**Pilgrimage script for teachers**

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***Before you begin, explain:***

* *This is a pilgrimage for the Jubilee Year of Hope.*
* *We will be stopping at four stations on the way, all linked to HOPE and CST.*
* *At each station, we will hear the stories from boys and girls around the world and reflect on their lives and our own.*
* *You are invited to take part in the prayers and actions at each station*
* *This pilgrimage is to help you to make a journey, both with your feet and with your heart, so you can get closer to the Lord.*

**Begin:** In the name of the Father and of the Son and of the Holy Spirit.

Lord, as we start on our pilgrimage today, open our hearts and minds so that we can make space for you in our lives.

We carry this *candle* with us as a sign of Jesus’ light, that can give hope in times of darkness.

We carry the *cross*to remind us that there is always hope even in the most challenging of times, because Jesus has conquered the darkness

We carry our *hope banner/sign* to remind us that we are pilgrims of hope, ready to shine our light and help those in most need of hope.

Walk with us, Lord, as we journey here together today.   
Touch our hearts and minds so that we bring hope to others in the world   
and make it a better place.

All: **Walk with us, Lord, as we journey together as pilgrims of hope.**

**Station 1 – Human Dignity (H)**

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AI-generated content may be incorrect.***CST Link:*** *Human dignity is the foundation of all CST. This means:*

*✔ Every person is special and important*  
*✔ We are all made in God's image*  
*✔ Treating others with kindness and respect*  
*✔ Helping people when they need it*  
*✔ Making sure everyone feels valued*

***STOP:*** *As you stop at the first station, put the cross and candle down beside the picture of Chirri. Stand in silence.*

**Story:** ***Dignity of Chirri and the Glitter Group*** *-* This is Khera’s village. In this photograph, you can see lots of green, but it hasn’t always been this way.

A few years ago, there was very little rain. Without water, crops and animals died, leaving families struggling for food and money. Khera, Chirri’s mother, remembers: “Most of the time, our children went to school on an empty stomach.”

Chirri, who is 12 years old, remembers how hard life was. “There was no rain for years,” she says. Every morning, she walked three hours to fetch water. By the time she returned, she was exhausted, hot, and thirsty. Without enough water, her family had little income for food or school supplies.

But Khera and other women in the village formed the Glitter Group to support one another. They shared what little they had, believing in the dignity of every person and the power of working together. With CAFOD’s help, they received chickens, which needed less water than cows.

Caring for the chickens became a family effort. They cleaned the chicken house, fed the birds, and let them roam for food. These small steps helped them earn money and provide for their children.

The Glitter Group’s story shows that dignity comes from working together, supporting each other, and finding hope in difficult times. When people help one another, they build a stronger, more just world for all.

**Reflect:** Think about Chirri’s story and how it would feel if we didn’t have enough water for our families and animals. Imagine living with very little money to survive. Remember, it's important to see the dignity in every person, no matter where they live in the world.

**Act:** Invite pupils to reflect on their own value, saying to themselves, “I am special, I have human dignity. No one can take that away from me. God knows every part of me and loves me. He wants me to look at others as he looks at me.”

**Let us pray:** Lord, thank you for creating each person in your image. Help us to recognise your face in every person we meet and treat them with the dignity they deserve. Amen.

**Walk and reflect:** As you walk to Station 2, reflect on how to protect the dignity of families like Chirri’s as you walk to the second station.

**Station 2 – Option for the Poor (O)**

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AI-generated content may be incorrect.*CST Link*** *The principle of the preferential "Option for the Poor" calls us to place the needs of the most vulnerable at the centre of our actions. It means:  
✔ Caring for those in need first  
✔ Sharing what we have with others  
✔ Standing up for fairness and justice  
✔ Making sure no one is left out  
✔ Working together for a better world*

***STOP:*** *As you stop at the second station, put the cross and candle down beside the picture of Worqi and her family. Stand in silence.*

**Story: Lokho’s Hope**

Lokho and Worqi (9) live in a different part of Kenya but also experienced the same drought as Khera and Chirri. They also lost all their animals, leaving them with no way to get food or earn a living.

Caritas experts provided shade nets for their community to protect young plants from the burning sun which so they need less water. Their mother, Lokho, had always dreamed of being a shopkeeper but now she can sell the crops in her shop and earn a living. Her children, Fatu, (6), and Worqi, (9) use colourful bottle caps to play various games, such as pretending to be shopkeepers buying and selling goods, or herders caring for their animals.

**Reflect:** Think about Lokho and Worqi’s story and the challenges their family has faced. Reflect on how we can help people who are vulnerable and live in poverty in our own communities. How can we act with compassion toward those who are struggling with illness, hunger, or poverty? What small actions can you take to show love to those who need it the most?

**Act:** Invite pupils to reflect on how they can share what they have with others in need. Ask one or two children to share their ideas.

**Let us pray:** *Lord, we thank you for teaching us to be kind. Help us see when others need help and show love and care. Let us speak up for those who are struggling, and always remember that when we help, we are helping you. Amen.*

**Walk and reflect:** As you walk to the third station, reflect on how you can support people who are vulnerable or marginalised in your daily life. Think about ways you can make a difference through small actions, like sharing your time or resources.

**Station 3 – Promoting Peace (P)**

*A green and white letter p

AI-generated content may be incorrect.****CST Link***  *Peace is not just the absence of conflict. It means bringing justice, reconciliation, and harmony in all relationships, whether local or global. Peace is something we work for in our hearts, our communities, and our world. It means:  
✔ Listening and understanding others, even when we disagree*  *✔ Solving problems peacefully, without harm  
✔ Forgiving and working together to build friendships  
✔ Standing up for justice and helping those affected by conflict.*

***STOP:*** *As you stop at the third station, put the cross and candle down beside the picture of the children’s activities in Gaza. Stand in silence.*

**Story:** The war in Gaza is still very dangerous. The fighting has been going on for a long time and the children have had to move homes many times to try to keep safe. The local experts in this area decided that arts and crafts workshops for children would be helpful for the children so they could find a small moment of peace during the war that surrounds them. CAFOD are always contacting our local experts to check they are safe. Did you know Pope Francis used to call the Holy Family Church in Gaza every evening to remind them he was thinking of them?

**Reflect:** Think about the children at the art group. How would it feel if we had to leave our home because of fighting? How would we feel if we didn’t have enough to eat? Reflect on how we can work for peace by helping others who are struggling.

**Act:** Invite pupils to reflect on how they can help build peace in their own community through actions like listening, sharing, or being kind to others. Ask one or two children to share their ideas.

**Let us pray:** *Lord, help us to be peacemakers. Show us how to act with kindness, understanding, and love so that we can bring peace to those who need it most. Amen.*

**Walk and reflect:** As you walk to the fourth station, think about how you can bring peace into your own community, whether it’s through kindness, helping someone who is struggling, or standing up for justice.

**Station 4 – Environment/Creation (Stewardship) (E)**

**A green letter e in a circle

AI-generated content may be incorrect.*CST Link*** *CST teaches that we have a responsibility to care for God's creation. Stewardship is about recognising the earth as a gift from God and acting in a way that preserves and protects the environment for future generations. It means:  
✔ Looking after the world God gave us   
✔ Reducing waste and recycling  
✔ Protecting animals and nature  
✔ Using resources wisely and not wasting them  
✔ Taking action to stop pollution*

***STOP:*** *As you stop at the fourth station, put the cross and candle down beside the picture of Dristy. Stand in silence.*

**Story: Dristy’s story** - Dristy is 14 years old and lives in Bangladesh with her parents in an eco-village. In this special village, they work hard to take care of nature. Dristy loves working in her family’s garden, planting seeds, and growing vegetables with her mum and dad. She dreams of becoming a doctor one day because her village doesn't have one, and she wants to help people stay healthy.

But Dristy’s village has been affected by cyclones, which cause big storms that flood the land, destroy crops, and damage homes.

Despite the challenges, Dristy’s village is learning how to protect the land and stay safe from these storms. They work together to care for the earth and ensure a better future for everyone

**Reflect:** Think about Dristy’s story and the ways in which her community works together to protect nature. How can we take care of the earth in our own lives?

**Act:** Invite pupils to reflect on small actions they can take to care for the earth and protect it for future generations. Ask one or two children to share their ideas.

**Let us pray:** Lord, thank you for creating this beautiful world. Help us to care for the earth, protect its resources, and work together to keep it safe for everyone. Amen.

**Walk and reflect:** *As you walk to the end of the journey, think about how you can protect and care for God’s creation through your daily actions.*

**Final Reflection and Sending Forth**

**STOP:** *Gather together in a quiet space. Place the cross, candle, and hope banner in the centre. Stand in silence.*

**Reflect:** As we come to the end of our pilgrimage, we take a moment to think about the journey we have made—both with our feet and in our hearts.

* At **Station 1**, we learned that every person has human dignity and deserves respect.
* At **Station 2**, we remembered to care for those most in need, especially people living in poverty, just as Jesus did.
* At **Station 3**, we discovered that peace begins with small acts of kindness and fairness.
* At **Station 4**, we promised to take care of the environment and God’s creation for future generations.

Through these stations, we have seen how **hope, love, and working together** can bring real change to people’s lives.

**Gospel Reading:**  
Jesus teaches us to bring hope to others. Let us listen to His words:

*“The Spirit of the Lord is upon me,  
because he has chosen me to bring  
good news to the poor.  
He has sent me to proclaim liberty to the captives  
and recovery of sight to the blind,  
to set free the oppressed  
and announce that the time has come  
when the Lord will save his people.”*  
(Luke 4:18-19)

**Act:** Turn to the person next to you and say: **"You are a light of hope."**

**Sending Forth:**  
As we finish our pilgrimage, we are sent out to be **pilgrims of hope** in our daily lives.

Let us say this Jubilee prayer of hope together:

God, our loving Father,

In this Jubilee year,

you remind us of our call to love creation.

Help us to work together

to replant, repair, and renew.

**Guide us on our journey as pilgrims of hope.**

Jesus, our light,

In this Jubilee year,

 you remind us of our call to love our neighbours

and to set free those who suffer.

Help us to treat everyone with dignity;

to be fair, forgiving and kind.

**Guide us on our journey** **as pilgrims of hope.**

Holy Spirit, our inspiration,

In this Jubilee year, you remind us of our call to grow in faith and love.

Help us to hear you in scripture, to see Jesus in others,

and to be united as God’s global family.

**Guide us on our journey** **as pilgrims of hope.**

Amen

**Final Prayer:** *God of love and hope, thank you for guiding us on this journey. Help us to bring light where there is darkness, kindness where there is hurt, and hope where it is needed most. Let us walk together in love, caring for others and for your creation. Amen.*

**Walk and Reflect:**

As you walk away from this pilgrimage, remember that hope is not just a word—it is something we live out through our actions. Let us go and share hope, love, and joy with the world!

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**Further resources:**

To order your Jubilee banner and individual prayer cards to give out at the end of the pilgrimage, visit [CAFOD shop](https://shop.cafod.org.uk/collections/year-of-jubilee)

For more Jubilee resources for displays and prayer see: [Jubilee for schools 2025 – Pilgrims of Hope](https://cafod.org.uk/jubilee-schools)

More information about CST resources can be found: [CST pack for children](https://cafod.org.uk/education/primary-teaching-resources/cst-pack-for-children)