

# Rise Above

## Essential Oil Blend

Product Size: 5 ml Item Number: 38311



-  Photosensitive
-  Topical
-  Aromatic
-  Dilute

Rise Above™ essential oil blend, the 2021 convention blend, contains Valor®, Frankincense, Bergamot, Dorado Azul™, Idaho Grand Fir, Cedarwood, Cardamom, Lavender, and Rose to help you create an environment where you can transform negative thoughts into positive and motivating intentions.

Rise Above essential oil blend, inspired by Young Living Founder D. Gary Young through Co-Founder and CEO Mary Young, features specific essential oils to help transform old thoughts that hold you back, so you can rise above to achieve your soul's true purpose. Valor is to empower and strengthen the spirit to encourage you to overcome personal challenges. Frankincense, Cedarwood, and Cardamom promote healthy beliefs to help you seek or attain your true potential. Dorado Azul contains the constituent 1,8 cineole. Bergamot, Lavender, and Cardamom are a balancing blend of essential oils that promote feelings of stability, clarity, and spirituality; they open us up to new ways of being able to flow with the universal energy that surrounds each one of us. The benefits of the essential oils go beyond the spectrum of measurement of their constituent profile. They open the heart, the mind, and the soul to be able to move from the past to the future. It's time to rise above with intention, with affirmations, and with vocal decrees to put into motion that which you desire. Visualize your reality with words and thoughts to create a spiritual harmony that will be sensed by the heart and soul. "Rise Above" your perceived limitations and open the doorway into a brilliant new future.

### FEATURES & BENEFITS

- Can be used daily to open yourself up to new ideas and opportunities for the future
- Helps create an environment where you can transform negative thoughts into positive and motivating intentions
- Can be used to transform old thoughts that hold you back, so you can rise above to help achieve your soul's true purpose
- Opens you up to spiritual enlightenment

### SUGGESTED USAGE

- Apply Rise Above topically while playing harmonic music to help amplify the oil frequencies and enhance the sense of spiritual enlightenment.
- Apply 1–2 drops to your feet and take 3 deep breaths; apply 1–2 drops to your heart and take 3 deep breaths; then apply 1–2 drops to your head and take 3 deep breaths.
- Diffuse Rise Above during the beginning of your day, with a clear focus to remove old thought patterns and open your heart to new perspectives and opportunities.
- Apply it with V-6 Vegetable Oil Complex for a soothing foot rub and enjoy the inspiring aroma.
- Use it daily in thoughtful prayer, meditation, and goal setting along with the Divine Destiny™ Collection to focus on a clear path and intention for your day.

# Rise Above Essential Oil Blend

## INGREDIENTS

*Cedrus atlantica*<sup>†</sup> (Cedarwood) wood oil, *Abies grandis*<sup>†</sup> (Grand fir) oil, *Boswellia carterii*<sup>†</sup> (Frankincense) oil, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, *Citrus aurantium bergamia*<sup>†</sup> (Bergamot) peel oil, *Hyptis suaveolens*<sup>†</sup> (Dorado azul) seed oil, Caprylic/capric Triglyceride, *Elettaria cardamomum*<sup>†</sup> (Cardamom) seed oil, *Picea mariana*<sup>†</sup> (Black spruce) leaf oil, *Rosa damascena*<sup>†</sup> (Rose) flower oil, Cinnamomum camphora<sup>†</sup> (Camphor) wood oil, *Tanacetum annuum*<sup>†</sup> (Blue tansy) flower oil, *Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil

<sup>†</sup>Premium essential oil

## SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours.

## DIRECTIONS

Diffuse and/or apply topically as desired while meditating, vision questing, etc.

- Aromatic: Diffuse up to 1 hour up to 3 times daily.
- Topical: Apply 1–2 drops on temples, base of the neck, or as desired. May be diluted with V-6™ Vegetable Oil Complex in case of sensitivity.

All uses are appropriate, but this blend is most helpful when used both aromatically and topically.



SCAN TO LEARN MORE

## YOU MAY ALSO LIKE



Divine Destiny  
Collection  
Item No. 38479



Sacred  
Frankincense™  
Essential Oil  
Item No. 3552



Highest Potential™  
Essential Oil Blend  
Item No. 3373



Higher Unity™  
Essential Oil Blend  
Item No. 25684

