, Canberra, Australia
Lives: Southfields



JOHN WEST

Games role: Coach, Men's Pair & Eight
Born: 17.07.1965, London
Lives: London



DARREN WHITER

Games role: Coach, Lightweight Men's Double Scull
Born: 27.04.1971, Slough
Lives: Bracknell



CRAIG WILLIAMS

Games role: Sports Scientist
Born: 15.12.1972, Alexandria
Lives: Reading



ROBIN WILLIAMS

Games role: Coach, Women's Pair
Born: 05.04.1959, Llandefan
Lives: Henley-on-Thames



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Sailing



Sailing

Introduction

Weymouth Bay and Portland Harbour will be the venue for the Olympic sailing competition. It was the first London 2012 Games venue to be finished.

Team GB have topped the Olympic sailing medal table at the last three Games and won six medals in Beijing, including four golds. Ten medals will be available at London 2012, where each nation can enter one boat per event.

Team GB, whose target is four medals at London 2012, have automatic entry to all events as the host nation and have named a full squad of 16 sailors, including nine men and seven women.

Team GB 2012

Ben Ainslie will look to make history in Weymouth as he bids to claim a fourth consecutive Olympic gold medal.

After winning silver in his first Games

● We've got ten teams in ten events and as we go into the Games I can honestly say we've got potential to medal in every single event. We've never had that before. ●

**Team GB Sailing Team Leader
Stephen Park**

at Atlanta 1996, aged 19, Ainslie has dominated first the Laser, winning gold at Sydney 2000, and then the Finn class, where he has claimed golds at Athens 2004 and Beijing 2008.

His Beijing win saw him installed as Britain's most successful Olympic sailor ever, overhauling Rodney Pattison, who had an identical record to Ainslie up until Beijing. If the 35-year-old were to take gold it would be Team GB's fourth

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straight Olympic title in the Finn class, a run that stretches back to Iain Percy's win at Sydney 2000. This would install him as the greatest Olympic sailor in history, overcoming Denmark's Paul Elvstrom's record of four golds at consecutive Games.

As well as Ainslie, there are three more reigning Olympic champions on the British team. Paul Goodison took Laser gold in Qingdao four years ago but will face a battle with Australia's Tom Slingsby who has taken five of the last six World Championship titles on offer. Andrew Simpson and Percy won Star gold in Beijing and will be looking to bounce back from settling for silver at May's World Championships.

Sisters Kate and Lucy Macgregor will be challenging for medals alongside Elliott 6.0m Match Racing teammate Annie Lush while in the women's 470 Hannah Mills and Saskia Clark will go for gold.



● This qualification process was definitely the hardest compared to the previous four I have been through. We all want to compete on home waters, it is a once in a lifetime opportunity, and having four top British sailors battling for qualification in the Finn meant I had to be at my best for every race. ●

Ben Ainslie

FACT FILE



VENUE: Weymouth & Portland

GOLD MEDALS AVAILABLE: 10

DATES:

Sunday July 29 – Saturday August 11

NUMBER OF TEAM GB

ATHLETES:

Men: 9 Women: 7

WEBSITES:

BOA: www.teamgb.com/summer-sports/sailing

London 2012: www.london2012.com/sailing

NGB: www.rya.org.uk

DID YOU KNOW?

Great Britain topped the medal table at the 1908 London Games but didn't again until Sydney 2000. Since then they've finished top of the pile in Athens and Beijing



Triple Olympic Champion Ben Ainslie (centre) will lead the Team GB sailing team this summer



Stephen Park, centre, poses with Britain's medallists at Beijing 2008

WORDS TO LEARN +

GYBING:

The act of turning a sailboat across the wind, downwind

TACKING:

Turning a boat from one side of the wind to the other by steering through the eye of the wind

HIKING OUT:

Leaning over the side of the boat to balance it against the force of the wind

LUFFING:

Altering course towards the wind

DID YOU KNOW?

Sailing has been part of the Olympics since 1900 but was known as yachting until the 2000 Games in Sydney

With a pair of Olympic bronze medals to their name from Athens 2004 and Beijing 2008 respectively, Nick Dempsey and Bryony Shaw will contest the RS:X windsurfing class.

Competition format

In competitive sailing, athletes complete courses in as short a time as possible, harnessing the wind in their sails for maximum speed.

There are two racing formats – match racing (one against one) and fleet racing (mass start) – across ten classes. Crew sizes vary from one to three, with Laser, Laser Radial, Finn and RS-X classes featuring one sailor; the 470, 49er and Star two and the women's Elliott 6.0m, three.

In fleet racing, competitors contest ten races – 15 for the 49er – with points awarded depending on finishing positions in each race – one point for first, 41 for 41st. The ten boats with the lowest accumulated scores, once their worst score has been discarded, qualify for the medal race, where points scored are doubled and added to the initial scores to decide the top ten.

In match racing, the first boat across the line wins the match. Teams compete against each other in a series of round robin matches, with the top teams progressing to the final knockout stages.

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TEAM GB SAILING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	3	2	0	5
Athens 2004	2	1	2	5
Beijing 2008	4	1	1	6
Total at Olympics	25	14	11	50
World Championships 2012	2	3	0	5

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2012
RS:X	M Tom Ashley (AUS)	Julien Bontemps (FRA)
RS:X	W Yin Jian (CHN)	Lee Korzits (ISR)
Laser	M Paul Goodison (GBR)	Tom Slingsby (AUS)
Laser Radial	W Anna Tunnicliffe (USA)	Gintare Scheidt (LTU)
470	M Nathan Wilmot/ Nathan Page (AUS)	Mathew Belcher/ Malcolm Page (AUS)
	W Elise Rechichi/ Tessa Parkinson (AUS)	Hannah Mills/ Saskia Clark (GBR)
Star	M Iain Percy/ Andrew Simpson (GBR)	Robert Scheidt/ Bruno Prada (BRA)
Elliott 6.0m	W N/A	Finland
Finn	M Ben Ainslie (GBR)	Ben Ainslie (GBR)
49er	M Jonas Warrer/ Martin Kirketerp (DEN)	Nathan Outteridge/ Iain Jensen (AUS)
Yngling	W Great Britain	Netherlands

TEAM GB HERO: RODNEY PATTISSON +

Rodney Pattison won Olympic gold in the Flying Dutchman class in 1968 and 1972 and claimed silver in the event in 1976. After his first Olympic victory he resigned his commission in the Royal Navy and joined a local boat building firm in Dorset, which allowed him to commit more time to his training. In addition to his Olympic success he was world and European champion between 1968 and 1972.



EVENTS SCHEDULE*

M = Men's events W = Women's events 🏆 = Medal event

DATE	EVENT
29 July	12:00-18:00 M Finn, Star W Elliott 6.0m
30 July	12:00-18:00 M 49er, Finn, Laser, Star W Elliott 6.0m, Laser Radial
31 July	12:00-18:00 M 49er, Finn, Laser, RS:X, Star W Elliott 6.0m, Laser Radial, RS:X
1 Aug	12:00-18:00 M 49er, Laser, RS:X W Elliott 6.0m, Laser Radial, RS:X
2 Aug	12:00-18:00 M 49er, 470, Finn, RS:X, Star W Elliott 6.0m, RS:X
3 Aug	12:00-18:00 M 49er, 470, Finn, Laser, Star W 470, Laser Radial
4 Aug	12:00-18:00 M 470, Laser, RS:X W 470, Elliott 6.0m, Laser Radial
5 Aug	12:00-18:20 M 49er, 🏆 Finn (medal race), RS:X, 🏆 Star (medal race) W 470, RS:X
6 Aug	12:00-18:20 M 49er, 470, 🏆 Laser (medal race) W 470, 🏆 Laser Radial (medal race)
7 Aug	12:00-18:20 M 470, 🏆 RS:X (medal race) W 470, Elliott 6.0m, 🏆 RS:X (medal race)
8 Aug	12:00-18:10 M 🏆 49er (medal race) W 470, Elliott 6.0m
9 Aug	12:00-18:10 M 🏆 470 (medal race) W Elliott 6.0m
10 Aug	12:00-18:10 W 🏆 470 (medal race), Elliott 6.0m
11 Aug	12:00-18:10 W 🏆 Elliott 6.0m (medal race)

Great Britain will compete in every event

*Schedule subject to change due to weather conditions

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BEN AINSLIE

Event: Finn
Born: 05.02.1977, Macclesfield
Lives: Lymington
Height: 1.82m (5ft 11ins)
Weight: 80kg (12st 6lbs)
Club: Royal Lymington
Coach: David Howlett
Games attended: Four (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996)



3 1

Major achievements: **OG:** gold (Finn) 2008; gold (Finn) 2004; gold (Laser) 2000; silver (Laser) 1996. **WCh:** gold (Finn) 2012; gold (Match Racing) 2010; gold (Finn) 2008; gold (Finn) 2005; gold (Finn) 2004; gold (Finn) 2003; gold (Finn) 2002; gold (Laser) 1999; gold (Laser) 1998.

Ben Ainslie, CBE, made sure of a fifth Olympic appearance by winning the Sail for Gold Regatta and the London 2012 test event last summer – both of which were held at the Weymouth venue.

Ainslie won his first Olympic medal at Atlanta 1996, when he became Britain's youngest ever sailing medallist, aged 19, by claiming silver in the Laser class.

At Sydney 2000 he won his first Olympic gold in the Laser and then moved to the Finn to claim gold at Athens 2004 and Beijing 2008, becoming Britain's most successful Olympic sailor in history.

Inspired by father Roddy, who took part in the first-ever Round the World Race, Ainslie took up sailing aged eight and is now a multiple world champion, winning the Laser class twice and the Finn on six occasions. In 2010 he also won the World Match Racing title.

He is the only sailor to be named ISAF World Sailor of the Year on three occasions, 1998, 2002 and 2008 while he is also a four-time British yachtsman of the year.

A Chelsea fan, 'Beano' Ainslie was the first official torch bearer for the UK Olympic Torch Relay, carrying the flame in Cornwall.

@AinslieBen

STUART BITHELL

Event: 470
Born: Rochdale
Lives: 28.08.1986, Portland
Height: 1.88m (6ft 2ins)
Weight: 72kg (11st 5lbs)
Club: Hollingworth Lake
Coach: Morgan Reeser
Games attended: None



Major achievements: **WCh:** silver (470) 2011; 8th (470) 2010; silver (470) 2009; 63rd (470) 2005.

Stuart Bithell claimed silver at the World Championships in 2009, just two weeks after joining forces with Luke Patience in the 470 class.

The duo were confirmed as Great Britain's Olympic representatives in the 470 class after finishing second at the 2011 ISAF World Championships in Perth in December.

Bithell, who lists Bradley Wiggins among his heroes, learned to sail alongside his dad in a Firefly, aged seven.

@PatienceBithell

SASKIA CLARK

Event: 470
Born: 23.08.1979, Colchester
Lives: Weymouth
Height: 1.76m (5ft 9ins)
Weight: 68kg (10st 10lbs)
Club: West Mersea, Dabchicks, Royal Thames
Coach: Joe Gianfield
Games attended: One (Beijing 2008)



Major achievements: **OG:** 6th (470) 2008. **WCh:** gold (470) 2012; silver (470) 2011; 5th (470) 2010; 7th (470) 2009; 7th (470) 2008; bronze (470) 2007; 6th (470) 2006; silver (470) 2005.

After winning world bronze in 2007, Saskia Clark and Christina Bassadone finished sixth at the Beijing Olympics in the 470 class.

Following Beijing 2008, Bassadone retired from the sport, leaving Clark to trial partnerships with Beijing 2008 Laser Radial representative Penny Clark, and 2008 Olympic Yngling champion teammates Pippa Wilson and Sarah Ayton.

In February 2011, Norwich City FC fan Clark, whose off-the-water partner is Paul Goodison, teamed up with Hannah Mills.

The pair duly won the London 2012 test event and came second at the ISAF World Championships in Perth in December last year before claiming world gold in Barcelona in May.

@470Girls

NICK DEMPSEY

Event: RS:X
Born: 13.08.1980, Norwich
Lives: Weymouth
Height: 1.80m (5ft 11ins)
Weight: 70kg (11st)
Club: Weymouth & Portland National Sailing Academy
Coach: Barrie Edgington
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** 4th (RS:X) 2008; bronze (Mistral) 2004; 16th (Mistral) 2000. **WCh:** silver (RS:X) 2012; 13th (RS:X) 2011; 9th (RS:X) 2010; gold (RS:X) 2009; 6th (RS:X) 2008; bronze (RS:X) 2007; 5th (RS:X) 2006; 5th (Mistral) 2004; 6th (Mistral) 2003; 7th (Mistral) 2002; 8th (Mistral) 2001; 23rd (Mistral) 2000; 24th (Mistral) 1999; 26th (Mistral) 1998

Nick Dempsey became Great Britain's first-ever Olympic windsurfing medallist with bronze at Athens 2004 in the Mistral class, the last time that event featured at the Games.

At Beijing 2008 however he just missed out on the podium, finishing fourth in the RS:X sailboard class in Qingdao. As a result, Dempsey opted to pursue a third Olympic appearance at London 2012 and in 2009 he won world gold in Weymouth, where he took silver in last year's test event.

In October 2008, soon after the Beijing Olympics, Dempsey married double Olympic Yngling gold medallist Sarah Ayton and they have two children together, Thomas and Oscar.

@nickdempsey1

PAUL GOODISON

Event: Laser
Born: 29.11.1977, Rotherham
Lives: Weymouth
Height: 1.80m (5ft 10ins)
Weight: 79kg (12st 4lbs)
Club: Ulley
Coach: Arthur Brett
Games attended: Two (Beijing 2008, Athens 2004)



Major achievements: **OG:** gold (Laser) 2008; 4th (Laser) 2004. **WCh:** 20th (Laser) 2012; 5th (Laser) 2011; 9th (Laser) 2010; gold (Laser) 2009; 7th (Laser) 2008; 5th (Laser) 2007; 8th (Laser) 2006; 12th (Laser) 2005; 8th (Laser) 2004; 31st (Laser) 2003; bronze (Laser) 2002; 4th (Laser) 2001; 6th (Laser) 2000.

Paul Goodison won his first Olympic title at the second time of asking at Beijing 2008.

Goodison went on to hold the European, Olympic and world titles in 2009, having won the latter for the first time in his career in August of that year in Halifax, Canada.

In 2009, Sheffield United FC fan Goodison was awarded an MBE after winning Olympic gold the previous year.

Goodison embarked on an unbeaten run after the Beijing Olympics, which was finally brought to an end at the 2009 Sail for Gold Regatta at the London 2012 venue in Weymouth.

Goodison prevailed in a battle for the sole British London 2012 spot with Nick Thompson, who won world silver in December last year in Perth.

Goodison's 2009 European title was his fifth in a row while victory at Beijing 2008 was his first Olympic medal, having finished fourth at Athens 2004, also in the Laser class.

Based in Weymouth but born in Rotherham, Goodison's partner is fellow British Olympian Saskia Clark.

@paulgoodisongb

ANNIE LUSH

Event: Match Racing
Born: 11.04.1980, Poole
Lives: Poole
Height: 1.80m (5ft 11ins)
Weight: 64kg (10st 2lbs)
Club: Parkstone
Coach: Maurice Paardenkooper
Games attended: None



Major achievements: **WCh:** silver (Match Racing) 2011; gold (Match Racing) 2010; 8th (Yngling) 2008; bronze (Yngling) 2007; 18th (Yngling) 2006; 7th (Yngling) 2005; 30th (Yngling) 2004; 12th (Yngling) 2003.

Annie Lush will team up with sibling duo Kate and Lucy Macgregor in the Match Racing class, which makes its Olympic debut at London 2012.

Lush and Lucy Macgregor turned their attentions to match racing after missing out on Beijing 2008 in the Yngling class, which is no longer an Olympic event.

Lush has a rowing Blue from the University of Cambridge, having been victorious in 2001 while she featured in the Rugby Varsity Match the following year.

@matchracegirls

KATE MACGREGOR

Event: Match Racing
Born: 12.01.1991, Poole
Lives: Poole
Height: 1.60m (5ft 3ins)
Weight: 54kg (8st 8lbs)
Club: Poole
Coach: Maurice Paardenkooper
Games attended: None



Major achievements: **WCh:** silver (Match Racing) 2011; gold (Match Racing) 2010.

Kate Macgregor is the younger half of the family double act that makes up two thirds of the Match Racing team, alongside sister Lucy and Annie Lush.

With Lucy four years her senior 'Mini Mac' will be making her Olympic debut in Weymouth having learned her trade on the family cruiser.

@matchracegirls

LUCY MACGREGOR

Event: Match Racing
Born: 28.11.1986, Poole
Lives: Poole
Height: 1.63m (5ft 4in)
Weight: 55kg (8st 10lbs)
Club: Poole
Coach: Maurice Paardenkooper
Games attended: None



Major achievements: **WCh:** silver (Match Racing) 2011; gold (Match Racing) 2010; 9th (Match Racing) 2009; 8th (Yngling) 2008; bronze (Yngling) 2007; 18th (Yngling) 2006; 25th (470) 2005.

Lucy Macgregor, big sister of fellow Match Racing crew member Kate, will make her Olympic bow at London 2012.

Macgregor senior was in contention for a spot in the Yngling crew for Beijing 2008 but lost out to the 'three blonds in a boat' Sarah Ayton, Sarah Webb and Pippa Wilson who took gold.

Outside of the boat Macgregor plays hockey for Bournemouth Hockey Club.

@matchracegirls

HANNAH MILLS

Event: 470
Born: 29.02.1988, Cardiff
Lives: Weymouth
Height: 1.57m (5ft 2ins)
Weight: 50kg (7st 12ins)
Club: WPNISA
Coach: Joe Gianfield
Games attended: None



Major achievements: **WCh:** gold (470) 2012; silver (470) 2011; 24th (470) 2010; 21st (470) 2009; 47th (470) 2007.

Hannah Mills teamed up with Beijing Olympian Saskia Clark in 2011 following the retirement of Clark's former helm Sarah Ayton.

The pair won their first World Cup medal, silver, in Hyeres two months after teaming up and have since won the London 2012 test event, as well as World Championship silver in December then gold this year.

@470Girls

STEVIE MORRISON

Event: 49er
Born: 25.11.1978, Eastbourne
Lives: Exmouth
Height: 1.78m (5ft 10ins)
Weight: 77kg (12st 2lbs)
Club: Exe
Coach: Paul Brotherton
Games attended: One (Beijing 2008)



Major achievements: **OG:** 9th (49er) 2008. **WCh:** 7th (49er) 2010; 4th (49er) 2009, silver (49er) 2008; gold (49er) 2007; bronze (49er) 2006; 5th (49er) 2005; 9th (49er) 2004; 6th (49er) 2003; 30th (49er) 2002.

Stevie Morrison has known 49er partner Ben Rhodes for 20 years, having competed against each other at cadet level.

The duo arrived at Beijing 2008 with a complete set of medals from three of the four World Championships since Athens 2004 and as favourites to reach the podium.

Highly disappointed with his ninth-place finish in Beijing, James Bond fan Morrison was sweating on Olympic selection for London 2012 after Rhodes had to pull out of the 2011 World Championships in Perth with a rib injury.

John Pink and Rick Peacock were among the front runners for selection but Morrison and Rhodes were selected for a second Olympic appearance in May.

@Exmouth49er

LUKE PATIENCE

Event: 470
Born: 05.08.1986, Aberdeen
Lives: Portland
Height: 1.67m (5ft 7ins)
Weight: 59kg (9st 4lbs)
Club: Royal Northern & Clyde
Coach: Morgan Reeser
Games attended: None



Major achievements: **WCh:** silver (470) 2011; 8th (470) 2010; silver (470) 2009; 18th (470) 2008; 42nd (470) 2007; 49th (470) 2006; 22nd (470) 2005.

Luke Patience claimed silver at the World Championships in 2009, just two weeks after joining forces with Stuart Bithell in the 470 class.

And the pair confirmed their Olympic spot with second at the 2011 ISAF World Championships in Perth in December.

Patience has a pre-event superstition of tasting the water he is due to sail in the night before his first race.

@PatienceBithell

IAIN PERCY

Event: Star
Born: 21.03.1976, Southampton
Lives: Ermsworth
Height: 1.85m (6ft 1ins)
Weight: 95kg (14st 13lbs)
Club: Weston
Coach: Nick Harrison
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** gold (Star) 2008; 6th (Star) 2004; gold (Finn) 2000. **WCh:** silver (Star) 2012; 30th (Star) 2011; gold (Star) 2010; 52nd (Star) 2008; bronze (Star) 2007; 24th (Star) 2006; 11th (Finn) 2006; bronze (Star) 2005; bronze (Star) 2004; bronze (Star) 2003; gold (Star) 2002; 18th (Finn) 2000; 4th (Finn) 1999; 7th (Finn) 1998; 18th (Finn) 1997.

Iain Percy won Finn gold at Sydney 2000 in his first appearance at the Olympics.

After Sydney however, Percy turned his attentions to the Star, which resulted in a sixth-place finish at Athens 2004.

But at Beijing 2008, Percy won his second Olympic gold medal, this time with lifelong friend Andrew Simpson, in the Star class, after his previous partnership with Steve Mitchell disbanded.

Percy started sailing aged four and is one of just three British men, along with Ben Ainslie and Rodney Pattison to win multiple Olympic sailing gold medals.

Appointed Member of the British Empire in 2005 and then Order of the British Empire in the Queen's 2009 New Year Honours list, Percy stores his medals at his parents' house to keep them safe.

Percy and Simpson had hoped to challenge for the next America's Cup but they had to revert their attentions to the Olympic Star class after Team Origin owner Sir Keith Mills felt compelled to withdraw from the running in October 2010.

@IainPercy

BEN RHODES

Event: 49er
Born: 10.05.1981, Southampton
Lives: Exmouth
Height: 1.83m (6ft)
Weight: 72kg (11st 5lbs)
Club: Exe
Coach: Paul Brotherton
Games attended: One (Beijing 2008)



Major achievements: **OG:** 9th (49er) 2008. **WCh:** 7th (49er) 2010; 4th (49er) 2009, silver (49er) 2008; gold (49er) 2007; bronze (49er) 2006; 9th (49er) 2004; 6th (49er) 2003.

Ben Rhodes suffered a rib injury which ruled him out of the 2011 ISAF World Championships in Perth but he and Stevie Morrison, as they were at Beijing 2008, were selected in the 49er class.

'Rodent' and Morrison won gold at the 2007 World Championships and the Beijing test event and arrived as one of the favourites for gold, only to end up in ninth position.

@Exmouth49er



BRYONY SHAW

Event: RS:X
Born: 28.04.1983, Wandsworth
Lives: Tunbridge Wells
Height: 1.67m (5ft 7ins)
Weight: 60kg (9st 6lbs)
Club: Weymouth & Portland National Sailing Academy
Coach: Dom Tidey
Games attended: One (Beijing 2008)



Major achievements: **OG:** bronze (RS:X) 2008. **WCh:** 4th (RS:X) 2012; 7th (RS:X) 2011; 4th (RS:X) 2010; 6th (RS:X) 2009; 8th (RS:X) 2008; 12th (RS:X) 2007; 10th (RS:X) 2006; 15th (Mistral) 2004; 31st (Mistral) 2003; 11th (Mistral) 2002; 17th (Mistral) 2001.

Bryony Shaw became Great Britain's first-ever female Olympic windsurfing medalist at Beijing 2008, a year after winning the test event.

Shaw, who lists her nicknames as Brownie or Britney, finished third at the London 2012 test event and is a keen snowboarder.

@BRYONYSHAW

ANDREW SIMPSON

Event: Star
Born: 07.12.1976, Chertsey
Lives: Sherborne
Height: 1.85m (6ft 1ins)
Weight: 102kg (16st 11lbs)
Club: Sherborne
Coach: Nick Harrison
Games attended: One (Beijing 2008)



Major achievements: **OG:** gold (Star) 2008. **WCh:** silver (Star) 2012; 30th (Star) 2011; gold (Star) 2010; 52nd (Star) 2008; bronze (Star) 2007; 15th (Finn) 2005; 6th (Finn) 2004; bronze (Finn) 2003; 9th (Finn) 2002; 15th (Finn) 2001; 12th (Finn) 2000; 6th (Laser) 1999.

Initially starting in the Laser Andrew Simpson plugged away for many years behind Iain Percy and Ben Ainslie in the Finn.

But with Ainslie dominating, Simpson teamed up with Percy in 2007 in the Star class and the duo, lifelong best friends and former Lego-building partners, won World Championship bronze to suggest their fledgling partnership showed promise.

A year later Simpson and Percy won Olympic gold in the Star class at Beijing 2008 in a dramatic medal race in Qingdao and 'Bart' was awarded with an MBE. It was Percy's second Olympic gold medal, having topped the podium in the Finn class, before Ainslie's emergence, at Sydney 2000.

Simpson lists Ian Botham as his sporting hero and like his British teammate Paul Goodison, he played football as a youngster and is a big Tottenham Hotspur FC fan.

Percy and Simpson had hoped to challenge for the next America's Cup but they had to revert their attentions to the Olympic Star class after Team Origin owner Sir Keith Mills felt compelled to withdraw from the running in October 2010.

@AndrewBSimpson

ALISON YOUNG

Event: Laser Radial
Born: 29.05.1987, Bewdley
Lives: Portland
Height: 1.81m (5ft 11ins)
Weight: 67kg (10st 8lbs)
Club: Weymouth & Portland National Sailing Academy
Coach: Hugh Styles
Games attended: None



Major achievements: **WCh:** 4th (Laser Radial) 2012; 7th (Laser Radial) 2011; 12th (Laser Radial) 2010; 26th (Laser Radial) 2009; 89th (Laser Radial) 2008; 29th (Laser Radial) 2007; 42nd (Laser Radial) 2006; 27th (Laser Radial) 2005.

Alison Young claimed her first World Cup victory at the 2012 Sail for Gold Regatta in Weymouth, just two months before the Games.

Young achieved her first ever top-ten finish at the World Championships in Perth in December, finishing seventh, before ending fourth in the 2012 event.

A 2005 ISAF Youth World Championships bronze medalist, Young has a first-class honours degree in civil engineering from the University of Southampton.



LINDSEY BELL

Title: Team GBR Communications Manager
Games role: Press attaché
Born: 19.05.1978, Hitchin
Lives: Netley Abbey



PETER BENTLEY

Title: RYA Technical Projects Manager
Games role: Technical Support
Born: 09.10.1960, Sutton
Lives: Fareham



ARTHUR BRETT

Title: Laser Coach
Games role: Laser Coach
Born: 15.05.1961, Hayfield, Australia
Lives: Scarborough



PAUL BROTHERTON

Title: Performance Squad 49er Coach
Games role: 49er Coach
Born: 11.07.1966, Romiley
Lives: Portland



TZANEEN CARTWRIGHT

Title: Olympic Operations Officer
Games role: Deputy Team Leader
Born: 26.07.1979, Salisbury
Lives: Hamble



BEN CHELL

Title: RYA Psychologist
Games role: Psychologist
Born: 24.07.1972, Swadlincote
Lives: Southampton



LILY DEVINE

Title: RYA Head Physiotherapist
Games role: Physiotherapist
Born: 01.04.1981, London
Lives: Hatfield



BARRIE EDGINGTON

Title: Olympic Development Squad Manager, RS:X Men's Coach
Games role: RS:X Men's Coach
Born: 30.03.1967, Wokingham
Lives: Emsworth



JOE GLANFIELD

Title: Women's 470 Performance Squad Coach
Games role: 470 Women's Coach
Born: 06.08.1979, Sutton
Lives: Exmouth



ELIZABETH GREENHALGH

Title: Team Meteorologist
Games role: Meteorologist
Born: 03.08.1980, Brighton
Lives: Hamble



CHRIS GOWERS

Title: Head Coach
Games role: Head Coach
Born: 05.08.1967, Bristol
Lives: Y Felinheli



NICK HARRISON

Title: Star Coach
Games role: Star Coach
Born: 17.08.1958, Portsmouth
Lives: Gosport



SIMON HISCOCKS

Title: Team Bosun
Games role: Bosun
Born: 21.05.1973, Redhill
Lives: Portland



DAVID HOWLETT

Title: Finn Coach to Ben Ainslie
Games role: Finn Coach
Born: 24.11.1951, Wellingborough
Lives: Fareham



PAUL MULLAN

Title: Senior Sports Science Officer
Games role: Medical
Born: 28.06.1979, London
Lives: Dorchester



MAURICE PAARDENKOOPER

Title: Women's Match Racing Team Coach
Games role: Women's Match Racing Team Coach
Born: 24.01.1962, Amsterdam, Netherlands
Lives: Franeker, Netherlands



STEPHEN PARK

Title: RYA Olympic Manager
Games role: Team Leader
Born: 24.02.1968, Glasgow
Lives: Fareham



Stephen 'Sparky' Park mounted Olympic trials campaigns in both the 470 and Tornado classes in 1992 and 1996 as a sailor before he started working full-time on the RYA Olympic programme, supporting John Derbyshire and overseeing the Olympic development squad.

At Sydney 2000 he coached Ian Barker and Simon Hiscocks to 49er silver while he returned from Athens 2004 having guided Great Britain's Olympic and Paralympic sailors to five medals. He went one better at Beijing 2008 with six, including four golds.



MORGAN REESER

Title: 470 Men's Performance Squad Coach
Games role: 470 Men's Coach
Born: 14.11.1962, Florida, USA
Lives: Fort Lauderdale, USA



HUGH STYLES

Title: Laser Radial Coach
Games role: Laser Radial Coach
Born: 25.06.1974, Dover
Lives: Weymouth



DOMINIC TIDEY

Title: RS:X Women's Coach
Games role: RS:X Women's Coach
Born: 19.04.1976, Birmingham
Lives: Poole



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Shooting

Shooting

Introduction

Shooting has featured at every Olympics aside from St Louis 1904 and Amsterdam 1928 and from three events at Athens 1896 it has grown to 15 – nine for the men and six for the women – for London 2012 with 390 athletes set to take part.

There are three different firearms in Olympic shooting – pistol, rifle and shotgun – each containing five events and all will be held at the Royal Artillery Barracks in Woolwich.

Men and women have only been competing in entirely separate events since 1996 – for 28 years between Mexico City 1968 and Atlanta 1996, they competed alongside each other.

Separate women's events were established in 1984 in Los Angeles but some events remained mixed until 1996.

Two women won medals in such mixed events – Margaret Murdock of the USA claimed silver in the rifle three positions at Montreal 1976 and China's Zhang Shan secured skeet gold at Barcelona 1992.

At the Paris Games in 1900, live pigeons were used as moving targets but were replaced with clay targets thereafter.

Ralf Schumann is among the most successful Olympic shooters winning three golds and two silvers with his pistol for East Germany and Germany between 1988 and 2008, while Wang Yifu of China finished his career in 2004 with six Olympic medals – two golds, three silvers and a bronze.

DID YOU KNOW?
There will be approximately 270,000 clay targets used in the shotgun competition at London 2012

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Marina Logvinenko from Russia won five women's pistol medals between 1988 and 1996 while American Kim Rhode claimed two gold medals – one of which she won aged 17 in 1996 – a bronze and a silver over four Games to 2008.

The last Briton to win an Olympic shooting gold medal was Richard Faulds, who took the double trap title at Sydney 2000, while Ian Peel won silver in the trap at the same Games.

Great Britain have won 43 medals in total, 12 of which have been gold. At Los Angeles 1984 Malcolm Cooper won the 50m rifle three positions and is the only man in Olympic history to successfully defend that title, doing so four years later in Seoul.

In 1924, Philip Neame was a member of the British team that won running deer double shot gold in Paris and as a result he is the only British Olympian to hold a gold medal and a Victoria Cross, having earned the latter for bravery during World War I.

Team GB 2012

Great Britain's shooting squad features 11 athletes with a blend of success on the world, European, Commonwealth and Olympic stage.

Richard Faulds returns for his fifth straight Olympic Games, having won double trap gold at Sydney 2000 while he will be joined in the same event by Peter Wilson.

Wilson set a new double trap world record of 198 hits from 200 in Arizona in March and reached the top of the world rankings in August 2011.

In the women's events, Elena Allen returns for her second Olympic appearance in the skeet discipline while Jennifer McIntosh,

I'm delighted with the team we have and I really do believe we have some great opportunities for medals. We've got a nice blend of youth and experience in the team.

Team GB Shooting Team Leader Phil Scanlan

WORDS TO LEARN +

TRAP:
The device used for launching clay targets into the air

DOUBLE TRAP:
Shooting competition in which two clay targets are launched simultaneously in front of the shooter

THREE POSITIONS:
Rifle events in which competitors shoot in standing, kneeling and prone positions

LOST:
A shotgun target that has not been hit



Great Britain's Jonathan Hammond competing at the Beijing 2008 Olympics



● I am very excited about competing in London, and I still remember exactly where I was when I heard that London was to be the host city. I remember thinking 'maybe I won't retire just yet!' ●

Richard Faulds



who won three medals at the 2010 Commonwealth Games, is the youngest member of the squad.

There is further experience in the shape of 31-year-old Jonathan Hammond, who is the current Commonwealth champion in both the 50m rifle individual and pairs events.

James Huckle, 21, and Rory Warlow, 22, will make their Olympic debuts at London 2012 in the rifle three positions and skeet events respectively after both began their Olympic quests with gold medals at the 2008 Commonwealth Youth Games in Pune, India.

Ed Ling and Richard Brickell both return to the Olympic fold, having featured at Athens 2004 before missing the Beijing 2008 Games.

Georgina Geikie is another Team GB debutant as she competes in the 25m pistol competition, ensuring Great Britain will have representatives in each of the three firearm competitions.

DID YOU KNOW?

Hungarian shooter Károly Takács was a world-class shooter when, in 1938, his right hand was injured by a grenade. After teaching himself to shoot left-handed, Takács won gold in 1948 and 1952

Beijing Olympian Charlotte Kerwood became the 11th and final member of the Team GB shooting team in June when the three-time Commonwealth Games gold medallist was selected in the trap event.

Competition format

Across the 15 shooting events, 390 athletes will take part with a maximum of 28 per nation, equating to two competitors per event with the exception of the women's trap and the women's skeet which has a maximum of one athlete per nation. Athletes shoot at stationary targets

in a range in the rifle and pistol events, and at moving targets in the shotgun events.

All the events are individual and require shooters to adopt different positions: standing, kneeling or prone, where they lie on their fronts.

Rules vary according to the discipline, with distance, types of target, arm, firing position, number of shots – between 20 and 60 – and the time within which the shots have to be fired all relevant factors.

The rifle and pistol classes require shooters to fire bullets at a ten-ring target within a given time while the shotgun events – trap and skeet – see competitors firing lead pellets at clay targets, released on or after a command from the shooter.

There are two stages to an Olympic shooting event – the preliminary round and the final. The scores of the two rounds are added together and the highest score wins.

Varying numbers of athletes qualify from the preliminary round depending on which event it is.

The winner of the rifle and pistol events is the shooter with the highest score. During the qualification stages, the best shooters qualify and move to the final round where the ten rings of the target are subdivided into ten 'decimal' score zones (max 10.9). The final score is added to the qualification score to determine total scores and final rankings.

Shotgun shooters score points by hitting a clay target. A hit is declared by the referee when the target is shot and at least one visible piece is seen to fall from it. The shooter who hits the most targets wins.



Charlotte Kerwood will make her second Olympic appearance in London

FACT FILE



VENUE:
Royal Artillery Barracks

GOLD MEDALS AVAILABLE: 15

DATES:
Saturday July 28 – Monday August 6

NUMBER OF TEAM GB ATHLETES:
Men: 7 Women: 4

WEBSITES:
BOA: www.teamgb.com/summer-sports/shooting
London 2012: www.london2012.com/shooting
NGB: www.britishshooting.org.uk



TEAM GB HERO: MALCOLM COOPER

+

Malcolm Cooper won 50m rifle three positions gold at Los Angeles 1984 and successfully defended his title at Seoul 1988 – the only man in Olympic history to do so in his event.

Born in Camberley, Surrey, Cooper grew up in New Zealand where he learned to shoot while his father was stationed there with the Royal Navy.

In 1986 he was also world champion in 300m standard rifle, a non-Olympic discipline, one of many wins at global level while he also enjoyed plenty of European success. Cooper died in June 2001 after an eight-month battle with cancer.



TEAM GB SHOOTING AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	1	1	0	2
Athens 2004	0	0	0	0
Beijing 2008	0	0	0	0
Total at Olympics*	12	15	16	43

World Championships 2010 – best performance, Elena Allen, 6th, skeet

*Olympic events only, 2011 World Shotgun Championships discounted

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RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2010
50 metre rifle three positions	M Qiu Jian (CHN)	Peter Sidi (HUN)
	W Du Li (CHN)	Barbara Lechner (GER)
50 metre rifle prone	M Artur Avvazyan (UKR)	Sergei Martynov (BLR)
10 metre air rifle	M Abhinav Bindra (IND)	Niccolo Campriani (ITA)
	W Katerina Emmons (CZE)	Yi Siling (CHN)
25 metre pistol	W Chen Ying (CHN)	Kira Klimova (RUS)
50 metre pistol	M Jing Jong-Oh (KOR)	Tomoyuki Matsuda (JPN)
25 metre rapid fire pistol	M Oleksandr Petriv (UKR)	Alexei Klimov (RUS)
10 metre air pistol	M Pang Wei (CHN)	Tomoyuki Matsuda (JPN)
	W Guo Wenjun (CHN)	Zorana Arunović (SRB)
Skeet	M Vincent Hancock (USA)	Valeriy Shomin (RUS)
	W Chiara Cainero (ITA)	Kim Rhode (USA)
Trap	M David Kostelecký (CZE)	Alberto Fernandez (ESP)
	W Satu Mäkelä-Nummela (FIN)	Zuzana Štefečeková (SVK)
Double trap	M Walton Eller (USA)	Joshua Richmond (USA)

OLYMPIC RECORD SCORES

	TOTAL	HOLDER	PLACE/DATE
50m rifle three positions	Qual M 1177	Rajmond Debevec (SLO)	Sydney 2000
	Final M 1275.1	Rajmond Debevec (SLO)	Sydney 2000
	Qual W 589	Renata Mauer (POL)	Atlanta 1996
	Final W 690.3	Du Li (CHN)	Beijing 2008
50m rifle prone	Qual M 600	Christian Klees (GER)	Atlanta 1996
	Final M 704.8	Christian Klees (GER)	Atlanta 1996
10m air rifle	Qual M 599	Zhu Qinan (CHN)	Athens 2004
	Final M 702.7	Zhu Qinan (CHN)	Athens 2004
	Qual W 400	Kateřina Emmons (CZE)	Beijing 2008
	Final W 503.5	Kateřina Emmons (CZE)	Beijing 2008

OLYMPIC RECORD SCORES continued

	TOTAL	HOLDER	PLACE/DATE
25m pistol	Qual 590	Tao Luna (CHN) Gundegmaa Otryadyn (MGL)	Sydney 2000 Beijing 2008
	Final 793.4	Chen Ying (CHN)	Beijing 2008
50m pistol	Qual 581	Aleksandr Melentiev (URS)	Moscow 1980
	Final 666.4	Boris Kokorev (RUS)	Atlanta 1996
25m rapid fire pistol	Qual 583	Keith Sanderson (USA)	Beijing 2008
	Final 780.2	Oleksandr Petriv (UKR)	Beijing 2008
10m air pistol	Qual 591	Mikhail Nestruev (RUS)	Athens 2004
	Final 690	Wang Yifu (CHN)	Athens 2004
	Qual 391	Natalia Paderina (RUS)	Beijing 2008
	Final 492.3	Guo Wenjun (CHN)	Beijing 2008
Trap	Qual 124	Michael Diamond (AUS) Alexey Alipov (RUS)	Atlanta 1996 Athens 2004
Trap	Final 146	David Kostelecký (CZE)	Beijing 2008
	Qual 71	Daina Gudzevičiūtė (LTU)	Sydney 2000
	Final 91	Satu Mäkelä-Nummela (FIN)	Beijing 2008
Double trap	Qual 145	Walton Eller (USA)	Beijing 2008
Double trap	Final 190	Walton Eller (USA)	Beijing 2008
Skeet	Qual 121	Vincent Hancock (USA)	Beijing 2008
	Final 145	Vincent Hancock (USA)/ Tore Brovold (NOR)	Beijing 2008
Skeet	Qual 72	Chiara Cainero (ITA)	Beijing 2008
	Final 93	Christine Brinker (GER)	Beijing 2008
		/Chiara Cainero (ITA) /Kim Rhode (USA)	Beijing 2008

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EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT
28 July	08:15-16:05 10m air pistol : qualification, final, victory ceremony
	10m air rifle : qualification, final, victory ceremony
29 July	09:00-15:10 10m air pistol : qualification, final, victory ceremony
	Skeet : qualification, final, victory ceremony
30 July	09:00-14:30 10m air rifle : qualification, final, victory ceremony
	Skeet: qualification (day 1)
31 July	09:00-15:05 Skeet : qualification (day 2), final, victory ceremony
1 Aug	09:00-16:20 25m pistol : qualification, final, victory ceremony
2 Aug	09:00-15:55 25m rapid fire pistol: qualification (stage 1)
	Double Trap : qualification, final, victory ceremony
3 Aug	09:00-15:25 25m rapid fire pistol : qualification (stage 2), final, victory ceremony
	50m rifle prone : qualification, final, victory ceremony
4 Aug	09:00-16:00 50m rifle three positions : qualification, final, victory ceremony
	Trap : qualification, final, victory ceremony
5 Aug	09:00-15:00 50m pistol : qualification, final, victory ceremony
	Trap: qualification (day 1)
6 Aug	09:00-17:00 50m rifle three positions : qualification, final, victory ceremony
	Trap : qualification (day 2), final, victory ceremony

Great Britain will compete in the men's 50m rifle prone, 50m rifle three positions, trap, double trap and skeet and women's 10m air rifle, 25m pistol, trap and skeet



ELENA ALLEN

Event: Skeet
Born: 12.07.1972, Moscow, Russia
Lives: Newport
Height: 1.69m (5ft 7ins)
Weight: 67kg (10st 8lbs)
Club: N/A
Coach: Malcolm Allen, Joe Neville
Games attended: One (Beijing 2008)



Major achievements: **OG:** 14th 2008. **WCh:** 33rd 2011; 6th 2010; 19th 2009; 15th 2007; 8th 2006; 19th 2005; 10th 2003; bronze 2002; 22nd 2001; 30th 1999; 25th 1998. **ECh:** silver 2005.

Elena Allen will be making her second Olympic appearance at London 2012, seven years after winning European silver and the World Cup title – setting a new world record en route to the latter.

A modern languages graduate from the University of Bradford, Allen is a keen deer-stalker and both she and husband Malcolm won gold at the Commonwealth Championships in 2010.



RICHARD BRICKELL

Event: Skeet
Born: 29.10.1975, Newbury
Lives: Newbury
Height: 1.80m (5ft 11ins)
Weight: 76kg (12st)
Club: Various
Coach: Joe Neville, Andrew Austin
Games attended: One (Athens 2004)



Major achievements: **OG:** 34th 2004. **WCh:** 55th 2011; 35th 2010; 23rd 2007; 46th 2006; 73rd 2005; 27th 2003; 7th 2002. **CG:** gold, bronze (pairs) 2010; silver (pairs) 2006; bronze (pairs) 2002.

Richard Brickell captured Commonwealth skeet singles gold in Delhi in 2010 – continuing his run of winning a medal at every Games since 2002.

An avid Tottenham Hotspur FC fan and a keen golfer, Brickell works for his family's bathroom business when not on the shooting range.



RICHARD FAULDS

Event: Double trap
Born: 16.03.1977, Guildford
Lives: Newbury
Height: 1.80m (5ft 11ins)
Weight: 83kg (13st 1lb)
Club: Owls Lodge
Coach: Tanya Faulds, Ian Coley
Games attended: Four (Beijing 2008, Athens 2004, Sydney 2000, Atlanta 1996)



Major achievements: **OG:** 6th 2008; 13th 2004; gold 2000; 5th 1998. **WCh:** 16th 2011; 10th 2009; 7th 2007; 4th 2006; 28th 2003; 4th 2002; 9th 2001; 7th 1999; bronze 1998; 35th 1997. **ECh:** silver 2011; silver 2004; bronze, 2003; silver 1998; gold 1997. **CG:** bronze (pairs) 2006; bronze (pairs) 2002.

Richard Faulds became Great Britain's first Olympic

shooting gold medalist for 12 years at Sydney 2000 – a feat made all the more impressive by the fact he had a weak left eye as a child.

Faulds began competing for Great Britain aged 13 and became world junior champion aged 16.

His Olympic debut came at Atlanta 1996 when, aged 19, he finished fifth and he won Olympic gold four years later – setting a then Olympic record.

He has since competed at both Athens 2004 and Beijing 2008, finishing 13th and sixth respectively.

In 2010, Faulds and his wife Tanya – also a successful shooter in her own right – opened Owls Lodge Shooting School.



GEORGINA GEIKIE

Event: 25m pistol
Born: 06.12.1984, Okehampton
Lives: Okehampton
Height: 1.71m (5ft 7ins)
Weight: 56kg (8st 11lbs)
Club: Okehampton, Budleigh Farm
Coach: Tom Redhead
Games attended: None



Major achievements: **WCh:** 93rd (25m pistol), 103rd (10m air pistol) 2010; 106th (10m air pistol) 2006. **CG:** bronze (25m pistol pairs) 2010.

Georgina 'Gorgs' Geikie will make her Olympic debut in London after a fine 2010 season, which saw her win bronze at the Commonwealth Games and four medals – three bronzes and a silver – at the Commonwealth Championships.

Geikie achieved the required Olympic qualifying standard at the European Championships last year where she placed 13th, while she carried the Olympic Torch through her hometown of Okehampton in May.



@GorgsGeikie

JONATHAN HAMMOND

Event: 50m rifle prone
Born: 01.10.1980, Aberdeen
Lives: Banchory
Height: 1.86m (6ft 1in)
Weight: 75kg (11st 11lbs)
Club: Bon Accord
Coach: Sinclair Bruce, Donald McIntosh
Games attended: One (Beijing 2008)



Major achievements: **OG:** 29th (10m air rifle), 34th (50m rifle prone), 42nd (50m rifle three positions) 2008. **WCh:** 29th (50m rifle prone); 39th (50m rifle three positions) 2010. **CG:** gold (50m rifle prone), gold (50m rifle prone pairs), silver (50m rifle three positions), bronze (50m rifle three positions pairs).

Originally from Aberdeen, Jonathan Hammond is based in America where he works as West Virginia University's head rifle coach.

A Beijing Olympian, Hammond became a world junior champion in 1998 and he's an avid Manchester United FC supporter.



@wvurifle

JAMES HUCKLE

Event: 50m rifle three positions
Born: 17.09.1990, Harlow
Lives: Harlow
Height: 1.68m (5ft 6ins)
Weight: 60kg (9st 6ins)
Club: Romford
Coach: N/A
Games attended: None



Major achievements: **CG:** bronze (10m air rifle), silver (10m air rifle pairs), bronze (50m rifle three positions), silver (50m rifle three positions pairs).

James Huckle burst onto the scene in 2008, collecting three gold medals at the Commonwealth Youth Games in Pune, India.

Huckle continued his good form at the senior Commonwealth Games, claiming four medals in Delhi in 2010 and he also broke Malcolm Cooper's British record in 50m rifle three positions, set in 1989, in 2011.



@ShooterHuckle

CHARLOTTE KERWOOD

Event: Trap
Born: 15.09.1986, Cuckfield
Lives: Fletching
Height: 1.72m (5ft 8ins)
Weight: 69kg (10st 12lbs)
Club: Northall
Coach: Kevin Gill, Marcello Dradi
Games attended: One (Beijing 2008)



Major achievements: **OG:** 16th, 2008. **WCh:** 21st, 2011; 30th, 2010; 12th, 2009; 30th, 2007; 15th, 2006; 7th, 2005; 8th, 2003; 9th 2002. **CG:** gold (double trap individual), gold (double trap pairs) 2006; gold (double trap individual) 2002.

A European junior champion in 2002, Charlotte Kerwood has won three Commonwealth Games gold medals – the first coming in Manchester when she was just 15.

When still 15 she bet Olympic champion Richard Faulds she could beat him in a contest – and duly collected.



ED LING

Event: Trap
Born: 07.03.1983, Taunton
Lives: Wellington
Height: 1.78m (5ft 10ins)
Weight: 76kg (12st)
Club: N/A
Coach: Steve Ling
Games attended: One (Athens 2004)



Major achievements: **OG:** 25th 2004. **WCh:** 27th 2011; 88th 2009; 84th 2005; 15th 2003.

A former world and European junior champion, Ed Ling has one Olympic appearance under his belt, and has also won the world and European universal trap titles.

A farm worker by trade, Ling finished fourth in the London 2012 Olympic test event in April and helped book his place at the Games by finishing ninth at this year's European Championships.



JENNIFER MCINTOSH

Event: 10m air rifle
Born: 17.06.1991, Edinburgh
Lives: Aberdeen
Height: 1.75m (5ft 9ins)
Weight: 71kg (11st 3lbs)
Club: Bon Accord
Coach: Sinclair Bruce
Games attended: None



Major achievements: **CG:** bronze (50m rifle three positions pairs), gold (50m rifle prone), gold (50m rifle prone pairs) 2010.

The youngest member of the Team GB shooting squad, Jennifer McIntosh won two gold medals and a bronze at the 2010 Commonwealth Games – but all three came in non-Olympic events.

Donald McIntosh, Jennifer's father, competed at the Commonwealth Games 2002 in Manchester and is now the head rifle coach for British Shooting.



@JenMac600

RORY WARLOW

Event: Skeet
Born: 13.04.1990, Plymouth
Lives: Plymouth
Height: 1.75m (5ft 9ins)
Weight: 75kg (11st 11lbs)
Club: Southern Counties
Coach: Joe Neville, Andrew Austin
Games attended: None



Major achievements: **WCh:** 17th 2011. **EJCh:** gold 2010. **CVG:** gold 2008.

Rory Warlow highlighted his potential in 2008 by winning a gold medal at the Commonwealth Youth Games in Pune, India.

A keen angler, Warlow won European junior gold two years later and he is currently Great Britain's number one skeet shooter, despite only being classed as a senior for a year.



@rorywarlow

PETER WILSON

Event: Double trap
Born: 15.09.1986, Dorchester
Home town: Sherborne
Height: 1.98m (6ft 6ins)
Weight: 90kg (14st 2lbs)
Club: GAJ Maribor, Slovenia
Coach: Ahmed Al Maktoum
Games attended: None



Major achievements: **WCh:** 11th 2011; 20th 2010; 22nd 2007. **ECh:** silver 2010.

Peter Wilson rose to number one in the world in 2011 after winning silver and gold on the World Cup circuit.

This March he set a new world record of 198 hits out of 200 on the way to gold at a World Cup event in Arizona.

Since 2008, Wilson has been coached by idol Ahmed Al Maktoum, a member of Dubai's ruling family, and the 2004 Olympic double trap gold medalist.



@wilpex

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IAN COLEY

Title: Head Shotgun Coach
Games role: Coach
Born: 15.05.1947, Birmingham
Lives: Cheltenham



KEVIN GILL

Title: Trap Coach
Games role: Coach
Born: 20.09.1961, Plymouth
Lives: Birmingham



DONALD MCINTOSH

Title: Head Rifle Coach
Games role: Coach
Born: 19.07.1966, Elgin
Lives: Falkirk



JOE NEVILLE

Title: Coach
Games role: Coach
Born: 06.01.1944, Tansley
Lives: Matlock



TIM NEWENHAM

Title: Performance manager
Games role: Coach
Born: 01.04.1960, Davyhulme
Lives: Norwich



Tim Newenham is the performance manager of British Shooting's Olympic Performance Group while he has been involved with the English Institute of Sport since its inception in 2002.

Newenham was Britain's national javelin coach for five years and spent the same amount of time working as Tim Henman's strength and conditioning coach and sports science support.

He also worked with a winning Le Mans 24 Hours motor racing team.

PHIL SCANLAN

Title: Rifle & Pistol Rep
Games role: Team Leader
Born: 04.02.1951, London
Lives: Brentwood



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Table Tennis



Table Tennis

Introduction

Since table tennis made its Olympic debut at the 1988 Games in Seoul, the sport has been dominated by Chinese players, who have won 41 medals in 24 events, including 20 golds.

It is estimated there are 300 million regular players in China, although the surprise victory of the Singapore women's team at the 2010 World Championships proved that others are raising their game and are capable of challenging their dominance.

Such a performance will give hope to the likes of Germany's Timo Boll, the five-time European singles champion who won bronze at the 2011 World Championships.

However, it is 20 years since the last and

● Our athletes have prepared incredibly thoroughly for this chance of a lifetime, and with home support, they are confident they will rise to the occasion. ●●

**Team GB Table Tennis Team Leader
Jill Parker**

only European Olympic gold medallist, Sweden's Jan-Ove Waldner, who many believe is still the greatest player of all-time, winning the men's singles title at Barcelona 1992.

At Beijing 2008, Chinese players swept the board – winning team gold and

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every available medal in the individual competition. However, new rules mean they are restricted to just two players in the individual event.

At London 2012, the 12-day table tennis competition will be staged at ExCeL with athletes going for gold in men's and women's singles and a men's and women's team competition.

The actual origins of the sport remain unclear but some claim it began as parlour game in Victorian Britain, where it was known variously as 'whiff-whaff' and 'ping-pong' and played on dining tables.

Table tennis quickly grew in popularity, with several manufacturers producing and patenting equipment and devising official rules.

In 1902 the first unofficial World Championships were staged, with the International Table Tennis Federation formed in 1926.

Team GB 2012

Britain have never won an Olympic table tennis medal but as hosts qualified six athletes automatically; a team of three men, with Paul Drinkhall the only one competing in the singles, and a team of three women, with Joanna Parker the sole singles competitor.

Drinkhall, Liam Pitchford and Andrew Baggaley will fill the men's spots, meaning no place for Darius Knight, while Parker, Kelly Sibley and Na Liu are the women selected.

Drinkhall, Pitchford and Baggaley were all part of the England men's team that won silver at the 2010 Commonwealth Games – however that wasn't the only success the three tasted in Delhi.



● I was slightly disappointed not to qualify by right but since I got the wildcard I want to keep improving and prove I'm good enough to merit my place.

Paul Drinkhall ●●

DID YOU KNOW?

Table tennis balls are hollow, made of celluloid and weigh approximately 2.7g



Liam Pitchford in action

FACT FILE



VENUE:
ExCeL

GOLD MEDALS AVAILABLE: 4

DATES:
Saturday 28 July – Wednesday 8 August

NUMBER OF TEAM GB ATHLETES:
Men: 3 Women: 3

WEBSITES:
BOA: www.teamgb.com/summer-sports/table-tennis
London 2012: www.london2012.com/table-tennis
NGB: www.etta.co.uk

WORDS TO LEARN



SHAKEHANDS:
Style of grip favoured by European players.

TIME-OUT:
During matches a player can call a one minute break at their own discretion

CHOP:
A defensive shot that carries a tremendous amount of backspin

PENHOLD:
Style of grip popular in Asia, whereby the racket is held as if holding a pen

Drinkhall, a three-time European junior champion and world junior silver and bronze medallist, won mixed doubles bronze with Parker while Pitchford and Baggaley took the same colour in the men's doubles.

Despite having never won an Olympic medal, Britain are making international progress with Pitchford beating four players inside the world's top 100 at the European Championships in 2011.

Sibley won ten matches in a row at the same event to help the England women's team earn a place in the Championship division. Born in China, Liu moved to Northern Ireland in 2001 and gained British citizenship in 2008. She was the first athlete from Northern Ireland to be selected onto Team GB.

Darius Knight and Naomi Owen have been named as Great Britain's reserves.

Competition format

Qualification for the individual competition was decided on a combination of the world rankings, published immediately after the 2011 World Championships, a series of regional qualifying competitions and final international qualification tournament in Doha in May.

After the conclusion of the World Championships, the top 28 women and men players qualified, although as only two per players per nation per gender are permitted – and China had five of the world's top six male players at the time – those further down the standings were given a place.

A further 40 places were allocated at regional qualifiers and two during the final world qualifier.

Men's singles and women's singles will follow a knockout format. The entries ranked one to 16 will qualify directly to the third round, the entries ranked 17 to 32 to the second round and the entries ranked 33 to the total number of participants will qualify to the first or preliminary rounds.

All matches are the best of seven games—a game is won by the first player to reach 11 points, or if the score is 10-10, two clear points. There are 16 spots available in the team competition and they were decided based on performances at the 2012 World Team Championships in Dortmund.

Great Britain were automatically assured qualification as host nation, as were the highest-ranked nation from each of the six continental federations. The remaining

positions were filled based on finishing performances, with dominant Asian nations taking five of the nine available slots.

Each team match consists of five individual matches and the winner is the first to win three – two singles matches are followed by a doubles encounter and then one or two singles matches until a team reaches the winning mark. Three players compete in team matches and, if the match goes the distance, each must play twice.

The Olympic team competition is also a straight knockout with a first round, quarter-final, semi-final and final. In both individual and team events there will always be a play-off for the bronze medal between the two losing semi-finalists, this does not happen at World Championship level.

DID YOU KNOW?
.....
Table Tennis was banned in the former Soviet Union during the early 20th century because the sport was believed to be harmful to the eyes

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Joanna Parker

TEAM GB TABLE TENNIS AT THE OLYMPIC GAMES

Great Britain are yet to win an Olympic table tennis medal

World Championships 2011/2012 – best performance, men’s team, 29th (as England)

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men **W** = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
--	--------------------	--------------------------

Singles	M Ma Lin (CHN)	Zhang Jike (CHN)
	W Zhang Yining (CHN)	Ding Ning (CHN)

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men **W** = Women

	OLYMPIC GAMES 2008	WORLD TEAM CHAMPS 2012
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Team	M China	China
	W China	China

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EVENTS SCHEDULE

M = Men’s events **W** = Women’s events = Medal event

DATE	EVENT
28 July	09:00-12:45 M Singles: preliminaries W Singles: preliminaries, round 1
	14:30-17:30 M Singles: round 1 W Singles: round 1
	19:00-22:00 M Singles: round 1 W Singles: round 2
29 July	09:00-12:00 M Singles: round 2 W Singles: round 2
	13:30-16:30 M Singles: round 2 W Singles: round 3
	18:00-22:00
30 July	10:00-14:00 M Singles: round 3 W Singles: round 4
	15:30-17:30 M Singles: round 4
	19:00-21:00
31 July	10:00-14:00 W Singles: quarter-finals W Singles: semi-finals
	16:00-18:00 M Singles: quarter-finals
	20:00-22:00
1 Aug	10:00-12:00 M Singles: quarter-finals W Singles: bronze medal match, gold medal match, victory ceremony
	14:30-16:30
2 Aug	10:00-12:00 M Singles: semi-finals M Singles: bronze medal match, gold medal match, victory ceremony
	14:30-16:30
3 Aug	10:00-13:00 W Team: round 1 W Team: round 1
	14:30-17:30 W Team: round 1 M Team: round 1
	19:00-22:00
4 Aug	10:00-13:00 M Team: round 1 W Team: quarter-finals W Team: quarter-finals
	14:30-17:30
	19:00-22:00
5 Aug	10:00-13:00 M Team: quarter-finals M Team: quarter-finals
	14:30-17:30 W Team: semi-final
	19:00-22:00
6 Aug	10:00-13:00 W Team: semi-final



EVENTS SCHEDULE continued

DATE	EVENT
14:30-17:30	Team: semi-final
19:00-22:00	Team: semi-final
7 Aug	Team: bronze medal match
	Team: gold medal match, victory ceremony
8 Aug	Team: bronze medal match
	Team: gold medal match, victory ceremony

Great Britain will compete in every event

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ANDREW BAGGALEY

Event: Team
Born: 26.02.1983, Northampton
Lives: Milton Keynes
Height: 1.80m (5ft 11ins)
Weight: 71kg (11st 3lbs)
Club: SV Pluderhausen, Germany
Coach: Stephen Baggaley
Games attended: None



Major achievements: CG: silver (men's team), bronze (MD) 2010; silver (MD) 2006; gold (MD), gold (men's team) 2002.

Andrew Baggaley is England's leading table tennis player in Commonwealth Games history, having picked up five medals across three tournaments. A three-time English national champion, Baggaley turned professional aged 13 and is one of just three players to win the men's singles national title as a teenager. He was the motion capture actor for the Xbox 360 game Kinect Sports.

@ABaggaley

PAUL DRINKHALL

Event: Singles, Team
Born: 16.01.1990, Middlesbrough
Lives: Rotherham
Height: 1.78m (5ft 10ins)
Weight: 80kg (13st 8lbs)
Club: Werder Bremen, Germany
Coach: Jia Yi Liu
Games attended: None



Major achievements: CG: silver (men's team), bronze (mixed doubles) 2010.
WJCh: silver (singles) 2008. **EJCh:** gold (singles), gold (MD), gold (XD) 2008.

Paul Drinkhall won two medals at the 2010 Commonwealth Games, including mixed doubles bronze with partner Joanna Parker. A four-time English national singles champion, Drinkhall also won three European junior gold medals in 2008 and finished second in the BBC Young Sports Personality of the Year award in 2007.

@pdrinkhall

NA LIU

Event: Team
Born: 07.02.1983, Liaoning, China
Lives: Belfast
Height: 1.62m (5ft 4ins)
Weight: 52kg (8st 3lbs)
Club: Marmande, France
Coach: Alan Cooke
Games attended: None



Major achievements: CG: second round (XD) 2010.

Raised in China's north-east province of Liaoning, Na Liu started playing table tennis from the age of seven and moved to Belfast in 2001.

She gained British citizenship in 2008 and represented Northern Ireland at the 2010 Commonwealth Games and lists Chinese sprint hurdler Liu Xiang as her hero.



JOANNA PARKER

Event: Singles, Team
Born: 10.06.1987, Chertsey
Lives: Rotherham
Height: 1.78m (5ft 10ins)
Weight: 63kg (9st 13lbs)
Club: St. Quentin, France
Coach: Alan Cooke
Games attended: None



Major achievements: CG: bronze (XD) 2010.

Joanna Parker has won a total of ten English national titles and at the 2010 Commonwealth Games she won mixed doubles bronze with partner Paul Drinkhall.

Parker was influential in the women gaining promotion from the Challenge Division at last year's European Championships in Poland, winning ten of her first 11 matches.

@JoannaParker

LIAM PITCHFORD

Event: Team
Born: 12.07.1993, Chesterfield
Lives: Chesterfield
Height: 1.83m (6ft)
Weight: 57kg (9st)
Club: TTF Ochsenhausen, Germany
Coach: Dubravko Skoric
Games attended: None



Major achievements: CG: silver (men's team), bronze (MD) 2010.

Liam Pitchford won men's doubles bronze at the 2010 Commonwealth Games alongside Andrew Baggaley and was also a member of the squad that won team silver.

More recently, Pitchford beat four players in the world top 100 including Vladimir Samsonov and Alexey Smirnov at last year's European Championships.

@liampitchford

KELLY SIBLEY

Event: Team
Born: 21.05.1988, Leamington Spa
Lives: Leamington Spa
Height: 1.72m (5ft 8ins)
Weight: 68kg (10st 10ins)
Club: Mirande, France
Coach: Alan Cooke
Games attended: None



Major achievements: CG: fourth (women's team) 2010.

Kelly Sibley won all three competitions she entered at the 2012 English National Championships and in 2008 helped England to win Division Two of the World Team Championships.

Similar to Joanna Parker, she won ten matches in a row at the European Championships last year and overcame a hip injury to take her place in Team GB.

@sible2109

ALAN COOKE

Title: Coach
Games role: Women's Coach
Born: 23.03.1966, Clay Cross
Lives: Chesterfield



JIA YI LIU

Title: Coach
Games role: Men's Coach
Born: 16.08.1949, Fujian, China
Lives: Rotherham



JILL PARKER

Title: Talent & Coaching Manager at the English Table Tennis Association
Games role: Team Leader
Born: 06.12.1951, Carshalton
Lives: Preston



Taekwondo



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Taekwondo

Introduction

Taekwondo is one of two martial arts – along with judo – to be on the Olympic schedule for London 2012 and it will make a fourth successive appearance at the Games.

A demonstration sport at Seoul 1988 and Barcelona 1992, in 1994 the IOC accepted taekwondo as an Olympic sport to be contested for the first time at the Sydney Games in 2000.

Translating into English as ‘the way of foot and fist’, there are eight taekwondo events at London 2012 – flyweight, lightweight, middleweight and heavyweight categories for both men and women.

● No one can guarantee results but these guys will be ready to perform and there will have been no stone left unturned in the pursuit of excellence for these Olympic Games. ●

**Team GB Taekwondo Team Leader
Gary Hall**

Only a maximum of two male and two female athletes are allowed per country and, while there is a choice over which weight category to enter, each nation is only permitted one competitor per event. In

total 64 men and 64 women will compete in London, 16 per weight category.

As the national sport of South Korea, they have dominated the past three Games, winning 12 medals in total, nine of which have been gold.

Great Britain meanwhile, won their first-ever medal at Beijing 2008 as Sarah Stevenson took women’s heavyweight bronze – she will get the chance to upgrade in London.

At the Olympics, competitors fight according to a code laid down by the World Taekwondo Federation – the international governing body for the sport, which was established in 1973. Olympic competitors practise the WTF style of taekwondo.

Team GB 2012

Beijing 2008 bronze medallist and two-time world champion Sarah Stevenson – Britain’s greatest ever player – returns for a fourth Olympic appearance alongside three Games debutants.

With each nation limited to a maximum of just two male and two female entrants across the eight disciplines, Stevenson (-67kg) is joined by Jade Jones (-57kg), Martin Stamper (-68kg) and Lutalo Muhammad (-80kg).

Stamper is an eight-time British champion and enjoyed a superb 2011 season, winning gold medals at the US, German and British Opens as well as World Championship bronze.

He finished 2011 with a record of 27 wins from 29 fights and was duly named as British Taekwondo’s Olympic Athlete of the Year.

FACT FILE

VENUE:
ExCeL

GOLD MEDALS AVAILABLE: 8

DATES:
Wednesday August 8 – Saturday August 11

NUMBER OF TEAM GB ATHLETES:
Men: 2 Women: 2

WEBSITES:
BOA: www.teamgb.com/summer-sports/taekwondo
London 2012: www.london2012.com/taekwondo
NGB: www.gbtaekwondo.co.uk

At 19, Jones is the youngest member of the team and after becoming Great Britain’s first ever Youth Olympic champion in 2010, she went on to win European bronze in the same year and World Championship silver in 2011.

Jones claimed her second European bronze medal in Manchester in May, while Muhammad was the last player to be confirmed onto Team GB.

He was one of three Brits to win gold at this year’s European Championships, securing victory in the -87kg category.

Competition format

Taekwondo contests are decided on a square court measuring eight metres by eight metres with the object to land kicks and punches to an opponent’s scoring zones.

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Jade Jones, left, of Great Britain competes with Thanh Thao Nguyen of Vietnam

● If I win gold that will top everything I have ever achieved. But that might not happen because that's the way sport is. Just because you are the best doesn't mean you are going to win, but of course I will try like mad to win gold. ●●

Sarah Stevenson

WORDS TO LEARN +

DOBOK:

The white uniform worn by competitors

DEUK-JEOM:

A point

CHUNG:

The contestant wearing blue

HONG:

The contestant wearing red

SHI-JAK:

The command to start fighting

GAM-JEOM:

A deduction penalty of one point

One point is earned for an attack to the trunk protector, two for a turning kick to the same area, three for a kick to the head and four for a turning kick to the head while punches to the head are deemed illegal.

A referee stays in the combat area while judges sit at each corner of the court. Judges award points for valid kicks and punches which are recorded electronically. Bouts are contested over three two-minute rounds.

The winner is the competitor with the highest score thereafter, however if they are level a sudden death fourth round is held to determine the winner.

At the Olympics an elimination format, for the 16 competitors per weight category, is used, producing a gold medal contest. Those who are defeated by the finalists at any stage enter the repechage.

The first repechage fights are between those who lost in the preliminary round and quarter-finals with the two winners meeting the two losing semi-finalists in a battle for two bronze medals.

Breaking the rules can lead to penalties including a warning for acts such as crossing the boundary line, hitting below the waist or using the knee to attack. Two warnings lead to a point being awarded to the opponent.

A deduction penalty of one point is given for attacking a fallen opponent or for deliberately punching the face. The contest is stopped if a competitor earns four penalty deduction points and the opponent is declared the winner.

DID YOU KNOW?
More than 60 million people in 190 countries around the world take part in taekwondo

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TEAM GB TAEKWONDO AT THE OLYMPIC GAMES

	GOLD	SILVER	BRONZE	TOTAL
Sydney 2000	0	0	0	0
Athens 2004	0	0	0	0
Beijing 2008	0	0	1	1
Total at Olympics	0	0	1	1
World Championships 2011*	1	1	1	3

*Olympic events only

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Flyweight	W (-49kg) Wu Jingyu (CHN)	(-49kg) Wu Jingyu (CHN)
	M (-58kg) Guillermo Perez (MEX)	(-58kg) Joel Gonzalez (ESP)
Lightweight*	W (-57kg) Lim Su-Jeong (KOR)	(-57kg) Hou Yuzhuo (CHN)
	M (-68kg) Son Tae-Jin (KOR)	(-68kg) Servet Tazegül (TUR)
Middleweight**	W (-67kg) Hwang Kyung-Seon (KOR)	(-67kg) Sarah Stevenson (GBR)
	M (-80kg) Hadi Saei (IRI)	(-80kg) Farzad Abdollahi (IRI)
Heavyweight***	W (+67kg) Maria Espinoza (MEX)	(-73kg) Gwladys Ebangue (FRA)
	M (+80kg) Cha Dong-Min (KOR)	(+73kg) Anne-Caroline Graffe (FRA)
		(-87kg) Yousef Karami (IRA)
		(+87kg) Joe Chol-Ho (KOR)

*Categorised as featherweight in the 2011 World Championships

**Categorised as welterweight in the 2011 World Championships

***Women's -73kg and men's -87kg categorised as middleweight and women's +73kg and men's +87kg categorised as heavyweight in the 2011 World Championships

EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
8 Aug	09:00-13:00 M -58kg: preliminary round of 16
	W -49kg: preliminary round of 16
	15:00-18:00 M -58kg: quarter-finals, semi-finals
	W -49kg: quarter-finals, semi-finals
	20:00-23:15 M -58kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
	W -49kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
9 Aug	09:00-13:00 M -68kg: preliminary round of 16
	W -57kg: preliminary round of 16
	15:00-18:00 M -68kg: quarter-finals, semi-finals
	W -57kg: quarter-finals, semi-finals
	20:00-23:15 M -68kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
	W -57kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
10 Aug	09:00-13:00 M -80kg: preliminary round of 16
	W -67kg: preliminary round of 16
	15:00-18:00 M -80kg: quarter-finals, semi-finals
	W -67kg: quarter-finals, semi-finals
	20:00-23:15 M -80kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
	W -67kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
11 Aug	09:00-13:00 M +80kg: preliminary round of 16
	W +67kg: preliminary round of 16
	15:00-18:00 M +80kg: quarter-finals, semi-finals
	W +67kg: quarter-finals, semi-finals
	20:00-23:15 M +80kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony
	W +67kg : repechages, 🏆 bronze medal contests, 🏆 gold medal contest, victory ceremony

Team GB will compete in the men's -68kg and -80kg and women's -57kg and -67kg events

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JADE JONES

Event: -57kg (Lightweight)
Born: 12.03.1993, Bodelwyddan
Lives: Manchester
Height: 1.56m (5ft 1in)
Weight: 57kg (9st)
Coach: Paul Green
Games attended: None



Major achievements: **WCh:** silver (-57kg) 2011. **ECh:** bronze (-57kg) 2012; bronze (-53kg) 2010. **YOG:** gold (-55kg) 2010. **WJCh:** silver (-55kg) 2010.

Jade Jones announced herself on the taekwondo scene by winning gold at the inaugural Youth Olympic Games in Singapore in 2010.

Jones won silver at the World Championships a year later and lists Dame Kelly Holmes as her sporting idol.

@jadejonestkd

LUTALO MUHAMMAD

Event: -80kg (Middleweight)
Born: 03.06.1991, Walthamstow
Lives: Manchester
Height: 1.88m (6ft 2ins)
Weight: 80kg (12st 8lbs)
Coach: Joseph Salim, Wayne Muhammad
Games attended: None



Major achievements: **ECh:** gold (-87kg) 2012

Lutalo Muhammad will make his Olympic debut in London in the -80kg category after winning European gold at -87kg in May. He has also claimed German Open silver and Dutch Open bronze this year.

He is coached by his dad Wayne, who asked him if he would like to compete at the Olympics while watching the Sydney 2000 Games.

@LutaloMuhammad

MARTIN STAMPER

Event: -68kg (Lightweight)
Born: 21.08.1986, Liverpool
Lives: Manchester
Height: 1.80m (5ft 11ins)
Weight: 68kg (10st 10ins)
Coach: Stephen Jennings
Games attended: None



Major achievements: **WCh:** bronze (-68kg) 2011. **ECh:** bronze (-68kg) 2012; silver (62kg) 2008.

Martin Stamper won an impressive bronze medal at the 2011 World Championships – a feat he puts down to the birth of his child, Ava.

Also a European silver and bronze medallist, Stamper is a keen poker player and would like to make a living from it after his taekwondo career is over.

@MStamper_TKD

SARAH STEVENSON

Event: -67kg (Middleweight)
Born: 30.03.1983, Doncaster
Lives: Manchester
Height: 1.78m (5ft 10ins)
Weight: 67kg (10st 8lbs)
Coach: Stephen Jennings
Games attended: Three (Beijing 2008, Athens 2004, Sydney 2000)



Major achievements: **OG:** bronze (+67kg) 2008; 11th (+67kg) 2004; 4th (67kg) 2000. **WCh:** gold (-67kg) 2011, silver (-72kg) 2005; gold (-72kg) 2001. **ECh:** gold (-67kg) 2010; gold (-72kg) 2006; gold (-72kg) 2005; silver (+72kg) 2004; silver (-72kg) 2002.

Sarah Stevenson is the most successful taekwondo athlete in British history. She became Britain's first ever world champion in 2001 and won the nation's maiden taekwondo Olympic medal in 2008.

Stevenson had already competed at Sydney 2000, finishing fourth, and Athens 2004, ending 11th, before travelling to Beijing, where she almost didn't climb the podium at all.

She was initially eliminated during the quarter-finals after the referee failed to recognise clear points scored. The decision was overturned but she suffered an ankle injury in the semi-final and lost.

Stevenson battled on to win bronze and took her second senior world title in May 2011. She is also a four-time European champion and was awarded an MBE in the 2012 New Year Honours List.

Her participation in London was thrown into doubt after she suffered a serious cruciate ligament injury, which required surgery, at a training camp in Mexico in February.

Stevenson has also had to cope with the death of her father Roy to a brain tumour and the death of her mother Diana to cancer in 2011.

@SarahDStevenson

DESMOND BLACKBURN

Title: Performance Analyst
Games role: Performance Analyst
Born: 30.11.1983, Salford
Lives: Chorley



SARAH BROADHEAD

Title: Psychologist
Games role: Psychologist
Born: 26.09.1977, Worcester
Lives: Manchester



PAUL GREEN

Title: Coach
Games role: Coach
Born: 16.02.1977, Manchester
Lives: Sale



LEIGH HALFTECK

Title: Physiotherapist
Games role: Physiotherapist
Born: 20.07.1978, London
Lives: Manchester



GARY HALL

Title: Performance Director
Games role: Team Leader
Born: 25.09.1969, Stoke-on-Trent
Lives: Manchester



As a taekwondo player, Gary Hall was the national champion of Great Britain for ten years and competed at three European and World Championships.

Hall led the British team at major events from 2001, including Athens 2004 and Beijing 2008. He became the performance director for the Great Britain taekwondo team in 2006.

Hall has an MSC in operations management and he formed Sport Taekwondo UK Ltd.

STEPHEN JENNINGS

Title: Coach
Games role: Coach
Born: 25.12.1981, Liverpool
Lives: Manchester



JOSEPH SALIM

Title: Coach
Games role: Coach
Born: 15.05.1967, Ungarn, Hungary
Lives: Manchester



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Tennis



Tennis



Jamie and Andy Murray in action at Beijing 2008

Introduction

The All England Lawn Tennis Club will play host to the tennis competitions at London 2012, just three weeks after the third Grand Slam on the sport's annual calendar.

Tennis featured at every edition of the modern Olympics up until 1924 – after which it was removed from the Games' calendar amid arguments over players' amateur status.

Tennis returned to the Games 64 years later and there will be 172 entrants – 86 men and 86 women – in London while the All England Club have waived their strict all-white dress code.

At London 1908, when Wimbledon was also the tennis venue, Great Britain won

all six gold medals. Indoor tennis featured for the first time as well as the five outdoor events – men's and women's singles, doubles and mixed doubles. For the first time since Paris 1924 mixed doubles will be contested at London 2012.

Between the 1896 and 1924, Great Britain dominated Olympic tennis, winning 39 medals including 15 golds.

Brothers Laurence and Reginald Doherty were in fine form at Paris 1900 with Laurence winning the men's singles, the pair winning the men's doubles and Reginald partnering Charlotte Cooper to mixed doubles victory.

Kathleen 'Kitty' Godfree (née McKane) won five Olympic medals between 1920

DID YOU KNOW?
Charlotte Cooper, who won the women's singles and mixed doubles titles in Paris 1900, made history by becoming the first woman to win an Olympic gold medal in any sport

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and 1924 – singles bronze at Antwerp 1920 and Paris 1924; a mixed doubles silver and women's doubles gold in Belgium; and women's doubles silver in Paris.

Great Britain have only won one Olympic medal since 1924 however – Tim Henman and Neil Broad claimed men's doubles silver at Atlanta 1996.

Team GB 2012

British No.1 Andy Murray leads an eight-strong team at London 2012 at Wimbledon, just a few weeks after becoming the first Brit to reach a men's singles final at the Championships, Wimbledon for 74 years.

Murray has now reached at least the semi-finals in his last four appearances at Wimbledon and he will make a second Olympic appearance in both the singles and the men's doubles, alongside brother Jamie.

Also entering the men's doubles will be Ross Hutchins and Colin Fleming, who together reached the quarter-finals of last year's US Open and Wimbledon.

In the women's section, Fed Cup teammates Anne Keothavong and Elena Baltacha will both make their Olympic debuts in singles and will join forces for the doubles. Heather Watson and Laura Robson will also play in the doubles.

Back in 2008 Laura Robson won the Wimbledon girls' title, while Watson, who reached the third round of the ladies' competition this year – becoming the first Brit to do so for a decade – won the 2009 Junior US Open.

Competition format

Each country is limited to a total of 12 athletes – six men and six women across all events, which includes a maximum of

In this group of athletes we have a real mix of talent, from athletes who have been playing professionally for years to those players really just at the beginning of their fledgling careers, but one thing's for sure, and that is the fact we'll be ready to give it our absolute all.

Team GB Tennis Team Leader Paul Hutchins

FACT FILE

VENUE:

All England Lawn Tennis Club, Wimbledon

GOLD MEDALS AVAILABLE: 5

DATES:

Saturday July 28 – Sunday August 5

NUMBER OF TEAM GB ATHLETES:

Men: 4 Women: 4

WEBSITES:

BOA: www.teamgb.com/summer-sports/tennis

London 2012: www.london2012.com/tennis

NGB: www.LTA.org.uk

● I remember being part of the Olympic Ceremony in Beijing, which was an unbelievable atmosphere and like nothing I'd experienced before. Winning a medal this summer is one of my major goals. ●●

Andy Murray



Laura Robson on court

four athletes in each singles event and two teams in each doubles event. From the competitors already entered into the singles or doubles, a maximum of two mixed doubles teams from any country may compete.

All matches are the best-of-three sets with the exception of the men's singles final, which is the best of five sets.

The tie-break will operate in every set except the third and the fifth set in the men's singles final. In the mixed doubles the third set shall be played as a champions tie-break.

The events feature a knockout format, with the winners of the semi-finals in each event going head-to-head on Centre Court for the gold medals. There are 16 seeded players in each singles event, eight seeded teams in the men's and women's doubles, and four seeded teams in the mixed doubles. Seedings are determined by world rankings.

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WORDS TO LEARN +

ACE:
A legal serve that the opposing player fails to touch with their racket before the ball bounces for a second time

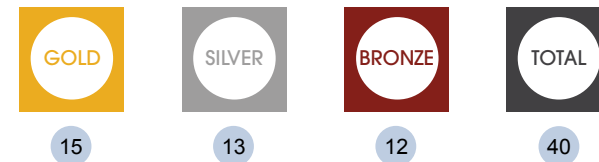
LET:
Requires the point to be replayed, normally when a serve makes contact with the net or there is some kind of distraction to the players

GOLDEN SLAM:
Winning all four Grand Slam tournaments in Olympic year, as well as the Olympic singles gold medal. Only Steffi Graf, 1988, has achieved such a feat

DID YOU KNOW?
.....
In 1896, John Boland went to Athens to visit a friend, who entered him in the singles competition. He won - and added the doubles title for good measure

TEAM GB TENNIS AT THE OLYMPIC GAMES

Great Britain's last Olympic tennis medal was Tim Henman and Neil Broad's men's doubles silver at Atlanta 1996



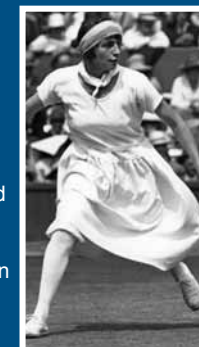
RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

OLYMPIC GAMES 2008		
Singles	M	Rafael Nadal (ESP)
	W	Elena Dementieva (RUS)
Doubles	M	Roger Federer/Stanislas Wawrinka (SUI)
	W	Serena Williams/Venus Williams (USA)
Mixed doubles	M/W	N/A

TEAM GB HERO: KATHLEEN GODFREE +

Kathleen 'Kitty' Godfree (née McKane) won five Olympic tennis medals across Antwerp 1920 and Paris 1924 while she also twice won the singles and the mixed doubles title at Wimbledon – both times in 1924 and 1926. In Antwerp, Godfree won singles bronze, doubles gold and mixed doubles silver while four years later she claimed another singles bronze and doubles silver. At Wimbledon in 1926 she won the mixed doubles with her husband Leslie – the only married couple to take the title – while her achievement of five Olympic tennis medals remains unsurpassed. An all-round athlete, she was won nine All England Open Badminton titles and in 1986 she presented the winner's trophy to Martina Navratilova to mark the centenary year of women's tennis at Wimbledon.



EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
28 July	M & W Singles: round 1
	M & W Doubles: round 1
29 July	M & W Singles: round 1
	M & W Doubles: round 1
30 July	M & W Singles: round 2
	M & W Doubles: round 2
31 July	M & W Singles: round 2
	M & W Doubles: quarter-finals
1 Aug	M & W Singles: round 3
	M / W Mixed doubles: round 1
2 Aug	M & W Singles: quarter-finals
	M & W Doubles: semi-finals
	M / W Mixed doubles: quarter-finals
3 Aug	M & W Singles: semi-finals
	M / W Mixed doubles: semi-finals
4 Aug	M 🏆 Doubles: gold medal match, victory ceremony, Centre Court
	W 🏆 Singles: gold medal match, victory ceremony, Centre Court
	12:00-20:30 M 🏆 Doubles: bronze medal match, No.1 Court
	W 🏆 Singles: bronze medal match, No.1 Court
5 Aug	12:00-20:30 M 🏆 Singles: gold medal match, victory ceremony
	W 🏆 Doubles: gold medal match, victory ceremony
	M / W 🏆 Mixed doubles: gold medal match, victory ceremony
	M 🏆 Singles: bronze medal match
	W 🏆 Doubles: bronze medal match

Great Britain will compete in all events

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ELENA BALTACHA

Event: Singles, Doubles
Born: 14.08.1983, Kiev, Ukraine
Lives: Ipswich
Height: 1.75m (5ft 9ins)
Weight: 70kg (11st)
Coach: Nino Severino
Games attended: None



Major achievements: AOp: Rnd 1 2012. FOp: Rnd 1 2012. Wim: Rnd 2 2012.

Elena Baltacha has been at the forefront of British women's tennis for over a decade and her father, Sergei, represented the Soviet Union football team at the Moscow Olympics in 1980, winning bronze.

Baltacha lost at Wimbledon in the second round this year to then defending champion Petra Kvitova. Baltacha's best performance at Wimbledon came in 2002 when she reached the third round.

@ElenaBaltacha

COLIN FLEMING

Event: Doubles
Born: 13.08.1984, Broxburn
Lives: Bo'ness
Height: 1.88m (6ft 2ins)
Weight: 78kg (12st 4lbs)
Coach: Louis Cayer
Games attended: None



Major achievements: AOp: Rnd 3 2012. Wim: Rnd 1 2012; qf 2011. USOp: qf 2011.

Colin Fleming and partner Ross Hutchins are Great Britain's current Davis Cup doubles team and will be making their Olympic debuts in London.

The duo came into their own at the end of last season, making the quarter-finals at both Wimbledon and the US Open. Fleming is on the mend after a stress fracture of his left tibia hampered his early season. Fleming and Hutchins lost in the first round at Wimbledon this year.

@colin_fleming

ROSS HUTCHINS

Event: Doubles
Born: 22.02.1985, Wimbledon
Lives: Wimbledon
Height: 1.91m (6ft 3ins)
Weight: 87kg (13st 10lbs)
Coach: Louis Cayer
Games attended: None



Major achievements: AOp: Rnd 3 2012. Wim: first round 2012; Q-F 2011. USOp: Q-F 2011.

Ross Hutchins, who was born and lives in Wimbledon, and his partner Colin Fleming shot up the rankings last year with strong performances at Wimbledon and the US Open, making the quarter-finals in both competitions.

Both will be making their Olympic debuts in London this summer but after a third-round finish in the Australian Open at the start of the year they will be hoping to make an impression.

@RoscoHutchins

ANNE KEOTHAVONG

Event: Singles, Doubles
Born: 16.09.1983, Hackney
Lives: Hackney
Height: 1.74m (5ft 9ins)
Weight: 63kg (9st 13lbs)
Coach: Jeremy Bates
Games attended: None



Major achievements: AOp: Rnd 1 2012. FOp: Rnd 1 2012. Wim: Rnd 2 2012.

Anne Keothavong has made the second round at her home Grand Slam on three separate occasions and at this year's Championships was defeated by French Open runner-up Sara Errani.

Keothavong is coached by former British Olympian Jeremy Bates and will be making her Games debut this summer in the women's singles event.

@annekeothavong

ANDY MURRAY

Event: Singles, Doubles
Born: 15.05.1987, Glasgow
Lives: Surrey
Height: 1.88m (6ft 2ins)
Weight: 84kg (13st 3lbs)
Coach: Ivan Lendl
Games attended: One (Beijing 2008)



Major achievements: OG: Rnd 1 (singles), Rnd 2 (doubles) 2008. AOp: s-f 2012; R-up 2011; R-up 2010. FOp: q-f 2012; s-f 2011; q-f 2009. Wim: R-up 2012; s-f 2011; s-f 2010; s-f 2009; q-f 2008. USOp: s-f 2011; R-up 2008.

Andy Murray is Great Britain's No.1 tennis player and has made four appearances in Grand Slam finals and reached at least the last four on ten occasions.

He has also won 22 career titles, including eight Masters 1000 competitions and has also featured for Great Britain in the Davis Cup.

At Wimbledon, Murray became the first Brit to reach a men's singles final at the Championships, Wimbledon for 74 years this year.

Murray has reached the last four in each of his last four visits to Wimbledon, going out in the semi-final three times in a row prior to this year.

Murray's first Olympic appearance did not go to plan in Beijing, losing in the first round of the singles to Lu Yen-Hsun of Taiwan before bowing out in round two in the men's doubles competition alongside brother Jamie.

His grandfather Roy Erskine played for Hibernian FC and as a result, Murray is a keen supporter. He was also asked to train with Rangers FC as a 15-year-old but declined, opting to focus on tennis.

He is currently coached by eight-time Grand Slam winner Ivan Lendl.

@andy_murray

JAMIE MURRAY

Event: Doubles
Born: 13.02.1986, Glasgow
Lives: London
Height: 1.90m (6ft 3ins)
Weight: 82kg (12st 13lbs)
Coach: Kevin Ullyett
Games attended: One (Beijing 2008)



Major achievements: **AOp:** Rnd 1 (MD) 2012. **FOp:** Rnd 1 (MD) 2012; q-f (XD) 2011. **Wim:** Rnd 2 (MD) 2012; Winner (XD) 2007; q-f (XD) 2008; s-f (XD) 2009. **USOp:** s-f (XD) 2007; R-up (XD) 2008.

Jamie Murray became the first Briton to win a major title at Wimbledon for 20 years when he won the mixed doubles title with Serbia's Jelena Jankovic in 2007.

At London 2012 he will partner his younger brother Andy in the men's doubles, hoping to improve on their second-round exit when they paired up in Beijing four years ago.

@jamie_murray

LAURA ROBSON

Event: Doubles
Born: 21.01.1994, Melbourne, Australia
Lives: Wimbledon
Height: 1.80m (5ft 11ins)
Weight: 62kg (9st 11lbs)
Coach: N/A
Games attended: None



Major achievements: **AOp:** Rnd 1 (WS) 2012; q-f (WD) 2010. **FOp:** Rnd 1 (WS) 2012. **Wim:** Rnd 1 2012.

Laura Robson shot to fame when she won the girls' singles title at Wimbledon in 2008 but the 18-year-old will be competing in the doubles event in London at the Games, partnering Heather Watson.

The duo lost in the first round at Wimbledon this year but Robson has made a Grand Slam quarter-final in women's doubles before, at the Australian Open in 2010.

@laurarobson5

HEATHER WATSON

Event: Doubles
Born: 19.05.1992, Guernsey
Lives: Guernsey
Height: 1.68m (5ft 6ins)
Weight: 64kg (10st 1lb)
Coach: Mauricio Hadad
Games attended: None



Major achievements: **AOp:** Rnd 1 2012. **FOp:** Rnd 2 2012. **Wim:** Rnd 3 2012.

Heather Watson achieved her best-ever Grand Slam singles result when she made the third round of Wimbledon this year.

Watson, who won the 2009 Junior US Open, will be partnering up with Laura Robson for the women's doubles event at the Games but the duo lost in the first-round at the All England Club in June.

@HeatherWatson92

IAIN BATES

Title: LTA Women's Tennis Manager
Games role: Women's Tennis Coach
Born: 24.01.1979, Darlington
Lives: Berkshire



LOUIS CAYER

Title: LTA Doubles Team Leader
Games role: Mixed and Doubles Team Coach
Born: 29.09.1952, Montreal, Canada
Lives: London



PAUL HUTCHINS

Title: Men's Tennis Team Member
Games role: Team Leader
Born: 05.04.1945, Bristol
Lives: London



ANDY IRELAND

Title: Physiotherapist
Games role: Physiotherapist
Born: 19.06.1971, Peterborough
Lives: Peterborough



JUDY MURRAY

Title: Fed Cup Captain
Games role: Team Coach
Born: 08.09.1959, Bridge of Allan
Lives: Dunblane



LEON SMITH

Title: Head of Men's and Women's Tennis
Games role: Team Coach
Born: 16.02.1976, Glasgow
Lives: Glasgow



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Triathlon





● I'm really excited to be going to my second Olympics. The level of interest in the team is huge and I hope the nation will really get behind us as home support really does give us an advantage. ●●

Helen Jenkins

DID YOU KNOW?

Hyde Park was formerly Henry VIII's hunting grounds after he acquired it from the monks of Westminster Abbey in 1536

Triathlon

Introduction

Triathlon is comprised of three disciplines – swim, bike and run, completed in that order with no breaks in between – and made its first appearance on the Olympic schedule at Sydney 2000.

The first ever triathlon was held at Mission Bay, San Diego, California in 1974 but since Sydney 2000, the sport has rapidly grown in popularity across the world.

At London 2012, the men's and women's race will be held in Hyde Park – although the cycling element will leave the grounds to pass under Wellington Arch and travel along Constitution Hill, bypassing Buckingham Palace before returning to the Park.

Michelle Dillon's sixth-place finish at Athens 2004 remains the best performance by a Brit in an Olympic triathlon to date while Simon Lessing and Tim Don ended ninth and tenth respectively at Sydney 2000.

At Beijing 2008, Alistair Brownlee was the best performing Brit, finishing 12th, while Will Clarke was 14th and Don was lapped on the bike section and eliminated. In the women's race Helen Jenkins ended 21st while Hollie Avil failed to finish.

All six Olympic triathlon gold medals have been won by different countries – Australia, New Zealand, Canada, Germany, Switzerland and Austria – but Australia top the overall medal table, having also won two silvers and a bronze.

Simon Whitfield is remembered as the first

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Great Britain's Lucy Hall runs with her bike through the transition area

male triathlete to win Olympic gold after his success in Sydney and the popular Canadian continues to be at the forefront of the sport, winning silver at the Beijing Games in 2008. He will also compete in London.

Germany's Jan Frodeno and Australia's Emma Snowsill are the reigning Olympic champions.

Team GB 2012

Six triathletes – three men and three women – will represent Great Britain at London 2012 with brothers Alistair and Jonathan Brownlee, Stuart Hayes, Lucy Hall, Vicky Holland and Helen Jenkins officially selected in June.

Alistair Brownlee and Jenkins will compete

● Britain have never won a triathlon medal so we are trying to make history this summer, and I feel that we definitely have the strength and ability within our squad to do so. ●●

Team GB Triathlon Team Leader Malcolm Brown

WORDS TO LEARN +

TRANSITION:

The changeovers between the three elements of the race

PENALTY BOX:

An area on the run course set aside for athletes who break the rules and have to serve a time penalty

MOUNT LINE:

A line at the exit from the transition area on to the bike course after which athletes must mount their bicycles and proceed. There is also a dismount line at the end of the bike course, at the entrance to the transition area

BONKING:

What triathletes call the feeling of hitting the wall and suddenly losing all strength, usually due to low blood sugars

FACT FILE +

VENUE:

Hyde Park

GOLD MEDALS AVAILABLE: 2

DATES:

Saturday August 4, Tuesday August 7

NUMBER OF TEAM GB ATHLETES:

Men: 3 Women: 3

WEBSITES:

BOA: www.teamgb.com/summer-sports/triathlon

London 2012: www.london2012.com/triathlon

NGB: www.britishtriathlon.org

as the reigning world champions after both won the 2011 ITU World Championship Series.

Both Alistair Brownlee and Jenkins also took victory in the London leg, in early August last year.

The pair are also the only two of the six selected for London to have travelled to China for the Beijing Games in 2008 with Jonathan Brownlee, Hayes, Hall and Holland all set to make their Olympic debuts. Hayes is coached by and married to fellow triathlete Michelle Dillon after tying the knot in January.

Alistair Brownlee's younger brother Jonathan finished as the runner-up to him in the ITU World Championship Series in 2011 and has won the respective legs in San Diego and Madrid already this year. Alistair won the Kitzbühel leg in June upon his return from an Achilles injury.

All three British men have tasted ITU World Championship Series success with Hayes winning the Kitzbühel round in 2010 while Jenkins became the first British woman to take the title since it switched away from a one-event format – adding to her 2008 title.

Holland meanwhile, has World Championship finishes of fifth and seventh in San Diego and Madrid respectively this year and Hall has already made a name for herself as one of the fastest swimmers in triathlon.

Competition format

The men's and the women's races each

see a 55-strong field take part with each country limited to three male and three female entrants.

Both the men and the women will complete a 1500m swim in Hyde Park's Serpentine before a 43km cycle, broken down into seven laps of a 6.137km course, and finishing with a 10km run, entailing four laps of a 2.5km course.

The race is completed from start to finish, with no breaks. The transitions between the swim, the bike and the run are part of the race – crucial seconds can be gained or lost in the transition area.

There are no heats; both the men's and women's events consist of a single race. The first athlete to cross the finish line is the winner.

Around the course athletes can incur time penalties for various infringements. This can happen, for instance, for blocking or impeding another athlete; not completing the transition properly – for example keeping the bike helmet on to complete the run – or cycling in the transition zone.

Time penalties are served either in the transition area, or in a penalty box during the run.



Great Britain's Alistair Brownlee



TEAM GB HERO: SIMON LESSING MBE +

A five-time world champion, Simon Lessing remains the highest finishing British male athlete in an Olympic triathlon, coming home ninth at Sydney in the inaugural race.

Lessing, born in Cape Town, has also won two world silver medals, one bronze and three European titles and in 2006 he claimed an Iron Man world silver medal.

He set an Olympic distance world record in 1996, and is noted for his 2004 Ironman Lake Placid win, where he set a course record of 8:23.12hours.



TEAM GB TRIATHLON AT THE OLYMPIC GAMES

Great Britain are yet to win an Olympic triathlon medal



ITU World Championship Series 2011	2	1	0	3
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RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

OLYMPIC GAMES 2008	ITU WORLD CHAMPIONSHIP SERIES 2011
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Triathlon	M Jan Frodeno (GER)	Alistair Brownlee (GBR)
	W Emma Snowsill (AUS)	Helen Jenkins (GBR)

EVENTS SCHEDULE

M = Men's events W = Women's events 🏅 = Medal event

DATE	EVENT
4 Aug	09:00-11:40 W 🏅 Triathlon, victory ceremony
7 Aug	11:30-14:00 M 🏅 Triathlon, victory ceremony

🏅 Team GB will compete in the men's and women's events.

ALISTAIR BROWNLEE

Born: 23.04.1988, Dewsbury
Lives: Leeds
Height: 1.85m (6ft 1in)
Weight: 70kg (11st)
Club: Bingley Harriers, Leeds Metropolitan University
Coach: Malcolm Brown, Jack Maitland
Games attended: One



Major achievements: **OG:** 12th, 2008. **WCh:** gold (overall) 2011, gold (team) 2011; 6th (overall) 2010; gold (overall) 2009. **ECh:** gold 2011; gold 2010; silver 2009.

Alistair Brownlee is a double world champion in the ITU World Championship Series and a multiple winner on the circuit.

He is a two-time winner of the ITU World Championship Series race in London – 2009 and 2011 – and a double gold medalist at the European Championships.

Brownlee also won the world under-23 title in 2008, two months before his Olympic debut, but his most successful year was 2009, when he won all five ITU World Championship Series races entered.

He missed the early part of the 2012 season with an Achilles injury but returned to share victory with brother Jonathan at the Blenheim Triathlon, just a few weeks before the Games.

Brownlee began a degree in medicine at Girton College, Cambridge, but left in 2006 to move back to Yorkshire, focus on triathlon and study for a degree in physiology and sport at the University of Leeds.

He is now in the second year of an MSc in finance at Leeds Metropolitan University.

As a junior, Brownlee was an impressive fell and cross-country runner, coming second in the English Junior Cross Country Championships and winning the Yorkshire county title on several occasions.

In 2009, Brownlee represented Great Britain at the European Cross Country Championships in Dublin.

🏅 [t](#) @AliBrownleetri

JONATHAN BROWNLEE

Born: 30.04.1990, Leeds
Lives: Leeds
Height: 1.78m (5ft 10ins)
Weight: 68kg (10st 10lbs)
Club: Triangle, Bingley Harriers
Coach: Malcolm Brown, Jack Maitland
Games attended: None



Major achievements: **WCh:** silver (overall), gold (sprint), gold (team) 2011; 38th (overall), gold (sprint) 2010; 53rd (overall) 2009. **ECh:** silver 2011.

Jonathan Brownlee won two of the first three races on the ITU World Championship Series circuit this season and took silver behind brother Alistair in Kitzbühel in June.

In 2011 the double world sprint gold medalist finished on the podium at every ITU World Championship Series race he competed in.

🏅 [t](#) @jonny_brownlee

LUCY HALL

Born: 21.02.1992, Leicester
Lives: Lutterworth
Height: 1.78m (5ft 10ins)
Weight: 60kg (9st 6lbs)
Club: Loughborough
Coach: Mark Pearce
Games attended: None



Major achievements: **WCh:** 99th (overall) 2011. **EJCh:** gold (relay) 2011.

The youngest member of the British triathlon team for London 2012, Lucy Hall has already made a name for herself as one of the fastest swimmers in triathlon.

Still classed as a junior, she made her senior debut in the ITU World Championship Series in 2011 – and exited the water first in Hamburg, Lausanne and Yokohama.

Hall was 14th at the 2012 European Championships and counts Jo Pavey as her sporting hero.



STUART HAYES

Born: 16.04.1979, Isleworth
Lives: Loughborough
Height: 1.88m (6ft 2ins)
Weight: 72kg (11st 5lbs)
Club: Team Dillon
Coach: Michelle Dillon
Games attended: None



Major achievements: **WCh:** 41st (overall) 2011; 11th (overall) 2010; 58th (overall) 2009. **WU23Ch:** bronze 2002.

Stuart Hayes is known for being an exceptional swimmer and an attacking cyclist.

Hayes' career highlight came in 2010 when he won the ITU World Championship Series race in Kitzbühel – making an impressive attack on the bike.

He is coached by Michelle Dillon, who he married in January this year.

🏅 [t](#) @StuHayes13

VICKY HOLLAND

Born: 12.01.1986, Gloucester
Lives: Swansea
Height: 1.68m (5ft 6ins)
Weight: 59kg (9st 4lbs)
Club: N/A
Coach: Darren Smith
Games attended: None



Major achievements: **WCh:** 33rd (overall) 2011; 8th (overall) 2010; 76th (overall) 2009.

Vicky Holland discovered triathlon at Loughborough University in 2005, competing at that year's World Junior Championships while at the 2009 World Under-23 Championships, she placed fourth.

In 2010 she was eighth in the overall ITU World Championship Series but injuries hampered her campaign in 2011. Her training is split between the Swiss Alps and Australia's Gold Coast.

🏅 [t](#) @VixHolland



HELEN JENKINS

Born: 08.03.1984, Elgin
Lives: Bridgend
Height: 1.69m (5ft 7ins)
Weight: 55kg (8st 9lbs)
Club: N/A
Coach: Marc Jenkins, Phil Menhuish
Games attended: One (Beijing 2008)



Major achievements: **OG:** 21st 2008. **WCh:** gold (overall), gold (team) 2011; 4th (overall) 2010; 5th (overall) 2009; gold 2008.

Helen Jenkins, née Tucker, won her first world title in 2008 before going on to make her Olympic debut in Beijing. Aside from Alistair Brownlee, Jenkins is the only other member of the British team for London to have Olympic experience.

Last year she became the first British woman to win the ITU World Championship Series title since its inception in 2009, with a race win in London and second-place finishes in Kitzbühel and Madrid and the Grand Final in Beijing.

She married Marc Jenkins, who represented Britain on the ITU World Cup circuit and at Athens 2004, in October 2008 at Walt Disney World in Florida and they now live in south Wales with their Labrador Barney.

Jenkins was named Female Triathlete of the Year by British Triathlon in 2011 and shared the BOA's Olympic Athlete of the Year with Brownlee in the same year.

@heljinx

BENJAMIN BRIGHT

Title: Olympic Men's Coach
Games role: Men's Coach
Born: 12.07.1974, Waiuku, New Zealand
Lives: Sibley



MALCOLM BROWN

Title: Olympic Performance Manager
Games role: Team Leader
Born: 16.09.1948, London
Lives: Leeds



Malcolm Brown is the former endurance coach for UK Athletics and current Olympic performance manager for British Triathlon.

His career started with a degree in teaching PE and English and he has worked at four different universities, taking up a role at Leeds Metropolitan in 2002.

Brown sets Alistair and Jonathan Brownlee's training programme and he has coached athletes to appearances at world, European, Commonwealth and Olympic level.

GLENN COLTMAN

Title: Mechanic
Games role: Mechanic
Born: 12.06.1962, Leicester
Lives: Loughborough



GLENN COOK

Title: Olympic Head Women's Coach
Games role: Women's Coach
Born: 23.01.1963, Newton Abbot
Lives: Eastbourne



EMMA DEAKIN

Title: Head Physiotherapist
Games role: Physiotherapist
Born: 06.09.1980, Rotherham
Lives: Rotherham



MARC JENKINS

Title: Coach
Games role: Coach
Born: 21.07.1976, Bridgend
Lives: Bridgend

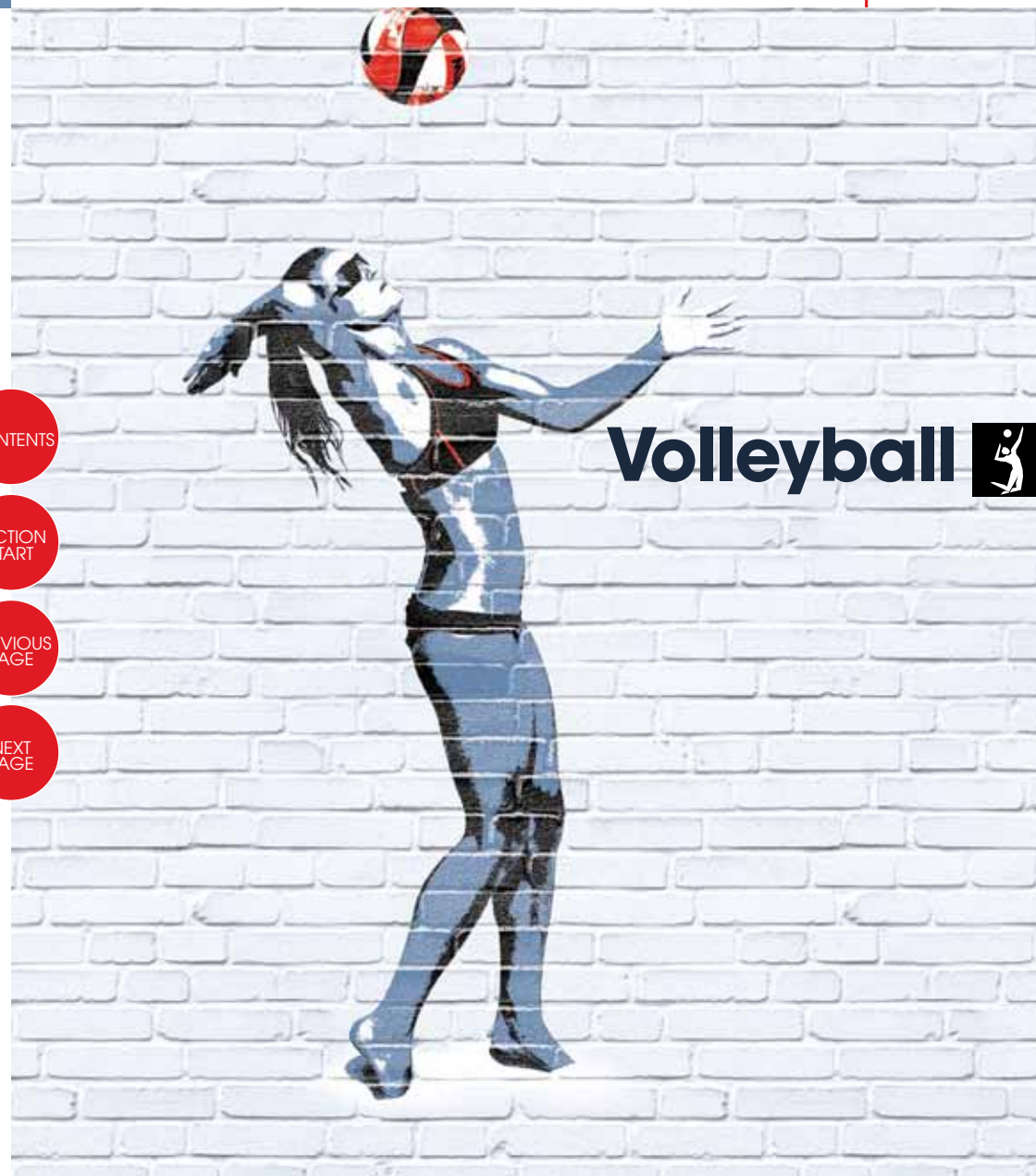


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Volleyball



Volleyball

Introduction

It would be interesting to know what William G. Morgan, who devised volleyball in the late 19th century, would make of the sport at the Olympics today. Originally envisioned as a gentle alternative to basketball, Morgan would not recognise one of the most high-octane sports at the Games.

Split into indoor and beach – indoor volleyball made its debut at Tokyo 1964, having been a demonstration sport in 1924, and beach volleyball first appeared 72 years later in Atlanta. There have been men's and women's competitions in both disciplines every time volleyball has appeared on the Olympic schedule.

Indoor volleyball is played between two teams of six players on a court measuring 18 metres long by nine metres wide while beach volleyball is a variation of the game played on a sand court measuring 16 metres by eight metres with only two players per team. Beach volleyball became a FIVB-endorsed variation in 1987.

The former Soviet Union is the most successful indoor volleyball team in Olympic history with seven golds – three for men and four for women.

The men's competition has proved wide open in recent editions, with four different winners at the last four Games – USA in 2008, Brazil in 2004, Yugoslavia in 2000 and the Netherlands in 1996.

Cuba have been a dominant force in the

women's game, winning three straight golds between 1992 and 2000, but Russia will arrive in London as defending world champions and Brazil as the Olympic champions.

At Beijing 2008 all the men's and women's beach volleyball medals were shared between pairs from the USA, Brazil and China, with the USA winning both golds.

The indoor volleyball competition at London 2012 will be staged at Earls Court, which also hosted the boxing, gymnastics, weightlifting and wrestling competitions at the London 1948 Games.

Beach volleyball will be hosted in a temporary 15,000 capacity arena built on Horse Guards Parade, the venue for the Queen's annual official birthday celebration, Trooping the Colour.

Team GB 2012

Team GB took up the opportunity to use host nation places in both indoor and beach volleyball and will therefore field four different teams at London 2012.

Britain will field a 12-strong men's and a 12-strong women's team in the indoor competition, while Zara Dampney and Shauna Mullin and Steve Grotowski and John Garcia-Thompson are the women's and men's pairs chosen for beach volleyball.

Britain have never fielded an indoor volleyball team at the Olympics with Ben Pipes and Lynne Beattie set to make history by captaining the men's and women's teams respectively at London 2012.

Jason Haldane is the oldest member of the indoor team, across both men and women, turning 41 four days before the opening



● We are in uncharted territory and need to keep pushing ourselves and each other to deliver a performance worthy of the names you do not see on the list for the Games. ●

Team GB Men's Indoor Volleyball captain Ben Pipes

DID YOU KNOW?

The first beach volleyball circuit began in the 1950s with hundreds of athletes playing on beaches in California in America

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Zara Dampney and Shauna Mullin with their Team GB kit

● Competing at the Olympics has always been a dream of mine and at the end of July my dreams are coming true. Being selected to represent Team GB and be part of what is going to be the best Olympics ever is a huge honour.

Shauna Mullin

FACT FILE

VENUES:

Volleyball: Earls Court
Beach volleyball: Horse Guards Parade

GOLD MEDALS AVAILABLE:

Volleyball: 2
Beach volleyball: 2

DATES

Volleyball: Saturday 28 July – Sunday August 12
Beach volleyball: Saturday 28 July – Thursday August 9

NUMBER OF TEAM GB ATHLETES

Men: 14 Women: 14

WEBSITES

BOA: www.teamgb.com/summer-sports/volleyball, www.teamgb.com/summer-sports/beach-volleyball
London 2012: www.london2012.com/beach-volleyball, www.london2012.com/volleyball
NGB: www.britishvolleyball.org

ceremony while at 18 Savannah Leaf is the youngest. The men's team have been drawn against Bulgaria, Australia, Italy, Poland and Argentina in the group stages – avoiding all the nations that medalled at Beijing 2008. The women's team will face world champions Russia and world bronze medallists Japan in their group as well as Algeria, Italy and the Dominican Republic.

Meanwhile Dampney and Mullin's selection marks the first time that Britain will compete in beach volleyball at an Olympics since Atlanta 1996. Audrey Cooper and Amanda Glover were Britain's representatives as the sport made its Olympic debut in the USA and finished ninth.

Dampney and Mullin faced a battle for Olympic selection against Denise Johns and Lucy Boulton. Cooper, who like Mullin is Scottish, is now the head coach of the women's indoor team.

Dampney and Mullin will be joined on the British team by John Garcia-Thompson and Steve Grotowski. Garcia-Thompson and Grotowski will be Britain's first-ever male beach volleyball representatives at an Olympics.

Competition format

Both a men's and women's indoor volleyball squad at the Olympics consists of 12 athletes with 12 different nations per gender set to compete.

Each team in indoor volleyball is separated by a high net that is set at 2.43 metres for men and 2.24 metres for women.

After an initial serve, each team has a maximum of three hits to return the ball across the net; consecutive touches by the



Lynne Beattie will captain the women's indoor volleyball team

same player are not permitted and blocks do not count as a hit. The team that wins the point serves next and it is possible to win points on and against the serve.

Matches are best of five sets and the first four sets go to 25 points. If required, the final set will go to 15 points. All sets must be won by at least two clear points.

Nations are split into two groups of six with each team playing every other in their group. The top four from each group progress to the quarter-finals before semi-finals to produce gold-medal and bronze-medal matches.

While there are 288 athletes – 144 men and 144 women – selected for indoor volleyball, beach volleyball will feature 24 men's pairs and 24 women's pairs, with 24 different nations in each gender competing.

The rules are similar to its indoor variant with both teams allowed three touches to return the ball, without consecutive touches. Matches are played in a best of

WORDS TO LEARN

LIBERO:

A player in indoor volleyball specialising in defensive skills who wears a different colour jersey from his or her teammates and cannot block or attack the ball when it is entirely above net height

SPIKE:

When an offensive player hits the ball with a one arm, over-the-head motion

KILL:

A legal, point-scoring spike attack

ACE:

A serve which lands in the receiving team's court without being touched by the receiving team

three sets format with the first two sets a race to 21 points, with a two-point winning margin required. If required, the deciding set is the first to 15 and the players, who rotate serve, change sides every seven points, or every five in the third set.

The playing court is a rectangle of levelled sand measuring 16m by 8m which is surrounded by a free zone, a minimum of 3m wide.

Each of the pairs are placed in one of six groups of four teams and the top two teams in each pool advance to the last 16 knockout phase.

They are joined by the two best third placed teams while the remaining four third-placed teams play a two-match lucky loser round; the two winning teams in the lucky loser round also qualify for the elimination phase.



DID YOU KNOW?

William G. Morgan, who devised volleyball, called it 'mintonette'

TEAM GB VOLLEYBALL AT THE OLYMPIC GAMES

Great Britain are yet to win an Olympic indoor volleyball or beach volleyball medal



World Championships 2010/11* – best performance, Shauna Mullin/Zara Dampney, 17th, beach volleyball

*Volleyball World Championships held in 2010, Beach Volleyball World Championships held in 2011

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men **W** = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2010/11*
Volleyball	M USA W Brazil	Brazil Russia
Beach volleyball	M Todd Rogers/ Phil Dalhausser (USA) W Kerri Walsh/ Misty May-Treanor (USA)	Emanuel Rego/ Alison Cerutti (BRA) Larissa Franca/ Juliana Felisberta (BRA)

*Volleyball World Championships held in 2010, Beach Volleyball World Championships held in 2011



BEACH VOLLEYBALL EVENTS SCHEDULE

M = Men's events **W** = Women's events = Medal event

DATE	EVENT
28 July	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (4 matches)
	20:00-23:50 M & W Preliminaries (4 matches)
29 July	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (4 matches)
	20:00-23:50 M & W Preliminaries (4 matches)
30 July	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (4 matches)
	20:00-23:50 M & W Preliminaries (4 matches)
31 July	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (4 matches)
	20:00-23:50 M & W Preliminaries (4 matches)
1 Aug	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (4 matches)
	20:00-23:50 M & W Preliminaries (4 matches)
2 Aug	09:00-12:50 M & W Preliminaries (4 matches)
	14:30-18:20 M & W Preliminaries (6 matches)
	20:00-23:50 M & W Preliminaries (2 matches), lucky loser round (4 matches)
3 Aug	09:00-10:50 M Round of 16 (1 match)
	W Round of 16 (1 match)
	13:00-14:50 M Round of 16 (1 match)
	W Round of 16 (1 match)
	17:00-18:50 M Round of 16 (1 match)
	W Round of 16 (1 match)
21:00-22:50	M Round of 16 (1 match)
	W Round of 16 (1 match)
4 Aug	09:00-10:50 M Round of 16 (1 match)
	W Round of 16 (1 match)

BEACH VOLLEYBALL EVENTS SCHEDULE continued

DATE	EVENT	
	13:00-14:50	M Round of 16 (1 match) W Round of 16 (1 match)
	17:00-18:50	M Round of 16 (1 match) W Round of 16 (1 match)
	21:00-22:50	M Round of 16 (1 match) W Round of 16 (1 match)
	5 Aug	W Quarter-finals (2 matches) W Quarter-finals (2 matches)
6 Aug	18:00-19:50	M Quarter-finals (2 matches)
	22:00-23:50	M Quarter-finals (2 matches)
7 Aug	17:00-18:50	M Semi-final W Semi-final
	21:00-23:50	M Semi-final W Semi-final
8 Aug	19:00-22:30	W 🏅 Bronze medal match , 🏆 gold medal match , victory ceremony
9 Aug	19:00-22:30	M 🏅 Bronze medal match , 🏆 gold medal match , victory ceremony

Great Britain will compete in the men's and women's events

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VOLLEYBALL EVENTS SCHEDULE

M = Men's events **W** = Women's events 🏅 = Medal event

DATE	EVENT	
28 July	09:30-13:00	W Pool A Algeria v Japan, Pool B China v Serbia
	14:45-18:15	W Pool A Great Britain v Russia, Italy v Dominican Republic
	20:00-23:30	W Pool B USA v Korea, Brazil v Turkey
29 July	09:30-13:00	M Pool A Great Britain v Bulgaria, Pool B Russia v Germany
	14:45-18:15	M Pool A Australia v Argentina, Pool B USA v Serbia
	20:00-23:30	M Pool A Italy v Poland, Pool B Brazil v Tunisia
30 July	09:30-13:00	W Pool B China v Turkey, Serbia v Korea
	14:45-18:15	W Pool A Dominican Republic v Russia, Pool B USA v Brazil
	20:00-23:30	W Pool A Italy v Japan, Great Britain v Algeria
31 July	09:30-13:00	M Pool B Serbia v Tunisia, Pool A Poland v Bulgaria
	14:45-18:15	M Pool A Italy v Argentina, Pool B USA v Germany
	20:00-23:30	M Pool A Great Britain v Australia, Pool B Brazil v Russia
1 Aug	09:30-13:00	W Pool A Dominican Republic v Japan, Algeria v Russia
	14:45-18:15	W Pool B Serbia v Turkey, Pool A Great Britain v Italy
	20:00-23:30	W Pool B USA v China, Brazil v Korea
2 Aug	09:30-13:00	M Pool B Serbia v Germany, Pool A Australia v Bulgaria
	14:45-18:15	M Pool B Russia v Tunisia, Pool A Poland v Argentina
	20:00-23:30	M Pool B Brazil v USA, Pool A Great Britain v Italy
3 Aug	09:30-13:00	W Pool B Brazil v China, Pool A Japan v Russia
	14:45-18:15	W Pool B Turkey v Korea, Pool A Great Britain v Dominican Republic
	20:00-23:30	W Pool B USA v Serbia, Pool A Algeria v Italy
4 Aug	09:30-13:00	M Pool B Germany v Tunisia, Pool A Great Britain v Poland
	14:45-18:15	M Pool A Australia v Italy, Pool B Russia v USA
	20:00-23:30	M Pool A Argentina v Bulgaria, Pool B Brazil v Serbia
5 Aug	09:30-13:00	W Pool A Algeria v Dominican Republic, Pool B China v Korea
	14:45-18:15	W Pool A Great Britain v Japan, Italy v Russia
	20:00-23:30	W Pool B USA v Turkey, Brazil v Serbia

VOLLEYBALL EVENTS SCHEDULE continued

DATE	EVENT	
6 Aug	09:30-13:00	(M) Pool A Australia v Poland, Pool B Russian v Serbia
	14:45-18:15	(M) Pool A Italy v Bulgaria, Great Britain v Argentina
	20:00-23:30	(M) Pool B USA v Tunisia, Brazil v Germany
7 Aug	13:00-16:30	(W) Quarter-finals (2 matches)
	19:00-22:30	(W) Quarter-finals (2 matches)
8 Aug	14:00-17:30	(M) Quarter-finals (2 matches)
	19:30-23:00	(M) Quarter-finals (2 matches)
9 Aug	15:00-16:30	(W) Semi-final
	19:30-21:00	(W) Semi-final
10 Aug	15:00-16:30	(M) Semi-final
	19:30-21:00	(M) Semi-final
11 Aug	11:30-13:00	(W) 🏆 Bronze medal match
	18:30-20:40	(W) 🏆 Gold medal match, victory ceremony
12 Aug	09:30-11:00	(M) 🏆 Bronze medal match
	13:00-15:10	(M) 🏆 Gold medal match, victory ceremony

Great Britain will compete in the men's and women's events

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BEACH

ZARA DAMPNEY

Born: 10.06.1986, Poole
Lives: Christchurch
Height: 1.78m (5ft 10ins)
Weight: 65kg (10st 3lbs)
Club: Wessex
Coach: Morph Bowes, Kate Eddy
Major achievements: **WCh:** 17th 2011; 37th 2009.



Zara Dampney has played both indoor and beach volleyball for Britain. She graduated from the University of Sheffield with a law degree in 2006 and completed a masters in international development at the University of Bath. Dampney ranks qualifying for the 2011 World Championships as one of her most memorable achievements. She and Shauna Mullin went on to finish 17th in Rome and as the best British pairing.

@Zara_Dampney

JOHN GARCIA-THOMPSON

Born: 08.06.1979, Palma de Mallorca, Spain
Lives: Tenerife, Spain
Height: 1.92m (6ft 3ins)
Weight: 92kg (14st 7lbs)
Club: Palma Son Amar, Spain
Coach: Alfredo Zamora



John Garcia-Thompson has been competing with Steve Grotowski since 2009.

Garcia-Thompson and Grotowski have finishes of 25th and 33rd from the Shanghai and Rome Grand Slams respectively this year and recorded the same positions at the Brasilia and Prague Opens also in 2012.

His big superstition is to always shake hands and hug his partner before playing.



STEVE GROTOWSKI

Born: 30.05.1982, London
Lives: Boynton Beach, USA
Height: 1.98m (6ft 4ins)
Weight: 92kg (14st 7lbs)
Club: N/A
Coach: Morph Bowes, Mike Morales



Steve Grotowski grew up in Wimbledon and aged ten his family moved to Florida where he began playing volleyball.

He played indoor volleyball at the University of New Haven but switched to beach, partnering Jody Gooding to begin with and then Gregg Weaver.

Grotowski and Weaver were the highest ranked Brits during qualifying for Beijing 2008 but fell short, however he will fulfill his Olympic dream with John Garcia-Thompson.



SHAUNA MULLIN

Born: 11.09.1984, Johannesburg, South Africa
Lives: Hook
Height: 1.78m (5ft 10ins)
Weight: 74kg (11st 9lbs)
Club: N/A
Coach: Morph Bowes, Kate Eddy
Major achievements: **WCh:** 17th 2011; 37th 2009.



Born in South Africa, Shauna Mullin lived in Malaysia between 1994 and 1998 and first played volleyball while there. The daughter of a hotel manager, Mullin settled in Edinburgh in 1999 and started taking volleyball more seriously, playing for the British indoor team at the World University Games in 2003.

She switched to beach in 2006, representing Britain at the World University Championships that year.

@shuvolleygb

INDOOR - MEN

DAMI BAKARE

Position: Opposite
Born: 22.09.1988, Kaduna, Nigeria
Lives: Mitcham
Height: 1.97m (6ft 6ins)
Weight: 93kg (14st 9lbs)
Club: VC Argex Duvel Puurs, Belgium



Dami Bakare was named the BOA Athlete of the Year in 2011 for volleyball and made his senior international debut for Britain in 2007.

Bakare was introduced to volleyball while at school and put his degree in dentistry at the University of Sheffield on hold to fully concentrate on London 2012.

He can reach over 11ft with a standing jump and is joined on the team by his cousin Peter.

@donlybakare

PETER BAKARE

Position: Middle
Born: 02.07.1989, Canning Town
Lives: London
Height: 1.96m (6ft 5ins)
Weight: 93kg (14st 9lbs)
Club: Landstede Zwolle, Netherlands



Peter Bakare is multi-talented – he studied animation at Sheffield Hallam University through which he became involved in scriptwriting.

He has written for Channel 4 drama Skins and he has also acted and performed stand-up comedy.

It was in Sheffield where Bakare, a former basketball player, was introduced to volleyball, making his senior international debut for Britain in 2010.

@peterbakare

NATHAN FRENCH

Position: Outside
Born: 20.04.1990, Chelmsford
Lives: Chelmsford
Height: 1.91m (6ft 3ins)
Weight: 86kg (13st 8lbs)
Club: ASUL Lyon, France

Nathan French is the youngest member of the men's British volleyball team and started playing the sport when he was 13.

He broke his arm in 2009 but recovered to make his senior international debut for Britain a matter of months later in July against Albania.



JASON HALDANE

Position: Opposite
Born: 23.07.1971, Terrace, Canada
Lives: Istanbul, Turkey
Height: 2.03m (6ft 8ins)
Weight: 106kg (16st 10lbs)
Club: CSKA Sofia, Bulgaria

Jason Haldane is the oldest member of the British volleyball team and has played for a host of clubs across Europe, in particular in Italy and France.

He made his professional debut in 1995 and won volleyball's equivalent of football's Champions League in 2011.

Having played for Canada for over a decade Haldane, whose father is of English origin, was cleared to play for Britain in 2009, making his debut that year. He was left out of the team in 2011 before returning for London 2012.



DAN HUNTER

Position: Libero
Born: 23.01.1990, Poole
Lives: Poole
Height: 1.83m (6ft)
Weight: 83kg (13st 1lb)
Club: Landstede Zwolle, Netherlands

Dan Hunter won his first cap for Britain aged 19 in 2009 and states doing so as the proudest moment of his career so far.

He began playing volleyball as an after-school activity at Haymoor Middle School and is one of three on the British men's team to play for Landstede in the Netherlands.

Hunter is currently two years into a degree in computer engineering at the University of Sheffield – putting his studies on hold to concentrate on London 2012.



CHRIS LAMONT

Position: Middle
Born: 07.12.1982, Glasgow
Lives: Glasgow
Height: 2.00m (6ft 7ins)
Weight: 80kg (12st 8lbs)
Club: ASUL Lyon, France

One of two Scottish players on the British men's team for London 2012, Chris Lamont began playing volleyball while he was at school.

His hero is Brazilian volleyball player Gilberto Godoy Filho, who he credits for helping give the sport a much faster and flamboyant style.

Lamont has represented teams in the Netherlands and Belgium and currently plays professionally in France.



@Chris_Lamont



MARK MCGIVERN

Position: Middle
Born: 24.02.1983, Bellshill
Lives: Glasgow
Height: 1.95m (6ft 5ins)
Weight: 87kg (13st 10lbs)
Club: Avignon, France

Mark McGivern gave volleyball a try while at St Andrew's RC High School because it was raining outside and he wanted to stay dry.

He has since gone on to play for the City of Edinburgh and City of Glasgow Ragazzi as well as in the Netherlands and Belgium. He made his debut for Britain in 2007.



@McGivern7



JOEL MILLER

Position: Outside
Born: 15.12.1988, Bury
Lives: Manchester
Height: 1.91m (6ft 3ins)
Weight: 86kg (13st 8lbs)
Club: VBK Klagenfurt, Austria

Joel Miller is the only player on the British team to play his trade in Austria and before that he enjoyed spells in Spain and the Netherlands.

He made his international debut for Britain in 2008 and attended Sheffield Hallam University.



KIERAN O'MALLEY

Position: Setter
Born: 12.05.1988, Halifax
Lives: Halifax
Height: 1.88m (6ft 2ins)
Weight: 82kg (13st)
Club: Abiant Lycurgus, Netherlands

Kieran O'Malley began pursuing a serious interest in volleyball seven years ago after a knee injury put paid to a promising football career.

He has played for Boathouse Volleyball Club and Sheffield Volleyball Club and is currently with Abiant Lycurgus Groningen in the Netherlands.

O'Malley made his debut for Britain against Luxembourg in 2008.



@key8701



ANDREW PINK

Position: Outside
Born: 25.01.1983, Kansas City, USA
Lives: London
Height: 1.93m (6ft 4ins)
Weight: 85kg (13st 5lbs)
Club: Amicale Laique Canteleu Maromme, France

Andrew Pink admits he only started playing volleyball due to a row with a tennis coach. His mother insisted he had to try another sport as she couldn't collect him from school until 6pm and volleyball was where he ended up.

He attended Rutgers University in the USA, his country of birth, and he has had shoulder surgery twice and was one of the initial group of players selected to form the core of the British team, making his debut in 2007.

Pink qualifies for Great Britain through his father William, a former runner, and is an avid follower of Test cricket.



BEN PIPES

Position: Setter
Born: 21.10.1986, Beverley
Lives: Hull
Height: 2.04m (6ft 8ins)
Weight: 90kg (14st 2lbs)
Club: Landstede Zwolle, Netherlands

Ben Pipes is the captain of the British team and made his debut for them against Australia in 2006. He admits he was a jack-of-all-trades sportsman until he was 13 when he took up volleyball.

Like most of the British team, Pipes has played for several clubs on the continent, including spells in Belgium and Spain as well as in Britain where he started his career. He now plays in the Netherlands.



MARK PLOTYCZER

Position: Outside
Born: 19.02.1987, Rio de Janeiro, Brazil
Lives: Rio de Janeiro, Brazil
Height: 1.95m (6ft 5ins)
Weight: 86kg (13st 8lbs)
Club: St-Brieuc, France

Mark Plotyczer states his most memorable achievement as when he joined the British set up in 2007, the Brazilian-born player making his debut a year later.

Plotyczer played his first match of this summer in June after suffering from a hand injury.



INDOOR - WOMEN

LYNNE BEATTIE

Position: Outside
Born: 23.12.1985, Glasgow
Lives: Glasgow
Height: 1.82m (6ft)
Weight: 65kg (10st 3lbs)
Club: CV Las Palmas, Spain

Lynne Beattie is the captain of the women's team and first played volleyball when she was at Mearns Castle High School.

She was named as the BOA Athlete of the Year for volleyball in 2009 and made her debut for Britain two years previously.

Beattie lists Manchester United FC manager and fellow Scot Sir Alex Ferguson as her hero.



@Beats_10



MARIA BERTELLI

Position: Libero
Born: 06.10.1977, Tameside
Lives: Droylsden
Height: 1.71m (5ft 7ins)
Weight: 63kg (10st)
Club: VBC Koeniz, Switzerland

Maria Bertelli began playing volleyball at St Damian's RC Science College in Tameside in Manchester but was to pursue football first.

She played for Charlton, reaching the FA Cup final against Arsenal in 2007, before switching to volleyball.

Bertelli made her debut for Britain in 2007 and has played on the continent in Belgium and currently in Switzerland.



@mariabertelli



RACHEL BRAGG

Position: Outside
Born: 11.12.1984, Bromsgrove
Lives: York
Height: 1.84m (6ft)
Weight: 75kg (11st 11lbs)
Club: VT Aurubis Hamburg, Germany



Rachel Bragg first started playing volleyball at Bewdley Bears, where her father played and is still a coach.

Currently affiliated with a club in Germany, Bragg has also plied her trade in France as well as England.

Her hero is Britain's Olympic heptathlon gold medallist from Sydney 2000 Denise Lewis.

@bambi_bragg

GRACE CARTER

Position: Middle
Born: 10.08.1989, Nottingham
Lives: Nottingham
Height: 1.83m (6ft)
Weight: 78kg (12st 4lbs)
Club: Olympic Terville Florange, France



Grace Carter was told she had the ideal frame for volleyball during GCSE PE lessons at Bramcote Hills Comprehensive School in Nottingham.

Carter studied sports science at Sheffield Hallam University and made her debut for Britain in 2008 while she now plays in France.

Her hobbies and interests include playing the piano, guitar and drums and one of her favourite sporting memories is Sally Gunnell's 400m hurdles gold at Barcelona 1992.



RACHEL LAYBOURNE

Position: Opposite
Born: 19.05.1982, Sheffield
Lives: Dronfield
Height: 1.79m (5ft 11ins)
Weight: 67kg (10st 8lbs)
Club: Silesia Volley Myslowice, Poland



Rachel Laybourne started playing volleyball as part of her GCSEs with her PE teacher believing she had the right skill sets for the sport. She was recommended to Sheffield Volleyball Club and made her debut for Britain in 2007.

Laybourne was struck down with a grade two SLAP tear to her right shoulder in December 2010, an injury that needed surgery and kept her sidelined for five months.



SAVANAH LEAF

Position: Outside
Born: 24.11.1993, London
Lives: London
Height: 1.82m (6ft)
Weight: 73kg (11st 7lbs)
Club: University of Miami, USA



Savanah Leaf only joined the British set up in April this year and at 18 is the youngest member of the British volleyball team – including beach volleyball and the men's squad.

Leaf was born in London but moved to Marin County in California when she was eight. She transferred from San Jose State University to the University of Miami this summer and will start playing for them after London 2012.



CIARA MICHEL

Position: Middle
Born: 02.07.1985, Taunton
Lives: Taunton
Height: 1.94m (6ft 4ins)
Weight: 70kg (11st)
Club: Alemannia Aachen, Germany



Ciara Michel took up volleyball as an after-school activity after the other options – football and cheerleading – failed to prove appealing.

She trained and studied at the University of Miami between 2004 and 2007 and served as the team captain in her last year.

After Miami, Michel went to Australia for postgraduate study at the University of Melbourne, where she also played.

While playing for the university she was noticed by her current club, Alemannia Aachen.

@vb_ci

JOANNE MORGAN

Position: Setter
Born: 07.10.1983, Edinburgh
Lives: Edinburgh
Height: 1.70m (5ft 7ins)
Weight: 60kg (9st 6lbs)
Club: N/A



Joanne Morgan graduated from Heriot-Watt University in 2006 with a degree in civil engineering and put her career on hold to concentrate on London 2012.

Volleyball hardly registered where she went to school with Morgan taking up the sport aged 15 with junior side East Lothian Falcons.

Her volleyball hero is Japanese setter Yoshie Takeshita, whose small stature proves to Morgan that you don't have to be very tall to play the sport. She is also inspired by Takeshita's extremely fast hands.

@JoanneMorgan

LIZZIE REID

Position: Middle
Born: 21.03.1989, London
Lives: London
Height: 1.85m (6ft 1in)
Weight: 60kg (9st 6lbs)
Club: University of Georgia, USA



Lizzie Reid played two seasons of volleyball for the University of Georgia Bulldogs in the USA, where she studies and will graduate next year.

She attended Walthamstow School for Girls and was named Most Valuable Player at the London Youth Games in 2006. Reid also played for Jefferson College in the USA.



JANINE SANDELL

Position: Outside
Born: 07.12.1985, London
Lives: London
Height: 1.77m (5ft 10ins)
Weight: 82kg (13st)
Club: Valeriano Alles Menorca Volei, Spain



Janine Sandell was born in London but moved to the USA with her family when she was 11 years old.

In America, Sandell attended the University of Washington, transferring from UC Santa Barbara after the 2005 season.

She describes herself as dedicated, persevering and honest and she made her British debut in 2007 and now plays in Spain.

@vbjanine

JENNIFER TAYLOR

Position: Outside
Born: 16.08.1980, Bolton
Lives: Bolton
Height: 1.78m (5ft 10ins)
Weight: 71kg (11st 3lbs)
Club: N/A



Jennifer Taylor was first introduced to volleyball after a coach came into her school to try and find and select new players to represent Bolton in the Greater Manchester Youth Games. Taylor was meant to be representing Bolton at hockey but, in her own words, fell in love with volleyball.

She was left without a club when Dutch outfit TFM/DOK Dwingeloo folded earlier this year following a lack of confirmed sponsorship. Taylor found a club to practice with, Pollux Oldenzaal, but isn't allowed to play for them. British teammate Joanne Morgan was also affected by TFM/DOK folding.

@jennytaylor6

LUCY WICKS

Position: Setter
Born: 20.03.1982, Swindon
Lives: Poole
Height: 1.73m (5ft 8ins)
Weight: 62kg (9st 11lbs)
Club: Alemannia Aachen, Germany



Lucy Wicks followed her sister Tamsin into volleyball aged 16 joining her at Wessex Volleyball Club and making her British debut in 2007.

She worked as a physiotherapist at a local hospital after moving to Sheffield to be part of the British training base established in the aftermath of London being awarded the 2012 Olympics in 2005.

With the team scattering themselves across Europe after the sport's funding cut in 2009 Wicks has found herself playing in Germany for Alemannia Aachen.

@lucywicks2

JOEL BANKS

Title: Men's Indoor Assistant Coach
Games role: Men's Indoor Assistant Coach
Born: 03.04.1975, Portsmouth
Lives: Gelderland, Netherlands



KAREN BEATTIE

Title: Men's Indoor Physiotherapist
Games role: Men's Indoor Physiotherapist
Born: 23.09.1981, Glasgow
Lives: Glasgow



MATT BIANCO

Title: Data Volley Scout
Games role: Women's Indoor Statistician
Born: 17.10.1986, Northallerton
Lives: York



MORPH BOWES

Title: Beach Volleyball Head Coach
Games role: Beach Volleyball Head Coach
Born: 31.05.1976, Glasgow
Lives: Bath



Morph Bowes represented Britain during his playing days and played professionally indoors in Belgium.

He acted as assistant coach from May 2009 to March 2011 and has been the head coach since April that year.



HARRY BROKING

Title: Men's Indoor Head Coach
Games role: Men's Indoor Head Coach
Born: 22.01.1955, Ede, Netherlands
Lives: Sheffield



Harry Broking became a full-time professional coach in 1986 having previously served in the army and studied in Amsterdam, graduating as a PE teacher.

A talented player himself, Broking was the assistant coach of the Dutch men's team between 1986 and 1989, before being promoted to head coach.

He became head coach of the British men's team in 2007.

AUDREY COOPER

Title: Women's Indoor Head Coach
Games role: Women's Indoor Head Coach
Born: 07.12.1964, Whitburn
Lives: East Leake



Audrey Cooper is one of just two people to have played volleyball for Britain at the Olympics, having partnered Amanda Glover to ninth in the inaugural beach volleyball competition at Atlanta 1996.

She acted as the assistant coach to the women's indoor team from December 2006 to March 2009 and has been head coach since April that year.

DAVID GOODCHILD

Title: Women's Indoor Assistant Coach
Games role: Women's Indoor Assistant Coach
Born: 15.08.1975, Middlesbrough
Lives: Guisborough



TOM KROEGER

Title: Beach Volleyball Assistant Coach
Games role: Beach Volleyball Assistant Coach
Born: 11.06.1979, Melle, Germany
Lives: Berlin, Germany



SIMON LOFTUS

Title: Men's Indoor Assistant Coach/Manager
Games role: Men's Indoor Assistant Coach/Manager
Born: 24.12.1976, Glasgow
Lives: Leeds



ALISON MacFARLANE

Title: Women's Indoor Physiotherapist
Games role: Women's Indoor Physiotherapist
Born: 29.05.1959, Dumfries
Lives: Sheffield



CRAIG RICHARDSON

Title: Data Volley Scout
Games role: Men's Indoor Statistician
Born: 20.05.1987, Hannover, Germany
Lives: Basingstoke



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Weightlifting



Weightlifting



Team GB's Natasha Perdue will compete in the women's 69kg event

Introduction

The ultimate test of strength and power, weightlifting was part of the schedule at the original modern Olympics in 1896.

It was then dropped in 1900 and returned in 1904 before being removed again, only to be reinstated in 1920 and it has remained ever since. Women's weightlifting made its debut at the Sydney 2000 Olympics.

Weightlifting is hugely popular in Iran, where it is viewed as the national sport, while China won eight of the 15 golds at the 2008 Olympics in Beijing and again topped the medal table at last year's World Championships with six golds.

Speed, explosive power, perfect technique and raw strength are the key attributes needed to be successful but good nicknames can help as well.

Super heavyweight Hossein Reza zadeh was known as 'The Iranian Hercules' and won Olympic gold in 2000 and 2004.

India's first female Olympic medallist Karnam Malleswari was dubbed 'the iron girl of Andhra Pradesh' and Naim Süleymanoğlu, arguably the greatest lifter of all-time, was nicknamed 'the Pocket Hercules'.

Team GB's Zoe Smith has the nickname

'Pablo' after the Cuban Olympic gold-medal winner from Atlanta 1996 Pablo Lara.

It's not uncommon for lifters to haul several times their bodyweight above their heads, Reza zadeh's 263kg – or 41st 6lbs – clean and jerk attempt at Athens 2004 remains the biggest weight ever lifted.

London's ExCeL will be the venue for the Olympic weightlifting competitions.

Team GB 2012

Five Brits – three men and two women – will all make their Olympic debuts when competing in the weightlifting competition at London 2012.

Zoe Smith will participate in the women's 58kg category, Natasha Perdue in the 69kg while fellow Welsh weightlifter Gareth Evans will tackle the men's 69kg.

Peter Kirkbride, the only Scot on the team, and Jack Oliver complete the British quintet and will compete in the 94kg and 77kg events respectively.

It is the largest British weightlifting team at an Olympic Games since Barcelona 1992 when a squad of six was taken.

At 18, Smith is the youngest member of the team but will go into the Games having won bronze at the Commonwealth Games in 2010 – her first senior international competition.

In claiming bronze Smith also became the first female English weightlifter to win a Commonwealth Games medal while she achieved the Olympic A standard in the



I'm convinced we will participate in London with our strongest and best prepared team. Our young, strong-bodied and strong-minded athletes will show to millions around the world, and in their own country, exactly what it means to be a British weightlifter.

Team GB Weightlifting Head Coach Tamas Feher

DID YOU KNOW?

The actor who played Oddjob in the James Bond film Goldfinger – Harold Sakata – won light heavyweight silver for the USA at London 1948

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Great Britain's Gareth Evans will make his Olympic debut at London 2012

WORDS TO LEARN +

NO LIFT:

A lift that is judged to be unsuccessful by at least two of the three referees

PRESS OUT:

An illegal move where the lifter bends the arms while holding the bar overhead, then presses them out to straighten them

SQUAT:

To drop while bending the legs, with the feet to either side

HOOK:

A grip technique where the last joint of the thumb is covered by the other fingers of the same hand

DID YOU KNOW?

Exactly 1630 weights – in the form of discs – ranging from 0.5kg to 25kg will be used during the London 2012 competition

58kg after finishing fourth at the European Championships in April and made sure of her place at London 2012.

Smith isn't the only one of the five to have claimed a medal at the Commonwealth Games in 2010 however as Kirkbride won silver in the 94kg in Delhi.

Meanwhile, Perdue will follow in the footsteps of her father Terry, who competed at Mexico City 1968 and Munich 1972 in weightlifting, by becoming an Olympian.

Competition format

There are eight weight categories for men – 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg, +105kg and seven for women – 48kg, 53kg, 58kg, 63kg, 69kg, 75kg and +75kg. Each event features two lifts; the snatch and the clean and jerk.

In the snatch the bar is lifted from the floor to above the head in one fluid movement. In the clean and jerk the bar is brought to the

shoulders and then jerked above the head. Each athlete is allowed three attempts in the snatch and three in the clean and jerk. Their best lift in each is then combined to determine their overall result but if they fail to achieve a valid lift in any of their three snatch attempts they are eliminated.

Enter the competition too early and a lifter will waste one of their attempts on a weight they can easily manage, but enter too late and they risk not recording a score.

If a tie occurs the athlete with the lower bodyweight will take precedence. In the event two athletes weigh the same, the winner is the lifter who achieved the total weight first.

Each country is limited to ten athletes – six men and four women – across all events, with a maximum of two athletes in any event.

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VENUE:
ExCeL

GOLD MEDALS AVAILABLE:
15

DATES:
Saturday 28 July – Tuesday August 7

NUMBER OF TEAM GB ATHLETES:
Men: 3 Women: 2

WEBSITES:

BOA: www.teamgb.com/summer-sports/weightlifting

London 2012: www.london2012.com/weightlifting

NGB: www.britishweightlifting.org

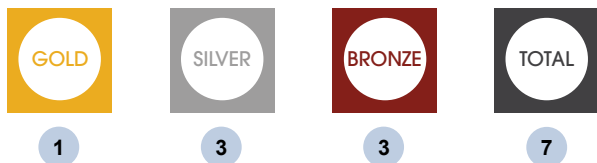


● I'm elated to have been selected for the team. It was a nerve-racking period ahead of selection and I am glad that I secured my place and can definitely say I'll be representing Team GB at the Games! ●

Zoe Smith

TEAM GB WEIGHTLIFTING AT THE OLYMPIC GAMES

Great Britain's last Olympic weightlifting medal was David Mercer's middle heavyweight bronze at Los Angeles 1984.



Total at Olympics

World Championships 2011 – best performance, Zoe Smith, 15th, 63kg

TEAM GB HERO: LAUNCESTON ELLIOT

Launceston Elliot became Great Britain's first ever Olympic champion when he won the one-handed lift at Athens 1896 – the first Games of the modern era.

Elliot was a busy man in Greece and as well as attracting the attention of female admirers he also won silver in the two-handed lift.

He so nearly won gold, lifting the same weight as Denmark's Viggo Jensen, but, because he moved one of his feet during the lift, he lost out for having an inferior style.

Elliot also took part in track and field, the 100m specifically, rope-climbing, which was classed as a gymnastics event, and Greco-Roman wrestling in Athens.

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
48kg	W Chen Xiexia (CHN)	Tian Yuan (CHN)
53kg	W Prapawadee Jaroenrattanakoon (THA)	Zulfiya Chinshanlo (KAZ)
56kg	M Long Qingquan (CHN)	Wu Jingbiao (CHN)
58kg	W Chen Yanqing (CHN)	Nastassia Novikava (BEL)
62kg	M Zhang Xiangxiang (CHN)	Zhang Jie (CHN)
63kg	W Pak Hyon-Suk (PRK)	Svetlana Tsarukayeva (RUS)
69kg	M Liao Hui (CHN)	Tang Deshang (CHN)
	W Liu Chunhong (CHN)	Oxana Slivenko (RUS)
75kg	W Cao Lei (CHN)	Nadezhda Yevstyukhina (RUS)

RECENT MAJOR CHAMPIONSHIP WINNERS continued

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
+75kg	W Jang Mi-Ran (KOR)	Zhou Lulu (CHN)
77kg	M Sa Jae-Hyook (KOR)	Lu Xiaojun (CHN)
85kg	M Lu Yong (CHN)	Kianoush Rostami (IRI)
94kg	M Ilya Ilin (KAZ)	Ilya Ilin (KAZ)
105kg	M Andrei Aramnau (BLR)	Khadzhimurat Akkayev (RUS)
+105kg	M Matthias Steiner (GER)	Behdad Salimi (IRI)

RECORD SCORES

M = Men W = Women

	SCORE	HOLDER	PLACE/DATE
56kg Snatch	OR M 137	Halil Mutlu (TUR)	Sydney 2000
	WR M 138	Halil Mutlu (TUR)	Antalya 2001
56kg Clean & jerk	OR M 167	Halil Mutlu (TUR)	Sydney 2000
	WR M 168	Halil Mutlu (TUR)	Trenčín 2001
56kg Total	OR M 305	Halil Mutlu (TUR)	Sydney 2000
	WR M 305	Halil Mutlu (TUR)	Sydney 2000
62kg Snatch	OR M 152	Shi Zhiyong (CHN)	Athens 2004
	WR M 153	Shi Zhiyong (CHN)	Izmir 2002
62kg Clean & jerk	OR M 176	Zhang Xiangxiang (CHN)	Beijing 2008
	WR M 182	Le Maosheng (CHN)	Busan 2002
62kg Total	OR M 325	Nikolaj Pešalov (CRO)	Sydney 2000
	WR M 326	Zhang Jie (CHN)	Kanazawa 2008
69kg Snatch:	OR M 165	Georgi Markov (BUL)	Sydney 2000
	WR M 165	Georgi Markov (BUL)	Sydney 2000
69kg Clean & jerk	OR M 196	Galabin Boevski (BUL)	Sydney 2000
	WR M 197	Zhang Guozheng (CHN)	Qinhuangdao 2003
69kg Total	OR M 357	Galabin Boevski (BUL)	Sydney 2000
	WR M 357	Galabin Boevski (BUL)	Athens 1999
77kg Snatch	OR M 172	Taner Sağır (TUR)	Athens 2004
	WR M 174	Lu Xiaojun (CHN)	Goyang City 2009
77kg Clean & jerk	OR M 207	Zhan Xugang (CHN)	Sydney 2000
	WR M 210	Oleg Perepetchenov (RUS)	Trenčín 2001



RECORD SCORES continued

	SCORE	HOLDER	PLACE/DATE
77kg Total	OR M 375	Taner Sağır (TUR)	Athens 2004
	WR M 378	Lu Xiaojun (CHN)	Goyang City 2009
85kg Snatch	OR M 185	Andrei Rybakou (BLR)	Beijing 2008
	WR M 187	Andrei Rybakou (BLR)	Chiang Mai 2007
85kg Clean & jerk	OR M 215	Pyrros Dimas (GRE)	Sydney 2000
	WR M 218	Zhang Yong (CHN)	Ramat Gan 1998
85kg Total	OR M 394	Andrei Rybakou (BLR)	Beijing 2008
	WR M 394	Andrei Rybakou (BLR)	Beijing 2008
94kg Snatch	OR M 187	Kourosh Bagheri (IRI)	Sydney 2000
	WR M 188	Akakios Kakiasvilis (GRE)	Athens 1999
94kg Clean & jerk	OR M 226	Ilya Ilin (KAZ)	Beijing 2008
	WR M 232	Szymon Kolecki (POL)	Sofia 2000
94kg Total	OR M 406	Ilya Ilin (KAZ)	Beijing 2008
	WR M 412	Akakios Kakiasvilis (GRE)	Athens 1999
105kg Snatch	OR M 200	Andrei Aramnau (BLR)	Beijing 2008
	WR M 200	Andrei Aramnau (BLR)	Beijing 2008
105kg Clean & jerk	OR M 236	Andrei Aramnau (BLR)	Beijing 2008
	WR M 238	David Bedzhanyan (RUS)	Belgorod 2011
105kg Total	OR M 436	Andrei Aramnau (BLR)	Beijing 2008
	WR M 436	Andrei Aramnau (BLR)	Beijing 2008
+105kg Snatch	OR M 212	Hossein Rezazadeh (IRI)	Sydney 2000
	WR M 214	Behdad Salimikordasiabi (IRI)	Paris 2011
+105kg Clean & jerk	OR M 263	Hossein Rezazadeh (IRI)	Athens 2004
	WR M 263	Hossein Rezazadeh (IRI)	Athens 2004
+105kg Total	OR M 472	Hossein Rezazadeh (IRI)	Sydney 2000
	WR M 472	Hossein Rezazadeh (IRI)	Sydney 2000
48kg Snatch	OR W 97	Nurcan Taylan (TUR)	Athens 2004
	WR W 98	Yang Lian (CHN)	Santo Domingo 2006
48kg Clean & jerk	OR W 117	Chen Xiexia (CHN)	Beijing 2008
	WR W 121	Nurcan Taylan (TUR)	Antalya 2010
48kg Total	OR W 212	Chen Xiexia (CHN)	Beijing 2008
	WR W 217	Yang Lian (CHN)	Santo Domingo 2006
53kg Snatch	OR W 100	Yang Xia (CHN)	Sydney 2000
	WR W 103	Li Ping (CHN)	Guangzhou 2010

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RECORD SCORES continued

	SCORE	HOLDER	PLACE/DATE
53kg Clean & jerk	OR W 126	Jaroenrattanatarakoon Prapawadee (THA)	Beijing 2008
	WR W 130	Zulfiya Chinshanlo (KAZ)	Paris 2011
53kg Total	OR W 225	Yang Xia (CHN)	Sydney 2000
	WR W 230	Li Ping (CHN)	Guangzhou 2010
58kg Snatch	OR W 107	Chen Yanqing (CHN)	Athens 2004
	WR W 111	Chen Yanqing (CHN)	Doha 2006
58kg Clean & jerk	OR W 138	Chen Yanqing (CHN)	Beijing 2008
	WR W 141	Qiu Hongmei (CHN)	Tai'an 2007
58kg Total	OR W 244	Chen Yanqing (CHN)	Beijing 2008
	WR W 251	Chen Yanqing (CHN)	Doha 2006
63kg Snatch	OR W 115	Hanna Batsiushka (BLR)	Athens 2004
	WR W 117	Svetlana Tsarukaeva (RUS)	Paris 2011
63kg Clean & jerk	OR W 135	Nataliya Skakun (UKR)	Athens 2004
	WR W 143	Maiya Maneza (KAZ)	Antalya 2010
63kg Total	OR W 242	Chen Xiaomin (CHN)	Sydney 2000
	WR W 257	Liu Haixia (CHN)	Doha 2006
69kg Snatch	OR W 128	Liu Chunhong	Beijing 2008
	WR W 128	Liu Chunhong	Beijing 2008
69kg Clean & jerk	OR W 158	Liu Chunhong	Beijing 2008
	WR W 158	Liu Chunhong	Beijing 2008
69kg Total	OR W 286	Liu Chunhong	Beijing 2008
	WR W 286	Liu Chunhong	Beijing 2008
75kg Snatch	OR W 128	Cao Lei (CHN)	Beijing 2008
	WR W 135	Natalya Zabolotnaya (RUS)	Belgorod 2011
75kg Clean & jerk	OR W 154	Cao Lei (CHN)	Beijing 2008
	WR W 163	Nadezda Evstuykhina (RUS)	Paris 2011
75kg Total	OR W 282	Cao Lei (CHN)	Beijing 2008
	WR W 296	Natalya Zabolotnaya (RUS)	Belgorod 2011
+75kg Snatch	OR W 140	Jang Mi-Ran (KOR)	Beijing 2008
	WR W 148	Tatiana Kashirina (RUS)	Belgorod 2011
+75kg Clean & jerk	OR W 186	Jang Mi-Ran (KOR)	Beijing 2008
	WR W 187	Jang Mi-Ran (KOR)	Goyang City 2009
+75kg Total	OR W 326	Jang Mi-Ran (KOR)	Beijing 2008
	WR W 328	Zhou Lulu (CHN)	Paris 2011

EVENTS SCHEDULE

M = Men's events **W** = Women's events **🏆** = Medal event

DATE	EVENT
28 July	15:30-17:30 W 🏆 48kg : group A, victory ceremony
29 July	10:00-14:00 M 56kg: group B
	15:30-17:30 W 🏆 53kg : group A, victory ceremony
	19:00-21:00 M 🏆 56kg : group A, victory ceremony
30 July	10:00-14:00 M 62kg: group B
	15:30-17:30 W 🏆 58kg : group A, victory ceremony
	19:00-21:00 M 🏆 62kg : group A, victory ceremony
31 July	10:00-14:00 M 69kg: group B
	15:30-17:30 W 🏆 63kg : group A, victory ceremony
	19:00-21:00 M 🏆 69kg : group A, victory ceremony
1 Aug	10:00-14:00 M 77kg: group B
	15:30-17:30 W 🏆 69kg : group A, victory ceremony
	19:00-21:00 M 🏆 77kg : group A, victory ceremony
3 Aug	10:00-14:00 M 85kg: group B
	15:30-17:30 W 🏆 75kg : group A, victory ceremony
	19:00-21:00 M 🏆 85kg : group A, victory ceremony
4 Aug	15:30-17:30 M 94kg: group B
	19:00-21:00 M 🏆 94kg : group A, victory ceremony
5 Aug	15:30-17:30 W 🏆 +75kg : group A, victory ceremony
6 Aug	15:30-17:30 M 105kg: group B
	19:00-21:00 M 🏆 105kg : group A, victory ceremony
7 Aug	15:30-17:30 M +105kg: group B
	19:00-21:00 M 🏆 +105kg : group A, victory ceremony

Team GB will compete in the men's 69kg, 77kg and 94kg events and women's 58kg and 69kg events

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GARETH EVANS

Event: 69kg
Born: 18.04.1986, Dundee
Lives: Leeds
Height: 1.69m (5ft 7ins)
Weight: 68kg (10st 10lbs)
Club: Holyhead
Coach: Tamas Feher, Ray Williams
Games attended: None



Major achievements: **WCh:** 41st (69kg) 2011. **CCh:** bronze (69kg) 2011.

One of two Welsh weightlifters chosen, Gareth Evans won bronze at the Commonwealth Championships last year and is a former painter and decorator.

He has a daughter, Lexie, and his superstition before lifting is always putting his left boot and wrist strap on before the right. Evans finished 14th in the 69kg at this year's European Championships.

@Gazpin_69kg

PETER KIRKBRIDE

Event: 94kg
Born: 19.12.1987, Irvine
Lives: Kilmarnock
Height: 1.89m (6ft 2ins)
Weight: 94kg (14st 11lbs)
Club: Kilmarnock
Coach: Charles Hamilton
Games attended: None



Major achievements: **CG:** silver (94kg) 2010. **CCh:** silver (94kg) 2011.

Peter Kirkbride is coached by Charles 'Chick' Hamilton who he claims has been the greatest influence on his career. He finished 17th in the 94kg at the European Championships in April.

His greatest achievement to date is winning silver at the Commonwealth Games in Delhi in 2010. He is the only Scot on the five-strong British weightlifting team.

@KirkbridePeter

JACK OLIVER

Event: 77kg
Born: 04.01.1991, Sidcup
Lives: Leeds
Height: 1.68m (5ft 6ins)
Weight: 77kg (12st 2lbs)
Club: Europa
Coach: Tamas Feher, Andrew Callard
Games attended: None



Major achievements: **WCh:** 27th (77kg) 2011. **CCh:** bronze (77kg) 2011.

Jack Oliver is the youngest of the three men competing at London 2012 and is currently studying classics at the University of Leeds.

Oliver began his weightlifting career at the age of 14 and won Commonwealth Junior Championship gold in 2011 and senior bronze the same year. Oliver placed 17th in the 77kg at the European Championships in April.

@jackolivergb

NATASHA PERDUE

Event: 69kg
Born: 27.07.1975, Swansea
Lives: Leeds
Height: 1.60m (5ft 3ins)
Weight: 69kg (10st 12lbs)
Club: Swansea, LWC
Coach: Karl Grant, Tamas Feher
Games attended: None



Major achievements: **WCh:** 29th (69kg) 2011; 18th (69kg) 2010; 17th (69kg) 2009; 23rd (69kg) 2006.

Natasha Perdue will turn 37 on the day of the opening ceremony for London 2012 and is the oldest member of Britain's five-strong weightlifting team.

Perdue's father, Terry, also represented Britain in the 1968 and 1972 Olympics, finishing tenth in the heavyweight and super heavyweight events respectively. She finished eighth at this year's European Championships.



ZOE SMITH

Event: 58kg
Born: 26.04.1994, Greenwich
Lives: Abbey Wood
Height: 1.59m (5ft 3ins)
Weight: 58kg (9st 2lbs)
Club: Europa
Coach: Andrew Callard
Games attended: None



Major achievements: **WCh:** 15th (63kg) 2011. **CG:** bronze (58kg) 2010.

Starting out as a gymnast, Zoe Smith first participated in weightlifting aged 12 after being asked to make up the numbers for the Greenwich team at the London Youth Games.

Smith finished fourth in the 58kg at the European Championships in Turkey in April and is a world youth silver medalist from 2011. She broke six British records at the final Olympic trials in May.

@ZoePabloSmith

ANDREW CALLARD

Title: Coach
Games role: Coach
Born: 04.01.1968, Dartford
Lives: Dartford



TAMAS FEHER

Title: Lead Performance Coach
Games role: Head Coach
Born: 04.06.1960, Montevideo, Uruguay
Lives: Leeds



Tamas Feher started coaching at 20 but didn't stop competing until he was 41. He has been national coach of Honduras, El Salvador and Norway and the junior Hungarian team. He took up his role with British Weightlifting in November 2008.

FIONA LOTHIAN

Title: Performance Manager
Games role: Team Leader
Born: 02.12.1965, Dundee
Lives: Leeds



DAVID SAWYER

Title: Coach
Games role: Coach
Born: 14.10.1963, Pinxton
Lives: Pinxton



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Wrestling



Wrestling

Introduction

Olympic wrestling is split into two disciplines – Greco-Roman and freestyle – and is one of five combat sports on the London 2012 schedule.

Recognised as one of the world's oldest sports, wrestling was first held at the ancient Olympics in 708 BC, and Greco-Roman wrestling was included at the Athens 1896 Games, the first of the modern era.

Played out on an octagonal mat, the sport, is a battle of nerves, strength and skill, and is one of seven Olympic sports to be

held at the ExCeL during London 2012. Eight years after Greco-Roman wrestling featured at Athens 1896, freestyle was introduced at St Louis 1904 – there were no wrestling events at Paris 1900. Women's wrestling joined the Olympic programme at Athens 2004.

The Greco-Roman form limits athletes to the use of their arms and upper bodies only while freestyle enables athletes to grapple below the waist.

There are 18 medal events at London 2012. Only men compete in Greco-Roman wrestling, of which there are seven categories, while there are seven male freestyle categories and four female.

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Olga Butkevych of Great Britain in action against Yuliya Ratkevich of Uzbekistan

The Soviet Union top the overall historical medal table while Russia were dominant at Beijing 2008. Great Britain have won 17 medals since Athens 1896 – three golds, four silvers and ten bronze – all coming in the freestyle events.

The last British Olympic wrestling medal was Noel Loban's light heavyweight bronze at the Los Angeles 1984. Before that it was Ken Richmond at Helsinki 1952, who like Loban, won bronze.

Samuel Rabin in 1928, Andrew McDonald in 1924, and Philip Bernard and Peter Wright in 1920 also won bronze medals.

Great Britain's best performance in wrestling came at the 1908 Olympics, when 11 medals were won including golds for George de Relwyskow, Stanley Bacon and George O'Kelly.

Team GB 2012

Great Britain will field its smallest team at London 2012 in the sport of wrestling with just one participant selected, using a host nation spot.

Olga Butkevych takes up the sole place and will wrestle in the freestyle 55kg category. She won silver in the discipline at the Olympic test event last year.

Butkevych is also a 2010 European bronze medallist in the non-Olympic 59kg weight category – her first major international medal for Great Britain.

Competition format

There will be 344 athletes competing in the wrestling categories at London 2012 with each nation limited to one athlete per event.

Wrestling bouts are fought on an octagonal



● Wrestling is a great sport, and I hope that more and more people will realise that when competition at the Olympics get underway.

I won silver at the test event last year, and it would be wonderful if I

can be on the podium for the real thing! ●

Olga Butkevych

DID YOU KNOW?

At Stockholm 1912, when matches still continued until one wrestler was forced to the ground, Russia's Max Klein and Finland's Alfred Asikainen set an Olympic record with a match that lasted 11 hours

WORDS TO LEARN +

TAKEDOWN:

Taking an opponent from a standing position to the ground

PIN:

Forcing an opponent's shoulders to the ground to win the match

GRAND AMPLITUDE:

A throw which earns the wrestler who carried it out five points

THE CLINCH:

When the combatants are grappling in a clinch in a standing position

FACT FILE +

VENUE:

ExCeL

GOLD MEDALS AVAILABLE: 18

DATES:

Sunday August 5 – Sunday August 12

NUMBER OF TEAM GB ATHLETES:

Women: 1

WEBSITES:

BOA: www.teamgb.com/summer-sports/wrestling

London 2012: www.london2012.com/wrestling

NGB: www.britishwrestling.org

mat measuring 12m by 12m. Inside the mat is a 9m diameter combat circle.

Bouts can last for a maximum of three two-minute periods, with a 30-second break in between each one. Periods are decided by points, awarded for various throws and holds.

A period is won by technical superiority by performing a grand amplitude hold, worth five points, scoring two holds worth three points or gaining a six-point lead.

The athlete who wins two periods wins the bout. A contest can finish early if a wrestler pins their opponent by forcing the back of their opponent's shoulders to the ground.

In freestyle wrestling, the third, deciding period may last longer than two minutes to determine the winner. In the event of a tie on points in the third period after two minutes, the bout enters a golden score period, when the first score wins.

The rules in women's freestyle wrestling are similar to those used in men's but with some key variations – for example double headlocks are forbidden.

For all events, there is a direct elimination system that eventually decides the two finalists for the gold-medal match.

All wrestlers who lose against either finalist, at any stage of the competition up to and including the semi-finals, enter the repechage; the winners of the two repechage groups win bronze medals.

DID YOU KNOW?

At Tokyo 1964, Japan's Osamu Watanabe ended his career undefeated by winning his 186th consecutive match to claim Olympic gold

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TEAM GB WRESTLING AT THE OLYMPIC GAMES

Great Britain's last Olympic wrestling medal was Noel Loban's 90kg freestyle bronze at Los Angeles 1984



Total at Olympics

3

4

10

17

World Championships 2011 – best performance, Oleksandr Madyarchyk, Round 2, Freestyle-60kg

RECENT MAJOR CHAMPIONSHIP WINNERS

M = Men W = Women

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Greco-Roman 55kg	M Nazyr Mankiev (RUS)	Rovshan Bayramov (AZE)
Greco-Roman 60kg	M Islambek Albiev (RUS)	Omid Norouzi (IRI)
Greco-Roman 66kg	M Steeve Guenot (FRA)	Saeid Abdevali (IRI)
Greco-Roman 74kg	M Manuchar Kvirkelia (GEO)	Roman Vlasov (RUS)
Greco-Roman 84kg	M Andrea Minguzzi (ITA)	Alim Selimau (BLR)
Greco-Roman 96kg	M Aslanbek Khushtov (RUS)	Elis Guri (BUL)
Greco-Roman 120kg	M Mijaín López (CUB)	Riza Kayaalp (TUR)
Freestyle 48kg	W Carol Huynh (CAN)	Hitomi Sakamoto (JPN)
Freestyle 55kg	W Saori Yoshida (JPN)	Saori Yoshida (JPN)
Freestyle 55kg	M Henry Cejudo (USA)	Viktor Lebedev (RUS)
Freestyle 60kg	M Mavlet Batirov (RUS)	Besik Kudukhov (RUS)
Freestyle 63kg	W Kaori Icho (JPN)	Kaori Icho (JPN)
Freestyle 66kg	M Ramazan Şahin (TUR)	Mehdi Taghavi (IRI)
Freestyle 72kg	W Wang Jiao (CHN)	Stanka Zlateva (BUL)
Freestyle 74kg	M Buvaisar Saitiev (RUS)	Jordan Burroughs (USA)
Freestyle 84kg	M Revaz Mindorashvili (GEO)	Sharif Sharifov (AZE)

RECENT MAJOR CHAMPIONSHIP WINNERS *continued*

	OLYMPIC GAMES 2008	WORLD CHAMPIONSHIPS 2011
Freestyle 96kg	Shirvani Muradov (RUS)	Reza Yazdani (IRI)
Freestyle 120kg	Artur Taymazov (UZB)	Aleksey Shemarov (BLR)

GRECO-ROMAN EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT
5 Aug	13:00-15:45 55kg: qualifications, 1/8 finals, quarter-finals, semi-finals 74kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 55kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 74kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
6 Aug	13:00-15:45 60kg: qualifications, 1/8 finals, quarter-finals, semi-finals 84kg: qualifications, 1/8 finals, quarter-finals, semi-finals 120kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 60kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 84kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 120kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
7 Aug	13:00-15:45 66kg: qualifications, 1/8 finals, quarter-finals, semi-finals 96kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 66kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 96kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony



FREESTYLE EVENTS SCHEDULE

= Men's events = Women's events = Medal event

DATE	EVENT
8 Aug	13:00-15:45 48kg: qualifications, 1/8 finals, quarter-finals, semi-finals 63kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 48kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 63kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
9 Aug	13:00-15:45 55kg: qualifications, 1/8 finals, quarter-finals, semi-finals 72kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 55kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 72kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
10 Aug	13:00-15:45 55kg: qualifications, 1/8 finals, quarter-finals, semi-finals 74kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 55kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 74kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
11 Aug	13:00-15:45 60kg: qualifications, 1/8 finals, quarter-finals, semi-finals 84kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	17:45-20:15 120kg: qualifications, 1/8 finals, quarter-finals, semi-finals 60kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 84kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 120kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony
12 Aug	08:30-11:15 66kg: qualifications, 1/8 finals, quarter-finals, semi-finals 96kg: qualifications, 1/8 finals, quarter-finals, semi-finals
	12:45-15:15 66kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony 96kg: repechage rounds, bronze medal contests , gold medal contest , victory ceremony

Team GB will compete in the women's freestyle 55kg event

OLGA BUTKEVYCH

Event: Freestyle 55kg
Born: 03.01.1986, Zaporozhye, Ukraine
Lives: Salford
Height: 1.60m (5ft 3ins)
Weight: 55kg (8st 9lbs)
Club: N/A
Coach: Nikolai Kornieiev, Anatolii Kharytoniuk
Games attended: None



Major achievements: ECh: bronze (59kg) 2010.

Olga Butkevych arrived in the UK from Ukraine in 2007. She was officially selected in June and is a former European junior champion. Butkevych underwent ACL reconstruction on her right knee in 2009.



NIKOLAI KORNIIEV

Title: National Coach
Games role: Coach
Born: 22.06.1956, Kaliningrad, Russia
Lives: Manchester



SHAUN MORLEY

Title: Performance Director
Games role: Team Leader
Born: 01.06.1966, Sheffield
Lives: Dronfield



Shaun Morley became performance director at British Wrestling in 2007 while outside of the sport he is a Superintendent at South Yorkshire Police.

Involved in wrestling since he was seven, Morley competed at European and World Championship level as well as at the Commonwealth Games.

He is a five-time British champion and won an athletic scholarship to the University of Virginia where he graduated with a degree in economics and human resource management.

Team GB Communications Staff

TEAM GB HQ

DARRYL SEIBEL

Director of Communications



MIRIAM WILKENS

Director of Media Operations & Services



SPORT PRESS OFFICERS

LINDSEY BELL

Sailing



LIZ BIRCHALL

Athletics



ABBY BURTON

Cycling



KATRIONA BUSH

Canoeing



CRAIG DAVIES

Shooting & Modern Pentathlon



GEMMA FIELD

Judo, Taekwondo & Fencing



SCOTT FIELD

Football



CLAIRE FURLONG

Athletics



SARAH JENKINS

Basketball



STUART MAWHINNEY

Football



RUTH NORFOLK

Water Polo



TIM PEAKE

Gymnastics



RICHARD PRESCOTT

Boxing, Wrestling & Weightlifting



DAVE RICHARDS

Swimming, Synchro Swimming, Diving



CAROLINE SEARLE

Rowing



CLAIRE SHAND

Equestrian



LAWRENCE WEST

Archery & Hockey



PHIL WILKINSON

Triathlon, Tennis & Indoor Volleyball



MANAGING VICTORY

JEFF HOWARD

Manager



LAURA MEECH

Coordinator



HQ Support Staff

SYLVIA ARMIGER

Role: Sport Engagement Manager
Hometown: Loughborough



IAN BEASLEY

Role: Medical Officer
Hometown: London



CARYL BECKER

Role: Chief Physiotherapist
Hometown: Burnham



MAHDI CHOUDHURY

Role: Sport Engagement Manager
Hometown: London



BERNIE COTTON

Role: Sport Engagement Manager
Hometown: Bishops Stortford



CHARLOTTE COWIE

Role: Medical Officer
Hometown: Lutterworth



DOUG DAILEY

Role: Sport Engagement Manager
Hometown: Runcorn



JOE DIVALL

Role: Operations and Villages Manager
Hometown: Isleworth



NIALL ELLIOTT

Role: Medical Officer
Hometown: Dundee



CHARLEY FARLEY

Role: Logistics Manager
Hometown: Windhor



JUDE FORD

Role: Sport Engagement Manager
Hometown: London



PAUL FORD

Role: Sport Engagement Manager
Hometown: Redhill



PHILIP GLASGOW

Role: Physiotherapist
Hometown: Belfast



GEORGIE HARLAND

Role: Sport Engagement Manager
Hometown: Bath



SIAN KNOTT

Role: Physiotherapist
Hometown: Cardiff



MIKE HAY

Role: Preparation Camp Director
Hometown: Sunbury



IAN HORSLEY

Role: Physiotherapist
Hometown: Barnsley



ROD JAQUES

Role: Medical Officer
Hometown: Cheltenham



FIONA MATHER

Role: Physiotherapist
Hometown: Currie



IAN MCCURDIE

Role: Chief Medical Officer
Hometown: Chipstead



KATE O'SULLIVAN

Role: Team GB House Director
Hometown: London



DAVE REDDIN

Role: Performance Services Director
Hometown: Bedford



GREG RETTER

Role: Physiotherapist
Hometown: Enfield



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SANGEETHA SMITHER

Role: Assistant to Chef de Mission
Hometown: London



SARA SUTCLIFFE

Role: Legal Services & HR Director
Hometown: London



AMY TERRIERE

Role: Sport Engagement Manager
Hometown: Croydon



ANDY THOMLINSON

Role: Security Manager
Hometown: West Wickham



SIMON TILL

Role: Medical Officer
Hometown: Sheffield



SANDRA TUBBY

Role: Physiotherapist
Hometown: Leigh-on-Sea



ASHLEIGH WALLACE

Role: Physiotherapist
Hometown: Maidenhead



JEAN WATSON

Role: Performance Services Centre
Manager
Hometown: Bisham



CRAIG WHITE

Role: Medical Officer
Hometown: Aylesbury



LOUISE WHITEHEAD

Role: Operations and Villages Manager
Hometown: London



CHARLOTTE WICKHAM

Role: Operations and Villages Manager
Hometown: London



ALISON WYETH

Role: Sport Engagement Manager
Hometown: Loughborough



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AMBITION PROGRAMME

WEMBLEY
OLD TRAFFORD
WIMBLEDON

British Olympic Association Ambition Programme

While Team GB are striving for gold at the London 2012 Olympics, the foundations are also being laid for success at future Games through the BOA's Olympic Ambition Programme.

In total 130 athletes and 56 coaches – from across 44 sport disciplines – will take part in the Programme during the Games, which is supported by Proud Partner of London 2012, Lloyds TSB.

The Programme will give the next crop of potential Olympians and coaches – both for the Sochi Winter Games in 2014 and the next Summer Olympics in Rio in 2016 – a unique opportunity to experience the Olympic Games environment firsthand this summer.

Among the Programme for 2012 is a two-time Winter X Games snowboarding gold medallist Jenny Jones, world junior champion fencer Philip Marsh and, on the coaching side of things, 2002 Winter Olympic women's curling gold medallist Rhona Martin.

The Programme was first delivered by the BOA at the Beijing 2008 Games and alumni including World Championship silver medallists Hannah England – 1500m athletics – and Imogen Bankier and Chris Adcock – badminton mixed doubles – will be aiming for success in London.

Modern pentathlon world champion Mhairi Spence, ITU World Championship Series runner-up triathlete Jonathan Brownlee and European 400m hurdles bronze

medallist Perri Shakes-Drayton have also experienced the Ambition Programme and been selected for London 2012. In total there are 42 graduates from the Programme competing this summer.

British Athletes Commission Chair and Ambition Programme Director Sarah Winckless said: "The Ambition Programme is world leading in terms of preparation for competing at future Olympic Games and I will be encouraging the young British athletes and coaches to grab hold of this special opportunity with both hands and take in as much from the experience as they possibly can.

"The Programme will give the athletes and coaches an insight into the different unique aspects of the Olympic environment and help them develop the tools they will need to become successful Olympians of the future, both as athletes, and as well-rounded young people."

The Programme aims to provide personal development and inspiration to the participants and be part of the performance legacy for Team GB from the London 2012 Olympic Games.

During the Programme all athletes and coaches visited Team GB's Preparation Camp at Loughborough University, where they took part in kitting out and experienced a multi-sport preparation environment.

The participants also have a trip to London and a look around the Athletes' Village in the Olympic Park on their

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itinerary, as well as having the chance to watch two Olympic competition sessions and experience the atmosphere at Team GB House at Westfield Stratford City.

Team GB Chef de Mission and British Olympic Association CEO Andy Hunt said: "The Olympic Ambition Programme is a key element of our legacy planning for future Olympic Games, both summer and winter.

"The young athletes and coaches participating in the Programme will experience the unique atmosphere and environment of the Olympic Games and gain a very special behind the scenes insight with Team GB."

LIST OF MEMBERS ON THE 2008 AMBITION PROGRAMME WHO WILL REPRESENT TEAM GB AT LONDON 2012

Aquatics – Diving

Chris Mears

Aquatics – Swimming

Daniel Fogg
Marco Loughran

Aquatics – Synchronised Swimming

Katie Dawkins
Asha Randall

Aquatics – Water Polo

Craig Figes
Fiona McCann
Frances Leighton

Athletics

Hannah England
Perri Shakes-Drayton

Badminton

Chris Adcock
Imogen Bankier

Basketball

Azania Stewart

Boxing

Fred Evans

Canoeing – Canoe Slalom

Lizzie Neave

Canoeing – Canoe Sprint

Rachel Cawthorn
Jonathan Schofield

Equestrian – Dressage

Charlotte Dujardin

Football

Sophie Bradley

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Sam Oldham
Jennifer Pinches
Daniel Purvis

Gymnastics – Trampoline

Katherine Driscoll

Handball

Lynn McCafferty
Jesper Parker
Sebastian Prieto

Hockey

Nick Cattlin

Judo

Sally Conway

Modern Pentathlon

Mhairi Spence

Rowing

George Nash

Shooting

Peter Wilson

Table Tennis

Paul Drinkhall
Joanna Parker
Kelly Sibley

Triathlon

Jonathan Brownlee

Volleyball – Beach

Steven Grotowski

Volleyball – Indoor

Maria Bertelli
Grace Carter
Andrew Pink
Ben Pipes

Weightlifting

Jack Oliver
Zoe Smith

SUMMER SPORTS

AQUATICS

BEN ALCORN

Discipline: Water polo
Born: 19.03.1988, Carshalton
Lives: Littlehampton
Club: Worthing



A fan of several sports, Ben Alcorn admits he has a competitive streak which is helping to fire his ambition to compete for Team GB at Rio 2016. He hopes the Olympic Ambition Programme will prepare him for what he can hopefully expect in four years time.

Goalkeeper Alcorn, who didn't take up the sport until he was 15-years-old, has spent time training with the senior British team in the build up to London 2012.

TOM ALLEN

Discipline: Swimming
Born: 17.06.1992, Durban, South Africa
Lives: Swansea
Club: Swansea ITC



Tom Allen is a long-distance swimming specialist and represented Britain at the World Championships in Shanghai in 2011.

ANASTASIA BATES

Discipline: Synchronised swimming
Born: 19.06.1994, Bristol
Lives: Bristol
Club: Bristol Central



Anastasia Bates was first selected for Britain's synchronised swimming team in September 2011, a feat she lists as her best achievement to date.

Attracted to synchronised swimming because of its elegance, Bates is looking forward to getting a feeling for an Olympic Games as she bids to make the team for Rio 2016.

ROBYN BIRCH

Discipline: Diving
Born: 10.01.1994, Ashford
Lives: Ashford
Club: Crystal Palace



Robyn Birch won platform gold at the Elite Junior Diving Championships in April and also topped the podium in the 3m synchro with Georgia Ward. Birch also qualified for the Dresden Youth International this year.

DANIEL GOODFELLOW

Discipline: Diving
Born: 19.10.1996, Cambridge
Lives: Royston
Club: Cambridge

Daniel Goodfellow displayed his potential at the British Championships in June, finishing second to Tom Daley and Peter Waterfield in the 10m synchro with Ross Haslam.

At the European Junior Championships in Serbia last year, Goodfellow also won bronze in the 3m springboard event.



RICHARD GOODWIN-ROBERTSON

Discipline: Water polo
Born: 25.11.1994, Rustenburg, South Africa
Lives: Manchester
Club: City of Manchester

Already training alongside the senior national team, Richard Goodwin-Robertson has represented Britain at junior level, having started playing water polo when he was 13 years old.

He takes inspiration from South African swimmer Natalie du Toit and wants to take as much as possible from the Olympic Ambition Programme so he knows what to expect should he be selected for a Games in the future.



HANNAH GREEN

Discipline: Synchronised swimming
Born: 25.11.1994, Bristol
Lives: Witney
Club: Reading Royals

Having completed all of her swimming levels by the age of eight, Hannah Green attended a taster course for synchronised swimming at Oxford Brookes University and has been hooked ever since.

A solo bronze medallist in the British Club Championships in 2011, Green was also part of the British team that finished tenth at the European juniors last year.



MATTHEW JOHNSON

Discipline: Swimming
Born: 23.04.1995, Dewsbury
Lives: Dewsbury
Club: City of Sheffield

Matthew Johnson won 400m freestyle silver at the European Junior Championships this year.

The 17-year-old also showed his Olympic pedigree last year by winning a total of four gold medals and two silvers at the European Youth Olympic Festival in Turkey.



KARLEY MANN

Event: Swimming
Born: 21.12.1994, Hillingdon
Lives: Hillingdon
Club: Hillingdon

Karley Mann won European Junior gold in the 200m backstroke in 2010. In 2011 she won world junior 200m backstroke bronze and, like many of those on the Ambition Programme, she went close to securing a Games berth after taking bronze at the Olympic trials in March.



CLAIRE NIXON

Discipline: Water polo
Born: 14.11.1993, Stafford
Lives: Cannock
Club: Walsall, City of Manchester

Centre-back Claire Nixon has long been considered to have a bright future in water polo, having first been selected for the British senior squad in September 2010 after helping her club, City of Manchester, claim gold at the ASA Junior Championships.

A year later Nixon was part of a British Championship-winning team and won a bronze medal at the Four Nations International Invitational.



GRACE REID

Discipline: Diving
Born: 09.05.1996, Edinburgh
Lives: Edinburgh
Club: City Of Leeds

Grace Reid is already a member of the British Junior Development Squad and she came third in the 3m springboard at the 2010 British National Cup.

Reid has won European junior silver and bronze medals and came fourth in the 3m springboard on her senior European debut in 2010.



JADE SMITH

Discipline: Water polo
Born: 16.02.1993, Oldham
Lives: Manchester
Club: City of Manchester

Goalkeeper Jade Smith has already had a taste of British action, with numerous appearances for the senior team to her name.

She is hopeful she can make the squad for Rio 2016. Smith intends to use the experience she gains from the Olympic Ambition Programme to her advantage in the hope that she does.



SOPHIE SMITH

Discipline: Swimming
Born: 18.08.1994, Leicester
Lives: Leicester
Club: City of Leicester

Sophie Smith achieved the qualifying standard in the 200m individual medley for London 2012 but finished third behind Hannah Miley and Sophie Allen, who have the two available British spots.

Smith says 14-time Olympic champion Michael Phelps' dedication was what most attracted her to the sport.



LUCY SPENCER

Discipline: Swimming
Born: 29.03.93, Sheffield
Lives: Sheffield
Club: City of Sheffield Swim Squad

Lucy believes the Olympic Ambition Programme will prove very valuable as she pursues an appearance at a future Games.

Away from the pool she likes to stay active – liking running and walking the dog among her interests while she particularly enjoys travelling abroad.



TOM SUNTER

Discipline: Swimming
Born: 29.07.1992, Sheffield
Lives: Sheffield
Club: City of Sheffield

Tom Sunter is one of an impressive group of swimmers coming through from the City of Sheffield Swim Squad.

Sunter joins Matthew Johnson on the Ambition Programme while his teammates Ellie Faulkner and Becky Turner will make their Olympic debuts in London.



SAMANTHA WILSON

Discipline: Synchronised swimming
Born: 23.04.1995, Dewsbury
Lives: Dewsbury
Club: City of Sheffield

Samantha Wilson has firmly established herself as a name on the rise in synchronised swimming as she was part of the team that finished tenth at the European Junior Championships last year.

On the domestic scene Wilson has already made inroads at senior level, taking silver at the British Club Team Championships last year.



DAVID HEMMINGS

Discipline: Swimming
Title: Coach
Born: 03.02.82
Lives: Hillingdon



NICK JUBA

Discipline: Swimming
Title: Coach
Born: 23.07.1951, Watford
Lives: St Albans



TIM KENDALL

Discipline: Water polo
Title: Coach
Born: 05.11.1958, London
Lives: London



TOM OWENS

Discipline: Diving
Title: Coach
Lives: Sheffield



CSABA RULL

Discipline: Water polo
Title: Coach
Born: 08.09.1979, Miskolc, Hungary
Lives: Cardiff



MARIA SHORTMAN

Discipline: Swimming
Title: Coach
Born: 01.03.70, Bristol
Lives: Bristol



ARCHERY

GLEN CROFT

Born: 17.06.1990
Lives: Burton upon Trent
Club: Burton Bridge

Part of the Archery GB Olympic Development group, Glen Croft was ranked tenth in Great Britain at the end of 2011.

Croft took up archery at the age of nine and became British Junior National champion in 2006. He recently completed a degree at Birmingham City University.



SEAN EVANS

Born: 16.06.1991, Preston
Lives: Monmouth
Club: Cheltenham

Sean Evans took up archery in 2003 and four years later made his international debut representing Great Britain.

Evans won gold at the British Target Championships last year, which is his best senior result, after some impressive showing in the junior ranks that saw him crowned under-18 indoor champion in 2007 and junior national runner-up in 2008.



NICKY HUNT

Born: 29.10.1985, Stevenage
Lives: Suffolk
Club: Deben

Nicky Hunt won double gold at the Commonwealth Games in Delhi in 2010 but last year made the decision to switch from the compound to the Olympic recurve event.

She will be hoping to prove her ability in her new event after securing multiple World Cup and European medals in her senior career thus far.



BECKY MARTIN

Born: 08.01.1996, Stoke-on-Trent
Lives: Meir
Club: Trent Valley

Becky Martin, still only 16, has already demonstrated her considerable potential in the sport.

Martin finished ninth in the individual recurve event at the World Youth Championships last year in Poland, breaking her own British under-17 record in the process.



MARK NESBITT

Born: 19.02.1992, Banbridge
Lives: Northern Ireland
Club: Ballyvally

Destined for success from a young age, Mark Nesbitt burst onto the scene in 2009 when he scooped double gold at the Australian Youth Olympic Festival.

Nesbitt also represented Northern Ireland at the Commonwealth Games a year later and will be hoping to make an impact in the senior ranks in the near future.



ANDREW RANDALL

Born: 01.10.1992, Bamford
Lives: Hope Valley
Club: Derwent Bowmen

While he may not have represented Britain at senior level, Andrew Randall is sure to be making waves in British archery.

Crowned junior archer of the year in 2010, Randall went on to grab a silver medal in last year's National Series, earning himself a place on the Archery GB Olympic Development squad in the process.



KIERAN SLATER

Born: 08.02.1994, Stevenage
Lives: Gloucestershire
Club: Bowmen of Minchinhampton

Kieran Slater joined up with the British squad in April 2010, travelling to the Europa Cup in Italy.

As part of the development squad, Slater won silver at the European Junior Cup in 2011 and at the end of the year he competed at the Youth World Cup in Poland, finishing 17th.



GARY PENN

Title: Coach
Born: 20.10.1976, Ilford
Lives: Norwich



ATHLETICS

ADAM COTTON

Born: 26.01.1992, Penkridge
Lives: Penkridge
Club: Birchfield Harriers

Adam Cotton won 1500m gold at the European Junior Championships in Tallinn in 2011, drawing attention to his potential in athletics.

This year Cotton moved to America to take up an academic scholarship at Harvard University and has continued his fine progression in middle-distance running.



EMELIA GORECKA

Born: 29.01.1994, Epsom
Lives: Bookham
Club: Aldershot, Farnham & District

A long-distance runner with considerable potential, Emelia Gorecka has already won major medals both on the track and in cross country. Last year the 18-year-old won silver in the 5000m at the European Junior Championships in Tallinn and has just claimed 3000m bronze at the World Junior Championships in Barcelona.



DESIREE HENRY

Born: 26.08.1995, London
Lives: Edmonton
Club: Enfield & Haringey

Desiree Henry burst onto the scene last year when she won gold in the 200m at the World Youth Championships in France.

The 16-year-old is back competing in 2012 after seeing her indoor season disrupted by a knee injury and is the training partner of fellow promising sprinter Jodie Williams.



JO JENNINGS

Title: Coach
Born: 20.09.1969, Pakenham
Lives: Hanger Lane, London



BADMINTON

MARCUS ELLIS

Born: 14.09.1989, Huddersfield
Lives: Huddersfield
Club: N/A

Marcus Ellis won the Irish Open last year while also making the final at the Scottish International.

The 22-year-old, who had a highly successful junior career, competes in both men's and mixed doubles.



KIRSTY GILMOUR

Born: 21.09.1993, Bellshill
Lives: Glasgow
Club: Chamblay, France

Kirsty Gilmour predominantly plays singles and has a Commonwealth Youth Games bronze medal to her name from last year.

Gilmour comes from a fine family pedigree of badminton players. Her father was a national junior coach while her uncle is a former international player.



ALEX LANGLEY

Born: 19.06.1991, Grimsby
Lives: Nottingham
Club: Byron

Alex Langley established herself on the senior tour when she won her first-round clash at the 2011 World Championships along with partner Lauren Smith after being granted a wild card spot.

The duo also won the Portuguese International and Langley also plays mixed doubles with Matthew Nottingham.



JAMES VINCENT

Title: Coach
Born: 19.02.1980, Bradford
Lives: Bradford



BASKETBALL

JAY-ANN BRAVO-HARRIOTT

Born: 07.09.1995, London
Lives: Haringey
Club: Haringey Angels



Jay-Ann Bravo-Harriott has made appearances for England at both under-16 and under-18 level and her preferred position is point guard.

The 16-year-old is hoping to win a scholarship to play in America when she leaves school.

RYAN McKay

Born: 16.03.1994, Paisley
Lives: Paisley
Club: St Mirren Junior Men



Ryan McKay, who plays at point guard, has already represented Scotland under-18s and hopes to break into the senior fold soon.

With his St Mirren club, McKay was part of the team that won the league and cup double this season.

JANICE MONAKANA

Born: 06.08.1995, Edgware
Lives: Hornsey
Club: Haringey Angels



Janice Monakana, who represented England's under-16 team at the 2011 European Championships, plays as a forward and has ambitions of representing Team GB one day. She has had a highly successful junior career, playing for the both the national under-16 and under-18 squads.

HARRIET OTTEWILL-SOULSBY

Born: 14.08.1995, Capelle aan den IJssel, Holland
Lives: Loughborough
Club: Loughborough



Harriet Ottewill-Soulsby represented England at the European Under-16 Championships in 2011 and has been selected in under-18 squads as well.

The centre, who stands at 6ft 2ins tall, will be hoping to soon make an impression in the senior international ranks.

LEE DAVIE

Title: Coach
Born: 15.07.1981, Gateshead
Lives: Gateshead



DOUG REILLY

Title: Coach
Born: 06.07.1960, Edinburgh
Lives: Edinburgh



BOXING

QAIS ASHFAQ

Born: 10.03.1993, Leeds
Lives: Leeds
Club: Burmantofts



Qais Ashfaq signed off from the junior ranks in fine style when he claimed Commonwealth Youth Games gold in September 2011.

The 19-year-old bantamweight won the ABA Championships in April this year before defeating 2010 Commonwealth Youth Games gold in Sean McGoldrick in the GB Amateur Boxing Championship in May.

CHANTELLE CAMERON

Born: 14.05.1991, Northampton
Lives: Northampton
Club: Kings Heath



A former kickboxer, Chantelle Cameron burst onto the women's boxing scene with a silver medal in the Women's EU Championships in Hungary in 2010.

After joining the British squad last year, Cameron won bronze in her first tournament at 60kg, the 2011 Women's EU Championship in Poland.

JOE CORDINA

Born: 01.12.1991, Cardiff
Lives: Cardiff
Club: Kings Heath



Joe Cordina is a Welsh boxer who is part of the British podium boxing squad and he has already represented them at the World Championships.

The lightweight has his sights set on a place at the Olympics in Rio in 2016.

GARY HALE

Title: Coach
Born: 23.05.1964, Liverpool
Lives: London



CANOEING

MATTHEW BOWLEY

Discipline: Canoe sprint
Born: 22.07.1994, Burton upon Trent
Lives: Burton upon Trent
Club: Burton



Matthew Bowley competes in the K2 1000m event and finished eighth at the European Junior Championships last year.

Bowley has also already started making an impression at senior level, having ranked sixth best in the men's event at the Olympic Selection Regatta this year.

TOM BRADY

Discipline: Canoe slalom
Born: 22.07.1991, Basingstoke
Lives: Stafford
Club: Stafford & Stone



Tom Brady first established himself as a junior of serious promise when he scooped individual silver and team bronze at the European Junior Championships in 2008.

Since then Brady has continued to progress, finishing fourth at the European Under-23 Championships in 2010 and making his World Cup debut this year.

HANNAH BROWN

Discipline: Canoe sprint
Born: 20.02.1990, Aylesbury
Lives: Bradford on Avon
Club: Bradford on Avon



Hannah Brown has competed at the ICF Wildwater Canoeing World Championships for Great Britain, winning multiple medals.

In the sprint discipline Brown competes over 200m and last year made the final at the European Under-23 Championships.

ADAM BURGESS

Discipline: Canoe slalom
Born: 17.07.1992, Stoke-on-Trent
Lives: Stone
Club: Stafford & Stone



Between 2007 and 2010 Adam Burgess represented the British junior team with much success, making finals at the World and European Championships.

In his first two years as a senior Burgess has continued to impress with fine showings at the European Under-23 Championships.

KATHERINE TROTTER

Discipline: Canoe sprint
Born: 24.0.1993
Lives: Walton on Thames
Club: Elmbridge



Last year Katherine Trotter finished ninth in the K1 500m at the World Junior Championships and also came fourth in the K2 1000m at the Europeans.

This year Trotter progressed to the European Under-23 Championships where she finished third in the women's K1 1000m B final.

NATALIE WILSON

Discipline: Canoe slalom
Born: 19.10.1992, Birmingham
Lives: Nottingham
Club: Stafford & Stone



In 2010 Wilson announced herself on the world stage when she became a junior world champion in the team event. The same year she was also a finalist at the European Junior Championships in the individual. Wilson now competes at under-23 level.

MARK HOILE

Discipline: Canoe sprint
Title: Coach
Born: 22.05.1977, Aylesbury
Lives: Rickmansworth



MARK RATCLIFFE

Discipline: Canoe slalom
Title: Coach
Born: 01.03.76, Salford
Lives: Nottingham



CYCLING

GRANT FERGUSON

Discipline: Mountain bike
Born: 15.11.1993, Peebles
Lives: Chertsey
Club: Boardman Elite



Grant Ferguson finished fourth in the junior race at the UCI Mountain Bike World Championships in 2011 and his sister Hannah is also a cyclist.

Ferguson lists Sir Chris Hoy as his idol in the sport and believes the Ambition Programme provides a great opportunity to learn as much as possible as he looks to build a long career in the sport.



LUCY GARNER

Discipline: Road
Born: 20.09.1994, Leicester
Lives: Cosby
Club: Motorpoint



Last year Garner won the National Women's Road Race Series and claimed three golds and a bronze at the Commonwealth Youth Games.

She rounded off a fine year by winning junior women's road race gold at the UCI Road World Championships – all seeing her nominated for the BBC Young Sports Personality of the Year Award.

PETER MITCHELL

Discipline: Track
Born: 12.01.1990, Edgware
Lives: Manchester
Club: V-Sprint



Only a year after taking up the sport, Peter Mitchell was selected for British Cycling's talent team and he has since won five European medals and two world medals.

Sprint specialist Mitchell is determined to take advantage of the Ambition Programme and is sure to keep a close watch on idol Sir Chris Hoy at London 2012.

TRE WHYTE

Discipline: BMX
Born: 20.10.1993, London
Lives: Manchester
Club: Peckham



Tre Whyte is ranked seventh in the UK and is also on British Cycling's Olympic development programme.

He lives and trains in Manchester and this year finished 42nd in the time trial event at the World Championships in Birmingham.

MARCUS BLOOMFIELD

Discipline: BMX
Title: Coach
Born: 22.01.1981, Bristol
Lives: Manchester



JON NORFOLK

Discipline: Track
Title: Coach
Born: 29.03.1975, Keighley
Lives: Manchester



SIMON WATTS

Discipline: Mountain bike
Title: Coach
Born: 07.06.1978, Nottingham
Lives: Derbyshire



MATT WINSTON

Discipline: Road
Title: Coach
Born: 25.03.1987, Ashton-under-Lyne
Lives: Bolton



EQUESTRIAN

HANNAH BIGGS

Discipline: Dressage
Born: 13.04.1979, Hong Kong Island, Hong Kong
Lives: Dorset



Hannah Biggs tasted her first international dressage success at the age of 13 and is a former British Junior and Young Rider Team member who has competed at the European Championships.

Biggs now trains with Emile Faurie, who has attended two Olympic Games with Britain.

GARETH HUGHES

Discipline: Dressage
Born: 11.05.1987, North Allerton
Lives: Chipping Norton
Club: Aspen Grove



Gareth Hughes spent most of his childhood in Australia before returning to England and has started to develop a small group of competition horses, with which he has now won six national titles.

SAM HUTTON

Discipline: Jumping
Born: 14.04.1989, Chertsey
Lives: Chertsey



Sam Hutton has been the leading rider at the Horse of the Year show and finished off his junior career with a fifth appearance at the Under-21 Nations Cup.

This season Hutton made his first senior breakthrough, making the team for the Senior Nations Cup.

JEMMA KIRK

Discipline: Jumping
Born: 01.07.1988, Falkirk
Lives: Bo'ness



Jemma Kirk capped her remarkable junior career by winning individual gold at the 2009 European Young Rider Championships.

Since then Kirk has continued to impress, becoming the British Under-23 Champion in 2010.

WILLA NEWTON

Discipline: Eventing
Born: 21.03.1990, Nottingham
Lives: Stonesby



Willa Newton has firmly established herself in the British junior set up.

She took team gold and individual silver at the Young Rider European Championships last year and achieved her season's best this year at the Belton Horse Trials.

ANNE-MARIE PERRY

Discipline: Dressage
Born: 10.05.1987, Stockton-on-Tees
Lives: Hartlepool



Anne-Marie Perry proved her class last year when she won the Inter Championship at the Hickstead Senior International.

Perry has continued to progress this year and won the PSG competition at the Keysoe Premier League.

MATTHEW SAMPSON

Discipline: Jumping
Born: 02.08.1990, Sheffield
Lives: Sheffield



Matthew Sampson has already built up an impressive CV in the junior ranks, winning team gold at the European Junior Championships as well as team and individual bronze at the Australian Youth Olympic Festival.

LAUREN SHANNON

Discipline: Eventing
Born: 30.04.1987, Brighton
Lives: Wymeswold
Club: Camden



Lauren Shannon spent much of her youth on the other side of the Atlantic in America but since returning she has built on an impressive junior career.

Shannon finished ninth at the Burghley Horse Trials last year.

AMY STOVOLD

Discipline: Dressage
Born: 07.04.1978, Croydon
Lives: Horsham
Club: Team Stovold



Amy Stovold has been a leading rider in Great Britain for a number of years and is highly regarded.

GEMMA TATTERSALL

Discipline: Eventing
Born: 12.03.1985, Watford
Lives: Horsham



A star from a young age, Gemma Tattersall progressed rapidly through the junior ranks and in 2010 she was crowned Under-25 National Champion before a series of injuries slowed her progress in 2011.

ALAN FAZAKERLEY

Discipline: Jumping
Title: Coach
Born: 01.10.1962, Salford
Lives: Manchester



SARAH VERNEY

Discipline: Eventing
Title: Coach
Born: 13.09.1961, Harrogate
Lives: Ross on Wye



FENCING

ALIYA ITZKOWITZ

Event: Sabre
Born: 29.04.1994, California, USA
Lives: London
Club: Camden



Aliya Itzkowitz has been making an impact on the junior world rankings this season, claiming a best result of silver at the Dormagen Junior International in Germany.

Before that Itzkowitz was a highly successful cadet, taking silver at the Camden International.



LEAH KING

Event: Foil
Born: 11.05.1995, London
Lives: Islington
Club: Fighting Fit Fencing



Leah King took gold this year at the British Under-18 Women's Foil Championships.

She also claimed a respectable 30th-place finish in the senior championships and has finished in the top ten at the World Junior Championships.

PHILIP MARSH

Event: Épée
Born: 23.10.1994, Salisbury
Lives: Wiltshire
Club: Bath



Philip Marsh became Britain's first-ever world junior épée champion when he stormed to a surprise victory in Jordan last year when still only 16.

Marsh has since made his debut at the senior World Championships and has his sights set on a place at the Olympics in the near future.

ALEX AGRENICH

Title: Coach
Born: 07.10.1978, Moscow, Russia
Lives: Haverstock



GYMNASTICS

FRANK BAINES

Discipline: Artistic
Born: 16.07.1995, Liverpool
Lives: Liverpool
Club: Southport YMCA



Frank Baines has had a year to remember having won all-around gold at the European Junior Championships in Montpellier in May.

Baines' training base, Southport YMCA, was also the launching pad of the career of Team GB 2012 squad member Daniel Purvis.

LAURA HALFORD

Discipline: Rhythmic
Born: 25.02.1996, Swindon
Lives: Swindon
Club: Swindon



Laura Halford was last year crowned British junior champion and has already started to make an impression in the senior ranks.

She finished second to Olympian Frankie Jones in the British Championships this year.

GABBY JUPP

Discipline: Artistic
Born: 12.06.1997, Barnet
Lives: Borehamwood
Club: Sapphire School of Gymnastics



Even before being selected to be part of the Ambition Programme Gabby Jupp had enjoyed an excellent 2012 season, medalling at the European Junior Championships with bronze for her floor routine.

Jupp also finished fifth in the all-around competition at the Europeans in Belgium.

BRYONY PAGE

Discipline: Trampoline
Born: 10.12.1990, Huntingdon
Lives: Sheffield
Club: Aerodynamics



After finishing fourth at the 2010 World Championships in France Bryony Page was touted as a potential future Olympian.

An English champion in the same year, Page won bronze at the 2011 British Championships.

BARRY COLLIE

Discipline: Artistic
Title: Coach
Born: 10.01.1979, Aberdeen
Lives: West Yorkshire



PAUL GREAVES

Discipline: Trampoline
Title: Coach
Born: 24.05.1981, Sheffield
Lives: Sheffield



DEBRA HOWS

Discipline: Rhythmic
Title: Coach
Born: 13.05.1962, Munster, Ireland
Lives: Swindon



STEVEN PRICE

Discipline: Artistic
Title: Coach
Born: 19.03.1972, Enfield
Lives: Tring



HANDBALL

RYAN GOODWIN

Born: 22.03.1994, Stafford
Lives: Cannock
Club: Salford



A keen all-round sportsman, Ryan Goodwin is also a county footballer but has set his sights firmly on becoming a professional handballer and competing for Team GB at an Olympic Games.

An admirer of tennis star Roger Federer, Goodwin captained England under-18s to their first-ever competitive junior victory.

CHARLOTTE LEBLANC

Born: 11.07.1993, Ambilly, France
Lives: Anerley



Charlotte LeBlanc is one of Britain's brightest hopes having been part of the senior squad in the run up to the Olympics.

The 19-year-old right back captained the newly-formed British under-20 side to the World Championships in Poland earlier this summer.

MATT LEE

Born: 13.10.1990, Aylesbury
Lives: Manchester
Club: Salford



Previously a basketball player, Matt Lee got involved with the sport of handball through a talent identification programme.

Lee has represented Britain at both under-21 and under-23 level and has also appeared on the squad list for the senior team.

MEGAN QUINN

Born: 03.09.1996, Glasgow
Lives: North Lanarkshire
Club: Tryst 77



Megan Quinn has caught the eye for her performances in the British under-20 set-up and is hotly tipped to be a star of the future.

Despite being just 15, Quinn represented the British under-20 team at the World Championships in Poland earlier this summer.

DONNA HANKINSON

Title: Coach
Born: 24.03.1971, Eccles
Lives: Ramsbottom



SCOTT HARRINGTON

Title: Coach
Born: 22.4.1988, Wegberg, Germany
Lives: Warrington



HOCKEY

ANDY BULL

Born: 03.02.1992, Bury
Lives: Loughborough
Club: Loughborough Students



Andy Bull has already been capped several times for England and Great Britain, and is earmarked as a future regular on the international stage.

He helped England claim a silver medal at the 2010 Champions Trophy.

DAVID CONDON

Born: 06.07.1991, Leicester
Lives: Leicester
Club: Loughborough Students



David Condon is looking forward to getting behind-the-scenes access at London 2012 so he can experience what it is like to be part of an Olympics as he bids for a Games place at Rio 2016.

He became the first Leicestershire man to win full England honours in more than 50 years when he was selected for the 2009 Champions Trophy.

MADDIE HINCH

Born: 08.10.1988, Southampton
Lives: Leicestershire
Club: Leicester



Goalkeeper Maddie Hinch made her senior international tournament debut at the 2011 Champions Trophy.

Hinch was part of the England team that claimed European bronze in the same year.

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SUSANNAH TOWNSEND

Born: 28.07.1989, London
Lives: Egerton
Club: Canterbury

Susannah Townsend has been part of the British set-up this season. She has been appointed as Canterbury's new skipper for next season – taking over from two-time British Olympian Mel Clewlow.



NICK BEASANT

Title: Coach
Born: 20.08.1976, Bristol
Lives: Exeter



RICH BEER

Title: Coach
Born: 31.10.1979, Swindon
Lives: Oxford



JUDO

MAX STEWART

Born: 16.07.1993, Birmingham
Lives: Birmingham
Club: Lordswood Budokan

Max Stewart underlined his potential by winning European Junior Championship silver last year and was also part of Britain's senior European Championship team earlier this year.

His father Dennis was part of the Olympic judo squad at Seoul 1988, winning a bronze medal.



HAYLEY WILLIS

Born: 30.11.1995, Dagenham
Lives: Dagenham
Club: Stratford

Hayley Willis became the youngest-ever judo player to represent Great Britain at a major championships at this year's European Championships.

The 16-year-old won bronze medals at the Cadet European Championships and European Youth Olympic Festival last year.



KATE-JEMIMA YEATS-BROWN

Born: 05.07.1995, Tonbridge
Lives: Tonbridge
Club: Tonbridge

Kate-Jemima Yeats-Brown won -63kg gold at the European Cadet Championships in 2011 and represented Britain at the senior European Championships this year.

Yeats-Brown has also won a World Cadet Championship bronze.



DARREN WARNER

Title: Coach
Born: 20.10.1972, Worcester
Lives: Coventry



MODERN PENTATHLON

JOE EVANS

Born: 05.09.1993, Shrewsbury
Lives: Whitchurch
Club: Whitchurch Wasps

Joe Evans won Youth European Championship gold in 2011 and is hotly tipped to be a star of the future.



KATE FRENCH

Born: 11.02.1991, Gravesend
Lives: Gravesend

Kate French helped a three-strong British team win relay bronze at the World Championships in Rome earlier this summer alongside Katy Burke and Katy Livingston.

French also won European Junior Championship silver in Hungary in June.



FREYJA PRENTICE

Born: 20.05.1990, Stavanger, Norway
Lives: Bath
Club: University of Bath

Freyja Prentice achieved the qualifying standard for London 2012 after an impressive season in 2011 which included a bronze medal from the World Junior Championships.



STUART MASON

Title: Coach
Born: Chesterfield, 09.05.1957
Lives: Thornton-Cleveleys



SAILING

ELLIOT CARNEY

Event: RS:X
Born: 24.04.1989, Ashford
Lives: Hythe
Club: WPNSA

Elliot Carney has established himself on the British windsurfing scene, finishing 14th at the World Championships in Perth in 2011 before ending the 2012 equivalent in 32nd and has a simple goal for his future in the sport – to win Olympic gold.



IZZY HAMILTON

Event: RS:X
Born: 25.08.1992, Tunbridge Wells
Lives: Plymouth

Windsurfer Izzy Hamilton is a double world youth champion and has also finished 17th at the senior World Championships this year.

Hamilton will look at how different athletes approach their London 2012 events and learn as much as possible.



KATRINA HUGHES

Event: 470
Born: 30.11.1989, Southend-on-Sea
Lives: Portland
Club: Royal Corinthian

Katrina Hughes was in the running to sail the sole British 470 boat at London 2012 alongside Penny Clark and was fifth in the Open European Championships in 2011.

Hughes plans to build towards winning Olympic gold in 2016.



HARVEY HILLARY

Title: Coach
Born: 22.09.1976, Chichester
Lives: Chichester



SHOOTING

KRISTIAN CALLAGHAN

Event: Pistol
Born: 01.07.1993, Reading
Lives: Reading
Club: Centurion

Kristian Callaghan won double gold at the Junior Nordic Championships and he started shooting aged eight.

His idol in the sport is three-time Olympic 25m rapid fire pistol champion Ralf Schumann and Callaghan also enjoys cross-country skiing and ice skating in his spare time.



DANIEL RIVERS

Event: Rifle
Born: 12.06.1991, Oxford
Lives: Didcot
Club: Wantage

Target rifle shooter Daniel Rivers lists his greatest achievement to date as setting a new three positions British junior record.

Coached by Steve Downes, Rivers wants to get some understanding of the organisation of a world class, multi-sport event at London 2012.



MARK SHAW

Event: Shotgun
Born: 19.01.1991, Kendal
Lives: High Newton

Mark Shaw was part of the British squad at last year's World Championships in Belgrade, finishing fourth and missing out on bronze after a shoot-off.

Shaw made his international debut in 2011 and at 21 is expected to have a bright future in the sport.



ALEX SINCLAIR

Title: Coach
Born: 17.11.59, Inverness
Lives: Inverness



TABLE TENNIS

CHARLOTTE CAREY

Born: 11.06.1996, Abergavenny
Lives: Ebbw Vale
Club: North Gwent



A national under-21 champion, Charlotte Carey first pestered her grandfather – who played for a local club – to take her to play table tennis, only to find she wasn't tall enough to see over the table.

The youngest athlete on the Welsh team for the 2010 Commonwealth Games in Delhi, she was named on the long list for London 2012 and is keen to take advantage of the Ambition Programme and learn more about a Games campaign.

GAVIN EVANS

Born: 15.04.1993, Ascot
Lives: Nottingham
Club: Nodo TTC, Belgium



Gavin Evans, who has multiple youth titles to his name, was inspired to take up the sport because of how impressed he was by the speed it is played at. His best achievement to date is becoming the national under-21 champion in March this year.

Evans made his senior England debut aged 14 and dreams of becoming an Olympic champion.

ALICE LOVERIDGE

Born: 06.07.1994, Guernsey
Lives: Guernsey
Club: Guernsey



Playing on the dining table at her family home was the start of Alice Loveridge's love affair with table tennis, which has now reached the ambition of competing at an Olympic Games for Team GB.

Listing heptathlete Jessica Ennis' determination as inspirational, on her 13th birthday she won an Island Games gold medal for Guernsey and placed 17th at the Youth Olympics in Singapore in 2010.

JASON SUGRUE

Title: Coach
Born: 15.07.1979, Middlesex
Lives: Middlesex



TAEKWONDO

JAMIE ABLEY

Born: 02.04.1995, Spennymoor
Lives: Manchester
Club: Chi Taekwondo



A five-time British champion, Jamie Abley has long been considered a future Team GB Olympic representative. He took up the sport at the age of five and once appeared on Britain's Got Talent as part of the Chungdokwan Demo team.

A European Junior Championship bronze medallist, this year Abley has stepped it up with silver at the German Open and gold at the Dutch Open.

AMIN BADR

Born: 09.05.1995, Brixton
Lives: Manchester
Club: Empsi TKD



With martial arts running in his family, Amin Badr has always been a keen fighter. Taking up the sport at the age of five, he has gone on to enjoy plenty of success.

The junior national champion at -59kg, Badr claimed a silver medal at his preferred -55kg weight at the 2010 British Open. This year he has picked up a bronze in both the senior European Championships and Trelleborg Open.

GEORGE LEE

Born: 13.04.1995, Lewisham
Lives: Manchester
Club: Fusion TKD



George Lee's introduction to the sport was at the age of four when he saw a group of boys with medals at his local sports hall and decided he wanted some of his own – something he has since achieved.

Lee claimed gold medals at the 2010 British Open and 2011 British Nationals, and bronze in the junior categories at the 2010 French Open and the German Open a year later. His most recent honour was a bronze medal at this year's Trelleborg Open.

RUEBYN RICHARDS

Born: 30.01.1993, Nottingham
Lives: Manchester
Club: Hawk



Ruebyn Richards had a breakthrough year in 2010, attending the World Junior Championships and claiming national junior gold and Dutch Open junior gold.

He illustrated his growing potential by beating Ramin Azimov of Azerbaijan at the Croatian Open last year, and is determined to one day compete for Team GB at an Olympic Games. Richards fights in the -80kg category.

DEAN LEAK

Title: Coach
Born: 02.04.1987, Exmouth
Lives: Withington



TRIATHLON

TOM BISHOP

Born: 09.07.1991, Derby
Lives: Derby
Club: Derby



Tom Bishop has a twin brother, David, who he swam with as a child, and both excelled in distance running during their school days. Long-distance events clearly come naturally to Bishop, with his parents both former marathon runners, and his mum Hilary once a triathlete herself.

The British Male Junior Triathlete of the Year in 2010, Bishop claimed bronze at the World Under-23 Championships in Beijing last year and is set for a bright future.

LOIS ROSINDALE

Born: 17.04.1990, Leeds
Lives: Leeds



Previously a gymnast, Lois Rosindale decided she wanted a new challenge and began competing as a triathlete as she found it exciting to combine three different disciplines.

She progressed quickly on her bike and on foot, and spent significant time on her swimming to represent Great Britain at both European and World Championships. Winning gold at the British Elite Championships in 2011, Rosindale came fifth in the Banyoles World Cup and won gold at the Cremona European Cup earlier this year to underline her growing promise.

MATT SHARP

Born: 25.04.1989, Enfield
Lives: Loughborough
Club: Enfield & Haringey



Matt Sharp claimed the world under-23 title in Beijing in September last year to prove he has what it takes to compete at the highest level.

He splits his time between his north London home and the British academy base in Loughborough, where he has long been considered a potential future Olympian. Sharp admits he loves competing and enjoys what he calls the honesty of the triathlon event.

SIMON MILLS

Title: Coach
Born: 13.08.1974, Berkeley
Lives: Hardington



VOLLEYBALL

HANNAH CAREY

Discipline: Indoor
Born: 23.03.1993, Chichester
Lives: Worthing
Club: Ashcombe



Hannah Carey is a former UK School Games Champion in volleyball and has already represented England at under-23 level and in the senior development squad.

MECHELL DANIEL

Discipline: Indoor
Born: 14.02.1995, Chelmsford
Lives: Chelmsford
Club: Malory Eagles



Mechell Daniel lists playing at the World Schools Championships in France earlier this year as one of her career highlights.

The 17-year-old has been inspired during her career by British volleyball player and member of the London 2012 squad Nathan French who used to attend her school.

OLIVER KIMBER

Discipline: Indoor
Born: 12.03.1990, Hillingdon
Lives: Wimbourne
Club: Langhenkel Volley, Netherlands



The power and athleticism of volleyball inspired Oliver Kimber to take up the sport, and his ability marks him out as a potential future Olympian.

He has won the Dutch league championship with his club side and is determined to one day compete for Team GB at an Olympic Games.

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TOM LORD

Discipline: Beach
Born: 20.08.1986, Welwyn Garden City
Lives: Chidham



The three-time national champion Tom Lord has been competing on the World Tour and achieved a season's best 33rd place earlier this year.

Lord has completed a solo gliding scholarship with the Royal Air Force and has played the drums for 15 years.

JAMIE McHARDY

Discipline: Indoor
Born: 21.04.1992, Edinburgh
Lives: North Berwick
Club: City of Edinburgh



Jamie McHardy wants to glean as much knowledge as he can from the experience of the Ambition Programme in London 2012 as he looks to build a future in the sport.

The 6ft 4ins 20-year-old found his way into the sport through playing at school and counts Sir Chris Hoy as his sporting hero.

ROBERT MIEDZYBRODZKI

Discipline: Beach
Born: 27.01.1985, Edinburgh
Lives: Edinburgh



Beach volleyball specialist Robert Miedzybrodzki has got his eyes firmly set on qualifying for the 2016 Olympics in Rio and away from the court is a qualified civil engineer.

Miedzybrodzki's most inspirational Olympian is Sir Chris Hoy, and his goals for the Ambition Programme are simple – to learn from the best athletes in the world.

RACHEL NEWTON

Discipline: Indoor
Born: 11.11.1987, Harold Wood
Lives: Brentwood
Club: Quimper Volley 29, France



Rachel Newton was involved in the senior British squad leading up to the Games, and was named in the starting six for the clash against the Netherlands at last year's London Prepares series.

Newton was also part of the British side that competed in the 2010 European Championships and is determined to be in the squad for Rio in four years time.

VICTORIA PALMER

Discipline: Beach
Born: 24.06.1986, Poole
Lives: Poole
Club: Gea Happel Amigos Zoersel, Belgium



Victoria Palmer finished ninth at the European Under-23 Championships earlier this year and says the Olympian that has most inspired her is Dame Kelly Holmes. Away from the court she enjoys swimming, shopping and playing tennis.

JAKE SHEAF

Discipline: Beach
Born: 02.04.1990, Sidcup
Lives: Dartford



British Tour champion in 2009 and 2011, Jake Sheaf is looking forward to experiencing the size and spectacle of London 2012 so he knows what to expect if selected for Rio in four years time.

His mother Mandy also competed for Britain in the sport, and Sheaf says he is determined to one day become an Olympic champion.

MEGAN VIGGARS

Discipline: Beach
Born: 31.01.1994, Stoke
Lives: Newcastle-under-Lyme
Club: Newcastle Staffs



Megan Viggars started her volleyball career aged eight and since then has gained international recognition and shown herself to be equally at home in the indoor and beach versions of the game.

Viggars, who represented Britain at the Australian Youth Olympic Festival in 2009 in beach volleyball, lists football among her hobbies and was inspired to get into volleyball by her parents who both used to play.

ANDY JONES

Title: Coach
Lives: Bournemouth



WEIGHTLIFTING

EMILY GODLEY

Born: 22.10.1989, Farnborough
Lives: Bromley
Club: Crystal Palace



Originally starting out in athletics, Emily Godley's weights coach persuaded her to take up weightlifting, noting a potential she has already started to fulfil.

Godley put herself in contention for London 2012 when she achieved the Olympic B standard in April, and finished a credible eighth at the European Championships earlier this year.

She hopes to one day compete for Team GB at an Olympic Games and is confident she could achieve a medal at a future Commonwealth Games.

DARIUS JOKARZADEH

Born: 25.06.1993, Cardiff
Lives: Cardiff
Club: Welsh Weightlifting



Darius Jokarzadeh is looking forward to sampling the atmosphere of a home Olympics as part of the Ambition Programme.

Jokarzadeh took up weightlifting as he felt his size, power and strength were suitable for the sport.

SONNY WEBSTER

Born: 10.03.1994, High Wycombe
Lives: Ivybridge
Club: Empire Sports Club



Sonny Webster fell into weightlifting by chance after getting himself a detention at secondary school. He also has a handicap of two in golf and was voted the BOA Athlete of the Year for weightlifting in 2011.

TOM WHITTAKER

Title: Coach
Born: 18.09.1986, Beverley
Lives: Beverley



WRESTLING

OLEKSANDR MADYARCHYK

Discipline: Freestyle
Born: 09.01.1984, Khust, Ukraine
Lives: Sale
Club: Manchester Academy



A preference for individual sport led Oleksandr Madyarchyk to take up wrestling aged ten, and he is looking forward to experiencing a Games campaign as part of the Olympic Ambition Programme.

Already a Commonwealth Games bronze medallist from 2010, Madyarchyk has a good chance of selection for Rio 2016 where he admits his ambition is to win a medal.

YANA STADNIK

Discipline: Freestyle
Born: 09.01.1987, Khmelnsky, Ukraine
Lives: Manchester
Club: Manchester Academy



Growing up, Yana Stadnik watched on as her brothers trained as wrestlers, before deciding to give it a go herself. She hasn't looked back since and further inspired by her brother Andriy winning silver for Ukraine at the Beijing Olympics in 2008, she is focussed on one day medalling herself at a Games.

Already a European silver medallist, hopes are high for a bright future for Stadnik.

ERIC CIAKE

Title: Coach
Born: 15.02.1978, Yaoundé, Cameroon
Lives: London



WINTER SPORTS

BIATHLON

PETER BEYER

Born: 27.01.1987, Doncaster
Lives: Wigan
Club: British Biathlon



Peter Beyer made his junior Europa Cup debut in 2006 and has been rising up the biathlon rankings ever since.

The high point thus far saw Beyer represent Great Britain at the 2009 World Championships in Pyeongchang.

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CALUM IRVINE

Born: 07.05.1994, Aviemore
Lives: Aviemore
Club: Cairngorm



Calum Irvine has already had a taste of the Olympic action as he went to Innsbruck in January of this year for the Winter Youth Olympics.

In Austria Irvine was competing in the biathlon competition but also excels at cross-country skiing.

AMANDA LIGHTFOOT

Born: 30.01.1987, Coventry
Lives: South Shields



Amanda Lightfoot is clearly a name on the rise in the sport of biathlon after a fantastic showing at the 2011 World Championships.

Lightfoot followed that up with an equally strong performance in this year's worlds, ending up 36th in the sprint race.

MARC WALKER

Title: Coach
Born: 18.08.1972, Crawley
Lives: Crawley



BOBSLEIGH & SKELETON

WILL GOLDER

Event: Bobsleigh
Born: 03.10.1988, Luton
Lives: St Helier



A talented footballer as a youngster, Will Golder took up bobsleigh aged 19 and has gone from strength to strength since.

Last year the 23-year-old was crowned British two-man champion and has targeted a spot at the Winter Olympics in 2014.

ROSE McGRANDLE

Event: Skeleton
Born: 24.01.1987, Milton Keynes
Lives: Bath



For somebody who had never gone down a slope on skis before, and whose only previous experience of snow was during the winter in Britain, Rose McGrandle has taken to skeleton extremely well since 2009 when she travelled to Norway for her first experience of sliding.

McGrandle got into skeleton after applying for Girls4Gold, a drive to get females into sport in the UK, and competed on the European circuit for the first time during the 2010/11 season, finishing an impressive fourth overall, with four podium finishes.

EDWARD SMITH

Event: Skeleton
Born: 03.01.1986, Bristol
Lives: Bristol



Edward Smith has made rapid progress in the sport since taking it up three years ago, so much so that he has quit his day-job as an electrician to concentrate on qualifying for the Winter Olympics in Sochi in 2014.

Included in the Great Britain World Championships squad earlier this year, he finished 14th overall and is now on the verge of entering the elite World Cup squad that will compete for Team GB in two years time.

REBEKAH WILSON

Event: Skeleton
Born: 17.03.1991, Manchester
Lives: Trowbridge



Rebekah Wilson served notice of her enormous potential in the sport of bobsleigh when she was crowned junior world champion in 2011 with Paula Walker. Wilson and Walker continued to build on that promise this season with some impressive displays, including coming eighth at the European Championships.

LIZZY YARNOLD

Event: Skeleton
Born: 31.10.1988, Maidstone
Lives: West Kingsdown



Just a year after taking up the sport, Lizzy Yarnold wasted little time in showing her potential by claiming a silver medal at the 2010 World Junior Championships and finishing runner-up in the Europa Cup.

This year she has continued to excel, becoming world junior champion and claiming a fine bronze at the World Championships. The two-time World Cup winner was previously involved in athletics, competing nationally in heptathlon, javelin and shot put.

DANNY HOLDCROFT

Event: Skeleton
Title: Coach
Born: 22.05.1978, Stoke-on-Trent
Lives: Bath



LEE JOHNSTON

Event: Bobsleigh
Title: Coach
Born: 16.06.1972, Scarborough
Lives: Taunton



CURLING

VICKI ADAMS

Born: 16.11.1989, Edinburgh
Lives: Stranraer
Club: Portpatric



A three-time world junior champion, Vicki Adams burst onto the senior stage at the European Championships this year.

Adams and her teammates of Eve Muirhead, Anna Sloan and Claire Hamilton took gold at the Europeans in Switzerland and also competed at the World Championships in Canada.

SCOTT ANDREWS

Born: 14.06.1989, Irvine
Lives: Irvine
Club: Ayr



Back in 2010 Scott Andrews made the final of the World Junior Championships but Scotland lost to Switzerland.

Since progressing to the seniors, Andrews has continued to impress with successive silver medals at the World Championships in 2011 and 2012.

TOM BREWSTER

Born: 10.04.74, St Andrews
Lives: Aberdeen
Club: Curl Aberdeen



A former junior world champion, Tom Brewster has skipped Scotland to the silver medal in both of the last two senior men's World Championships.

He also claimed European mixed gold in 2006 and 2009 as well as a bronze medal at the men's World Championships back in 2002.

CLAIRE HAMILTON

Born: 31.01.1989, Dumfries
Lives: Dumfries
Club: Applegarth & Sibbaldie



Claire Hamilton was a member of the British rink that won gold at the 2011 University Games.

After joining up with Eve Muirhead, Hamilton enjoyed immediate success by winning the European Championships and subsequently placing sixth at the 2012 world juniors.

SOREN GRAN

Title: Coach
Born: 26.12.1962, Sweden
Lives: Stirling



RHONA MARTIN

Title: Coach
Born: 12.10.1966, Irvine
Lives: Irvine



LUGE

HARRY FOLKES

Born: 25.01.1990, Haverfordwest
Lives: Haverfordwest



Harry Foulkes is a recent addition to the British luge team. Harry is a trooper in the King's Royal Hussars and has served in Afghanistan as well as working towards the 2014 Winter Olympics. He carried the Olympic Torch earlier this summer in Llanelli.

MARK HATTON

Title: Coach
Born: 28.03.1973, Harrow
Lives: Henley-on-Thames



SKATING

CHARLOTTE AIKEN

Discipline: Figure
Born: 23.01.1992, Plymouth
Lives: Guildford
Club: Lee Valley Ice Centre

Charlotte Aiken dances with Josh Whidborne in the ice dance discipline of figure skating and they are the two-time British junior champions.

Aiken previously won the British Junior Solo Ice Dance Championships in 2007 and her younger brother Henry is also an ice dancer.



CHARLOTTE GILMARTIN

Discipline: Short track
Born: 07.03.1990, Redditch
Lives: Nottingham
Club: Solihull Mohawks

Charlotte Gilmartin started representing Great Britain as a junior at the age of 15, quickly progressing through the ranks to compete at senior level on the world stage.

In 2008 she won a gold medal at the European Championships as part of the women's 3000m relay team and hopes the experience of the Ambition Programme will prove beneficial as she fights for selection for the 2014 Games in Sochi.



KATIE POWELL

Discipline: Figure
Born: 31.07.1992, Birkenhead
Lives: West Kirby
Club: Ice Sheffield

Katie Powell has been crowned British junior champion for the last two years running.

Last season she began to make headway on the Junior Grand Prix circuit and is targeting a place at Sochi 2014.



RICHARD SHOEBRIDGE

Discipline: Short track
Born: 12.08.1985, Sandton, South Africa
Lives: Nottingham
Club: Solihull Mohawks

Introduced to short track speed skating at a young age, Richard Shoebridge's parents were both speed skaters in South Africa. After trying out roller blading, he quickly made the transition to the ice. Last year he helped break the 5000m relay world record with Jon Eley, Paul Stanley and Jack Whelbourne in Germany before impressive results at 500m on the World Cup stage and at 1000m at this year's World Championships.



JOSH WHIDBORNE

Discipline: Figure
Born: 18.09.1989, Reading
Lives: Nuneham Courtenay
Club: Lee Valley Ice Centre

Before teaming up with Charlotte Aiken, Josh Whidborne won the British Junior Solo Ice Dance Championships.

He and Aiken have since twice won the British Junior Championships and are looking to make an impact in the senior ranks.



IAN UPCOTT

Discipline: Short track
Born: 25.10.1988, Guildford
Lives: West Horsley
Club: Aldwych

Ian Upcott started skating at the age of ten and realised he could get around the ice quickly so decided to commit himself to the sport. Within five years he was competing for Great Britain at junior level.

The five-time British junior record holder, whose favourite distance is 1000m, is targeting a place at Sochi 2014.

He was part of the 500m relay team that finished sixth at the World Championships.



JOHN DUNN

Discipline: Figure skating
Title: Coach



JO ELEY

Discipline: Short track
Title: Coach
Born: 01.12.1981, Isleworth
Lives: Nottingham



DAVID HARTLEY

Discipline: Figure
Title: Coach
Born: 25.01.1981, Sheffield
Lives: Sheffield



SKIING

TJ BALDWIN

Discipline: Alpine
Born: 20.08.1990, Norwich
Lives: Norwich
Club: Norfolk Snowsports Club

In February of this year TJ Baldwin moved to the top of the British downhill rankings, in the process becoming the British No.1 in all five of the alpine disciplines.

The 21-year-old competed in his first-ever World Championships last year and will be looking to break in the top 100 of the FIS rankings in the near future.



JENNY JONES

Discipline: Snowboarding
Born: 03.07.1980, Bristol
Lives: Bristol

Jenny Jones is a two-time X Games slopestyle gold medalist who is now gunning for Olympic recognition at Sochi in 2014.

With snowboard slopestyle being added for the first time to the Olympic schedule for 2014, Jones admits she has no idea what to expect of her experience of the London Olympics but believes she will learn a lot.



BILLY MORGAN

Discipline: Snowboarding
Born: 02.04.1989, Southampton
Lives: Southampton

Billy Morgan, like Jenny Jones, is aiming for one of the newest additions to the Winter Olympic schedule, the snowboard slopestyle, for 2014.

Morgan appeared at the World Championships earlier this year in Oslo and progressed to the quarter-finals of the slopestyle competition.



ROSAMUND MUSGRAVE

Discipline: Cross-country
Born: 28.10.1986, Cairo, Egypt
Lives: London
Club: Huntly Nordic

Rosamund Musgrave enjoyed a successful 2011, racing at the Cross-Country Skiing World Championships for the first time and claiming a best finish of 50th in the 30km Mass Start race.

And in the early part of 2012 Musgrave continued to impress, finishing 14th in a Continental Cup race in Switzerland.



KATIE SUMMERHAYES

Discipline: Freestyle skiing
Born: 08.10.1995, Sheffield
Lives: Sheffield
Club: Sheffield Sharks

Katie Summerhayes has enjoyed a fantastic season in freestyle skiing after qualifying for the inaugural Winter Youth Olympics in Innsbruck and carrying the Union Flag at the opening ceremony.

Summerhayes' best finish of the season saw her come home second at the Aspen Open slopestyle competition.



JAMES WOODS

Discipline: Freestyle skiing
Born: 19.01.1992, Enfield
Lives: Sheffield

James Woods made history last year when he won Britain's first-ever slopestyle medal when he took bronze at the Euro Winter X Games. This year Woods grabbed silver at the AFP World Championships and hopes to challenge for a medal at Sochi 2014.



ROGER HOMYER

Discipline: Cross-country
Title: Coach
Born: 02.11.1954, Hampton Court
Lives: Kingussie



SEAN LANGMUIR

Discipline: Alpine
Title: Coach
Born: 09.11.1967, Grantown on Spey
Lives: Nethybridge



HAMISH MCKNIGHT

Discipline: Snowboarding
Title: Coach
Born: 14.10.81, Brecon
Lives: Edinburgh



PAT SHARPLES

Discipline: Freestyle skiing
Title: Coach
Born: 19.04.1976, Bradford
Lives: Lytham St Annes



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#OUR GREATEST TEAM

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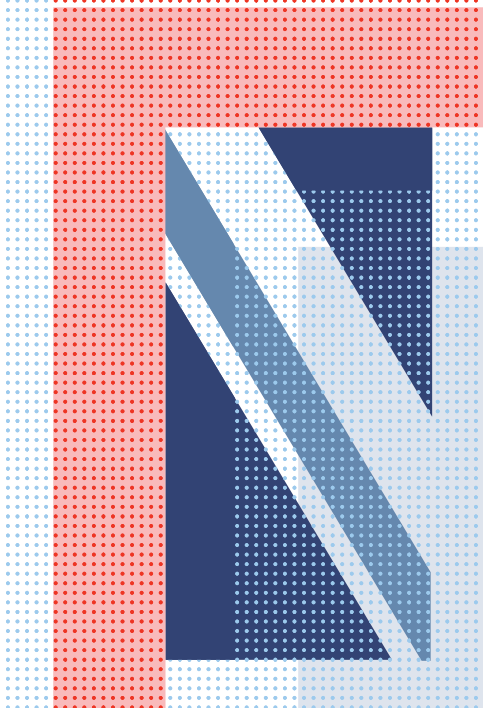
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