

FALL QUARTER

MEET WITH AN ASSIGNED
Career Adviser
DURING ORIENTATION
SEP 26

EXPLORE POST-GRAD OPPORTUNITIES
UChicago Master's Programs Fair
OCT 1

MEET WITH YOUR CAREER ADVISER FOR A
Resume Review
BOOK AN APPOINTMENT
ON HANDSHAKE

KICK OFF YOUR CAREER JOURNEY AT
Exploring Future Careers
EXCLUSIVELY FOR FIRST-YEAR STUDENTS
OCT 21

CONNECT WITH EMPLOYERS
Career & Internship Fair
OCT 2

ATTEND AN
Employer Information Session
CHECK HANDSHAKE FOR
WEEKLY EVENTS

PARTICIPATE IN THE
WINTER BREAK
Job Shadowing Program
DEC 16-20 | APPLY BY NOV 10

WINTER QUARTER

PREPARE FOR SUCCESS WITH A
Practice Interview
SIGN UP ON HANDSHAKE

MEET WITH EMPLOYERS AT THE
Diversity & Inclusion Summit
FEB 7

EXPLORE OPPORTUNITIES AT THE
STEM Career Fair
JAN 14

PARTICIPATE IN THE SPRING BREAK
Job Shadowing Program
MAR 17-21 | APPLY BY FEB 17

APPLY FOR
Metcalf Internships
THE MAJORITY OF POSITIONS
ARE POSTED BY JANUARY!

SPEND WINTER BREAK
TRAVELING ON A
Career Trek
DEC 16-18 | APPLY BY OCT 14

SPRING QUARTER

MEET WITH A
Career Adviser
FIRST WEEK OF SPRING QUARTER

ATTEND A
Competiton

- COLLEGE NEW VENTURE CHALLENGE
MID NOV
- GAME JAM
JAN 18-20
- COMPUTER SCIENCE HACKATHON
FEB 15-16
- UCHICAGO TRADING COMPETITION
APR 11-12
- UCHICAGO TECH COMMUNITY CHALLENGE
MAY

SPEND SPRING BREAK
TRAVELING ON A
Career Trek
MAR 17-19 | APPLY BY JAN 21

- Trott Business Program
- Financial Markets
- Rising Attorneys Program
- Public Policy Leaders
- Law and Politics Cohort
- Global Health Scholars
- Education Professions

APPLY FOR A
Selective Career Cohort
BY APR 15

SUMMER BREAK

Mission accomplished! Enjoy your summer experience and congratulations on a great first year!

CAREER ADVANCEMENT LEGEND

Career Adviser: a dedicated adviser who will work with students throughout their time at UChicago on any career-related questions they may have, including resume and cover letter reviews, career exploration, internship, research, and full-time job search strategies, interview preparation, and graduate and professional school advising.

Career Exploration Week: incoming students have the opportunity to visit employers in their field of interest, connect with alumni mentors, and make new friends over a series of four-day programs held in a variety of locations.

Career Fair | October 2: kick off the new academic year and connect with 100+ employers across industries. Register on Handshake. Other fairs include:

Oct. 30 | EPIC Climate Frontiers Career Fair
Nov. 19 | Corporate Careers Job & Internship Fair
Jan. 14 | STEM Career Fair
Feb. 7 | Diversity + Inclusion Summit
Feb. 21 | Marketing Pathways Forum

Diversity & Inclusion Summit | February 7: an event focused on diversity and inclusion initiatives in the workplace featuring employers, campus offices, and RSO's.

Exploring Future Careers | October 21: an on-campus signature event, exclusively for 1st year students to set them up for success in navigating opportunities that will help students reach their professional goals.

Handshake: the one-stop shop for all career-related opportunities, including Metcalfs, student employment, full-time jobs, treks, events, and advising appointments.

Ida Noyes Hall: the home of Career Advancement and headquarters for advising appointments, on-campus recruiting interviews, information sessions, and career programs.

Industry Newsletters: weekly emails during the academic year regarding upcoming opportunities, workshops and resources from a career field of interest.

Job Shadowing: an opportunity to shadow an experienced professional in their place of work for one to five days.

LinkedIn: a social media networking tool to build a professional network, connect with alumni, and identify opportunities.

4+1 Advanced Scholars Program: Apply at the beginning of your 2nd year to become a double maroon! The Advanced Scholars Program lets you graduate from UChicago with both a bachelor's and a master's degree, typically within 5 years. Over 25 of UChicago's world-class master's programs offer a streamlined application process and guaranteed \$5,000 scholarship during the 5th year of study.

Metcalfe Internship: paid, substantive internship opportunities— students receive more than 4,500 Metcalfe internships each year across a highly diverse range of industries and geographic locations!

Specialized Career Cohorts: provides intensive career preparation across a variety of industries. Each program offers professional development opportunities and hands-on experiences, and are a great fit for students who are interested in an immersive and structured experience.

Treks: industry-specific career exploration experiences that bring groups of students to meet face-to-face with employers and alumni throughout the U.S. and abroad.

Key destinations include Hong Kong, New York City, San Francisco, London, Seoul, and Washington D.C.

Careers In...: unique pre-professional programs providing teams of dedicated advisers with industry expertise, skill-building workshops, and professional opportunities to students interested in specific industries:

Behavioral Sciences
Biological Sciences
Business
Climate and Energy Careers
Computer Science
Education Professions
Engineering
Entrepreneurship
Gaming
Healthcare
Law
Media, Arts, & Design
Physical Sciences
Policy and Social Impact



Your tool for accessing all of these opportunities and more.

- Create a profile that details your experience and skills so you're searchable by employers
- Explore your career interests by indicating your industry preferences
- Make an appointment with a Career Adviser for a resume review
- RSVP for events, workshops, and programs
- Apply for summer opportunities, treks, and student employment

Join Handshake by logging in at: uchicago.joinhandshake.com

SAMPLE RESUME

Sally Smith
Chicago, IL 60637 | smith@uchicago.edu | 773-702-7040

EDUCATION

The University of Chicago, Chicago, IL
Bachelor of Arts in Psychology, Expected June 2028

Splash High School, Stevens Point, WI
Diploma, May 2024
GPA: 3.92/4.00
Honors: High Honor Roll (2020-2024), Outstanding Senior Award (2024), Valedictorian (2024)

EXPERIENCE

University of Chicago Department of Psychology, Chicago, IL
Research Assistant, October 2024-Present

- Virtually investigate and extract data from academic research to formulate and design experiments that explore career goals and outcomes in executive leadership roles
- Collect and examine data from various sources to gather meaningful and measurable evidence about human behavior and the motivation behind philanthropic giving

Boston Consulting Group, Chicago, IL
Job Shadow, September 2024

- Shadowed a Senior Consultant for 5 days to gain exposure to the consulting industry
- Attended Case Team Meetings and gained knowledge on the problem-solving and consulting process
- Assessed risk potential and summarized reports on upcoming and ongoing projects for job shadowing host

Private Family Client, Chicago, IL
Childcare Provider, January 2021-September 2024

- Supervised two children, ages 4 and 7, while parents were away at work during afternoons and evenings
- Created a child-friendly environment by monitoring children's activities, overseeing meals and naps, and organizing activities and games to enhance children's physical, emotional, and social well-being

LEADERSHIP ACTIVITIES

University of Chicago Model United Nations Team, Chicago, IL
Delegate, September 2024-Present

- Represent UChicago at national Model UN Conferences as part of top-ranked competitive team
- Recognized as Best Delegation in GA First Committee at American Model United Nations (AMUN) 2020

Students Against Destructive Decisions, Chicago, IL
President, August 2022-May 2024

- Led executive board members in coordinating four large campaigns and raising more than \$3000
- Increased active membership by 30% through innovative membership drive efforts
- Served as spokesperson to local community, raising awareness of violence and injury prevention strategies

SKILLS

Computer: Proficient in Microsoft Word, PowerPoint, Excel, and Java
Language: Proficient in reading and writing Spanish

Once you determine your major, state "Bachelor of Arts/Science in ___" and DROP the high school

It is best to include a GPA if it is 3.0 or higher.

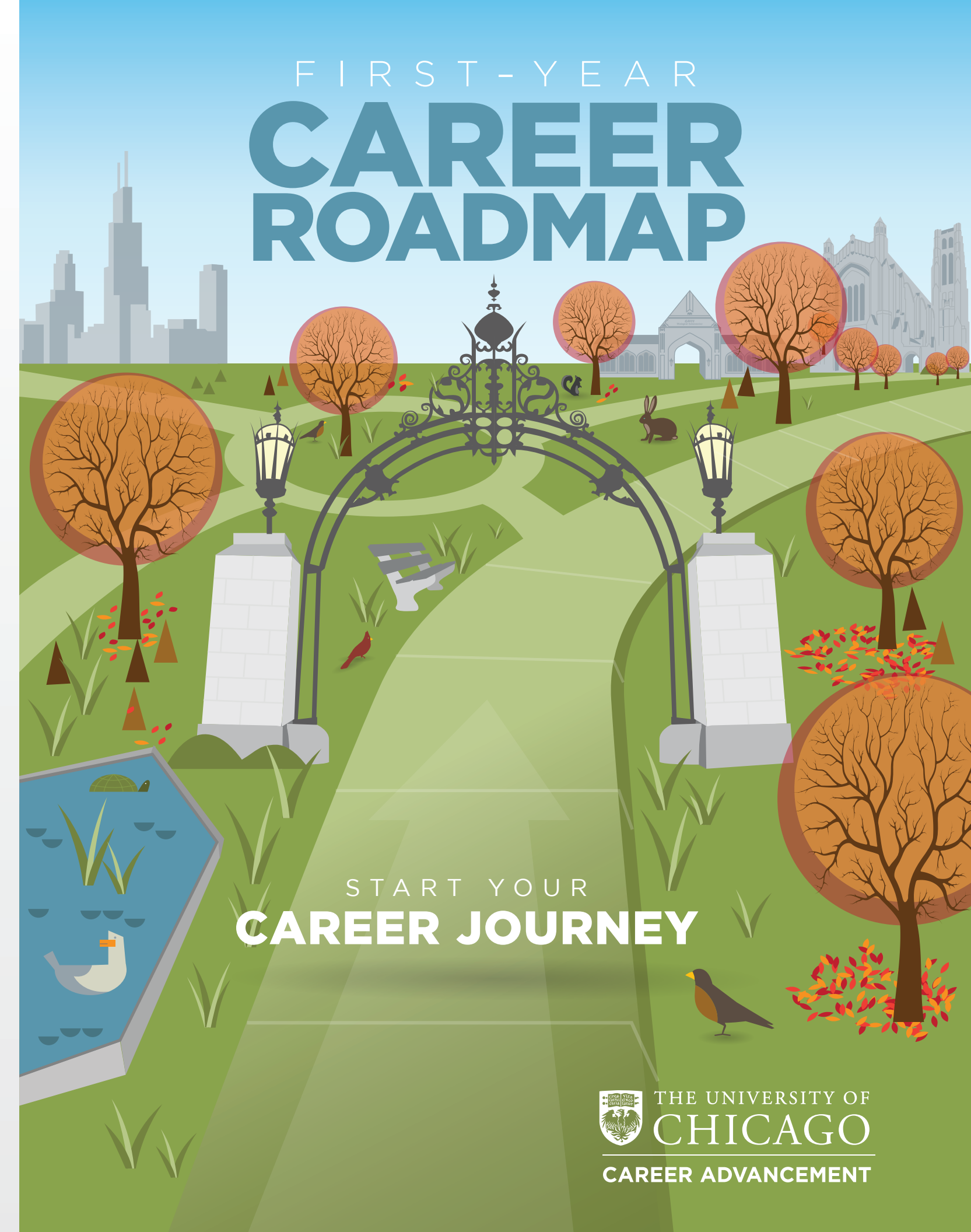
Volunteer and student activities can be just as impressive to an employer as work experience.

Office of Career Advancement
Ida Noyes Hall
1212 E. 59th Street
Chicago, IL 60637

NEED A ROADSIDE TUNEUP?

Make an appointment with your career adviser on UChicago Handshake!

FIRST-YEAR CAREER ROADMAP



START YOUR
CAREER JOURNEY

THE UNIVERSITY OF
CHICAGO
CAREER ADVANCEMENT