

Traineeship Record Book



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HLT33115 Certificate III in Health Services Assistance

0 30

(Aged care pathway)

6

Trainee name:

School Based Traineeship Placement Information		
	Trainee Details	
FULL Name:		
School:		
Address:		
Telephone:		
	Traineeship Placement Details (Host Employer)	
Workplace:		
Supervisor:		
Contact Number:		
Address:		
	RTO Details	
RTO Name:	Connect n Grow	
Contact Person:		
Contact Number:	1300 283 662	
Address:	Suite 2A 313-315 Ross River Road, Aitkenvale QLD 4814	
	School Details	
Organisation:		
Contact Person:		
Contact Number:		
Address:		

Cover artwork

Artist: Ava Simper 2024

My artwork symbolises Indigenous Artwork and holds a strong meaning behind it. I decided to incorporate two turtles to represent all Health Care Workers and staff. Even though we seem to have a hard shell on our exterior and are always expected to help and provide. But to always remember we are still soft and human on the inside too! To always be kind to people, because that is best and only way to be treated.



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Throughout this record book, your supervisor needs to complete the yellow shaded sections.

Student must add their FULL name, signature and date to the blue shaded sections.



Traineeship Record Book

Connect 'n' Grow[®] would like to take this opportunity to congratulate you on your traineeship and welcome you as a valued client to our Registered Training Organisation (RTO).

The Traineeship Record Book provides the following:

- A guide for the Supervisors and trainees of the skills and experience that should occur in the workplace during vocational placement.
- A permanent record of workplace competency achievement

Please take care of this workbook. You may wish to copy this book for your records, prior to handing it back to the teachers.

About Connect 'n' Grow®

Established in 2012, Connect 'n' Grow[®] is an award-winning RTO delivering high quality health training services. Our Vision is "A world where health pathways happen through quality education". We aim to meet this by using our healthcare programs to provide our Trainees with career pathways through strong collaborations between secondary, vocational, higher education and relevant industry institutions.

Your Responsibilities

As a trainee your responsibilities are to:

- Attend work on time as per the agreed terms.
- Work towards achieving the qualification or statement of attainment stated in the training contract.
- Obey all workplace health and safety (including dress and equipment) and code of conduct workplace rules.
- Undertake the training and assessment required under the training plan.
- Keep the training record and produce it to the employer, training organisation and/or the Department of Employment, Small Business and Training when requested.
- Not terminate the apprenticeship or traineeship before completion unless the apprentice or trainee and their employer mutually agree to cancel the training contract and notify the Australian Apprenticeship Support Network (AASN) provider or the department accordingly and in writing.

Your Employer's Responsibilities

All training that your employer is responsible for delivering must be done during your normal work hours. They must check that you are completing each task during your working day. They are also responsible for ensuring that you work in a safe workplace health and safety environment.

Your employer/supervisor should evaluate your performance continually by:

- Observing you perform and practice tasks on the job,
- Discussing your progress with supervisors and co-workers,
- Asking you questions about the tasks you are performing on the job,
- Reviewing your job performance.



Units of Competency			
Unit Code	Title		
СНССОМ005	Communicate and work in health or community services	CT Core	
CHCCOM001	Provide first point of contact	CT Imported Elective	
HLTINF006	Apply basic principles and practices of infection prevention and control	CT Core	
HLTWHS001	Participate in workplace health and safety	CT Core	
CHCCCS012	Prepare and maintain beds	CT Elective	
CHCCCS010	Maintain a high standard of service	CT Elective	
CHCDIV001	Work with diverse people	CT Core	
CHCCCS031	Provide individualised support	Imported Elective	
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander Cultural safety	Elective	
BSBMED301	Interpret and apply medical terminology	Core	
HLTAAP001	Recognise healthy body systems	Core	
CHCCCS002	Assist with movement	Elective	
CHCCCS026	Transport individuals	Elective	
CHCCCS020	Respond effectively to behaviours of concern	Elective	
BSBWOR301	Organise personal work priorities and development	Core	

*CT = Credit Transfer



Traineeship Placement Orientation Checklist				
This checklist is to be completed on Day 1 of Placement				Achieved
Tour facility and allocated	work area, including parking			
Meet Supervisor/Manage	ment			
Discuss trainee role/respo code and day/hours of wo	nsibilities and expected standards of behaviour (inc ork)	luding dı	ress	
Revise privacy/confidentia	ality and informed consent policies			
Evacuation/fire and secur	ity procedures explained			
Familiarisation with Facili	y Emergency telephone number			
Locate Policy and Procedu	ire Manuals			
Locate Ward/Facility Rooms - Utility Room, Linen stores, Treatment Room, Lifts, Documentation, Administration, etc.				
Communication systems				
Review WHS (Work Healt	n and Safety) policies and procedures pertinent to o	rganisati	on	
Trainee FULL Name:				
Trainee Signature:		Date:		
Supervisor FULL Name:	LL Name:			
Supervisor Position:				
Supervisor Signature:		Date:		

Third Party Observations

As part of completing these units of competency, we are seeking evidence to support judgment about the trainee's competence. This is to confirm that the trainee consistently demonstrated the noted knowledge and performance evidence to industry standard.

The person completing this report will need to have direct knowledge of:

- The job function and the trainee's application of skills to that function.
- The trainee's ability to repeatedly perform to the required standard.
- Any relevant legislation, regulations or Australian Standards.

Third party evidence should be provided by a workplace expert, supervisor or team leader and is to be completed over a period of time to industry standard.



Third Pa	arty Observation Checklist (Performance Ev	vidence)	
Unit Code & Name:	CHCCCS031 Provide individualised support		
Trainee FULL Name:			
-	bove-mentioned trainee, confirm that the trainee consistentl rkplace performance to industry standard.	y demonstra	tes the
	rt to people with individualised plans, using aids and equipmer Indertake each of the following in the workplace on three situa	-	levices
Provided support with the second	ith dressing, undressing and grooming	S	NYS
Situation 1:			
Situation 2:			
Situation 3:			
	ith eating and drinking using required mealtime assistance ipment, ensuring client has physical access	S	NYS
Situation 1:			
Situation 2:			
Situation 3:			



Third Pa	Third Party Observation Checklist (Performance Evidence)		
Unit Code & Name:	CHCCCS031 Provide individualised support		
• Provided support wi	th oral hygiene	S	NYS
Situation 1:			
Situation 2:			
Situation 3:			
Provided support with showering		S	NYS
Situation 1:			
Situation 2:			
Situation 3:			
Provided support wi	th toileting and the use of continence aids	S	NYS
Situation 1:			



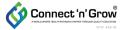
Third Pa	rty Observation Checklist (Performance E	vidence)	
Unit Code & Name:	CHCCCS031 Provide individualised support		
Situation 2:			
Situation 3:			
Provided support wit	th using slide sheets, hoists, slings and lifters	S	NYS
Situation 1:			
Situation 2:			
Situation 3:			
Provided support wit	th transferring a person between bed and chair	S	NYS
Situation 1:			
Situation 2:			



Third Pa	orty Observation Checklist (Performa	ance Ev	vidence)	
Unit Code & Name:	CHCCCS031 Provide individualised support			
Situation 3:				
• Provided support w	th transferring a person from seated to standing		S	NYS
Situation 1:				
Situation 2:				
Situation 3:				
Supervisor Feedback (o	ptional):			
Trainee Signature:		Date:		
Supervisor Name:				
Supervisor Position:				
Supervisor Signature:		Date:		



Third Party Observation Checklist (Performance Evidence)				
Unit Code & Name:	CHCDIV002 Promote Aboriginal and/or Torres Str	ICDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety		
Trainee FULL Name:				
	above-mentioned trainee, confirm the trainee models es Strait Islander cultural safety by:		S	NYS
-	erstanding of workplace practices and strategies relating es Strait Islander culture	ng to		
Promoting Aboriginal a the workplace	nd/or Torres Strait Islander cultural safety in the contex	kt of		
Sought further information on cultural awareness to improve own communication skills with Aboriginal and/or Torres Strait Islander peoples who may be clients or colleagues				
Supervisor Feedback (optional):				
Trainee Signature:	Da	ate:		
Supervisor FULL Name	:			
Supervisor Position:				
Supervisor Signature:	Da	ate:		



Third Party Observation Checklist (Performance Evidence)				
Unit Code & Name:	BSBMED301 Interpret and apply medical ter	BSBMED301 Interpret and apply medical terminology appropriately		
Trainee FULL Name:				
I, as supervisor of the above-mentioned trainee, confirm that the trainee consistently demonstrates the appropriate level of workplace performance to industry standard.				NYS
Interprets and follows w	ritten instructions containing medical terminology			
Identified and used appr associated processes	opriate, relevant abbreviations for medical terms a	ind		
Uses medical terminolog	y correctly in oral communications			
Observed the production of documentation with the correct use of medical terminology				
Supervisor Feedback (optional):				
Trainee Signature:		Date:		
Supervisor FULL Name:	Supervisor FULL Name:			
Supervisor Position:		1		
Supervisor Signature:		Date:		



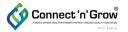
Third Par	ty Observation Checklist (Performa	nce ev	idence)	
Unit Code & Name:	HLTAAP001 Recognise healthy body systems			
Trainee FULL Name:				
	I, as supervisor of the above-mentioned trainee, confirm that the trainee consistently demonstrates the appropriate level of workplace knowledge to industry standard.			NYS
-	ology and shared information about healthy body thin their level of knowledge and scope of role			
Recognised basic structur	e and functions of the body system			
functioning - in at least th	nformation about the human body and its healthy ree (3) different situations. r to enter brief explanation of each situation)			
Situation 2				
Situation 3				
Supervisor Feedback (optional):				
Trainee Signature:		Date:		
Supervisor FULL Name:				
Supervisor Position:				
Supervisor Signature:		Date:		



Third Party Observation Checklist (Performance Evidence)			
Unit Code & Name:	CHCCCS002 Assist with movement		
Trainee FULL Name:			
	bove-mentioned trainee, confirm that the trainee tes the appropriate level of workplace performance to	S	NYS
Provided assistance with situations:	n moving a person in at least six (6) of the following		
Assisting a person up	o off the floor		
Assisting a person to	be weighed on chair weighing scales		
Assisting a person to	change position in bed		
Assisting a person to	use crutches or other walking aids		
 Assisting a person or transfers 	co-worker to use a hoist or mechanical lifter for		
Moving a person to a	a seated position		
Moving a person by	wheelchair or trolley		
 Moving a person between wheelchair or trolley and bed 			
Moving a person to a standing position			
Transfers from wheelchair to shower chair and toilet			
Assisting a person who is falling			
(Nb: Trainee or Supervis	or to enter brief explanation of each situation)		
Situation 1:			
Situation 2:			
Situation 3:			



Third Party Observation Checklist (Performance Evidence)				
Unit Code & Name:	CHCCCS002 Assist with movement			
Situation 4:				
Situation 5:				
Situation 6:				
Supervisor Feedback (op	otional):			
Trainee Signature:		Date:		
Supervisor FULL Name:				
Supervisor Position:				
Supervisor Signature:		Date:		



Third Party Observation Checklist (Performance Evidence)					
Unit Code & Name:	CHCCCS026 Transport individuals				
Trainee FULL Name:					
	bove-mentioned trainee, confirm that the trainee control of the trainee control of the trainee control of the trainee to industry standard.	onsisten	tly demonsti	rates the	
requirements:	onstrated effective skills in meeting each of the follo	wing	S	NYS	
	or to enter brief explanation of each situation) a practices during transporting of three (3) people wir requirements including:	th			
Situation 2:					
Situation 3:					
Supervisor Feedback (optional):					
Trainee Signature:		Date:			
Supervisor FULL Name:					
Supervisor Position:					
Supervisor Signature:		Date:			



Third Party Observation Checklist (Performance Evidence)				
Unit Code & Name:	CHCCCS020 Respond effectively to behaviours of	concern		
Trainee FULL Name:				
· · · · · · · · · · · · · · · · · · ·	ove-mentioned trainee, confirm that the trainee as the appropriate level of workplace performance to	S	NYS	
Effectively dealt with at le Aggression Confusion or other c Intoxication Intrusive behaviour Manipulation Noisiness Self-destructive behaviour Verbal offensiveness Wandering	aviour			
(Nb: Trainee or Superviso Situation 1:	r to enter brief explanation of each situation)			
Situation 2:				
Situation 3:				
Situation 4:				



Third Party Observation Checklist (Performance Evidence)						
Unit Code & Name:	CHCCCS020 Respond effectively to behaviours of concern					
Situation 5:						
Supervisor Feedback (optional):						
Trainee Signature:	Da	ate:				
Supervisor FULL Name:						
Supervisor Position:						
Supervisor Signature:	Da	ate:				



Third Party Observation Checklist (Performance Evidence)					
Unit Code & Name:	BSBWOR301 Organise personal work prio	orities an	d developn	nent	
Trainee FULL Name:					
-	ove-mentioned trainee, confirm that the traine is the appropriate level of workplace performation of the second se		Yes	No	
Prepared and implemente work objectives	ed a personal work plan meeting the requirement	nts of			
	as developed through the use of technology to onitor completion of tasks				
Demonstrated the ability contingencies	to assess and prioritise own work tasks and add	ress			
	Monitored and assessed personal performance against job role requirements by seeking feedback from relevant personnel				
-	Identified personal development needs and accessed, completed and recorded skill development and learning				
Feedback (optional):					
Trainee Signature:		Date:			
Supervisor FULL Name:					
Supervisor Position:					
Supervisor Signature:		Date:			



Trainee Self-assessment
Please complete the below self-assessment on your clinical placement experience.
Trainee FULL Name:
1. I have applied the skills identified in this traineeship. Yes or No? <i>Explain your answer.</i>
2. I really enjoyed
3. I gained knowledge about (tick one or more of the following):
 The organisation How to communicate with people
 Workplace health and safety
The important role of the allied health assistant
4. The main issue/s I faced included
5. The most vivid memory I will take away from this experience
6. Some important things I learnt about myself include
7. I can use this experience when applying for employment. Skills and knowledge I have learnt and
developed include the following.



	Trainee Activity Sheet				
Trainee FULL Name:					
Unit of competency	Training and Tasks performed	Equipment, aids, medical devices used, documentation/records	Supervisor Initials	Date	
CHCCCS031					
Provide individual support					
CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety					
BSBMED301 Interpret and apply medical terminology appropriately					



Trainee Activity Sheet				
Unit of competency	Training and Tasks performed	Equipment, aids, medical devices used, documentation/records	Supervisor Initials	Date
HLTAAP001 Recognise healthy body systems				
CHCCCS002 Assist with movement				
CHCCCS026 Transport individuals				



Trainee Activity Sheet				
Unit of competency	Training and Tasks performed	Equipment, aids, medical devices used, documentation/record	s Supervisor Initials	Date
СНССС5020				
Respond effectively to behaviors of concern				
BSBWOR301				
Organise personal work priorities and development				
Supervisor Feedback (Optional):				
Supervisor FULL Name:				
Supervisor Position:				
Supervisor Signature:		Date	:	



Unit of Competency Information					
Unit of competency	Unit description	Example of evidence			
CHCCCS031 Provide individualised support	This unit describes the performance outcomes, skills and knowledge required to organise, provide and monitor personal support services for a person within the limits established by an individualised plan. The individualised plan refers to the support or service provision plan developed for the person accessing the service and may have different names in different organisations.	Determine personal support requirements. Provide support services. Monitor support activities. Complete reporting and documentation.			
	This unit applies to workers who provide care or support under direct, indirect or remote supervision. Work is carried out in a manner which supports independence as well as the physical and emotional wellbeing of the person receiving support.				
CHCDIV002 Promote Aboriginal and/or Torres Strait Islander Cultural Safety	The unit describes the skills and knowledge required to identify Aboriginal and/or Torres Strait Islander cultural safety issues in the workplace, model cultural safety in own work practice, and develop strategies to enhance cultural safety.	Promoting Aboriginal and/or Torres Strait Islander cultural safety in the workplace. e.g., communicating and interacting with Aboriginal or Torres Strait Islander clients.			
BSBMED301 Interpret and apply medical terminology appropriately	This unit describes the skills and knowledge required to understand and respond to instructions; to carry out routine tasks and communicate with a range of internal/external clients in a medical environment; as well as use appropriate medical terminology.	Interpreting and following written instructions containing medical terminology: using medical terminology correctly in oral communications; identifying abbreviations e.g., reading patient charts, prescriptions, referrals.			
HLTAAP001 Recognise healthy body systems	This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.	Working effectively with information about the human body and its healthy functioning.eg observing vital signs being taken and discussed.			



Unit of Competency Information					
Unit of competency	Unit description	Example of evidence			
CHCCCS002 Assist with movement	This unit describes the skills and knowledge required to support people who require assistance with basic physical movement which may be due to incapacity.	Preparing to assist a person with movement e.g., use of relevant equipment, risk and safety awareness to self and person, infection control understanding, and completion of task e.g. cleaning and returning equipment			
CHCCCS026 Transport Individuals	This unit describes the skills and knowledge required to provide safe, timely and efficient transportation of people from one location to another at a particular site, or to other sites.	Preparing and transporting person and equipment e.g., level of support required, equipment required, appropriate transportation, safety and comfort of person; completion of transporting e.g., delivered to location, provided information to receiving person if applicable, completion of reporting requirements.			
CHCCCS020 Respond effectively to behaviours of concern	This unit describes the skills and knowledge required to respond effectively to behaviours of concern of people. Skills are associated with handling difficult incidents rather than managing ongoing behaviour difficulties	Identifying behaviour and planning responses e.g., strategies for dealing with behaviours of concern, position responsibilities including scope of practice in responding and involvement; Reporting and reviewing e.g., reporting to relevant personal and participating in debriefing activities, seeking feedback and further resources			
BSBWOR301 Organise personal work priorities and development	This unit describes the skills and knowledge required to organise own work schedules, to monitor and obtain feedback on work performance and to maintain required levels of competence.	Preparing a work plan, using business technology, prioritising tasks and monitoring own personal performance. e.g., completing record of daily duties, reflecting on performance			



Traineeship Completion Declaration						
This is to certify that	This is to certify that					
ho	ours as part of their traineeship at					
the						
the						
Trainee FULL Name:						
Trainee Signature:		Date:				
Supervisor FULL Name:						
Supervisor Position:						
Supervisor Signature:		Date:				
	Connect 'n' Grow to Complet	e				
This is to certify that	This is to certify that has completed their					
traineeship to the required satisfactory level.						
Name:						
Signature:		Date:				



Units of Competency			Formal Training Plan					Assessment					
Unit code	Unit Title	Unit type (c ore or e lective)	Unit Training Dates		Delivery Mode Identifier & Predominant	Responsibility for training		RPL /	Matheri	0.4	Employer	Date deemed	
			Start	End	Delivery Mode (eg NYYE)	Employer	RTO	СТ	Method	Outcome	support of competence	competent by RTO	
CHCCOM005	Communicate and work in health or community service	Core			NNN			СТ					
HLTINF006	Apply basic principles and practices of infection prevention and control	Core			NNN			СТ					
HLTWHS001	Participate in workplace health and safety	Core			NNN			СТ					
CHCCCS010	Maintain a high standard of service	Elective			NNN			СТ					
CHCCCS012	Prepare and maintain beds	Elective			NNN			СТ					
CHCCCS002	Assist with movement	Elective			YYY		\square						
CHCCCS026	Transport Individuals	Elective			YYY	\square	\square						



Units of Competency			Formal Training Plan					Assessment					
Unit code	Unit Title	Unit type (c ore or e lective)	Unit Training Dates		Delivery Mode Identifier &	Responsibility for training		RPL /			Employer	Date deemed	
			Start	End	Predominant Delivery Mode (eg NYYE)	Employer	RTO	CT	Method	Outcome	support of competence	competent by RTO	
HLTAAP001	Recognise healthy body systems	Core			YYY		\boxtimes						
BSBMED301	Interpret and apply medical terminology	Core			YYY		\boxtimes						
BSBWOR301	Organise personal work priorities and development	Core			үүү		\boxtimes						
CHCCCS020	Respond effectively to behaviours of concern	Elective			үүү		\boxtimes						
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander Cultural safety	Elective			YYY		\boxtimes						
CHCDIV001	Work with diverse people	Core			NNN			СТ					
CHCCCS031	Provide individualised support	Imported Elective			үүү		\boxtimes						



VERSION CONTROL

Version Number	Date	Author	Rational
1.0	20 July 2023	Lyn McKay	First version
1.01	17 May 2024	Lyn McKay	Reviewed/Update to unit information; layout from feedback received post first release
1.02	4 June 2024	Sue Lawman	New template/formatting
2.00	26 June 2024	Lyn McKay	Update quality information and header







Support

Connect 'n' Grow [®] has a friendly team of staff who are always there to assist you if you need anything, please contact them on:

1300 283 662 admin@connectngrow.edu.au

