

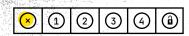
YOUR PATH TO GREATNESS

CROSSROADS CHURCH

HEROES WAS MADE
BY THE FOLKS AT
CROSSROADS CHURCH,
A NATIONWIDE
COMMUNITY FOUNDED
IN CINCINNATI, OH.
READ ARTICLES,
WATCH VIDEOS,
GET CONNECTED, OR
JUST LURK AT
WWW.CROSSROADS.NET.

"I glorified You on the earth, having accomplished the work which You have given Me to do"







MISSION HOW DOES A JOURNEY WORK?

STEP 02

ENGAGE WITH THIS GUIDE.

Spend time answering the prompts in this guide each week. The more you give, the more you'll get. (For tips on engaging with the guide, check out page 06.) During your group you'll be asked to refer to some of your responses, but you never have to give specifics unless that's what you want. Answer each week's questions before your group meeting.

EXPERTENCE THE WEEKEND TEACHING.

The weekend teaching is an essential part of this journey that will help you understand and process your guide and group experiences. Don't skip it. This guide depends on the weekend experience. You can find it online at crossroads.net.

(x)

EASY, RIGHT? BUT THE ORDER-DOWN TE YOU MESS UP, BUT SKIPPING OR RE-ARRANGING STEPS YOU THE FULL **EXPERIENCE.**

*BIBLE

TIPS

While there's a lot of scripture printed in this guide, if you open a Bible to check out what surrounds these verses-the heroes, the settings, the plot twists, the finale-you'll get a much deeper understanding of who God is and what he wants for us.

The Bible has many translations, and while they all communicate the same things, some versions use more conversational language than others. You might see the NIV (New International Version) or ESV (English

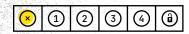
03 STEP

CONNECT WITH A GROUP.

Groups center the journey. They're set up to be a fun, safe and informal place for you to grow with others. So now's not the time to bury your head. Make sure you're in a group.

Standard Version) translations most often, but whatever you find and will actually read is fine.

Pro tip: downloading the Bible App might be super helpful.



HOW DOES THIS
GUIDE WORK?

HERE ARE A FEW TIPS THAT WILL HELP YOU ENGAGE WITH THIS GUIDE—AND WILL ALSO HELP YOU SPEND TIME WITH GOD EACH DAY AFTER THIS JOURNEY IS FINISHED.

01 CHOOSE A SPECIFIC TIME OF DAY.

IT HELPS TO BLOCK OFF SOME TIME ON THE CALENDAR, AND TO TREAT IT LIKE YOU WOULD ANY OTHER MEETING OR APPOINTMENT. IF YOU WAIT FOR THE TIME TO BE "RIGHT" THEN YOU'LL PROBABLY NEVER GET AROUND TO IT.

RESERVE A SPOT.

WHETHER YOU'VE GOT
A FAVORITE COMFY CHAIR OR
A DESK WITH A VIEW, PICK A
PLACE TO ENGAGE WITH GOD AND
THIS GUIDE. A PRIVATE PLACE
AT WORK OR A CORNER OF A
COFFEE SHOP COULD WORK, TOO,

BUT PREDICTABLE, OUIET AND

SOLITARY ARE BEST.

03 HAVE YOUR MATERIALS HANDY.

MINIMUM REQUIREMENTS: A
BIBLE, THIS GUIDE AND SOME
WRITING MATERIALS. ANYTHING
ELSE THAT WOULD MAKE YOU MORE
COMFORTABLE IS ICING ON THE
CAKE. MAKE SURE YOU HAVE WHAT
YOU NEED BEFORE YOU SIT DOWN
SO YOU'RE NOT DISTRACTED IN
THE MIDDLE OF YOUR TIME.

04 BE REASONABLE ABOUT YOUR TIME.

DECIDING TO SPEND TWO HOURS ON THIS MIGHT SOUND NOBLE, BUT IT'S PROBABLY UNREALISTIC FOR MOST PEOPLE. SET REASONABLE EXPECTATIONS SO YOU CAN CONSISTENTLY MEET THEM. 15-30 MINUTES IS PROBABLY BEST FOR MOST PEOPLE, BUT FOR A DEEPER DIVE YOU COULD PLAN FOR AS MUCH AS AN HOUR.

A FEW TIPS ON RECEIVING FROM GOD:

IF YOU'RE HAVING A HARD TIME FOCUSING, EMPTY YOUR MIND OF DISTRACTIONS BY WRITING DOWN WHATEVER IS INTERRUPTING YOUR THOUGHTS. DON'T GET FRUSTRATED IF YOUR TO-DO LIST POPS BACK INTO YOUR HEAD AT SOME POINT. IT'S NOT ABOUT HOW OFTEN YOUR MIND WANDERS; IT'S ABOUT HOW OFTEN YOU COME BACK TO LISTENING.

→ SOMETIMES IT HELPS TO VISUALIZE A PLACE IN YOUR MIND—AND THEN BRING JESUS INTO THAT PLACE. IMAG-INE HIM THERE WITH YOU, LISTENING AND TALKING.

DON'T GET CAUGHT UP IN THE KINDS OF WORDS YOU'RE USING. JUST TALK LIKE YOU WOULD WITH ANYONE ELSE IN YOUR LIFE. GOD KNOWS WHAT YOU'RE THINKING ANYWAY.

TF YOU'RE HAVING A DIFFICULT TIME, TELL GOD THAT
YOU'RE FRUSTRATED AND
CAN'T SEEM TO CONNECT WITH
HIM. MAYBE THERE'S SOMETHING ELSE THAT HE WANTS
YOU TO FOCUS ON.

PERSPECTIVE ON PRAYER

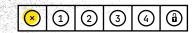
Prayer means communicating with God. It's that simple. There are no "right" words, and you don't have to be good at it before you try it. You can start right now.

When you begin talking to God, sometimes your first words to him can feel the most awkward. Just jump in and see what follows. ("I don't know what to say, God, but this thing happened at work..."). Prayer doesn't need a perfect beginning or end-think of it more like an ongoing conversation that gets more and more comfortable over time.

Be as honest and open as you can. Remember there's nothing you can say to God that he doesn't already know, and you don't have to "clean up your act" before he will listen to you. He could never love you more than he does right now.

Spend some time listening, not just talking. Tell God you want to hear from him, and leave some room for silence. As prayer becomes more natural, you'll begin to feel God's presence in the conversation. Don't be discouraged if you don't hear an audible voice. While many people who talk to God don't hear his voice in the traditional sense, he does speak to us. This often feels like a prompting, a push toward an answer, or the comfort that comes when you feel that someone is listening. responding, and fully loving you-no matter what you've said or done.





× START HERE

HOW TO

ACHIEVE

#GROUPGOALS

MOST PEOPLE WHO'VE PARTICIPATED IN A JOURNEY SAY THAT THEIR GROUP WAS THEIR FAVORITE PART. HERE ARE A FEW SIMPLE TIPS TO HELP YOU HAVE A GREAT GROUP:

01	SHOW UP.	Prioritize an hour or so each week for the next few weeks to be with your group, and do your best to be present while you're there. Put away your phone (or turn on Do Not Disturb) to eliminate distractions so you can get to know others, get the most out of that time, and just get a break from all those notifications.
02	HELP EVERYONE PARTICIPATE.	Engage in the group conversation, but don't take it over. If you want to talk more after group time, ask your host or someone else in the group if they'd like to grab coffee later that week. Creating a group text can also help you connect outside of your regular time together.
03	BE REAL.	You don't have to have it all figured out, so don't feel any pressure to pretend like you do. Just bring yourself—just as you are. The group wouldn't be the same without you.
04	LISTEN WELL.	Your job isn't to "fix" anyone, so don't give advice. Most of the time, people simply want to be heard. We're all on this journey together, and each person needs space to hear from God and figure out their own next step.
05	KEEP IT CONFIDENTIAL.	This is a space for everyone to get beyond small talk, so to keep it safe for everyone, make sure that what's shared in the group stays in the group.





TOP SECK

Cae et molupti

eatur, voluptur? Unt atque molo optaquo to estinti ienda sapero

blaccus cimintium et undeseq uaeribusam, conse

e molenis dit odiae nos res

ilictem es quas es nus nis audisquiam inctibustis vitas earcipsum earum abore, natiorit esequaeror am

UNLOCK YOUR GIFTS

que pliqui alitius et quodit rehendenimi, sed ea sunt veruptatu natem quoditia

corum nonest, arumet, atem. Um inum suntiscim nihiliquibus ate erchil idunture e

n re voluptatae vid et qui ullupid elent est, qui optatem oluptas consenis ulluptatat liquos ullit harum fugiamendit aliatem est mos es

raesequiatem am simus

minissunt,

Parcia parum qui audae vendis et volo tectum consendebis sae. Ut lanias exeris volori cus aut et lis

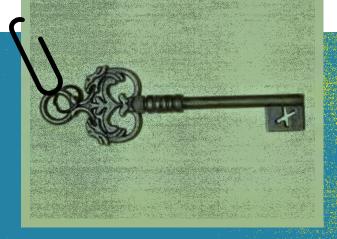


MISSION UNLOCK YOUR GTFTS.

CONSIDER THIS:

YOU WERE BORN AT A SPECIFIC TIME, IN AN EXACT PLACE, WITH A UNIQUE SET OF GOD-GIVEN SKILLS AND

YOUR MISSION: PUT THEM TO USE. "Let me tell you why you are here. You're here to be salt-seasoning that brings out the God-flavors of this earth. If you lose your saltiness. how will people taste godliness? You've lost your usefulness and will end up in the garbage. "Here's another way to put it: Vou're here to be light, bringing out the God-colors in the world. God is not a secret to be kept. We're going public with this. as public as a city on a hill. If I make you light-bearers, you don't think I'm going to hide you under a bucket, do you? I'm putting you on a light stand. Now that I've put you there on a hilltop, on a light stand-shine! Keep open house; be generous with your lives. By opening up to others. you'll prompt people to open up with God, this generous Father in heaven."





OU'LL EXPERIENCE A

full, exhilarating life when you spend yourself on a worthy cause. But first, you need to

discover what you've been given to spend.

This week you'll explore the way God made you, and get a first taste of the bold, world-changing (and surprisingly joyful) mission ahead of you.

The following pages include activities and prompts. This isn't just a book to read—it's a roadmap for self discovery. Before you dive in, ask God to meet you in the pages of this guide and to reveal who he's created you to be.

DON'T

hour of time this week to do the work. It'll pay off later.

MATTHEW 5:13-16 MSG

STEP

× 1 2 3 4 8

DEFINE JOY.

FEELING HAPPY IS GREAT, BUT IT'S DIFFERENT FROM EXPERIENCING JOY. KNOWING THE DIFFERENCE CAN BE TRICKY, SO HERE ARE A FEW GUIDELINES: ----

THE DIFFERENCE BETWEEN 'HAPPINESS' AND 'JOY'

HAPPINESS TENDS TO BE

EXTERNAL **TEMPORARY PLEASURABLE** SELF-FOCUSED

EXAMPLE: I'M SO HAPPY TO BE EATING THIS DELICIOUS BAGEL RIGHT NOW, EVEN THOUGH I'LL BE HUNGRY AGAIN LATER.

JOY TENDS TO BE

INTERNAL LASTING SACRIFICIAL OTHERS-FOCUSED

EXAMPLE: SHARING THIS BAGEL WITH MY DAUGHTER BEFORE WORK BRINGS ME SO MUCH JOY. I'M SO PROUD OF HER.

WHAT BRINGS YOU JOY? 01 02 03		AS A KID: WHAT DID YOU WANT TO BE?
DESCRIBE A JOY-FILLED DAY YOU'VE HAD: WHAT ROLE DID YOU PLAY OR HOW DID YOU CONTRIBUTE?	WHAT IS SOMETHING YOU DO (OR CONTRIBUTE TO) THAT GIVES YOU JOY? WHAT STEALS JOY? NAME 3: 01 02 03	WHAT DID YOU LOVE TO DO?
DESCRIBE A TIME YOU BROUGHT JOY TO SOMEONE ELSE: HOW DID THEY RESPOND?	WHO GIVES YOU JOY? HOW?	WHAT WAS SOMETHING JOY-FILLED YOU NOW LOOK BACK ON?

14 WEEK 01

READ THIS ADVICE FROM JESUS TO HIS FOLLOWERS. THIS IS THE SAME PASSAGE IN THREE DIFFERENT BIBLE TRANSLATIONS SO YOU CAN SEE HIS WORDS FROM A FEW DIFFERENT PERSPECTIVES.

MATTHEW 23:11-12

out? Then step down. Be a servant. If you puff yourself up, you'll get the wind knocked out of you.

But if you're content to simply be yourself, your life will count for plenty.

- JESUS (MSG VERSION)

92 II But the greatest among you will be your servant.

12 Whoever exalts himself shall be humbled; and whoever humbles himself shall be raised to honor.

-JESUS (AMPLIFIED VERSION)

a servant is the greatest
among you. I2 People who
think they are better than
others will be made humble.
But people who humble themselves will be made great.
- JESUS (EASY-TO-READ VERSION)

REWRITE THIS VERSE IN YOUR OWN WORDS:

WHO DO YOU KNOW THAT EMBODIES THIS? WHAT DO YOU ADMIRE ABOUT THEM?				
				•
		THIS?	WHAT	

DESCRIBE A TIME YOU SERVED SOMEONE ELSE

AND IT BROUGHT YOU JOY.

03



MISSION

ASK A FRIEND

SOMETIMES IT'S EASIER FOR THE PEO-PLE AROUND US TO TELL US THE THINGS WE DO WELL. SO LET'S TRY IT.

TAKE A PHOTO OF THIS PROMPT AND TEXT IT TO 2-3 FRIENDS (WHO YOU THINK WILL RESPOND) RIGHT NOW.



TEXT-A-FRIEND CHALLENGE:

I'm doing this personality assessment thing and need some quick feedback. Please answer these two questions quickly. Don't overthink it. Thanks!

01 WHAT'S AN OBVIOUS THING I DO WELL?

02 WHAT'S A NOT-SO-OBVIOUS THING I DO WELL?

REFLECT ON THE ANSWERS YOUR FRIENDS GAVE YOU. WHAT STOOD OUT TO YOU?	
	_
	PROVERBS 27 6 You can
	trust what
	your friend
	says, even when it
	hurts. But
	your enemies want to hurt
	you, even
	when they act nice.
	<u>aco 11100.</u>
	I7 As one
	piece of iron sharpens
	another, so
	friends keep
	each other sharp.
	-1101 0 4

WHAT DO YOU LOVE? WHAT ARE YOUR GIFTS AND TALENTS? FOR EACH QUESTION, FILL IN AS MANY BLANKS AS YOU CAN.					
WHAT HOBBIES FILL YOU?					
WHAT DO OTHERS SAY YOU'RE GOOD AT?					

WHAT SKILLS COME NATURALLY TO YOU?	WHAT ARE SOME ROLES YOU HAVE PLAYED ON TEAMS IN YOUR LIFE?
	WHAT TYPE OF AWARDS HAVE YOU RECEIVED?
WHAT MAKES YOU HAPPY?	

WHAT RESOURCES DO YOU HAVE?
CIRCLE ANYTHING YOU HAVE OR FILL IN THE BLANKS.

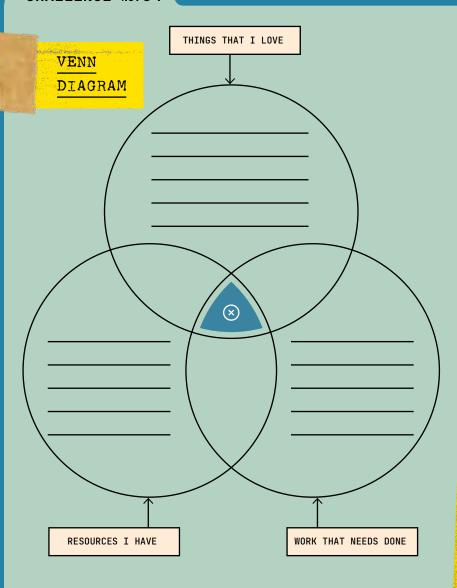
AN EXTRA ROOM	A KITCHEN TABLE	AN OVEN	_	EXTRA TIME IN MY SCHEDULE
	EXTRA CAR —— A PATIO	THE ABILITY TO COOK	LAND	
CAMPER/ BOAT	GRANT WRITING EXPERIENCE	COMPUTER SKILLS	ACCESS TO INFLUENTIAL PEOPLE	GOVERNMENT CONNECTIONS
A YARD WITH ROOM TO PLAY		OPPOSABLE THUMBS	A LADDER	LEGAL EXPERTISE
TYPING SKILLS	ENOUGH MUSCLES TO LIFT A MICROWAVE		A BOURBON COLLECTION	FIREWOOD AND A PLACE TO BURN IT
A POOL EXTRA MONEY	MAD ORGANIZING SKILLS	JOKES FOR DAYS	THE GIFT OF ENCOUR- AGEMENT	
		WRITING EXPERIENCE		

A TRUCK	_	BOOKS TO DONATE	A CHAINSAW	TEACHING GIFTS
CLOTHES TO DONATE	A SMALL BUSINESS	MEDICAL SKILLS		A KILN
	ADULT BIG	CHRISTMAS DECORATIONS	 FURNITURE TO DONATE	
PRAYER EXPERTISE	WHEEL TRIKES		BAKER SKILLS	VIDEO GAME EQUIPMENT
A KEG FRIDGE	MUSICAL GIFTS	A GARAGE		A BOOMING VOICE
		FULL OF TOOLS	MECHANICAL	
_	EXTRA PLACE SETTINGS		SKILLS	_
ACCESS TO AN EVENT VENUE	A BAND	BIKES TO SHARE	FUNNY LOOKING HATS	FINE MOTOR SKILLS
				GYM EQUIPMENT

22 WEEK 01 WEEK 01 23

× WHAT WORK NEEDS DONE? WHAT PROBLEMS NEED	FOSTERING/ ADOPTION HAS BEEN ON MY HEAR
TO BE SOLVED? PUT A CHECK IN THE BOX NEXT TO THE 2-3 STATEMENTS THAT STAND OUT MOST.	I SHOULD BE USING MY SKILLS TO HELP
☐ I WANT TO GO ON A MISSION TRIP.	I COULD SERVE AT A LOCAL NONPROFIT ORGANIZATION.
SOMETHING NEEDS TO CHANGE IN MY NEIGHBORHOOD.	I THINK GOD IS ASKING ME TO GET INVOLVED WITH
THERE IS A SPECIFIC GROUP OF PEOPLE I FEEL CALLED TO HELP.	I CAN'T STOP THINKING ABOUT HELPING
I COULD SERVE ON THE WEEKEND AT MY CHURCH.	NOW, CHOOSE THE STATEMENT THAT STANDS OUT TO YOU THE MOST, AND MAKE IT MORE PERSONAL AND ACTIONABLE. BE SPECIFIC. FILL IN SOME DETAILS.
I HAVE TIME DURING THE WEEK TO GIVE TO MY CHURCH.	I MIGHT BE CALLED TO THIS WORK:
THERE ARE PEOPLE IN MY FAMILY THAT NEED MY HELP.	
AT SCHOOL/WORK NEEDS MY HELP.	
☐ I COULD BE A MENTOR/TUTOR.	

CHALLENGE No. 04



PUTTING IT ALL TOGETHER.

FLIP BACK TO THE LAST THREE CHALLENGES AND FILL IN THE CIRCLES. (THIS IS CALLED A VENN DIAGRAM, AND IT'S AS NERDY AS THIS GUIDE WILL GET, PROMISE.)

CHESTON SERVICE STATE STREET, STREET,

WHERE DO YOUR GIFTS AND TALENTS, RESOURCES AND CALLING OVERLAP? HOW COULD YOU LEVERAGE THAT INTERSECTION TO BLESS OTHER PEOPLE? WRITE DOWN AS MANY IDEAS AS POSSIBLE. YOU'LL COME BACK TO THIS LATER.

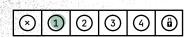
EXAMPLES:

YOU LOVE TO TRAVEL, HAVE A NETWORK OF FRIENDS, AND YOU'VE ALWAYS WANTED TO TRY A MISSION TRIP. HERE'S AN IDEA: DO IT TOGETHER.

YOU ENJOY ENTER-TAINING, HAVE A BIG BACKYARD, AND DON'T KNOW YOUR NEIGHBORS VERY WELL. GUESS WHAT? IT'S BARBEQUE TIME.

YOU ORGANIZE YOUR GARAGE FOR FUN, HAVE SOME EXTRA TIME DURING THE WEEK, AND FEEL CALLED TO HELP A LOCAL NONPROFIT ORG. THEY COULD USE A HAND.

 \otimes



WHAT DO YOU THINK THIS PASSAGE MEANS FOR YOU, PERSONALLY?

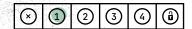
WHAT IS YOUR CROSS?

READ WHAT JESUS SAYS:

And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it."

LUKE 9:23-24 (ESV)

<u> </u>
HOWEVER YOU RESPOND TO THAT IDEA, YOU'RE INVITED TO BRING ANYTHING YOU'RE FEELING TO GOD. SO BE HONEST—HE WANTS TO HEAR FROM YOU. TURN YOUR REACTION INTO A PRAYER, HERE:
TORN TOOK REACTION INTO A PRATER, HERE.



EVERY HERO NEEDS A NAME.

DISCOVER YOURS BY PUT-TING TOGETHER THESE PIECES. YOU'LL NEED YOUR SUPER NEW NAME FOR YOUR FIRST GROUP MEETING.

FIRST LETTER OF YOUR FIRST NAME

N INVINCIBLE

P EXCEPTIONAL

O INCREDIBLE

R MYSTERIOUS

T ADVENTUROUS

S CAPTAIN

U AMAZING

V MARVELOUS

W POWERFUL

Z FEARLESS

Y ULTRA

X OUTSTANDING

O GALACTIC

THE FORMULA:

THE FIRST LETTER OF YOUR FIRST NAME

ANY NICKNAME YOU'VE EVER HAD OR PICK ONE FROM THE LIST

AN ARTICULATION OF SOMETHING YOU'RE GOOD AT

YOUR BIRTH MONTH

YOUR BIRTH MONTH

JANUARY AGENT FEBRUARY MASTER MARCH WIZARD APRIL WARRIOR MAY FIGHTER JUNE BRAIN JULY GIANT NINJA AUGUST SEPTEMBER AVENGER MARVEL OCTOBER NOVEMBER JUSTICE DECEMBER RANGER

EXAMPLES:

GRACE'S EXAMPLE:

"Dynamic Amazing Banana Bread Making Master"

DAVID'S EXAMPLE:

"Fantastic D-Train Racket Sports Avenger"

CRAIG'S EXAMPLE:

"Turbo Windex Whiteboard Art Wizard"

GREG'S EXAMPLE:

"Dynamic Millhouse Story Teller Giant"

MAE'S EXAMPLE:

"Super Ming Song Writer Fighter"

WRITE YOUR HERO NAME BELOW:

T-BONE JUICE BOY DOG ANGEL **SCOOTER** HOT TUB

DLITE **SCHMOO** BIG MAC DANIMAL TURD FERGUSON LIL YACHTY **BOATY MCBOATFACE** CHEESE

2 CHAINZ

A DARING

B ATOMIC

D FANTASTIC

C TURBO

E CLEVER

F MIGHTY

G DYNAMIC

H AMAZING

J STELLAR

I BRAVE

K MEGA

L WONDER

M SUPER







TOP SECRI

Cae et molupti

 \bigcirc

GREATNESS

PATH

eatur, voluptur? Unt atque molo optaquo to estinti

ienda sapero

blaccus cimintium et undeseq uaeribusam, conse

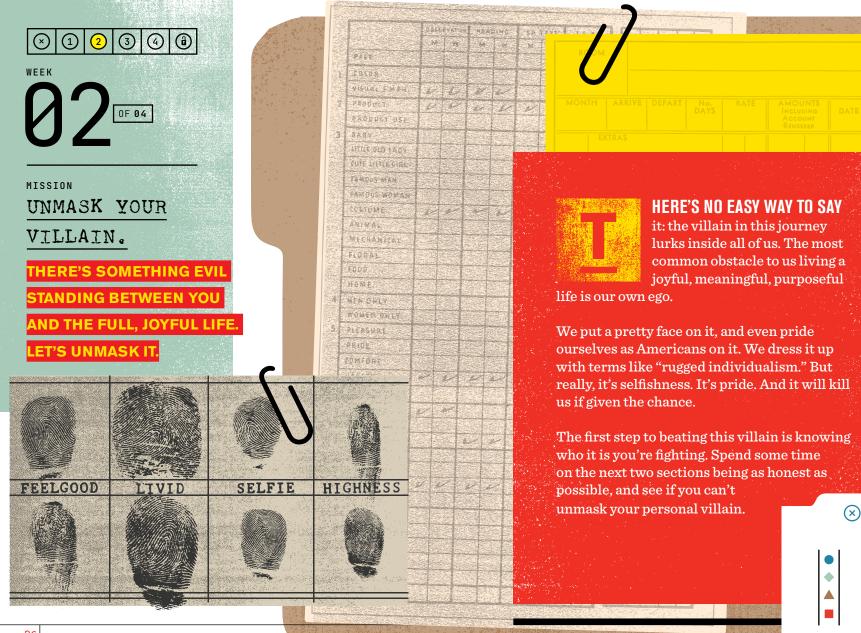
il vita es Du lam en en en en en cc ni

elent est, qui optatem oluptas consenis ulluptatat liquos ullit harum fugiamendit aliatem est mos es

raesequiatem am simus

minissunt,

Parcia parum qui audae vendis et volo tectum consendebis sae. Ut lanias exeris volori cus aut et lis



CHALLENGE No. 01 No. 02 No. 03 No. 04

			1 🕳			
	CIRCLE ANY STATE TO HOME. JUST GO ONE ELSE WILL SEE TH	WITH YOUR GUT-NO	I JUST DON'T LIKE DOING WHAT I DON'T LIKE DOING	O I DON'T WANT TO CHANGE	I'D RATHER BE RESPECTED THAN LOVED	ON MORE THAN ONE OCCASION I HAVE SAID "I NEED A DRINK"
•	ONE MORE DRINK	■ THE LITTLEST THINGS SEEM TO SET ME OFF	CONFLICT IS THE SPICE OF LIFE I'VE BEEN KNOWN TO	PEOPLE SEEM TO WALK ON EGGSHELLS AROUND ME	WINNING IS ESSENTIAL	I CAN GO FROM 0 TO 10 QUICKLY, AND 10
	DON'T PUSH YOUR	■ I CAN'T POSSIBLY	STEAL CREDIT FOR THINGS	I FEEL QUALIFIED TO SAY WHAT IS IN FACT RIGHT AND WRONG	SOMETIMES IT JUST TAKES BRUTE FORCE	IS NOT GOOD
	LUCK WITH ME	MAKE THAT MUCH OF A DIFFERENCE	I THINK I MIGHT HAVE BODY ISSUES	▲ I RARELY ASK FOR	TO GET SOMETHING DONE	TI'S OKAY TO USE PEOPLE AND THINGS
	BENT SOME RULES IN MY DAY	I COMPARE MYSELF TO OTHERS MORE THAN I WOULD LIKE	THERE ARE PEOPLE I CAN'T STAND	MY SOCIAL MEDIA CONSUMPTION IS OUT	I'VE FINISHED NETFLIX	I TAKE FAILURE PERSONALLY
	I NEED TO LOOK GOOD TO BE HAPPY	■ I'M ANGRY A LOT	I THINK I DRINK TOO MUCH	OF CONTROL	I'M A "DO WHAT I SAY, NOT WHAT I DO" KIND OF PERSON	AT THE END OF THE DAY, I NEED TO LOOK OUT FOR MYSELF, NO
•	YES, I'LL CHEAT TO WIN	I HAVE WAYS TO MAKE PEOPLE DO MY BIDDING (EVEN	▲ I LIVE AT THE GYM	■ I TYPICALLY GET MY WAY	I CAN/HAVE HURT PEOPLE WITH MY	ONE ELSE WILL I GET ANGRY WHEN
•	I'VE EARNED THESE COMFORTS I ENJOY	FRIENDS AND FAMILY)	I'VE BEEN IN A FIGHT RECENTLY	I'M CAN ACTUALLY FEEL THE DOPAMINE HIT WHEN I GET AN INSTA LIKE	WORDS A I'D RATHER DIE	PEOPLE JUST CAN'T SEE I AM RIGHT
•	I HAVE A BAD TEMPER THESE DAYS	O YOU ONLY LIVE ONCE, I MIGHT AS WELL ENJOY IT AS MUCH AS I CAN	I MIGHT BE ADDICTED	I'M LAZY	THAN ASK TO BORROW SOME SUGAR FROM THE DUDE NEXT DOOR	I COULDN'T LIVE WITHOUT
A	↓ I HATE LOOKING WEAK	▲ OTHER PEOPLE'S SOCIAL MEDIA CAN	▲ I'M STRESSED ABOUT MONEY	PEOPLE HAVE CALLED ME "SHADY"	● I'M BORED	I AM WILLING TO BROWN NOSE IF IT GETS ME WHAT I
•	I CAN BE MANIPULATIVE	MAKE ME FEEL BAD ABOUT MYSELF	I WANT TO BE IN THE ROOM WHERE IT	▲ I DON'T KNOW A SINGLE ONE OF MY	YELLING IS AN OK FORM OF COMMUNICATION IF	WANT/NEED WHAT I SPEND ON
•	GOD WANTS ME TO BE HAPPY	IT'S HARD FOR ME TO ADMIT I'M WRONG	HAPPENS MY SOCIAL MEDIA	NEIGHBORS	NEED BE THE END JUSTIFIES	MY (HAIR/WARDROBE/ NAILS/SKIN) IS NON-NEGOTIABLE
			FEED IS WELL CURATED		THE MEANS	

38 WEEK 02 WEEK 02

CHALLENGE No. 02 NO. 03 NO. 04

CIRCLE ANYTHING THAT SEEMS LIKE A WAY YOU SOMETIMES VIEW GOD, OR THINK HE MIGHT VIEW YOU.

BE AS HONEST AS YOU CAN. GOD ISN'T THREATENED BY ANY OF THIS.

GOD SCARES ME

GOD WANTS

ME TO BE HAPPY

WRATH IS JUST A PART OF THE GOD **EOUATION**

GOD **FORGIVES** EVERY-THING, I

GOD HAS BLESSED ME WITH COMFORT

HOPE

SOME PEOPLE ARE GOING TO HELL

GOD CAN SAVE MY **BODY FROM** MY EATING

HABITS

GOD NEEDS ME

I'M WORRIED GOD IS GOING TO ASK ME TO CHANGE (AND THEN OTHERS WILL THINK

I'M WEIRD) SOME

THINGS ARE UNFORGIV-ABLE

MY RELA-TIONSHIP WITH GOD IS UP TO ME TO CONTROL

GOD LOVES OTHERS MORE THAN ME

I SHOULD WORK

GOD WANTS ME TO BE COMFORT-ABLE

HARDER TO

SERVE GOD

FORCEFUL PEOPLE ARE WHAT GOD NEEDS

GOD FORGIVES ME, THAT GIVES ME FREEDOM TO DO WHAT I WANT

IF I'M HAPPY, GOD IS HAPPY

GOD HAS **IMPORTANT** WORK FOR ME TO DO

WHEN I AM

MAD, GOD

UNDER-

STANDS MY

ANGER IS

JUSTIFIED

GOD LIKES

ME MORE

THE MORE

PEOPLE I

INFLUENCE

GOD WANTS

ME TO LOOK

GOOD

I DONT

UNDERSTAND

THE GENTLE

PART OF

GOD

GOD IS HOLDING OUT ON ME

GOD IS A JUDGE WHO TELLS PEOPLE WHAT TO DO, STERNLY

I'M NOT SURE I'M "SAVED"

GOD IS OUIET

IF I AM NOT COMFORT-ABLE, GOD IS MAD AT ME

GOD HELPS THOSE WHO HELP **THEMSELVES**

CIRCLE WHAT YOU TEND TO DO WHEN YOU'RE STRESSED. WHEN FACED WITH A TOUGH SITUATION, WHAT ARE YOU MOST LIKELY TO DO?

I NUMB MYSELF

WITH WHAT-**EVER MAKES** ME FEEL BETTER

I LASH OUT

"STRESSED" IS JUST "DESSERTS" SPELLED **BACKWARDS**

RUMORS

I DO WHATEVER IT TAKES TO WIN

I WORK TWICE AS HARD

I IGNORE IT

I TELL MYSELF STRESS IS A SIGN I'M ON MY GRIND

PUNCH I TRY TO FIRST, ASK MANIPU-QUESTIONS LATE THE LATER SITUATION

> I'LL TELL YOU WHAT I DON'T DO: APOLOGIZE

I GO INTO I'LL SELF-PRES-ADMIT IT, **ERVATION** I MIGHT MODE START SOME

ENGAGE BEAST MODE I MICRO-MANAGE THE HECK OUT

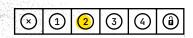
OF IT I ASK MYSELF WHAT WOULD **ELON MUSK** MORE DO SCREEN TIME HELPS

BY THE THIRD **GLASS OF** WINE, I'M FINE

I POWER UP AND OVERCOME

I FIGURE **OUT A WAY** AROUND THE RULES

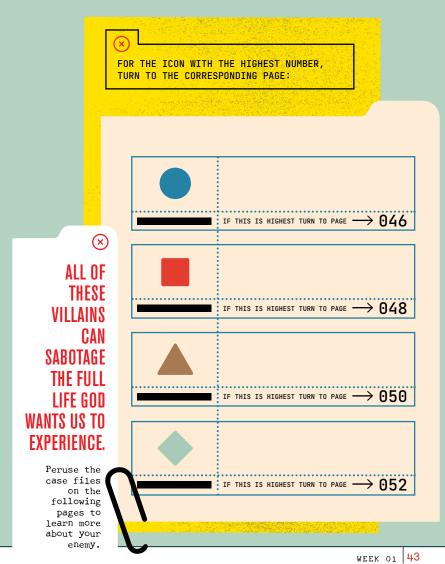
> IF I'M NOT HAPPY, NOBODY'S HAPPY



TIME TO UNMASK YOUR VILLAIN.

FLIP BACK OVER THE LAST COUPLE OF PAGES AND COUNT UP THE NUMBER OF STATEMENTS YOU CIRCLED UNDER EACH ICON. WRITE YOUR TOTALS HERE TO REVEAL YOUR PERSONAL ARCH-NEMESIS.

and the second	34.13		
		*	
FEELGOOD	LIVID	SELFIE	HIGHNESS
	The state of the s		
- 100			



42 WEEK 02

But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law. Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. GALATIANS 5:16-21

THESE SELFISH TENDENCIES FALL INTO FOUR GENERAL CATEGORIES.

HERE ARE THE CASE FILES ON:

THE DIABOLICAL EVIL SYNDICATE:



*PRONOUNCED "FLESH," NOT FLASH, FLUSH, OR FLISH.



CASE FILE NO.	15-27 W I 7
ISN NO.	16377
PURPOSE CODE	20 W 00 7





OFFICIAL DEPARTMENT OF VILLAIN UNMASKING

NO. 16377

		GALATIANS 5:16		100//
NAME	Frankie Fee	elgood PhD		
ALIAS	Felix Foste	er, 2bFra	nk	
CRIME	B Double E	Double R Y	ou In / Fak	e ID
AGE	42	on 6-I9-79	HEIGHT 5	-IO
WEIGHT	198	BUILD Med		
HAIR	Dk. Bro.	EYES Bro.	BEARD N	0
BORN	6-I9-79 at	Denver, Co.	lo.	
OCCUPATION	Doctor		DATE OF ARREST	-13-17
OFFICER	De't.Sgt.O.	Lee	F.P. [I5-27	W I 7
REF.			F.P. [15-27 20	W 00 7

VILLAIN BIO - DR. FEELGOOD'S GOT A PHD IN COMFORT. HIS FAVORITE MOTTO: "WE'RE ALL GONNA DIE, SO WE MIGHT AS WELL HAVE FUN DOING IT. SMOKE 'EM IF YOU GOT 'EM!"

PROFILE:

Dr. Feelgood coaxes, "Does it feel good? Do it!" His existence is about pleasure at all costs. All signals indicate that he's running from something-and covering it up with the "feel-good" vibes he's chasing.

Beneath the surface, Dr. Feelgood exhibits deepseeded insecurity and the belief that he isn't worthy of greatness. This might explain the cynicism that leads to his addiction-prone behavior as a coping technique, and may reveal a form of rejection he's never forgiven.

WAYS TO

DEFEAT HIM:

Self-control.

Faithfulness

Make a plan-any

it for a season.

This could be

fasting once a month, starting

to exercise, or

rehab. It might

social media apps

from your phone or

purging the junk

food from your

pantry. Ulti-

checking into

mean deleting

plan-and stick to

WAYS HE CAN SABOTAGE YOUR MISSION:

Frankie dulls your senses and makes you afraid to try new things. He'd rather you FEEL GOOD at all costs. If it sounds like the mission might get too hard, Frankie says, "Relax!"

WHAT HE DESIRES:

Ultimately, Frankie wants to sideline you. His goal is to keep you addicted to your own pleasure. He's only satisfied when you've accepted your continued indulgences. He'd love nothing more than to prevent you from tackling a tough issue or starting something new by keeping you trapped in your social media feeds and Netflix queue.

LIES HE TELLS:

Frankie

PhD

Feelgood

This is not YOUR problem

No one else is doing anything, might as well relax and enjoy the moment.

You've EARNED your creature comforts.

God wants you to be happy FIRST.

One more won't hurt. (Come on, it's not going to kill you!)

You're not worth much.



mately, YOU have to decide that God has more in store for you if you're willing to take the risk and follow him. Make the aggressive move.



CASE FILE NO.	15-27 W F 13
ISN NO.	16487
PURPOSE CODE	20 G 00 14





OFFICIAL	DEPARTMENT	0F	VILLAIN	UNMASKING
	CALATT	A NI C	E • 1 /	

NO. 16487

	5/E//1/1/10 5/10	
NAME	Lieutenant Lucious Livid	
ALIAS	Louis Loud, Lt. Eh Hole	
CRIME	Destruction of property	
AGE	53 ON 2-14-68 HEIGHT 6-5	
WEIGHT	264 BUILD Huge	
HAIR	Blk EYES Bro. BEARD Probably	
BORN	2-I4-68 at Guantanamo Bay, Cuba	
OCCUPATIO	Military DATE OF ARREST 6-25-18	
OFFICER	De't.Sgt.O.Maley F.P. 15-27 W F 13 20 G 00 I4	
REF.	CLASS 20 G 00 I4	













VILLAIN BIO → LT. LIVID GOES FROM ZERO TO 100 REALLY QUICKLY. HE'S KNOWN FOR VICIOUS PUT-DOWNS AND ANGRY OUIPS LIKE: "THE LOUDEST VOICE IN THE ROOM ALWAYS WINS-AND I ALWAYS WIN!"

PROFILE:

Lt. Livid thinks empathetic listening is a yoga exercise for pathetic losers. He knows he's right and gets angry (fast) when people don't see things the way he does. If Lucious gets upset for any reason, the people around him are assaulted by the shockwaves.

Beneath his hot-tempered attitude is a real fear of not stacking up. He'll wield his "righteous anger" as a shield to protect his vulnerable self, which makes him unable to form real connections. He's learned to drown out his pain with temper tantrums.

WAYS HE CAN SABOTAGE YOUR MISSION:

Lucious incites your anger to separate you from others. He preys upon any feelings of inadequacy you might have to oppose anyone who could reject (or help) you.

WHAT HE DESTRES:

Ultimately, Lucious wants to isolate you. His goal is to ensure you never back down, never admit when you're wrong, and never compromise on ANYTHING. Lt. Livid wants to convince you that collaboration is for suckers—that you're better off on your own. Success for him means getting you to believe that kindness equals weakness, and meekness is for morons.

WAYS TO DEFEAT HIM:

Gentleness. Patience

Collaborate! Commit to a team that's larger than just you and vour opinions. Then go a step further and find ways to encourage your teammates. Vigorous encouragement might feel sappy at first, but it's kryptonite to this villain. Along

the way, admit when you're wrong, and find a way to help someone who can't pay you back. And when in doubt, hold your tongue and count to 10.

Lucious Livid

LIES HE TELLS:

Righteous anger is still righteous, after all.

If anyone crosses you, it'll be the last thing they do.

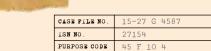
Feeling froggy? Then leap!

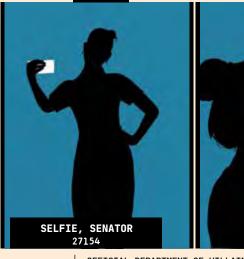
It's not the size of the dog in the fight, it's the fight in the dog that matters. So, FIGHT!

Never be sorry when Vou're right-and you're ALWAYS right











OFFICIAL DEPARTMENT OF VILLAIN UNMASKING

NO. 27154

		UMENTIANS S	.10	
NAME Se	ensationa	al Senator	Selfie	
ALIAS Se	exxy,	InstaQueen		
CRIME L:	ies and r	more lies.		
AGE 3°	7	on 7-20-8	HEIGH	T 5-7
WEIGHT I	07	BUILD Slig	ht	
	ed	EYES Blue		No
BORN 7	-20 - 84 s:	ilicon Vall	ley CA	
OCCUPATION	Politics		DATE OF ARRE	ST IO-02-I9
officer De	e't.Sgt.I	Laffin	F.P. [I5	-27 G 4587
REF.	·	·	CLASS	45 F IO 4











VILLAIN BIO -> SENATOR SELFIE SEEKS THE GLORY OF ONE PERSON, AND ONE PERSON ONLY: HERSELF. KNOWN FOR STEALING THE SPOTLIGHT, SHE LOVES TO EXCLAIM, "THERE IS NO I IN TEAM, BUT THERE SURE IS M-E!"

PROFILE:

Senator Selfie strives to stand out in a crowd. Always the center of attention, she believes that if she shares the limelight with anyone else, her powers will diminish. For this reason, while she seems sensational on the surface, she's often found alone.

Beneath her polished veneer lies a deep sense of inadequacy. She "puts on a pretty face" for the world around her because she's scared of revealing her true self-blemishes and all.

WAYS SHE CAN SABOTAGE YOUR MISSION:

Selfie keeps you so focused on all your best angles that she makes you forget the most memorable photos include other people. She'll convince you never to ask for help, since that might make you appear less-than-perfect.

WHAT SHE DESIRES:

Ultimately, Selfie wants you to glorify yourself at all costs. Her goal is to keep you obsessed with YOU. She wants you to look out for #1 (that's you), and never to show any signs of weakness. Selfie would love you to stay so focused on perfecting your own image that you miss out on the joy that comes from making real connections with others.

WAYS TO DEFEAT HER:

Humility, Joy

Focus on someone else for a change. Find a way to do something encouraging for someone else-especially if it costs you something in terms of time, money or attention. You could take someone to lunch, and let them talk about themselves more than you talk about yourself. At

work, school, or in your home, find a way to celebrate the wins of others.

Sensational Senator Selfie

LIES SHE TELLS:

You're not perfect, yet. Try harder.

If you've got it, FLAUNT IT.

Never let anyone see your flaws.

If someone else wins. YOU LOSE.

Mo' money = NO problems.

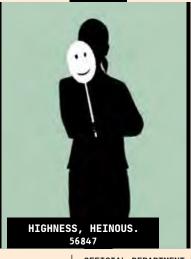
You don't need help. you need to step it up.







CASE FILE NO.	26-89 F x8
ISN NO.	56847
PURPOSE CODE	12 GG 009





OFFICIAL DEPARTMENT OF VILLAIN UNMASKING NO. 50047

	G A	LATIANS 5:16		56847
NAME He	r Heinous Hi	ghness		
ALIAS Th	e Terrible C	onniving	Queen of	Quincy
CRIME Al	l of them.			
AGE 63	ON	I2 - 2 - 63	HEIGHT 5	-8
WEIGHT I2	5 BUIL	D Med		
HAIR DK	. Bro. EYES	Blk	BEARD N	o .
BORN I2	-2-63 Prague	, Czech R	epublic	
OCCUPATION F	Royal	DAT	TE OF ARREST	5-5-16
OFFICER De	't.Sgt.Bryan	t F.I	. r 26 - 89	F X8
REF.		CLA	ASS I2	GG 009
\neg				
RIGHT HAND				0

VILLAIN BIO THIS DEVIOUS VILLAIN IS A MASTER MANIPULATOR KNOWN FOR PULLING STRINGS TO SEIZE POWER. SHE POSES THE QUES TION: "WHY WOULD I SAY IT TO YOUR FACE WHEN I CAN JUST STAB YOU IN THE BACK?"

PROFILE:

Frequently cloaking her conniving maneuvers under the banner of "the greater good," Her Heinous Highness strives to acquire influence by any means necessary. She's happy to bend the rules when it serves her, regardless of the effects on others.

Her manipulative actions are motivated by a deep fear of being powerless. Because she's terrified by the idea of losing control, Her Highness does whatever it takes to survive and thrive.

WAYS SHE CAN SABOTAGE YOUR MISSION:

Her Highness convinces you that any means of getting what you want are acceptable, and destroys one relationship after another in her wake. She'll keep you so focused on maintaining control that you'll end up exhausted, paranoid and alone.

WHAT SHE DESIRES:

Ultimately, Her Highness wants you to manipulate others to achieve control over people and situations. She'll encourage you to bend the rules to get what you want, and will help you justify even the worst decisions in order to gain influence and power. Her Highness is happy to let you "gain the world, but lose your soul" (Matthew 16:26).

WAYS TO DEFEAT HER

Peace, Service

Be a peacemaker. In situations that feel tense or dissonant, add some harmony. This might mean making amends with someone you've hurt, or finding a way to give credit to someone you've overshadowed. If you really want to stick it to Her Highness, attempt to serve someone

who's been an "adversary" to YOU without calling attention to it.

HETNOUS HTGHNESS

LIES SHE TELLS:

The ends justify the means.

YOU are the one in control.

Rules are meant to be broken.

If you aren't cheating, you aren't competing.

Life isn't fair, so take what's yours.

No one else is looking out for you.





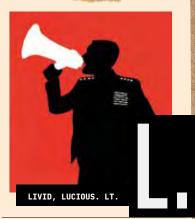
IS ALL ABOUT IMMEDIATE GRATIFICATION
RUNS FROM PAIN AND REJECTION
DOESN'T WANT TO FACE REALITY
FEELS LIKE HE'S EARNED A BREAK
CONSIDERS PLEASURE HIS GREATEST PURPOSE
LIVES IN EXTREMES

HOW JESUS OVERCAME THIS VILLAIN:

SELF-CONTROL & FAITHFULNESS

Jesus experienced every temptation we've felt. He knows what it's like. He knows the pain, and doesn't judge us for the way we feel. AND, he's overcome the same temptations we've faced. Jesus stayed focused on his mission, which included serving and rescuing us from our own selfish desires. Jesus relied on God the Father for help, strength and direction. And He shows us we can do it, too.

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. 1 CORINTHIANS 10:13



IS ALWAYS READY FOR A FIGHT
ANYONE WHO GETS IN HIS WAY = ENEMY
CAN'T CONTROL HIS ANGER
LETS HIS EMOTIONS RUN THE SHOW
FEELS ATTACKED EASILY

HOW JESUS OVERCAME THIS VILLAIN:

GENTLENESS & PATIENCE

GETS DEFENSIVE QUICKLY

Jesus got angry. He flipped over tables and everything. But Jesus was never out of control. And He did everything (even the table-flipping) in the name of love. Jesus personified God's love with his sacrifice, patience, and willingness to serve. He did this to show us we can do it, too.

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.



IS COMPLETELY SELF-ABSORBED

CAN'T GET OUT OF HER OWN HEAD

STRIVES FOR "SELF-MADE" SUCCESS

VIEWS OTHERS' SUCCESSES AS HER FAILURES

BELIEVES THE GRASS IS ALWAYS GREENER

COMPARES HERSELF TO EVERYONE

HOW JESUS OVERCAME THIS VILLAIN:

HUMILITY & JOY

Jesus had all the superpowers at his disposal, but the one he used to defeat this villain was humility. Jesus humbled himself to serve a greater purpose, and focused on the people he served instead of his own desires. By doing this, He shows us we can do the same.

Complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves.

PHILIPPIANS 2:2-3



IS MANIPULATIVE
ABSOLUTELY LOVES DRAMA
WANTS TO WIN AT ALL COSTS
TELLS PEOPLE WHAT THEY WANT TO HEAR
DOES WHATEVER IT TAKES TO BE IN CONTROL

HOW JESUS OVERCAME THIS VILLAIN:

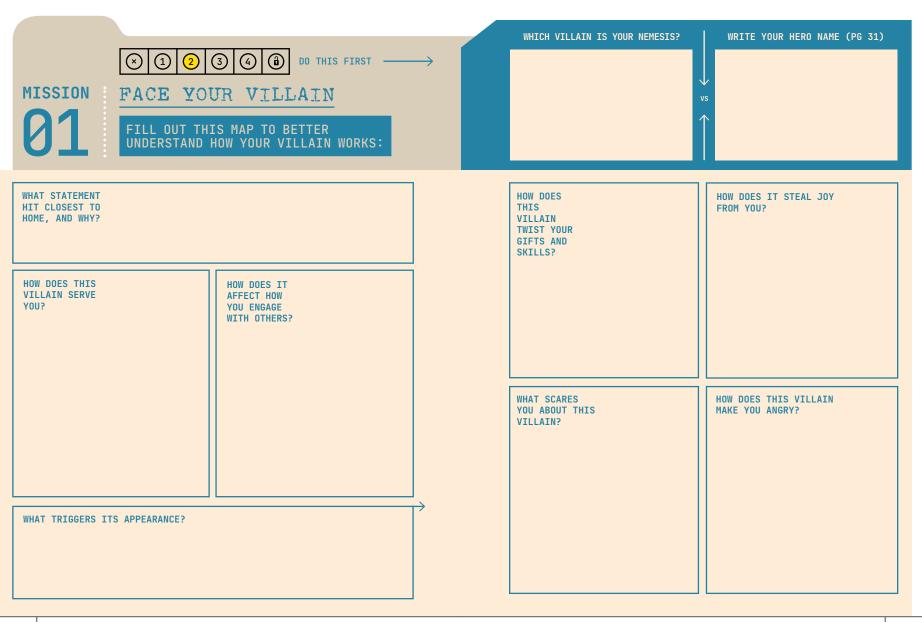
PEACE & SERVICE

Jesus was the greatest, yet he lowered himself to serve others. Instead of manipulating people and situations to achieve worldly power, He spent his time and energy loving people, and surprised people with his candor. He did this so we could follow his example.

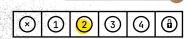
And if anyone would sue you and take your tunic, let him have your cloak as well. And if anyone forces you to go one mile, go with him two miles.

Give to the one who begs from you, and do not refuse the one who would borrow from you. You have heard that it is said, 'You shall love your neighbor and hate your enemy.' But I say to you, love your enemies and pray for those who persecute you.

MATTHEW 5:40-44



56 WEEK 02 WEEK 02



FIGHT THE VILLAIN

LET'S GO BACK TO PAUL'S WORDS TO THE GALATIANS (SEE PAGE 44 FOR A REMINDER). THERE'S A PROMISE THAT KICKS OFF ALL THAT CHALLENGE:

> I say be guided by the Spirit and you won't carry out your selfish desires.

GALATIANS 5:16

GOOD NEWS! WE AREN'T EXPECTED TO FIGHT THESE VILLAINS ALONE. JESUS SAID THAT WE'D BE GIVEN THE HOLY SPIRIT TO GUIDE US, TEACH US, AND GIVE US POWER:

> I will ask the Father, and he will give you another Helper to be with you forever. The Helper is the Spirit of truth.

JOHN 14:16-17

JUST AS JESUS ASKED THE FATHER TO SEND US A HELPER, WE CAN ASK HIM TO HELP US LEAN INTO THIS "SPIRIT OF TRUTH" TO DISPEL THE LIES AND POWER OF THE VILLAINS THAT WANT TO SABOTAGE OUR MISSION. THE NEXT PAGE WILL HELP YOU DO



STEP 7

PRAY

God, I confess that I'm battling with your villain and I don't want this villain to have influence over my life anymore. I recognize that this villain is exploiting my fear of your fear . Please replace this fear in my life and help me to trust You. I invite the Holy Spirit to lead me in choosing _way to defeat your villain instead of the ways that villain wants to sabotage my life. I welcome whatever mission You have for me and ask for opportunities to take the next step following you.

STEP 02

MAKE IT PERSONAL

REWRITE GALATIANS 5:16 IN YOUR OWN WORDS. MAKE IT A PERSONAL INVITATION TO THE HOLY SPIRIT TO GUIDE YOU IN DEFEATING YOUR VILLAIN.





Cae et molupti eatur, voluptur? Unt atque molo optaquo to estinti vit Duntil eum q ed ea sunt quoditia veruptai aesequiatem am simus minissunt. Parcia parum qui audae vendis et volo tectum consen-

debis sae. Ut lanias exeris volori cus aut et lis

1

GREATNESS

JOURNEY



03 OF 04

MISSION

UNDERCOVER

HERO MISSION:

DEPLOY YOUR

GIFTS IN THE

FIELD. THERE'S

A TOP-SECRET

LOVE MISSION

WAITING

FOR YOU.



Cae et molupti

PASE

COLDA VISUAL EMPA PROGUET

PRODUCT DEF

POLE THIS GIRL

FAMOUS MOMAN

COSTUME

ANTWAL

HOME

METHANICAL

eatur voluptur? Unt atque molo optaquo to estint:



HE PAST COUPLE OF WEEKS

you've looked inward at yourself and your villain. This week is all about action. It's time to roll up your sleeves

and get to work.

This week, you'll choose a mission and complete it—and, hopefully, have some fun in the process.



- 1

graesequiatem am simus

minissunt.

Parcia parum qui audae vendis et volo tectum consendebis sae. Ut lanías exeris volori cus aut et lis × 1 2 3 4 8

THIS IS WHAT JESUS SAYS:

READ THREE TIMES SLOWLY:

Don't do anything for selfish purposes, but with humility think of others as better than yourselves. Instead of each person watching out for their own good, watch out for what is better for others.

PHILIPPIANS 2:3-4

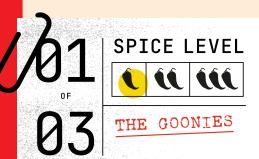
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[14] [15] [16] [16] [16] [16] [16] [16] [16] [16
(A. A. A

WHAT STOOD OUT TO YOU?

⊗ WHAT FOLLOWS ARE MISSION IDEAS

DIVIDED INTO THREE LEVELS OF DIFFICULTY (OR SPICE LEVELS). CHOOSE A MISSION THAT PUSHES YOU, OR START WITH WHAT YOU JUST WROTE FOR #2 AND MAKE UP YOUR OWN. YOUR MISSION IS TO GIVE AWAY YOUR CARD WITHOUT THE RECIPIENT CATCHING YOU BEFORE YOUR NEXT GROUP MEETING.

YOUR CARD IS ON THE BACK INSIDE COVER OF THIS GUIDE. COMPLETE THIS MISSION AS A GROUP, AS A FAMILY, OR ALL BY YOURSELF. READY? GO.



CHOOSE ONE OF THESE IF YOU **ENJOY EASY WINS.**

CIRCLE ONE OF THESE

Secretly deliver donuts/cookies to somebody

Leave a way-aboveaverage tip

Buy coffee or lunch for the next person in line

Leave flowers on someone's doorstep with a note

Tape a \$5 bill to the gas pump with your card and a note

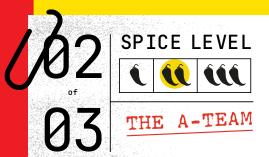
Find something at home you could give away, and do it secretly

Make an I LOVE YOU box filled with snacks and goodies and secretly drop it at a neighbors door (watch out for the RING camera)

Send an anonymous note to a former teacher

Write an OR CREATE YOUR OWN CHALLENGE encouragement note to a co-worker Send a note to someone serving our country Leave a note of encouragement or a refreshment for the delivery person. Write a note of encouragement and leave it on one random car Buy a snack for a buddy at work and leave it with a nice note Do a chore for a

loved one or friend



MAKE BA BARACAS PROUD. (YOUNGER THAN 40? GOOGLE "BA BARACUS")

CIRCLE ONE OF THESE

Secretly deliver donuts to your local police/fire station

Leave a way above average tip

Pool your money and help bless a loved one, in a big way

Tape a \$20 bill to the gas pump with your card and a note

Send an anonymous poem to someone who has helped you in your past

Write an encouragement note with a gift bag to a co-worker or friend

Venmo or Cash App a friend buying them lunch or coffee, just because

Cut the neighbor's grass, set their trash cans out, or sweep their front porch secretly

Bake or cook a dish for someone and surprise them with it

of bottled water, and pass 'em out to anyone working outside

Buy a big package

Tape gift cards to a few random desks or the back of bathroom stalls at work

OR CREATE YOUR OWN CHALLENGE

Offer to do something you're normally paid to do (for free!) for someone who could use it

Adopt a classroom and bless all the students/teacher with supplies they need

Send 5 thank you notes to people you know (or don't know)



CIRCLE ONE OF THESE

MOON-LEVEL CHALLENGE.

Leave a tip that might help a server pay off some debts

As a group, pool money or host a fundraiser for a cause that hits close to home

Tape a \$100 bill to the gas pump with your mission card and a note

Donate a car and put the mission card with a note in the glove box

Figure out a way to blow someone away by fixing up their house

Make a video with multiple people to remind someone how much of an impact they've made

Fill someone's yard with personalized signs that remind them why they're loved

Organize a text blitz, where a person receives encouraging text messages ALL DAY long

Bless a large family in your community with dinner or movie tickets anonymously

Order pizzas for all the teachers at the school in your neighborhood

Surprise a family with a box of materials for a full day of fun

Leave a fun treat and a note for everyone on your block

Write a letter of encouragement for everyone at your local coffee shop

As a group, pool money to pay for a vacation for someone who could really use one

Write detailed. personalized recommendations for five of your LinkedIn connections

OR CREATE	YOUR OWN	CHALLENGE
	\downarrow	

72 WEEK 03

WHAT IS YOUR MISSION?

WHEN WILL YOU COMPLETE IT?

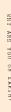
WHO WILL YOU DO IT WITH? (IF APPLICABLE)

TAKE A SCREENSHOT OF THIS PAGE AND SHARE IT WITH YOUR GROUP, YOUR FAMILY, OR SOME FRIENDS WHO CAN HOLD YOU ACCOUNTABLE.

MISSION DEBRIEF

FILL THIS OUT AFTER YOU COMPLETE YOUR MISSION:	
DESCRIBE WHAT HAPPENED.	
HOW DID IT FEEL IN THE MOMENT?	
HOW DID IT FEEL IN THE MOMENT?	
	WELL
HOW DOES IT FEEL NOW?	DONE. GET
	READY TO
	SHARE
DID ANYTHING SURPRISE YOU?	YOUR
	MISSION
	WITH
	YOUR
	GROUP.







TOP SECRE

Cae et molupti

1

JOURNEY

eatur, voluptur? Unt atque molo optaquo to estinti

ienda sapero

blaccus cimintium et undeseq uaeribusam, conse

I NEASH YOUR DOLLAR

liquos ullit harum fugiamendit aliatem est mos es

aesequiatem am simus

minissunt.

Parcia parum qui audae vendis et volo tectum consendebis sae. Ut lanias exeris volori cus aut et lis



WEEK

04 05 04

UNLEASH YOUR

POTENTIAL

YOU'VE EXPLORED

WHAT MAKES YOU

TICK, AS WELL AS

WHAT MIGHT BE

HOLDING YOU BACK.

YOU'VE EVEN DONE

A TRIAL RUN AT

SERVING SOMEONE

ELSE. THIS WEEK

YOU'LL TIE IT ALL

TOGETHER

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. You did not choose me, but I chose you and appointed you so that you might go and bear fruit-fruit that will last-and so that whatever you ask in my name the Father will give you. This is my command: Love each other.

JOHN 15:12-17





HERO IS SOMEONE

who lives for the greater good. They serve others when it costs them something—or even everything.

They read verses like these about loving others and actually put them into practice.

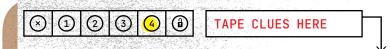
This week is about stepping into the heroic role you were born to play. About making this "loving others" thing tangible. It might just be one of the most important steps you ever take.

You've got this, hero.

(x)

Do not merely listen to the word, and so deceive yourselves. Do what it says.

JAMES 1:22



 \otimes **REVIEW:**

OPEN UP **ENVELOPE BACK** WITH ALL OF YOUR TEAR-OFF ANSWERS. **TAPE** ONTO THIS PAGE:

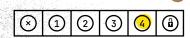
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HOW	YOU FELT	•••••	•••••		•••••

QUICK REACTIONS

WHAT'S ONE THING YOU'VE LEARNED ABOUT YOURSELF SO FAR ON THIS JOURNEY?
WHAT'S ONE THING YOU'VE LEARNED ABOUT GOD ON THIS JOURNEY?
WHAT'S ONE QUESTION YOU'VE HAD DURING THIS JOURNEY?



THE COST OF BEING A HERO

ALL HEROES DEVOTE THEMSELVES TO A WORTHY CAUSE. AND THIS MEANS MAKING SACRIFICES.

THIS IS WHAT JESUS SAYS:

But all who lose their lives because of me will save them.

LUKE 9:24

, WHAT CAN I GIVE TO YOU?" HAT NOW, LISTEN FOR A FEW MINUTES ITE DOWN WHATEVER COMES TO MIND.
OR CIRCLE FROM THE LIST.

I'M WILLING

TO GIVE:

A weeknight

A weekend

My musical gifts

My organizational skills

My ability to make new friends

My leadership abilities

My front porch

My charcoal grill

My money

My culinary skills

My brute strength

Regular prayers

Frequent encouragement

I'M WILLING

TO GIVE UP:

Sleeping in

Worrying what people think of me

Some vacation time this year

My day off

Potential embarrassment

Protecting my reputation

Maxing out my 401(k)

Binge drinking

Always driving new vehicles

Sleeping around

My addiction to

Taking the credit

My goal to accomplish

THIS MIGHT FEEL MORBID, BUT GOOD NEWS! IF YOU'RE READING THIS, YOU ARE, IN FACT, STILL ALIVE. THAT MEANS GOD IS STILL DOING SOMETHING IN YOUR LIFE.

No. 1 Striff at 1 Whish Brown Street, a rese

QUESTIONS TO GET YOU STARTED:

TRY USING THIS SAMPLE STRUCTURE

- To what cause(s) did you commit yourself?
- Who was your team?
- What will they miss most about you?
- · What made God proud?
- Who did you help?
- How did you use your gifts?
- What did people admire about you?
- What was your greatest accomplishment?

Who was ______? (a son/ daughter, husband/ wife, brother/ sister, mechanic, sports fan...)

____ was special because:

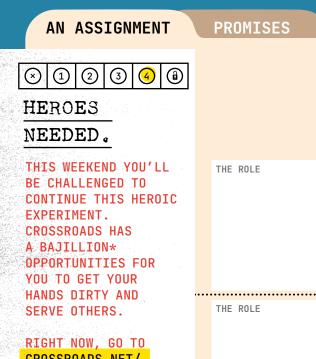
Our community would be so much different without

your name because:

_____ will live on through:

Most of all, __your name___'s life was marked by:

austavation acautus Latent Text.



CROSSROADS.NET/ **VOLUNTEER** TO REVIEW ALL THE DIFFERENT WAYS YOU CAN SERVE. YOU DON'T NEED TO SIGN UP JUST YET. JUST GET A TASTE OF

WHAT'S OUT THERE.



* ALMOST

X YOUR CHALLENGE FOR THIS WEEK: GO TO CROSSROADS.NET/HEROES AND WRITE DOWN THREE SERVING OPPORTUNITIES THAT SOUND INTERESTING. KEEP THEM IN MIND AND CONSIDER THIS OVER THE NEXT FEW DAYS.

WHY I'M INTERESTED

WHAT IT COULD COST ME

WHY I'M INTERESTED

WHAT IT COULD COST ME

WHY I'M INTERESTED

WHAT IT COULD COST ME

EXAMPLE Volunteer on the weekends

THE ROLE

I want others to experience what I have

2 hours per week

GOD'S PROMISES



GOD'S PROMISES

TO HEROES

THE BIBLE IS FULL OF ENCOUR-AGEMENT FOR PEOPLE WHO SERVE IN THE NAME OF JESUS.

READ THESE PASSAGES, AND CIRCLE THE ONE THAT STANDS OUT MOST TO YOU.

Whatever you do. work heartily, as for the Lord and not for men. knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

COLOSSIANS 3:23-24

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.

ROMANS 12:11

Give, and it will be given to you. Good measure. pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you. LUKE 6:38

God is not unjust; he will not forget vour work and the love you have shown him as you have helped his people and continue to help them. HEBREWS 6:10

.....

And serve each other according to the gift each person has received, as good managers of God's diverse gifts. Whoever speaks should do so as those who speak God's word. Whoever serves should do so from the strength that God furnishes. Do this so that in everything God may be honored through Jesus Christ. To him be honor and power forever and always. Amen.

1 PETER 4:10-11

Generous persons will prosper; those who refresh others will themselves be refreshed. PROVERBS 11:25

......

Feed the hungry, and help those in trouble. Then your light will shine out from the darkness, and the darkness around you will be as bright as noon. ISAIAH 58:10

•••••

I have shown you in every way, by laboring like this, that you must support the weak. And remember the words of the Lord Jesus, that He said, 'It is more blessed to give than to receive." ACTS 20:35

For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.

•••••

MARK 10:45

And the King will say, 'I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me! MATTHEW 25:40

True devotion. the kind that is pure and faultless before God the Father, is this: to care for orphans and widows in their difficulties and to keep the world from contami-

nating us.

JAMES 1:27

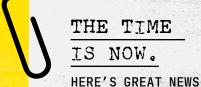
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He has told you. 0 man. what is good; and what does the Lord require of you but to do justice, and to love kindness. and to walk humbly with your God?

MICAH 6:8

PASSAGE YOU CIRCLED, AS IF GOD IS SAYING IT DIRECTLY TO YOU. PUT YOUR OWN NAME INTO IT.

NOW REWRITE THE



FOR ASPIRING HEROES:



OU HAVE UNLIMITED POTENTIAL

and access to unfathomable power for good through Jesus. He has blazed the trail, modeling the path to true greatness through sacrificial service to others.

Your personal, heroic story is still being written, but now you have everything you need:

You've gained insight about how God created you.

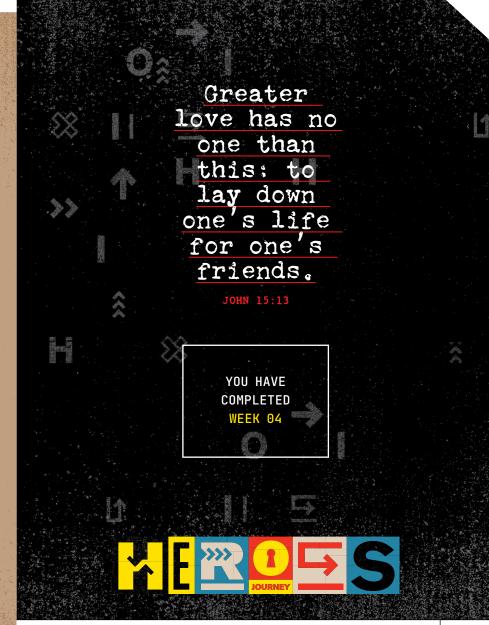
You've unmasked your villainous opposition and discovered how to defeat it.

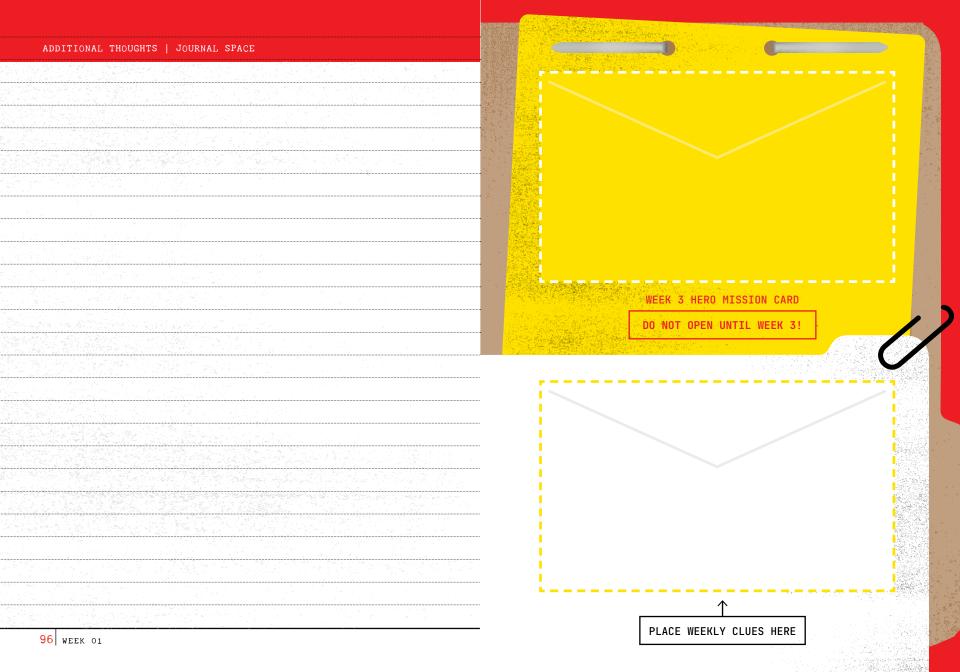
You've been deployed on a love mission and gained powerful, field-tested strategies.

You've counted the costs of heroism and considered your own legacy.

NOW. IT'S TIME TO PRESS ON AND TAKE BECAUSE HEROISM ISN'T ONE-AND-DONE, REAL HEROES AREN'T SOLO ACTS.

Jesus's ever-expanding league of heroes is destined to bring Heaven to Earth. You're invited.





J. S. CROSSROADS JOURNEY