

# THE BIG LENT WALK

**CAFOD**

Catholic Agency for Overseas Development

WE'RE WALKING TO RAISE MONEY FOR CAFOD THIS LENT.

"Unity is strength. Let's pull together to inspire. Let's pull together to be strong."  
Khera, Kenya



We're walking as Pilgrims of Hope.

[cafod.org.uk/blwschools](http://cafod.org.uk/blwschools)



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# THE BIG LENT WALK

A FUNDRAISING GUIDE FOR SCHOOLS



A better world needs all of us. Fundraise during Lent to help fight global poverty.

[cafod.org.uk/blwschools](http://cafod.org.uk/blwschools)



# Your Big Lent Walk fundraising guide

**THANK YOU** for signing up to the **Big Lent Walk!** You are joining hundreds of schools across England and Wales who are raising money to fight poverty this Lent!

Read on for all the information you need to make your walk a success.



# A better world needs all of us

**Khera lives in Kenya. She is part of a local women's group called the Glitter Group who are working together to raise chickens to make money.**



CAFOD brings people together to answer God's call for a better world. A world unlimited by injustice or poverty, where more of us find ways to turn hope to joy. Because a better world needs all of us. You can support more people like Khera by fundraising at Lent.

**Find films, assemblies and more classroom resources online to explore Khera's story in Kenya.**

## Walk for the Jubilee Year

In the Jubilee Year 2025, Pope Francis invites us all to be signs of hope in our world.

Your pupils can put Catholic Social Teaching into action by joining the *Big Lent Walk* and fundraising to support people experiencing poverty around the world.



## Ideas to get started



- ✓ Challenge pupils to rack up laps of the playground in PE lessons or breaktimes.
- ✓ Ask each class or year group to take it in turns to walk each week during Lent.
- ✓ Take each class or year group on a hike to explore your local park or countryside.
- ✓ Go the extra mile – bake cakes to sell, or organise a raffle to raise even more money!
- ✓ Make it a weekend social and invite parents and the wider community along.

**However you decide to do your walk, don't forget to charge a donation to walk, set up a JustGiving page or send sponsorship forms home to raise money.**

## How to fundraise for the Big Lent Walk

### 1. Choose a date to walk

The *Big Lent Walk* can happen anywhere, anytime during Lent!

### 2. Decide how you will raise money

You can set up a JustGiving page, ask pupils to bring in a donation to walk or send sponsorship forms home

### 3. Walk!

Tag @CAFODSchools in your photos and videos!

### 4. Pay in your money

Send us your money and we'll send you a certificate to display. (If you use Just Giving there is no admin involved!)

## Your event pack

Your event pack includes enough stickers for your pupils and enough posters for your school. But you can order extra online.



## Using JustGiving to fundraise is so easy!

Did you know?

- ✓ There's no school admin to do if you use JustGiving to fundraise.
- ✓ JustGiving is perfect if you're a cashless school.
- ✓ Schools who used JustGiving to fundraise in 2024+ raised more money!

## Pay your donations

**ONLINE:** Visit [cafod.org.uk/collections](https://cafod.org.uk/collections)

**PHONE:** Call us on **0303 303 3030** and make a card payment over the phone with our Supporter Care team.

**POST:** Send us a cheque made payable to the address below:

**CAFOD, Romero House, 55 Westminster Bridge Road, SE1 7JB.**

Please include the name of your school! Please don't send cash in the post – we don't want your vital donations to get lost!

**We hope your walk is a wonderful success! Please tag @CAFODSchools in your photos. Contact us if you need any support: [schools@cafod.org.uk](mailto:schools@cafod.org.uk) Find more resources: [cafod.org.uk/blwschools](https://cafod.org.uk/blwschools)**