

# Introduction



### **Smart Disinfection**

This 4-part guide to environmental cleaning and disinfecting protocols provides recommendations and tools to target surface disinfection based on pathogen transmission risk to maximize effectiveness and optimize the use of disinfectants.

#### 1. Day Porter Cleaning and Disinfecting

This section provides guidance on when and where to focus cleaning and disinfecting during the day in restroom and non-restroom areas as well as in case of accident or spill.

#### 2. Nightly Cleaning and Disinfecting

This section recommends step-by-step protocols on cleaning and disinfecting restrooms and non-restrooms areas using electrostatic sprayers.

#### 3. Shared, Frequently Touched Surfaces to Clean and Disinfect

This section visually shows shared, frequently touched surfaces to clean and disinfect a school facility.

#### 4. Risk Assessment Tool

This questionnaire is a tool to evaluate the risk level of an area to help prioritize your cleaning and disinfecting resources to where they are most needed.

# Day Porter Cleaning and Disinfecting



## **Disinfect Manually During The Day**

Why: Building is occupied with people, making it more difficult to close off areas/rooms to disinfect thoroughly using technology such as electrostatic sprayers.

#### Method: General Manual Cleaning & Disinfecting Steps\*











1. Put on PPE

2. Clean visible soil

w/disinfecting wipes

3. Spray disinfectant or wipe 4. Wait for the contact time 5. Air dry or wipe

If you are able to close off areas/rooms to disinfect during the day and have the resources to do so, electrostatic sprayers can be used as a faster and efficient way to disinfect surfaces.

#### **PROTIPS: Restroom Disinfection**

#### When:



Where: Focus on shared, frequently touched surfaces including, but not limited to, the below



Faucet Handle





Stall/Entry Door Handle Toilet/Urinal Handle



Dispenser Push Bar



Sink Countertop

### PROTIPS: Non-Restroom Disinfection

#### When:



Rising Illness Level in Your Facility or Community<sup>‡</sup>

## Where: Focus on shared, frequently touched surfaces including, but not limited to, the below



Handles/Crash Bars



Tabletops/Desktops



Countertops



Chairs/Arm Rests



**Switches** 



Equipment/Touch Screens



Buttons (Elevator. Microwave)



HandRails



Push Bars



<sup>\*</sup> Be sure to follow the specific direction for use on the product label. For electronic surfaces, check manufacturer instructions first.

<sup>†</sup> Establish a schedule for day porter services based on daily restroom usage. In general, we recommend disinfecting shared, frequently touched surfaces after all high-use periods such as mid-morning and mid-afternoon.

<sup>‡</sup> Contact your local health department to see whether illness level is rising in your community. We also recommend day porters disinfect shared, high-touch surfaces during seasons when illness level spikes, such as cold & flu (Nov.-Mar.)

# Day Porter Cleaning and Disinfecting



# **PROTIPS: Encourage Other Infection Prevention Practices**

The more you, your staff and the building occupants incorporate other infection prevention practices in addition to surface disinfection, the less likely pathogens will spread. Place signage to remind people of actions they can take to protect themselves and others.

Check out our Champions of Clean program to access signage, posters and more.



Wash Hands before eating, after using the restroom and after touching high-touch surfaces



Avoid Touching your eyes, nose and mouth with unwashed hands



Make Disinfecting Wipes Accessible to enable building occupants\* to disinfect surfaces in between uses or after high use periods



Cover Coughs/Sneezes Stay Home When Sick Add Other Measures with a tissue or elbow





specific to an illness and how it spreads

## **Blood and Body Fluid Spills:**

When there is a blood and body fluid (e.g. feces, vomit) spill, a trained cleaning professional must clean and disinfect using a 2-step process immediately.



1. Put on PPE



2. Close off the area



**3.** Confine the spill, remove and dispose soil



4. Clean the surface with



5. Disinfect the surface



6. Wait for the required contact time



disposable supplies or reprocess reusable supplies



7. Discard soil and contaminated 8. Remove and discard PPE



9. Wash hands with soap and water



# Nightly Cleaning & Disinfecting



# Disinfect Using an Electrostatic Sprayer for a Thorough, End-of-Day **Surface Disinfecting to Reset for Next Day**

Why: In the evening, building is not occupied with people, making it easier to close off areas, use electrostatic sprayer, and quickly and effectively disinfect potential pathogens that have been accumulating during the day.

#### PROTIPS: Restroom Disinfection

To minimize the risk of cross-contamination, disinfect surfaces as the last step and make sure the surfaces remain wet for the contact time.

Pick up objects (trash) and flush urinals/toilets



Dispense disinfectant into urinals/toilets



Refill all dispensers and empty trash



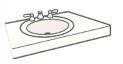
Dust surfaces (top to bottom) and sweep floor



Clean assigned surfaces and remove visible soil, particularly from commonly touched and shared surfaces



As Needed: Clean hard water deposits off chrome, sinks, tile and fixtures



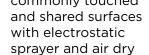
Scrub toilets and urinals, then flush



As Needed: Clean hard water deposits off toilets and urinals



Disinfect above-the-floor. commonly touched and shared surfaces with electrostatic





Disinfect floor with 10. electrostatic sprayer and wait for the contact time



Wipe clean floor with a clean flat mop





# Nightly Cleaning & Disinfecting



#### **PROTIPS: Non-Restroom Disinfection**

In addition to disinfecting last and ensuring surfaces remain wet for the contact time, prioritize surface disinfection to "high risk" areas where a lot of people congregate. Use the risk assessment tool provided in the toolkit to determine high-risk areas in your facility.

#### 1. CLEANING

1. Empty waste baskets and replace liners



Clean pencil sharpeners and chalk/white board travs



Dust assigned horizontal surfaces



Dust ceiling light fixtures,

air vents and other assigned surfaces



Pick up large debris
(paper clips, paper, etc.)
from floor



Clean assigned horizontal surfaces and remove visible soil



Clean assigned vertical surfaces and remove visible soil



#### 2. VACUUMING

Vacuum under desk and wastebaskets



Vacuum all traffic areas



10. Spot vacuum all other areas (visibly dirty floor)



**As needed:** Vacuum visible debris, crumbs or dry spills on furniture



12. Reposition furniture



#### 3. DISINFECTING

13. **Disinfect** shared, frequently touched surfaces in areas considered "high risk" with electrostatic sprayer and air dry



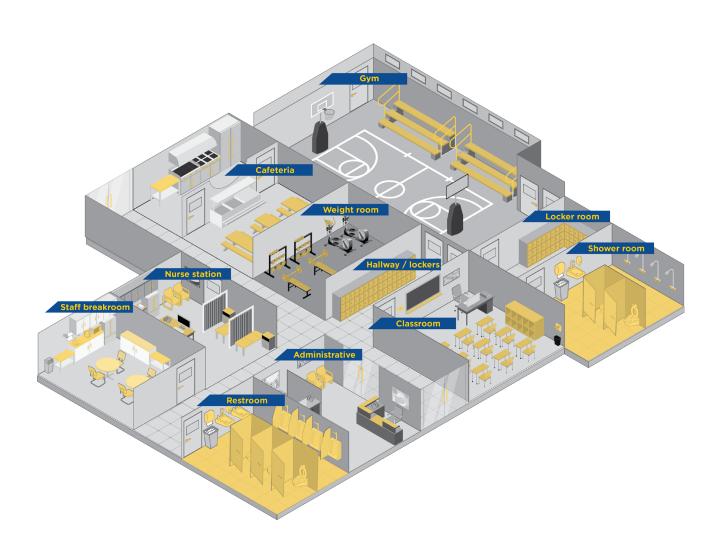
14. Turn off lights, secure area







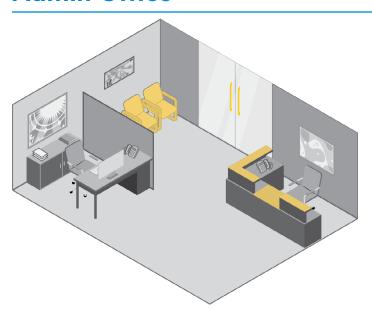
Focus disinfecting shared, frequently touched surfaces. While every facility is unique and may have different needs, we highlighted in yellow the surfaces that we consider high risk and should be disinfected.







# **Admin Office**





Countertops



Chairs/Arm Rests

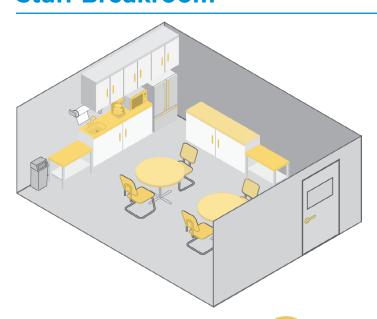


All Handles/Crash Bars (door, cabinet, faucet)



Switches

## **Staff Breakroom**







Countertops



Chairs/Arm Rests



All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 



Appliances (exteriors, push buttons, handles)

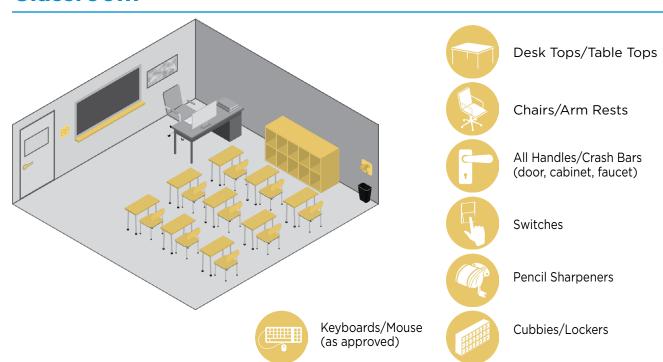


Desk Tops/ Table Tops

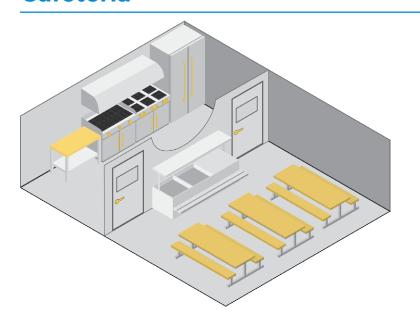




### Classroom



# **Cafeteria**





Desk Tops/Table Tops



Benches



All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 

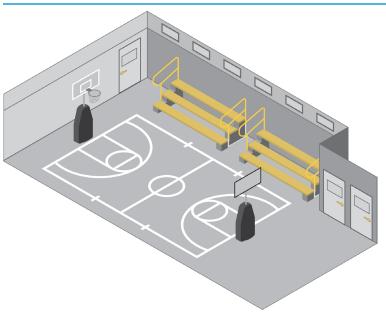


Vending Machines (buttons, lid)





# **Gym**





Hand Rails/Bleachers

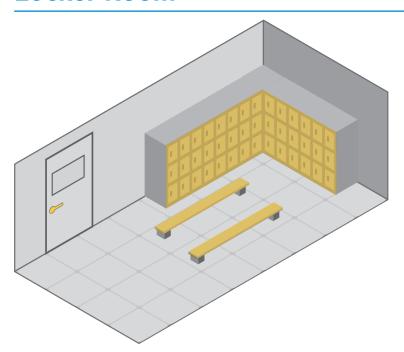


All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 

## **Locker Room**





Lockers (exterior)



**Benches** 



All Handles/Crash Bars (door, cabinet, faucet)

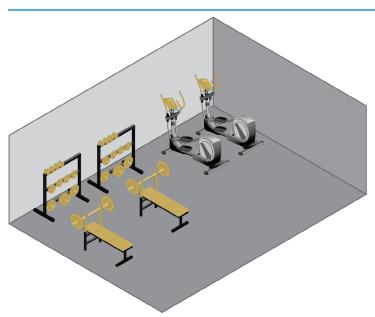


Switches





### **Workout Room**





Equipment (weight plates, bars, handles)



**Benches** 



All Handles/Crash Bars (door, cabinet, faucet)

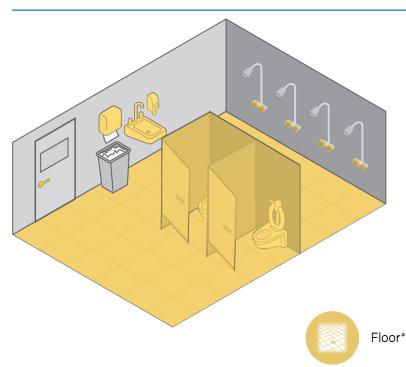


**Switches** 



Water Fountain (push bars)

## **Shower Room**





Toilets/Urinals (flush handles, seats, partition)



Dispensers (push plates)



All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 



Receptacles (fem. hygiene)

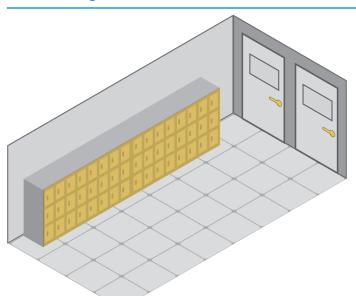


Railings





# **Hallway**





Lockers (exterior)



Water Fountain (push bars)

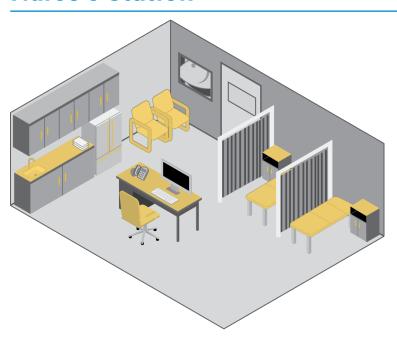


All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 

# **Nurse's Station**





Desk Tops/ Table Tops



Chairs/Arm Rests



All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 



Countertops

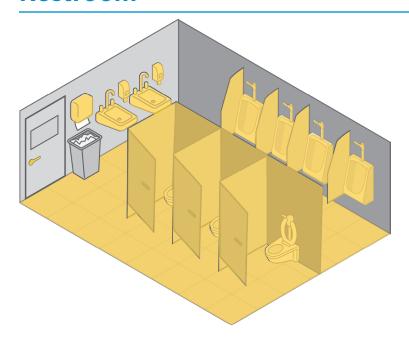


Exam Tables





### Restroom





Toilets/Urinals (flush handles, seats, partition)



Dispensers (push plates)



All Handles/Crash Bars (door, cabinet, faucet)



**Switches** 



Receptacles (fem. hygiene)



Railings



Floor\*



# Pathogen Transmission Risk Assessment Tool



Please use this tool to help identify and prioritize "high-risk areas" in your facility to clean and disinfect.

# **Instructions**

- 1. Determine an area you want to evaluate in terms of risk of pathogen transmission.
- 2. Answer the questions below and assign a risk level score (1-5).
- 3. Total your risk scores.
- 4. Prioritize cleaning and disinfection in areas with higher risk scores.

Questions to determine		Choices	Risk Score	Examples	Evaluation
1	Probability of Contamination with Pathogens How frequently are surfaces/objects exposed to blood, other body fluids such as vomit, urine, and mucous or mold?	Routinely	5	Emergency rooms; restrooms	
		Occasionally	3	Classrooms	
		Hardly	1	Conference rooms	
2	Vulnerability of Population to Infection How susceptible to infection are people occupying the space?	Highly	3	Very young, very old and people with certain medical conditions	
		Slightly	1	Relatively healthy people	
3	Potential for Exposure Are there surfaces that are touched frequently by multiple people?	Yes	3	Door knobs, light switches, pencil sharpener	
		No	1	Ceilings, walls, shelves, individual desks	
4	<b>Traffic</b> Is the area high-traffic?	Yes	3	Classrooms, airports, breakrooms	
		No	1	Individual offices	
5	<b>Hygiene Access &amp; Practices</b> Are supplies to practice good hygiene readily available?	abundant	1	Disinfecting wipes, hand soap and sanitizers (min. 60% alcohol), and tissues near where people congregate	
		scarce	2	No/limited disinfecting wipes, hand soap and sanitizers (min. 60% alcohol), and tissues near where people congregate	
	Actively promotes good hygiene practices	Yes	1	Signage on proper hand washing, cough etiquette, mask wearing, etc., placed in visible locations	
		No	2	No/limited signage on proper hand washing, cough etiquette, mask wearing, etc.	
	Does the area have good ventilation?	Yes	1	Well-maintained HVAC system with high-efficiency filters; able to measure indoor air quality	
		No	2	Poor ventilation system; limited access to fresh air	
	Total				

